

| Lugar | Dorsal | Nome | Equipa | Tempo | Diferença |
|-------|--------|-------------------|---|--------------|--------------|
| 1 | 612 | Norberto Loureiro | Lamego Parente | 01:12:35.820 | 00:00:00.000 |
| 2 | 657 | Jaime Ribeiro | Linces Do Marão | 01:18:34.333 | 00:05:58.513 |
| 3 | 668 | Hugo Nunes | Quinta Da Pacheca Cycling Club | 01:21:13.590 | 00:08:37.770 |
| 4 | 552 | Nuno Moreira | Lamego Tribo Runners | 01:23:30.593 | 00:10:54.773 |
| 5 | 627 | Carlos Magalhães | Ctoe | 01:24:27.600 | 00:11:51.780 |
| 6 | 675 | Gabriel Faceira | Linces Do Marão | 01:24:29.850 | 00:11:54.030 |
| 7 | 539 | José Nunes | Lamego Parente | 01:25:26.347 | 00:12:50.527 |
| 8 | 520 | António Lourenço | Fireman Bombi Challenge | 01:25:47.853 | 00:13:12.033 |
| 9 | 606 | Paulo Cosme | Lamego Tribo Runners | 01:26:21.350 | 00:13:45.530 |
| 10 | 672 | Luis Fonseca | Ctoe | 01:26:35.603 | 00:13:59.783 |
| 11 | 553 | Vitor Cardoso | Lamego Tribo Runners | 01:26:47.603 | 00:14:11.783 |
| 12 | 593 | Filipe Santos | Monges Do Varosa | 01:27:36.607 | 00:15:00.787 |
| 13 | 670 | Mário Rodrigues | G.D.R.-Granja-Trutas Do Mau- Castro Daire | 01:29:39.860 | 00:17:04.040 |
| 14 | 682 | Paulo Monteiro | Individual | 01:29:59.110 | 00:17:23.290 |
| 15 | 686 | João Monteiro | Individual | 01:29:59.360 | 00:17:23.540 |
| 16 | 653 | Joel Paiva | Lamego Tribo Runners | 01:30:20.610 | 00:17:44.790 |
| 17 | 656 | Rémi Ferreira | Linces Do Marão | 01:30:20.867 | 00:17:45.047 |
| 18 | 664 | Pedro Ferreira | Centro Trail Carlos Sá Team Penacova | 01:30:34.113 | 00:17:58.293 |
| 19 | 623 | Henrique Carvalho | Karate Runners | 01:30:39.110 | 00:18:03.290 |
| 20 | 532 | Rui Pinto | Individual | 01:31:24.110 | 00:18:48.290 |
| 21 | 521 | Ezequiel Reis | Individual | 01:32:52.867 | 00:20:17.047 |
| 22 | 523 | Mónica Amorim | Individual | 01:32:52.867 | 00:20:17.047 |
| 23 | 592 | Rui Correia | Monges Do Varosa | 01:34:43.367 | 00:22:07.547 |
| 24 | 599 | Patrícia Ferreira | Futebol Clube Penafiel | 01:37:42.877 | 00:25:07.057 |
| 25 | 596 | Marina Teles | Futebol Clube Penafiel | 01:38:06.627 | 00:25:30.807 |
| 26 | 617 | Sandra Costa | Viseu 360 | 01:38:47.627 | 00:26:11.807 |
| 27 | 630 | Rafael Lopes | Espigueiros Runners - Caparrosinha | 01:38:48.883 | 00:26:13.063 |
| 28 | 514 | Isabel Lopes | Individual | 01:38:49.627 | 00:26:13.807 |
| 29 | 540 | Paulo Santos | Lamego Pelos Trilhos | 01:39:45.383 | 00:27:09.563 |
| 30 | 669 | Severino Santos | G.D.R.-Granja-Trutas Do Mau- Castro Daire | 01:39:50.630 | 00:27:14.810 |
| 31 | 502 | To Pereira | Meadas | 01:41:13.383 | 00:28:37.563 |
| 32 | 628 | João Teixeira | Individual | 01:42:25.637 | 00:29:49.817 |
| 33 | 562 | Duarte Melo | Individual | 01:42:40.887 | 00:30:05.067 |
| 34 | 681 | Hugo Tavares | Individual | 01:42:54.387 | 00:30:18.567 |
| 35 | 673 | Manuel Conde | Individual | 01:43:23.887 | 00:30:48.067 |
| 36 | 643 | Samuel Santos | Individual | 01:43:40.140 | 00:31:04.320 |
| 37 | 526 | Americo Botelho | Individual | 01:44:09.887 | 00:31:34.067 |
| 38 | 679 | Manuel Ferreira | Ctm Vila Pouca De Aguiar | 01:44:24.640 | 00:31:48.820 |
