

13 GRANDE PREMIO GRANDOLA E STA MARGARIDA SERRA - 01/02/2015

Relatório Masculino e Feminino Geral

| Class | Num | Nome | Sx | Idd | Cat | T. Bruto | T. Líquido | Equipe |
|-------|-----|--------------------|----|-----|-----|----------|------------|--------------------------|
| 1 | 565 | PEYKOB ALEKSEI | M | 31 | | 00:30:00 | 00:30:00 | RUSSIA |
| 2 | 443 | BRUNO M S PAIXÃO | M | 30 | | 00:30:14 | 00:30:14 | CUA BENAVENTENSE |
| 3 | 548 | SAMUEL BARATA | M | 21 | | 00:30:37 | 00:30:37 | SL BENFICA |
| 4 | 556 | LUIS PINTO | M | 30 | | 00:30:44 | 00:30:44 | SPORTING CP |
| 5 | 424 | CARLOS SILVA | M | 31 | | 00:31:28 | 00:31:28 | GDR REBOLEIRA-GFD |
| 6 | 300 | PEDRO ARSENIO | M | 32 | | 00:31:47 | 00:31:47 | CA ODIMARQ |
| 7 | 319 | RICARDO FIGUEIREDO | M | 25 | | 00:31:47 | 00:31:47 | MAFRA COM VENTO/ ESTABIL |
| 8 | 338 | JOAO CRUZ | M | 29 | | 00:32:25 | 00:32:25 | BEJA AC |
| 9 | 527 | ALEX SCUTARU | M | 42 | | 00:32:28 | 00:32:28 | INDIVIDUAL |
| 10 | 316 | JOÃO VAZ | M | 47 | | 00:32:28 | 00:32:28 | CCD O ALVITEJO |
| 11 | 425 | CARLOS CARDOSO | M | 32 | | 00:32:45 | 00:32:45 | GDR REBOLEIRA-GFD |
| 12 | 423 | JOÃO VIEIRA | M | 34 | | 00:32:45 | 00:32:45 | GDR REBOLEIRA-GFD |
| 13 | 426 | LUIS GINJA | M | 41 | | 00:32:47 | 00:32:47 | GDR REBOLEIRA-GFD |
| 14 | 305 | LUIS BATISTA | M | 37 | | 00:32:50 | 00:32:50 | CA ODIMARQ |
| 15 | 301 | LUIS RAÇOES | M | 39 | | 00:32:53 | 00:32:52 | CA ODIMARQ |
| 16 | 427 | NUNO ROMÃO | M | 42 | | 00:32:56 | 00:32:56 | GDR REBOLEIRA-GFD |
| 17 | 337 | CUSTÓDIO ANTÓNIO | M | 38 | | 00:33:01 | 00:33:01 | BEJA AC |
| 18 | 318 | JORGE CRUZ | M | 49 | | 00:33:02 | 00:33:02 | MAFRA COM VENTO/ ESTABIL |
| 19 | 187 | PAULO GUIMARÃES | M | 37 | | 00:33:17 | 00:33:17 | ACLIS LIBERTY SEGUROS |
| 20 | 279 | JOÃO OLIVEIRA | M | 30 | | 00:33:21 | 00:33:21 | GDR S FRANCISCO SERRA |
| 21 | 298 | MARIO CASSACA | M | 42 | | 00:33:27 | 00:33:27 | CA ODIMARQ |
| 22 | 433 | EUGÉNIO NETO | M | 52 | | 00:33:27 | 00:33:27 | GDR REBOLEIRA-GFD |
| 23 | 226 | PEDRO MARQUES | M | 32 | | 00:33:56 | 00:33:56 | AMINHACORRIDA/ SKECHERS |
| 24 | 392 | MUSSA DJAU | M | 19 | | 00:34:05 | 00:34:05 | BEJA AC |
| 25 | 396 | CLAUDIA PEREIRA | F | 30 | | 00:34:07 | 00:34:07 | GFD RUNNING |
| 26 | 185 | RUI BALTAZAR | M | 49 | | 00:34:08 | 00:34:07 | ACLIS LIBERTY SEGUROS |
| 27 | 293 | JOSÉ LAIR | M | 39 | | 00:34:13 | 00:34:13 | GDR S FRANCISCO SERRA |
| 28 | 432 | JOSÉ ANTUNES | M | 48 | | 00:34:22 | 00:34:22 | GDR REBOLEIRA-GFD |
| 29 | 240 | MONIKA STEFAHOWICK | F | 34 | | 00:34:24 | 00:34:24 | POLONIA |
| 30 | 486 | DAVID FERNANDES | M | 40 | | 00:34:35 | 00:34:35 | GFD RUNNING |
| 31 | 451 | RUI FONTES | M | 36 | | 00:34:37 | 00:34:37 | BEJA AC |
| 32 | 186 | JOSÉ CAMELO | M | 43 | | 00:34:47 | 00:34:47 | ACLIS LIBERTY SEGUROS |
| 33 | 566 | MAZUROHAK VOLHA | F | 25 | | 00:34:49 | 00:34:48 | BIOLORUSSIA |
| 34 | 430 | PAULO MOREIRA | M | 45 | | 00:34:50 | 00:34:49 | GDR REBOLEIRA-GFD |
| 35 | 397 | CARLOS FREITAS | M | 42 | | 00:34:52 | 00:34:52 | GFD RUNNING |
| 36 | 302 | SILVESTRE GOMES | M | 59 | | 00:34:59 | 00:34:59 | CA ODIMARQ |
| 37 | 492 | JOAO ANDRADE | M | 48 | | 00:35:05 | 00:35:05 | GFD RUNNING |
| 38 | 487 | ERNESTO FERREIRA | M | 44 | | 00:35:08 | 00:35:08 | GFD RUNNING |
| 39 | 183 | JOÃO CARDOSO | M | 53 | | 00:35:21 | 00:35:21 | ACLIS LIBERTY SEGUROS |

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| Class | Num | Nome | Sx | Idd | Cat | T. Bruto | T. Líquido | Equipe |
|-------|-----|-------------------|----|-----|-----|----------|------------|--------------------------|
| 40 | 190 | ANTÓNIO BRANCO | M | 52 | | 00:35:23 | 00:35:23 | ACLIS LIBERTY SEGUROS |
| 41 | 368 | ANTONIO ALVES | M | 48 | | 00:35:24 | 00:35:24 | TARTUGAS DE LOULÉ |
| 42 | 137 | EDUARDO EUSTAQUIO | M | 50 | | 00:35:26 | 00:35:26 | AA MAFRA |
| 43 | 541 | VERA NUNES | F | 30 | | 00:35:29 | 00:35:29 | SL BENFICA |
| 44 | 444 | FILIPE J A MOTA | M | 46 | | 00:35:38 | 00:35:38 | CEN ATLETISMO ELVAS |
| 45 | 418 | CLEBY ARAUJO | M | 48 | | 00:35:39 | 00:35:39 | CPPEA |
| 46 | 304 | AIRES PRATAS | M | 59 | | 00:35:40 | 00:35:40 | CA ODIMARQ |
| 47 | 508 | JOAO MONTES | M | 50 | | 00:35:42 | 00:35:42 | ESCOLA PEDRO PESSOA |
| 48 | 469 | LUÍS RIO | M | 43 | | 00:35:51 | 00:35:51 | GDC BANCO PORTUGAL |
| 49 | 296 | JOAO F BOA | M | 28 | | 00:36:04 | 00:36:02 | CA ODIMARQ |
| 50 | 464 | EMILIA KUMÓS | F | 29 | | 00:36:07 | 00:36:07 | JUVENTUDE VIDIGALENSE |
| 51 | 116 | JOÃO P FERREIRA | M | 38 | | 00:36:08 | 00:36:06 | INDIVIDUAL |
| 52 | 320 | CALOS ALMEIDA | M | 41 | | 00:36:11 | 00:36:11 | MAFRA COM VENTO/ ESTABIL |
| 53 | 506 | BRUNO CARVALHO | M | 35 | | 00:36:14 | 00:36:14 | BOAVISTA DO PICO |
| 54 | 239 | DANIEL CAMPOS | M | 31 | | 00:36:18 | 00:36:14 | |
| 55 | 500 | RUI PALMA | M | 42 | | 00:36:28 | 00:36:28 | GFD RUNNING |
| 56 | 81 | AMILCAR DUARTE | M | 56 | | 00:36:35 | 00:36:35 | SPORTING CP |
| 57 | 447 | ANTÓNIO REAL | M | 58 | | 00:36:39 | 00:36:38 | CAVELVAS |
| 58 | 533 | JOAQUIM CAPUCHO | M | 52 | | 00:36:41 | 00:36:40 | CA ODIMARQ |
| 59 | 448 | JOÃO GONÇALVES | M | 45 | | 00:36:49 | 00:36:49 | BEJA AC |
| 60 | 194 | JOÃO C GOMES | M | 45 | | 00:36:55 | 00:36:55 | CP EDP LISBOA |
| 61 | 283 | LUÍS PEREIRA | M | 45 | | 00:36:59 | 00:36:59 | GDR S FRANCISCO SERRA |
| 62 | 289 | VALTER SOARES | M | 39 | | 00:37:00 | 00:37:00 | GDR S FRANCISCO SERRA |
| 63 | 557 | SANDRA TEIXEIRA | F | 30 | | 00:37:06 | 00:37:06 | SPORTING CP |
| 64 | 303 | ANTONIO HENRIQUES | M | 57 | | 00:37:10 | 00:37:09 | CA ODIMARQ |
| 65 | 428 | JORGE CORREIA | M | 43 | | 00:37:20 | 00:37:18 | GDR REBOLEIRA-GFD |
| 66 | 287 | ROGÉRIO CASSACA | M | 44 | | 00:37:27 | 00:37:27 | GDR S FRANCISCO SERRA |
| 67 | 294 | HENRIQUE DIAS | M | 60 | | 00:37:29 | 00:37:29 | GDR S FRANCISCO SERRA |
| 68 | 118 | RUI MONTEIRO | M | 31 | | 00:37:32 | 00:37:30 | INDIVIDUAL |
| 69 | 559 | JOSE BORGES | M | 54 | | 00:37:39 | 00:37:39 | GAA VILA FRANCA XIRA |
| 70 | 350 | SAMUEL GALVEIA | M | 33 | | 00:37:39 | 00:37:38 | CADT PORTUCEL |
| 71 | 510 | VASCO RAFAEL | M | 25 | | 00:37:40 | 00:37:40 | SPORTING C PORTUGAL |
| 72 | 92 | LUÍS PEREIRA | M | 55 | | 00:37:40 | 00:37:40 | BEJA AC |
| 73 | 472 | ANTÓNIO SIMÕES | M | 45 | | 00:37:48 | 00:37:47 | GDC BANCO PORTUGAL |
| 74 | 439 | PAULO HERMEZILHA | M | 39 | | 00:37:55 | 00:37:55 | MENTE TRAQUINA |
| 75 | 290 | VASCO AGOSTINHO | M | 49 | | 00:38:13 | 00:38:12 | GDR S FRANCISCO SERRA |
| 76 | 163 | JOÃO NUNES | M | 28 | | 00:38:14 | 00:38:14 | AC PORTALEGRE / UTSM |
| 77 | 488 | FABIO DOMINGOS | M | 25 | | 00:38:16 | 00:38:15 | GFD RUNNING |
| 78 | 512 | ANTÓNIO PULQUÉRIO | M | 53 | | 00:38:21 | 00:38:13 | INDIVIDUAL |

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|-------|-----|--------------------|----|-----|-----|----------|------------|-----------------------|
| 79 | 438 | JOSÉ LEMOS | M | 52 | | 00:38:24 | 00:38:23 | MENTE TRAQUINA |
| 80 | 364 | DANIEL PEREIRA | M | 28 | | 00:38:26 | 00:38:15 | PAPA-ALMOÇOS |
| 81 | 321 | JORGE F Á D FONTES | M | 53 | | 00:38:29 | 00:38:29 | BEJA AC |
| 82 | 371 | ROGÉRIO PINGUINHA | M | 51 | | 00:38:34 | 00:38:34 | TARTUGAS DE LOULÉ |
| 83 | 373 | JOSÉ L SANTOS | M | 51 | | 00:38:34 | 00:38:34 | TARTUGAS DE LOULÉ |
| 84 | 109 | JAIME LAMEGO | M | 55 | | 00:38:37 | 00:38:36 | ACLIS LIBERTY SEGUROS |
| 85 | 117 | BRUNO LUÍS | M | 35 | | 00:38:40 | 00:38:37 | INDIVIDUAL |
| 86 | 207 | DANRLEY GUSMAO | M | 18 | | 00:38:43 | 00:38:41 | VITÓRIA FC |
| 87 | 67 | FRANCISCO E MONTE | M | 34 | | 00:38:49 | 00:38:48 | INDIVIDUAL |
| 88 | 502 | VICTOR CARVALHO | M | 53 | | 00:38:50 | 00:38:49 | GFD RUNNING |
| 89 | 195 | JOAQUIM E OLIVEIRA | M | 48 | | 00:38:51 | 00:38:51 | CP EDP LISBOA |
| 90 | 274 | RUI CANDEIAS | M | 38 | | 00:39:06 | 00:39:04 | GDR S FRANCISCO SERRA |
| 91 | 369 | FERNANDO ALVES | M | 50 | | 00:39:12 | 00:39:12 | TARTUGAS DE LOULÉ |
| 92 | 551 | LUIS MENDES | M | 41 | | 00:39:17 | 00:39:13 | NAPA |
| 93 | 244 | ABILIO FERNANDES | M | 44 | | 00:39:21 | 00:39:14 | INDIVIDUAL |
| 94 | 542 | LUCILIA SOARES | F | 53 | | 00:39:23 | 00:39:23 | SL BENFICA |
| 95 | 106 | OSVALDO FERREIRA | M | 38 | | 00:39:24 | 00:39:24 | CUA BENAVENTENSE |
| 96 | 429 | JOÃO MARQUES | M | 45 | | 00:39:29 | 00:39:29 | GDR REBOLEIRA-GFD |
| 97 | 496 | LUIS PEREIRA | M | 48 | | 00:39:31 | 00:39:29 | GFD RUNNING |
| 98 | 489 | FERNANDO GOMES | M | 39 | | 00:39:31 | 00:39:30 | GFD RUNNING |
| 99 | 205 | LUIS FIDALGO | M | 44 | | 00:39:34 | 00:39:33 | VITÓRIA FC |
| 100 | 458 | NUNO CHAINHO | M | 29 | | 00:39:36 | 00:39:35 | OS KOTAS BIKE TEAM |
| 101 | 340 | JOÃO ARENGA | M | 63 | | 00:39:39 | 00:39:37 | CADT PORTUCEL |
| 102 | 297 | FERNANDO CHAMUSCA | M | 64 | | 00:39:45 | 00:39:44 | CA ODIMARQ |
| 103 | 329 | GONCALO SANTOS | M | 41 | | 00:39:46 | 00:39:43 | GDC PORTO SINES |
| 104 | 113 | PETER STEINHAUSEN | M | 62 | | 00:39:48 | 00:39:48 | INDIVIDUAL |
| 105 | 114 | PAULO GARCIA | M | 37 | | 00:40:00 | 00:40:00 | INDIVIDUAL |
| 106 | 483 | ANDRE RISCADO | M | 36 | | 00:40:03 | 00:40:02 | GFD RUNNING |
| 107 | 449 | PAULO PISOEIRO | M | 43 | | 00:40:21 | 00:40:17 | SR JARDOEIRA |
| 108 | 276 | FERNANDO MESTRE | M | 41 | | 00:40:24 | 00:40:20 | GDR S FRANCISCO SERRA |
| 109 | 217 | RICARDO OLIVEIRA | M | 35 | | 00:40:26 | 00:40:26 | C SARGENTO ARMADA |
| 110 | 431 | JOSÉ INÁCIO | M | 49 | | 00:40:27 | 00:39:28 | GDR REBOLEIRA-GFD |
| 111 | 218 | ANTONIO MARQUES | M | 50 | | 00:40:31 | 00:40:27 | C SARGENTO ARMADA |
| 112 | 273 | BRUNO GAMITO | M | 27 | | 00:40:37 | 00:40:37 | GDR S FRANCISCO SERRA |
| 113 | 317 | JOÃO JACINTO | M | 57 | | 00:40:37 | 00:40:36 | CCD O ALVITEJO |
| 114 | 484 | CARLA RIBEIRO | F | 33 | | 00:40:38 | 00:40:37 | GFD RUNNING |
| 115 | 342 | HELIO AZOUGADO | M | 29 | | 00:40:40 | 00:40:40 | CADT PORTUCEL |
| 116 | 422 | PEDRO BASSO | M | 43 | | 00:40:40 | 00:40:34 | INDIVIDUAL |
| 117 | 347 | JOAO SILVA | M | 37 | | 00:40:41 | 00:40:38 | CADT PORTUCEL |

