

Lugar	Dorsal	Nome	Escalão	Equipa	Sexo	Tempo	Chip	Ritmo
1	7932	RUI PEDRO SILVA	Seniores	S.L. BENFICA	M	01:06:22	01:06:22	00:03:09
2	7936	NUNO COSTA	Seniores	MAIA ATLÉTICO CLUBE	M	01:06:25	01:06:25	00:03:09
3	7912	RICARDO DIAS	Seniores	SPORTING CLUBE DE PORTUGAL	M	01:07:18	01:07:18	00:03:12
4	7931	JOSÉ COSTA	Seniores	MAIA ATLÉTICO CLUBE	M	01:07:55	01:07:55	00:03:14
5	7933	PAULO GOMES	M40	C.U.A.BENAVENTENSE	M	01:08:06	01:08:06	00:03:14
6	6202	ARTUR RODRIGUES	M35	C.U.A.BENAVENTENSE	M	01:08:26	01:08:26	00:03:15
7	7983	PEDRO CRUZ	Seniores	C.D.J.CRUZ IRMÃO	M	01:08:42	01:08:42	00:03:16
8	6232	HEITOR OLIVEIRA OLIVEIRA	Seniores	CYCLONES SANITOP	M	01:09:07	01:09:04	00:03:17
9	5529	DANIEL PEIXOTO	Seniores	C. CAMPISMO DE S.JOÃO DA MADEIRA	M	01:09:53	01:09:53	00:03:19
10	7744	ANTÓNIO FERNANDES ANTÓNIO FERNANDES	M45	ACR VALE DE CAMBRA	M	01:09:54	01:09:45	00:03:19
11	7939	BRUNO SOARES	Seniores	SJOÃO SERRA	M	01:10:54	01:10:54	00:03:22
12	7941	MANUEL FERREIRA	M45	G.D. GUILHOVAI	M	01:11:31	01:11:31	00:03:24
13	5854	JOSÉ FIGUEIREDO	M45	GD OS RIBEIRINHOS	M	01:11:47	01:11:47	00:03:25
14	7899	ABILIO COSTA	Juniores	S. SALVADOR CAMPO	M	01:12:01	01:12:01	00:03:25
15	7903	AUGUSTO COSTA	M40	TAIPAS	M	01:12:52	01:12:52	00:03:28
16	7985	CARLOS VALENTE	M40		M	01:13:10	01:13:10	00:03:29
17	7747	ULISSES MANUEL CARNEIRO LOPES	M45		M	01:13:18	01:13:18	00:03:29
18	7902	DELFIN CONCEIÇÃO	M40	ACDS JOÃO DA SERRA	M	01:13:26	01:13:26	00:03:29
19	6210	CARLOS MARTINS	Seniores		M	01:13:55	01:13:52	00:03:31
20	7904	ANTONIO COSTA	M40	U. D. VÁRZEA	M	01:14:06	01:14:05	00:03:31
21	7901	ELSA MARISA BRANCO BARROS RODRIGUES	Seniores		F	01:14:33	01:14:33	00:03:32
22	5288	CARLOS COSTA	Seniores	C.U.A.BENAVENTE	M	01:14:35	01:14:35	00:03:33
23	5804	JOÃO ANIBAL SILVA	M40	GRUPO DESPORTIVO FERROVIÁRIOS DE CAMPANHA	M	01:15:16	01:15:11	00:03:34
24	7910	JOÃO SA	Seniores		M	01:15:41	01:15:41	00:03:36
25	7898	ANTÓNIO SILVA	M40		M	01:16:08	01:16:08	00:03:37
26	7937	FILIFE COUTINHO	Seniores		M	01:16:13	01:16:13	00:03:37
27	7960	MARCO BERNARDO	Seniores		M	01:16:20	01:16:20	00:03:38
28	7959	ANALIA ROSA	F35		F	01:16:20	01:16:20	00:03:38
29	7923	MUSTAPHA BERRI	M50		M	01:16:39	01:16:39	00:03:38
30	7405	JOSE DOS SANTOS MONTEIRO	M55	DOURO AZUL	M	01:17:31	01:17:29	00:03:41
31	8953	BRUNO RODRIGUES	Seniores	SIRA - SOC INSTRUÇÃO E RECREIO ALDREENSE	M	01:17:38	01:17:31	00:03:41
32	7908	HENRIQUE PAREDES	M50	ESCOLA DE ATLETISMO ROSA OLIVEIRA	M	01:17:39	01:17:37	00:03:41
33	8415	JOSE FERREIRA DA SILVA	M50		M	01:17:41	01:16:54	00:03:39
34	8416	LUIA OLIVEIRA	F35		F	01:17:41	01:17:41	00:03:41
35	7986	NUNO MARQUES	M35	POTEEEEENTES	M	01:17:46	01:17:46	00:03:42
36	7200	MARCO JORGE CARVALHO FILIPE	M35		M	01:18:01	01:18:01	00:03:42
37	6442	MARIO SILVA	M45	ACDS JOÃO DA SERRA	M	01:18:02	01:18:01	00:03:42
38	8636	FERNANDO GRILO	M35	SIRA - SOC INSTRUÇÃO E RECREIO ALDREENSE	M	01:18:15	01:18:09	00:03:43
39	7968	JOAO TEIXEIRA	M50	CRACKS C. LAMEGO	M	01:18:17	01:18:17	00:03:43
40	5274	LUÍS RICARDO BEATO PEREIRA	Seniores		M	01:18:33	01:18:30	00:03:44
41	5540	ANTONIO ALMEIDA	M35		M	01:18:34	01:18:14	00:03:43
42	7896	ANDRÉ NADAIS	Seniores	G.D. GUILHOVAI	M	01:18:34	01:18:34	00:03:44
43	6234	RICARDO FERREIRA FERREIRA	Seniores	CYCLONES SANITOP	M	01:18:35	01:18:31	00:03:44
44	7967	JOSÉ HENRIQUE ALVES MACHADO	M45		M	01:18:40	01:18:39	00:03:44
45	7401	CASIMIRO ALEXANDRE GALHARDO	M55	DOURO AZUL	M	01:19:08	01:19:05	00:03:45
46	7900	MÁRIO CONTREIRAS	M45	S. SALVADOR CAMPO	M	01:19:11	01:19:11	00:03:46
47	7894	CARLOS LOPES	Seniores		M	01:19:31	01:19:29	00:03:47
48	7198	JOAO ALBERTO SILVA LEANDRO	M35		M	01:19:33	01:19:20	00:03:46
49	7940	ORLANDO NEVES	M40		M	01:19:33	01:19:33	00:03:47
50	7963	MÓNICA SILVA	Seniores	MARATONA CLUBE PORTUGAL	F	01:19:33	01:19:33	00:03:47
51	6166	ANTÓNIO JESUS	M50		M	01:19:37	01:19:35	00:03:47

Lugar	Dorsal	Nome	Escalão	Equipa	Sexo	Tempo	Chip	Ritmo
52	8945	SÉNIO MESSIA	Seniores	CDC NAVE	M	01:20:02	01:19:48	00:03:47
53	7893	PAULO ALMEIDA PEREIRA	Seniores	CRACKS C. LAMEGO	M	01:20:07	01:20:07	00:03:48
54	7513	MIGUEL JACINTO	M35		M	01:20:08	01:20:02	00:03:48
55	7906	VASCO BATISTA	M35	ESCOLA ATLETISMO ROSA OLIVEIRA	M	01:20:15	01:20:13	00:03:49
56	7920	MIGUEL TEIXEIRA	Seniores		M	01:20:23	01:20:23	00:03:49
57	8993	VITOR MANUEL FERREIRA DE SOUSA	M45	GONDOMAR FUTSAL CLUBE	M	01:20:24	01:20:24	00:03:49
58	5147	FILIPE ROCHA	Seniores		M	01:20:39	01:20:21	00:03:49
59	5240	ANDRÉ BORGES MARTINS MARTINS	Seniores		M	01:20:50	01:20:26	00:03:49
60	8522	PAULO FERREIRA	M35		M	01:20:55	01:20:39	00:03:50
61	7199	RUI FERREIRA	M45		M	01:21:03	01:20:21	00:03:49
62	7897	JOAQUIM FERREIRA	M45	G.D. GUILHOVAI	M	01:21:04	01:21:03	00:03:51
63	5268	HELDER COSTA COSTA	M35		M	01:21:19	01:21:15	00:03:52
64	8733	JOÃO TEIXEIRA	M35		M	01:21:26	01:21:16	00:03:52
65	8446	MARCO FERREIRA	M35	RED LINE TEAM	M	01:21:39	01:21:22	00:03:52
66	5554	NUNO ROMEU GRALHÓS LOUREIRO	Seniores	SOCIEDADE RECREIO CEPANENSE	M	01:21:39	01:21:35	00:03:52
67	5534	JOSE MOTA	M50	BAI K ANDAS TEAM	M	01:21:40	01:21:32	00:03:52
68	5840	DUARTE BARBOSA	M50	CCDTC.M.GONDOMAR	M	01:21:56	01:21:42	00:03:53
69	5703	FERNANDO SOTTOMAYOR	M60	CLUBE NATURA - EQUIPA ESPIRAL	M	01:22:06	01:21:59	00:03:54
70	7977	MARLENE LOPES	Seniores	G.D. AIRÃO	F	01:22:07	01:22:07	00:03:54
71	7913	ANIBAL OLIVEIRA	M35		M	01:22:20	01:22:19	00:03:55
72	6189	FILIPE VILHENA VILHENA	M35	GRUPO DESPORTIVO LEÕES DO VENEZA	M	01:22:34	01:22:17	00:03:54
73	7907	CARLOS DIAS	M35	ESCOLA ATLETISMO ROSA OLIVEIRA	M	01:22:36	01:22:34	00:03:55
74	6941	PEDRO JOEL CARVALHO	M35	CCD APDL	M	01:22:38	01:22:36	00:03:55
75	5501	DAVID LEITE	M45	CALDAS DE S. JORGE SPORT CLUBE	M	01:22:40	01:22:27	00:03:55
76	5922	JOAQUIM FERNANDO FERREIRA FERNANDES FERNANDES	M40		M	01:22:45	01:22:40	00:03:56
77	7974	PAULO REBELO PEREIRA	M40	CRACKS C. LAMEGO	M	01:22:52	01:22:52	00:03:56
78	6224	ALEXANDRE ALVES DE MATOS ALEX MATOS	M50		M	01:22:54	01:22:34	00:03:55
79	7895	DAVID FERNANDES	M55	G.D. GUILHOVAI	M	01:22:57	01:22:56	00:03:56
80	7975	SOLANGE JESUS	Seniores	SPORTING CLUBE PORTUGAL	F	01:23:01	01:23:01	00:03:57
81	7982	RICARDO GOMES	Seniores	GRECAS-VAGOS	M	01:23:02	01:23:02	00:03:57
82	7935	JOÃO MARQUES	M60	ACRS-D-NAPO	M	01:23:05	01:23:05	00:03:57
83	8873	RICARDO JORDÃO	Seniores	AMINHACORRIDA.COM	M	01:23:08	01:23:04	00:03:57
84	8039	JOAO ALVES	M35		M	01:23:08	01:23:03	00:03:57
85	7970	ABILIO SOUSA	M60	CLUBE MILLENNIUMBCP	M	01:23:16	01:23:15	00:03:57
86	5246	RUI RODRIGUES	Seniores	CASA DO POVO DE MANGUALDE	M	01:23:19	01:23:00	00:03:57
87	6392	ISMAEL QUEIROS QUEIROS	Seniores		M	01:23:19	01:23:16	00:03:57
88	8635	NUNO MIRANDA	M35	SIRA - SOC INSTRUÇÃO E RECREIO ALDREENSE	M	01:23:19	01:23:03	00:03:57
89	6214	RICARDO COSTA	M35		M	01:23:21	01:23:05	00:03:57
90	8494	HENRIQUE COSTA	Seniores	KORPUS ACADEMIA SAUDE ESTETICA	M	01:23:22	01:22:43	00:03:56
91	8594	FRANCISCO NOVAIS	M45	VITORIA SPORT CLUB	M	01:23:25	01:23:13	00:03:57
92	7322	JOÃO MACHADO	M40		M	01:23:30	01:23:27	00:03:58
93	5196	RICARDO OLIVEIRA OLIVEIRA	Seniores		M	01:23:31	01:23:27	00:03:58
94	8933	NUNO SILVA	Seniores	CLUBE ATLETISMO AMIGOS DE BELÉM	M	01:23:31	01:23:26	00:03:58
95	7156	RICARDO CARVALHO	Seniores	AMIGOS QUINTA DAS FREIRAS	M	01:23:32	01:22:53	00:03:56
96	6909	RUI FILIPE GONÇALVES ARAUJO RUI ARAUJO	Seniores	AMIGOS DE ATLETISMO POVOENSE	M	01:23:34	01:23:30	00:03:58
97	7545	JOSÉ GOMES	M50	MADUROATLETICS	M	01:23:43	01:23:30	00:03:58
98	6211	JOSÉ OLIVEIRA OLIVEIRA	M45	COMANDOS DE 87	M	01:24:18	01:24:15	00:04:00
99	7409	ARTUR CEPEDA	M55	DOURO AZUL	M	01:24:26	01:24:22	00:04:00
100	6431	ZECA MORAIS	M45	NOSSA SENHORA DA CONCEIÇÃO	M	01:24:29	01:24:17	00:04:00
101	5511	RODRIGO SILVA	M50		M	01:24:34	01:24:31	00:04:01
102	6768	MIGUEL LACERDA	M40		M	01:24:40	01:24:38	00:04:01

Lugar	Dorsal	Nome	Escalão	Equipa	Sexo	Tempo	Chip	Ritmo
103	6943	HUGO BASTOS	Seniores	CCD APDL	M	01:24:45	01:24:44	00:04:01
104	8478	PEDRO GAMA	M35	CLUBE GALPENEGIA NORTE	M	01:24:45	01:24:44	00:04:01
105	8144	FILIPE RIBEIRO	M40	ASSOCIAÇÃO CULTURAL DE VERMOIM	M	01:24:59	01:24:51	00:04:02
106	5695	JAIME LUIS DA EIRA RIBEIRO RIBEIRO	M40		M	01:25:03	01:24:46	00:04:02
107	5278	FERNANDO JOSE DOS SANTOS SILVA	M40		M	01:25:03	01:24:42	00:04:01
108	7094	FERNANDO ALVIM MAIA	M45	CENTRO MUNICIPAL DE MARCHA E CORRIDA DE S. JO	M	01:25:04	01:24:51	00:04:02
109	7558	ARTUR LOPES	M40		M	01:25:05	01:24:46	00:04:02
110	7978	ANTONIO MANUEL BRANDÃO RUELA	M50	CLUBE FUTEBOL OLIVEIRA DO DOURO	M	01:25:11	01:25:10	00:04:03
111	5230	FERNANDO FIGUEIREDO	M45	FALCÕES SELVAGENS	M	01:25:15	01:24:45	00:04:01
112	7233	PEDRO REGUEIRAS	M35	TAIPAS	M	01:25:17	01:25:05	00:04:02
113	8443	ANDRÉ MARTINS	M35	RED LINE TEAM	M	01:25:36	01:25:16	00:04:03
114	7509	FERNANDO SACRAMENTO	M45	CCR SOUTO MAU	M	01:25:40	01:24:39	00:04:01
115	8637	JOSÉ MARTINS	M45	SIRA - SOC INSTRUÇÃO E RECREIO ALDREENSE	M	01:25:53	01:24:49	00:04:02
116	8928	JOAO PINTO OLIVEIRA	M50		M	01:25:55	01:25:39	00:04:04
117	7980	NUNO AMARAL	Seniores	LOJA DO ATLETA - AGUEDA	M	01:26:01	01:26:00	00:04:05
118	7922	CARLOS BARROCAS	M35		M	01:26:02	01:26:00	00:04:05
119	8033	PEDRO MIGUEL GUEDES DOS SANTOS	M35		M	01:26:03	01:25:00	00:04:02
120	6019	FILIPE CUNHA	Seniores		M	01:26:09	01:26:02	00:04:05
121	7382	PAULO DAVIDE LOURENÇO	M40	CLUBE DÍNAMO ESTAÇÃO	M	01:26:10	01:25:48	00:04:04
122	7571	NUNO AMADO	Seniores		M	01:26:13	01:26:00	00:04:05
123	8047	PEDRO NUNES	M35		M	01:26:25	01:26:23	00:04:06
124	6599	FERNANDO SANTIAGO	M50		M	01:26:25	01:26:23	00:04:06
125	8131	JOÃO PEDRO PAIVA MARTINS	Seniores		M	01:26:26	01:25:24	00:04:03
126	6703	NUNO ABREU	Seniores		M	01:26:33	01:26:01	00:04:05
127	7150	JOÃO PEDRO FERREIRA	M35	CLAC - ENTRONCAMENTO	M	01:26:33	01:26:17	00:04:06
128	5793	SIMON BOTTLE	M50		M	01:26:35	01:26:31	00:04:07
129	7404	JOSE MANUEL CORVAL	M55	DOURO AZUL	M	01:26:39	01:26:37	00:04:07
130	7216	ANTÓNIO MOTA RIBEIRO	M40	TAIPAS	M	01:26:40	01:26:36	00:04:07
131	5950	RAUL FERNANDES	M35		M	01:26:41	01:26:21	00:04:06
132	5267	MANUEL GOMES GOMES	M45	C D SAO SALVADOR DO CAMPO	M	01:26:44	01:26:43	00:04:07
133	5269	RUI VELOSO VELOSO	M35	VITORIA S CLUBE	M	01:26:45	01:26:42	00:04:07
134	5969	ORLANDO JORGE PEREIRA	M35		M	01:26:47	01:25:58	00:04:05
135	7581	SANDRO MEDINA	Seniores		M	01:26:49	01:25:40	00:04:04
136	5265	AGOSTINHO COSTA COSTA	M45	C D SAO SALVADOR DO CAMPO	M	01:26:50	01:26:46	00:04:07
137	8423	MAURICIO TORRINHA	M50	ESCOLA ATLETISMO ROSA OLIVEIRA	M	01:26:50	01:26:37	00:04:07
138	5505	MIGUEL MAIA	Seniores	CYCLONES - SANITOP	M	01:26:56	01:26:40	00:04:07
139	8713	RICARDO COELHO COELHO	Seniores	BOSCH TERMOTECNOLOGIA SA	M	01:26:58	01:26:19	00:04:06
140	8442	JORGE CUNHA	M35	RED LINE TEAM	M	01:27:04	01:26:44	00:04:07
141	6521	JOSÉ RICARDO PEREIRA	M35	SOCIEDADE RECREIO CEPANENSE	M	01:27:13	01:26:22	00:04:06
142	8490	PEDRO MAIO	Seniores	KORPUS ACADEMIA SAUDE ESTETICA	M	01:27:17	01:27:14	00:04:09
143	7152	LUIS MOTA	M40	CLAC - ENTRONCAMENTO	M	01:27:28	01:27:14	00:04:09
144	7223	RICARDO SALGADO	M35	TAIPAS	M	01:27:32	01:27:23	00:04:09
145	7000	PEDRO NOBRE	Seniores	CLUBE EDP - LISBOA	M	01:27:32	01:27:18	00:04:09
146	5631	RUI PEDRO SOARES LOPES PEREIRA	M35	FAPOMED	M	01:27:35	01:27:08	00:04:08
147	7938	ANTÓNIO RODRIGUES	Juniores	ACRSD-NAPO	M	01:27:37	01:27:37	00:04:10
148	8379	FERNANDO VILELA	M50	CLUBE MILLENNIUMBCP	M	01:27:38	01:27:04	00:04:08
149	5383	ANTONIO JOSE CAMPOS CORREIA	M35		M	01:27:39	01:21:15	00:03:52
150	5162	LUÍS RIBEIRO	M35		M	01:27:40	01:27:33	00:04:09
151	6405	ADRIANO SA	M40	ALVELINHOS RUNNING	M	01:27:43	01:26:55	00:04:08
152	5851	ROBERTO LEAL	M45	GD OS RIBEIRINHOS	M	01:27:47	01:27:25	00:04:09
153	7969	ANTÓNIO OSÓRIO PINTO	M50	CRACKS C. LAMEGO	M	01:27:49	01:27:48	00:04:10

Lugar	Dorsal	Nome	Escalão	Equipa	Sexo	Tempo	Chip	Ritmo
154	5251	JOSÉ LUIS FERNANDES DE SOUSA SOUSA	M50		M	01:27:49	01:27:40	00:04:10
155	6196	PAULO NASCIMENTO	M35		M	01:27:51	01:27:09	00:04:08
156	6250	PAULO RIBEIRO	M40		M	01:27:59	01:27:05	00:04:08
157	6381	AUGUSTO MANUEL CANELAS FIGUEIREDO FIGUEIREDO	M40		M	01:28:02	01:26:33	00:04:07
158	5156	LUIS FILIPE FIGUEIRA NOVAIS	M35		M	01:28:04	01:27:07	00:04:08
159	6644	JULIO RIBEIRO	M45	CLUBE FUTEBOL OLIVEIRA DO DOURO	M	01:28:05	01:27:50	00:04:10
160	5892	VICTOR JOSE TEIXEIRA GONCALVES	M35		M	01:28:10	01:27:21	00:04:09
161	7196	JOSÉ ARAÚJO	Seniores		M	01:28:17	01:27:31	00:04:09
162	8422	AMÉRICO OLIVEIRA	M50	ESCOLA ATLETISMO ROSA OLIVEIRA	M	01:28:19	01:28:07	00:04:11
163	6567	EURICO MOURA	M35		M	01:28:27	01:27:22	00:04:09
164	5276	ADELINO SOUSA SOUTINHO	Seniores		M	01:28:29	01:26:46	00:04:07
165	6459	MODESTO VIEIRA	M50	CASA DO POVO DE SOALHÃES	M	01:28:32	01:28:09	00:04:11
166	7304	PEDRO BALINHA	Seniores	VIANA RUNNERS	M	01:28:38	01:28:23	00:04:12
167	7194	ARISTIDES VIDAZINHA	M40		M	01:28:43	01:27:57	00:04:11
168	5178	RICARDO GONÇALVES	Seniores		M	01:28:47	01:28:35	00:04:12
169	6983	FILIPE NUNES	M40	MOOVE	M	01:28:54	01:28:39	00:04:13
170	6804	JOSÉ MANUEL CABRAL	M55		M	01:28:56	01:28:55	00:04:13
171	5519	LÍDIA PEREIRA	F45	CASA DO POVO DE MANGUALDE	F	01:28:57	01:28:56	00:04:13
172	8606	MARCO ANDRADE	M35		M	01:28:58	01:27:20	00:04:09
173	6172	NUNO SARAIVA	M35		M	01:28:59	01:28:31	00:04:12
174	5743	JOSÉ ROSENDO	M50	LOUSADA RUNNERS	M	01:29:02	01:28:27	00:04:12
175	5176	JOÃO AFONSO	M35		M	01:29:02	01:27:21	00:04:09
176	7407	EDUARDO PINTO SOUSA	M55	DOURO AZUL	M	01:29:04	01:28:18	00:04:12
177	5143	AMADEU TEIXEIRA	M50		M	01:29:20	01:29:04	00:04:14
178	7159	RUI PEDRO ALVES	M40	AMIGOS QUINTA DAS FREIRAS	M	01:29:23	01:29:21	00:04:15
179	7086	ROGÉRIO GUTERRES PROENÇA	Seniores	CENTRO MUNICIPAL DE MARCHA E CORRIDA DE S. JO	M	01:29:26	01:29:10	00:04:14
180	8111	PAULO RIBEIRO	M40	OS SANTA APOLONIA	M	01:29:27	01:29:00	00:04:14
181	8925	GUSTAVO BARROS	M35	HOLMES PLACE OS ÍLHAVOS	M	01:29:31	01:28:46	00:04:13
182	6801	JORGE FONSECA	M50		M	01:29:32	01:29:31	00:04:15
183	5549	IVEN PINHO	Seniores	CALDAS DE S. JORGE SPORT CLUBE	M	01:29:33	01:29:13	00:04:14
184	5063	RICARDO ALVES	Seniores		M	01:29:37	01:29:17	00:04:14
185	6140	PEDRO FREIRE	M35	U&ME	M	01:29:41	01:29:11	00:04:14
186	5751	JOSE LIMA	M35	EDV-VIANA TRAIL	M	01:29:44	01:29:36	00:04:15
187	6507	JUSTYNA WOJCIK	Seniores	ACDS JOÃO DA SERRA	F	01:29:48	01:29:48	00:04:16
188	7556	ROGERIO VICENTE	M35	STAROLAS	M	01:29:53	01:28:47	00:04:13
189	5643	JORGE MENESES	M35	OS BANDALHOS	M	01:29:53	01:29:21	00:04:15
190	5047	NUNO VIEIRA PERES SA MALHEIRO	Seniores	PORTO RUNNERS	M	01:29:58	01:29:31	00:04:15
191	5978	FÁBIO GABRIEL TELES	Juniores		M	01:29:59	01:29:35	00:04:15
192	5921	ANTONIO GILBERTO DOS SANTOS JESUS JESUS	M40		M	01:30:03	01:29:55	00:04:16
193	8990	CARLOS EDUARDO COELHO CARIA PEREIRA	Seniores	CARICAS-GIMTÓNICO	M	01:30:03	01:29:13	00:04:14
194	7491	JOSE GUIMARAES	M40		M	01:30:06	01:29:25	00:04:15
195	7095	PAULO MANUEL OLIVEIRA	M40	CENTRO MUNICIPAL DE MARCHA E CORRIDA DE S. JO	M	01:30:08	01:29:53	00:04:16
196	6479	AURÉLIO VIEIRA	M40	CASA DO POVO DE SOALHÃES	M	01:30:09	01:29:50	00:04:16
197	7226	CARLOS JUSTO	M50	TAIPAS	M	01:30:11	01:29:52	00:04:16
198	6495	PEDRO ROMANO	Seniores		M	01:30:18	01:29:06	00:04:14
199	7232	ANTÓNIO SILVA	M40	TAIPAS	M	01:30:19	01:30:17	00:04:17
200	5784	AMÉRICO PINTO	M50	CCDTC.M.GONDOMAR	M	01:30:23	01:30:16	00:04:17
201	6208	NUNO FILIPE COSTA SOARES	Seniores		M	01:30:24	01:30:09	00:04:17
202	8101	JOSE SANTANA	M50	OS SANTA APOLONIA	M	01:30:25	01:29:02	00:04:14
203	6710	RICARDO JORGE CARVALHO SOUSA	Seniores		M	01:30:26	01:29:10	00:04:14
204	7270	RUI SOUSA	M40		M	01:30:27	01:28:49	00:04:13

Lugar	Dorsal	Nome	Escalão	Equipa	Sexo	Tempo	Chip	Ritmo
205	7132	ALBERTO MACHADO	M50	LINHAS MOURE CONFENIX	M	01:30:28	01:30:04	00:04:17
206	8694	PEDRO CARDOSO CARDOSO	M40	BOSCH TERMOTECNOLOGIA SA	M	01:30:29	01:30:15	00:04:17
207	8027	JOSE CARVALHAIS	M45		M	01:30:30	01:30:10	00:04:17
208	7553	ROGÉRIO DUARTE	M45		M	01:30:33	01:30:14	00:04:17
209	5183	LUÍS MARQUES MATIAS	M45		M	01:30:33	01:30:18	00:04:17
210	5894	PEDRO PEREIRA	M40		M	01:30:35	01:30:13	00:04:17
211	6956	AUGUSTO PEREIRA	M55	CCDTC.M.GONDOMAR	M	01:30:37	01:30:37	00:04:18
212	7415	SILVIO LOPES	Seniores		M	01:30:45	01:30:39	00:04:18
213	6755	PAULO OLIVEIRA	M40		M	01:30:47	01:30:12	00:04:17
214	8996	PEDRO ANDRÉ NEVES PINTO TAPADAS	Seniores	GONDOMAR FUTSAL CLUBE	M	01:30:52	01:24:10	00:04:00
215	6425	NUNO OLIVEIRA	Seniores		M	01:30:55	01:29:45	00:04:16
216	6385	CRISTINA CARVALHO SANTOS SANTOS	F40		F	01:30:58	01:29:38	00:04:15
217	6557	ANTONIO DIAS	M50	GR ESTRELA BONFIM	M	01:30:58	01:30:28	00:04:18
218	5627	AMÉRICO IMPERADEIRO	M40	CLUBE NATURA - EQUIPA ESPIRAL	M	01:31:00	01:29:18	00:04:14
219	7957	BRUNO DIAS	Seniores	POTEEEEENTES	M	01:31:04	01:30:59	00:04:19
220	7461	HUGO MIGUEL SOUSA	Seniores		M	01:31:09	01:30:43	00:04:18
221	5787	JOSE FERREIRA	M40		M	01:31:11	01:31:01	00:04:19
222	5896	LUIS AZEVEDO	M35		M	01:31:14	01:30:52	00:04:19
223	7402	JOAQUIM MANUEL FERREIRA	M55	DOURO AZUL	M	01:31:14	01:31:14	00:04:20
224	5910	JORGE MANUEL RODRIGUES DA COSTA	M35		M	01:31:16	01:30:59	00:04:19
225	8018	FILIPE FERREIRA	Seniores		M	01:31:18	01:31:00	00:04:19
226	5151	JACINTO RIBEIRO	M45	C.C. FELGUEIRAS	M	01:31:20	01:31:12	00:04:20
227	6992	FRANCISCO FREIRE	Seniores	CORRER LISBOA	M	01:31:21	01:30:12	00:04:17
228	6254	CARLOS FERREIRA FERREIRA	M45	ARPOUSADENSE DE V. N DE FAMALICÃO	M	01:31:23	01:30:33	00:04:18
229	6165	GRACIANO PEREIRA	M55		M	01:31:24	01:31:23	00:04:20
230	6897	TIAGO LOPES	Seniores		M	01:31:27	01:31:08	00:04:20
231	7213	JOSÉ MARTINS	Seniores		M	01:31:29	01:30:24	00:04:18
232	8043	JOSE VILARINHO	Seniores		M	01:31:32	01:31:27	00:04:21
233	6797	PAULO CÉSAR SILVA	M35		M	01:31:32	01:31:23	00:04:20
234	5839	MIGUEL PEREIRA	M40	CCDTC.M.GONDOMAR	M	01:31:34	01:31:28	00:04:21
235	6796	JOSE TAVARES	M45		M	01:31:37	01:31:25	00:04:20
236	7267	NUNO FERREIRA	Seniores		M	01:31:39	01:30:02	00:04:17
237	7562	ANIBAL CARVALHO	M50		M	01:31:54	01:31:37	00:04:21
238	6504	SERGIO TEIXEIRA	M40		M	01:32:02	01:30:41	00:04:18
239	5698	JOSÉ ANTÓNIO SILVA	M40	CLUBE NATURA - EQUIPA ESPIRAL	M	01:32:02	01:30:20	00:04:17
240	5968	BRUNO DIAS	M45		M	01:32:02	01:31:12	00:04:20
241	7146	MÁRIO OLIVEIRA	Seniores	SHOTS INTERNATIONAL RUNNERS	M	01:32:03	01:30:40	00:04:18
242	7555	LUIS CARVALHO	M40		M	01:32:05	01:31:45	00:04:21
243	7015	JOAO VICENTE FERREIRA ESPIGUINHA	M35		M	01:32:10	01:31:51	00:04:22
244	8157	RICARDO JOÃO SOARES	Seniores		M	01:32:11	01:25:37	00:04:04
245	5740	ALCINO PINTO	M35		M	01:32:15	01:31:45	00:04:21
246	7154	SÉRGIO SILVA	M35	AMIGOS QUINTA DAS FREIRAS	M	01:32:16	01:31:36	00:04:21
247	5142	FRANCISCO LEMOS	M50		M	01:32:18	01:32:10	00:04:23
248	6500	NUNO ALMEIDA	M40		M	01:32:20	01:32:09	00:04:23
249	6499	CARLOS MORAIS	M35		M	01:32:20	01:32:09	00:04:23
250	6725	ANTONIO SILVA	M45	CLUBE MILLENNIUMBCP	M	01:32:21	01:32:08	00:04:23
251	5002	DAVID RODRIGUES	M50		M	01:32:22	01:32:06	00:04:22
252	5841	EDUARDO FERREIRA DA SILVA	Seniores	BTT TRILHOS PENAGUIÃO	M	01:32:23	01:31:51	00:04:22
253	8699	JOAO FERREIRA FERREIRA	Seniores	BOSCH TERMOTECNOLOGIA SA	M	01:32:24	01:32:09	00:04:23
254	7991	DAVID FERREIRA	Seniores	POTEEEEENTES	M	01:32:29	01:32:28	00:04:23
255	7988	CARLOS FERNANDES	M35	POTEEEEENTES	M	01:32:30	01:32:28	00:04:23

Lugar	Dorsal	Nome	Escalão	Equipa	Sexo	Tempo	Chip	Ritmo
256	6531	RICARDO CEREJEIRA	M35		M	01:32:35	01:32:29	00:04:24
257	6911	ALBERTO MANUEL PINTO MARQUES	M40		M	01:32:40	01:32:36	00:04:24
258	6908	JOSÉ ANTONIO SILVA	M35	AMIGOS ATLETISMO POVOENSE	M	01:32:42	01:32:18	00:04:23
259	5953	LUIS MATIAS	M35		M	01:32:46	01:32:42	00:04:24
260	6439	ANICETO GOMES GUEDES	M50	NOSSA SENHORA DA CONCEIÇÃO	M	01:32:47	01:32:35	00:04:24
261	6022	LUCIANO VIEIRA	M50		M	01:32:49	01:32:47	00:04:24
262	6564	ADELINO BRITO	M50	CLUBE MILLENNIUMBCP	M	01:32:50	01:32:37	00:04:24
263	6685	SIN DATOS DEL DORSAL 6685	Seniores		M	01:32:50	01:32:29	00:04:23
264	7905	CARLA MACHADO	F40	U. D. VÁRZEA	F	01:32:56	01:32:56	00:04:25
265	7389	ALBINO FERNANDES	M50	GINASIO CLUBE DE SANTO TIRSO	M	01:32:57	01:32:52	00:04:25
266	8341	ALEINO SILVA	M40	CLUBE INDEPENDENTE DE ATLETISMO DE ALPENDORAD	M	01:32:58	01:32:08	00:04:23
267	8865	HUGO RAMOS SILVA	Seniores		M	01:33:03	01:31:39	00:04:21
268	8916	BRUNO FERREIRA	Seniores		M	01:33:04	01:31:32	00:04:21
269	5506	ARMINDO FARIA	M50		M	01:33:05	01:32:44	00:04:24
270	6534	MARCO AURELIO CARDOSO LOPES	M35	RUNNER+AGUIAR DA BEIRA	M	01:33:06	01:25:45	00:04:04
271	5526	SUSANA VILELA	Seniores	F.C.PENAFIEL	F	01:33:06	01:32:56	00:04:25
272	7125	AURÉLIO MARQUES MARQUES	M45	CAVE ESPOSENDE	M	01:33:10	01:32:58	00:04:25
273	7124	ANTÓNIO FARIA FARIA	M55	CAVE ESPOSENDE	M	01:33:13	01:32:57	00:04:25
274	7122	JAQUIM DIAS	M55	PAPA MILHAS	M	01:33:16	01:33:00	00:04:25
275	5731	ALVARO FERNANDO MACHADO	M45	CLUBE GBES - DELEGAÇÃO DO NORTE	M	01:33:17	01:31:50	00:04:22
276	7644	PEDRO NEVES	Seniores		M	01:33:23	01:31:54	00:04:22
277	5649	LUIS LEITE	M45		M	01:33:28	01:33:09	00:04:25
278	7381	JORGE LOUREIRO LOUREIRO	M35	CLUBE DÍNAMO ESTAÇÃO	M	01:33:36	01:33:11	00:04:25
279	7239	JOAO FONTÃO	M45	TAIPAS	M	01:33:38	01:32:56	00:04:25
280	7229	HELENA LOBO	F45	TAIPAS	F	01:33:38	01:33:34	00:04:27
281	7435	DAVID PINTO	M45	UNIDOS À FRESCA	M	01:33:43	01:31:35	00:04:21
282	6552	JOSE ANTONIO PEREIRA	M45		M	01:33:43	01:33:34	00:04:27
283	8994	DIANA JULIA DIAS PAULO FERREIRA SOUSA	Seniores	GONDOMAR FUTSAL CLUBE	F	01:33:43	01:33:43	00:04:27
284	5707	SALVADOR FERNANDO SILVA	M40	CLUBE GBES - DELEGAÇÃO DO NORTE	M	01:33:44	01:33:33	00:04:27
285	6842	ANTONIO OLIVEIRA OLIVEIRA	M60		M	01:33:48	01:33:15	00:04:26
286	5756	ALEXANDRE SILVA	M50		M	01:33:49	01:33:20	00:04:26
287	6721	AIRES SAO PEDRO	M55		M	01:33:49	01:33:15	00:04:26
288	8640	RUI AMORIM	M45	CIEFRAGANCIAS GONDOMAR	M	01:33:50	01:31:42	00:04:21
289	6207	LUÍS FILIPE CORREIA	M35		M	01:33:59	01:33:04	00:04:25
290	6792	NUNO VIDAL	M35		M	01:34:00	01:33:33	00:04:27
291	8437	LUIS PINHO	M40	GINÁSIO FIT4FUN	M	01:34:00	01:33:51	00:04:27
292	7979	ANTONIO NASCIMENTO	M50	CLUBE FUTEBOL OLIVEIRA DO DOURO	M	01:34:06	01:34:01	00:04:28
293	6845	GABRIEL PEREIRA	Seniores		M	01:34:08	01:32:19	00:04:23
294	8602	MANUEL MENDES	M40	VITORIA SPORT CLUB	M	01:34:10	01:34:10	00:04:28
295	5253	DANIEL MONTEIRO	Seniores		M	01:34:21	01:33:59	00:04:28
296	5298	CESAR RAIMUNDO TEIXEIRA GONCALVES	M35		M	01:34:23	01:33:48	00:04:27
297	6694	SERGIO JACINTO	M40		M	01:34:23	01:33:35	00:04:27
298	7406	JACINTO MANUEL OLIVEIRA	M55	DOURO AZUL	M	01:34:25	01:33:39	00:04:27
299	7999	RUI ALMEIDA	M35	POTEEEEENTES	M	01:34:26	01:34:21	00:04:29
300	5693	JOSE FILIPE OLIVEIRA	M40		M	01:34:27	01:33:53	00:04:27
301	8662	BRUNO SANTOS	M35		M	01:34:27	01:34:16	00:04:29
302	6456	NUNO MIRANDA	M40		M	01:34:30	01:34:19	00:04:29
303	7193	RUI PEIXOTO	M45		M	01:34:32	01:33:45	00:04:27
304	8667	PEDRO TRALHÃO	Seniores		M	01:34:33	01:33:25	00:04:26
305	7364	MÁRIO MARTINS	Seniores		M	01:34:35	01:34:07	00:04:28
306	7634	HELDER FERREIRA	M35		M	01:34:35	01:33:40	00:04:27

Lugar	Dorsal	Nome	Escalão	Equipa	Sexo	Tempo	Chip	Ritmo
307	5927	MIGUEL OLIVEIRA	M35		M	01:34:37	01:34:29	00:04:29
308	5697	JOSE MANUEL FINS	M45	BRAGUINHAS	M	01:34:38	01:32:53	00:04:25
309	8872	MANUEL CERQUINHO FONSECA	Seniores		M	01:34:39	01:32:37	00:04:24
310	6255	MANUEL RIBEIRO	M45	ARPOUSADENSE DE V. N DE FAMILIÇÃO	M	01:34:42	01:25:45	00:04:04
311	6489	LUIS VILELA PEREIRA	M50	SOCIEDADE RECREIO CEPANENCE	M	01:34:47	01:27:17	00:04:09
312	7347	LUÍS CARVALHO	Seniores		M	01:34:49	01:34:42	00:04:30
313	6968	MIGUEL NASCIMENTO	Seniores		M	01:34:51	01:33:58	00:04:28
314	6823	PAULO MARTINS	M35	AKG RUNNERS	M	01:34:52	01:34:42	00:04:30
315	7238	JOÃO SILVA	M50	TAIPAS	M	01:34:52	01:34:45	00:04:30
316	6910	JORGE DIAS	M35	AMIGOS ATLETISMO POVOENSE	M	01:34:54	01:34:30	00:04:29
317	6551	JOAQUIM FANGUEIRO	M55	GR ESTRELA BONFIM	M	01:34:54	01:34:18	00:04:29
318	8673	VITOR NOGUEIRA	M35	RUN4FUN	M	01:34:55	01:34:31	00:04:29
319	6476	CARLOS ARSÉNIO SALVATERRA DOS SANTOS	M40		M	01:34:56	01:34:26	00:04:29
320	6492	JOSÉ CARDOSO RIBEIRO	M40	SOCIEDADE RECREIO CEPANENSE	M	01:35:00	01:27:32	00:04:09
321	6407	KNOLL HILMAR	M50		M	01:35:02	01:34:58	00:04:31
322	5705	PAULO ALEXANDRE SANTOS	M40	CLUBE GBES - DELEGAÇÃO DO NORTE	M	01:35:03	01:34:39	00:04:30
323	8844	PEDRO FERREIRA	Seniores		M	01:35:05	01:34:36	00:04:30
324	6416	FREDERICO MATOS	Seniores		M	01:35:06	01:34:26	00:04:29
325	5722	MARIO GONCALVES	M40	AFIS/OVAR	M	01:35:11	01:35:08	00:04:31
326	8342	SÉRGIO MONTEIRO	Seniores	CLUBE INDEPENDENTE DE ATLETISMO DE ALPENDORAD	M	01:35:11	01:33:47	00:04:27
327	5052	ROGERIO MANUEL LOPES CALVO	M40	PORTO RUNNERS	M	01:35:11	01:34:50	00:04:30
328	6883	JORGE MANUEL MARINHO CABOUÇO CABOUÇO	M35		M	01:35:12	01:35:08	00:04:31
329	5991	FILIPE MIGUEL TELES	Seniores		M	01:35:15	01:34:52	00:04:30
330	7942	FERNANDO GOMES	M40	POTEEEEENTES	M	01:35:18	01:35:16	00:04:31
331	6548	CASIMIRA MOURA MOURA	F35		F	01:35:22	01:35:09	00:04:31
332	7921	VITOR PAIVA	Seniores		M	01:35:26	01:35:21	00:04:32
333	5858	NUNO MIGUEL LOPES SANTOS COSTA	M40	RAFAEL TEAM	M	01:35:31	01:34:22	00:04:29
334	7565	PEDRO ALVES	M35	OS MANGUELAS	M	01:35:34	01:35:08	00:04:31
335	5742	JOÃO PAULO CORREIA	M45		M	01:35:39	01:34:49	00:04:30
336	5582	NUNO DINIS SIMÕES	M40	ACDSJOÃO SERRA	M	01:35:41	01:34:07	00:04:28
337	8153	LUIS MIGUEL TORRES	M40		M	01:35:42	01:34:36	00:04:30
338	8944	ROLANDO MANUEL MENDES RIBEIRO	M40	G.D. PINTO & CRUZ	M	01:35:44	01:35:23	00:04:32
339	5775	MANUEL TEIXEIRA	M40	CCD APDL	M	01:35:45	01:35:43	00:04:33
340	5867	JOÃO REIS	M40		M	01:35:48	01:35:43	00:04:33
341	6627	NUNO RICARDO ALMEIDA TRUTA	Seniores		M	01:35:51	01:35:46	00:04:33
342	8045	CARLOS OLIVEIRA	M35		M	01:35:52	01:35:49	00:04:33
343	8543	ANTONIO BOAVISTA	M50		M	01:35:53	01:34:36	00:04:30
344	8834	JOSÉ BARROS	M35		M	01:35:54	01:35:08	00:04:31
345	6985	PAULO SOARES	M35		M	01:35:56	01:35:54	00:04:33
346	8040	CARLA MACIEIRINHA	F40		F	01:35:57	01:35:52	00:04:33
347	6630	MARTA SOFIA MENDES MARQUES	Seniores		F	01:36:01	01:35:56	00:04:33
348	5200	FILIPE ALMEIDA	Seniores		M	01:36:04	01:35:57	00:04:33
349	6576	FILIPE CARNEIRO	Seniores	ASPHALT ASSAULT TEAM	M	01:36:04	01:28:49	00:04:13
350	5948	FRANKLIN REIS	M45		M	01:36:09	01:36:08	00:04:34
351	7138	HELDER GOMES	M35	KEMEDO TEAM	M	01:36:09	01:34:20	00:04:29
352	5587	VINCENT GRANJON	M50		M	01:36:11	01:35:06	00:04:31
353	6843	VITOR COELHO	M40	RUNNING TEAM LANTEMIL	M	01:36:12	01:35:01	00:04:31
354	7396	JOSE PEDRO AMORIM BARROS	M40	LIKETOMOVE:COM	M	01:36:14	01:35:43	00:04:33
355	5184	NUNO SILVA	M35		M	01:36:15	01:36:00	00:04:34
356	8105	RICARDO GONÇALVES	M35		M	01:36:17	01:35:12	00:04:31
357	7268	FRANCISCO BISPO	M50		M	01:36:20	01:36:13	00:04:34