| 39 | 615 | Nuno Cardoso | Individual | 01:45:14.407 | 00:32:38.587 |
| 40 | 545 | Manuel Ferreira | Lamego Pelos Trilhos | 01:45:15.143 | 00:32:39.323 |
| 41 | 594 | Modesto Monteiro | Sardonisca Runners | 01:45:29.393 | 00:32:53.573 |
| 42 | 518 | José Guedes | Individual | 01:46:28.647 | 00:33:52.827 |
| 43 | 571 | Liliana Teixeira | Lesmas&Caracóis | 01:47:03.397 | 00:34:27.577 |
| 44 | 605 | Miguel Almeida | Lamego Tribo Runners | 01:47:05.643 | 00:34:29.823 |
| 45 | 647 | Daniel Pereira | Fireman Bombi Challenge | 01:48:15.900 | 00:35:40.080 |
| 46 | 527 | André Fernandes | Individual | 01:48:21.713 | 00:35:45.893 |
| 47 | 598 | Miguel Barbosa | Futebol Clube Penafiel | 01:48:22.407 | 00:35:46.587 |
| 48 | 572 | Ana Oliveira | Sob Efeito Trail | 01:48:22.650 | 00:35:46.830 |
| 49 | 660 | Patrícia Pinto | Individual | 01:48:27.650 | 00:35:51.830 |
| 50 | 504 | Diogo Lucena | Meadas | 01:49:01.900 | 00:36:26.080 |
| 51 | 609 | Carla Silva | Lamego Pelos Trilhos | 01:49:22.150 | 00:36:46.330 |
| 52 | 610 | Oscar Delgado | Individual | 01:49:22.657 | 00:36:46.837 |
| 53 | 561 | Cláudio Azevedo | Individual | 01:49:26.153 | 00:36:50.333 |
| 54 | 654 | Nuno Peixoto | Linces Do Marão | 01:50:56.653 | 00:38:20.833 |
| 55 | 595 | Clara Nóbrega | Lamego Pelos Trilhos | 01:51:00.657 | 00:38:24.837 |
| 56 | 543 | José Duarte | Lamego Pelos Trilhos | 01:51:27.903 | 00:38:52.083 |
| 57 | 511 | Marco Silva | Sob Efeito Trail | 01:51:32.407 | 00:38:56.587 |
| 58 | 541 | Eduardo Luís | Lamego Pelos Trilhos | 01:51:37.157 | 00:39:01.337 |
| 59 | 637 | Joaquim Vaz | Lamego Parente | 01:52:28.657 | 00:39:52.837 |
| 60 | 616 | Pedro Gomes | Individual | 01:54:11.160 | 00:41:35.340 |
| 61 | 522 | Angelo Paiva | Reccua Runners | 01:54:15.413 | 00:41:39.593 |
| 62 | 613 | Joana Correia | Simba_Bali Team | 01:55:13.163 | 00:42:37.343 |
| 63 | 663 | Carla Viegas | Espigueiros Runners - Caparrosinha | 01:57:01.930 | 00:44:26.110 |
| 64 | 507 | Tiago Teixeira | Sob Efeito Trail | 01:57:02.417 | 00:44:26.597 |

| Lugar | Dorsal | Nome | Equipa | Tempo | Diferença |
|-------|--------|--------------------|------------------------------------|--------------|--------------|
| 65 | 580 | Cristina Sousa | Individual | 01:57:02.667 | 00:44:26.847 |
| 66 | 690 | Paulo Duarte | Individual | 01:59:01.670 | 00:46:25.850 |
| 67 | 645 | Helder Carvalho | Hmc Caixilharias Trail | 02:01:50.430 | 00:49:14.610 |
| 68 | 597 | Sara Eiró | Futebol Clube Penafiel | 02:01:51.687 | 00:49:15.867 |
| 69 | 665 | Ana Novais | Lamego Pelos Trilhos | 02:02:08.683 | 00:49:32.863 |
| 70 | 582 | Rosa Correia | Fireman Bombi Challenge | 02:02:41.677 | 00:50:05.857 |
| 71 | 570 | Nuno Lourenço | Fireman Bombi Challenge | 02:03:01.187 | 00:50:25.367 |
| 72 | 642 | Tiago Guia | Individual | 02:03:01.680 | 00:50:25.860 |
| 73 | 620 | Catarina Oliveira | Fireman Bombi Challenge | 02:03:01.937 | 00:50:26.117 |
| 74 | 573 | Ludovina Lourenço | Fireman Bombi Challenge | 02:03:02.180 | 00:50:26.360 |
| 75 | 641 | Susana Guia | Individual | 02:03:02.933 | 00:50:27.113 |
| 76 | 501 | Bruno Lima | Meadas | 02:04:55.683 | 00:52:19.863 |
| 77 | 559 | Elisabete Lourenço | Tálenos Team | 02:05:15.433 | 00:52:39.613 |
