

25 GP PASCOA DE CONSTANCIA

Patrocínio: CM CONSTANCIA

Apoio: CM CONSTANCIA

Data: 30/03/2013

Classif.: Relatório Geral Masculino e Feminino

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.F.E	Sx.	C.	SC1	SC2	SC3	Equipe	Tempo
1	701	JOAO VIEIRA	32	M2034	1	M					GDR REBOLEIRA	00:32:38
2	422	JOAO VALENTE	20	M2034	2	M					CA FERREIRA ZEZERE	00:33:01
3	261	NUNO ROMAO	40	M4044	1	M					GDR REBOLEIRA	00:33:17
4	80	HUGO CASTRO	27	M2034	3	M					CCD O ALVITEJO	00:33:46
5	440	PAULO GUIMARAES	35	M3539	1	M					ACLIS LIBERTY	00:33:51
6	311	DAVID FERNANDES	38	M3539	2	M					GD JOANINHAS LEIAO	00:33:54
7	351	LUIS GOMES	32	M2034	4	M					AC VERMOIL	00:34:12
8	678	JOSE FELIX	45	M4549	1	M					OS AMIGOS AVIS	00:34:20
9	381	JORGE COSME	40	M4044	2	M					C BENFICA ABRANTES	00:34:34
10	438	RUI BALTAZAR	47	M4549	2	M					ACLIS LIBERTY	00:34:41
11	619	JOSE HEITOR	51	M5054	1	M					AM ATIBA	00:34:55
12	423	LUIS GRAÇA	38	M3539	3	M					CA FERREIRA ZEZERE	00:34:59
13	36	VALDO NEVES	34	M2034	5	M					UFCI TOMAR	00:35:01
14	466	JOSE SANTOS	49	M4549	3	M					CR AMIEIRINHENSE	00:35:04
15	503	LUIS CANCELA	39	M3539	4	M					NS CONC GOLEGÃ	00:35:05
16	238	PEDRO M MATOS	34	M2034	6	M					CLAC	00:35:09
17	464	RICARDO HENRIQUES	28	M2034	7	M					CR AMIEIRINHENSE	00:35:16
18	424	LUIS MOTA	42	M4044	3	M					CA FERREIRA ZEZERE	00:35:18
19	439	JOSE CAMELO	41	M4044	4	M					ACLIS LIBERTY	00:35:19
20	627	VIRGILIO GOMES	44	M4044	5	M					INDIVIDUAL	00:35:23
21	310	JOAO D FERREIRA	26	M2034	8	M					GD JOANINHAS LEIAO	00:35:30
22	23	JOAO PLACIDO	27	M2034	9	M					UFCI TOMAR	00:35:36
23	566	LUIS FERREIRA	36	M3539	5	M					SCALABIS N RUNNERS	00:35:38
24	462	CRISTIANO ANTONIO	24	M2034	10	M					AC VERMOIL	00:35:40
25	375	OCTAVIO VICENTE	28	M2034	11	M					C BENFICA ABRANTES	00:35:43
26	115	JOSE CUSTÓDIO	48	M4549	4	M					E ATL RUI SILVA	00:35:45
27	581	ANDRE RAMOS	25	M2034	12	M					GDR FIGUEIRAS	00:35:52
28	436	JOAO CARDOSO	51	M5054	2	M					ACLIS LIBERTY	00:35:55
29	579	RICARDO OLIVEIRA	37	M3539	6	M					GDR FIGUEIRAS	00:35:59
30	198	ERNESTO FERREIRA	42	M4044	6	M					GAB FISIO DESPORTO	00:36:01
31	356	JOAO M P MIRANDA	42	M4044	7	M					AA MAFRA	00:36:10
32	313	VASCO MARTA	20	M2034	13	M					GD JOANINHAS LEIAO	00:36:17
33	348	SILVIO MOREIRA	34	M2034	14	M					AC VERMOIL	00:36:23

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.F.E	Sx.	C.	SC1	SC2	SC3	Equipe	Tempo
34	5	HUGO MIGUEL	27	M2034	15	M					C VETERANOS LIS	00:36:25
35	367	MARCO FRANCO	32	M2034	16	M					C BENFICA ABRANTES	00:36:28
36	54	JOAQUIM CAPUCHO	50	M5054	3	M					C SARGENTO ARMADA	00:36:32
37	687	SUSANA FRANCISCO	21	F2034	1	F					SPORTING CP	00:36:34
38	373	ARLINDO BRAS	40	M4044	8	M					C BENFICA ABRANTES	00:36:36
39	569	HENRIK SANTOS	23	M2034	17	M					NS LOURINHA	00:36:36
40	224	LUIS MATOS	42	M4044	9	M					GCA DONAS	00:36:37
41	112	MARCO FIDALGO	35	M3539	7	M					E ATL RUI SILVA	00:36:40
42	571	JOSE RAIMUNDO	50	M5054	4	M					GDR FIGUEIRAS	00:36:42
43	542	TIAGO CRUZ	33	M2034	18	M					GAU BAJOUCA	00:36:50
44	239	RUI PERDIGAO	46	M4549	5	M					CLAC	00:36:51
45	139	RODRIGO COSTA	21	M2034	19	M					E ATL RUI SILVA	00:36:55
46	698	LICINIO PEREIRA	56	M5559	1	M					ID VIEIRENSE	00:36:58
47	167	PAULO ALVES	35	M3539	8	M					GD IN CASA MOEDA	00:37:07
48	501	PEDRO QUINTELA	44	M4044	10	M					NS CONC GOLEGÃ	00:37:09
49	81	MIGUEL GOMES	36	M3539	9	M					CCD O ALVITEJO	00:37:11
50	578	PAULO SIMAO	43	M4044	11	M					GDR FIGUEIRAS	00:37:11
51	369	ANTONIO RIBEIRO	34	M2034	20	M					C BENFICA ABRANTES	00:37:12
52	506	ANTONIO PEDRO	37	M3539	10	M					AM ATIBA	00:37:18
53	158	RICARDO M V ROSADO	28	M2034	21	M					INDIVIDUAL	00:37:23
54	500	ANTONIO CALAFATE	45	M4549	6	M					NS CONC GOLEGÃ	00:37:24
55	177	JOSE RODRIGUES	32	M2034	22	M					A ESTAÇÃO ORTIGA	00:37:25
56	597	JORGE AMARAL	44	M4044	12	M					GD JOANINHAS LEIAO	00:37:28
57	230	LUÍS SIMOES	52	M5054	5	M					INDIVIDUAL	00:37:30
58	492	JOSE GOMES	49	M4549	7	M					UDR ZONA ALTA	00:37:34
59	273	FILIPE DIAS	27	M2034	23	M					INDIVIDUAL	00:37:35
60	346	NELSON FERREIRA	33	M2034	24	M					AC VERMOIL	00:37:36
61	465	CARLOS REBOLA	39	M3539	11	M					CR AMIEIRINHENSE	00:37:40
62	247	EDMILSON SANTOS	48	M4549	8	M					GAB FISIO DESPORTO	00:37:42
63	337	JOAQUIM ANTUNES	54	M5054	6	M					INDIVIDUAL	00:37:44
64	536	HUGO SANTOS	22	M2034	25	M					CA RIACHENSE	00:37:45
65	42	FILIPE CORREIA	29	M2034	26	M					GD O INDEPENDENTE	00:37:46
66	22	MARIO CRUJEIRA	26	M2034	27	M					UFCI TOMAR	00:37:49
67	314	VITOR FERREIRA	48	M4549	9	M					CP ALCANENA	00:37:50
68	374	DAVID RIBEIRO	18	M1819	1	M					C BENFICA ABRANTES	00:37:50
69	602	BRUNO GASPAR	27	M2034	28	M					CLUBE GAIA	00:37:53
70	563	JOAQUIM SANTOS	42	M4044	13	M					CA RIACHENSE	00:37:54
71	577	EDUARDO CARREIRA	30	M2034	29	M					GDR FIGUEIRAS	00:37:54
72	344	PAULO NEVES	26	M2034	30	M					AC VERMOIL	00:37:56
73	91	JOSE CASTRO	52	M5054	7	M					CCD O ALVITEJO	00:38:01

