

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Lugar	Equipa	Tempo	Chip
1	403	BRUNO PAIXÃO	M	31	M0039	1	BEJA AC	00:30:36	00:30:35
2	294	CARLOS SILVA	M	32	M0039	2	GDR REBOLEIRA/ GFD	00:31:25	00:31:24
3	140	JOÃO CAETANO	M	30	M0039	3	CA ODIMARQ	00:31:32	00:31:30
4	417	LUIS RAÇOES	M	40	M4044	1	CF OS BELENENSES	00:32:10	00:32:10
5	388	LUCIANO GORDO	M	47	M4549	1	CCD MUN PORTALEGRE	00:32:35	00:32:34
6	295	CARLOS CARDOSO	M	33	M0039	4	GDR REBOLEIRA/ GFD	00:32:36	00:32:34
7	298	LUIS COELHO	M	43	M4044	2	GDR REBOLEIRA/ GFD	00:32:36	00:32:35
8	165	JOÃO VAZ	M	48	M4549	2	CCD O ALVITEJO	00:32:58	00:32:58
9	370	JOSÉ LAIR	M	40	M4044	3	GDR S FRANCISCO SERRA	00:33:00	00:32:58
10	303	EUGÉNIO NETO	M	53	M5054	1	GDR REBOLEIRA/ GFD	00:33:08	00:33:06
11	141	PEDRO GOMES	M	38	M0039	5	CA ODIMARQ	00:33:23	00:33:21
12	401	RUI FONTES	M	37	M0039	6	BEJA AC	00:33:29	00:33:28
13	428	CUSTÓDIO ANTÓNIO	M	39	M0039	7	BEJA AC	00:33:37	00:33:35
14	142	ANDRE FERREIRA	M	35	M0039	8	CA ODIMARQ	00:33:46	00:33:43
15	43	MARIO CASSACA	M	43	M4044	4	CA ODIMARQ	00:33:51	00:33:49
16	390	TIAGO VALÉRIO	M	31	M0039	9	CCD MUN PORTALEGRE	00:34:07	00:34:06
17	301	JOSÉ ANTUNES	M	49	M4549	3	GDR REBOLEIRA/ GFD	00:34:26	00:34:23
18	302	JOSÉ INACIO	M	50	M5054	2	GDR REBOLEIRA/ GFD	00:34:26	00:34:24
19	201	MONIKA STEFANOWICZ	F	35	F0039	1	INDIVIDUAL	00:34:31	00:34:29
20	413	CARLOS FREITAS	M	44	M4044	5	CF OS BELENENSES	00:34:48	00:34:46
21	19	FERNANDO ALVES	M	49	M4549	4	AA MAFRA	00:35:36	00:35:32
22	443	FERNANDO PEREIRA	M	42	M4044	6	GFD RUNNING	00:35:43	00:35:40
23	139	TIAGO MARTINS	M	25	M0039	10	CA ODIMARQ	00:35:45	00:35:43
24	189	DAVID FERNANDES	M	41	M4044	7	VITÓRIA FC	00:35:46	00:35:41
25	151	FELIPE SILVA	M	19	M0039	11	BV MONTEMOR NOVO	00:35:48	00:35:45
26	478	SILVESTRE GOMES	M	60	M6099	1	INDIVIDUAL	00:35:57	00:35:56
27	381	FILIPE CORREIA	M	32	M0039	12	GDR S FRANCISCO SERRA	00:36:12	00:36:10
28	416	GUSTAVO SANTOS	M	43	M4044	8	CF OS BELENENSES	00:36:26	00:36:23
29	373	LUÍS PEREIRA	M	46	M4549	5	GDR S FRANCISCO SERRA	00:36:28	00:36:26
30	423	SANDRA PROTÁSIO	F	26	F0039	2	SPORTING CP	00:36:46	00:36:44
31	46	AIRES PRATAS	M	60	M6099	2	LINDA-A-PASTORA SC	00:36:46	00:36:44
32	400	LUÍS PEREIRA	M	56	M5559	1	BEJA AC	00:36:52	00:36:50
33	64	PEDRO MONTEIRO	M	32	M0039	13	LEBRE E TARTARUGAS	00:36:54	00:36:52
34	256	SAMUEL GALVEIA	M	34	M0039	14	CADT PORTUCEL SETUBAL	00:36:56	00:36:52
35	431	JOSÉ BAPTISTA	M	29	M0039	15	S LAGOS BENFICA	00:36:59	00:36:55
36	335	PEDRO RODRIGUES	M	45	M4549	6	GFD RUNNING	00:37:05	00:37:01
37	194	DANRLEY GUSMÃO	M	19	M0039	16	VITÓRIA FC	00:37:08	00:37:05
38	328	ROBERTO BAIÃO	M	23	M0039	17	JUVENTUDE AC	00:37:12	00:37:08
39	154	NUNO REBOCHO	M	24	M0039	18	BV MONTEMOR NOVO	00:37:15	00:37:12
40	33	MARGARIDA DIONÍSIO	F	28	F0039	3	ACR SRA DESTERRO	00:37:20	00:37:18
41	144	FERNANDO GONÇALVES	M	59	M5559	2	CA ODIMARQ	00:37:20	00:37:20
42	176	ANTÓNIO MARTINS	M	35	M0039	19	TALHO DO RUI	00:37:25	00:37:21
43	116	NUNO PATRICIO	M	43	M4044	9	CN ALVITO	00:37:27	00:37:25
44	457	EMÍLIO PAULINO	M	56	M5559	3	AC PORTALEGRE / UTSM	00:37:29	00:37:20
45	334	LUIS MIGUEL SILVA	M	34	M0039	20	OS KOTAS	00:37:30	00:37:28

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Lugar	Equipa	Tempo	Chip
46	364	EMANUEL DIOGO	M	26	M0039	21	GDR S FRANCISCO SERRA	00:37:31	00:37:29
47	98	ANACLETO FAÍSCA	M	56	M5559	4	AREIAS SÃO JOÃO	00:37:38	00:37:30
48	329	DANIEL PEREIRA	M	29	M0039	22	JUVENTUDE AC	00:37:45	00:37:41
49	380	VITOR PEREIRA	M	39	M0039	23	GDR S FRANCISCO SERRA	00:37:46	00:37:42
50	377	ROGÉRIO CASSACA	M	45	M4549	7	GDR S FRANCISCO SERRA	00:37:47	00:37:47
