

# 12º GRANDE PREMIO DE GRANDOLA 2014 - 02/02/2014

## Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	Equipe
1	1	HERMANO FERREIRA	M	31		00:29:49	THE CLEANS
2	427	RICARDO M R MATEUS	M	26		00:30:31	SPORTING CP
3	390	NELSON CRUZ	M	30		00:30:35	CLUBE PP ESC ATLETISMO
4	425	BRUNO PAIXAO	M	29		00:30:40	CUA BENAVENTENSE
5	201	PEDRO ARSENIO	M	31		00:31:00	CA ODIMARQ
6	77	BRUNO FRAGA	M	36		00:32:02	GDR REBOLEIRA
7	451	ALEX SCUTARU	M	41		00:32:10	BOAVISTA S MATEUS
8	394	RICARDO ABREU	M	34		00:32:23	CLUBE PP ESC ATLETISMO
9	76	CARLOS CARDOSO	M	31		00:32:28	GDR REBOLEIRA
10	57	JOAO VAZ	M	46		00:32:33	CCD O ALVITEJO
11	199	PEDRO GOMES	M	36		00:32:34	CA ODIMARQ
12	5	JELENA PROKOPCIKA	F	34		00:32:36	LETONIA
13	439	ANDRE S GUIMARAES	M	31		00:32:40	ASS LINCE TRIATHLON
14	391	PEDRO PESSOA	M	47		00:32:46	CLUBE PP ESC ATLETISMO
15	80	LUIS GINJA	M	40		00:32:53	GDR REBOLEIRA
16	144	CUSTÓDIO ANTÓNIO	M	37		00:33:00	GDR SÃO FRANCISCO SERRA
17	417	TIAGO LEAL	M	23		00:33:05	INDIVIDUAL
18	111	JORGE CRUZ	M	48		00:33:11	AA MAFRA
19	150	JOAO OLIVEIRA	M	29		00:33:21	GDR SÃO FRANCISCO SERRA
20	203	LUIS BATISTA	M	36		00:33:26	CA ODIMARQ
21	81	NUNO ROMAO	M	41		00:33:35	GDR REBOLEIRA
22	85	EUGENIO NETO	M	51		00:33:36	GDR REBOLEIRA
23	84	JOSE INACIO	M	48		00:33:37	GDR REBOLEIRA
24	385	MUSSA DJAU	M	20		00:33:42	BEJA AC
25	37	RAUL LOURENÇO	M	42		00:33:54	NDC ODEMIRA
26	83	JOSE ATUNES	M	47		00:33:56	GDR REBOLEIRA
27	202	JOAO FONTE BOA	M	27		00:34:19	CA ODIMARQ
28	205	MARIO CASSACA	M	41		00:34:19	CA ODIMARQ
29	453	ALEXANDRE SOARES	M	52		00:34:20	BOAVISTA S MATEUS
30	395	ANA M FERREIRA	F	25		00:34:40	GD ESTREITO
31	200	SILVESTRE GOMES	M	58		00:34:47	CA ODIMARQ
32	240	FERNANDO ALVES	M	47		00:34:52	AA MAFRA
33	295	JOAO GONÇALVES	M	44		00:34:58	BEJA AC
34	4	ERCILIA MACHADO	F	27		00:35:18	SPORTING CP
35	392	JOÃO VEIGA	M	54		00:35:18	CLUBE PP ESC ATLETISMO
36	198	AIRES PRATAS	M	58		00:35:26	CA ODIMARQ
37	79	PAULO MOREIRA	M	44		00:35:27	GDR REBOLEIRA
38	139	RUI M S FONTES	M	35		00:35:33	BEJA AC
39	2	VERA NUNES	F	34		00:35:38	SL BENFICA

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	Equipe
40	367	JORGE ALVES	M	23		00:35:39	GAB FISIO DESPORTO
41	371	RUI DOLORES	M	29		00:35:40	AMICICLO/SPORT CITY
42	443	JOAO MONTES	M	49		00:35:40	CLUBE PP ESC ATLETISMO
43	291	HERNANI FRANCISCO	M	45		00:35:43	VITORIA FC
44	492	PEDRO POEIRA	M	32		00:35:45	NDC ODEMIRA
45	92	NUNO ABILIO	M	34		00:36:00	AM Bº CASAL FIGUEIRAS
46	6	ANNA KAZEMAKA	F	24		00:36:01	LETONIA
47	462	ANTONIO ALVES	M	47		00:36:19	TARTUGAS DE LOULÉ
48	402	AMERICO PEREIRA	M	49		00:36:21	C BENFICA ALG M MARTINS
49	192	JOEL RODRIGUES	M	39		00:36:22	AA MAFRA
50	415	JOAO NUNES	M	28		00:36:23	AC PORTALEGRE/UTSM
51	282	AMILCAR DUARTE	M	55		00:36:25	SPORTING CP
52	138	JORGE F A D FONTES	M	52		00:36:25	BEJA AC
53	393	RAFAEL GONÇALVES	M	29		00:36:29	CLUBE PP ESC ATLETISMO
54	386	LUÍS PEREIRA	M	54		00:36:34	BEJA AC
55	337	RAQUEL TRABUCO	F	27		00:36:38	C ELVENSE NATAÇÃO
56	158	ROGERIO CASSACA	M	43		00:36:43	GDR SÃO FRANCISCO SERRA
57	405	PEDRO FERREIRA	M	38		00:36:46	C BENFICA ALG M MARTINS
58	153	LUÍS PEREIRA	M	44		00:36:49	GDR SÃO FRANCISCO SERRA
59	248	MANUEL ANDRÉ	M	51		00:36:50	BEJA AC
60	82	FERNANDO SANTOS	M	43		00:37:10	GDR REBOLEIRA
61	78	JORGE CORREIA	M	42		00:37:17	GDR REBOLEIRA
62	157	RICHARDSON FERREIRA	M	39		00:37:20	GDR SÃO FRANCISCO SERRA
63	196	FILIPE MADEIRA	M	23		00:37:23	INDIVIDUAL
64	36	RICARDO COSTA	M	27		00:37:25	NDC ODEMIRA
65	447	MONICA MOREIRAS	F	34		00:37:27	NUCLEOEIRAS/SPORTZONE
66	159	RUI CANDEIAS	M	37		00:37:29	GDR SÃO FRANCISCO SERRA
67	404	VITOR SILVA	M	47		00:37:33	C BENFICA ALG M MARTINS
68	306	ANTONIO M A SILVESTRE	M	47		00:37:42	SSTM ODEMIRA
69	403	JANICIO REIS	M	35		00:37:50	C BENFICA ALG M MARTINS
70	155	PAULO CHAINHO	M	49		00:37:52	GDR SÃO FRANCISCO SERRA
71	290	JOSE ESTANQUE	M	33		00:37:52	BEJA AC
72	336	ANTONIO RODRIGUES	M	36		00:37:56	C ELVENSE NATAÇÃO
73	406	JOAO AFONSO	M	45		00:37:57	C BENFICA ALG M MARTINS
74	376	LUIS SILVA	M	36		00:37:58	OS KOTAS
75	160	RUI GONÇALVES	M	38		00:38:02	GDR SÃO FRANCISCO SERRA
76	459	ROGERIO PINGUINHA	M	50		00:38:13	TARTUGAS DE LOULÉ
77	466	JORGE CORREIA	M	41		00:38:13	TARTUGAS DE LOULÉ
78	361	ANTÓNIO SIMÕES	M	44		00:38:13	GDC BANCO PORTUGAL

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	Equipe
79	351	PAULO ALFAR	M	48		00:38:15	INDIVIDUAL
80	358	LUÍS RIO	M	42		00:38:17	GDC BANCO PORTUGAL
81	163	VASCO AGOSTINHO	M	48		00:38:19	GDR SÃO FRANCISCO SERRA
82	275	BRUNO GAMITO	M	26		00:38:22	GDR SÃO FRANCISCO SERRA
83	164	VITOR PEREIRA	M	37		00:38:24	GDR SÃO FRANCISCO SERRA
84	166	ANTONIO PIRES	M	46		00:38:27	GDR SÃO FRANCISCO SERRA
85	310	ALEXANDRE RODRIGUES	M	38		00:38:29	AA MAFRA
86	234	PAULO PINTO	M	40		00:38:30	FIGAS E AMIGOS
87	38	PEDRO SILVA	M	41		00:38:31	NDC ODEMIRA
88	314	SAMUEL GALVEIA	M	32		00:38:31	CADT PORTUCEL
89	204	FERNANDO CHAMUSCA	M	63		00:38:35	CA ODIMARQ
90	188	PAULO M GASPAS	M	38		00:38:36	LEBRES DA PORCALHOTA
91	441	LUCILIA SOARES	F	52		00:38:44	SL BENFICA
92	353	VASCO RAFAEL	M	24		00:38:45	INDIVIDUAL
93	114	MARIO CAMARATE	M	44		00:38:49	AA MAFRA
94	256	JAIME LAMEGO	M	54		00:39:08	MULTIRUNNERS
95	98	CARLOS LOPES	M	39		00:39:08	AMINHACORRIDA.COM
96	259	OSVALDO FERREIRA	M	37		00:39:10	CRD ARRUDENSE
97	433	JORGE AUGUSTO	M	30		00:39:11	NS MOURA
98	182	FERNANDO J POLÓNIO	M	44		00:39:12	LEBRES DA PORCALHOTA
99	463	HUMBERTO FERNANDES	M	36		00:39:23	TARTUGAS DE LOULÉ
100	257	TIAGO E M J GOMES	M	28		00:39:24	NG/TEAM PROTEIK/STAR BALM
101	460	FERNANDO ALVES	M	49		00:39:24	TARTUGAS DE LOULÉ
102	491	LUIS M FILIPE	M	20		00:39:28	NDC ODEMIRA
103	397	JOSE SIMÕES	M	54		00:39:30	JD NEVES
104	407	HELDER LOPES	M	44		00:39:40	C BENFICA ALG M MARTINS
105	320	JOAO ARENGA	M	62		00:39:41	CADT PORTUCEL
106	119	JOAO ROMÃO	M	24		00:39:43	AMINHACORRIDA.COM
107	130	PAULO MATA	M	49		00:39:43	JUSTFORFUN
108	56	NUNO SANTOS	M	42		00:39:44	CCD O ALVITEJO
109	197	JOAQUIM MARTINS	M	50		00:39:45	CA ODIMARQ
110	416	MIGUEL C GARCIA	M	36		00:39:47	INDIVIDUAL
111	455	VERONICA SCUTARU	F	37		00:39:52	BOAVISTA S MATEUS
112	89	MARIO PAIXAO	M	57		00:39:55	AM Bº CASAL FIGUEIRAS
113	364	HUGO A A G PATRÍCIO	M	37		00:39:56	INDIVIDUAL
114	149	HUGO GONÇALVES	M	25		00:39:58	GDR SÃO FRANCISCO SERRA
115	112	FRANCISCO ROCHA	M	46		00:39:58	AA MAFRA
116	34	ANA C DIAS	F	20		00:40:06	NDC ODEMIRA
117	35	FABIO BATISTA	M	21		00:40:06	NDC ODEMIRA

