

Lugar	Dorsal	Nome	Equipa	Tempo	Escalão	Sexo	4 Km	20 Km	26.2 Km	30 Km					
1.	1176	RUI LUZ	AMCF - ARRÁBIDA TRAIL TEAM	02:59:20	M40	1.	1.	00:17:30	2	01:26:08	2	01:47:26	1	02:09:08	1
2.	1025	JOAO FAUSTINO		03:04:34	M45	1.	2.	00:17:30	3	01:27:51	3	01:49:35	2	02:13:45	2
3.	1138	PAULO ALVES	GDCT IN CM	03:05:00	M40	2.	3.	00:18:14	4	01:31:55	4	01:54:20	3	02:15:33	3
4.	1001	PAULO GOMES	EVELX - ASSOCIAÇÃO DE ESTILOS DE VIDA SAUDÁVEL	03:25:41	SEN-M	1.	4.	00:19:39	10	01:37:59	7	02:02:38	6	02:28:51	6
5.	1209	CARLOS LOURENÇO		03:28:10	M50	1.	5.	00:18:21	6	01:33:32	6	01:59:40	5	02:26:20	5
6.	1123	PEDRO ALVES		03:30:26	SEN-M	2.	6.	00:19:18	7	01:38:11	8	02:04:49	7	02:31:43	7
7.	1069	SÉRGIO PARDAL	CHEGAR AO FIM	03:30:59	SEN-M	3.	7.	00:19:50	11	01:39:34	11	02:05:29	8	02:31:58	9
8.	1097	LÁSZLÓ KALMÁR-NAGY		03:34:21	M45	2.	8.	00:19:39	9	01:39:52	12	02:07:32	11	02:34:40	10
9.	1019	JOSÉ SILVA		03:37:25	M45	3.	9.	00:21:04	17	01:39:25	10	02:05:31	9	02:31:54	8
10.	1156	LUIS MOLEIRO		03:39:22	SEN-M	4.	10.	00:18:18	5	01:32:33	5	01:58:43	4	02:25:54	4
11.	1164	GILLES DUFOSSE		03:39:36	M40	3.	11.	00:21:20	23	01:41:14	14	02:08:37	13	02:36:33	13
12.	1045	HUMBERTO PESTANA	AD IALBAX	03:40:20	M40	4.	12.	00:21:08	18	01:42:26	15	02:08:44	14	02:37:50	14
13.	1139	THOMAS BERLAND	LES INDÉCISTRUCTIBLES	03:41:08	SEN-M	5.	13.	00:21:08	19	01:41:11	13	02:08:35	12	02:36:30	12
14.	1104	ADRIANNA PABIAN	BIEGAJ Z ADI	03:47:50	SEN-F	1.	1.	00:20:44	15	01:42:46	17	02:10:34	16	02:39:03	15
15.	1112	VITOR LEBRE		03:50:08	M40	5.	14.	00:20:58	16	01:46:44	21	02:15:30	19	02:45:41	18
16.	1115	LUIS NUNES	BENFICA EM FORMA	03:58:01	M40	6.	15.	00:21:12	21	01:43:22	19	02:12:18	17	02:44:09	16
17.	1129	CHRISTIE JOHNSON		03:58:58	SEN-F	2.	2.	00:21:44	25	01:50:28	23	02:20:49	21	02:50:30	22
18.	1065	FERNANDO ROSETE	RUN 4 FUN	04:00:52	M45	4.	16.	00:21:15	22	01:44:56	20	02:13:50	18	02:47:35	21
19.	1002	BRUNO MAIA	CLUBE DESPORTIVO RECREATIVO RIBEIRINHO	04:01:56	M40	7.	17.	00:19:24	8	01:38:52	9	02:06:04	10	02:35:51	11
20.	1171	NUNO ANTUNES	TRILHOS DO COSTUME	04:02:33	M50	2.	18.	00:22:44	30	01:52:08	28	02:22:17	23	02:53:32	26
21.	1035	MARCELO SOUSA	VIPRUNNING	04:03:35	M45	5.	19.	00:23:19	36	01:52:34	30	02:22:45	27	02:53:13	23
22.	1178	THEODOROS GKOUMAS	APOLLON DYTIKIS ATTIKIS	04:03:47	M60	1.	20.	00:25:32	71	01:58:56	47	02:30:45	42	02:59:13	34
23.	1160	PAULO SÁ		04:03:47	M45	6.	21.	00:23:21	37	01:58:18	45	02:30:55	43	02:59:20	36
24.	1183	HERBERTO MONTEIRO		04:04:26	M45	7.	22.	00:22:50	33	01:53:33	32	02:22:33	24	02:55:42	28
25.	1137	NUNO GONÇALVES	GDCT IN CM	04:07:03	M40	8.	23.	00:22:36	27	01:51:08	26	02:21:42	22	02:54:15	27
