

PROVA PRINCIPAL - STAGE 1

10 KM

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
42	476	Alexis Martins	nucleo sportinguista da lourinhã	Senior Masculino	39:26	+06:41	03:57
43	166	MARYAN TERESHKEVYCH	casa povo alcanena	Senior Masculino	39:29	+06:43	03:57
44	281	José Luís Simões	gdsf baleizão	Veterano M60	39:42	+06:56	03:58
45	61	PAULO FERNANDES	c.c.d. "o alvitejo"	Veterano M50	39:44	+06:58	03:58
46	183	Hugo Lopes	centro cívico alferrade de velha	Veterano M40	39:58	+07:13	04:00
47	20	joaquim alexandre	a.m.c.d.tituaría	Veterano M50	40:09	+07:24	04:01
48	210	José Almeida	clac - entroncamento	Veterano M45	40:16	+07:31	04:02
49	646	Pedro Saldanha	união fci de tomar	Senior Masculino	40:24	+07:38	04:02
50	161	ANA PAULA RODRIGUES	casa povo alcanena	Senior Feminino	40:24	+07:38	04:02
51	138	BELARMINO CATROGA	casa do benfica em abrantes	Veterano M40	40:35	+07:49	04:04
52	481	Jorge Sirgado	os matrecos	Veterano M50	40:35	+07:49	04:04
53	318	João Nazaré	individual	Senior Masculino	40:37	+07:52	04:04
54	417	Francisco José Mira Gaio	individual	Veterano M55	40:43	+07:57	04:04
55	483	João Machado	os matrecos	Veterano M55	40:52	+08:06	04:05
56	322	Luis Miguel Bartolomeu Fernandes	individual	Senior Masculino	41:00	+08:14	04:06
57	391	Rui Inês	individual	Veterano M45	41:00	+08:15	04:06
58	444	João Paixão	napa	Veterano M45	41:01	+08:16	04:06
59	445	Luis Mendes	napa	Veterano M45	41:01	+08:16	04:06
60	474	Joaquim Santos	núcleo sporting c p em torres novas (nstm)	Veterano M45	41:05	+08:19	04:07
61	173	Nuno Rosa	ccd crédito agrícola mútuo	Veterano M40	41:05	+08:20	04:07
62	327	Sérgio Filipe Santos Amado	individual	Senior Masculino	41:10	+08:24	04:07
63	146	PAULO MARTINS	casa do benfica em abrantes	Veterano M45	41:12	+08:26	04:07
64	213	Abreu Moura	clac - entroncamento	Veterano M60	41:19	+08:33	04:08
65	317	Gonçalo Fernandes	individual	Senior Masculino	41:21	+08:35	04:08
66	251	Rafael Pinto	clube desportivo moitense	Junior Masculino	41:24	+08:38	04:08
67	32	HELDER MIRANDA	ac vermeil	Veterano M40	41:24	+08:38	04:08
68	252	Nuno Jorge	clube desportivo moitense	Veterano M40	41:24	+08:39	04:08
69	53	Rodolfo Serra	bué da serra	Veterano M35	41:26	+08:40	04:09
70	150	VITOR MARQUES	casa do benfica em abrantes	Veterano M55	41:31	+08:45	04:09
71	264	Jose Borges	clube futebol os belenenses	Veterano M55	41:36	+08:50	04:10
72	164	HUGO TOMÁS	casa povo alcanena	Senior Masculino	41:38	+08:52	04:10
73	185	Julio Cruz	centro cívico alferrade de velha	Veterano M40	41:46	+09:01	04:11
74	65	VÍTOR GOMES	c.c.d. "o alvitejo"	Veterano M60	41:50	+09:04	04:11
75	314	Dino Bento	individual	Senior Masculino	41:51	+09:05	04:11
76	178	Hugo Coutinho	centro cívico alferrade de velha	Senior Masculino	42:02	+09:16	04:12
77	149	JOSÉ SILVA	casa do benfica em abrantes	Veterano M55	42:09	+09:24	04:13
78	398	Avelino Machado Alves	individual	Veterano M50	42:12	+09:26	04:13
79	179	Márcio Andrade	centro cívico alferrade de velha	Senior Masculino	42:14	+09:28	04:13
80	273	PAULO PALMA	dream runners évara	Veterano M55	42:19	+09:33	04:14
81	654	Jorge Lercas	união fci de tomar	Veterano M50	42:22	+09:36	04:14
82	387	Nelson Teló	individual	Veterano M45	42:23	+09:37	04:14
83	17	Carlos Duro	a.d.r águas belas	Veterano M60	42:24	+09:39	04:15
84	382	Julio vicente	individual	Veterano M45	42:25	+09:39	04:15
85	470	Pedro Marques	núcleo sporting c p em torres novas (nstm)	Senior Masculino	42:26	+09:40	04:15