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	Equipe
118	279	ANTONIO J A G LOUREIRO	M	32		00:40:09	TZS RUNNING GYM
119	106	PETER STEINHAUSEN	M	61		00:40:13	INDIVIDUAL
120	173	RICARDO BRITO	M	34		00:40:18	INDIVIDUAL
121	218	JOAO RODRIGUES	M	50		00:40:26	PUMAS DO GUINCHO
122	40	ILIDIO CAMPOS	M	53		00:40:31	NDC ODEMIRA
123	66	JOAQUIM LOPES	M	50		00:40:36	CP PINHEIRO CRUZ
124	233	AMAVEL FIGUEIREDO	M	53		00:40:39	FIGAS E AMIGOS
125	493	PAULO G C SILVA	M	40		00:40:46	INDIVIDUAL
126	379	HENRIQUE RAFAEL	M	39		00:40:54	OS KOTAS
127	305	CARLOS ROSADO	M	45		00:41:05	C RUGBY JUROMENHA
128	482	JOSE GONÇALVES	M	41		00:41:06	LEBRES TARTARUGAS
129	440	JOAO CANHOTO	M	51		00:41:09	INDIVIDUAL
130	301	JOSE A S R MATEUS	M	36		00:41:09	KAINAGUA
131	334	RUI P P FERREIRA	M	30		00:41:14	INDIVIDUAL
132	93	CHANTAL XHERVELLE	F	45		00:41:14	AM Bº CASAL FIGUEIRAS
133	146	FERNANDO MESTRE	M	40		00:41:16	GDR SÃO FRANCISCO SERRA
134	434	PAULO GODINHO	M	20		00:41:16	NS MOURA
135	96	PAULO GUERREIRO	M	48		00:41:21	GA OS PATRICIOS
136	222	LUIS M C NEVES	M	35		00:41:26	MARINHAIS AC
137	61	JOSE ORVALHO	M	65		00:41:28	CCD O ALVITEJO
138	286	JOSE BADALO	M	48		00:41:30	ADCSA BALDIO
139	468	JOSE L SANTOS	M	50		00:41:31	TARTUGAS DE LOULÉ
140	277	MARIO M T SOUSA	M	46		00:41:36	CLUBE VELA TAVIRA
141	148	FRANCISCO CARMO	M	42		00:41:40	GDR SÃO FRANCISCO SERRA
142	432	ANTONIO NINHOS	M	50		00:41:46	NS MOURA
143	252	PAULO A C PATRICIO	M	28		00:41:47	CERCAL RUNNING TEAM
144	457	SERGIO SOUSA	M	64		00:41:49	TARTUGAS DE LOULÉ
145	97	JOAO XAVIER	M	41		00:41:56	GA OS PATRICIOS
146	249	JOAQUIM VIEGAS	M	47		00:41:57	BEJA AC
147	454	JOSE AVELINO	M	57		00:42:06	BOAVISTA S MATEUS
148	55	ANA DUARTE	F	47		00:42:06	CCD O ALVITEJO
149	303	LUIS FIDALGO	M	43		00:42:07	INDIVIDUAL
150	373	JOSE VILHENA	M	47		00:42:09	OS KOTAS
151	469	LUIS CORDEIRO	M	37		00:42:10	TARTUGAS DE LOULÉ
152	237	PEDRO SANTOS	M	28		00:42:13	INDIVIDUAL
153	414	BRUNO CARRILHO	M	32		00:42:15	AC PORTALEGRE/UTSM
154	269	RICARDO FÉLIX	M	34		00:42:20	CCD EFACEC LISBOA
155	312	RUI M S VIOLANTE	M	33		00:42:31	CRIRA
156	41	PAULA LANEIRO	F	38		00:42:32	NDC ODEMIRA

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	Equipe
157	368	GUMERSINDO RODRIGUES	M	63		00:42:33	AA LEBRES SADO
158	461	FERNANDO CORREIA	M	47		00:42:40	TARTUGAS DE LOULÉ
159	108	CARLOS MORAIS	M	50		00:42:45	AA MAFRA
160	161	RUI FREITAS	M	61		00:42:47	GDR SÃO FRANCISCO SERRA
161	360	ADELINO SEMEDO	M	60		00:42:53	GDC BANCO PORTUGAL
162	211	GONÇALO SANTOS	M	40		00:42:54	GDCA PORTO SINES
163	250	EMANUEL FREITAS	M	50		00:42:54	VESAUTO
164	267	MANUEL FIDALGO	M	61		00:42:57	CCD EFACEC LISBOA
165	59	LUIS ORVALHO	M	61		00:42:58	CCD O ALVITEJO
166	299	MIGUEL A COSTA	M	26		00:43:01	CERCAL RUNNING TEAM
167	125	DAVID G BARÃO	M	34		00:43:05	INDIVIDUAL
168	191	HELENA MARTINS	F	51		00:43:06	AA MAFRA
169	437	JOSE A OLIVEIRA	M	54		00:43:15	THAI VILAMOURA
170	171	ANTÓNIO F MAURICIO	M	62		00:43:20	CP EDP SINES
171	273	ANTONIO VENTURA	M	37		00:43:20	BEJA AC
172	140	CARLOS SOUSA	M	56		00:43:25	OS PERIGOSOS
173	436	ANTONIO E G TORRE	M	49		00:43:26	THAI VILAMOURA
174	244	MANUEL ZORRO	M	52		00:43:42	AA MAFRA
175	251	DAVID A RODRIGUES	M	26		00:43:47	CERCAL RUNNING TEAM
176	284	BRUNO A L FRIJA	M	25		00:43:47	INDIVIDUAL
177	359	JOSÉ MONTEIRO	M	57		00:43:58	GDC BANCO PORTUGAL
178	431	JORGE PAIS	M	42		00:44:01	NS MOURA
179	189	JOSE MARTINS	M	48		00:44:01	INDIVIDUAL
180	183	HELDER M B HENRIQUES	M	44		00:44:07	LEBRES DA PORCALHOTA
181	91	MANUEL ANTONIO	M	38		00:44:10	AM Bº CASAL FIGUEIRAS
182	380	ANTONIO PARREIRA	M	55		00:44:12	OS KOTAS
183	184	VITOR R LOPES	M	45		00:44:22	LEBRES DA PORCALHOTA
184	465	SILVERIO GUERREIRO	M	41		00:44:25	TARTUGAS DE LOULÉ
185	283	FABIO H L JESUS	M	27		00:44:28	INDIVIDUAL
186	121	HELDER ALVES	M	26		00:44:30	INDIVIDUAL
187	151	JOSE SANTOS	M	50		00:44:31	GDR SÃO FRANCISCO SERRA
188	71	RUI PEREIRA	M	46		00:44:31	CP PINHEIRO CRUZ
189	147	FERNANDO SOBRAL	M	56		00:44:32	GDR SÃO FRANCISCO SERRA
190	401	TIAGO S FERREIRA	M	39		00:44:36	INDIVIDUAL
191	228	JOAO SANTOS	M	49		00:44:41	C PRAÇAS ARMADA
192	253	DIOGO F N SILVA	M	27		00:44:48	CERCAL RUNNING TEAM
193	73	RUI SOBRAL	M	27		00:44:53	CP PINHEIRO CRUZ
194	221	CRISTINA GAVINHO	F	37		00:44:53	PUMAS DO GUINCHO
195	100	JOSE MOURA	M	57		00:44:57	BEJA AC

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	Equipe
196	418	PEDRO MEIRELES	M	44		00:45:03	INDIVIDUAL
197	419	ODETE FIÚZA	F	41		00:45:03	INDIVIDUAL
198	109	CARLOS RODRIGUES	M	57		00:45:09	AA MAFRA
199	235	JOSE CABRAL	M	56		00:45:09	GDR SÃO FRANCISCO SERRA
200	224	ANTONIO M C S LEAL	M	42		00:45:17	MARINHAIS AC
201	99	FLORIMUNDO SILVA	M	58		00:45:20	AMINHACORRIDA.COM
202	23	ARNALDO TRINDADE	M	42		00:45:27	RB RUNNING
203	470	JORGE OLIM	M	30		00:45:28	TARTUGAS DE LOULÉ
204	350	CARLOS S R VIEIRA	M	42		00:45:31	INDIVIDUAL
205	300	RUI C B CASIMIRO	M	41		00:45:43	B13X
206	272	FILIPE SALMIM	M	39		00:45:43	INDIVIDUAL
207	62	AMILCAR SANTANA	M	67		00:45:45	CCD O ALVITEJO
208	296	BENTO M C PALMA	M	40		00:45:49	BEJA AC
209	124	PEDRO FIGUEIREDO	M	30		00:45:52	INDIVIDUAL
210	179	PEDRO A F PALMINHA	M	37		00:45:53	INDIVIDUAL
211	10	JOAQUIM FRADE	M	58		00:45:53	SS CGD
212	64	HELIDORO NUNES	M	51		00:45:53	CP PINHEIRO CRUZ
213	70	HELDER ASTUCIA	M	36		00:45:54	CP PINHEIRO CRUZ
214	107	PEDRO M P COSTA	M	45		00:46:11	INDIVIDUAL
215	362	JOAQUIM FERRÃO	M	53		00:46:15	GDC BANCO PORTUGAL
216	304	LUIS CRUZ	M	42		00:46:24	VITORIA FC
217	319	EUSEBIO CAMACHO	M	59		00:46:25	CADT PORTUCEL
218	421	CARLOS TEIXEIRA	M	53		00:46:28	LEBRES E TARTARUGAS
219	309	AC PEREIRA	F	44		00:46:29	CLUBE PP ESC ATLETISMO
220	133	MARCO P P CORREIA	M	33		00:46:37	INDIVIDUAL
221	487	PEDRO SILVA	M	39		00:46:40	INDIVIDUAL
222	176	LUIS CASIMIRO	M	41		00:46:49	B13X
223	387	TANIA COSTA	F	30		00:46:52	INDIVIDUAL
224	388	DAVID NUNES	M	32		00:46:52	INDIVIDUAL
225	238	JOSE M COSTA	M	34		00:46:55	INDIVIDUAL
226	239	FILIPA D B SILVA	F	31		00:46:55	INDIVIDUAL
227	229	MANUEL JACINTO	M	58		00:46:58	C PRAÇAS ARMADA
228	247	LUIS M P N CHAGAS	M	26		00:46:58	INDIVIDUAL
229	231	ANTONIO BORLA	M	68		00:47:13	C PRAÇAS ARMADA
230	372	SOFIA BRITES	F	30		00:47:15	AMICICLO / SPORT CITY
231	354	JOAQUIM M C LIMA	M	50		00:47:18	INDIVIDUAL
232	67	CARLOS AUGUSTO	M	40		00:47:20	CP PINHEIRO CRUZ
233	39	JOSE AUGUSTO	M	45		00:47:22	NDC ODEMIRA
234	489	HENRIQUE TRINDADE	M	47		00:47:32	INDIVIDUAL

