

Lugar	Dorsal	Nome	T.Chip	T.rova	Cl.Sexo	Escalão	Clube	10k	Pos	16k	Pos	21k	Pos	30k	Pos	35k	Pos
1.	501	Brian Asher	03:14:17	03:14:20	1	Men		00:45:01	9	01:17:58	9	01:36:02	7	02:16:41	6	02:46:33	5
2.	509	Eusébio Rosa	03:15:28	03:15:31	2	Seniors M45		00:39:03	2	01:10:32	3	01:27:27	2	02:08:12	4	02:41:10	3
3.	390	Diogo Baena	03:20:30	03:20:33	3	Men	Offtel Runners	00:41:27	4	01:13:45	5	01:32:39	4	02:16:42	8	02:50:40	7
4.	368	Pedro Martins	03:21:08	03:21:12	4	Seniors M45	CLUBE MILLENNIUM BCP	00:45:17	11	01:17:52	8	01:36:02	6	02:16:42	7	02:50:37	6
5.	420	Rui Campos	03:22:51	03:22:54	5	Seniors M50		00:44:11	7	01:17:49	7	01:36:13	8	02:19:27	10	02:51:25	8
6.	231	Luís Oliveira	03:25:32	03:25:38	6	Men	Individual	00:42:38	5	01:15:41	6	01:33:59	5	02:18:24	9	02:52:36	9
7.	466	João Ginja	03:27:25	03:27:27	7	Seniors M45	RAIL RUNNERS	00:40:23	3	01:11:35	4	01:29:04	3	02:08:43	5	02:42:07	4
8.	500	Joao Serras	03:29:31	03:29:34	8	Men		00:48:18	19	01:21:52	15	01:41:09	13	02:24:19	11	02:56:39	10
9.	486	Luís Franco	03:32:16	03:32:24	9	Men	CCD "O Sol Nasce para Todos"	00:46:28	16	01:21:04	13	01:40:31	12	02:25:46	14	03:00:58	11
10.	452	Jorge Rodrigues	03:35:50	03:35:52	10	Seniors M45	Rail Runners	00:44:17	8	01:19:38	11	01:39:38	10	02:27:19	15	03:03:37	13
11.	278	Sérgio Bastinho	03:37:08	03:37:08	11	Men		00:48:52	20	01:24:29	19	01:44:41	18	02:30:26	16	03:04:19	14
12.	342	Manuel Montesi	03:37:51	03:37:55	12	Men	U.S. Roma 83	00:44:11	6	01:18:05	10	01:37:24	9	02:24:45	12	03:01:58	12
13.	296	Rui Pedro Juliao	03:38:51	03:39:04	13	Seniors M45	Georunners	00:49:35	22	01:25:02	21	01:45:05	19	02:31:18	17	03:07:29	16
14.	208	Rodrigo Gregório	03:39:58	03:40:11	14	Men	Individual	00:46:24	15	01:20:58	12	01:40:27	11	02:25:42	13	03:05:34	15
15.	389	Carlos Charrua	03:44:35	03:44:38	15	Men	Individual	00:45:37	13	01:22:56	18	01:44:20	17	02:33:42	20	03:13:08	18
16.	224	José Abrantes	03:45:02	03:45:08	16	Seniors M40	Individual	00:51:21	34	01:29:09	33	01:50:45	31	02:38:45	24	03:13:06	17
17.	201	Armando Teixeira	03:47:27	03:47:30	17	Seniors M40	Individual	00:45:37	12	01:21:57	16	01:42:51	15	02:33:41	19	03:13:11	19
18.	464	Miguel Calado Moura	03:49:53	03:50:00	18	Men	Ginásio Clube Português	00:51:23	35	01:28:50	30	01:49:56	25	02:38:27	23	03:15:11	20
19.	253	Pedro Freire	03:51:50	03:51:53	19	Men	Individual	00:45:16	10	01:21:46	14	01:42:35	14	02:32:51	18	03:15:34	21
20.	248	David Faustino	03:54:58	03:55:04	20	Seniors M45	SS CGD	00:49:57	23	01:27:50	23	01:50:08	26	02:42:00	30	03:19:51	24
21.	216	João Duarte	03:54:52	03:55:05	21	Men	Individual	00:50:43	30	01:28:34	28	01:50:14	27	02:41:54	29	03:19:45	23
22.	282	João Alves	03:55:45	03:55:58	22	Men	Georunners	00:50:43	31	01:28:31	27	01:50:14	28	02:42:18	32	03:20:16	25
23.	364	Eduardo Ferreira	03:56:03	03:56:06	23	Men	CLUBE MILLENNIUM BCP	00:46:20	14	01:22:45	17	01:44:20	16	02:36:49	21	03:17:01	22
24.	481	Joao Correia Pereira	03:58:34	03:58:41	24	Men		00:50:18	26		2	01:49:22	24		3	03:22:45	31
25.	425	Miguel Simões	03:59:06	03:59:18	25	Men		00:46:58	17	01:25:04	22	01:46:31	21	02:38:55	25	03:20:19	27
26.	462	Regis Dias	03:59:14	03:59:21	26	Seniors M40	race	00:51:41	37	01:30:00	36	01:51:34	36	02:42:05	31	03:21:06	29
27.	261	Paulo Sa	03:59:11	03:59:29	27	Seniors M40	Individual	00:51:07	32	01:28:59	31	01:50:32	29	02:40:44	27	03:20:23	28