51	440	ROBERTO GLORIA	M	20	M0039	24	SLB-F	00:37:54	00:37:48
52	21	EDUARDO EUSTAQUIO	M	51	M5054	3	AA MAFRA	00:37:54	00:37:52
53	299	JORGE CORREIA	M	44	M4044	10	GDR REBOLEIRA/ GFD	00:37:56	00:37:51
54	273	ROGÉRIO PINGUINHA	M	52	M5054	4	TARTUGAS DE LOULÉ	00:37:57	00:37:53
55	20	LUIS SANTOS	M	33	M0039	25	AA MAFRA	00:38:01	00:37:57
56	183	NUNO CHAINHO	M	30	M0039	26	OS KOTAS	00:38:13	00:38:11
57	351	VITOR SOUSA	M	42	M4044	11	GFD RUNNING	00:38:13	00:38:10
58	379	VASCO AGOSTINHO	M	50	M5054	5	GDCT REPSOL	00:38:29	00:38:27
59	429	PEDRO COSTA	M	47	M4549	8	BEJA AC	00:38:32	00:38:30
60	398	JORGE AUGUSTO	M	32	M0039	27	NS MOURA	00:38:33	00:38:23
61	418	INOCENCIO AMORIM	M	37	M0039	28	CF OS BELENENSES	00:38:37	00:38:35
62	171	LUIS REBELO	M	51	M5054	6	FALCOES SELVAGENS	00:38:46	00:38:44
63	155	JOAO RODRIGUES	M	41	M4044	12	BV MONTEMOR NOVO	00:38:47	00:38:44
64	368	FRANCISCO CARMO	M	44	M4044	13	GDR S FRANCISCO SERRA	00:38:47	00:38:43
65	375	PAULO MORAIS	M	41	M4044	14	GDR S FRANCISCO SERRA	00:38:55	00:38:51
66	425	HUGO GLÓRIA PATRÍCIO	M	39	M0039	29	AMICICLO	00:38:58	00:38:52
67	28	LUIS ROMAO	M	47	M4549	9	INDIVIDUAL	00:39:01	00:38:51
68	419	JORGE ABREU	M	31	M0039	30	CF OS BELENENSES	00:39:06	00:38:59
69	384	PAULO VIEGAS	M	34	M0039	31	INDIVIDUAL	00:39:11	00:39:03
70	347	PEDRO VIEIRA	M	42	M4044	15	GFD RUNNING	00:39:11	00:39:06
71	441	JOÃO ABRANTES DA SILVA	M	35	M0039	32	SAMORUNNING	00:39:14	00:39:10
72	133	JOSE MARCELINO	M	53	M5054	7	C ESTRELA AMADORA	00:39:22	00:39:19
73	186	ARLINDO DIAS	M	37	M0039	33	OS KOTAS	00:39:23	00:39:11
74	332	JOSÉ MATEUS	M	38	M0039	34	C TRIATLO ALENTEJO- KAINAGUA	00:39:25	00:39:19
75	366	FERNANDO MESTRE	M	42	M4044	16	GDR S FRANCISCO SERRA	00:39:26	00:39:24
76	402	JOÃO GONÇALVES	M	46	M4549	10	BEJA AC	00:39:35	00:39:32
77	134	ANTÓNIO SILVESTRE	M	49	M4549	11	SSTM ODEMIRA	00:39:38	00:39:17
78	409	LUCIANO CORREIA	M	43	M4044	17	TIME RUNNERS SADOPT	00:39:40	00:39:34
79	143	FELIX TAVEIRA	M	58	M5559	5	CA ODIMARQ	00:39:43	00:39:40
80	164	JAIME LAMEGO	M	56	M5559	6	XTREME LEVEL	00:39:43	00:39:41
81	393	FLORIVAL BACALHAU	M	58	M5559	7	VITÓRIA FC	00:39:44	00:39:41
82	153	JOAQUIM FREITAS	M	38	M0039	35	BV MONTEMOR NOVO	00:39:46	00:39:43
83	158	ANTONIO GASPAR	M	54	M5054	8	BV MONTEMOR NOVO	00:39:50	00:39:45
84	438	VALTER OLIVEIRA	M	39	M0039	36	INDIVIDUAL	00:39:52	00:39:49
85	361	ANTÓNIO PIRES	M	48	M4549	12	GDR S FRANCISCO SERRA	00:39:55	00:39:51
86	369	HUGO GONÇALVES	M	27	M0039	37	GDR S FRANCISCO SERRA	00:39:57	00:39:42
87	410	PAULO FERNANDES	M	35	M0039	38	TIME RUNNERS SADOPT	00:40:03	00:39:57
88	439	RUI GLORIA	M	50	M5054	9	SLB-F	00:40:04	00:39:55
89	156	ANTONIO CAEIRO	M	47	M4549	13	BV MONTEMOR NOVO	00:40:10	00:40:07
90	427	MARCO ROSA	M	38	M0039	39	VITÓRIA FC	00:40:16	00:40:09

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Lugar	Equipa	Tempo	Chip
91	452	LUCILIA SOARES	F	53	F4599	1	INDIVIDUAL	00:40:19	00:40:16
92	454	JOSÉ SIMÕES	M	56	M5559	8	JD NEVES	00:40:21	00:40:11
93	385	CARLOS SILVA	M	30	M0039	40	INDIVIDUAL	00:40:21	00:40:21
94	13	PETER STEINHAUSEN	M	63	M6099	3	INDIVIDUAL	00:40:22	00:40:19
95	67	JOSÉ GONÇALVES	M	50	M5054	10	AA MAFRA	00:40:22	00:40:14
96	148	PAULO LOPES	M	48	M4549	14	GD ÁGUIAS MOITA	00:40:23	00:40:17
97	411	RUFINO PAIVA	M	44	M4044	18	TIME RUNNERS SADOPT	00:40:24	00:40:17
98	453	INES GUERREIRO	F	20	F0039	4	CF OS BELENENSES	00:40:26	00:40:17
99	47	ANTONIO MOREIRA	M	52	M5054	11	CA ODIMARQ	00:40:28	00:40:19
100	208	JOÃO ARENGA	M	64	M6099	4	CADT PORTUCEL SETUBAL	00:40:32	00:40:29
101	167	JOÃO ROSA	M	23	M0039	41	SINGARUNNERS	00:40:41	00:40:33
