

## VIII GRANDE PRÉMIO DE GRÂNDOLA

Patrocínio: JUNTA FREGUESIA DE GRÂNDOLA

Apoio: JUNTA FREGUESIA DE GRÂNDOLA

Data: 07/02/2010

Classif.: Relatório Geral Masculino e Feminino

| Coloc. | Num. | Atleta             | Id. | Fx.Et. | Cl.E.E | Sx. | C. | SC1 | SC2 | SC3 | Clube                | Tempo    |
|--------|------|--------------------|-----|--------|--------|-----|----|-----|-----|-----|----------------------|----------|
| 3      | 20   | ANTONIO TRAVASSOS  | 38  | M2039  | 2      | M   |    |     |     |     | SPORTING CP          | 00:30:17 |
| 4      | 18   | STEPAN KISELEV     | 23  | M2039  | 3      | M   |    |     |     |     | RUSSIA               | 00:30:18 |
| 5      | 17   | OLEG KULKOV        | 27  | M2039  | 4      | M   |    |     |     |     | RUSSIA               | 00:30:26 |
| 6      | 790  | JOSE MADURO        | 37  | M2039  | 5      | M   |    |     |     |     | MAIA AC              | 00:30:34 |
| 7      | 808  | JORGE VARELA       | 30  | M2039  | 6      | M   |    |     |     |     | SL BENFICA           | 00:31:16 |
| 8      | 6    | BRUNO FRAGA        | 32  | M2039  | 7      | M   |    |     |     |     | GDR REBOLEIRA        | 00:31:55 |
| 9      | 7    | JOAO VIEIRA        | 29  | M2039  | 8      | M   |    |     |     |     | GDR REBOLEIRA        | 00:31:56 |
| 10     | 527  | DARIO GARCIAS      | 32  | M2039  | 9      | M   |    |     |     |     | GDC PORTO SINES      | 00:32:28 |
| 11     | 8    | LUIS GINJA         | 36  | M2039  | 10     | M   |    |     |     |     | GDR REBOLEIRA        | 00:32:29 |
| 12     | 23   | CARLOS CARDOSO     | 27  | M2039  | 11     | M   |    |     |     |     | GARMIN               | 00:32:37 |
| 13     | 12   | EUGENIO NETO       | 47  | M4549  | 1      | M   |    |     |     |     | GDR REBOLEIRA        | 00:32:41 |
| 14     | 575  | JOAO VAZ           | 42  | M4044  | 1      | M   |    |     |     |     | A VALE SILENCIO      | 00:32:44 |
| 15     | 11   | JOSE INACIO        | 44  | M4044  | 2      | M   |    |     |     |     | GDR REBOLEIRA        | 00:33:10 |
| 16     | 548  | LUIS ALLEN         | 40  | M4044  | 3      | M   |    |     |     |     | CR LEOES P SALVO     | 00:33:18 |
| 17     | 163  | GILBERTO FERNANDES | 47  | M4549  | 2      | M   |    |     |     |     | ACR FRADE CIMA       | 00:33:20 |
| 18     | 339  | FRANCISCO PEDRO    | 39  | M2039  | 12     | M   |    |     |     |     | ARSC TOLEDO          | 00:33:20 |
| 19     | 498  | CARLOS SANTOS      | 41  | M4044  | 4      | M   |    |     |     |     | GAA VILA FRANCA XIRA | 00:33:27 |
| 20     | 31   | SILVESTRE GOMES    | 54  | M5054  | 2      | M   |    |     |     |     | BOAVISTA S MATEUS    | 00:33:30 |
| 21     | 693  | JOSE GIL           | 52  | M5054  | 3      | M   |    |     |     |     | GDU CAXIENSES        | 00:33:37 |
| 22     | 85   | RUI BALTAZAR       | 44  | M4044  | 5      | M   |    |     |     |     | ACLIS LIBERTY        | 00:33:39 |
| 23     | 628  | MARIO CASSACA      | 37  | M2039  | 13     | M   |    | 1   |     |     | GARMIN               | 00:33:43 |
| 24     | 825  | JOSE LOURO         | 50  | M5054  | 4      | M   |    |     |     |     | CCDT CM SETUBAL      | 00:33:45 |
| 25     | 544  | JOSE MARTINS       | 44  | M4044  | 6      | M   |    |     |     |     | GRD OS FIXES         | 00:33:52 |
| 26     | 577  | RUI PACHECO        | 29  | M2039  | 14     | M   |    |     |     |     | A VALE SILENCIO      | 00:34:00 |
| 27     | 102  | ALEXANDRE PINHEIRO | 39  | M2039  | 15     | M   |    |     |     |     | GD MACEDO OCULISTA   | 00:34:08 |
| 28     | 596  | FERNANDO ALVES     | 43  | M4044  | 7      | M   |    |     |     |     | AA MAFRA             | 00:34:10 |
| 29     | 83   | PAULO GUIMARAES    | 32  | M2039  | 16     | M   |    |     |     |     | ACLIS LIBERTY        | 00:34:16 |
| 30     | 551  | HUGO GONÇALVES     | 31  | M2039  | 17     | M   |    |     |     |     | CR LEOES P SALVO     | 00:34:20 |
| 31     | 118  | MARIO PEDRO        | 34  | M2039  | 18     | M   |    |     |     |     | GD MACEDO OCULISTA   | 00:34:30 |
| 32     | 10   | JOSE ANTUNES       | 43  | M4044  | 8      | M   |    |     |     |     | GDR REBOLEIRA        | 00:34:35 |
| 33     | 594  | PEDRO MAIA         | 36  | M2039  | 19     | M   |    |     |     |     | AA MAFRA             | 00:34:44 |
| 34     | 595  | FRANCISCO ROCHA    | 42  | M4044  | 9      | M   |    |     |     |     | AA MAFRA             | 00:34:47 |
| 35     | 580  | JOAO INOCENCIO     | 39  | M2039  | 20     | M   |    |     |     |     | A VALE SILENCIO      | 00:34:55 |
| 36     | 13   | FILIPE SILVA       | 57  | M5559  | 1      | M   |    |     |     |     | GDR REBOLEIRA        | 00:35:01 |
| 37     | 552  | RICARDO PEREIRA    | 32  | M2039  | 21     | M   |    |     |     |     | CR LEOES P SALVO     | 00:35:01 |
| 38     | 337  | ANDRE FERREIRA     | 29  | M2039  | 22     | M   |    |     |     |     | ARSC TOLEDO          | 00:35:06 |
| 39     | 593  | EDUARDO EUSTAQUIO  | 45  | M4549  | 3      | M   |    |     |     |     | AA MAFRA             | 00:35:09 |

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|----|-----|---------------------|----|-------|----|---|-----------------------|----------|
| 40 | 779 | LUIS OLIVEIRA       | 23 | M2039 | 23 | M | CEFA MARINHA          | 00:35:11 |
| 41 | 342 | LUIS GOMES          | 41 | M4044 | 10 | M | ARSC TOLEDO           | 00:35:19 |
| 42 | 468 | ABEL GLORIA         | 47 | M4549 | 4  | M | FC DESPERTAR          | 00:35:20 |
| 43 | 16  | SIVILYA BALCHUNAITE | 30 | M2039 | 1  | F | LITUANIA              | 00:35:32 |
| 44 | 661 | ANTONIO ALVES       | 43 | M4044 | 11 | M | TARTUGAS LOULE        | 00:35:35 |
| 45 | 41  | RUI CHAVES          | 33 | M2039 | 25 | M | GD CARRIS             | 00:35:38 |
| 46 | 588 | PEDRO ARSENIO       | 26 | M2039 | 26 | M | A VALE SILENCIO       | 00:35:38 |
| 47 | 205 | JOAQUIM FREITAS     | 32 | M2039 | 27 | M | BV MONTEMOR O NOVO    | 00:35:39 |
| 48 | 345 | PAULO POVOA         | 46 | M4549 | 5  | M | CCDP CM LOURES        | 00:35:39 |
| 49 | 177 | JOAO SILVA          | 51 | M5054 | 5  | M | CD MAFRA              | 00:35:43 |
| 50 | 599 | MARCO GRILEIRO      | 30 | M2039 | 28 | M | AA MAFRA              | 00:35:46 |
| 51 | 5   | AMILCAR DUARTE      | 51 | M5054 | 6  | M | SPORTING CP           | 00:35:50 |
| 52 | 550 | ANTONIO MANETA      | 44 | M4044 | 12 | M | CR LEOES P SALVO      | 00:35:52 |
| 53 | 286 | JOAO LUCAS          | 45 | M4549 | 6  | M | CAMARA L CLUBE        | 00:35:53 |
| 54 | 32  | JOSE SANTOS         | 44 | M4044 | 13 | M | SR CAMARNAL           | 00:35:56 |
| 55 | 328 | HENRIQUE DIAS       | 55 | M5559 | 2  | M | AM B° CASAL FIGUEIRAS | 00:36:04 |
| 56 | 718 | JOSE DA LUZ         | 39 | M2039 | 29 | M | INDIVIDUAL            | 00:36:04 |
| 57 | 469 | LUCIANO CONCEIÇÃO   | 43 | M4044 | 14 | M | FC DESPERTAR          | 00:36:13 |
| 58 | 585 | LUIS SANTOS         | 27 | M2039 | 30 | M | A VALE SILENCIO       | 00:36:14 |
| 59 | 15  | LUBOV MOYGUNOVA     | 30 | F2039 | 2  | F | RUSSIA                | 00:36:34 |
| 60 | 86  | JOSE CAMELO         | 38 | M2039 | 31 | M | ACLIS LIBERTY         | 00:36:35 |
| 61 | 366 | JOAO MARTINS        | 47 | M4549 | 7  | M | CUA BENAVENTENSE      | 00:36:44 |
| 62 | 467 | JOAO FIANCA         | 40 | M4044 | 15 | M | FC DESPERTAR          | 00:36:44 |
| 63 | 81  | MANUEL VILELA       | 46 | M4549 | 8  | M | ACLIS LIBERTY         | 00:36:53 |
| 64 | 294 | RICARDO FRANCISCO   | 33 | M2039 | 32 | M | INDIVIDUAL            | 00:36:54 |
| 65 | 14  | LARISA ZUYZKO       | 31 | F2039 | 3  | F | RUSSIA                | 00:37:01 |
| 66 | 389 | RUI CABANAS         | 31 | M2039 | 33 | M | CA PATAMEIRAS         | 00:37:01 |
| 67 | 168 | GERMANO SILVA       | 52 | M5054 | 7  | M | AD REAL ACADEMICA     | 00:37:02 |
| 68 | 794 | RODOLFO MOREIRA     | 33 | M2039 | 34 | M | GD BV ALVERCA         | 00:37:03 |
| 69 | 245 | JULIO BARROCO       | 30 | M2039 | 35 | M | CCD EFACEC LX         | 00:37:07 |
| 70 | 597 | JOAO MIRANDA        | 39 | M2039 | 36 | M | AA MAFRA              | 00:37:07 |
| 71 | 629 | ROGERIO CASSACA     | 39 | M2039 | 37 | M | GARMIN                | 00:37:08 |
| 72 | 555 | CARLOS LOPES        | 35 | M2039 | 38 | M | CR LEOES P SALVO      | 00:37:10 |
| 73 | 19  | FEDOR RYZHOV        | 50 | M5054 | 8  | M | RUSSIA                | 00:37:12 |
| 74 | 403 | JORGE GOMES         | 48 | M4549 | 9  | M | GD AMARO JOALHEIROS   | 00:37:15 |
| 75 | 147 | PAULO ALFAR         | 44 | M4044 | 16 | M | CCD METRO LX          | 00:37:18 |
| 76 | 341 | JOAQUIM RODRIGUES   | 40 | M4044 | 17 | M | ARSC TOLEDO           | 00:37:19 |
| 77 | 777 | LUIS VALVERDE       | 44 | M4044 | 18 | M | CEFA MARINHA          | 00:37:21 |
| 78 | 91  | JAIME LAMEGO        | 50 | M5054 | 9  | M | ACLIS LIBERTY         | 00:37:22 |
| 79 | 781 | CARLOS JORGE        | 41 | M4044 | 19 | M | CEFA MARINHA          | 00:37:22 |
| 80 | 343 | LUIS REBELO         | 45 | M4549 | 10 | M | ARSC TOLEDO           | 00:37:28 |
| 81 | 803 | ANTONIO SARAIVA     | 57 | M5559 | 3  | M | VRC CARPINTARIA       | 00:37:29 |
| 82 | 668 | BRUNO GAMITO        | 22 | M2039 | 39 | M | GDR S FRANC SERRA     | 00:37:30 |
| 83 | 196 | CARLOS PIOREK       | 31 | M2039 | 40 | M | BV MONTEMOR O NOVO    | 00:37:31 |
| 84 | 600 | ALFREDO PRAZERES    | 49 | M4549 | 11 | M | AA MAFRA              | 00:37:32 |
| 85 | 146 | ORLANDO SILVA       | 52 | M5054 | 10 | M | CCD METRO LX          | 00:37:34 |
| 86 | 336 | JOSE FELIX          | 42 | M4044 | 20 | M | CF OS AVISENSES       | 00:37:34 |
| 87 | 1   | VERA NUNES          | 30 | F2039 | 4  | F | SL BENFICA            | 00:37:36 |
| 88 | 93  | JOSE VENTURA        | 32 | M2039 | 41 | M | BEJA AC               | 00:37:36 |
| 89 | 789 | JOAO FRANCO         | 56 | M5559 | 4  | M | NS LOURINHA           | 00:37:38 |
| 90 | 822 | CARLOS ALVES        | 40 | M4044 | 21 | M | GD PIC NIC            | 00:37:39 |
| 91 | 374 | LUIS FILIPE         | 54 | M5054 | 11 | M | AA CHARNECA           | 00:37:43 |
| 92 | 35  | JOSE AFONSO         | 49 | M4549 | 12 | M | MOCHILAS TEAM         | 00:37:44 |
| 93 | 164 | ANTONIO DUARTE      | 51 | M5054 | 12 | M | ACR FRADE CIMA        | 00:37:44 |