26.	1003	INÊS PEIXOTO	EVELX - ASSOCIAÇÃO DE ESTILOS DE VIDA SAUDÁVEL	04:07:22	SEN-F	3.	3.	00:22:36	28	01:52:28	29	02:22:41	26		-1
27.	1128	PAWEL ORLOWSKI		04:08:03	M55	1.	24.	00:20:14	13	01:42:33	16	02:10:19	15	02:44:14	17
28.	1182	PEDRO PIRES	ASSOCIAÇÃO DE ATLETISMO LEBRES DO SADO	04:08:19	M50	3.	25.	00:24:18	57	01:55:16	39	02:25:45	34	02:57:39	32
29.	1168	VITOR MARQUES	RUNNERS DA FRENTE RIBEIRINHA DA PÓVOA DE SANTA IRIA	04:08:34	SEN-M	6.	26.	00:19:50	12	01:50:29	24	02:19:49	20	02:53:20	24
30.	1043	LE LAURENT		04:09:57	M55	2.	27.	00:24:39	62	01:54:42	36	02:26:04	35	02:57:31	31
31.	1058	RAMÓN GRANADOS		04:10:41	M45	8.	28.	00:23:49	42	01:54:32	35	02:27:24	36	03:00:57	38
32.	1151	LAURENT COURET		04:13:00	M40	9.	29.	00:24:13	55	01:56:06	41	02:25:44	33	02:56:35	30
33.	1071	RICARDO RESENDE		04:15:20	M40	10.	30.	00:22:45	31	01:51:12	27	02:27:26	37	03:01:28	40
34.	1131	CUSTODIO NUNES	CLUBE FUTEBOL DE SASSOEIROS	04:15:20	M50	4.	31.	00:23:18	35	01:52:35	31	02:23:49	29	02:56:11	29
35.	1046	PEDRO SANTOS		04:17:09	SEN-M	7.	32.	00:23:46	40	01:54:29	34	02:24:11	30	02:53:27	25
36.	1122	MIGUEL MARQUES	GANGUE DAS 6H10	04:17:44	M40	11.	33.	00:23:50	43	01:55:14	38	02:25:38	32	03:01:00	39
37.	1143	DAVID FAUSTINO	SS CGD	04:19:39	M50	5.	34.	00:22:44	29	01:56:48	42	02:28:38	38	03:02:27	41
38.	1091	JOÃO RIBAU		04:21:16	SEN-M	8.	35.	00:21:35	24	01:54:54	37	02:33:46	50	03:10:52	52
39.	1080	SEAN POWER		04:22:03	SEN-M	9.	36.	00:24:11	53	01:59:06	48	02:30:03	40	03:02:48	42
40.	1049	CHRISTOPHE ABRANTES		04:23:50	M40	12.	37.	00:24:05	49	01:57:50	43	02:31:02	45	03:03:25	43
41.	1010	JESUS PRIETO	ATLETAS POPULARES VALLADOLID	04:24:13	M40	13.	38.	00:24:08	52	02:00:27	52	02:33:02	48	03:07:27	45
42.	1011	MAGDA MAGDA	CLUBE DO STRESS	04:24:55	F40	1.	4.	00:26:08	81	02:04:09	62	02:37:05	54	03:12:09	55
43.	1135	FLÁVIO BOLRÃO	BARRANCOS FC / BIOGADO	04:25:51	SEN-M	10.	39.	00:20:35	14	01:50:01	22	02:22:33	25	03:00:19	37
44.	1075	LEONEL NEVES	AMIGOS VALE SILÊNCIO	04:26:05	M60	2.	40.	00:24:04	47	01:59:48	50	02:34:09	52	03:10:50	51
45.	1079	CHRISTOPHE GREGOIRE		04:26:32	M40	14.	41.	00:23:36	39	01:58:00	44	02:30:10	41	03:04:08	44
46.	1018	HUGO HILÁRIO	NÚCLEO SPORTING CP SEIXAL	04:26:42	M40	15.	42.	00:22:47	32	01:53:50	33	02:25:02	31	02:59:18	35
47.	1133	DAVID LEITE		04:28:03	SEN-M	11.	43.	00:24:06	51	01:59:27	49	02:32:39	47	03:10:01	47
48.	1179	GEORGIOS MYLONAS	APOLLON DYTIKIS ATTIKIS	04:28:23	M60	3.	44.	00:25:53	79	02:05:28	63	02:38:19	59	03:12:04	54
49.	1072	MÁRIO FILIPE	SALAMANDRECOS	04:28:49	M50	6.	45.	00:21:49	26	01:55:54	40	02:29:48	39	03:09:39	46
