

MARGINAL RIO AZUL

Dorsal	Atleta	Clube	Escalão	P.escalão	Geral
134	JOSE DA LUZ	BENAV	SENM	1	1 00:24:16
34	CARLOS ALVES	BPICO	SENM	2	2 00:24:22
218	RUI BALTAZAR	ALS	SENM	3	3 00:24:37
215	RICARDO GUIMARAES	ALS	SENM	4	4 00:24:44
100	JOAO CARDOSO	ALS	SENM	5	5 00:24:47
130	JOSE CAMELO	ALS	SENM	6	6 00:24:55
67	FERNANDO PAULO	ALS	SENM	7	7 00:24:59
209	PEDRO MIGUEL CORREIA DIOGO	IND	SENM	8	8 00:25:32
162	MANUEL VILELA	ALS	SENM	9	9 00:25:41
66	FERNANDO JORGE DA SILVA SANTOS	MGP	SENM	10	10 00:25:48
123	JORGE GONÇALVES	ABROCA	SENM	11	11 00:25:53
185	NUNO ABILIO	AMCF	SENM	12	12 00:26:01
69	FILIFE ANDRÉ MATOS MADEIRA	IND	SENM	13	13 00:26:54
110	JOAO RAFAEL SILVA LIMA	MUTOLAS	SENM	14	14 00:27:24
259	VITORINO HENRIQUE DOS ANJOS	IND	SENM	15	15 00:27:29
257	VITOR CUNHA	LSADO	SENM	16	16 00:27:34
78	GONÇALO ROFRIGO CARDOSO	WIKABOO	SENM	17	17 00:27:38
253	VICTOR ARAUJO	BPICO	SENM	18	18 00:28:01
44	CHANTAL CHERVELLE	AMCF	SENF	1	19 00:28:38
94	JAIME LAMEGO	MULTIR	SENM	19	20 00:28:41
72	FRANCISCO LOPES	IND	SENM	20	21 00:28:44
5	ALVARO COELHO	ALS	SENM	21	22 00:29:26
276	RUI ESTEVES	IND	SENM	22	23 00:29:29
207	PEDRO MANUEL SOUSA	IND	SENM	23	24 00:29:33
256	VITOR ALEXANDRE PEREIRA ALVITO	IND	SENM	24	25 00:29:37
128	JOSE AMERICO ALMEIDA DE BRITO	IND	SENM	25	26 00:29:40
113	JOÃO SOUSA	AMCF	SENM	26	27 00:29:46
139	JOSE SEABRA	A64CNE	SENM	27	28 00:29:49
91	ISABEL MARIA PEREIRA MALDONADO	GRQL	SENF	2	29 00:29:52
108	JOAO PEDRO ABRANTES DA SILVA	IND	SENM	28	30 00:30:10
65	FERNANDO JESUS	AMCF	SENM	29	31 00:30:14
188	OLIMPIO SANTOS	CADTP	SENM	30	32 00:30:17
219	RUI BOLOTA	AMCF	SENM	31	33 00:30:20
186	NUNO SILVA	CADTP	SENM	32	34 00:30:23
150	LUIS PEREIRA	FLAMING	SENM	33	35 00:30:35
277	FILIFE PEDRO	IND	SENM	34	36 00:30:38
268	MIGUEL LINO	BES	SENM	35	37 00:30:42
271	JOSE ALVES	IND	SENM	36	38 00:30:46
146	LUIS FIDALGO	IND	SENM	37	39 00:30:50
131	JOSE CARLOS PEREIRA SANTOS	IND	SENM	38	40 00:30:56
143	LUIS ANTUNES	CADTP	SENM	39	41 00:30:59
111	JOAO SANHEIRO	A64CNE	SENM	40	42 00:31:04
249	TITO PEDROSO	FALCOES	SENM	41	43 00:31:08
223	RUI SANTOS	IND	SENM	42	44 00:31:12
103	JOAO LAZARO	SAPECG	SENM	43	45 00:31:18
163	MARCO AURÉLIO MARINO	NAFCS	SENM	44	46 00:31:22
47	CLAUDIO MOÇO	SAPECG	SENF	4	48 00:31:28
77	GERRY SANITZ	LSADO	SENM	45	49 00:31:32