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	Equipe
235	458	VICELIO MENDES	M	51		00:47:34	TARTUGAS DE LOULÉ
236	95	EDUARDO SILVA	M	53		00:47:39	GA OS PATRICIOS
237	220	PAULA NUNES	F	41		00:47:40	PUMAS DO GUINCHO
238	48	JOSE MARTINS	M	39		00:47:44	TEJAVISTA
239	375	ANTONIO J TEIXEIRA	M	44		00:47:53	OS KOTAS
240	113	ANTONIO REIS	M	59		00:47:54	AA MAFRA
241	90	CARLOS REGIO	M	42		00:47:59	AM Bº CASAL FIGUEIRAS
242	409	CARLOS GONÇALVES	M	31		00:48:05	INDIVIDUAL
243	442	SUSANA SOARES	F	37		00:48:06	INDIVIDUAL
244	69	RODRIGO MATEUS	M	34		00:48:09	CP PINHEIRO CRUZ
245	410	ANA GONÇALVES	F	32		00:48:11	INDIVIDUAL
246	261	AMÉRICO SANTOS	M	56		00:48:12	CCD EFACEC LISBOA
247	181	JORGE M C ROMÃO	M	45		00:48:14	LEBRES DA PORCALHOTA
248	356	HONORATO R S SIMÕES	M	47		00:48:15	INDIVIDUAL
249	152	LUÍS GONÇALVES	M	38		00:48:15	GDR SÃO FRANCISCO SERRA
250	51	LUIS MIRANDA	M	54		00:48:15	TEJAVISTA
251	219	Mª CARMO BARROS	F	54		00:48:15	PUMAS DO GUINCHO
252	94	MANUEL GONÇALVES	M	68		00:48:18	GA OS PATRICIOS
253	174	RICARDO BARBEIRO	M	32		00:48:21	INDIVIDUAL
254	103	PEDRO CAETANO	M	46		00:48:25	INDIVIDUAL
255	355	JOAO A LIMA	M	31		00:48:33	INDIVIDUAL
256	65	JOSE PARREIRA	M	56		00:48:38	CP PINHEIRO CRUZ
257	424	CARLOS A A GONÇALVES	M	42		00:48:39	B13X
258	343	CARLOS ESTEBAINHA	M	46		00:48:42	SSTM ODEMIRA
259	366	CARLOS P RODRIGUES	M	56		00:48:44	CP EDP LISBOA
260	307	FERNANDO S GONÇALVES	M	44		00:48:50	SSTM ODEMIRA
261	308	PAULO J A MARQUES	M	40		00:48:51	SSTM ODEMIRA
262	230	POSSIDÓNIO CONSTANTINO	M	61		00:48:56	C PRAÇAS ARMADA
263	122	JOAO P M RIBEIRO	M	29		00:48:58	INDIVIDUAL
264	378	TITO R S GONÇALVES	M	26		00:48:59	OS KOTAS
265	293	GUILHERME PACHECO	M	26		00:49:01	CERCAL RUNNING TEAM
266	316	SILVINO MAREIROS	M	46		00:49:02	CADT PORTUCEL
267	172	JOAO M S ALMEIDA	M	55		00:49:03	CP EDP SINES
268	242	JOAO PAÇO	M	55		00:49:04	AA MAFRA
269	186	NUNO A S TRINDADE	M	43		00:49:06	LEBRES DA PORCALHOTA
270	208	TIAGO L PAULO	M	39		00:49:08	GDCA PORTO SINES
271	167	LUIS M R CHAINHO	M	40		00:49:19	JF GRANDOLA JF S F SERRA
272	63	ARMINDO CHAINHO	M	39		00:49:19	CP PINHEIRO CRUZ
273	344	MANUEL C AMBRÓSIO	M	43		00:49:19	INDIVIDUAL

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	Equipe
274	399	CARLOS ROCHA	M	49		00:49:26	JD NEVES
275	328	MARCOS FERREIRA	M	66		00:49:34	AA LEBRES SADO
276	75	ANDREIA LOPES	F	23		00:49:42	CP PINHEIRO CRUZ
277	246	JOAO C T LOPES	M	33		00:49:54	INDIVIDUAL
278	53	JOSE GOMES	M	60		00:49:54	TEJAVISTA
279	210	ANTONIO CERTÃ	M	48		00:50:08	GDCA PORTO SINES
280	311	ANA I GUIA	F	41		00:50:08	INDIVIDUAL
281	154	NUNO GAMITO	M	36		00:50:18	GDR SÃO FRANCISCO SERRA
282	377	JOAQUIM SANTANA	M	30		00:50:25	OS KOTAS
283	14	FRANCISCO SANTOS	M	50		00:50:33	CA MATINHA
284	54	JOSE AZURARA	M	55		00:50:38	TEJAVISTA
285	255	PAULO CARDIM	M	40		00:50:51	A DANIEL CALDEIRA
286	349	ROSA AFONSO	F	46		00:51:00	CCR ALTO MOINHO
287	271	VICTOR SANTOS	M	57		00:51:01	INDIVIDUAL
288	128	Mª ANTÓNIA MESTRE	F	39		00:51:03	INDIVIDUAL
289	321	MANUEL CARDIM	M	62		00:51:07	CADT PORTUCEL
290	31	PAULO PEREIRA	M	43		00:51:14	SS MONTEPIO GERAL
291	24	ANTONIO FRANCO	M	48		00:51:14	SS MONTEPIO GERAL
292	428	LUIS DOURADO	M	33		00:51:31	B13X
293	11	JOSE MARTINS	M	39		00:51:33	SS CGD
294	357	CARLA PEREIRA	F	25		00:51:35	C ELVENSE NATAÇÃO
295	118	EGIDIO PORTELA	M	56		00:51:45	AA MAFRA
296	243	MANUEL ALDEANO	M	67		00:51:45	AA MAFRA
297	422	CARLOS GONÇALVES	M	57		00:51:50	LEBRES E TARTARUGAS
298	326	FRANCISCO PRATES	M	66		00:51:51	AA LEBRES SADO
299	382	DIANA P REIS	F	41		00:51:51	OS KOTAS
300	264	ANTONIO SANTOS	M	51		00:51:56	CCD EFACEC LISBOA
301	143	AMILCAR ROMÃO	M	62		00:51:58	GDR SÃO FRANCISCO SERRA
302	318	EZIQUEL FERNANDES	M	57		00:52:00	CADT PORTUCEL
303	332	MANUEL MATOS	M	43		00:52:01	INDIVIDUAL
304	104	ANGELA C MENDES	F	29		00:52:04	AC PORTALEGRE / UTSM
305	102	FERNANDO CARRILHO	M	56		00:52:04	INDIVIDUAL
306	209	RENATO PENAS	M	36		00:52:12	GDCA PORTO SINES
307	18	JOSE FREIRE	M	57		00:52:13	CA MATINHA
308	298	MARIO BAIARRADA	M	61		00:52:13	INDIVIDUAL
309	488	JOSE BARATA	M	53		00:52:14	INDIVIDUAL
310	313	JOSE GALVEIA	M	61		00:52:16	CADT PORTUCEL
311	342	VANDA AUGUSTO	F	59		00:52:25	CA ODIMARQ
312	483	JORGE NEVES	M	47		00:52:34	LEBRES TARTARUGAS