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| 94  | 387 | NUNO DORES        | 27 | M2039 | 42 | M | CA PATAMEIRAS         | 00:37:45 |
| 95  | 358 | ANTONIO HENRIQUES | 52 | M5054 | 13 | M | CCDP CM LOURES        | 00:37:46 |
| 96  | 782 | AUGUSTO MACIEIRA  | 40 | M4044 | 22 | M | CEFA MARINHA          | 00:37:47 |
| 97  | 384 | BEATRIZ CUNHA     | 36 | F2039 | 5  | F | CA PATAMEIRAS         | 00:37:52 |
| 98  | 466 | JOAO ESTEVAO      | 44 | M4044 | 23 | M | FC DESPERTAR          | 00:37:54 |
| 99  | 166 | CARLOS FERREIRA   | 40 | M4044 | 24 | M | SR CAMARNAL           | 00:37:55 |
| 100 | 780 | CARLOS PAPACINZA  | 21 | M2039 | 43 | M | CEFA MARINHA          | 00:37:55 |
| 101 | 462 | NUNO ROCHA        | 32 | M2039 | 44 | M | GDCR LEIAO            | 00:37:56 |
| 102 | 323 | JOAO PORTELA      | 63 | M6099 | 1  | M | AM B° CASAL FIGUEIRAS | 00:37:59 |
| 103 | 33  | CARLOS ROSADO     | 41 | M4044 | 25 | M | C RUGBY JUROMENHA     | 00:38:00 |
| 104 | 162 | PAULO CHAINHO     | 45 | M4549 | 13 | M | EMPILHANAVE           | 00:38:00 |
| 105 | 547 | MARIO GONÇALVES   | 60 | M6099 | 2  | M | CR LEOES P SALVO      | 00:38:02 |
| 106 | 174 | ANTONIO SANTOS    | 51 | M5054 | 14 | M | GD INE                | 00:38:03 |
| 107 | 598 | JOEL RODRIGUES    | 36 | M2039 | 45 | M | AA MAFRA              | 00:38:10 |
| 108 | 787 | VITOR SANTOS      | 35 | M2039 | 46 | M | NS LOURINHA           | 00:38:14 |
| 109 | 679 | SERGIO SANTOS     | 45 | M4549 | 14 | M | GDR S FRANC SERRA     | 00:38:18 |
| 110 | 200 | ANDRE FILIPE      | 20 | M2039 | 47 | M | BV MONTEMOR O NOVO    | 00:38:22 |
| 111 | 285 | PAULO CARVALHO    | 40 | M4044 | 26 | M | CAMARA L CLUBE        | 00:38:27 |
| 112 | 630 | VITOR PEREIRA     | 33 | M2039 | 48 | M | 1 GARMIN              | 00:38:27 |
| 113 | 110 | GABRIEL GONCALVES | 55 | M5559 | 5  | M | GD MACEDO OCULISTA    | 00:38:28 |
| 114 | 226 | FERNANDO RIBEIRO  | 43 | M4044 | 27 | M | AA LEBRES SADO        | 00:38:30 |
| 115 | 373 | ANTONIO RISCADO   | 60 | M6099 | 3  | M | AA CHARNECA           | 00:38:32 |
| 116 | 375 | JOSE HEITOR       | 48 | M4549 | 15 | M | AA CHARNECA           | 00:38:32 |
| 117 | 322 | NUNO ABILIO       | 30 | M2039 | 49 | M | AM B° CASAL FIGUEIRAS | 00:38:35 |
| 118 | 272 | AUGUSTO LOPES     | 55 | M5559 | 6  | M | GD SANTANDER TOTTA    | 00:38:37 |
| 119 | 321 | JOAO XAVIER       | 37 | M2039 | 50 | M | GA OS PATRICIOS       | 00:38:37 |
| 120 | 729 | LUIS F R PEREIRA  | 51 | M5054 | 15 | M | GD O INDEPENDENTE     | 00:38:49 |
| 121 | 554 | JOAQUIM PEREIRA   | 61 | M6099 | 4  | M | CR LEOES P SALVO      | 00:38:52 |
| 122 | 99  | JOSE FILHO        | 46 | M4549 | 16 | M | BEJA AC               | 00:38:54 |
| 123 | 293 | RUBEN SILVA       | 53 | M5054 | 16 | M | CAMARA L CLUBE        | 00:38:55 |
| 124 | 386 | MIGUEL TAVARES    | 37 | M2039 | 51 | M | CA PATAMEIRAS         | 00:38:56 |
| 125 | 260 | ANASTACIO VALADAS | 56 | M5559 | 7  | M | GD SANTANDER TOTTA    | 00:39:06 |
| 126 | 553 | JOSE MENDES       | 44 | M4044 | 28 | M | CR LEOES P SALVO      | 00:39:09 |
| 127 | 351 | LUIS LOPES        | 51 | M5054 | 17 | M | CCDP CM LOURES        | 00:39:10 |
| 128 | 631 | VASCO CAFE        | 20 | M2039 | 52 | M | 1 GARMIN              | 00:39:12 |
| 129 | 179 | JOSE SILVA        | 41 | M4044 | 29 | M | CD MAFRA              | 00:39:13 |
| 130 | 799 | ILIDIO CAMPOS     | 50 | M5054 | 18 | M | NDC ODEMIRA           | 00:39:15 |
| 131 | 84  | RICARDO GUIMARAES | 26 | M2039 | 53 | M | ACLIS LIBERTY         | 00:39:18 |
| 132 | 72  | JOAO SOARES       | 56 | M5559 | 8  | M | NS SAO MIGUEL         | 00:39:19 |
| 133 | 150 | JOAO MIRANDA      | 50 | M5054 | 19 | M | CCD METRO LX          | 00:39:19 |
| 134 | 697 | ADERITO LOPES     | 45 | M4549 | 17 | M | GDU CAXIENSES         | 00:39:19 |
| 135 | 79  | PAULO LOPES       | 41 | M4044 | 30 | M | ACLIS LIBERTY         | 00:39:21 |
| 136 | 39  | JOAO JACINTO      | 52 | M5054 | 20 | M | CCD O ALVITEJO        | 00:39:24 |
| 137 | 74  | EDUARDO TANGANITO | 62 | M6099 | 5  | M | NS SAO MIGUEL         | 00:39:24 |
| 138 | 209 | NUNO REBOCHO      | 20 | M2039 | 54 | M | BV MONTEMOR O NOVO    | 00:39:25 |
| 139 | 368 | FERNANDO DOMINGOS | 47 | M4549 | 18 | M | AA CHARNECA           | 00:39:29 |
| 140 | 436 | EURICO AGOSTINHO  | 49 | M4549 | 19 | M | GDCR ZAMB S CALVO     | 00:39:29 |
| 141 | 143 | MANUEL COSTA      | 53 | M5054 | 21 | M | CCD METRO LX          | 00:39:30 |
| 142 | 603 | PEDRO REIS        | 37 | M2039 | 55 | M | AA MAFRA              | 00:39:33 |
| 143 | 325 | JOAO DIAS         | 47 | M4549 | 20 | M | AM B° CASAL FIGUEIRAS | 00:39:36 |
| 144 | 797 | NUNO CANDEIAS     | 35 | M2039 | 56 | M | NDC ODEMIRA           | 00:39:36 |
| 145 | 340 | EMANUEL MARQUES   | 40 | M4044 | 31 | M | ARSC TOLEDO           | 00:39:37 |
| 146 | 370 | ANDRE RISCADO     | 31 | M2039 | 57 | M | AA CHARNECA           | 00:39:37 |
| 147 | 71  | JOAQUIM COSTA     | 58 | M5559 | 9  | M | NS SAO MIGUEL         | 00:39:41 |

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| 148 | 626 | JOSE NOBRE           | 45 | M4549 | 21 | M | GARMIN                | 00:39:47 |
| 149 | 712 | SANDRA PROTASIO      | 20 | F2039 | 6  | F | INDIVIDUAL            | 00:39:48 |
| 150 | 800 | ANTONIO SILVESTRE    | 44 | M4044 | 32 | M | NDC ODEMIRA           | 00:39:51 |
| 151 | 231 | JULIO FIRME          | 29 | M2039 | 58 | M | AA LEBRES SADO        | 00:39:52 |
| 152 | 702 | JOSEFA BONGUE        | 33 | F2039 | 7  | F | INDIVIDUAL            | 00:40:01 |
| 153 | 650 | JOAO ARENGA          | 58 | M5559 | 10 | M | CADT PORTUCEL         | 00:40:04 |
| 154 | 656 | OLIMPIO SANTOS       | 43 | M4044 | 33 | M | CADT PORTUCEL         | 00:40:05 |
| 155 | 700 | JOSE COSTA           | 42 | M4044 | 34 | M | GDCR LEIAO            | 00:40:08 |
| 156 | 2   | LUCILIA SOARES       | 48 | F4099 | 1  | F | SL BENFICA            | 00:40:10 |
| 157 | 506 | JOSE SILVA           | 53 | M5054 | 22 | M | SESIMBRA MAR          | 00:40:12 |
| 158 | 691 | VITOR LIMA           | 42 | M4044 | 35 | M | GDU CAXIENSES         | 00:40:13 |
| 159 | 76  | JANUARIO COELHO      | 57 | M5559 | 11 | M | NS SAO MIGUEL         | 00:40:14 |
| 160 | 602 | ORLANDO REBELO       | 53 | M5054 | 23 | M | AA MAFRA              | 00:40:15 |
| 161 | 186 | EDMUNDO LOURENCO     | 31 | M2039 | 59 | M | URD ARRANHO           | 00:40:16 |
| 162 | 673 | RUI GONÇALVES        | 34 | M2039 | 60 | M | GDR S FRANC SERRA     | 00:40:20 |
| 163 | 189 | ORLINDO FIGUEIREDO   | 61 | M6099 | 6  | M | SS CGD                | 00:40:24 |
| 164 | 663 | JOAO GEMA            | 35 | M2039 | 61 | M | TARTUGAS LOULE        | 00:40:24 |
| 165 | 208 | JOAO RODRIGUES       | 35 | M2039 | 62 | M | BV MONTEMOR O NOVO    | 00:40:26 |
| 166 | 826 | SONIA SOUSA          | 28 | F2039 | 8  | F | SL BENFICA            | 00:40:26 |
| 167 | 101 | CARLOS ANDRE         | 52 | M5054 | 24 | M | BEJA AC               | 00:40:32 |
| 168 | 352 | ANTONIO VALERIO      | 57 | M5559 | 12 | M | CCDP CM LOURES        | 00:40:32 |
| 169 | 203 | RICARDO FREIXAL      | 20 | M2039 | 63 | M | BV MONTEMOR O NOVO    | 00:40:33 |
| 170 | 330 | CHANTAL XHERVELLE    | 41 | F4099 | 2  | F | AM B° CASAL FIGUEIRAS | 00:40:33 |
| 171 | 246 | CARLOS PASCOAL       | 45 | M4549 | 22 | M | CCD EFACEC LX         | 00:40:36 |
| 172 | 182 | EDGAR FRANCISCO      | 44 | M4044 | 36 | M | URD ARRANHO           | 00:40:40 |
| 173 | 258 | JOSE RIBEIRO         | 64 | M6099 | 7  | M | GD SANTANDER TOTTA    | 00:40:44 |
| 174 | 396 | ALBINO NEIVA         | 64 | M6099 | 8  | M | GD AMARO JOALHEIROS   | 00:40:48 |
| 175 | 809 | PAULO VENTURA        | 39 | M2039 | 64 | M | INDIVIDUAL            | 00:40:48 |
| 176 | 29  | RICARDO FERREIRA     | 32 | M2039 | 65 | M | INDIVIDUAL            | 00:40:49 |
| 177 | 49  | ANTONIO PIRES        | 42 | M4044 | 37 | M | GD LACEROTE           | 00:40:50 |
| 178 | 324 | MARIO PAIXAO         | 54 | M5054 | 25 | M | AM B° CASAL FIGUEIRAS | 00:40:52 |
| 179 | 63  | JOAO MENDES          | 37 | M2039 | 66 | M | UDCA                  | 00:40:54 |
| 180 | 816 | EMIDIO COSTA         | 47 | M4549 | 23 | M | CAMALEAO VRSA         | 00:40:58 |
| 181 | 394 | LUIS OLIVEIRA        | 38 | M2039 | 67 | M | GD IGREJA NOVA        | 00:41:00 |
| 182 | 211 | OSVALDO REIS         | 44 | M4044 | 38 | M | EXTINTOS 2            | 00:41:01 |
| 183 | 564 | JOSE SANTOS          | 46 | M4549 | 24 | M | AA GRANDOLA           | 00:41:06 |
| 184 | 3   | LUZIA DIAS           | 39 | F2039 | 9  | F | SPORTING CP           | 00:41:10 |
| 185 | 224 | GUMERSINDO RODRIGUES | 59 | M5559 | 13 | M | AA LEBRES SADO        | 00:41:10 |
| 186 | 557 | JOSE BADALO          | 44 | M4044 | 39 | M | EVORA RUNNERS         | 00:41:10 |
| 187 | 435 | JOAQUIM CALÇADA      | 45 | M4549 | 25 | M | GDCR ZAMB S CALVO     | 00:41:11 |
| 188 | 421 | NUNO CHAINHO         | 24 | M2039 | 68 | M | OS KOTAS BIKE TEAM    | 00:41:12 |
| 189 | 823 | JOAO PALMA           | 52 | M5054 | 26 | M | GD PIC NIC            | 00:41:12 |
| 190 | 97  | JOAQUIM VIEGAS       | 43 | M4044 | 40 | M | BEJA AC               | 00:41:13 |
| 191 | 634 | AMAVEL FIGUEIREDO    | 49 | M4549 | 26 | M | FIGAS E AMIGOS        | 00:41:13 |
| 192 | 406 | JOSE DIAS            | 44 | M4044 | 41 | M | GD AMARO JOALHEIROS   | 00:41:14 |
| 193 | 704 | MARIO AMARO          | 42 | M4044 | 42 | M | INDIVIDUAL            | 00:41:16 |
| 194 | 669 | FERNANDO MESTRE      | 36 | M2039 | 69 | M | GDR S FRANC SERRA     | 00:41:19 |
| 195 | 688 | PAULO CODINHA        | 43 | M4044 | 43 | M | INDIVIDUAL            | 00:41:20 |
| 196 | 116 | JOSE INOCENCIO       | 57 | M5559 | 14 | M | GD MACEDO OCULISTA    | 00:41:21 |
| 197 | 383 | AUGUSTO CRUZ         | 60 | M6099 | 9  | M | CA PATAMEIRAS         | 00:41:24 |
| 198 | 423 | PAULO MOREIRA        | 40 | M4044 | 44 | M | OS KOTAS BIKE TEAM    | 00:41:26 |
| 199 | 465 | VIRGILIO CORREIA     | 39 | M2039 | 70 | M | FC DESPERTAR          | 00:41:27 |
| 200 | 682 | LUIS NEVES           | 31 | M2039 | 71 | M | MARINHAI S AC         | 00:41:29 |
| 201 | 464 | LUIS PAULO           | 43 | M4044 | 45 | M | BAHIA                 | 00:41:31 |