102	477	JORGE AMARAL	M	37	M0039	42	A MINHA CORRIDA	00:40:41	00:40:36
103	203	FRANCISCO RODRIGUES	M	39	M0039	43	AA MAFRA	00:40:43	00:40:38
104	392	ANTÓNIO ALVES	M	49	M4549	15	TARTUGAS DE LOULÉ	00:40:45	00:40:40
105	159	JOSE CARAVELA	M	55	M5559	9	BV MONTEMOR NOVO	00:40:45	00:40:37
106	318	LUIS ANICETO	M	57	M5559	10	SINGARUNNERS	00:40:51	00:40:42
107	415	SARA MARINHO	F	25	F0039	5	CF OS BELENENSES	00:41:04	00:40:55
108	349	CARLA RIBEIRO	F	34	F0039	6	GFD RUNNING	00:41:18	00:41:14
109	202	ALICE BASÍLIO	F	45	F4599	2	AA MAFRA	00:41:28	00:41:24
110	278	AUGUSTO ARAGÃO	M	26	M0039	44	GD STA CRUZ / LITORALMOTORS.PT	00:41:30	00:41:24
111	16	RAFAEL SILVA	M	37	M0039	45	PENICHE@CORRER	00:41:37	00:41:31
112	414	JOAO RODRIGUES	M	44	M4044	19	CF OS BELENENSES	00:41:37	00:41:29
113	394	EURICO BRÁS	M	55	M5559	11	VITÓRIA FC	00:41:38	00:41:33
114	200	PEDRO ABOIM	M	20	M0039	46	C MILLENNIUM BCP	00:41:44	00:41:37
115	50	PAULO MARQUES	M	50	M5054	12	AA MAFRA	00:41:46	00:41:41
116	305	ANDRÉ BARÃO	M	29	M0039	47	BOXGRÁTATIVA	00:41:50	00:41:33
117	333	JOÃO JACINTO	M	58	M5559	12	CCD O ALVITEJO	00:41:53	00:41:45
118	378	RUI FREITAS	M	63	M6099	5	GDR S FRANCISCO SERRA	00:41:54	00:41:50
119	124	HELDER FAIA	M	40	M4044	20	CP EDP SINES	00:41:54	00:41:42
120	451	RITA RIBEIRO	F	31	F0039	7	GFD RUNNING	00:41:58	00:41:54
121	442	JORGE MONTEIRO	M	43	M4044	21	TEAM BAIA DO SEIXAL	00:41:59	00:41:49
122	86	JOAO ROMAO	M	26	M0039	48	AMINHACORRIDA/ KALENJI	00:41:59	00:41:55
123	166	FRANCISCO ZAMBUJO	M	38	M0039	49	SINGARUNNERS	00:42:00	00:41:51
124	99	CARLOS RODRIGUES	M	59	M5559	13	AA MAFRA	00:42:08	00:41:59
125	80	DIOGO LUCAS	M	20	M0039	50	OS COXOS E O MIGUEL	00:42:09	00:42:04
126	11	EZEQUIEL FERNANDES	M	59	M5559	14	TIME RUNNERS SETÚBAL	00:42:09	00:42:09
127	405	FRANCISCO CALVO	M	55	M5559	15	TIME RUNNERS SADOPT	00:42:11	00:42:04
128	163	CHANTAL XHERVELLE	F	47	F4599	3	XTREME LEVEL	00:42:13	00:42:11
129	29	LUIS NEVES	M	37	M0039	51	MARINHAI AC	00:42:17	00:42:11
130	288	FRANCISCO CARVALHO	M	35	M0039	52	ALPHA FITNESS	00:42:24	00:42:10
131	363	SERGIO CANECA	M	35	M0039	53	GDR S FRANCISCO SERRA	00:42:26	00:42:22
132	88	JOSE AMARO	M	40	M4044	22	AMINHACORRIDA/ KALENJI	00:42:28	00:42:17
133	323	VITOR SANTOS	M	32	M0039	54	JUVENTUDE AC	00:42:29	00:42:22
134	274	SILVÉRIO GUERREIRO	M	43	M4044	23	TARTUGAS DE LOULÉ	00:42:31	00:42:26
135	205	OLIMPIO SANTOS	M	48	M4549	16	CADT PORTUCEL SETUBAL	00:42:34	00:42:25

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Lugar	Equipa	Tempo	Chip
136	180	PAULO MIGUEL	M	42	M4044	24	OS KOTAS	00:42:34	00:42:26
137	336	ABEL PINA	M	51	M5054	13	GFD RUNNING	00:42:35	00:42:29
138	191	MIGUEL DUARTE	M	42	M4044	25	VITÓRIA FC	00:42:40	00:42:31
139	322	RUI GAMITO	M	34	M0039	55	JUVENTUDE AC	00:42:41	00:42:35
140	342	JORGE CORREIA	M	43	M4044	26	GFD RUNNING	00:42:45	00:42:38
141	118	ANTÓNIO MAURÍCIO	M	64	M6099	6	CP EDP SINES	00:42:46	00:42:43
142	136	MANUEL LIBERATO	M	46	M4549	17	BICICLETAS LIBERATO	00:42:47	00:42:44
143	26	CARLOS MORAIS	M	52	M5054	14	AA MAFRA	00:42:58	00:42:50
144	406	JORGE CÔCO	M	39	M0039	56	TIME RUNNERS SADOPOST	00:43:06	00:42:58
145	408	JOSÉ PATRONILHO	M	40	M4044	27	TIME RUNNERS SADOPOST	00:43:06	00:42:58
146	330	FLÁVIO PINELA	M	35	M0039	57	JUVENTUDE AC	00:43:09	00:43:04
147	399	JOAQUIM VIEGAS	M	49	M4549	18	BEJA AC	00:43:10	00:42:57
148	193	ANTÓNIO CAMACHO	M	61	M6099	7	VITÓRIA FC	00:43:13	00:43:07
149	198	LUIS GONÇALVES	M	38	M0039	58	C MILLENNIUM BCP	00:43:19	00:43:19
150	175	RUI MARTINS	M	52	M5054	15	TALHO DO RUI	00:43:23	00:43:15
151	376	PEDRO GAMITO	M	39	M0039	59	GDR S FRANCISCO SERRA	00:43:25	00:43:16