28.	427	Antonio Estrela	04:00:42	04:00:48	28	Seniors M45		00:50:19	28	01:28:13	25	01:49:10	23	02:39:58	26	03:20:16	26
29.	455	Pedro Sousa	04:01:18	04:01:28	29	Seniors M45	Clube Sosi	00:50:16	25	01:29:12	34	01:50:54	32	02:45:22	35	03:26:29	34
30.	324	João Carlos Gomes	04:02:37	04:02:43	30	Seniors M40	Clube EDP - Lisboa	00:51:08	33	01:29:40	35	01:51:07	34	02:42:28	33	03:22:13	30
31.	249	Isabel Moleiro	04:02:53	04:02:59	1	Seniors W40	SS CGD	00:51:42	38	01:31:14	37	01:53:19	37	02:45:14	34	03:26:00	33
32.	304	Dave Fyfe	04:05:12	04:05:41	31	Men		00:55:21	71	01:36:43	58	02:00:23	56	02:53:49	47	03:28:46	35
33.	286	Pedro Reis	04:05:37	04:05:49	32	Seniors M40		00:54:43	59	01:36:35	56	02:00:35	57	02:55:21	52	03:33:49	39
34.	497	Silvano Sordoni	04:08:40	04:08:44	33	Seniors M45	Trail Adventure Marche	00:47:05	18	01:24:44	20	01:45:41	20	02:37:45	22	03:24:03	32
35.	429	Hugo Coelho	04:10:20	04:10:27	34	Seniors M40		00:51:53	41	01:32:15	41	01:53:55	41	02:47:59	39	03:30:34	36
36.	219	Sebastian Hulbój	04:10:32	04:10:37	35	Seniors M40	Individual	00:51:44	39	01:31:23	39	01:53:21	38	02:46:44	37	03:31:43	38
37.	479	Jorge Leão	04:12:48	04:13:04	36	Seniors M50		00:59:29	103	01:40:38	76	02:03:01	67	02:54:22	50	03:34:18	41
38.	445	Carlos Ferreira	04:13:53	04:13:58	37	Seniors M55		00:51:53	42	01:31:16	38	01:53:21	39	02:46:02	36	03:34:48	42
39.	236	Joao Paiva	04:14:07	04:14:15	38	Seniors M40	Clube ANACOM	00:53:14	48	01:35:35	52	01:58:53	51	02:55:07	51	03:36:24	46
40.	233	Eric Beirinckx	04:14:16	04:14:39	39	Seniors M50	Individual	00:53:59	49	01:34:00	47	01:57:42	45	02:51:35	43	03:35:45	44
41.	207	Nuno Garrana	04:14:41	04:14:45	40	Men	Individual	00:49:23	21	01:29:09	32	01:51:05	33	02:48:03	40	03:33:53	40
42.	310	Luís Bastos	04:14:40	04:14:57	41	Seniors M45	CCD Siemens	00:53:01	47	01:33:44	45	01:56:25	42	02:53:35	45	03:36:54	48
43.	381	Jorge Sobrinho	04:14:52	04:15:09	42	Seniors M45	Cartoon Run	00:52:31	45	01:33:38	44	01:56:25	43	02:53:32	44	03:36:53	47
44.	474	Jose J. Campos	04:15:15	04:15:21	43	Seniors M45	Amigosdacorrída.com	00:54:16	52	01:35:06	49	01:58:51	50	02:58:49	56	03:38:00	49
45.	295	Filipa Ramos	04:16:14	04:16:24	2	Women		00:56:09	81	01:38:42	66	02:02:45	65	02:59:27	57	03:40:18	54
46.	460	João Cardoso	04:16:11	04:16:24	44	Seniors M40		00:51:35	36	01:31:51	40	01:53:42	40	02:50:32	42	03:35:25	43
47.	284	Carlos Jesus	04:18:13	04:18:27	45	Men	O MUNDO DA CORRIDA	00:54:40	56	01:35:30	51	01:58:51	48	02:53:56	48	03:39:58	52
48.	399	Rui Pires	04:19:14	04:19:26	46	Seniors M45	Georunners	00:54:42	58	01:36:36	57	02:00:35	58	02:55:24	53	03:38:57	51
49.	433	Ricardo Araujo	04:20:30	04:20:33	47	Men	Individual	00:50:23	29	01:28:44	29	01:51:29	35	02:48:10	41	03:35:50	45
50.	280	Paulo Durão	04:21:30	04:21:48	48	Seniors M40		00:53:01	46	01:35:55	53	02:00:02	54	02:59:37	59	03:42:55	55
51.	423	André Pato	04:24:10	04:24:17	49	Men		00:50:10	24	01:28:28	26	01:50:39	30	02:47:58	38	03:38:13	50

Lugar	Dorsal	Nome	T.Chip	T.rova	Cl.Sexo	Escalão	Clube	10k	Pos	16k	Pos	21k	Pos	30k	Pos	35k	Pos
52.	330	João Pinto	04:24:56	04:25:00	50	Men		00:54:25	55	01:35:17	50	01:58:31	46	02:54:12	49	03:40:14	53
53.	254	João Peres	04:27:13	04:27:40	51	Seniors M40	Individual	00:55:13	66	01:36:17	55	02:04:34	70	03:03:39	67	03:49:11	61
54.	498	Álvaro Pinto	04:28:05	04:28:13	52	Seniors M55	Ass. Desportiva Real Academia	00:54:57	61	01:37:38	61	02:01:56	60	03:00:13	62	03:46:36	58