|     |     |                     |    |       |    |   |   |                       |          |
|-----|-----|---------------------|----|-------|----|---|---|-----------------------|----------|
| 202 | 206 | JOSE VARELA         | 36 | M2039 | 72 | M |   | BV MONTEMOR O NOVO    | 00:41:33 |
| 203 | 802 | RITA GUERREIRO      | 20 | F2039 | 10 | F |   | NDC ODEMIRA           | 00:41:33 |
| 204 | 4   | ARMANDO ALDEGALEGA  | 72 | M6099 | 10 | M |   | SPORTING CP           | 00:41:34 |
| 205 | 327 | JOAO SOUSA          | 54 | M5054 | 27 | M |   | AM B° CASAL FIGUEIRAS | 00:41:34 |
| 206 | 388 | PAULO GAMBOA        | 39 | M2039 | 73 | M |   | CA PATAMEIRAS         | 00:41:34 |
| 207 | 565 | FRANCISCO CARMO     | 38 | M2039 | 74 | M | 1 | AA GRANDOLA           | 00:41:36 |
| 208 | 817 | JAIME NOGUEIRA      | 43 | M4044 | 46 | M |   | CAMALEAO VRSA         | 00:41:44 |
| 209 | 413 | JORGE RODRIGUES     | 52 | M5054 | 28 | M |   | GD AMARO JOALHEIROS   | 00:41:46 |
| 210 | 684 | ANTONIO LEAL        | 37 | M2039 | 75 | M |   | MARINHAIAS AC         | 00:41:46 |
| 211 | 276 | LUIS SOBRAL         | 48 | M4549 | 27 | M |   | GD AGUIAS MOITA       | 00:41:48 |
| 212 | 530 | PAULO MATA          | 45 | M4549 | 28 | M |   | LINCES                | 00:41:50 |
| 213 | 167 | VITOR REGO          | 35 | M2039 | 76 | M |   | SR CAMARNAL           | 00:41:51 |
| 214 | 297 | DANIEL ANTUNES      | 48 | M4549 | 29 | M |   | CAMARA L CLUBE        | 00:41:51 |
| 215 | 734 | FRANCISCO M GAIO    | 46 | M4549 | 30 | M |   | INDIVIDUAL            | 00:41:52 |
| 216 | 183 | LUIS FERREIRA       | 42 | M4044 | 47 | M |   | URD ARRANHO           | 00:41:53 |
| 217 | 431 | DANIEL GONÇALVES    | 26 | M2039 | 77 | M |   | ADC CATUJAL           | 00:41:53 |
| 218 | 354 | SUSANA ADELINO      | 30 | F2039 | 11 | F |   | CCDP CM LOURES        | 00:41:54 |
| 219 | 283 | ERNESTO MONTEIRO    | 38 | M2039 | 78 | M |   | CAMARA L CLUBE        | 00:41:56 |
| 220 | 627 | PAULA FERNANDES     | 45 | F4099 | 3  | F |   | GARMIN                | 00:41:58 |
| 221 | 546 | PEDRO GABRIEL       | 35 | M2039 | 79 | M |   | AMIGOS PARQUE PAZ     | 00:42:01 |
| 222 | 507 | CARLOS MONTEIRO     | 59 | M5559 | 15 | M |   | VALEJAS AC            | 00:42:02 |
| 223 | 670 | RICHARDSON FERREIRA | 35 | M2039 | 80 | M |   | GDR S FRANC SERRA     | 00:42:02 |
| 224 | 672 | LUIS PEREIRA        | 40 | M4044 | 48 | M |   | GDR S FRANC SERRA     | 00:42:02 |
| 225 | 195 | JOSE ALVES          | 60 | M6099 | 11 | M |   | SS CGD                | 00:42:05 |
| 226 | 133 | EMANUEL GOMES       | 40 | M4044 | 49 | M |   | CCD METRO LX          | 00:42:08 |
| 227 | 175 | JOSE GOMES          | 54 | M5054 | 29 | M |   | GD INE                | 00:42:08 |
| 228 | 268 | ANTONIO CRUZ        | 62 | M6099 | 12 | M |   | GD SANTANDER TOTTA    | 00:42:19 |
| 229 | 730 | JORGE PE CURTO      | 34 | M2039 | 81 | M |   | INDIVIDUAL            | 00:42:19 |
| 230 | 69  | DOMINGOS PENEDO     | 52 | M5054 | 30 | M |   | NS SAO MIGUEL         | 00:42:21 |
| 231 | 418 | ARMANDO SOUSA       | 37 | M2039 | 82 | M |   | OS KOTAS BIKE TEAM    | 00:42:21 |
| 232 | 608 | MARIO ZORRO         | 34 | M2039 | 83 | M |   | AA MAFRA              | 00:42:21 |
| 233 | 108 | CRISTINA GUERREIRO  | 36 | F2039 | 12 | F |   | GD MACEDO OCULISTA    | 00:42:23 |
| 234 | 743 | MANUEL J S RAMOS    | 40 | M4044 | 50 | M |   | INDIVIDUAL            | 00:42:23 |
| 235 | 130 | EDUARDO LAGOA       | 42 | M4044 | 51 | M |   | CCD METRO LX          | 00:42:24 |
| 236 | 438 | LUCAS DELGADO       | 56 | M5559 | 16 | M |   | GDCR ZAMB S CALVO     | 00:42:25 |
| 237 | 43  | ALEXANDRE TEIXEIRA  | 46 | M4549 | 31 | M |   | AMIGOS DA ESTRELA     | 00:42:26 |
| 238 | 567 | ARTUR SATOS         | 56 | M5559 | 17 | M | 1 | AA GRANDOLA           | 00:42:29 |
| 239 | 127 | ANTONIO PEREIRA     | 45 | M4549 | 32 | M |   | CCD METRO LX          | 00:42:34 |
| 240 | 756 | MANUEL SIMOES       | 48 | M4549 | 33 | M |   | INDIVIDUAL            | 00:42:35 |
| 241 | 369 | FABIO DOMINGOS      | 20 | M2039 | 84 | M |   | AA CHARNECA           | 00:42:36 |
| 242 | 752 | NUNO SANTOS         | 28 | M2039 | 85 | M |   | INDIVIDUAL            | 00:42:37 |
| 243 | 828 | Mª JOAO CHINITA     | 20 | F2039 | 13 | F | 1 | CF OS BELENENSES      | 00:42:37 |
| 244 | 244 | JOSE BARROCO        | 51 | M5054 | 31 | M |   | CCD EFACEC LX         | 00:42:41 |
| 245 | 287 | MIGUEL VELEZ        | 47 | M4549 | 34 | M |   | CAMARA L CLUBE        | 00:42:41 |
| 246 | 239 | JOAO SILVA          | 46 | M4549 | 35 | M |   | CCD EFACEC LX         | 00:42:42 |
| 247 | 385 | CARLOS ANTUNES      | 58 | M5559 | 18 | M |   | CA PATAMEIRAS         | 00:42:43 |
| 248 | 776 | FERNANDO BEIJINHA   | 60 | M6099 | 13 | M |   | INDIVIDUAL            | 00:42:46 |
| 249 | 528 | GONÇALO SANTOS      | 36 | M2039 | 86 | M |   | GDC PORTO SINES       | 00:42:47 |
| 250 | 376 | CARLOS ALBERTO      | 51 | M5054 | 32 | M |   | GD INE                | 00:42:49 |
| 251 | 210 | JOSE RODRIGUES      | 50 | M5054 | 33 | M |   | EXTINTOS 2            | 00:42:51 |
| 252 | 678 | JOSE CABRAL         | 52 | M5054 | 34 | M |   | GDR S FRANC SERRA     | 00:42:52 |
| 253 | 695 | JOAO SILVA          | 47 | M4549 | 36 | M |   | GDU CAXIENSES         | 00:42:52 |
| 254 | 815 | RUI MARTINS         | 37 | M2039 | 87 | M |   | CAMALEAO VRSA         | 00:42:54 |
| 255 | 605 | JOAO BATALHA        | 43 | M4044 | 52 | M |   | AA MAFRA              | 00:42:56 |

