

Dorsal	Lugar	Nome	Escalão	Equipa	Tempo	Chip
4002	1	Licínio Pimentel	M-V40	Individual	01:06:50.157	01:06:49.000
8706	2	Rui Teixeira	M-V35	Sporting C.P.	01:06:59.107	01:06:57.000
4032	3	Luís Saraiva	M-Seniores	Individual	01:07:36.907	01:07:34.420
4003	4	Pedro Ribeiro	M-V35	Sporting C.P.	01:08:33.157	01:08:29.824
8066	5	Carlos Silva	M-Seniores	Individual	01:08:46.610	01:08:46.610
9025	6	Pedro Cruz	M-Seniores	Cds Salvador Do Campo	01:08:58.360	01:08:54.360
8890	7	Bruno Silva	M-Seniores	Águias De Alvelos	01:09:39.860	01:09:37.057
7858	8	Leonel Fernandes	M-V35	Clube De Atletismo De Ovar	01:11:21.863	01:11:18.776
4015	9	Catarina Ribeiro	F-Seniores	Individual	01:12:12.113	01:12:07.980
4004	10	Sara Moreira	F-Seniores	Sporting C.P.	01:12:28.117	01:12:24.367
4001	11	José Moreira	M-Seniores	Sporting C.P.	01:12:30.623	01:12:27.340
8861	12	Ricardo Ribas	M-V35	Individual	01:12:35.420	01:12:31.867
4033	13	Francisco Pedro	M-V45	Individual	01:12:51.913	01:12:48.583
9023	14	Inês Monteiro	F-V35	Cas	01:13:45.913	01:13:42.013
8743	15	Bruno Jesus	M-V35	C. S. R. D. C. Santiago	01:14:01.117	01:13:55.324
7618	16	Fernando Lopes	M-V40	Individual	01:14:16.117	01:14:13.307
7143	17	Fernando Grilo	M-V40	Individual	01:14:32.117	01:14:22.250
9030	18	Paulo Morais	M-Seniores	Individual	01:14:34.120	01:14:22.760
7964	19	Marco Filipe	M-V35	Egis	01:14:35.870	01:14:32.113
6683	20	Jose Pereira	M-V35	Acsd Pedraido	01:15:17.120	01:15:13.723
6136	21	Ricardo Pinto	M-Seniores	Individual	01:15:22.417	01:15:18.797
5833	22	Joaquim Figueiredo	M-V50	Figueiredo'S Runner'S And Friends	01:15:35.120	01:15:29.890
8500	23	Carlos Oliveira	M-V45	Jobra	01:15:36.377	01:15:36.377
8705	24	Alfredo Pinheiro	M-V50	A.D. Amarante	01:15:39.167	01:15:35.047
6516	25	Henrique Costa	M-Seniores	Ama Associação Mondim Atletismo	01:16:25.873	01:16:11.813
5825	26	Manuel Branquinho	M-V45	Individual	01:17:01.123	01:16:59.156
7973	27	Carla Martinho	F-V40	Recreio Desportivo De Águeda	01:17:33.420	01:17:29.400
7929	28	Joaquim Lopes	M-V50	Porto Runners	01:17:37.623	01:17:33.293
8741	29	António Teixeira	M-V35	C. S. R. D. C. Santiago	01:17:40.920	01:17:21.397
7087	30	Rui Coimbra	M-V35	Centro De Atletismo De Tondela	01:17:54.627	01:17:50.500
8542	31	Artur Barbosa	M-Seniores	Grupo Desportivo Dos Ferroviários De Campanhã	01:18:07.877	01:17:57.364
8003	32	António Silva	M-V45	Cds Salvador Do Campo	01:18:12.127	01:18:04.714
8742	33	Bruno Queirós	M-Seniores	C. S. R. D. C. Santiago	01:18:14.123	01:18:10.316
4006	34	Emília Piseiro	F-Seniores	Clube De Atletismo Prof. Emilia Piseiro	01:18:37.420	01:18:33.513
9077	35	Luisa Oliveira	F-V40	Paredes Aventura	01:18:41.877	01:18:37.294
8995	36	Tiago Machado	M-Seniores	Casa Do Povo De Mangualde	01:18:44.127	01:18:29.507
9251	37	Joaquim Rocha	M-V50	Individual	01:18:52.877	01:18:47.490
7085	38	Luis Martins	M-V35	Centro De Atletismo De Tondela	01:18:54.627	01:18:40.837
5804	39	Ruben Ribeiros	M-Seniores	Individual	01:19:05.383	01:17:30.570
5310	40	Nuno Pinho	M-V35	N.A.Cucujães	01:19:09.127	01:19:04.647