Lugar	Dorsal	Nome	Escalão	Equipa	Sexo	Tempo	Chip	Ritmo
358	8881	JULIO MAGALHÃES	Seniores		M	01:36:20	01:35:30	00:04:32
359	5567	JORGE MARQUES	Seniores		M	01:36:21	01:35:08	00:04:31
360	6490	OCTÁVIO AFONSO	M50	TURBULENTOS - BRAGA	M	01:36:21	01:34:39	00:04:30
361	7121	MANUEL PEIXOTO	M45	PAPA MILHAS	M	01:36:22	01:29:50	00:04:16
362	8742	JOSE REGO	M45		M	01:36:22	01:34:55	00:04:30
363	7559	PEDRO GARCIA	M45		M	01:36:25	01:35:51	00:04:33
364	8041	JOAO ROCHA	Seniores		M	01:36:28	01:36:17	00:04:34
365	6865	ANDRE GUIMARÃES	M35		M	01:36:33	01:36:06	00:04:34
366	8406	LUCIA OLIVEIRA	F35	AÇOREANA CLUBE BANIF	F	01:36:36	01:36:16	00:04:34
367	6743	TIAGO MENDES	M40	CLUBE MILLENNIUMBCP	M	01:36:37	01:36:34	00:04:35
368	5034	MIGUEL CONCEIÇÃO GUEDES	M45		M	01:36:38	01:35:06	00:04:31
369	7083	MARIA JOÃO SILVA	F35	CAETANO RUNNERS	F	01:36:43	01:36:37	00:04:35
370	7157	PAULO JORGE COSTA	M35	AMIGOS QUINTA DAS FREIRAS	M	01:36:43	01:36:35	00:04:35
371	5877	CARLOS JESUS	Seniores		M	01:36:44	01:36:34	00:04:35
372	7099	MANUEL CARNEIRO	M50	CENTRO MUNICIPAL DE MARCHA E CORRIDA DE S. JO	M	01:36:45	01:36:40	00:04:35
373	5766	SÉRGIO SERRÃO	Seniores		M	01:36:46	01:36:13	00:04:34
374	5842	HENRIQUE SILVA	Seniores		M	01:36:49	01:36:17	00:04:34
375	7410	ANTONIO MANUEL SILVA	M50	DOURO AZUL	M	01:36:51	01:36:51	00:04:36
376	8436	ANDRE DIOGO SOUSA	Seniores	GINÁSIO FIT4FUN	M	01:36:52	01:36:41	00:04:35
377	7127	MANUEL FARIA FARIA	M50	CAVE ESPOSENDE	M	01:36:54	01:36:36	00:04:35
378	5765	NUNO TROIA	M35	AVEIRO NIGHT- RUNNERS	M	01:36:54	01:36:09	00:04:34
379	5131	JOSÉ SILVA	M45		M	01:36:56	01:36:48	00:04:36
380	6588	LEONEL GOMES	Seniores		M	01:36:56	01:36:25	00:04:35
381	7511	JOSÉ BEIRA	Seniores		M	01:36:56	01:36:46	00:04:36
382	8797	RENATO SILVA	Seniores	RUNNERS	M	01:36:58	01:36:14	00:04:34
383	8796	JOÃO NEVES	M35	RUNNERS	M	01:36:58	01:36:14	00:04:34
384	8335	ALBERTO BARBOSA	M35		M	01:36:59	01:36:03	00:04:34
385	6775	LUÍS CARLOS DIAS FERNANDES	Seniores		M	01:37:00	01:36:24	00:04:35
386	5718	JOSÉ LUÍS BOAVISTA	M45	CLUBE GBES - DELEGAÇÃO DO NORTE	M	01:37:02	01:35:46	00:04:33
387	6784	CELSO SOARES	M35		M	01:37:04	01:36:20	00:04:34
388	8125	LUÍS MANUEL BIDARRA PAIS PAIS	M40		M	01:37:05	01:36:53	00:04:36
389	8025	FILIPE CARVALHAIS	M45		M	01:37:05	01:36:33	00:04:35
390	6569	JOÃO OLIVEIRA	M40	OS ROMPE SOLAS	M	01:37:09	01:36:54	00:04:36
391	6555	JOSE PONTE	M55	VIANA RUNNERS	M	01:37:09	01:36:13	00:04:34
392	6268	JOAO GONÇALVES	M50		M	01:37:12	01:27:55	00:04:11
393	8864	RUI MAGALHÃES	M40		M	01:37:13	01:35:15	00:04:31
394	5658	JOSÉ FRANCISCO MAGALHÃES TOMÁS COSTA	M40		M	01:37:14	01:37:13	00:04:37
395	8748	HÉLIO RIBEIRO BARROS	Seniores		M	01:37:16	01:37:02	00:04:36
396	8428	HÉLDER SILVA	Seniores	ASPHALT ASSAULT TEAM	M	01:37:16	01:30:01	00:04:16
397	7025	PAULO ALVES	M35		M	01:37:19	01:36:00	00:04:33
398	7361	JOÃO CÉLIO COUTINHO RIBEIRO	M55		M	01:37:21	01:37:07	00:04:37
399	6273	DAVID SEIXAS FRADE FRADE	Seniores		M	01:37:25	01:36:02	00:04:34
400	6944	TIAGO CASTRO	Seniores	CCD APDL	M	01:37:29	01:30:04	00:04:17
401	5223	ANTÓNIO ILDEFONSO PIEDADE SANTOS PIEDADE SANTOS	M60		M	01:37:32	01:36:51	00:04:36
402	8808	JOSE MANUEL ABREU CARVALHO	M40		M	01:37:35	01:37:19	00:04:37
403	7133	PEDRO MACHADO	M40	LINHAS MOURE CONFENIX	M	01:37:40	01:37:21	00:04:37
404	5933	ANTÓNIO BARBOSA	Seniores		M	01:37:43	01:37:08	00:04:37
405	8680	RUTHIEL TREVISAN	Seniores		M	01:37:45	01:36:19	00:04:34
406	8535	MIGUEL MARTINS DA SILVA	M40		M	01:37:45	01:37:38	00:04:38
407	7934	DIOGO FILIPE RODRIGUES	Seniores		M	01:37:45	01:37:42	00:04:38
408	8501	DIOGO MAGALHÃES DA SILVA	Seniores		M	01:37:48	01:37:15	00:04:37



Lugar	Dorsal	Nome	Escalão	Equipa	Sexo	Tempo	Chip	Ritmo
409	8837	ANGELO RAMALHO	M50		M	01:37:50	01:37:09	00:04:37
410	8826	ANTONIO JORGE CASTRO RODRIGUES VALE JORGEVALE	M40		M	01:37:50	01:37:34	00:04:38
411	5657	ANTONIO FERNANDO COUTINHO MOREIRA MOREIRA	M40		M	01:37:55	01:37:46	00:04:39
412	8061	EDUARDO LEMOS	M40	FISIOVERALEMOS	M	01:37:56	01:37:56	00:04:39
413	7507	DINIS TAVARES	M45	CCR SOUTO MAU	M	01:38:01	01:37:01	00:04:36
414	7328	LÚIS SILVA	Seniores		M	01:38:03	01:36:20	00:04:34
415	6582	JOSÉ CARLOS GOMES DUARTE	Seniores	JOSÉ E BONITO	M	01:38:04	01:37:59	00:04:39
416	6581	HUGO ANDRÉ OSÓRIO BONITO	Seniores	JOSÉ E BONITO	M	01:38:04	01:37:58	00:04:39
417	6972	TIAGO PRATAS	M35		M	01:38:05	01:37:41	00:04:38
418	5296	MÁRCIO CARVALHO	Seniores		M	01:38:05	01:37:51	00:04:39
419	5188	JOSÉ GERALDES	M35	DENIROVIP	M	01:38:06	01:37:30	00:04:38
420	8308	PAULO FERNANDO BARBOSA FREITAS	M35		M	01:38:09	01:37:48	00:04:39
421	8646	ANDRÉ MATOS	Seniores		M	01:38:12	01:38:02	00:04:39
422	5996	MIGUEL CARNEIRO	M40		M	01:38:17	01:38:00	00:04:39
423	5208	CARLOS FREITAS	Seniores	CDC NAVE	M	01:38:18	01:38:02	00:04:39
424	6936	JOSÉ MAGALHÃES	M40		M	01:38:21	01:36:52	00:04:36
425	5192	ANTÓNIO TEIXEIRA	M50	G. D. LEÕES DA GUARDA-MAIA	M	01:38:22	01:37:47	00:04:39
426	6631	JOÃO LOPES	Seniores		M	01:38:24	01:37:15	00:04:37
427	5539	MANUEL JOAQUIM PEREIRA RAMOS	M45	CLUBE GALPENERGIA NORTE	M	01:38:26	01:38:08	00:04:40
428	6777	HELDER FERREIRA	Seniores	RUNNERS MONTE AVENTINO	M	01:38:28	01:37:36	00:04:38
429	6505	JOAO BUSTORFF	M35		M	01:38:29	01:37:08	00:04:37
430	6457	HUGO FERREIRA	Seniores		M	01:38:33	01:37:39	00:04:38
431	6841	ALEXANDRE ANDRADE	M35	EMPACHÉS	M	01:38:33	01:38:09	00:04:40
432	6960	ANDRÉ NOBRE	Seniores	AVEIRO NIGHT- RUNNERS	M	01:38:36	01:37:01	00:04:36
433	5289	JOSE COELHO SILVA	M55	CLUBE DE PESSOAL EDP	M	01:38:38	01:38:38	00:04:41
434	6262	AGOSTINHO BARROS	M40		M	01:38:40	01:37:36	00:04:38
435	5150	JOSÉ MÁRIO SOUSA	M45		M	01:38:41	01:38:23	00:04:40
436	5158	EUGENIO CUNHA	M40		M	01:38:42	01:38:23	00:04:40
437	8991	LAURENTINO FILIPE SANTOS SOUSA	M35	GONDOMAR FUTSAL CLUBE	M	01:38:44	01:32:01	00:04:22
438	7109	DANIEL FARINHA	Seniores	SERVIÇOS SOCIAIS MONTEPIO GERAL	M	01:38:45	01:37:55	00:04:39
439	7317	RUI JORGE MOREIRA FREITAS	M40		M	01:38:46	01:37:55	00:04:39
440	8888	PAULO JORGE MOREIRA DA SILVA SILVA	M40		M	01:38:47	01:38:42	00:04:41
441	7158	VITOR PEDRO LIMA	M45	AMIGOS QUINTA DAS FREIRAS	M	01:38:51	01:38:22	00:04:40
442	7002	ANTÓNIO CORUCHO	M45		M	01:38:53	01:38:44	00:04:41
443	8434	CARLOS EDUARDO MARTINS	Seniores	GINÁSIO FIT4FUN	M	01:38:54	01:38:43	00:04:41
444	7965	FILIPA ELVAS	F35		F	01:38:55	01:30:13	00:04:17
445	7068	ADRIANO FERNANDES	M50		M	01:38:56	01:38:21	00:04:40
446	5137	JOÃO LUIS CARRETO	M50		M	01:38:57	01:36:47	00:04:36
447	6938	JAIME L. SILVA JÚNIOR JÚNIOR	M40	CCD - RENAULT CACIA	M	01:38:57	01:36:43	00:04:36
448	7737	VÍTOR LEAL	Seniores		M	01:39:00	01:37:40	00:04:38
449	6235	OSCAR LOUREIRO	M60		M	01:39:01	01:38:21	00:04:40
450	8801	STÉPHANE FERREIRA JORGE	M35		M	01:39:02	01:38:37	00:04:41
451	7022	JOSÉ MIGUEL NEVES	M45		M	01:39:04	01:37:24	00:04:38
452	8835	TIAGO ANDRÉ PEREIRA	Seniores		M	01:39:04	01:38:18	00:04:40
453	8496	DANIEL RODRIGUES	Seniores	KORPUS ACADEMIA SAUDE ESTETICA	M	01:39:07	01:39:03	00:04:42
454	6820	TIAGO ANDRÉ DE BARROS LOUREIRO DIAS	Seniores	TRAILISTAS	M	01:39:09	01:32:01	00:04:22
455	7026	EMANUEL HELENO	Seniores		M	01:39:11	01:38:37	00:04:41
456	7155	ALBERTO MARQUES	M40	AMIGOS QUINTA DAS FREIRAS	M	01:39:15	01:38:36	00:04:41
457	6260	JOSÉ FERREIRA	M40		M	01:39:15	01:31:01	00:04:19
458	8376	PEDRO SILVA	Seniores	HOLMES PLACE ARRÁBIDA	M	01:39:15	01:31:01	00:04:19
459	6191	JOÃO RODRIGUES	M40		M	01:39:17	01:37:52	00:04:39

Lugar	Dorsal	Nome	Escalão	Equipa	Sexo	Tempo	Chip	Ritmo
460	5160	ANSELMO ALMEIDA	M40	GINASIO FIT4FUN	M	01:39:17	01:39:05	00:04:42
461	5650	CARLOS ALBERTO TEIXEIRA NUNES	M45		M	01:39:23	01:39:00	00:04:42
462	7471	FRANCISCO FIGUEIREDO	M35		M	01:39:24	01:39:01	00:04:42
463	6836	JOSE PORTO	M45		M	01:39:25	01:39:07	00:04:42
464	8921	JORGE FIGUEIREDO	M40		M	01:39:26	01:29:53	00:04:16
465	8723	CLAUDIO PEREIRA	M35		M	01:39:27	01:37:20	00:04:37
466	7971	LUIS FERREIRA	M40	CLUBE MILLENNIUMBCP	M	01:39:28	01:39:20	00:04:43
467	8814	HENRIQUE JORGE COELHO	M40		M	01:39:29	01:39:05	00:04:42
468	8827	ANDRE TAVARES	M35		M	01:39:29	01:38:06	00:04:39
469	6376	RUI MOURA	M35	BAI K ANDAS TEAM	M	01:39:30	01:38:06	00:04:39
470	8324	RUI DUARTE	M45		M	01:39:31	01:38:22	00:04:40
471	5869	PAULO JORGE SEQUEIRA TEIXEIRA	M35		M	01:39:31	01:38:36	00:04:41
472	8974	JOSÉ LOPES	M50	ESTRELA CAMPO DE AVIAÇÃO FC	M	01:39:33	01:38:42	00:04:41
473	6754	CARLOS VICENTE	M35		M	01:39:38	01:39:02	00:04:42
474	7580	NUNO RAMOS	Seniores		M	01:39:39	01:39:11	00:04:43
475	5748	ANTÓNIO AUGUSTO SILVA	M50	LOUSADA RUNNERS	M	01:39:39	01:38:48	00:04:41
476	8091	VITOR LESSA	Seniores		M	01:39:39	01:37:55	00:04:39
477	6991	LUIS CARLOS TEIXEIRA RAMOS	Seniores		M	01:39:43	01:39:05	00:04:42
478	5835	ANTONIO MACHADO	M45		M	01:39:44	01:39:36	00:04:44
479	5849	ARTUR TOMÁS	M45	GD OS RIBEIRINHOS	M	01:39:45	01:38:02	00:04:39
480	8089	HELDER FERREIRA	Seniores		M	01:39:46	01:38:46	00:04:41
481	8498	JOSÉ ABÍLIO NUNES	M50		M	01:39:48	01:39:14	00:04:43
482	6848	MARIA HELENA CARVALHO COSTA	Seniores		F	01:39:51	01:39:16	00:04:43
483	8053	BRUNO SANTOS	Seniores		M	01:39:51	01:38:06	00:04:39
484	8540	ANTONIO GONÇALVES ANTONIO	M50		M	01:39:53	01:39:41	00:04:44
485	8652	RICARDO MANUEL AMARO ALVES PINTO PEREIRA	M35		M	01:39:53	01:38:05	00:04:39
486	7350	ALBERTO VEIGA MEIRELES MEIRELES	M50		M	01:39:54	01:39:45	00:04:44
487	7214	PEDRO ALMEIDA	Seniores		M	01:39:55	01:38:53	00:04:42
488	5779	JOAQUIM ALCIDES MORGADO VAZ	M40		M	01:39:57	01:39:19	00:04:43
489	6587	ARNALDO SANTOS	M45		M	01:40:01	01:39:18	00:04:43
490	6895	MANUEL PINHEIRO	M45	AMARANTE RUNNING TEAM	M	01:40:04	01:39:45	00:04:44
491	7551	GUSTAVO ROXO	M45		M	01:40:05	01:38:06	00:04:39
492	6517	VALENTIM BRANDAO	M35		M	01:40:05	01:31:39	00:04:21
493	6178	JOAQUIM ALBERTO OLIVEIRA GONÇALVES GONÇALVES	M50		M	01:40:05	01:39:21	00:04:43
494	8862	JOAQUIM BARROS	M60		M	01:40:07	01:39:49	00:04:44
495	8678	MÁRIO MONTEIRO	M35	CLUBE DE ATLETISMO NOSSA SENHORA DA CONCEIÇÃO	M	01:40:07	01:39:56	00:04:45
496	6199	PAULO MARQUES	Seniores	HOTEL DE GUIMARÃES	M	01:40:07	01:39:10	00:04:43
497	8418	XAVIER OLIVEIRA	M50	ESCOLA ATLETISMO ROSA OLIVEIRA	M	01:40:12	01:39:48	00:04:44
498	7118	ANTÓNIO MACHADO	M45	PAPA MILHAS	M	01:40:12	01:39:48	00:04:44
499	5091	FERNANDO SOARES	M40	ACOREANA CLUB BANIF	M	01:40:15	01:39:25	00:04:43
500	7750	SIN DATOS DEL DORSAL 7750	Seniores		M	01:40:17	01:32:05	00:04:22
501	8624	CESAR DUARTE	Seniores		M	01:40:20	01:27:55	00:04:11
502	8846	TIAGO OLIVEIRA	Seniores		M	01:40:21	01:39:51	00:04:44
503	5683	SÉRGIO SEIXAS	M35		M	01:40:21	01:33:13	00:04:26
504	7235	JOSÉ MOTA	M45	TAIPAS	M	01:40:21	01:40:17	00:04:46
505	5762	JOAQUIM MANUEL PINTO VIEIRA	M45	OS CACHOS	M	01:40:24	01:39:22	00:04:43
506	6740	FIRMINO NOGUEIRA	M45	CLUBE MILLENNIUMBCP	M	01:40:24	01:40:03	00:04:45
507	5709	RUI COIMBRA	Seniores	JAZZY RUNNERS	M	01:40:24	01:40:13	00:04:46
508	7358	DUARTE CHAVES	Seniores		M	01:40:31	01:40:14	00:04:46
509	7388	VITOR LOPES	M45	GINASIO CLUBE DE SANTO TIRSO	M	01:40:33	01:40:18	00:04:46
510	8031	JOEL RODRIGUES	Seniores		M	01:40:33	01:39:56	00:04:45

Lugar	Dorsal	Nome	Escalão	Equipa	Sexo	Tempo	Chip	Ritmo
511	7632	PEDRO SILVA	M40	KILOSMODA	M	01:40:33	01:39:20	00:04:43
512	6916	SIN DATOS DEL DORSAL 6916	Seniores		M	01:40:35	01:38:16	00:04:40
513	6401	MARCO FILIPE ILDEFONSO	M35		M	01:40:37	01:40:19	00:04:46
514	7911	JOSE CARVALHO	Seniores		M	01:40:37	01:24:39	00:04:01
515	8147	JOAQUIM FERREIRA	M50	ASSOCIAÇÃO CULTURAL DE VERMOIM	M	01:40:43	01:39:06	00:04:42
516	5745	ARMANDO OLIVEIRA	M55		M	01:40:44	01:39:53	00:04:45
517	5528	VICTOR COSTA	M40		M	01:40:47	01:39:26	00:04:43
518	5928	CELIA PAIVA	F45	EQUIPA TEAM DA PT ZONA	F	01:40:48	01:38:31	00:04:41
519	5284	SAMUEL PINTO	Seniores		M	01:40:48	01:38:58	00:04:42
520	5850	PEDRO AMARO	M45	GD OS RIBEIRINHOS	M	01:40:49	01:40:29	00:04:46
521	6931	ALBERTO COVAS	M55	ASAS NOS PÉS	M	01:40:49	01:40:22	00:04:46
522	5187	RICARDO FERNANDES	M35	DENIROVIP	M	01:40:50	01:40:14	00:04:46
523	7412	MANUEL ANTONIO RIBEIRO	M45	DOURO AZUL	M	01:40:50	01:40:42	00:04:47
524	5189	LEOPOLDO FERNANDES	M55	DENIROVIP	M	01:40:51	01:40:16	00:04:46
525	8841	EMANUEL DA COSTA CARDOSO	M35		M	01:40:53	01:39:40	00:04:44
526	7590	NUNO MIGUEL CORREIA LEITE	M35	MOOVE RUNNING TEAM	M	01:40:56	01:39:54	00:04:45
527	7588	RUI FILIPE CORREIA LEITE LEITE	M35		M	01:40:56	01:39:56	00:04:45
528	5585	DUARTE ROCHA	M35		M	01:40:57	01:32:32	00:04:24
529	6511	PEDRO MOTA	M35		M	01:41:00	01:39:38	00:04:44
530	6934	FREDERICO PINTO	Juniores		M	01:41:01	01:40:42	00:04:47
531	5720	OSCAR MAXIMINO	M35		M	01:41:02	01:39:34	00:04:44
532	5581	RAQUEL GUIMARÃES	F40	ACDSJOÃO SERRA	F	01:41:04	01:40:47	00:04:47
533	7218	PAULO RODRIGUES	M40	TAIPAS	M	01:41:05	01:40:46	00:04:47
534	5210	JOSÉ BARROSO	M40		M	01:41:07	01:40:21	00:04:46
535	8011	SANDRA YOUNG	Seniores		F	01:41:09	01:39:43	00:04:44
536	6387	GONCALO NASCIMENTO	Seniores		M	01:41:10	01:40:02	00:04:45
537	8730	TIAGO ANDRÉ MACEDO PINTO	Seniores		M	01:41:12	01:39:12	00:04:43
538	6632	NUNO TEIXEIRA	M35		M	01:41:13	01:39:33	00:04:44
539	5108	ALICE LOPES	F35	GINASIO FIT4FUN	F	01:41:13	01:41:02	00:04:48
540	7263	ANDREA ERLANDSEN	Juniores		F	01:41:15	01:40:49	00:04:47
541	6238	TIAGO MATIAS	M35	GEMA-GRUPO DE ESPELEOLOGIA E MONTANHA AVEIRO	M	01:41:17	01:41:00	00:04:48
542	7209	RITA CHAVES REBELO	Seniores	TERRORES DO ASFALTO	F	01:41:20	01:39:52	00:04:45
543	7855	ADERITO TEIXEIRA	M55		M	01:41:20	01:41:19	00:04:49
544	7541	DANIEL AZEVEDO	Seniores		M	01:41:21	01:40:31	00:04:46
545	5815	CARLOS FLOR	M40	CCD APDL	M	01:41:23	01:33:56	00:04:28
546	6700	RÚBEN ALVES	M35		M	01:41:25	01:40:52	00:04:47
547	6907	SÉRGIO ARAÚJO	M35	AMIGOS ATLETISMO POVOENSE	M	01:41:25	01:41:01	00:04:48
548	7160	ANTÓNIO PEREIRA	M55	AMIGOS QUINTA DAS FREIRAS	M	01:41:26	01:41:10	00:04:48
549	5153	PEDRO BARBOSA	M35		M	01:41:29	01:41:22	00:04:49
550	8044	NELSON SILVA	Seniores		M	01:41:29	01:41:18	00:04:49
551	6940	EVANDRO LEOPOLDINO DA SILVA EVANDRO SILVA	M40	CCD - RENAULT CACIA	M	01:41:32	01:39:08	00:04:42
552	5275	PEDRO MADAIL	M40		M	01:41:32	01:40:10	00:04:45
553	6618	MARIO NOBREGA	M45		M	01:41:38	01:40:41	00:04:47
554	8609	JOÃO OLIVEIRA	M50	AMIGOS ATLETISMO POVOENSE	M	01:41:38	01:40:00	00:04:45
555	7429	ANTONIO ALMEIDA	Seniores		M	01:41:39	01:41:29	00:04:49
556	6449	GONÇALO PADILHA	M35		M	01:41:40	01:40:02	00:04:45
557	6846	NUNO MARTINS	M35		M	01:41:41	01:41:05	00:04:48
558	6878	FRANCISCO RODRIGUES	M50		M	01:41:43	01:41:14	00:04:48
559	7090	LUÍS FILIPE GONÇALVES	M35	CENTRO MUNICIPAL DE MARCHA E CORRIDA DE S. JO	M	01:41:43	01:41:00	00:04:48
560	5518	MARCO MORGADO	M35		M	01:41:48	01:41:32	00:04:49
561	5759	PEDRO SOUSA	Seniores		M	01:41:50	01:41:05	00:04:48

Lugar	Dorsal	Nome	Escalão	Equipa	Sexo	Tempo	Chip	Ritmo
562	5174	SERGIO RIBEIRO RIBEIRO	M35	GRUPO DESPORTIVO LEÕES DO VENEZA	M	01:41:53	01:40:32	00:04:46
563	7984	ARMANDO MANUEL MACEDO	M60		M	01:41:55	01:41:52	00:04:50
564	8798	PEDRO AMARANTE COSTA	M40		M	01:41:57	01:40:21	00:04:46
565	6411	JACINTO OLIVEIRA	Seniores		M	01:41:59	01:40:48	00:04:47
566	5118	FRANCISCO REIS	M40		M	01:41:59	01:41:16	00:04:48
567	7315	MIGUEL COSTA PINTO	M45		M	01:41:59	01:41:07	00:04:48
568	6875	HERNANI AMARAL AMARAL	M60	ROYAL SCHOOL OF LANGUAGES	M	01:42:00	01:41:14	00:04:48
569	5287	NUNO FREITAS	M35		M	01:42:01	01:41:34	00:04:49
570	7418	JOSÉ CABRAL CABRAL	M55	C.C.D. DAS AUTARQUIAS DE ALMADA	M	01:42:01	01:41:41	00:04:50
571	7231	MANUEL FREITAS	M45	TAIPAS	M	01:42:01	01:41:52	00:04:50
572	5689	MANUEL TEIXEIRA	M50		M	01:42:02	01:42:00	00:04:51
573	6472	CARLOS ROCHA	M35		M	01:42:03	01:40:30	00:04:46
574	7054	JOSÉ VIOLAS	M45		M	01:42:05	01:41:36	00:04:49
575	8103	CLÁUDIO ARAÚJO	M35	OS SANTA APOLONIA	M	01:42:06	01:41:39	00:04:50
576	5121	NUNOMARAVILHA MARAVILHA	M35		M	01:42:06	01:41:51	00:04:50
577	5813	SLAVA IZMAILOVS	M35		M	01:42:06	01:40:37	00:04:47
578	7323	FRANCISCO JESUS	M35		M	01:42:07	01:40:58	00:04:48
579	7294	SERGIO RODRIGUEZ	M40		M	01:42:07	01:41:00	00:04:48
580	5874	NUNO TUNES	M35		M	01:42:09	01:41:12	00:04:48
581	6679	ALZIRA NISHIYAMA	F45		F	01:42:11	01:40:49	00:04:47
582	8489	PEDRO NECHO	M35		M	01:42:14	01:41:57	00:04:50
583	5517	JOÃO CARVAS	Seniores		M	01:42:15	01:41:39	00:04:50
584	6485	DAVID CAMELO	Seniores		M	01:42:19	01:41:31	00:04:49
585	7510	ROGERIO BASTOS	M35		M	01:42:23	01:41:23	00:04:49
586	7987	JOANA MOURA	Seniores	POTEEEEENTES	F	01:42:24	01:42:23	00:04:52
587	6253	AMARO ENCARNAÇÃO	M45		M	01:42:26	01:41:29	00:04:49
588	8923	LUIZ FRANCISCO	M40		M	01:42:30	01:42:18	00:04:51
589	8982	JOSÉ DANIEL ALMEIDA SOARES	Seniores		M	01:42:35	01:42:20	00:04:51
590	8021	SÉRGIO GANDARELA	M35		M	01:42:38	01:41:06	00:04:48
591	6141	JOSÉ BRANCO	Seniores	CORGAS CLUB	M	01:42:40	01:42:10	00:04:51
592	8818	FERNANDO NOGUEIRA	M45		M	01:42:41	01:41:34	00:04:49
593	6441	GERMAN AZEVEDO	M35		M	01:42:45	01:39:51	00:04:44
594	6699	RÚBEN ALVADIA	Seniores		M	01:42:47	01:42:15	00:04:51
595	6422	JOSÉ LOUREIRO LOUREIRO	M50		M	01:42:48	01:42:31	00:04:52
596	8669	JOAQUIM FERNANDES	M40		M	01:42:48	01:42:25	00:04:52
597	6450	JOSÉ CARLOS MAGALHÃES PEREIRA	M50		M	01:42:51	01:42:36	00:04:52
598	6412	JOÃO MALTA	Seniores		M	01:42:52	01:41:42	00:04:50
599	7447	MIGUEL LIMA	Seniores	MONTES RUNNERS	M	01:42:54	01:42:40	00:04:52
600	6712	FLAVIO REBELO	M55		M	01:42:54	01:42:04	00:04:51
601	7224	ANTÓNIO RODRIGUES	M50	TAIPAS	M	01:42:59	01:42:39	00:04:52
602	6174	JOSÉ MANUEL NUNES	M35		M	01:43:01	01:41:39	00:04:50
603	5563	RICARDO RIBEIRO	M50	ESCOLA ATLETISMO ROSA OLIVEIRA	M	01:43:03	01:41:37	00:04:49
604	7981	VICENTE VALERA	M40		M	01:43:06	01:43:06	00:04:54
605	5280	RUI PEDRO REIS	Seniores		M	01:43:08	01:42:12	00:04:51
606	8828	PEDRO GUIMARAES	M40	BAI K ANDAS TEAM	M	01:43:08	01:41:45	00:04:50
607	6592	PEDRO MANUEL DOMINGUES FERREIRA DA MAIA MAIA	M50		M	01:43:08	01:42:24	00:04:52
608	5796	NUNO MARTINS	M45		M	01:43:08	01:42:11	00:04:51
609	5880	ANTÓNIO LOUREIRO	M45		M	01:43:09	01:41:51	00:04:50
610	5881	ANTÓNIO CARLOS BENTO DE ALMEIDA BENTO DE ALMEIDA	M55	LEXVIS - ASSOCIAÇÃO CULTURAL E DESPORTIVA DO	M	01:43:13	01:42:17	00:04:51
611	5531	VITOR FERNANDES	Seniores		M	01:43:15	01:42:04	00:04:51
612	7371	ANTONIO MANUEL MARTNIS NETO ANTONIO NETO	M55	TRIFITROFA	M	01:43:16	01:43:14	00:04:54

Lugar	Dorsal	Nome	Escalão	Equipa	Sexo	Tempo	Chip	Ritmo
613	8026	VITOR CARVALHAIS	M45		M	01:43:16	01:42:43	00:04:53
614	8440	ANGELO PINHO	M35	GINÁSIO FIT4FUN	M	01:43:16	01:42:16	00:04:51
615	6919	HEITOR CARDOSO	M45		M	01:43:17	01:42:48	00:04:53
616	7944	ARTUR CARVALHO	M55	POTEEEEENTES	M	01:43:17	01:43:14	00:04:54
617	5514	DANIEL SILVA MAIA	M35		M	01:43:18	01:43:15	00:04:54
618	6930	JOÃO PEREIRA	Seniores	ASAS NOS PÉS	M	01:43:18	01:42:51	00:04:53
619	6023	JEROME COLLARD	M50		M	01:43:19	01:31:45	00:04:21
620	5855	ALEXANDRE MARQUES	M45	GD OS RIBEIRINHOS	M	01:43:20	01:34:14	00:04:28
621	6424	ANTÓNIO LOUREIRO LOUREIRO	M45		M	01:43:20	01:43:07	00:04:54
622	5533	NUNO ALEXANDRE MONTEIRO	M35		M	01:43:21	01:42:59	00:04:53
623	7537	JOÃO LACERDA	M35		M	01:43:21	01:43:15	00:04:54
624	8424	JOEL SIMPLÍCIO	Seniores	ASPHALT ASSAULT TEAM	M	01:43:23	01:36:57	00:04:36
625	5263	CARLOS CRUZ	Seniores		M	01:43:24	01:42:57	00:04:53
626	8450	ARTUR CARVALHO	M35	SS MONTEPIO	M	01:43:26	01:41:49	00:04:50
627	5773	CARLOS MANUEL PINTO VIEIRA	M45	OS CACHOS	M	01:43:30	01:42:28	00:04:52
628	8946	SERGIO AMERICO FERNANDES ENES ENES	Seniores		M	01:43:31	01:33:09	00:04:25
629	7470	JORGE MOREIRA	M40		M	01:43:33	01:42:37	00:04:52
630	6597	PEDRO COSTA	Seniores		M	01:43:34	01:41:50	00:04:50
631	5741	ANTONIO MIRANDA MIRANDA	M50		M	01:43:35	01:42:52	00:04:53
632	8855	JOSÉ GRAÇA	M40		M	01:43:36	01:43:06	00:04:54
633	8969	JOAQUIM LEANDRO	M55	HOLMES PLACE ARRÁBIDA	M	01:43:37	01:37:00	00:04:36
634	7215	PEDRO PINHEIRO	M50	TAIPAS	M	01:43:38	01:43:21	00:04:54
635	8095	MIGUEL CECILIO PEREIRA BESSA	M35		M	01:43:42	01:43:31	00:04:55
636	5857	JOÃO SOARES	M45	GD OS RIBEIRINHOS	M	01:43:42	01:43:41	00:04:55
637	6954	AVELINO PEREIRA	M60	CCDTC.M.GONDOMAR	M	01:43:42	01:43:16	00:04:54
638	8307	NUNO MIGUEL ANJOS SILVA	Seniores		M	01:43:42	01:42:14	00:04:51
639	8586	JOSÉ LUIS MACHADO	M40	VITORIA SPORT CLUB	M	01:43:43	01:29:24	00:04:15
640	8664	PEDRO MESTRE	M35		M	01:43:46	01:43:34	00:04:55
641	7596	JOEL MURRAY	M35		M	01:43:52	01:43:24	00:04:55
642	8067	FERNANDO XAVIER	M35		M	01:43:52	01:43:21	00:04:54
643	6455	PAULO PACHECO	M40		M	01:43:53	01:43:45	00:04:56
644	6230	RICARDO COELHO	M35	YES WE KENYA	M	01:43:55	01:42:40	00:04:52
645	8686	SIN DATOS DEL DORSAL 8686	Seniores		M	01:43:56	01:42:30	00:04:52
646	7460	RICARDO SOUSA	Seniores		M	01:43:57	01:43:29	00:04:55
647	6190	JOSÉ ANDRADE	M50	ACADEMIA FERNANDA RIBEIRO	M	01:43:57	01:31:34	00:04:21
648	6236	GILLES GUILLARME	M45		M	01:43:58	01:42:52	00:04:53
649	7195	CARLOS LOPES	Seniores		M	01:43:58	01:43:14	00:04:54
650	5185	JOSÉ MAURÍCIO RODRIGUES DE ALMEIDA ALMEIDA	M45		M	01:43:59	01:43:04	00:04:54
651	8048	FERNANDO CARDOSO SILVA	M60		M	01:43:59	01:43:04	00:04:54
652	6781	ALBERTO CASTRO	M60		M	01:44:02	01:43:38	00:04:55
653	5853	JORGE CABRAL	M45	GD OS RIBEIRINHOS	M	01:44:02	01:42:45	00:04:53
654	5957	RUI MANUEL RAMOS FERREIRA BORGES	M45	NICAJOANINHA	M	01:44:05	01:42:50	00:04:53
655	6809	CARLOS MANUEL DA SILVA SILVA	M55	SEM NOME	M	01:44:06	01:42:33	00:04:52
656	6475	SERGIO MACHADO	M40		M	01:44:08	01:43:30	00:04:55
657	5868	JOÃO CORTÊS	M55		M	01:44:11	01:43:57	00:04:56
658	8429	ANTÓNIO VIEIRA	Seniores	ASPHALT ASSAULT TEAM	M	01:44:14	01:37:50	00:04:39
659	6964	PEDRO PINTO DE SOUSA	Seniores		M	01:44:15	01:42:25	00:04:52
660	7394	ALFREDO CARLOS BARBOSA	M60	DOURO AZUL	M	01:44:15	01:43:42	00:04:55
661	7997	DANIEL OLIVEIRA	M40	POTEEEEENTES	M	01:44:17	01:44:15	00:04:57
662	7547	NUNO RODRIGUES	M45		M	01:44:19	01:43:54	00:04:56
663	6847	JULIO ABRAÃO MARQUES LOURENÇO	M35		M	01:44:19	01:43:50	00:04:56

Lugar	Dorsal	Nome	Escalão	Equipa	Sexo	Tempo	Chip	Ritmo
664	6620	PAULO PELICANO	M40	CORRIDAS DE PERNAS PRO AR	M	01:44:20	01:44:06	00:04:57
665	5039	MANUEL JOSE PUERTA COSTA	M45	PORTO RUNNERS	M	01:44:24	01:43:02	00:04:53
666	5556	PAULO MACHADO	M35		M	01:44:24	01:35:40	00:04:33
667	7584	MANUEL ALMEIDA ALMEIDA	M55	LÁ VÃO... DE ALMEIRIM	M	01:44:28	01:44:00	00:04:56
668	7583	GIL ALMEIDA ALMEIDA	Seniores	LÁ VÃO... DE ALMEIRIM	M	01:44:28	01:43:59	00:04:56
669	5719	LUÍS MIGUEL OLIVEIRA	M50	CLUBE GBES - DELEGAÇÃO DO NORTE	M	01:44:29	01:43:12	00:04:54
670	8150	VITOR COSTA	M40	ASSOCIAÇÃO CULTURAL DE VERMOIM	M	01:44:30	01:42:53	00:04:53
671	8107	RICARDO MEIRA MEIRA	M35	OS SANTA APOLONIA	M	01:44:31	01:43:42	00:04:55
672	8562	RUI RUSSO SANTOS	M45	PORTO RUNNERS	M	01:44:36	01:44:04	00:04:56
673	5771	CARLOS CARVALHO	M55	A.D. AMARANTE	M	01:44:39	01:43:17	00:04:54
674	7362	MARIA LOUREIRO	F40		F	01:44:39	01:44:37	00:04:58
675	7131	ERNESTO FERNANDES	M50	LINHAS MOURE CONFENIX	M	01:44:39	01:44:16	00:04:57
676	6769	PEDRO BROCHADO	Seniores		M	01:44:46	01:44:13	00:04:57
677	7477	MIGUEL BORGES COELHO	M40		M	01:44:47	01:44:21	00:04:57
678	6833	PEDRO CANCELO	Seniores		M	01:44:47	01:44:23	00:04:57
679	8195	EMÍDIO MARQUES	Seniores		M	01:44:48	01:43:36	00:04:55
680	8035	RUI ANDRE FERNANDES LEITAO	M35		M	01:44:48	01:36:05	00:04:34
681	8551	ALBERTO MOREIRA	M40	AMIGOS ATLETISMO POVOENSE	M	01:44:49	01:43:20	00:04:54
682	7318	DAVID MARTINS	M35		M	01:44:49	01:43:56	00:04:56
683	8457	EMANUEL ALMEIDA	M35	SS MONTEPIO	M	01:44:50	01:43:13	00:04:54
684	8884	FRANCISCO MANSO	M45		M	01:44:50	01:43:13	00:04:54
685	8885	RICARDO GOMES PEREIRA	M40		M	01:44:51	01:43:14	00:04:54
686	7572	JOSE CARLOS CAMPOS	M50		M	01:44:51	01:43:33	00:04:55
687	8455	BRUNO ESTEVES	M35	SS MONTEPIO	M	01:44:51	01:44:51	00:04:59
688	7408	HELENA MIRANDA	Seniores		F	01:44:51	01:44:29	00:04:58
689	7117	CARLOS GIL SÁ SÁ	M35		M	01:44:53	01:44:36	00:04:58
690	5949	RUI FRAGA	M35	CORRIDAS DA BILA	M	01:44:53	01:44:48	00:04:59
691	5551	LUÍS FILIPE PEREIRA DE PAIVA	M40		M	01:44:53	01:44:37	00:04:58
692	8036	ANDRE BASTOS SANTOS	Seniores		M	01:44:54	01:36:11	00:04:34
693	5807	HUMBERTO RIBEIRO	M45	VAMOS LÁ	M	01:44:55	01:44:42	00:04:58
694	8362	SÉRGIO AMARO BASTOS	M35		M	01:44:57	01:35:05	00:04:31
695	8580	ANTÓNIO MATOS	M60		M	01:44:58	01:44:49	00:04:59
696	7630	ALBERTO SANTOS	M35	KILOSMODA	M	01:44:59	01:43:56	00:04:56
697	7633	ARTUR ARAÚJO	M45	KILOSMODA	M	01:44:59	01:43:46	00:04:56
698	7631	JOSÉ MARTINS	M45	KILOSMODA	M	01:44:59	01:43:56	00:04:56
699	6663	ANTONIO JOSE MARQUES SANTOS	M40		M	01:45:00	01:42:48	00:04:53
700	8433	JORGE COSTA	Seniores	GINÁSIO FIT4FUN	M	01:45:01	01:44:49	00:04:59
701	6409	JOSÉ PEREIRA	Seniores		M	01:45:02	01:31:51	00:04:22
702	6524	LUIS FERNANDO CRUZ MADEIRA	M35		M	01:45:03	01:43:40	00:04:55
703	6395	RICARDO ALEXANDRE MARTINS PEREIRA DA ROCHA	M40		M	01:45:03	01:44:42	00:04:58
704	5071	RICARDO JOÃO CARIA PINHEIRO	M35	CLUBE PORTUGAL TELECOM ZONA NORTE	M	01:45:04	01:44:39	00:04:58
705	8685	JORGE MOREIRA	M40		M	01:45:05	01:42:52	00:04:53
706	7665	RAHMA BARCLAY	Seniores		F	01:45:05	01:42:53	00:04:53
707	5015	PEDRO RIBEIRO MACEDO	Seniores		M	01:45:07	01:43:02	00:04:53
708	7379	JOÃO PAULO ALMEIDA ALMEIDA	M40	CLUBE DÍNAMO ESTAÇÃO	M	01:45:07	01:44:42	00:04:58
709	7192	ARTUR JORGE DA COSTA NUNES	M35		M	01:45:09	01:44:22	00:04:57
710	5904	LUÍS MANUEL PINTO DE ALMEIDA ALMEIDA	Seniores		M	01:45:09	01:44:22	00:04:57
711	7299	MIGUEL MACHADO	Seniores		M	01:45:10	01:44:41	00:04:58
712	5958	JOSÉ CARVALHO ADÃO	M45	NICAJOANINHA	M	01:45:10	01:43:54	00:04:56
713	7297	ANA COELHO	Seniores		F	01:45:10	01:44:41	00:04:58
714	7197	JORGE AUGUSTO	M35		M	01:45:11	01:44:24	00:04:57