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|-----|-----|---------------------|----|-------|-----|---|---------------------|----------|
| 256 | 814 | LUIS VIEGAS         | 43 | M4044 | 53  | M | CAMALEAO VRSA       | 00:42:57 |
| 257 | 689 | HELIO SANTOS        | 39 | M2039 | 88  | M | OS PORTELAS         | 00:42:59 |
| 258 | 397 | MARIO NEVES         | 54 | M5054 | 35  | M | GD AMARO JOALHEIROS | 00:43:01 |
| 259 | 439 | JOAO SANTOS         | 45 | M4549 | 37  | M | C PRAÇAS ARMADA     | 00:43:01 |
| 260 | 624 | ALICE BASILIO       | 39 | F2039 | 14  | F | AA MAFRA            | 00:43:01 |
| 261 | 362 | BERNARDINO PEREIRA  | 73 | M6099 | 14  | M | SS CGD              | 00:43:03 |
| 262 | 660 | VICELIO MENDES      | 47 | M4549 | 38  | M | TARTUGAS LOULE      | 00:43:03 |
| 263 | 801 | JOAQUIM VENTURA     | 41 | M4044 | 54  | M | NDC ODEMIRA         | 00:43:05 |
| 264 | 267 | FERNANDO CARDOSO    | 61 | M6099 | 15  | M | GD SANTANDER TOTTA  | 00:43:09 |
| 265 | 566 | WELIGTON FERREIRA   | 44 | M4044 | 55  | M | AA GRANDOLA         | 00:43:11 |
| 266 | 804 | PAULO CORREIA       | 38 | M2039 | 89  | M | INDIVIDUAL          | 00:43:11 |
| 267 | 100 | COSTA MOURA         | 53 | M5054 | 36  | M | BEJA AC             | 00:43:12 |
| 268 | 416 | POSSIDONIO GRAÇA    | 55 | M5559 | 19  | M | GD AMARO JOALHEIROS | 00:43:12 |
| 269 | 763 | JOSE F OLIVEIRA     | 36 | M2039 | 90  | M | INDIVIDUAL          | 00:43:13 |
| 270 | 785 | JOSE SOUSA          | 38 | M2039 | 91  | M | AA LEBRES SADO      | 00:43:13 |
| 271 | 235 | MANUEL FIDALGO      | 57 | M5559 | 20  | M | CCD EFACEC LX       | 00:43:16 |
| 272 | 243 | ANTONIO RAMOS       | 41 | M4044 | 56  | M | CCD EFACEC LX       | 00:43:16 |
| 273 | 426 | CESAR GONÇALVES     | 36 | M2039 | 92  | M | ADC CATUJAL         | 00:43:16 |
| 274 | 674 | RUI FREITAS         | 57 | M5559 | 21  | M | GDR S FRANC SERRA   | 00:43:18 |
| 275 | 188 | JOAQUIM FRADE       | 54 | M5054 | 37  | M | SS CGD              | 00:43:19 |
| 276 | 751 | PEDRO FARTO         | 30 | M2039 | 93  | M | INDIVIDUAL          | 00:43:20 |
| 277 | 753 | GUSTAVO SANTOS      | 26 | M2039 | 94  | M | INDIVIDUAL          | 00:43:20 |
| 278 | 78  | JOSE M COSTA        | 64 | M6099 | 16  | M | ACLIS LIBERTY       | 00:43:22 |
| 279 | 556 | MANUEL MENDES       | 44 | M4044 | 57  | M | CR LEOES P SALVO    | 00:43:23 |
| 280 | 637 | CARLOS COELHO       | 48 | M4549 | 39  | M | GA MONSANTO GASCAN  | 00:43:23 |
| 281 | 487 | NUNO E SANTO        | 39 | M2039 | 95  | M | AÇOREANA C BANIF    | 00:43:25 |
| 282 | 489 | VIRGILIO MADEIRA    | 50 | M5054 | 38  | M | AÇOREANA C BANIF    | 00:43:25 |
| 283 | 70  | JOAO SANTOS         | 53 | M5054 | 39  | M | NS SAO MIGUEL       | 00:43:30 |
| 284 | 655 | FERNANDO JESUS      | 50 | M5054 | 40  | M | CADT PORTUCEL       | 00:43:33 |
| 285 | 419 | ANTONIO PARREIRA    | 51 | M5054 | 41  | M | OS KOTAS BIKE TEAM  | 00:43:34 |
| 286 | 619 | HELENA MARTINS      | 48 | F4099 | 4   | F | AA MAFRA            | 00:43:35 |
| 287 | 214 | AMANDIO LOBO        | 61 | M6099 | 17  | M | AA LEBRES SADO      | 00:43:38 |
| 288 | 563 | FERNANDO SOBRAL     | 52 | M5054 | 42  | M | AA GRANDOLA         | 00:43:39 |
| 289 | 148 | PAULO COELHO        | 29 | M2039 | 96  | M | CCD METRO LX        | 00:43:41 |
| 290 | 66  | LUIS ANTONIO        | 54 | M5054 | 43  | M | UDCA                | 00:43:45 |
| 291 | 472 | CARLOS BONITO       | 34 | M2039 | 97  | M | CUN BOSTON          | 00:43:47 |
| 292 | 824 | SEAN COONEY         | 69 | M6099 | 18  | M | GD PIC NIC          | 00:43:49 |
| 293 | 115 | JOAQUIM MACEDO      | 55 | M5559 | 22  | M | GD MACEDO OCULISTA  | 00:43:50 |
| 294 | 460 | PAULO BARREIRA      | 36 | M2039 | 98  | M | GDCR LEIAO          | 00:43:57 |
| 295 | 437 | VALENTIM FERNANDES  | 54 | M5054 | 44  | M | GDCR ZAMB S CALVO   | 00:43:59 |
| 296 | 792 | PAULO FERNANDES     | 35 | M2039 | 99  | M | UNIDOS BRANDOA      | 00:44:02 |
| 297 | 73  | JOSE ALVES          | 60 | M6099 | 19  | M | NS SAO MIGUEL       | 00:44:04 |
| 298 | 198 | FABIO PINTO         | 29 | M2039 | 100 | M | BV MONTEMOR O NOVO  | 00:44:05 |
| 299 | 690 | RUI SANTOS          | 57 | M5559 | 23  | M | OS PORTELAS         | 00:44:05 |
| 300 | 68  | BERNARDO GRADISSIMO | 51 | M5054 | 45  | M | NS SAO MIGUEL       | 00:44:07 |
| 301 | 685 | HILARIO TORRES      | 50 | M5054 | 46  | M | R 4 F               | 00:44:07 |
| 302 | 180 | JORGE PAULINO       | 53 | M5054 | 47  | M | CD MAFRA            | 00:44:08 |
| 303 | 786 | PAULO GOMES         | 44 | M4044 | 58  | M | PRAZER CORRIDA      | 00:44:08 |
| 304 | 833 | LUIS SIMENTA        | 25 | M2039 | 101 | M | JD NEVES            | 00:44:09 |
| 305 | 617 | MANUEL ZORRO        | 48 | M4549 | 40  | M | AA MAFRA            | 00:44:10 |
| 306 | 744 | PEDRO C V NOGUEIRA  | 38 | M2039 | 102 | M | INDIVIDUAL          | 00:44:13 |
| 307 | 199 | JOSE MARQUES        | 46 | M4549 | 41  | M | BV MONTEMOR O NOVO  | 00:44:16 |
| 308 | 77  | JOAQUIM NEIVA       | 66 | M6099 | 20  | M | NS SAO MIGUEL       | 00:44:18 |
| 309 | 798 | LUIS CANDEIAS       | 55 | M5559 | 24  | M | NDC ODEMIRA         | 00:44:18 |

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| 310 | 514 | VITOR RAFAEL           | 46 | M4549 | 42  | M | SS MONTEPIO GERAL     | 00:44:19 |
| 311 | 681 | ANA PEREIRA            | 40 | F4099 | 5   | F | ATLANTIS CAFE         | 00:44:20 |
| 312 | 582 | JOSE MOGA              | 51 | M5054 | 48  | M | A VALE SILENCIO       | 00:44:21 |
| 313 | 584 | JOSUE FRADE            | 37 | M2039 | 103 | M | A VALE SILENCIO       | 00:44:25 |
| 314 | 607 | JOAO GOMES             | 37 | M2039 | 104 | M | AA MAFRA              | 00:44:25 |
| 315 | 128 | CARLOS MOREIRA         | 56 | M5559 | 25  | M | CCD METRO LX          | 00:44:27 |
| 316 | 332 | ALEXANDRE SOUSA        | 42 | M4044 | 59  | M | CSP CM PENICHE        | 00:44:30 |
| 317 | 319 | LUIS PORTELINHA        | 47 | M4549 | 43  | M | GA OS PATRICIOS       | 00:44:31 |
| 318 | 696 | RUI GLORIA             | 37 | M2039 | 105 | M | GDU CAXIENSES         | 00:44:35 |
| 319 | 429 | ATTILA VASILE          | 29 | M2039 | 106 | M | ADC CATUJAL           | 00:44:38 |
| 320 | 414 | JOSE GALAMBAS          | 60 | M6099 | 21  | M | GD AMARO JOALHEIROS   | 00:44:39 |
| 321 | 491 | LUCIA OLIVEIRA         | 30 | F2039 | 15  | F | AÇOREANA C BANIF      | 00:44:41 |
| 322 | 274 | CARLOS TEIXEIRA        | 37 | M2039 | 107 | M | GD SANTANDER TOTTA    | 00:44:42 |
| 323 | 95  | ANTONIO VENTURA        | 33 | M2039 | 108 | M | BEJA AC               | 00:44:43 |
| 324 | 739 | CARLOS A RODRIGUES     | 36 | M2039 | 109 | M | INDIVIDUAL            | 00:44:47 |
| 325 | 190 | PAULO PIRES            | 44 | M4044 | 60  | M | SS CGD                | 00:44:48 |
| 326 | 534 | CARLOS PINELA          | 44 | M4044 | 61  | M | 1 CP PINHEIRO CRUZ    | 00:44:48 |
| 327 | 675 | RUI CANDEIAS           | 33 | M2039 | 110 | M | GDR S FRANC SERRA     | 00:44:48 |
| 328 | 666 | OCTAVIO REIS           | 29 | M2039 | 111 | M | GDR S FRANC SERRA     | 00:44:49 |
| 329 | 667 | ANTONIO SIMOES         | 46 | M4549 | 44  | M | GDR S FRANC SERRA     | 00:44:49 |
| 330 | 476 | FILIPE CARVALHEIRA     | 46 | M4549 | 45  | M | INDIVIDUAL            | 00:44:50 |
| 331 | 698 | ALCINO RAMOS           | 52 | M5054 | 49  | M | GDU CAXIENSES         | 00:44:52 |
| 332 | 583 | JOSE PEREIRA           | 63 | M6099 | 22  | M | A VALE SILENCIO       | 00:44:53 |
| 333 | 415 | ANTONIO HORTA          | 52 | M5054 | 50  | M | GD AMARO JOALHEIROS   | 00:44:54 |
| 334 | 484 | CARLOS MONTEIRO        | 49 | M4549 | 46  | M | GRUPO S BERNARDO      | 00:44:54 |
| 335 | 576 | ANTONIO FERNANDES      | 53 | M5054 | 51  | M | A VALE SILENCIO       | 00:44:55 |
| 336 | 788 | JOAO SANTOS            | 62 | M6099 | 23  | M | NS LOURINHA           | 00:44:55 |
| 337 | 316 | EDUARDO RODRIGUES      | 51 | M5054 | 52  | M | GA OS PATRICIOS       | 00:44:58 |
| 338 | 622 | MANUEL DUARTE          | 58 | M5559 | 26  | M | AA MAFRA              | 00:45:00 |
| 339 | 171 | CARLOS CALDEIRA        | 46 | M4549 | 47  | M | A DANIEL CALDEIRA     | 00:45:05 |
| 340 | 219 | FERNANDO CARVALHO      | 60 | M6099 | 24  | M | AA LEBRES SADO        | 00:45:05 |
| 341 | 141 | JOSE SILVA             | 54 | M5054 | 53  | M | CCD METRO LX          | 00:45:07 |
| 342 | 649 | SILVINO MARREIROS      | 42 | M4044 | 62  | M | CADT PORTUCEL         | 00:45:08 |
| 343 | 367 | SILVINO MARTINS        | 60 | M6099 | 25  | M | NA PALACIO JUSTIÇA    | 00:45:11 |
| 344 | 754 | ORLANDO CRUZ           | 60 | M6099 | 26  | M | INDIVIDUAL            | 00:45:11 |
| 345 | 757 | CARLOS A MENDES        | 53 | M5054 | 54  | M | INDIVIDUAL            | 00:45:11 |
| 346 | 470 | PEDRO PEREIRA          | 39 | M2039 | 112 | M | FC DESPERTAR          | 00:45:13 |
| 347 | 707 | ANTONIO SIMOES         | 52 | M5054 | 55  | M | INDIVIDUAL            | 00:45:15 |
| 348 | 636 | VITOR RODRIGUES        | 53 | M5054 | 56  | M | FIGAS E AMIGOS        | 00:45:18 |
| 349 | 813 | LUIS SALAS             | 47 | M4549 | 48  | M | CAMALEAO VRSA         | 00:45:20 |
| 350 | 178 | DIAMANTINO ALBURQUEQUE | 55 | M5559 | 27  | M | CD MAFRA              | 00:45:21 |
| 351 | 329 | CARLOS LUCIO           | 43 | M4044 | 63  | M | AM B° CASAL FIGUEIRAS | 00:45:21 |
| 352 | 705 | MIGUEL MARQUES         | 49 | M4549 | 49  | M | INDIVIDUAL            | 00:45:22 |
| 353 | 82  | JOSE CRUZ              | 60 | M6099 | 27  | M | ACLIS LIBERTY         | 00:45:23 |
| 354 | 317 | EDUARDIO SILVA         | 49 | M4549 | 50  | M | GA OS PATRICIOS       | 00:45:24 |
| 355 | 533 | JOSE PARREIRA          | 52 | M5054 | 57  | M | 1 CP PINHEIRO CRUZ    | 00:45:24 |
| 356 | 123 | VITOR BARATA           | 50 | M5054 | 58  | M | GD MACEDO OCULISTA    | 00:45:29 |
| 357 | 775 | CARLOS SOUSA           | 52 | M5054 | 59  | M | INDIVIDUAL            | 00:45:30 |
| 358 | 355 | LUIS LOURENÇO          | 43 | M4044 | 64  | M | CCDP CM LOURES        | 00:45:32 |
| 359 | 295 | JOAQUIM MARTINS        | 46 | M4549 | 51  | M | CAMARA L CLUBE        | 00:45:33 |
| 360 | 221 | ANTONIO CAROÇO         | 53 | M5054 | 60  | M | AA LEBRES SADO        | 00:45:35 |
| 361 | 107 | BERNARDINO ANTUNES     | 48 | M4549 | 52  | M | GD MACEDO OCULISTA    | 00:45:36 |
| 362 | 736 | JOAQUIM OLIMPIO        | 59 | M5559 | 28  | M | INDIVIDUAL            | 00:45:40 |
| 363 | 819 | FELICIANO GUTIERRES    | 61 | M6099 | 28  | M | CAMALEAO VRSA         | 00:45:40 |