126	JORGE PEREIRA	BES	SENM	46	50 00:31:39
127	JOSE ALVES	SSCGD	SENM	47	51 00:31:44

239	SILVINO MARREIROS	CADTP	SENM	48	52	00:31:47
62	EZEQUIEL FERNANDES	CADTP	SENM	49	53	00:31:50
179	MAURICIO MARQUES	IND	SENM	50	54	00:31:55
266	JOSE FIGUEIREDO	ALS	SENM	51	55	00:32:04
208	PEDRO MARTINS	IND	SENM	52	56	00:32:08
6	ALVARO RIBEIRO	IND	SENM	53	57	00:32:13
153	LUIS SILVA	IND	SENM	54	58	00:32:17
38	CARLOS RECIO	AMCF	SENM	55	59	00:32:22
235	SELENE MARIA BARRETO LIMA	MUTOLAS	SENF	5	60	00:32:30
76	FREDERICO VELGE	SAPECG	SENM	56	61	00:32:40
58	EGIDIO SILVA	SSCGD	SENM	57	62	00:32:47
236	SERGIO CAMPAO	FALCOES	SENM	58	63	00:32:51
83	HELIO SANTOS	IND	SENM	59	64	00:32:56
270	ANA CRUZ	IND	SENF	6	65	00:32:59
269	BRUNO MARTINS	IND	SENM	7	66	00:33:04
213	RAQUEL MOTA	IND	SENF	8	67	00:33:08
252	VASCO ALVES	IND	SENM	60	68	00:33:11
104	JOÃO MESQUITA	IND	SENM	61	69	00:33:17
144	LUIS CRUZ	IND	SENM	62	70	00:33:35
36	CARLOS FURTADO	IND	SENM	63	71	00:33:38
214	RICARDO FARINHA	IND	SENM	64	72	00:33:41
16	ANDRE NORONHA	SSCGD	SENM	65	73	00:33:45
19	ANIBAL JOSE GRILO DOS SANTOS	IND	SENM	66	74	00:33:49
84	HENRIQUE MANUEL RODRIGUES	IND	SENM	67	75	00:33:54
92	ISIDORO BATISTA	NAGUIAS	SENM	68	76	00:33:59
122	JORGE FERNANDES	NAGUIAS	SENM	69	77	00:34:04
205	PEDRO GOUVEIA	IND	SENM	70	78	00:34:08
237	SERGIO CASAL	IND	SENM	71	79	00:34:12
154	MADALENA FONTINHAS	PRANGERS	SENF	9	80	00:34:17
202	PAULO SANTOS	IND	SENM	72	81	00:34:21
175	MARIO TOMÉ	AMCF	SENM	73	82	00:34:25
267	GABRIEL VALENTIM DOS SANTOS LUCIO	IND	SENM	74	83	00:34:28
101	JOAO CARIA	IND	SENM	75	84	00:34:32
199	PAULO CARDIM	ADC	SENM	76	85	00:34:36
151	LUIS QUENTAL DA COSTA	SSCGD	SENM	77	86	00:34:42
106	JOAO PAULO CANAS MONTEIRO	PRANGERS	SENM	78	87	00:34:46
71	FRANCISCO CHAO	A64CNE	SENM	79	88	00:34:50
37	CARLOS JOSE PEREIRA	NAFCS	SENM	80	89	00:34:55
229	SANDRA MARINA CONSTANTINO	IND	SENF	10	90	00:35:06
82	HELDER MANUEL CONSTANTINO	IND	SENM	81	91	00:35:13
22	ANTONIO CARDOSO SANTOS	IND	SENM	82	92	00:35:20
141	LILIANA FILIPE	PRANGERS	SENF	11	93	00:35:25
4	ALEXANDRE FERNANDES	PRANGERS	SENM	83	94	00:35:28
159	MANUEL JACINTO	CPA	SENM	84	95	00:35:38
152	LUIS SILVA	CADTP	SENM	85	96	00:35:44
24	ANTONIO NEGRINHO	SSCGD	SENM	86	97	00:35:49
26	ARLINDO PARRA	IND	SENM	87	98	00:36:01