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.F.E	Sx.	C.	SC1	SC2	SC3	Equipe	Tempo
74	477	DIAMANTINO LOPES	44	M4044	14	M					GA CARANGUEJEIRA	00:38:04
75	483	SERGIO SANTOS	42	M4044	15	M					GA CARANGUEJEIRA	00:38:05
76	662	JORGE GONÇALVES	44	M4044	16	M					A BROCA FERRAGENS	00:38:08
77	426	TIAGO MIGUEL	24	M2034	31	M					CA FERREIRA ZEZERE	00:38:13
78	441	RICARDO GUIMARAES	29	M2034	32	M					ACLIS LIBERTY	00:38:14
79	20	PEDRO LOPES	22	M2034	33	M					UFCI TOMAR	00:38:18
80	510	JOSE BORGES	45	M4549	10	M					AM ATIBA	00:38:19
81	540	PEDRO CAPELA	32	M2034	34	M					GAU BAJOUCA	00:38:22
82	475	RUI MENDES	18	M1819	2	M					CA FERREIRA ZEZERE	00:38:26
83	85	PAULO FERNANDES	47	M4549	11	M					CCD O ALVITEJO	00:38:27
84	252	MANUEL L G NOGUEIRA	37	M3539	12	M					INDIVIDUAL	00:38:30
85	479	ANTONIO FRANCISCO	49	M4549	12	M					GA CARANGUEJEIRA	00:38:39
86	300	LUIS ALEXANDRE	37	M3539	13	M					ACR SANTA CITA	00:38:40
87	215	RUI AGUIAR	39	M3539	14	M					GDR ZAMB SERRA	00:38:41
88	106	EMANUEL SERRAZINA	31	M2034	35	M					E ATL RUI SILVA	00:38:46
89	539	OTELO PEREIRA	38	M3539	15	M					GAU BAJOUCA	00:38:49
90	580	JOAO GUERREIRO	46	M4549	13	M					GDR FIGUEIRAS	00:38:53
91	209	JULIO VICENTE	41	M4044	17	M					C BENFICA TORRES	00:38:54
92	467	ARMENIO PEREIRA	55	M5559	2	M					CR AMIEIRINHENSE	00:38:55
93	312	ANABELA GOMES	34	F2034	2	F					GD JOANINHAS LEIAO	00:38:57
94	456	RUI ROBERTO	44	M4044	18	M					CA BARREIRA	00:39:03
95	229	TIAGO SANTOS	20	M2034	36	M					E ATL RUI SILVA	00:39:04
96	537	CARLOS PERREIRA	41	M4044	19	M					CA RIACHENSE	00:39:05
97	622	MARIO COUTO	35	M3539	16	M					INDIVIDUAL	00:39:05
98	176	JOSE C DURAO	47	M4549	14	M					A ESTAÇÃO ORTIGA	00:39:10
99	3	DAVID OLIVEIRA	37	M3539	17	M					C VETERANOS LIS	00:39:18
100	676	PEDRO FELIX	18	M1819	3	M					OS AMIGOS AVIS	00:39:21
101	88	JOAQUIM FIGUEIREDO	55	M5559	3	M					CCD O ALVITEJO	00:39:23
102	650	EDGAR GEADA	48	M4549	15	M					AM ATIBA	00:39:23
103	387	LUIS REBELO	48	M4549	16	M					REBELOS	00:39:31
104	559	LUIS SILVA	41	M4044	20	M					CP ALCANENA	00:39:34
105	302	PAULO AMADEU	43	M4044	21	M					ACR SANTA CITA	00:39:37
106	385	RUI INÊS	40	M4044	22	M					C BENFICA ABRANTES	00:39:38
107	218	JOAO FRANCO	59	M5559	4	M					GDR ZAMB SERRA	00:39:39
108	505	MARIO GUERREIRO	50	M5054	8	M					GD JOANINHAS LEIAO	00:39:41
109	360	CARLOS A R DURO	55	M5559	5	M					ADR AGUAS BELAS	00:39:43
110	468	VICTOR TEIXEIRA	51	M5054	9	M					CR AMIEIRINHENSE	00:39:43
111	478	RICARDO GASPAR	23	M2034	37	M					GA CARANGUEJEIRA	00:39:50
112	299	JOSE SILVA	51	M5054	10	M					ACR SANTA CITA	00:39:53
113	199	VITOR CARVALHO	51	M5054	11	M					GAB FISIO DESPORTO	00:39:58

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.F.E	Sx.	C.	SC1	SC2	SC3	Equipe	Tempo
114	657	JOSE MAGALHAES	56	M5559	6	M					FCR ROSSAO	00:39:58
115	187	JOAO MACHADO	51	M5054	12	M					OS MATRECOS	00:40:00
116	222	MIGUEL CAETANO	25	M2034	38	M					GDR ZAMB SERRA	00:40:01
117	268	JOAQUIM ALEXANDRE	47	M4549	17	M					AMCD TITUARIA	00:40:01
118	77	ANA MARGARIDA	46	F4599	1	F					CCD O ALVITEJO	00:40:14
119	696	RUI DINIS	48	M4549	18	M					ID VIEIRENSE	00:40:15
120	26	JORGE MAURICIO	39	M3539	18	M					UFCI TOMAR	00:40:19
121	30	JORGE LERCAS	48	M4549	19	M					UFCI TOMAR	00:40:20
122	511	ANTONIO ADRO	44	M4044	23	M					AM ATIBA	00:40:25
123	159	PEDRO M M JANUARIO	34	M2034	39	M					INDIVIDUAL	00:40:32
124	661	DIOGO GONÇALVES	18	M1819	4	M					A BROCA FERRAGENS	00:40:33
125	508	FERANANDO VICENTE	45	M4549	20	M					AM ATIBA	00:40:35
126	21	ANDRE FERREIRA	23	M2034	40	M					UFCI TOMAR	00:40:37
127	435	JOSE SILVA	49	M4549	21	M					ODIMARQ ALUMINIOS	00:40:43
128	233	LUIS MOTA	40	M4044	24	M					CLAC	00:40:44
129	562	MARCIO LOUREIRO	34	M2034	41	M					INDIVIDUAL	00:40:46
130	2	DANIEL JAULINO	47	M4549	22	M					C VETERANOS LIS	00:40:47
131	96	FERNANDO POMBO	61	M6099	1	M					CCD O ALVITEJO	00:40:50
132	47	MANUEL ALEXANDRE	47	M4549	23	M					GD O INDEPENDENTE	00:40:51
133	104	CARLOS ROSADO	44	M4044	25	M					C RUGBY JUROMENHA	00:40:52
134	128	LUIS FERREIRA	44	M4044	26	M					RUN 4 FUN	00:40:53
135	200	RODRIGO SERRA	36	M3539	19	M					GAB FISIO DESPORTO	00:40:54
136	443	JOSE M COSTA	67	M6099	2	M					ACLIS LIBERTY	00:40:54
137	489	RUBEN VIOLANTE	20	M2034	42	M					UDR ZONA ALTA	00:40:55
138	83	NUNO SANTOS	41	M4044	27	M					CCD O ALVITEJO	00:40:59
139	528	LUIS VIDINHA	43	M4044	28	M					CA NAZARE	00:40:59
140	454	HELDER CARREIRA	36	M3539	20	M					CA BARREIRA	00:41:03
141	298	FRANCISCO CONFRARIA	41	M4044	29	M					ACR SANTA CITA	00:41:04
142	184	LUIS M C NEVES	34	M2034	43	M					MARINHAIS AC	00:41:05
143	455	JORGE AGOSTINHO	54	M5054	13	M					CA BARREIRA	00:41:05
144	568	ANTONIO REIS	38	M3539	21	M					INDIVIDUAL	00:41:12
145	86	ANTONIO AZEDO	47	M4549	24	M					CCD O ALVITEJO	00:41:13
146	297	ANTONIO M LOPES	46	M4549	25	M					ACR SANTA CITA	00:41:17
147	452	CARINA MATIAS	28	F2034	3	F					CA BARREIRA	00:41:18
148	56	DUARTE SARES	56	M5559	7	M					C SARGENTO ARMADA	00:41:20
149	349	JOSE SANTOS	40	M4044	30	M					AC VERMOIL	00:41:29
150	137	PAULO M MARTINS	47	M4549	26	M					RUN 4 FUN	00:41:31
151	485	ANTONIO M FRADE	45	M4549	27	M					INDIVIDUAL	00:41:34
152	243	ABREU MOURA	57	M5559	8	M					CLAC	00:41:35
153	567	MARCO MELO	34	M2034	44	M					SCALABIS N RUNNERS	00:41:36