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| 364 | 284 | FERNANDO MONTEIRO   | 42 | M4044 | 65  | M | CAMARA L CLUBE      | 00:45:43 |
| 365 | 24  | RUI MOURA           | 55 | M5559 | 29  | M | FAMILIA BUGALHO     | 00:45:45 |
| 366 | 699 | ANTONIO VIEIRA      | 44 | M4044 | 66  | M | CP RTP              | 00:45:51 |
| 367 | 279 | SERGIO NUNES        | 37 | M2039 | 113 | M | GD AGUIAS MOITA     | 00:45:52 |
| 368 | 440 | ANTONIO CORREIA     | 54 | M5054 | 61  | M | C MILLENNIUM BCP    | 00:45:52 |
| 369 | 805 | VIRGILIO GONÇALVES  | 49 | M4549 | 53  | M | INDIVIDUAL          | 00:45:52 |
| 370 | 492 | MANUEL TIAGO        | 64 | M6099 | 29  | M | CP RTP              | 00:45:55 |
| 371 | 402 | ROMAO BADAVINHA     | 52 | M5054 | 62  | M | GD AMARO JOALHEIROS | 00:45:56 |
| 372 | 98  | MANUEL BATE         | 47 | M4549 | 54  | M | BEJA AC             | 00:45:58 |
| 373 | 399 | MARIO ANTONIO       | 63 | M6099 | 30  | M | GD AMARO JOALHEIROS | 00:46:02 |
| 374 | 223 | CONSTANCIO MENDAO   | 50 | M5054 | 63  | M | AA LEBRES SADO      | 00:46:04 |
| 375 | 508 | Mª MANUELA FOLGADO  | 59 | F4099 | 6   | F | VALEJAS AC          | 00:46:04 |
| 376 | 671 | LUIS GONÇALVES      | 34 | M2039 | 114 | M | GDR S FRANC SERRA   | 00:46:06 |
| 377 | 748 | PAULA M SIMOES      | 35 | F2039 | 15  | F | INDIVIDUAL          | 00:46:06 |
| 378 | 264 | FERNANDO MARQUES    | 54 | M5054 | 64  | M | GD SANTANDER TOTTA  | 00:46:07 |
| 379 | 181 | FILIPE BRANCO       | 40 | M4044 | 67  | M | URD ARRANHO         | 00:46:12 |
| 380 | 187 | RAFHAEL FREITAS     | 26 | M2039 | 115 | M | URD ARRANHO         | 00:46:13 |
| 381 | 714 | JOSE BELCHIOR       | 58 | M5559 | 30  | M | INDIVIDUAL          | 00:46:13 |
| 382 | 390 | JOAO BRAZ           | 48 | M4549 | 55  | M | CA PATAMEIRAS       | 00:46:14 |
| 383 | 726 | PAULO A G CALDEIRA  | 32 | M2039 | 116 | M | INDIVIDUAL          | 00:46:14 |
| 384 | 745 | ANTONIO H FERREIRA  | 51 | M5054 | 65  | M | INDIVIDUAL          | 00:46:14 |
| 385 | 721 | ANTONIO ROMAN       | 32 | M2039 | 117 | M | INDIVIDUAL          | 00:46:15 |
| 386 | 762 | JOAQUIM DAMAS       | 55 | M5559 | 31  | M | INDIVIDUAL          | 00:46:17 |
| 387 | 249 | NUNO CABEÇA         | 40 | M4044 | 68  | M | CCD SEG SOCIAL      | 00:46:18 |
| 388 | 827 | JERONIMO CARRIÇO    | 58 | M5559 | 32  | M | CAMALEAO VRSA       | 00:46:19 |
| 389 | 307 | VIRGILIO NASCIMENTO | 55 | M5559 | 33  | M | CA VALE FIGUEIRA    | 00:46:21 |
| 390 | 427 | JOSE VALERIO        | 64 | M6099 | 31  | M | ADC CATUJAL         | 00:46:22 |
| 391 | 471 | FERNANDO MOTA       | 37 | M2039 | 118 | M | FC DESPERTAR        | 00:46:23 |
| 392 | 747 | RAUL ROCHA          | 42 | M4044 | 69  | M | INDIVIDUAL          | 00:46:23 |
| 393 | 434 | MARIO BONIFACIO     | 43 | M4044 | 70  | M | GDCR ZAMB S CALVO   | 00:46:26 |
| 394 | 314 | MANUEL PEREIRA      | 57 | M5559 | 34  | M | GA OS PATRICIOS     | 00:46:35 |
| 395 | 34  | JOSE FERNANDES      | 37 | M2039 | 119 | M | MOCHILAS TEAM       | 00:46:37 |
| 396 | 447 | PAULO PAIS          | 44 | M4044 | 71  | M | C MILLENNIUM BCP    | 00:46:38 |
| 397 | 137 | NUNO PITA           | 29 | M2039 | 120 | M | INDIVIDUAL          | 00:46:39 |
| 398 | 251 | JOSE ESPADILHA      | 47 | M4549 | 56  | M | GD SANTANDER TOTTA  | 00:46:41 |
| 399 | 47  | MANUEL JACINTO      | 54 | M5054 | 66  | M | GD LACEROTE         | 00:46:42 |
| 400 | 657 | MANUEL CARDIM       | 56 | M5559 | 35  | M | CADT PORTUCCEL      | 00:46:42 |
| 401 | 831 | AVELINO PIÇARRA     | 60 | M6099 | 32  | M | JD NEVES            | 00:46:43 |
| 402 | 541 | CARLOS AUGUSTO      | 36 | M2039 | 121 | M | 1 CP PINHEIRO CRUZ  | 00:46:45 |
| 403 | 609 | LEONEL AMARO        | 45 | M4549 | 57  | M | AA MAFRA            | 00:46:46 |
| 404 | 46  | ANTONIO BORLA       | 64 | M6099 | 33  | M | GD LACEROTE         | 00:46:47 |
| 405 | 257 | JOAO ROCHA          | 58 | M5559 | 36  | M | GD SANTANDER TOTTA  | 00:46:47 |
| 406 | 832 | JOSE RAFAEL         | 47 | M4549 | 58  | M | JD NEVES            | 00:46:47 |
| 407 | 725 | JOSE SILVA          | 56 | M5559 | 37  | M | INDIVIDUAL          | 00:46:49 |
| 408 | 453 | SANDRO JORDAO       | 28 | M2039 | 122 | M | C MILLENNIUM BCP    | 00:46:56 |
| 409 | 411 | JOAQUIM COSTA       | 59 | M5559 | 38  | M | GD AMARO JOALHEIROS | 00:47:02 |
| 410 | 724 | MANUEL PERAS        | 53 | M5054 | 67  | M | INDIVIDUAL          | 00:47:02 |
| 411 | 253 | SALVADOR AFONSO     | 56 | M5559 | 39  | M | GD SANTANDER TOTTA  | 00:47:03 |
| 412 | 559 | JOAQUIM FERRO       | 49 | M4549 | 59  | M | GDC BANCO PORTUGAL  | 00:47:06 |
| 413 | 561 | JOSE MONTEIRO       | 53 | M5054 | 68  | M | GDC BANCO PORTUGAL  | 00:47:07 |
| 414 | 606 | CARLOS RODRIGUES    | 53 | M5054 | 69  | M | AA MAFRA            | 00:47:11 |
| 415 | 60  | GILBERTO GONCALVES  | 61 | M6099 | 34  | M | CR ALVORADA         | 00:47:12 |
| 416 | 278 | ROGERIO NUNES       | 37 | M2039 | 123 | M | GD AGUIAS MOITA     | 00:47:13 |
| 417 | 105 | ANTONIO SANTOS      | 42 | M4044 | 72  | M | GD MACEDO OCULISTA  | 00:47:16 |



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| 418 | 456 | SERGIO ANJOS        | 62 | M6099 | 35  | M | C MILLENNIUM BCP    | 00:47:18 |
| 419 | 62  | ANTONIO VIANA       | 42 | M4044 | 73  | M | CR ALVORADA         | 00:47:21 |
| 420 | 263 | ANTONIO LOURO       | 36 | M2039 | 124 | M | GD SANTANDER TOTTA  | 00:47:23 |
| 421 | 311 | MANUEL GONÇALVES    | 64 | M6099 | 36  | M | GA OS PATRICIOS     | 00:47:26 |
| 422 | 265 | JOSE PEREIRA        | 40 | M4044 | 74  | M | GD SANTANDER TOTTA  | 00:47:29 |
| 423 | 461 | JORGE BARREIRA      | 65 | M6099 | 37  | M | GDCR LEIAO          | 00:47:33 |
| 424 | 353 | ELISIO COSTA        | 56 | M5559 | 40  | M | CCDP CM LOURES      | 00:47:37 |
| 425 | 152 | NUNO AZEVEDO        | 31 | M2039 | 125 | M | CCD METRO LX        | 00:47:38 |
| 426 | 57  | JOAQUIM NAZARIO     | 68 | M6099 | 38  | M | GDCT REPSOL         | 00:47:39 |
| 427 | 302 | LUIS REIS           | 43 | M4044 | 75  | M | CA VALE FIGUEIRA    | 00:47:39 |
| 428 | 304 | ANTONIO MINA        | 48 | M4549 | 60  | M | CA VALE FIGUEIRA    | 00:47:40 |
| 429 | 225 | ALVARO GINGADO      | 53 | M5054 | 70  | M | AA LEBRES SADO      | 00:47:41 |
| 430 | 503 | MIGUEL PINTO        | 44 | M4044 | 76  | M | SESIMBRA MAR        | 00:47:47 |
| 431 | 727 | RICARDO J A L DIAS  | 31 | M2039 | 126 | M | INDIVIDUAL          | 00:47:51 |
| 432 | 151 | RUI ARAUJO          | 51 | M5054 | 71  | M | CCD METRO LX        | 00:47:56 |
| 433 | 653 | GASPAR GONÇALVES    | 61 | M6099 | 39  | M | CADT PORTUCEL       | 00:47:57 |
| 434 | 710 | JOSE RIJO           | 61 | M6099 | 40  | M | INDIVIDUAL          | 00:47:59 |
| 435 | 256 | JOSE MARÇAL         | 44 | M4044 | 77  | M | GD SANTANDER TOTTA  | 00:48:01 |
| 436 | 793 | ANALICE SILVA       | 66 | F4099 | 7   | F | LIBERDADE AC        | 00:48:08 |
| 437 | 45  | PAULO SILVA         | 35 | M2039 | 127 | M | ATLETICO S J LAMPAS | 00:48:09 |
| 438 | 592 | VITOR VELOSO        | 34 | M2039 | 128 | M | TANDUR              | 00:48:14 |
| 439 | 392 | ALCIDES NUNES       | 51 | M5054 | 72  | M | OS PERIGOSOS        | 00:48:16 |
| 440 | 796 | LUIS M NUNES        | 39 | M2039 | 129 | M | MONTIJO RUN TEAM    | 00:48:16 |
| 441 | 708 | FERNANDO AZEVEDO    | 56 | M5559 | 41  | M | INDIVIDUAL          | 00:48:21 |
| 442 | 67  | MANUEL CRISPIM      | 57 | M5559 | 42  | M | UDCA                | 00:48:22 |
| 443 | 644 | LUIS ANTUNES        | 47 | M4549 | 61  | M | GA MONSANTO GASCAN  | 00:48:22 |
| 444 | 290 | EDUARDO MANSO       | 49 | M4549 | 62  | M | CAMARA L CLUBE      | 00:48:27 |
| 445 | 222 | MANUEL PRATES       | 62 | M6099 | 41  | M | AA LEBRES SADO      | 00:48:30 |
| 446 | 401 | EDGAR DAVID         | 49 | M4549 | 63  | M | GD AMARO JOALHEIROS | 00:48:32 |
| 447 | 318 | FERNANDO MOURA      | 49 | M4549 | 64  | M | GA OS PATRICIOS     | 00:48:34 |
| 448 | 360 | MARIO LIMA          | 57 | M5559 | 43  | M | CCDP CM LOURES      | 00:48:37 |
| 449 | 641 | FRANCISCO PINHEIRO  | 54 | M5054 | 73  | M | GA MONSANTO GASCAN  | 00:48:37 |
| 450 | 89  | JACINTO MARQUES     | 66 | M6099 | 42  | M | ACLIS LIBERTY       | 00:48:40 |
| 451 | 570 | ARTUR PEQUENO       | 46 | M4549 | 65  | M | 1 AA GRANDOLA       | 00:48:40 |
| 452 | 417 | JOSE ALBERTO        | 59 | M5559 | 44  | M | GD AMARO JOALHEIROS | 00:48:42 |
| 453 | 532 | ARMINDO CHAINHO     | 35 | M2039 | 130 | M | 1 CP PINHEIRO CRUZ  | 00:48:43 |
| 454 | 676 | SUSANA SOARES       | 33 | F2039 | 17  | F | GDR S FRANC SERRA   | 00:48:43 |
| 455 | 475 | PEDRO FERREIRA      | 34 | M2039 | 131 | M | CUN BOSTON          | 00:48:44 |
| 456 | 549 | FERNANDO MENDES     | 62 | M6099 | 43  | M | AA LEBRES SADO      | 00:48:52 |
| 457 | 830 | MARCOLINO BATISTA   | 60 | M6099 | 44  | M | JD NEVES            | 00:48:52 |
| 458 | 280 | CARLOS CARROMEU     | 39 | M2039 | 132 | M | GD AGUIAS MOITA     | 00:48:53 |
| 459 | 54  | CARLOS JESUS        | 59 | M5559 | 45  | M | GDCT REPSOL         | 00:48:54 |
| 460 | 381 | ALBINO TOMAS        | 53 | M5054 | 74  | M | CA PATAMEIRAS       | 00:48:54 |
| 461 | 393 | BENTO VALENTE       | 44 | M4044 | 78  | M | OS PERIGOSOS        | 00:48:57 |
| 462 | 61  | LIGORIO BORLOTT     | 42 | M4044 | 79  | M | CR ALVORADA         | 00:48:58 |
| 463 | 686 | JOAO RALHA          | 50 | M5054 | 75  | M | R 4 F               | 00:49:01 |
| 464 | 382 | ANTONIO MORAIS      | 57 | M5559 | 46  | M | CA PATAMEIRAS       | 00:49:02 |
| 465 | 291 | LICINIO FIDALGO     | 50 | M5054 | 76  | M | CAMARA L CLUBE      | 00:49:03 |
| 466 | 505 | ADELINO FORTUNATO   | 59 | M5559 | 47  | M | SESIMBRA MAR        | 00:49:03 |
| 467 | 428 | ALMERINDO SILVA     | 50 | M5054 | 77  | M | ADC CATUJAL         | 00:49:05 |
| 468 | 227 | HENRIQUE RODRIGUES  | 42 | M4044 | 80  | M | AA LEBRES SADO      | 00:49:06 |
| 469 | 88  | ALVARO COELHO       | 52 | M5054 | 78  | M | ACLIS LIBERTY       | 00:49:07 |
| 470 | 524 | FERNANDO FRAGATEIRO | 49 | M4549 | 66  | M | GDC PORTO SINES     | 00:49:08 |
| 471 | 185 | FERNANDO RODRIGUES  | 43 | M4044 | 81  | M | URD ARRANHO         | 00:49:10 |