8187	41	António Almeida	M-V35	Individual	01:19:27.880	01:19:12.680
7700	42	Faneka Marques	M-Seniores	Dci\Ccdrpedrulha-Mealhada	01:20:15.877	01:19:39.470
8126	43	Raul Fernandes	M-V40	Navr	01:20:21.377	01:20:16.947
6460	44	José Silva	M-V45	N.A.Cucujães	01:20:52.173	01:20:47.836
7983	45	Manuel Palmeiro	M-V50	Ginasio Clube De Bragança	01:21:18.630	01:21:13.177

Dorsal	Lugar	Nome	Escalão	Equipa	Tempo	Chip
7084	46	Carlos Ribeiro	M-V40	Centro De Atletismo De Tondela	01:21:25.130	01:21:10.507
5458	47	Domingos Santos	M-V35	Nascidos Para Correr	01:21:29.380	01:21:20.243
8949	48	Hugo Bastos	M-Seniores	Cdd Apdl	01:21:30.130	01:21:26.107
5851	49	Helder Baptista	M-V35	Individual	01:21:30.673	01:21:15.286
6995	50	Ricardo Teixeira	M-V35	Clube Colaboradores Ageas	01:21:38.630	
8746	51	Miguel Pinheiro	M-V35	C. S. R. D. C. Santiago	01:21:56.133	01:21:37.000
8501	52	Carlos Pimenta	M-V40	Individual	01:21:57.390	
8718	53	João Pereira	M-V40	Individual	01:21:59.907	01:21:51.630
8015	54	Rui Ferreira	M-V50	Familia Opscut	01:22:09.177	01:22:04.224
8006	55	Jaime Ribeiro	M-V45	Individual	01:22:10.677	01:22:01.030
8125	56	Pedro Nunes	M-V35	Navr	01:22:11.673	01:22:07.613
8697	57	Mauro Azevedo	M-V45	Escola De Atletismo De Coimbra/Jpaiva	01:22:13.890	01:22:05.163
5470	58	Joaquim Alves	M-V45	Nascidos Para Correr	01:22:14.143	01:22:04.200
8870	59	Carlos Queirós	M-Seniores	Opraticante.Pt / A. D. Amarante Atletismo	01:22:15.177	01:22:10.000
8734	60	Pedro Vieira	M-Seniores	Individual	01:22:17.133	01:21:31.770
8990	61	Carlos Lopes	M-V35	Individual	01:22:17.883	01:22:17.883
8133	62	Samuel Tomas	M-V35	Navr	01:22:17.890	01:22:12.717
5386	63	Jose Almeida	M-V45	Academia Fernanda Ribeiro	01:22:25.157	01:22:16.294
6976	64	Paulo Almeida	M-V45	Individual	01:22:30.677	01:22:04.557
8745	65	José Vieira	M-V45	C. S. R. D. C. Santiago	01:22:32.133	01:22:12.666
9085	66	Lino Ferreira	M-V45	Individual	01:22:39.633	01:22:25.306
8244	67	Fábio Cardoso	M-Seniores	Individual	01:22:41.633	01:22:19.586
6327	68	Joaquim Rodrigues	M-V45	Os Carregueirenses	01:22:45.883	01:22:39.563
4027	69	Rui Veloso	M-V40	Cds Salvador Do Campo	01:22:47.927	01:22:43.220
8974	70	Paulo Santos	M-V35	Viseu Running Team	01:22:50.427	01:22:28.804
4035	71	Henrique Machado	M-V50	Navr	01:22:53.140	01:22:47.343
7988	72	Carlos Oliveira	M-V45	Individual	01:22:55.883	01:22:49.446
5872	73	Jose Monteiro	M-V55	Bairro De Carcavelos Synergie	01:22:59.133	01:22:50.406
5774	74	Jose Barros	M-V35	Individual	01:23:11.137	01:23:01.997
8044	75	António Campos	M-V40	Ctm Vila Pouca De Aguiar	01:23:23.140	01:23:14.657
8549	76	Joaquim Oliveira	M-V45	Grupo Desportivo Dos Ferrovíarios De Campanhã	01:23:26.133	01:23:15.040
8350	77	Paulo Reis	M-V45	Sporting Clube De Espinho	01:23:26.633	01:23:22.413
8538	78	Albano Silva	M-V35	Individual	01:23:29.637	01:23:22.534
8601	79	João Teixeira	M-V50	Individual	01:23:40.637	01:23:35.694
7962	80	João Leandro	M-V40	Egis	01:23:48.887	01:23:43.097
7163	81	Luís Novais	M-V35	Individual	01:23:49.383	01:23:14.106
8279	82	João Martins	M-Seniores	Individual	01:24:01.387	01:23:48.084