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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	Equipe
313	374	CLAUDIA TEIXEIRA	F	40		00:52:35	OS KOTAS
314	120	CATIA SANTOS	F	29		00:52:35	INDIVIDUAL
315	142	ALEXANDRE NUNES	M	27		00:52:35	GDR SÃO FRANCISCO SERRA
316	315	GERALDO FERNANDES	M	61		00:52:36	CADT PORTUCEL
317	480	CARLOS JESUS	M	63		00:52:36	GDCT REPSOL
318	473	JOAQUIM NAZARIO	M	72		00:52:36	GDCT REPSOL
319	484	LUIS MONTEIRO	M	51		00:52:42	LEBRES TARTARUGAS
320	217	FERNANDO FRAGATEIRO	M	53		00:52:47	GDCA PORTO SINES
321	68	FERNANDO SERRAO	M	24		00:52:53	CP PINHEIRO CRUZ
322	396	MARCOLINO BATISTA	M	64		00:52:56	JD NEVES
323	168	JOSE P RAPOSO	M	62		00:52:57	COALA
324	178	JOAQUIM F C ALGARVIO	M	40		00:52:57	INDIVIDUAL
325	110	JOSE GONÇALVES	M	47		00:52:58	AA MAFRA
326	47	LUIS MOURA	M	55		00:53:05	TEJAVISTA
327	423	MARIZA FERRAZ	F	32		00:53:23	INDIVIDUAL
328	333	AMILCAR PÓVOA	M	67		00:53:26	CA AMIGOS PARQUE PAZ
329	131	PAULO VIANA	M	45		00:53:39	JUSTFORFUN
330	32	PEDRO RAMOS	M	54		00:53:53	SS MONTEPIO GERAL
331	26	FERNANDO PALMA	M	38		00:53:53	SS MONTEPIO GERAL
332	187	NUNO M MARTINS	M	40		00:53:58	LEBRES DA PORCALHOTA
333	193	JOSE LOURENÇO	M	68		00:53:59	AA MAFRA
334	365	ARLINDO PARRA	M	52		00:54:04	CP EDP LISBOA
335	444	LUIS VIEIRA	M	35		00:54:10	B13X
336	471	MANUEL SEQUEIRA	M	63		00:54:11	GDCT REPSOL
337	20	JOSE FERNANDES	M	66		00:54:13	CA MATINHA
338	214	JOAO SANTOS	M	36		00:54:17	GDCA PORTO SINES
339	27	LUIS REIS	M	56		00:54:19	SS MONTEPIO GERAL
340	278	GRAÇA B CORVINHO	F	50		00:54:35	CLUBE VELA TAVIRA
341	29	MANUEL C SANTOS	M	39		00:54:35	SS MONTEPIO GERAL
342	74	RUI PEREIRA	M	50		00:54:42	CP PINHEIRO CRUZ
343	21	OLGA MARTINS	F	39		00:55:03	RB RUNNING
344	22	PEDRO MARTINS	M	39		00:55:03	RB RUNNING
345	190	DOMINGOS RODRIGUES	M	65		00:55:05	AA MAFRA
346	115	FERNANDA COSTA	F	51		00:55:09	AA MAFRA
347	287	ANTONIO J M SERRA	M	54		00:55:24	ADCSA BALDIO
348	292	EDILAINE L B SILVA	F	25		00:55:42	CERCAL RUNNING TEAM
349	25	CARLOS MELO	M	36		00:55:54	SS MONTEPIO GERAL
350	88	JOAQUIM SANTOS	M	45		00:56:04	AM Bº CASAL FIGUEIRAS
351	42	JOAO P CAROÇO	M	57		00:56:05	TEJAVISTA

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	Equipe
352	430	FREDERICO SOUSA	M	50		00:56:07	LEBRES E TARTARUGAS
353	481	MARIO PEREIRA	M	39		00:56:15	LEBRES TARTARUGAS
354	207	CARLA C R SILVA	F	36		00:56:15	GDCA PORTO SINES
355	241	ALVARO PAULINO	M	63		00:56:19	AA MAFRA
356	363	ANTONIO PEREIRA	M	72		00:56:28	GDC BANCO PORTUGAL
357	145	ERMELINDO NUNES	M	56		00:56:34	GDR SÃO FRANCISCO SERRA
358	413	MARIA QUITÉRIA	F	40		00:56:43	INDIVIDUAL
359	345	CARLOS M C AMBRÓSIO	M	37		00:56:46	INDIVIDUAL
360	456	CARLOS PEREIRA	M	65		00:56:47	TARTUGAS DE LOULÉ
361	30	MANUEL J NARCISO	M	49		00:56:47	SS MONTEPIO GERAL
362	297	DIANA S C SOARES	F	24		00:56:50	B13X
363	165	VICTÓRIA CARNEIRO	F	40		00:56:57	GDR SÃO FRANCISCO SERRA
364	285	REGINA BADALO	F	49		00:57:01	ADCSA BALDIO
365	16	ESMDEL GERALDES	M	63		00:57:06	CA MATINHA
366	265	FERNANDO MAGALHÃES	M	57		00:57:16	CCD EFACEC LISBOA
367	485	MANUEL OLIVEIRA	M	74		00:57:22	AAE BNU
368	324	CARLOS PEREIRA	M	58		00:57:22	AA LEBRES SADO
369	33	RITA GONÇALVES	F	38		00:57:29	SS MONTEPIO GERAL
370	13	ADELINO MATEUS	M	53		00:57:33	CA MATINHA
371	276	JOAQUIM MACHADO	M	61		00:57:41	GDR SÃO FRANCISCO SERRA
372	446	ANGELA FIGUEIRA	F	33		00:57:59	INDIVIDUAL
373	486	IDALECIO MOURAO	M	73		00:58:01	INDIVIDUAL
374	12	ANTONIO MARQUES	M	57		00:58:20	CA MATINHA
375	327	MANUEL SANTOS	M	64		00:58:27	AA LEBRES SADO
376	270	RICARDO SOUSA	M	35		00:58:39	CCD EFACEC LISBOA
377	262	ANTONIO LOPES	M	64		00:58:39	CCD EFACEC LISBOA
378	479	JORGE SANTOS	M	57		00:58:44	GDCT REPSOL
379	323	ALBERTO CAROLINO	M	61		00:59:05	AA LEBRES SADO
380	17	JOAO RIBEIRO	M	54		00:59:10	CA MATINHA
381	448	ATLETA NÃO CADASTRADO	M	21		00:59:24	
382	46	DANIELA MOURA	F	53		00:59:40	TEJAVISTA
383	294	SUSANA F BERNARDINO	F	24		00:59:50	B13X
384	335	CARLA S CARDOSO	F	32		00:59:50	B13X
385	127	NUNO SILVA	M	38		01:00:03	INDIVIDUAL
386	126	ISABEL RODRIGUES	F	38		01:00:03	INDIVIDUAL
387	258	HEVELINE F SILVA	F	22		01:00:54	INDIVIDUAL
388	338	MARIO GERMANO	M	68		01:01:04	C ELVENSE NATAÇÃO
389	398	PEDRO OLIVEIRA	M	36		01:01:33	JD NEVES
390	170	ANDREIA F PONTE	F	23		01:02:01	CP EDP SINES

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	Equipe
391	169	PEDRO J V PONTE	M	53		01:02:01	CP EDP SINES
392	289	MANUEL CRISTETO	M	46		01:02:13	INDIVIDUAL
393	475	FONSECA SANTOS	M	66		01:02:33	GDCT REPSOL
394	226	ANA T GONÇALVES	F	22		01:02:37	INDIVIDUAL
395	225	ARTUR SANTOS	M	60		01:02:38	INDIVIDUAL
396	495	LUCIA DOMINGOS	F	30		01:03:42	INDIVIDUAL
397	494	RAFAEL DOMINGOS	M	32		01:03:44	INDIVIDUAL
398	232	JULIO SANTOS	M	52		01:03:45	C PRAÇAS ARMADA
399	472	CARLOS CARMO	M	60		01:04:17	GDCT REPSOL
400	445	NATALINA FIGUEIRA	F	66		01:04:47	INDIVIDUAL
401	43	PEDRO DELGADO	M	65		01:04:51	TEJAVISTA
402	412	PAULA COUTO	F	50		01:04:59	INDIVIDUAL
403	411	ARTUR DINIS	M	56		01:04:59	INDIVIDUAL
404	420	ANTONIO E V MARÇAL	M	31		01:05:05	INDIVIDUAL
405	162	SILVIA MATOS	F	43		01:05:14	GDR SÃO FRANCISCO SERRA
406	266	JULIO FARIA	M	46		01:05:14	CCD EFACEC LISBOA
407	44	ISAURA ATANASIO	F	61		01:05:35	TEJAVISTA
408	280	FRANCISCO FERREIRA	M	59		01:06:26	CCD EFACEC LISBOA
409	302	AGAPITO BELGA	M	62		01:06:42	CA AMIGOS PARQUE PAZ
410	478	LUIS TORRAO	M	60		01:06:42	GDCT REPSOL
411	329	JOAQUIM PEREIRA	M	74		01:06:42	AA LEBRES SADO
412	268	MANUEL GOMES	M	68		01:06:43	CCD EFACEC LISBOA
413	177	ELIA FOLGADO	F	34		01:06:48	B13X
414	195	JOANA R P M GODINHO	F	37		01:07:02	INDIVIDUAL
415	180	LARA A DUARTE	F	34		01:07:35	B13X
416	175	SANDRA M CURTO	F	41		01:07:35	B13X
417	476	ALDA OLIVEIRA	F	59		01:07:52	GDCT REPSOL
418	132	ANDREIA PEREIRA	F	37		01:08:40	JUSTFORFUN
419	490	HERLANDER BRAZ	M	54		01:08:58	INDIVIDUAL
420	474	AMADEU FERREIRA	M	71		01:08:58	GDCT REPSOL
421	52	MANUELA BUSTORFF	F	58		01:12:42	TEJAVISTA
422	45	CARLOS TEIXEIRA	M	52		01:12:42	TEJAVISTA
423	260	ADELINO CASTRO	M	61		01:12:44	CCD EFACEC LISBOA
424	467	OTILIO CALIÇO	M	66		01:12:45	TARTUGAS DE LOULÉ
425	331	TERESA PRATES	F	59		01:12:46	AA LEBRES SADO
426	28	LURDES FERREIRA	F	51		01:13:47	SS MONTEPIO GERAL

Total de registros: 426

## 12º GRANDE PREMIO DE GRANDOLA 2014 - 02/02/2014

## Relatório por Faixas Etárias

## F2034

Class	Num	Nome	Sx	Idd	T. Bruto	Equipe
1	5	JELENA PROKOPCUKA	F	34	00:32:36	LETONIA
2	395	ANA M FERREIRA	F	25	00:34:40	GD ESTREITO
3	4	ERCILIA MACHADO	F	27	00:35:18	SPORTING CP
4	2	VERA NUNES	F	34	00:35:38	SL BENFICA
5	6	ANNA KAZEMAKA	F	24	00:36:01	LETONIA
6	337	RAQUEL TRABUCO	F	27	00:36:38	C ELVENSE NATAÇÃO
7	447	MONICA MOREIRAS	F	34	00:37:27	NUCLEOEIRAS/SPORTZONE
8	34	ANA C DIAS	F	20	00:40:06	NDC ODEMIRA
9	387	TANIA COSTA	F	30	00:46:52	INDIVIDUAL
10	239	FILIPA D B SILVA	F	31	00:46:55	INDIVIDUAL
11	372	SOFIA BRITES	F	30	00:47:15	AMICICLO / SPORT CITY
12	410	ANA GONÇALVES	F	32	00:48:11	INDIVIDUAL
13	75	ANDREIA LOPES	F	23	00:49:42	CP PINHEIRO CRUZ
14	357	CARLA PEREIRA	F	25	00:51:35	C ELVENSE NATAÇÃO
15	104	ANGELA C MENDES	F	29	00:52:04	AC PORTALEGRE / UTSM
16	120	CATIA SANTOS	F	29	00:52:35	INDIVIDUAL
17	423	MARIZA FERRAZ	F	32	00:53:23	INDIVIDUAL
18	292	EDILAINE L B SILVA	F	25	00:55:42	CERCAL RUNNING TEAM
19	297	DIANA S C SOARES	F	24	00:56:50	B13X
20	446	ANGELA FIGUEIRA	F	33	00:57:59	INDIVIDUAL
21	294	SUSANA F BERNARDINO	F	24	00:59:50	B13X
22	335	CARLA S CARDOSO	F	32	00:59:50	B13X
23	258	HEVELINE F SILVA	F	22	01:00:54	INDIVIDUAL
24	170	ANDREIA F PONTE	F	23	01:02:01	CP EDP SINES
25	226	ANA T GONÇALVES	F	22	01:02:37	INDIVIDUAL
26	495	LUCIA DOMINGOS	F	30	01:03:42	INDIVIDUAL
27	177	ELIA FOLGADO	F	34	01:06:48	B13X
28	180	LARA A DUARTE	F	34	01:07:35	B13X