Lugar	Dorsal	Nome	Escalão	Equipa	Sexo	Tempo	Chip	Ritmo
715	7478	MANUEL LOPEZ	M45		M	01:45:11	01:44:48	00:04:59
716	7972	CARLOS MARIANO	M35	CLUBE MILLENNIUMBCP	M	01:45:11	01:45:03	00:04:59
717	8649	SANDRO VILELA	M35		M	01:45:11	01:43:29	00:04:55
718	7664	FRANCIS FLAVIN	Seniores		M	01:45:11	01:42:59	00:04:53
719	8149	JOSE COSTA	M45	ASSOCIAÇÃO CULTURAL DE VERMOIM	M	01:45:12	01:43:35	00:04:55
720	6791	PAULO ALEXANDRE NETO VASCONCELOS	M45		M	01:45:13	01:44:43	00:04:58
721	5134	JOAQUIM SILVA	M45	FOGAÇAS	M	01:45:14	01:43:22	00:04:54
722	7264	CARLOS FERREIRA	Seniores	SANTO TIRSO RUNNERS	M	01:45:14	01:32:29	00:04:23
723	8070	MARIO PAULO GOMES MARTINS	M40		M	01:45:15	01:43:00	00:04:53
724	6245	FILIFE COELHO	Seniores	RUNFEIRA	M	01:45:17	01:43:32	00:04:55
725	6146	CÉSAR ALMEIDA	Seniores		M	01:45:18	01:44:11	00:04:57
726	8571	ANTÓNIO NESTOR RIBEIRO	M40		M	01:45:18	01:44:57	00:04:59
727	8052	SÉRGIO GONÇALVES DE SOUSA	Seniores		M	01:45:18	01:44:52	00:04:59
728	8548	LUIS MIGUEL FARIA	M40		M	01:45:20	01:34:53	00:04:30
729	6461	ARMINDO FERREIRA	M45		M	01:45:20	01:42:28	00:04:52
730	7201	MICHAEL DIAS	Seniores		M	01:45:21	01:44:51	00:04:59
731	6808	JORGE LEITE	Seniores		M	01:45:21	01:43:41	00:04:55
732	6263	JOSE MARIA JUAN	M40		M	01:45:21	01:43:39	00:04:55
733	6206	RUI TEIXEIRA	M35	4 RUNNERS TEAM	M	01:45:21	01:43:20	00:04:54
734	7167	LUIS FILIFE SALVADOR	M45	HOTEL MIRA PAIVA	M	01:45:22	01:43:40	00:04:55
735	5954	MANUEL SOARES ABOBELEIRA	M35		M	01:45:23	01:45:02	00:04:59
736	8042	LUIS LETRA	Seniores		M	01:45:23	01:45:19	00:05:00
737	6790	IRIS DIANA LOPES FERNANDES SOARES	Seniores		F	01:45:23	01:44:40	00:04:58
738	5119	ARMÉNIO FERREIRA	M55		M	01:45:24	01:44:41	00:04:58
739	8751	FILIFE AFONSO	M35		M	01:45:25	01:43:53	00:04:56
740	5523	BRUNO LOPES	Seniores		M	01:45:25	01:44:12	00:04:57
741	5592	JOSÉ CARLOS SILVA	M35		M	01:45:25	01:43:30	00:04:55
742	5661	PAULO TORRES	M40	CLUBE NATURA - EQUIPA ESPIRAL	M	01:45:26	01:43:43	00:04:55
743	5701	RENATO CADILHA	Seniores		M	01:45:26	01:43:42	00:04:55
744	5059	CARLOS CAPELA	M60		M	01:45:27	01:45:27	00:05:00
745	6529	FÁBIO MENDES	Seniores		M	01:45:28	01:33:47	00:04:27
746	5875	LUIZ HENRIQUE	M50		M	01:45:33	01:45:18	00:05:00
747	5746	MÓNICA FERNANDES	F35		F	01:45:34	01:44:43	00:04:58
748	7096	JAIME MOREIRA	M50	CENTRO MUNICIPAL DE MARCHA E CORRIDA DE S. JO	M	01:45:35	01:45:27	00:05:00
749	7134	ANTONIO ALVES	M40	LINHAS MOURE CONFENIX	M	01:45:36	01:45:10	00:05:00
750	5981	ROSA VILLAR	F45	OS FURA MONTANHAS	F	01:45:36	01:44:39	00:04:58
751	8952	PEDRO TEIXEIRA	M35	LOJA FIDELIDADE BOAVISTA	M	01:45:36	01:43:48	00:04:56
752	6512	ANTONIO SERGIO BARROS FERNANDES	M35		M	01:45:38	01:35:01	00:04:31
753	7656	ANTONIO JOSÉ FERREIRA ALMEIDA	M40	RUNNER+AGUIAR DA BEIRA	M	01:45:39	01:38:16	00:04:40
754	6509	AFONSO PEREIRA	M40		M	01:45:40	01:44:39	00:04:58
755	7014	VICTOR DE FIGUEIREDO	M60		M	01:45:40	01:45:07	00:04:59
756	6932	ALEXANDRE LUZ	M40		M	01:45:40	01:44:42	00:04:58
757	6145	JOSÉ REBELO	M60		M	01:45:43	01:44:36	00:04:58
758	8368	DOMINGOS PRESAS	M45		M	01:45:47	01:35:31	00:04:32
759	6626	ARAÚJO AUGUSTO	M55		M	01:45:48	01:45:21	00:05:00
760	7372	RICARDO RAMOS DE PINA	Juniores		M	01:45:48	01:45:46	00:05:01
761	6706	JESUS COSTA	M40		M	01:45:49	01:45:11	00:05:00
762	7616	JOSE JOAQUIM ALEXANDRE PEREIRA	M45		M	01:45:50	01:44:10	00:04:57
763	6542	DANIEL AFONSO	Juniores		M	01:45:50	01:35:01	00:04:31
764	7380	VITOR GONÇALVES	M40		M	01:45:51	01:44:37	00:04:58
765	7622	MANUEL RIBEIRO NEVES	M55		M	01:45:54	01:45:44	00:05:01

Lugar	Dorsal	Nome	Escalão	Equipa	Sexo	Tempo	Chip	Ritmo
766	7618	HUMBERTO MENDES DA SILVA MENDES	M45		M	01:45:54	01:45:44	00:05:01
767	8703	JOÃO MAIA MAIA	M50	BOSCH TERMOTECNOLOGIA SA	M	01:45:54	01:45:41	00:05:01
768	5522	JOAQUIM DA COSTA MARINHO MARINHO	M55		M	01:45:54	01:45:32	00:05:01
769	7722	FRANCISCO ARAGÃO	Seniores		M	01:45:57	01:44:12	00:04:57
770	7450	NUNO GONÇALO COSTA	M35		M	01:45:58	01:44:49	00:04:59
771	8060	MIGUEL PEREIRA	M45	OS ROTOS	M	01:45:59	01:37:46	00:04:39
772	7495	OSCAR FEIJOO	M40		M	01:46:00	01:44:35	00:04:58
773	8776	SIN DATOS DEL DORSAL 8776	Seniores		M	01:46:01	01:45:48	00:05:01
774	7296	RODRIGO SILVA	M35		M	01:46:02	01:44:43	00:04:58
775	5558	FERNANDO FERREIRA	Seniores	SANTO TIRSO RUNNERS	M	01:46:04	01:34:06	00:04:28
776	6719	JOHN OLSEN	Seniores		M	01:46:05	01:45:57	00:05:02
777	6209	ROGERIO FREITAS FREITAS	M45	COMANDOS DE 87	M	01:46:06	01:45:54	00:05:02
778	8454	TIAGO SILVA	M35	SS MONTEPIO	M	01:46:09	01:44:26	00:04:57
779	6193	RUI EUSÉBIO	M45	ACADEMIA FERNANDA RIBEIRO	M	01:46:10	01:39:28	00:04:43
780	7211	JOSÉ PEREIRA	Seniores		M	01:46:11	01:45:06	00:04:59
781	6680	HELDER MADEIRA	M40		M	01:46:11	01:45:18	00:05:00
782	5089	RUI NOVO	M40		M	01:46:11	01:45:09	00:05:00
783	8729	MARCO PAULO COSTA SOBRINHO CORREIA	M35		M	01:46:11	01:44:25	00:04:57
784	8038	PAULO SILVA	M40		M	01:46:12	01:44:30	00:04:58
785	8927	MIGUEL PACHECO	M40		M	01:46:14	01:46:02	00:05:02
786	7321	CELESTINO GARCIA	M45		M	01:46:15	01:45:45	00:05:01
787	7178	SONIA SILVA	F35	CICLISTAS	F	01:46:16	01:46:10	00:05:02
788	6928	HÉLDER SILVA	M35		M	01:46:18	01:39:39	00:04:44
789	5637	ANTÓNIO TAVEIRA	M40		M	01:46:21	01:46:02	00:05:02
790	8393	JORGE QUINTEIRA	Seniores	REALTINTAS / CYBER CAFE	M	01:46:24	01:45:39	00:05:01
791	7212	JOSÉ COSTA	M35		M	01:46:29	01:45:25	00:05:00
792	7236	JOSE CRUZ	M60	TAIPAS	M	01:46:32	01:45:14	00:05:00
793	8968	VITOR FERREIRA	M50	ESTRELA CAMPO DE AVIAÇÃO FC	M	01:46:33	01:46:16	00:05:03
794	8152	JAIR RODRIGO LIMA MIMOSO CAMELO	M35		M	01:46:34	01:44:48	00:04:59
795	6390	NUNO RAFAEL RIBEIRO RODRIGUES	Seniores		M	01:46:37	01:46:30	00:05:03
796	5521	JOÃO VERDE	M45		M	01:46:37	01:46:19	00:05:03
797	7582	RICARDO CARVALHO	Seniores		M	01:46:38	01:46:04	00:05:02
798	6216	PEDRO GONÇALVES	M35		M	01:46:38	01:45:57	00:05:02
799	7305	PORFIRIO SILVA	M55	FIGUEIRÓ RUNNERS	M	01:46:39	01:45:45	00:05:01
800	8395	EMIDIO QUINTEIRA	Seniores	REALTINTAS / CYBER CAFE	M	01:46:40	01:45:57	00:05:02
801	7104	LÚIS FILIPE PINTO	Seniores	CENTRO MUNICIPAL DE MARCHA E CORRIDA DE S. JO	M	01:46:44	01:46:00	00:05:02
802	8526	HELDER BARROS	M35		M	01:46:44	01:44:57	00:04:59
803	5504	PAULO MATOS	M35	CYCLONES - SANITOP	M	01:46:47	01:46:27	00:05:03
804	8151	GONÇALO FRAZÃO	Seniores		M	01:46:49	01:46:21	00:05:03
805	7395	RUI DA SILVA SANTOS	Seniores	LIKETOMOVE.COM	M	01:46:49	01:45:57	00:05:02
806	6543	JORGE AIDOS ROCHA	M40		M	01:46:54	01:36:05	00:04:34
807	8817	PAULO PEREIRA	M40		M	01:46:55	01:45:14	00:05:00
808	8130	MIGUEL SOUSA	M35	OS SANTA APOLONIA	M	01:46:56	01:46:56	00:05:05
809	7658	RUI MOURA	M35		M	01:46:57	01:45:53	00:05:02
810	7657	BRUNO SOARES	Seniores		M	01:46:57	01:45:55	00:05:02
811	5488	VITOR FERREIRA	M35		M	01:46:58	01:33:38	00:04:27
812	8544	JOÃO PEDRO COSTA	Seniores		M	01:46:59	01:46:19	00:05:03
813	6802	DANIEL PEIXOTO	Seniores		M	01:47:00	01:46:07	00:05:02
814	6800	JOAQUIM MADUREIRA	M35		M	01:47:00	01:44:39	00:04:58
815	6573	ANSELMO PINTO	M40		M	01:47:01	01:30:54	00:04:19
816	7262	NUNO ABREU	Seniores		M	01:47:01	01:39:41	00:04:44



Lugar	Dorsal	Nome	Escalão	Equipa	Sexo	Tempo	Chip	Ritmo
817	8505	MÁRIO MELO	Seniores	PASCOALITOS	M	01:47:02	01:39:42	00:04:44
818	5883	FÁBIO LOUREIRO	Seniores		M	01:47:02	01:45:42	00:05:01
819	7439	DAVID PEREIRA	M35		M	01:47:02	01:45:11	00:05:00
820	8448	VITOR RIO	M35	SS MONTEPIO	M	01:47:03	01:37:28	00:04:38
821	7947	RICARDO ALMEIDA	M40	POTEEEEENTES	M	01:47:06	01:47:01	00:05:05
822	8687	JOSÉ FERNANDES	M40		M	01:47:07	01:44:53	00:04:59
823	8695	RUI REBELO	Seniores		M	01:47:07	01:44:54	00:04:59
824	7331	FILIPE CLEMENTE	M40		M	01:47:07	01:45:13	00:05:00
825	6987	NELSON NASCIMENTO	Seniores		M	01:47:08	01:46:29	00:05:03
826	7184	ANTONIO EUGÉNIO TEIXEIRA BAPTISTA	M45		M	01:47:08	01:38:27	00:04:40
827	8642	RICARDO AGUIAR	M40		M	01:47:09	01:45:04	00:04:59
828	7243	PEDRO REBELO SALVADOR	M35		M	01:47:10	01:46:21	00:05:03
829	7301	HELDER HEITOR	Seniores		M	01:47:12	01:45:21	00:05:00
830	6815	ARLINDO BARROS	Seniores		M	01:47:13	01:46:18	00:05:03
831	7489	CHRIS COWLEY	M55		M	01:47:13	01:45:38	00:05:01
832	6863	JOÃO CATALÃO	M35		M	01:47:14	01:46:28	00:05:03
833	8804	MIGUEL RIBEIRO	Seniores		M	01:47:15	01:46:48	00:05:04
834	8809	BRUNO BATISTA	Seniores		M	01:47:15	01:46:49	00:05:04
835	6546	OLEKSANDR STETSYUK	Seniores		M	01:47:17	01:33:02	00:04:25
836	8612	JOAO BANDEIRA	M40		M	01:47:17	01:45:39	00:05:01
837	8880	NUNO ADRIANO PEREIRA	M40		M	01:47:23	01:46:28	00:05:03
838	8133	JOSE PEDRO MARTINS	M50		M	01:47:24	01:47:06	00:05:05
839	6912	VITOR PINTO	Seniores		M	01:47:25	01:46:24	00:05:03
840	8328	RICARDO GRANJA	Seniores	MMR RUNNERS	M	01:47:26	01:45:09	00:05:00
841	6429	JOSÉ FONSECA FONSECA	M55	GRUPO DESPORTIVO BANCO PORTUGAL	M	01:47:30	01:45:35	00:05:01
842	8959	CRISTINA MARIA FERREIRA DE MOURA SARAIVA	F50		F	01:47:32	01:47:08	00:05:05
843	8323	JOSÉ VALENTIM CUNHA OLIVEIRA	M45		M	01:47:33	01:46:46	00:05:04
844	7281	NELSON FILIPE PINTO LOUREIRO	Seniores		M	01:47:34	01:47:09	00:05:05
845	5127	FERNANDO MIRANDA	M45		M	01:47:34	01:45:47	00:05:01
846	7517	CARLOS MANUEL SANTOS	Seniores	ZÉS CIÊNCIAS	M	01:47:36	01:45:15	00:05:00
847	6261	VÍTOR ANDRÉ SILVA CARDOSO	M35		M	01:47:36	01:46:41	00:05:04
848	6574	RAFAEL GALVÃO	M40		M	01:47:37	01:46:01	00:05:02
849	6553	MARTINHO PACHECO	M60	PRAZER DE CORRER	M	01:47:38	01:36:22	00:04:35
850	8297	PAULO BÁRTOLO	M40		M	01:47:38	01:46:14	00:05:03
851	7454	NARCISO RODRIGUES	M45		M	01:47:39	01:45:36	00:05:01
852	6501	BRUNO BISPO	Seniores		M	01:47:40	01:45:27	00:05:00
853	8109	MANUEL ALMEIDA ALMEIDA	M45	OS SANTA APOLONIA	M	01:47:40	01:46:51	00:05:04
854	7065	PEDRO FIGUEIREDO	Seniores	FALCÕES SELVAGENS	M	01:47:40	01:47:00	00:05:05
855	5878	LEANDRO MARCO ROXO PACHECO	M35		M	01:47:41	01:47:32	00:05:06
856	7431	PEDRO MARQUES	Seniores	UNIDOS À FRESCA	M	01:47:42	01:45:38	00:05:01
857	6695	ARTHUR MELLO	M45		M	01:47:45	01:46:31	00:05:03
858	7234	MANUEL PACHECO	M45	TAIPAS	M	01:47:46	01:47:42	00:05:07
859	6414	DANIEL AMORIM	M35	AMORIM	M	01:47:46	01:47:37	00:05:07
860	7221	ROSA FERREIRA	F45	TAIPAS	F	01:47:47	01:47:30	00:05:06
861	8420	PAULO MOURA	M50	ESCOLA ATLETISMO ROSA OLIVEIRA	M	01:47:47	01:46:22	00:05:03
862	6264	RODRIGO COSTA FERREIRA	M45		M	01:47:47	01:36:56	00:04:36
863	7611	MANUEL RODRIGUES GUERRA	M50		M	01:47:48	01:46:49	00:05:04
864	7119	JOAQUIM MACHADO	M45	PAPA MILHAS	M	01:47:49	01:41:11	00:04:48
865	7021	RUI MAGALHÃES	M35		M	01:47:51	01:46:20	00:05:03
866	5754	MARIA MOREIRA	F40		F	01:47:52	01:46:12	00:05:02
867	6530	LEONARDO CEREJEIRA	M55		M	01:47:54	01:47:48	00:05:07

Lugar	Dorsal	Nome	Escalão	Equipa	Sexo	Tempo	Chip	Ritmo
868	7141	OCTÁVIO DIAS	M50	CLAC - ENTRONCAMENTO	M	01:47:54	01:47:28	00:05:06
869	7952	PEDRO CARDOSO	Seniores	POTEEENTES	M	01:47:54	01:47:50	00:05:07
870	8164	JORGE HUMBERTO COSTA	M45		M	01:47:55	01:45:57	00:05:02
871	7075	MANUEL AGOSTINHO CASTANHEIRA PINTO	M50		M	01:47:55	01:47:19	00:05:06
872	7360	ANTONIO COELHO GOMES	M55		M	01:47:56	01:46:32	00:05:03
873	8408	MANUEL TAVARES	M40	AÇOREANA CLUBE BANIF	M	01:47:56	01:47:36	00:05:07
874	7148	JOÃO MARTINS	M35	SHOTS INTERNATIONAL RUNNERS	M	01:47:57	01:33:02	00:04:25
875	6446	TIAGO ARAUJO	Seniores		M	01:47:57	01:45:06	00:04:59
876	5708	MARCO ANTÓNIO SILVA	M40	CLUBE GBES - DELEGAÇÃO DO NORTE	M	01:48:00	01:47:32	00:05:06
877	8728	ESTÉVÃO JOSÉ CORREIA GONÇALVES	M35		M	01:48:00	01:45:39	00:05:01
878	6563	PAULO SOARES	M40	CLUBE MILLENNIUMBCP	M	01:48:03	01:47:52	00:05:07
879	7024	JOÃO PAULO OLIVEIRA OLIVEIRA	M45		M	01:48:04	01:46:26	00:05:03
880	7043	RUI ANDRE RIBEIRO MARTINS	Seniores		M	01:48:05	01:47:34	00:05:06
881	8541	DAVID TOPETE	Seniores	PARQUE DAS TERMAS DE VIZELA	M	01:48:05	01:46:35	00:05:04
882	5679	RUI PEREIRA	M35		M	01:48:06	01:45:56	00:05:02
883	5502	CARLOS COUTINHO	M45	HPP PORTO	M	01:48:06	01:47:58	00:05:08
884	5584	ADÉLIO MARQUES	Seniores		M	01:48:06	01:48:06	00:05:08
885	8099	CARLOS MANUEL LAPA FERREIRA FERREIRA	M45		M	01:48:07	01:35:08	00:04:31
886	5264	ANTÓNIO AUGUSTO PEREIRA	M60		M	01:48:08	01:47:52	00:05:07
887	6946	PAULO VASCONCELOS	M45	A.D. AMARANTE	M	01:48:08	01:46:36	00:05:04
888	5861	FRANCISCO MAGALHÃES	Seniores		M	01:48:08	01:47:41	00:05:07
889	6893	JOSÉ TEIXEIRA	M40		M	01:48:09	01:46:08	00:05:02
890	7606	CRISTIANO SANTOS	Seniores		M	01:48:09	01:46:03	00:05:02
891	5714	MANUEL HENRIQUE FERREIRA GOMES	M35		M	01:48:09	01:46:09	00:05:02
892	8545	HELDER FERREIRA	M35	PARQUE DAS TERMAS DE VIZELA	M	01:48:09	01:46:39	00:05:04
893	7652	CESAR NEVES	M45		M	01:48:11	01:37:53	00:04:39
894	5757	ALBINO CORREIA	M45		M	01:48:11	01:47:27	00:05:06
895	7349	NELSON FERREIRA	M40		M	01:48:12	01:47:36	00:05:07
896	5873	RUI MIGUEL EIRA BOTELHO	Seniores		M	01:48:12	01:46:30	00:05:03
897	8492	MARCO CARNEIRO	M35	KORPUS ACADEMIA SAUDE ESTETICA	M	01:48:13	01:47:36	00:05:06
898	6427	CARLOS SOUSA SOUSA	M40	GRUPO DESPORTIVO BANCO PORTUGAL	M	01:48:16	01:46:20	00:05:03
899	7639	CIUTINA ADRIAN	M35		M	01:48:19	01:47:33	00:05:06
900	6877	CASIMIRO VILELA VIEIRA	M60		M	01:48:20	01:47:33	00:05:06
901	6440	JOÃO PINTO	Seniores		M	01:48:20	01:47:03	00:05:05
902	8353	PEDRO MARTINS	M35	ENGINEERING ON THE MOVE - POWERED BY HEXAWATT	M	01:48:21	01:39:34	00:04:44
903	5982	FERNANDO CUNHA	M45	OS FURA MONTANHAS	M	01:48:22	01:47:24	00:05:06
904	7387	JOSE LEITE	M55	GINASIO CLUBE DE SANTO TIRSO	M	01:48:24	01:48:19	00:05:09
905	8524	CARLOS ALVES	M45		M	01:48:24	01:46:38	00:05:04
906	6635	MARCO PAULO FERREIRA TEIXEIRA	M35		M	01:48:28	01:46:41	00:05:04
907	6591	RUI EDUARDO FLORINDO ROLO	M40		M	01:48:29	01:47:49	00:05:07
908	6271	LEANDRO REIS GOMES	Seniores		M	01:48:31	01:48:31	00:05:09
909	5588	BERNARD BONNIER	M45		M	01:48:32	01:47:26	00:05:06
910	5726	JOÃO PAULO	M40		M	01:48:32	01:47:13	00:05:05
911	8998	CARLOS FILIPE LEITÃO DOS SANTOS	Seniores	GONDOMAR FUTSAL CLUBE	M	01:48:32	01:41:55	00:04:50
912	6186	FILIPE PINTO	M35		M	01:48:41	01:39:54	00:04:45
913	6007	PAULO AÇAFRÃO AÇAFRÃO	M45	LUPAS	M	01:48:41	01:47:07	00:05:05
914	5642	ISOLINO COELHO	Seniores	4RUN	M	01:48:42	01:33:47	00:04:27
915	6874	AVELINO JOAQUIM FERREIRA FARIA	M45	TRAILISTAS	M	01:48:43	01:42:07	00:04:51
916	7579	RUDOLFO MARTINS	M45	TALHO20	M	01:48:45	01:47:15	00:05:06
917	8902	ANTÓNIO MONTEIRO	Seniores		M	01:48:46	01:38:20	00:04:40
918	8145	ANTONIO FERREIRA	M50	ASSOCIAÇÃO CULTURAL DE VERMOIM	M	01:48:46	01:47:11	00:05:05

Lugar	Dorsal	Nome	Escalão	Equipa	Sexo	Tempo	Chip	Ritmo
919	6173	MIGUEL FERREIRA	M40		M	01:48:47	01:47:30	00:05:06
920	5648	VASCO OLIVEIRA	M60		M	01:48:48	01:48:27	00:05:09
921	5647	FILIPE RODRIGUES	Seniores		M	01:48:48	01:48:25	00:05:09
922	7958	RUI BORGES	M40	HPP PORTO	M	01:48:50	01:48:49	00:05:10
923	7359	FERNANDO ROSETE	M40		M	01:48:50	01:47:33	00:05:06
924	5304	EDUARDO DAS NEVES COELHO	Seniores		M	01:48:52	01:46:32	00:05:03
925	5303	ADÃO SOUSA	M35		M	01:48:52	01:46:33	00:05:03
926	6696	PEDRO ALVES	M35		M	01:48:52	01:48:03	00:05:08
927	8168	MIGUEL VITORINO	M35	CARACOL TRAIL TEAM	M	01:48:53	01:47:52	00:05:07
928	8180	FRANCISCO PACHECO	M45		M	01:48:53	01:47:55	00:05:07
929	6894	JOAQUIM MANUEL CARVALHO SILVA	M45		M	01:48:53	01:46:52	00:05:04
930	6686	FERNANDO JORGE MAGALHÃES DOS SANTOS	M45		M	01:48:54	01:48:34	00:05:09
931	8856	JOAQUIM SACRAMENTO	M50	AMIGOS PARQUE INFANTE D.PEDRO-AVEIRO	M	01:48:55	01:47:52	00:05:07
932	8349	LUIS FERREIRA	M35		M	01:48:55	01:36:57	00:04:36
933	5862	FERNANDO MANUEL SEQUEIRA AZEVEDO	M55		M	01:48:57	01:47:29	00:05:06
934	7112	JORGE SOUSA	M40	SERVIÇOS SOCIAIS MONTEPIO GERAL	M	01:48:57	01:48:46	00:05:10
935	7244	ANTÓNIO AZEVEDO	M50		M	01:48:58	01:48:51	00:05:10
936	7515	PEDRO FERREIRA	Seniores	PEZINHOS DE LÃ	M	01:48:58	01:48:58	00:05:10
937	6693	SÍLVIO RODRIGUES DE SA	Seniores		M	01:48:59	01:46:51	00:05:04
938	7504	HELDER CRUZ	Seniores		M	01:49:00	01:37:03	00:04:36
939	7752	GONÇALO REIS	Juniores		M	01:49:00	01:37:19	00:04:37
940	5088	DUARTE FERREIRA	M35		M	01:49:02	01:47:15	00:05:06
941	7425	HUGO DANIEL COELHO DOS SANTOS	Seniores	CLUBE GALPENERGIA NORTE	M	01:49:03	01:36:25	00:04:35
942	8513	JOAQUIM GAYO	M35	CABALUS	M	01:49:03	01:48:26	00:05:09
943	5072	IVO LOPES	Seniores	ALLIVE	M	01:49:05	01:48:22	00:05:09
944	8071	FRANCISCO ANTÓNIO SOUSA	M50		M	01:49:06	01:47:39	00:05:07
945	6528	RUI GOMES	M35		M	01:49:07	01:40:02	00:04:45
946	8427	PAULO GAVINA	Seniores	ASPHALT ASSAULT TEAM	M	01:49:07	01:42:42	00:04:53
947	7222	ANTÓNIO AFONSO	M45	TAIPAS	M	01:49:09	01:48:51	00:05:10
948	8668	JOÃO CARLOS SANTOS	Seniores	SERVIÇOS SOCIAIS MONTEPIO	M	01:49:10	01:48:18	00:05:08
949	6814	LUIS MIGUEL DE ANDRADE GONÇALVES MOREIRA DOS SANTOS	M40	TRAILISTAS	M	01:49:10	01:42:34	00:04:52
950	8913	JORGE RODRIGUES	M35		M	01:49:11	01:38:44	00:04:41
951	5676	MARCO NOE CARNEIRO DA SILVA	M35		M	01:49:12	01:47:02	00:05:05
952	7434	DANIELA SOARES	Seniores	UNIDOS À FRESCA	F	01:49:14	01:47:10	00:05:05
953	6924	VASCO COSTA	M55	JAZZY RUNNERS	M	01:49:15	01:48:27	00:05:09
954	7568	PEDRO MARINHO	M35		M	01:49:16	01:48:53	00:05:10
955	8794	JOÃO FERNANDES	Seniores		M	01:49:16	01:47:25	00:05:06
956	6444	JOAO MACHADO	Seniores		M	01:49:17	01:47:22	00:05:06
957	7717	MICHEL BRUYERE	M50		M	01:49:17	01:48:12	00:05:08
958	8092	DANIEL MOTA	M40		M	01:49:18	01:47:30	00:05:06
959	8465	PAULO PEREIRA	M35	PAPAKM	M	01:49:20	01:35:12	00:04:31
960	8462	FERNANDO MONTEIRO	M35	PAPAKM	M	01:49:21	01:35:11	00:04:31
961	5696	ADRIANO PINTO	M50	BRAGUINHAS	M	01:49:22	01:47:39	00:05:07
962	5520	JHONY DOS SANTOS BENEVIDES	Seniores		M	01:49:24	01:47:43	00:05:07
963	6175	NUNO MIGUEL PEIXOTO DA SILVA SILVA	M35		M	01:49:24	01:48:45	00:05:10
964	8702	MAFALDA LOPES LOPES	F35	BOSCH TERMOTECNOLOGIA SA	F	01:49:24	01:48:14	00:05:08
965	8704	CARLOS GONÇALVES GONÇALVES	M45	BOSCH TERMOTECNOLOGIA SA	M	01:49:24	01:48:14	00:05:08
966	6799	GABRIEL MOREIRA	M35		M	01:49:24	01:47:03	00:05:05
967	6281	JAIME OLIVEIRA	Seniores		M	01:49:25	01:47:31	00:05:06
968	7473	MIGUEL NETO	Seniores		M	01:49:27	01:48:17	00:05:08
969	6892	FRANCISCO BRANDÃO DE ALMEIDA BANDEIRA	M35		M	01:49:27	01:47:02	00:05:05

Lugar	Dorsal	Nome	Escalão	Equipa	Sexo	Tempo	Chip	Ritmo
970	6162	CARLOS ROCHA CARVALHO	Seniores		M	01:49:27	01:48:22	00:05:09
971	8907	PAULINO ALVES	Seniores		M	01:49:28	01:36:06	00:04:34
972	6217	PAULO NOBRE	Seniores		M	01:49:28	01:39:25	00:04:43
973	7033	NUNO SOBRAL	M35		M	01:49:35	01:40:55	00:04:47
974	5282	DANIEL FONSECA	Seniores	HOTEL MIRA PAIVA	M	01:49:38	01:49:38	00:05:12
975	8507	DAVID MANUEL DIAS DE JESUS	Seniores	PASCOALITOS	M	01:49:38	01:42:18	00:04:51
976	6676	RUI PEREIRA	Seniores	SHOTS INTERNATIONAL RUNNERS	M	01:49:39	01:48:11	00:05:08
977	5678	LUIS MIGUEL MOREIRA MENDES	M35		M	01:49:41	01:47:31	00:05:06
978	8032	HÉLDER FERREIRA	M35		M	01:49:42	01:49:14	00:05:11
979	8306	DEOLINDA OLIVEIRA	F45	A.C. BOUGADENSE	F	01:49:44	01:40:40	00:04:47
980	6640	JOÃO PAULO NINA	M35		M	01:49:44	01:47:32	00:05:06
981	8938	VITOR CALDEIRA	Seniores		M	01:49:46	01:48:23	00:05:09
982	5785	JOSÉ RIBEIRO	M45	VAMOS LÁ	M	01:49:49	01:49:35	00:05:12
983	8677	SÉRGIO CURRAIS	M35		M	01:49:53	01:47:59	00:05:08
984	5636	NILTON TEIXEIRA	M35		M	01:49:53	01:48:49	00:05:10
985	5666	TIAGO BATISTA	M35		M	01:49:54	01:48:23	00:05:09
986	5808	HUGO FERREIRA	Seniores		M	01:49:55	01:49:23	00:05:12
987	8537	LUIS SEABRA	M40		M	01:49:56	01:48:26	00:05:09
988	5760	FRANCISCO MONTENEGRO	M45		M	01:49:57	01:49:54	00:05:13
989	7576	PEDRO FERNANDES	F35		F	01:50:02	01:48:28	00:05:09
990	5064	LUÍS FERREIRA	M45	RAIL RUNNERS	M	01:50:02	01:49:46	00:05:13
991	5169	LUIS SIMÕES	M50		M	01:50:03	01:48:30	00:05:09
992	6526	NUNO COSTA	M35	CASA DOS TRABALHADORES SMAS DO PORTO	M	01:50:03	01:48:29	00:05:09
993	7027	AMERICO AREIAS	M35		M	01:50:03	01:49:27	00:05:12
994	6813	SÓNIA LOBO	F35	OS LOBOS	F	01:50:03	01:48:38	00:05:09
995	6868	MÁRIO LOBO	M40	OS LOBOS	M	01:50:04	01:48:39	00:05:09
996	7527	SANDRO MIGUEL NUNES	M35		M	01:50:04	01:47:45	00:05:07
997	8481	MARCO ALMEIDA	M40	CLUBE GALPENEGIA NORTE	M	01:50:04	01:37:28	00:04:38
998	8854	BRUNO SANTOS	M35		M	01:50:05	01:49:13	00:05:11
999	8886	HELDER SILVA	M45		M	01:50:05	01:48:07	00:05:08
1000	8431	ANDRE OSÓRIO	Seniores	ASPHALT ASSAULT TEAM	M	01:50:10	01:43:47	00:04:56
1001	6384	MIGUEL CACEIRO	M40		M	01:50:10	01:48:36	00:05:09
1002	5538	FERNANDO SILVA	M45		M	01:50:11	01:49:50	00:05:13
1003	8456	JORGE MIGUEL	M35	SS MONTEPIO	M	01:50:13	01:47:44	00:05:07
1004	8156	PEDRO FARIA	Seniores		M	01:50:14	01:49:33	00:05:12
1005	8331	JOSÉ LINO DUARTE	M50		M	01:50:15	01:49:25	00:05:12
1006	7365	PEDRO RUANO DE CASTRO	M40		M	01:50:15	01:49:42	00:05:12
1007	8330	BRUNO GASPAS	Seniores		M	01:50:15	01:49:25	00:05:12
1008	7989	SILVIA GOMES	Seniores	POTEEENTES	F	01:50:16	01:50:12	00:05:14
1009	7098	CARLOS FILIPE CANITO	M45	CENTRO MUNICIPAL DE MARCHA E CORRIDA DE S. JO	M	01:50:17	01:50:13	00:05:14
1010	5128	ANTÓNIO MIRANDA	M40		M	01:50:17	01:48:31	00:05:09
1011	5660	LUIS SOUSA	M45		M	01:50:21	01:49:08	00:05:11
1012	5659	ANTÓNIO JOSÉ CORREIA FERNANDES	M45		M	01:50:21	01:49:09	00:05:11
1013	5886	JORGE ABREU	M40		M	01:50:24	01:50:21	00:05:14
1014	5190	RUI FIGUEIREDO	M35		M	01:50:26	01:48:28	00:05:09
1015	5761	NUNO SETÚBAL	Seniores		M	01:50:26	01:49:06	00:05:11
1016	6889	ANDRE MELO BANDEIRA	M35		M	01:50:28	01:48:49	00:05:10
1017	6677	ANDRÉ MONTEIRO	Seniores	SHOTS INTERNATIONAL RUNNERS	M	01:50:29	01:35:34	00:04:32
1018	7308	LUÍS FILIPE FONSECA REGADA REGADA	Seniores		M	01:50:31	01:50:19	00:05:14
1019	6949	CARLOS MACEDO	M55	A.D. AMARANTE	M	01:50:32	01:48:59	00:05:10
1020	7619	PEDRO FEITAIS	M35		M	01:50:33	01:48:51	00:05:10

Lugar	Dorsal	Nome	Escalão	Equipa	Sexo	Tempo	Chip	Ritmo
1021	7536	MIGUEL ALMEIDA	M35		M	01:50:34	01:41:48	00:04:50
1022	8988	LUÍS MIGUEL DE OLIVEIRA MATOS	Seniores	CARICAS-GIMTÓNICO	M	01:50:34	01:49:23	00:05:12
1023	8987	AGOSTINHO MANUEL CALVES ROMARIGO	M40		M	01:50:35	01:49:39	00:05:12
1024	5995	FERNANDO CUNHA	M50		M	01:50:35	01:50:18	00:05:14
1025	5712	VITOR SILVA	M35		M	01:50:36	01:34:28	00:04:29
1026	7516	JOSE SOARES	M45	PEZINHOS DE LÃ	M	01:50:40	01:40:11	00:04:45
1027	5226	MARGARIDA MALAQUIAS	Seniores		F	01:50:41	01:48:18	00:05:09
1028	8479	ANDRÉ LOPES FONSECA	Seniores	CLUBE GALPENERGIA NORTE	M	01:50:42	01:48:43	00:05:10
1029	6393	DANIEL BARROS	Seniores		M	01:50:42	01:49:20	00:05:11
1030	6885	FRANCISCO BRITO	M45		M	01:50:43	01:39:41	00:04:44
1031	5930	HENRIQUE SIMÃO	M45	EQUIPA TEAM DA PT ZONA	M	01:50:47	01:48:30	00:05:09
1032	5929	PEDRO SIMAO	Juniores	EQUIPA TEAM DA PT ZONA	M	01:50:47	01:48:30	00:05:09
1033	5891	FILIPE CARVALHO	M35	GRUPO DESPORTIVO FERROVIARIOS CAMPANHA	M	01:50:49	01:50:21	00:05:14
1034	7995	MIGUEL FERNANDES	Seniores	POTEEEEENTES	M	01:50:50	01:50:45	00:05:15
1035	6704	JOSE CORREIA BORGES	M55		M	01:50:51	01:49:27	00:05:12
1036	8824	RUI FILIPE MORAIS NASCIMENTO	M40		M	01:50:54	01:49:14	00:05:11
1037	8744	MIGUEL SILVA LOPES	M55		M	01:50:57	01:39:31	00:04:44
1038	6967	BRUNO SILVA	Seniores		M	01:50:58	01:48:43	00:05:10
1039	6006	BRUNO TEIXEIRA TEIXEIRA	Seniores	LUPAS	M	01:50:59	01:49:25	00:05:12
1040	7480	DAVID MATEUS	M40		M	01:51:00	01:48:58	00:05:10
1041	5967	JOAQUIM VELHO	Seniores		M	01:51:00	01:49:59	00:05:13
1042	5818	ÁLVARO CERQUEIRA	M50	A.D. AMARANTE	M	01:51:01	01:49:25	00:05:12
1043	6906	ANTÓNIO PEREIRA	M50	AMIGOS ATLETISMO POVOENSE	M	01:51:03	01:49:33	00:05:12
1044	7180	CRISTIANO VENTURA	M35	CICLISTAS	M	01:51:04	01:50:01	00:05:13
1045	8463	CARLOS SAMPAIO	M40	PAPAKM	M	01:51:04	01:36:55	00:04:36
1046	6252	JOSÉ MAGALHÃES	M60	ARPOUSADENSE DE V. N DE FAMALICÃO	M	01:51:04	01:50:14	00:05:14
1047	5864	RUI ANDRE MONTEIRO DA COSTA PINTO	Seniores		M	01:51:05	01:49:18	00:05:11
1048	6840	PAULO ANDRADE	M35	EMPACHÉS	M	01:51:05	01:50:41	00:05:15
1049	7928	MARIA JOAO TAVARES	F40	CLUBE MILLENNIUM BCP	F	01:51:07	01:50:59	00:05:16
1050	5646	NUNO FIGUEIREDO	M40		M	01:51:09	01:50:48	00:05:16
1051	7327	AMÂNDIO MIRANDA	M50		M	01:51:09	01:49:19	00:05:11
1052	5908	CUSTÓDIO FERREIRA	M45		M	01:51:10	01:50:36	00:05:15
1053	6000	NUNO SANTOS	M40		M	01:51:12	01:50:41	00:05:15
1054	8977	PAULO SOUSA	M35	KEMEDO TEAM	M	01:51:12	01:49:16	00:05:11
1055	8482	JOÃO DIOGO ALVES	Seniores	CLUBE GALPENERGIA NORTE	M	01:51:13	01:49:14	00:05:11
1056	7107	ANTONIO FRANCO	M45	SERVIÇOS SOCIAIS MONTEPIO GERAL	M	01:51:13	01:50:12	00:05:14
1057	5049	PAULO MANUEL CASTRO PINHO COSTA	M55	PORTO RUNNERS	M	01:51:14	01:49:15	00:05:11
1058	6200	JOSÉ LINO BARROS SILVA	M60		M	01:51:17	01:50:48	00:05:16
1059	6687	JOAQUIM JORGE BENTO FERNANDES	M40		M	01:51:19	01:50:56	00:05:16
1060	6566	JOÃO DIAS	M40		M	01:51:20	01:49:45	00:05:13
1061	6920	JOÃO RODRIGUES	M40	CORRER LISBOA	M	01:51:22	01:49:53	00:05:13
1062	5629	FERNANDO FERNANDES	M40		M	01:51:25	01:49:05	00:05:11
1063	6634	PAULO ASSIS	Seniores		M	01:51:26	01:49:11	00:05:11
1064	8171	MIKA MAGALHAES	M40		M	01:51:31	01:49:22	00:05:12
1065	8731	RUI LOUREIRO	M45		M	01:51:31	01:50:44	00:05:15
1066	7367	FATINHA PINTO	F35		F	01:51:32	01:50:01	00:05:13
1067	7368	VITOR HUGO ROCHA	Seniores		M	01:51:32	01:50:04	00:05:14
1068	8534	GENTIL PEREIRA PEREIRA	M40	AMIGOS DA FLOR	M	01:51:33	01:50:47	00:05:16
1069	8575	VITOR LEMOS	M40		M	01:51:38	01:37:20	00:04:37
1070	8708	MICHAEL KLOSS	M45	BOSCH TERMOTECNOLOGIA SA	M	01:51:39	01:51:23	00:05:17
1071	5294	JOÃO TELES DE CARVALHO	Seniores	SANTO TIRSO RUNNERS	M	01:51:39	01:39:35	00:04:44