6438	83	Bruno Teixeira	M-V40	Individual	01:24:05.637	01:23:56.280
5107	84	Jorge Ramos	M-V35	Individual	01:24:10.643	01:23:57.716
8802	85	José Oliveira	M-V50	Individual	01:24:17.387	01:24:11.790
6403	86	Fernando Miranda	M-V40	Individual	01:24:19.657	01:24:15.940
8273	87	Luis Cruz	M-V45	Individual	01:24:27.393	01:23:05.870
6664	88	Fernando Alvim	M-V50	Cmmc S. João Da Pesqueira 1	01:24:33.177	01:24:22.960
5891	89	Pedro Fernandes	M-V35	Individual	01:24:38.137	01:24:13.550
8951	90	Manuel Teixeira	M-V45	Cdd Apdl	01:24:48.387	01:24:43.007

Dorsal	Lugar	Nome	Escalão	Equipa	Tempo	Chip
8349	91	Paulo Oliveira	M-V45	Sporting Clube De Espinho	01:24:51.177	
8357	92	Pedro Ventura	M-Seniores	Paredes Aventura	01:24:53.637	01:24:47.060
5584	93	João Machado	M-V40	Individual	01:24:57.390	01:24:47.020
8245	94	Nuno Nunes	M-Seniores	Individual	01:25:16.140	01:24:53.373
5552	95	Pedro Freitas	M-Seniores	Individual	01:25:27.897	01:25:18.720
6950	96	Jose Grijo	M-V35	Individual	01:25:29.413	01:25:20.060
8992	97	Jorge Matos	M-V45	Unicer Basto Team	01:25:31.147	01:24:08.930
7390	98	Lucinda Moreiras	F-V45	Aacr	01:25:32.683	01:25:27.740
5111	99	Paulo Pereira	M-V40	Individual	01:25:36.680	01:25:30.723
8777	100	Cesario Simoes	M-V45	Centro De Atletismo De Seia	01:25:43.397	01:24:53.157
8701	101	Hélder Soares	M-Seniores	Individual	01:25:46.390	01:25:26.283
6591	102	António Ribeiro	M-Seniores	Individual	01:25:51.147	01:24:50.944
6499	103	Joel Barbosa	M-Seniores	C. S. R. D. C. Santiago	01:25:51.183	01:25:46.906
8726	104	Ricardo Carvalho	M-V45	Individual	01:26:01.430	01:25:57.523
7629	105	Abílio Teixeira	M-V50	Sociedade Recreio Capanense	01:26:10.390	01:24:50.443
9139	106	Márcio Ferreira	M-Seniores	Individual	01:26:12.140	01:26:03.803
6654	107	Pedro Pereira	M-V40	Fapomed Sa	01:26:17.390	01:26:03.797
6465	108	Tomás Barroso	M-V50	Individual	01:26:20.417	01:26:01.310
7251	109	Ricardo Carvalho	M-Seniores	Individual	01:26:21.647	01:25:43.347
8447	110	José Sousa	M-V50	Individual	01:26:24.147	01:26:09.260
8380	111	Filipe Nunes	M-V45	Navr	01:26:26.140	01:26:19.893
8608	112	Bruno Lopes	M-Seniores	Individual	01:26:32.897	01:26:04.734
8467	113	Bruno Santos	M-V35	Individual	01:26:37.640	01:26:31.393
8411	114	João Sousa	M-Seniores	Individual	01:26:38.890	01:26:22.290
8901	115	Lídia Pereira	F-V50	Gdr Granja - Trutas Mau	01:26:39.937	01:26:35.604
8825	116	Fernando Almeida	M-V45	Ecomobile - Aluguer De Automóveis	01:26:42.890	01:26:36.890
5755	117	Sérgio Mota	M-Seniores	Individual	01:26:43.890	01:26:23.420
8766	118	Daniel Fonseca	M-Seniores	Runner`S Do Demo	01:26:44.140	01:26:17.260
5036	119	Hélio Marques	M-V40	lfc	01:26:45.147	01:26:36.550
9020	120	Paula Marques	F-V40	Individual	01:26:46.643	01:26:10.846
8798	121	Bruno Pacheco	M-Seniores	Individual	01:26:46.890	01:26:35.297
6375	122	Eduardo Quaresma	M-V35	Valejas A.C.	01:26:48.140	01:25:07.477
7557	123	José Almeida	M-V40	Individual	01:26:49.640	01:26:36.920
7086	124	Mário Lopes	M-Juniores	Centro De Atletismo De Tondela	01:26:53.897	01:26:36.917
6350	125	Artur Pereira	M-V35	Individual	01:26:57.640	01:25:53.893