PROVA PRINCIPAL - STAGE 1**10 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
86	126	Cláudio Mariano	casa do benfica em abrantes	Senior Masculino	42:33	+09:47	04:15
87	582	ANTOINE GODINHO	u.d.r.zona alta	Veterano M40	42:36	+09:50	04:16
88	70	ANÍBAL GODINHO	caracol trail team	Veterano M55	42:39	+09:54	04:16
89	360	Celso Nunes	individual	Veterano M40	42:43	+09:58	04:16
90	69	Carlos França	cad a correr	Veterano M40	42:44	+09:59	04:16
91	638	António Costa	união fci de tomar	Junior Masculino	42:45	+09:59	04:17
92	655	José Fonseca	união fci de tomar	Veterano M50	42:45	+09:59	04:17
93	482	José Guimas	os matrecos	Veterano M50	43:00	+10:15	04:18
94	647	Ricardo Saldanha	união fci de tomar	Senior Masculino	43:05	+10:20	04:19
95	215	Pedro Falcão	clube atletismo de marinha grande	Veterano M40	43:09	+10:23	04:19
96	135	ANGELO ALEXANDRE	casa do benfica em abrantes	Veterano M35	43:18	+10:32	04:20
97	344	Bruno Miguel Fernandes do Carmo	individual	Veterano M35	43:20	+10:34	04:20
98	565	Andre Santos	team santos trail running	Senior Masculino	43:21	+10:36	04:20
99	313	David Machado Gones	individual	Senior Masculino	43:22	+10:36	04:20
100	649	Filipa Moutinho	união fci de tomar	Veterana F35	43:26	+10:41	04:21
101	469	Micael Agostinho	núcleo sporting c p em torres novas (nsth)	Senior Masculino	43:55	+11:09	04:24
102	71	Joaquim Teixeira	caracol trail team	Veterano M60	43:56	+11:11	04:24
103	35	VITOR LOPES	ac vermoil	Veterano M50	44:01	+11:16	04:24
104	28	LILIANA NEVES	ac vermoil	Veterana F35	44:05	+11:20	04:25
105	350	João Lobato	individual	Veterano M35	44:07	+11:21	04:25
106	258	Leonel Rodrigues	clube desportivo moitense	Veterano M60	44:08	+11:22	04:25
107	130	Francisco Martins	casa do benfica em abrantes	Veterano M45	44:09	+11:23	04:25
108	402	Fernando Marques	individual	Veterano M50	44:14	+11:28	04:25
109	321	João Proença	individual	Senior Masculino	44:14	+11:29	04:25
110	427	Estevão Lopes Silva Ribeiro	individual	Veterano M60	44:16	+11:30	04:26
111	553	Leila Semedo	sporting clube de portugal	Junior Feminino	44:17	+11:31	04:26
112	443	Célia Cecilio	napa	Veterana F45	44:28	+11:42	04:27
113	174	Rui Moreira	ccd crédito agrícola mútuo	Veterano M45	44:32	+11:46	04:27
114	651	Carolina Feliz	união fci de tomar	Veterana F45	44:39	+11:53	04:28
115	418	JOÃO MANUEL DE SOUSA ROSADO	individual	Veterano M55	44:42	+11:56	04:28
116	330	Tiago Gonçalves	individual	Senior Masculino	44:46	+12:00	04:29
117	368	José Manuel Carola	individual	Veterano M40	44:47	+12:01	04:29
118	378	Francisco Silva	individual	Veterano M45	44:51	+12:05	04:29
119	159	David Marques	casa do benfica portalegre	Veterano M35	44:53	+12:08	04:29
120	415	António Manuel de Oliveira Leitão	individual	Veterano M55	45:06	+12:21	04:31
121	31	NELSON FERREIRA	ac vermoil	Veterano M35	45:10	+12:24	04:31
122	131	MARKETA MARTINS	casa do benfica em abrantes	Veterana F40	45:12	+12:26	04:31
123	177	Gonçalo Bernardo	centro cívico alfarrerede velha	Senior Masculino	45:14	+12:29	04:31
124	256	Antonio Ferrera	clube desportivo moitense	Veterano M60	45:17	+12:32	04:32
125	279	ANTONIO CARVALHO	figueira kayak clube	Veterano M60	45:20	+12:34	04:32
126	472	Vera Santos	núcleo sporting c p em torres novas (nsth)	Veterana F35	45:20	+12:35	04:32
127	355	Rui Matos	individual	Veterano M35	45:22	+12:36	04:32
128	140	PEDRO ALFAIATE	casa do benfica em abrantes	Veterano M40	45:23	+12:37	04:32