Lugar	Dorsal	Nome	Escalão	Equipa	Sexo	Tempo	Chip	Ritmo
1072	7135	PEDRO ROLA	M40	LINHAS MOURE CONFENIX	M	01:51:40	01:51:17	00:05:17
1073	6966	SÉRGIO PEDRO	Seniores		M	01:51:41	01:49:08	00:05:11
1074	5191	RUI PEREIRA	M35		M	01:51:42	01:49:44	00:05:13
1075	6590	ANTONIO TEIXEIRA	M60		M	01:51:42	01:51:22	00:05:17
1076	7129	LUÍS CUNHA	M45	LINHAS MOURE CONFENIX	M	01:51:42	01:51:20	00:05:17
1077	7307	EDUARDO MATOS	M60	FIGUEIRÓ RUNNERS	M	01:51:46	01:50:52	00:05:16
1078	5669	CARLOS SOUSA	M45		M	01:51:46	01:51:10	00:05:17
1079	8734	MANUEL RAUL BOTELHO SECRETARIO BONITO	M45		M	01:51:47	01:49:47	00:05:13
1080	6915	GONÇALO ROSADO	M35	CORRER LISBOA	M	01:51:49	01:50:18	00:05:14
1081	6918	LILIANA BALTAZAR	Seniores		F	01:51:49	01:50:19	00:05:14
1082	6783	PEDRO VIDAL	M35		M	01:51:50	01:50:07	00:05:14
1083	5721	JOSÉ CARLOS SOARES AMARAL AMARAL	M35	ARRASTÕES	M	01:51:51	01:50:23	00:05:14
1084	7433	RICARDO OSÓRIO	M55	UNIDOS À FRESCA	M	01:51:52	01:49:55	00:05:13
1085	8058	GUSTAVO PINTO	Seniores		M	01:51:52	01:49:47	00:05:13
1086	7432	PAULO OSÓRIO	M35	UNIDOS À FRESCA	M	01:51:52	01:49:55	00:05:13
1087	8651	GABRIEL CARVALHO	M40	GRUPO DESPORTIVO TORGUEDA	M	01:51:52	01:51:30	00:05:18
1088	8374	TIAGO SILVA	Seniores	SANTO TIRSO RUNNERS	M	01:51:54	01:39:52	00:04:44
1089	5286	SÉVERINE MARTINS	F40		F	01:51:56	01:51:46	00:05:18
1090	8569	HUGO BARRETO	Seniores		M	01:51:57	01:50:04	00:05:14
1091	8296	NUNO ROSAS	M40		M	01:52:01	01:43:50	00:04:56
1092	6780	HELDER SILVA	M35		M	01:52:02	01:51:31	00:05:18
1093	7397	FILIPE NICOLAU DE ALMEIDA CAMEIRA	M40	LIKETOMOVE.COM	M	01:52:03	01:51:11	00:05:17
1094	8560	ANTÓNIO LOURENÇO	M50	AMIGOS ATLETISMO POVOENSE	M	01:52:03	01:50:31	00:05:15
1095	7647	MAURO FILIPE SANTOS MONTEIRO	Seniores		M	01:52:04	01:38:20	00:04:40
1096	7628	JOÃO SOUSA	Seniores		M	01:52:05	01:40:20	00:04:46
1097	7629	BRUNO DIAS	Seniores		M	01:52:06	01:40:21	00:04:46
1098	5025	HELDER DAVIDE CASTRO SILVA	M35	PORTO RUNNERS	M	01:52:06	01:45:25	00:05:00
1099	8542	BRUNO FANECA	Seniores	PARQUE DAS TERMAS DE VIZELA	M	01:52:07	01:41:28	00:04:49
1100	5769	ARMANDI SEIXAS	M45		M	01:52:10	01:50:22	00:05:14
1101	6608	HELDER FRANCISCO ALMEIDA	M35		M	01:52:13	01:51:21	00:05:17
1102	8931	PEDRO LOURENÇO	Seniores		M	01:52:14	01:48:33	00:05:09
1103	7035	NUNO RIBEIRO	Seniores		M	01:52:17	01:38:04	00:04:39
1104	5507	HILÁRIO MARTINS	M45	CYCLONES - SANITOP	M	01:52:17	01:51:53	00:05:19
1105	5022	FRANCISCO JOSE GOMES COSTA	M50	PORTO RUNNERS	M	01:52:18	01:50:00	00:05:13
1106	8327	MARIANA DELGADO	Seniores	MMR RUNNERS	F	01:52:18	01:50:00	00:05:13
1107	5677	RUI SILVA	M35		M	01:52:18	01:50:08	00:05:14
1108	5790	EMANUEL MARTINS	M35		M	01:52:18	01:50:09	00:05:14
1109	5255	CÉSAR BARROS	Seniores		M	01:52:19	01:51:43	00:05:18
1110	8508	HEBER PIRES	Seniores		M	01:52:20	01:45:02	00:04:59
1111	5087	LUIS SANTOS	M40	AFIS/OVAR	M	01:52:20	01:51:33	00:05:18
1112	6651	JOSÉ ELVIO JESUS	Seniores		M	01:52:21	01:52:08	00:05:19
1113	8530	DOS REIS BELMIRA	F40		F	01:52:22	01:52:09	00:05:19
1114	6756	TIAGO VILAÇA	M35		M	01:52:23	01:51:48	00:05:18
1115	5668	GONÇALO REY	M35		M	01:52:24	01:49:53	00:05:13
1116	7566	CRISTINA FUNDEVILA TEIXEIRA	F40	TARTARUGAS DO ASFALTO	F	01:52:25	01:51:42	00:05:18
1117	5204	ARTUR FERREIRA	M40		M	01:52:25	01:52:00	00:05:19
1118	7570	CARLA OLIVEIRA	F35		F	01:52:26	01:51:43	00:05:18
1119	7567	JOSÉ PEDRO SILVA	M40	TARTARUGAS DO ASFALTO	M	01:52:26	01:51:43	00:05:18
1120	7277	VASCO PIMENTA	M35	RUNNERS DO IT BETTER	M	01:52:26	01:51:14	00:05:17
1121	5945	ANSELMO ROCHA	M40	SEMPRE EM FORMA	M	01:52:27	01:36:12	00:04:34
1122	8555	MANUEL LUÍS MOREIRA	M50	AMIGOS ATLETISMO POVOENSE	M	01:52:27	01:50:56	00:05:16

Lugar	Dorsal	Nome	Escalão	Equipa	Sexo	Tempo	Chip	Ritmo
1123	7996	CARLINDO MARTINS	M35	POTEEEEENTES	M	01:52:28	01:52:26	00:05:20
1124	8882	SARA SANTOS	Seniores		F	01:52:29	01:51:36	00:05:18
1125	6803	FERNANDO ZENHA	Seniores		M	01:52:30	01:42:43	00:04:53
1126	6794	RICARDO MENDONÇA	Seniores		M	01:52:30	01:50:53	00:05:16
1127	5228	ANA MARTINS	F45		F	01:52:31	01:51:36	00:05:18
1128	7865	ABILIO FERREIRA TAVARES	M45		M	01:52:31	01:52:29	00:05:20
1129	8525	HELDER FILIPE ALVES DA COSTA COSTA	Seniores		M	01:52:32	01:50:45	00:05:15
1130	8900	RUI PEDRO SANTOS	Seniores		M	01:52:32	01:50:42	00:05:15
1131	5194	PAULO PRATA	M45		M	01:52:33	01:52:27	00:05:20
1132	7531	PAULO CALEJO	Seniores		M	01:52:35	01:43:53	00:04:56
1133	7411	JOSÉ DUARTE	M55	FALTA MUITO?	M	01:52:37	01:51:35	00:05:18
1134	7147	JOSÉ JOÃO CARDOSO LEITE	M55		M	01:52:39	01:52:16	00:05:20
1135	5115	SANDRA CARVALHO	F40		F	01:52:39	01:51:42	00:05:18
1136	8852	DANIEL FILIPE PEREIRA LACERDA	M35		M	01:52:44	01:51:12	00:05:17
1137	7924	RUI ROCHA	M35		M	01:52:44	01:51:47	00:05:18
1138	7449	LUÍS CARVALHO	Seniores	MONTES RUNNERS	M	01:52:45	01:52:30	00:05:20
1139	8090	VITOR MOREIRA	Seniores		M	01:52:46	01:51:46	00:05:18
1140	8539	ANTONIO PINHO	M45	PARQUE DAS TERMAS DE VIZELA	M	01:52:48	01:51:17	00:05:17
1141	5004	ANTÔNIO AUGUSTO COSTA	M45		M	01:52:48	01:46:11	00:05:02
1142	7522	OLEKSANDR SHEVCHENKO	Seniores		M	01:52:50	01:52:29	00:05:20
1143	6722	CARLOS ALMENDRA	M35		M	01:52:52	01:52:29	00:05:20
1144	5640	CHRISTOPHER DOMINGUES	Seniores		M	01:52:53	01:38:00	00:04:39
1145	8344	JUSTINO PEREIRA	M50	OS FURACÕES	M	01:52:55	01:51:32	00:05:18
1146	8345	MARISTELA FERNANDES	F40	OS FURACÕES	F	01:52:55	01:51:32	00:05:18
1147	5652	LUCIANA POLLINI	M35		M	01:52:55	01:52:23	00:05:20
1148	7344	JOAO PAULO CORREIA	M45		M	01:52:57	01:39:11	00:04:43
1149	6170	PEDRO PINTO	Seniores		M	01:52:57	01:51:49	00:05:19
1150	8294	HELENA MOURÃO	F50	G.D.C.CASTELO PAIVA	F	01:52:57	01:43:54	00:04:56
1151	5163	ANDRÉ TORRES COELHO	Seniores		M	01:52:57	01:51:15	00:05:17
1152	8367	FERNANDO ROCHA	M45		M	01:52:58	01:43:09	00:04:54
1153	8658	RUI RIBEIRO	M40		M	01:52:58	01:51:05	00:05:16
1154	7549	MICHEL ALMEIDA	M40	ACAGA	M	01:53:00	01:52:16	00:05:20
1155	6525	RICARDO FIGUEIREDO	M45		M	01:53:02	01:51:38	00:05:18
1156	6697	DANIEL RAMOS	M35	BIP-BIP RUNNERS	M	01:53:03	01:51:48	00:05:18
1157	8978	NUNO MARQUES	M35	KEMEDO TEAM	M	01:53:04	01:51:09	00:05:17
1158	6713	ANTONIO JOSE VIEIRA AZEVEDO	M50		M	01:53:05	01:52:11	00:05:20
1159	8399	RUI RIBEIRO	M35	AÇOREANA CLUBE BANIF	M	01:53:06	01:50:53	00:05:16
1160	7544	SÓNIA CRISTINA PIRES	F35		F	01:53:06	01:52:24	00:05:20
1161	8850	LILIANA PEREIRA	Seniores	WELLRUNNERS	F	01:53:06	01:51:08	00:05:17
1162	7217	NUNO MARTINHO	M40	TAIPAS	M	01:53:07	01:52:49	00:05:21
1163	5879	JOSÉ RUI MAIA	M35		M	01:53:07	01:51:29	00:05:18
1164	8396	ALFREDO PEREIRA	M40	AÇOREANA CLUBE BANIF	M	01:53:07	01:50:53	00:05:16
1165	8404	ANA BARBOSA	F35	AÇOREANA CLUBE BANIF	F	01:53:08	01:50:53	00:05:16
1166	6759	LUÍS ANDRADE	Seniores	MOUNTAIN TRAILS	M	01:53:10	01:51:37	00:05:18
1167	5992	DANIELA FALCÃO	Seniores		F	01:53:11	01:52:48	00:05:21
1168	8789	MANUEL ROMANO	M50	RUN 4 FUN	M	01:53:13	01:51:55	00:05:19
1169	8148	FRANCISCO MIRANDA	M40	ASSOCIAÇÃO CULTURAL DE VERMOIM	M	01:53:16	01:51:40	00:05:18
1170	8578	CARLA SUSANA DA SILVA FERNANDES FERNADES	F35	VITÓRIA SC	F	01:53:17	01:51:16	00:05:17
1171	8576	JOÃO OLIVEIRA	M50	VITORIA SPORT CLUB	M	01:53:17	01:53:17	00:05:23
1172	6664	MICAEL LOPES	Seniores		M	01:53:18	01:52:34	00:05:21
1173	6873	FERNANDO ROLDÃO	M40		M	01:53:18	01:52:24	00:05:20

Lugar	Dorsal	Nome	Escalão	Equipa	Sexo	Tempo	Chip	Ritmo
1174	5589	ALCINO GLÓRIA	M45		M	01:53:21	01:52:12	00:05:20
1175	6011	ANTONIO CANDEIAS	M50	FALCÕES SELVAGENS	M	01:53:21	01:53:14	00:05:23
1176	7384	ALVARO MARQUES	M50	GINASIO CLUBE DE SANTO TIRSO	M	01:53:22	01:53:14	00:05:22
1177	5598	BRUNO PEREIRA	Seniores	SPORT TRAINING	M	01:53:23	01:39:25	00:04:43
1178	5633	ROLF KULLMANN	M45	FAPOMED	M	01:53:25	01:52:56	00:05:22
1179	8853	JOÃO GONÇALVES	M35		M	01:53:26	01:52:09	00:05:19
1180	7686	ALIPIO LOPES	M50		M	01:53:27	01:40:14	00:04:46
1181	7614	STEVE GABADINHO	Seniores	GANG DO ASFALTO	M	01:53:28	01:50:04	00:05:14
1182	6168	ANTÓNIO JOSÉ PAIS	M45		M	01:53:28	01:52:40	00:05:21
1183	7866	PEDRO FERREIRA SILVA	Seniores		M	01:53:30	01:52:26	00:05:20
1184	7445	ÓSCAR PINTO	M45		M	01:53:32	01:53:17	00:05:23
1185	8426	ANTÓNIO VELA	Seniores	ASPHALT ASSAULT TEAM	M	01:53:32	01:46:25	00:05:03
1186	7103	FAUSTO NEVES	M35	CENTRO MUNICIPAL DE MARCHA E CORRIDA DE S. JO	M	01:53:32	01:52:50	00:05:21
1187	7182	RUI MONTEIRO	M35	CABALUS	M	01:53:33	01:43:32	00:04:55
1188	8800	CARLOS FERNANDO V DA S ESPERANÇA	M45		M	01:53:33	01:51:37	00:05:18
1189	8896	FRANCISCO LEMOS	M60	VALINHAS-RUNNERS	M	01:53:34	01:41:39	00:04:50
1190	7575	RICARDO PAULO DA SILVA CAMAREIRA DOS SANTOS	M35		M	01:53:34	01:52:49	00:05:21
1191	7179	ANTONIO FONSECA	M45	CICLISTAS	M	01:53:36	01:53:29	00:05:23
1192	8892	ROGERIO MARGALHO	M55		M	01:53:36	01:51:37	00:05:18
1193	6636	RUI DIAS	Seniores		M	01:53:37	01:51:09	00:05:17
1194	5069	FERNANDO HEITOR HEITOR	M60		M	01:53:38	01:53:38	00:05:24
1195	6978	TIAGO MARQUES FERREIRA	Seniores		M	01:53:42	01:52:40	00:05:21
1196	5846	MÁRIO BASTARDO	M35		M	01:53:43	01:43:39	00:04:55
1197	6570	BRUNO VIMARRUNNERS	Seniores		M	01:53:43	01:37:35	00:04:38
1198	8743	JOSE MATEUS	M40		M	01:53:45	01:52:18	00:05:20
1199	7044	MANUEL FARIA SAMPAIO SAMPAIO	M60		M	01:53:46	01:51:38	00:05:18
1200	7391	CARLOS CIPRIANO	Seniores		M	01:53:48	01:51:55	00:05:19
1201	8930	EDUARDO COUTINHO	M40		M	01:53:48	01:52:05	00:05:19
1202	5752	JOSE MANUEL COSTA PINTO PINTO	Seniores		M	01:53:50	01:41:43	00:04:50
1203	5747	RICARDO SOUSA	Seniores		M	01:53:50	01:40:12	00:04:45
1204	8417	CARLOS MACHADO	M50	ESCOLA ATLETISMO ROSA OLIVEIRA	M	01:53:54	01:53:38	00:05:24
1205	5524	CARLOS CUNHA	M40	ESCOLA ATLETISMO ROSA OLIVEIRA	M	01:53:54	01:53:29	00:05:23
1206	8711	CARLOS FERREIRA FERREIRA	M40	BOSCH TERMOTECNOLOGIA SA	M	01:53:55	01:52:48	00:05:21
1207	5848	AMÉRICO ALMEIDA	M45	GD OS RIBEIRINHOS	M	01:53:56	01:38:18	00:04:40
1208	6192	ARTUR FREITAS	M60	ACADEMIA FERNANDA RIBEIRO	M	01:53:57	01:45:01	00:04:59
1209	5951	BRUNO PEIXOTO	M35		M	01:53:59	01:51:59	00:05:19
1210	5952	SANDRA NUNES	Seniores		F	01:53:59	01:51:59	00:05:19
1211	7573	CARLA LUISA RUBIO GONZALEZ	F50	ESPOSOS DASILVA	F	01:54:00	01:53:13	00:05:22
1212	6839	COSTA FERNANDES MIGUEL	M35		M	01:54:02	01:51:38	00:05:18
1213	6844	JOSE JOAQUIM RIBEIRO SILVA SILVA	M45		M	01:54:03	01:52:13	00:05:20
1214	8929	EDUARDO ATRACA	M40		M	01:54:03	01:52:03	00:05:19
1215	7498	NUNO FILIPE FERREIRA	Seniores		M	01:54:04	01:52:17	00:05:20
1216	5803	FLÁVIO RUBEN SANTOS MORAIS	Seniores		M	01:54:04	01:52:04	00:05:19
1217	7612	VITOR MANUEL DE CASTRO MARTINS RIBEIRO	Seniores	GANG DO ASFALTO	M	01:54:04	01:50:41	00:05:15
1218	8985	NELSON AMÉRICO DE OLIVEIRA E SILVA	Seniores	CARICAS-GIMTÓNICO	M	01:54:05	01:52:53	00:05:22
1219	6880	FRANCISCO COSTA	M55		M	01:54:06	01:52:49	00:05:21
1220	7257	ANDRÉ SOUSA	Seniores		M	01:54:06	01:52:25	00:05:20
1221	5140	DANIEL MESQUITA	M35		M	01:54:06	01:52:26	00:05:20
1222	6240	JULIO PINTO	M35	YES WE KENYA	M	01:54:06	01:52:52	00:05:21
1223	8957	JOÃO GRAÇA	M35		M	01:54:08	01:53:45	00:05:24
1224	8056	JOAQUIM JORGE MARTINS	M40		M	01:54:10	01:53:41	00:05:24



Lugar	Dorsal	Nome	Escalão	Equipa	Sexo	Tempo	Chip	Ritmo
1225	5117	BRUNO OLIVEIRA	M35		M	01:54:13	01:52:20	00:05:20
1226	7587	FRANCISCO JOSÉ AFONSECA FREITAS FREITAS	M35		M	01:54:13	01:41:37	00:04:49
1227	7643	FRANCIS FLESCH	M40		M	01:54:17	01:53:11	00:05:22
1228	6180	ARTUR TEIXEIRA FERRAZ	M55		M	01:54:17	01:38:12	00:04:40
1229	6423	ARNALDO SILVA FERNANDES LOURENÇO LOURENÇO	M60		M	01:54:19	01:52:44	00:05:21
1230	5802	MANUEL AVELINO SILVA PEREIRA NUNES	M45		M	01:54:20	01:54:00	00:05:25
1231	7314	JORGE NOGUUEIRA	Seniores	NOSSA SENHORA DA CONCEIÇÃO	M	01:54:21	01:53:05	00:05:22
1232	6212	ANTÓNIO CARVALHO CARVALHO	M45	COMANDOS DE 87	M	01:54:22	01:54:00	00:05:25
1233	5271	BERNARDO GUILHERME COSTA	Seniores		M	01:54:22	01:44:22	00:04:57
1234	8761	DULCE SILVA	F35		F	01:54:22	01:42:25	00:04:52
1235	8783	JOÃO OLIVEIRA	Seniores		M	01:54:22	01:42:26	00:04:52
1236	5580	ANTÓNIO SÉRGIO GOMES BRÁS	M35		M	01:54:23	01:53:32	00:05:23
1237	5735	NUNO BRANDÃO	M35		M	01:54:23	01:40:45	00:04:47
1238	6822	JOAO SOUSA	M40		M	01:54:25	01:52:22	00:05:20
1239	8009	VICTOR MANUEL LEITE FERNANDES	M35	PICANHOS TEAM	M	01:54:27	01:52:41	00:05:21
1240	8528	JOÃO FERREIRA FERREIRA	M55	AMIGOS DA FLOR	M	01:54:27	01:53:41	00:05:24
1241	6241	VITOR MACHADO	Seniores		M	01:54:28	01:53:02	00:05:22
1242	5478	LUCIA CAMPOS COSTA	F35		F	01:54:29	01:53:35	00:05:24
1243	6177	ALBERTO LUCAS	Seniores		M	01:54:30	01:38:25	00:04:40
1244	6568	ALBERTO SILVA	M55	OS ROMPE SOLAS	M	01:54:31	01:52:39	00:05:21
1245	8616	ANA MONTEIRO	F40		F	01:54:31	01:54:01	00:05:25
1246	7444	XOAN XOSE LOPE ESTRIVIZ	M55		M	01:54:32	01:53:29	00:05:23
1247	7499	LUIS ALVES	M35		M	01:54:33	01:46:16	00:05:03
1248	7501	ALTINO MANUEL DA SILVA SANTOS SANTOS	M55		M	01:54:33	01:45:55	00:05:02
1249	7673	FILIPE SOUSA	Seniores		M	01:54:35	01:42:26	00:04:52
1250	5186	ALBINO OLIVEIRA	M60		M	01:54:36	01:53:43	00:05:24
1251	5792	GUILHERME LIMA	M35		M	01:54:36	01:52:25	00:05:20
1252	5543	FERNANDO MARTINS GONÇALVES GONÇALVES	M45		M	01:54:38	01:54:01	00:05:25
1253	6980	CARLOS GONCALVES	Seniores		M	01:54:38	01:38:27	00:04:40
1254	6188	ÂNGELO FONSECA	Seniores		M	01:54:41	01:44:24	00:04:57
1255	8477	MANUEL ALVES	M35	CAETANO RUNNERS	M	01:54:42	01:52:38	00:05:21
1256	7430	PAULO VILAS BOAS	M40	UNIDOS À FRESCA	M	01:54:42	01:52:38	00:05:21
1257	5934	JORGE BARBOSA	M35		M	01:54:45	01:54:10	00:05:25
1258	8483	TIAGO AMARAL	Seniores		M	01:54:46	01:41:29	00:04:49
1259	6538	ABEL FERREIRA	M40	GR ESTRELA BONFIM	M	01:54:46	01:54:10	00:05:25
1260	7227	FRANCISCO XAVIER	M50	TAIPAS	M	01:54:48	01:53:57	00:05:25
1261	7291	TIAGO GONÇALVES	M35	RUNNERS DO IT BETTER	M	01:54:52	01:42:53	00:04:53
1262	6418	ANTÓNIO CARLOS CANELHAS	M50		M	01:54:52	01:54:29	00:05:26
1263	5542	PEDRO COELHO	M40		M	01:54:52	01:53:15	00:05:23
1264	5023	FRANCISCO XAVIER COELHO RODRIGUES	M55	PORTO RUNNERS	M	01:54:53	01:42:30	00:04:52
1265	8894	JORGE CARVALHO	M40	VALINHAS-RUNNERS	M	01:54:55	01:43:03	00:04:54
1266	8361	GERALDO CAMPOS	M55		M	01:54:56	01:37:45	00:04:38
1267	5203	ANDREIA ROCHA ROCHA	F35	OS SALOIOS	F	01:54:58	01:52:42	00:05:21
1268	8831	ANA PATRICIA SILVA	Seniores	JOYRUNNING	F	01:55:01	01:53:11	00:05:22
1269	8836	DIOGO ANDRÉ FRANCO MATOS	Seniores	JOYRUNNING	M	01:55:02	01:53:12	00:05:22
1270	7542	DUARTE FILIPE SILVA TORRES VIEIRA	M45	VIEIRA FAMILY	M	01:55:05	01:53:00	00:05:22
1271	7285	PEDRO RAMALHO FONTES	Seniores		M	01:55:07	01:53:05	00:05:22
1272	8333	MANUEL F ALVES	M45		M	01:55:09	01:37:57	00:04:39
1273	5044	NATALINO EUGENIO MARTINS PEREIRA	M55	PORTO RUNNERS	M	01:55:10	01:53:11	00:05:22
1274	5056	VICTOR MANUEL RIBEIRO COELHO	M45	PORTO RUNNERS	M	01:55:10	01:53:07	00:05:22
1275	5009	ANTONIO ALBERTO COSTA MORAIS	M50	PORTO RUNNERS	M	01:55:11	01:53:12	00:05:22

Lugar	Dorsal	Nome	Escalão	Equipa	Sexo	Tempo	Chip	Ritmo
1276	5051	RICARDO NUNO TYSSSEN BARBOSA LEAO	M45	PORTO RUNNERS	M	01:55:11	01:53:12	00:05:22
1277	5019	FERNANDO LEITE	M50	PORTO RUNNERS	M	01:55:11	01:53:13	00:05:22
1278	5020	FILIFE LEMOS	M50	PORTO RUNNERS	M	01:55:11	01:53:13	00:05:22
1279	7240	MANUEL RIBEIRO	M45	TAIPAS	M	01:55:11	01:54:05	00:05:25
1280	5011	ANTONIO ALBERTO MALAFAYA BATISTA	M45	PORTO RUNNERS	M	01:55:11	01:53:12	00:05:22
1281	7038	DIOGO MATOS	Seniores		M	01:55:12	01:42:33	00:04:52
1282	6939	RICARDO TAVARES SILVA SILVA	Seniores	CCD - RENAULT CACIA	M	01:55:12	01:46:33	00:05:03
1283	5146	CUSTODIO NETO	M60		M	01:55:13	01:54:56	00:05:27
1284	5923	JOSÉ MÁRIO SILVA MOURA	M50		M	01:55:13	01:54:18	00:05:26
1285	7554	TIAGO BASÍLIO	M35		M	01:55:16	01:52:31	00:05:20
1286	5116	FILIFE MANUEL SAMPAIO MARINHO MARINHO	Seniores		M	01:55:17	01:39:12	00:04:43
1287	7123	JORGE LOUREIRO LOUREIRO	M60	CAVE ESPOSENDE	M	01:55:17	01:54:20	00:05:26
1288	6645	ANA HELENA CANAVARROS	F40		F	01:55:17	01:53:54	00:05:24
1289	6989	NUNO MACEDO	Seniores		M	01:55:18	01:54:39	00:05:27
1290	8139	JÚLIO COSTA	M40		M	01:55:19	01:52:58	00:05:22
1291	6793	TIAGO TEIXEIRA	Seniores		M	01:55:20	01:53:05	00:05:22
1292	7735	CARLOS AZEVEDO	M35		M	01:55:22	01:44:07	00:04:57
1293	7013	ANTÓNIO VAZ DE OLIVEIRA ANTÓNIO OLIVEIRA	M55		M	01:55:23	01:55:13	00:05:28
1294	7638	ASHLEY BAKER	M40		M	01:55:23	01:53:39	00:05:24
1295	7260	FERNANDO QUEIRÓS	M40		M	01:55:24	01:42:01	00:04:51
1296	5897	PEDRO MACHADO	M35		M	01:55:25	01:42:03	00:04:51
1297	6642	RAFAEL HENRIQUES	Seniores		M	01:55:28	01:53:01	00:05:22
1298	5293	DIOGO AGUIAR	Seniores		M	01:55:29	01:45:26	00:05:00
1299	8392	LUIS VIEIRA	M45	REALTINTAS / CYBER CAFE	M	01:55:33	01:54:48	00:05:27
1300	7287	SONIA CARVALHO	F35		F	01:55:33	01:54:33	00:05:26
1301	8958	DAVID VAZQUEZ GARCIA	Seniores		M	01:55:35	01:53:38	00:05:24
1302	5943	BRUNO DIAS	M35		M	01:55:36	01:55:06	00:05:28
1303	7348	JORGE MOTA	Seniores		M	01:55:37	01:55:23	00:05:29
1304	5243	JOSE A BRITO BRITO	M45		M	01:55:37	01:54:25	00:05:26
1305	8747	CARLOS PIRES RODRIGUES	M45		M	01:55:38	01:55:29	00:05:29
1306	5552	LUIS AZEVEDO	M55		M	01:55:38	01:54:16	00:05:25
1307	6523	PEDRO ROCHA	M35		M	01:55:39	01:54:14	00:05:25
1308	6729	JOAO COUTO	M40	CLUBE MILLENNIUMBCP	M	01:55:42	01:46:01	00:05:02
1309	6153	PAULO LAGOA	M40	BUDEGUITA RUNNERS	M	01:55:42	01:53:07	00:05:22
1310	6726	JOSE PINHO	M40	CLUBE MILLENNIUMBCP	M	01:55:43	01:45:52	00:05:02
1311	5060	RICARDO FERREIRA	M35		M	01:55:44	01:38:39	00:04:41
1312	6871	LUÍS VALE	M35		M	01:55:45	01:53:43	00:05:24
1313	7258	SAMUEL SANTOS	Seniores		M	01:55:45	01:47:07	00:05:05
1314	7512	JOSE LUIS ALMEIDA JESUS	M35	GINASIO FIT4FUN	M	01:55:46	01:55:36	00:05:29
1315	6149	VITOR DUARTE	M35		M	01:55:46	01:54:39	00:05:27
1316	5634	HUGO SANTOS	M35	OS BANDALHOS	M	01:55:47	01:55:14	00:05:28
1317	5900	PEDRO MIGUEL AFONSO FERNANDES	M35		M	01:55:49	01:42:29	00:04:52
1318	8550	FERNANDO MANUEL COSTA	M45	AMIGOS ATLETISMO POVOENSE	M	01:55:50	01:54:17	00:05:25
1319	6977	BRUNO SARDINHA	Seniores		M	01:55:54	01:55:20	00:05:28
1320	7646	RAUL GONZALEZ	M45		M	01:55:55	01:47:09	00:05:05
1321	8912	CARLOS GANDRA	M45		M	01:55:55	01:42:29	00:04:52
1322	8905	CARLOS AMORIM	M35		M	01:55:55	01:42:35	00:04:52
1323	7533	MANUEL GONCALVES	M55	ESCOLA DO MOVIMENTO	M	01:55:58	01:55:38	00:05:29
1324	8724	BRUNO MIGUEL MATOS GONCALVES	Seniores		M	01:55:58	01:43:18	00:04:54
1325	8449	JOÃO NUNO CARDOSO	M35	SS MONTEPIO	M	01:56:00	01:54:16	00:05:25
1326	6637	HELDER HUGO RAMALHO	M35		M	01:56:02	01:53:50	00:05:24

Lugar	Dorsal	Nome	Escalão	Equipa	Sexo	Tempo	Chip	Ritmo
1327	8983	FILIPE ANDRÉ VIEIRA ROSADO	Seniores	CARICAS-GIMTÓNICO	M	01:56:03	01:55:15	00:05:28
1328	8984	JORGE MIGUEL BISPO LAGE LADEIRA	M40	CARICAS-GIMTÓNICO	M	01:56:04	01:55:15	00:05:28
1329	7748	SIN DATOS DEL DORSAL 7748	Seniores		M	01:56:06	01:54:20	00:05:26
1330	8948	EDGAR GOUVEIA	M35		M	01:56:08	01:55:53	00:05:30
1331	6962	LUIS MATOS	Seniores	PERNAS DE GAFANHOTO	M	01:56:09	01:54:39	00:05:27
1332	6789	ARSÉNIO BARROS	M40		M	01:56:10	01:39:12	00:04:43
1333	6986	MANUEL JOAQUIM GOUVEIA CAPELA	Seniores		M	01:56:11	01:55:35	00:05:29
1334	8897	MIGUEL ARAUJO	M45	VALINHAS-RUNNERS	M	01:56:12	01:44:16	00:04:57
1335	7548	FERNANDO CAMARNEIRO	M50		M	01:56:12	01:55:28	00:05:29
1336	6724	ANTONIO NOGUEIRA	M45	CLUBE MILLENNIUMBCP	M	01:56:13	01:56:01	00:05:30
1337	6786	MARCO CARVALHO	M35		M	01:56:17	01:54:02	00:05:25
1338	6927	NUNO PEDRO	M40		M	01:56:17	01:49:34	00:05:12
1339	8737	MAURO GONÇALVES	M35	CLUBE VODAFONE	M	01:56:18	01:55:41	00:05:29
1340	8963	ANTÓNIO MANUEL LOURENÇO GUEDES	M40		M	01:56:18	01:54:00	00:05:25
1341	7302	JORGE LUIZ LOPES PLACIDO	M55		M	01:56:21	01:56:04	00:05:31
1342	8017	RUI DIAS OLIVEIRA	Seniores		M	01:56:21	01:41:17	00:04:49
1343	5487	MIGUEL PINHEIRO	Seniores		M	01:56:21	01:44:39	00:04:58
1344	8120	PATRICIA GILDE	F40		F	01:56:22	01:48:12	00:05:08
1345	6867	JOÃO DUARTE	Seniores	XUMBO TEAM	M	01:56:23	01:41:10	00:04:48
1346	7964	ALVARO LEITE	M40		M	01:56:24	01:44:38	00:04:58
1347	6692	LENITA LEMOS LEMOS	F45		F	01:56:25	01:54:16	00:05:25
1348	8875	SILVÉRIO GOMES	M35		M	01:56:26	01:54:14	00:05:25
1349	6004	LUÍS MIGUEL ALVES SOUSA	M35		M	01:56:26	01:55:20	00:05:28
1350	6652	SAMUEL SOARES	M35		M	01:56:27	01:55:39	00:05:29
1351	5863	VITOR LOPES	M40		M	01:56:27	01:54:40	00:05:27
1352	6881	ROGÉRIO SILVA	M35		M	01:56:29	01:53:36	00:05:24
1353	5082	FERNANDA PINHO	F45		F	01:56:29	01:54:05	00:05:25
1354	8547	LUIS CERQUEIRA	M45	KORPUS ACADEMIA SAUDE ESTETICA	M	01:56:30	01:55:52	00:05:30
1355	7456	ANTÓNIO SANTIAGO	M45		M	01:56:31	01:56:16	00:05:31
1356	5482	JOÃO PEDRO TEIXEIRA	M40		M	01:56:32	01:54:29	00:05:26
1357	5336	ALVARO BERINHO	M35		M	01:56:33	01:45:56	00:05:02
1358	8538	MANUEL LOPES	M35	PARQUE DAS TERMAS DE VIZELA	M	01:56:33	01:45:48	00:05:01
1359	5334	JOAQUIM CAIXEIRA	M35		M	01:56:33	01:45:53	00:05:02
1360	7738	RICARDO OLIVEIRA	Seniores		M	01:56:34	01:47:50	00:05:07
1361	6905	GASPAR MACHADO	M45	AMIGOS ATLETISMO POVOENSE	M	01:56:34	01:55:03	00:05:28
1362	7546	FLAVIO TEIXEIRA	Seniores		M	01:56:36	01:56:21	00:05:31
1363	6707	MARCO BAPTISTA	M35		M	01:56:36	01:55:57	00:05:30
1364	5830	CLARA CERQUEIRA	F45	A.D. AMARANTE	F	01:56:37	01:55:03	00:05:28
1365	5829	FERNANDO CERQUEIRA	M50	A.D. AMARANTE	M	01:56:37	01:55:04	00:05:28
1366	5591	HELDER FILIPE SILVA CAMPOS	Seniores		M	01:56:37	01:54:42	00:05:27
1367	6862	ADELINO CARVALHO	M55		M	01:56:38	01:49:15	00:05:11
1368	8901	RUI EDUARDO CARVALHO SILVA	M50		M	01:56:38	01:45:52	00:05:02
1369	7759	PAULO JORGE PINHO FERREIRA	M45		M	01:56:38	01:49:56	00:05:13
1370	5527	NUNO FREITAS	M35	POTE 1	M	01:56:40	01:39:38	00:04:44
1371	8312	ARMANDO FERNANDES	Seniores		M	01:56:40	01:44:18	00:04:57
1372	5132	JORGE FERREIRA	M40	POTE 1	M	01:56:41	01:41:08	00:04:48
1373	5152	MANUEL RIBEIRO	M40	POTE 1	M	01:56:41	01:39:47	00:04:44
1374	6164	PAULA CARVALHO	Seniores		F	01:56:41	01:56:28	00:05:32
1375	5300	MARGARIDA PEREIRA	Seniores		F	01:56:41	01:56:25	00:05:32
1376	7870	ADELAIDE VELUDO	F60		F	01:56:42	01:56:25	00:05:32
1377	5301	JORGE VELUDO	Seniores		M	01:56:42	01:55:59	00:05:30

Lugar	Dorsal	Nome	Escalão	Equipa	Sexo	Tempo	Chip	Ritmo
1378	7116	RICARDO DIAS	M40	SERVIÇOS SOCIAIS MONTEPIO GERAL	M	01:56:42	01:56:32	00:05:32
1379	5313	VITOR MIGUEL FERREIRA MATOS ARAUJO	M50		M	01:56:43	01:46:26	00:05:03
1380	6389	ALFREDO CORREIA	Seniores		M	01:56:44	01:55:19	00:05:28
1381	8752	RUI MIGUEL MARTINS	M35	NUNO DIAS	M	01:56:44	01:55:07	00:05:28
1382	7288	ARMINDO CARDOSO MACAHDO	M50		M	01:56:45	01:54:48	00:05:27
1383	8432	ADRIANO SOARES MOREIRA	M50	GINÁSIO FIT4FUN	M	01:56:46	01:55:44	00:05:30
1384	6971	GIL DE SOUSA PINTO ALVES SERAFIM	Seniores		M	01:56:47	01:56:20	00:05:31
1385	5990	LEANDRO RAMOS	M35		M	01:56:49	01:55:44	00:05:30
1386	5782	FRANCISCO FREITAS	M45	GAIA-RUNNING	M	01:56:50	01:40:47	00:04:47
1387	8013	MARCIO FILIPE SACRAMENTO CASTRO	Seniores		M	01:56:50	01:54:26	00:05:26
1388	5110	PAULO CARMO	M40	GINASIO FIT4FUN	M	01:56:52	01:55:39	00:05:29
1389	5632	CESÁRIO LEITE	Seniores	FAPOMED	M	01:56:52	01:56:22	00:05:31
1390	8626	PAULO ANDRÉ PEREIRA ROCHA ALMEIDA	Seniores	ADA TRAIL RUNNING	M	01:56:53	01:44:27	00:04:58
1391	5986	MIGUEL GARCÊS	Seniores		M	01:56:53	01:48:18	00:05:08
1392	6852	FREDERICO ALBERTO	M35	LOJA FIDELIDADE BOAVISTA	M	01:56:54	01:55:05	00:05:28
1393	6922	FRANCISCO ROQUE	M55	JAZZY RUNNERS	M	01:56:56	01:56:08	00:05:31
1394	8019	ALCINO SOUSA	M55		M	01:56:57	01:56:37	00:05:32
1395	8625	URBANO FILIPE DE ABREU VITORINO RIBEIRO	Seniores		M	01:56:57	01:44:32	00:04:58
1396	5177	SERGIO MOTA PEREIRA	M35		M	01:56:58	01:55:33	00:05:29
1397	7731	JOSÉ VILELA VILELA	M50	GRUPO OS BARRIGAS	M	01:57:00	01:48:51	00:05:10
1398	7448	CARLOS RIBEIRO	Seniores	MONTES RUNNERS	M	01:57:01	01:56:47	00:05:33
1399	7137	FERNANDO VIEIRA PEREIRA	Seniores		M	01:57:01	01:54:54	00:05:27
1400	7250	MANUEL VITORINO TEIXEIRA CARDOSO	M45		M	01:57:01	01:43:10	00:04:54
1401	5656	LUÍS MIGUEL SILVEIRA LOPES	M40	NICAJOANINHA	M	01:57:02	01:55:46	00:05:30
1402	6383	RITA BRANCO	F35		F	01:57:05	01:55:30	00:05:29
1403	8453	VASCO SILVA	M35	SS MONTEPIO	M	01:57:07	01:49:26	00:05:12
1404	7064	CARLOS REIS	Seniores	VIDA ATIVA	M	01:57:07	01:39:27	00:04:43
1405	6888	JORGE MANUEL DA COSTA RAMOS	M50		M	01:57:10	01:55:28	00:05:29
1406	5308	JOSE MESQUITA	M45		M	01:57:10	01:40:56	00:04:48
1407	7145	LILIANA PEREIRA	Seniores	SHOTS INTERNATIONAL RUNNERS	F	01:57:11	01:55:45	00:05:30
1408	8599	ALVARO ARAUJO	M55	VITORIA SPORT CLUB	M	01:57:12	01:46:55	00:05:05
1409	8997	ELIAS MANUEL MOURA PEREIRA	M55	GONDOMAR FUTSAL CLUBE	M	01:57:14	01:50:34	00:05:15
1410	7151	ARTUR PEREIRA	Seniores	SHOTS INTERNATIONAL RUNNERS	M	01:57:14	01:55:51	00:05:30
1411	6249	ALEXANDRE MONTEIRO	M35	YES WE KENYA	M	01:57:15	01:55:53	00:05:30
1412	6247	JOSÉ CALHEIROS	M50		M	01:57:16	01:55:53	00:05:30
1413	6163	NUNO VIEIRA	Seniores		M	01:57:16	01:57:02	00:05:33
1414	8487	LUIS CORREIA	Seniores		M	01:57:16	01:54:52	00:05:27
1415	8057	JOSÉ MANUEL VIEIRA	M45	OS ROTOS	M	01:57:16	01:49:03	00:05:11
1416	7485	RUI GONCALVES	M40		M	01:57:16	01:55:28	00:05:29
1417	6008	MANUEL RIBEIRO RIBEIRO	M45	LUPAS	M	01:57:17	01:55:41	00:05:29
1418	7414	REGINA MONTEIRO	Seniores	DOURO AZUL	F	01:57:17	01:46:59	00:05:05
1419	7006	CARLOS RODRIGUEZ	M45		M	01:57:19	01:46:47	00:05:04
1420	6142	MÁRIO CUNHA	M40	CORGAS CLUB	M	01:57:25	01:56:53	00:05:33
1421	6656	NUNO ROCHA	Seniores		M	01:57:25	01:55:07	00:05:28
1422	8648	BO IRIK	Seniores		F	01:57:26	01:56:32	00:05:32
1423	5066	ANTONIO PEREIRA	M55		M	01:57:30	01:55:26	00:05:29
1424	8795	JOAO CORREIA	M45		M	01:57:31	01:55:39	00:05:29
1425	6452	PEDRO CARVALHO	M35		M	01:57:32	01:57:19	00:05:34
1426	6117	PEDRO PINTO BASTO	M35	OSD RUNNERS	M	01:57:32	01:55:53	00:05:30
1427	7271	MARIA CONCEIÇÃO FERREIRA	F35		F	01:57:33	01:56:31	00:05:32
1428	8848	ANTONIO MARTINHO	M45		M	01:57:33	01:55:32	00:05:29