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|-----|-----|--------------------|----|-------|-----|---|---------------------|----------|
| 472 | 680 | LUIS GONÇALVES     | 50 | M5054 | 79  | M | GDR S FRANC SERRA   | 00:49:10 |
| 473 | 261 | JOSE NOGUEIRA      | 60 | M6099 | 45  | M | GD SANTANDER TOTTA  | 00:49:11 |
| 474 | 604 | CARLOS MORAIS      | 46 | M4549 | 67  | M | AA MAFRA            | 00:49:12 |
| 475 | 635 | ALVARO PORTUGAL    | 57 | M5559 | 48  | M | FIGAS E AMIGOS      | 00:49:13 |
| 476 | 677 | JOAQUIM MACHADO    | 57 | M5559 | 49  | M | GDR S FRANC SERRA   | 00:49:13 |
| 477 | 201 | AGOSTINHO PINTO    | 54 | M5054 | 80  | M | BV MONTEMOR O NOVO  | 00:49:18 |
| 478 | 433 | JOAO CALÇADA       | 39 | M2039 | 133 | M | GDCR ZAMB S CALVO   | 00:49:18 |
| 479 | 306 | ANTONIO SILVA      | 57 | M5559 | 50  | M | CA VALE FIGUEIRA    | 00:49:19 |
| 480 | 334 | HENRIQUE COSTA     | 49 | M4549 | 68  | M | CSP CM PENICHE      | 00:49:19 |
| 481 | 333 | ANTONIO MAMEDE     | 47 | M4549 | 69  | M | CSP CM PENICHE      | 00:49:20 |
| 482 | 665 | LUIS CHAINHO       | 31 | M2039 | 134 | M | GDR S FRANC SERRA   | 00:49:22 |
| 483 | 217 | MARCOS FERREIRA    | 62 | M6099 | 46  | M | AA LEBRES SADO      | 00:49:23 |
| 484 | 289 | ADELINO PIRES      | 47 | M4549 | 70  | M | CAMARA L CLUBE      | 00:49:23 |
| 485 | 215 | JORGE SILVA        | 48 | M4549 | 71  | M | AA LEBRES SADO      | 00:49:31 |
| 486 | 169 | JORGE ESTEVES      | 45 | M4549 | 72  | M | AD REAL ACADEMICA   | 00:49:32 |
| 487 | 40  | HENRIQUE RUAS      | 69 | M6099 | 47  | M | CCD O ALVITEJO      | 00:49:34 |
| 488 | 623 | ANTONIO REIS       | 55 | M5559 | 51  | M | AA MAFRA            | 00:49:35 |
| 489 | 380 | ADRIANO VITORINO   | 48 | M4549 | 73  | M | CA PATAMEIRAS       | 00:49:37 |
| 490 | 119 | OLGA CORREIA       | 35 | F2039 | 18  | F | GD MACEDO OCULISTA  | 00:49:38 |
| 491 | 9   | JOAQUIM ARAUJO     | 65 | M6099 | 48  | M | GDR REBOLEIRA       | 00:49:39 |
| 492 | 398 | ARTUR MARTINS      | 70 | M6099 | 49  | M | GD AMARO JOALHEIROS | 00:49:42 |
| 493 | 21  | BETO MARINHO       | 65 | M6099 | 50  | M | CCS EPUL            | 00:49:43 |
| 494 | 356 | ANTONIO CAÇADOR    | 54 | M5054 | 81  | M | CCDP CM LOURES      | 00:49:46 |
| 495 | 348 | JOAQUIM ADELINO    | 61 | M6099 | 51  | M | CCDP CM LOURES      | 00:49:47 |
| 496 | 616 | MANUEL ALDEANO     | 63 | M6099 | 52  | M | AA MAFRA            | 00:49:47 |
| 497 | 454 | JOAO V PEREIRA     | 38 | M2039 | 135 | M | C MILLENNIUM BCP    | 00:49:49 |
| 498 | 618 | KRISTINE REIS      | 30 | F2039 | 19  | F | AA MAFRA            | 00:49:49 |
| 499 | 694 | CARLOS MARQUES     | 72 | M6099 | 53  | M | GDU CAXIENSES       | 00:49:49 |
| 500 | 647 | VANESSA REIS       | 31 | F2039 | 20  | F | GA MONSANTO GASCAN  | 00:49:50 |
| 501 | 664 | FILIPE RODRIGUES   | 33 | M2039 | 136 | M | GDR S FRANC SERRA   | 00:49:50 |
| 502 | 640 | CONSTANCIO ALMEIDA | 50 | M5054 | 82  | M | GA MONSANTO GASCAN  | 00:49:51 |
| 503 | 523 | SERGIO TIMOTEO     | 48 | M4549 | 74  | M | GDC PORTO SINES     | 00:49:53 |
| 504 | 572 | HERNANI MONTEIRO   | 49 | M4549 | 75  | M | A VALE SILENCIO     | 00:49:57 |
| 505 | 486 | LUIS AMORIM        | 52 | M5054 | 83  | M | NA BEIERSDORF       | 00:49:59 |
| 506 | 483 | JOSE CORREIA       | 57 | M5559 | 52  | M | GRUPO S BERNARDO    | 00:50:00 |
| 507 | 184 | HENRIQUE FERREIRA  | 38 | M2039 | 137 | M | URD ARRANHO         | 00:50:01 |
| 508 | 149 | RAFAEL SANTOS      | 42 | M4044 | 82  | M | CCD METRO LX        | 00:50:12 |
| 509 | 821 | ANTONIO CHÁ        | 32 | M2039 | 138 | M | GD PIC NIC          | 00:50:16 |
| 510 | 90  | MARIO FERREIRA     | 64 | M6099 | 54  | M | ACLIS LIBERTY       | 00:50:18 |
| 511 | 233 | JOSE CARVALHO      | 56 | M5559 | 53  | M | CCD EFACEC LX       | 00:50:20 |
| 512 | 531 | JOSE VILELA        | 47 | M4549 | 76  | M | LINCES              | 00:50:21 |
| 513 | 495 | FERNANDO PESTANA   | 62 | M6099 | 55  | M | C FERROV PORTUGAL   | 00:50:25 |
| 514 | 611 | DOMINGOS RODRIGUES | 62 | M6099 | 56  | M | AA MAFRA            | 00:50:27 |
| 515 | 442 | CARLOS COSTA       | 45 | M4549 | 77  | M | C MILLENNIUM BCP    | 00:50:29 |
| 516 | 441 | LUDGERO RODRIGUES  | 53 | M5054 | 84  | M | C MILLENNIUM BCP    | 00:50:32 |
| 517 | 109 | ANTONIO BALTAZAR   | 52 | M5054 | 85  | M | TEJOAVISTA          | 00:50:33 |
| 518 | 810 | FILIPR VARANDAS    | 37 | M2039 | 139 | M | LINK                | 00:50:33 |
| 519 | 740 | CARLOS M GONÇALVES | 53 | M5054 | 86  | M | INDIVIDUAL          | 00:50:34 |
| 520 | 254 | JOSE PIEDADE       | 57 | M5559 | 54  | M | GD SANTANDER TOTTA  | 00:50:38 |
| 521 | 562 | VITOR PEREIRA      | 37 | M2039 | 140 | M | AA GRANDOLA         | 00:50:42 |
| 522 | 125 | ALBERTO MARTINHO   | 46 | M4549 | 78  | M | CCD METRO LX        | 00:50:45 |
| 523 | 156 | JOSE MATINHA       | 62 | M6099 | 57  | M | AMIGOS MATINHA      | 00:50:45 |
| 524 | 642 | JOAO P PINTO       | 49 | M4549 | 79  | M | GA MONSANTO GASCAN  | 00:50:46 |
| 525 | 513 | LUIS MIRANDA       | 50 | M5054 | 87  | M | TEJOAVISTA          | 00:50:47 |

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| 526 | 728 | MARIO BAIARRADA    | 57 | M5559 | 55  | M | INDIVIDUAL            | 00:50:47 |
| 527 | 410 | CONSTANTINO PINTO  | 46 | M4549 | 80  | M | GD AMARO JOALHEIROS   | 00:50:49 |
| 528 | 806 | JOAO PAULO         | 42 | M4044 | 83  | M | GD AMARO JOALHEIROS   | 00:50:49 |
| 529 | 144 | MANUEL DANTAS      | 63 | M6099 | 58  | M | CCD METRO LX          | 00:50:53 |
| 530 | 281 | JAIME MESTRE       | 39 | M2039 | 141 | M | GD AGUIAS MOITA       | 00:50:53 |
| 531 | 733 | JOAO C S BRITES    | 41 | M4044 | 84  | M | INDIVIDUAL            | 00:50:53 |
| 532 | 494 | MARTINS BARATA     | 66 | M6099 | 59  | M | C FERROV PORTUGAL     | 00:50:59 |
| 533 | 504 | JOAO MAFRA         | 36 | M2039 | 142 | M | SESIMBRA MAR          | 00:51:02 |
| 534 | 706 | ERMELINDO NUNES    | 52 | M5054 | 88  | M | INDIVIDUAL            | 00:51:04 |
| 535 | 512 | VITOR RODRIGUES    | 55 | M5559 | 56  | M | CPOC                  | 00:51:06 |
| 536 | 614 | JOAO PAÇO          | 51 | M5054 | 89  | M | AA MAFRA              | 00:51:06 |
| 537 | 835 | CARLOS GANILHO     | 24 | M2039 | 143 | M | INDIVIDUAL            | 00:51:10 |
| 538 | 519 | PEDRO CARRASCO     | 38 | M2039 | 144 | M | SS MONTEPIO GERAL     | 00:51:12 |
| 539 | 569 | HELDER RAFAEL      | 44 | M4044 | 85  | M | AA GRANDOLA           | 00:51:13 |
| 540 | 479 | JOAO PINTO         | 52 | M5054 | 90  | M | GRUPO S BERNARDO      | 00:51:18 |
| 541 | 648 | EZEQUIEL FERNANDES | 53 | M5054 | 91  | M | CADT PORTUCCEL        | 00:51:22 |
| 542 | 834 | LUIS CRISTOVAO     | 54 | M5054 | 92  | M | INDIVIDUAL            | 00:51:28 |
| 543 | 687 | LUISA RALHA        | 50 | F4099 | 8   | F | R 4 F                 | 00:51:30 |
| 544 | 500 | PAULO CUNHA        | 35 | M2039 | 145 | M | CARACOIS ESFALTO      | 00:51:31 |
| 545 | 545 | ANA MARTINS        | 43 | F4099 | 9   | F | GRD OS FIXES          | 00:51:34 |
| 546 | 364 | JOAQUIM RUIVO      | 41 | M4044 | 86  | M | CUA BENAVENTENSE      | 00:51:35 |
| 547 | 621 | MARIO FERREIRA     | 29 | M2039 | 146 | M | AA MAFRA              | 00:51:35 |
| 548 | 717 | ANA BARATA         | 51 | F4099 | 10  | F | INDIVIDUAL            | 00:51:36 |
| 549 | 568 | HELDER AMADINHO    | 42 | M4044 | 87  | M | AA GRANDOLA           | 00:51:40 |
| 550 | 124 | ALIPIO OLIVEIRA    | 49 | M4549 | 81  | M | CCD METRO LX          | 00:51:41 |
| 551 | 292 | JOAO FIGUEIREDO    | 53 | M5054 | 93  | M | CAMARA L CLUBE        | 00:51:45 |
| 552 | 129 | CRUZ MARQUES       | 58 | M5559 | 57  | M | CCD METRO LX          | 00:51:49 |
| 553 | 194 | LUIS BILAU         | 57 | M5559 | 58  | M | SS CGD                | 00:51:53 |
| 554 | 259 | MANUEL ROBALO      | 64 | M6099 | 60  | M | GD SANTANDER TOTTA    | 00:51:53 |
| 555 | 836 | JOSE GOMES         | 56 | M5559 | 59  | M | TEJOAVISTA            | 00:52:05 |
| 556 | 449 | MIGUEL POTES       | 52 | M5054 | 94  | M | TEJOAVISTA            | 00:52:08 |
| 557 | 579 | FERNANDO SILVA     | 45 | M4549 | 82  | M | A VALE SILENCIO       | 00:52:08 |
| 558 | 170 | DAVID CALDEIRA     | 30 | M2039 | 147 | M | A DANIEL CALDEIRA     | 00:52:12 |
| 559 | 192 | ESMERALDO PEREIRA  | 63 | M6099 | 61  | M | SS CGD                | 00:52:13 |
| 560 | 510 | CARLOS PEREIRA     | 27 | M2039 | 148 | M | OS ZATOPEQUES         | 00:52:14 |
| 561 | 722 | CARLOS COELHO      | 48 | M4549 | 83  | M | INDIVIDUAL            | 00:52:23 |
| 562 | 444 | MARIO MARCELINO    | 51 | M5054 | 95  | M | C MILLENNIUM BCP      | 00:52:27 |
| 563 | 749 | ALBERTINO MOTA     | 30 | M2039 | 149 | M | INDIVIDUAL            | 00:52:28 |
| 564 | 240 | PEDRO DIAS         | 25 | M2039 | 150 | M | CCD EFACEC LX         | 00:52:30 |
| 565 | 379 | RENEÉ JARVALT      | 32 | F2039 | 21  | F | UNIDADE DIVERSIDADE   | 00:52:31 |
| 566 | 112 | ISABEL OLEIRO      | 36 | F2039 | 22  | F | GD MACEDO OCULISTA    | 00:52:33 |
| 567 | 313 | ANTONIO REALINHO   | 58 | M5559 | 60  | M | GA OS PATRICIOS       | 00:52:41 |
| 568 | 218 | MAYER RAPOSO       | 62 | M6099 | 62  | M | AA LEBRES SADO        | 00:52:46 |
| 569 | 326 | JOAQUIM SANTOS     | 40 | M4044 | 88  | M | AM B° CASAL FIGUEIRAS | 00:52:50 |
| 570 | 620 | FERNANDA COSTA     | 47 | F4099 | 11  | F | AA MAFRA              | 00:52:56 |
| 571 | 262 | LUIS MOURA         | 51 | M5054 | 96  | M | TEJOAVISTA            | 00:52:59 |
| 572 | 732 | JOSE COELHO        | 40 | M4044 | 89  | M | INDIVIDUAL            | 00:53:04 |
| 573 | 138 | HELDER SILVA       | 38 | M2039 | 151 | M | INDIVIDUAL            | 00:53:06 |
| 574 | 273 | ROGERIO SICURIRA   | 30 | M2039 | 152 | M | AA LEBRES SADO        | 00:53:07 |
| 575 | 480 | AMERICO LOPES      | 46 | M4549 | 84  | M | GRUPO S BERNARDO      | 00:53:08 |
| 576 | 715 | JOAO LANDEIRO      | 63 | M6099 | 63  | M | INDIVIDUAL            | 00:53:12 |
| 577 | 518 | PEDRO RAMOS        | 49 | M4549 | 85  | M | SS MONTEPIO GERAL     | 00:53:13 |
| 578 | 250 | ANTONIO PEREIRA    | 44 | M4044 | 90  | M | GD SANTANDER TOTTA    | 00:53:18 |
| 579 | 335 | MANUEL OLIVEIRA    | 70 | M6099 | 64  | M | AAE BNU               | 00:53:19 |