PROVA PRINCIPAL - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
173	430	José Luís Lopes Sequeira	individual	Veterano M60	48:47	+16:01	04:53
174	255	Adriano Fonte	clube desportivo moitense	Veterano M60	48:52	+16:07	04:53
175	358	Artur Gonçalves	individual	Veterano M40	48:53	+16:08	04:53
176	18	filipe branco	a.m.c.d.titularia	Veterano M45	48:55	+16:10	04:54
177	316	Filipe Oliveira	individual	Senior Masculino	49:00	+16:14	04:54
178	268	Antonio santos	correr lisboa	Veterano M60	49:03	+16:18	04:54
179	36	EUGÉNIO MENDES	ac vermoil	Veterano M55	49:05	+16:19	04:55
180	308	Joana Teixeira	individual	Senior Feminino	49:07	+16:21	04:55
181	373	Miguel Matias	individual	Veterano M40	49:09	+16:23	04:55
182	351	Miguel Chambel	individual	Veterano M35	49:10	+16:24	04:55
183	356	Vitor Almeida	individual	Veterano M35	49:10	+16:24	04:55
184	64	JOSÉ MARQUES	c.c.d. "o alvitejo"	Veterano M60	49:14	+16:28	04:55
185	375	Paulo Vieira	individual	Veterano M40	49:15	+16:29	04:56
186	326	Renato Serra	individual	Senior Masculino	49:15	+16:30	04:56
187	270	Clélia Conceição	os matrecos	Veterana F45	49:18	+16:32	04:56
188	307	Inês Santos	individual	Senior Feminino	49:19	+16:33	04:56
189	134	ALICE SILVA	casa do benfica em abranes	Veterana F45	49:22	+16:37	04:56
190	30	SARA DOMINGUES	ac vermoil	Veterana F40	49:28	+16:42	04:57
191	269	Pascoal Oliveira	cscrfcharneca	Veterano M45	49:35	+16:49	04:58
192	55	Miguel Barradas	c ao cubo	Veterano M35	49:38	+16:53	04:58
193	117	LUÍS DIAS	casa do benfica em abranes	Junior Masculino	49:42	+16:57	04:58
194	383	Luis do Vale	individual	Veterano M45	49:45	+16:59	04:59
195	353	Ricardo Miguel Brizado Pereira	individual	Veterano M35	49:49	+17:03	04:59
196	441	André Martins	manos martins	Veterano M35	49:49	+17:04	04:59
197	393	Andre Laborinho	individual	Veterano M50	49:51	+17:06	04:59
198	488	José Mariquitos	os últimos	Veterano M55	49:56	+17:10	05:00
199	257	Diamantino Cruz	clube desportivo moitense	Veterano M60	49:56	+17:10	05:00
200	333	Laura Paulos	individual	Veterana F35	50:01	+17:15	05:00
201	278	Vitor Santos	escola atletismo cartaxo	Veterano M55	50:01	+17:15	05:00
202	274	Suzete Silva	escola atletismo cartaxo	Veterana F45	50:01	+17:16	05:00
203	275	Jorge Garradas	escola atletismo cartaxo	Veterano M40	50:01	+17:16	05:00
204	277	Fernando Garção	escola atletismo cartaxo	Veterano M55	50:02	+17:16	05:00
205	489	Germano Bernardo	prazer da corrida	Veterano M60	50:03	+17:18	05:00
206	408	Miguel Bastos	individual	Veterano M50	50:05	+17:19	05:01
207	401	Daniel Carlos correia guerra	individual	Veterano M50	50:10	+17:24	05:01
208	186	Manuel Silva	centro cívico alferrarede velha	Veterano M45	50:19	+17:34	05:02
209	672	David Silverio	individual	Senior Masculino	50:22	+17:36	05:02
210	254	Alberto Vinagre	clube desportivo moitense	Veterano M55	50:23	+17:38	05:02
211	287	LÚCIO SERRA	grupo luís rodrigues - montalvo atletics	Veterano M55	50:24	+17:39	05:02
212	172	Gonçalo Freitas	cod crédito agrícola mútuo	Veterano M35	50:25	+17:40	05:03
213	334	Virginia Margarida Sintra Nogueira	individual	Veterana F35	50:31	+17:45	05:03
214	320	Joao Pinto	individual	Senior Masculino	50:36	+17:50	05:04
215	329	Tiago	individual	Senior Masculino	50:36	+17:51	05:04
216	211	José Garrafão	clac - entroncamento	Veterano M55	50:56	+18:10	05:06
217	673	Luis Nogueira	individual	Veterano M50	50:56	+18:10	05:06