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|-------|-----|----------------------|----|-----|-----|----------|------------|-------------------------|
| 118 | 314 | CARLOS GONÇALVES | M | 32 | | 00:40:48 | 00:40:40 | INDIVIDUAL |
| 119 | 461 | PAULO MIGUEL | M | 41 | | 00:40:49 | 00:40:46 | OS KOTAS BIKE TEAM |
| 120 | 206 | FLORIVAL BACALHAU | M | 57 | | 00:40:50 | 00:40:49 | VITÓRIA FC |
| 121 | 522 | DAVID G BARÃO | M | 35 | | 00:40:51 | 00:40:51 | INDIVIDUAL |
| 122 | 436 | JOAQUIM VIEGAS | M | 48 | | 00:40:52 | 00:40:47 | BEJA AC |
| 123 | 108 | CHANTAL XHERVELLE | F | 46 | | 00:40:53 | 00:40:52 | ACLIS LIBERTY SEGUROS |
| 124 | 222 | AGOSTINHO GONÇALVES | M | 56 | | 00:41:00 | 00:40:52 | C SARGENTO ARMADA |
| 125 | 144 | JOSÉ GONÇALVES | M | 48 | | 00:41:01 | 00:40:59 | AA MAFRA |
| 126 | 264 | EMANUEL FREITAS | M | 51 | | 00:41:11 | 00:41:07 | LAS TOURS SINTRA |
| 127 | 103 | PAULO J S CAVALINHOS | M | 38 | | 00:41:18 | 00:41:16 | VEOLIA |
| 128 | 494 | JORGE COSTA | M | 48 | | 00:41:22 | 00:41:20 | GFD RUNNING |
| 129 | 69 | RUI P C BOLOTA | M | 42 | | 00:41:26 | 00:41:22 | INDIVIDUAL |
| 130 | 50 | PEDRO PEREIRA | M | 25 | | 00:41:26 | 00:41:25 | Furões do Alentejo |
| 131 | 101 | LUIS M C NEVES | M | 36 | | 00:41:31 | 00:41:24 | MARINHAIS AC |
| 132 | 555 | JOAO DIAS | M | 52 | | 00:41:35 | 00:41:28 | VITORIA FC |
| 133 | 179 | JOÃO P C FERNANDES | M | 40 | | 00:41:41 | 00:41:29 | INDIVIDUAL |
| 134 | 498 | MONICA MOREIRAS | F | 35 | | 00:41:47 | 00:41:47 | GFD RUNNING |
| 135 | 374 | SILVÉRIO GUERREIRO | M | 42 | | 00:41:47 | 00:41:47 | TARTUGAS DE LOULÉ |
| 136 | 465 | PEDRO LOPES | M | 36 | | 00:42:00 | 00:41:55 | INDIVIDUAL |
| 137 | 495 | LUIS M PIRES | M | 48 | | 00:42:07 | 00:42:05 | GFD RUNNING |
| 138 | 84 | HELDER VALADAS | M | 34 | | 00:42:10 | 00:42:03 | OS PERIGOSOS |
| 139 | 490 | FERNANDO LOPES | M | 44 | | 00:42:13 | 00:42:08 | GFD RUNNING |
| 140 | 499 | PEDRO VIEIRA | M | 41 | | 00:42:17 | 00:42:15 | GFD RUNNING |
| 141 | 208 | GONÇALO JACINTO | M | 40 | | 00:42:17 | 00:42:16 | VITÓRIA FC |
| 142 | 143 | CARLOS MORAIS | M | 51 | | 00:42:21 | 00:42:16 | AA MAFRA |
| 143 | 493 | JORGE CORREIA | M | 42 | | 00:42:41 | 00:42:39 | GFD RUNNING |
| 144 | 177 | ANTÓNIO R LOPES | M | 49 | | 00:42:42 | 00:42:39 | INDIVIDUAL |
| 145 | 370 | SÉRGIO SOUSA | M | 65 | | 00:42:45 | 00:42:34 | TARTUGAS DE LOULÉ |
| 146 | 138 | HELENA MARTINS | F | 53 | | 00:42:49 | 00:42:48 | AA MAFRA |
| 147 | 515 | JOAO CALDAS | M | 49 | | 00:42:51 | 00:42:47 | ND AUTOCOOPE |
| 148 | 553 | JOAO PAIXAO | M | 43 | | 00:42:53 | 00:42:49 | NAPA |
| 149 | 454 | ARMANDO SOUSA | M | 42 | | 00:42:54 | 00:42:41 | OS KOTAS BIKE TEAM |
| 150 | 198 | JÚLIO GAMITO | M | 52 | | 00:42:55 | 00:42:55 | BRAGUINHAS |
| 151 | 203 | FILIPE SALMIM | M | 40 | | 00:42:56 | 00:42:46 | INDIVIDUAL |
| 152 | 227 | CATIA SERODIO | F | 35 | | 00:42:57 | 00:42:57 | AMINHACORRIDA/ SKECHERS |
| 153 | 202 | JOSÉ GONÇALVES | M | 42 | | 00:42:58 | 00:42:51 | PROAVENTURAS |
| 154 | 354 | DANIEL A C NUNES | M | 54 | | 00:43:00 | 00:42:59 | INDIVIDUAL |
| 155 | 453 | JOSE PEDRAS | M | 58 | | 00:43:02 | 00:42:51 | OS KOTAS BIKE TEAM |
| 156 | 445 | NUNO PINTO | M | 32 | | 00:43:04 | 00:43:01 | XANGAI RUNNERS |

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|-------|-----|---------------------|----|-----|-----|----------|------------|---------------------------------|
| 157 | 278 | FRANCISCO CARMO | M | 43 | | 00:43:05 | 00:42:57 | GDR S FRANCISCO SERRA |
| 158 | 440 | IZABELA SHIN | F | 33 | | 00:43:06 | 00:43:06 | MENTE TRAQUINA |
| 159 | 523 | JOSE DA LUZ | M | 44 | | 00:43:08 | 00:43:05 | CUA BENAVENTENSE |
| 160 | 315 | ANA MARGARIDA | F | 48 | | 00:43:10 | 00:43:10 | CCD O ALVITEJO |
| 161 | 511 | LUIS ANICETO | M | 56 | | 00:43:13 | 00:43:07 | AC MATINHA |
| 162 | 471 | ADELINO SEMEDO | M | 61 | | 00:43:20 | 00:43:12 | GDC BANCO PORTUGAL |
| 163 | 171 | MANUEL P M LIBERATO | M | 45 | | 00:43:21 | 00:43:21 | BICICLETAS LIBERATO |
| 164 | 149 | MANUEL ZORRO | M | 53 | | 00:43:23 | 00:43:20 | AA MAFRA |
| 165 | 219 | DUARTE SARES | M | 58 | | 00:43:24 | 00:43:13 | C SARGENTO ARMADA |
| 166 | 388 | PAULO GONÇALVES | M | 42 | | 00:43:26 | 00:43:17 | C PRAÇAS ARMADA |
| 167 | 288 | RUI FREITAS | M | 62 | | 00:43:27 | 00:43:23 | GDR S FRANCISCO SERRA |
| 168 | 291 | VITOR PEREIRA | M | 38 | | 00:43:27 | 00:43:27 | GDR S FRANCISCO SERRA |
| 169 | 173 | ANTONIO BEJA | M | 51 | | 00:43:27 | 00:43:27 | RUNFORFUN |
| 170 | 479 | JOAO MARAL | M | 45 | | 00:43:33 | 00:43:32 | SS CGD |
| 171 | 178 | JOÃO L G BOGALHEIRO | M | 45 | | 00:43:35 | 00:43:34 | INDIVIDUAL |
| 172 | 470 | JOSÉ MONTEIRO | M | 58 | | 00:43:37 | 00:42:29 | GDC BANCO PORTUGAL |
| 173 | 132 | PEDRO M P COSTA | M | 46 | | 00:43:38 | 00:43:32 | INDIVIDUAL |
| 174 | 307 | JOAO VILAS | M | 31 | | 00:43:38 | 00:43:35 | INDIVIDUAL |
| 175 | 56 | PAULO GUERREIRO | M | 49 | | 00:43:40 | 00:43:38 | OS PATRICIOS |
| 176 | 390 | JOAO SANTOS | M | 49 | | 00:43:40 | 00:43:37 | C PRAÇAS ARMADA |
| 177 | 450 | AC PEREIRA | F | 45 | | 00:43:42 | 00:43:38 | C PEDRO PESSOA ESC ATLETISMO |
| 178 | 568 | FILIPE DOMINGOS | M | 28 | | 00:43:43 | 00:43:39 | INDIVIDUAL |
| 179 | 136 | JOAQUIM ROSA | M | 50 | | 00:43:43 | 00:43:39 | AA CHARNECA |
| 180 | 135 | ANTONIO RISCADO | M | 65 | | 00:43:44 | 00:43:40 | AA CHARNECA |
| 181 | 322 | ANTÓNIO VENTURA | M | 38 | | 00:43:45 | 00:43:39 | BEJA AC |
| 182 | 188 | ÁLVARO COELHO | M | 57 | | 00:43:49 | 00:43:45 | ACLIS LIBERTY SEGUROS |
| 183 | 550 | RICARDO BRITO | M | 35 | | 00:44:06 | 00:43:57 | R TEAM |
| 184 | 564 | JOAO XAVIER | M | 42 | | 00:44:11 | 00:44:11 | INDIVIDUAL |
| 185 | 64 | JOSÉ MARTINS | M | 49 | | 00:44:14 | 00:44:00 | INDIVIDUAL |
| 186 | 463 | ANTONIO PARREIRA | M | 56 | | 00:44:16 | 00:44:16 | OS KOTAS BIKE TEAM |
| 187 | 57 | EDUARDO SILVA | M | 54 | | 00:44:21 | 00:44:14 | OS PATRICIOS |
| 188 | 104 | JORGE PÉ-CURTO | M | 39 | | 00:44:23 | 00:44:18 | INDIVIDUAL |
| 189 | 269 | SADIQ M KASSAMO | M | 41 | | 00:44:31 | 00:44:24 | INDIVIDUAL |
| 190 | 482 | ABEL PINA | M | 50 | | 00:44:32 | 00:44:29 | GFD RUNNING |
| 191 | 455 | HENRIQUE RAFAEL | M | 40 | | 00:44:36 | 00:44:24 | OS KOTAS BIKE TEAM |
| 192 | 140 | ANTÓNIO REIS | M | 60 | | 00:44:43 | 00:44:42 | AA MAFRA |
| 193 | 552 | CELIA CECILIO | F | 42 | | 00:44:44 | 00:44:40 | NAPA |
| 194 | 102 | ANTÓNIO M C S LEAL | M | 43 | | 00:44:48 | 00:44:40 | MARINHAIS AC |
| 195 | 282 | LUÍS MATOS | M | 43 | | 00:44:49 | 00:44:36 | GDR S FRANCISCO SERRA |

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Relatório Masculino e Feminino Geral

| Class | Num | Nome | Sx | Idd | Cat | T. Bruto | T. Líquido | Equipe |
|-------|-----|---------------------|----|-----|-----|----------|------------|-----------------------|
| 196 | 457 | JOSE VILHENA | M | 48 | | 00:44:54 | 00:44:53 | OS KOTAS BIKE TEAM |
| 197 | 386 | RUI SILVA | M | 38 | | 00:44:56 | 00:44:43 | GDC PORTO SINES |
| 198 | 528 | AURELIO ANDORINHA | M | 41 | | 00:45:00 | 00:44:59 | VITÓRIA FC |
| 199 | 112 | ZÉ FERNANDES | M | 61 | | 00:45:05 | 00:45:00 | OS PATRICIOS |
| 200 | 277 | FERNANDO SOBRAL | M | 57 | | 00:45:07 | 00:44:58 | GDR S FRANCISCO SERRA |
| 201 | 58 | FERNANDO AZEVEDO | M | 61 | | 00:45:12 | 00:44:54 | OS PATRICIOS |
| 202 | 51 | VIRIATO R PATACO | M | 44 | | 00:45:14 | 00:45:10 | PUMAS DO GUINCHO |
| 203 | 134 | FERNANDO DOMINGOS | M | 50 | | 00:45:19 | 00:45:09 | AA CHARNECA |
| 204 | 519 | CARLOS M FERRAZ | M | 37 | | 00:45:23 | 00:45:11 | INDIVIDUAL |
| 205 | 275 | FERNANDO BEIJINHA | M | 65 | | 00:45:32 | 00:45:23 | GDR S FRANCISCO SERRA |
| 206 | 204 | LUIS CRUZ | M | 43 | | 00:45:38 | 00:45:38 | VITÓRIA FC |
| 207 | 513 | ANTONIO ALMEIDA | M | 51 | | 00:45:39 | 00:45:34 | ND AUTOCOOPE |
| 208 | 517 | JUVENAL MOREIRA | M | 50 | | 00:45:39 | 00:45:32 | ND AUTOCOOPE |
| 209 | 560 | DIOGO LUCAS | M | 19 | | 00:45:43 | 00:45:38 | PROAVENTURAS |
| 210 | 441 | JOÃO CÂNDIDO | M | 51 | | 00:45:46 | 00:45:44 | MENTE TRAQUINA |
| 211 | 393 | PEDRO PALMINHA | M | 38 | | 00:45:47 | 00:45:39 | A |
| 212 | 372 | VICÉLIO MENDES | M | 52 | | 00:45:49 | 00:45:38 | TARTUGAS DE LOULÉ |
| 213 | 87 | MARCO CASEIRO | M | 36 | | 00:45:50 | 00:45:42 | OS PERIGOSOS |
| 214 | 509 | ANTONIO SILVA | M | 54 | | 00:45:51 | 00:45:25 | FCR ROSSAO |
| 215 | 209 | ANA S A SOBREIRA | F | 43 | | 00:45:52 | 00:45:45 | INDIVIDUAL |
| 216 | 362 | TELMO MATOS | M | 24 | | 00:45:55 | 00:45:45 | PAPA-ALMOÇOS |
| 217 | 367 | JOÃO MESTRE | M | 25 | | 00:45:55 | 00:45:43 | PAPA-ALMOÇOS |
| 218 | 170 | NUNO A G BOGALHEIRO | M | 42 | | 00:45:57 | 00:45:56 | INDIVIDUAL |
| 219 | 97 | PAULO SARROEIRA | M | 43 | | 00:45:58 | 00:45:43 | INDIVIDUAL |
| 220 | 280 | JOSÉ SANTOS | M | 51 | | 00:46:02 | 00:45:52 | GDR S FRANCISCO SERRA |
| 221 | 475 | FERNANDO RIBEIRO | M | 48 | | 00:46:04 | 00:45:55 | GDC BANCO PORTUGAL |
| 222 | 561 | FLORIVAL LUCAS | M | 51 | | 00:46:04 | 00:45:58 | PROAVENTURAS |
| 223 | 89 | CARLOS SOUSA | M | 57 | | 00:46:15 | 00:46:09 | OS PERIGOSOS |
| 224 | 379 | JOSE FIGUEIRAS | M | 64 | | 00:46:16 | 00:46:02 | CCD QUARTEIRA |
| 225 | 478 | BERNARDINO PEREIRA | M | 78 | | 00:46:19 | 00:46:19 | SS CGD |
| 226 | 86 | MÁRIO LOPES | M | 46 | | 00:46:19 | 00:46:12 | OS PERIGOSOS |
| 227 | 504 | ANTONIO RAMOS | M | 42 | | 00:46:19 | 00:46:15 | BOAVISTA DO PICO |
| 228 | 98 | FERNANDO MARQUES | M | 59 | | 00:46:24 | 00:46:08 | INDIVIDUAL |
| 229 | 192 | CARLOS P RODRIGUES | M | 57 | | 00:46:32 | 00:46:32 | CP EDP LISBOA |
| 230 | 162 | BRUNO CARRILHO | M | 33 | | 00:46:34 | 00:46:30 | AC PORTALEGRE / UTSM |
| 231 | 567 | PAULA NUNES | F | 42 | | 00:46:40 | 00:46:38 | PUMAS DO GUINCHO |
| 232 | 377 | JORGE BRITO | M | 44 | | 00:46:44 | 00:46:24 | CCD QUARTEIRA |
| 233 | 460 | ANTONIO TEIXEIRA | M | 45 | | 00:46:44 | 00:46:20 | OS KOTAS BIKE TEAM |
| 234 | 394 | VALTER VIDIGUEIRA | M | 25 | | 00:46:48 | 00:46:37 | A |