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Relatório por Faixas Etárias

**F3544**

Class	Num	Nome	Sx	Idd	T. Bruto	Equipe
1	455	VERONICA SCUTARU	F	37	00:39:52	BOAVISTA S MATEUS
2	41	PAULA LANEIRO	F	38	00:42:32	NDC ODEMIRA
3	221	CRISTINA GAVINHO	F	37	00:44:53	PUMAS DO GUINCHO
4	419	ODETE FIÚZA	F	41	00:45:03	INDIVIDUAL
5	309	AC PEREIRA	F	44	00:46:29	CLUBE PP ESC ATLETISMO
6	220	PAULA NUNES	F	41	00:47:40	PUMAS DO GUINCHO
7	442	SUSANA SOARES	F	37	00:48:06	INDIVIDUAL
8	311	ANA I GUIA	F	41	00:50:08	INDIVIDUAL
9	128	Mª ANTÓNIA MESTRE	F	39	00:51:03	INDIVIDUAL
10	382	DIANA P REIS	F	41	00:51:51	OS KOTAS
11	374	CLAUDIA TEIXEIRA	F	40	00:52:35	OS KOTAS
12	21	OLGA MARTINS	F	39	00:55:03	RB RUNNING
13	207	CARLA C R SILVA	F	36	00:56:15	GDCA PORTO SINES
14	413	MARIA QUITÉRIA	F	40	00:56:43	INDIVIDUAL
15	165	VICTÓRIA CARNEIRO	F	40	00:56:57	GDR SÃO FRANCISCO SERRA
16	33	RITA GONÇALVES	F	38	00:57:29	SS MONTEPIO GERAL
17	126	ISABEL RODRIGUES	F	38	01:00:03	INDIVIDUAL
18	162	SILVIA MATOS	F	43	01:05:14	GDR SÃO FRANCISCO SERRA
19	195	JOANA R P M GODINHO	F	37	01:07:02	INDIVIDUAL
20	175	SANDRA M CURTO	F	41	01:07:35	B13X
21	132	ANDREIA PEREIRA	F	37	01:08:40	JUSTFORFUN

**12º GRANDE PREMIO DE GRANDOLA 2014 - 02/02/2014**

Relatório por Faixas Etárias

**F4599**

<b>Class</b>	<b>Num</b>	<b>Nome</b>	<b>Sx</b>	<b>Idd</b>	<b>T. Bruto</b>	<b>Equipe</b>
1	441	LUCILIA SOARES	F	52	00:38:44	SL BENFICA
2	93	CHANTAL XHERVELLE	F	45	00:41:14	AM Bº CASAL FIGUEIRAS
3	55	ANA DUARTE	F	47	00:42:06	CCD O ALVITEJO
4	191	HELENA MARTINS	F	51	00:43:06	AA MAFRA
5	219	Mª CARMO BARROS	F	54	00:48:15	PUMAS DO GUINCHO
6	349	ROSA AFONSO	F	46	00:51:00	CCR ALTO MOINHO
7	342	VANDA AUGUSTO	F	59	00:52:25	CA ODIMARQ
8	278	GRAÇA B CORVINHO	F	50	00:54:35	CLUBE VELA TAVIRA
9	115	FERNANDA COSTA	F	51	00:55:09	AA MAFRA
10	285	REGINA BADALO	F	49	00:57:01	ADCSA BALDIO
11	46	DANIELA MOURA	F	53	00:59:40	TEJAVISTA
12	445	NATALINA FIGUEIRA	F	66	01:04:47	INDIVIDUAL
13	412	PAULA COUTO	F	50	01:04:59	INDIVIDUAL
14	44	ISAURA ATANASIO	F	61	01:05:35	TEJAVISTA
15	476	ALDA OLIVEIRA	F	59	01:07:52	GDCT REPSOL
16	52	MANUELA BUSTORFF	F	58	01:12:42	TEJAVISTA
17	331	TERESA PRATES	F	59	01:12:46	AA LEBRES SADO
18	28	LURDES FERREIRA	F	51	01:13:47	SS MONTEPIO GERAL

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Relatório por Faixas Etárias

M2034

Class	Num	Nome	Sx	Idd	T. Bruto	Equipe
1	1	HERMANO FERREIRA	M	31	00:29:49	THE CLEANS
2	427	RICARDO M R MATEUS	M	26	00:30:31	SPORTING CP
3	390	NELSON CRUZ	M	30	00:30:35	CLUBE PP ESC ATLETISMO
4	425	BRUNO PAIXAO	M	29	00:30:40	CUA BENAVENTENSE
5	201	PEDRO ARSENIO	M	31	00:31:00	CA ODIMARQ
6	394	RICARDO ABREU	M	34	00:32:23	CLUBE PP ESC ATLETISMO
7	76	CARLOS CARDOSO	M	31	00:32:28	GDR REBOLEIRA
8	439	ANDRE S GUIMARAES	M	31	00:32:40	ASS LINCE TRIATHLON
9	417	TIAGO LEAL	M	23	00:33:05	INDIVIDUAL
10	150	JOAO OLIVEIRA	M	29	00:33:21	GDR SÃO FRANCISCO SERRA
11	385	MUSSA DJAU	M	20	00:33:42	BEJA AC
12	202	JOAO FONTE BOA	M	27	00:34:19	CA ODIMARQ
13	367	JORGE ALVES	M	23	00:35:39	GAB FISIO DESPORTO
14	371	RUI DOLORES	M	29	00:35:40	AMICICLO/SPORT CITY
15	492	PEDRO POEIRA	M	32	00:35:45	NDC ODEMIRA
16	92	NUNO ABILIO	M	34	00:36:00	AM Bº CASAL FIGUEIRAS
17	415	JOAO NUNES	M	28	00:36:23	AC PORTALEGRE/UTSM
18	393	RAFAEL GONÇALVES	M	29	00:36:29	CLUBE PP ESC ATLETISMO
19	196	FILIPE MADEIRA	M	23	00:37:23	INDIVIDUAL
20	36	RICARDO COSTA	M	27	00:37:25	NDC ODEMIRA
21	290	JOSE ESTANQUE	M	33	00:37:52	BEJA AC
22	275	BRUNO GAMITO	M	26	00:38:22	GDR SÃO FRANCISCO SERRA
23	314	SAMUEL GALVEIA	M	32	00:38:31	CADT PORTUCEL
24	353	VASCO RAFAEL	M	24	00:38:45	INDIVIDUAL
25	433	JORGE AUGUSTO	M	30	00:39:11	NS MOURA
26	257	TIAGO E M J GOMES	M	28	00:39:24	NG/TEAM PROTEIK/STAR BALM
27	491	LUIS M FILIPE	M	20	00:39:28	NDC ODEMIRA
28	119	JOAO ROMÃO	M	24	00:39:43	AMINHACORRIDA.COM
29	149	HUGO GONÇALVES	M	25	00:39:58	GDR SÃO FRANCISCO SERRA
30	35	FABIO BATISTA	M	21	00:40:06	NDC ODEMIRA
31	279	ANTONIO J A G LOUREIRO	M	32	00:40:09	TZS RUNNING GYM
32	173	RICARDO BRITO	M	34	00:40:18	INDIVIDUAL
33	334	RUI P P FERREIRA	M	30	00:41:14	INDIVIDUAL
34	434	PAULO GODINHO	M	20	00:41:16	NS MOURA
35	252	PAULO A C PATRICIO	M	28	00:41:47	CERCAL RUNNING TEAM
36	237	PEDRO SANTOS	M	28	00:42:13	INDIVIDUAL
37	414	BRUNO CARRILHO	M	32	00:42:15	AC PORTALEGRE/UTSM
38	269	RICARDO FÉLIX	M	34	00:42:20	CCD EFACEC LISBOA
39	312	RUI M S VIOLANTE	M	33	00:42:31	CRIRA
40	299	MIGUEL A COSTA	M	26	00:43:01	CERCAL RUNNING TEAM