Lugar	Dorsal	Nome	Escalão	Equipa	Sexo	Tempo	Chip	Ritmo
1429	7292	RICARDO GONÇALVES	M35		M	01:57:36	01:55:18	00:05:28
1430	8717	LEANDRO OLIVEIRA OLIVEIRA	Seniores	BOSCH TERMOTECNOLOGIA SA	M	01:57:37	01:41:30	00:04:49
1431	8573	SIN DATOS DEL DORSAL 8573	Seniores		M	01:57:38	01:46:57	00:05:05
1432	7976	ARMANDO PENEDA	M60		M	01:57:38	01:57:19	00:05:34
1433	5976	RUI PEDRO SILVA	M35		M	01:57:39	01:55:18	00:05:28
1434	6406	JOSE CARLOS CARVALHO	M40	ALVELINHOS RUNNING	M	01:57:39	01:57:21	00:05:34
1435	6404	ANTONIO ROSA	M45	ALVELINHOS RUNNING	M	01:57:39	01:57:21	00:05:34
1436	5299	MIGUEL VALENTE	Seniores	RUNFEIRA	M	01:57:42	01:55:54	00:05:30
1437	6520	NUNO LEMOS	Seniores		M	01:57:45	01:56:46	00:05:33
1438	8515	PEDRO NUNO CUNHA GONCALVES	M35		M	01:57:46	01:56:19	00:05:31
1439	8750	LUÍS FILIPE PINHEIRO ALVES	M40		M	01:57:48	01:56:47	00:05:33
1440	5686	NUNO LUFINHA	M55	JAZZY RUNNERS	M	01:57:48	01:56:59	00:05:33
1441	6471	TIAGO OLIVEIRA	Seniores		M	01:57:49	01:55:53	00:05:30
1442	8756	PAULO VEIGA	Seniores		M	01:57:53	01:44:08	00:04:57
1443	8469	DAVID MENDOZA	M35	CAETANO RUNNERS	M	01:57:53	01:51:06	00:05:16
1444	7514	CARLOS CARREIRA	Seniores	PEZINHOS DE LÃ	M	01:57:55	01:42:47	00:04:53
1445	7728	ANTÓNIO JÚLIO CARVALHO MARTINS	Seniores		M	01:57:55	01:43:08	00:04:54
1446	8351	RUI FELGUEIRAS	M40		M	01:57:57	01:47:18	00:05:06
1447	6731	NELSON RAMOS	M45	CLUBE MILLENNIUMBCP	M	01:57:58	01:47:16	00:05:06
1448	5193	RUI ALBERTO PEREIRA	M35		M	01:57:59	01:56:36	00:05:32
1449	8891	JOSÉ CARLOS ROQUE DA COSTA	M40		M	01:58:00	01:55:59	00:05:30
1450	7220	ALFREDO OLIVEIRA	M50	TAIPAS	M	01:58:00	01:57:40	00:05:35
1451	8943	ANA MARGARIDA MORAIS	F35		F	01:58:01	01:55:42	00:05:30
1452	6382	RUI MONTEIRO	M45		M	01:58:01	01:56:26	00:05:32
1453	8430	RAFAEL MATOS	Seniores	ASPHALT ASSAULT TEAM	M	01:58:01	01:50:37	00:05:15
1454	8832	RUBEN JORGE	M35		M	01:58:02	01:56:26	00:05:32
1455	7592	JOAQUIM DIAS	M35		M	01:58:09	01:43:59	00:04:56
1456	8380	EMIDIO SILVA	M60	CLUBE MILLENNIUMBCP	M	01:58:10	01:57:30	00:05:35
1457	8712	ARMINDO BASTOS BASTOS	M40	BOSCH TERMOTECNOLOGIA SA	M	01:58:10	01:45:58	00:05:02
1458	6647	SERGIO SANTOS	Seniores		M	01:58:14	01:56:19	00:05:31
1459	8554	SIN DATOS DEL DORSAL 8554	Seniores		M	01:58:17	01:57:18	00:05:34
1460	8838	JOÃO GIL DA COSTA	M50		M	01:58:20	01:56:56	00:05:33
1461	7050	FILIPE GONÇALVES	M35	RUN ME...IM FAMOUS	M	01:58:20	01:46:18	00:05:03
1462	5730	JOSÉ JAIME TEIXEIRA	M45	CLUBE GBES - DELEGAÇÃO DO NORTE	M	01:58:20	01:57:10	00:05:34
1463	8570	HERCULANO SILVA SANTOS	Seniores		M	01:58:21	01:47:40	00:05:07
1464	8146	JOÃO DANIEL AZEVEDO SOARES	Seniores		M	01:58:23	01:56:44	00:05:32
1465	6463	CARLOS SAMPAIO	M45		M	01:58:23	01:58:13	00:05:37
1466	6760	BERNARDINO ANDRADE	M40	GOLE IN	M	01:58:24	01:41:26	00:04:49
1467	6176	HENRIQUE OLIVEIRA	Seniores		M	01:58:27	01:57:48	00:05:36
1468	6198	RUI TAVEIRA	M35		M	01:58:30	01:56:26	00:05:32
1469	8138	MÁRIO JOSÉ MARQUES TEIXEIRA	M40		M	01:58:31	01:57:12	00:05:34
1470	6205	MIGUEL COSTA	M35	C.U.A.BENAVENTENSE	M	01:58:32	01:57:31	00:05:35
1471	8964	MARGARIDA RIBEIRO NEVES	F45		F	01:58:33	01:58:08	00:05:36
1472	6959	CARLOS CUNHA	M45		M	01:58:38	01:56:57	00:05:33
1473	8587	SÓNIA TÚBAL	F35	TARTARUGAS SOLIDARIAS	F	01:58:38	01:57:46	00:05:35
1474	8170	TIAGO FERNANDES	Seniores		M	01:58:39	01:56:53	00:05:33
1475	8401	SILVIA CARDOSO	F35	AÇOREANA CLUBE BANIF	F	01:58:39	01:56:41	00:05:32
1476	8700	JOÃO SANTANA SANTANA	M40	BOSCH TERMOTECNOLOGIA SA	M	01:58:40	01:42:31	00:04:52
1477	7113	NUNO RODRIGUES	M35	SERVIÇOS SOCIAIS MONTEPIO GERAL	M	01:58:40	01:57:37	00:05:35
1478	7078	PEDRO NEVES	Seniores		M	01:58:40	01:57:19	00:05:34
1479	7052	DIDIER MARTY	M45		M	01:58:42	01:58:13	00:05:37

Lugar	Dorsal	Nome	Escalão	Equipa	Sexo	Tempo	Chip	Ritmo
1480	7053	STEPHANE COTTIN	M45		M	01:58:42	01:58:13	00:05:37
1481	8506	ARSÉNIO SANTOS	M45	PASCOALITOS	M	01:58:44	01:51:24	00:05:17
1482	6185	BRUNO MIGUEL ALBUQUERQUE	M35		M	01:58:46	01:57:44	00:05:35
1483	7608	FERNANDO JOÃO ALVES	M45	TARTARUGAS DO ASFALTO	M	01:58:47	01:58:04	00:05:36
1484	6502	ANTÓNIO JOSÉ FERNANDES MENDES	M45	SOCIEDADE RECREIO CEPANENSE	M	01:58:48	01:48:40	00:05:10
1485	6464	FREDERICO SACRAMENTO	M45		M	01:58:48	01:47:58	00:05:08
1486	6398	PORFÍRIO PEREIRA	M40	AQUI VAMOS NÓS	M	01:58:49	01:58:00	00:05:36
1487	5859	JOSÉ ALEXANDRE MENDES	M40		M	01:58:50	01:49:08	00:05:11
1488	8903	ANTONIO PONTE	M40		M	01:58:51	01:58:50	00:05:38
1489	7079	MIGUEL CASTRO NETO	M45		M	01:58:51	01:58:49	00:05:38
1490	8000	ANA GUIMARAES	F45	POTEEEEENTES	F	01:58:51	01:58:46	00:05:38
1491	7955	DAMIÃO PACHECO	M40	POTEEEEENTES	M	01:58:52	01:58:50	00:05:38
1492	7951	TELMA OLIVEIRA	Seniores	POTEEEEENTES	F	01:58:52	01:58:46	00:05:38
1493	8989	HUGO FILIPE PANÃO BALSEIRO	Seniores	CARICAS-GIMTÓNICO	M	01:58:53	01:57:42	00:05:35
1494	5882	DAVID BENTO	Seniores		M	01:58:53	01:57:30	00:05:35
1495	7862	SERAFIM RAMOS	M55		M	01:58:53	01:49:03	00:05:11
1496	7164	PAULO SANTOS	M50	EX KAGADOS	M	01:58:53	01:57:01	00:05:33
1497	5008	ALVARO ALMEIDA	M55	PORTO RUNNERS	M	01:58:54	01:56:56	00:05:33
1498	6996	SARA LITTLE	Seniores		F	01:58:55	01:57:11	00:05:34
1499	7149	RICARDO HENRIQUES	Seniores	SHOTS INTERNATIONAL RUNNERS	M	01:58:55	01:44:26	00:04:57
1500	6256	RUI ABRANTES	M45		M	01:58:55	01:58:16	00:05:37
1501	5564	SÓNIA SOUSA	Seniores	A. R. LUZ E VIDA GONDOMARENSE	F	01:58:58	01:47:25	00:05:06
1502	5562	DAVID FERNANDES	Seniores	A. R. LUZ E VIDA GONDOMARENSE	M	01:58:59	01:47:24	00:05:06
1503	7669	NUNO COUTINHO	Seniores	OS MOLIÇOS	M	01:58:59	01:44:54	00:04:59
1504	8173	MARIA CAMPOS	F45		F	01:59:02	01:58:16	00:05:37
1505	8193	CARLOS EURICO DOURADO	M45		M	01:59:03	01:58:36	00:05:38
1506	8874	ROGÉRIO MACHADO	Seniores		M	01:59:05	01:58:50	00:05:38
1507	8655	PEDRO COELHO	Seniores		M	01:59:05	01:56:53	00:05:33
1508	7604	PEDRO OLIVEIRA	Seniores	RUNNING TEAM LANTEMIL	M	01:59:06	01:57:46	00:05:35
1509	5993	MARIA FUNARI	F45		F	01:59:06	01:58:44	00:05:38
1510	5994	MARCOS FUNARI	M45		M	01:59:06	01:58:44	00:05:38
1511	8371	CARLOS OLIVEIRA	Seniores		M	01:59:06	01:57:21	00:05:34
1512	8069	FERNANDO COSTA	M40	PERNETAS	M	01:59:10	01:56:54	00:05:33
1513	6593	ANTÓNIO AUGUSTO DE SOUSA BRABOSA BARBOSA	M45		M	01:59:10	01:57:13	00:05:34
1514	8908	FRANCISCO BRANCO	M35		M	01:59:11	01:46:04	00:05:02
1515	8007	JOSÉ LUIS LEITE FERNANDES	M40	PICANHOS TEAM	M	01:59:13	01:57:27	00:05:35
1516	6975	RUI RALHA	M55	RUN 4 FUN	M	01:59:13	01:57:54	00:05:36
1517	8034	ROMÃO SILVA FIGUEIREDO	Seniores		M	01:59:13	01:58:38	00:05:38
1518	8037	FÁTIMA FILIPA DA CRUZ GOMES CATARINO	Seniores		F	01:59:14	01:58:38	00:05:38
1519	7041	ANDRE CAMPOS	Seniores		M	01:59:14	01:58:42	00:05:38
1520	7251	ÁLVARO SILVA	M60		M	01:59:14	01:57:33	00:05:35
1521	7561	CARLOS PARENTE	Seniores	TEAM TRIÁDE	M	01:59:18	01:57:50	00:05:36
1522	6763	JOÃO CARDOSO	M45		M	01:59:19	01:47:16	00:05:06
1523	5809	BRUNO COSTA	Seniores		M	01:59:20	01:58:35	00:05:38
1524	5810	CARLOS MELO	Seniores		M	01:59:20	01:58:34	00:05:38
1525	6745	MANUEL MACEIRA	M45		M	01:59:27	01:57:29	00:05:35
1526	7275	CARLOS MARTINS	M40		M	01:59:28	01:58:50	00:05:38
1527	6921	PEDRO CAMARA	M35	CLUBE MILLENNIUMBCP	M	01:59:29	01:57:29	00:05:35
1528	6622	CARLOS PEREIRA	M45		M	01:59:29	01:57:18	00:05:34
1529	5654	GUY FRENAY	M60		M	01:59:29	01:58:59	00:05:39
1530	8155	JOAO PAULO SILVA	M45		M	01:59:32	01:58:51	00:05:38

Lugar	Dorsal	Nome	Escalão	Equipa	Sexo	Tempo	Chip	Ritmo
1531	7754	ALBANO NOVAIS	M50		M	01:59:32	01:47:06	00:05:05
1532	6812	JOSÉ SILVA	M40		M	01:59:33	01:45:48	00:05:01
1533	8790	FERNANDO PINTO	Seniores		M	01:59:33	01:44:41	00:04:58
1534	6787	FRANCISCO GONÇALVES	M35		M	01:59:36	01:57:21	00:05:34
1535	6746	CAROLINA PEREIRA	F35	MODCONSULTING	F	01:59:37	01:57:55	00:05:36
1536	6747	PEDRO QUARESMA	M35	MODCONSULTING	M	01:59:37	01:57:56	00:05:36
1537	8895	JOSE ALVES	M40		M	01:59:38	01:57:48	00:05:35
1538	6688	JOSE PEDRO DA SILVA	M35		M	01:59:38	01:57:28	00:05:35
1539	7948	SUSANA BASTOS	F35	POTEEEEENTES	F	01:59:40	01:59:34	00:05:41
1540	7446	TIAGO MELO	M35		M	01:59:42	01:59:28	00:05:40
1541	7115	PEDRO CARRASCO	M40	SERVIÇOS SOCIAIS MONTEPIO GERAL	M	01:59:43	01:58:39	00:05:38
1542	7114	PAULO RAINHO	M45	SERVIÇOS SOCIAIS MONTEPIO GERAL	M	01:59:43	01:58:39	00:05:38
1543	8518	NUNO ARAUJO	M40		M	01:59:44	01:57:26	00:05:34
1544	7503	LICÍNIO FERNANDO MELO PEREIRA PEREIRA	M40		M	01:59:44	01:51:03	00:05:16
1545	8889	ALVARO ARAÚJO	M50	BATOTAS	M	01:59:46	01:47:57	00:05:07
1546	8128	SERGIO SANTOS	M35		M	01:59:48	01:42:57	00:04:53
1547	8565	TONY LEMOS	Seniores		M	01:59:48	01:49:05	00:05:11
1548	8199	IVO MANUEL LOPES OLIVEIRA CARVALHO	Seniores		M	01:59:48	01:52:32	00:05:21
1549	8820	PAULA RIOS MARQUES	F40	COMO TAMOS PAULINHA ?!	F	01:59:50	01:49:18	00:05:11
1550	5924	MARIO NUNES	M45		M	01:59:51	01:58:52	00:05:39
1551	5942	JOSE DIAS	M60		M	01:59:58	01:59:14	00:05:40
1552	6976	JOÃO ALMEIDA	M45		M	02:00:04	01:58:26	00:05:37
1553	6467	GONÇALO INOCÊNCIO	Seniores		M	02:00:05	01:57:52	00:05:36
1554	6659	JACINTO FERREIRA	M55		M	02:00:05	01:58:18	00:05:37
1555	5006	TIAGO VENTURA CORREIA CORREIA	Seniores	CORREIAS	M	02:00:07	01:59:58	00:05:42
1556	8127	PAULO RODRIGUES	M35		M	02:00:07	01:59:16	00:05:40
1557	7084	RUI BELEZA	Seniores		M	02:00:08	01:59:59	00:05:42
1558	7586	ORLANDO SILVA	M40	ALA ARRIBA	M	02:00:09	01:56:55	00:05:33
1559	5030	JOAQUIM JOSE VIEIRA PERES	M50	PORTO RUNNERS	M	02:00:10	01:58:10	00:05:37
1560	6665	RUI ALBERTO LOPES	M45		M	02:00:10	01:45:09	00:05:00
1561	7369	LUIS RAMOS	Seniores		M	02:00:11	01:58:59	00:05:39
1562	7508	MARINHO PEREIRA	M45	NATALINHO POWER	M	02:00:12	02:00:06	00:05:42
1563	8899	LUIS LEMOS	Seniores	VALINHAS-RUNNERS	M	02:00:14	01:48:18	00:05:08
1564	5211	PEDRO FARIA	Seniores	AS RAZÕES DO CORPO	M	02:00:15	01:58:17	00:05:37
1565	6010	PEDRO SANTOS	M40	MONSTERS RUNNING CLUB	M	02:00:16	02:00:09	00:05:42
1566	8488	ALEXANDRE MANIÉS	M45		M	02:00:16	01:47:37	00:05:07
1567	5161	RICARDO FONSECA	Seniores		M	02:00:17	01:58:42	00:05:38
1568	5764	INÉS NOBRE	F35	AVEIRO NIGHT- RUNNERS	F	02:00:21	01:58:46	00:05:38
1569	8366	VIRGILIO VIEIRA	M35		M	02:00:23	01:50:05	00:05:14
1570	5547	JORGE LEAL	Seniores	CORRER VISEU	M	02:00:24	01:46:41	00:05:04
1571	5078	ARIOVALDO NASCIMENTO	M60		M	02:00:25	01:57:49	00:05:36
1572	8597	CARLOS GONCALVES	M45	VITORIA SPORT CLUB	M	02:00:26	01:46:04	00:05:02
1573	6002	HENRIQUE JOSÉ DE BARROS NOBREGA	M40		M	02:00:27	01:58:03	00:05:36
1574	6674	RAQUEL CAMPOS	Seniores	SHOTS INTERNATIONAL RUNNERS	F	02:00:27	01:59:02	00:05:39
1575	6735	RICARDO BEIRAO	M45	CLUBE MILLENNIUMBCP	M	02:00:28	01:57:58	00:05:36
1576	7422	LUÍS GONÇALVES GONÇALVES	M50	C.C.D. DAS AUTARQUIAS DE ALMADA	M	02:00:28	01:59:48	00:05:41
1577	8674	ANTÓNIO PEREIRA	M35	RUN4FUN	M	02:00:30	01:59:30	00:05:40
1578	7165	PEDRO VENTURA	M45	EX KAGADOS	M	02:00:31	01:58:40	00:05:38
1579	6481	FERNANDO RIBEIRO RIBEIRO	M45		M	02:00:32	02:00:21	00:05:43
1580	6817	MIGUEL PEREIRA	Seniores		M	02:00:32	01:59:23	00:05:40
1581	6691	LUIS FILIPE ROCHA	M35		M	02:00:33	01:58:22	00:05:37

Lugar	Dorsal	Nome	Escalão	Equipa	Sexo	Tempo	Chip	Ritmo
1582	5860	CARLOS MAIA	M35		M	02:00:33	01:50:40	00:05:15
1583	6639	NUNO FILIPE FERREIRA FONTOURA FONTOURA	M35		M	02:00:35	01:58:17	00:05:37
1584	8096	ANIBAL COSTA	M50	OS SANTA APOLONIA	M	02:00:36	01:59:45	00:05:41
1585	5699	LUÍS FILIPE SARAMAGO CARITA	M45		M	02:00:37	02:00:16	00:05:42
1586	7617	NELSON FERREIRA	M40		M	02:00:40	01:46:36	00:05:04
1587	5727	ARTUR JORGE CARVALHO	M35		M	02:00:41	01:59:12	00:05:39
1588	8568	JOÃO CRUZ	M35		M	02:00:42	01:50:02	00:05:13
1589	7961	JOÃO PEDRO RAMOS	Seniores		M	02:00:45	01:44:46	00:04:58
1590	6269	CRISTIANO BARBOSA	Seniores		M	02:00:45	01:58:52	00:05:39
1591	6714	LUIS OLIVEIRA	M40		M	02:00:46	01:59:38	00:05:41
1592	8788	LUIS FILIPE GUIMARÃES	M35		M	02:00:47	01:58:48	00:05:38
1593	5674	BRUNO SILVA	M35		M	02:00:48	01:47:40	00:05:07
1594	7720	PAULO TINA	M40		M	02:00:49	01:51:16	00:05:17
1595	5685	FILIPE PIRES	M40		M	02:00:50	02:00:20	00:05:43
1596	7640	NUNO VENTURA BARBOSA	Seniores		M	02:00:51	01:49:59	00:05:13
1597	7346	MANUEL EMIDIO EMIDIO	M60		M	02:00:51	01:59:51	00:05:41
1598	6242	JOSE ROBERTO SILVA	Seniores		M	02:00:52	01:50:54	00:05:16
1599	6432	MARCO JOÃO SOUSA OLIVEIRA FARIA FARIA	Seniores	ALWAYS TOGETHER	M	02:00:52	01:59:48	00:05:41
1600	7741	LUIS AGUIAR	Seniores		M	02:00:53	01:59:49	00:05:41
1601	8766	LIEVEN VERRAEST	M45		M	02:00:54	01:42:07	00:04:51
1602	7990	RAQUEL VARELA	Seniores	POTEEENTES	F	02:00:56	02:00:52	00:05:44
1603	6503	ARNALDO MOREIRA	M45		M	02:00:58	01:58:37	00:05:38
1604	8527	AMILCAR PÓVOA	M60	AMIGOS DO PARQUE DA PAZ (ALMADA)	M	02:00:59	02:00:18	00:05:43
1605	6742	CARLOS ARAUJO	M45	CLUBE MILLENNIUMBCP	M	02:01:00	01:58:29	00:05:37
1606	7651	RAFAEL CHACON LLORENTE	Seniores		M	02:01:01	01:44:46	00:04:58
1607	7593	MÁRIO VILARINHO	M60		M	02:01:02	02:00:36	00:05:43
1608	8939	RUI CATARINO	M35	GET RUNNING	M	02:01:02	01:46:34	00:05:04
1609	5944	ALBINO TOMAS	M55		M	02:01:03	02:00:19	00:05:43
1610	5941	JOÃO MARQUES	M55		M	02:01:03	02:00:16	00:05:43
1611	5663	NUNO SANTOS	M35		M	02:01:03	02:00:01	00:05:42
1612	8438	MONICA MONTENEGRO	F40	GINÁSIO FIT4FUN	F	02:01:05	01:59:55	00:05:41
1613	6003	PAULO ALEXANDRE FARIA PEREIRA	M35		M	02:01:06	01:58:42	00:05:38
1614	7306	ANTÓNIO SILVA	M55		M	02:01:07	02:00:42	00:05:44
1615	7092	OLGA GOUVEIA	F40	CENTRO MUNICIPAL DE MARCHA E CORRIDA DE S. JO	F	02:01:07	01:59:56	00:05:42
1616	7524	GILBERTO AZEVEDO	M40		M	02:01:09	02:00:17	00:05:43
1617	8780	PAULA PEIXOTO	F40		F	02:01:11	01:59:14	00:05:40
1618	6914	JOSÉ CALDEIRINHA	M35		M	02:01:11	01:59:41	00:05:41
1619	7338	ANA OLIVEIRA	Seniores		F	02:01:12	01:47:28	00:05:06
1620	7383	EDUARDO MALHEIRO	M60	GINASIO CLUBE DE SANTO TIRSO	M	02:01:12	02:01:06	00:05:45
1621	5733	JOSÉ LUÍS MAIA	Seniores	CLUBE GBES - DELEGAÇÃO DO NORTE	M	02:01:13	02:00:01	00:05:42
1622	7208	JOANA CHAVES REBELO	Seniores	TERRORES DO ASFALTO	F	02:01:13	01:59:45	00:05:41
1623	7207	MARIO ANDRE SILVA SANTOS	Seniores		M	02:01:14	02:00:06	00:05:42
1624	7343	SÉRGIO PAULO SOUSA ALMEIDA	M35		M	02:01:15	02:00:38	00:05:44
1625	8015	CLARA FARO	F50		F	02:01:16	01:59:50	00:05:41
1626	5058	MARIO RUI COSTA	M35		M	02:01:16	01:59:57	00:05:42
1627	5541	MARIA BORGES	F35		F	02:01:17	02:01:05	00:05:45
1628	6861	CRISTINA COSTA	Seniores		F	02:01:17	02:00:01	00:05:42
1629	6935	JOÃO CARLOS CIRINO SEQUEIROS SEQUEIROS	Seniores	CCD - RENAULT CACIA	M	02:01:17	02:00:01	00:05:42
1630	6014	ANA CAROLINA SOUSA	Seniores		F	02:01:18	02:00:38	00:05:44
1631	8683	PAULO RAMALHO	M50		M	02:01:18	01:59:04	00:05:39
1632	6643	PAULA ROCHA	Seniores		F	02:01:19	01:58:57	00:05:39



Lugar	Dorsal	Nome	Escalão	Equipa	Sexo	Tempo	Chip	Ritmo
1633	8672	MÁRIO ARAÚJO	M35	RUN4FUN	M	02:01:20	02:00:20	00:05:43
1634	5548	SÓNIA MARIA MOREIRA	Seniores		F	02:01:21	02:00:57	00:05:44
1635	8936	NUNO CERQUEIRA	Seniores	MARATONISTAS DO MINHO	M	02:01:21	02:01:03	00:05:45
1636	8937	RAQUEL CERQUEIRA	Seniores	MARATONISTAS DO MINHO	F	02:01:22	02:01:02	00:05:45
1637	8701	RICARDO SILVA SILVA	Seniores	BOSCH TERMOTECNOLOGIA SA	M	02:01:22	01:46:48	00:05:04
1638	7076	JOSÉ PEDRO RAMOS DE CARVALHO	Seniores		M	02:01:23	02:00:01	00:05:42
1639	6589	JOAQUIM CARRONHA	M60		M	02:01:24	02:01:05	00:05:45
1640	6143	MIGUEL LEÃO	Seniores	CORGAS CLUB	M	02:01:26	02:00:55	00:05:44
1641	5887	ALBERTO SOUSA	M50	GRUPO DESPORTIVO FERROVIARIOS DE CAMPANHA	M	02:01:28	01:44:46	00:04:58
1642	8484	JOAQUIM MONTENEGRO	Seniores		M	02:01:28	01:49:52	00:05:13
1643	8072	ANTÓNIO MONTEIRO FERNANDES	M45		M	02:01:29	01:44:34	00:04:58
1644	8566	LÍDIA DE JESUS DAS NEVES GONÇALVES	Seniores		F	02:01:31	02:01:00	00:05:45
1645	8663	ANTÓNIO SANTOS CABRAL	M45		M	02:01:31	01:59:32	00:05:40
1646	6474	JOÃO VIEIRA DA SILVA	Seniores		M	02:01:32	02:01:25	00:05:46
1647	6473	TERESA VIEIRA DA SILVA	Seniores		F	02:01:32	02:01:26	00:05:46
1648	8811	JOSÉ ALBERTO JESUS MENDES MENDES	M40		M	02:01:33	02:00:49	00:05:44
1649	8083	AGOSTINHO TORRES	M35	PERNETAS D'ELITE	M	02:01:33	01:59:17	00:05:40
1650	5728	JOSE COSTA	M40	AFIS/OVAR	M	02:01:33	02:00:05	00:05:42
1651	5181	ISABEL DAMIÃO	F35	MARATONICES	F	02:01:34	01:59:44	00:05:41
1652	6705	JOANA RITA VINAGRE DA EIRA	Seniores		F	02:01:36	02:00:58	00:05:45
1653	8619	ANDREA NEVES	F35		F	02:01:37	01:49:15	00:05:11
1654	7061	CÉSAR CARVALHO	Seniores	VIDA ATIVA	M	02:01:38	01:43:54	00:04:56
1655	5105	JOAQUIM PEREIRA	Seniores		M	02:01:38	01:51:40	00:05:18
1656	7452	THOMAS LINS	M50	TALHO20	M	02:01:38	02:00:29	00:05:43
1657	8595	JOSÉ CARLOS FREITAS	M45	VITORIA SPORT CLUB	M	02:01:39	01:47:18	00:05:06
1658	5179	FILIPE MORAES	M35		M	02:01:39	02:01:24	00:05:46
1659	5535	WALTER PALMA	M45		M	02:01:39	02:01:01	00:05:45
1660	6396	TIAGO ALMEIDA	M35	BUDEGUITA RUNNERS	M	02:01:39	01:47:52	00:05:07
1661	8574	PAULO ABREU	M40		M	02:01:40	01:47:18	00:05:06
1662	7091	JOAQUIM SILVA	M40	CENTRO MUNICIPAL DE MARCHA E CORRIDA DE S. JO	M	02:01:40	02:00:29	00:05:43
1663	6155	HELENA DIAS DIAS	F40	BUDEGUITA RUNNERS	F	02:01:40	01:47:52	00:05:07
1664	6606	JOAQUIM DA SILVA MARQUES	M60	ESPOSOS DASILVA	M	02:01:40	02:00:53	00:05:44
1665	5254	JOAQUIM LUIS VIEGAS	M55		M	02:01:42	02:00:26	00:05:43
1666	7993	ARNALDO PINTO	M60	POTEEENTES	M	02:01:44	02:01:41	00:05:47
1667	8561	MANUEL MOREIRA	M45	AMIGOS ATLETISMO POVOENSE	M	02:01:45	02:00:16	00:05:43
1668	8419	ROMEU CARVALHO	M50	ESCOLA ATLETISMO ROSA OLIVEIRA	M	02:01:46	01:59:41	00:05:41
1669	8364	AMANDIO BABO	M40		M	02:01:47	01:46:10	00:05:02
1670	5139	JOEL BARBOSA	Seniores		M	02:01:48	02:01:11	00:05:45
1671	5145	SANDRA BESSA	Seniores		F	02:01:49	02:01:12	00:05:45
1672	9000	JOAQUIM MARTINS	M50	ESTRELA CAMPO DE AVIAÇÃO FC	M	02:01:50	02:01:34	00:05:46
1673	8403	ANIBAL PAIVA	M40	AÇOREANA CLUBE BANIF	M	02:01:50	01:59:36	00:05:41
1674	7502	PEDRO VASCO VIEIRA SANTOS	M35	PUSSY RUNNERS	M	02:01:51	02:00:29	00:05:43
1675	5817	GUSTAVO TEIXEIRA	Seniores	A.D. AMARANTE	M	02:01:51	02:00:16	00:05:43
1676	6377	VICTOR FIGUEIREDO	M45		M	02:01:54	02:01:54	00:05:47
1677	8877	ANA NOGUEIRA	F40		F	02:01:55	02:01:21	00:05:46
1678	8475	PEDRO CASTRO	M35	CAETANO RUNNERS	M	02:01:58	01:59:52	00:05:41
1679	8474	FRANCISCO GUIMARÃES	M35	CAETANO RUNNERS	M	02:01:59	01:59:52	00:05:41
1680	8813	NUNO CARVALHO	M40		M	02:02:00	02:00:15	00:05:42
1681	5067	PAULO CÉSAR FERNANDES	M35		M	02:02:01	01:51:34	00:05:18
1682	5940	JOÃO CARLOS DIAS BALÃO BALÃO	M60		M	02:02:02	02:01:24	00:05:46
1683	8583	SIN DATOS DEL DORSAL 8583	Seniores		M	02:02:02	01:45:57	00:05:02

Lugar	Dorsal	Nome	Escalão	Equipa	Sexo	Tempo	Chip	Ritmo
1684	8582	JORGE PEREIRA	M40		M	02:02:02	01:45:55	00:05:02
1685	5824	JOÃO SILVA	M40	LEVANTA POEIRA	M	02:02:03	02:00:34	00:05:43
1686	5770	MARIA RODRIGUES	M40	AVEIRO NIGHT- RUNNERS	M	02:02:04	02:00:30	00:05:43
1687	6958	PEDRO FARDILHA	M40	AVEIRO NIGHT- RUNNERS	M	02:02:04	02:00:30	00:05:43
1688	7488	TERESA BROCHADO	Seniores		F	02:02:05	02:00:33	00:05:43
1689	8707	JOSÉ CARLOS FERREIRA FERREIRA	M45	BOSCH TERMOTECNOLOGIA SA	M	02:02:08	01:46:01	00:05:02
1690	8400	RUI QUEIROS	M40	AÇOREANA CLUBE BANIF	M	02:02:09	01:59:57	00:05:42
1691	8398	RAUL PEREIRA	M40	AÇOREANA CLUBE BANIF	M	02:02:09	01:59:56	00:05:42
1692	8784	JERONIMO SILVA	Seniores	AÇOREANA CLUBE BANIF	M	02:02:10	01:59:57	00:05:42
1693	8786	LUIS GUIMARAES	M40	AÇOREANA CLUBE BANIF	M	02:02:10	01:59:57	00:05:42
1694	8961	ANTONIO LUIS FENA FERNANDES	Seniores		M	02:02:11	01:59:54	00:05:41
1695	5175	PEDRO MELO	M35		M	02:02:11	02:00:11	00:05:42
1696	5247	VALTER COSTA	Seniores		M	02:02:13	01:49:14	00:05:11
1697	6195	JOSÉ RODRIGUES	M40		M	02:02:13	02:00:08	00:05:42
1698	5012	ANTONIO COELHO	M40	PORTO RUNNERS	M	02:02:15	02:00:01	00:05:42
1699	5013	ANTONIO MENDES SILVA	M45	PORTO RUNNERS	M	02:02:16	02:01:51	00:05:47
1700	7269	CLÁUDIA MARQUES	Seniores		F	02:02:16	02:00:37	00:05:43
1701	6024	XAVIER FERNANDES	M35		M	02:02:20	01:44:17	00:04:57
1702	7230	JOÃO SOUSA	M45	TAIPAS	M	02:02:21	02:01:26	00:05:46
1703	5811	CARLOS SANTOS SANTOS	M45	CCD - RENAULT CACIA	M	02:02:21	01:48:09	00:05:08
1704	7219	LUIS MATOS	M50	TAIPAS	M	02:02:23	02:01:32	00:05:46
1705	5638	RUI PEDRO PINTÃO	M45		M	02:02:25	01:55:43	00:05:30
1706	5272	JOÃO GERMANO	M45		M	02:02:25	02:01:36	00:05:46
1707	5224	ANDREIA NEVES	Seniores		F	02:02:26	02:00:03	00:05:42
1708	5225	JORGE SOARES	M45		M	02:02:26	02:00:03	00:05:42
1709	7730	JOSÉ OLIVEIRA OLIVEIRA	M45	GRUPO OS BARRIGAS	M	02:02:27	01:55:04	00:05:28
1710	5783	NUNO FÉLIX	M40		M	02:02:28	02:00:53	00:05:44
1711	6646	NUNO SIMÕES	M35		M	02:02:30	02:01:59	00:05:47
1712	6399	FILIPE CUNHA	M35	AQUI VAMOS NÓS	M	02:02:33	02:01:44	00:05:47
1713	7136	PEDRO MARQUES	Seniores	KEMEDO TEAM	M	02:02:33	02:00:36	00:05:43
1714	8298	JOÃO SILVA	Seniores		M	02:02:37	01:49:14	00:05:11
1715	6779	SIN DATOS DEL DORSAL 6779	Seniores		M	02:02:37	02:01:21	00:05:46
1716	7871	MANUEL ANTONIO COSTA	M45		M	02:02:39	02:02:33	00:05:49
1717	5073	MARTA FREITAS	Seniores	ALLIVE	F	02:02:40	02:01:58	00:05:47
1718	7274	SANDRA QUEIROZ	F50		F	02:02:40	02:01:55	00:05:47
1719	5480	ISABEL AGUIAR	F40		F	02:02:41	02:01:46	00:05:47
1720	5628	EDUARDO FERNANDES	M45		M	02:02:42	02:00:22	00:05:43
1721	7856	CARLOS ALVES	M55		M	02:02:43	02:02:39	00:05:49
1722	5988	DIOGO EUGÉNIO	Seniores	RESISTÊNCIA	M	02:02:44	02:01:36	00:05:46
1723	6436	GONÇALO DANIEL FIGUEIREDO RIBEIRO	Seniores		M	02:02:48	01:49:03	00:05:11
1724	5149	RUI AMARAL	M45		M	02:02:50	02:00:49	00:05:44
1725	6410	SÉRGIO GUIMBRA	M35		M	02:02:52	01:48:38	00:05:09
1726	5565	MIGUEL MARINHO	M50	ESCOLA ATLETISMO ROSA OLIVEIRA	M	02:02:53	02:00:48	00:05:44
1727	8175	EDGAR SILVA	Seniores		M	02:02:53	02:02:06	00:05:48
1728	5932	MANUEL DE MATOS MATOS	M60		M	02:02:57	02:00:37	00:05:44
1729	8051	JOSÉ CARLOS DE SOUSA PINTO	M45		M	02:02:58	02:02:31	00:05:49
1730	8340	RUI FARIA	Seniores		M	02:03:00	01:47:10	00:05:05
1731	8906	CARLOS LEAL	M35		M	02:03:04	01:49:42	00:05:12
1732	5481	MARIA DO CEU VIEIRA	F40		F	02:03:06	02:02:12	00:05:48
1733	7023	MARCOS QUINTAS	M45		M	02:03:06	02:01:27	00:05:46
1734	7357	LUÍS MOURA	M35		M	02:03:07	02:02:46	00:05:50