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Relatório Masculino e Feminino Geral

| Class | Num | Nome | Sx | Idd | Cat | T. Bruto | T. Líquido | Equipe |
|-------|-----|------------------------|----|-----|-----|----------|------------|-----------------------|
| 235 | 381 | RUI M VILA | M | 32 | | 00:46:52 | 00:46:41 | ROTARACT |
| 236 | 128 | CRISTINA GAVINHO | F | 38 | | 00:46:52 | 00:46:50 | PUMAS DO GUINCHO |
| 237 | 220 | HENRIQUE ALVAREDO | M | 57 | | 00:46:53 | 00:46:42 | C SARGENTO ARMADA |
| 238 | 313 | HELDER HENRIQUES | M | 45 | | 00:46:53 | 00:46:41 | INDIVIDUAL |
| 239 | 336 | PAULO S GOMES | M | 27 | | 00:46:58 | 00:46:46 | GDC PORTO SINES |
| 240 | 334 | ANDRE LOUZEIRO | M | 29 | | 00:46:58 | 00:46:45 | GDC PORTO SINES |
| 241 | 395 | ROBERTO F AGOSTINHO | M | 42 | | 00:47:00 | 00:46:48 | INDIVIDUAL |
| 242 | 325 | TELMO MACARRÃO | M | 37 | | 00:47:08 | 00:46:55 | GDC PORTO SINES |
| 243 | 389 | POSSIDÔNIO CONSTANTINO | M | 62 | | 00:47:11 | 00:47:01 | C PRAÇAS ARMADA |
| 244 | 351 | EZIQUEL FERNANDES | M | 58 | | 00:47:13 | 00:47:09 | CADT PORTUCEL |
| 245 | 247 | ANTONIO BATISTA | M | 67 | | 00:47:20 | 00:47:16 | CD ESTRELA |
| 246 | 268 | JOÃO C P PALMELA | M | 32 | | 00:47:23 | 00:47:12 | INDIVIDUAL |
| 247 | 462 | JOAQUIM SANTANA | M | 31 | | 00:47:32 | 00:47:26 | OS KOTAS BIKE TEAM |
| 248 | 330 | FERNANDA MARTINS | F | 50 | | 00:47:32 | 00:47:30 | GDC PORTO SINES |
| 249 | 466 | SOLANGE SOUSA | F | 34 | | 00:47:39 | 00:47:34 | INDIVIDUAL |
| 250 | 531 | SALETE R T GUARDA | F | 42 | | 00:47:40 | 00:47:39 | CA BARREIRA |
| 251 | 221 | FRANCISCO CURTINHA | M | 57 | | 00:47:42 | 00:47:24 | C SARGENTO ARMADA |
| 252 | 348 | SILVINO MARREIROS | M | 47 | | 00:47:47 | 00:47:43 | CADT PORTUCEL |
| 253 | 366 | ALBERTINO PACHECO | M | 51 | | 00:47:50 | 00:47:37 | PAPA-ALMOÇOS |
| 254 | 193 | HUGO SEVERINO | M | 36 | | 00:47:51 | 00:47:34 | CP EDP LISBOA |
| 255 | 491 | FRANCISCO CAMPOS | M | 39 | | 00:47:56 | 00:47:43 | GFD RUNNING |
| 256 | 223 | ALBANO GINJA | M | 58 | | 00:48:00 | 00:47:42 | C SARGENTO ARMADA |
| 257 | 376 | FELICIANO ELIAS | M | 69 | | 00:48:07 | 00:48:02 | TARTUGAS DE LOULÉ |
| 258 | 358 | CONSTÂNTINO MENDÃO | M | 55 | | 00:48:07 | 00:48:07 | AA LEBRES DO SADO |
| 259 | 375 | ANTÓNIO SANTIAGO | M | 59 | | 00:48:10 | 00:47:53 | TARTUGAS DE LOULÉ |
| 260 | 197 | VITOR MOREIRA | M | 61 | | 00:48:11 | 00:48:05 | CP EDP LISBOA |
| 261 | 52 | HÉLDER J G GUERREIRO | M | 38 | | 00:48:15 | 00:47:58 | INDIVIDUAL |
| 262 | 172 | ALEXANDRA JORG | F | 47 | | 00:48:21 | 00:48:12 | RUNFORFUN |
| 263 | 343 | MARCO CRESPO | M | 35 | | 00:48:23 | 00:48:10 | CADT PORTUCEL |
| 264 | 286 | PEDRO GAMITO | M | 38 | | 00:48:41 | 00:48:41 | GDR S FRANCISCO SERRA |
| 265 | 284 | MÁRIO MATOS | M | 27 | | 00:48:51 | 00:48:42 | GDR S FRANCISCO SERRA |
| 266 | 115 | MÁRIO J P GODINHO | M | 41 | | 00:48:51 | 00:48:51 | INDIVIDUAL |
| 267 | 174 | VANESSA MAGRO | F | 27 | | 00:49:02 | 00:48:54 | RUNFORFUN |
| 268 | 310 | ANTÓNIO NUNES | M | 50 | | 00:49:03 | 00:48:58 | LEBRES E TARTARUGAS |
| 269 | 344 | PAULO SILVA | M | 39 | | 00:49:03 | 00:48:50 | CADT PORTUCEL |
| 270 | 263 | JOAQUIM DAMAS | M | 61 | | 00:49:04 | 00:48:56 | INDIVIDUAL |
| 271 | 126 | RUI ROSA | M | 58 | | 00:49:04 | 00:49:01 | PUMAS DO GUINCHO |
| 272 | 446 | RUI NEVES | M | 32 | | 00:49:05 | 00:49:01 | XANGAI RUNNERS |
| 273 | 537 | JOÃO M S ALMEIDA | M | 56 | | 00:49:14 | 00:48:58 | CP EDP SINES |

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Relatório Masculino e Feminino Geral

| Class | Num | Nome | Sx | Idd | Cat | T. Bruto | T. Líquido | Equipe |
|-------|-----|----------------------------|----|-----|-----|----------|------------|-----------------------|
| 274 | 331 | CARLOS RREFORÇO | M | 56 | | 00:49:19 | 00:49:05 | GDC PORTO SINES |
| 275 | 352 | LUIS M R CHAINHO | M | 41 | | 00:49:23 | 00:49:09 | INDIVIDUAL |
| 276 | 514 | CARLOS FERREIRA | M | 57 | | 00:49:25 | 00:49:21 | ND AUTOCOOPE |
| 277 | 480 | JOSE MARTINS | M | 40 | | 00:49:28 | 00:49:25 | SS CGD |
| 278 | 507 | CARLOS TEIXEIRA | M | 51 | | 00:49:30 | 00:49:10 | BOAVISTA DO PICO |
| 279 | 99 | JOSÉ P P FERREIRA | M | 54 | | 00:49:30 | 00:49:09 | CUN BOSTON |
| 280 | 311 | LUIS M M MONTEIRO | M | 52 | | 00:49:36 | 00:49:28 | LEBRES E TARTARUGAS |
| 281 | 215 | MAGNIFICA ALVAREDO | F | 59 | | 00:49:38 | 00:49:35 | C SARGENTO ARMADA |
| 282 | 421 | FRANCISCO H S S P FERREIRA | M | 40 | | 00:49:43 | 00:49:33 | INDIVIDUAL |
| 283 | 543 | JOSE VALERIO | M | 69 | | 00:49:44 | 00:49:41 | INDIVIDUAL |
| 284 | 119 | FERNANDO REIS | M | 47 | | 00:49:45 | 00:49:33 | INDIVIDUAL |
| 285 | 335 | ANTONIO CERTÃ | M | 49 | | 00:49:48 | 00:49:36 | GDC PORTO SINES |
| 286 | 166 | ANA GUIA | F | 42 | | 00:49:48 | 00:49:37 | TML - TRANSPORTES |
| 287 | 406 | LUIS MOURA | M | 56 | | 00:49:49 | 00:49:30 | TEJAVISTA |
| 288 | 88 | JOSÉ HENRIQUES | M | 59 | | 00:49:50 | 00:49:42 | OS PERIGOSOS |
| 289 | 59 | GONÇALO B COELHO | M | 34 | | 00:49:52 | 00:49:42 | INDIVIDUAL |
| 290 | 196 | RUI XAVIER | M | 48 | | 00:49:53 | 00:49:50 | CP EDP LISBOA |
| 291 | 271 | AMÍLCAR ROMÃO | M | 63 | | 00:49:53 | 00:49:45 | GDR S FRANCISCO SERRA |
| 292 | 497 | MARGARIDA PINTO | F | 43 | | 00:50:03 | 00:50:00 | GFD RUNNING |
| 293 | 191 | ARLINDO PARRA | M | 53 | | 00:50:03 | 00:49:47 | CP EDP LISBOA |
| 294 | 267 | JOAQUIM RUIVO | M | 40 | | 00:50:05 | 00:49:50 | INDIVIDUAL |
| 295 | 404 | JOSE GOMES | M | 61 | | 00:50:06 | 00:49:50 | TEJAVISTA |
| 296 | 127 | Mª CARMO BARROS | F | 55 | | 00:50:08 | 00:50:06 | PUMAS DO GUINCHO |
| 297 | 516 | JOSE DIAS | M | 57 | | 00:50:11 | 00:50:05 | ND AUTOCOOPE |
| 298 | 558 | ANA GONÇALVES | F | 33 | | 00:50:15 | 00:50:07 | INDIVIDUAL |
| 299 | 413 | RUI SOBRAL | M | 28 | | 00:50:25 | 00:50:06 | CP PINHEIRO CRUZ |
| 300 | 419 | FILIPE CARVALHEIRO | M | 51 | | 00:50:33 | 00:50:26 | CANHOES NAZARE |
| 301 | 55 | RODOLFO CARNEIRO | M | 26 | | 00:50:35 | 00:50:18 | JOÃO CARNEIRO SAD |
| 302 | 569 | EUGENIO CARVALHO | M | 56 | | 00:50:52 | 00:50:40 | INDIVIDUAL |
| 303 | 175 | JOSÉ L P MANSOS | M | 59 | | 00:50:56 | 00:50:44 | INDIVIDUAL |
| 304 | 176 | LUIS M P CHAINHO | M | 39 | | 00:50:57 | 00:50:37 | GRÂNDOLAFOOT |
| 305 | 474 | GINA CHEIO | F | 43 | | 00:50:57 | 00:50:41 | GDC BANCO PORTUGAL |
| 306 | 142 | CARLOS RODRIGUES | M | 58 | | 00:50:57 | 00:50:53 | AA MAFRA |
| 307 | 141 | EGIDIO PORTELA | M | 57 | | 00:50:57 | 00:50:43 | AA MAFRA |
| 308 | 211 | JOSÉ C AMARO | M | 51 | | 00:51:03 | 00:50:47 | AA MAFRA |
| 309 | 139 | FERNANDA COSTA | F | 52 | | 00:51:03 | 00:51:02 | AA MAFRA |
| 310 | 85 | BENTO VALENTE | M | 49 | | 00:51:15 | 00:51:15 | OS PERIGOSOS |
| 311 | 157 | FRANCISCO J A B C ROQUE | M | 46 | | 00:51:17 | 00:50:57 | INDIVIDUAL |
| 312 | 521 | PAULO CRUZ | M | 55 | | 00:51:19 | 00:51:09 | INDIVIDUAL |

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Relatório Masculino e Feminino Geral

| Class | Num | Nome | Sx | Idd | Cat | T. Bruto | T. Líquido | Equipe |
|-------|-----|------------------------|----|-----|-----|----------|------------|-----------------------|
| 313 | 387 | ANTÓNIO BORLA | M | 69 | | 00:51:25 | 00:51:10 | C PRAÇAS ARMADA |
| 314 | 129 | JORGE COUTO | M | 44 | | 00:51:28 | 00:51:22 | AC MATINHA |
| 315 | 74 | FRANCISCO PLÍNIO | M | 58 | | 00:51:35 | 00:51:17 | CCDT METRO LX |
| 316 | 249 | JOÃO MIGUEL | M | 76 | | 00:51:35 | 00:51:29 | CD ESTRELA |
| 317 | 420 | AMILCAR POVOA | M | 68 | | 00:51:41 | 00:51:37 | CA AMIGOS PARQUE PAZ |
| 318 | 327 | JOÃO SANTOS | M | 37 | | 00:51:43 | 00:51:29 | GDC PORTO SINES |
| 319 | 345 | RENATO MOREIRA | M | 29 | | 00:52:02 | 00:51:50 | CADT PORTUCEL |
| 320 | 505 | JOAQUIM DELGADO | M | 56 | | 00:52:07 | 00:52:07 | BOAVISTA DO PICO |
| 321 | 359 | CARLOS SECO | M | 54 | | 00:52:08 | 00:51:57 | GD ÁGUIAS MOITA |
| 322 | 365 | JOÃO PACHECO | M | 18 | | 00:52:10 | 00:51:56 | PAPA-ALMOÇOS |
| 323 | 189 | JOSÉ M COSTA | M | 69 | | 00:52:15 | 00:52:05 | ACLIS LIBERTY SEGUROS |
| 324 | 180 | ANA R F P A BARRELA | F | 45 | | 00:52:31 | 00:52:18 | INDIVIDUAL |
| 325 | 62 | ÂNGELA C MENDES | F | 30 | | 00:52:32 | 00:52:25 | AC PORTALEGRE / UTSM |
| 326 | 520 | MARISA I A P FERRAZ | F | 35 | | 00:52:35 | 00:52:22 | INDIVIDUAL |
| 327 | 363 | ANTÓNIO MATOS | M | 48 | | 00:52:40 | 00:52:40 | PAPA-ALMOÇOS |
| 328 | 248 | JOÃO OLIVEIRA | M | 67 | | 00:52:42 | 00:52:34 | CD ESTRELA |
| 329 | 224 | FERNANDO OLIVEIRA | M | 59 | | 00:52:45 | 00:52:28 | C SARGENTO ARMADA |
| 330 | 309 | JORGE M NUNES | M | 48 | | 00:52:54 | 00:52:46 | LEBRES E TARTARUGAS |
| 331 | 323 | FERNANDO FRAGATEIRO | M | 54 | | 00:52:57 | 00:52:33 | GDC PORTO SINES |
| 332 | 333 | RENATO PENAS | M | 37 | | 00:52:59 | 00:52:47 | GDC PORTO SINES |
| 333 | 563 | MIGUEL BASTOS | M | 63 | | 00:53:19 | 00:53:09 | INDIVIDUAL |
| 334 | 452 | MARGARIDA PEDRO | F | 50 | | 00:53:20 | 00:53:14 | OS KOTAS BIKE TEAM |
| 335 | 255 | VIRGILIO RODRIGUES | M | 68 | | 00:53:20 | 00:53:05 | CD ESTRELA |
| 336 | 257 | TERESA OLIVEIRA | F | 58 | | 00:53:25 | 00:53:17 | CD ESTRELA |
| 337 | 339 | GERALDO FERNANDES | M | 62 | | 00:53:30 | 00:53:18 | CADT PORTUCEL |
| 338 | 250 | MARIO ANTÓNIO | M | 68 | | 00:53:43 | 00:53:37 | CD ESTRELA |
| 339 | 121 | JOSÉ FREIRE | M | 58 | | 00:53:44 | 00:53:38 | AC MATINHA |
| 340 | 94 | RICARDO J S REIS | M | 35 | | 00:53:46 | 00:53:23 | INDIVIDUAL |
| 341 | 95 | NUNO M S REIS | M | 38 | | 00:53:46 | 00:53:23 | INDIVIDUAL |
| 342 | 93 | JOSÉ M S A SILVA | M | 32 | | 00:53:47 | 00:53:24 | INDIVIDUAL |
| 343 | 245 | PAULO CARDIM | M | 41 | | 00:53:49 | 00:53:25 | A DANIEL CALDEIRA |
| 344 | 459 | CLAUDIA TEIXEIRA | F | 41 | | 00:53:49 | 00:53:32 | OS KOTAS BIKE TEAM |
| 345 | 258 | JOAO VENANCIO | M | 68 | | 00:53:59 | 00:53:54 | CD ESTRELA |
| 346 | 251 | ANTÓNIO FONSECA | M | 68 | | 00:53:59 | 00:53:52 | CD ESTRELA |
| 347 | 341 | MANUEL CARDIM | M | 63 | | 00:54:01 | 00:53:48 | CADT PORTUCEL |
| 348 | 169 | VITOR LOPES | M | 46 | | 00:54:05 | 00:53:55 | INDIVIDUAL |
| 349 | 232 | MANUEL SEQUEIRA | M | 64 | | 00:54:05 | 00:53:51 | GDCT REPSOL |
| 350 | 78 | DAVIDE J C GONÇALVES | M | 34 | | 00:54:36 | 00:54:25 | INDIVIDUAL |
| 351 | 530 | ALEXANDRE J F FERREIRA | M | 37 | | 00:54:39 | 00:54:16 | SS STC |

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Relatório Masculino e Feminino Geral

| Class | Num | Nome | Sx | Idd | Cat | T. Bruto | T. Líquido | Equipe |
|-------|-----|----------------------|----|-----|-----|----------|------------|-----------------------|
| 352 | 156 | ANA I S S CURVA | F | 52 | | 00:54:41 | 00:54:26 | CP SÃO MATIAS-BEJA |
| 353 | 161 | JOSÉ LUIS LOPES | M | 56 | | 00:54:46 | 00:54:41 | AMIGOS DA ESTRELA |
| 354 | 384 | PATRICIA PINHEIRO | F | 19 | | 00:54:47 | 00:54:45 | AA MAFRA |
| 355 | 146 | JOÃO PAÇO | M | 56 | | 00:54:47 | 00:54:32 | AA MAFRA |
| 356 | 408 | ARMINDO CHAINHO | M | 40 | | 00:54:50 | 00:54:29 | CP PINHEIRO CRUZ |
| 357 | 409 | CARLOS PINELA | M | 49 | | 00:54:50 | 00:54:30 | CP PINHEIRO CRUZ |
| 358 | 411 | FERNANDO SERRAO | M | 45 | | 00:54:50 | 00:54:30 | CP PINHEIRO CRUZ |
| 359 | 536 | ÁLVARO CONCEIÇÃO | M | 27 | | 00:54:51 | 00:54:40 | INDIVIDUAL |
| 360 | 414 | RODRIGO MATEUS | M | 35 | | 00:54:51 | 00:54:28 | CP PINHEIRO CRUZ |
| 361 | 246 | ARMANDO TAVARES | M | 66 | | 00:54:53 | 00:54:48 | CD ESTRELA |
| 362 | 66 | Mª ALCINA C CORREIA | F | 59 | | 00:54:55 | 00:54:45 | GD O INDEPENDENTE |
| 363 | 212 | MANUEL ALDEANO | M | 68 | | 00:54:56 | 00:54:34 | AA MAFRA |
| 364 | 532 | VANDA AUGUSTO | F | 60 | | 00:55:10 | 00:54:59 | CA ODIMARQ |
| 365 | 261 | CARLOS CRESPO | M | 52 | | 00:55:23 | 00:54:59 | GRD OS FIXES |
| 366 | 353 | GABRIELA DIAS | F | 31 | | 00:55:33 | 00:55:21 | INDIVIDUAL |
| 367 | 346 | VASCO BERNARDO | M | 36 | | 00:55:33 | 00:55:20 | CADT PORTUCEL |
| 368 | 407 | JOSE AZURARA | M | 57 | | 00:55:42 | 00:55:23 | TEJAVISTA |
| 369 | 402 | JOÃO CAROÇO | M | 57 | | 00:56:00 | 00:55:42 | TEJAVISTA |
| 370 | 131 | CARLOS MARQUES | M | 63 | | 00:56:18 | 00:56:11 | AC MATINHA |
| 371 | 120 | ANTÓNIO MARQUES | M | 58 | | 00:56:18 | 00:56:13 | AC MATINHA |
| 372 | 130 | JOSÉ NUNES | M | 47 | | 00:56:19 | 00:56:05 | AC MATINHA |
| 373 | 61 | MERCEDES FONSECA | F | 58 | | 00:56:26 | 00:56:13 | OS SUPER |
| 374 | 442 | JOAQUIM HERMENEGILDO | M | 55 | | 00:56:31 | 00:56:16 | MENTE TRAQUINA |
| 375 | 123 | JOÃO RIBEIRO | M | 56 | | 00:56:31 | 00:56:21 | AC MATINHA |
| 376 | 401 | LUIS MIRANDA | M | 55 | | 00:56:54 | 00:56:35 | TEJAVISTA |
| 377 | 529 | JOANA BUSTORFF | F | 29 | | 00:56:54 | 00:56:38 | TEJAVISTA |
| 378 | 467 | ANTÓNIO PEREIRA | M | 73 | | 00:57:18 | 00:57:04 | GDC BANCO PORTUGAL |
| 379 | 437 | PEDRO REIS | M | 42 | | 00:57:21 | 00:57:19 | MENTE TRAQUINA |
| 380 | 326 | JOÃO PEREIRA | M | 31 | | 00:57:23 | 00:56:55 | GDC PORTO SINES |
| 381 | 148 | JOSÉ LOURENÇO | M | 68 | | 00:57:25 | 00:57:16 | AA MAFRA |
| 382 | 292 | VICTÓRIA CARNEIRO | F | 41 | | 00:57:27 | 00:57:17 | GDR S FRANCISCO SERRA |
| 383 | 361 | MARGARETE J F REIS | F | 38 | | 00:57:33 | 00:57:18 | INDIVIDUAL |
| 384 | 243 | CARINA F BATISTA | F | 42 | | 00:57:40 | 00:57:25 | INDIVIDUAL |
| 385 | 391 | ANA I P COSTA | F | 36 | | 00:57:42 | 00:57:26 | INDIVIDUAL |
| 386 | 545 | BRAULIA GAMITO | F | 48 | | 00:57:42 | 00:57:21 | INDIVIDUAL |
| 387 | 145 | DOMINGOS RODRIGUES | M | 67 | | 00:57:44 | 00:57:36 | AA MAFRA |
| 388 | 295 | JOAQUIM MACHADO | M | 62 | | 00:57:49 | 00:57:40 | GDR S FRANCISCO SERRA |
| 389 | 60 | JOAQUIM FONSECA | M | 59 | | 00:57:52 | 00:57:39 | OS SUPER |
| 390 | 534 | JOSÉ BARATA | M | 54 | | 00:58:07 | 00:58:00 | INDIVIDUAL |