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.F.E	Sx.	C.	SC1	SC2	SC3	Equipe	Tempo
154	107	FERNANDO GARÇAO	48	M4549	28	M					E ATL RUI SILVA	00:41:37
155	301	ANDRE PENA	46	M4549	29	M					ACR SANTA CITA	00:41:39
156	219	EURICO AGOSTINHO	52	M5054	14	M					GDR ZAMB SERRA	00:41:41
157	361	MARIO R A ROSA	26	M2034	45	M					ADR AGUAS BELAS	00:41:41
158	37	PEDRO ALBINO	34	M2034	46	M					UFCI TOMAR	00:41:42
159	48	EURICO PEREIRA	53	M5054	15	M					GD O INDEPENDENTE	00:41:44
160	442	ALVARO COELHO	55	M5559	9	M					ACLIS LIBERTY	00:41:48
161	624	JORGE POLIDRO	45	M4549	30	M					PANEIA MIGUEL	00:41:49
162	95	LUIS ORVALHO	60	M6099	3	M					CCD O ALVITEJO	00:41:50
163	116	VITOR MARQUES	39	M3539	22	M					E ATL RUI SILVA	00:41:52
164	612	RICARDO MENDES	26	M2034	47	M					BV CAXARIAS	00:41:55
165	694	NUNO LORVAO	42	M4044	31	M					ID VIEIRENSE	00:41:59
166	191	NUNO ALVES	21	M2034	48	M					OS MATRECOS	00:42:01
167	151	NUNO M S F ALVES	36	M3539	23	M					INDIVIDUAL	00:42:04
168	469	JOAO PROSPERO	60	M6099	4	M					CR AMIEIRINHENSE	00:42:06
169	190	JOSE MOTA	52	M5054	16	M					OS MATRECOS	00:42:07
170	504	JOAO B MARTINS	27	M2034	49	M					NS CONC GOLEGÃ	00:42:07
171	484	IVO CARREIRA	27	M2034	50	M					GA CARANGUEJEIRA	00:42:08
172	584	JOAO FARINHA	53	M5054	17	M					CARACOLTRAIL RUN	00:42:15
173	693	AMILCAR AMORIM	45	M4549	31	M					CP PONTEVEL	00:42:15
174	4	DIOGO FERREIRA	32	M2034	51	M					C VETERANOS LIS	00:42:19
175	33	LUIS RODRIGO	51	M5054	18	M					UFCI TOMAR	00:42:19
176	240	LUIS REI	61	M6099	5	M					CLAC	00:42:23
177	573	MARIO DUARTE	54	M5054	19	M					GDR FIGUEIRAS	00:42:23
178	655	NELSON COELHO	24	M2034	52	M					FCR ROSSAO	00:42:23
179	419	NUNO PITA	37	M3539	24	M					METRO 2011	00:42:24
180	221	AMADEO CAETANO	49	M4549	32	M					GDR ZAMB SERRA	00:42:27
181	64	ARTUR GONÇALVES	37	M3539	25	M					AA LEBRES SADO	00:42:28
182	335	ALFREDO SANTOS	57	M5559	10	M					AC VERMOIL	00:42:29
183	274	NOE DIAS	26	M2034	53	M					INDIVIDUAL	00:42:30
184	481	CRISTOVAO FERREIRA	28	M2034	54	M					GA CARANGUEJEIRA	00:42:31
185	405	MIGUEL PEREIRA	44	M4044	32	M					LA VAO DE ALMEIRIM	00:42:35
186	695	LUIS PEDROSA	46	M4549	33	M					ID VIEIRENSE	00:42:35
187	541	JORGE SILVA	46	M4549	34	M					GAU BAJOUCA	00:42:36
188	582	LUIS SECO	54	M5054	20	M					GDR FIGUEIRAS	00:42:36
189	281	HELDER MARQUES	46	M4549	35	M					SR CAMARNAL	00:42:39
190	24	FRANCISCO GASPAR	30	M2034	55	M					UFCI TOMAR	00:42:40
191	665	JOAQUIM ARAUJO	68	M6099	6	M					CCD O ALVITEJO	00:42:40
192	460	HUGO T G FERREIRA	30	M2034	56	M					INDIVIDUAL	00:42:41
193	41	DAVID PEREIRA	21	M2034	57	M					GD O INDEPENDENTE	00:42:42

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.F.E	Sx.	C.	SC1	SC2	SC3	Equipe	Tempo
194	46	FILIFE NEVES	44	M4044	33	M					GD O INDEPENDENTE	00:42:43
195	497	MARIO SALGUEIRO	38	M3539	26	M					CLAC	00:42:43
196	587	CESAR CONCEIÇÃO	37	M3539	27	M					C ORIENTAÇÃO	00:42:43
197	93	JOAO JACINTO	55	M5559	11	M					CCD O ALVITEJO	00:42:45
198	427	ALEXANDRE GUIA	24	M2034	58	M					CA FERREIRA ZEZERE	00:42:45
199	242	JOAQUIM S PINTO	53	M5054	21	M					CLAC	00:42:46
200	113	HUGO AGOSTINHO	31	M2034	59	M					INDIVIDUAL	00:42:47
201	561	ANTONIO AGOSTINHO	58	M5559	12	M					CA BARREIRA	00:42:48
202	13	VASCO MARQUES	40	M4044	34	M					C VETERANOS LIS	00:42:50
203	523	BRUNO M R S COSTA	29	M2034	60	M					INDIVIDUAL	00:42:50
204	35	MANUEL MORENO	54	M5054	22	M					UFCI TOMAR	00:42:51
205	404	MANUEL ALMEIDA	55	M5559	13	M					LA VAO DE ALMEIRIM	00:42:52
206	355	FERNANDO MARQUES	45	M4549	36	M					GM TEAM	00:42:53
207	19	MARCIO BAPTISTA	22	M2034	61	M					UFCI TOMAR	00:42:54
208	145	FRANCISCO CALÇADA	48	M4549	37	M					AÇOREANA C BANIF	00:42:54
209	347	JOAQUIM QUITERIO	38	M3539	28	M					AC VERMOIL	00:42:55
210	90	JOAQUIM MARTINS	53	M5054	23	M					CCD O ALVITEJO	00:42:58
211	12	RICARDO MONTEIRO	37	M3539	29	M					C VETERANOS LIS	00:43:00
212	161	JAIME D FIGUEIREDO	46	M4549	38	M					INDIVIDUAL	00:43:01
213	266	FILIFE BRANCO	43	M4044	35	M					AMCD TITUARIA	00:43:03
214	97	JOSE ORVALHO	64	M6099	7	M					CCD O ALVITEJO	00:43:06
215	679	FERNANDO COSTA	43	M4044	36	M					OS AMIGOS AVIS	00:43:06
216	263	CARLOS M F OLIVEIRA	39	M3539	30	M					INDIVIDUAL	00:43:08
217	331	FILIFE LEITAO	41	M4044	37	M					AC VERMOIL	00:43:08
218	663	DULCINEA SILVA	41	F3544	1	F					CA BARREIRA	00:43:16
219	432	CARLOS COELHO	52	M5054	24	M					GA MONSANTO	00:43:19
220	172	JOAQUIM PESSOA	55	M5559	14	M					VETERANOS	00:43:25
221	371	JOEL SIMOES	31	M2034	62	M					C BENFICA ABRANTES	00:43:28
222	142	FILIPA MOUTINHO	30	F2034	4	F					INDIVIDUAL	00:43:29
223	623	MARCO JACINTO	47	M4549	39	M					PANEA MIGUEL	00:43:29
224	626	OMAR GARCIA	33	M2034	63	M					INDIVIDUAL	00:43:29
225	82	CARLOS CUNHA	40	M4044	38	M					CCD O ALVITEJO	00:43:31
226	89	JOSE FERNANDES	53	M5054	25	M					CCD O ALVITEJO	00:43:31
227	320	CLAUDIO GASPAR	44	M4044	39	M					INDIVIDUAL	00:43:35
228	697	ALBERTO VINAGRE	51	M5054	26	M					ID VIEIRENSE	00:43:35
229	518	AURELIO C MARCAO	30	M2034	64	M					DTA RUNNERS	00:43:38
230	507	LUIS DIAS	46	M4549	40	M					AM ATIBA	00:43:43
231	482	FERNANDO SILVA	41	M4044	40	M					GA CARANGUEJEIRA	00:43:47
232	163	PEDRO GABRIEL	38	M3539	31	M					CA AMIGOS PARQUE	00:43:49
233	502	SÓNIA QUINTELA	43	F3544	2	F					NS CONC GOLEGÃ	00:43:49