5038	126	Manuel Pinho	M-V50	Individual	01:26:58.640	01:26:02.113
6479	127	Raul Coelho	M-V35	Individual	01:27:06.890	01:26:56.870
5024	128	João Moreira	M-Seniores	Individual	01:27:08.640	01:26:30.840
8994	129	Carlos Nunes	M-V50	Casa Do Povo De Mangualde	01:27:18.140	01:26:43.620
9203	130	António Moreira	M-V40	Academia Fernanda Ribeiro	01:27:20.900	01:27:16.143
5950	131	José Mota	M-V50	Nascidos Para Correr	01:27:24.140	01:26:47.393
7144	132	José Martins	M-V50	Individual	01:27:27.140	01:27:08.140
5778	133	Albertino Barbosa	M-V45	Iniciados	01:27:27.683	01:27:03.326
7394	134	Jose Marques	M-V35	Individual	01:27:32.147	01:26:50.567
5947	135	António Graça	M-V60	Nascidos Para Correr	01:27:34.890	01:27:13.903

Dorsal	Lugar	Nome	Escalão	Equipa	Tempo	Chip
6706	136	Manuel Gomes	M-V40	Individual	01:27:35.653	01:27:19.416
6409	137	Luis Mota	M-V40	Clac- Entroncamento	01:27:36.150	01:27:03.863
7002	138	André Simões	M-V35	Individual	01:27:37.937	01:27:31.850
5329	139	Jorge Costa	M-V40	Individual	01:27:45.650	01:27:35.193
5429	140	Paulo Silva	M-V45	Individual	01:27:47.650	
7709	141	João Amândio	M-Seniores	Individual	01:27:48.643	
5039	142	Domingos Ribeiro	M-V55	Individual	01:27:50.117	01:26:56.030
8173	143	Kevin Amoedo	M-Seniores	Individual	01:27:53.933	01:26:19.976
6608	144	Filipe Ramos	M-V35	Aesthetical Team Running	01:28:05.643	01:27:17.010
6408	145	Pedro Gilvaz	M-V35	Monte Dos Amigos /Juventude Ribeiras	01:28:05.683	01:27:26.216
7719	146	Ricardo Areias	M-Seniores	Individual	01:28:07.140	01:27:57.793
8914	147	Nuno Angélico	M-Seniores	Individual	01:28:09.650	01:27:55.247
6649	148	Daniel Flórido	M-Seniores	A Culpa É Do Benfica	01:28:11.687	01:27:42.907
7734	149	Frederico Lopes	M-V35	Individual	01:28:12.890	01:28:06.923
8371	150	Nuno Silva	M-V40	Correr Lisboa	01:28:13.143	01:27:50.950
8641	151	João Lopes	M-V35	Lidl Team	01:28:20.393	01:28:11.953
5343	152	Valentim Henriques	M-V45	C. D. Asas Do Milénium	01:28:22.643	01:28:15.336
8858	153	Pedro Ferreira	M-V35	Viseu 360	01:28:29.143	01:27:38.666
8654	154	Ricardo Farinha	M-Seniores	Lidl Team	01:28:31.143	01:27:49.543
5709	155	Ricardo Mendes	M-V35	Individual	01:28:33.150	01:28:16.683
5477	156	Manuel Cardoso	M-V50	Nascidos Para Correr	01:28:33.677	01:28:22.480
8939	157	João Afonso	M-Seniores	Alexandra Carvalho Team	01:28:42.397	01:25:31.524
8783	158	José Manuel	M-V40	Individual	01:28:42.690	01:28:37.460
8391	159	Vítor Ribau	M-V45	Individual	01:28:43.397	01:28:27.167
8610	160	José Nunes	M-V40	Individual	01:28:43.647	01:28:15.544
8919	161	João Reis	M-V45	Viriathvs Runners Viseu	01:28:48.143	01:28:32.280
9362	162	Manuel Pinto	M-V45	Tribo Nr	01:28:49.393	01:28:32.406
8402	163	Paulo Gomes	M-V35	Individual	01:28:51.393	01:27:06.596
8810	164	Fábio Teles	M-Seniores	Individual	01:28:54.650	01:28:37.303
8128	165	Zezemativani Pereira	M-V40	Navr	01:28:56.893	01:27:38.260
5481	166	Nuno Vidal	M-V40	Nascidos Para Correr	01:29:00.893	01:28:49.180
8614	167	Joaquim Quitério	M-V40	Individual	01:29:01.643	01:28:54.446