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Relatório Masculino e Feminino Geral

| Class | Num | Nome | Sx | Idd | Cat | T. Bruto | T. Líquido | Equipe |
|-------|-----|-----------------------|----|-----|-----|----------|------------|-----------------------|
| 391 | 312 | RUTE F MOURA | F | 30 | | 00:58:15 | 00:58:15 | LEBRES E TARTARUGAS |
| 392 | 272 | ANA BARATA | F | 56 | | 00:58:20 | 00:58:17 | GDR S FRANCISCO SERRA |
| 393 | 380 | MARLENE OLIVEIRA | F | 41 | | 00:58:38 | 00:58:30 | CCD QUARTEIRA |
| 394 | 168 | TIAGO GALEGO | M | 36 | | 00:59:02 | 00:58:52 | INDIVIDUAL |
| 395 | 167 | TÂNIA CARMO | F | 28 | | 00:59:03 | 00:58:53 | INDIVIDUAL |
| 396 | 54 | ANTÓNIO SOBRAL | M | 39 | | 00:59:14 | 00:59:05 | INDIVIDUAL |
| 397 | 538 | PEDRO J V PONTE | M | 54 | | 00:59:15 | 00:59:00 | CP EDP SINES |
| 398 | 332 | CARLA SILVA | F | 37 | | 00:59:19 | 00:59:12 | GDC PORTO SINES |
| 399 | 554 | RITA PAIXAO | F | 38 | | 00:59:22 | 00:59:17 | NAPA |
| 400 | 73 | JOSE PIRES | M | 79 | | 00:59:22 | 00:59:03 | CCDT METRO LX |
| 401 | 124 | ADELINO MATEUS | M | 54 | | 00:59:29 | 00:59:19 | AC MATINHA |
| 402 | 122 | ESMAEL GERALDES | M | 64 | | 00:59:33 | 00:59:19 | AC MATINHA |
| 403 | 253 | MANUEL CARDOSO | M | 67 | | 00:59:33 | 00:59:15 | CD ESTRELA |
| 404 | 382 | PAULO DIAS | M | 42 | | 00:59:36 | 00:59:26 | ASS JORGE PINA |
| 405 | 383 | MARA FERREIRA | F | 34 | | 00:59:36 | 00:59:26 | ASS JORGE PINA |
| 406 | 147 | ALVARO PAULINO | M | 64 | | 01:00:33 | 01:00:24 | AA MAFRA |
| 407 | 160 | PAULO COSTA | M | 38 | | 01:01:22 | 01:01:15 | AMIGOS DA ESTRELA |
| 408 | 260 | NATIVIDADE CARDOSO | F | 64 | | 01:01:31 | 01:01:19 | CD ESTRELA |
| 409 | 256 | BEATRIZ FRANCO | F | 59 | | 01:01:31 | 01:01:10 | CD ESTRELA |
| 410 | 125 | FRANCISCO SANCHES | M | 53 | | 01:01:35 | 01:01:29 | AC MATINHA |
| 411 | 76 | ORLANDO SOUSA | M | 52 | | 01:02:12 | 01:01:53 | CCDT METRO LX |
| 412 | 235 | MANUEL SANTOS | M | 67 | | 01:02:35 | 01:02:13 | GDCT REPSOL |
| 413 | 265 | NATÁLIA ALEXANDRE | F | 36 | | 01:02:39 | 01:02:32 | AC PORTALEGRE / UTSM |
| 414 | 238 | AMADEU FERREIRA | M | 72 | | 01:02:39 | 01:02:20 | GDCT REPSOL |
| 415 | 105 | GIOVANNA FRANCHI | F | 22 | | 01:02:46 | 01:02:34 | AA CHARNECA |
| 416 | 252 | NELSON OLIVEIRA | M | 70 | | 01:02:59 | 01:02:55 | CD ESTRELA |
| 417 | 405 | DANIELA MOURA | F | 54 | | 01:03:02 | 01:02:45 | TEJAVISTA |
| 418 | 547 | CATIA VANESSA | F | 32 | | 01:03:03 | 01:02:40 | INDIVIDUAL |
| 419 | 546 | NELSON MATEUS | M | 33 | | 01:03:10 | 01:02:47 | INDIVIDUAL |
| 420 | 158 | CRISTINA M T B MENDES | F | 41 | | 01:03:15 | 01:02:52 | INDIVIDUAL |
| 421 | 355 | JOAQUIM PEREIRA | M | 75 | | 01:03:28 | 01:03:24 | AA LEBRES DO SADO |
| 422 | 155 | CARLA CHAINHO | F | 36 | | 01:03:47 | 01:03:27 | INDIVIDUAL |
| 423 | 53 | LUIS NEVES | M | 41 | | 01:03:49 | 01:03:30 | AÇOREANA C BANIF |
| 424 | 378 | JOSE DUARTE | M | 42 | | 01:03:58 | 01:03:43 | CCD QUARTEIRA |
| 425 | 259 | LUZ FREIRE | F | 64 | | 01:04:09 | 01:03:57 | CD ESTRELA |
| 426 | 83 | NATÁLIA A C BEJA | F | 39 | | 01:04:11 | 01:03:51 | JAVALIS |
| 427 | 82 | ELÁDIO J C MANUEL | M | 41 | | 01:04:12 | 01:03:52 | JAVALIS |
| 428 | 165 | ANA T S SALGUEIRO | F | 33 | | 01:04:37 | 01:04:23 | INDIVIDUAL |
| 429 | 164 | BRUNO A E SOBRAL | M | 33 | | 01:04:38 | 01:04:23 | INDIVIDUAL |

13 GRANDE PREMIO GRANDOLA E STA MARGARIDA SERRA - 01/02/2015

Relatório Masculino e Feminino Geral

| Class | Num | Nome | Sx | Idd | Cat | T. Bruto | T. Líquido | Equipe |
|-------|-----|----------------------|----|-----|-----|----------|------------|-------------------|
| 430 | 254 | MARTINHO FREIRE | M | 68 | | 01:04:39 | 01:04:24 | CD ESTRELA |
| 431 | 216 | MARIA ADELAIDE | F | 58 | | 01:04:40 | 01:04:24 | C SARGENTO ARMADA |
| 432 | 63 | JOHNNY THOMASSEN | M | 54 | | 01:04:46 | 01:04:28 | INDIVIDUAL |
| 433 | 535 | CARLOS REIS | M | 52 | | 01:04:50 | 01:04:42 | INDIVIDUAL |
| 434 | 236 | CARLOS CARMO | M | 61 | | 01:05:18 | 01:04:59 | GDCT REPSOL |
| 435 | 100 | FRANCISCO CASACA | M | 75 | | 01:06:04 | 01:05:42 | CUN BOSTON |
| 436 | 540 | JOSE SALVADOR | M | 65 | | 01:06:05 | 01:05:47 | INDIVIDUAL |
| 437 | 72 | JOAO C BARBOSA | M | 54 | | 01:06:06 | 01:05:45 | CCDT METRO LX |
| 438 | 485 | ALBERTO MOSQUEIRA | M | 35 | | 01:06:13 | 01:06:11 | GFD RUNNING |
| 439 | 214 | HERLANDER BRAZ | M | 55 | | 01:06:19 | 01:06:11 | INDIVIDUAL |
| 440 | 71 | FERNANDO C FERNANDES | M | 62 | | 01:06:21 | 01:06:04 | CCDT METRO LX |
| 441 | 154 | DORA P C L MOREIRA | F | 32 | | 01:06:29 | 01:06:06 | INDIVIDUAL |
| 442 | 181 | CLAUDIA ROSA | F | 40 | | 01:06:30 | 01:06:07 | INDIVIDUAL |
| 443 | 399 | ISAURA ATANASIO | F | 60 | | 01:07:39 | 01:07:21 | TEJAVISTA |
| 444 | 228 | ELSA CORREIA | F | 31 | | 01:07:57 | 01:07:35 | GDCT REPSOL |
| 445 | 231 | ANTONIO SANTOS | M | 58 | | 01:07:57 | 01:07:35 | GDCT REPSOL |
| 446 | 233 | Mª JOSE TEIXEIRA | F | 44 | | 01:08:34 | 01:08:20 | GDCT REPSOL |
| 447 | 306 | GUALDINO G FREIRE | M | 69 | | 01:09:13 | 01:08:53 | CCDT METRO LX |
| 448 | 403 | MANUELA BUSTORFF | F | 59 | | 01:11:36 | 01:11:17 | TEJAVISTA |
| 449 | 398 | PEDRO DELGADO | M | 66 | | 01:11:36 | 01:11:16 | TEJAVISTA |
| 450 | 230 | LUIS TORRAO | M | 61 | | 01:11:42 | 01:11:24 | GDCT REPSOL |
| 451 | 435 | Mª MANUELA AUGUSTO | F | 56 | | 01:12:05 | 01:12:05 | JAVALIS |
| 452 | 518 | JOAO GRAÇA | M | 75 | | 01:13:14 | 01:12:52 | ND AUTOCOOPE |
| 453 | 234 | ALDA OLIVEIRA | F | 60 | | 01:13:15 | 01:12:53 | GDCT REPSOL |
| 454 | 415 | Mª CARMO ANJOS | F | 68 | | 01:13:30 | 01:13:13 | CONDOR |
| 455 | 417 | JOSE ARRUDA | M | 65 | | 01:13:48 | 01:13:31 | CONDOR |
| 456 | 416 | FOCK CHIU | F | 64 | | 01:13:48 | 01:13:31 | CONDOR |
| 457 | 262 | ISABEL CRESPO | F | 47 | | 01:16:52 | 01:16:36 | GRD OS FIXES |
| 458 | 481 | TERESA PEREIRA | F | 51 | | 01:16:52 | 01:16:36 | SS CGD |
| 459 | 503 | VITOR SOUSA | M | 41 | | 01:26:35 | 01:26:35 | GFD RUNNING |

Total de registros: 459

13 GRANDE PREMIO GRANDOLA E STA MARGARIDA SERRA - 01/02/2015

Relatório por Faixas Etárias

F0039

| Class | Num | Nome | Sx | Idd | T. Bruto | T. Líquido | Equipe |
|-------|-----|---------------------|----|-----|----------|------------|-------------------------|
| 1 | 396 | CLAUDIA PEREIRA | F | 30 | 00:34:07 | 00:34:07 | GFD RUNNING |
| 2 | 240 | MONIKA STEFAHOWICK | F | 34 | 00:34:24 | 00:34:24 | POLONIA |
| 3 | 566 | MAZUROHAK VOLHA | F | 25 | 00:34:49 | 00:34:48 | BIOLORUSSIA |
| 4 | 541 | VERA NUNES | F | 30 | 00:35:29 | 00:35:29 | SL BENFICA |
| 5 | 464 | EMILIA KUMÓS | F | 29 | 00:36:07 | 00:36:07 | JUVENTUDE VIDIGALENSE |
| 6 | 557 | SANDRA TEIXEIRA | F | 30 | 00:37:06 | 00:37:06 | SPORTING CP |
| 7 | 484 | CARLA RIBEIRO | F | 33 | 00:40:38 | 00:40:37 | GFD RUNNING |
| 8 | 498 | MONICA MOREIRAS | F | 35 | 00:41:47 | 00:41:47 | GFD RUNNING |
| 9 | 227 | CATIA SERODIO | F | 35 | 00:42:57 | 00:42:57 | AMINHACORRIDA/ SKECHERS |
| 10 | 440 | IZABELA SHIN | F | 33 | 00:43:06 | 00:43:06 | MENTE TRAQUINA |
| 11 | 128 | CRISTINA GAVINHO | F | 38 | 00:46:52 | 00:46:50 | PUMAS DO GUINCHO |
| 12 | 466 | SOLANGE SOUSA | F | 34 | 00:47:39 | 00:47:34 | INDIVIDUAL |
| 13 | 174 | VANESSA MAGRO | F | 27 | 00:49:02 | 00:48:54 | RUNFORFUN |
| 14 | 558 | ANA GONÇALVES | F | 33 | 00:50:15 | 00:50:07 | INDIVIDUAL |
| 15 | 62 | ÂNGELA C MENDES | F | 30 | 00:52:32 | 00:52:25 | AC PORTALEGRE / UTSM |
| 16 | 520 | MARISA I A P FERRAZ | F | 35 | 00:52:35 | 00:52:22 | INDIVIDUAL |
| 17 | 384 | PATRICIA PINHEIRO | F | 19 | 00:54:47 | 00:54:45 | AA MAFRA |
| 18 | 353 | GABRIELA DIAS | F | 31 | 00:55:33 | 00:55:21 | INDIVIDUAL |
| 19 | 529 | JOANA BUSTORFF | F | 29 | 00:56:54 | 00:56:38 | TEJAVISTA |
| 20 | 361 | MARGARETE J F REIS | F | 38 | 00:57:33 | 00:57:18 | INDIVIDUAL |
| 21 | 391 | ANA I P COSTA | F | 36 | 00:57:42 | 00:57:26 | INDIVIDUAL |
| 22 | 312 | RUTE F MOURA | F | 30 | 00:58:15 | 00:58:15 | LEBRES E TARTARUGAS |
| 23 | 167 | TÂNIA CARMO | F | 28 | 00:59:03 | 00:58:53 | INDIVIDUAL |
| 24 | 332 | CARLA SILVA | F | 37 | 00:59:19 | 00:59:12 | GDC PORTO SINES |
| 25 | 554 | RITA PAIXAO | F | 38 | 00:59:22 | 00:59:17 | NAPA |
| 26 | 383 | MARA FERREIRA | F | 34 | 00:59:36 | 00:59:26 | ASS JORGE PINA |
| 27 | 265 | NATÁLIA ALEXANDRE | F | 36 | 01:02:39 | 01:02:32 | AC PORTALEGRE / UTSM |
| 28 | 105 | GIOVANNA FRANCHI | F | 22 | 01:02:46 | 01:02:34 | AA CHARNECA |
| 29 | 547 | CATIA VANESSA | F | 32 | 01:03:03 | 01:02:40 | INDIVIDUAL |
| 30 | 155 | CARLA CHAINHO | F | 36 | 01:03:47 | 01:03:27 | INDIVIDUAL |
| 31 | 83 | NATÁLIA A C BEJA | F | 39 | 01:04:11 | 01:03:51 | JAVALIS |
| 32 | 165 | ANA T S SALGUEIRO | F | 33 | 01:04:37 | 01:04:23 | INDIVIDUAL |
| 33 | 154 | DORA P C L MOREIRA | F | 32 | 01:06:29 | 01:06:06 | INDIVIDUAL |
| 34 | 228 | ELSA CORREIA | F | 31 | 01:07:57 | 01:07:35 | GDCT REPSOL |