55.	422	Ernestino Azevedo	04:27:57	04:28:17	53	Seniors M45	INDIVIDUAL	00:52:20	43	01:33:57	46	01:58:54	52	03:00:09	61	03:46:30	57
56.	441	Henrique Adrega	04:28:54	04:29:00	54	Seniors M60	amigosdacorrida.com	00:54:15	51	01:35:00	48	01:58:50	47	02:59:30	58	03:46:56	59
57.	347	Sérgio Silva	04:28:44	04:29:01	55	Men		00:57:27	91	01:40:23	74	02:05:20	73	03:04:34	70	03:49:19	62
58.	255	Rui Martins	04:29:07	04:29:14	56	Men	SSCGD	00:50:19	27	01:27:54	24	01:48:36	22	02:41:13	28	03:31:38	37
59.	371	Pedro Cordas	04:29:32	04:29:41	57	Seniors M40	CLUBE MILLENNIUM BCP	00:57:48	93	01:45:18	113	02:12:31	111	03:10:19	86	03:51:43	64
60.	369	Eduardo Rodrigues	04:29:38	04:29:43	58	Seniors M50	CLUBE MILLENNIUM BCP	00:57:52	95	01:43:00	86	02:07:36	88	03:07:03	73	03:51:52	65
61.	9004	António Guerreiro	04:30:35	04:31:01	59	Seniors M60		00:59:35	106	01:45:00	106	02:10:15	97	03:07:25	75	03:51:31	63
62.	242	Carlos Grade	04:31:01	04:31:18	60	Seniors M40	Individual	00:55:00	63	01:35:59	54	01:59:51	53	02:58:22	55	03:47:23	60
63.	463	Nuno Gameiro	04:32:51	04:33:00	61	Men	Saúde ao Quadrado	00:51:48	40	01:33:31	43	01:58:51	49	03:03:00	66	03:52:00	66
64.	299	Andrew Thomas	04:32:46	04:33:16	62	Men			50	01:36:48	59	02:00:23	55	02:56:06	54	03:45:18	56
65.	235	José Gabriel	04:33:13	04:33:37	63	Seniors M55	Individual	01:00:04	115	01:43:13	91	02:07:21	85	03:08:07	78	03:52:46	69
66.	392	Paula Rios Marques	04:32:49	04:33:41	3	Seniors W40		01:00:52	127	01:47:23	122	02:13:57	115	03:15:46	111	03:56:36	76
67.	263	José Melo		04:33:54	64	Seniors M50	Run 4 Fun		1		1		1		2		2
68.	413	Jorge Morgado	04:35:31	04:35:46	65	Seniors M50	SS CGD	00:55:33	73	01:38:57	69	02:02:44	64	03:01:39	63	03:53:42	70
69.	409	Joaquim Carreira	04:35:58	04:36:08	66	Seniors M50		00:59:50	111	01:45:07	107	02:10:29	102	03:10:33	87	03:57:19	80
70.	259	Vitor Venda	04:36:15	04:36:20	67	Seniors M40	Friends2Run	00:55:46	77	01:40:10	72	02:04:24	69	03:07:29	77	03:56:50	78
71.	362	Pedro Lopes	04:36:47	04:37:02	68	Seniors M40		00:59:48	107	01:45:15	111	02:13:59	116	03:15:44	110	04:00:51	92
72.	457	Paulo Godinho	04:37:23	04:37:33	69	Seniors M45	Individual	00:55:46	78	01:40:17	73	02:06:58	80	03:07:26	76	03:55:02	73
73.	323	Carla André	04:37:38	04:37:48	4	Women	CLUBE GBES	00:57:32	92	01:43:09	89	02:07:32	87	03:11:00	88	03:59:15	85
74.	493	José Garcés	04:37:47	04:38:11	70	Seniors M45	Clube Atletismo Amigos Belém	00:55:15	68	01:36:55	60	02:00:57	59	03:03:56	68	03:53:42	71
75.	417	Jorge Nunes	04:38:17	04:38:45	71	Men	GD Banco BPI	01:02:42	151	01:50:31	136	02:17:16	131	03:16:07	116	03:56:58	79
76.	258	Diogo Lima	04:38:39	04:38:53	72	Men	Individual	00:55:45	76	01:40:58	79	02:05:28	75	03:06:30	72	03:57:41	81
77.	411	Júlio Ferreira	04:38:33	04:38:57	73	Seniors M55	Amigos da Pinga	01:00:05	116	01:43:09	90	02:07:16	81	03:09:37	83	03:55:50	74
78.	260	Marco Morgado	04:40:08	04:40:22	74	Men	Individual	00:55:44	75	01:38:50	68	02:02:29	61	03:01:41	64	03:52:12	67
79.	245	João Capa	04:40:09	04:40:37	75	Seniors M40	Individual	01:00:29	118	01:45:50	116	02:12:24	109	03:15:29	107	04:00:25	90
80.	244	João Capa	04:40:09	04:40:37	76	Men	Individual	01:00:28	117	01:45:49	115	02:12:23	108	03:15:26	106	04:00:23	89
81.	489	Pedro Ferreira	04:40:49	04:40:58	77	Men		00:57:20	90	01:41:16	82	02:05:25	74	03:05:31	71	03:54:37	72