152	395	MÁRCIO FILIPE GUERREIRO	M	30	M0039	60	INDIVIDUAL	00:43:32	00:43:16
153	30	ANTONIO LEAL	M	44	M4044	28	MARINHAIS AC	00:43:34	00:43:27
154	52	ANDRÉ ALMEIDA	M	40	M4044	29	AA MAFRA	00:43:36	00:43:31
155	25	PAULO COSTA	M	55	M5559	16	AA MAFRA	00:43:38	00:43:30
156	84	ANTONIO MORAIS	M	63	M6099	8	INDIVIDUAL	00:43:38	00:43:34
157	92	FÁBIO GOMES	M	31	M0039	61	INDIVIDUAL	00:43:40	00:43:18
158	404	JOÃO CRUZ	M	30	M0039	62	BEJA AC	00:43:41	00:43:29
159	397	JORGE PAIS	M	44	M4044	30	NS MOURA	00:43:45	00:43:38
160	346	PEDRO M COSTA	M	37	M0039	63	GFD RUNNING	00:43:49	00:43:42
161	253	PEDRO VIEIRA	M	46	M4549	19	INDIVIDUAL	00:43:51	00:43:34
162	326	ALBERTINO PACHECO	M	52	M5054	16	JUVENTUDE AC	00:43:52	00:43:48
163	93	CARLOS DIAS	M	54	M5054	17	INDIVIDUAL	00:43:53	00:43:44
164	206	TIAGO SANTOS	M	20	M0039	64	CADT PORTUCEL SETUBAL	00:43:55	00:43:52
165	190	AURELIO ANDORINHA	M	42	M4044	31	VITÓRIA FC	00:43:55	00:43:49
166	174	FLAVIANO DIAS	M	66	M6099	9	INDIVIDUAL	00:43:57	00:43:53
167	56	HELENA MARTINS	F	54	F4599	4	AA MAFRA	00:43:58	00:43:54
168	81	FLORIVAL LUCAS	M	52	M5054	18	OS COXOS E O MIGUEL	00:43:59	00:43:54
169	286	ANDRÉ VIEGAS	M	34	M0039	65	ALPHA FITNESS	00:44:00	00:43:47
170	341	JOAO MAGALHAES	M	38	M0039	66	GFD RUNNING	00:44:02	00:43:56
171	272	VICÉLIO MENDES	M	53	M5054	19	TARTUGAS DE LOULÉ	00:44:09	00:44:02
172	248	JOSE MIRA	M	63	M6099	10	TEAM BAIA DO SEIXAL	00:44:18	00:44:07
173	446	NELSON GONÇALVES	M	37	M0039	67	FC ALVALADENSE	00:44:25	00:44:08
174	279	MICAEL PEREIRA	M	25	M0039	68	GD STA CRUZ / LITORALMOTORS.PT	00:44:26	00:44:22
175	22	BRUNO FERREIRA	M	24	M0039	69	AA MAFRA	00:44:29	00:44:21
176	407	JOSÉ GONÇALVES	M	43	M4044	32	TIME RUNNERS SADOPOST	00:44:30	00:44:19
177	135	JOSÉ CRUZ	M	48	M4549	20	SSTM ODEMIRA	00:44:33	00:44:13
178	269	SÉRGIO SOUSA	M	66	M6099	11	TARTUGAS DE LOULÉ	00:44:37	00:44:29
179	356	RUI RAFAEL	M	29	M0039	70	CP PINHEIRO CRUZ	00:44:48	00:44:38
180	249	MARIO CARVALHO	M	60	M6099	12	TEAM BAIA DO SEIXAL	00:44:54	00:44:45

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Lugar	Equipa	Tempo	Chip
181	53	GILBERTO DIAS	M	53	M5054	20	AA MAFRA	00:44:58	00:44:49
182	420	GONÇALO FERREIRA	M	32	M0039	71	CF OS BELENENSES	00:45:02	00:44:55
183	310	ANTÓNIO PEREIRA	M	27	M0039	72	BOXGRÂLATIVA	00:45:04	00:44:44
184	365	FERNANDO BEIJINHA	M	66	M6099	13	GDR S FRANCISCO SERRA	00:45:13	00:45:12
185	32	FILIFE DE LACERDA	M	22	M0039	73	INDIVIDUAL	00:45:26	00:45:16
186	250	JOAO CARVALHO	M	45	M4549	21	TEAM BAIA DO SEIXAL	00:45:29	00:45:29
187	195	TERESA COELHO	F	45	F4599	5	VITÓRIA FC	00:45:30	00:45:28
188	213	NUNO SILVA	M	41	M4044	33	CADT PORTUCEL SETUBAL	00:45:30	00:45:21
189	87	ANA AMARO	F	42	F4044	1	AMINHACORRIDA/ KALENJI	00:45:37	00:45:27
190	147	HÉLDER JOSÉ GUERREIRO	M	39	M0039	74	OMD PESSOAL ESPIRITUAL	00:45:40	00:45:36
191	475	NUNO GAUCHINHO	M	32	M0039	75	ALFA FITNESS	00:45:41	00:45:28
192	85	FLORIMUNDO SILVA	M	60	M6099	14	AMINHACORRIDA/ KALENJI	00:45:47	00:45:36
193	221	JOÃO SANTOS	M	38	M0039	76	GDC PORTOS SINES ALGARVE	00:45:53	00:45:45
194	204	JOSÉ CARLOS AMARO	M	52	M5054	21	AA MAFRA	00:45:53	00:45:45
195	228	TELMO MATOS	M	25	M0039	77	GDC PORTOS SINES ALGARVE	00:45:55	00:45:50
196	284	MIGUEL LOPES	M	39	M0039	78	99PROVASGRATUITAS	00:45:55	00:45:44
197	236	FILIPA FERNANDES	F	32	F0039	8	A NATUREZA ENSINA	00:45:56	00:45:46
198	343	JOSE MIRANDA	M	50	M5054	22	GFD RUNNING	00:46:01	00:45:54
199	192	JOAQUIM CLAUDINO	M	54	M5054	23	VITÓRIA FC	00:46:02	00:45:56
200	216	TELMO MACARRÃO	M	38	M0039	79	GDC PORTOS SINES ALGARVE	00:46:03	00:45:50