13 GRANDE PREMIO GRANDOLA E STA MARGARIDA SERRA - 01/02/2015

Relatório por Faixas Etárias

F4044

| Class | Num | Nome | Sx | Idd | T. Bruto | T. Líquido | Equipe |
|-------|-----|-----------------------|----|-----|----------|------------|-----------------------|
| 1 | 552 | CELIA CECILIO | F | 42 | 00:44:44 | 00:44:40 | NAPA |
| 2 | 209 | ANA S A SOBREIRA | F | 43 | 00:45:52 | 00:45:45 | INDIVIDUAL |
| 3 | 567 | PAULA NUNES | F | 42 | 00:46:40 | 00:46:38 | PUMAS DO GUINCHO |
| 4 | 531 | SALETE R T GUARDA | F | 42 | 00:47:40 | 00:47:39 | CA BARREIRA |
| 5 | 166 | ANA GUIA | F | 42 | 00:49:48 | 00:49:37 | TML - TRANSPORTES |
| 6 | 497 | MARGARIDA PINTO | F | 43 | 00:50:03 | 00:50:00 | GFD RUNNING |
| 7 | 474 | GINA CHEIO | F | 43 | 00:50:57 | 00:50:41 | GDC BANCO PORTUGAL |
| 8 | 459 | CLAUDIA TEIXEIRA | F | 41 | 00:53:49 | 00:53:32 | OS KOTAS BIKE TEAM |
| 9 | 292 | VICTÓRIA CARNEIRO | F | 41 | 00:57:27 | 00:57:17 | GDR S FRANCISCO SERRA |
| 10 | 243 | CARINA F BATISTA | F | 42 | 00:57:40 | 00:57:25 | INDIVIDUAL |
| 11 | 380 | MARLENE OLIVEIRA | F | 41 | 00:58:38 | 00:58:30 | CCD QUARTEIRA |
| 12 | 158 | CRISTINA M T B MENDES | F | 41 | 01:03:15 | 01:02:52 | INDIVIDUAL |
| 13 | 181 | CLAUDIA ROSA | F | 40 | 01:06:30 | 01:06:07 | INDIVIDUAL |
| 14 | 233 | Mª JOSE TEIXEIRA | F | 44 | 01:08:34 | 01:08:20 | GDCT REPSOL |

13 GRANDE PREMIO GRANDOLA E STA MARGARIDA SERRA - 01/02/2015

Relatório por Faixas Etárias

F4599

| Class | Num | Nome | Sx | Idd | T. Bruto | T. Líquido | Equipe |
|--------------|------------|---------------------|-----------|------------|-----------------|-------------------|------------------------------|
| 1 | 542 | LUCILIA SOARES | F | 53 | 00:39:23 | 00:39:23 | SL BENFICA |
| 2 | 108 | CHANTAL XHERVELLE | F | 46 | 00:40:53 | 00:40:52 | ACLIS LIBERTY SEGUROS |
| 3 | 138 | HELENA MARTINS | F | 53 | 00:42:49 | 00:42:48 | AA MAFRA |
| 4 | 315 | ANA MARGARIDA | F | 48 | 00:43:10 | 00:43:10 | CCD O ALVITEJO |
| 5 | 450 | AC PEREIRA | F | 45 | 00:43:42 | 00:43:38 | C PEDRO PESSOA ESC ATLETISMO |
| 6 | 330 | FERNANDA MARTINS | F | 50 | 00:47:32 | 00:47:30 | GDC PORTO SINES |
| 7 | 172 | ALEXANDRA JORG | F | 47 | 00:48:21 | 00:48:12 | RUNFORFUN |
| 8 | 215 | MAGNIFICA ALVAREDO | F | 59 | 00:49:38 | 00:49:35 | C SARGENTO ARMADA |
| 9 | 127 | Mª CARMO BARROS | F | 55 | 00:50:08 | 00:50:06 | PUMAS DO GUINCHO |
| 10 | 139 | FERNANDA COSTA | F | 52 | 00:51:03 | 00:51:02 | AA MAFRA |
| 11 | 180 | ANA R F P A BARRELA | F | 45 | 00:52:31 | 00:52:18 | INDIVIDUAL |
| 12 | 452 | MARGARIDA PEDRO | F | 50 | 00:53:20 | 00:53:14 | OS KOTAS BIKE TEAM |
| 13 | 257 | TERESA OLIVEIRA | F | 58 | 00:53:25 | 00:53:17 | CD ESTRELA |
| 14 | 156 | ANA I S S CURVA | F | 52 | 00:54:41 | 00:54:26 | CP SÃO MATIAS-BEJA |
| 15 | 66 | Mª ALCINA C CORREIA | F | 59 | 00:54:55 | 00:54:45 | GD O INDEPENDENTE |
| 16 | 532 | VANDA AUGUSTO | F | 60 | 00:55:10 | 00:54:59 | CA ODIMARQ |
| 17 | 61 | MERCEDES FONSECA | F | 58 | 00:56:26 | 00:56:13 | OS SUPER |
| 18 | 545 | BRAULIA GAMITO | F | 48 | 00:57:42 | 00:57:21 | INDIVIDUAL |
| 19 | 272 | ANA BARATA | F | 56 | 00:58:20 | 00:58:17 | GDR S FRANCISCO SERRA |
| 20 | 260 | NATIVIDADE CARDOSO | F | 64 | 01:01:31 | 01:01:19 | CD ESTRELA |
| 21 | 256 | BEATRIZ FRANCO | F | 59 | 01:01:31 | 01:01:10 | CD ESTRELA |
| 22 | 405 | DANIELA MOURA | F | 54 | 01:03:02 | 01:02:45 | TEJAVISTA |
| 23 | 259 | LUZ FREIRE | F | 64 | 01:04:09 | 01:03:57 | CD ESTRELA |
| 24 | 216 | MARIA ADELAIDE | F | 58 | 01:04:40 | 01:04:24 | C SARGENTO ARMADA |
| 25 | 399 | ISAURA ATANASIO | F | 60 | 01:07:39 | 01:07:21 | TEJAVISTA |
| 26 | 403 | MANUELA BUSTORFF | F | 59 | 01:11:36 | 01:11:17 | TEJAVISTA |
| 27 | 435 | Mª MANUELA AUGUSTO | F | 56 | 01:12:05 | 01:12:05 | JAVALIS |
| 28 | 234 | ALDA OLIVEIRA | F | 60 | 01:13:15 | 01:12:53 | GDCT REPSOL |
| 29 | 415 | Mª CARMO ANJOS | F | 68 | 01:13:30 | 01:13:13 | CONDOR |
| 30 | 416 | FOCK CHIU | F | 64 | 01:13:48 | 01:13:31 | CONDOR |
| 31 | 262 | ISABEL CRESPO | F | 47 | 01:16:52 | 01:16:36 | GRD OS FIXES |
| 32 | 481 | TERESA PEREIRA | F | 51 | 01:16:52 | 01:16:36 | SS CGD |

13 GRANDE PREMIO GRANDOLA E STA MARGARIDA SERRA - 01/02/2015

Relatório por Faixas Etárias

M0039

| Class | Num | Nome | Sx | Idd | T. Bruto | T. Líquido | Equipe |
|-------|-----|--------------------|----|-----|----------|------------|--------------------------|
| 1 | 565 | PEYKOB ALEKSEI | M | 31 | 00:30:00 | 00:30:00 | RUSSIA |
| 2 | 443 | BRUNO M S PAIXÃO | M | 30 | 00:30:14 | 00:30:14 | CUA BENAVENTENSE |
| 3 | 548 | SAMUEL BARATA | M | 21 | 00:30:37 | 00:30:37 | SL BENFICA |
| 4 | 556 | LUIS PINTO | M | 30 | 00:30:44 | 00:30:44 | SPORTING CP |
| 5 | 424 | CARLOS SILVA | M | 31 | 00:31:28 | 00:31:28 | GDR REBOLEIRA-GFD |
| 6 | 300 | PEDRO ARSENIO | M | 32 | 00:31:47 | 00:31:47 | CA ODIMARQ |
| 7 | 319 | RICARDO FIGUEIREDO | M | 25 | 00:31:47 | 00:31:47 | MAFRA COM VENTO/ ESTABIL |
| 8 | 338 | JOAO CRUZ | M | 29 | 00:32:25 | 00:32:25 | BEJA AC |
| 9 | 425 | CARLOS CARDOSO | M | 32 | 00:32:45 | 00:32:45 | GDR REBOLEIRA-GFD |
| 10 | 423 | JOÃO VIEIRA | M | 34 | 00:32:45 | 00:32:45 | GDR REBOLEIRA-GFD |
| 11 | 305 | LUIS BATISTA | M | 37 | 00:32:50 | 00:32:50 | CA ODIMARQ |
| 12 | 301 | LUIS RAÇOES | M | 39 | 00:32:53 | 00:32:52 | CA ODIMARQ |
| 13 | 337 | CUSTÓDIO ANTÓNIO | M | 38 | 00:33:01 | 00:33:01 | BEJA AC |
| 14 | 187 | PAULO GUIMARÃES | M | 37 | 00:33:17 | 00:33:17 | ACLIS LIBERTY SEGUROS |
| 15 | 279 | JOÃO OLIVEIRA | M | 30 | 00:33:21 | 00:33:21 | GDR S FRANCISCO SERRA |
| 16 | 226 | PEDRO MARQUES | M | 32 | 00:33:56 | 00:33:56 | AMINHACORRIDA/ SKECHERS |
| 17 | 392 | MUSSA DJAU | M | 19 | 00:34:05 | 00:34:05 | BEJA AC |
| 18 | 293 | JOSÉ LAIR | M | 39 | 00:34:13 | 00:34:13 | GDR S FRANCISCO SERRA |
| 19 | 451 | RUI FONTES | M | 36 | 00:34:37 | 00:34:37 | BEJA AC |
| 20 | 296 | JOAO F BOA | M | 28 | 00:36:04 | 00:36:02 | CA ODIMARQ |
| 21 | 116 | JOÃO P FERREIRA | M | 38 | 00:36:08 | 00:36:06 | INDIVIDUAL |
| 22 | 506 | BRUNO CARVALHO | M | 35 | 00:36:14 | 00:36:14 | BOAVISTA DO PICO |
| 23 | 239 | DANIEL CAMPOS | M | 31 | 00:36:18 | 00:36:14 | |
| 24 | 289 | VALTER SOARES | M | 39 | 00:37:00 | 00:37:00 | GDR S FRANCISCO SERRA |
| 25 | 118 | RUI MONTEIRO | M | 31 | 00:37:32 | 00:37:30 | INDIVIDUAL |
| 26 | 350 | SAMUEL GALVEIA | M | 33 | 00:37:39 | 00:37:38 | CADT PORTUCEL |
| 27 | 510 | VASCO RAFAEL | M | 25 | 00:37:40 | 00:37:40 | SPORTING C PORTUGAL |
| 28 | 439 | PAULO HERMEZILHA | M | 39 | 00:37:55 | 00:37:55 | MENTE TRAQUINA |
| 29 | 163 | JOÃO NUNES | M | 28 | 00:38:14 | 00:38:14 | AC PORTALEGRE / UTSM |
| 30 | 488 | FABIO DOMINGOS | M | 25 | 00:38:16 | 00:38:15 | GFD RUNNING |
| 31 | 364 | DANIEL PEREIRA | M | 28 | 00:38:26 | 00:38:15 | PAPA-ALMOÇOS |
| 32 | 117 | BRUNO LUÍS | M | 35 | 00:38:40 | 00:38:37 | INDIVIDUAL |
| 33 | 207 | DANRLEY GUSMAO | M | 18 | 00:38:43 | 00:38:41 | VITÓRIA FC |
| 34 | 67 | FRANCISCO E MONTE | M | 34 | 00:38:49 | 00:38:48 | INDIVIDUAL |
| 35 | 274 | RUI CANDEIAS | M | 38 | 00:39:06 | 00:39:04 | GDR S FRANCISCO SERRA |
| 36 | 106 | OSVALDO FERREIRA | M | 38 | 00:39:24 | 00:39:24 | CUA BENAVENTENSE |
| 37 | 489 | FERNANDO GOMES | M | 39 | 00:39:31 | 00:39:30 | GFD RUNNING |
| 38 | 458 | NUNO CHAINHO | M | 29 | 00:39:36 | 00:39:35 | OS KOTAS BIKE TEAM |
| 39 | 114 | PAULO GARCIA | M | 37 | 00:40:00 | 00:40:00 | INDIVIDUAL |
| 40 | 483 | ANDRE RISCADO | M | 36 | 00:40:03 | 00:40:02 | GFD RUNNING |

13 GRANDE PREMIO GRANDOLA E STA MARGARIDA SERRA - 01/02/2015

Relatório por Faixas Etárias

M0039

| Class | Num | Nome | Sx | Idd | T. Bruto | T. Líquido | Equipe |
|-------|-----|----------------------|----|-----|----------|------------|-----------------------|
| 41 | 217 | RICARDO OLIVEIRA | M | 35 | 00:40:26 | 00:40:26 | C SARGENTO ARMADA |
| 42 | 273 | BRUNO GAMITO | M | 27 | 00:40:37 | 00:40:37 | GDR S FRANCISCO SERRA |
| 43 | 342 | HELIO AZOUGADO | M | 29 | 00:40:40 | 00:40:40 | CADT PORTUCEL |
| 44 | 347 | JOAO SILVA | M | 37 | 00:40:41 | 00:40:38 | CADT PORTUCEL |
| 45 | 314 | CARLOS GONÇALVES | M | 32 | 00:40:48 | 00:40:40 | INDIVIDUAL |
| 46 | 522 | DAVID G BARÃO | M | 35 | 00:40:51 | 00:40:51 | INDIVIDUAL |
| 47 | 103 | PAULO J S CAVALINHOS | M | 38 | 00:41:18 | 00:41:16 | VEOLIA |
| 48 | 50 | PEDRO PEREIRA | M | 25 | 00:41:26 | 00:41:25 | Furões do Alentejo |
| 49 | 101 | LUIS M C NEVES | M | 36 | 00:41:31 | 00:41:24 | MARINHAIS AC |
| 50 | 465 | PEDRO LOPES | M | 36 | 00:42:00 | 00:41:55 | INDIVIDUAL |
| 51 | 84 | HELDER VALADAS | M | 34 | 00:42:10 | 00:42:03 | OS PERIGOSOS |
| 52 | 445 | NUNO PINTO | M | 32 | 00:43:04 | 00:43:01 | XANGAI RUNNERS |
| 53 | 291 | VITOR PEREIRA | M | 38 | 00:43:27 | 00:43:27 | GDR S FRANCISCO SERRA |
| 54 | 307 | JOAO VILAS | M | 31 | 00:43:38 | 00:43:35 | INDIVIDUAL |
| 55 | 568 | FILIFE DOMINGOS | M | 28 | 00:43:43 | 00:43:39 | INDIVIDUAL |
| 56 | 322 | ANTÓNIO VENTURA | M | 38 | 00:43:45 | 00:43:39 | BEJA AC |
| 57 | 550 | RICARDO BRITO | M | 35 | 00:44:06 | 00:43:57 | R TEAM |
| 58 | 104 | JORGE PÉ-CURTO | M | 39 | 00:44:23 | 00:44:18 | INDIVIDUAL |
| 59 | 386 | RUI SILVA | M | 38 | 00:44:56 | 00:44:43 | GDC PORTO SINES |
| 60 | 519 | CARLOS M FERRAZ | M | 37 | 00:45:23 | 00:45:11 | INDIVIDUAL |
| 61 | 560 | DIOGO LUCAS | M | 19 | 00:45:43 | 00:45:38 | PROAVENTURAS |
| 62 | 393 | PEDRO PALMINHA | M | 38 | 00:45:47 | 00:45:39 | A |
| 63 | 87 | MARCO CASEIRO | M | 36 | 00:45:50 | 00:45:42 | OS PERIGOSOS |
| 64 | 362 | TELMO MATOS | M | 24 | 00:45:55 | 00:45:45 | PAPA-ALMOÇOS |
| 65 | 367 | JOÃO MESTRE | M | 25 | 00:45:55 | 00:45:43 | PAPA-ALMOÇOS |
| 66 | 162 | BRUNO CARRILHO | M | 33 | 00:46:34 | 00:46:30 | AC PORTALEGRE / UTSM |
| 67 | 394 | VALTER VIDIGUEIRA | M | 25 | 00:46:48 | 00:46:37 | A |
| 68 | 381 | RUI M VILA | M | 32 | 00:46:52 | 00:46:41 | ROTARACT |
| 69 | 336 | PAULO S GOMES | M | 27 | 00:46:58 | 00:46:46 | GDC PORTO SINES |
| 70 | 334 | ANDRE LOUZEIRO | M | 29 | 00:46:58 | 00:46:45 | GDC PORTO SINES |
| 71 | 325 | TELMO MACARRÃO | M | 37 | 00:47:08 | 00:46:55 | GDC PORTO SINES |
| 72 | 268 | JOÃO C P PALMELA | M | 32 | 00:47:23 | 00:47:12 | INDIVIDUAL |
| 73 | 462 | JOAQUIM SANTANA | M | 31 | 00:47:32 | 00:47:26 | OS KOTAS BIKE TEAM |
| 74 | 193 | HUGO SEVERINO | M | 36 | 00:47:51 | 00:47:34 | CP EDP LISBOA |
| 75 | 491 | FRANCISCO CAMPOS | M | 39 | 00:47:56 | 00:47:43 | GFD RUNNING |
| 76 | 52 | HÉLDER J G GUERREIRO | M | 38 | 00:48:15 | 00:47:58 | INDIVIDUAL |
| 77 | 343 | MARCO CRESPO | M | 35 | 00:48:23 | 00:48:10 | CADT PORTUCEL |
| 78 | 286 | PEDRO GAMITO | M | 38 | 00:48:41 | 00:48:41 | GDR S FRANCISCO SERRA |
| 79 | 284 | MÁRIO MATOS | M | 27 | 00:48:51 | 00:48:42 | GDR S FRANCISCO SERRA |
| 80 | 344 | PAULO SILVA | M | 39 | 00:49:03 | 00:48:50 | CADT PORTUCEL |