82.	495	António Rebelo	04:41:10	04:41:13	78	Seniors M50		00:55:42	74	01:40:49	77	02:05:41	77	03:08:24	82	03:58:20	84
83.	344	Daniel Martins	04:41:09	04:41:23	79	Men		01:01:51	143	01:46:34	118	02:12:25	110	03:14:32	99	04:00:40	91
84.	490	Luís Filipe Gama	04:41:27	04:41:33	80	Seniors M50	Individual	00:59:50	112	01:44:02	102	02:07:26	86	03:07:25	74	03:57:46	83
85.	365	Rui Magalhaes	04:41:39	04:41:56	81	Seniors M45	CLUBE MILLENNIUM BCP	01:01:57	145	01:48:28	129	02:14:33	123	03:17:46	119	04:04:24	105
86.	384	Nuno Correia	04:41:51	04:42:03	82	Men	HP Club	00:59:50	109	01:45:09	108	02:10:27	101	03:08:17	80	03:55:57	75
87.	228	Jose Pereira	04:41:57	04:42:09	83	Seniors M40	Individual	00:54:46	60	01:38:37	65	02:02:30	62	03:02:45	65	03:56:42	77
88.	217	Tiago Cunha	04:41:55	04:42:18	84	Men	Individual	00:55:23	72	01:39:00	70	02:02:37	63	03:00:01	60	03:52:36	68
89.	333	Graça Roldão	04:42:19	04:42:27	5	Seniors W50	Os Tugas	00:55:59	79	01:43:04	88	02:09:35	93	03:14:20	96	04:02:30	100
90.	385	Manuel Correia	04:42:46	04:42:57	85	Seniors M40	HP Club	00:59:50	110	01:45:11	110	02:14:50	125	03:14:22	97	04:01:01	94
91.	471	Dinis Gokaydin	04:43:44	04:43:48	86	Men		00:55:08	64	01:37:50	62	02:03:43	68	03:11:23	90	04:04:18	103
92.	309	João Queiroz	04:44:11	04:44:26	87	Men	CCD Siemens	00:52:31	44	01:32:39	42	01:56:26	44	02:53:36	46	04:00:19	87
93.	252	Miguel San-Payo	04:44:18	04:44:33	88	Seniors M50	Run 4 Fun	01:02:15	147	01:48:05	128	02:14:18	121	03:15:05	104	04:01:11	95
94.	515	Valter Matos	04:44:03	04:44:33	89	Men		01:01:34	137	01:47:48	125	02:14:14	120	03:14:55	102	04:00:55	93
95.	477	Hugo Santos	04:44:32	04:44:48	90	Men		00:57:16	88	01:43:56	99	02:11:17	105	03:14:41	100	04:01:25	96
96.	318	Rui Cunha	04:44:24	04:44:51	91	Seniors M45	MAGIS RUNNERS TEAM	01:01:37	139	01:47:52	126	02:13:36	113	03:15:37	108	04:04:37	106
97.	507	António Carlos Teixeira Duarte	04:44:40	04:45:05	92	Seniors M60	Clube do Stress	00:54:57	62	01:37:58	63	02:02:56	66	03:09:40	84	03:57:42	82
98.	428	Carlos Costa	04:45:02	04:45:12	93	Seniors M45		00:59:52	113	01:45:46	114	02:14:04	118	03:15:50	114	04:01:51	98
99.	268	Miguel Gomes	04:46:33	04:47:00	94	Seniors M40	Individual	01:06:31	182	01:53:50	159	02:20:25	146	03:22:36	130	04:07:09	111
100.	449	Marco Paulo Oliveira Costa	04:47:50	04:48:04	95	Men	individual	00:56:36	83	01:41:23	83	02:07:18	83	03:08:24	81	04:00:21	88
101.	213	Jose Bonito	04:48:36	04:48:58	96	Seniors M40	Individual	00:58:58	102	01:44:29	103	02:09:47	94	03:12:08	93	04:04:47	107
102.	472	António Almeida	04:48:59	04:49:08	97	Seniors M50	VIA3Runners	01:00:44	124	01:47:41	124	02:14:39	124	03:15:56	115	04:03:41	102

Lugar	Dorsal	Nome	T.Chip	T.rova	Cl.Sexo	Escalão	Clube	10k	Pos	16k	Pos	21k	Pos	30k	Pos	35k	Pos
103.	230	Nelson Silva	04:48:56	04:49:18	98	Men	Individual	00:58:45	99	01:42:58	85	02:07:20	84	03:09:55	85	04:01:55	99
104.	274	Henrique Filipe	04:49:15	04:49:35	99	Seniors M45	PORTUGAL RUNNING	00:54:20	54	01:42:33	84	02:11:20	106	03:14:17	95	04:04:20	104
105.	354	Vanya Maplestone	04:50:22	04:50:45	6	Women		01:01:15	130	01:47:16	120	02:14:04	117	03:17:44	118	04:05:13	108
106.	426	Pedro Prudencio	04:50:41	04:50:55	100	Seniors M40		00:57:54	97	01:44:02	101	02:10:22	100	03:15:43	109	04:09:01	115