216	RICARDO JORGE DO OURO MATOS	IND	SENM	88	99	00:36:06
174	MARIO SOARES	FAZVBTT	SENM	89	100	00:36:10
203	PAULO SIMAO	FAZVBTT	SENM	90	101	00:36:14
158	MANUEL FELIX	IND	SENM	91	102	00:36:19
240	SUSANA BRANCO	IND	SENF	12	103	00:36:22
262	NUNO DUARTE MESTRE GOMES	IND	SENM	92	104	00:36:25
260	VITORINO SANTOS	IND	SENM	93	105	00:36:28

74 FRANCISCO PRATES	LSADO	SENM	94	106	00:36:32
124 JORGE MANUEL PIRES	IND	SENM	95	107	00:36:37
118 JOAQUIM FILIPE CARACOL PINTO	IND	SENM	96	108	00:36:41
31 BRUNO COSTA	CQC	SENM	97	109	00:36:44
39 CARLOS SILVA	CQC	SENM	98	110	00:36:48
164 MARCO RUBEN DA COSTA	IND	SENM	99	111	00:36:52
29 ARTUR LINDO	IND	SENM	100	112	00:36:55
135 JOSÉ GAMITO	LSADO	SENM	101	113	00:36:59
114 JOAO VAIRINHOS	LSADO	SENM	102	114	00:37:02
156 MANUEL CARDIM	CADTP	SENM	103	115	00:37:05
119 JOAQUIM SANTOS	AMCF	SENM	104	116	00:37:07
136 JOSE M. COSTA	ALS	SENM	105	117	00:37:10
49 DANIEL PEREIRA SILVA	IND	SENM	106	118	00:37:13
155 MANUEL ANASTACIO	IND	SENM	107	119	00:37:17
27 ARMANDO JORGE VERISSIMO	NAFCS	SENM	108	120	00:37:22
1 ALBERTINO SEMEDO	SSCGD	SENM	109	121	00:37:26
148 LUIS MIGUEL MARQUES ROSARIO	IND	SENM	110	122	00:37:30
157 MANUEL DINIS PARDAL	LSADO	SENM	111	123	00:37:33
210 PEDRO PARDAL	IND	SENM	112	124	00:37:37
206 PEDRO LUIS DOS SANTOS ÁGUAS	IND	SENM	113	125	00:37:41
56 EDUARDO SILVA	SAPECG	SENM	114	126	00:37:44
35 CARLOS BRITO	BRITUS	SENM	115	127	00:37:47
161 MANUEL SEQUEIRA	LSADO	SENM	116	128	00:37:50
105 JOAO NUNO PEREIRA MARQUES	IND	SENM	117	129	00:37:53
204 PEDRO DELGADO	IND	SENM	118	130	00:37:56
211 PEDRO SEVERINO	IND	SENM	119	131	00:38:00
254 VIEIRA NEVES	NAGUIAS	SENM	120	132	00:38:03
51 ANDREA ALMEIDA	IND	SENF	13	133	00:38:06
192 PAULA CRISTINA HEITOR	IND	SENF	14	134	00:38:09
255 VITOR ABRANCHES	FALCOES	SENM	121	135	00:38:16
225 SANDRA ARRAIAS	ARRAIAS	SENF	15	136	00:38:19
54 DIOGO ARRAIAS	ARRAIAS	SENM	122	137	00:38:24
125 JORGE MIGUEL LOPES RAMOS	IND	SENM	123	138	00:38:27
3 ALEXANDRE DIREITINHO	FAZVBTT	SENM	124	139	00:38:30
221 RUI CORREIA	FAZVBTT	SENM	125	140	00:38:34
234 SARA RAQUEL DE SOUSA ADAO	IND	SENF	16	141	00:38:39
261 ZAIDA ESTEVÃO	ABROCA	SENF	17	142	00:38:44
86 HUGO SEVERINO	IND	SENM	126	143	00:38:47
181 MIGUEL REIZINHO	IND	SENM	127	144	00:38:56
