

VII GRANDE PRÉMIO DE GRÂNDOLA 09

Patrocínio: JUNTA FREGUESIA DE GRÂNDOLA

Apoio: JUNTA FREG. DE GRÂNDOLA

Data: 01/02/2009

Classif.: Relatório Geral Masculino e Feminino

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E	Sx.	C.	SC1	SC2	SC3	Clube	Tempo
1	822	CARLOS SILVA	25	M2039	1	M					SPORTING CP	00:31:00
2	821	LUIS PINTO	26	M2039	2	M					SPORTING CP	00:31:00
3	2	JOAO MARQUES	39	M2039	3	M					GDR CONFORLIMPA	00:31:17
4	1	PAULO GUERRA	29	M2039	4	M					INDIVIDUAL	00:31:39
5	3	RICARDO PAIXAO	23	M2039	5	M					SL BENFICA	00:32:12
6	5	DARIO GARCIAS	31	M2039	6	M					C BENFICA FARO	00:32:38
7	584	PEDRO PESSOA	42	M4044	1	M					PRAIA SALEMA	00:32:52
8	810	PAULO RAMOS	47	M4549	1	M					BOAVISTA S MATEUS	00:32:53
9	597	PEDRO GOMES	31	M2039	7	M					BOAVISTA S MATEUS	00:32:54
10	589	CARLOS SAIAS	35	M2039	8	M					VRC CARPINTARIA	00:33:02
11	42	JOAO VAZ	41	M4044	2	M					A VALE SILENCIO	00:33:38
12	50	RUI PACHECO	32	M2039	9	M					A VALE SILENCIO	00:33:45
13	29	RUI BALTAZAR	43	M4044	3	M					ACLIS LIBERTY SEGUROS	00:33:50
14	648	MARIO PEDRO	33	M2039	10	M					GD MACEDO OCULista	00:33:58
15	609	DAVID FERNANDES	34	M2039	11	M					CCDT CM SETUBAL	00:33:59
16	523	PEDRO MAIA	35	M2039	12	M					AA MAFRA	00:34:21
17	448	HELDER REBELO	40	M4044	4	M					GRD OD FIXES	00:34:38
18	809	JOSE DA LUZ	38	M2039	13	M					OLIMPICO C LAGOS	00:34:38
19	318	AMILCAR DUARTE	50	M5054	1	M					SPORTING CP	00:34:40
20	447	SILVESTRE GOMES	53	M5054	2	M					GRD OD FIXES	00:34:41
21	193	MARIO CASSACA	36	M2039	14	M	1	1	1		AA GRANDOLA	00:34:43
22	598	CARLOS ALVES	42	M4044	5	M					BOAVISTA S MATEUS	00:34:48
23	222	ALBERTO CHAIÇA	35	M2039	15	M					GDR CONFORLIMPA	00:34:50
24	20	PAULO GUIMARAES	31	M2039	16	M					ACLIS LIBERTY SEGUROS	00:35:12
25	449	JOAO BRITO	29	M2039	17	M					GRD OD FIXES	00:35:14
26	379	JOSE O SANTOS	47	M4549	2	M					AA PEGO LONGO	00:35:16
27	642	JOAO GINJA	43	M4044	6	M					GD MACEDO OCULista	00:35:17
28	19	JOAO CARDOSO	47	M4549	3	M					ACLIS LIBERTY SEGUROS	00:35:23
29	298	FILIPE SILVA	58	M5559	1	M					GDR REBOLEIRA	00:35:24
30	596	BRUNO BONDOSO	34	M2039	18	M					VRC CARPINTARIA	00:35:41

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E	Sx.	C.	SC1	SC2	SC3	Clube	Tempo
31	463	MARIO GUERREIRO	46	M4549	4	M					CF OS AVISENSES	00:35:48
32	816	HERNANI FRANCISCO	40	M4044	7	M					CA SETUBAL	00:36:03
33	530	PEDRO DUARTE	28	M2039	19	M					AA MAFRA	00:36:07
34	197	ABEL GLORIA	46	M4549	5	M					AA GRANDOLA	00:36:08
35	595	JORGE PERFEITO	29	M2039	20	M					VRC CARPINTARIA	00:36:10
36	446	CARLOS TAVEIRA	35	M2039	21	M					GRD OD FIXES	00:36:10
37	24	SERGIO SILVA	44	M4044	8	M					ACLIS LIBERTY SEGUROS	00:36:17
38	373	JOAQUIM FREITAS	31	M2039	22	M					BV MONTEMOR O NOVO	00:36:21
39	599	LUIS OLIVEIRA	22	M2039	23	M					BOAVISTA S MATEUS	00:36:25
40	151	LUIS FILIPE	53	M5054	3	M					UR CHARNECA	00:36:27
41	64	JORGE BALTAZAR	47	M4549	6	M					AD REAL ACADEMIA	00:36:29
42	196	VITOR PEREIRA	32	M2039	24	M	1	1	1		AA GRANDOLA	00:36:36
43	413	ARMANDO SA	51	M5054	4	M					CR CRUZ PAU	00:36:48
44	591	VIRGILIO GONÇALVES	38	M2039	25	M					VRC CARPINTARIA	00:36:49
45	201	ANTONIO ALVES	42	M4044	9	M					TARTUGAS LOULE	00:36:52
46	587	DUARTE BANDEIRAS	30	M2039	26	M					VRC CARPINTARIA	00:36:56
47	4	ANA FERREIRA	20	F2039	1	F					GD ESTREITO	00:37:02
48	676	JOAO FIANÇA	39	M2039	27	M					GD AMARO JAOLHEIROS	00:37:02
49	600	GABRIEL GONÇALVES	54	M5054	5	M					BOAVISTA S MATEUS	00:37:09
50	580	PAULO ALFAR	43	M4044	10	M					CCDT METRO	00:37:11
51	593	ANTONIO SARAIVA	56	M5559	2	M					VRC CARPINTARIA	00:37:12
52	436	PEDRO VIEIRA	26	M2039	28	M					ESTRELA FC	00:37:13
53	729	NUNO ABILIO	28	M2039	29	M					INDIVIDUAL	00:37:14
54	31	JOSE CAMELO	37	M2039	30	M					ACLIS LIBERTY SEGUROS	00:37:16
55	8	VERA NUNES	29	F2039	2	F					SL BENFICA	00:37:18
56	694	PEDRO LUIS	34	M2039	31	M					SESIMBRA MAR	00:37:19
57	46	LUIS SANTOS	26	M2039	32	M					A VALE SILENCIO	00:37:20
58	209	LUIS PAULO	42	M4044	11	M					BAHIA	00:37:28
59	814	FERNANDO RIBEIRO	42	M4044	12	M					CA SETUBAL	00:37:30
60	142	PEDRO DIAS	38	M2039	33	M					CS ARMADA	00:37:34
61	655	LUIS GUERREIRO	39	M2039	34	M					GD AMARO JAOLHEIROS	00:37:36
62	98	MARCO FERNANDES	30	M2039	35	M					CCD EP LINHO	00:37:38
63	174	NORBERTO AGOSTINHO	44	M4044	13	M					GDC BANCO PORTUGAL	00:37:41
64	150	JOSE HEITOR	47	M4549	7	M					UR CHARNECA	00:37:47
65	152	AUGUSTO PIRES	56	M5559	3	M					UR CHARNECA	00:37:47
66	524	JOAO FRIAS	42	M4044	14	M					AA MAFRA	00:37:48
67	21	ANTONIO BENTES	61	M6099	1	M					ACLIS LIBERTY SEGUROS	00:37:50

