

GERAL	DORSAL	NOME	SEXO	ESCALÃO	ESC	EQUIPA	TEMPO
1.	260	SÉRGIO RODRIGUES		JSEN-M	1	SÃO JOÃO SERRA	00:51:38
2.	261	RICARDO SILVA		JSEN-M	2	SÃO JOÃO SERRA	00:51:41
3.	275	RICARDO FERNANDES		JSEN-M	3	GRECAS - VAGOS	00:51:52
4.	276	MIGUEL NEVES		JSEN-M	4	GRECAS - VAGOS	00:51:56
5.	293	BRUNO PEREIRA		JSEN-M	5		00:53:07
6.	248	JOÃO RODRIGUES		JSEN-M	6	GESINSERDE	00:53:08
7.	292	PEDRO SARABANDO		VET1-M	1	GRECAS - VAGOS	00:53:52
8.	288	RENATO SILVA		JSEN-M	7	INDIVIDUAL	00:53:53
9.	89	LUIS SILVA		JSEN-M	8	NÚCLEO ATLETISMO CUCUJÃES	00:54:37
10.	75	LUÍS MARTINS		VET1-M	2	DAR-RECARDÃES	00:55:11
11.	244	HILÁRIO PINTO		VET1-M	3	GESINSERDE	00:56:19
12.	300	MAGUETA JOAO		VET2-M	1		00:56:55
13.	90	TONY GRAÇA		VET2-M	2	FREE RUNNERS	00:57:28
14.	240	PAULO BRIGA		VET1-M	4	GRECAS	00:57:29
15.	267	VANDA RIBEIRO		VET1-F	1	GRECAS - VAGOS	00:57:30
16.	294	DEBORA SANTOS		JSEN-F	1		00:57:32
17.	274	FRANCISCA MARTINS		JSEN-F	2	GRECAS - VAGOS	00:58:43
18.	230	JOÃO VINHA		VET2-M	3	JOBRA	00:58:46
19.	272	JOSÉ MÁRIO ROCHA		VET1-M	5	GRECAS - VAGOS	00:58:51
20.	222	ANTONIO NUNES		VET1-M	6	SOMOS PORTO	00:59:02
21.	268	FÁTIMA PINHO		VET2 -F	1	GRECAS - VAGOS	00:59:09
22.	229	ANDRÉ SANTOS		JSEN-M	9	GINASIO RAINHA	01:00:35
23.	285	JORGE PEDRO		VET1-M	7	MOUNTAIN TRAILS	01:00:53
24.	245	CARLOS ABREU		JSEN-M	10	GESINSERDE	01:02:27
25.	231	JOÃO NEVES		VET1-M	8	JOBRA	01:02:40
26.	297	PEDRO MIGUEL SANTOS		JSEN-M	11		01:02:51
27.	243	FILIPE CARVALHO		JSEN-M	12	INDIVIDUAL	01:02:56
28.	227	ADÉRITO CURTO		VET2-M	4	GIRA SOL	01:03:18
29.	232	CARLOS CAMPOS		VET2-M	5	INDIVIDUAL	01:03:18
30.	273	FERNANDO FREIRE		VET1-M	9	GRECAS - VAGOS	01:03:30
31.	279	TIBÉRIO SANTOS		VET1-M	10	INDIVIDUAL	01:03:47
32.	252	LUIS RAMOS		VET1-M	11	OVERMOTOR RUNNING	01:03:55
33.	251	PAULO TEIXEIRA		JSEN-M	13	OVERMOTOR RUNNING	01:03:58
34.	270	PAULO ANTÓNIO		VET1-M	12	GRECAS - VAGOS	01:04:23
35.	235	MIGUEL GONCALVES		JSEN-M	14		01:05:53
36.	226	RODRIGO PAPEL		JSEN-M	15		01:06:49
37.	295	DIOGO CAETANO		JSEN-M	16		01:07:05
38.	286	BRUNO RUMOR		JSEN-M	17	SOSENSE BTT/RIABLADES	01:07:09
39.	298	JOSE MOREIRA		JSEN-M	18		01:08:33
40.	280	FRANCISCO MARTINS		VET1-M	13	INDIVIDUAL	01:09:53