|     |     |                     |    |       |     |   |                     |          |
|-----|-----|---------------------|----|-------|-----|---|---------------------|----------|
| 580 | 266 | ANTONIO CASTRO      | 40 | M4044 | 91  | M | GD SANTANDER TOTTA  | 00:53:22 |
| 581 | 578 | EMILIO GONÇALVES    | 42 | M4044 | 92  | M | A VALE SILENCIO     | 00:53:24 |
| 582 | 589 | RICARDO NICOLAU     | 28 | M2039 | 153 | M | A VALE SILENCIO     | 00:53:24 |
| 583 | 65  | ANTONIO PICA        | 60 | M6099 | 65  | M | INDIVIDUAL          | 00:53:28 |
| 584 | 212 | MANUEL PEDRO        | 64 | M6099 | 66  | M | AA LEBRES SADO      | 00:53:28 |
| 585 | 529 | JOAO SANTOS         | 32 | M2039 | 154 | M | GDC PORTO SINES     | 00:53:28 |
| 586 | 613 | JOSE LOURENÇO       | 63 | M6099 | 67  | M | AA MAFRA            | 00:53:28 |
| 587 | 216 | ALBERTO CAROLINO    | 57 | M5559 | 61  | M | AA LEBRES SADO      | 00:53:29 |
| 588 | 113 | HUGO PASCOA         | 33 | M2039 | 155 | M | TEJOAVISTA          | 00:53:31 |
| 589 | 56  | AMADEU FERREIRA     | 67 | M6099 | 68  | M | GDCT REPSOL         | 00:53:35 |
| 590 | 193 | FERNANDO ALVES      | 48 | M4549 | 86  | M | SS CGD              | 00:53:35 |
| 591 | 361 | ALVARO FURTADO      | 51 | M5054 | 97  | M | SS CGD              | 00:53:35 |
| 592 | 404 | CARLOS CRESPO       | 47 | M4549 | 87  | M | GD AMARO JOALHEIROS | 00:53:36 |
| 593 | 517 | LUIS REIS           | 52 | M5054 | 98  | M | SS MONTEPIO GERAL   | 00:53:36 |
| 594 | 220 | CARLOS PEREIRA      | 54 | M5054 | 99  | M | AA LEBRES SADO      | 00:53:42 |
| 595 | 312 | DOMINGOS MO         | 58 | M5559 | 62  | M | GA OS PATRICIOS     | 00:53:42 |
| 596 | 520 | NUNO SERRAO         | 35 | M2039 | 156 | M | SS MONTEPIO GERAL   | 00:53:44 |
| 597 | 521 | GUILHERME ALBINO    | 35 | M2039 | 157 | M | SS MONTEPIO GERAL   | 00:53:45 |
| 598 | 126 | ANTONIO EDUARDO     | 56 | M5559 | 63  | M | CCD METRO LX        | 00:53:48 |
| 599 | 275 | CARLOS PEREIRA      | 39 | M2039 | 158 | M | GD SANTANDER TOTTA  | 00:53:51 |
| 600 | 639 | ANTONIO REYES       | 55 | M5559 | 64  | M | GA MONSANTO GASCAN  | 00:53:55 |
| 601 | 711 | EBERHARD WILHELM    | 61 | M6099 | 69  | M | INDIVIDUAL          | 00:53:57 |
| 602 | 80  | JORGE MANSO         | 62 | M6099 | 70  | M | ACLIS LIBERTY       | 00:53:58 |
| 603 | 658 | ANTONIO MATOS       | 65 | M6099 | 71  | M | CADT PORTUCEL       | 00:54:00 |
| 604 | 308 | JOSE LINDO          | 63 | M6099 | 72  | M | CA VALE FIGUEIRA    | 00:54:04 |
| 605 | 601 | LUIS ZEFERINO       | 30 | M2039 | 159 | M | AA MAFRA            | 00:54:05 |
| 606 | 277 | CARLOS SECO         | 49 | M4549 | 88  | M | GD AGUIAS MOITA     | 00:54:08 |
| 607 | 165 | IDALECIO MOURAO     | 69 | M6099 | 73  | M | TORINO TORRANENSE   | 00:54:10 |
| 608 | 581 | JOAQUIM GOMES       | 62 | M6099 | 74  | M | A VALE SILENCIO     | 00:54:12 |
| 609 | 103 | ANTONIA OLEIRO      | 42 | F4099 | 12  | F | GD MACEDO OCULISTA  | 00:54:15 |
| 610 | 44  | JOSE L LOPES        | 52 | M5054 | 100 | M | AMIGOS DA ESTRELA   | 00:54:16 |
| 611 | 111 | INACIO GONCALVES    | 58 | M5559 | 65  | M | GD MACEDO OCULISTA  | 00:54:16 |
| 612 | 731 | CARLOS ASSIS        | 36 | M2039 | 160 | M | INDIVIDUAL          | 00:54:17 |
| 613 | 213 | JOAQUIM PEREIRA     | 70 | M6099 | 75  | M | AA LEBRES SADO      | 00:54:22 |
| 614 | 315 | JOSE MAURICIO       | 54 | M5054 | 101 | M | GA OS PATRICIOS     | 00:54:26 |
| 615 | 140 | JOSE PIRES          | 74 | M6099 | 76  | M | CCD METRO LX        | 00:54:32 |
| 616 | 459 | JOAO CUNHA          | 52 | M5054 | 102 | M | C MILLENNIUM BCP    | 00:54:40 |
| 617 | 774 | JOAO P S LIMA       | 49 | M4549 | 89  | M | INDIVIDUAL          | 00:54:45 |
| 618 | 478 | MARIO SILVA         | 48 | M4549 | 90  | M | TEJOAVISTA          | 00:54:50 |
| 619 | 135 | JOAO CONSTANCIO     | 63 | M6099 | 77  | M | CCD METRO LX        | 00:54:53 |
| 620 | 145 | ORLANDO SOUSA       | 47 | M4549 | 91  | M | CCD METRO LX        | 00:54:57 |
| 621 | 153 | TERESA LOPES        | 37 | F2039 | 22  | F | CCD METRO LX        | 00:54:57 |
| 622 | 443 | LEONEL BRANDAO      | 42 | M4044 | 93  | M | C MILLENNIUM BCP    | 00:55:00 |
| 623 | 499 | MARCO SILVA         | 39 | M2039 | 161 | M | CARACOIS ESFALTO    | 00:55:01 |
| 624 | 59  | ANTONIO SANTOS      | 53 | M5054 | 103 | M | GDCT REPSOL         | 00:55:03 |
| 625 | 237 | FERNANDO MAGALHAES  | 53 | M5054 | 104 | M | CCD EFACEC LX       | 00:55:05 |
| 626 | 159 | JULIO MATINHA       | 63 | M6099 | 78  | M | AMIGOS MATINHA      | 00:55:06 |
| 627 | 230 | LUISA CAROÇO        | 50 | F4099 | 13  | F | AA LEBRES SADO      | 00:55:11 |
| 628 | 741 | CARLOS C TEIXEIRA   | 49 | M4549 | 92  | M | INDIVIDUAL          | 00:55:11 |
| 629 | 55  | LUIS TORRAO         | 56 | M5559 | 66  | M | GDCT REPSOL         | 00:55:12 |
| 630 | 755 | ANTONIO MESQUITA    | 46 | M4549 | 93  | M | INDIVIDUAL          | 00:55:13 |
| 631 | 818 | ANTONIO MOURA       | 53 | M5054 | 105 | M | CAMALEAO VRSA       | 00:55:14 |
| 632 | 229 | CECILIA NICOLAU     | 43 | F4099 | 14  | F | AA LEBRES SADO      | 00:55:15 |
| 633 | 132 | FRANCISCO GONCALVES | 43 | M4044 | 94  | M | CCD METRO LX        | 00:55:17 |

|     |     |                      |    |       |     |   |   |                       |          |
|-----|-----|----------------------|----|-------|-----|---|---|-----------------------|----------|
| 634 | 114 | JOAO VEIGA           | 60 | M6099 | 79  | M |   | GD MACEDO OCULISTA    | 00:55:18 |
| 635 | 463 | ELISABETE BARREIRA   | 34 | F2039 | 24  | F |   | GDCR LEIAO            | 00:55:19 |
| 636 | 202 | JOSE ALDINHAS        | 31 | M2039 | 162 | M |   | BV MONTEMOR O NOVO    | 00:55:23 |
| 637 | 497 | MIGUEL BARATA        | 37 | M2039 | 163 | M |   | C FERROV PORTUGAL     | 00:55:24 |
| 638 | 473 | JOSE P FERREIRA      | 49 | M4549 | 94  | M |   | CUN BOSTON            | 00:55:27 |
| 639 | 232 | CELIA AZENHA         | 45 | F4099 | 15  | F |   | AA LEBRES SADO        | 00:55:28 |
| 640 | 136 | JOAO CUNHA           | 49 | M4549 | 95  | M |   | CCD METRO LX          | 00:55:29 |
| 641 | 837 | JOANA GOMES          | 27 | F2039 | 25  | F |   | TEJOAVISTA            | 00:55:29 |
| 642 | 477 | ABEL CARVALHO        | 42 | M4044 | 95  | M |   | INDIVIDUAL            | 00:55:31 |
| 643 | 481 | JORGE PENEDO         | 46 | M4549 | 96  | M |   | GRUPO S BERNARDO      | 00:55:33 |
| 644 | 131 | FERNANDO FERNANDES   | 57 | M5559 | 67  | M |   | CCD METRO LX          | 00:55:34 |
| 645 | 407 | PEDRO SILVA          | 49 | M4549 | 97  | M |   | GD AMARO JOALHEIROS   | 00:55:36 |
| 646 | 299 | JOSE SOUSA           | 50 | M5054 | 106 | M |   | SFUAP                 | 00:55:37 |
| 647 | 538 | ROBERTO MATOS        | 32 | M2039 | 164 | M | 1 | CP PINHEIRO CRUZ      | 00:55:37 |
| 648 | 298 | MADALENA BRANCO      | 37 | F2039 | 26  | F |   | CAMARA L CLUBE        | 00:55:45 |
| 649 | 155 | JOAO MATINHA         | 50 | M5054 | 107 | M |   | AMIGOS MATINHA        | 00:55:48 |
| 650 | 540 | NUNO SILVA           | 32 | M2039 | 165 | M | 1 | CP PINHEIRO CRUZ      | 00:55:49 |
| 651 | 612 | ALVARO PAULINO       | 59 | M5559 | 68  | M |   | AA MAFRA              | 00:55:55 |
| 652 | 161 | FREIRE MATINHA       | 53 | M5054 | 108 | M |   | AMIGOS MATINHA        | 00:55:58 |
| 653 | 758 | SANDRA MARTINS       | 32 | F2039 | 27  | F |   | INDIVIDUAL            | 00:55:59 |
| 654 | 791 | FERNANDO SANTOS      | 43 | M4044 | 96  | M |   | UNIDOS BRANDOA        | 00:56:04 |
| 655 | 586 | ONDINA FRADE         | 39 | F2039 | 28  | F |   | A VALE SILENCIO       | 00:56:21 |
| 656 | 331 | ANA PORTELA          | 60 | F4099 | 16  | F |   | AM B° CASAL FIGUEIRAS | 00:56:36 |
| 657 | 571 | CLAUDIO REIS         | 39 | M2039 | 166 | M | 1 | AA GRANDOLA           | 00:56:53 |
| 658 | 558 | ANTONIO PEREIRA      | 68 | M6099 | 80  | M |   | GDC BANCO PORTUGAL    | 00:56:54 |
| 659 | 288 | JORGE DUARTE         | 46 | M4549 | 98  | M |   | CAMARA L CLUBE        | 00:56:55 |
| 660 | 117 | Mª QUITERIA TEIXEIRA | 36 | F2039 | 29  | F |   | GD MACEDO OCULISTA    | 00:57:04 |
| 661 | 51  | CARLOS CARMO         | 56 | M5559 | 69  | M |   | GDCT REPSOL           | 00:57:09 |
| 662 | 574 | LUCIANO TOMAS        | 53 | M5054 | 109 | M |   | A VALE SILENCIO       | 00:57:16 |
| 663 | 812 | ANTONIO CARVALHO     | 33 | M2039 | 167 | M |   | INDIVIDUAL            | 00:57:18 |
| 664 | 160 | LUIS MATINHA         | 53 | M5054 | 110 | M |   | AMIGOS MATINHA        | 00:57:19 |
| 665 | 42  | PAULO COSTA          | 33 | M2039 | 168 | M |   | AMIGOS DA ESTRELA     | 00:57:20 |
| 666 | 154 | ESMAEL MATINHA       | 59 | M5559 | 70  | M |   | AMIGOS MATINHA        | 00:57:27 |
| 667 | 158 | VIEIRA MATINHA       | 64 | M6099 | 81  | M |   | AMIGOS MATINHA        | 00:57:27 |
| 668 | 422 | FRANCISCO FERREIRA   | 35 | M2039 | 169 | M |   | OS KOTAS BIKE TEAM    | 00:57:27 |
| 669 | 615 | MANUEL SERGIO        | 67 | M6099 | 82  | M |   | AA MAFRA              | 00:57:28 |
| 670 | 234 | ADELINO CASTRO       | 57 | M5559 | 71  | M |   | CCD EFACEC LX         | 00:57:38 |
| 671 | 75  | DOMINGOS COSTA       | 61 | M6099 | 83  | M |   | NS SAO MIGUEL         | 00:57:40 |
| 672 | 573 | AFONSO PINTO         | 49 | M4549 | 99  | M |   | A VALE SILENCIO       | 00:57:49 |
| 673 | 451 | JOAO PARRA           | 53 | M5054 | 111 | M |   | TEJOAVISTA            | 00:57:59 |
| 674 | 638 | ANTONIO PARDAL       | 53 | M5054 | 112 | M |   | GA MONSANTO GASCAN    | 00:58:14 |
| 675 | 735 | LUIS SANTOS          | 45 | M4549 | 100 | M |   | INDIVIDUAL            | 00:58:19 |
| 676 | 134 | GUALDINO FREIRE      | 64 | M6099 | 84  | M |   | CCD METRO LX          | 00:58:24 |
| 677 | 172 | RENATO SOUSA         | 59 | M5559 | 72  | M |   | A DANIEL CALDEIRA     | 00:58:41 |
| 678 | 173 | ANTONIO CALDEIRA     | 56 | M5559 | 73  | M |   | A DANIEL CALDEIRA     | 00:58:41 |
| 679 | 236 | MANUEL GOMES         | 64 | M6099 | 85  | M |   | CCD EFACEC LX         | 00:58:57 |
| 680 | 38  | VITOR RODRIGUES      | 42 | M4044 | 97  | M |   | CCD O ALVITEJO        | 00:58:59 |
| 681 | 37  | ELISABETE AGUAS      | 44 | F4099 | 17  | F |   | CCD O ALVITEJO        | 00:59:00 |
| 682 | 742 | FREDERICO A SOUSA    | 46 | M4549 | 101 | M |   | INDIVIDUAL            | 00:59:19 |
| 683 | 646 | PEDRO ALGARVE        | 61 | M6099 | 86  | M |   | TEJOAVISTA            | 00:59:25 |
| 684 | 759 | ANTONIO PEIXE        | 63 | M6099 | 87  | M |   | INDIVIDUAL            | 00:59:27 |
| 685 | 282 | FILIPE FERA          | 58 | M5559 | 74  | M |   | GD AGUIAS MOITA       | 00:59:37 |
| 686 | 22  | JOAQUIM CARPELHO     | 61 | M6099 | 88  | M |   | CCS EPUL              | 00:59:39 |
| 687 | 121 | ROSINDA GONÇALVES    | 55 | F4099 | 18  | F |   | GD MACEDO OCULISTA    | 00:59:48 |