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.F.E	Sx.	C.	SC1	SC2	SC3	Equipe	Tempo
234	420	LUIS REIS	34	M2034	65	M					INDIVIDUAL	00:43:50
235	16	ANTONIO CARVALHO	56	M5559	15	M					MADURO ATHLETICS	00:43:51
236	282	CATIA B C SILVA	18	F1819	1	F					SL BENFICA	00:43:55
237	292	ANDRE ALEXANDRE	23	M2034	66	M					INDIVIDUAL	00:43:55
238	100	CARLOS SOUSA	55	M5559	16	M					INDIVIDUAL	00:43:56
239	616	FERNANDO SILVA	31	M2034	67	M					BV CAXARIAS	00:43:56
240	136	JOSE OLIVEIRA	39	M3539	32	M					PES DE CHUMBO	00:43:57
241	493	JOSE FONTINHA	35	M3539	33	M					UDR ZONA ALTA	00:43:59
242	217	ANTONIO CLARA	50	M5054	27	M					GDR ZAMB SERRA	00:44:01
243	270	MIGUEL FERREIRA	30	M2034	68	M					SUPERFRESCO TEAM	00:44:01
244	31	JOSE FONSECA	48	M4549	41	M					UFCI TOMAR	00:44:03
245	108	LUIS NUNES	41	M4044	41	M					E ATL RUI SILVA	00:44:05
246	625	RICARDO RUSSO	30	M2034	69	M					PANEIA MIGUEL	00:44:05
247	672	MARIANA GALRINHO	18	F1819	2	F					SL BENFICA	00:44:07
248	445	SILVINO MORINGA	58	M5559	17	M					INDIVIDUAL	00:44:09
249	111	SUZETE SILVA	43	F3544	3	F					E ATL RUI SILVA	00:44:10
250	594	JOAO ALVES	45	M4549	42	M					URD ARRANHO	00:44:10
251	188	PAULO MESTRE	49	M4549	43	M					OS MATRECOS	00:44:11
252	519	CARLA V S MARTINS	37	F3544	4	F					NUCLEOEIRAS/SPORTZ	00:44:14
253	193	NUNO LOPES	44	M4044	42	M					SAGRES TEAM	00:44:21
254	271	LUIS ANTUNES	27	M2034	70	M					SUPERFRESCO TEAM	00:44:22
255	231	JOSE P MELO	39	M3539	34	M					INDIVIDUAL	00:44:24
256	304	PAULO PEREIRA	20	M2034	71	M					ACR SANTA CITA	00:44:26
257	329	LEONEL FRANCISCO	36	M3539	35	M					AC VERMOIL	00:44:26
258	25	PAULO MARQUES	26	M2034	72	M					UFCI TOMAR	00:44:27
259	560	MARCIO C SOUSA	31	M2034	73	M					CPR A DO BARBAS	00:44:27
260	194	PEDRO M L FALCAO	36	M3539	36	M					INDIVIDUAL	00:44:28
261	235	JOSE FIDELIO	58	M5559	18	M					CLAC	00:44:28
262	150	PEDRO BURGUETTE	42	M4044	43	M					AÇOREANA C BANIF	00:44:31
263	543	FILIPE CARVALHEIRO	49	M4549	44	M					GAU BAJOUCA	00:44:36
264	576	EVAGELINO CARDEIRA	55	M5559	19	M					GDR FIGUEIRAS	00:44:38
265	461	STEVE LOPES	18	M1819	5	M					AC VERMOIL	00:44:39
266	339	ANTONIO FERREIRA	33	M2034	74	M					INDIVIDUAL	00:44:40
267	564	JOSE DUARTE	34	M2034	75	M					INDIVIDUAL	00:44:40
268	509	FERNANDO SANTOS	50	M5054	28	M					AM ATIBA	00:44:44
269	244	RUI PINHEIRO	25	M2034	76	M					INDIVIDUAL	00:44:49
270	109	VITOR SANTOS	49	M4549	45	M					E ATL RUI SILVA	00:44:52
271	334	EUGENIO MENDES	51	M5054	29	M					AC VERMOIL	00:44:53
272	105	ALEXANDRA PORTELA	43	F3544	5	F					E ATL RUI SILVA	00:44:54
273	555	MARCO MORGADO	34	M2034	77	M					INDIVIDUAL	00:44:56

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.F.E	Sx.	C.	SC1	SC2	SC3	Equipe	Tempo
274	1	JOSE GABRIEL	63	M6099	8	M					C VETERANOS LIS	00:44:59
275	32	MANUEL MOTA	50	M5054	30	M					UFCI TOMAR	00:45:01
276	496	VICTOR FERREIRA	45	M4549	46	M					CROSS LAMINHA	00:45:01
277	359	NARCISO SANTOS	41	M4044	44	M					INDIVIDUAL	00:45:03
278	449	JOSE A DIONISIO	51	M5054	31	M					MULTIFLOW	00:45:04
279	474	FERNANDO CATARINO	44	M4044	45	M					E ATL RUI SILVA	00:45:04
280	674	PAULO COSTA	49	M4549	47	M					OS AMIGOS AVIS	00:45:04
281	14	VITOR ANTUNES	57	M5559	20	M					C VETERANOS LIS	00:45:07
282	583	CARLOS ESTEVES	32	M2034	78	M					INDIVIDUAL	00:45:07
283	630	VITOR PARREIRA	60	M6099	9	M					CA BARREIRA	00:45:07
284	17	MIGUEL SILVA	18	M1819	6	M					UFCI TOMAR	00:45:08
285	488	ALEXANDRA OLIVEIRA	19	F1819	3	F					UDR ZONA ALTA	00:45:10
286	380	RUI A S R ALMEIDA	28	M2034	79	M					INDIVIDUAL	00:45:14
287	338	PAULO GAIAO	41	M4044	46	M					CP ALCANENA	00:45:15
288	668	CARLOS ALBERTO	54	M5054	32	M					GD INE	00:45:17
289	284	VASCO GUEDES	35	M3539	37	M					INDIVIDUAL	00:45:20
290	463	HELDER PEREIRA	33	M2034	80	M					BV BOMBARRAL	00:45:20
291	362	NUNO R AMARAL	37	M3539	38	M					BV BOMBARRAL	00:45:27
292	341	PAULO S FONSECA	49	M4549	48	M					INDIVIDUAL	00:45:29
293	421	RUTE MARTINS	28	F2034	5	F					CA FERREIRA ZEZERE	00:45:32
294	491	BERNARDINO CLEMENTE	48	M4549	49	M					UDR ZONA ALTA	00:45:34
295	600	NORBERTO TRIARS	35	M3539	39	M					UFCI TOMAR	00:45:36
296	141	LUIS SOUSA	41	M4044	47	M					INDIVIDUAL	00:45:37
297	216	LUCAS DELGADO	59	M5559	21	M					GDR ZAMB SERRA	00:45:37
298	548	CELIA CECILIO	40	F3544	6	F					NAPA	00:45:38
299	557	LUCIO S MANUEL	53	M5054	33	M					AM AMOREIRA	00:45:38
300	9	JULIO LOPES	38	M3539	40	M					C VETERANOS LIS	00:45:40
301	370	JORGE CASTRO	49	M4549	50	M					C BENFICA ABRANTES	00:45:43
302	667	VASCO LOURENÇO	44	M4044	48	M					CCD O ALVITEJO	00:45:43
303	152	JOSE C MELO	50	M5054	34	M					RUN 4 FUN	00:45:44
304	547	LUIS MENDES	39	M3539	41	M					NAPA	00:45:44
305	345	ANTONIO NEVES	50	M5054	35	M					AC VERMOIL	00:45:45
306	520	ARSENIO FERNANDES	57	M5559	22	M					INDIVIDUAL	00:45:47
307	666	RUI LIMA	37	M3539	42	M					CCD O ALVITEJO	00:45:51
308	133	ALCIDES NUNES	54	M5054	36	M					OS PERIGOSOS	00:45:52
309	6	JACINTO FERREIRA	56	M5559	23	M					C VETERANOS LIS	00:45:56
310	417	SÍLVIO PAIVA	61	M6099	10	M					GD DAS SERRAS	00:45:58
311	214	JOAO CALÇADA	43	M4044	49	M					GDR ZAMB SERRA	00:46:02
312	287	JOAO TOMAS	58	M5559	24	M					INDIVIDUAL	00:46:03
313	402	JOSE RATO	54	M5054	37	M					CCRD BURINHOSA	00:46:07