50.	1172	NUNO PINTÃO		04:28:58	M45	9.	46.	00:23:49	41	02:03:17	58	02:37:07	55	03:12:54	57
51.	1015	JOAO CABELEIRA	CLUBE DO STRESS	04:29:31	M45	10.	47.	00:27:11	85	02:06:00	67	02:40:16	66	03:18:29	65

Lugar	Dorsal	Nome	Equipa	Tempo	Escalão	Sexo	4 Km	20 Km	26.2 Km	30 Km					
52.	1173	ANTONIO CUMBRE	PERNAS DE GAFANHOTO	04:29:31	M40	16.	48.	00:27:12	86	02:05:58	66	02:40:17	67	03:18:29	64
53.	1036	BARBARA BERTARELLI	9,92 RUNNING	04:30:27	F40	2.	5.	00:25:00	65	02:06:47	70	02:38:50	63	03:13:25	58
54.	1136	GABRIEL MOREIRA		04:30:51	M60	4.	49.	00:25:16	69	02:03:43	61	02:38:18	58	03:13:51	59
55.	1142	HANNA GIERZYNSKA-ZALEWSKA		04:31:14	SEN-F	4.	6.	00:23:57	46	02:01:00	54	02:33:17	49	03:10:09	49
56.	1076	SUI CHIU		04:31:36	M50	7.	50.	00:25:05	67	02:06:16	68	02:39:42	65	03:15:15	61
57.	1132	RAQUEL NUNES	CLUBE FUTEBOL DE SASSOEIROS	04:32:23	F50	1.	7.	00:24:05	50	02:05:34	65	02:38:54	64	03:14:30	60
58.	1086	RICARDO DENGUE	FIDELIDADE GDC	04:33:27	M40	17.	51.	00:24:36	61	02:02:59	56	02:36:59	53	03:12:04	53
59.	1073	EMANUEL SEITA		04:34:51	M40	18.	52.	00:24:35	60	01:58:30	46	02:31:06	46	03:10:08	48
60.	1006	NUNO CABEÇA		04:35:21	M45	11.	53.	00:24:14	56	02:00:39	53	02:30:59	44	03:10:13	50
61.	1141	CLÁUDIO BERNARDINO		04:36:21	M40	19.	54.	00:22:54	34	01:50:34	25	02:23:03	28	02:58:49	33
62.	1081	NATASHA HALKETT		04:37:28	SEN-F	5.	8.	00:24:12	54	01:59:57	51	02:34:09	51	03:12:18	56
63.	1103	LAURIANE KERRAND		04:41:46	SEN-F	6.	9.	01:07:37	126	02:10:10	79	02:44:38	72	03:20:01	68
64.	1153	ANDREIA PEREIRA	AMCF - ARRÁBIDA TRAIL TEAM	04:42:08	SEN-F	7.	10.	00:27:46	93	02:14:13	86	02:51:29	82	03:30:10	81
65.	1090	NUNO FIGUEIREDO		04:43:07	M40	20.	55.	00:26:08	80	02:06:38	69	02:40:42	68	03:16:53	63
66.	1120	MAGNUS STÄVBERG		04:45:18	M40	21.	56.	00:24:23	58	02:03:37	60	02:38:16	57	03:20:03	69
67.	1134	JÚLIO BARÃO		04:46:39	M40	22.	57.	00:25:15	68	02:05:28	64	02:38:27	61	03:19:29	66
68.	1125	RYSZARD TYC		04:47:16	M55	3.	58.	00:24:31	59	02:07:25	73	02:42:02	69	03:22:50	71
69.	1174	PABLO BARBEITO	LANGOSTEIRA XTRAIL	04:47:43	M40	23.	59.	00:29:17	106	02:16:51	91	02:50:56	81	03:28:47	79
70.	1108	PEDRO FILIPE		04:48:24	M40	24.	60.	00:24:04	48	02:03:18	59	02:38:24	60	03:16:29	62
71.	1154	NUNO SANTIAGO		04:48:32	M40	25.	61.	00:28:01	99	02:14:28	87	02:51:31	83	03:30:11	82
72.	1051	FREDERIK SCHJOTTZ		04:49:07	SEN-M	12.	62.	00:27:30	92	02:12:28	81	02:48:36	79	03:24:35	76
73.	1100	JANA MOISEJENKO		04:50:10	SEN-F	8.	11.	00:25:36	73	02:10:01	78	02:45:00	74	03:24:07	75
74.	1166	RUI PEDRAS		04:50:23	M60	5.	63.	00:25:50	76	02:12:29	82	02:45:58	76	03:24:06	74