201	178	HENRIQUE PESTANA RAFAEL	M	41	M4044	34	OS KOTAS	00:46:04	00:45:54
202	161	ABILIO CATARRO	M	59	M5559	17	BV MONTEMOR NOVO	00:46:04	00:46:01
203	348	SOFIA FRAGA	F	36	F0039	9	GFD RUNNING	00:46:04	00:45:59
204	270	ANTÓNIO CABRAL	M	61	M6099	15	TARTUGAS DE LOULÉ	00:46:17	00:46:05
205	271	ANTÓNIO SANTIAGO	M	60	M6099	16	TARTUGAS DE LOULÉ	00:46:18	00:46:13
206	182	ANTÓNIO TEIXEIRA	M	47	M4549	22	OS KOTAS	00:46:26	00:46:15
207	261	CLAUDIO FIGUEIRA	M	30	M0039	80	TEJAVISTA	00:46:27	00:46:14
208	138	CARLOS PARENTE RODRIGUES	M	58	M5559	18	CP EDP LISBOA	00:46:27	00:46:25
209	437	GONÇALO SANTOS	M	24	M0039	81	STO ANDRÉ RUNNERS	00:46:35	00:46:19
210	263	JOAQUIM FIDALGO	M	55	M5559	19	TEJAVISTA	00:46:40	00:46:27
211	229	PAULO A GOMES	M	54	M5054	24	GDC PORTOS SINES ALGARVE	00:46:41	00:46:36
212	291	VITOR SANTOS	M	36	M0039	82	INDIVIDUAL	00:46:52	00:46:40
213	266	FELISBELA SOUSA	F	52	F4599	6	TARTUGAS DE LOULÉ	00:46:57	00:46:45
214	105	JOÃO CARLOS F. SANTOS	M	43	M4044	35	INDIVIDUAL	00:47:00	00:46:41
215	371	JOSÉ SANTOS	M	52	M5054	25	GDR S FRANCISCO SERRA	00:47:00	00:46:48
216	292	FRANCISCO JOSÉ ROQUE	M	47	M4549	23	SA ANDRÉ RUNNERS	00:47:04	00:46:48
217	107	ALVARO SILVA	M	59	M5559	20	C PRAÇAS ARMADA	00:47:06	00:46:57
218	386	SUSANA DE JESUS SOARES	F	39	F0039	10	LEBRE E TARTARUGAS	00:47:06	00:47:05
219	187	LUIS CRUZ	M	44	M4044	36	VITÓRIA FC	00:47:13	00:47:11
220	210	SILVINO MARREIROS	M	48	M4549	24	CADT PORTUCEL SETUBAL	00:47:19	00:47:11
221	424	JOAQUIM RUIVO	M	41	M4044	37	INDIVIDUAL	00:47:20	00:47:12
222	58	RITA MARQUES	F	35	F0039	11	AA MAFRA	00:47:23	00:47:18
223	367	FERNANDO SOBRAL	M	58	M5559	21	GDR S FRANCISCO SERRA	00:47:27	00:47:15
224	231	RENATO PENAS	M	38	M0039	83	GDC PORTOS SINES ALGARVE	00:47:39	00:47:33
225	31	JOSE LEAL	M	39	M0039	84	MARINHAI AC	00:47:51	00:47:46

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Lugar	Equipa	Tempo	Chip
226	372	LUIS GONÇALVES	M	40	M4044	38	GDR S FRANCISCO SERRA	00:47:51	00:47:32
227	211	VASCO BERNARDO	M	37	M0039	85	CADT PORTUCEL SETUBAL	00:48:04	00:47:54
228	41	MANUEL BATISTA	M	66	M6099	17	C PRAÇAS ARMADA	00:48:08	00:48:00
229	220	FERNANDA MARTINS	F	51	F4599	7	GDC PORTOS SINES ALGARVE	00:48:11	00:48:05
230	57	SARA RODRIGUES	F	29	F0039	12	AA MAFRA	00:48:16	00:48:12
231	162	AGOSTINHO PINTO	M	60	M6099	18	BV MONTEMOR NOVO	00:48:18	00:48:10
232	219	GONÇALO SANTOS	M	42	M4044	39	GDC PORTOS SINES ALGARVE	00:48:22	00:48:15
233	185	JOAQUIM SANTANA	M	32	M0039	86	OS KOTAS	00:48:25	00:48:25
234	63	LUIS MONTEIRO	M	53	M5054	26	LEBRE E TARTARUGAS	00:48:26	00:48:11
235	476	TINA OLIVEIRA	F	51	F4599	8	A MINHA CORRIDA	00:48:28	00:48:24
236	115	SARA VELHO	F	40	F4044	2	PROAVENTURAS	00:48:29	00:48:23
237	157	JOSE MARQUES	M	52	M5054	27	BV MONTEMOR NOVO	00:48:29	00:48:24
238	160	MANUEL ANTONIO	M	57	M5559	22	BV MONTEMOR NOVO	00:48:31	00:48:23
239	345	MARGARIDA PINTO	F	44	F4044	3	GFD RUNNING	00:48:32	00:48:27
240	337	ANTONIO SANTINHO	M	45	M4549	25	GFD RUNNING	00:48:33	00:48:27
241	127	JAIME MESTRE	M	45	M4549	26	GD ÁGUIAS MOITA	00:48:35	00:48:25
242	128	HELDER BOTAS	M	47	M4549	27	GD ÁGUIAS MOITA	00:48:37	00:48:25
243	184	PEDRO LIMA	M	50	M5054	28	OS KOTAS	00:48:37	00:48:25
244	44	MANUEL BATE	M	53	M5054	29	GINASIO B-LEAVE BEJA	00:48:49	00:48:37
245	120	RUI GALINDRO	M	53	M5054	30	CP EDP SINES	00:48:53	00:48:41
246	396	LUIS MANUEL PEREIRA CHAINHO	M	40	M4044	40	HERBALIFE GRÂLA	00:48:58	00:48:54
247	209	PAULO SILVA	M	40	M4044	41	CADT PORTUCEL SETUBAL	00:48:59	00:48:51
248	327	HENRIQUE SANTOS	M	51	M5054	31	JUVENTUDE AC	00:49:14	00:49:06