13 GRANDE PREMIO GRANDOLA E STA MARGARIDA SERRA - 01/02/2015

Relatório por Faixas Etárias

M0039

| Class | Num | Nome | Sx | Idd | T. Bruto | T. Líquido | Equipe |
|--------------|------------|------------------------|-----------|------------|-----------------|-------------------|-------------------|
| 81 | 446 | RUI NEVES | M | 32 | 00:49:05 | 00:49:01 | XANGAI RUNNERS |
| 82 | 59 | GONÇALO B COELHO | M | 34 | 00:49:52 | 00:49:42 | INDIVIDUAL |
| 83 | 413 | RUI SOBRAL | M | 28 | 00:50:25 | 00:50:06 | CP PINHEIRO CRUZ |
| 84 | 55 | RODOLFO CARNEIRO | M | 26 | 00:50:35 | 00:50:18 | JOÃO CARNEIRO SAD |
| 85 | 176 | LUIS M P CHAINHO | M | 39 | 00:50:57 | 00:50:37 | GRÂNDOLAFOOT |
| 86 | 327 | JOÃO SANTOS | M | 37 | 00:51:43 | 00:51:29 | GDC PORTO SINES |
| 87 | 345 | RENATO MOREIRA | M | 29 | 00:52:02 | 00:51:50 | CADT PORTUCEL |
| 88 | 365 | JOÃO PACHECO | M | 18 | 00:52:10 | 00:51:56 | PAPA-ALMOÇOS |
| 89 | 333 | RENATO PENAS | M | 37 | 00:52:59 | 00:52:47 | GDC PORTO SINES |
| 90 | 94 | RICARDO J S REIS | M | 35 | 00:53:46 | 00:53:23 | INDIVIDUAL |
| 91 | 95 | NUNO M S REIS | M | 38 | 00:53:46 | 00:53:23 | INDIVIDUAL |
| 92 | 93 | JOSÉ M S A SILVA | M | 32 | 00:53:47 | 00:53:24 | INDIVIDUAL |
| 93 | 78 | DAVIDE J C GONÇALVES | M | 34 | 00:54:36 | 00:54:25 | INDIVIDUAL |
| 94 | 530 | ALEXANDRE J F FERREIRA | M | 37 | 00:54:39 | 00:54:16 | SS STC |
| 95 | 536 | ÁLVARO CONCEIÇÃO | M | 27 | 00:54:51 | 00:54:40 | INDIVIDUAL |
| 96 | 414 | RODRIGO MATEUS | M | 35 | 00:54:51 | 00:54:28 | CP PINHEIRO CRUZ |
| 97 | 346 | VASCO BERNARDO | M | 36 | 00:55:33 | 00:55:20 | CADT PORTUCEL |
| 98 | 326 | JOÃO PEREIRA | M | 31 | 00:57:23 | 00:56:55 | GDC PORTO SINES |
| 99 | 168 | TIAGO GALEGO | M | 36 | 00:59:02 | 00:58:52 | INDIVIDUAL |
| 100 | 54 | ANTÓNIO SOBRAL | M | 39 | 00:59:14 | 00:59:05 | INDIVIDUAL |
| 101 | 160 | PAULO COSTA | M | 38 | 01:01:22 | 01:01:15 | AMIGOS DA ESTRELA |
| 102 | 546 | NELSON MATEUS | M | 33 | 01:03:10 | 01:02:47 | INDIVIDUAL |
| 103 | 164 | BRUNO A E SOBRAL | M | 33 | 01:04:38 | 01:04:23 | INDIVIDUAL |
| 104 | 485 | ALBERTO MOSQUEIRA | M | 35 | 01:06:13 | 01:06:11 | GFD RUNNING |

13 GRANDE PREMIO GRANDOLA E STA MARGARIDA SERRA - 01/02/2015

Relatório por Faixas Etárias

M4044

| Class | Num | Nome | Sx | Idd | T. Bruto | T. Líquido | Equipe |
|-------|-----|--------------------|----|-----|----------|------------|--------------------------|
| 1 | 527 | ALEX SCUTARU | M | 42 | 00:32:28 | 00:32:28 | INDIVIDUAL |
| 2 | 426 | LUIS GINJA | M | 41 | 00:32:47 | 00:32:47 | GDR REBOLEIRA-GFD |
| 3 | 427 | NUNO ROMÃO | M | 42 | 00:32:56 | 00:32:56 | GDR REBOLEIRA-GFD |
| 4 | 298 | MARIO CASSACA | M | 42 | 00:33:27 | 00:33:27 | CA ODIMARQ |
| 5 | 486 | DAVID FERNANDES | M | 40 | 00:34:35 | 00:34:35 | GFD RUNNING |
| 6 | 186 | JOSÉ CAMELO | M | 43 | 00:34:47 | 00:34:47 | ACLIS LIBERTY SEGUROS |
| 7 | 397 | CARLOS FREITAS | M | 42 | 00:34:52 | 00:34:52 | GFD RUNNING |
| 8 | 487 | ERNESTO FERREIRA | M | 44 | 00:35:08 | 00:35:08 | GFD RUNNING |
| 9 | 469 | LUÍS RIO | M | 43 | 00:35:51 | 00:35:51 | GDC BANCO PORTUGAL |
| 10 | 320 | CALOS ALMEIDA | M | 41 | 00:36:11 | 00:36:11 | MAFRA COM VENTO/ ESTABIL |
| 11 | 500 | RUI PALMA | M | 42 | 00:36:28 | 00:36:28 | GFD RUNNING |
| 12 | 428 | JORGE CORREIA | M | 43 | 00:37:20 | 00:37:18 | GDR REBOLEIRA-GFD |
| 13 | 287 | ROGÉRIO CASSACA | M | 44 | 00:37:27 | 00:37:27 | GDR S FRANCISCO SERRA |
| 14 | 551 | LUIS MENDES | M | 41 | 00:39:17 | 00:39:13 | NAPA |
| 15 | 244 | ABILIO FERNANDES | M | 44 | 00:39:21 | 00:39:14 | INDIVIDUAL |
| 16 | 205 | LUIS FIDALGO | M | 44 | 00:39:34 | 00:39:33 | VITÓRIA FC |
| 17 | 329 | GONCALO SANTOS | M | 41 | 00:39:46 | 00:39:43 | GDC PORTO SINES |
| 18 | 449 | PAULO PISOEIRO | M | 43 | 00:40:21 | 00:40:17 | SR JARDOEIRA |
| 19 | 276 | FERNANDO MESTRE | M | 41 | 00:40:24 | 00:40:20 | GDR S FRANCISCO SERRA |
| 20 | 422 | PEDRO BASSO | M | 43 | 00:40:40 | 00:40:34 | INDIVIDUAL |
| 21 | 461 | PAULO MIGUEL | M | 41 | 00:40:49 | 00:40:46 | OS KOTAS BIKE TEAM |
| 22 | 69 | RUI P C BOLOTA | M | 42 | 00:41:26 | 00:41:22 | INDIVIDUAL |
| 23 | 179 | JOÃO P C FERNANDES | M | 40 | 00:41:41 | 00:41:29 | INDIVIDUAL |
| 24 | 374 | SILVÉRIO GUERREIRO | M | 42 | 00:41:47 | 00:41:47 | TARTUGAS DE LOULÉ |
| 25 | 490 | FERNANDO LOPES | M | 44 | 00:42:13 | 00:42:08 | GFD RUNNING |
| 26 | 499 | PEDRO VIEIRA | M | 41 | 00:42:17 | 00:42:15 | GFD RUNNING |
| 27 | 208 | GONÇALO JACINTO | M | 40 | 00:42:17 | 00:42:16 | VITÓRIA FC |
| 28 | 493 | JORGE CORREIA | M | 42 | 00:42:41 | 00:42:39 | GFD RUNNING |
| 29 | 553 | JOAO PAIXAO | M | 43 | 00:42:53 | 00:42:49 | NAPA |
| 30 | 454 | ARMANDO SOUSA | M | 42 | 00:42:54 | 00:42:41 | OS KOTAS BIKE TEAM |
| 31 | 203 | FILIFE SALMIM | M | 40 | 00:42:56 | 00:42:46 | INDIVIDUAL |
| 32 | 202 | JOSÉ GONÇALVES | M | 42 | 00:42:58 | 00:42:51 | PROAVENTURAS |
| 33 | 278 | FRANCISCO CARMO | M | 43 | 00:43:05 | 00:42:57 | GDR S FRANCISCO SERRA |
| 34 | 523 | JOSE DA LUZ | M | 44 | 00:43:08 | 00:43:05 | CUA BENAVENTENSE |
| 35 | 388 | PAULO GONÇALVES | M | 42 | 00:43:26 | 00:43:17 | C PRAÇAS ARMADA |
| 36 | 564 | JOAO XAVIER | M | 42 | 00:44:11 | 00:44:11 | INDIVIDUAL |
| 37 | 269 | SADIQ M KASSAMO | M | 41 | 00:44:31 | 00:44:24 | INDIVIDUAL |
| 38 | 455 | HENRIQUE RAFAEL | M | 40 | 00:44:36 | 00:44:24 | OS KOTAS BIKE TEAM |
| 39 | 102 | ANTÓNIO M C S LEAL | M | 43 | 00:44:48 | 00:44:40 | MARINHAIS AC |
| 40 | 282 | LUÍS MATOS | M | 43 | 00:44:49 | 00:44:36 | GDR S FRANCISCO SERRA |

13 GRANDE PREMIO GRANDOLA E STA MARGARIDA SERRA - 01/02/2015

Relatório por Faixas Etárias

M4044

| Class | Num | Nome | Sx | Idd | T. Bruto | T. Líquido | Equipe |
|--------------|------------|----------------------------|-----------|------------|-----------------|-------------------|-------------------|
| 41 | 528 | AURELIO ANDORINHA | M | 41 | 00:45:00 | 00:44:59 | VITÓRIA FC |
| 42 | 51 | VIRIATO R PATACO | M | 44 | 00:45:14 | 00:45:10 | PUMAS DO GUINCHO |
| 43 | 204 | LUIS CRUZ | M | 43 | 00:45:38 | 00:45:38 | VITÓRIA FC |
| 44 | 170 | NUNO A G BOGALHEIRO | M | 42 | 00:45:57 | 00:45:56 | INDIVIDUAL |
| 45 | 97 | PAULO SARROEIRA | M | 43 | 00:45:58 | 00:45:43 | INDIVIDUAL |
| 46 | 504 | ANTONIO RAMOS | M | 42 | 00:46:19 | 00:46:15 | BOAVISTA DO PICO |
| 47 | 377 | JORGE BRITO | M | 44 | 00:46:44 | 00:46:24 | CCD QUARTEIRA |
| 48 | 395 | ROBERTO F AGOSTINHO | M | 42 | 00:47:00 | 00:46:48 | INDIVIDUAL |
| 49 | 115 | MÁRIO J P GODINHO | M | 41 | 00:48:51 | 00:48:51 | INDIVIDUAL |
| 50 | 352 | LUIS M R CHAINHO | M | 41 | 00:49:23 | 00:49:09 | INDIVIDUAL |
| 51 | 480 | JOSE MARTINS | M | 40 | 00:49:28 | 00:49:25 | SS CGD |
| 52 | 421 | FRANCISCO H S S P FERREIRA | M | 40 | 00:49:43 | 00:49:33 | INDIVIDUAL |
| 53 | 267 | JOAQUIM RUIVO | M | 40 | 00:50:05 | 00:49:50 | INDIVIDUAL |
| 54 | 129 | JORGE COUTO | M | 44 | 00:51:28 | 00:51:22 | AC MATINHA |
| 55 | 245 | PAULO CARDIM | M | 41 | 00:53:49 | 00:53:25 | A DANIEL CALDEIRA |
| 56 | 408 | ARMINDO CHAINHO | M | 40 | 00:54:50 | 00:54:29 | CP PINHEIRO CRUZ |
| 57 | 437 | PEDRO REIS | M | 42 | 00:57:21 | 00:57:19 | MENTE TRAQUINA |
| 58 | 382 | PAULO DIAS | M | 42 | 00:59:36 | 00:59:26 | ASS JORGE PINA |
| 59 | 53 | LUIS NEVES | M | 41 | 01:03:49 | 01:03:30 | AÇOREANA C BANIF |
| 60 | 378 | JOSE DUARTE | M | 42 | 01:03:58 | 01:03:43 | CCD QUARTEIRA |
| 61 | 82 | ELÁDIO J C MANUEL | M | 41 | 01:04:12 | 01:03:52 | JAVALIS |
| 62 | 503 | VITOR SOUSA | M | 41 | 01:26:35 | 01:26:35 | GFD RUNNING |

13 GRANDE PREMIO GRANDOLA E STA MARGARIDA SERRA - 01/02/2015

Relatório por Faixas Etárias

M4549

| Class | Num | Nome | Sx | Idd | T. Bruto | T. Líquido | Equipe |
|--------------|------------|---------------------|-----------|------------|-----------------|-------------------|--------------------------|
| 1 | 316 | JOÃO VAZ | M | 47 | 00:32:28 | 00:32:28 | CCD O ALVITEJO |
| 2 | 318 | JORGE CRUZ | M | 49 | 00:33:02 | 00:33:02 | MAFRA COM VENTO/ ESTABIL |
| 3 | 185 | RUI BALTAZAR | M | 49 | 00:34:08 | 00:34:07 | ACLIS LIBERTY SEGUROS |
| 4 | 432 | JOSÉ ANTUNES | M | 48 | 00:34:22 | 00:34:22 | GDR REBOLEIRA-GFD |
| 5 | 430 | PAULO MOREIRA | M | 45 | 00:34:50 | 00:34:49 | GDR REBOLEIRA-GFD |
| 6 | 492 | JOAO ANDRADE | M | 48 | 00:35:05 | 00:35:05 | GFD RUNNING |
| 7 | 368 | ANTONIO ALVES | M | 48 | 00:35:24 | 00:35:24 | TARTUGAS DE LOULÉ |
| 8 | 444 | FILIFE J A MOTA | M | 46 | 00:35:38 | 00:35:38 | CEN ATLETISMO ELVAS |
| 9 | 418 | CLEBY ARAUJO | M | 48 | 00:35:39 | 00:35:39 | CPPEA |
| 10 | 448 | JOÃO GONÇALVES | M | 45 | 00:36:49 | 00:36:49 | BEJA AC |
| 11 | 194 | JOÃO C GOMES | M | 45 | 00:36:55 | 00:36:55 | CP EDP LISBOA |
| 12 | 283 | LUÍS PEREIRA | M | 45 | 00:36:59 | 00:36:59 | GDR S FRANCISCO SERRA |
| 13 | 472 | ANTÓNIO SIMÕES | M | 45 | 00:37:48 | 00:37:47 | GDC BANCO PORTUGAL |
| 14 | 290 | VASCO AGOSTINHO | M | 49 | 00:38:13 | 00:38:12 | GDR S FRANCISCO SERRA |
| 15 | 195 | JOAQUIM E OLIVEIRA | M | 48 | 00:38:51 | 00:38:51 | CP EDP LISBOA |
| 16 | 429 | JOÃO MARQUES | M | 45 | 00:39:29 | 00:39:29 | GDR REBOLEIRA-GFD |
| 17 | 496 | LUIS PEREIRA | M | 48 | 00:39:31 | 00:39:29 | GFD RUNNING |
| 18 | 431 | JOSÉ INÁCIO | M | 49 | 00:40:27 | 00:39:28 | GDR REBOLEIRA-GFD |
| 19 | 436 | JOAQUIM VIEGAS | M | 48 | 00:40:52 | 00:40:47 | BEJA AC |
| 20 | 144 | JOSÉ GONÇALVES | M | 48 | 00:41:01 | 00:40:59 | AA MAFRA |
| 21 | 494 | JORGE COSTA | M | 48 | 00:41:22 | 00:41:20 | GFD RUNNING |
| 22 | 495 | LUIS M PIRES | M | 48 | 00:42:07 | 00:42:05 | GFD RUNNING |
| 23 | 177 | ANTÓNIO R LOPES | M | 49 | 00:42:42 | 00:42:39 | INDIVIDUAL |
| 24 | 515 | JOAO CALDAS | M | 49 | 00:42:51 | 00:42:47 | ND AUTOCOOPE |
| 25 | 171 | MANUEL P M LIBERATO | M | 45 | 00:43:21 | 00:43:21 | BICICLETAS LIBERATO |
| 26 | 479 | JOAO MARAL | M | 45 | 00:43:33 | 00:43:32 | SS CGD |
| 27 | 178 | JOÃO L G BOGALHEIRO | M | 45 | 00:43:35 | 00:43:34 | INDIVIDUAL |
| 28 | 132 | PEDRO M P COSTA | M | 46 | 00:43:38 | 00:43:32 | INDIVIDUAL |
| 29 | 56 | PAULO GUERREIRO | M | 49 | 00:43:40 | 00:43:38 | OS PATRICIOS |
| 30 | 390 | JOAO SANTOS | M | 49 | 00:43:40 | 00:43:37 | C PRAÇAS ARMADA |
| 31 | 64 | JOSÉ MARTINS | M | 49 | 00:44:14 | 00:44:00 | INDIVIDUAL |
| 32 | 457 | JOSE VILHENA | M | 48 | 00:44:54 | 00:44:53 | OS KOTAS BIKE TEAM |
| 33 | 475 | FERNANDO RIBEIRO | M | 48 | 00:46:04 | 00:45:55 | GDC BANCO PORTUGAL |
| 34 | 86 | MÁRIO LOPES | M | 46 | 00:46:19 | 00:46:12 | OS PERIGOSOS |
| 35 | 460 | ANTONIO TEIXEIRA | M | 45 | 00:46:44 | 00:46:20 | OS KOTAS BIKE TEAM |
| 36 | 313 | HELDER HENRIQUES | M | 45 | 00:46:53 | 00:46:41 | INDIVIDUAL |
| 37 | 348 | SILVINO MARREIROS | M | 47 | 00:47:47 | 00:47:43 | CADT PORTUCEL |
| 38 | 119 | FERNANDO REIS | M | 47 | 00:49:45 | 00:49:33 | INDIVIDUAL |
| 39 | 335 | ANTONIO CERTÃ | M | 49 | 00:49:48 | 00:49:36 | GDC PORTO SINES |
| 40 | 196 | RUI XAVIER | M | 48 | 00:49:53 | 00:49:50 | CP EDP LISBOA |