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E	Sx.	C.	SC1	SC2	SC3	Clube	Tempo
68	385	ARMINDO CARDOSO	46	M4549	8	M					AA LEBRES SADO	00:37:51
69	62	GERMANO SILVA	50	M5054	6	M					AD REAL ACADEMIA	00:37:53
70	802	JORGE AMARAL	40	M4044	15	M					GDC AGUIAS UNIDAS	00:37:58
71	588	TIAGO LUIS	21	M2039	36	M					VRC CARPINTARIA	00:38:05
72	660	JOAO ESTEVAO	43	M4044	16	M					GD AMARO JAOLHEIROS	00:38:08
73	525	JOAO MIRANDA	38	M2039	37	M					AA MAFRA	00:38:12
74	45	TIAGO SILVA	29	M2039	38	M					A VALE SILENCIO	00:38:19
75	159	PAULO CORREIA	43	M4044	17	M					OS SANTARENOS	00:38:19
76	160	PEDRO CARVALHO	44	M4044	18	M					OS SANTARENOS	00:38:20
77	796	JOAO RODRIGUES	49	M4549	9	M					CR ALVORADA	00:38:20
78	800	PAULO CHAINHO	44	M4044	19	M					EMPILHANAVE	00:38:21
79	96	CASIMIRO MORAIS	42	M4044	20	M					CCD EP LINHO	00:38:24
80	319	JOAO PORTELA	62	M6099	2	M					OS PORTELAS	00:38:25
81	155	JOSE SILVA	40	M4044	21	M					CD MAFRA	00:38:27
82	590	PAULO SANTOS	37	M2039	39	M					VRC CARPINTARIA	00:38:29
83	794	VALENTIM HENRIQUES	40	M4044	22	M					CD ASAS MILENIUM	00:38:32
84	615	LUIS CARLOS	49	M4549	10	M					CCDT CM SETUBAL	00:38:45
85	347	JOAO JACINTO	51	M5054	7	M					CCD O ALVITEJO	00:38:46
86	459	CARLOS ALVES	39	M2039	40	M					GD PIC NIC	00:38:48
87	692	JOSE SILVA	53	M5054	8	M					SESIMBRA MAR	00:38:49
88	48	PAULO PIRES	34	M2039	41	M					A VALE SILENCIO	00:38:51
89	172	BRUNO PIRES	27	M2039	42	M					GDC BANCO PORTUGAL	00:38:51
90	218	RICHARDSON FERREIRA	34	M2039	43	M					GDRD FRANC SERRA	00:38:53
91	500	AUGUSTO LOPES	54	M5054	9	M					GD SANTANDER TOTTA	00:38:54
92	194	ROGERIO CASSACA	38	M2039	44	M	1	1	1		AA GRANDOLA	00:38:56
93	552	JOAO BATALHA	42	M4044	23	M					AA MAFRA	00:38:58
94	461	JOSE FELIX	41	M4044	24	M					CF OS AVISENSES	00:39:01
95	579	ORLANDO SILVA	51	M5054	10	M					CCDT METRO	00:39:01
96	646	JOSE INOCENCIO	56	M5559	4	M					GD MACEDO OCULISTA	00:39:09
97	697	JOSE LANÇA	55	M5559	5	M					CCR ALTO MOINHO	00:39:11
98	36	JOSEFA BOMGUE	29	F2039	3	F					NUCLEOEIRAS	00:39:12
99	502	JOSE NOBRE	45	M4549	11	M					GD SANTANDER TOTTA	00:39:12
100	807	EURICO BRAS	48	M4549	12	M					GDC AGUIAS UNIDAS	00:39:12
101	647	FRANCISCO DIONISIO	47	M4549	13	M					PORTIMONENSE SC	00:39:13
102	668	JOSE MACHADO	52	M5054	11	M					GD AMARO JAOLHEIROS	00:39:16
103	433	MANUEL SERRA	58	M5559	6	M					ESTRELA FC	00:39:17
104	492	ANASTACIO VALADAS	55	M5559	7	M					GD SANTANDER TOTTA	00:39:17

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E	Sx.	C.	SC1	SC2	SC3	Clube	Tempo
105	786	RUI INFANTE	37	M2039	45	M					C PRAÇAS ARMADA	00:39:17
106	787	PAULO GONÇALVES	36	M2039	46	M					C PRAÇAS ARMADA	00:39:17
107	612	ANTONIO PIRES	41	M4044	25	M					CCDT CM SETUBAL	00:39:23
108	478	JOAO XAVIER	36	M2039	47	M					GA OS PATRICIOS	00:39:25
109	208	JOSE GRAÇA	45	M4549	14	M					NS CARTAXO	00:39:27
110	200	ROGERIO PINGUINHA	45	M4549	15	M					TARTUGAS LOULE	00:39:28
111	286	JOAO ARENGA	57	M5559	8	M					CADT PORTUCEL	00:39:28
112	214	RUI CANDEIAS	32	M2039	48	M					GDRD FRANC SERRA	00:39:29
113	106	CARLOS VITORINO	35	M2039	49	M					RUNNING OF D MARIA	00:39:33
114	454	JOAO PALMA	51	M5054	12	M					GD PIC NIC	00:39:37
115	25	JOAO CRUZ	46	M4549	16	M					ACLIS LIBERTY SEGUROS	00:39:38
116	562	EMANUEL GOMES	39	M2039	50	M					CCDT METRO	00:39:38
117	539	ORLANDO REBELO	51	M5054	13	M					AA MAFRA	00:39:39
118	220	LUIS PEREIRA	39	M2039	51	M					GDRD FRANC SERRA	00:39:40
119	102	MONICA MOREIRAS	29	F2039	4	F					CCD EP LINHO	00:39:42
120	343	ANTONIO AZEDO	43	M4044	26	M					CCD O ALVITEJO	00:39:46
121	635	CARLOS FORTUNATO	48	M4549	17	M					GD MACEDO OCULISTA	00:39:48
122	419	JOSE CORREIA	53	M5054	14	M					CR CRUZ PAU	00:39:51
123	445	JOSE MARTINS	43	M4044	27	M					GRD OD FIXES	00:39:51
124	634	CARLA PINTO	37	F2039	5	F					GD MACEDO OCULISTA	00:39:52
125	255	PAULO MATEUS	42	M4044	28	M					C MILLENNIUM BCP	00:39:54
126	526	NUNO LEMOS	34	M2039	52	M					AA MAFRA	00:39:55
127	364	CARLOS PIOREK	30	M2039	53	M					BV MONTEMOR O NOVO	00:40:01
128	146	DUARTE SARES	52	M5054	15	M					CS ARMADA	00:40:02
129	34	ANTONIO SANTOS	50	M5054	16	M					ACLIS LIBERTY SEGUROS	00:40:03
130	477	PAULO GUERREIRO	43	M4044	29	M					GA OS PATRICIOS	00:40:04
131	167	LUIS MONTEIRO	37	M2039	54	M					CD GRUPO BES	00:40:10
132	577	MANUEL COSTA	52	M5054	17	M					CCDT METRO	00:40:11
133	57	ANTONIO DIONISIO	43	M4044	30	M					AD REAL ACADEMIA	00:40:13
134	614	JOAO DIAS	46	M4549	18	M					CCDT CM SETUBAL	00:40:15
135	30	RUI CAMELO	37	M2039	55	M					ACLIS LIBERTY SEGUROS	00:40:17
136	39	DANIEL PINTO	24	M2039	56	M					A VALE SILENCIO	00:40:18
137	215	HUGO GONÇALVES	20	M2039	57	M					GDRD FRANC SERRA	00:40:19
138	592	JOAO GONÇALVES	44	M4044	31	M					VRC CARPINTARIA	00:40:24
139	27	JOAQUIM COSTA	57	M5559	9	M					ACLIS LIBERTY SEGUROS	00:40:26
140	452	RODRIGO SILVA	41	M4044	32	M					GD PIC NIC	00:40:27
141	658	ALBINO NEIVA	63	M6099	3	M					GD AMARO JAOLHEIROS	00:40:30

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E	Sx.	C.	SC1	SC2	SC3	Clube	Tempo
142	760	PEDRO MESTRE	38	M2039	58	M					INDIVIDUAL	00:40:31
143	759	MANUEL VAZ	49	M4549	19	M					INDIVIDUAL	00:40:32
144	192	JOSE SANTOS	45	M4549	20	M	1	1	1		AA GRANDOLA	00:40:34
145	351	MARIO JORGE	44	M4044	33	M					UDCA	00:40:36
146	672	MANUEL PROENÇA	52	M5054	18	M					GD AMARO JAOLHEIROS	00:40:39
147	359	JOSE TEIXEIRA	50	M5054	19	M					CCDP MUN CASCAIS	00:40:41
148	518	VALTER SOARES	33	M2039	59	M					UCRD PRAIENSE	00:40:41
149	23	PAULO LOPES	40	M4044	34	M					ACLIS LIBERTY SEGUROS	00:40:44
150	99	LUIS BARBOSA	38	M2039	60	M					CCD EP LINHO	00:40:46
151	198	SERGIO SOUSA	59	M5559	10	M					TARTUGAS LOULE	00:40:47
152	348	JOAQUIM ALVES	56	M5559	11	M					CCD O ALVITEJO	00:40:53
153	13	JOAQUIM FRADE	53	M5054	20	M					SS CGD	00:40:59
154	637	JOSE PIRES	44	M4044	35	M					GD MACEDO Oculista	00:41:02
155	701	JOAO M LOURENÇO	42	M4044	36	M					INDIVIDUAL	00:41:02
156	229	NUNO CORREIA	42	M4044	37	M					GD INE	00:41:07
157	184	VASCO CAFÉ	20	M2039	61	M	1	1	1		AA GRANDOLA	00:41:08
158	425	JOSE SOUSA	48	M4549	21	M					CR CRUZ PAU	00:41:08
159	259	JOSE RODRIGUES	58	M5559	12	M					C MILLENNIUM BCP	00:41:09
160	100	ANTONIO ADRO	40	M4044	38	M					CCD EP LINHO	00:41:10
161	510	MARIO PAIXAO	52	M5054	21	M					AM B° CASAL FIGUEIRAS	00:41:12
162	182	ANTONIO PEREIRA	38	M2039	62	M					CP PINHEIRO CRUZ	00:41:14
163	652	TERESA CARVALHO	37	F2039	6	F					GD MACEDO Oculista	00:41:16
164	669	JOSE DIAS	43	M4044	39	M					GD AMARO JAOLHEIROS	00:41:17
165	531	PEDRO PEREIRA	24	M2039	63	M					AA MAFRA	00:41:19
166	221	RUI GONÇALVES	33	M2039	64	M					GDRD FRANC SERRA	00:41:21
167	169	JOSE MONTEIRO	52	M5054	22	M					GDC BANCO PORTUGAL	00:41:25
168	303	EDGAR FRANCISCO	43	M4044	40	M					URD ARRANHO	00:41:27
169	679	AVELINO PIMENTA	57	M5559	13	M					GD AMARO JAOLHEIROS	00:41:32
170	513	MARIO PITEIRA	36	M2039	65	M					AM B° CASAL FIGUEIRAS	00:41:36
171	815	MIGUEL CASCALHEIRA	44	M4044	41	M					CA SETUBAL	00:41:36
172	704	JORGE PÉ CURTO	33	M2039	66	M					INDIVIDUAL	00:41:37
173	185	RUI FREITAS	56	M5559	14	M	1	1	1		AA GRANDOLA	00:41:38
174	468	PAULO GONÇALVES	41	M4044	42	M					CF OS AVISENSES	00:41:38
175	339	CARLOS CALDEIRA	45	M4549	22	M					A DANIEL CALDEIRA	00:41:44
176	511	RUI BOLOTA	36	M2039	67	M					AM B° CASAL FIGUEIRAS	00:41:49
177	686	VITOR RODRIGUES	52	M5054	23	M					SFUAP	00:41:50
178	376	JOAO RODRIGUES	34	M2039	68	M					BV MONTEMOR O NOVO	00:41:52