99 JOAO AUGUSTO SOUSA	PRANGERS	SENM	128	145	00:38:59
200 PAULO LOPES	ALS	SENM	129	146	00:39:06
81 HELDER JOSÉ ARRANJA BELO	IND	SENM	130	147	00:39:09
25 ANTONIO PAVIA	PRANGERS	SENM	131	148	00:39:16
198 PAULA VIEIRA	FALCOES	SENF	18	149	00:39:18
220 RUI CAPUCHO	IND	SENM	132	150	00:39:26
115 JOAO VIEIRA	FALCOES	SENM	133	151	00:39:30
196 PAULA PEREIRA	FALCOES	SENF	19	152	00:39:33
245 TELMA SANTOS	AMCF	SENF	20	153	00:39:48
217 RICARDO SANTOS	AMCF	SENM	134	154	00:39:50
33 CARLA GARCIA	IND	SENF	21	155	00:40:04
7 ANA BARATA	IND	SENF	22	156	00:40:37
251 VALTER CENTEIO	CQC	SENM	135	157	00:40:40
70 FILIPE FERRADOR	BOMBO	SENM	136	158	00:40:44
222 RUI FIGUEIRA	CQC	SENM	137	159	00:40:51

15 ANDRE MORAIS	CQC	SENM	138	160	00:41:01
8 ANA BELA MEIA-VIA	IND	SENF	23	161	00:41:15
46 CLAUDIA PEREIRA	IND	SENF	24	162	00:41:18
176 MARISA MOSCA	IND	SENF	25	163	00:41:21
272 ROGERIO COSTA	IND	SENM	139	164	00:41:24
95 JOANA FALCAO	IND	SENF	26	165	00:41:44
273 PAULA SIMOES	IND	SENF	27	166	00:41:49
274 NUNO CORREIA	IND	SENM	140	167	00:41:52
30 ATILIO MENDONÇA	IND	SENM	141	168	00:41:58
244 TANIA LOPES	IND	SENF	28	169	00:42:03
212 RAFAEL ROCHA MEDA	CQC	SENM	142	170	00:42:23
68 FERNANDO SILVA	CQC	SENM	143	171	00:42:26
80 GUILHERME PERES	IND	SENM	144	172	00:42:47
109 JOAO PERES	LSADO	SENM	145	173	00:42:54
96 ANTONIO FERREIRA	IND	SENM	146	174	00:42:58
226 SANDRA CHAO	A64CNE	SENF	29	175	00:43:02
88 INES FERNANDES MENDES	A64CNE	SENF	30	176	00:43:06
231 SANDRINA MOREIRA	IND	SENF	31	177	00:43:09
177 MARLENE MENDES	IND	SENF	32	178	00:43:14
75 FRANSCISCO GIL	IND	SENM	147	179	00:43:27
278 FILIPE MIRANDA	IND	SENM	148	180	00:43:35
121 JOEL DE JESUS	IND	SENM	149	181	00:43:40
182 MIRIAM TANISMAGI	IND	SENF	33	182	00:43:44
165 MARCOS MEDEIROS	MUTOLAS	SENM	150	183	00:43:49
191 PATRICIA FERNANDES	PRANGERS	SENF	34	184	00:43:55
194 PAULA MARCELINO	CQC	SENF	35	185	00:44:02
233 SARA CENTEIO	CQC	SENF	36	186	00:44:06
250 TOMAS DA CRUZ MEIAS	IND	SENM	151	187	00:44:23
18 ANGELA MADEIRA DA CRUZ	SSCGD	SENF	37	188	00:44:26
10 ANA GRAÇA SANTANA TOUREIRO	IND	SENF	38	189	00:44:34
61 EUNICE TORRES	IND	SENF	39	190	00:44:38
45 CLAUDIA LOURENÇO	SSCGD	SENF	40	191	00:44:42
140 LIA VALIDO	IND	SENF	41	192	00:45:07
169 MARIA TERESA CARRETO	IND	SENF	42	193	00:45:45