Lugar	Dorsal	Nome	Escalão	Equipa	Sexo	Tempo	Chip	Ritmo
1735	5800	JOAO LUIZ LAPETINA AULICINO	M50		M	02:03:08	02:02:11	00:05:48
1736	5959	FERNANDO BARROS SILVA	M45		M	02:03:09	02:02:29	00:05:49
1737	6609	FRANCISCO JOSE CARDOSO	Seniores		M	02:03:10	02:02:38	00:05:49
1738	5136	AJ PEREIRA	M40		M	02:03:10	01:47:43	00:05:07
1739	6237	MANUEL SANTOS SILVA	M45		M	02:03:10	02:01:43	00:05:47
1740	7398	PEDRO JORGE DA SILVA CUNHA	Seniores	LIKETOMOVE.COM	M	02:03:10	02:02:07	00:05:48
1741	7056	MIGUEL BARROS	M40		M	02:03:11	02:02:48	00:05:50
1742	7300	PEDRO BRETES	M45		M	02:03:11	02:01:10	00:05:45
1743	8010	FILIPE ALEXANDRE SOARES DE OLIVEIRA	Seniores	PICANHOS TEAM	M	02:03:12	02:01:26	00:05:46
1744	6995	SIMON LITTLE	M35		M	02:03:13	02:01:28	00:05:46
1745	8166	MANUEL REIA	M60		M	02:03:14	02:02:22	00:05:48
1746	8329	MARIANA BRANDÃO	Seniores	MMR RUNNERS	F	02:03:15	02:00:57	00:05:44
1747	8805	ARMINDA MANUELA MAIA	F40		F	02:03:15	01:51:46	00:05:18
1748	7749	SIN DATOS DEL DORSAL 7749	Seniores		M	02:03:15	01:55:01	00:05:28
1749	8762	PEDRO ALEXANDRE BARREIROS NUNES RODRIGUES RODRIGUES	M55		M	02:03:18	02:00:59	00:05:45
1750	8871	LINO FERREIRA	M40		M	02:03:21	02:02:12	00:05:48
1751	5508	CARLOS OSORIO	M50	CYCLONES - SANITOP	M	02:03:21	02:02:55	00:05:50
1752	6204	SONIA FERREIRA	F35	C.U.A.BENAVENTENSE	F	02:03:21	02:02:21	00:05:48
1753	7676	VÍTOR CAVADAS	Seniores	BIKE FAMILY	M	02:03:21	01:50:36	00:05:15
1754	6653	ANA MARIA BARBOSA	F50		F	02:03:23	02:02:18	00:05:48
1755	5259	PATRICIA CRUZ	Seniores		F	02:03:23	02:01:37	00:05:46
1756	7659	SERGIO MARQUES	M35		M	02:03:24	02:00:53	00:05:44
1757	7010	JOSÉ ALMODÔVAR	M35		M	02:03:26	02:02:30	00:05:49
1758	8115	RAQUEL ANDRADE	Seniores		F	02:03:27	01:46:34	00:05:04
1759	8102	RICARDO BOUCINHA	Seniores	A DUPLA	M	02:03:35	02:03:08	00:05:51
1760	8100	ANTONIO ROCHA	Seniores		M	02:03:35	02:03:08	00:05:51
1761	6690	CESAR SOUSA	M35		M	02:03:36	02:01:32	00:05:46
1762	5670	SIN DATOS DEL DORSAL 5670	Seniores		M	02:03:37	02:03:37	00:05:52
1763	8716	ANDRÉ FERREIRA FERREIRA	Seniores	BOSCH TERMOTECNOLOGIA SA	M	02:03:39	01:49:06	00:05:11
1764	7973	ADILIA DA ASSUNÇÃO PALAS	F45	CRACKS C. LAMEGO	F	02:03:39	02:02:40	00:05:49
1765	7594	MARIO VERDINGOLA	M40		M	02:03:39	02:02:58	00:05:50
1766	6465	JOÃO PEDRO DA COSTA	M35		M	02:03:40	01:52:49	00:05:21
1767	8389	HÉLDER PEREIRA	M45	NAMADORES	M	02:03:40	01:47:21	00:05:06
1768	6720	EDGAR BARBOSA	M45	HOLMES PLACE ARRÁBIDA	M	02:03:42	01:56:35	00:05:32
1769	5033	JOSE MANUEL SILVA	M40	PORTO RUNNERS	M	02:03:43	02:03:21	00:05:51
1770	5257	FERNANDO NERI	M35		M	02:03:43	01:50:09	00:05:14
1771	6408	JOÃO PEDRO MARQUES	Seniores		M	02:03:44	02:02:33	00:05:49
1772	5635	MÁRIO JOÃO GOMES GASPAR	M45		M	02:03:46	01:50:58	00:05:16
1773	8022	BRUNO BARBOSA	M40		M	02:03:49	02:02:16	00:05:48
1774	7004	MARIA LURDES VAZ	F45	REDS	F	02:03:49	02:03:37	00:05:52
1775	8705	EVANDRO AMORIM AMORIM	Seniores	BOSCH TERMOTECNOLOGIA SA	M	02:03:49	02:02:01	00:05:47
1776	8693	JOÃO BALDAIA BALDAIA	Seniores	BOSCH TERMOTECNOLOGIA SA	M	02:03:49	01:49:15	00:05:11
1777	8692	BRUNO AIRES AIRES	Seniores	BOSCH TERMOTECNOLOGIA SA	M	02:03:49	02:02:01	00:05:47
1778	7293	PEDRO VIDAL	M35		M	02:03:51	02:02:59	00:05:50
1779	7674	ANDRÉ MOTA	Seniores	BIKE FAMILY	M	02:03:51	01:50:02	00:05:13
1780	7675	PEDRO TAVARES	Seniores	BIKE FAMILY	M	02:03:51	01:50:02	00:05:13
1781	6275	PAULO NOGUEIRA	M35		M	02:03:52	01:49:05	00:05:11
1782	6197	GUILHERME HERCULANO	M45		M	02:03:53	02:02:58	00:05:50
1783	7042	JOÃO PEDRO LIMA	M50		M	02:03:54	02:02:34	00:05:49
1784	6244	JOSÉ PEDRO CARDOSO	Seniores		M	02:03:55	02:03:21	00:05:51
1785	8458	JOÃO CAMPOS	M35	SS MONTEPIO	M	02:03:55	01:45:59	00:05:02

Lugar	Dorsal	Nome	Escalão	Equipa	Sexo	Tempo	Chip	Ritmo
1786	8918	JUSTIN MARTINS	Seniores		M	02:03:56	01:52:58	00:05:22
1787	5050	RICARDO MANUEL MARQUES RAMALHO RAMOS DUARTE	M35	PORTO RUNNERS	M	02:03:57	02:01:43	00:05:47
1788	7615	DOMINGOS COUTO	M35		M	02:03:58	02:02:26	00:05:49
1789	6448	CARLOS MOTA	Seniores		M	02:04:00	02:01:58	00:05:47
1790	5972	MARCOS HEITOR	M35		M	02:04:03	02:01:43	00:05:47
1791	8950	JOÃO PAULO MACEDO MOURA	M45		M	02:04:03	02:03:28	00:05:52
1792	6434	SERGIO BERNARDO TIAGO SILVA	M35		M	02:04:06	01:50:24	00:05:14
1793	7210	CARLOS FERNANDES	M45		M	02:04:07	02:03:01	00:05:50
1794	8956	OCTAVIO ARROTEA	M40		M	02:04:09	02:03:22	00:05:51
1795	5834	MIGUEL RIBEIRO DA SILVA	M45	OS CARACÓIS FURIOSOS	M	02:04:10	01:45:59	00:05:02
1796	7342	ANABELA ABREU	F35		F	02:04:10	01:50:27	00:05:15
1797	8893	PAULO RENATO PEREIRA NOGUEIRA	Seniores		M	02:04:13	02:02:25	00:05:49
1798	8775	NUNO SEABRA	Seniores		M	02:04:18	02:02:04	00:05:48
1799	8094	MARIA CANDIDA EVA MIGUEIS	F45		F	02:04:18	02:02:59	00:05:50
1800	7166	MANUEL BRANDAO BRANDAO	M50	EX KAGADOS	M	02:04:19	02:02:28	00:05:49
1801	5593	PAULO SOUSA	M35		M	02:04:20	02:02:08	00:05:48
1802	8112	LUIZ HENRIQUE MENDES LOUREIRO	M35		M	02:04:21	01:47:29	00:05:06
1803	5075	ANDREA PASSEIRA	F35	OVELHA CREW	F	02:04:22	02:02:03	00:05:48
1804	8914	JOÃO FERNANDO MEXIA MACHADO	M50		M	02:04:24	02:04:17	00:05:54
1805	5774	MANUEL FERNANDO MARTINS CARNEIRO	M45	OS CACHOS	M	02:04:24	02:03:21	00:05:51
1806	8915	RUI MANUEL RODRIGUES LOPES	M50		M	02:04:24	02:04:17	00:05:54
1807	6671	JOSÉ PARDAL	M35		M	02:04:25	02:03:07	00:05:51
1808	7732	ANTONIO LEITE	M50		M	02:04:36	01:53:21	00:05:23
1809	5041	MANUEL RIBOIRA	M60	PORTO RUNNERS	M	02:04:36	02:02:55	00:05:50
1810	8553	NUNO RAMOS	Seniores	PORTU	M	02:04:38	02:03:45	00:05:52
1811	5725	ANDRÉ GONÇALVES	M35		M	02:04:40	01:52:34	00:05:21
1812	5279	AUGUSTO MANUEL TRINDADE	M35	HOTEL MIRA PAIVA	M	02:04:41	01:53:54	00:05:24
1813	7168	JOSE CARLOS CARDOSO	M50	HOTEL MIRA PAIVA	M	02:04:41	02:04:41	00:05:55
1814	6770	JORGE MANUEL CRUZ CAMPOS	M50		M	02:04:42	02:03:05	00:05:51
1815	6882	HUGO DANIEL DA SILVA LEMOS	Seniores		M	02:04:45	02:03:48	00:05:53
1816	6171	PEDRO JORGE OLIVEIRA DA SILVA SILVA	Seniores		M	02:04:47	02:04:21	00:05:54
1817	8633	JOSE FRAGA FRAGA	Seniores	FRAGA	M	02:04:54	01:46:52	00:05:04
1818	7496	AVELINO CORREIA	M50		M	02:04:55	02:04:21	00:05:54
1819	6518	HELENA AREIAS	F35		F	02:04:55	02:03:11	00:05:51
1820	7506	PATRICIA FERREIRA	Seniores		F	02:04:56	02:03:42	00:05:52
1821	7505	TIAGO MOREIRA	Seniores		M	02:04:56	02:03:42	00:05:52
1822	7057	ALBERTO AROSO	M40		M	02:04:57	02:02:18	00:05:48
1823	7018	JOSE MACHADO	M40		M	02:04:57	02:03:39	00:05:52
1824	7668	JOÃO SOARES	Seniores	OS MOLIÇOS	M	02:04:59	01:50:53	00:05:16
1825	8016	MANUEL DIAS OLIVEIRA	M35		M	02:05:03	01:50:00	00:05:13
1826	7440	PEDRO RODRIGUES MENDES MENDES	Seniores		M	02:05:03	02:02:58	00:05:50
1827	5799	LUÍS MATIAS	M55		M	02:05:09	02:04:10	00:05:54
1828	8572	HUGO CAMPELO	Seniores		M	02:05:10	02:02:45	00:05:50
1829	6761	SOFIA AZEVEDO	Seniores		F	02:05:10	01:48:13	00:05:08
1830	8839	CRISTIANO SOUSA	M45		M	02:05:12	02:04:40	00:05:55
1831	5797	PEDRO HORÁCIO PEIXOTO	Seniores		M	02:05:12	02:05:12	00:05:57
1832	6541	FILIPE PACHECO	M35	GRUPO DESPORTIVO EPVS	M	02:05:14	01:52:39	00:05:21
1833	6184	BINO SOUSA	M35		M	02:05:14	01:48:47	00:05:10
1834	8740	NUNO OLIVEIRA	M40		M	02:05:17	02:04:00	00:05:53
1835	8745	FILIPE LAGE	M35		M	02:05:20	02:05:10	00:05:56
1836	6854	JOSÉ NUNO SOUSA PINTO	M35	GET RUNNING	M	02:05:20	01:50:52	00:05:16

Lugar	Dorsal	Nome	Escalão	Equipa	Sexo	Tempo	Chip	Ritmo
1837	6661	ANTONIO SIMÕES	M60		M	02:05:21	02:04:49	00:05:55
1838	8086	BRUNO MOURA	Seniores		M	02:05:22	01:50:58	00:05:16
1839	6494	MIGUEL PIMENTA	M35	GUARDA	M	02:05:26	02:03:46	00:05:52
1840	8517	RICARDO PINTO	M40		M	02:05:27	02:03:16	00:05:51
1841	8521	NUNO AGUILAR	M50		M	02:05:27	02:03:16	00:05:51
1842	7049	EMANUEL MOREIRA	Seniores	RUN ME...IM FAMOUS	M	02:05:27	01:53:24	00:05:23
1843	5553	JOSÉ ALVES	M35		M	02:05:28	01:58:13	00:05:37
1844	7462	NUNO VIEIRA	M40		M	02:05:32	02:03:12	00:05:51
1845	6613	SANDRA FARIA	Seniores	SHOTS INTERNATIONAL RUNNERS	F	02:05:34	02:04:05	00:05:53
1846	8129	JOSE RIBEIRO	M55	OS SANTA APOLONIA	M	02:05:36	01:58:11	00:05:37
1847	6278	ISABEL CRISTINA CUNHA RIBEIRO	F40		F	02:05:41	02:05:41	00:05:58
1848	5182	HENRIQUE ROCHA	M35	MARATONICES	M	02:05:44	02:03:54	00:05:53
1849	8480	RUI DIAS	M45	CLUBE GALPENEGIA NORTE	M	02:05:45	02:03:35	00:05:52
1850	7390	CARLOS COSTA	M55	GINASIO CLUBE DE SANTO TIRSO	M	02:05:47	02:05:14	00:05:57
1851	8447	ANDRE ANTUNES	M35	SS MONTEPIO	M	02:05:48	02:04:04	00:05:53
1852	8579	LUIS CARLOS MENDES	Seniores		M	02:05:50	01:51:31	00:05:18
1853	8567	ALBERTO MENDES	M45	VITORIA SPORT CLUB	M	02:05:52	01:50:37	00:05:15
1854	8596	RAMIRO PINHEIRO	M40	VITORIA SPORT CLUB	M	02:05:52	01:50:19	00:05:14
1855	6619	RENATO GOMES	M35		M	02:05:53	01:54:53	00:05:27
1856	6667	NELSON GOMES	M35		M	02:05:53	01:54:53	00:05:27
1857	6666	CAMILA GOMES	Seniores		F	02:05:53	01:54:54	00:05:27
1858	7073	FRANCISCO ANTÓNIO MAÇARICO VITORINO VITORINO	M60		M	02:05:56	02:05:45	00:05:58
1859	7763	LUÍS ALVES	M35		M	02:05:57	01:48:57	00:05:10
1860	6621	ANA RITA MORAIS	F35		F	02:05:58	02:03:36	00:05:52
1861	5234	JOÃO RIBEIRO	M35		M	02:06:00	01:55:01	00:05:28
1862	7072	ANTÓNIO JOSÉ LOUREIRO	Seniores		M	02:06:02	02:05:06	00:05:56
1863	5847	TERESA MOTA	F45		F	02:06:02	01:56:10	00:05:31
1864	5218	NELSON CARVALHO	M35	TAI-RUNNERS	M	02:06:03	02:05:38	00:05:58
1865	8377	ALBERTO PEREIRA	M45	CLUBE MILLENNIUMBCP	M	02:06:06	02:05:04	00:05:56
1866	6849	ROSARIO RAMOS	F55	GR- GRANDES ROTAS CLUBE	F	02:06:08	02:03:58	00:05:53
1867	6417	HUGO MAGALHÃES	Seniores	DECATHLON AVEIRO	M	02:06:08	01:50:58	00:05:16
1868	7334	SARA CAMPOS	F40		F	02:06:08	02:03:40	00:05:52
1869	5157	JOÃO NONELL GUNTHER AMARAL	M40		M	02:06:09	02:03:41	00:05:52
1870	8386	RICARDO NEVES	M40	NAMADORES	M	02:06:09	01:50:03	00:05:13
1871	8142	ALEXANDRA FERNANDES	F45		F	02:06:09	01:49:15	00:05:11
1872	7062	MARIA DA GRAÇA CALEIRO COSTA	F50	VIDA ATIVA	F	02:06:10	01:48:28	00:05:09
1873	6419	BRUNO ARAUJO	Seniores	DECATHLON AVEIRO	M	02:06:11	01:51:01	00:05:16
1874	8085	RICARDO SILVA	Seniores		M	02:06:11	01:51:46	00:05:18
1875	6402	RICARDO MONTEIRO	Seniores	OBIKWELUS DA GUARDA	M	02:06:14	02:04:59	00:05:56
1876	7653	JOSE CLÁUDIO	M55		M	02:06:14	02:05:16	00:05:57
1877	6403	EDUARDO BARBARA	Seniores	OBIKWELUS DA GUARDA	M	02:06:15	02:05:00	00:05:56
1878	8967	EMANUEL SILVA	M40	HOLMES PLACE ARRÁBIDA	M	02:06:15	01:57:32	00:05:35
1879	8822	ALFREDO MANUEL CARVALHO BARROS	M60		M	02:06:16	01:53:21	00:05:23
1880	5653	EVELYNE LACOMBE	F45		F	02:06:18	02:05:48	00:05:58
1881	5205	MARIA MANUELA MACHADO	F50	RUN 4 FUN	F	02:06:21	02:05:01	00:05:56
1882	8074	MANUELA SILVA	F40	PERNETAS	F	02:06:21	02:04:05	00:05:53
1883	6144	RUI TORRES TORRES	M45		M	02:06:21	02:05:38	00:05:58
1884	7743	LOURENÇO OREY	M35		M	02:06:22	02:05:19	00:05:57
1885	5876	VITOR FERNANDO ALVES DA COSTA	M35		M	02:06:26	02:06:18	00:06:00
1886	8670	JORGE NOGUEIRA	M40		M	02:06:26	02:05:27	00:05:57
1887	5831	NUNO GUERREIRO	Seniores		M	02:06:28	02:05:48	00:05:58

Lugar	Dorsal	Nome	Escalão	Equipa	Sexo	Tempo	Chip	Ritmo
1888	7336	JOSE CARLOS PEREIRA DE AZEVEDO RAMALHAO	M60		M	02:06:30	02:04:42	00:05:55
1889	6702	JOÃO COSTA	M35		M	02:06:36	02:06:03	00:05:59
1890	5017	CARLOS SALGADO	M45	PORTO RUNNERS	M	02:06:38	01:50:15	00:05:14
1891	6218	JOÃO MOREIRA	Seniores		M	02:06:38	01:54:40	00:05:27
1892	6850	SUSANA GOMES	F40	GR- GRANDES ROTAS CLUBE	F	02:06:38	02:04:30	00:05:55
1893	5758	JOSÉ BENTO MORAIS MORAIS	M50		M	02:06:39	02:04:38	00:05:55
1894	8486	NUNO PINHO	Seniores		M	02:06:40	01:53:23	00:05:23
1895	6738	ANTONIO SANTOS	M55	CLUBE MILLENNIUMBCP	M	02:06:41	02:06:33	00:06:00
1896	8491	VITOR ALVES	M45	KORPUS ACADEMIA SAUDE ESTETICA	M	02:06:44	02:06:06	00:05:59
1897	7869	AUGUSTO LOPES	M50		M	02:06:51	01:56:14	00:05:31
1898	5691	ARNALDO SANTOS	M40	CORREDORES NOCTURNOS DE PAREDES	M	02:06:52	01:53:38	00:05:24
1899	8760	PEDRO PAIVA	M35		M	02:06:54	02:06:39	00:06:01
1900	8759	SERGIO AZEVEDO	Seniores		M	02:06:54	02:06:39	00:06:01
1901	8810	NELSON FERREIRA	M35		M	02:06:54	02:06:39	00:06:01
1902	5159	CARLOS MARTINS	Seniores		M	02:06:56	02:06:46	00:06:01
1903	6239	ANDREIA COSTA	Seniores		F	02:06:56	02:06:01	00:05:59
1904	6860	RICARDO REGUEIRO	M35	LOJA FIDELIDADE BOAVISTA	M	02:06:58	02:05:10	00:05:56
1905	5483	PAULO PADRÃO	M45		M	02:07:01	02:04:58	00:05:56
1906	6539	ARMENIO FERREIRA DE SOUSA	M55		M	02:07:02	01:50:31	00:05:15
1907	8020	LUÍS SAMPAIO	M35		M	02:07:02	02:05:47	00:05:58
1908	8549	MANUELA SILVA	F40	BICADÉMIA GINÁSIO	F	02:07:05	02:05:56	00:05:59
1909	5789	MARCO RUSSO	M35		M	02:07:06	02:04:56	00:05:56
1910	8078	FILIFE SEARA CARDOSO	M40		M	02:07:08	02:04:42	00:05:55
1911	7426	PEDRO FRANCA	M50		M	02:07:12	02:04:55	00:05:56
1912	7272	FELIPE RODRIGUEZ GUTIERREZ	M35		M	02:07:13	02:06:06	00:05:59
1913	7324	RICARDO BRÁS	Seniores		M	02:07:14	02:06:06	00:05:59
1914	8485	EUGENIA TEIXEIRA	F40		F	02:07:16	01:53:59	00:05:25
1915	8614	FRANCISCO FRAGA	Seniores	FRAGA	M	02:07:18	01:49:15	00:05:11
1916	8739	ANDRE NOVAIS	M40		M	02:07:19	02:06:01	00:05:59
1917	8653	TIAGO SOARES	Seniores	QUASE CORREDORES	M	02:07:19	02:05:31	00:05:57
1918	8657	DIOGO LOURENÇO	Seniores		M	02:07:20	02:06:04	00:05:59
1919	6856	SÉRGIO GOMES	Seniores	GET RUNNING	M	02:07:20	01:52:52	00:05:21
1920	8504	SÉRGIO SANTOS	Seniores	PASCOALITOS	M	02:07:21	01:59:59	00:05:42
1921	6203	ANTÓNIO GOMES	M35		M	02:07:22	02:06:33	00:06:00
1922	6486	FILIFE JORGE MENDES CARVALHO	Seniores		M	02:07:23	01:51:17	00:05:17
1923	5199	ANA SOUSA	Seniores		F	02:07:23	02:05:14	00:05:57
1924	6957	ISABEL CAVADAS	Seniores		F	02:07:24	02:06:24	00:06:00
1925	7455	ANTÓNIO LÍRIO	M40		M	02:07:24	02:05:20	00:05:57
1926	6805	DINIS PEREIRA	M40		M	02:07:26	01:53:52	00:05:24
1927	8863	JOSÉ ANDRADE	Seniores	MOUNTAIN TRAILS	M	02:07:27	02:05:52	00:05:58
1928	5486	DANIEL CRISTIANO GRENHA FONSECA	M35		M	02:07:30	01:52:32	00:05:21
1929	8439	ANA CLAUDIA PISSARRA	F40	GINÁSIO FIT4FUN	F	02:07:32	02:06:20	00:06:00
1930	5111	PEDRO BASTOS	M35		M	02:07:33	02:06:20	00:06:00
1931	8661	ABÍLIO TEIXEIRA	Seniores	GRUPO DE ATLETAS AMADORES DE ERMESINDE	M	02:07:34	02:06:19	00:06:00
1932	7497	MÓNICA VILELA	Seniores	SAI DA FRENTE	F	02:07:35	02:06:07	00:05:59
1933	5113	SUSANA BASTOS	F35	GINASIO FIT4FUN	F	02:07:36	02:06:23	00:06:00
1934	8979	DARIO GIL	M35	KEMEDO TEAM	M	02:07:37	02:05:40	00:05:58
1935	6012	DANIEL LEITÃO	M50	MONSTERS RUNNING CLUB	M	02:07:38	02:07:31	00:06:03
1936	8659	EDUARDO PAIS	Seniores	GRUPO DE ATLETAS AMADORES DE ERMESINDE	M	02:07:40	02:06:25	00:06:00
1937	7874	ALTINO SILVA	M50		M	02:07:42	01:57:04	00:05:33
1938	7108	CARLOS FRANCO	M40	SERVIÇOS SOCIAIS MONTEPIO GERAL	M	02:07:43	02:06:41	00:06:01

Lugar	Dorsal	Nome	Escalão	Equipa	Sexo	Tempo	Chip	Ritmo
1939	5114	NUNO SILVA	M35		M	02:07:45	02:06:25	00:06:00
1940	5306	RUI SCHUMACHER SCHUMACHER	M40		M	02:07:45	01:51:19	00:05:17
1941	7341	MARIA VALE VALE	F45	CORRER VISEU	F	02:07:48	01:54:31	00:05:26
1942	8143	PAULO MARTINS	Seniores		M	02:07:48	02:06:09	00:05:59
1943	5947	MIGUEL OLIVEIRA	M40	SEMPRE EM FORMA	M	02:07:49	01:51:39	00:05:18
1944	5946	NUNO REIS	M35	SEMPRE EM FORMA	M	02:07:49	01:51:40	00:05:18
1945	8176	JAIME ANTUNES	Seniores		M	02:07:53	02:06:15	00:06:00
1946	8390	VASCO GRANJA	M50	NAMADORES	M	02:07:55	01:54:41	00:05:27
1947	8951	JOÃO LOPES	Seniores	RITUAL DOS PETISCOS ATHLETIC TEAM	M	02:07:56	02:07:14	00:06:02
1948	7650	MARIA GONÇALVES	Seniores		F	02:08:00	01:58:31	00:05:38
1949	5812	SERGIO SANTOS	Seniores	LEVANTA POEIRA	M	02:08:01	02:06:31	00:06:00
1950	6633	RICARDO FONTE	M35		M	02:08:01	02:06:46	00:06:01
1951	8029	ANTÓNIO CORREIA	Seniores		M	02:08:03	02:06:52	00:06:01
1952	6167	MAURO OLIVEIRA VIANA	Seniores		M	02:08:03	02:07:05	00:06:02
1953	6753	HELDER RODRIGUES	Seniores		M	02:08:03	02:07:57	00:06:04
1954	6752	ALDA RIBEIRO	Seniores		F	02:08:04	02:07:04	00:06:02
1955	5256	CARLA BARROS	Seniores		F	02:08:08	02:07:29	00:06:03
1956	8919	LUÍS MOTA	M40		M	02:08:08	01:57:13	00:05:34
1957	6020	JOAQUIM SILVA	Seniores		M	02:08:09	02:07:30	00:06:03
1958	6506	VASCO MATIAS DOS REIS ALMEIDA MATIAS	Seniores		M	02:08:12	01:57:40	00:05:35
1959	6270	JOÃO RAMALHÃO	M35		M	02:08:12	01:57:29	00:05:35
1960	8676	RICARDO PINTO	Seniores		M	02:08:13	01:57:16	00:05:34
1961	6689	HUGO FILIPE CADETE	M35		M	02:08:14	02:06:06	00:05:59
1962	6612	CRISTINA ALEIXO	F40		F	02:08:15	02:05:54	00:05:59
1963	7029	CASIMIRO FERNANDES FERNANDES	M55	GRUPO OS BARRIGAS	M	02:08:18	02:06:36	00:06:01
1964	7597	ANTÓNIO FREITAS	M60		M	02:08:20	02:06:42	00:06:01
1965	7655	MARCO MAGALHÃES	M35		M	02:08:20	01:51:29	00:05:18
1966	6782	FLÁVIA XAVIER	Seniores	TURBULENTOS	F	02:08:22	02:07:53	00:06:04
1967	6751	ISABEL MARQUES	F35	TURBOLENTOS	F	02:08:23	02:07:54	00:06:04
1968	5590	SORAIA VITORIANO	Seniores		F	02:08:23	01:58:33	00:05:38
1969	6771	JOAO FONSECA	M45		M	02:08:26	02:07:01	00:06:02
1970	8644	MARIA DO CÉU CARVALHO	F40	TARTARUGAS SOLIDARIAS	F	02:08:26	02:07:34	00:06:03
1971	7925	ANTÓNIO PEREIRA	M35		M	02:08:30	01:56:55	00:05:33
1972	6598	MANUELA FARIA	F40		F	02:08:30	01:56:57	00:05:33
1973	5939	RUI FILLIPE BROCHADO BROCHADO	M50		M	02:08:30	01:57:43	00:05:35
1974	6560	PEDRO BARBOSA	Seniores		M	02:08:33	01:55:36	00:05:29
1975	8182	LEONEL CARLOS CARDOSO TEIXEIRA PINTO	M45		M	02:08:37	02:06:47	00:06:01
1976	5778	DANIEL FACEIRA	M35		M	02:08:42	02:08:04	00:06:05
1977	6933	ANTÓNIO TAVARES	Juniores		M	02:08:44	02:08:20	00:06:05
1978	7724	JOSÉ ABRAÃO AZEVEDO PEREIRA	M40		M	02:08:44	02:06:48	00:06:01
1979	8141	SIN DATOS DEL DORSAL 8141	Seniores		M	02:08:47	02:06:25	00:06:00
1980	8847	NUNO LOPES	M40	RUN BUDDY RUN	M	02:08:52	02:07:36	00:06:03
1981	5889	FERNANDO ANDRADE	M50	GRUPO DESPORTIVO FERROVIARIOS CAMPANHA	M	02:08:53	01:56:46	00:05:33
1982	5828	RUI COSTA	Seniores		M	02:08:54	02:07:59	00:06:04
1983	5600	JOSÉ PEDRO VIEIRA BARROS	M35		M	02:08:54	01:55:27	00:05:29
1984	6228	FERNANDO VENDA	M55		M	02:08:58	01:57:49	00:05:36
1985	8604	SIN DATOS DEL DORSAL 8604	Seniores		M	02:08:58	02:07:48	00:06:04
1986	8407	ALBANO ALVES	M55	AÇOREANA CLUBE BANIF	M	02:08:58	02:08:38	00:06:06
1987	5104	RUI PEIXOTO	M45	BICADÉMIA GINÁSIO	M	02:08:59	02:07:50	00:06:04
1988	6988	FÁBIO JOEL PEREIRA MIRANDA MIRANDA	Seniores		M	02:09:00	02:08:21	00:06:05
1989	5723	MÁRIO MARTINS	M35		M	02:09:00	02:07:32	00:06:03

Lugar	Dorsal	Nome	Escalão	Equipa	Sexo	Tempo	Chip	Ritmo
1990	6678	ELINA MATONSE	Seniores		F	02:09:01	02:08:40	00:06:06
1991	7486	SALVADOR ENES FERREIRA	M35		M	02:09:02	02:08:34	00:06:06
1992	7420	JOSÉ MIRANDA	Seniores		M	02:09:04	01:50:01	00:05:13
1993	6466	VICTOR JORGE VITAL GOANÇALVES	Seniores		M	02:09:05	01:51:32	00:05:18
1994	6773	MARIA DEOLINDA DA COSTA PINTO PINTO	F55	SEM NOME	F	02:09:05	02:07:32	00:06:03
1995	7261	MIGUEL LOPES	M35		M	02:09:09	01:56:17	00:05:31
1996	7058	PEDRO NUNO RAJÃO RAMOS	M35		M	02:09:09	02:06:31	00:06:00
1997	8715	FERNANDO FAUSTINO FAUSTINO	M50	BOSCH TERMOTECNOLOGIA SA	M	02:09:11	01:57:00	00:05:33
1998	8770	JOSÉ SOUSA	M35		M	02:09:11	01:47:46	00:05:07
1999	5738	JOAO ORVALHO	M50		M	02:09:11	02:08:53	00:06:07
2000	7574	VITOR RAFAEL	M50		M	02:09:14	02:08:12	00:06:05
2001	8181	FRANCISCO ALVARO ARAUJO TIAGO	M40		M	02:09:14	02:07:49	00:06:04
2002	5005	ANTÔNIO RAFAEL FREITAS	Seniores		M	02:09:18	02:02:40	00:05:49
2003	8849	NUNO SOBRAL	M35	RUN BUDDY RUN	M	02:09:19	02:08:01	00:06:05
2004	5491	GONCALO ESCOBAR	Seniores	PORTO RUNNERS	M	02:09:19	01:52:05	00:05:19
2005	5806	RUI FREITAS	M40		M	02:09:20	02:08:52	00:06:07
2006	5935	CARLOS DANIEL BESSA	M40		M	02:09:20	02:08:46	00:06:07
2007	5305	JOSE REGO	M40		M	02:09:26	01:53:09	00:05:22
2008	5038	MANUEL QUEIROS RIBEIRO	M55	PORTO RUNNERS	M	02:09:32	02:07:49	00:06:04
2009	7339	VICTOR FIGUEIREDO	M40		M	02:09:32	01:55:48	00:05:30
2010	6413	RICARDO TEIXEIRA	Seniores		M	02:09:34	01:59:40	00:05:41
2011	5510	FILIPE RAMOS	M35		M	02:09:34	02:09:25	00:06:09
2012	8781	NATÁLIA MILAGAIA	F35		F	02:09:35	01:58:07	00:05:36
2013	5915	LUCIANA FERNANDES	Seniores	RORIZ	F	02:09:38	02:07:24	00:06:03
2014	6774	JORGE FILIPE SOUSA ROÇAS	Seniores		M	02:09:40	02:09:28	00:06:09
2015	8500	RUI MESQUITA	M35	CARICAS-GIMTÓNICO	M	02:09:40	02:08:49	00:06:07
2016	5229	JÚLIA ROCHA	F40	FALCÕES SELVAGENS	F	02:09:40	02:08:46	00:06:07
2017	5248	ROSSANA SANTOS	F35	CARICAS-GIMTÓNICO	F	02:09:40	02:08:51	00:06:07
2018	5644	HELDER SILVA	Seniores	4RUN	M	02:09:42	01:54:48	00:05:27
2019	8023	JOHN ROBERT FERNANDES MACHADO	M35		M	02:09:45	02:08:12	00:06:05
2020	5479	CECILIA GODINHO	F50		F	02:09:46	02:08:51	00:06:07
2021	8812	LUÍS ALVES	M45		M	02:09:46	02:08:34	00:06:06
2022	6433	CRISTINA MONTEIRO	F35	CORRER VISEU	F	02:09:47	01:56:13	00:05:31
2023	6435	VIRIATO COELHO	M40		M	02:09:47	01:56:14	00:05:31
2024	6641	EMILIA GAZETTA	F45		F	02:09:47	02:08:32	00:06:06
2025	5003	SERAFIM MONTEIRO	M35		M	02:09:48	02:07:53	00:06:04
2026	7557	CARLA MARISA BARROS	F35		F	02:09:49	02:08:40	00:06:06
2027	8167	RENATO VIANA	M40		M	02:09:49	02:08:40	00:06:06
2028	8338	JOÃO PEDRO MENDES VIEGAS	Seniores		M	02:09:51	02:01:07	00:05:45
2029	7672	HENRIQUE MEIRELES	Seniores		M	02:09:52	01:47:48	00:05:07
2030	5916	FERNANDA ALMEIDA	F60		F	02:09:52	02:07:38	00:06:03
2031	7074	RICARDO FELIBERTO	M35		M	02:09:53	02:07:54	00:06:04
2032	7370	JOÃO PROSIL SAMPAIO	Seniores		M	02:09:54	02:08:00	00:06:05
2033	5914	MARCOS GOMES	Seniores	RORIZ	M	02:09:55	02:07:40	00:06:04
2034	6415	SÓNIA AMORIM AZEVEDO	Seniores	AMORIM	F	02:09:58	02:09:24	00:06:08
2035	8075	DAVID MAGALHÃES	Seniores		M	02:09:59	02:07:29	00:06:03
2036	5238	JOÃO MARQUES	M35	FIAT NAVIRGE	M	02:09:59	02:07:53	00:06:04
2037	8833	EDUARDO BRITO	M40		M	02:10:00	02:08:23	00:06:06
2038	7742	MIGUEL PIRES	M35		M	02:10:06	01:55:59	00:05:30
2039	5665	HELDER ALVES	Seniores		M	02:10:07	02:07:48	00:06:04
2040	8054	PEDRO PIRES ALBERTO	M35		M	02:10:08	02:01:56	00:05:47



Lugar	Dorsal	Nome	Escalão	Equipa	Sexo	Tempo	Chip	Ritmo
2041	6981	ANA GONÇALVES	Seniores		F	02:10:08	01:53:57	00:05:25
2042	7007	ARTUR CARVALHAL	M35		M	02:10:10	02:09:12	00:06:08
2043	5164	JOAO MATOS	M50		M	02:10:10	02:08:43	00:06:07
2044	8082	RENATO PASCOAL	M35	DOIS	M	02:10:13	02:07:43	00:06:04
2045	8081	FILIFE MANUEL SILVA	M35	DOIS	M	02:10:14	02:07:44	00:06:04
2046	6578	VERONIQUE CHAMPENOIS	F45		F	02:10:14	02:08:48	00:06:07
2047	7376	CARLOS CARVALHO	Seniores		M	02:10:14	01:55:22	00:05:29
2048	6015	JOSÉ ALMEIDA	M40	CORGAS CLUB	M	02:10:15	02:09:43	00:06:09
2049	7949	ANDRÉ GUIMARAES	M35	POTEEEEENTES	M	02:10:16	02:10:13	00:06:11
2050	6426	COELHO FERREIRA FERREIRA	M60	GRUPO DESPORTIVO BANCO PORTUGAL	M	02:10:16	02:08:21	00:06:06
2051	6718	LUIS ALMEIDA	M35		M	02:10:16	01:57:40	00:05:35
2052	6717	LUIS PAULO	M40		M	02:10:16	01:57:40	00:05:35
2053	8665	LUIS MIGUEL GONCALVES CARDOSO	M40		M	02:10:19	02:08:17	00:06:05
2054	8932	SOFIA MARGARIDA GOMES LOURENCO CARDOSO	Seniores		F	02:10:19	02:08:17	00:06:05
2055	8108	CARLOS SIMOES SIMOES	M50	OS SANTA APOLONIA	M	02:10:23	02:02:07	00:05:48
2056	6798	PAOLO POZZAN	M40		M	02:10:23	02:10:09	00:06:11
2057	8806	CRISTINA RIO	F35		F	02:10:24	01:59:50	00:05:41
2058	6430	FILIPA ALVES CUNHA MOREIRA MOREIRA	Seniores	ALWAYS TOGETHER	F	02:10:29	02:09:26	00:06:09
2059	6638	NUNO QUINTANEIRO	Seniores		M	02:10:30	02:08:18	00:06:05
2060	7313	ANA MARIA TEIXEIRA RODRIGUES RODRIGUES NÃO TENHO	F60		F	02:10:33	02:09:13	00:06:08
2061	8621	VITOR FERREIRA	M40		M	02:10:34	02:10:04	00:06:10
2062	6265	TIAGO BESSA PINTO LEITE	M35		M	02:10:38	01:53:15	00:05:23
2063	6458	NUNO WONG	Seniores	SAWADEE	M	02:10:42	01:57:31	00:05:35
2064	5315	PAULO REGO	M35		M	02:10:42	01:54:26	00:05:26
2065	6259	JORGE MIGUEL PEREIRA FERREIRA	Seniores		M	02:10:44	01:59:02	00:05:39
2066	8920	HELDER COSTA	M35		M	02:10:44	01:55:53	00:05:30
2067	7649	JOAO CRUZ	M40		M	02:10:53	01:54:39	00:05:27
2068	8741	FRANCISCO ALVES	M60		M	02:10:53	02:09:12	00:06:08
2069	7311	RODRIGO BARBOSA	M35		M	02:10:55	02:09:02	00:06:07
2070	8617	HUGO SIMÕES	Seniores		M	02:10:55	02:04:16	00:05:54
2071	6654	VITOR MANUEL JACOB ESTRELA	M45	EDV-VIANATRIL	M	02:10:59	02:10:00	00:06:10
2072	6649	NEUZA CATARINA MORGADO DA FONTE CARIDADE	Seniores	EDV-VIANATRIL	F	02:10:59	02:10:00	00:06:10
2073	8546	AGOSTINHO CERQUEIRA	M50	KORPUS ACADEMIA SAUDE ESTETICA	M	02:11:00	02:10:22	00:06:11
2074	6826	ARTUR PINHO	Seniores	MALUQUINHOS DAS 07:20	M	02:11:02	02:08:56	00:06:07
2075	6825	PEDRO RAMOS	M35	MALUQUINHOS DAS 07:20	M	02:11:04	02:08:58	00:06:07
2076	6013	RICARDO FERREIRA JESUS	M40	MONSTERS RUNNING CLUB	M	02:11:04	02:10:57	00:06:13
2077	5768	FILIPA FRANCO	Seniores		F	02:11:07	02:10:34	00:06:12
2078	5926	VITOR SILVA	M40		M	02:11:08	02:10:35	00:06:12
2079	5061	JOSE PIRES	M40		M	02:11:10	01:55:06	00:05:28
2080	8777	JOANA FERNANDES	Seniores		F	02:11:11	02:09:15	00:06:08
2081	8934	FRANCISCO CERQUEIRA	M40	MARATONISTAS DO MINHO	M	02:11:13	02:09:28	00:06:09
2082	8940	MARIA SILVIA VIANA	F35	MARATONISTAS DO MINHO	F	02:11:13	02:09:28	00:06:09
2083	5639	DIOGO SANTOS	M35		M	02:11:13	02:04:31	00:05:55
2084	7994	TERESINHA CASTRO	F35	POTEEEEENTES	F	02:11:14	02:11:14	00:06:14
2085	5001	MÁRIO JORGE GOMES ALBERTO DIAS	M35		M	02:11:16	02:09:21	00:06:08
2086	6583	CATARINA RIBEIRO	Seniores		F	02:11:16	02:08:50	00:06:07
2087	5704	RICARDI ALVES	Seniores		M	02:11:16	02:08:50	00:06:07
2088	5827	CARLOS BANDEIRA DUARTE	M45		M	02:11:17	02:10:23	00:06:11
2089	5125	ANA SOUSA GOMES	Seniores		F	02:11:19	02:09:25	00:06:09
2090	7162	ADELINO SILVA	M60	EX KAGADOS	M	02:11:20	02:09:28	00:06:09
2091	5717	LUÍS MIGUEL RIBEIRO	M40	CLUBE GBES - DELEGAÇÃO DO NORTE	M	02:11:21	02:00:21	00:05:43

Lugar	Dorsal	Nome	Escalão	Equipa	Sexo	Tempo	Chip	Ritmo
2092	5729	HUGO ALEXANDRE MESQUITA	M40	CLUBE GBES - DELEGAÇÃO DO NORTE	M	02:11:21	02:00:21	00:05:43
2093	6194	PAULO PINHO	M50		M	02:11:23	02:09:25	00:06:09
2094	7479	RUI PARADA	M35		M	02:11:24	02:09:07	00:06:08
2095	7332	MARCIO CORREIA	M35	FOGAÇAS	M	02:11:24	02:09:11	00:06:08
2096	7416	MÁRIO PIRES	Seniores		M	02:11:26	02:10:10	00:06:11
2097	6243	JOAO LIMA	Seniores		M	02:11:27	02:10:00	00:06:10
2098	6890	MIGUEL CABUGUEIRA	M35		M	02:11:31	02:09:49	00:06:10
2099	5168	ISA FILIPA CARVALHO	Seniores	GR- GRANDES ROTAS CLUBE	F	02:11:31	02:09:23	00:06:08
2100	5093	ARTUR MONTEIRO	M50	HPP PORTO	M	02:11:32	01:54:30	00:05:26
2101	5167	SANDRINA SILVA	F35	GR- GRANDES ROTAS CLUBE	F	02:11:32	02:09:24	00:06:08
2102	5530	SYLVIE BATISTA	F35		F	02:11:35	02:10:42	00:06:12
2103	7363	ANTÓNIO JOSÉ CORDEIRO BONITO	Seniores		M	02:11:37	02:09:00	00:06:07
2104	6001	JOSÉ MARIA MARTINS DE SOUSA	M55		M	02:11:37	02:09:14	00:06:08
2105	5221	HUGO COSTA	M40		M	02:11:48	02:11:42	00:06:15
2106	5672	JOAQUIM COSTA ALMEIDA	M55		M	02:11:49	01:59:04	00:05:39
2107	6267	RICARDO TORRES SOUSA SOUSA	Seniores		M	02:11:49	01:54:37	00:05:26
2108	8348	RUI DINIS	Seniores		M	02:11:52	02:09:45	00:06:10
2109	6917	CAROLINA MANHA	Seniores		F	02:11:53	02:10:23	00:06:11
2110	6945	ELISABETE RIBEIRO	F35	A.D. AMARANTE	F	02:11:54	02:10:16	00:06:11
2111	7523	SÉRGIO MARTINHO	Seniores		M	02:11:54	02:10:27	00:06:11
2112	7521	VANESSA RUAS MARTINHO	Seniores		F	02:11:54	02:10:27	00:06:11
2113	8772	MIGUEL ANGELO LOUREIRO	M35		M	02:11:55	01:55:17	00:05:28
2114	6508	JOÃO LEAL	M35	HEI!JEI!	M	02:11:56	02:00:47	00:05:44
2115	7055	NUNO ANDRADE	Seniores	SWATRINNERS	M	02:11:57	02:09:19	00:06:08
2116	8623	CRISTOVÃO MACIEL	M50		M	02:11:57	01:55:19	00:05:28
2117	6658	MARCO COSTA	Seniores		M	02:12:00	02:09:42	00:06:09
2118	8049	JOEL SILVA	M35	FISCO	M	02:12:01	02:10:49	00:06:13
2119	5109	ISABEL FERREIRA	Seniores	GINASIO FIT4FUN	F	02:12:02	02:10:49	00:06:13
2120	8774	PEDRO VINAGRE	Seniores		M	02:12:02	02:10:04	00:06:10
2121	8722	LUCIO TAVARES	Seniores	SELMATRON	M	02:12:03	02:09:56	00:06:10
2122	6758	FREDERICO MONIZ	M35		M	02:12:04	02:10:21	00:06:11
2123	7740	JOSÉ CARLOS RAMOS	M55		M	02:12:05	01:55:50	00:05:30
2124	5014	ANTONIO SA CUNHA	M45	PORTO RUNNERS	M	02:12:06	02:01:21	00:05:46
2125	8104	VITOR REIS	M40		M	02:12:06	02:10:52	00:06:13
2126	5902	TIAGO FRUTUOSO	M35		M	02:12:13	02:10:27	00:06:11
2127	7535	BRUNO LACERDA	Seniores		M	02:12:14	02:12:04	00:06:16
2128	7760	HERMINIO AUGUSTO MOITA MOITA	M55		M	02:12:16	02:05:36	00:05:58
2129	8909	REINALDO LOPES	M45		M	02:12:17	01:59:10	00:05:39
2130	5107	PEDRO FERREIRINHA	Seniores		M	02:12:25	02:10:01	00:06:10
2131	8352	ÁLVARO PINTO	M40		M	02:12:26	02:01:49	00:05:47
2132	5057	ADRIANO FRAGOSO	M60		M	02:12:26	02:11:32	00:06:15
2133	8971	EUGÉNIA LOPES	F45	ESTRELA CAMPO DE AVIAÇÃO FC	F	02:12:29	02:10:58	00:06:13
2134	7534	FERNANDA CARDOSO	F50		F	02:12:31	02:03:45	00:05:52
2135	5083	SANDRA FREITAS	F35		F	02:12:32	02:10:00	00:06:10
2136	8782	SUSANA ALMEIDA	F40		F	02:12:32	02:10:36	00:06:12
2137	8581	FERNANDO VIEIRA	M55		M	02:12:36	01:56:32	00:05:32
2138	7020	JOÃO CARLOS DA COSTA APOLINÁRIO	Seniores		M	02:12:36	01:57:59	00:05:36
2139	7340	CELINA ALMEIDA	F40	CORRER VISEU	F	02:12:38	01:59:16	00:05:40
2140	7670	JORGE SILVA	M40		M	02:12:43	01:56:37	00:05:32
2141	6617	ANGELA MOITA	F40	CORRIDAS DE PERNAS PRO AR	F	02:12:45	02:10:59	00:06:13
2142	8778	JOSE PINTO DE MOURA MOURA	M35		M	02:12:46	02:10:39	00:06:12