**12º GRANDE PREMIO DE GRANDOLA 2014 - 02/02/2014**

## Relatório por Faixas Etárias

**M2034**

<b>Class</b>	<b>Num</b>	<b>Nome</b>	<b>Sx</b>	<b>Idd</b>	<b>T. Bruto</b>	<b>Equipe</b>
41	125	DAVID G BARÃO	M	34	00:43:05	INDIVIDUAL
42	251	DAVID A RODRIGUES	M	26	00:43:47	CERCAL RUNNING TEAM
43	284	BRUNO A L FRIJA	M	25	00:43:47	INDIVIDUAL
44	283	FABIO H L JESUS	M	27	00:44:28	INDIVIDUAL
45	121	HELDER ALVES	M	26	00:44:30	INDIVIDUAL
46	253	DIOGO F N SILVA	M	27	00:44:48	CERCAL RUNNING TEAM
47	73	RUI SOBRAL	M	27	00:44:53	CP PINHEIRO CRUZ
48	470	JORGE OLIM	M	30	00:45:28	TARTUGAS DE LOULÉ
49	124	PEDRO FIGUEIREDO	M	30	00:45:52	INDIVIDUAL
50	133	MARCO P P CORREIA	M	33	00:46:37	INDIVIDUAL
51	388	DAVID NUNES	M	32	00:46:52	INDIVIDUAL
52	238	JOSE M COSTA	M	34	00:46:55	INDIVIDUAL
53	247	LUIS M P N CHAGAS	M	26	00:46:58	INDIVIDUAL
54	409	CARLOS GONÇALVES	M	31	00:48:05	INDIVIDUAL
55	69	RODRIGO MATEUS	M	34	00:48:09	CP PINHEIRO CRUZ
56	174	RICARDO BARBEIRO	M	32	00:48:21	INDIVIDUAL
57	355	JOAO A LIMA	M	31	00:48:33	INDIVIDUAL
58	122	JOAO P M RIBEIRO	M	29	00:48:58	INDIVIDUAL
59	378	TITO R S GONÇALVES	M	26	00:48:59	OS KOTAS
60	293	GUILHERME PACHECO	M	26	00:49:01	CERCAL RUNNING TEAM
61	246	JOAO C T LOPES	M	33	00:49:54	INDIVIDUAL
62	377	JOAQUIM SANTANA	M	30	00:50:25	OS KOTAS
63	428	LUIS DOURADO	M	33	00:51:31	B13X
64	142	ALEXANDRE NUNES	M	27	00:52:35	GDR SÃO FRANCISCO SERRA
65	68	FERNANDO SERRAO	M	24	00:52:53	CP PINHEIRO CRUZ
66	448	ATLETA NÃO CADASTRADO	M	21	00:59:24	
67	494	RAFAEL DOMINGOS	M	32	01:03:44	INDIVIDUAL
68	420	ANTONIO E V MARÇAL	M	31	01:05:05	INDIVIDUAL



12º GRANDE PREMIO DE GRANDOLA 2014 - 02/02/2014

Relatório por Faixas Etárias

M3539

Class	Num	Nome	Sx	Idd	T. Bruto	Equipe
1	77	BRUNO FRAGA	M	36	00:32:02	GDR REBOLEIRA
2	199	PEDRO GOMES	M	36	00:32:34	CA ODIMARQ
3	144	CUSTÓDIO ANTÓNIO	M	37	00:33:00	GDR SÃO FRANCISCO SERRA
4	203	LUIS BATISTA	M	36	00:33:26	CA ODIMARQ
5	139	RUI M S FONTES	M	35	00:35:33	BEJA AC
6	192	JOEL RODRIGUES	M	39	00:36:22	AA MAFRA
7	405	PEDRO FERREIRA	M	38	00:36:46	C BENFICA ALG M MARTINS
8	157	RICHARDSON FERREIRA	M	39	00:37:20	GDR SÃO FRANCISCO SERRA
9	159	RUI CANDEIAS	M	37	00:37:29	GDR SÃO FRANCISCO SERRA
10	403	JANICIO REIS	M	35	00:37:50	C BENFICA ALG M MARTINS
11	336	ANTONIO RODRIGUES	M	36	00:37:56	C ELVENSE NATAÇÃO
12	376	LUIS SILVA	M	36	00:37:58	OS KOTAS
13	160	RUI GONÇALVES	M	38	00:38:02	GDR SÃO FRANCISCO SERRA
14	164	VITOR PEREIRA	M	37	00:38:24	GDR SÃO FRANCISCO SERRA
15	310	ALEXANDRE RODRIGUES	M	38	00:38:29	AA MAFRA
16	188	PAULO M GASPAR	M	38	00:38:36	LEBRES DA PORCALHOTA
17	98	CARLOS LOPES	M	39	00:39:08	AMINHACORRIDA.COM
18	259	OSVALDO FERREIRA	M	37	00:39:10	CRD ARRUDENSE
19	463	HUMBERTO FERNANDES	M	36	00:39:23	TARTUGAS DE LOULÉ
20	416	MIGUEL C GARCIA	M	36	00:39:47	INDIVIDUAL
21	364	HUGO A A G PATRÍCIO	M	37	00:39:56	INDIVIDUAL
22	379	HENRIQUE RAFAEL	M	39	00:40:54	OS KOTAS
23	301	JOSE A S R MATEUS	M	36	00:41:09	KAINAGUA
24	222	LUIS M C NEVES	M	35	00:41:26	MARINHAIS AC
25	469	LUIS CORDEIRO	M	37	00:42:10	TARTUGAS DE LOULÉ
26	273	ANTONIO VENTURA	M	37	00:43:20	BEJA AC
27	91	MANUEL ANTONIO	M	38	00:44:10	AM Bº CASAL FIGUEIRAS
28	401	TIAGO S FERREIRA	M	39	00:44:36	INDIVIDUAL
29	272	FILIPE SALMIM	M	39	00:45:43	INDIVIDUAL
30	179	PEDRO A F PALMINHA	M	37	00:45:53	INDIVIDUAL
31	70	HELDER ASTUCIA	M	36	00:45:54	CP PINHEIRO CRUZ
32	487	PEDRO SILVA	M	39	00:46:40	INDIVIDUAL
33	48	JOSE MARTINS	M	39	00:47:44	TEJAVISTA
34	152	LUÍS GONÇALVES	M	38	00:48:15	GDR SÃO FRANCISCO SERRA
35	208	TIAGO L PAULO	M	39	00:49:08	GDCA PORTO SINES
36	63	ARMINDO CHAINHO	M	39	00:49:19	CP PINHEIRO CRUZ
37	154	NUNO GAMITO	M	36	00:50:18	GDR SÃO FRANCISCO SERRA
38	11	JOSE MARTINS	M	39	00:51:33	SS CGD
39	209	RENATO PENAS	M	36	00:52:12	GDCA PORTO SINES
40	26	FERNANDO PALMA	M	38	00:53:53	SS MONTEPIO GERAL

**M3539**

<b>Class</b>	<b>Num</b>	<b>Nome</b>	<b>Sx</b>	<b>Idd</b>	<b>T. Bruto</b>	<b>Equipe</b>
41	444	LUIS VIEIRA	M	35	00:54:10	B13X
42	214	JOAO SANTOS	M	36	00:54:17	GDCA PORTO SINES
43	29	MANUEL C SANTOS	M	39	00:54:35	SS MONTEPIO GERAL
44	22	PEDRO MARTINS	M	39	00:55:03	RB RUNNING
45	25	CARLOS MELO	M	36	00:55:54	SS MONTEPIO GERAL
46	481	MARIO PEREIRA	M	39	00:56:15	LEBRES TARTARUGAS
47	345	CARLOS M C AMBRÓSIO	M	37	00:56:46	INDIVIDUAL
48	270	RICARDO SOUSA	M	35	00:58:39	CCD EFACEC LISBOA
49	127	NUNO SILVA	M	38	01:00:03	INDIVIDUAL
50	398	PEDRO OLIVEIRA	M	36	01:01:33	JD NEVES

12º GRANDE PREMIO DE GRANDOLA 2014 - 02/02/2014

Relatório por Faixas Etárias

M4044

Class	Num	Nome	Sx	Idd	T. Bruto	Equipe
1	451	ALEX SCUTARU	M	41	00:32:10	BOAVISTA S MATEUS
2	80	LUIS GINJA	M	40	00:32:53	GDR REBOLEIRA
3	81	NUNO ROMAO	M	41	00:33:35	GDR REBOLEIRA
4	37	RAUL LOURENÇO	M	42	00:33:54	NDC ODEMIRA
5	205	MARIO CASSACA	M	41	00:34:19	CA ODIMARQ
6	295	JOAO GONÇALVES	M	44	00:34:58	BEJA AC
7	79	PAULO MOREIRA	M	44	00:35:27	GDR REBOLEIRA
8	158	ROGERIO CASSACA	M	43	00:36:43	GDR SÃO FRANCISCO SERRA
9	153	LUÍS PEREIRA	M	44	00:36:49	GDR SÃO FRANCISCO SERRA
10	82	FERNANDO SANTOS	M	43	00:37:10	GDR REBOLEIRA
11	78	JORGE CORREIA	M	42	00:37:17	GDR REBOLEIRA
12	466	JORGE CORREIA	M	41	00:38:13	TARTUGAS DE LOULÉ
13	361	ANTÓNIO SIMÕES	M	44	00:38:13	GDC BANCO PORTUGAL
14	358	LUÍS RIO	M	42	00:38:17	GDC BANCO PORTUGAL
15	234	PAULO PINTO	M	40	00:38:30	FIGAS E AMIGOS
16	38	PEDRO SILVA	M	41	00:38:31	NDC ODEMIRA
17	114	MARIO CAMARATE	M	44	00:38:49	AA MAFRA
18	182	FERNANDO J POLÓNIO	M	44	00:39:12	LEBRES DA PORCALHOTA
19	407	HELDER LOPES	M	44	00:39:40	C BENFICA ALG M MARTINS
20	56	NUNO SANTOS	M	42	00:39:44	CCD O ALVITEJO
21	493	PAULO G C SILVA	M	40	00:40:46	INDIVIDUAL
22	482	JOSE GONÇALVES	M	41	00:41:06	LEBRES TARTARUGAS
23	146	FERNANDO MESTRE	M	40	00:41:16	GDR SÃO FRANCISCO SERRA
24	148	FRANCISCO CARMO	M	42	00:41:40	GDR SÃO FRANCISCO SERRA
25	97	JOAO XAVIER	M	41	00:41:56	GA OS PATRICIOS
26	303	LUIS FIDALGO	M	43	00:42:07	INDIVIDUAL
27	211	GONÇALO SANTOS	M	40	00:42:54	GDCA PORTO SINES
28	431	JORGE PAIS	M	42	00:44:01	NS MOURA
29	183	HELDER M B HENRIQUES	M	44	00:44:07	LEBRES DA PORCALHOTA
30	465	SILVERIO GUERREIRO	M	41	00:44:25	TARTUGAS DE LOULÉ
31	418	PEDRO MEIRELES	M	44	00:45:03	INDIVIDUAL
32	224	ANTONIO M C S LEAL	M	42	00:45:17	MARINHAIS AC
33	23	ARNALDO TRINDADE	M	42	00:45:27	RB RUNNING
34	350	CARLOS S R VIEIRA	M	42	00:45:31	INDIVIDUAL
35	300	RUI C B CASIMIRO	M	41	00:45:43	B13X
36	296	BENTO M C PALMA	M	40	00:45:49	BEJA AC
37	304	LUIS CRUZ	M	42	00:46:24	VITORIA FC
38	176	LUIS CASIMIRO	M	41	00:46:49	B13X
39	67	CARLOS AUGUSTO	M	40	00:47:20	CP PINHEIRO CRUZ
40	375	ANTONIO J TEIXEIRA	M	44	00:47:53	OS KOTAS