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.F.E	Sx.	C.	SC1	SC2	SC3	Equipe	Tempo
314	45	EDUARDO RODRIGUES	43	M4044	50	M					GD O INDEPENDENTE	00:46:11
315	250	LUCIO L D MENDES	55	M5559	25	M					INDIVIDUAL	00:46:15
316	254	ARMINDO QUEIMADO	47	M4549	51	M					ADCSA BALDIO	00:46:20
317	153	ANTONIO M Q RAMOS	44	M4044	51	M					INDIVIDUAL	00:46:22
318	606	BRUNO CAMPANIÇO	28	M2034	81	M					LOCOMOTIVA	00:46:22
319	140	ANTONIO MENDES	51	M5054	38	M					INDIVIDUAL	00:46:23
320	330	ADELINO PEREIRA	46	M4549	52	M					AC VERMOIL	00:46:25
321	572	VITOR CARDEIRA	47	M4549	53	M					GDR FIGUEIRAS	00:46:30
322	78	ISABEL FERNANDES	49	F4599	2	F					CCD O ALVITEJO	00:46:33
323	84	MANUEL MATOS	41	M4044	52	M					CCD O ALVITEJO	00:46:33
324	591	PEDRO C P PATRICIO	58	M5559	26	M					INDIVIDUAL	00:46:33
325	262	CARLOS A A DIAS	47	M4549	54	M					INDIVIDUAL	00:46:35
326	40	JOAO NUNES	18	M1819	7	M					GD O INDEPENDENTE	00:46:36
327	18	JORGE SALDANHA	20	M2034	82	M					UFCI TOMAR	00:46:38
328	453	DANIEL LOURENÇO	39	M3539	43	M					CA BARREIRA	00:46:38
329	538	JOANA OLIVEIRA	18	F1819	4	F					CA RIACHENSE	00:46:40
330	596	FRANCISCO SANTOS	35	M3539	44	M					INDIVIDUAL	00:46:43
331	232	JOSE GARRAFAO	51	M5054	39	M					CLAC	00:46:44
332	165	HIPOLITO M S FERREIRA	48	M4549	55	M					INDIVIDUAL	00:46:46
333	143	MARCO CASEIRO	34	M2034	83	M					VIRA MINI R TEAM	00:46:47
334	57	HENRIQUE ALVAREDO	55	M5559	27	M					C SARGENTO ARMADA	00:46:49
335	365	LUIS EMIDIO	44	M4044	53	M					C BENFICA ABRANTES	00:46:49
336	27	CARLOS SANTOS	46	M4549	56	M					UFCI TOMAR	00:46:51
337	50	MARCELINO FALE	59	M5559	28	M					GD O INDEPENDENTE	00:46:51
338	599	TINA OLIVEIRA	48	F4599	3	F					GD JOANINHAS LEIAO	00:46:51
339	303	NUNO COSTA	23	M2034	84	M					ACR SANTA CITA	00:46:52
340	598	VITOR JORGE	50	M5054	40	M					GD JOANINHAS LEIAO	00:46:53
341	67	MANUEL BAPTISTA	63	M6099	11	M					AA LEBRES SADO	00:46:58
342	264	JOAQUIM M CRUZ	54	M5054	41	M					C BENFICA ALG M	00:46:58
343	185	JOSE L LEAL	36	M3539	45	M					MARINHAIS AC	00:47:02
344	358	ANTÓNIO M LEAL	41	M4044	54	M					MARINHAIS AC	00:47:02
345	386	ANA VIEIRA	45	F4599	4	F					C BENFICA ABRANTES	00:47:07
346	44	JOSE FERNANDES	40	M4044	55	M					GD O INDEPENDENTE	00:47:14
347	473	Mª TERESA A S ABREU	31	F2034	6	F					INDIVIDUAL	00:47:17
348	294	JOSE CRISTÓVAO	37	M3539	46	M					EUROCABE.COM	00:47:19
349	688	ANTONIO RIBEIRO	51	M5054	42	M					GAA VILA FRANCA XIRA	00:47:19
350	257	SERGIO A V LOPES	32	M2034	85	M					INDIVIDUAL	00:47:20
351	378	PAULA RODRIGUES	44	F3544	7	F					C BENFICA ABRANTES	00:47:22
352	293	VASCO LEAL	53	M5054	43	M					INDIVIDUAL	00:47:23
353	326	ACURCIO MARIA	41	M4044	56	M					SC MOITENSE	00:47:23

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.F.E	Sx.	C.	SC1	SC2	SC3	Equipe	Tempo
354	556	SERGIO RAMOS	36	M3539	47	M					INDIVIDUAL	00:47:23
355	155	FRANCISCO FREIRE	33	M2034	86	M					SERRANITOS&FRIENDS	00:47:28
356	94	JOSE SANTOS	56	M5559	29	M					CCD O ALVITEJO	00:47:30
357	275	LUIS LOPES	42	M4044	57	M					INDIVIDUAL	00:47:32
358	558	VENTURA PIRES	57	M5559	30	M					AM AMOREIRA	00:47:32
359	586	ANTONIO REBELO	49	M4549	57	M					RUN 4 FUN	00:47:32
360	124	MANUEL ANTÓNIO	44	M4044	58	M					RAIL RUNNERS	00:47:38
361	487	DANIEL SANTOS	18	M1819	8	M					UDR ZONA ALTA	00:47:38
362	117	DORSAL MASC	43	M4044	59	M					E ATL RUI SILVA	00:47:39
363	574	DIAMANTINO CRUZ	55	M5559	31	M					GDR FIGUEIRAS	00:47:40
364	132	BENTO VALENTE	47	M4549	58	M					OS PERIGOSOS	00:47:42
365	336	DEONILDE COSTA	38	F3544	8	F					AC VERMOIL	00:47:44
366	197	JOAO VEIGA	24	M2034	87	M					RUN 4 FUN	00:47:45
367	118	VALTER M JACINTO	61	M6099	12	M					GD ASSEMPAK	00:47:47
368	595	MANUEL CRUZ	59	M5559	32	M					INDIVIDUAL	00:47:49
369	223	JORGE PAULO	54	M5054	44	M					RUN 4 FUN	00:47:50
370	495	MIRIAM SILVA	29	F2034	7	F					CP EDP LISBOA	00:47:50
371	686	CARLOS RANGEL	59	M5559	33	M					INDIVIDUAL	00:47:51
372	673	JOSE BELCHIOR	61	M6099	13	M					OS PERIGOSOS	00:47:56
373	180	JOAQUIM SANTOS	50	M5054	45	M					A ESTAÇÃO ORTIGA	00:47:57
374	607	MARIO DUARTE	32	M2034	88	M					LOCOMOTIVA	00:47:57
375	614	JORGE VIEIRA	29	M2034	89	M					BV CAXARIAS	00:47:57
376	208	PEDRO ALMEIDA	54	M5054	46	M					INDIVIDUAL	00:47:59
377	458	MAFALDA VITORINO	25	F2034	8	F					BV BOMBARRAL	00:48:06
378	608	JOSE VILA	38	M3539	48	M					LOCOMOTIVA	00:48:07
379	680	MANUEL SARAIVA	52	M5054	47	M					OS AMIGOS AVIS	00:48:07
380	512	NUNO FELICIO	35	M3539	49	M					AM ATIBA	00:48:09
381	618	RODRIGO M S C MARTINS	38	M3539	50	M					EDAC	00:48:10
382	444	ALEXANDRE V MANIES	48	M4549	59	M					INDIVIDUAL	00:48:14
383	51	HENRIQUE LINARES	59	M5559	34	M					GD O INDEPENDENTE	00:48:16
384	121	PEDRO RAMOS	45	M4549	60	M					CP	00:48:19
385	227	JOSE MAGALHAES	45	M4549	61	M					RUN 4 FUN	00:48:20
386	403	VITOR MONTEIRO	45	M4549	62	M					CCRD BURINHOSA	00:48:20
387	545	PEDRO CABECINHAS	35	M3539	51	M					GAU BAJOUCA	00:48:20
388	288	ANA GROZNIK	44	F3544	9	F					RUN 4 FUN	00:48:21
389	605	ANTONIO SILVA	31	M2034	90	M					LOCOMOTIVA	00:48:21
390	49	JORGE NUNES	59	M5559	35	M					GD O INDEPENDENTE	00:48:23
391	149	ANTONIO GUEDES	42	M4044	60	M					AÇOREANA C BANIF	00:48:24
392	416	SILVIO LOPES	50	M5054	48	M					GD DAS SERRAS	00:48:25
393	401	LUIS CONCEIÇÃO	52	M5054	49	M					CCRD BURINHOSA	00:48:27