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E	Sx.	C.	SC1	SC2	SC3	Clube	Tempo
179	377	NUNO REBOCHO	20	M2039	69	M					BV MONTEMOR O NOVO	00:41:52
180	202	ANTONIO COELHO	52	M5054	24	M					VALEJAS AC	00:41:54
181	460	JOSE GONÇALVES	46	M4549	23	M					CF OS AVISENSES	00:41:54
182	763	MARIO GOMES	38	M2039	70	M					OS ZATOPEQUES	00:41:54
183	230	JOSE GOMES	53	M5054	25	M					GD INE	00:41:58
184	350	JOAO MENDES	46	M4549	24	M					UDCA	00:41:59
185	714	JOSE D SANTOS	30	M2039	71	M					INDIVIDUAL	00:42:00
186	498	ANTONIO CRUZ	61	M6099	4	M					GD SANTANDER TOTTA	00:42:02
187	115	NUNO E SANTO	38	M2039	72	M					AÇOREANA C BANIF	00:42:04
188	117	VIRGILIO MADEIRA	49	M4549	25	M					AÇOREANA C BANIF	00:42:04
189	784	JOAO SANTOS	44	M4044	43	M					C PRAÇAS ARMADA	00:42:05
190	594	FERNANDO BEIJINHA	59	M5559	15	M					VRC CARPINTARIA	00:42:06
191	703	FERNANDO M LOURENÇO	41	M4044	44	M					INDIVIDUAL	00:42:13
192	806	JAIME FIGUEIREDO	40	M4044	45	M					GDC AGUIAS UNIDAS	00:42:24
193	246	LUIS NEVES	30	M2039	73	M					MARINHAI AC	00:42:25
194	777	AMILCAR RIBEIRAL	60	M6099	5	M					CAA BELEM	00:42:25
195	678	JORGE RODRIGUES	51	M5054	26	M					GD AMARO JAOLHEIROS	00:42:27
196	508	JOAO SOUSA	32	M2039	74	M					AM B° CASAL FIGUEIRAS	00:42:32
197	613	FRANCISCO MULETA	53	M5054	27	M					CCDT CM SETUBAL	00:42:34
198	308	JOSE TOMAS	27	M2039	75	M					URD ARRANHO	00:42:44
199	116	PAULO MORADIAS	44	M4044	46	M					AÇOREANA C BANIF	00:42:45
200	199	VICELIO MENDES	46	M4549	26	M					TARTUGAS LOULE	00:42:45
201	123	NUNO CHAINHO	23	M2039	76	M					OS KOTAS BIKE TEAM	00:42:50
202	17	JOSE M COSTA	63	M6099	6	M					ACLIS LIBERTY SEGUROS	00:42:51
203	394	MARIO COELHO	43	M4044	47	M					AA LEBRES SADO	00:42:52
204	153	JORGE PAULINO	52	M5054	28	M					CD MAFRA	00:42:54
205	378	FRANCISCO OLIVEIRA	36	M2039	77	M					BV MONTEMOR O NOVO	00:42:55
206	328	MANUEL SILVA	53	M5054	29	M					BUDELPAK	00:42:56
207	212	JOSE CABRAL	51	M5054	30	M					GDRD FRANC SERRA	00:42:59
208	55	ALVARO PINTO	51	M5054	31	M					AD REAL ACADEMIA	00:43:02
209	56	ANTONIO ANGELINO	40	M4044	48	M					AD REAL ACADEMIA	00:43:02
210	183	FLAVIANO DIAS	58	M5559	16	M	1	1	1		AA GRANDOLA	00:43:05
211	769	PEDRO MONTEIRO	25	M2039	78	M					ULTIMO GRITO	00:43:06
212	300	ANTONIO AMIEIRO	40	M4044	49	M					CCR ALTO MOINHO	00:43:08
213	173	JOAO BATISTA	51	M5054	32	M					GDC BANCO PORTUGAL	00:43:09
214	138	JOSE RAMOS	33	M2039	79	M					SC BENAFIM	00:43:10
215	688	ANTONIO LOPES	45	M4549	27	M					SESIMBRA MAR	00:43:10

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E	Sx.	C.	SC1	SC2	SC3	Clube	Tempo
216	225	OCTAVIO REIS	28	M2039	80	M					GDRD FRANC SERRA	00:43:13
217	762	MARIO ALEXANDRE	22	M2039	81	M					OS ZATOPEQUES	00:43:13
218	59	CARLOS NEVES	56	M5559	17	M					AD REAL ACADEMIA	00:43:14
219	713	ORLANDO DUARTE	51	M5054	33	M					INDIVIDUAL	00:43:14
220	380	JOSE SIMOES	46	M4549	28	M					GD AGUIAS MOITA	00:43:21
221	15	BERNARDINO PEREIRA	72	M6099	7	M					SS CGD	00:43:24
222	544	ALICE BASILIO	38	F2039	7	F					AA MAFRA	00:43:24
223	543	Mª JOSE FRIAS	43	F4099	1	F					AA MAFRA	00:43:25
224	559	ANTONIO PEREIRA	44	M4044	50	M					CCDT METRO	00:43:25
225	33	CONSTANCIO MARTINS	51	M5054	34	M					ACLIS LIBERTY SEGUROS	00:43:28
226	424	DIOGO COSTA	60	M6099	8	M					CR CRUZ PAU	00:43:32
227	247	JOSE LEAL	32	M2039	82	M					MARINHAI AC	00:43:33
228	248	ANTONIO LEAL	37	M2039	83	M					MARINHAI AC	00:43:33
229	302	FILIFE BRANCO	39	M2039	84	M					URD ARRANHO	00:43:39
230	304	LUIS FERREIRA	47	M4549	29	M					URD ARRANHO	00:43:39
231	765	ANTONIO JACINTO	49	M4549	30	M					OS ZATOPEQUES	00:43:40
232	217	FERNANDO MESTRE	35	M2039	85	M					GDRD FRANC SERRA	00:43:42
233	739	FILIFE CARVALHEIRO	45	M4549	31	M					INDIVIDUAL	00:43:42
234	785	JOSE INFANTE	41	M4044	51	M					C PRAÇAS ARMADA	00:43:43
235	607	FRANCISCO FERNANDES	53	M5054	35	M					SC MOITENSE	00:43:45
236	476	LUIS PORTELINHA	46	M4549	32	M					GA OS PATRICIOS	00:43:56
237	649	JOSE MARTINS	59	M5559	18	M					PORTIMONENSE SC	00:43:56
238	561	EDUARDO LAGOA	41	M4044	52	M					CCDT METRO	00:43:58
239	127	CARLOS COELHO	47	M4549	33	M					GA MONSANTO GASCAN	00:43:59
240	352	DAVID SANTOS	46	M4549	34	M					UDCA	00:44:02
241	768	LUIS MONTEIRO	46	M4549	35	M					ULTIMO GRITO	00:44:03
242	108	CARLOS MARQUES	39	M2039	86	M					RUNNING OF D MARIA	00:44:04
243	288	LUIS ANTUNES	52	M5054	36	M					CADT PORTUCEL	00:44:05
244	121	JOSE VILHENA	42	M4044	53	M					OS KOTAS BIKE TEAM	00:44:06
245	538	EDUARDO EUSTÁQUIO	49	M4549	36	M					INDIVIDUAL	00:44:06
246	666	ANTONIO HORTA	51	M5054	37	M					GD AMARO JAOLHEIROS	00:44:07
247	497	FERNANDO CARDOSO	60	M6099	9	M					GD SANTANDER TOTTA	00:44:09
248	188	FERNANDO SOBRAL	51	M5054	38	M	1	1	1		AA GRANDOLA	00:44:12
249	458	LUIS SALAS	46	M4549	37	M					GD PIC NIC	00:44:12
250	690	FILIFE FILIFE	42	M4044	54	M					SESIMBRA MAR	00:44:12
251	355	JOAQUIM CRISPIM	52	M5054	39	M					UDCA	00:44:13
252	79	CLAUDIO FIGUEIRA	23	M2039	87	M					TEJAVISTA	00:44:15