| 78 | 554 | Cremilde Raposo | Tálenos Team | 02:05:16.433 | 00:52:40.613 |
| 79 | 678 | Isabel Rodrigues | Individual | 02:08:38.690 | 00:56:02.870 |
| 80 | 640 | Andrea Guedes | Individual | 02:09:50.947 | 00:57:15.127 |
| 81 | 639 | João Paiva | Alb Lamegobike /Óptica Parente | 02:09:51.190 | 00:57:15.370 |
| 82 | 680 | Fausto Reis | Individual | 02:10:38.443 | 00:58:02.623 |
| 83 | 608 | Aniceto Fernandes | Lamego Pelos Trilhos | 02:11:24.443 | 00:58:48.623 |
| 84 | 513 | Sandra Sousa | Girls Power | 02:11:56.697 | 00:59:20.877 |
| 85 | 503 | António Pessoa | Meadas | 02:12:02.197 | 00:59:26.377 |
| 86 | 635 | Dora Ventura | Individual | 02:12:02.447 | 00:59:26.627 |
| 87 | 517 | Helder Fernandes | Individual | 02:12:03.697 | 00:59:27.877 |
| 88 | 584 | Margarida Brás | Adamarante | 02:14:32.953 | 01:01:57.133 |
| 89 | 611 | Alberto Andrade | Os Corre Pra Trás | 02:14:32.953 | 01:01:57.133 |
| 90 | 583 | Carla Costa | Lesmas&Caracóis | 02:14:33.203 | 01:01:57.383 |
| 91 | 652 | José Bacelar | Quinta Da Pacheca Cycling Club | 02:14:33.453 | 01:01:57.633 |
| 92 | 650 | Nelson Carvalho | Quinta Da Pacheca Cycling Club | 02:14:33.707 | 01:01:57.887 |
| 93 | 624 | Afonso Carvalho | Karate Runners | 02:16:20.953 | 01:03:45.133 |
| 94 | 674 | Pedro Pereira | Karate Runners | 02:16:20.957 | 01:03:45.137 |
| 95 | 515 | Rui Costa | Individual | 02:18:09.207 | 01:05:33.387 |
| 96 | 661 | Fabio Martins | Espigueiros Runners - Caparrosinha | 02:19:46.963 | 01:07:11.143 |
| 97 | 506 | Nuno Ribeiro | Individual | 02:21:15.727 | 01:08:39.907 |
| 98 | 648 | Carla Jesus | Individual | 02:21:15.967 | 01:08:40.147 |
| 99 | 626 | José Costa | Individual | 02:21:36.463 | 01:09:00.643 |
| 100 | 625 | Fabiana Silva | Individual | 02:21:36.713 | 01:09:00.893 |
| 101 | 634 | Ana Teixeira | Individual | 02:22:16.970 | 01:09:41.150 |
| 102 | 633 | Mário Bento | Individual | 02:22:17.217 | 01:09:41.397 |
| 103 | 649 | Estrela Faro | Viriathvs Runners Viseu | 02:22:29.723 | 01:09:53.903 |
| 104 | 676 | Isabel Melo | Viriathvs Runners Vielpeças Trail | 02:22:29.967 | 01:09:54.147 |
| 105 | 651 | Jose Faro | Viseu 360 | 02:22:29.970 | 01:09:54.150 |
| 106 | 671 | Carla Santos | Individual | 02:23:21.477 | 01:10:45.657 |
| 107 | 614 | Hugo Leandro | Bixosteamtrail | 02:23:22.220 | 01:10:46.400 |
| 108 | 666 | Ana Ferreira | Salgis | 02:24:46.973 | 01:12:11.153 |
| 109 | 691 | Sara Brandao | Individual | 02:25:03.993 | 01:12:28.173 |
| 110 | 662 | Joana Figueiredo | Espigueiros Runners - Caparrosinha | 02:25:53.227 | 01:13:17.407 |
| 111 | 631 | Miguel Lopes | Espigueiros Runners - Caparrosinha | 02:25:57.243 | 01:13:21.423 |
| 112 | 600 | Rui Santos | Ases Pedais | 02:25:58.223 | 01:13:22.403 |
| 113 | 577 | Carlos Pereira | Sob Efeito Trail | 02:25:58.227 | 01:13:22.407 |
| 114 | 568 | Fernando Rodrigues | Lamego Pelos Trilhos | 02:27:10.227 | 01:14:34.407 |
| 115 | 667 | Telma Alves | Espigueiros Runners - Caparrosinha | 02:33:27.487 | 01:20:51.667 |
| 116 | 689 | Ricardo Lopes | Individual | 02:33:33.490 | 01:20:57.670 |
| 117 | 529 | Bernardo Pinto | Skiteam | 02:34:30.490 | 01:21:54.670 |