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.F.E	Sx.	C.	SC1	SC2	SC3	Equipe	Tempo
394	677	CARLOS GONÇALVES	48	M4549	63	M					OS AMIGOS AVIS	00:48:32
395	34	CAROLINA FELIZ	54	F4599	5	F					UFCI TOMAR	00:48:37
396	620	ANTONIO SANTOS	47	M4549	64	M					AC VERMOIL	00:48:39
397	621	RENATO OSORIO	33	M2034	91	M					AC VERMOIL	00:48:40
398	628	LUISA SANTOS	45	F4599	6	F					INDIVIDUAL	00:48:40
399	352	PAULA SILVA	39	F3544	10	F					INDIVIDUAL	00:48:41
400	68	CONSTANTINO MENDAO	53	M5054	50	M					AA LEBRES SADO	00:48:42
401	162	FERNANDO MOUTINHO	42	M4044	61	M					INDIVIDUAL	00:48:43
402	407	MARCO MADEIRA	33	M2034	92	M					LA VAO DE ALMEIRIM	00:48:43
403	210	MANUEL CRUZ	67	M6099	14	M					C PRAÇAS ARMADA	00:48:49
404	269	ANDRE MOTA	36	M3539	52	M					AMCD TITUARIA	00:48:53
405	617	FERNANDO MOURA	51	M5054	51	M					INDIVIDUAL	00:49:01
406	366	MANUEL SILVA	39	M3539	53	M					C BENFICA ABRANTES	00:49:02
407	408	MANUEL RUSSO	62	M6099	15	M					LA VAO DE ALMEIRIM	00:49:02
408	410	CARLOS GARCIA	53	M5054	52	M					LA VAO DE ALMEIRIM	00:49:02
409	225	ANTONIO V OLIVEIRA	55	M5559	36	M					INDIVIDUAL	00:49:03
410	476	JOAO DIAS	47	M4549	65	M					INDIVIDUAL	00:49:05
411	119	JORGE D PINHEIRO	46	M4549	66	M					RUN 4 FUN	00:49:06
412	350	BLANDINA LOURENÇO	33	F2034	9	F					AC VERMOIL	00:49:06
413	670	MIGUEL BASTOS	47	M4549	67	M					GD INE	00:49:06
414	459	MARIO NUNES	41	M4044	62	M					BV BOMBARRAL	00:49:09
415	418	RAFAEL V SANTOS	46	M4549	68	M					METRO 2011	00:49:10
416	28	MANUEL DIAS	46	M4549	69	M					UFCI TOMAR	00:49:14
417	685	JULIO R HENRIQUES	63	M6099	16	M					INDIVIDUAL	00:49:14
418	323	RAUL NEVES	60	M6099	17	M					SC MOITENSE	00:49:15
419	55	FRANCISCO CURTINHA	55	M5559	37	M					C SARGENTO ARMADA	00:49:16
420	399	CARLOS SOARES	45	M4549	70	M					CCRD BURINHOSA	00:49:19
421	53	MAGNIFICA ALVAREDO	58	F4599	7	F					C SARGENTO ARMADA	00:49:22
422	525	RUI CALADO	43	M4044	63	M					OFFTELRUNNERS/JV	00:49:22
423	322	ANTÓNIO PRIMOR	70	M6099	18	M					SC MOITENSE	00:49:23
424	429	RICARDO DUARTE	31	M2034	93	M					CA FERREIRA ZEZERE	00:49:27
425	516	CARLA ADRO	40	F3544	11	F					AM ATIBA	00:49:29
426	544	DIOGO DOMINGUES	19	M1819	9	M					GAU BAJOUCA	00:49:29
427	494	RUI ESTANQUEIRO	36	M3539	54	M					UDR ZONA ALTA	00:49:33
428	554	DAVID CLEMENTE	31	M2034	94	M					POWER RANGERS	00:49:36
429	379	PEDRO FERREIRA	47	M4549	71	M					GDCT UNICRE	00:49:39
430	357	PEDRO BICO	44	M4044	64	M					INDIVIDUAL	00:49:52
431	397	PAULO RAINHO	38	M3539	55	M					CCRD BURINHOSA	00:49:56
432	332	SERGIO SILVA	38	M3539	56	M					AC VERMOIL	00:49:57
433	396	OCTAVIO MARIANO	42	M4044	65	M					CCRD BURINHOSA	00:49:57

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.F.E	Sx.	C.	SC1	SC2	SC3	Equipe	Tempo
434	69	ALVARO GINGADO	56	M5559	38	M					AA LEBRES SADO	00:49:59
435	611	RODOLFO SERRA	30	M2034	95	M					BUE SERRAS	00:50:08
436	682	GILBERTO GONÇALVES	64	M6099	19	M					CR ALVORADA	00:50:08
437	309	PAULO VIEIRA	37	M3539	57	M					INDIVIDUAL	00:50:09
438	524	PAULO J CAETANO	44	M4044	66	M					INDIVIDUAL	00:50:09
439	72	VITOR AGUILAR	62	M6099	20	M					RUN 4 FUN	00:50:13
440	61	PAULO MARCOS	45	M4549	72	M					RUN 4 FUN	00:50:19
441	570	ADRIANO FONTES	55	M5559	39	M					GDR FIGUEIRAS	00:50:20
442	400	TELMO PEDROSO	39	M3539	58	M					CCRD BURINHOSA	00:50:21
443	382	JOSE M SANTOS	57	M5559	40	M					CLAC	00:50:24
444	202	FERNANDO PEREIRA	39	M3539	59	M					GAB FISIO DESPORTO	00:50:30
445	203	INES PEREIRA	41	F3544	12	F					GAB FISIO DESPORTO	00:50:31
446	256	MANUEL MARTINHO	60	M6099	21	M					C FERROV PORTUGAL	00:50:32
447	110	PAULO MENDONÇA	47	M4549	73	M					E ATL RUI SILVA	00:50:40
448	114	LAURA SERRAZINA	31	F2034	10	F					E ATL RUI SILVA	00:50:44
449	671	NUNO ROMAO	45	M4549	74	M					GD INE	00:50:45
450	629	CARLOS GUEDES	57	M5559	41	M					INDIVIDUAL	00:50:46
451	613	PATRICIO GASPAR	22	M2034	96	M					BV CAXARIAS	00:50:47
452	324	ISIDRO SERRA	57	M5559	42	M					SC MOITENSE	00:50:50
453	277	CARLOS SECO	52	M5054	53	M					GD AGUIAS MOITA	00:50:59
454	651	PAULA CARVALHO	36	F3544	13	F					FCR ROSSAO	00:51:01
455	546	ANTONIO P L N FERREIRA	38	M3539	60	M					INDIVIDUAL	00:51:07
456	398	RUI VENTURA	48	M4549	75	M					CCRD BURINHOSA	00:51:13
457	98	JOSE GRILATE	68	M6099	22	M					CCD O ALVITEJO	00:51:21
458	553	MADALENA FONTINHAS	30	F2034	11	F					POWER RANGERS	00:51:25
459	29	PAULO SALDANHA	47	M4549	76	M					UFCI TOMAR	00:51:33
460	530	NUNO M L SILVA	33	M2034	97	M					GDR FIGUEIRAS	00:51:33
461	173	ILDIO CORDEIRO	49	M4549	77	M					VETERANOS	00:51:34
462	575	MARINA FELIX	32	F2034	12	F					GDR FIGUEIRAS	00:51:34
463	615	HELDER SILVA	44	M4044	67	M					BV CAXARIAS	00:51:39
464	171	RUBEN A COSTA	48	M4549	78	M					RUN 4 FUN	00:51:46
465	283	PAULO RAPOSO	40	M4044	68	M					RUN 4 FUN	00:51:46
466	325	JOSE SAPO	63	M6099	23	M					SC MOITENSE	00:51:50
467	279	JOAQUIM M C LIMA	49	M4549	79	M					INDIVIDUAL	00:52:00
468	415	LUIS M R SILVA	37	M3539	61	M					INDIVIDUAL	00:52:00
469	211	AMILCAR COSTA	43	M4044	69	M					INDIVIDUAL	00:52:01
470	395	MARIO J MIRA	46	M4549	80	M					INDIVIDUAL	00:52:01
471	413	ALEXANDRE M C OLIVEIRA	36	M3539	62	M					INDIVIDUAL	00:52:02
472	409	JORGE APOLINARIO	43	M4044	70	M					LA VAO DE ALMEIRIM	00:52:04
473	79	AIDA MARTINS	49	F4599	8	F					CCD O ALVITEJO	00:52:05