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E	Sx.	C.	SC1	SC2	SC3	Clube	Tempo
253	720	CARLOS NUNES	32	M2039	88	M					INDIVIDUAL	00:44:15
254	168	JORGE PEREIRA	54	M5054	40	M					CD GRUPO BES	00:44:16
255	437	ANTONIO ALMEIDA	45	M4549	38	M					CLUBE AUTOCOOPE	00:44:16
256	438	JOAO CALDAS	43	M4044	55	M					CLUBE AUTOCOOPE	00:44:16
257	462	JOAO CARVALHO	58	M5559	19	M					CF OS AVISENSES	00:44:17
258	250	FERNANDO RODRIGUES	44	M4044	56	M					C MILLENNIUM BCP	00:44:18
259	735	AURELIO SIMOES	46	M4549	39	M					INDIVIDUAL	00:44:18
260	752	MARIO AMARO	41	M4044	57	M					INDIVIDUAL	00:44:18
261	178	CARLOS PINELA	43	M4044	58	M					CP PINHEIRO CRUZ	00:44:21
262	345	JOAQUIM MARTINS	48	M4549	40	M					CCD O ALVITEJO	00:44:22
263	374	JOSE VARELA	35	M2039	89	M					BV MONTEMOR O NOVO	00:44:22
264	644	JOAQUIM MACEDO	54	M5054	41	M					GD MACEDO OCULISTA	00:44:22
265	611	VITOR ANTUNES	53	M5054	42	M					INDIVIDUAL	00:44:28
266	404	ALVARO GINGADO	52	M5054	43	M					AA LEBRES SADO	00:44:37
267	527	LEONEL AMARO	44	M4044	59	M					AA MAFRA	00:44:38
268	790	CARMEN PIRES	31	F2039	8	F					CD ASAS MILENIUM	00:44:38
269	290	EUSEBIO CAMACHO	52	M5054	44	M					CADT PORTUCEL	00:44:40
270	163	JERONIMO GRAÇA	35	M2039	90	M					OS SANTARENOS	00:44:43
271	165	JOAO CARVALHO	40	M4044	60	M					OS SANTARENOS	00:44:43
272	375	TIAGO ALEXANDRE	21	M2039	91	M					BV MONTEMOR O NOVO	00:44:43
273	119	JOSE PEDRAS	52	M5054	45	M					OS KOTAS BIKE TEAM	00:44:44
274	712	JOAO CARRETO	46	M4549	41	M					INDIVIDUAL	00:44:45
275	392	MANUEL BATISTA	59	M5559	20	M					AA LEBRES SADO	00:44:46
276	105	JOAO SABUGUEIRO	41	M4044	61	M					RUNNING OF D MARIA	00:44:47
277	685	JOSE BRITO	50	M5054	46	M					SFUAP	00:44:47
278	696	ANTONIO CRUZ	43	M4044	62	M					R4F	00:44:47
279	166	LUIS GODINHO	42	M4044	63	M					CD GRUPO BES	00:44:50
280	516	MANUEL CARDIN	67	M6099	10	M					UCRD PRAIENSE	00:44:51
281	606	ISIDRO SERRA	53	M5054	47	M					SC MOITENSE	00:44:52
282	44	JOSE PEREIRA	62	M6099	11	M					A VALE SILENCIO	00:44:55
283	772	MARIO SIMOES	36	M2039	92	M					MARATHON CETOBRIGA	00:44:56
284	727	CARLOS A C MENDES	52	M5054	48	M					INDIVIDUAL	00:45:04
285	515	ANTONIO BOLRAO	63	M6099	12	M					UCRD PRAIENSE	00:45:11
286	429	MANUEL NASCIMENTO	52	M5054	49	M					CR CRUZ PAU	00:45:12
287	314	JOAQUIM DAMAS	55	M5559	21	M					Garmin Prazer Corrida	00:45:14
288	456	FELECIANO GUTIERRES	60	M6099	13	M					GD PIC NIC	00:45:14
289	365	ABILIO CATARRO	52	M5054	50	M					BV MONTEMOR O NOVO	00:45:18

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E	Sx.	C.	SC1	SC2	SC3	Clube	Tempo
290	453	JOSE MARTINS	43	M4044	64	M					GD PIC NIC	00:45:20
291	389	MANUEL PEDRO	63	M6099	14	M					AA LEBRES SADO	00:45:23
292	657	JOSE GALAMBAS	59	M5559	22	M					GD AMARO JAOLHEIROS	00:45:24
293	548	JOAO GOMES	36	M2039	93	M					AA MAFRA	00:45:25
294	285	SILVINO MARREIROS	41	M4044	65	M					CADT PORTUCEL	00:45:26
295	804	JOAO PAIXAO	37	M2039	94	M					GDC AGUIAS UNIDAS	00:45:27
296	97	AMILCAR FERNANDES	31	M2039	95	M					CCD EP LINHO	00:45:28
297	381	ALEXANDRE SOUSA	41	M4044	66	M					CSP CM PENICHE	00:45:28
298	431	JOSUE INACIO	70	M6099	15	M					ESTRELA FC	00:45:29
299	240	GONÇALO SANTOS	35	M2039	96	M					GDC PORTO SINES	00:45:33
300	724	ANTONIO GONÇALVES	47	M4549	42	M					INDIVIDUAL	00:45:35
301	356	JOSE RODRIGUES	55	M5559	23	M					UDCA	00:45:42
302	757	VIRGILIO GONÇALVES	48	M4549	43	M					INDIVIDUAL	00:45:44
303	329	JULIO RAMOS	41	M4044	67	M					BUDELPAK	00:45:46
304	545	HELENA MARTINS	47	F4099	2	F					AA MAFRA	00:45:47
305	412	SILVINO MARTINS	59	M5559	24	M					NA PALACIO JUSTIÇA	00:45:48
306	643	JOAO RIBEIRO	46	M4549	44	M					PORTIMONENSE SC	00:45:48
307	236	RENATO PENAS	31	M2039	97	M					GDC PORTO SINES	00:45:49
308	324	JOSE NUNES	52	M5054	51	M					CCD SRS LISBOA	00:45:49
309	439	FABIO MARINHO	21	M2039	98	M					CLUBE AUTOCOOPE	00:45:50
310	560	CARLOS MOREIRA	55	M5559	25	M					CCDT METRO	00:45:50
311	346	JOAO GAUDENCIO	51	M5054	52	M					CCD O ALVITEJO	00:45:51
312	764	FRANCISCO CALÇADA	44	M4044	68	M					OS ZATOPEQUES	00:45:56
313	776	CARLOS ALVES	62	M6099	16	M					CAA BELEM	00:45:56
314	273	ANTONIO CORREIA	53	M5054	53	M					C MILLENNIUM BCP	00:46:00
315	774	SEVERINO CRUZ	46	M4549	45	M					AFIS OVAR	00:46:04
316	440	CARLOS FERREIRA	51	M5054	54	M					CLUBE AUTOCOOPE	00:46:05
317	135	VALTER ROSA	29	M2039	99	M					SC BENAFIM	00:46:07
318	674	GIL FERREIRA	52	M5054	55	M					GD AMARO JAOLHEIROS	00:46:07
319	28	JOSE CRUZ	58	M5559	26	M					ACLIS LIBERTY SEGUROS	00:46:11
320	38	ANTONIO FERNANDES	52	M5054	56	M					A VALE SILENCIO	00:46:13
321	312	ALVARO PORTUGAL	56	M5559	27	M					Garmin Prazer Corrida	00:46:16
322	164	LEONEL MADRUGA	39	M2039	100	M					OS SANTARENOS	00:46:17
323	321	MANUEL TEIXEIRA	54	M5054	57	M					CCD SRS LISBOA	00:46:20
324	387	FERNANDO CARVALHO	59	M5559	28	M					AA LEBRES SADO	00:46:20
325	475	EDUARDO SILVA	48	M4549	46	M					GA OS PATRICIOS	00:46:20
326	738	PAULO ABRANTES	39	M2039	101	M					INDIVIDUAL	00:46:23