107.	360	Paulo Calvino	04:51:08	04:51:22	101	Seniors M40	Portugal Running	00:55:20	70	01:38:47	67	02:06:55	79	03:13:46	94	04:08:04	112
108.	340	Daniel Neves	04:51:36	04:51:54	102	Men		00:58:05	98	01:40:56	78	02:05:16	72	03:08:08	79	04:03:12	101
109.	450	António Nicolau	04:51:48	04:51:59	103	Seniors M55		01:00:30	119	01:45:10	109	02:14:55	126	03:14:23	98	04:05:17	109
110.	300	Eric Swale	04:52:08	04:52:38	104	Men		01:05:21	180	01:53:43	157	02:21:18	149	03:22:02	126	04:08:21	113
111.	458	Fernando Andrade	04:52:34	04:52:42	105	Seniors M55	Açoreana Clube Banif	00:57:20	89	01:40:32	75	02:05:28	76	03:04:05	69	04:00:15	86
112.	343	Douglas Fry	04:56:07	04:56:26	106	Seniors M55	Clube Desportivo de Mafra	01:02:35	150	01:53:45	158	02:20:44	148	03:23:50	131	04:15:06	121
113.	430	Pedro Barbeitos	04:56:26	04:56:44	107	Men	Corridas & Companhia	01:05:04	177	01:55:22	165	02:22:15	157	03:24:26	133	04:11:32	119
114.	408	Henrique Castro	04:57:06	04:57:19	108	Seniors M40	Sigmavertice	00:59:33	105	01:43:22	94	02:09:49	95	03:15:04	103	04:09:33	117
115.	386	Lourenço Bray	04:57:21	04:57:29	109	Men		01:03:00	154	01:51:15	141	02:17:42	132	03:21:01	123	04:11:05	118
116.	69	Luis Sousa	04:57:00	04:57:52	110	Seniors M45		01:00:52	126	01:47:22	121	02:13:57	114	03:21:00	122	04:17:45	133
117.	346	Rui Candeias	04:57:29	04:57:54	111	Seniors M40	Os Foguetes	00:54:42	57	01:38:28	64	02:04:37	71	03:11:59	92	04:06:16	110
118.	513	Ricardo Nascimento	04:58:29	04:58:38	112	Men			3	01:50:42	137	02:17:15	131	03:22:12	129	04:12:05	120
119.	504	Miguel Judas	04:58:20	04:58:38	113	Seniors M40	Clube Elvense de Natação	00:56:46	85	01:43:55	98	02:09:54	96	03:11:23	91	04:01:40	97
120.	453	Luis Afonso	04:58:40	04:58:52	114	Seniors M40	Georunners	01:01:09	129	01:47:56	127	02:14:58	127	03:22:02	127	04:16:59	128
121.	251	Paulo Lourinho	04:59:44	05:00:08	115	Seniors M45	Clube Atletismo Amigos Belém	01:02:31	148	01:52:14	144	02:19:32	139	03:28:01	141	04:16:10	124
122.	264	Carlos Preciso	04:59:45	05:00:08	116	Seniors M40	CAAB-Clube Atl.Amigos de Belém	01:02:32	149	01:52:18	148	02:19:38	141	03:28:00	139	04:16:12	126
123.	484	Pedro Pestana	04:59:45	05:00:08	117	Seniors M40		01:02:44	152	01:52:15	146	02:19:35	140	03:28:00	140	04:16:11	125
124.	265	António Soares	05:00:34	05:00:48	118	Men	Individual	00:57:54	96	01:44:40	104	02:10:20	99	03:15:48	112	04:09:07	116
125.	508	Joao Paulo Fernandes Almeida	05:01:57	05:02:02	119	Seniors M45	kaninos	00:55:08	65	01:41:06	81	02:07:16	82	03:14:50	101	04:08:41	114
126.	499	David Ferreira	05:03:07	05:03:36	120	Seniors M45	Scalabis Night Runners	01:00:31	120	01:50:45	137	02:19:41	142	03:26:38	136	04:17:00	129
127.	406	Pekka Holopainen	05:04:28	05:04:50	121	Seniors M50	Finlandia	01:01:38	140	01:49:46	131	02:18:05	134	03:29:08	147	04:21:36	142
128.	405	Outi Holopainen	05:04:29	05:04:50	7	Seniors W50	Finlandia	01:01:39	141	01:49:47	132	02:18:04	133	03:29:07	146	04:21:32	141
129.	341	Iain Bennett-Hobbs	05:04:55	05:05:05	122	Seniors M45		01:01:56	144	01:52:40	152	02:20:12	145	03:24:31	134	04:16:58	127
130.	414	Mário Amaro	05:05:20	05:05:38	123	Seniors M45	Individual	00:57:11	86	01:43:57	100	02:19:11	137	03:30:02	150	04:22:20	145
131.	404	Helena Silva	05:05:22	05:05:44	8	Seniors W40		01:03:14	158	01:54:08	161	02:21:52	154	03:26:33	135	04:17:40	131