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

31	141	TELMO SANTOS	CASA DO BENFICA EM ABRANTES	Veterano M40	51:54	+19:09	05:11
32	371	Mário Lima	Individual	Veterano M40	51:56	+19:10	05:12
33	365	João Paulo de Oliveira Jacinto	Individual	Veterano M40	52:08	+19:22	05:13
34	369	Manuel Gomes	Individual	Veterano M40	56:01	+23:16	05:36
35	666	Nuno Pinela	Individual	Veterano M40	57:41	+24:55	05:46
36	374	Nuno António	Individual	Veterano M40	58:26	+25:40	05:51
37	250	João Tó	clube desportivo em movimento	Veterano M40	59:22	+26:36	05:56
38	376	Telmo Marques	Individual	Veterano M40	59:43	+26:57	05:58
39	364	João Calado	Individual	Veterano M40	01:04:42	+31:57	06:28

Veterano M45

1	664	Nuno Romão	GFD Running	Veterano M45	35:30	+02:44	03:33
2	34	PEDRO FERREIRA	AC VERMOIL	Veterano M45	36:08	+03:22	03:37
3	145	LUIZ MOTA	CASA DO BENFICA EM ABRANTES	Veterano M45	36:53	+04:07	03:41
4	669	Rui Galinha	Nucleo Sportinguista da Golegã	Veterano M45	36:54	+04:08	03:41
5	144	JORGE CORREIA	CASA DO BENFICA EM ABRANTES	Veterano M45	37:46	+05:00	03:47
6	142	ARTUR PAIS	CASA DO BENFICA EM ABRANTES	Veterano M45	37:47	+05:01	03:47
7	23	José Figueira	AC Batalha	Veterano M45	37:56	+05:11	03:48
8	653	Juvenal Silva	UNIÃO FCI DE TOMAR	Veterano M45	38:26	+05:40	03:51
9	210	José Almeida	CLAC - ENTRONCAMENTO	Veterano M45	40:16	+07:31	04:02
10	391	Rui Inês	Individual	Veterano M45	41:00	+08:15	04:06
11	444	João Paixão	NAPA	Veterano M45	41:01	+08:16	04:06
12	445	Luis Mendes	NAPA	Veterano M45	41:01	+08:16	04:06
13	474	Joaquim Santos	Núcleo Sporting C P em Torres Novas (NSTN)	Veterano M45	41:05	+08:19	04:07
14	146	PAULO MARTINS	CASA DO BENFICA EM ABRANTES	Veterano M45	41:12	+08:26	04:07
15	387	Nelson Teló	Individual	Veterano M45	42:23	+09:37	04:14
16	382	Julio vicente	Individual	Veterano M45	42:25	+09:39	04:15