249	61	MÁRIO PEREIRA	M	41	M4044	42	LEBRE E TARTARUGAS	00:49:15	00:49:01
250	436	RUI MANUEL RAPOSO	M	48	M4549	28	HC PATINAGEM GRÂNDOLA	00:49:29	00:49:18
251	113	JOSÉ INFANTE	M	48	M4549	29	C PRAÇAS ARMADA	00:49:33	00:49:23
252	109	POSSIDÓNIO CONSTANTINO	M	62	M6099	19	C PRAÇAS ARMADA	00:49:34	00:49:24
253	125	PAULO CLEMENTE	M	36	M0039	87	CP EDP SINES	00:49:34	00:49:22
254	23	JOÃO PAÇO	M	57	M5559	23	AA MAFRA	00:49:35	00:49:35
255	37	JOAO LACERDA	M	39	M0039	88	INDIVIDUAL	00:49:40	00:49:30
256	122	JOAO RIBEIRO	M	52	M5054	32	CP EDP SINES	00:49:43	00:49:31
257	479	FELIPE MORAIS	M	46	M4549	30	INDIVIDUAL	00:49:48	00:49:25
258	455	PEDRO PACHECO	M	28	M0039	89	BOXGRÂLATIVA	00:49:51	00:49:32
259	101	SARA RAQUEL DE SOUSA ADÃO	F	29	F0039	13	INDIVIDUAL	00:49:54	00:49:46
260	358	CARLOS AUGUSTO	M	43	M4044	43	CP PINHEIRO CRUZ	00:49:55	00:49:35
261	82	JOSE PEDRO FERREIRA	M	55	M5559	24	INDIVIDUAL	00:50:01	00:49:57
262	126	CARLOS SECO	M	55	M5559	25	GD ÁGUIAS MOITA	00:50:03	00:49:53
263	280	ANDRÉ GAUDÊNCIO	M	20	M0039	90	GD STA CRUZ / LITORALMOTORS.PT	00:50:06	00:50:01
264	188	FERNANDO ZACARIAS	M	43	M4044	44	VITÓRIA FC	00:50:14	00:50:12
265	317	DAVID NUNES	M	34	M0039	91	BOXGRÂLATIVA	00:50:17	00:50:00
266	422	RICARDO CAMPOS	M	40	M4044	45	CCD-AT	00:50:17	00:50:07
267	315	RICARDO RIBEIRO	M	38	M0039	92	BOXGRÂLATIVA	00:50:18	00:50:02
268	112	MANUEL JACINTO	M	60	M6099	20	C PRAÇAS ARMADA	00:50:20	00:50:04
269	66	GONÇALO RODRIGUES	M	56	M5559	26	INDIVIDUAL	00:50:23	00:50:18
270	340	FRANCISCO CAMPOS	M	40	M4044	46	GFD RUNNING	00:50:24	00:50:16

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Lugar	Equipa	Tempo	Chip
271	306	JOÃO VALE	M	25	M0039	93	BOXGRÂLATIVA	00:50:24	00:50:04
272	60	ANTÓNIO NUNES	M	51	M5054	33	LEBRE E TARTARUGAS	00:50:26	00:50:12
273	110	ANTÓNIO BORLA	M	70	M6099	21	C PRAÇAS ARMADA	00:50:28	00:50:22
274	374	NUNO GAMITO	M	38	M0039	94	GDR S FRANCISCO SERRA	00:50:41	00:50:28
275	324	PAULO PEREIRA	M	35	M0039	95	JUVENTUDE AC	00:50:46	00:50:41
276	297	FILIPA FERRO	F	38	F0039	14	GDR REBOLEIRA/ GFD	00:50:48	00:50:45
277	430	TITO PEREIRA	M	33	M0039	96	JD CARVALHAL	00:50:49	00:50:27
278	238	CARMEN VIEGAS	F	37	F0039	15	INDIVIDUAL	00:50:49	00:50:28
279	316	TÂNIA COSTA	F	32	F0039	16	BOXGRÂLATIVA	00:50:56	00:50:56
280	102	JOSÉ LEITÃO	M	43	M4044	47	INDIVIDUAL	00:51:15	00:51:02
281	311	JOÃO PEREIRA	M	27	M0039	97	BOXGRÂLATIVA	00:51:21	00:51:01
282	480	ANTONIO CORREIA	M	57	M5559	27	INDIVIDUAL	00:51:28	00:51:19
283	265	JOSE AZURARA	M	58	M5559	28	TEJAVISTA	00:51:38	00:51:22
284	260	LUÍS MOURA	M	57	M5559	29	TEJAVISTA	00:51:42	00:51:25
285	287	JOÃO FARINHA	M	22	M0039	98	ALPHA FITNESS	00:51:50	00:51:36
286	137	ARLINDO PARRA	M	54	M5054	34	CP EDP LISBOA	00:51:52	00:51:32
287	285	PEDRO CORDEIRO	M	33	M0039	99	ALPHA FITNESS	00:52:00	00:51:46
288	434	MIGUEL MENDÃO	M	39	M0039	100	TIME RUNNERS SADOPT	00:52:04	00:51:58
289	27	EGIDIO PORTELA	M	58	M5559	30	AA MAFRA	00:52:17	00:52:10
290	131	JOSE LUIS LOPES	M	58	M5559	31	AMIGOS ESTRELA	00:52:37	00:52:32
291	103	SÓNIA MAURÍCIO	F	40	F4044	4	INDIVIDUAL	00:52:40	00:52:26
292	432	CLAUDIO JESUS REIS	M	45	M4549	31	JDM BTT	00:52:44	00:52:25
293	104	VICTOR SANTOS	M	59	M5559	32	INDIVIDUAL	00:52:51	00:52:30
294	117	JOÃO ALMEIDA	M	57	M5559	33	CP EDP SINES	00:52:52	00:52:11
295	359	ELISIO ALBERTO	M	57	M5559	34	CP PINHEIRO CRUZ	00:53:06	00:52:47
296	281	SANDRA NUNES	F	39	F0039	17	GD STA CRUZ / LITORALMOTORS.PT	00:53:07	00:53:03
297	62	JORGE NUNES	M	49	M4549	32	LEBRE E TARTARUGAS	00:53:29	00:53:16
298	51	FERNANDA COSTA	F	53	F4599	9	AA MAFRA	00:53:30	00:53:26