# 12º GRANDE PREMIO DE GRANDOLA 2014 - 02/02/2014

## Relatório por Faixas Etárias

### M4044

Class	Num	Nome	Sx	Idd	T. Bruto	Equipe
41	90	CARLOS REGIO	M	42	00:47:59	AM Bº CASAL FIGUEIRAS
42	424	CARLOS A A GONÇALVES	M	42	00:48:39	B13X
43	307	FERNANDO S GONÇALVES	M	44	00:48:50	SSTM ODEMIRA
44	308	PAULO J A MARQUES	M	40	00:48:51	SSTM ODEMIRA
45	186	NUNO A S TRINDADE	M	43	00:49:06	LEBRES DA PORCALHOTA
46	167	LUIS M R CHAINHO	M	40	00:49:19	JF GRANDOLA JF S F SERRA
47	344	MANUEL C AMBRÓSIO	M	43	00:49:19	INDIVIDUAL
48	255	PAULO CARDIM	M	40	00:50:51	A DANIEL CALDEIRA
49	31	PAULO PEREIRA	M	43	00:51:14	SS MONTEPIO GERAL
50	332	MANUEL MATOS	M	43	00:52:01	INDIVIDUAL
51	178	JOAQUIM F C ALGARVIO	M	40	00:52:57	INDIVIDUAL
52	187	NUNO M MARTINS	M	40	00:53:58	LEBRES DA PORCALHOTA

## 12º GRANDE PREMIO DE GRANDOLA 2014 - 02/02/2014

## Relatório por Faixas Etárias

## M4549

Class	Num	Nome	Sx	Idd	T. Bruto	Equipe
1	57	JOAO VAZ	M	46	00:32:33	CCD O ALVITEJO
2	391	PEDRO PESSOA	M	47	00:32:46	CLUBE PP ESC ATLETISMO
3	111	JORGE CRUZ	M	48	00:33:11	AA MAFRA
4	84	JOSE INACIO	M	48	00:33:37	GDR REBOLEIRA
5	83	JOSE ATUNES	M	47	00:33:56	GDR REBOLEIRA
6	240	FERNANDO ALVES	M	47	00:34:52	AA MAFRA
7	443	JOAO MONTES	M	49	00:35:40	CLUBE PP ESC ATLETISMO
8	291	HERNANI FRANCISCO	M	45	00:35:43	VITORIA FC
9	462	ANTONIO ALVES	M	47	00:36:19	TARTUGAS DE LOULÉ
10	402	AMERICO PEREIRA	M	49	00:36:21	C BENFICA ALG M MARTINS
11	404	VITOR SILVA	M	47	00:37:33	C BENFICA ALG M MARTINS
12	306	ANTONIO M A SILVESTRE	M	47	00:37:42	SSTM ODEMIRA
13	155	PAULO CHAINHO	M	49	00:37:52	GDR SÃO FRANCISCO SERRA
14	406	JOAO AFONSO	M	45	00:37:57	C BENFICA ALG M MARTINS
15	351	PAULO ALFAR	M	48	00:38:15	INDIVIDUAL
16	163	VASCO AGOSTINHO	M	48	00:38:19	GDR SÃO FRANCISCO SERRA
17	166	ANTONIO PIRES	M	46	00:38:27	GDR SÃO FRANCISCO SERRA
18	460	FERNANDO ALVES	M	49	00:39:24	TARTUGAS DE LOULÉ
19	130	PAULO MATA	M	49	00:39:43	JUSTFORFUN
20	112	FRANCISCO ROCHA	M	46	00:39:58	AA MAFRA
21	305	CARLOS ROSADO	M	45	00:41:05	C RUGBY JUROMENHA
22	96	PAULO GUERREIRO	M	48	00:41:21	GA OS PATRICIOS
23	286	JOSE BADALO	M	48	00:41:30	ADCSA BALDIO
24	277	MARIO M T SOUSA	M	46	00:41:36	CLUBE VELA TAVIRA
25	249	JOAQUIM VIEGAS	M	47	00:41:57	BEJA AC
26	373	JOSE VILHENA	M	47	00:42:09	OS KOTAS
27	461	FERNANDO CORREIA	M	47	00:42:40	TARTUGAS DE LOULÉ
28	436	ANTONIO E G TORRE	M	49	00:43:26	THAI VILAMOURA
29	189	JOSE MARTINS	M	48	00:44:01	INDIVIDUAL
30	184	VITOR R LOPES	M	45	00:44:22	LEBRES DA PORCALHOTA
31	71	RUI PEREIRA	M	46	00:44:31	CP PINHEIRO CRUZ
32	228	JOAO SANTOS	M	49	00:44:41	C PRAÇAS ARMADA
33	107	PEDRO M P COSTA	M	45	00:46:11	INDIVIDUAL
34	39	JOSE AUGUSTO	M	45	00:47:22	NDC ODEMIRA
35	489	HENRIQUE TRINDADE	M	47	00:47:32	INDIVIDUAL
36	181	JORGE M C ROMÃO	M	45	00:48:14	LEBRES DA PORCALHOTA
37	356	HONORATO R S SIMÕES	M	47	00:48:15	INDIVIDUAL
38	103	PEDRO CAETANO	M	46	00:48:25	INDIVIDUAL
39	343	CARLOS ESTEBAINHA	M	46	00:48:42	SSTM ODEMIRA
40	316	SILVINO MAREIROS	M	46	00:49:02	CADT PORTUCEL

# 12º GRANDE PREMIO DE GRANDOLA 2014 - 02/02/2014

## Relatório por Faixas Etárias

### M4549

Class	Num	Nome	Sx	Idd	T. Bruto	Equipe
41	399	CARLOS ROCHA	M	49	00:49:26	JD NEVES
42	210	ANTONIO CERTÃ	M	48	00:50:08	GDCA PORTO SINES
43	24	ANTONIO FRANCO	M	48	00:51:14	SS MONTEPIO GERAL
44	483	JORGE NEVES	M	47	00:52:34	LEBRES TARTARUGAS
45	110	JOSE GONÇALVES	M	47	00:52:58	AA MAFRA
46	131	PAULO VIANA	M	45	00:53:39	JUSTFORFUN
47	88	JOAQUIM SANTOS	M	45	00:56:04	AM Bº CASAL FIGUEIRAS
48	30	MANUEL J NARCISO	M	49	00:56:47	SS MONTEPIO GERAL
49	289	MANUEL CRISTETO	M	46	01:02:13	INDIVIDUAL
50	266	JULIO FARIA	M	46	01:05:14	CCD EFACEC LISBOA

12º GRANDE PREMIO DE GRANDOLA 2014 - 02/02/2014

Relatório por Faixas Etárias

M5054

Class	Num	Nome	Sx	Idd	T. Bruto	Equipe
1	85	EUGENIO NETO	M	51	00:33:36	GDR REBOLEIRA
2	453	ALEXANDRE SOARES	M	52	00:34:20	BOAVISTA S MATEUS
3	392	JOÃO VEIGA	M	54	00:35:18	CLUBE PP ESC ATLETISMO
4	138	JORGE F A D FONTES	M	52	00:36:25	BEJA AC
5	386	LUÍS PEREIRA	M	54	00:36:34	BEJA AC
6	248	MANUEL ANDRÉ	M	51	00:36:50	BEJA AC
7	459	ROGERIO PINGUINHA	M	50	00:38:13	TARTUGAS DE LOULÉ
8	256	JAIME LAMEGO	M	54	00:39:08	MULTIRUNNERS
9	397	JOSE SIMÕES	M	54	00:39:30	JD NEVES
10	197	JOAQUIM MARTINS	M	50	00:39:45	CA ODIMARQ
11	218	JOAO RODRIGUES	M	50	00:40:26	PUMAS DO GUINCHO
12	40	ILIDIO CAMPOS	M	53	00:40:31	NDC ODEMIRA
13	66	JOAQUIM LOPES	M	50	00:40:36	CP PINHEIRO CRUZ
14	233	AMAVEL FIGUEIREDO	M	53	00:40:39	FIGAS E AMIGOS
15	440	JOAO CANHOTO	M	51	00:41:09	INDIVIDUAL
16	468	JOSE L SANTOS	M	50	00:41:31	TARTUGAS DE LOULÉ
17	432	ANTONIO NINHOS	M	50	00:41:46	NS MOURA
18	108	CARLOS MORAIS	M	50	00:42:45	AA MAFRA
19	250	EMANUEL FREITAS	M	50	00:42:54	VESAUTO
20	437	JOSE A OLIVEIRA	M	54	00:43:15	THAI VILAMOURA
21	244	MANUEL ZORRO	M	52	00:43:42	AA MAFRA
22	151	JOSE SANTOS	M	50	00:44:31	GDR SÃO FRANCISCO SERRA
23	64	HELIDORO NUNES	M	51	00:45:53	CP PINHEIRO CRUZ
24	362	JOAQUIM FERRÃO	M	53	00:46:15	GDC BANCO PORTUGAL
25	421	CARLOS TEIXEIRA	M	53	00:46:28	LEBRES E TARTARUGAS
26	354	JOAQUIM M C LIMA	M	50	00:47:18	INDIVIDUAL
27	458	VICELIO MENDES	M	51	00:47:34	TARTUGAS DE LOULÉ
28	95	EDUARDO SILVA	M	53	00:47:39	GA OS PATRICIOS
29	51	LUIS MIRANDA	M	54	00:48:15	TEJAVISTA
30	14	FRANCISCO SANTOS	M	50	00:50:33	CA MATINHA
31	264	ANTONIO SANTOS	M	51	00:51:56	CCD EFACEC LISBOA
32	488	JOSE BARATA	M	53	00:52:14	INDIVIDUAL
33	484	LUIS MONTEIRO	M	51	00:52:42	LEBRES TARTARUGAS
34	217	FERNANDO FRAGATEIRO	M	53	00:52:47	GDCA PORTO SINES
35	32	PEDRO RAMOS	M	54	00:53:53	SS MONTEPIO GERAL
36	365	ARLINDO PARRA	M	52	00:54:04	CP EDP LISBOA
37	74	RUI PEREIRA	M	50	00:54:42	CP PINHEIRO CRUZ
38	287	ANTONIO J M SERRA	M	54	00:55:24	ADCSA BALDIO
39	430	FREDERICO SOUSA	M	50	00:56:07	LEBRES E TARTARUGAS
40	13	ADELINO MATEUS	M	53	00:57:33	CA MATINHA