17	130	Francisco Martins	CASA DO BENFICA EM ABRANTES	Veterano M45	44:09	+11:23	04:25
18	174	Rui Moreira	CCD Crédito Agrícola Mútuo	Veterano M45	44:32	+11:46	04:27
19	378	Francisco Silva	Individual	Veterano M45	44:51	+12:05	04:29
20	390	Paulo Rodrigues	Individual	Veterano M45	45:34	+12:48	04:33
21	253	Ricardo Vicente	clube desportivo moitense	Veterano M45	45:57	+13:11	04:36
22	583	JORGE FORMIGA	U.D.R.ZONA ALTA	Veterano M45	46:47	+14:01	04:41
23	271	Carlos Miguel	Desgastam Montanhas	Veterano M45	47:16	+14:30	04:44
24	381	Jorge pimpao	Individual	Veterano M45	48:29	+15:43	04:51
25	18	filipe branco	a.m.c.d.tituarria	Veterano M45	48:55	+16:10	04:54
26	269	Pascoal Oliveira	cscrffcharneca	Veterano M45	49:35	+16:49	04:58
27	383	Luis do Vale	Individual	Veterano M45	49:45	+16:59	04:59
28	186	Manuel Silva	centro cívico alferrarede velha	Veterano M45	50:19	+17:34	05:02
29	564	António Cardoso	Taebaek Triângulo Taekwondo	Veterano M45	51:26	+18:40	05:09

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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30	379	João Luis Geada Gonçalves	Individual	Veterano M45	51:41	+18:56	05:10
31	384	Luis Leitao	Individual	Veterano M45	52:17	+19:31	05:14
32	386	Nelson Barreiros	Individual	Veterano M45	54:24	+21:38	05:26
33	389	Paulo Oliveira	Individual	Veterano M45	55:04	+22:18	05:30
34	59	Mário Salgueiro	C.A.S.P.A. - Clube Amador Só Para Atletismo	Veterano M45	55:48	+23:03	05:35
35	7	Vitor Gonçalves	4 ao Km	Veterano M45	56:09	+23:23	05:37
36	388	Paulo António Pais Medeiros	Individual	Veterano M45	59:30	+26:44	05:57
37	286	JORGE FILIPE	GRUPO DESPORTIVO E RECREATIVO MANIQUE DE CIMA	Veterano M45	01:00:41	+27:56	06:04
38	143	DANIEL SIMÕES	CASA DO BENFICA EM ABRANTES	Veterano M45	01:06:04	+33:18	06:36