132.	444	Pedro Costa Alves	05:05:33	05:05:45	124	Men		01:02:01	146	01:49:10	130	02:17:03	129	03:26:43	137	04:17:50	134
133.	214	José Andrade	05:06:04	05:06:13	125	Men	Individual	01:00:46	125	01:50:49	138	02:18:07	135	03:22:17	129	04:17:41	132
134.	361	Luís Conceição	05:06:17	05:06:41	126	Seniors M50	CCRD Burinhosa	01:01:06	128	01:50:19	135	02:19:21	138	03:24:17	132	04:22:05	143
135.	240	Carlos Teixeira	05:06:40	05:06:51	127	Seniors M50	Lebres e Tartarugas	00:58:56	101	01:43:45	97	02:10:17	98	03:20:11	121	04:18:27	136
136.	478	Jorge Figueiredo	05:06:50	05:07:00	128	Seniors M45		00:54:16	53	01:43:41	96	02:10:47	103	03:22:02	128	04:19:34	138
137.	470	Fernando Pereira	05:06:51	05:07:01	129	Seniors M40		00:56:13	82	01:43:40	95	02:10:49	104	03:21:58	125	04:19:28	137
138.	297	Fernando Correia	05:07:04	05:07:20	130	Seniors M45	Os Argaunautas Corredores	01:04:21	169	01:56:46	169	02:25:27	166	03:36:20	165	04:23:45	146
139.	305	Nuno Leal	05:08:17	05:08:47	131	Seniors M45		01:00:32	121	01:47:37	123	02:14:09	119	03:19:47	120	04:13:46	120
140.	421	José Carneiro	05:09:37	05:09:54	132	Seniors M45		00:56:46	84	01:43:21	93	02:08:35	92	03:15:49	113	04:17:32	130
141.	506	João Pedro Palmela	05:09:42	05:10:11	133	Seniors M45	Run 4 Fun	01:09:05	187	02:03:30	187	02:31:25	184	03:38:02	171	04:27:58	150
142.	436	Francisco Maia	05:12:20	05:12:24	134	Seniors M55		01:05:18	178	01:57:55	173	02:27:20	169	03:35:23	158	04:28:24	151
143.	311	Vasco Coelho	05:12:13	05:12:30	135	Men		00:57:14	87	01:44:52	105	02:12:13	107	03:21:30	124	04:21:29	140
144.	337	Mafalda Nunes	05:12:32	05:12:39	9	Seniors W40	A. A. Lebres do Sado	01:03:43	165	01:55:32	166	02:26:21	167	03:36:28	166	04:29:50	155
145.	345	Filip Łangowski	05:12:56	05:13:03	136	Men		00:55:16	69	01:39:15	71	02:06:14	78	03:16:28	117	04:16:00	123
146.	229	Rui Santos	05:12:51	05:13:07	137	Seniors M40	Run 4 Fun	00:59:32	104	01:47:02	119	02:14:23	122	03:15:14	105	04:15:26	122
147.	303	Lindsay Coll	05:12:42	05:13:13	138	Men		01:05:20	179	01:53:18	154	02:21:22	151	03:29:46	148	04:21:14	139
148.	320	Filipe Ceia	05:14:45	05:15:04	139	Men		01:04:28	176	01:57:06	172	02:28:38	176	03:38:41	173	04:29:29	154
149.	467	Pedro David Simoes	05:16:07	05:16:20	140	Seniors M40		01:01:29	133	01:52:14	145	02:22:12	155	03:30:12	152	04:28:48	152
150.	382	Pedro Vitorino	05:16:35	05:16:48	141	Men	HP Club	00:59:49	108	01:45:17	112	02:15:14	128	03:29:02	145	04:25:39	149
151.	383	Rodrigo Ferreira	05:17:01	05:17:11	142	Seniors M40	HP Club	01:01:31	134	01:52:16	147	02:22:14	156	03:30:04	151	04:22:12	144
152.	388	Helder Lopes	05:17:10	05:17:20	143	Seniors M40		01:03:33	161	01:59:09	179	02:27:36	171	03:36:28	167	04:31:41	159
153.	335	Manuel Sobral	05:19:26	05:19:47	144	Seniors M55	HAND2HAND	01:03:13	156	01:52:40	150	02:20:07	144	03:29:01	143	04:23:55	147

Lugar	Dorsal	Nome	T.Chip	T.rova	Cl.Sexo	Escalão	Clube	10k	Pos	16k	Pos	21k	Pos	30k	Pos	35k	Pos
154.	336	Filipe Fraga	05:19:29	05:19:49	145	Seniors M50	HAND2HAND	01:03:13	157	01:52:40	151	02:20:00	143	03:29:02	144	04:23:55	148
155.	212	Pedro Dias	05:20:36	05:20:42	146	Seniors M40	RUN BABY RUN	00:57:52	94	01:43:01	87	02:07:37	89	03:11:08	89	04:17:51	135
156.	325	Michel Tardy	05:20:29	05:21:00	147	Seniors M40		01:03:15	159	01:53:11	153	02:22:36	160	03:35:52	160	04:31:50	160
157.	271	Hugo Batista	05:20:46	05:21:12	148	Men	Windows8	01:01:33	135	01:50:06	133	02:21:23	152	03:38:02	170	04:29:52	156