102 JOAO CARRETO	IND	SENM	152	194	00:45:49
9 ANA FILIPA SANTANA	OSBOMBO	SENF	43	195	00:45:54
90 IRENE MARIA MORGADO ARAUJO	OSBOMBO	SENF	44	196	00:45:57
195 PAULA MARGARIDO	CQC	SENF	45	197	00:46:14
142 LINO SANHEIRO	A64CNE	SENM	153	198	00:46:44
53 DINA CARDOSO	ANATURA	SENF	45	199	00:46:55
248 TERESA PRATES	LSADO	SENF	46	200	00:47:12
120 JOEL CARVALHO	NAGUIAS	SENM	155	201	00:47:16
41 CATARINA REIS	IND	SENF	47	202	00:47:19
13 ANA PAULA FERNANDES	A64CNE	SENF	48	203	00:47:25
64 FERNANDA MEIA-VIA	IND	SENF	49	204	00:47:42
178 Marli Wojciechowski	IND	SENF	50	205	00:48:18
87 INES CARDOSO	ANATURA	SENF	51	206	00:48:29
28 ARMINDO CARDOSO	ANATURA	SENM	156	207	00:48:34
97 JOANA MARTINS SANTOS	SSCGD	SENF	52	208	00:49:32
224 RUI SANTOS	SSCGD	SENM	157	209	00:49:36
55 DIOGO SANTOS	SSCGD	SENM	158	210	00:49:39
183 MONICA BENTO	IND	SENF	53	211	00:53:48
228 SANDRA ELIAS	IND	SENF	53	211	00:50:58
40 CASSIANO DOS SANTOS FERNANDES	IND	SENM	159	212	00:55:08

232 SARA BELEJO	IND	SENF	54	213	00:55:11
42 CATIA DUARTE	BOMBO	SENF	55	214	00:56:48
173 MARIO PITEIRA	AMCF	SENM	160	215	00:57:43
85 HENRIQUE SANTOS	AMCF	SENM	161	216	00:57:53
160 MANUEL MESQUITA	AMCF	SENM	162	217	00:58:01
2 ALEXANDRE BRITO	BRITUS	SENM	163	218	00:58:10
17 ANDREIA MENDINHOS	CQC	SENF	56	219	00:58:54
247 TERESA MARGARIDA VERISSIMO	NAFCS	SENF	57	220	00:58:59
11 ANA PATRICIA ESPERANÇA	CQC	SENF	58	221	00:59:03
89 INES ROCHA MEDA	CQC	SENF	59	222	00:59:07
264 CARLA MARINA MORAIS	IND	SENF	60	223	01:00:18
190 PALUO ALMEIDA	IND	SENM	164	224	01:00:21
246 TERESA FILIPA FERREIRA DE ALMEIDA	IND	SENF	61	225	01:00:39
241 SUSANA CRISTINA MARINO	NAFCS	SENF	62	226	01:00:45
193 PAULA JESUS	AMCF	SENF	63	227	01:01:28
201 PAULO REIS	AMCF	SENM	165	228	01:01:35
43 CÉLIA SANTOS	AMCF	SENF	64	229	01:01:43
275 SARA MENDES	IND	SENF	65	230	01:01:50
184 NAIR MOSCA	A64CNE	SENF	66	231	01:01:54
149 LUIS PARIS	SSCGD	SENM	166	232	01:01:59
243 TANIA GODINHO	CQC	SENF	67	233	01:02:13
168 MARIA PIRES	CQC	SENF	68	234	01:02:19
48 CRISTINA VALIDO	IND	SENF	69	235	01:03:11
230 SANDRA SANTOS	IND	SENF	70	236	01:03:19
14 ANA VAZ	IND	SENF	71	237	01:03:23
79 GRACIETE ALVES	SSCGD	SENF	72	238	01:03:29
63 FATIMA SEMEDO	SSCGD	SENF	73	239	01:03:36

PARABÉNS A TODOS OS PARTICIPANTES- LUÍS JESUS