Veterano M50

1	395	António Ferreira	Individual	Veterano M50	36:30	+03:44	03:39
2	147	JOSÉ DURÃO	CASA DO BENFICA EM ABRANTES	Veterano M50	37:20	+04:34	03:44
3	276	Gabriel Alves	Escola Atletismo Cartaxo	Veterano M50	38:15	+05:30	03:50
4	167	JOÃO LUIS	CASA POVO ALCANENA	Veterano M50	38:32	+05:46	03:51
5	61	PAULO FERNANDES	C.C.D. "O ALVITEJO"	Veterano M50	39:44	+06:58	03:58
6	20	joaquim alexandre	a.m.c.d.titularia	Veterano M50	40:09	+07:24	04:01
7	481	Jorge Sirgado	OS MATRECOS	Veterano M50	40:35	+07:49	04:04
8	398	Avelino Machado Alves	Individual	Veterano M50	42:12	+09:26	04:13
9	654	Jorge Lercas	UNIÃO FCI DE TOMAR	Veterano M50	42:22	+09:36	04:14
10	655	José Fonseca	UNIÃO FCI DE TOMAR	Veterano M50	42:45	+09:59	04:17
11	482	José Guimas	OS MATRECOS	Veterano M50	43:00	+10:15	04:18
12	35	VITOR LOPES	AC VERMOIL	Veterano M50	44:01	+11:16	04:24
13	402	Fernando Marques	Individual	Veterano M50	44:14	+11:28	04:25
14	567	Jorge Santos	Team Santos Trail Running	Veterano M50	45:46	+13:00	04:35
15	403	João Calouro	Individual	Veterano M50	45:53	+13:08	04:35
16	479	Duarte Antunes	OS MATRECOS	Veterano M50	46:06	+13:20	04:37
17	411	Pedro Ramos	Individual	Veterano M50	46:34	+13:48	04:39
18	392	Albino de Jesus Tavares Vicente	Individual	Veterano M50	47:03	+14:17	04:42
19	412	Rui Oliveira	Individual	Veterano M50	47:27	+14:41	04:45
20	406	Joaquim Vieira	Individual	Veterano M50	47:52	+15:06	04:47
21	396	António Manuel Queimado Ramos	Individual	Veterano M50	47:55	+15:10	04:48
22	393	Andre Laborinho	Individual	Veterano M50	49:51	+17:06	04:59
23	408	Miguel Bastos	Individual	Veterano M50	50:05	+17:19	05:01
24	401	Daniel Carlos correia guerra	Individual	Veterano M50	50:10	+17:24	05:01
25	673	Luis Nogueira	Individual	Veterano M50	50:56	+18:10	05:06
26	674	Jaime Figueiredo	Individual	Veterano M50	51:18	+18:33	05:08
27	437	João Paulo Almeida	Kaninos	Veterano M50	51:42	+18:57	05:10
28	263	luis manuel da silva carvalho dos santos	CLUBE ESTRELA VERDE	Veterano M50	51:58	+19:13	05:12
29	19	joão alves	a.m.c.d.titularia	Veterano M50	52:00	+19:15	05:12
30	410	PEDRO BICO	Individual	Veterano M50	53:12	+20:26	05:19

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Prova Principal

10 KM

OFFICIAL RESULT

31	400	Carlos Vitorino	Individual	Veterano M50	53:46	+21:00	05:23
32	449	Lucas maro	Núcleo de Santa Margarida - Liga dos Combatentes	Veterano M50	54:24	+21:38	05:26
33	399	Carlos Alberto Amaral Dias	Individual	Veterano M50	55:22	+22:36	05:32
34	448	Lavado	Núcleo de Santa Margarida - Liga dos Combatentes	Veterano M50	55:23	+22:38	05:32
35	480	Emílio Miranda	OS MATRECOS	Veterano M50	55:37	+22:51	05:34
36	404	João Manuel de Campos Resende	Individual	Veterano M50	57:18	+24:32	05:44
37	413	Valter Teixeira	Individual	Veterano M50	57:55	+25:09	05:48
38	41	Joaquim Aperta	Aperta4Run	Veterano M50	58:41	+25:55	05:52
39	42	Luis Filipe Mendes Gonçalves	Aperta4Run	Veterano M50	58:41	+25:56	05:52
40	394	António Corda	Individual	Veterano M50	59:30	+26:44	05:57
41	397	antonio ribeiro	Individual	Veterano M50	59:52	+27:07	05:59
42	409	Paulo Almeida	Individual	Veterano M50	01:01:52	+29:06	06:11
43	407	Manuel Nobre Baptista	Individual	Veterano M50	01:03:37	+30:51	06:22
44	62	VÍTOR RODRIGUES	C.C.D. "O ALVITEJO"	Veterano M50	01:04:25	+31:39	06:27
45	67	RICARDO BAPTISTA	C.C.D.de PORTO MENDO	Veterano M50	01:07:03	+34:17	06:42
46	438	MÁRIO RUI SOARES SANTIAGO	Kaninos	Veterano M50	01:18:38	+45:52	07:52