| 118 | 565 | Luís Quaresma | Skiteam | 02:34:32.243 | 01:21:56.423 |
| 119 | 555 | Ana Carvalho | Individual | 02:35:06.493 | 01:22:30.673 |
| 120 | 519 | Maria Coelho | Lamego Pelos Trilhos | 02:35:06.493 | 01:22:30.673 |
| 121 | 646 | Ivone Carvalho | Hmc Caixilharias Trail | 02:35:06.740 | 01:22:30.920 |
| 122 | 621 | Nelson Nogueira | Individual | 02:35:07.740 | 01:22:31.920 |
| 123 | 622 | Pedro Taveira | Individual | 02:35:08.240 | 01:22:32.420 |
| 124 | 531 | Rafael Carvalho | Gdrmeijinhos | 02:37:54.997 | 01:25:19.177 |
| 125 | 644 | Monica Santos | Individual | 02:57:10.033 | 01:44:34.213 |
| 126 | 659 | Diana Teixeira | Individual | 02:57:10.290 | 01:44:34.470 |
| 127 | 655 | Sónia Pinheiro | Individual | 02:58:30.287 | 01:45:54.467 |
| 128 | 658 | Marisa Teixeira | Individual | 02:58:44.533 | 01:46:08.713 |

| Lugar | Dorsal | Nome | Equipa | Tempo | Diferença |
|-------|--------|-------------------|--------------|--------------|--------------|
| 129 | 549 | Maria Duarte | Skiteam | 02:59:27.537 | 01:46:51.717 |
| 130 | 528 | Sandra Pinto | Skiteam | 02:59:58.047 | 01:47:22.227 |
| 131 | 566 | Fátima Baptista | Skiteam | 02:59:58.290 | 01:47:22.470 |
| 132 | 560 | Mónica Carreira | Girls Power | 02:59:59.287 | 01:47:23.467 |
| 133 | 551 | Mónica Esperanço | Girls Power | 02:59:59.290 | 01:47:23.470 |
| 134 | 547 | Susana Ribeiro | Individual | 02:59:59.787 | 01:47:23.967 |
| 135 | 601 | Margarida Marinho | Individual | 03:09:33.803 | 01:56:57.983 |
| 136 | 603 | Lurdes Lopes | Individual | 03:09:33.803 | 01:56:57.983 |
| 137 | 589 | Ana Fernandes | Individual | 03:10:32.307 | 01:57:56.487 |
| 138 | 590 | Nuno Rodrigues | Individual | 03:10:32.807 | 01:57:56.987 |
| 139 | 585 | Maria Gonçalves | Individual | 03:14:27.813 | 02:01:51.993 |
| 140 | 586 | Paula Loureiro | Individual | 03:14:30.813 | 02:01:54.993 |
| 141 | 636 | Jorge Vicente | Individual | 03:14:31.310 | 02:01:55.490 |
| 142 | 588 | João Guedes | Individual | 03:15:17.320 | 02:02:41.500 |
| 143 | 607 | Silvina Lúcio | Individual | 03:15:17.563 | 02:02:41.743 |
| 144 | 587 | Diana Lucio | Individual | 03:15:17.823 | 02:02:42.003 |
| 145 | 574 | Cecília Durães | Gdrmeijinhos | 03:19:49.320 | 02:07:13.500 |
| 146 | 525 | Patrícia Carvalho | Gdrmeijinhos | 03:19:49.320 | 02:07:13.500 |
| 147 | 530 | Catia Fernandes | Gdrmeijinhos | 03:21:31.823 | 02:08:56.003 |
| 148 | 546 | Mariana Carvalho | Gdrmeijinhos | 03:21:32.573 | 02:08:56.753 |
| 149 | 544 | Bruno Silva | Gdrmeijinhos | 03:28:13.840 | 02:15:38.020 |
| 150 | 536 | Ana Machado | Gdrmeijinhos | 03:28:13.843 | 02:15:38.023 |
| 151 | 537 | Joana Melo | Gdrmeijinhos | 03:28:13.843 | 02:15:38.023 |
| 152 | 538 | Mónica Oliveira | Gdrmeijinhos | 03:28:14.090 | 02:15:38.270 |
| 153 | 542 | Miguel Marques | Gdrmeijinhos | 03:28:14.097 | 02:15:38.277 |
| 154 | 534 | Susana Mendonça | Gdrmeijinhos | 03:28:14.097 | 02:15:38.277 |
| 155 | 533 | Flávia Martins | Gdrmeijinhos | 03:28:14.587 | 02:15:38.767 |
| 156 | 575 | Sofia Simões | Individual | 03:28:22.340 | 02:15:46.520 |
| 157 | 576 | Raquel Barros | Individual | 03:28:22.587 | 02:15:46.767 |