M5054

Class	Num	Nome	Sx	Idd	T. Bruto	Equipe
41	17	JOAO RIBEIRO	M	54	00:59:10	CA MATINHA
42	169	PEDRO J V PONTE	M	53	01:02:01	CP EDP SINES
43	232	JULIO SANTOS	M	52	01:03:45	C PRAÇAS ARMADA
44	490	HERLANDER BRAZ	M	54	01:08:58	INDIVIDUAL
45	45	CARLOS TEIXEIRA	M	52	01:12:42	TEJAVISTA



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Relatório por Faixas Etárias

M5559

Class	Num	Nome	Sx	Idd	T. Bruto	Equipe
1	200	SILVESTRE GOMES	M	58	00:34:47	CA ODIMARQ
2	198	AIRES PRATAS	M	58	00:35:26	CA ODIMARQ
3	282	AMILCAR DUARTE	M	55	00:36:25	SPORTING CP
4	89	MARIO PAIXAO	M	57	00:39:55	AM Bº CASAL FIGUEIRAS
5	454	JOSE AVELINO	M	57	00:42:06	BOAVISTA S MATEUS
6	140	CARLOS SOUSA	M	56	00:43:25	OS PERIGOSOS
7	359	JOSÉ MONTEIRO	M	57	00:43:58	GDC BANCO PORTUGAL
8	380	ANTONIO PARREIRA	M	55	00:44:12	OS KOTAS
9	147	FERNANDO SOBRAL	M	56	00:44:32	GDR SÃO FRANCISCO SERRA
10	100	JOSE MOURA	M	57	00:44:57	BEJA AC
11	109	CARLOS RODRIGUES	M	57	00:45:09	AA MAFRA
12	235	JOSE CABRAL	M	56	00:45:09	GDR SÃO FRANCISCO SERRA
13	99	FLORIMUNDO SILVA	M	58	00:45:20	AMINHACORRIDA.COM
14	10	JOAQUIM FRADE	M	58	00:45:53	SS CGD
15	319	EUSEBIO CAMACHO	M	59	00:46:25	CADT PORTUCEL
16	229	MANUEL JACINTO	M	58	00:46:58	C PRAÇAS ARMADA
17	113	ANTONIO REIS	M	59	00:47:54	AA MAFRA
18	261	AMÉRICO SANTOS	M	56	00:48:12	CCD EFACEC LISBOA
19	65	JOSE PARREIRA	M	56	00:48:38	CP PINHEIRO CRUZ
20	366	CARLOS P RODRIGUES	M	56	00:48:44	CP EDP LISBOA
21	172	JOAO M S ALMEIDA	M	55	00:49:03	CP EDP SINES
22	242	JOAO PAÇO	M	55	00:49:04	AA MAFRA
23	54	JOSE AZURARA	M	55	00:50:38	TEJAVISTA
24	271	VICTOR SANTOS	M	57	00:51:01	INDIVIDUAL
25	118	EGIDIO PORTELA	M	56	00:51:45	AA MAFRA
26	422	CARLOS GONÇALVES	M	57	00:51:50	LEBRES E TARTARUGAS
27	318	EZIQUEL FERNANDES	M	57	00:52:00	CADT PORTUCEL
28	102	FERNANDO CARRILHO	M	56	00:52:04	INDIVIDUAL
29	18	JOSE FREIRE	M	57	00:52:13	CA MATINHA
30	47	LUIS MOURA	M	55	00:53:05	TEJAVISTA
31	27	LUIS REIS	M	56	00:54:19	SS MONTEPIO GERAL
32	42	JOAO P CAROÇO	M	57	00:56:05	TEJAVISTA
33	145	ERMELINDO NUNES	M	56	00:56:34	GDR SÃO FRANCISCO SERRA
34	265	FERNANDO MAGALHÃES	M	57	00:57:16	CCD EFACEC LISBOA
35	324	CARLOS PEREIRA	M	58	00:57:22	AA LEBRES SADO
36	12	ANTONIO MARQUES	M	57	00:58:20	CA MATINHA
37	479	JORGE SANTOS	M	57	00:58:44	GDCT REPSOL
38	411	ARTUR DINIS	M	56	01:04:59	INDIVIDUAL
39	280	FRANCISCO FERREIRA	M	59	01:06:26	CCD EFACEC LISBOA

## 12º GRANDE PREMIO DE GRANDOLA 2014 - 02/02/2014

## Relatório por Faixas Etárias

## M6099

Class	Num	Nome	Sx	Idd	T. Bruto	Equipe
1	204	FERNANDO CHAMUSCA	M	63	00:38:35	CA ODIMARQ
2	320	JOAO ARENGA	M	62	00:39:41	CADT PORTUCEL
3	106	PETER STEINHAUSEN	M	61	00:40:13	INDIVIDUAL
4	61	JOSE ORVALHO	M	65	00:41:28	CCD O ALVITEJO
5	457	SERGIO SOUSA	M	64	00:41:49	TARTUGAS DE LOULÉ
6	368	GUMERSINDO RODRIGUES	M	63	00:42:33	AA LEBRES SADO
7	161	RUI FREITAS	M	61	00:42:47	GDR SÃO FRANCISCO SERRA
8	360	ADELINO SEMEDO	M	60	00:42:53	GDC BANCO PORTUGAL
9	267	MANUEL FIDALGO	M	61	00:42:57	CCD EFACEC LISBOA
10	59	LUIS ORVALHO	M	61	00:42:58	CCD O ALVITEJO
11	171	ANTÓNIO F MAURICIO	M	62	00:43:20	CP EDP SINES
12	62	AMILCAR SANTANA	M	67	00:45:45	CCD O ALVITEJO
13	231	ANTONIO BORLA	M	68	00:47:13	C PRAÇAS ARMADA
14	94	MANUEL GONÇALVES	M	68	00:48:18	GA OS PATRICIOS
15	230	POSSIDÓNIO CONSTANTINO	M	61	00:48:56	C PRAÇAS ARMADA
16	328	MARCOS FERREIRA	M	66	00:49:34	AA LEBRES SADO
17	53	JOSE GOMES	M	60	00:49:54	TEJAVISTA
18	321	MANUEL CARDIM	M	62	00:51:07	CADT PORTUCEL
19	243	MANUEL ALDEANO	M	67	00:51:45	AA MAFRA
20	326	FRANCISCO PRATES	M	66	00:51:51	AA LEBRES SADO
21	143	AMILCAR ROMÃO	M	62	00:51:58	GDR SÃO FRANCISCO SERRA
22	298	MARIO BAIRRADA	M	61	00:52:13	INDIVIDUAL
23	313	JOSE GALVEIA	M	61	00:52:16	CADT PORTUCEL
24	315	GERALDO FERNANDES	M	61	00:52:36	CADT PORTUCEL
25	480	CARLOS JESUS	M	63	00:52:36	GDCT REPSOL
26	473	JOAQUIM NAZARIO	M	72	00:52:36	GDCT REPSOL
27	396	MARCOLINO BATISTA	M	64	00:52:56	JD NEVES
28	168	JOSE P RAPOSO	M	62	00:52:57	COALA
29	333	AMILCAR PÓVOA	M	67	00:53:26	CA AMIGOS PARQUE PAZ
30	193	JOSE LOURENÇO	M	68	00:53:59	AA MAFRA
31	471	MANUEL SEQUEIRA	M	63	00:54:11	GDCT REPSOL
32	20	JOSE FERNANDES	M	66	00:54:13	CA MATINHA
33	190	DOMINGOS RODRIGUES	M	65	00:55:05	AA MAFRA
34	241	ALVARO PAULINO	M	63	00:56:19	AA MAFRA
35	363	ANTONIO PEREIRA	M	72	00:56:28	GDC BANCO PORTUGAL
36	456	CARLOS PEREIRA	M	65	00:56:47	TARTUGAS DE LOULÉ
37	16	ESMDEL GERALDES	M	63	00:57:06	CA MATINHA
38	485	MANUEL OLIVEIRA	M	74	00:57:22	AAE BNU
39	276	JOAQUIM MACHADO	M	61	00:57:41	GDR SÃO FRANCISCO SERRA
40	486	IDALECIO MOURAO	M	73	00:58:01	INDIVIDUAL

# 12º GRANDE PREMIO DE GRANDOLA 2014 - 02/02/2014

## Relatório por Faixas Etárias

### M6099

Class	Num	Nome	Sx	Idd	T. Bruto	Equipe
41	327	MANUEL SANTOS	M	64	00:58:27	AA LEBRES SADO
42	262	ANTONIO LOPES	M	64	00:58:39	CCD EFACEC LISBOA
43	323	ALBERTO CAROLINO	M	61	00:59:05	AA LEBRES SADO
44	338	MARIO GERMANO	M	68	01:01:04	C ELVENSE NATACAO
45	475	FONSECA SANTOS	M	66	01:02:33	GDCT REPSOL
46	225	ARTUR SANTOS	M	60	01:02:38	INDIVIDUAL
47	472	CARLOS CARMO	M	60	01:04:17	GDCT REPSOL
48	43	PEDRO DELGADO	M	65	01:04:51	TEJAVISTA
49	302	AGAPITO BELGA	M	62	01:06:42	CA AMIGOS PARQUE PAZ
50	478	LUIS TORRAO	M	60	01:06:42	GDCT REPSOL
51	329	JOAQUIM PEREIRA	M	74	01:06:42	AA LEBRES SADO
52	268	MANUEL GOMES	M	68	01:06:43	CCD EFACEC LISBOA
53	474	AMADEU FERREIRA	M	71	01:08:58	GDCT REPSOL
54	260	ADELINO CASTRO	M	61	01:12:44	CCD EFACEC LISBOA
55	467	OTILIO CALIÇO	M	66	01:12:45	TARTUGAS DE LOULÉ