|     |     |                     |    |       |     |   |                     |                  |          |
|-----|-----|---------------------|----|-------|-----|---|---------------------|------------------|----------|
| 688 | 122 | MANUELA BUSTORFF    | 54 | F4099 | 19  | F | TEJOAVISTA          | 00:59:49         |          |
| 689 | 455 | ANDRE ASCENCAO      | 28 | M2039 | 170 | M | TEJOAVISTA          | 00:59:49         |          |
| 690 | 651 | DANIEL AVENIDA      | 61 | M6099 | 89  | M | CADT PORTUCEL       | 01:00:06         |          |
| 691 | 228 | CAETANO SILVEIRA    | 61 | M6099 | 90  | M | AA LEBRES SADO      | 01:00:07         |          |
| 692 | 191 | DORA PIRES          | 43 | F4099 | 20  | F | SS CGD              | 01:00:33         |          |
| 693 | 738 | MARIO PIRES         | 50 | M5054 | 113 | M | INDIVIDUAL          | 01:00:33         |          |
| 694 | 104 | DANIELA MOURA       | 49 | F4099 | 21  | F | TEJOAVISTA          | 01:00:51         |          |
| 695 | 482 | LUIS SANTOS         | 57 | M5559 | 75  | M | GRUPO S BERNARDO    | 01:00:51         |          |
| 696 | 36  | HELDER VARANDAS     | 62 | M6099 | 91  | M | LINK                | 01:00:53         |          |
| 697 | 713 | CARLOS M C OLIVEIRA | 54 | M5054 | 114 | M | INDIVIDUAL          | 01:01:08         |          |
| 698 | 760 | PEDRO N N PINTO     | 52 | M5054 | 115 | M | INDIVIDUAL          | 01:01:21         |          |
| 699 | 391 | BEATRIZ PINTO       | 44 | F4099 | 22  | F | CA PATAMEIRAS       | 01:01:27         |          |
| 700 | 432 | AMANDIO GOUVEIA     | 34 | M2039 | 171 | M | ADC CATUJAL         | 01:01:49         |          |
| 701 | 496 | PAULO JANUARIO      | 40 | M4044 | 98  | M | C FERROV PORTUGAL   | 01:01:49         |          |
| 702 | 765 | PEDRO CATARINO      | 28 | M2039 | 172 | M | INDIVIDUAL          | 01:02:05         |          |
| 703 | 766 | RENATO ALVES        | 28 | M2039 | 173 | M | INDIVIDUAL          | 01:02:05         |          |
| 704 | 270 | LUIS SILVA          | 67 | M6099 | 92  | M | GD SANTANDER TOTTA  | 01:02:15         |          |
| 705 | 252 | JOSE SIMOES         | 61 | M6099 | 93  | M | GD SANTANDER TOTTA  | 01:02:21         |          |
| 706 | 659 | CARLOS PEREIRA      | 61 | M6099 | 94  | M | TARTUGAS LOULE      | 01:02:25         |          |
| 707 | 139 | JORGE CHAGAS        | 43 | M4044 | 99  | M | CCD METRO LX        | 01:02:27         |          |
| 708 | 769 | HERLANDER BRAZ      | 50 | M5054 | 116 | M | INDIVIDUAL          | 01:02:32         |          |
| 709 | 536 | RICARDO LUIS        | 34 | M2039 | 174 | M | 1                   | CP PINHEIRO CRUZ | 01:02:53 |
| 710 | 537 | VITOR DIAS          | 38 | M2039 | 175 | M | 1                   | CP PINHEIRO CRUZ | 01:02:53 |
| 711 | 535 | FERNANDO GANHAO     | 42 | M4044 | 100 | M | 1                   | CP PINHEIRO CRUZ | 01:02:54 |
| 712 | 490 | IDALINA MADEIRA     | 49 | F4099 | 23  | F | AÇOREANA C BANIF    | 01:03:11         |          |
| 713 | 247 | FRANCISCO FERREIRA  | 55 | M5559 | 76  | M | CCD EFACEC LX       | 01:03:15         |          |
| 714 | 458 | MARIA PALMA         | 55 | F4099 | 24  | F | TEJOAVISTA          | 01:03:15         |          |
| 715 | 502 | AFONSO BUSTORFF     | 20 | M2039 | 176 | M | TEJOAVISTA          | 01:03:26         |          |
| 716 | 720 | MANUEL SILVERA      | 58 | M5559 | 77  | M | INDIVIDUAL          | 01:03:28         |          |
| 717 | 750 | RUI GALINDRO        | 47 | M4549 | 102 | M | INDIVIDUAL          | 01:03:42         |          |
| 718 | 106 | ARTUR DINIS         | 52 | M5054 | 117 | M | GD MACEDO OCULISTA  | 01:03:55         |          |
| 719 | 120 | PAULA COUTO         | 46 | F4099 | 25  | F | GD MACEDO OCULISTA  | 01:03:55         |          |
| 720 | 448 | HUMBERTO FERREIRA   | 63 | M6099 | 95  | M | C MILLENNIUM BCP    | 01:04:41         |          |
| 721 | 590 | DIOGO MARTINS       | 29 | M2039 | 177 | M | A VALE SILENCIO     | 01:05:23         |          |
| 722 | 142 | JOSE VALENTE        | 54 | M5054 | 118 | M | CCD METRO LX        | 01:05:28         |          |
| 723 | 839 | MAFALDA CARVALHO    | 30 | F2039 | 29  | F | AFIS OVAR           | 01:05:41         |          |
| 724 | 645 | NUNO ANTUNES        | 23 | M2039 | 178 | M | GA MONSANTO GASCAN  | 01:05:45         |          |
| 725 | 28  | FRANCESCA DALBONO   | 35 | F2039 | 30  | F | BOAVISTA S MATEUS   | 01:05:47         |          |
| 726 | 248 | IOLANDA RAMOS       | 43 | F4099 | 26  | F | CCD EFACEC LX       | 01:05:49         |          |
| 727 | 474 | RUI SANTOS          | 38 | M2039 | 179 | M | CUN BOSTON          | 01:06:13         |          |
| 728 | 48  | JULIO SANTOS        | 48 | M4549 | 103 | M | GD LACEROTE         | 01:06:18         |          |
| 729 | 372 | ANA NETO            | 29 | F2039 | 31  | F | AA CHARNECA         | 01:06:30         |          |
| 730 | 238 | ANTONIO LOPES       | 60 | M6099 | 96  | M | CCD EFACEC LX       | 01:06:31         |          |
| 731 | 363 | TERESA PEREIRA      | 46 | F4099 | 27  | F | SS CGD              | 01:06:37         |          |
| 732 | 405 | ISABEL CRESPO       | 44 | F4099 | 28  | F | GD AMARO JOALHEIROS | 01:06:37         |          |
| 733 | 807 | JOAO ABREU          | 61 | M6099 | 97  | M | CR ALVORADA         | 01:07:06         |          |
| 734 | 242 | RICARDO SEPULVEDA   | 31 | M2039 | 180 | M | CCD EFACEC LX       | 01:07:25         |          |
| 735 | 445 | CARLA VELEZ         | 32 | F2039 | 32  | F | C MILLENNIUM BCP    | 01:07:26         |          |
| 736 | 241 | MIGUEL SOUSA        | 32 | M2039 | 181 | M | CCD EFACEC LX       | 01:07:41         |          |
| 737 | 52  | MANUEL SANTOS       | 62 | M6099 | 98  | M | GDCT REPSOL         | 01:08:04         |          |
| 738 | 53  | ALDA OLIVEIRA       | 55 | F4099 | 29  | F | GDCT REPSOL         | 01:08:04         |          |
| 739 | 58  | JULIO MILHARADAS    | 58 | M5559 | 78  | M | GDCT REPSOL         | 01:08:05         |          |
| 740 | 300 | JOAQUIM ALMEIDA     | 58 | M5559 | 79  | M | SFUAP               | 01:08:05         |          |
| 741 | 269 | JOSE LOUÇAS         | 67 | M6099 | 99  | M | GD SANTANDER TOTTA  | 01:08:25         |          |

|     |     |                            |    |       |     |   |                    |          |
|-----|-----|----------------------------|----|-------|-----|---|--------------------|----------|
| 742 | 157 | ANTONIO MATINHA            | 51 | M5054 | 119 | M | AMIGOS MATINHA     | 01:08:46 |
| 743 | 723 | M <sup>a</sup> CARMO ANJOS | 62 | F4099 | 30  | F | INDIVIDUAL         | 01:08:59 |
| 744 | 488 | LUIS NEVES                 | 36 | M2039 | 182 | M | AÇOREANA C BANIF   | 01:09:11 |
| 745 | 25  | LOURDES BUGALHO            | 53 | F4099 | 31  | F | FAMILIA BUGALHO    | 01:09:13 |
| 746 | 30  | CATIA ANDRADE              | 26 | F2039 | 33  | F | TEJOAVISTA         | 01:09:41 |
| 747 | 452 | JOSE ARRUDA                | 60 | M6099 | 100 | M | C MILLENNIUM BCP   | 01:09:51 |
| 748 | 446 | FOCK CHUI                  | 59 | F4099 | 32  | F | C MILLENNIUM BCP   | 01:09:52 |
| 749 | 271 | MARIA GERTRUDES            | 61 | F4099 | 33  | F | GD SANTANDER TOTTA | 01:09:54 |
| 750 | 371 | SONIA DICKMEYER            | 29 | F2039 | 34  | F | AA CHARNECA        | 01:10:02 |
| 751 | 838 | LINA CRUZ                  | 49 | F4099 | 34  | F | AFIS OVAR          | 01:10:11 |
| 752 | 703 | DOMINGOS SIMOES            | 43 | M4044 | 101 | M | INDIVIDUAL         | 01:11:50 |
| 753 | 309 | FRANCISCO CASACA           | 70 | M6099 | 101 | M | CA VALE FIGUEIRA   | 01:14:49 |
| 754 | 310 | TERESA BRITO               | 60 | F4099 | 35  | F | CA VALE FIGUEIRA   | 01:14:49 |