Veterano M55

1	56	José Simão Santos	C R Amieirinhense	Veterano M55	38:19	+05:33	03:50
2	656	Luís Rodrigo	UNIÃO FCI DE TOMAR	Veterano M55	39:09	+06:24	03:55
3	417	Francisco José Mira Gaio	Individual	Veterano M55	40:43	+07:57	04:04
4	483	João Machado	OS MATRECOS	Veterano M55	40:52	+08:06	04:05
5	150	VITOR MARQUES	CASA DO BENFICA EM ABRANTES	Veterano M55	41:31	+08:45	04:09
6	264	Jose Borges	Clube Futebol Os Belenenses	Veterano M55	41:36	+08:50	04:10
7	149	JOSÉ SILVA	CASA DO BENFICA EM ABRANTES	Veterano M55	42:09	+09:24	04:13
8	273	PAULO PALMA	DREAM RUNNERS ÉVORA	Veterano M55	42:19	+09:33	04:14
9	70	ANÍBAL GODINHO	Caracol Trail Team	Veterano M55	42:39	+09:54	04:16
10	418	JOÃO MANUEL DE SOUSA ROSADO	Individual	Veterano M55	44:42	+11:56	04:28
11	415	António Manuel de Oliveira Leitão	Individual	Veterano M55	45:06	+12:21	04:31
12	187	Antonio Costa	centro cívico alferrarede velha	Veterano M55	46:17	+13:32	04:38
13	484	José Duarte	OS MATRECOS	Veterano M55	46:19	+13:33	04:38
14	423	Paulo Fonseca	Individual	Veterano M55	47:30	+14:44	04:45
15	485	José Mota	OS MATRECOS	Veterano M55	47:55	+15:09	04:48
16	36	EUGÉNIO MENDES	AC VERMOIL	Veterano M55	49:05	+16:19	04:55
17	488	José Mariquitos	OS Últimos	Veterano M55	49:56	+17:10	05:00
18	278	Vitor Santos	Escola Atletismo Cartaxo	Veterano M55	50:01	+17:15	05:00
19	277	Fernando Garção	Escola Atletismo Cartaxo	Veterano M55	50:02	+17:16	05:00
20	254	Alberto Vinagre	clube desportivo moitense	Veterano M55	50:23	+17:38	05:02
21	287	LÚCIO SERRA	GRUPO LUÍS RODRIGUES - MONTALVO ATHLETICS	Veterano M55	50:24	+17:39	05:02
22	211	José Garrafão	CLAC - ENTRONCAMENTO	Veterano M55	50:56	+18:10	05:06
23	420	Jorge Oliveira	Individual	Veterano M55	52:08	+19:22	05:13
24	212	Leonel Campos	CLAC - ENTRONCAMENTO	Veterano M55	52:27	+19:42	05:15

Prova Principal

10 KM

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OFFICIAL RESULT

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25	450	Botas	Núcleo de Santa Margarida - Liga dos Combatentes	Veterano M55	53:31	+20:45	05:21
26	21	gabriel antonio	a.m.c.d.tituaria	Veterano M55	53:33	+20:47	05:21
27	414	Amável luz	Individual	Veterano M55	55:14	+22:28	05:31
28	421	José Luciano Ramos	Individual	Veterano M55	55:33	+22:48	05:33
29	560	Fernando Jose Santos Alves	SSCGD	Veterano M55	55:40	+22:54	05:34
30	8	João Lima	4 ao Km	Veterano M55	56:09	+23:23	05:37
31	416	Fernando Manuel de Jesus Santos	Individual	Veterano M55	59:55	+27:09	06:00
32	422	Jose Ventura	Individual	Veterano M55	01:00:40	+27:54	06:04