Lugar	Dorsal	Nome	Escalão	Equipa	Sexo	Tempo	Chip	Ritmo
2143	5092	HÉBER SANTOS	Seniores		M	02:12:51	02:12:47	00:06:18
2144	7943	TIAGO CARVALHO	Seniores	POTEEENTES	M	02:12:51	02:12:51	00:06:18
2145	6947	DAVIDE PINHEIRO	M40	A.D. AMARANTE	M	02:12:58	02:11:20	00:06:14
2146	8476	JORGE COSTA	M35	CAETANO RUNNERS	M	02:12:58	02:10:52	00:06:13
2147	7225	ELIAS CASTRO	M50	TAIPAS	M	02:13:00	02:11:19	00:06:14
2148	5494	NUNO MIGUEL TIAGO MACEDO MACEDO	Seniores		M	02:13:01	01:54:56	00:05:27
2149	7762	CARLOS CARVALHO	Seniores		M	02:13:01	01:56:00	00:05:30
2150	6819	SANDRA SOUSA	F35		F	02:13:03	02:11:00	00:06:13
2151	5496	SERAFIM COUTINHO	M55		M	02:13:04	02:04:37	00:05:55
2152	6451	JOÃO VIEIRA MENDES	M35		M	02:13:05	02:11:59	00:06:16
2153	6516	PAULO ALMEIDA	M40		M	02:13:07	02:03:09	00:05:51
2154	6838	JOÃO CARVAS	M45		M	02:13:09	02:11:34	00:06:15
2155	7751	NUNO DE OLIVEIRA	Seniores		M	02:13:10	01:55:57	00:05:30
2156	7761	PEDRO SILVA	M35	CCD - RENAULT, CACIA	M	02:13:10	02:01:17	00:05:45
2157	7424	PAULO LORENZO SOARES	M40		M	02:13:14	02:10:57	00:06:13
2158	7734	PAULO TEIXEIRA	M40		M	02:13:14	02:02:00	00:05:47
2159	8960	JORGE SILVA	Seniores	RITUAL DOS PETISCOS ATHLETIC TEAM	M	02:13:14	02:12:32	00:06:17
2160	7595	PATRÍCIA MARIA RIBEIRO	F35		F	02:13:17	02:12:36	00:06:18
2161	6258	FEDERICO MARTINEZ	M40	FIBRINOGENIO	M	02:13:19	01:56:29	00:05:32
2162	7589	NUNO CUNHA GOMES	Seniores	MOOVE RUNNING TEAM	M	02:13:23	02:03:19	00:05:51
2163	7464	JOÃO MIGUEL MAURICIO	Seniores		M	02:13:25	02:12:15	00:06:17
2164	8122	CLÁUDIA PEREIRA	F35		F	02:13:25	02:12:24	00:06:17
2165	7563	JOSE LEVY AIRES	Seniores		M	02:13:26	02:12:50	00:06:18
2166	7929	FILIFE FERREIRA DA COSTA	Seniores		M	02:13:26	02:13:19	00:06:20
2167	8300	FILIFE CONCEICAO	M35		M	02:13:28	02:03:01	00:05:50
2168	8466	HUGO SILVA	M35	CAETANO RUNNERS	M	02:13:29	02:11:20	00:06:14
2169	8119	KIM SCHOUTEN	Seniores		F	02:13:31	02:12:30	00:06:17
2170	7914	IVO FIGUEIROA	Seniores		M	02:13:32	02:04:05	00:05:53
2171	6561	FILIFE MIGUEL MARTINS DA SILVA	Seniores		M	02:13:32	02:04:03	00:05:53
2172	8123	JOAO PINTO	M40		M	02:13:35	02:12:26	00:06:17
2173	7310	JOSE MARIA ALVES	Seniores		M	02:13:39	02:11:36	00:06:15
2174	5250	CARLOS ALBERTO DO CARMO OLIVEIRA	M55		M	02:13:42	01:59:57	00:05:42
2175	6233	DANIEL ALMEIDA	Seniores		M	02:13:42	01:54:34	00:05:26
2176	6532	PAULO MACHADO	M45		M	02:13:43	01:54:16	00:05:25
2177	8590	JOAQUIM FERREIRA	M40		M	02:13:45	01:57:41	00:05:35
2178	8727	RUI FILIFE MORAIS PEREIRA COUTO	Seniores		M	02:13:46	02:12:00	00:06:16
2179	6477	TIAGO SALGUEIRO	Seniores	SAWADEE	M	02:13:47	02:00:38	00:05:44
2180	5913	EDUARDO PINTO	M40		M	02:13:48	02:11:44	00:06:15
2181	6994	LUÍS VARELA	Seniores		M	02:13:49	02:11:34	00:06:15
2182	5583	NUNO SILVA	Seniores	BALANTUNA TRAIL	M	02:13:50	02:00:53	00:05:44
2183	7620	NUNO MALHEIRO	M35		M	02:13:50	01:57:30	00:05:35
2184	8898	JOSE RICARDO LEANDRO REBELO CABRAL DE ALMEIDA	M35		M	02:13:51	02:12:02	00:06:16
2185	6739	PEDRO ALVES	M35	CLUBE MILLENNIUMBCP	M	02:13:53	01:57:14	00:05:34
2186	7048	JOAO MACEDO	Seniores	RUN ME...IM FAMOUS	M	02:13:56	02:01:46	00:05:47
2187	6998	CLÁUDIA ANDRADE	Seniores		F	02:13:57	02:13:03	00:06:19
2188	5918	ANA DUARTE	Seniores		F	02:13:57	02:13:24	00:06:20
2189	5885	AURORA SOARES	Seniores		F	02:13:57	02:13:24	00:06:20
2190	5919	CARLOS GOUVEIA	Seniores		M	02:13:57	02:13:24	00:06:20
2191	8354	PEDRO FERRAZ	M35	ENGINEERING ON THE MOVE - POWERED BY HEXAWATT	M	02:13:58	02:05:11	00:05:56
2192	7487	ALBERTO CARDOSO	M35		M	02:14:02	02:12:14	00:06:17
2193	7733	ALVARO VAZ	M60		M	02:14:09	02:01:37	00:05:46

Lugar	Dorsal	Nome	Escalão	Equipa	Sexo	Tempo	Chip	Ritmo
2194	6835	LUIS ANTÓNIO PINTO PEREIRA	M50		M	02:14:10	02:13:56	00:06:21
2195	5155	CRISTINA ALEXANDRA SANTOS	F35		F	02:14:11	02:12:21	00:06:17
2196	6522	NUNO MIGUEL GUIMARÃES PEREIRA FERNANDES	Seniores	SOCIEDADE RECREIO CEPANENSE	M	02:14:14	02:04:07	00:05:53
2197	8189	JOAQUIM RODRIGUES	M40		M	02:14:14	02:04:13	00:05:54
2198	8840	GABRIEL SANTOS	M35		M	02:14:15	02:13:05	00:06:19
2199	8077	RICARDO MONTEIRO	M35	PERNETAS	M	02:14:17	02:11:59	00:06:16
2200	5311	FRANCISCO MONTEIRO	M55		M	02:14:18	02:12:36	00:06:18
2201	5801	STELA CRISTINA CHOUKRI	F55		F	02:14:18	02:13:22	00:06:20
2202	7428	MÁRIO TEIXEIRA	M40		M	02:14:23	01:58:02	00:05:36
2203	5692	NUNO SALGADO	M35	CORREDORES NOCTURNOS DE PAREDES	M	02:14:25	02:01:10	00:05:45
2204	8970	HÉLDER FONSECA	Seniores	HOLMES PLACE ARRÁBIDA	M	02:14:26	02:04:27	00:05:54
2205	5154	ANGELA LOPES	F45		F	02:14:28	02:13:51	00:06:21
2206	5166	JOAQUIM BRITO	Seniores		M	02:14:33	02:12:42	00:06:18
2207	5960	FERNANDO PORTELA SILVA	Seniores		M	02:14:33	02:13:53	00:06:21
2208	6869	EGIL SILVA	Seniores	XUMBO TEAM	M	02:14:38	01:59:22	00:05:40
2209	5245	ANDRÉ MARÇAL	M40		M	02:14:38	02:14:24	00:06:23
2210	5172	ANA EDRA	Seniores		F	02:14:39	02:12:16	00:06:17
2211	5171	LIA SANTOS	Seniores		F	02:14:39	02:12:17	00:06:17
2212	5173	SELMA MALTA	Seniores		F	02:14:39	02:12:16	00:06:17
2213	6158	MIGUEL LOPES	M35	OSD RUNNERS	M	02:14:41	02:13:01	00:06:19
2214	5201	PAULO BORGES BORGES	M35	OS SALOIOS	M	02:14:44	02:12:10	00:06:16
2215	6974	CAROLINA SILVA	F35		F	02:14:45	02:14:33	00:06:23
2216	8441	ANTÓNIO JORGE COSTA	M50	GINÁSIO FIT4FUN	M	02:14:49	02:13:35	00:06:20
2217	6160	NUNO SOUSA	M35		M	02:14:52	01:59:56	00:05:42
2218	8749	PAULO JORGE CARDOSO GOMES	M40		M	02:14:53	02:13:23	00:06:20
2219	8310	LUIS PAULO LADEIRA RODRIGUES	M35		M	02:14:58	02:01:43	00:05:47
2220	6884	JOSÉ DOS ANJOS GAIA JR	M60		M	02:14:59	02:13:22	00:06:20
2221	7254	PEDRO LEMOS	Seniores	IVM	M	02:15:03	01:59:27	00:05:40
2222	7255	CÉLIA PEREIRA	Seniores	IVM	F	02:15:03	01:59:29	00:05:40
2223	6221	MANUEL AUGUSTO GONÇALVES RODRIGUES	M40		M	02:15:04	01:59:05	00:05:39
2224	7392	JOANA CAMBAS	Seniores	JUNGLE SPEED	F	02:15:07	02:13:14	00:06:19
2225	7393	RICARDO DIAS	Seniores	JUNGLE SPEED	M	02:15:07	02:13:14	00:06:19
2226	8347	RICARDO GOMES	M35		M	02:15:13	02:02:19	00:05:48
2227	6572	BRUNO FERREIRA	Seniores		M	02:15:14	01:59:54	00:05:41
2228	5898	PEDRO FERREIRA	M40		M	02:15:16	02:01:58	00:05:47
2229	5513	RUI CABEÇA	Seniores		M	02:15:22	02:07:03	00:06:02
2230	6558	LUIS MARTINS	Seniores		M	02:15:23	01:59:33	00:05:40
2231	7089	CUSTÓDIO PAULO ALVES	M45	CENTRO MUNICIPAL DE MARCHA E CORRIDA DE S. JO	M	02:15:24	02:14:41	00:06:24
2232	5035	JOSE MARIA DIAS LEAL	M40	PORTO RUNNERS	M	02:15:25	02:13:11	00:06:19
2233	7303	MARTA CONCEIÇÃO SILVA TORRES VIEIRA	F35	VIEIRA FAMILY	F	02:15:27	02:13:19	00:06:20
2234	5599	MARCOS CARDOSO	Seniores	SPORT TRAINING	M	02:15:30	02:01:33	00:05:46
2235	8184	PEDRO FERREIRA	Seniores	SPORT TRAINING	M	02:15:31	02:01:33	00:05:46
2236	6187	MANUEL ALMEIDA FERNANDES	M50		M	02:15:33	02:14:41	00:06:24
2237	8556	RUI CARDOSO	M40		M	02:15:34	01:59:30	00:05:40
2238	5938	ROQUE AGOSTINHO DE LEMOS MARTINS	M45	FALTA MUITO?	M	02:15:34	02:05:02	00:05:56
2239	5852	ÂNGELA SILVA	F45	GD OS RIBEIRINHOS	F	02:15:35	02:01:53	00:05:47
2240	5130	MARCOS CORREIA	Seniores		M	02:15:37	02:14:34	00:06:23
2241	6855	MARIA JOÃO BENQUERENÇA	F40	SAI DE GATAS BTTEAM	F	02:15:40	02:14:52	00:06:24
2242	6785	MARIA GABRIELA GONCALVES FOLHADELA OLIVEIRA TEIXEIRA MELO	F50		F	02:15:45	02:15:16	00:06:25
2243	8768	FERNANDO PINTO CARVALHO	M60		M	02:15:45	01:54:23	00:05:26
2244	8473	PAULO ALVES	M35	CAETANO RUNNERS	M	02:15:46	02:13:40	00:06:21

Lugar	Dorsal	Nome	Escalão	Equipa	Sexo	Tempo	Chip	Ritmo
2245	7926	SILVIA TOMAS	F35	VIP UNICER	F	02:15:48	01:54:26	00:05:26
2246	7927	DONZILIA SILVA	F40	VIP UNICER	F	02:15:48	01:54:25	00:05:26
2247	5557	RICARDO RIBEIRO	M40	FCR R.	M	02:15:48	01:58:46	00:05:38
2248	8962	LUIS MORAIS	Seniores		M	02:15:50	02:13:34	00:06:20
2249	8966	DINA LOPES	Seniores		F	02:15:51	02:13:35	00:06:20
2250	8620	MARIANA SILVA	F35		F	02:15:51	02:07:08	00:06:02
2251	6498	ALEXANDRE DIAS	Seniores		M	02:15:52	02:03:10	00:05:51
2252	7585	GABRIELA LEITE	F40	ALA ARRIBA	F	02:15:56	02:13:02	00:06:19
2253	7613	DUARTE DUARTE	M35	SAI DA FRENTE	M	02:15:59	02:14:31	00:06:23
2254	6984	PEDRO SILVA	Seniores		M	02:15:59	02:14:13	00:06:22
2255	6437	PAULO XAVIER	M35		M	02:16:00	02:02:23	00:05:49
2256	5227	JORGE FILIPE PIRES	Seniores		M	02:16:01	02:13:51	00:06:21
2257	7171	ACACIO FONSECA	M55	HOTEL MIRA PAIVA	M	02:16:03	02:13:56	00:06:21
2258	6154	ANA DIAS	F35	BUDEGUITA RUNNERS	F	02:16:03	02:02:16	00:05:48
2259	6853	PRISCILA CERDEIRA	F35		F	02:16:06	02:15:49	00:06:27
2260	7290	TIAGO CARVALHO	M35	RUNNERS DO IT BETTER	M	02:16:07	02:14:55	00:06:24
2261	8858	ANA JOÃO MAGALHÃES	Seniores		F	02:16:12	02:15:24	00:06:26
2262	7163	MANUEL JOAQUIM FERREIRA	M60	EX KAGADOS	M	02:16:13	02:14:21	00:06:23
2263	8890	ARTUR NUNES NUNES	M50	BATOTAS	M	02:16:14	02:04:24	00:05:54
2264	7956	RUI SOUSA	Seniores	POTEEEEENTES	M	02:16:14	02:16:08	00:06:28
2265	6990	HUGO CARVALHO	Seniores		M	02:16:16	02:15:37	00:06:26
2266	7186	GOMES DA SILVA	M40	CABALUS	M	02:16:17	02:06:12	00:05:59
2267	7237	SIN DATOS DEL DORSAL 7237	Seniores		M	02:16:18	02:14:37	00:06:23
2268	6152	MARIA DO CARMO LOUREIRO	F40	BUDEGUITA RUNNERS	F	02:16:22	02:00:42	00:05:44
2269	6021	PEDRO PALMA MARTINS	Seniores		M	02:16:23	02:14:38	00:06:23
2270	7016	ANTÓNIO MARTINS	M35		M	02:16:26	02:15:06	00:06:25
2271	8186	RENATO TAVARES	Seniores		M	02:16:31	02:04:12	00:05:54
2272	8725	JORGE MILTON BRASIL	M50		M	02:16:33	02:15:40	00:06:26
2273	8502	JULIE BRASIL	F50		F	02:16:33	02:15:40	00:06:26
2274	8684	MÁRIO LEANDRO	M40		M	02:16:37	02:14:24	00:06:23
2275	7490	INES BARROSO ALVES	F40		F	02:16:38	02:15:57	00:06:27
2276	8065	RICARDO FERREIRA	Seniores	OS PERNETAS	M	02:16:39	02:14:22	00:06:23
2277	8126	CARINA CUNHA	Seniores	CLUBE GBES - DELEGAÇÃO DO NORTE	F	02:16:39	02:14:22	00:06:23
2278	8503	IVÓNIO DIOGO TEIXEIRA MARTINS	Seniores	PASCOALITOS	M	02:16:41	02:05:33	00:05:58
2279	7569	SALOME GOMES	Seniores		F	02:16:44	02:16:00	00:06:27
2280	7421	JOAQUIM MACHADO MACHADO	M60	C.C.D. DAS AUTARQUIAS DE ALMADA	M	02:16:47	02:16:26	00:06:29
2281	7667	MARK REYNOLDS	Seniores		M	02:16:49	02:14:36	00:06:23
2282	7468	ALAN STONE	M55		M	02:16:50	02:14:05	00:06:22
2283	8645	JOSÉ RAIMUNDO	M55		M	02:16:50	02:15:00	00:06:24
2284	5068	HUGO FERNANDES	Seniores		M	02:16:52	02:06:26	00:06:00
2285	5781	JOSÉ RODRIGUES	M45	GAIA-RUNNING	M	02:16:56	02:00:49	00:05:44
2286	7205	LUIS FILIPE MARQUES SILVA	Seniores		M	02:16:58	02:15:51	00:06:27
2287	6400	DANIEL CHORÃO	Seniores	OBIKWELUS DA GUARDA	M	02:17:00	02:15:45	00:06:27
2288	6550	DIANA RAQUEL FERREIRA MONTEIRO	Seniores		F	02:17:01	02:07:01	00:06:02
2289	8709	JOSÉ FERREIRA	M45	BOSCH TERMOTECNOLOGIA SA	M	02:17:01	02:16:46	00:06:29
2290	8370	SERGEY PYRLIN PYRLIN	Seniores		M	02:17:01	02:00:36	00:05:43
2291	8185	SERGE RAOUL DJOMGOUE	M35		M	02:17:08	02:00:41	00:05:44
2292	6997	GLORIA RODRIGUEZ GIL	F40		F	02:17:10	02:06:42	00:06:01
2293	7736	AMANDIO RODRIGUES	M55		M	02:17:14	02:00:23	00:05:43
2294	8634	JOÃO SARAMAGO	Seniores		M	02:17:15	01:59:10	00:05:39
2295	5776	LUIS DUARTE	M45	GAIA-RUNNING	M	02:17:17	02:01:10	00:05:45

Lugar	Dorsal	Nome	Escalão	Equipa	Sexo	Tempo	Chip	Ritmo
2296	8563	LURDES DUARTE	F45	GAIA-RUNNING	F	02:17:17	02:01:11	00:05:45
2297	5895	LUIS MIGUEL RODRIGUES	M50		M	02:17:17	02:15:48	00:06:27
2298	8339	JORGE DIAS	M45	CLUBE INDEPENDENTE DE ATLETISMO DE ALPENDORAD	M	02:17:24	02:06:31	00:06:00
2299	6778	CÉSAR ALVES	M35		M	02:17:25	02:15:07	00:06:25
2300	5711	HELIA PEREIRA	Seniores		F	02:17:29	02:17:01	00:06:30
2301	6757	JOSE MEINEDO	M40		M	02:17:31	02:16:05	00:06:28
2302	7636	CARLOS CUNHA	M45		M	02:17:32	02:15:48	00:06:27
2303	7427	ANA LUISA XAVIER	Seniores		F	02:17:34	02:15:18	00:06:25
2304	8650	RAQUEL QUINTAS	Seniores	RS RUNNING TEAM	F	02:17:34	02:14:59	00:06:24
2305	8080	LILIANA PINTO	Seniores	PERNETAS D'ELITE	F	02:17:34	02:15:18	00:06:25
2306	8154	SUSANA MOREIRA	Seniores	HOLMES PLACE ARRÁBIDA	F	02:17:37	02:08:55	00:06:07
2307	7034	JOÃO CASTRO	M45		M	02:17:37	02:08:57	00:06:07
2308	7185	DANIEL FALCÃO	M40	BRAGACTIVE / CABALUS	M	02:17:40	02:07:35	00:06:03
2309	5219	NUNO CAÇOTE	M35	TAI-RUNNERS	M	02:17:42	02:17:17	00:06:31
2310	8468	LUIS MAIA	M35	CAETANO RUNNERS	M	02:17:46	02:15:36	00:06:26
2311	8467	DANIELA MAGALHÃES	F35	CAETANO RUNNERS	F	02:17:47	02:15:37	00:06:26
2312	6615	CRISTINA PELICANO	F40	CORRIDAS DE PERNAS PRO AR	F	02:17:48	02:16:01	00:06:27
2313	7725	ANTONIO TORNADA	M60		M	02:17:49	02:17:07	00:06:30
2314	5865	EDUARDO FALCÃO	M40		M	02:17:51	02:16:23	00:06:28
2315	7316	VITOR AMADEU BARROSO PORTELA	M45	GASOLINA SEM CHUMBO	M	02:17:52	02:00:48	00:05:44
2316	7319	FERNANDO MANUEL MORGADO PEIXOTO	Seniores	GASOLINA SEM CHUMBO	M	02:17:52	02:00:49	00:05:44
2317	8802	JOSE GUILHERME MOREIRA	M45		M	02:17:56	01:56:34	00:05:32
2318	6904	CENK TURKINAN	M35	PORTU	M	02:17:57	02:17:03	00:06:30
2319	6902	SOFIA RAMOS	F35	PORTU	F	02:17:57	02:17:04	00:06:30
2320	6544	BRUNO FLÁVIO FERREIRA MACIEIRA SANDRA PERA	Seniores	BIKES & FRIENDS	F	02:17:59	02:16:03	00:06:27
2321	7483	CRISTIANO SANTOS	M35		M	02:18:00	02:15:53	00:06:27
2322	6762	JOAO PEDRO MESQUITA	M40		M	02:18:02	02:16:24	00:06:28
2323	8641	NUNO SOTTOMAYOR	M40		M	02:18:02	02:17:28	00:06:31
2324	5837	PAULO VICENTE	M40	OS CARACÓIS FURIOSOS	M	02:18:04	02:00:54	00:05:44
2325	6533	RICARDO MEIRELES	M35		M	02:18:08	01:58:41	00:05:38
2326	5165	ANTONIO SERGIO GAMEIRO ROSA	M50		M	02:18:10	02:16:42	00:06:29
2327	7077	MIGUEL NEVES PEREIRA VIEIRA	Seniores		M	02:18:13	02:16:50	00:06:30
2328	7105	LUIS REIS	M55	SERVIÇOS SOCIAIS MONTEPIO GERAL	M	02:18:18	02:18:07	00:06:33
2329	8611	WILSON DELGADINHO	M50		M	02:18:20	02:16:36	00:06:29
2330	8681	JOAQUIM MIRANDA	M50		M	02:18:20	02:16:05	00:06:28
2331	6577	MANUEL FIDALGO	M50	ACAGA	M	02:18:20	02:17:36	00:06:32
2332	6513	JOÃO BORGES	Seniores	BRUNO MADUREIRA- PERSONAL TRAINER	M	02:18:22	02:16:05	00:06:27
2333	6514	RODRIGO MOREIRA	Seniores	BRUNO MADUREIRA- PERSONAL TRAINER	M	02:18:22	02:16:06	00:06:28
2334	5961	IVAN CABALLERO HERNANDEZ	Seniores		M	02:18:22	01:59:17	00:05:40
2335	7605	LUIS PEDRO FERNANDES DE OLIVEIRA DA SILVA	Seniores		M	02:18:23	02:16:16	00:06:28
2336	6519	BRUNO MADUREIRA	Seniores	BRUNO MADUREIRA- PERSONAL TRAINER	M	02:18:23	02:16:06	00:06:28
2337	5273	ANTÓNIO ALMEIDA	M55		M	02:18:24	02:16:46	00:06:29
2338	6220	BRUNO CARVALHIDO RODRIGUES	Seniores		M	02:18:27	02:18:27	00:06:34
2339	8819	NUNO EMANUEL SOUSA BARROS	M35		M	02:18:32	02:05:36	00:05:58
2340	5312	JOAO ARAUJO	M50		M	02:18:34	02:08:17	00:06:05
2341	7385	FERNANDO TEIXEIRA	M45		M	02:18:36	02:16:44	00:06:29
2342	8696	NELSON RÉ RÉ	M45	BOSCH TERMOTECNOLOGIA SA	M	02:18:38	02:17:30	00:06:32
2343	8385	BEATRIZ BRANDÃO	F45	NAMADORES	F	02:18:38	02:02:16	00:05:48
2344	5871	ANTÓNIO PEREIRA BÁRTOLO COUTINHO	M40		M	02:18:40	02:16:59	00:06:30
2345	6148	FILIPE SOARES	Seniores		M	02:18:42	02:17:36	00:06:32
2346	5252	ANTONIO ALMEIDA	M35		M	02:18:42	02:17:12	00:06:31

Lugar	Dorsal	Nome	Escalão	Equipa	Sexo	Tempo	Chip	Ritmo
2347	6438	DANIELA CASTRO	Seniores		F	02:18:43	02:17:14	00:06:31
2348	6675	MIRAN FERNANDES	Seniores	SHOTS INTERNATIONAL RUNNERS	F	02:18:45	02:03:48	00:05:53
2349	6673	SOFIA FERREIRA	Seniores	SHOTS INTERNATIONAL RUNNERS	F	02:18:45	02:17:17	00:06:31
2350	5290	NUNO MIGUEL VIEIRA ALMEIDA	Seniores		M	02:18:46	02:16:24	00:06:28
2351	5292	LUÍSA ISABEL AMORIM MOTA ALMEIDA	Seniores		F	02:18:46	02:16:25	00:06:28
2352	7591	ISABEL COUTO	Seniores	OS MANGUELAS	F	02:18:47	02:18:20	00:06:34
2353	5823	ANA COTA	Seniores		F	02:18:47	02:02:39	00:05:49
2354	5825	VERA EGEROVA	F35		F	02:18:47	02:02:39	00:05:49
2355	7966	SERGIO SUZANO COSTA	Seniores		M	02:18:47	02:02:38	00:05:49
2356	7756	PAULO MACHADO	M35	STEAMRUNNERS	M	02:18:54	02:02:43	00:05:49
2357	7758	DANIELA MOTA MACHADO	Seniores		F	02:18:54	02:02:43	00:05:49
2358	8369	HUGO CORREIA	Seniores		M	02:19:00	01:59:28	00:05:40
2359	5826	FILIPE LOURENÇO	Seniores		M	02:19:05	02:11:54	00:06:16
2360	6251	BRUNO RAMOS	M35		M	02:19:09	02:00:12	00:05:42
2361	5207	IAIN BENNETT HOBBS	M45		M	02:19:12	02:03:43	00:05:52
2362	7284	EOIN OTOOLE	M40	QUEM CORRE POR GUSTO	M	02:19:15	02:17:13	00:06:31
2363	8174	FILOMENA CAPELO	F45	QUEM CORRE POR GUSTO	F	02:19:15	02:17:13	00:06:31
2364	5786	SOLANGE CABRAL	F45	VAMOS LÁ	F	02:19:17	02:19:02	00:06:36
2365	8055	JOÃO FRANCISCO RODRIGUES SEQUEIRA	Seniores		M	02:19:20	02:16:50	00:06:30
2366	5081	VICTOR MANUEL VENTURA	M45		M	02:19:21	02:16:57	00:06:30
2367	8357	PEDRO SEIXAS	M35		M	02:19:21	02:06:03	00:05:59
2368	5076	TERESA AFONSO	F35	OVELHA CREW	F	02:19:24	02:17:04	00:06:30
2369	7298	ELSA MENDES	F60		F	02:19:28	02:18:09	00:06:33
2370	7017	PAULO CANEDO	M35		M	02:19:30	02:18:13	00:06:34
2371	8823	RICARDO DIOGO	Seniores		M	02:19:33	02:19:33	00:06:37
2372	8755	CARMEN AMARO	F35		F	02:19:38	02:06:58	00:06:02
2373	7945	AURORA CARVALHO	F55	POTEEEEENTES	F	02:19:40	02:19:36	00:06:37
2374	7954	KATIA PEREIRA	F35	POTEEEEENTES	F	02:19:40	02:19:35	00:06:37
2375	7998	MIGUEL EIRAS	M40	POTEEEEENTES	M	02:19:40	02:19:38	00:06:38
2376	7578	DIOGO PEREIRA DIAS	M45	TALHO20	M	02:19:46	02:18:37	00:06:35
2377	5209	MANUEL CARVALHO	M45		M	02:19:47	02:19:00	00:06:36
2378	6478	PEDRO SALGUEIRO	Seniores	SAWADEE	M	02:19:47	02:06:39	00:06:01
2379	8558	CARLOS SILVA	M40		M	02:19:50	02:19:02	00:06:36
2380	8610	ARMANDO SEQUEIRA	M40		M	02:19:50	02:19:02	00:06:36
2381	6727	PAULA MACEDO	F40	CLUBE MILLENNIUMBCP	F	02:19:50	02:06:12	00:05:59
2382	6970	JORGE LUÍS TRINDADE DE OLIVEIRA GARRADAS	M35		M	02:19:51	02:17:54	00:06:33
2383	5971	PEDRO ASCENSÃO	M35		M	02:19:58	02:17:38	00:06:32
2384	6601	JOAQUIM SANTOS	M55		M	02:19:59	02:18:18	00:06:34
2385	6391	MÁRIO MARTINS ANTUNES ANTUNES	M55		M	02:20:01	02:18:05	00:06:33
2386	6866	ANTONIO CAMPELOS	M45	HANDRUNNERS	M	02:20:04	02:19:36	00:06:38
2387	6872	AUGUSTO SILVEIRA	M40	HANDRUNNERS	M	02:20:04	02:19:36	00:06:37
2388	5906	ANDRÉ CUBO	Seniores		M	02:20:07	02:18:17	00:06:34
2389	8869	BRUNO DAVILA	M35	FIBRINOGENIO	M	02:20:08	02:17:26	00:06:31
2390	7312	LIDIA DA CONCEIÇÃO COSTA MARTINS TEIXEIRA	F40		F	02:20:09	02:06:32	00:06:00
2391	8868	PATRICIO CARVALHO	Seniores	FIBRINOGENIO	M	02:20:09	02:20:09	00:06:39
2392	5791	CARLOS QUEIROZ	M35		M	02:20:13	02:18:02	00:06:33
2393	8162	CELIA COSTA	F35		F	02:20:13	02:19:40	00:06:38
2394	5016	BASILIO CORREIA	M50	PORTO RUNNERS	M	02:20:16	02:18:04	00:06:33
2395	6657	PATRÍCIA ALEXANDRA NUNES CORDEIRO	Seniores		F	02:20:17	02:19:01	00:06:36
2396	6623	SARA FILIPA NUNES CORDEIRO	Seniores		F	02:20:17	02:19:01	00:06:36
2397	8387	AMADEU MEDEIROS	M45	NAMADORES	M	02:20:19	02:03:57	00:05:53

Lugar	Dorsal	Nome	Escalão	Equipa	Sexo	Tempo	Chip	Ritmo
2398	8388	DAVID BARROCO	Seniores	NAMADORES	M	02:20:19	02:03:49	00:05:53
2399	6607	FERNANDO PIRES	M60	SNT	M	02:20:21	02:18:11	00:06:33
2400	6604	AURORA PIRES	F35	CORRIDAS DE PERNAS PRO AR	F	02:20:21	02:18:12	00:06:33
2401	5667	FILIPA MATIAS	Seniores		F	02:20:24	02:18:54	00:06:36
2402	6669	SARA VELHO	F35		F	02:20:25	02:19:40	00:06:38
2403	7661	PAULO SILVA	Seniores		M	02:20:34	01:54:34	00:05:26
2404	6953	ANDRÉ SILVA	Seniores	OS CARACÓIS FURIOSOS	M	02:20:35	02:03:37	00:05:52
2405	5586	DAVID RODRIGUES	Seniores		M	02:20:39	02:06:10	00:05:59
2406	5206	PEDRO MACHADO	M50	RUN 4 FUN	M	02:20:39	02:19:19	00:06:37
2407	5133	EMILIO SILVA	M45		M	02:20:40	02:04:49	00:05:55
2408	6443	ANDRÉ ALVES	Seniores	HEI!JEI!	M	02:20:41	02:09:33	00:06:09
2409	6139	VERÓNICA CARNEIRO	F40	U&ME	F	02:20:44	02:19:20	00:06:37
2410	8006	LUIS MIGUEL SAMPAIO SILVA	M35		M	02:20:45	02:02:31	00:05:49
2411	7729	ANA GONÇALVES	Seniores		F	02:20:51	02:05:14	00:05:57
2412	7520	SARA MACEDO	Seniores		F	02:20:52	02:20:39	00:06:40
2413	6579	CÉCILE BERRI	F45		F	02:20:55	02:19:28	00:06:37
2414	8955	JORGE TAVARES	M60		M	02:20:59	02:19:36	00:06:38
2415	8117	HELDER FERREIRA	M35		M	02:21:00	02:20:23	00:06:40
2416	8356	RICARDO JORGE SARMENTO	M35		M	02:21:02	02:08:31	00:06:06
2417	8807	LUIS VIANA	M45		M	02:21:05	02:10:31	00:06:12
2418	6816	HUGO MARTINS	Seniores	VIANA RUNNERS	M	02:21:05	02:19:56	00:06:38
2419	8830	FERNANDO MARCOS MARQUES	M45	COMO TAMOS PAULINHA ?!	M	02:21:05	02:10:29	00:06:12
2420	6453	JORGE MARQUES	Seniores		M	02:21:05	02:20:01	00:06:39
2421	6982	KAROLINA UTRACKI	Seniores		F	02:21:06	02:10:34	00:06:12
2422	5222	NUNO PEREIRA	M35		M	02:21:12	02:08:39	00:06:06
2423	5062	PAULO SERGIO ALVES PIRES	M35		M	02:21:13	02:05:09	00:05:56
2424	7526	RICARDO BEJA	M35		M	02:21:15	02:18:55	00:06:36
2425	8059	JUDITE MAGALHAES	F35	OS ROTOS	F	02:21:17	02:13:05	00:06:19
2426	8779	ANA CATARINA GUIMARÃES	F35		F	02:21:18	02:09:50	00:06:10
2427	6683	JOAO SIMOES	M50		M	02:21:19	02:20:47	00:06:41
2428	6488	SANDRA COSTA COSTA	Seniores		F	02:21:21	02:08:38	00:06:06
2429	6993	INES BARRADAS	Seniores	CORRER LISBOA	F	02:21:22	02:20:09	00:06:39
2430	5920	ADEMAR NUNO MORAIS PEREIRA PEREIRA	M40		M	02:21:24	02:19:58	00:06:39
2431	6733	NUNO CARVALHO	Seniores	CLUBE MILLENNIUMBCP	M	02:21:25	02:01:56	00:05:47
2432	6540	ALINA SOUSA VAZ	F35		F	02:21:27	02:19:43	00:06:38
2433	7475	PEDRO JESUS VIEIRA PONTE	M50		M	02:21:29	02:21:07	00:06:42
2434	8187	ANA COELHO DA SILVA	Seniores		F	02:21:29	02:06:01	00:05:59
2435	5198	SANDRO BICA	Seniores		M	02:21:30	02:07:25	00:06:03
2436	8114	ESTELA MARTINS	F35		F	02:21:30	02:04:37	00:05:55
2437	5148	MARIA DE FÁTIMA LEITÃO	F50		F	02:21:30	02:19:04	00:06:36
2438	5026	ISABEL DUARTE	F55	PORTO RUNNERS	F	02:21:31	02:19:20	00:06:37
2439	8412	VERONICA MARIA BEZERRA DE MELO	F60	PÉ NO CHÃO	F	02:21:32	02:18:46	00:06:35
2440	8771	IVETE CARNEIRO	F40		F	02:21:32	02:04:55	00:05:56
2441	8365	JOANA OLIVEIRA	Seniores		F	02:21:34	02:02:01	00:05:48
2442	8413	LUCIANA DE MELO E SILVA	Seniores	PÉ NO CHÃO	F	02:21:34	02:18:39	00:06:35
2443	8627	FRANCISCO SARAIVA	Seniores	CLUBE GALPENEGIA NORTE	M	02:21:36	02:19:12	00:06:36
2444	7059	SÍLVIA MARGARIDA MOUTINHO PACHECO	Seniores		F	02:21:37	02:18:58	00:06:36
2445	8073	JOÃO PIÇARRA	Seniores		M	02:21:44	02:04:53	00:05:56
2446	5018	DANIEL CARDOSO	M60	PORTO RUNNERS	M	02:21:48	02:19:42	00:06:38
2447	6629	ANDREIA ALVES	Seniores		F	02:21:50	02:19:21	00:06:37
2448	8941	JOÃO GUEDES	Seniores	RITUAL DOS PETISCOS ATHLETIC TEAM	M	02:22:00	02:21:18	00:06:42



Lugar	Dorsal	Nome	Escalão	Equipa	Sexo	Tempo	Chip	Ritmo
2449	5123	JULIANE ALMEIDA	F35		F	02:22:02	02:20:01	00:06:39
2450	5962	ALBERTO ALAMINOS	M35		M	02:22:04	02:02:58	00:05:50
2451	6231	PAULO JORGE CALDAS SARAIVA	Seniores	GRUPO DESPORTIVO SANTANDER TOTTA	M	02:22:09	02:09:13	00:06:08
2452	5239	JOANA FONSECA	F35	FIAT NAVIRGE	F	02:22:18	02:20:11	00:06:39
2453	8516	RUI MANUEL BARROS OLIVEIRA	M35		M	02:22:21	02:20:26	00:06:40
2454	6594	RÚBEN CARVALHO	Seniores		M	02:22:22	02:21:46	00:06:44
2455	6462	BRUNO FLÁVIO FERREIRA MACIEIRA MACIEIRA	Seniores	BIKES & FRIENDS	M	02:22:22	02:20:44	00:06:41
2456	6595	JULIANA SANTOS	Seniores		F	02:22:23	02:21:47	00:06:44
2457	7469	JOSE GARRAFÃO	M50	CLAC	M	02:22:28	02:22:05	00:06:45
2458	6554	MIGUEL GUEDES DE SOUSA	M40		M	02:22:31	02:09:49	00:06:10
2459	5836	SUSANA CLIMAS	Seniores	OS CARACÓIS FURIOSOS	F	02:22:33	02:04:43	00:05:55
2460	6580	CATARINA DUARTE	Seniores	XUMBO TEAM	F	02:22:33	02:07:28	00:06:03
2461	6925	LETÍCIA DE LA FUENTE	Seniores	JAZZY RUNNERS	F	02:22:36	02:21:51	00:06:44
2462	6923	PAULA ORDONHO	F55	JAZZY RUNNERS	F	02:22:36	02:21:47	00:06:44
2463	6926	JOSE SANTOS	M55	JAZZY RUNNERS	M	02:22:36	02:21:52	00:06:44
2464	7172	JORGE MORAIS	M45	HOTEL MIRA PAIVA	M	02:22:38	02:11:55	00:06:16
2465	7642	JOEL JOSÉ GINGA	Seniores		M	02:22:39	02:12:11	00:06:16
2466	8136	MARIA OLIVEIRA	F45		F	02:22:40	02:20:37	00:06:40
2467	7666	KEVIN MOSELEY	Seniores		M	02:22:41	02:19:53	00:06:38
2468	7746	MICHAEL LINDEMANN	M45		M	02:22:52	02:02:49	00:05:50
2469	6480	CARLOS MAGALHAES	M45		M	02:22:54	02:21:18	00:06:42
2470	6834	CARLA MOTA	F40	PENTELHEIROS RUNNERS	F	02:22:56	02:21:20	00:06:42
2471	5780	J.EDUARDO TEIXEIRA	M45	GAIA-RUNNING	M	02:22:57	02:06:52	00:06:01
2472	8325	MANUEL TEIXEIRA	M40		M	02:23:06	02:05:37	00:05:58
2473	8935	DINA BICA	F35		F	02:23:08	02:06:14	00:05:59
2474	6181	ADRIANO FARIA	Seniores		M	02:23:09	02:21:14	00:06:42
2475	8589	MIGUEL SILVA	Seniores		M	02:23:09	02:11:40	00:06:15
2476	8965	JOSÉ PEDRO TEIXEIRA	Seniores	OMATASEDE	M	02:23:13	02:16:33	00:06:29
2477	8949	JOSÉ LUÍS SAMPAIO	Seniores	OMATASEDE	M	02:23:14	02:16:32	00:06:29
2478	6225	ANTÓNIO JOSÉ BARROSO AZEVEDO	Seniores		M	02:23:14	02:06:44	00:06:01
2479	5798	JORGE PEIXOTO	Seniores		M	02:23:15	02:16:02	00:06:27
2480	5544	SANDRINA RODRIGUES	Seniores		F	02:23:16	02:09:43	00:06:09
2481	6497	JOANA CATARINA PEREIRA TABOADA	Seniores		F	02:23:19	02:20:59	00:06:41
2482	6496	PEDRO XAVIER COELHO JACINTO	Seniores		M	02:23:19	02:20:59	00:06:41
2483	5099	RUI SANTOS	M40	HPP PORTO	M	02:23:19	02:06:14	00:06:00
2484	8079	MIGUEL SALAZAR	M45		M	02:23:26	02:20:53	00:06:41
2485	6937	ÁLVARO FELIPE M. F. PROENSA PIRES PIRES	M35	CCD - RENAULT CACIA	M	02:23:27	02:09:15	00:06:08
2486	7046	HUGO RAMOS	Seniores	RUN ME...IM FAMOUS	M	02:23:30	02:11:26	00:06:14
2487	8577	MARTA TEIXEIRA	F35	VITORIA SPORT CLUB	F	02:23:31	02:13:36	00:06:20
2488	5838	HENRIQUE VENTURA	M35		M	02:23:31	02:22:10	00:06:45
2489	8607	EMANUEL COSTA	Seniores		M	02:23:33	02:22:15	00:06:45
2490	6161	HELDER SOUSA	M40		M	02:23:35	02:08:39	00:06:06
2491	6147	TIAGO ALMEIDA	M35		M	02:23:35	02:07:56	00:06:04
2492	6246	NUNO MIGUEL BARROSO FERNANDES	M35		M	02:23:39	02:06:06	00:05:59
2493	6585	MAURICIO LUZ	Seniores		M	02:23:40	02:08:22	00:06:06
2494	8883	SOFIA SIMOES	F35		F	02:23:47	02:22:52	00:06:47
2495	6454	JORGE PACHECO	M40		M	02:24:03	02:23:50	00:06:50
2496	7538	NUNO CARDEAL	M35		M	02:24:05	02:13:03	00:06:19
2497	7375	ROQUE LUÍS SIMÕES RAMOS DE PINA	M45		M	02:24:09	02:23:50	00:06:50
2498	5213	JORGE LUÍS MENDES OLIVEIRA	Seniores		M	02:24:10	02:22:09	00:06:45
2499	5065	JOSE COSTA	M55		M	02:24:11	02:22:08	00:06:45