158.	314	Luís João	05:20:48	05:21:14	149	Men	Windows8	01:01:33	136	01:50:14	134	02:21:32	153	03:38:04	172	04:30:31	157
159.	307	Gil Ferreira	05:22:04	05:22:36	150	Men	Papa Asfalto	01:03:08	155	01:52:29	149	02:21:18	150	03:35:48	159	04:30:15	153
160.	232	Pedro Catarino	05:23:56	05:24:25	151	Men	CLUBE GBES	01:01:49	142	01:50:52	139	02:18:23	136	03:29:50	149	04:31:10	158
161.	285	Diogo Lopes Pereira	05:24:07	05:24:32	152	Seniors M40		01:10:22	190	02:03:26	186	02:31:22	183	03:45:45	179	04:39:52	166
162.	402	Alberto Santos	05:24:34	05:24:58	153	Seniors M45		01:03:35	162	01:59:10	180	02:29:06	179	03:43:33	176	04:41:02	174
163.	227	Célia Azenha	05:27:12	05:27:21	10	Seniors W40	Individual	01:07:26	186	02:02:48	182	02:33:23	187		1		1
164.	469	Carlos Guerra	05:27:18	05:27:48	154	Seniors M40		01:04:09	167	01:55:03	164	02:22:15	158	03:37:34	169	04:40:26	171
165.	468	António Hortega	05:27:19	05:27:48	155	Seniors M50		01:10:18	188	02:05:04	190	02:39:05	188	03:51:13	187	04:46:41	182
166.	220	Carla Silva	05:27:47	05:28:06	11	Seniors W40	Individual	01:04:28	175	01:58:41	177	02:28:35	174	03:47:29	182	04:43:44	180
167.	246	Nuno Andrade	05:28:09	05:28:28	156	Seniors M40	FFRunners	01:04:27	174	01:58:32	174	02:28:41	178	03:46:58	181	04:43:43	179
168.	431	Hugo Gonçalves	05:28:31	05:28:45	157	Men		01:03:50	166	01:55:33	167	02:28:11	173	03:38:46	174	04:33:49	162
169.	243	João Cruz	05:28:26	05:28:57	158	Seniors M40	Individual	01:01:25	132	01:53:21	156	02:23:58	162	03:35:55	161	04:36:05	163
170.	234	Pedro Botelho	05:28:26	05:28:58	159	Seniors M40	Individual	01:01:23	131	01:53:21	155	02:23:57	161	03:36:03	162	04:36:23	164
171.	480	Jason Dang Zheng Rong	05:32:15	05:32:28	160	Men		01:03:25	160	01:53:59	160	02:23:59	163	03:36:35	168	04:38:19	165
172.	403	Maria Santos	05:32:31	05:32:53	12	Seniors W40		01:03:37	164	01:59:17	181	02:29:06	180	03:43:37	177	04:40:53	172
173.	367	João Silva	05:33:49	05:34:06	161	Seniors M50	CLUBE MILLENNIUM BCP	01:00:39	122	01:54:12	162	02:27:19	168	03:34:15	155	04:40:12	168
174.	373	Antonio Seixas	05:33:49	05:34:06	162	Seniors M50	CLUBE MILLENNIUM BCP	01:00:40	123	01:54:15	163	02:27:22	170	03:34:15	156	04:40:11	167
175.	256	Rui Ferreira	05:35:00	05:35:15	163	Seniors M40	Os argonautas corredores	01:04:22	170	01:56:48	170	02:25:23	165	03:36:20	164	04:40:22	169
176.	293	Mário Bastardo	05:34:58	05:35:16	164	Men	Hand 2 Hand Club Better Living	01:04:20	168	01:56:46	168	02:25:22	164	03:36:19	163	04:40:22	170
177.	375	Rodolfo Rapaz	05:35:06	05:35:19	165	Seniors M40	Mundo da Corrida	01:03:37	163	01:51:10	140	02:17:08	130	03:30:54	153	04:42:15	176
178.	485	Nuno Fernandes	05:37:42	05:37:51	166	Men		01:02:50	153	01:51:48	142	02:20:39	147	03:34:18	157	04:42:40	177
179.	349	Vasco Ventura	05:37:45	05:38:10	167	Seniors M40	Os Foguetes	00:56:07	80	01:41:00	80	02:08:16	91	03:28:28	142	04:33:29	161
180.	491	Mariana Monteiro	05:38:16	05:38:27	13	Women	H2H Club for better living	01:06:06	181	02:02:54	184	02:33:21	186	03:48:53	185	04:47:28	185
181.	339	Ricardo Chung	05:38:02	05:38:28	168	Men		01:10:25	193	02:11:14	197	02:43:24	192	04:05:37	197	05:04:11	193
182.	215	Carlos Monteiro	05:38:11	05:38:30	169	Seniors M50	Individual	01:04:27	173	01:58:40	176	02:28:36	175	03:48:21	184	04:47:26	184