75.	1009	CÉSAR DIOGO	BRUXOS RUNNERS	04:50:26	M40	26.	64.	00:23:52	44	02:03:12	57	02:38:41	62	03:19:59	67
76.	1150	SZYMON DRAB	SZAKALE BAŁUT ŁÓDŹ	04:51:02	SEN-M	13.	65.	00:25:31	70	02:09:27	76	02:44:59	73	03:23:48	73
77.	1099	JULIJA GIMBUTAITE		04:51:14	SEN-F	9.	12.	00:25:36	74	02:08:32	74	02:46:36	77	03:23:34	72
78.	1062	ÁNGEL MADRIGAL		04:51:55	M55	4.	66.		-1	02:35:05	114		-1	02:45:58	20
79.	1061	MIGUEL MORENO		04:51:56	M55	5.	67.		-1	02:35:04	113		-1	02:45:57	19
80.	1149	LUDOVIC TURCAN	LES TURC@N'S	04:52:15	SEN-M	14.	68.	00:27:56	97	02:13:41	85	02:49:03	80	03:26:36	77
81.	1169	JOSÉ FARIA	TRAIL-RUNNING.PT	04:53:06	SEN-M	15.	69.	00:25:53	78	02:15:13	88	02:52:28	86	03:33:58	86
82.	1162	MARIANA BALLESTER		04:53:06	SEN-F	10.	13.	00:25:52	77	02:15:13	89	02:52:28	85	03:33:58	87
83.	1047	HIROSHI AMIKURA		04:53:21	M45	12.	70.	00:23:53	45	02:02:01	55	02:37:57	56	03:20:53	70
84.	1087	CARLOS MARTINS	FIDELIDADE GDC	04:56:56	M45	13.	71.	00:28:10	101	02:21:27	104	02:56:56	93	03:38:51	93
85.	1165	HERMÍNIA FERREIRA	FIDELIDADE GDC	04:56:56	F40	3.	14.	00:28:10	102	02:21:27	105	02:56:56	94	03:38:51	94
86.	1105	CHARLOTTE MCKELVIE	WIDNES RUNNING CLUB	04:57:24	SEN-F	11.	15.	00:24:45	63	02:10:44	80	02:47:07	78	03:27:24	78
87.	1005	RITA MANSO	CLUBE DO STRESS	04:57:35	F40	4.	16.	00:27:13	88	02:17:05	94	02:53:28	89	03:36:18	92
88.	1004	TIAGO DIONISIO	CLUBE DO STRESS	04:57:36	M45	14.	72.	00:27:12	87	02:17:04	93	02:53:26	88	03:36:18	91
89.	1126	MARIA KARLSSON		05:00:04	SEN-F	12.	17.	00:27:59	98	02:16:11	90	02:53:37	90	03:32:03	85
90.	1106	HERVÉ GRAS		05:00:37	M45	15.	73.	00:23:23	38	02:09:16	75	02:45:23	75	03:28:47	80
91.	1008	CARLOS PENA	GRD "OS FIXES"	05:01:29	M50	8.	74.	00:29:23	107	02:18:24	97	02:57:52	96	03:41:42	98
92.	1066	JORGE PAULO	RUN 4 FUN	05:09:59	M60	6.	75.	00:25:39	75	02:13:28	84	02:51:45	84	03:35:14	88
93.	1059	MIGUEL GRANADOS		05:12:06	M40	27.	76.	00:27:54	95	02:20:15	102	02:59:59	100	03:41:38	96
94.	1060	XAVIER MORAL		05:12:07	M50	9.	77.	00:27:53	94	02:20:12	101	02:59:50	99	03:41:38	97
95.	1014	NATACHA MOUCO	PANDAS GORDOS	05:15:24	SEN-F	13.	18.	00:27:55	96	02:17:00	92	02:56:10	92	03:36:04	89
96.	1127	KEISER ISABELLE		05:15:34	F50	2.	19.	00:29:41	112	02:27:20	110	03:07:29	107	03:46:39	103
97.	1023	DAVID VIEGAS	GRUPO CICLOTURISMO ESTRELAS DA AMADORA	05:15:34	SEN-M	16.	78.	00:25:02	66	02:09:46	77	02:52:43	87	03:36:12	90
98.	1163	GEORGIOS KOUSTAS	APOLLON DYTIKIS ATTIKIS	05:15:50	M50	10.	79.	00:28:56	105	02:20:50	103	03:01:27	102	03:42:17	101
99.	1199	SAMI MYÖHÄNEN		05:17:49	SEN-M	17.	80.	00:26:48	83	02:06:59	72	02:43:37	71	03:31:53	84