Lugar	Dorsal	Nome	Escalão	Equipa	Sexo	Tempo	Chip	Ritmo
2500	7286	MARTA SILVA	F35	RUNNERS DO IT BETTER	F	02:24:14	02:12:17	00:06:17
2501	7280	ANABELA RIBEIRO	F35	RUNNERS DO IT BETTER	F	02:24:18	02:12:20	00:06:17
2502	8001	PAULO MARINHO	Seniores		M	02:24:19	02:06:07	00:05:59
2503	7080	NUNO LACASTA	M40		M	02:24:20	02:24:13	00:06:51
2504	7716	JOÃO LEMOS	Seniores		M	02:24:23	02:08:02	00:06:05
2505	5258	PATRICIA SOUSA	Seniores		F	02:24:24	02:22:39	00:06:46
2506	5217	SANDRA LOPES	F35	TAI-RUNNERS	F	02:24:40	02:24:15	00:06:51
2507	8346	LILIA NEVES	Seniores		F	02:24:48	02:11:52	00:06:16
2508	8861	VITOR HUGO PIMENTA	Seniores	TEAM AÇO	M	02:24:49	02:23:10	00:06:48
2509	7019	GABRIELA MACEDO DA SILVA	Seniores		F	02:24:51	02:10:13	00:06:11
2510	7872	JOSE NUNO FIGUEIREDO	Seniores		M	02:24:58	02:23:53	00:06:50
2511	7662	MANUEL CARDOSO	M35		M	02:25:06	01:59:04	00:05:39
2512	7915	JOSE PEDRO RODRIGUES	M35		M	02:25:10	02:11:52	00:06:16
2513	6559	ANDRÉ SIMÕES	Seniores		M	02:25:18	02:09:28	00:06:09
2514	7627	ADÉRITO LUÍS RAÍNHO	M35		M	02:25:19	02:12:33	00:06:17
2515	8986	ALEXANDRE PEREIRA HENRIQUES SOUSA DE ALMEIDA	M40	CARICAS-GIMTÓNICO	M	02:25:24	02:24:34	00:06:52
2516	5630	CARLOS PESTANA LOPES	Seniores		M	02:25:33	02:07:39	00:06:04
2517	7621	EDUARDO CHARME	Seniores		M	02:25:40	02:23:45	00:06:49
2518	5070	VÍTOR MEIRELES	M60		M	02:25:44	02:25:29	00:06:54
2519	7289	FÁTIMA SANTOS	F35		F	02:25:50	02:09:13	00:06:08
2520	8523	TELMO JORGE MARTINS MATOS	Seniores		M	02:25:50	02:13:56	00:06:21
2521	5664	OLGA SAMÕES	F40		F	02:25:53	02:24:07	00:06:50
2522	6913	INÊS MARIANO	Seniores		F	02:25:54	02:24:07	00:06:50
2523	8098	SANDRA AMORIM	F35		F	02:25:59	02:11:35	00:06:15
2524	8706	HELDER CRUZ CRUZ	Seniores	BOSCH TERMOTECNOLOGIA SA	M	02:26:06	02:26:06	00:06:56
2525	8410	SILVIO RIBEIRO DE ARAUJO	M50	PÉ NO CHÃO	M	02:26:06	02:23:27	00:06:48
2526	8373	BRUNO FILIPE LEITE PINHEIRO	Seniores		M	02:26:08	02:08:53	00:06:07
2527	6226	ARTUR CUNHA	Seniores		M	02:26:08	02:08:53	00:06:07
2528	5595	JOSE AUGUSTO LIMA	M55	EM'FORÇA	M	02:26:14	02:24:18	00:06:51
2529	5989	INÊS COELHO	F50		F	02:26:14	02:25:07	00:06:53
2530	6788	JOÃO VASCO GIL DA SILVA GOMES FERREIRA	M40		M	02:26:17	02:24:02	00:06:50
2531	7011	SOLANGE ALMEIDA	F55		F	02:26:19	02:24:43	00:06:52
2532	7443	PEDRO GONÇALO DA FONSECA ALVES LOUREIRO LOUREIRO	M40		M	02:26:19	02:24:14	00:06:51
2533	7637	LINE URBAN	F35		F	02:26:20	02:24:36	00:06:52
2534	7047	MANUEL FALCÃO	M40		M	02:26:21	02:08:18	00:06:05
2535	6447	SÓNIA OLIVEIRA	Seniores		F	02:26:23	02:24:21	00:06:51
2536	7600	MARIANA FERREIRA	Seniores	RUNNING TEAM LANTEMIL	F	02:26:27	02:24:15	00:06:51
2537	7577	HELIO BORGES	Seniores	RUNNING TEAM LANTEMIL	M	02:26:27	02:24:15	00:06:51
2538	7525	DANIEL ANTUNES	M40	CASA DO BENFICA DA FIGUEIRA DA FOZ	M	02:26:27	02:24:36	00:06:52
2539	8113	JOSÉ ESPÍRITO SANTO	M55		M	02:26:29	02:24:41	00:06:52
2540	8785	ANA PEIXOTO	Seniores	AÇOREANA CLUBE BANIF	F	02:26:30	02:24:16	00:06:51
2541	5931	ADELAIDE MANHIÇA	F55	EQUIPA TEAM DA PT ZONA	F	02:26:38	02:24:20	00:06:51
2542	8721	NELSON TAVARES	M40	SELMATRON	M	02:26:41	02:24:35	00:06:52
2543	7463	ARNALDA PINHEIRO	F45		F	02:26:42	02:24:27	00:06:51
2544	5964	LEONARDO DE ALMEIDA BARRETO PINTO	Seniores		M	02:26:52	02:26:22	00:06:57
2545	8510	RITA LEITE	Seniores		F	02:26:57	02:16:10	00:06:28
2546	8714	JOAO BASTOS BASTOS	M35	BOSCH TERMOTECNOLOGIA SA	M	02:27:03	02:14:51	00:06:24
2547	6469	RUI FERNANDO MOREIRA DA SILVA	M40		M	02:27:03	02:25:07	00:06:53
2548	8464	RICARDO FERNANDES	Seniores	PAPAKM	M	02:27:06	02:12:57	00:06:19
2549	8459	SILVIA SILVA	Seniores	PAPAKM	F	02:27:06	02:12:57	00:06:19
2550	8792	JOÃO BRANDÃO	M45	JARCLIM	M	02:27:17	02:25:24	00:06:54

Lugar	Dorsal	Nome	Escalão	Equipa	Sexo	Tempo	Chip	Ritmo
2551	6229	JOSE COSTA PEREIRA	M35		M	02:27:18	02:09:47	00:06:10
2552	8178	JOÃO ANTUNES	M40		M	02:27:19	02:25:22	00:06:54
2553	8179	GONÇALO REBELO DE ANDRADE	M35		M	02:27:19	02:25:22	00:06:54
2554	7040	JOSE COSTA	M40		M	02:27:21	02:24:42	00:06:52
2555	8134	OLIVEIRA JOSÉ	M50		M	02:27:27	02:25:25	00:06:54
2556	5309	MÁRIO CALEJO	M35		M	02:27:33	02:15:31	00:06:26
2557	6859	ANDRÉ VIANA	Seniores		M	02:27:34	02:26:12	00:06:56
2558	8942	PEDRO OLIVEIRA	M35		M	02:27:39	02:10:42	00:06:12
2559	8008	VITOR BRUNO PINTO TEIXEIRA	Seniores		M	02:27:42	02:09:30	00:06:09
2560	7008	JUAN TOVAR	M40		M	02:27:44	02:17:17	00:06:31
2561	5645	HELENA CERQUEDA	Seniores	4RUN	F	02:27:45	02:12:50	00:06:18
2562	8608	ANDRÉ CARDOSO	Seniores		M	02:27:46	02:12:02	00:06:16
2563	5141	MANUEL TRINDADE	M55		M	02:27:51	02:25:26	00:06:54
2564	6684	EMANUEL SIMOES	Seniores		M	02:27:52	02:27:22	00:07:00
2565	5492	FILIFE ROLA	M35	PORTO RUNNERS	M	02:27:53	02:10:39	00:06:12
2566	5350	ALEXANDRA PINA	F40		F	02:27:55	02:11:38	00:06:15
2567	6616	SUSANA CANHOLA	F40	PERNETAS	F	02:28:02	02:25:46	00:06:55
2568	6223	PAULA PEREIRA	F45		F	02:28:03	02:19:17	00:06:37
2569	8188	MANUEL SEGURO	M35		M	02:28:06	02:12:38	00:06:18
2570	8999	CÉLIA CARROLA	F50	ESTRELA CAMPO DE AVIAÇÃO FC	F	02:28:06	02:26:35	00:06:57
2571	5485	ANTONIO REBOCHO	Seniores		M	02:28:20	02:11:45	00:06:15
2572	5215	JORGE ARMANDO OLIVEIRA MARINHO	Seniores		M	02:28:24	02:27:25	00:07:00
2573	5561	EDUARDO JAIME MAGALHAES RODRIGUES	M40		M	02:28:24	02:27:26	00:07:00
2574	5095	FRANCISCO DELFINO	M50	HPP PORTO	M	02:28:39	02:11:36	00:06:15
2575	5100	RUI PEDRO LEMOS	M50	HPP PORTO	M	02:28:39	02:11:37	00:06:15
2576	5833	EDUARDO MIGUEL XAVIER COELHO	Seniores		M	02:28:40	02:27:39	00:07:00
2577	8860	VANDA FIGUEIREDO	Seniores	TEAM AÇO	F	02:28:43	02:27:04	00:06:59
2578	8859	ANTÓNIO TEIXEIRA	M35	TEAM AÇO	M	02:28:43	02:27:04	00:06:59
2579	6005	NELSON ALVES DE SOUSA	Seniores	MERENDEIROS DA MAÇA	M	02:28:45	02:27:39	00:07:00
2580	5795	CARLOS MANUEL SEPULVEDA	M40		M	02:28:46	02:27:35	00:07:00
2581	5973	MINNA PERKIO	F40		F	02:28:51	02:28:12	00:07:02
2582	5975	KAI PALTAMAA	M45		M	02:28:51	02:28:13	00:07:02
2583	5974	ERJA PALTAMAA	M40		M	02:28:51	02:28:13	00:07:02
2584	8063	CLAUDIO CERQUEIRA	M35	PERNETAS	M	02:28:51	02:26:34	00:06:57
2585	6672	FRANCISCO GOMES	M35	SHOTS INTERNATIONAL RUNNERS	M	02:28:52	02:15:35	00:06:26
2586	5340	BÁRBARA BALDAIA	F35		F	02:28:53	02:15:34	00:06:26
2587	6276	LAURA SOARES	F45	MADALENA	F	02:28:53	02:16:44	00:06:29
2588	5788	BRUNO COSTA	M45		M	02:28:55	02:26:44	00:06:58
2589	6274	RUI ALEXANDRE MOREIRA GONÇALVES	M35	DREAM VALLEY RUNNERS	M	02:29:02	02:12:30	00:06:17
2590	8719	PEDRO PINTO	M35	BOSCH TERMOTECNOLOGIA SA	M	02:29:11	02:13:04	00:06:19
2591	8666	CLAUDIA ROQUE	F35	HOLMES PLACE OS ÍLHAVOS	F	02:29:12	02:27:52	00:07:01
2592	6810	JOAO TEIXEIRA	M35		M	02:29:13	02:27:25	00:07:00
2593	6611	FREDERICO RAPOSO	M35		M	02:29:16	02:28:15	00:07:02
2594	6772	MIGUEL BATISTA	M40	CORRER VISEU	M	02:29:32	02:15:56	00:06:27
2595	6776	RUI PINTO	Seniores		M	02:29:32	02:15:57	00:06:27
2596	6963	FERNANDO GOMES	M35		M	02:29:35	02:11:31	00:06:15
2597	7962	ANTÓNIO SANTOS	M40		M	02:29:53	02:27:41	00:07:00
2598	7191	RICARDO JORGE BORGES CORREIA CORREIA	Seniores		M	02:29:53	02:11:07	00:06:13
2599	6151	BRUNO BRANDAO	M35	BUDEGUITA RUNNERS	M	02:30:00	02:15:53	00:06:27
2600	8461	RICARDO COSTA	Seniores	PAPAKM	M	02:30:04	02:15:55	00:06:27
2601	7088	ANDREIA CATARINA FERREIRA	Seniores	CENTRO MUNICIPAL DE MARCHA E CORRIDA DE S. JO	F	02:30:05	02:28:20	00:07:02

Lugar	Dorsal	Nome	Escalão	Equipa	Sexo	Tempo	Chip	Ritmo
2602	6600	PAULO GOMES BELO	Seniores	BADTEAM/RARÍSSIMAS	M	02:30:05	02:14:45	00:06:24
2603	6610	RUI GOMES	M35		M	02:30:12	02:29:10	00:07:05
2604	5129	SAMUEL CORREIA PAULO	M35		M	02:30:17	02:28:33	00:07:03
2605	7635	FERNANDO SILVA	M40		M	02:30:17	02:28:33	00:07:03
2606	8084	JOSE FERNANDES GONÇALVES RUIVO	M40		M	02:30:21	02:28:19	00:07:02
2607	7032	SÍLVIA TEIXEIRA	Seniores		F	02:30:26	02:21:46	00:06:44
2608	7602	CARINA PEREIRA	F40	GOLDEN SMILE	F	02:30:28	02:28:54	00:07:04
2609	7603	RICARDO RÊGO	M35	GOLDEN SMILE	M	02:30:29	02:28:54	00:07:04
2610	7493	JOSÉ RODRIGUES	M45	PRESTÍGIO	M	02:30:30	02:16:19	00:06:28
2611	8004	CEDRICO SAMPAIO	Seniores		M	02:30:32	02:12:19	00:06:17
2612	8631	CECÍLIA FRAGA	Seniores		F	02:30:34	02:12:30	00:06:17
2613	5138	FREDERICO MARTINS	Seniores		M	02:30:39	02:21:05	00:06:42
2614	7648	LEANDRO MIGUEL FARIA DE OLIVEIRA	M35		M	02:30:40	02:14:03	00:06:22
2615	7494	TELMO RODRIGUES	M35		M	02:30:45	02:16:53	00:06:30
2616	8615	EDNA GRIZZO	F50		F	02:30:45	02:29:19	00:07:05
2617	7181	MARLENE MENDES	Seniores	CICLISTAS	F	02:30:46	02:30:38	00:07:09
2618	6736	NUNO MARTINS	M40	CLUBE MILLENNIUMBCP	M	02:30:50	02:21:17	00:06:42
2619	8980	PAULO JOSÉ LARES PEREIRA	M35	CARICAS-GIMTÓNICO	M	02:30:50	02:29:59	00:07:07
2620	8981	MARTA GOMES SANTOS SOUSA	Seniores	CARICAS-GIMTÓNICO	M	02:30:50	02:30:00	00:07:07
2621	5690	NUNO SOUSA	M35	CORREDORES NOCTURNOS DE PAREDES	M	02:30:52	02:17:37	00:06:32
2622	8870	JORGE PEREIRA	M50	WELLRUNNERS	M	02:31:00	02:19:37	00:06:38
2623	8769	ANDRÉ SAMPAIO	Seniores		M	02:31:14	02:09:53	00:06:10
2624	8851	GONÇALO LOPES	M35	RUN BUDDY RUN	M	02:31:22	02:30:04	00:07:07
2625	5233	MARIE HELENE LOUBATIERES	F60		F	02:31:33	02:30:52	00:07:10
2626	6979	NUNO LIMA	M40		M	02:31:34	02:19:36	00:06:37
2627	8088	OSVALDO SILVA	M40		M	02:31:41	02:17:15	00:06:31
2628	8087	RICARDO TAVARES	Seniores		M	02:31:41	02:17:15	00:06:31
2629	8118	MARCIO BATEIRA	Seniores		M	02:31:41	02:17:16	00:06:31
2630	6493	LUÍS MIGUEL DUARTE CARVALHO	M40		M	02:31:45	02:15:59	00:06:27
2631	5794	OSCAR FERREIRA	M55		M	02:31:46	02:29:49	00:07:07
2632	8191	BRUNO LIMA	Seniores		M	02:31:47	02:21:46	00:06:44
2633	8192	SONIA LIMA	Seniores		F	02:31:47	02:21:46	00:06:44
2634	5484	MIGUEL ALMEIDA	M45		M	02:31:49	02:10:27	00:06:11
2635	7909	MANUEL NOVAES CABRAL	M50		M	02:31:50	02:31:47	00:07:12
2636	5576	PEDRO ANTÓNIO MACHADO	Seniores		M	02:31:58	02:23:16	00:06:48
2637	5671	MANUEL GONÇALVES COSTA	M50		M	02:31:59	02:19:15	00:06:36
2638	8754	NUNO FREDERICO PEREIRA	M35		M	02:31:59	02:19:18	00:06:37
2639	8867	SÓNIA CUNHA	F35		F	02:32:06	02:29:24	00:07:05
2640	5545	GONÇALO CARDOSO	M35		M	02:32:09	02:30:13	00:07:08
2641	8435	LILIANA DE OLIVEIRA SANTIAGO	Seniores	GINÁSIO FIT4FUN	F	02:32:13	02:32:01	00:07:13
2642	8879	PEDRO MONTEIRO	Seniores	RUN ME...IM FAMOUS	M	02:32:17	02:32:17	00:07:14
2643	7451	ANDRÉ GOMES	Seniores		M	02:32:19	02:30:10	00:07:08
2644	8876	MAURO MIGUEL PARREIRA VAZ TRINDADE	Seniores		M	02:32:25	02:31:21	00:07:11
2645	8172	ANA MAGALHAES MAGALHAES	F40		F	02:32:27	02:31:48	00:07:12
2646	8137	OLAF KEMPIN	M40		M	02:32:31	02:30:27	00:07:08
2647	8135	ANA MARQUES	F50		F	02:32:31	02:30:27	00:07:08
2648	5532	FRANCISCO LIMA	Seniores		M	02:32:36	02:16:07	00:06:28
2649	5270	JOSE BARBOSA	M40		M	02:32:36	02:16:08	00:06:28
2650	8286	JOÃO PEDRO INÁCIO FARIA	M35	DREAM VALLEY RUNNERS	M	02:32:38	02:16:05	00:06:27
2651	6655	FILIPE DIAS	Seniores		M	02:32:42	02:30:14	00:07:08
2652	5963	FRANCISCO JAVIER RODRIGUEZ	M45		M	02:32:49	02:13:41	00:06:21

Lugar	Dorsal	Nome	Escalão	Equipa	Sexo	Tempo	Chip	Ritmo
2653	7173	RENATO ANDRADE	Seniores	HOTEL MIRA PAIVA	M	02:33:02	02:18:32	00:06:34
2654	7677	RICARDO PEREIRA	M35	EG RUNNERS	M	02:33:08	02:23:40	00:06:49
2655	8954	MIGUEL GONÇALVES	Seniores		M	02:33:09	02:30:59	00:07:10
2656	7190	PEDRO DIAS MOREIRA	Seniores		M	02:33:20	02:14:34	00:06:23
2657	8425	ANA ARAÚJO	Seniores	ASPHALT ASSAULT TEAM	F	02:33:33	02:27:06	00:06:59
2658	8585	JOSE AZEVEDO	M35		M	02:33:33	02:17:26	00:06:31
2659	8584	RICARDO ALMEIDA	M35		M	02:33:33	02:17:26	00:06:31
2660	7183	RUI LEITE	Seniores	CABALUS	M	02:33:40	02:14:42	00:06:24
2661	8512	SUSANA GUERREIRO	F35	CABALUS	F	02:33:41	02:14:42	00:06:24
2662	6272	FILIPA PINHEIRO	Seniores		F	02:33:44	02:32:46	00:07:15
2663	6811	ELISABETE TAVARES CARREIRA	F40	CORRER VISEU	F	02:33:48	02:20:11	00:06:39
2664	5984	RODRIGO DUTRA	M40		M	02:33:55	02:32:17	00:07:14
2665	8355	ARTUR MATOS	M35		M	02:33:56	02:18:07	00:06:33
2666	8372	RUI ALEGRE	M35		M	02:34:02	02:31:38	00:07:12
2667	8183	ANGELA COSTA	Seniores		F	02:34:03	02:31:39	00:07:12
2668	7453	RAFAEL MARQUES	M40		M	02:34:11	02:32:03	00:07:13
2669	7864	ARTUR ANDRADE	Seniores		M	02:34:18	02:33:13	00:07:16
2670	8472	TASSO CAIO	M35	CAETANO RUNNERS	M	02:34:18	02:32:11	00:07:13
2671	8161	JOSÉ RUI CARDOSO	M55		M	02:34:28	02:32:29	00:07:14
2672	8375	VERA FREITAS	Seniores		F	02:34:32	02:17:39	00:06:32
2673	8350	MIGUEL OLIVEIRA	Seniores		M	02:34:32	02:18:55	00:06:36
2674	7858	JOSE PESSOA AMORIM	M55		M	02:34:35	02:22:21	00:06:45
2675	5144	MADALENA RIBAS	F55		F	02:34:39	02:32:13	00:07:13
2676	6858	SOFIA MOTA	Seniores	SAI DE GATAS BTTEAM	F	02:34:48	02:34:00	00:07:18
2677	8326	SÉRGIO GUIMARÃES	M35		M	02:35:00	02:17:31	00:06:32
2678	5237	JORGE FERREIRA	M55	TANINOS	M	02:35:02	02:33:09	00:07:16
2679	5236	CARLOS MACHADO	M55	TANINOS	M	02:35:02	02:33:09	00:07:16
2680	5084	SANDRA LOPES	F35		F	02:35:03	02:32:32	00:07:14
2681	8654	SIN DATOS DEL DORSAL 8654	Seniores		M	02:35:04	02:32:28	00:07:14
2682	8024	ANA DO ROSARIO MATOS OLIVEIRA FERNANDES	F35		F	02:35:07	02:33:21	00:07:17
2683	7101	NUNO CARVALHO OLIVEIRA	M40	CENTRO MUNICIPAL DE MARCHA E CORRIDA DE S. JO	M	02:35:13	02:33:10	00:07:16
2684	7645	SUSAN DUN	F45		F	02:35:17	02:16:47	00:06:30
2685	8773	ISABEL BARBOSA	F35		F	02:35:18	02:33:22	00:07:17
2686	7003	MARIA JOAO VAZ	F35	REDS	F	02:35:24	02:35:12	00:07:22
2687	7715	JOÃO MIRANDA DE AZEVEDO	M35		M	02:35:36	02:23:05	00:06:47
2688	6741	TIAGO ALMEIDA	Seniores	CLUBE MILLENNIUMBCP	M	02:35:45	02:16:17	00:06:28
2689	5314	MARIA DE FÁTIMA COELHO BARBOSA	F40		F	02:35:51	02:19:42	00:06:38
2690	7329	SILVIA SOUSA SOUTINHO	Seniores		F	02:35:58	02:34:37	00:07:20
2691	6445	DANIELA MARIA GOMES	F35		F	02:35:58	02:34:37	00:07:20
2692	7001	ANTÓNIO LEANDRO CAMPOS	Seniores	PORRA	M	02:36:00	02:17:24	00:06:31
2693	7276	ISABEL ALMEIDA	F40		F	02:36:02	02:17:15	00:06:31
2694	8592	MONICA MACHADO	Seniores		F	02:36:05	02:24:27	00:06:51
2695	6470	NUNO FERNANDES	M35		M	02:36:05	02:34:39	00:07:20
2696	5980	ABÍLIO MINA	M40	OS FURA MONTANHAS	M	02:36:10	02:35:13	00:07:22
2697	5979	ANA CRISTINA MINA	F40	OS FURA MONTANHAS	F	02:36:10	02:35:12	00:07:22
2698	7540	EMANUEL ALMEIDA	M35		M	02:36:11	02:35:34	00:07:23
2699	6536	FERNADO DE BRITO	Seniores		M	02:36:48	02:35:24	00:07:22
2700	6886	MANUEL SILVA	M50		M	02:36:54	02:21:17	00:06:42
2701	6887	JOÃO RAFAEL MARQUES	Juniores		M	02:36:54	02:21:18	00:06:42
2702	8028	ANA CATARINA ARAUJO	Seniores		F	02:37:04	02:35:20	00:07:22
2703	5260	ANTONIO ALVES	M60		M	02:37:04	02:36:15	00:07:25

Lugar	Dorsal	Nome	Escalão	Equipa	Sexo	Tempo	Chip	Ritmo
2704	8068	FATIMA MESQUITA	F40	PERNETAS	F	02:37:15	02:34:58	00:07:21
2705	7036	JOAO FERNANDES	M40		M	02:37:22	02:24:44	00:06:52
2706	7399	ALBERTO TEIXEIRA MELO	M60	DOURO AZUL	M	02:37:35	02:37:35	00:07:29
2707	8196	LUIS CARLOS BARBOSA COSTA	M35		M	02:37:38	02:22:06	00:06:45
2708	8360	INES BRAGA	F35		F	02:37:38	02:22:04	00:06:44
2709	8718	NOAME COSTA COSTA	Seniores	BOSCH TERMOTECNOLOGIA SA	F	02:37:39	02:21:34	00:06:43
2710	5822	CLAUDIA AMARAL	Seniores	GAIA-RUNNING	F	02:37:45	02:37:13	00:07:28
2711	5777	CLARA MARIA CAETANO MEDEIROS	F40		F	02:37:45	02:21:20	00:06:42
2712	8720	MANUEL MELO MELO	M35	BOSCH TERMOTECNOLOGIA SA	M	02:37:59	02:22:37	00:06:46
2713	6650	CLAUDIA MELLO	F40		F	02:38:21	02:37:05	00:07:27
2714	7721	JOÃO FIGUEIREDO	M35		M	02:38:33	02:22:37	00:06:46
2715	7442	JOAQUIM MANUEL CÉSAR CAEIRO CAEIRO	M45	DNM SPORT TEAM	M	02:38:34	02:36:28	00:07:25
2716	5710	ANA ISABEL LACÃO	Seniores		F	02:38:37	02:38:10	00:07:30
2717	7753	LUCIA GOUVEIA	Seniores		F	02:38:38	02:21:25	00:06:43
2718	8381	RAQUEL VALGA	Seniores	NAMADORES	F	02:38:50	02:22:21	00:06:45
2719	6891	CARLOS PINTO JOÃO	M35		M	02:38:50	02:36:26	00:07:25
2720	8613	MARIA JOAO	Seniores		F	02:39:00	02:36:35	00:07:26
2721	7441	FERNANDO JORGE FERREIRA SILVA MARQUES MARQUES	M40	DNM SPORT TEAM	M	02:39:21	02:37:16	00:07:28
2722	7009	INES CARVALHO	F40		F	02:39:34	02:38:38	00:07:32
2723	5202	SÍLVIA SEBASTIÃO SEBASTIÃO	F35	OS SALOIOS	F	02:39:35	02:37:00	00:07:27
2724	5550	BRUNO SILVA	Seniores		M	02:39:37	02:38:16	00:07:31
2725	6549	ISABEL ABREU PEREIRA	F50		F	02:39:38	02:23:08	00:06:48
2726	5966	GILBERTO RODRIGUES DOS SANTOS FILHO	M55		M	02:39:39	02:22:13	00:06:45
2727	5122	JOÃO MONTEIRO	M35		M	02:39:49	02:39:24	00:07:34
2728	8076	MANUEL CARVALHO	Seniores		M	02:39:54	02:38:55	00:07:32
2729	5335	VERA CARDOSO	Seniores	TWOWAVE	F	02:40:14	02:28:46	00:07:04
2730	5317	FILIPPE FERNANDES	M35	TWOWAVE	M	02:40:15	02:28:47	00:07:04
2731	7106	ANA CLAUDIA PAIXÃO	F40	SERVIÇOS SOCIAIS MONTEPIO GERAL	F	02:40:16	02:40:04	00:07:36
2732	8336	SÓNIA MARQUES	Seniores	ÁS QUINTAS EM CASA	F	02:40:42	02:23:01	00:06:47
2733	8763	PAULA DANIEL	F40	ALL AMONG&TOGETHER TEAM	F	02:40:46	02:22:00	00:06:44
2734	8337	CÉDRIC MARTA	Seniores	ÁS QUINTAS EM CASA	M	02:41:11	02:23:30	00:06:49
2735	8630	JOSÉ BERNARDO FERREIRA	Seniores		M	02:41:19	02:23:14	00:06:48
2736	5675	LETICIA PEREIRA	Seniores		F	02:41:22	02:40:55	00:07:38
2737	6898	ELCE CAMILA CARBONARI	M35		M	02:41:33	02:39:54	00:07:35
2738	6900	SILVANO GANDRA	M40		M	02:41:34	02:39:52	00:07:35
2739	8629	DUARTE FRAGA	Seniores	FRAGA	M	02:41:35	02:23:33	00:06:49
2740	5844	EDUARDO SANTOS	M60		M	02:42:06	02:41:52	00:07:41
2741	5515	MARIA MIQUELINA MARTINS	F55		F	02:42:10	02:42:07	00:07:42
2742	5516	LUIS MARTINS	M55		M	02:42:11	02:42:10	00:07:42
2743	8003	JOSE MATEUS TAVARES	M45	AASM	M	02:42:14	02:28:03	00:07:02
2744	7482	TOZE CASTRO LOPES	M40	ALA ARRIBA	M	02:42:25	02:39:14	00:07:33
2745	7045	SILVIA MOTA	Seniores	RUN ME...IM FAMOUS	F	02:42:30	02:24:08	00:06:50
2746	8816	JOANA MALCATA	Seniores		F	02:42:39	02:41:44	00:07:40
2747	5295	JOAO MERUJE	M60		M	02:42:44	02:27:21	00:07:00
2748	8190	CARLA RODRIGUES	F40		F	02:42:50	02:32:50	00:07:15
2749	5214	JOÃO PEDRO FREIRE DUARTE	Seniores		M	02:43:04	02:41:03	00:07:39
2750	7051	ANA MATOS	Seniores	RUN ME...IM FAMOUS	M	02:43:31	02:31:29	00:07:11
2751	6625	PEDRO SEABRA	Seniores	CORRIDA PERNAS PARA O AR	M	02:43:34	02:42:32	00:07:43
2752	6614	ALTINO NOBRE	Seniores		M	02:43:36	02:41:16	00:07:39
2753	5575	DINIS ANTÓNIO FONSECA MARTINS	M40		M	02:43:53	02:29:37	00:07:06
2754	8313	JULIO BASTOS	Seniores		M	02:44:00	02:28:39	00:07:03

Lugar	Dorsal	Nome	Escalão	Equipa	Sexo	Tempo	Chip	Ritmo
2755	7403	JOAO CASTRO	M35		M	02:44:17	02:43:13	00:07:45
2756	6156	ANDRÉ AMORIM AMORIM	M45	BUDEGUITA RUNNERS	M	02:44:28	02:28:56	00:07:04
2757	6586	MARTA CORDEIRO	Seniores		F	02:44:43	02:42:50	00:07:44
2758	6584	JOANA CORDEIRO	F35		F	02:44:44	02:42:51	00:07:44
2759	5688	PEDRO SILVA LOPES	M35		M	02:45:07	02:27:13	00:06:59
2760	7252	MIGUEL OLIVEIRA	Seniores	IVM	M	02:45:23	02:29:48	00:07:06
2761	7492	ERMESINDA CARVALHO	F45	PRESTÍGIO	F	02:45:23	02:31:11	00:07:10
2762	5212	MÁRCIO GONÇALVES	Seniores		M	02:45:40	02:43:39	00:07:46
2763	5936	MARGARIDA OLIVEIRA	F35		F	02:45:41	02:45:06	00:07:50
2764	8511	MARIALVA SOUZA MARQUES	F45		F	02:45:45	02:26:46	00:06:58
2765	8618	CATIA ALEXANDRA BENTO GAMEIRO FERNANDES	F35		F	02:46:10	02:36:12	00:07:25
2766	6899	LUCIANA BALZAN	M40		M	02:46:10	02:44:30	00:07:48
2767	5651	FERNANDO ANTONIO DA COSTA TEIXEIRA	M60		M	02:46:14	02:31:30	00:07:11
2768	7623	ANTONIO FONSECA FONSECA	M60		M	02:46:26	02:45:12	00:07:50
2769	8163	JORGE REIS	Seniores		M	02:46:38	02:46:04	00:07:53
2770	8793	IVO LEAL	M45	JARCLIM	M	02:46:43	02:44:51	00:07:49
2771	8414	SILVIA APARECIDA SENAS DA SILVA PINTO	F50	PÉ NO CHÃO	F	02:47:29	02:44:53	00:07:49
2772	8799	MARIA AUGUSTA FREITAS CERQUEIRA ESPERANÇA	F45		F	02:48:02	02:36:32	00:07:26
2773	6744	VITOR CARRICO	M45	CLUBE MILLENNIUMBCP	M	02:48:05	02:47:52	00:07:58
2774	5687	MARCIA FERREIRA	F35		F	02:48:31	02:46:06	00:07:53
2775	8299	PEDRO GARRIDO	Seniores		M	02:48:33	02:35:42	00:07:23
2776	8295	ALEXANDRA DIAS	F45		F	02:48:33	02:35:43	00:07:23
2777	7472	CLÁUDIA RATO	Seniores		F	02:48:49	02:47:35	00:07:57
2778	7560	PAULO PICÃO	Seniores		M	02:48:57	02:47:31	00:07:57
2779	7518	MARTA CANDEIAS	Seniores		F	02:48:58	02:47:31	00:07:57
2780	6227	JORGE MACEDO	M45		M	02:49:22	02:33:10	00:07:16
2781	8533	ELISEU ZANELLA	M60		M	02:49:29	02:48:44	00:08:00
2782	5135	HENRIQUE PORTELA	Seniores	FOGAÇAS	M	02:49:40	02:47:27	00:07:57
2783	8320	VIRGINIE GROSBOILLOT	Seniores		F	02:50:09	02:33:44	00:07:18
2784	8359	ANDRE JOSE CALDEIRA RIBEIRO	M35		M	02:50:12	02:34:38	00:07:20
2785	8358	SUSANA OLIVEIRA ALMEIDA RIBEIRO	Seniores		F	02:50:12	02:34:38	00:07:20
2786	6715	EVA DA COSTA	F60		F	02:52:02	02:50:38	00:08:06
2787	7326	DENNIS METZ	Seniores		M	02:52:06	02:33:31	00:07:17
2788	5126	URSULA METZ	F55		F	02:52:06	02:33:31	00:07:17
2789	6182	PETER METZ	M60		M	02:52:06	02:33:31	00:07:17
2790	5899	TIAGO ANDRE AIRES	Seniores		M	02:53:15	02:39:41	00:07:35
2791	7253	RICARDO TEIXEIRA	M35	IVM	M	02:53:30	02:37:56	00:07:30
2792	5821	LUIS CARDOSO	M35	ÛSKÊ?-NIANOS	M	02:53:36	02:37:53	00:07:29
2793	5716	ROSA CLARA PEREIRA CARVALHAIS	F45		F	02:54:02	02:53:26	00:08:14
2794	7465	VICKI COLE	Seniores		F	02:54:32	02:51:47	00:08:09
2795	7467	HORACE COLE	M55		M	02:54:32	02:51:47	00:08:09
2796	6765	MARGARIDA MENDES	F35		F	02:54:33	02:53:59	00:08:15
2797	7671	JORGE COSTA	Seniores		M	02:54:45	02:38:34	00:07:31
2798	8878	CARLA SEPULVEDA SEPULVEDA	Seniores	RUN ME...IM FAMOUS	F	02:54:59	02:36:36	00:07:26
2799	7354	JOSÉ ANTÓNIO PINTO LOPES	Seniores	FANTASTIC FOUR	M	02:55:41	02:53:51	00:08:15
2800	7345	SONIA ALEXANDRA FERNANDES SANTOS	Seniores		F	02:55:45	02:54:56	00:08:18
2801	6482	CATARINA PEREIRA	Seniores		F	02:55:45	02:53:14	00:08:13
2802	6487	FILIPA CASTELO MONTEIRO	Seniores		F	02:56:55	02:55:49	00:08:21
2803	7335	KARIN GERBER	F40		F	02:56:55	02:55:50	00:08:21
2804	6999	ROSÁRIO RODRIGUES	F45		F	02:58:10	02:57:16	00:08:25
2805	6596	MARCO BARRRETO	M35	ECONOKITPORTUGAL	M	02:58:11	02:56:29	00:08:22

Lugar	Dorsal	Nome	Escalão	Equipa	Sexo	Tempo	Chip	Ritmo
2806	7030	MANUEL BATALHA BATALHA	M60	GRUPO OS BARRIGAS	M	02:58:48	02:41:22	00:07:39
2807	6951	PEDRO NEVES	M35	ÛSKÊ?-NIANOS	M	02:59:59	02:44:17	00:07:48
2808	5832	SARA SILVA	Seniores	ÛSKÊ?-NIANOS	F	02:59:59	02:44:18	00:07:48
2809	5235	DIEGO VALENTE	M35		M	03:00:00	02:46:29	00:07:54
2810	7352	BRUNO FERNANDO SANTOS RIBEIRO	Seniores	FANTASTIC FOUR	M	03:00:13	02:58:23	00:08:28
2811	5597	SOFIA SÁ	Seniores		F	03:00:49	02:46:46	00:07:55
2812	5596	MARIO MOREIRA	Seniores		M	03:00:50	02:46:47	00:07:55
2813	5744	MARGARIDA MARQUES	F45		F	03:01:02	03:00:09	00:08:33
2814	7678	OLIVEIRA RODRIGUES	M35	EG RUNNERS	M	03:01:11	02:51:43	00:08:09
2815	6602	NELSON CARNEIRO	Seniores		M	03:01:44	02:59:24	00:08:31
2816	6285	JORGE MANUEL FERREIRA RIBEIRO	M40	MADALENA	M	03:01:57	02:49:48	00:08:03
2817	6535	FERNANDA STEFFENS	Seniores		F	03:02:01	02:43:40	00:07:46
2818	8409	ELIANE ABASTO ROSSI	F45	PÉ NO CHÃO	F	03:02:08	02:59:21	00:08:31
2819	5096	LAURENTINO SILVARES	M55	HPP PORTO	M	03:02:23	02:45:17	00:07:51
2820	6965	PEDRO RIBEIOR	Seniores		M	03:03:14	03:01:40	00:08:37
2821	7466	SÉRGIO BROCHADO	Seniores	NICE RACING TEAM	M	03:03:16	03:01:44	00:08:37
2822	7351	SILVIA MARIA NUNES FARIA RIBEIRO	F35	FANTASTIC FOUR	F	03:03:31	03:01:41	00:08:37
2823	7353	CARLA PATRICIA TEIXEIRA FERNANDES	Seniores	FANTASTIC FOUR	F	03:03:31	03:01:42	00:08:37
2824	5220	BRUNO PAULO LOBÃO DE MOURA	Seniores		M	03:07:15	02:53:40	00:08:14
2825	5077	FILIFE CUNHA	M35		M	03:07:29	02:53:53	00:08:15
2826	8165	SAMUEL TIAGO FRAGA SALVADOR	Seniores		M	03:08:57	03:08:00	00:08:55
2827	8765	DOLORES RESENDE	F40	ALL AMONG&TOGETHER TEAM	F	03:08:58	02:50:14	00:08:05
2828	6483	ANA SILVA	Seniores		F	03:10:28	03:08:48	00:08:57
2829	6484	ANA BORGES	Seniores		F	03:10:30	03:08:51	00:08:58
2830	8536	LUIS BESSA	Seniores		M	03:12:23	02:56:39	00:08:23
2831	8559	PAULO VASCONCELOS	Seniores		M	03:12:24	02:56:40	00:08:23
2832	8334	ANDROMEDA MENEZES	F35		F	03:13:38	02:55:12	00:08:19
2833	6279	JOAQUINA MOREIRA	F40		F	03:17:18	03:00:30	00:08:34
2834	6952	CARLOS CAPELO	M35	OS CARACÓIS FURIOSOS	M	03:17:18	03:00:19	00:08:33
2835	5495	FILIFE BAROSA	Seniores		M	03:18:56	03:02:06	00:08:38
2836	5907	DAVID TEIXEIRA	Seniores		M	03:19:21	03:18:24	00:09:25