41.	242	FERNANDO MENDES		VET1-M	14		01:10:40
42.	246	VERA NOGUEIRA		JSEN-F	3	GESINSERDE	01:10:43
43.	247	MÁRIO FELGUEIRAS		VET1-M	15	GESINSERDE	01:10:43
44.	82	SÉRGIO MOREIRA		JSEN-M	19	OS PRIMOS	01:14:31
45.	269	SUZETE MARCO		VET1-F	2	GRECAS - VAGOS	01:15:39

GERAL	DORSAL	NOME	SEXO	ESCALÃO	ESC	EQUIPA	TEMPO
46.	284	NUNO SANTOS		JSEN-M	20	4ANY1	01:16:03
47.	259	CESARIO ROCHA		VET1-M	16	LADECASA	01:16:20
48.	221	RUI VALENTE		JSEN-M	21	SOMOS PORTO	01:16:45
49.	223	MARCIO PEREIRA		JSEN-M	22	SOMOS PORTO	01:18:29
50.	263	HENRIQUE DIAS		JSEN-M	23		01:18:30
51.	277	AMÂNDIO BRITES		VET2-M	6	GRECAS - VAGOS	01:18:55
52.	100	MAFALDA OLIVEIRA		JSEN-F	4	ATLETICO DA MADALENA	01:20:03
53.	234	JOÃO COSTA		VET2-M	7		01:20:26
54.	258	ALDA CORDEIRO		VET1-F	3	LADECASA	01:20:37
55.	287	JHONNY MARQUES		JSEN-M	24		01:20:49
56.	241	LUÍS MARQUES		JSEN-M	25	ACRD	01:21:17
57.	249	JOANA MOUTELA		JSEN-F	5	GESINSERDE	01:21:35
58.	262	RUI MOURA		JSEN-M	26	OVERMOTOR RUNNING	01:21:56
59.	264	JOEL OLIVEIRA		JSEN-M	27	OVERMOTOR RUNNING	01:21:56
60.	253	CARLOS ROCHA		VET2-M	8		01:21:57
61.	99	VITOR CARDOSO		VET2-M	9	ATLETICO DA MADALENA	01:23:15
62.	95	JOSÉ PINHAL		VET1-M	17		01:23:19
63.	278	PAULO FARIA		VET1-M	18	INDIVIDUAL	01:23:31
64.	98	JONI ROCHA		JSEN-M	28		01:24:42
65.	88	ÓSCAR LOPES		VET1-M	19	HAPPY RUN	01:26:29
66.	296	TIAGO OLIVEIRA		JSEN-M	29		01:28:16
67.	281	BRUNO RODRIGUES		VET1-M	20	O JOGO	01:29:14
68.	265	SANDRA OLIVEIRA		JSEN-F	6		01:29:14
69.	266	JORGE OLIVEIRA		VET1-M	21		01:29:19
70.	228	ANA MARTA		JSEN-F	7		01:30:00
71.	239	RAFAEL ALMARAZ		JSEN-M	30	INDIVIDUAL	01:32:18
72.	237	NELSON RÉ		VET2-M	10		01:33:40
73.	233	PAULO R		VET1-M	22		01:33:40
74.	283	ANTÓNIO PINHO		VET1-M	23	8.2 TEAM	01:41:48
75.	282	ISABEL RANGEL		VET1-F	4	8.2 TEAM	01:41:49
76.	254	JOANA MARTINS		JSEN-F	8		01:41:50
77.	87	SÓNIA BAPTISTA		JSEN-F	9	HAPPY RUN	01:41:52
78.	255	REMI MOÇO		JSEN-M	31		01:41:53
79.	84	CARLA RODRIGUES		JSEN-F	10	OS PRIMOS	01:44:16
80.	291	ANGELA ALMEIDA		JSEN-F	11		01:47:49
81.	86	ALEX MOREIRA		JSEN-M	32	OS PRIMOS	02:00:47
82.	85	KATY RODRIGUES		JSEN-F	12	OS PRIMOS	02:00:48
83.	94	ANA TELES		JSEN-F	13		02:02:40