299	472	MICHELLE LIMA	M	39	M0039	101		00:53:38	00:53:24
300	357	FERNANDO SERRAO	M	46	M4549	33	CP PINHEIRO CRUZ	00:53:42	00:53:42
301	150	AMILCAR POVOA	M	69	M6099	22	CA AMIGOS PARQUE PAZ	00:53:47	00:53:46
302	226	PAULO AZEVEDO	M	48	M4549	34	GDC PORTOS SINES ALGARVE	00:53:54	00:53:47
303	412	LUÍSA FERNANDA MARTINS	F	50	F4599	10	S FRANCISCO AD - FARO	00:54:03	00:53:52
304	65	DOMINGOS PIRES	M	62	M6099	23	INDIVIDUAL	00:54:21	00:54:09
305	308	NEUZA REIS	F	24	F0039	18	BOXGRÂLATIVA	00:54:35	00:54:17
306	111	JOÃO SANTOS	M	51	M5054	35	C PRAÇAS ARMADA	00:54:39	00:54:29
307	207	MANUEL CARDIM	M	64	M6099	24	CADT PORTUCEL SETUBAL	00:54:51	00:54:35
308	18	ARMANDO DE LACERDA	M	61	M6099	25	INDIVIDUAL	00:55:00	00:54:50
309	217	JOSÉ LIMA	M	56	M5559	35	GDC PORTOS SINES ALGARVE	00:55:00	00:54:42
310	149	DULCE GOMES	F	56	F4599	11	AMINHACORRIDA/ KALENJI	00:55:09	00:54:58
311	73	MANUEL SEQUEIRA	M	65	M6099	26	EQUIPA	00:55:15	00:55:05
312	212	FERNANDO MARTINHO	M	53	M5054	36	CADT PORTUCEL SETUBAL	00:55:30	00:55:19
313	173	PAULO CARDIM	M	42	M4044	48	A DANIEL CALDEIRA	00:55:32	00:55:09
314	264	LUIS MIRANDA	M	56	M5559	36	TEJAVISTA	00:55:48	00:55:32
315	314	PEDRO GUERREIRO	M	46	M4549	35	BOXGRÂLATIVA	00:55:48	00:55:30

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Lugar	Equipa	Tempo	Chip
316	313	SUSANA GUERREIRO	F	42	F4044	5	BOXGRALATIVA	00:55:48	00:55:30
317	450	NUNO REIS	M	44	M4044	49	BOXGRALATIVA	00:55:49	00:55:31
318	59	MARIA CORREIA	F	62	F4599	12	GD O INDEPENDENTE	00:55:58	00:55:42
319	196	RUI RODRIGUES	M	47	M4549	36	C MILLENNIUM BCP	00:56:07	00:55:46
320	181	CLÁUDIA TEIXEIRA	F	42	F4044	6	OS KOTAS	00:56:16	00:56:04
321	199	REGINA ANTUNES	F	43	F4044	7	C MILLENNIUM BCP	00:56:22	00:56:22
322	421	CLAUDIA BORRALHO	F	42	F4044	8	CF OS BELENENSES	00:56:39	00:56:21
323	344	LILIANA LOURO	F	40	F4044	9	GFD RUNNING	00:56:45	00:56:38
324	354	HELDER GOMES	M	47	M4549	37	CP PINHEIRO CRUZ	00:56:46	00:56:28
325	350	VICTOR CARVALHO	M	53	M5054	37	GFD RUNNING	00:56:56	00:56:52
326	339	CARLA SANTOS	F	43	F4044	10	GFD RUNNING	00:56:56	00:56:48
327	234	EDMUNDO JESUS	M	55	M5559	37	INDIVIDUAL	00:56:57	00:56:46
328	282	ELSA SANTIAGO	F	38	F0039	19	TEAM BAIA DO SEIXAL	00:56:58	00:56:43
329	321	ANTONIO MARQUES	M	66	M6099	27	TEAM BAIA DO SEIXAL	00:56:59	00:56:43
330	235	ANDRÉIA LOUZEIRO	F	39	F0039	20	SEIXAL- RUNNING	00:56:59	00:56:43
331	45	CARLA CHAINHO	F	37	F0039	21	INDIVIDUAL	00:57:13	00:56:59
332	252	ARTUR SANTOS	M	62	M6099	28	INDIVIDUAL	00:57:38	00:57:23
333	243	ARMINDO QUEIMADO	M	50	M5054	38	ADCSA BALDIO	00:57:42	00:57:30
334	241	REGINA BADALO	F	51	F4599	13	ADCSA BALDIO	00:57:42	00:57:31
335	242	JOSÉ BADALO	M	50	M5054	39	ADCSA BALDIO	00:57:42	00:57:30
336	320	MARIO LEOPOLDO	M	61	M6099	29	INDIVIDUAL	00:57:43	00:57:27
337	319	MARINA ISABEL COSTA RICARDO	F	30	F0039	22	BOXGRALATIVA	00:57:44	00:57:26
338	277	CLÁUDIO TOMÉ	M	29	M0039	102	INDIVIDUAL	00:57:46	00:57:31
339	24	ALVARO PAULINO	M	65	M6099	30	AA MAFRA	00:57:47	00:57:43
340	254	NUNO MANUEL PACHECO	M	31	M0039	103	INDIVIDUAL	00:57:48	00:57:37
341	353	RUI PEREIRA	M	48	M4549	38	CP PINHEIRO CRUZ	00:58:02	00:57:44
342	352	ARMINDO CHAINHO	M	40	M4044	50	CP PINHEIRO CRUZ	00:58:02	00:57:44
343	458	BRAULIA GAMITO	F	49	F4599	14	INDIVIDUAL	00:58:02	00:57:44
344	474	NIDIA VALADARES	F	38	F0039	23		00:58:05	00:57:56
345	290	GABRIEL MILHEIRO DA CRUZ	M	72	M6099	31	CCRAM	00:58:21	00:58:03
346	38	MARIA REBOLA	F	41	F4044	11	INDIVIDUAL	00:58:49	00:58:39
347	119	PEDRO PONTE	M	55	M5559	38	CP EDP SINES	00:58:50	00:58:38
348	132	DANIEL PEREIRA	M	26	M0039	104	C ESTRELA AMADORA	00:59:13	00:59:03