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E	Sx.	C.	SC1	SC2	SC3	Clube	Tempo
327	464	MANUEL SARAIVA	47	M4549	47	M					CF OS AVISENSES	00:46:25
328	391	AMANDIO LOBO	60	M6099	17	M					AA LEBRES SADO	00:46:34
329	725	ANTONIO SIMOES	51	M5054	58	M					INDIVIDUAL	00:46:35
330	542	CARLOS MORAIS	45	M4549	48	M					AA MAFRA	00:46:38
331	805	JOAO ESPADA	43	M4044	69	M					GDC AGUIAS UNIDAS	00:46:39
332	118	ANTONIO PARREIRA	50	M5054	59	M					OS KOTAS BIKE TEAM	00:46:40
333	32	ALVARO COELHO	51	M5054	60	M					ACLIS LIBERTY SEGUROS	00:46:44
334	366	CARLOS MADEIRA	42	M4044	70	M					BV MONTEMOR O NOVO	00:46:44
335	295	CARLOS JESUS	51	M5054	61	M					AA CHARNECA CAPARICA	00:46:45
336	357	MANUEL CRISPIM	56	M5559	29	M					UDCA	00:46:47
337	489	JOAO ROCHA	57	M5559	30	M					GD SANTANDER TOTTA	00:46:47
338	301	NUNO CABEÇA	39	M2039	102	M					CCD SEG SOCIAL	00:46:49
339	517	ARTUR DOMINGOS	39	M2039	103	M					UCRD PRAIENSE	00:46:49
340	603	PEDRO CAPELAS	39	M2039	104	M					SC MOITENSE	00:46:49
341	253	PAULO PAIS	43	M4044	71	M					C MILLENNIUM BCP	00:46:50
342	368	ANDRE FILIPE	20	M2039	105	M					BV MONTEMOR O NOVO	00:46:51
343	700	JOSE COSTA	68	M6099	18	M					INDIVIDUAL	00:46:52
344	294	ANTONIO MATOS	64	M6099	19	M					CADT PORTUCEL	00:46:53
345	313	PAULO SAINICA	37	M2039	106	M					Garmin Prazer Corrida	00:46:53
346	154	DIAMANTINO ALBUQUERQUE	54	M5054	62	M					CD MAFRA	00:46:54
347	733	RUI QUINTAS	38	M2039	107	M					INDIVIDUAL	00:46:58
348	399	ANTONIO CAROÇO	52	M5054	63	M					AA LEBRES SADO	00:47:00
349	553	CARLOS RODRIGUES	52	M5054	64	M					AA MAFRA	00:47:00
350	35	ANA MENDES	42	F4099	3	F					BUDELPAK	00:47:01
351	327	MANUEL AZEVEDO	51	M5054	65	M					BUDELPAK	00:47:02
352	495	JOSE PEREIRA	39	M2039	108	M					GD SANTANDER TOTTA	00:47:05
353	136	NUNO CAVACO	21	M2039	109	M					SC BENAFIM	00:47:07
354	289	GASPAR GONÇALVES	60	M6099	20	M					CADT PORTUCEL	00:47:08
355	393	FERNANDO MENDES	61	M6099	21	M					AA LEBRES SADO	00:47:11
356	455	REINALDO CAVACO	37	M2039	110	M					GD PIC NIC	00:47:12
357	133	DENI VARGUES	35	M2039	111	M					SC BENAFIM	00:47:15
358	427	JOAO TOMAS	53	M5054	66	M					CR CRUZ PAU	00:47:19
359	795	MARIO CARVALHO	53	M5054	67	M					CD ASAS MILENIUM	00:47:22
360	528	ANGELO PEREIRA	50	M5054	68	M					AA MAFRA	00:47:25
361	670	JOAQUIM COSTA	58	M5559	31	M					GD AMARO JAOLHEIROS	00:47:26
362	156	PAULO BARREIRA	35	M2039	112	M					GRDC LEIAO	00:47:31
363	177	LUIS GONÇALVES	33	M2039	113	M					CP PINHEIRO CRUZ	00:47:34

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E	Sx.	C.	SC1	SC2	SC3	Clube	Tempo
364	256	JOAO PEREIRA	37	M2039	114	M					C MILLENNIUM BCP	00:47:35
365	210	SUSANA SOARES	32	F2039	9	F					GDRD FRANC SERRA	00:47:37
366	758	ANTONIO A GONÇALVES	56	M5559	32	M					INDIVIDUAL	00:47:41
367	370	JOSE ALDINHAS	30	M2039	115	M					BV MONTEMOR O NOVO	00:47:46
368	372	CACIO BARROSO	20	M2039	116	M					BV MONTEMOR O NOVO	00:47:52
369	311	ORLANDO CRUZ	59	M5559	33	M					Garmin Prazer Corrida	00:48:03
370	532	EGIDIO PORTELA	51	M5054	69	M					AA MAFRA	00:48:03
371	231	LEONTINA OLIVEIRA	41	F4099	4	F					GD INE	00:48:05
372	110	NORBERTO MARQUES	38	M2039	117	M					RUNNING OF D MARIA	00:48:06
373	367	JOSE MARQUES	45	M4549	49	M					BV MONTEMOR O NOVO	00:48:06
374	358	JULIO MEIRELES	56	M5559	34	M					CCDP MUN CASCAIS	00:48:08
375	472	MANUEL PEREIRA	56	M5559	35	M					GA OS PATRICIOS	00:48:09
376	274	SERGIO ANJOS	61	M6099	22	M					C MILLENNIUM BCP	00:48:11
377	175	ANALICE SILVA	65	F4099	5	F					LIBERDADE AC	00:48:15
378	693	MIGUEL PINTO	43	M4044	72	M					SESIMBRA MAR	00:48:18
379	705	AUGUSTO SEMEDO	50	M5054	70	M					INDIVIDUAL	00:48:18
380	22	JACINTO MARQUES	65	M6099	23	M					ACLIS LIBERTY SEGUROS	00:48:21
381	537	ANTONIO REIS	59	M5559	36	M					AA MAFRA	00:48:24
382	617	CARLOS JESUS	58	M5559	37	M					GDCT REPSOL	00:48:28
383	403	ARTUR GONÇALVES	33	M2039	118	M					AA LEBRES SADO	00:48:30
384	309	EDMUNDO LOURENÇO	30	M2039	119	M					URD ARRANHO	00:48:31
385	310	RAFAEL FREITAS	25	M2039	120	M					URD ARRANHO	00:48:32
386	323	JOSE RIJO	60	M6099	24	M					CCD SRS LISBOA	00:48:35
387	176	ARMINDO CHAINHO	64	M6099	25	M					CP PINHEIRO CRUZ	00:48:38
388	95	MARIO MARGARIDO	30	M2039	121	M					CCD EP LINHO	00:48:40
389	621	JOAQUIM NAZARIO	67	M6099	26	M					GDCT REPSOL	00:48:42
390	283	LUIS AMORIM	51	M5054	71	M					NA BEIERSDORF	00:48:44
391	687	ADELINO FORTUNATO	59	M5559	38	M					SESIMBRA MAR	00:48:44
392	186	LUIS CARLOS	24	M2039	122	M	1	1	1		AA GRANDOLA	00:48:45
393	407	PAULO MOTA	41	M4044	73	M					AA LEBRES SADO	00:48:45
394	582	RAFAEL SANTOS	41	M4044	74	M					CCDT METRO	00:48:45
395	753	JOSE BELCHIOR	57	M5559	39	M					INDIVIDUAL	00:48:46
396	342	JORGE POLIDOR	41	M4044	75	M					CCD O ALVITEJO	00:48:49
397	608	ANTONIO PRIMOR	66	M6099	27	M					SC MOITENSE	00:48:50
398	170	JOAQUIM FERRAO	48	M4549	50	M					GDC BANCO PORTUGAL	00:48:51
399	9	ANTONIO TABORDA	58	M5559	40	M					SS CGD	00:48:57
400	400	MANUEL PRATES	61	M6099	28	M					AA LEBRES SADO	00:48:57