Veterano M60

1	281	José Luís Simões	GDSF Baleizão	Veterano M60	39:42	+06:56	03:58
2	213	Abreu Moura	CLAC - ENTRONCAMENTO	Veterano M60	41:19	+08:33	04:08
3	65	VÍTOR GOMES	C.C.D. "O ALVITEJO"	Veterano M60	41:50	+09:04	04:11
4	17	Carlos Duro	A.D.R Águas Belas	Veterano M60	42:24	+09:39	04:15
5	71	Joaquim Teixeira	Caracol Trail Team	Veterano M60	43:56	+11:11	04:24
6	258	Leonel Rodrigues	clube desportivo moitense	Veterano M60	44:08	+11:22	04:25
7	427	Estevão Lopes Silva Ribeiro	Individual	Veterano M60	44:16	+11:30	04:26
8	256	Antonio Ferrera	clube desportivo moitense	Veterano M60	45:17	+12:32	04:32
9	279	ANTONIO CARVALHO	Figueira Kayak Clube	Veterano M60	45:20	+12:34	04:32
10	259	Mario Duarte	clube desportivo moitense	Veterano M60	45:25	+12:40	04:33
11	151	ANTÓNIO MARTINS	CASA DO BENFICA EM ABRANTES	Veterano M60	45:27	+12:42	04:33
12	424	António Matias	Individual	Veterano M60	46:39	+13:53	04:40
13	657	António Serafim	UNIÃO FCI DE TOMAR	Veterano M60	47:32	+14:46	04:45
14	72	Joaquim Pessoa	Casa do Benfica de Condeixa	Veterano M60	47:34	+14:48	04:45
15	429	Henrique Dias	Individual	Veterano M60	48:25	+15:40	04:51
16	37	ALFREDO SANTOS	AC VERMOIL	Veterano M60	48:34	+15:49	04:51
17	153	NUNO MARQUES	CASA DO BENFICA EM ABRANTES	Veterano M60	48:36	+15:50	04:52
18	430	José Luís Lopes Sequeira	Individual	Veterano M60	48:47	+16:01	04:53
19	255	Adriano Fonte	clube desportivo moitense	Veterano M60	48:52	+16:07	04:53
20	268	Antonio santos	CORRER LISBOA	Veterano M60	49:03	+16:18	04:54
21	64	JOSÉ MARQUES	C.C.D. "O ALVITEJO"	Veterano M60	49:14	+16:28	04:55
22	257	Diamantino Cruz	clube desportivo moitense	Veterano M60	49:56	+17:10	05:00
23	489	Germano Bernardo	Prazer da Corrida	Veterano M60	50:03	+17:18	05:00
24	431	Lucio Mendes	Individual	Veterano M60	51:23	+18:37	05:08
25	425	Carlos Guedes	Individual	Veterano M60	51:38	+18:52	05:10
26	262	Albano Ginja	CLUBE DO SARGENTO DA ARMADA	Veterano M60	53:46	+21:00	05:23
27	433	Malcolm Paul Barber	Individual	Veterano M60	53:50	+21:05	05:23
28	68	Antonio major	C.C.D.de PORTO MENDO	Veterano M60	54:43	+21:57	05:28
29	434	MANUEL GRACIO	Individual	Veterano M60	55:30	+22:44	05:33
30	478	Diogo Arraias	Os Arraias	Veterano M60	57:48	+25:02	05:47
31	280	Manuel Sequeira	G.D.C.T. Repsol Polímeros	Veterano M60	01:01:25	+28:40	06:09
32	283	Vítor Manuel Medeiros Fernandes	GoodWay	Veterano M60	01:01:38	+28:52	06:10

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Prova Principal

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OFFICIAL RESULT

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33	432	Luís Barroso	Individual	Veterano M60	01:02:35	+29:49	06:16
34	658	Vitor Marto	UNIÃO FCI DE TOMAR	Veterano M60	01:04:06	+31:20	06:25
35	440	Henrique Vilhena	LisRunning CPA	Veterano M60	01:04:26	+31:40	06:27
36	487	José Peixoto	OS MATRECOS	Veterano M60	01:08:53	+36:07	06:53
37	170	Joaquim Cruz	CBAMM	Veterano M60	01:08:54	+36:08	06:53
38	148	António Coelho	CASA DO BENFICA EM ABRANTES	Veterano M60	01:13:57	+41:12	07:24
39	451	JOÃO GRAÇA	NUCLEO DESPORTIVO AUTOCOOPE	Veterano M60	01:21:29	+48:43	08:09