100.	1012	PEDRO RODRIGUES		05:17:49	SEN-M	18.	81.	00:26:46	82	02:06:56	71	02:43:34	70	03:31:50	83
101.	1146	LAURA HUU	LES INDÉCISTRUCTIBLES	05:20:32	SEN-F	14.	20.	00:27:21	91	02:21:40	106	02:59:15	98	03:42:10	100
102.	1044	MARIA CORIGLIANO		05:22:22	F50	3.	21.	00:27:15	89	02:18:24	98	02:57:06	95	03:42:06	99

Lugar	Dorsal	Nome	Equipa	Tempo	Escalão	Sexo	4 Km	20 Km	26.2 Km	30 Km					
103.	1175	DUARTE MARTELO		05:22:23	M45	16.	82.	00:27:16	90	02:18:22	96	02:56:10	91	03:40:32	95
104.	1218	VICENTE PEIRÓ	C.E. QUATRE GATS RÒTOVA	05:23:38	M45	17.	83.	00:27:11	84	02:22:06	107	03:04:37	105	03:46:54	104
105.	1057	DANIEL JORGE		05:29:05	SEN-M	19.	84.	00:29:30	108	02:19:37	99	02:58:48	97	03:45:04	102
106.	1111	MARIANI NICOLINO		05:33:08	M55	6.	85.	00:28:13	103	02:22:49	108	03:04:52	106	03:51:13	106
107.	1027	TERRI KERR		05:37:10	SEN-F	15.	22.	00:29:35	109	02:29:16	111	03:11:37	108	03:54:26	109
108.	1155	MARK CHMIEL		05:39:40	M50	11.	86.	00:29:41	111	02:40:09	115	03:20:40	111	04:03:20	111
109.	1130	KANE ALPHA	KANE	05:44:12	SEN-M	20.	87.	00:24:49	64	02:13:23	83	03:00:10	101	03:48:27	105
110.	1170	IRENE AZZALI	LEOPODISTICA	05:44:18	SEN-F	16.	23.	00:29:36	110	02:30:38	112	03:13:38	109	04:02:11	110
111.	1098	GEORGE TITATTO		05:49:46	SEN-M	21.	88.	00:25:35	72	02:17:23	95	03:02:54	104	03:53:42	108
112.	1102	BERENGERE FERNANDEZ		05:57:30	F50	4.	24.	00:31:00	116	02:42:01	119	03:21:13	112	04:09:12	112
113.	1063	FRANCISCO RODRÍGUEZ		06:03:01	M60	7.	89.	00:28:07	100	02:20:04	100	03:01:43	103	03:51:55	107
114.	1038	JOAQUIM SILVA		06:03:21	M50	12.	90.	00:31:01	117	02:40:58	116	03:26:16	115	04:16:21	115
115.	1121	PAMELA THORNTON		06:05:21	F40	5.	25.	00:29:47	113	02:41:18	118	03:23:17	114	04:15:19	114
116.	1202	PAUL TOZERCZYK		06:05:21	M55	7.	91.	00:29:56	115	02:41:14	117	03:23:06	113	04:15:18	113
117.	1101	AIDA COSTA	FITNESSFORLIFE	06:07:50	SEN-F	17.	26.	00:33:48	121	02:45:32	121	03:34:51	117	04:19:39	120
118.	1119	NICOLE GONÇALVES	FITNESSFORLIFE	06:07:50	SEN-F	18.	27.	00:33:48	123	02:45:34	124	03:34:52	119	04:19:35	116
119.	1118	BRUNO LOPES	FITNESSFORLIFE	06:07:51	SEN-M	22.	92.	00:33:49	124	02:45:33	122	03:34:52	118	04:19:35	117
120.	1117	ANDREIA LOURENÇO	FITNESSFORLIFE	06:07:51	SEN-F	19.	28.	00:33:49	125	02:45:33	123	03:34:53	120	04:19:36	118
121.	1116	LUIS MARTINS	FITNESSFORLIFE	06:07:51	SEN-M	23.	93.	00:33:48	122	02:45:34	125	03:34:53	121	04:19:38	119
122.	1113	JULIE FILUCCI		06:23:53	F40	6.	29.	00:31:48	120	02:43:26	120	03:34:24	116	04:26:42	121
123.	1161	YUAN HE		06:37:15	SEN-F	20.	30.	00:31:47	119	02:56:38	128	03:44:59	122		-1