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.F.E	Sx.	C.	SC1	SC2	SC3	Equipe	Tempo
474	280	JOAO C T CATATAO	43	M4044	71	M					INDIVIDUAL	00:52:06
475	376	SUSANA ROSA	19	F1819	5	F					C BENFICA ABRANTES	00:52:06
476	192	SERGIO ROSA	20	M2034	98	M					OS MATRECOS	00:52:11
477	590	AVELINO FERNANDES	40	M4044	72	M					INDIVIDUAL	00:52:24
478	656	JOAO LUCAS	48	M4549	81	M					FCR ROSSAO	00:52:26
479	278	JOAO P D RIBEIRO	20	M2034	99	M					INDIVIDUAL	00:52:37
480	59	FERNANDO OLIVEIRA	57	M5559	43	M					C SARGENTO ARMADA	00:52:39
481	255	ANTONIO J M SERRA	53	M5054	54	M					ADCSA BALDIO	00:52:40
482	368	HELIO GODINHO	62	M6099	24	M					C BENFICA ABRANTES	00:52:45
483	388	JORGE PRAZERES	38	M3539	63	M					RUN 4 FUN	00:52:47
484	160	LUIS M N NOGUEIRA	47	M4549	82	M					INDIVIDUAL	00:52:49
485	212	EDUARDO J C BRANCO	34	M2034	100	M					NINHO	00:52:54
486	363	SELMA N GONÇALVES	38	F3544	14	F					INDIVIDUAL	00:52:58
487	249	ANTONIO CRAVEIRO	35	M3539	64	M					INDIVIDUAL	00:53:08
488	245	DOMINGOS MATOS	51	M5054	55	M					FALCOES SELVAGENS	00:53:09
489	43	JOAO DAMAZIO	38	M3539	65	M					GD O INDEPENDENTE	00:53:11
490	285	RAUL J MATOS	44	M4044	73	M					RUN 4 FUN	00:53:13
491	593	SOFIA ROQUETE	27	F2034	13	F					AM ATIBA	00:53:15
492	592	PEDRO BAIÃO	39	M3539	66	M					VIRA MINI R TEAM	00:53:18
493	513	FILIPA COUTINHO	23	F2034	14	F					AM ATIBA	00:53:32
494	75	Mª ANTONIETA SA	45	F4599	9	F					CCD O ALVITEJO	00:53:35
495	131	HELDER VALADAS	32	M2034	101	M					OS PERIGOSOS	00:53:37
496	433	JOAO RAMOS	52	M5054	56	M					INDIVIDUAL	00:53:37
497	101	JOAO P S LIMA	52	M5054	57	M					4 AO KM	00:53:40
498	127	NUNO S MARQUES	45	M4549	83	M					RUN 4 FUN	00:53:40
499	73	ISAAC CARRELO	52	M5054	58	M					CLUBE ANACOM	00:53:46
500	522	FERNANDO JOAO	45	M4549	84	M					CLAC	00:53:55
501	236	JOAO P FERREIRA	36	M3539	67	M					CLAC	00:53:57
502	251	LUISA M C M DIAS	54	F4599	10	F					INDIVIDUAL	00:54:06
503	189	EMÍLIO MIRANDA	47	M4549	85	M					OS MATRECOS	00:54:08
504	134	JOAO F T VEIGAS	32	M2034	102	M					INDIVIDUAL	00:54:09
505	532	RICARDO MOTA	37	M3539	68	M					PRIMOS	00:54:13
506	8	JOSE CORDEIRO	59	M5559	44	M					C VETERANOS LIS	00:54:22
507	472	LUIS F P E ABREU	28	M2034	103	M					INDIVIDUAL	00:54:27
508	517	PAULO M PONTES	36	M3539	69	M					DTA RUNNERS	00:54:30
509	178	DARIO RIBEIRO	28	M2034	104	M					A ESTAÇÃO ORTIGA	00:54:31
510	457	JOAO A F ROSSAS	32	M2034	105	M					BV BOMBARRAL	00:54:37
511	10	MARIANA SILVA	20	F2034	15	F					C VETERANOS LIS	00:54:41
512	610	ISABEL BUE	31	F2034	16	F					BUE SERRAS	00:54:42
513	92	JOSE MAIA	55	M5559	45	M					CCD O ALVITEJO	00:54:43

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.F.E	Sx.	C.	SC1	SC2	SC3	Equipe	Tempo
514	601	JORGE MORGADO	48	M4549	86	M					INDIVIDUAL	00:54:50
515	66	ESTELA GONÇALVES	35	F3544	15	F					AA LEBRES SADO	00:54:52
516	71	PAULO FERNANDES	40	M4044	74	M					AA LEBRES SADO	00:54:52
517	99	HENRIQUE RUAS	72	M6099	25	M					CCD O ALVITEJO	00:55:07
518	147	SANDRA MARTINS	35	F3544	16	F					AÇOREANA C BANIF	00:55:17
519	148	NUNO E SANTO	43	M4044	75	M					AÇOREANA C BANIF	00:55:17
520	364	CARLOS ALFAIATE	59	M5559	46	M					C BENFICA ABRANTES	00:55:17
521	699	EUGENIA CID	41	F3544	17	F					INDIVIDUAL	00:55:22
522	700	ANDRE CID	39	M3539	70	M					INDIVIDUAL	00:55:24
523	182	ELSA DINIS	41	F3544	18	F					A ESTAÇÃO ORTIGA	00:55:29
524	7	JOSE CLARO	67	M6099	26	M					C VETERANOS LIS	00:55:30
525	175	SERGIO DURAO	38	M3539	71	M					A ESTAÇÃO ORTIGA	00:55:31
526	490	CARLOS BATALHA	56	M5559	47	M					UDR ZONA ALTA	00:55:36
527	654	FATIMA ABREU	63	F4599	11	F					FCR ROSSAO	00:55:36
528	206	JOAO F D ANDRADE	33	M2034	106	M					INDIVIDUAL	00:55:39
529	129	ARLINDO MADURO	49	M4549	87	M					INDIVIDUAL	00:55:41
530	430	LUIS ANTUNES	51	M5054	59	M					GA MONSANTO	00:55:45
531	169	LUIS ANASTACIO	28	M2034	107	M					GD IN CASA MOEDA	00:56:06
532	631	JOSE CARREIRA	66	M6099	27	M					C VETERANOS LIS	00:56:06
533	207	ANTONIO GABRIEL	68	M6099	28	M					INDIVIDUAL	00:56:08
534	290	EDMUNDO CARDEIRA	66	M6099	29	M					SMD CANEÇAS	00:56:10
535	164	FILIFE J SILVA	52	M5054	60	M					CA AMIGOS PARQUE	00:56:15
536	265	PATRICIA PEDRO	47	F4599	12	F					C BENFICA ALG M	00:56:17
537	305	ANA I R ALVES	31	F2034	17	F					ACR SANTA CITA	00:56:22
538	529	JOSE M L SILVA	39	M3539	72	M					GDR FIGUEIRAS	00:56:26
539	603	ANTONIO REYES	58	M5559	48	M					GA MONSANTO	00:56:26
540	226	FATIMA OLIVEIRA	51	F4599	13	F					INDIVIDUAL	00:56:34
541	394	ANTONIO SECA	68	M6099	30	M					CA OS PESADOS	00:56:43
542	168	CARLOS ANASTACIO	38	M3539	73	M					GD IN CASA MOEDA	00:56:47
543	204	CARLOS PEREIRA	32	M2034	108	M					GAB FISIO DESPORTO	00:56:49
544	15	VITOR SANTOS	42	M4044	76	M					C VETERANOS LIS	00:56:53
545	306	CLAUDIA I C FILIFE	38	F3544	19	F					ACR SANTA CITA	00:57:03
546	125	JOAO RALHA	53	M5054	61	M					RUN 4 FUN	00:57:09
547	431	FRANCISCO PINHEIRO	57	M5559	49	M					GA MONSANTO	00:57:27
548	648	FERNANDO ROCHA	55	M5559	50	M					INDIVIDUAL	00:57:28
549	130	MARGARIDA GONÇALVES	45	F4599	14	F					RUN 4 FUN	00:57:31
550	448	ANA M P MARQUES	42	F3544	20	F					FALCOES SELVAGENS	00:57:31
551	690	BRUNO OLIVEIRA	26	M2034	109	M					INDIVIDUAL	00:57:37
552	689	MARCIO SILVA	27	M2034	110	M					INDIVIDUAL	00:57:38
553	343	PEDRO RUIVO	38	M3539	74	M					INDIVIDUAL	00:57:42