13 GRANDE PREMIO GRANDOLA E STA MARGARIDA SERRA - 01/02/2015

Relatório por Faixas Etárias

M4549

| Class | Num | Nome | Sx | Idd | T. Bruto | T. Líquido | Equipe |
|-------|-----|-------------------------|----|-----|----------|------------|---------------------|
| 41 | 85 | BENTO VALENTE | M | 49 | 00:51:15 | 00:51:15 | OS PERIGOSOS |
| 42 | 157 | FRANCISCO J A B C ROQUE | M | 46 | 00:51:17 | 00:50:57 | INDIVIDUAL |
| 43 | 363 | ANTÓNIO MATOS | M | 48 | 00:52:40 | 00:52:40 | PAPA-ALMOÇOS |
| 44 | 309 | JORGE M NUNES | M | 48 | 00:52:54 | 00:52:46 | LEBRES E TARTARUGAS |
| 45 | 169 | VITOR LOPES | M | 46 | 00:54:05 | 00:53:55 | INDIVIDUAL |
| 46 | 409 | CARLOS PINELA | M | 49 | 00:54:50 | 00:54:30 | CP PINHEIRO CRUZ |
| 47 | 411 | FERNANDO SERRAO | M | 45 | 00:54:50 | 00:54:30 | CP PINHEIRO CRUZ |
| 48 | 130 | JOSÉ NUNES | M | 47 | 00:56:19 | 00:56:05 | AC MATINHA |

13 GRANDE PREMIO GRANDOLA E STA MARGARIDA SERRA - 01/02/2015

Relatório por Faixas Etárias

M5054

| Class | Num | Nome | Sx | Idd | T. Bruto | T. Líquido | Equipe |
|-------|-----|--------------------|----|-----|----------|------------|-----------------------|
| 1 | 433 | EUGÉNIO NETO | M | 52 | 00:33:27 | 00:33:27 | GDR REBOLEIRA-GFD |
| 2 | 183 | JOÃO CARDOSO | M | 53 | 00:35:21 | 00:35:21 | ACLIS LIBERTY SEGUROS |
| 3 | 190 | ANTÓNIO BRANCO | M | 52 | 00:35:23 | 00:35:23 | ACLIS LIBERTY SEGUROS |
| 4 | 137 | EDUARDO EUSTAQUIO | M | 50 | 00:35:26 | 00:35:26 | AA MAFRA |
| 5 | 508 | JOAO MONTES | M | 50 | 00:35:42 | 00:35:42 | ESCOLA PEDRO PESSOA |
| 6 | 533 | JOAQUIM CAPUCHO | M | 52 | 00:36:41 | 00:36:40 | CA ODIMARQ |
| 7 | 559 | JOSE BORGES | M | 54 | 00:37:39 | 00:37:39 | GAA VILA FRANCA XIRA |
| 8 | 512 | ANTÓNIO PULQUÉRIO | M | 53 | 00:38:21 | 00:38:13 | INDIVIDUAL |
| 9 | 438 | JOSÉ LEMOS | M | 52 | 00:38:24 | 00:38:23 | MENTE TRAQUINA |
| 10 | 321 | JORGE F Á D FONTES | M | 53 | 00:38:29 | 00:38:29 | BEJA AC |
| 11 | 371 | ROGÉRIO PINGUINHA | M | 51 | 00:38:34 | 00:38:34 | TARTUGAS DE LOULÉ |
| 12 | 373 | JOSÉ L SANTOS | M | 51 | 00:38:34 | 00:38:34 | TARTUGAS DE LOULÉ |
| 13 | 502 | VICTOR CARVALHO | M | 53 | 00:38:50 | 00:38:49 | GFD RUNNING |
| 14 | 369 | FERNANDO ALVES | M | 50 | 00:39:12 | 00:39:12 | TARTUGAS DE LOULÉ |
| 15 | 218 | ANTONIO MARQUES | M | 50 | 00:40:31 | 00:40:27 | C SARGENTO ARMADA |
| 16 | 264 | EMANUEL FREITAS | M | 51 | 00:41:11 | 00:41:07 | LAS TOURS SINTRA |
| 17 | 555 | JOAO DIAS | M | 52 | 00:41:35 | 00:41:28 | VITORIA FC |
| 18 | 143 | CARLOS MORAIS | M | 51 | 00:42:21 | 00:42:16 | AA MAFRA |
| 19 | 198 | JÚLIO GAMITO | M | 52 | 00:42:55 | 00:42:55 | BRAGUINHAS |
| 20 | 354 | DANIEL A C NUNES | M | 54 | 00:43:00 | 00:42:59 | INDIVIDUAL |
| 21 | 149 | MANUEL ZORRO | M | 53 | 00:43:23 | 00:43:20 | AA MAFRA |
| 22 | 173 | ANTONIO BEJA | M | 51 | 00:43:27 | 00:43:27 | RUNFORFUN |
| 23 | 136 | JOAQUIM ROSA | M | 50 | 00:43:43 | 00:43:39 | AA CHARNECA |
| 24 | 57 | EDUARDO SILVA | M | 54 | 00:44:21 | 00:44:14 | OS PATRICIOS |
| 25 | 482 | ABEL PINA | M | 50 | 00:44:32 | 00:44:29 | GFD RUNNING |
| 26 | 134 | FERNANDO DOMINGOS | M | 50 | 00:45:19 | 00:45:09 | AA CHARNECA |
| 27 | 513 | ANTONIO ALMEIDA | M | 51 | 00:45:39 | 00:45:34 | ND AUTOCOOPE |
| 28 | 517 | JUVENAL MOREIRA | M | 50 | 00:45:39 | 00:45:32 | ND AUTOCOOPE |
| 29 | 441 | JOÃO CÂNDIDO | M | 51 | 00:45:46 | 00:45:44 | MENTE TRAQUINA |
| 30 | 372 | VICÉLIO MENDES | M | 52 | 00:45:49 | 00:45:38 | TARTUGAS DE LOULÉ |
| 31 | 509 | ANTONIO SILVA | M | 54 | 00:45:51 | 00:45:25 | FCR ROSSAO |
| 32 | 280 | JOSÉ SANTOS | M | 51 | 00:46:02 | 00:45:52 | GDR S FRANCISCO SERRA |
| 33 | 561 | FLORIVAL LUCAS | M | 51 | 00:46:04 | 00:45:58 | PROAVENTURAS |
| 34 | 366 | ALBERTINO PACHECO | M | 51 | 00:47:50 | 00:47:37 | PAPA-ALMOÇOS |
| 35 | 310 | ANTÓNIO NUNES | M | 50 | 00:49:03 | 00:48:58 | LEBRES E TARTARUGAS |
| 36 | 507 | CARLOS TEIXEIRA | M | 51 | 00:49:30 | 00:49:10 | BOAVISTA DO PICO |
| 37 | 99 | JOSÉ P P FERREIRA | M | 54 | 00:49:30 | 00:49:09 | CUN BOSTON |
| 38 | 311 | LUIS M M MONTEIRO | M | 52 | 00:49:36 | 00:49:28 | LEBRES E TARTARUGAS |
| 39 | 191 | ARLINDO PARRA | M | 53 | 00:50:03 | 00:49:47 | CP EDP LISBOA |
| 40 | 419 | FILIPE CARVALHEIRO | M | 51 | 00:50:33 | 00:50:26 | CANHOES NAZARE |

13 GRANDE PREMIO GRANDOLA E STA MARGARIDA SERRA - 01/02/2015

Relatório por Faixas Etárias

M5054

| Class | Num | Nome | Sx | Idd | T. Bruto | T. Líquido | Equipe |
|-------|-----|---------------------|----|-----|----------|------------|-----------------|
| 41 | 211 | JOSÉ C AMARO | M | 51 | 00:51:03 | 00:50:47 | AA MAFRA |
| 42 | 359 | CARLOS SECO | M | 54 | 00:52:08 | 00:51:57 | GD ÁGUIAS MOITA |
| 43 | 323 | FERNANDO FRAGATEIRO | M | 54 | 00:52:57 | 00:52:33 | GDC PORTO SINES |
| 44 | 261 | CARLOS CRESPO | M | 52 | 00:55:23 | 00:54:59 | GRD OS FIXES |
| 45 | 534 | JOSÉ BARATA | M | 54 | 00:58:07 | 00:58:00 | INDIVIDUAL |
| 46 | 538 | PEDRO J V PONTE | M | 54 | 00:59:15 | 00:59:00 | CP EDP SINES |
| 47 | 124 | ADELINO MATEUS | M | 54 | 00:59:29 | 00:59:19 | AC MATINHA |
| 48 | 125 | FRANCISCO SANCHES | M | 53 | 01:01:35 | 01:01:29 | AC MATINHA |
| 49 | 76 | ORLANDO SOUSA | M | 52 | 01:02:12 | 01:01:53 | CCDT METRO LX |
| 50 | 63 | JOHNNY THOMASSEN | M | 54 | 01:04:46 | 01:04:28 | INDIVIDUAL |
| 51 | 535 | CARLOS REIS | M | 52 | 01:04:50 | 01:04:42 | INDIVIDUAL |
| 52 | 72 | JOAO C BARBOSA | M | 54 | 01:06:06 | 01:05:45 | CCDT METRO LX |

13 GRANDE PREMIO GRANDOLA E STA MARGARIDA SERRA - 01/02/2015

Relatório por Faixas Etárias

M5559

| Class | Num | Nome | Sx | Idd | T. Bruto | T. Líquido | Equipe |
|-------|-----|---------------------|----|-----|----------|------------|-----------------------|
| 1 | 302 | SILVESTRE GOMES | M | 59 | 00:34:59 | 00:34:59 | CA ODIMARQ |
| 2 | 304 | AIRES PRATAS | M | 59 | 00:35:40 | 00:35:40 | CA ODIMARQ |
| 3 | 81 | AMILCAR DUARTE | M | 56 | 00:36:35 | 00:36:35 | SPORTING CP |
| 4 | 447 | ANTÓNIO REAL | M | 58 | 00:36:39 | 00:36:38 | CAVELVAS |
| 5 | 303 | ANTONIO HENRIQUES | M | 57 | 00:37:10 | 00:37:09 | CA ODIMARQ |
| 6 | 92 | LUÍS PEREIRA | M | 55 | 00:37:40 | 00:37:40 | BEJA AC |
| 7 | 109 | JAIME LAMEGO | M | 55 | 00:38:37 | 00:38:36 | ACLIS LIBERTY SEGUROS |
| 8 | 317 | JOÃO JACINTO | M | 57 | 00:40:37 | 00:40:36 | CCD O ALVITEJO |
| 9 | 206 | FLORIVAL BACALHAU | M | 57 | 00:40:50 | 00:40:49 | VITÓRIA FC |
| 10 | 222 | AGOSTINHO GONÇALVES | M | 56 | 00:41:00 | 00:40:52 | C SARGENTO ARMADA |
| 11 | 453 | JOSE PEDRAS | M | 58 | 00:43:02 | 00:42:51 | OS KOTAS BIKE TEAM |
| 12 | 511 | LUIS ANICETO | M | 56 | 00:43:13 | 00:43:07 | AC MATINHA |
| 13 | 219 | DUARTE SARES | M | 58 | 00:43:24 | 00:43:13 | C SARGENTO ARMADA |
| 14 | 470 | JOSÉ MONTEIRO | M | 58 | 00:43:37 | 00:42:29 | GDC BANCO PORTUGAL |
| 15 | 188 | ÁLVARO COELHO | M | 57 | 00:43:49 | 00:43:45 | ACLIS LIBERTY SEGUROS |
| 16 | 463 | ANTONIO PARREIRA | M | 56 | 00:44:16 | 00:44:16 | OS KOTAS BIKE TEAM |
| 17 | 277 | FERNANDO SOBRAL | M | 57 | 00:45:07 | 00:44:58 | GDR S FRANCISCO SERRA |
| 18 | 89 | CARLOS SOUSA | M | 57 | 00:46:15 | 00:46:09 | OS PERIGOSOS |
| 19 | 98 | FERNANDO MARQUES | M | 59 | 00:46:24 | 00:46:08 | INDIVIDUAL |
| 20 | 192 | CARLOS P RODRIGUES | M | 57 | 00:46:32 | 00:46:32 | CP EDP LISBOA |
| 21 | 220 | HENRIQUE ALVAREDO | M | 57 | 00:46:53 | 00:46:42 | C SARGENTO ARMADA |
| 22 | 351 | EZIQUEL FERNANDES | M | 58 | 00:47:13 | 00:47:09 | CADT PORTUCEL |
| 23 | 221 | FRANCISCO CURTINHA | M | 57 | 00:47:42 | 00:47:24 | C SARGENTO ARMADA |
| 24 | 223 | ALBANO GINJA | M | 58 | 00:48:00 | 00:47:42 | C SARGENTO ARMADA |
| 25 | 358 | CONSTÂNTINO MENDÃO | M | 55 | 00:48:07 | 00:48:07 | AA LEBRES DO SADO |
| 26 | 375 | ANTÓNIO SANTIAGO | M | 59 | 00:48:10 | 00:47:53 | TARTUGAS DE LOULÉ |
| 27 | 126 | RUI ROSA | M | 58 | 00:49:04 | 00:49:01 | PUMAS DO GUINCHO |
| 28 | 537 | JOÃO M S ALMEIDA | M | 56 | 00:49:14 | 00:48:58 | CP EDP SINES |
| 29 | 331 | CARLOS RREFORÇO | M | 56 | 00:49:19 | 00:49:05 | GDC PORTO SINES |
| 30 | 514 | CARLOS FERREIRA | M | 57 | 00:49:25 | 00:49:21 | ND AUTOCOOPE |
| 31 | 406 | LUIS MOURA | M | 56 | 00:49:49 | 00:49:30 | TEJAVISTA |
| 32 | 88 | JOSÉ HENRIQUES | M | 59 | 00:49:50 | 00:49:42 | OS PERIGOSOS |
| 33 | 516 | JOSE DIAS | M | 57 | 00:50:11 | 00:50:05 | ND AUTOCOOPE |
| 34 | 569 | EUGENIO CARVALHO | M | 56 | 00:50:52 | 00:50:40 | INDIVIDUAL |
| 35 | 175 | JOSÉ L P MANSOS | M | 59 | 00:50:56 | 00:50:44 | INDIVIDUAL |
| 36 | 142 | CARLOS RODRIGUES | M | 58 | 00:50:57 | 00:50:53 | AA MAFRA |
| 37 | 141 | EGIDIO PORTELA | M | 57 | 00:50:57 | 00:50:43 | AA MAFRA |
| 38 | 521 | PAULO CRUZ | M | 55 | 00:51:19 | 00:51:09 | INDIVIDUAL |
| 39 | 74 | FRANCISCO PLÍNIO | M | 58 | 00:51:35 | 00:51:17 | CCDT METRO LX |
| 40 | 505 | JOAQUIM DELGADO | M | 56 | 00:52:07 | 00:52:07 | BOAVISTA DO PICO |

13 GRANDE PREMIO GRANDOLA E STA MARGARIDA SERRA - 01/02/2015

Relatório por Faixas Etárias

M5559

| Class | Num | Nome | Sx | Idd | T. Bruto | T. Líquido | Equipe |
|-------|-----|----------------------|----|-----|----------|------------|-------------------|
| 41 | 224 | FERNANDO OLIVEIRA | M | 59 | 00:52:45 | 00:52:28 | C SARGENTO ARMADA |
| 42 | 121 | JOSÉ FREIRE | M | 58 | 00:53:44 | 00:53:38 | AC MATINHA |
| 43 | 161 | JOSÉ LUIS LOPES | M | 56 | 00:54:46 | 00:54:41 | AMIGOS DA ESTRELA |
| 44 | 146 | JOÃO PAÇO | M | 56 | 00:54:47 | 00:54:32 | AA MAFRA |
| 45 | 407 | JOSE AZURARA | M | 57 | 00:55:42 | 00:55:23 | TEJAVISTA |
| 46 | 402 | JOÃO CAROÇO | M | 57 | 00:56:00 | 00:55:42 | TEJAVISTA |
| 47 | 120 | ANTÓNIO MARQUES | M | 58 | 00:56:18 | 00:56:13 | AC MATINHA |
| 48 | 442 | JOAQUIM HERMENEGILDO | M | 55 | 00:56:31 | 00:56:16 | MENTE TRAQUINA |
| 49 | 123 | JOÃO RIBEIRO | M | 56 | 00:56:31 | 00:56:21 | AC MATINHA |
| 50 | 401 | LUIS MIRANDA | M | 55 | 00:56:54 | 00:56:35 | TEJAVISTA |
| 51 | 60 | JOAQUIM FONSECA | M | 59 | 00:57:52 | 00:57:39 | OS SUPER |
| 52 | 214 | HERLANDER BRAZ | M | 55 | 01:06:19 | 01:06:11 | INDIVIDUAL |
| 53 | 231 | ANTONIO SANTOS | M | 58 | 01:07:57 | 01:07:35 | GDCT REPSOL |