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E	Sx.	C.	SC1	SC2	SC3	Clube	Tempo
401	129	FRANCISCO PINHEIRO	53	M5054	72	M					GA MONSANTO GASCAN	00:49:01
402	262	MARIO MARCELINO	50	M5054	73	M					C MILLENNIUM BCP	00:49:02
403	695	NOEL CABEÇA	44	M4044	76	M					SESIMBRA MAR	00:49:08
404	520	JOSE ESPADILHA	46	M4549	51	M					UCRD PRAIENSE	00:49:09
405	534	DOMINGOS RODRIGUES	61	M6099	29	M					AA MAFRA	00:49:10
406	315	CARLOS COELHO	37	M2039	123	M					Garmin Prazer Corrida	00:49:12
407	157	JORGE BARREIRA	64	M6099	30	M					GRDC LEIAO	00:49:14
408	242	AMERICO LOPES	45	M4549	52	M					GRUPO S BERNARDO	00:49:17
409	383	HENRIQUE COSTA	48	M4549	53	M					CSP CM PENICHE	00:49:20
410	322	FERNANDO AZEVEDO	55	M5559	41	M					CCD SRS LISBOA	00:49:21
411	111	JORGE PINTO	32	M2039	124	M					RUNNING OF D MARIA	00:49:32
412	109	EDUARDO BRITO	35	M2039	125	M					RUNNING OF D MARIA	00:49:33
413	206	MANUELA FOLGADO	58	F4099	6	F					VALEJAS AC	00:49:37
414	746	ERMELINDO NUNES	51	M5054	74	M					INDIVIDUAL	00:49:37
415	292	GERALDO FERNANDES	56	M5559	42	M					CADT PORTUCEL	00:49:39
416	145	ANTONIO PESSOA	50	M5054	75	M					CS ARMADA	00:49:41
417	148	ALBANO GINJA	52	M5054	76	M					CS ARMADA	00:49:41
418	81	HUGO PASCOA	32	M2039	126	M					TEJAVISTA	00:49:42
419	26	MARIO FERREIRA	62	M6099	31	M					ACLIS LIBERTY SEGUROS	00:49:43
420	233	SERGIO TIMOTEO	47	M4549	54	M					GDC PORTO SINES	00:49:46
421	282	VICENTE DIAS	54	M5054	77	M					NA BEIERSDORF	00:49:47
422	465	ANTONIO VEIGA	71	M6099	32	M					CF OS AVISENSES	00:49:50
423	353	SILVERIO BRAS	49	M4549	55	M					UDCA	00:49:51
424	47	PAULO BARBEITO	44	M4044	77	M					A VALE SILENCIO	00:49:52
425	540	ADELINO ALVES	59	M5559	43	M					AA MAFRA	00:49:54
426	677	DOMINGOS BARREIROS	71	M6099	33	M					GD AMARO JAOLHEIROS	00:49:59
427	147	HENRIQUE ALVAREDO	51	M5054	78	M					CS ARMADA	00:50:01
428	522	JOSE PIEDADE	57	M5559	44	M					UCRD PRAIENSE	00:50:01
429	715	NUNO M LOURENÇO	30	M2039	127	M					INDIVIDUAL	00:50:02
430	384	POSSIDONIO CONSTANTINO	56	M5559	45	M					AA LEBRES SADO	00:50:04
431	792	PAULO ABADIA	38	M2039	128	M					CD ASAS MILENIUM	00:50:07
432	779	JOAO FANDANGO	54	M5054	79	M					CAA BELEM	00:50:13
433	780	PAULO LOURINHO	39	M2039	129	M					CAA BELEM	00:50:13
434	781	DANIELA MARINHEIRO	31	F2039	10	F					CAA BELEM	00:50:13
435	132	VITOR RODRIGUES	54	M5054	80	M					GA MONSANTO GASCAN	00:50:14
436	798	GILBERTO GONÇALVES	60	M6099	34	M					CR ALVORADA	00:50:14
437	709	FRANCISCO ALMEIDA	62	M6099	35	M					INDIVIDUAL	00:50:17

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E	Sx.	C.	SC1	SC2	SC3	Clube	Tempo
438	84	JOAQUIM FIDALGO	48	M4549	56	M					TEJAVISTA	00:50:20
439	307	FERNANDO RODRIGUES	42	M4044	78	M					URD ARRANHO	00:50:21
440	443	AMERICO COSTA	54	M5054	81	M					CLUBE AUTOCOOPE	00:50:28
441	512	JOAQUIM SANTOS	40	M4044	79	M					AM B° CASAL FIGUEIRAS	00:50:30
442	58	ANTONIO VENTURA	49	M4549	57	M					AD REAL ACADEMIA	00:50:31
443	671	ARTUR MARTINS	69	M6099	36	M					GD AMARO JAOLHEIROS	00:50:31
444	620	AMADEU FERREIRA	66	M6099	37	M					GDCT REPSOL	00:50:34
445	395	MARCOS FERREIRA	61	M6099	38	M					AA LEBRES SADO	00:50:35
446	401	MARIO NOVA	58	M5559	46	M					AA LEBRES SADO	00:50:36
447	536	JOAO PAÇO	50	M5054	82	M					AA MAFRA	00:50:37
448	803	AQUININO BRAS	40	M4044	80	M					GDC AGUIAS UNIDAS	00:50:37
449	667	POSSIDONIO GRAÇA	54	M5054	83	M					GD AMARO JAOLHEIROS	00:50:38
450	682	HENRIQUE MATEUS	45	M4549	58	M					GD AMARO JAOLHEIROS	00:50:38
451	128	CONSTANCIO ALMEIDA	49	M4549	59	M					GA MONSANTO GASCAN	00:50:40
452	555	PAULO CASCAIS	47	M4549	60	M					AA MAFRA	00:50:41
453	265	MARIO CAMPOS	60	M6099	39	M					C MILLENNIUM BCP	00:50:43
454	60	FERNANDO FERREIRA	70	M6099	40	M					AD REAL ACADEMIA	00:50:44
455	681	CONSTANTINO PINTO	45	M4549	61	M					GD AMARO JAOLHEIROS	00:50:45
456	386	JORGE SILVA	47	M4549	62	M					AA LEBRES SADO	00:50:46
457	549	MANUEL ALDEANO	62	M6099	41	M					AA MAFRA	00:50:48
458	557	ALBERTO MARTINHO	45	M4549	63	M					CCDT METRO	00:50:49
459	360	ANTONIO HORTA	55	M5559	47	M					CCDP MUN CASCAIS	00:50:50
460	228	PAULA SIMOES	34	F2039	11	F					GD INE	00:50:52
461	190	HELDER AMADINHO	41	M4044	81	M	1	1	1		AA GRANDOLA	00:50:53
462	801	TINA OLIVEIRA	44	F4099	7	F					GDC AGUIAS UNIDAS	00:50:56
463	662	ANTONIO PEREIRA	62	M6099	42	M					GD AMARO JAOLHEIROS	00:51:02
464	659	JOSE ALBERTO	58	M5559	48	M					GD AMARO JAOLHEIROS	00:51:03
465	406	NAPOLEAO ALVES	56	M5559	49	M					AA LEBRES SADO	00:51:04
466	471	DOMINGOS MO	57	M5559	50	M					GA OS PATRICIOS	00:51:08
467	361	ANTONIO J TAVARES	44	M4044	82	M					CCDP MUN CASCAIS	00:51:09
468	349	HENRIQUE RUAS	68	M6099	43	M					CCD O ALVITEJO	00:51:10
469	817	RUI RODRIGUES	41	M4044	83	M					OS TUGAS	00:51:10
470	334	JOSE HORTA	60	M6099	44	M					INSEPARAVEIS ALMADA	00:51:12
471	430	RICARDO GASPAR	55	M5559	51	M					CR CRUZ PAU	00:51:14
472	432	ANTONIO VALADAS	58	M5559	52	M					ESTRELA FC	00:51:15
473	405	JOSE GAMITO	52	M5054	84	M					AA LEBRES SADO	00:51:17
474	578	MANUEL DANTAS	62	M6099	45	M					CCDT METRO	00:51:18

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E	Sx.	C.	SC1	SC2	SC3	Clube	Tempo
475	402	VALDEMAR DAMIAO	59	M5559	53	M					AA LEBRES SADO	00:51:23
476	411	MARIO MIRA	29	M2039	130	M					AA LEBRES SADO	00:51:23
477	808	ANA BARATA	50	F4099	8	F					OLIMPICO C LAGOS	00:51:23
478	130	LUIS ANTUNES	46	M4549	64	M					GA MONSANTO GASCAN	00:51:30
479	131	PEDRO CARDOSO	22	M2039	131	M					GA MONSANTO GASCAN	00:51:30
480	85	JOSE AZURARA	50	M5054	85	M					TEJAVISTA	00:51:31
481	87	LUIS MIRANDA	49	M4549	65	M					TEJAVISTA	00:51:32
482	249	LUDGERO RODRIGUES	52	M5054	86	M					C MILLENNIUM BCP	00:51:34
483	180	HELDER PEREIRA	43	M4044	84	M					CP PINHEIRO CRUZ	00:51:38
484	550	JOSE LOURENÇO	62	M6099	46	M					AA MAFRA	00:51:42
485	506	ALBERTO CORREIA	47	M4549	66	M					GD SANTANDER TOTTA	00:51:43
486	732	CELIA NUNO	42	F4099	9	F					INDIVIDUAL	00:51:43
487	556	ALIPIO OLIVEIRA	48	M4549	67	M					CCDT METRO	00:51:44
488	605	RAUL NUNES	55	M5559	54	M					SC MOITENSE	00:51:45
489	141	MAGNIFICA AZEVEDO	53	F4099	10	F					CS ARMADA	00:51:46
490	819	PAULA SANTOS	39	F2039	12	F					OS TUGAS	00:51:47
491	101	ANA ADRO	36	F2039	13	F					CCD EP LINHO	00:51:48
492	818	GRAÇA ROLDAO	44	F4099	11	F					OS TUGAS	00:51:52
493	535	ALVARO PAULINO	58	M5559	55	M					AA MAFRA	00:51:53
494	195	VITOR J PEREIRA	36	M2039	132	M	1	1	1		AA GRANDOLA	00:51:55
495	277	SANDRO JORDAO	27	M2039	133	M					C MILLENNIUM BCP	00:51:57
496	546	FERNANDA COSTA	46	F4099	12	F					AA MAFRA	00:51:59
497	234	FERNANDO FRAGATEIRO	48	M4549	68	M					GDC PORTO SINES	00:52:02
498	191	HELDER RAFAEL	43	M4044	85	M	1	1	1		AA GRANDOLA	00:52:04
499	341	ANTONIO PAIS	39	M2039	134	M					CCD O ALVITEJO	00:52:05
500	65	JORGE ESTEVES	44	M4044	86	M					AD REAL ACADEMIA	00:52:07
501	811	CARLOS SECO	48	M4549	69	M					GD AGUIAS MOITA	00:52:07
502	812	JAIME MESTRE	48	M4549	70	M					GD AGUIAS MOITA	00:52:07
503	630	ANTONIO COSTA	66	M6099	47	M					GD MACEDO OCULISTA	00:52:12
504	645	GERMANO MATOS	60	M6099	48	M					GD MACEDO OCULISTA	00:52:13
505	661	MANUEL CARDOSO	61	M6099	49	M					GD AMARO JAOLHEIROS	00:52:16
506	354	JOSE ANTONIO	51	M5054	87	M					UDCA	00:52:17
507	363	PAULA MACHADO	54	F4099	13	F					CCDP MUN CASCAIS	00:52:20
508	575	JOSE SILVA	53	M5054	88	M					CCDT METRO	00:52:21
509	665	JOAO VENANCIO	62	M6099	50	M					GD AMARO JAOLHEIROS	00:52:24
510	551	JOSE ARMANDO	55	M5559	56	M					AA MAFRA	00:52:26
511	747	JOAO LANDEIRO	62	M6099	51	M					INDIVIDUAL	00:52:33