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.F.E	Sx.	C.	SC1	SC2	SC3	Equipe	Tempo
554	681	MANUELA GONÇALVES	45	F4599	15	F					OS AMIGOS AVIS	00:57:48
555	307	SANDRA I T DINIS	37	F3544	21	F					ACR SANTA CITA	00:57:50
556	514	MARGARIDA SOFIA	19	F1819	6	F					AM ATIBA	00:58:00
557	377	MARGARIDA SILVA	18	F1819	7	F					C BENFICA ABRANTES	00:58:02
558	470	LUIA SANTOS	61	F4599	16	F					CR AMIEIRINHENSE	00:58:13
559	234	JOSE SAPATEIRO	68	M6099	31	M					CLAC	00:58:15
560	333	SILVIA SILVA	42	F3544	22	F					AC VERMOIL	00:58:17
561	174	JOSE MOÇO	49	M4549	88	M					VETERANOS	00:58:25
562	315	PEDRO MM LOPES	20	M2034	111	M					ACR SANTA CITA	00:58:53
563	658	MANUEL TRINDADE	56	M5559	51	M					FCR ROSSAO	00:58:53
564	248	CATARINA FRANCISCO	30	F2034	18	F					INDIVIDUAL	00:59:03
565	406	JULIO PARREIRA	64	M6099	32	M					LA VAO DE ALMEIRIM	00:59:03
566	414	VÍTOR M M FERNANDES	62	M6099	33	M					CALMA	00:59:08
567	471	ISABEL FERNANDES	46	F4599	17	F					CR AMIEIRINHENSE	00:59:15
568	39	ANABELA DOMINGOS	33	F2034	19	F					GD O INDEPENDENTE	00:59:18
569	102	ISADORA B A COSTA	25	F2034	20	F					4 AO KM	00:59:20
570	228	JOSE VENTURA	53	M5054	62	M					INDIVIDUAL	00:59:37
571	664	GORETTI CAPUCHO	45	F4599	18	F					C SARGENTO ARMADA	00:59:46
572	170	HENRIQUE VILHENA	56	M5559	52	M					INDIVIDUAL	01:00:00
573	60	INES FORTE	29	F2034	21	F					RUN 4 FUN	01:00:01
574	76	ELISABETE AGUAS	47	F4599	19	F					CCD O ALVITEJO	01:00:02
575	126	LUIA RALHA	54	F4599	20	F					RUN 4 FUN	01:00:08
576	237	RENATO MARTINS	40	M4044	77	M					CLAC	01:00:27
577	70	MANUEL SEQUEIRA	62	M6099	34	M					AA LEBRES SADO	01:00:31
578	241	JOSE VITAL	49	M4549	89	M					CLAC	01:00:39
579	669	ELSA SOARES	38	F3544	23	F					GD INE	01:00:41
580	652	FATIMA LEITAO	54	F4599	21	F					FCR ROSSAO	01:00:46
581	38	VITOR MARTO	55	M5559	53	M					UFCI TOMAR	01:00:50
582	327	ANABELA MARIA	41	F3544	24	F					SC MOITENSE	01:00:57
583	328	SARA PRIMOR	26	F2034	22	F					SC MOITENSE	01:01:01
584	451	BERNARDO B GONÇALVES	18	M1819	10	M					RUN 4 FUN	01:01:12
585	195	FILIPA BRAS	38	F3544	25	F					RUN 4 FUN	01:01:27
586	196	RUI FARIA	40	M4044	78	M					RUN 4 FUN	01:01:28
587	660	JOAQUIM ARAUJO	68	M6099	35	M					FCR ROSSAO	01:01:29
588	550	ANTONIO J G FARIA	49	M4549	90	M					BTT GATEIRENSE	01:01:42
589	138	Mª AZEVEDO MARTINS	44	F3544	26	F					RUN 4 FUN	01:01:56
590	446	RENATO SANTOS	31	M2034	112	M					INDIVIDUAL	01:02:02
591	52	ANTONIO NUNES	73	M6099	36	M					GD O INDEPENDENTE	01:02:32
592	58	ALBINO GINJA	57	M5559	54	M					C SARGENTO ARMADA	01:02:33
593	412	PAULO A P MEDEIROS	43	M4044	79	M					INDIVIDUAL	01:02:35

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.F.E	Sx.	C.	SC1	SC2	SC3	Equipe	Tempo
594	340	Mª ROSARIO S BARROS	43	F3544	27	F					JUV VIDIGALENSE	01:02:45
595	411	ANTONIO M E CORDA	45	M4549	91	M					INDIVIDUAL	01:02:58
596	534	FATIMA MOURA	41	F3544	28	F					INDIVIDUAL	01:03:17
597	535	ANGELINA FERREIRA	37	F3544	29	F					INDIVIDUAL	01:03:17
598	286	FERNANDA BORGES	53	F4599	22	F					RUN 4 FUN	01:03:33
599	11	NATERCIA CARVALHO	32	F2034	23	F					C VETERANOS LIS	01:03:37
600	342	LIDIA S FONSECA	36	F3544	30	F					INDIVIDUAL	01:03:49
601	653	MADALENA SOUSA	57	F4599	23	F					FCR ROSSAO	01:04:11
602	62	ESMERALDA ALVES	36	F3544	31	F					O MUNDO CORRIDA	01:04:30
603	183	ISABEL SEQUEIRA	48	F4599	24	F					O MUNDO CORRIDA	01:04:31
604	63	ANTONIO PEREIRA	48	M4549	92	M					O MUNDO CORRIDA	01:04:53
605	253	ORLANDO DUARTE	55	M5559	55	M					INDIVIDUAL	01:04:53
606	157	CARLOS P COELHO	51	M5054	63	M					O MUNDO CORRIDA	01:04:54
607	135	ANTONIO ALMEIDA	50	M5054	64	M					INDIVIDUAL	01:04:56
608	144	JOAO SANTOS	34	M2034	113	M					VIRA MINI R TEAM	01:04:58
609	521	ANA P PINTO	49	F4599	25	F					C SARGENTO ARMADA	01:05:20
610	609	CARLOS VITORINO	43	M4044	80	M					C SARGENTO ARMADA	01:05:22
611	604	MARTINHO ROQUE	44	M4044	81	M					INDIVIDUAL	01:05:25
612	74	HELENA PEREIRA	39	F3544	32	F					CCD O ALVITEJO	01:06:04
613	258	Mª FATIMA ALMEIDA	49	F4599	26	F					LINDA A PASTORA S C	01:06:04
614	437	MANUEL VILELA	49	M4549	93	M					ACLIS LIBERTY	01:06:12
615	186	GERARDO ATIENZA	48	M4549	94	M					RUN 4 FUN	01:06:21
616	179	ANTONIO COELHO	73	M6099	37	M					A ESTAÇÃO ORTIGA	01:06:31
617	585	Mª JOAO REBELO	46	F4599	27	F					RUN 4 FUN	01:07:02
618	120	HELENA TELINO	33	F2034	24	F					RUN 4 FUN	01:07:15
619	531	JOSE P S PINTO	34	M2034	114	M					INDIVIDUAL	01:07:34
620	551	ALEXANDRE FERNANDES	37	M3539	75	M					POWER RANGERS	01:08:13
621	552	PATRICIA FERNANDES	34	F2034	25	F					POWER RANGERS	01:08:13
622	392	JOSE C JORGE	64	M6099	38	M					CA OS PESADOS	01:08:23
623	122	CARLA LEITAO	44	F3544	33	F					CP	01:09:46
624	65	ANTONIO PINHO	60	M6099	39	M					AA LEBRES SADO	01:10:14
625	533	TIAGO OLIVEIRA	27	M2034	115	M					PRIMOS	01:11:58
626	213	SÍLVIA R MARTINS	29	F2034	26	F					NINHO	01:12:57
627	154	INES P BARRADAS	33	F2034	27	F					SERRANITOS&FRIENDS	01:17:00
628	675	PAULA COSTA	41	F3544	34	F					OS AMIGOS AVIS	01:17:01
629	156	CLAUDIA RATO	33	F2034	28	F					SERRANITOS&FRIENDS	01:20:26
630	480	JOEL MARQUES	22	M2034	116	M					GA CARANGUEJEIRA	01:29:20
631	354	RAQUEL CATUCHO	28	F2034	29	F					INDIVIDUAL	01:30:31
632	353	MANUEL VEIGAS	35	M3539	76	M					INDIVIDUAL	01:30:32
633	498	MARTA L VEIGAS	33	F2034	30	F					INDIVIDUAL	01:38:38

Coloc. Num. Atleta

Id. Fx.Et. Cl.F.E Sx. C. SC1 SC2 SC3 Equipe

Tempo