13 GRANDE PREMIO GRANDOLA E STA MARGARIDA SERRA - 01/02/2015

Relatório por Faixas Etárias

M6099

| Class | Num | Nome | Sx | Idd | T. Bruto | T. Líquido | Equipe |
|-------|-----|------------------------|----|-----|----------|------------|-----------------------|
| 1 | 294 | HENRIQUE DIAS | M | 60 | 00:37:29 | 00:37:29 | GDR S FRANCISCO SERRA |
| 2 | 340 | JOÃO ARENGA | M | 63 | 00:39:39 | 00:39:37 | CADT PORTUCEL |
| 3 | 297 | FERNANDO CHAMUSCA | M | 64 | 00:39:45 | 00:39:44 | CA ODIMARQ |
| 4 | 113 | PETER STEINHAUSEN | M | 62 | 00:39:48 | 00:39:48 | INDIVIDUAL |
| 5 | 370 | SÉRGIO SOUSA | M | 65 | 00:42:45 | 00:42:34 | TARTUGAS DE LOULÉ |
| 6 | 471 | ADELINO SEMEDO | M | 61 | 00:43:20 | 00:43:12 | GDC BANCO PORTUGAL |
| 7 | 288 | RUI FREITAS | M | 62 | 00:43:27 | 00:43:23 | GDR S FRANCISCO SERRA |
| 8 | 135 | ANTONIO RISCADO | M | 65 | 00:43:44 | 00:43:40 | AA CHARNECA |
| 9 | 140 | ANTÓNIO REIS | M | 60 | 00:44:43 | 00:44:42 | AA MAFRA |
| 10 | 112 | ZÉ FERNANDES | M | 61 | 00:45:05 | 00:45:00 | OS PATRICIOS |
| 11 | 58 | FERNANDO AZEVEDO | M | 61 | 00:45:12 | 00:44:54 | OS PATRICIOS |
| 12 | 275 | FERNANDO BEIJINHA | M | 65 | 00:45:32 | 00:45:23 | GDR S FRANCISCO SERRA |
| 13 | 379 | JOSE FIGUEIRAS | M | 64 | 00:46:16 | 00:46:02 | CCD QUARTEIRA |
| 14 | 478 | BERNARDINO PEREIRA | M | 78 | 00:46:19 | 00:46:19 | SS CGD |
| 15 | 389 | POSSIDÓNIO CONSTANTINO | M | 62 | 00:47:11 | 00:47:01 | C PRAÇAS ARMADA |
| 16 | 247 | ANTONIO BATISTA | M | 67 | 00:47:20 | 00:47:16 | CD ESTRELA |
| 17 | 376 | FELICIANO ELIAS | M | 69 | 00:48:07 | 00:48:02 | TARTUGAS DE LOULÉ |
| 18 | 197 | VITOR MOREIRA | M | 61 | 00:48:11 | 00:48:05 | CP EDP LISBOA |
| 19 | 263 | JOAQUIM DAMAS | M | 61 | 00:49:04 | 00:48:56 | INDIVIDUAL |
| 20 | 543 | JOSE VALERIO | M | 69 | 00:49:44 | 00:49:41 | INDIVIDUAL |
| 21 | 271 | AMÍLCAR ROMÃO | M | 63 | 00:49:53 | 00:49:45 | GDR S FRANCISCO SERRA |
| 22 | 404 | JOSE GOMES | M | 61 | 00:50:06 | 00:49:50 | TEJAVISTA |
| 23 | 387 | ANTÓNIO BORLA | M | 69 | 00:51:25 | 00:51:10 | C PRAÇAS ARMADA |
| 24 | 249 | JOÃO MIGUEL | M | 76 | 00:51:35 | 00:51:29 | CD ESTRELA |
| 25 | 420 | AMILCAR POVOA | M | 68 | 00:51:41 | 00:51:37 | CA AMIGOS PARQUE PAZ |
| 26 | 189 | JOSÉ M COSTA | M | 69 | 00:52:15 | 00:52:05 | ACLIS LIBERTY SEGUROS |
| 27 | 248 | JOÃO OLIVEIRA | M | 67 | 00:52:42 | 00:52:34 | CD ESTRELA |
| 28 | 563 | MIGUEL BASTOS | M | 63 | 00:53:19 | 00:53:09 | INDIVIDUAL |
| 29 | 255 | VIRGILIO RODRIGUES | M | 68 | 00:53:20 | 00:53:05 | CD ESTRELA |
| 30 | 339 | GERALDO FERNANDES | M | 62 | 00:53:30 | 00:53:18 | CADT PORTUCEL |
| 31 | 250 | MARIO ANTÓNIO | M | 68 | 00:53:43 | 00:53:37 | CD ESTRELA |
| 32 | 258 | JOAO VENANCIO | M | 68 | 00:53:59 | 00:53:54 | CD ESTRELA |
| 33 | 251 | ANTÓNIO FONSECA | M | 68 | 00:53:59 | 00:53:52 | CD ESTRELA |
| 34 | 341 | MANUEL CARDIM | M | 63 | 00:54:01 | 00:53:48 | CADT PORTUCEL |
| 35 | 232 | MANUEL SEQUEIRA | M | 64 | 00:54:05 | 00:53:51 | GDCT REPSOL |
| 36 | 246 | ARMANDO TAVARES | M | 66 | 00:54:53 | 00:54:48 | CD ESTRELA |
| 37 | 212 | MANUEL ALDEANO | M | 68 | 00:54:56 | 00:54:34 | AA MAFRA |
| 38 | 131 | CARLOS MARQUES | M | 63 | 00:56:18 | 00:56:11 | AC MATINHA |
| 39 | 467 | ANTÓNIO PEREIRA | M | 73 | 00:57:18 | 00:57:04 | GDC BANCO PORTUGAL |
| 40 | 148 | JOSÉ LOURENÇO | M | 68 | 00:57:25 | 00:57:16 | AA MAFRA |

13 GRANDE PREMIO GRANDOLA E STA MARGARIDA SERRA - 01/02/2015

Relatório por Faixas Etárias

M6099

| Class | Num | Nome | Sx | Idd | T. Bruto | T. Líquido | Equipe |
|-------|-----|----------------------|----|-----|----------|------------|-----------------------|
| 41 | 145 | DOMINGOS RODRIGUES | M | 67 | 00:57:44 | 00:57:36 | AA MAFRA |
| 42 | 295 | JOAQUIM MACHADO | M | 62 | 00:57:49 | 00:57:40 | GDR S FRANCISCO SERRA |
| 43 | 73 | JOSE PIRES | M | 79 | 00:59:22 | 00:59:03 | CCDT METRO LX |
| 44 | 122 | ESMAEL GERALDES | M | 64 | 00:59:33 | 00:59:19 | AC MATINHA |
| 45 | 253 | MANUEL CARDOSO | M | 67 | 00:59:33 | 00:59:15 | CD ESTRELA |
| 46 | 147 | ALVARO PAULINO | M | 64 | 01:00:33 | 01:00:24 | AA MAFRA |
| 47 | 235 | MANUEL SANTOS | M | 67 | 01:02:35 | 01:02:13 | GDCT REPSOL |
| 48 | 238 | AMADEU FERREIRA | M | 72 | 01:02:39 | 01:02:20 | GDCT REPSOL |
| 49 | 252 | NELSON OLIVEIRA | M | 70 | 01:02:59 | 01:02:55 | CD ESTRELA |
| 50 | 355 | JOAQUIM PEREIRA | M | 75 | 01:03:28 | 01:03:24 | AA LEBRES DO SADO |
| 51 | 254 | MARTINHO FREIRE | M | 68 | 01:04:39 | 01:04:24 | CD ESTRELA |
| 52 | 236 | CARLOS CARMO | M | 61 | 01:05:18 | 01:04:59 | GDCT REPSOL |
| 53 | 100 | FRANCISCO CASACA | M | 75 | 01:06:04 | 01:05:42 | CUN BOSTON |
| 54 | 540 | JOSE SALVADOR | M | 65 | 01:06:05 | 01:05:47 | INDIVIDUAL |
| 55 | 71 | FERNANDO C FERNANDES | M | 62 | 01:06:21 | 01:06:04 | CCDT METRO LX |
| 56 | 306 | GUALDINO G FREIRE | M | 69 | 01:09:13 | 01:08:53 | CCDT METRO LX |
| 57 | 398 | PEDRO DELGADO | M | 66 | 01:11:36 | 01:11:16 | TEJAVISTA |
| 58 | 230 | LUIS TORRAO | M | 61 | 01:11:42 | 01:11:24 | GDCT REPSOL |
| 59 | 518 | JOAO GRAÇA | M | 75 | 01:13:14 | 01:12:52 | ND AUTOCOOPE |
| 60 | 417 | JOSE ARRUDA | M | 65 | 01:13:48 | 01:13:31 | CONDOR |

13 GRANDE PREMIO GRANDOLA E STA MARGARIDA SERRA - 01/02/2015

Relatório Masculino e Feminino Geral

ATLETAS DE GRÂNDOLA

| Class | Num | Nome | Sx | Idd | Cat | T. Bruto | T. Líquido | Equipe |
|-------|-----|----------------------|----|-----|-----|----------|------------|-----------------------|
| 1 | 337 | CUSTÓDIO ANTÓNIO | M | 38 | | 00:33:01 | 00:33:01 | BEJA AC |
| 2 | 298 | MARIO CASSACA | M | 42 | | 00:33:27 | 00:33:27 | CA ODIMARQ |
| 3 | 287 | ROGÉRIO CASSACA | M | 44 | | 00:37:27 | 00:37:27 | GDR S FRANCISCO SERRA |
| 4 | 350 | SAMUEL GALVEIA | M | 33 | | 00:37:39 | 00:37:38 | CADT PORTUCEL |
| 5 | 510 | VASCO RAFAEL | M | 25 | | 00:37:40 | 00:37:40 | SPORTING C PORTUGAL |
| 6 | 439 | PAULO HERMEZILHA | M | 39 | | 00:37:55 | 00:37:55 | MENTE TRAQUINA |
| 7 | 438 | JOSÉ LEMOS | M | 52 | | 00:38:24 | 00:38:23 | MENTE TRAQUINA |
| 8 | 321 | JORGE F Á D FONTES | M | 53 | | 00:38:29 | 00:38:29 | BEJA AC |
| 9 | 106 | OSVALDO FERREIRA | M | 38 | | 00:39:24 | 00:39:24 | CUA BENAVENTENSE |
| 10 | 340 | JOÃO ARENGA | M | 63 | | 00:39:39 | 00:39:37 | CADT PORTUCEL |
| 11 | 342 | HELIO AZOUGADO | M | 29 | | 00:40:40 | 00:40:40 | CADT PORTUCEL |
| 12 | 347 | JOAO SILVA | M | 37 | | 00:40:41 | 00:40:38 | CADT PORTUCEL |
| 13 | 522 | DAVID G BARÃO | M | 35 | | 00:40:51 | 00:40:51 | INDIVIDUAL |
| 14 | 179 | JOÃO P C FERNANDES | M | 40 | | 00:41:41 | 00:41:29 | INDIVIDUAL |
| 15 | 203 | FILIPE SALMIM | M | 40 | | 00:42:56 | 00:42:46 | INDIVIDUAL |
| 16 | 278 | FRANCISCO CARMO | M | 43 | | 00:43:05 | 00:42:57 | GDR S FRANCISCO SERRA |
| 17 | 440 | IZABELA SHIN | F | 33 | | 00:43:06 | 00:43:06 | MENTE TRAQUINA |
| 18 | 171 | MANUEL P M LIBERATO | M | 45 | | 00:43:21 | 00:43:21 | BICICLETAS LIBERATO |
| 19 | 288 | RUI FREITAS | M | 62 | | 00:43:27 | 00:43:23 | GDR S FRANCISCO SERRA |
| 20 | 132 | PEDRO M P COSTA | M | 46 | | 00:43:38 | 00:43:32 | INDIVIDUAL |
| 21 | 56 | PAULO GUERREIRO | M | 49 | | 00:43:40 | 00:43:38 | OS PATRICIOS |
| 22 | 57 | EDUARDO SILVA | M | 54 | | 00:44:21 | 00:44:14 | OS PATRICIOS |
| 23 | 269 | SADIQ M KASSAMO | M | 41 | | 00:44:31 | 00:44:24 | INDIVIDUAL |
| 24 | 112 | ZÉ FERNANDES | M | 61 | | 00:45:05 | 00:45:00 | OS PATRICIOS |
| 25 | 277 | FERNANDO SOBRAL | M | 57 | | 00:45:07 | 00:44:58 | GDR S FRANCISCO SERRA |
| 26 | 58 | FERNANDO AZEVEDO | M | 61 | | 00:45:12 | 00:44:54 | OS PATRICIOS |
| 27 | 441 | JOÃO CÂNDIDO | M | 51 | | 00:45:46 | 00:45:44 | MENTE TRAQUINA |
| 28 | 280 | JOSÉ SANTOS | M | 51 | | 00:46:02 | 00:45:52 | GDR S FRANCISCO SERRA |
| 29 | 351 | EZIQUIEL FERNANDES | M | 58 | | 00:47:13 | 00:47:09 | CADT PORTUCEL |
| 30 | 348 | SILVINO MARREIROS | M | 47 | | 00:47:47 | 00:47:43 | CADT PORTUCEL |
| 31 | 52 | HÉLDER J G GUERREIRO | M | 38 | | 00:48:15 | 00:47:58 | INDIVIDUAL |
| 32 | 343 | MARCO CRESPO | M | 35 | | 00:48:23 | 00:48:10 | CADT PORTUCEL |
| 33 | 310 | ANTÓNIO NUNES | M | 50 | | 00:49:03 | 00:48:58 | LEBRES E TARTARUGAS |
| 34 | 344 | PAULO SILVA | M | 39 | | 00:49:03 | 00:48:50 | CADT PORTUCEL |
| 35 | 352 | LUIS M R CHAINHO | M | 41 | | 00:49:23 | 00:49:09 | INDIVIDUAL |
| 36 | 99 | JOSÉ P P FERREIRA | M | 54 | | 00:49:30 | 00:49:09 | CUN BOSTON |
| 37 | 413 | RUI SOBRAL | M | 28 | | 00:50:25 | 00:50:06 | CP PINHEIRO CRUZ |
| 38 | 175 | JOSÉ L P MANSOS | M | 59 | | 00:50:56 | 00:50:44 | INDIVIDUAL |

13 GRANDE PREMIO GRANDOLA E STA MARGARIDA SERRA - 01/02/2015

Relatório Masculino e Feminino Geral

ATLETAS DE GRÂNDOLA

| Class | Num | Nome | Sx | Idd | Cat | T. Bruto | T. Líquido | Equipe |
|-------|-----|----------------------|----|-----|-----|----------|------------|---------------------|
| 39 | 176 | LUIS M P CHAINHO | M | 39 | | 00:50:57 | 00:50:37 | GRÂNDOLAFOOT |
| 40 | 345 | RENATO MOREIRA | M | 29 | | 00:52:02 | 00:51:50 | CADT PORTUCEL |
| 41 | 180 | ANA R F P A BARRELA | F | 45 | | 00:52:31 | 00:52:18 | INDIVIDUAL |
| 42 | 339 | GERALDO FERNANDES | M | 62 | | 00:53:30 | 00:53:18 | CADT PORTUCEL |
| 43 | 93 | JOSÉ M S A SILVA | M | 32 | | 00:53:47 | 00:53:24 | INDIVIDUAL |
| 44 | 341 | MANUEL CARDIM | M | 63 | | 00:54:01 | 00:53:48 | CADT PORTUCEL |
| 45 | 408 | ARMINDO CHAINHO | M | 40 | | 00:54:50 | 00:54:29 | CP PINHEIRO CRUZ |
| 46 | 409 | CARLOS PINELA | M | 49 | | 00:54:50 | 00:54:30 | CP PINHEIRO CRUZ |
| 47 | 411 | FERNANDO SERRAO | M | 45 | | 00:54:50 | 00:54:30 | CP PINHEIRO CRUZ |
| 48 | 414 | RODRIGO MATEUS | M | 35 | | 00:54:51 | 00:54:28 | CP PINHEIRO CRUZ |
| 49 | 346 | VASCO BERNARDO | M | 36 | | 00:55:33 | 00:55:20 | CADT PORTUCEL |
| 50 | 442 | JOAQUIM HERMENEGILDO | M | 55 | | 00:56:31 | 00:56:16 | MENTE TRAQUINA |
| 51 | 437 | PEDRO REIS | M | 42 | | 00:57:21 | 00:57:19 | MENTE TRAQUINA |
| 52 | 361 | MARGARETE J F REIS | F | 38 | | 00:57:33 | 00:57:18 | INDIVIDUAL |
| 53 | 243 | CARINA F BATISTA | F | 42 | | 00:57:40 | 00:57:25 | INDIVIDUAL |
| 54 | 391 | ANA I P COSTA | F | 36 | | 00:57:42 | 00:57:26 | INDIVIDUAL |
| 55 | 545 | BRAULIA GAMITO | F | 48 | | 00:57:42 | 00:57:21 | INDIVIDUAL |
| 56 | 312 | RUTE F MOURA | F | 30 | | 00:58:15 | 00:58:15 | LEBRES E TARTARUGAS |
| 57 | 332 | CARLA SILVA | F | 37 | | 00:59:19 | 00:59:12 | GDC PORTO SINES |
| 58 | 83 | NATÁLIA A C BEJA | F | 39 | | 01:04:11 | 01:03:51 | JAVALIS |
| 59 | 82 | ELÁDIO J C MANUEL | M | 41 | | 01:04:12 | 01:03:52 | JAVALIS |
| 60 | 165 | ANA T S SALGUEIRO | F | 33 | | 01:04:37 | 01:04:23 | INDIVIDUAL |
| 61 | 164 | BRUNO A E SOBRAL | M | 33 | | 01:04:38 | 01:04:23 | INDIVIDUAL |
| 62 | 100 | FRANCISCO CASACA | M | 75 | | 01:06:04 | 01:05:42 | CUN BOSTON |
| 63 | 435 | Mª MANUELA AUGUSTO | F | 56 | | 01:12:05 | 01:12:05 | JAVALIS |

Total de registros: 63