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E	Sx.	C.	SC1	SC2	SC3	Clube	Tempo
512	14	LUIS BILAU	56	M5559	57	M					SS CGD	00:52:38
513	317	PAULO SILVA	34	M2039	135	M					ATLETICO S J LAMPAS	00:52:49
514	485	SALVADOR AFONSO	55	M5559	58	M					GD SANTANDER TOTTA	00:52:50
515	143	JORGE NETO	42	M4044	87	M					CS ARMADA	00:52:51
516	239	JOAO SANTOS	31	M2039	136	M					GDC PORTO SINES	00:52:58
517	639	INACIO GONÇALVES	57	M5559	59	M					GD MACEDO OCULISTA	00:52:59
518	675	LUIS MIRANDA	55	M5559	60	M					GD AMARO JAOLHEIROS	00:52:59
519	680	ARMANDO TAVARES	60	M6099	52	M					GD AMARO JAOLHEIROS	00:53:00
520	622	MANUEL SEQUEIRA	58	M5559	61	M					GDCT REPSOL	00:53:05
521	325	FERNANDO ROCHA	59	M5559	62	M					CCD SRS LISBOA	00:53:09
522	450	ANA MARTINS	42	F4099	14	F					GRD OD FIXES	00:53:09
523	654	VITOR SILVA	56	M5559	63	M					GD MACEDO OCULISTA	00:53:14
524	61	FERNANDO LOPES	63	M6099	53	M					AD REAL ACADEMIA	00:53:23
525	636	PEDRO CONDUTO	36	M2039	137	M					PORTIMONENSE SC	00:53:25
526	563	FERNANDO CARDOSO	56	M5559	64	M					CCDT METRO	00:53:27
527	245	LOURENÇO LOBO	44	M4044	88	M					GRUPO S BERNARDO	00:53:28
528	408	DINA MOTA	40	F4099	15	F					AA LEBRES SADO	00:53:28
529	496	ANTONIO CASTRO	39	M2039	138	M					GD SANTANDER TOTTA	00:53:28
530	219	NUNO GAMITO	31	M2039	139	M					GDRD FRANC SERRA	00:53:32
531	533	MANUEL SERGIO	66	M6099	54	M					AA MAFRA	00:53:40
532	791	MONICA SOUSA	34	F2039	14	F					CD ASAS MILENIUM	00:53:40
533	103	JORGE FERREIRA	43	M4044	89	M					RUNNING OF D MARIA	00:53:42
534	750	EBERHARD WILHELM	60	M6099	55	M					INDIVIDUAL	00:53:44
535	293	FERNANDO GRACIAS	31	M2039	140	M					CADT PORTUCEL	00:53:45
536	332	MANUEL OLIVEIRA	69	M6099	56	M					AAE BNU	00:53:48
537	41	FERNANDO SILVA	44	M4044	90	M					A VALE SILENCIO	00:53:49
538	71	RICARDO MATIAS	29	M2039	141	M					AD REAL ACADEMIA	00:53:55
539	422	FRANCISCO FERRO	60	M6099	57	M					CR CRUZ PAU	00:53:59
540	423	JOSE PLACIDO	65	M6099	58	M					CR CRUZ PAU	00:53:59
541	264	ANTONIO MELO	67	M6099	59	M					C MILLENNIUM BCP	00:54:00
542	721	SERGIO NUNES	33	M2039	142	M					INDIVIDUAL	00:54:00
543	104	PAULO MARTINS	41	M4044	91	M					RUNNING OF D MARIA	00:54:04
544	610	JOAO SANTOS	69	M6099	60	M					BUDELPAK	00:54:18
545	187	ARTUR SANTOS	55	M5559	65	M	1	1	1		AA GRANDOLA	00:54:28
546	741	ANIBAL MONTEIRO	47	M4549	71	M					INDIVIDUAL	00:54:33
547	740	IVO COELHO	29	M2039	143	M					INDIVIDUAL	00:54:34
548	466	CARLOS GONÇALVES	44	M4044	92	M					CF OS AVISENSES	00:54:35

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E	Sx.	C.	SC1	SC2	SC3	Clube	Tempo
549	467	MANUELA GONÇALVES	41	F4099	16	F					CF OS AVISENSES	00:54:36
550	501	HELENA DUARTE	53	F4099	17	F					INDIVIDUAL	00:54:41
551	565	FRANCISCO GONÇALVES	42	M4044	93	M					CCDT METRO	00:54:48
552	719	JORGE VICENTE	29	M2039	144	M					INDIVIDUAL	00:54:55
553	320	ANA PORTELA	59	F4099	18	F					OS PORTELAS	00:55:01
554	573	JOSE PIRES	73	M6099	61	M					CCDT METRO	00:55:02
555	481	ANTONIO PEREIRA	43	M4044	94	M					GD SANTANDER TOTTA	00:55:06
556	122	JOAQUIM SANTANA	25	M2039	145	M					OS KOTAS BIKE TEAM	00:55:12
557	707	JOAQUIM RUIVO	40	M4044	95	M					INDIVIDUAL	00:55:18
558	708	ANTONIO ROGERIO	43	M4044	96	M					INDIVIDUAL	00:55:18
559	251	AMADEU LOPES	75	M6099	62	M					C MILLENNIUM BCP	00:55:27
560	83	JOAO CAROÇO	52	M5054	89	M					TEJAVISTA	00:55:33
561	770	ANTONIO NUNES	44	M4044	97	M					ULTIMO GRITO	00:55:49
562	316	ANTONIO COELHO	42	M4044	98	M					Garmin Prazer Corrida	00:55:56
563	63	JOAQUIM ESTEVES	59	M5559	66	M					AD REAL ACADEMIA	00:56:01
564	224	CRISTINA COELHO	43	F4099	19	F					GDRD FRANC SERRA	00:56:02
565	788	FERNANDO SANTOS	42	M4044	99	M					UNIDOS BRANDOA	00:56:02
566	789	PAULO FERNANDES	34	M2039	146	M					UNIDOS BRANDOA	00:56:03
567	336	PAULO CUNHA	34	M2039	147	M					OLI - GARRA	00:56:19
568	337	MARCO SILVA	38	M2039	148	M					OLI - GARRA	00:56:19
569	92	JOSE POTES	51	M5054	90	M					TEJAVISTA	00:56:22
570	421	CANDIDO CUNHA	57	M5559	67	M					CR CRUZ PAU	00:56:28
571	171	ANTONIO PEREIRA	67	M6099	63	M					GDC BANCO PORTUGAL	00:56:35
572	271	LEONEL FERREIRINHA	60	M6099	64	M					C MILLENNIUM BCP	00:56:36
573	67	LUIS ALVES	42	M4044	100	M					AD REAL ACADEMIA	00:56:44
574	299	RUFINO MELO	53	M5054	91	M					CP IVA	00:56:50
575	338	DAVID CALDEIRA	29	M2039	149	M					A DANIEL CALDEIRA	00:56:56
576	396	MANUEL SANTOS	59	M5559	68	M					AA LEBRES SADO	00:56:56
577	340	RENATO SOUSA	58	M5559	69	M					A DANIEL CALDEIRA	00:56:57
578	651	ROSINDA GONÇALVES	54	F4099	20	F					GD MACEDO OCULISTA	00:57:01
579	203	CARLOS CRESPO	46	M4549	72	M					VALEJAS AC	00:57:02
580	797	ZIGORIO BORLOT	50	M5054	92	M					CR ALVORADA	00:57:04
581	418	JOSE MONIZ	60	M6099	65	M					CR CRUZ PAU	00:57:07
582	76	ANDRE ASCENÇÃO	26	M2039	150	M					TEJAVISTA	00:57:08
583	126	ANTONIO REYES	54	M5054	93	M					GA MONSANTO GASCAN	00:57:11
584	483	JOSE BUGALHO	60	M6099	66	M					GD SANTANDER TOTTA	00:57:15
585	88	LUIS MOURA	50	M5054	94	M					TEJAVISTA	00:57:17