183.	473	Tiago Jose Mendes Lanca	05:38:33	05:38:41	170	Men		00:59:54	114	01:51:56	143	02:22:35	159	03:45:18	178	04:45:47	181
184.	315	Gonçalo Campos Lopes	05:38:34	05:39:00	171	Men		01:10:22	191	02:03:25	185	02:31:21	182	03:46:31	180	04:43:38	178
185.	451	Katherine Halsall	05:42:39	05:42:46	14	Women		01:06:38	184	02:02:48	183	02:32:20	185	03:51:21	188	04:50:15	187
186.	448	Luis Almeida	05:42:27	05:42:46	172	Seniors M50	O MUNDO DA CORRIDA	01:04:24	172	01:58:34	175	02:28:38	177	03:48:17	183	04:47:21	183
187.	465	Miguel Pinho	05:44:48	05:45:01	173	Seniors M40	Casa da Sorte	00:58:53	100	01:46:21	117	02:13:18	112	03:33:30	154	04:42:02	175
188.	287	João Neto	05:45:07	05:45:33	174	Seniors M45		01:16:34	205	02:14:18	203	02:48:39	201	04:02:04	192	04:58:18	190
189.	313	Gonçalo Mendes	05:45:08	05:45:33	175	Seniors M40	Stress	01:16:34	206	02:14:17	202	02:48:40	202	04:02:04	193	04:58:19	191
190.	488	Gilberto Silva	05:45:45	05:45:54	176	Seniors M45		01:01:36	138	01:56:52	171	02:27:38	172	03:43:10	175	04:48:48	186
191.	317	Carlos Beato	05:46:19	05:46:22	177	Seniors M40	Linda-a-Pastora Sporting Clube	00:55:14	67	01:43:19	92	02:07:42	90	03:27:02	138	04:40:57	173
192.	331	Paulo Moniz	05:48:10	05:48:38	178	Seniors M40		01:10:24	192	02:07:40	192	02:43:24	191	03:58:38	190	04:57:49	189
193.	266	Nuno Paulo	05:53:30	05:53:36	179	Seniors M40	SSCGD	01:04:23	171	01:58:55	178	02:29:26	181	03:50:35	186	04:54:09	188
194.	351	Inês Félix	06:00:13	06:00:41	15	Women		01:10:51	196	02:11:31	199	02:43:37	194	04:01:30	191	05:08:10	195
195.	378	Nuno Chung	06:00:14	06:00:41	180	Men		01:10:26	195	02:11:32	200	02:43:36	193	04:15:02	199	05:08:09	194
196.	202	Uwe Bohnhoff	06:08:32	06:08:56	181	Seniors M50	Individual	01:11:37	199	02:09:45	193	02:43:42	197	04:05:35	196	05:12:15	198
197.	209	Birgit Noetzel	06:08:33	06:08:56	16	Seniors W50	Individual	01:11:37	200	02:09:45	194	02:43:44	198	04:05:33	195	05:12:12	197
198.	503	Fernando Pessanha Barbosa	06:08:28	06:08:57	182	Seniors M45		01:10:19	189	02:05:03	189	02:39:07	189	03:51:28	189	05:00:32	192
199.	239	Carlos Gonçalves	06:09:18	06:09:29	183	Seniors M55	Lebres e Tartarugas	01:07:24	185	02:04:36	188	02:40:57	190	04:05:29	194	05:09:25	196
200.	350	Filipa Cabaça	06:10:48	06:10:57	17	Women	Run4Fun	01:15:49	203	02:17:49	204	02:53:37	204	04:20:04	202	05:17:21	199
201.	241	Frederico Sousa	06:19:08	06:19:20	184	Seniors M50	Lebres e Tartarugas	01:11:21	198	02:10:21	195	02:47:03	200	04:15:40	201	05:23:32	202
202.	377	João Chung	06:28:04	06:28:30	185	Men	Portugal Runners	01:10:25	194	02:11:15	198	02:43:39	196	04:15:05	200	05:22:03	200
203.	516	N.N. 516	06:28:02	06:28:30	186	Men		01:10:56	197	02:10:50	196	02:43:37	195	04:05:37	198	05:22:05	201
204.	434	Ramiro Miguel	06:40:32	06:40:47	187	Seniors M60	C.C.D.RÁDIO MARCONI	01:06:37	183	02:06:34	191	02:44:24	199	04:29:15	204	05:45:17	204

Lugar	Dorsal	Nome	T.Chip	T.rova	Cl.Sexo	Escalão	Clube	10k	Pos	16k	Pos	21k	Pos	30k	Pos	35k	Pos
205.	514	Luis Antunes	06:45:32	06:45:54	188	Seniors M50	GA Monsanto/Gascan	01:13:10	201	02:12:13	201	02:49:39	203	04:27:09	203	05:38:34	203
206.	210	António Arede	06:59:09	06:59:18	189	Men	Run 4 Fun	01:15:50	204	02:17:52	205	02:53:40	205	04:29:38	205	05:45:27	205
207.	269	António Portugal	06:59:02	06:59:18	190	Seniors M45	GD INE	01:15:04	202	02:22:52	206	02:59:19	206	04:38:42	206	05:55:22	206