349	48	JOAO LANDEIRO	M	69	M6099	32	INDIVIDUAL	00:59:17	00:58:55
350	259	DANIELA MOURA	F	55	F4599	15	TEJAVISTA	00:59:21	00:59:04
351	55	DOMINGOS RODRIGUES	M	68	M6099	33	AA MAFRA	00:59:40	00:59:32
352	71	CARLOS JESUS	M	65	M6099	34	EQUIPA	01:00:00	00:59:38
353	75	JOAQUIM NAZÁRIO	M	74	M6099	35	EQUIPA	01:00:01	00:59:48
354	130	MIGUEL CHAINHO	M	19	M0039	105	INDIVIDUAL	01:00:22	01:00:05
355	129	LUIS CHAINHO	M	42	M4044	51	INDIVIDUAL	01:00:31	01:00:13
356	444	JÚLIO SANTOS	M	54	M5054	40	BRAGUINHAS	01:00:32	01:00:26
357	360	JOAQUIM MACHADO	M	63	M6099	36	GDR S FRANCISCO SERRA	01:00:56	01:00:41
358	90	GABRIELA DIAS	F	32	F0039	24	INDIVIDUAL	01:00:56	01:00:39
359	89	GUSTAVO DIAS	M	34	M0039	106	INDIVIDUAL	01:00:56	01:00:39
360	362	ANA BARATA	F	57	F4599	16	GDR S FRANCISCO SERRA	01:01:11	01:01:02



Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Lugar	Equipa	Tempo	Chip
361	215	CARLA SILVA	F	38	F0039	25	GDC PORTOS SINES ALGARVE	01:01:29	01:01:16
362	218	FERNANDO FRAGATEIRO	M	55	M5559	39	GDC PORTOS SINES ALGARVE	01:01:29	01:01:12
363	96	DOLORES PRATAS	F	51	F4599	17	INDIVIDUAL	01:01:35	01:01:19
364	95	ANA SILVA	F	40	F4044	12	INDIVIDUAL	01:01:35	01:01:19
365	230	ANDREIA CALADO	F	36	F0039	26	GDC PORTOS SINES ALGARVE	01:01:53	01:01:50
366	255	ANA LUCIA RODRIGUES	F	39	F0039	27	LEBRE E TARTARUGAS	01:01:53	01:01:51
367	293	CRISTINA ISABEL DOS SANTOS	F	32	F0039	28	LEBRE E TARTARUGAS	01:01:55	01:01:53
368	239	JOAQUIM FONSECA	M	60	M6099	37	OS SUPER	01:02:33	01:02:29
369	246	RUTE BARÃO	F	35	F0039	29	VITÓRIA FC ERMIDENSE	01:02:54	01:02:44
370	247	TELMA SEBASTIÃO	F	38	F0039	30	VITÓRIA FC ERMIDENSE	01:02:54	01:02:44
371	39	PAULO GUEDES	M	43	M4044	52	INDIVIDUAL	01:03:06	01:02:46
372	433	JORGE LOURO	M	40	M4044	53	INDIVIDUAL	01:03:15	01:03:15
373	177	CLEUSA DENISE KOK	F	33	F0039	31	OS KOTAS	01:03:19	01:03:08
374	35	CARLOS LUDOVINO	M	39	M0039	107	INDIVIDUAL	01:03:21	01:03:00
375	36	ALEXANDRA PEREIRA	F	38	F0039	32	INDIVIDUAL	01:03:22	01:03:01
376	448	CRISTINA MENDES	F	41	F4044	13	FC ALVALADENSE	01:03:29	01:03:11
377	257	ANTONIO SANTOS	M	57	M5559	40	INDIVIDUAL	01:04:03	01:03:42
378	312	INÊS BICA	F	37	F0039	33	BOXGRÂLATIVA	01:04:52	01:04:35
379	54	JOSE LOURENÇO	M	69	M6099	38	AA MAFRA	01:05:38	01:05:20
380	91	HERLANDER BRAZ	M	56	M5559	41	INDIVIDUAL	01:05:59	01:05:43
381	445	ANA VIEGAS	F	23	F0039	34	FC ALVALADENSE	01:07:14	01:06:55
382	262	FATIMA RIBEIRO	F	52	F4599	18	TEJAVISTA	01:07:16	01:06:59
383	447	CLAUDIA ROSA	F	39	F0039	35	FC ALVALADENSE	01:07:20	01:07:02
384	331	ANABELA PEREIRA	F	42	F4044	14	JUVENTUDE AC	01:07:49	01:07:46
385	309	MARGARIDA VALE	F	20	F0039	36	BOXGRÂLATIVA	01:08:07	01:07:48
386	70	CARLOS CARMO	M	62	M6099	39	EQUIPA	01:08:08	01:07:48
387	233	ANA FONSECA	F	36	F0039	37	GDC PORTOS SINES ALGARVE	01:08:12	01:07:59
388	258	ISAURA MARIA ATANÁSIO	F	63	F4599	19	TEJAVISTA	01:08:38	01:08:22
389	283	INÊS MARQUES	F	38	F0039	38	99PROVASGRATUITAS	01:09:56	01:09:56
390	251	PAULA NUNES	F	44	F4044	15	TEAM BAIA DO SEIXAL	01:09:57	01:09:57
391	307	RUTH BICA	F	42	F4044	16	BOXGRÂLATIVA	01:10:34	01:10:15
392	304	JOANA FRAGOSO	F	31	F0039	39	BOXGRÂLATIVA	01:10:35	01:10:19
393	72	MARIA TEIXEIRA	F	45	F4599	20	EQUIPA	01:12:25	01:12:16
394	77	MANUEL SANTOS	M	68	M6099	40	EQUIPA	01:12:26	01:12:05
395	435	ANA PEREIRA	F	21	F0039	40	BOXGRÂLATIVA	01:13:00	01:12:41
396	69	ALDA OLIVEIRA	F	61	F4599	21	EQUIPA	01:17:05	01:16:44
397	76	JULIO MILHARADAS	M	63	M6099	41	EQUIPA	01:17:05	01:16:43
398	74	LUIS TORRÃO	M	62	M6099	42	EQUIPA	01:17:05	01:16:44
399	267	OTILIO CALIÇO	M	68	M6099	43	TARTUGAS DE LOULÉ	01:17:06	01:16:45