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E	Sx.	C.	SC1	SC2	SC3	Clube	Tempo
586	568	JOAO CUNHA	48	M4549	73	M					CCDT METRO	00:57:34
587	82	JOANA BUSTORFF	23	F2039	15	F					TEJAVISTA	00:57:35
588	663	MARTINHO FREIRE	62	M6099	67	M					GD AMARO JAOLHEIROS	00:57:36
589	409	LUIZA CAROÇO	49	F4099	21	F					AA LEBRES SADO	00:57:39
590	137	MARCO INACIO	29	M2039	151	M					SC BENAFIM	00:57:42
591	107	LUIS GRAÇA	44	M4044	101	M					RUNNING OF D MARIA	00:57:44
592	112	NUNO NUNES	31	M2039	152	M					RUNNING OF D MARIA	00:57:44
593	241	FRANCISCO HEITOR	34	M2039	153	M					GDC PORTO SINES	00:57:45
594	344	VITOR RODRIGUES	41	M4044	102	M					CCD O ALVITEJO	00:57:45
595	564	FERNANDO FERNANDES	56	M5559	70	M					CCDT METRO	00:57:50
596	417	AGAPITO BELGA	58	M5559	71	M					CR CRUZ PAU	00:57:51
597	69	JOSE MATOS	58	M5559	72	M					AD REAL ACADEMIA	00:57:52
598	813	FILIPE FERA	48	M4549	74	M					GD AGUIAS MOITA	00:57:53
599	428	MARIO GUERREIRO	46	M4549	75	M					CR CRUZ PAU	00:57:57
600	331	JOSE AMARO	35	M2039	154	M					INDIVIDUAL	00:58:01
601	742	AVELINO LARANJO	38	M2039	155	M					INDIVIDUAL	00:58:02
602	397	CAETANO SILVEIRA	60	M6099	68	M					AA LEBRES SADO	00:58:05
603	66	MANUEL FERREIRA	59	M5559	73	M					AD REAL ACADEMIA	00:58:07
604	124	MIGUEL SILVA	64	M6099	69	M					GA MONSANTO GASCAN	00:58:09
605	204	ILIDIO TORGAL	66	M6099	70	M					VALEJAS AC	00:58:09
606	158	ELISABETE BARREIRA	33	F2039	16	F					GRDC LEIAO	00:58:13
607	260	LEONEL BRANDAO	41	M4044	103	M					C MILLENNIUM BCP	00:58:14
608	91	MARIO J B SILVA	47	M4549	76	M					TEJAVISTA	00:58:17
609	68	MANUEL RIBEIRO	67	M6099	71	M					AD REAL ACADEMIA	00:58:27
610	77	CARLOS CARITA	60	M6099	72	M					TEJAVISTA	00:58:30
611	773	LUIS BAIONETA	31	M2039	156	M					MARATHON CETOBRIGA	00:58:36
612	179	FERNANDO GANHAO	43	M4044	104	M					CP PINHEIRO CRUZ	00:58:38
613	232	TIMOTEO PFUMO	50	M5054	95	M					GDC PORTO SINES	00:58:44
614	604	JOSE PEREIRA	48	M4549	77	M					SC MOITENSE	00:58:48
615	457	ANTONIO MOURA	52	M5054	96	M					GD PIC NIC	00:58:53
616	728	SANDRA MARTINS	31	F2039	17	F					INDIVIDUAL	00:58:53
617	296	ANTONIO NUNES	69	M6099	73	M					ACAPO	00:59:28
618	297	JAIME MATIAS	58	M5559	74	M					ACAPO	00:59:28
619	93	PEDRO DELGADO	60	M6099	74	M					TEJAVISTA	00:59:30
620	664	BEATRIZ FRANCO	52	F4099	22	F					GD AMARO JAOLHEIROS	00:59:54
621	567	JOAO CONSTANCIO	62	M6099	75	M					CCDT METRO	00:59:55
622	656	NATIVIDADE CARDOSO	58	F4099	23	F					GD AMARO JAOLHEIROS	01:00:05

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E	Sx.	C.	SC1	SC2	SC3	Clube	Tempo
623	276	CARLA RIBEIRO	31	F2039	18	F					C MILLENNIUM BCP	01:00:14
624	749	JOSE P HENRIQUES	59	M5559	75	M					INDIVIDUAL	01:00:19
625	211	JOAQUIM MACHADO	56	M5559	76	M					GDRD FRANC SERRA	01:00:38
626	442	ANA PAULA	31	F2039	19	F					CLUBE AUTOCOOPE	01:00:41
627	519	JULIO SANTOS	47	M4549	78	M					UCRD PRAIENSE	01:00:45
628	616	LUIS TORRAO	55	M5559	77	M					GDCT REPSOL	01:00:49
629	625	CARLOS CARMO	55	M5559	78	M					GDCT REPSOL	01:00:49
630	70	JOSE MATIAS	51	M5054	97	M					AD REAL ACADEMIA	01:01:13
631	638	FABIO JUNIOR	20	M2039	157	M					GD MACEDO OCULISTA	01:01:34
632	702	FABIA LOURENÇO	43	F4099	24	F					INDIVIDUAL	01:01:34
633	723	HERLANDER BRAZ	49	M4549	79	M					INDIVIDUAL	01:01:37
634	771	JORGE NUNES	42	M4044	105	M					ULTIMO GRITO	01:01:52
635	632	ARTUR DINIS	51	M5054	98	M					GD MACEDO OCULISTA	01:01:58
636	650	PAULA COUTO	45	F4099	25	F					GD MACEDO OCULISTA	01:01:58
637	767	DOMINGOS SANTOS	51	M5054	99	M					OS ZATOPEQUES	01:02:05
638	140	ANA PEREIRA	40	F4099	26	F					CS ARMADA	01:02:10
639	149	FERNANDO OLIVEIRA	53	M5054	100	M					CS ARMADA	01:02:10
640	144	ANTONIO PEREIRA	44	M4044	106	M					CS ARMADA	01:02:11
641	114	LUIS NEVES	35	M2039	158	M					AÇOREANA C BANIF	01:02:14
642	125	ANTONIO PARDAL	52	M5054	101	M					GA MONSANTO GASCAN	01:03:18
643	371	DIOGO LOPES	21	M2039	159	M					BV MONTEMOR O NOVO	01:03:44
644	748	JOAO MONTEIRO	52	M5054	102	M					INDIVIDUAL	01:03:49
645	333	MANUEL MARTINS	66	M6099	76	M					INSEPARAVEIS ALMADA	01:04:15
646	281	MANUEL MOSTEIAS	43	M4044	107	M					NA BEIERSDORF	01:04:40
647	90	Mª CONCEIÇÃO PAIN	42	F4099	27	F					TEJAVISTA	01:05:02
648	566	GUALDINO FREIRE	63	M6099	77	M					CCDT METRO	01:05:02
649	574	JOSE RODRIGUES	57	M5559	79	M					CCDT METRO	01:05:02
650	78	Mª CEU AZURARA	48	F4099	28	F					TEJAVISTA	01:05:15
651	362	JOSE FIALHO	49	M4549	80	M					CCDP MUN CASCAIS	01:05:56
652	94	ANA PARRA	50	F4099	29	F					TEJAVISTA	01:06:30
653	623	JULIO MILHARADAS	56	M5559	80	M					GDCT REPSOL	01:07:01
654	521	ANALIA JACINTO	46	F4099	30	F					UCRD PRAIENSE	01:07:21
655	80	DANIELA MOURA	48	F4099	31	F					TEJAVISTA	01:08:00
656	775	LINA CRUZ	48	F4099	32	F					AFIS OVAR	01:08:12
657	279	LUIS MOURA	46	M4549	81	M					NA BEIERSDORF	01:08:16
658	280	ANTONIO MORGADO	57	M5559	81	M					NA BEIERSDORF	01:08:16
659	441	JOAO GRAÇA	69	M6099	78	M					CLUBE AUTOCOOPE	01:08:24

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E	Sx.	C.	SC1	SC2	SC3	Clube	Tempo
660	414	JOAO CARDOSO	59	M5559	82	M					CR CRUZ PAU	01:09:33
661	113	IDALINA MADEIRA	48	F4099	33	F					AÇOREANA C BANIF	01:09:59
662	16	TERESA PEREIRA	45	F4099	34	F					SS CGD	01:12:37
663	207	NOEMIA COELHO	51	F4099	35	F					VALEJAS AC	01:12:37
664	619	MANUEL SANTOS	61	M6099	79	M					GDCT REPSOL	01:13:58
665	626	ALDA OLIVEIRA	54	F4099	36	F					GDCT REPSOL	01:13:58
666	268	JOSE ARRUDA	59	M5559	83	M					C MILLENNIUM BCP	01:14:23
667	267	FOCK CHIU	58	F4099	37	F					C MILLENNIUM BCP	01:14:24
668	205	ISABEL CRESPO	43	F4099	38	F					VALEJAS AC	01:15:54
669	569	JOAO PEREIRA	76	M6099	80	M					CCDT METRO	01:16:44