8048	168	Guilhermino Meireles	M-V40	Ctm Vila Pouca De Aguiar	01:29:03.397	01:28:52.847
5519	169	Sousa Baptista	M-Seniores	Individual	01:29:03.397	01:28:26.377
7240	170	Manuel Dias	M-Seniores	Malta Do Shuss	01:29:05.147	01:27:36.897
5674	171	André Manita	M-Seniores	Individual	01:29:05.893	01:26:22.426
7489	172	Alexandre Tavares	M-V35	Individual	01:29:08.643	01:28:49.903
8700	173	Nuno Gomes	M-Seniores	Individual	01:29:16.397	01:29:13.010
9157	174	João Moitas	M-Seniores	Correr Viseu	01:29:16.647	01:29:01.787
9199	175	Joel Simplicio	M-Seniores	Unicer Basto Team	01:29:16.893	01:27:54.683
5042	176	Miguel Lopes	M-V35	Ju & Mi	01:29:18.937	01:28:10.654
5394	177	Joaquim Santos	M-V40	Alien Perform	01:29:19.897	01:27:04.580
8123	178	Jose Almeida	M-V35	Navr	01:29:20.397	01:27:59.984
8928	179	Nelson Marques	M-V35	Individual	01:29:22.397	01:27:54.910
7726	180	Paulo Castro	M-V35	Associação Desportiva Da Efacec	01:29:24.893	01:27:04.360

Dorsal	Lugar	Nome	Escalão	Equipa	Tempo	Chip
9009	181	João Pereira	M-V40	Individual	01:29:24.937	01:29:12.614
9198	182	Fábio Teixeira	M-Seniores	Individual	01:29:26.647	01:26:54.557
5311	183	Joao Oliveira	M-V55	Individual	01:29:27.653	01:29:21.476
5739	184	Heber Pires	M-Seniores	Individual	01:29:31.397	01:29:00.460
5405	185	José Gomes	M-V55	Individual	01:29:31.647	01:29:17.764
5809	186	Carlos Campos	M-V40	Atlético Clube Alfenense	01:29:32.647	01:29:10.890
6917	187	Fernando Pereira	M-V50	Individual	01:29:33.643	01:29:00.863
8883	188	António Nascimento	M-V50	Individual	01:29:34.400	01:29:23.197
5199	189	António Nunes	M-V45	Somos Porto	01:29:34.897	01:29:22.130
6028	190	Carlos Costa	M-V50	Individual	01:29:35.143	01:29:26.656
7982	191	Jorge Pires	M-V45	Ginasio Clube De Bragança	01:29:36.647	01:28:29.674
9010	192	Luis Correia	M-V40	Individual	01:29:37.167	01:29:20.414
7368	193	Fernando Correia	M-Seniores	Sportarc.Running	01:29:38.397	01:29:05.424
8322	194	Manuel Mendes	M-V45	Individual	01:29:46.903	01:29:42.320
8916	195	Rogério Viiera	M-V50	Individual	01:29:47.693	01:29:39.623
8720	196	Carlos Machado	M-V50	Individual	01:29:48.397	01:29:33.100
5659	197	Victor Varizo	M-V40	Individual	01:29:50.150	01:29:31.867
8476	198	Luís Fonseca	M-V45	Individual	01:29:50.653	01:29:46.290
7688	199	Mariana Magalhães	F-V45	Individual	01:29:51.403	01:29:36.873
7384	200	Luís Martins	M-V50	Kilosmoda	01:29:52.647	01:29:16.067
5554	201	Fernando Figueiredo	M-V50	Figueiredo'S Runner'S And Friends	01:29:52.703	01:29:45.013
5889	202	Diogo Ribeiro	M-Seniores	Individual	01:29:52.903	
5322	203	Sergio Enes	M-V35	Individual	01:29:55.447	01:29:31.584
5729	204	Fernando Moreira	M-V40	Individual	01:29:56.893	01:29:50.570
8253	205	Fernando Gomes	M-V40	Individual	01:29:59.147	01:28:23.224
5770	206	Vitor Figueiredo	M-V50	Figueiredo'S Runner'S And Friends	01:29:59.403	01:29:45.903
6467	207	Mário Rodrigues	M-V45	Turbulentos	01:30:01.397	01:28:17.150
5418	208	Ricardo Lopes	M-Seniores	Individual	01:30:02.897	01:29:17.044
7637	209	Fernando Pinto	M-V45	Sociedade Recreio Cepenense	01:30:05.147	01:27:28.460
6326	210	Joao Franco	M-V60	Os Carregueirenses	01:30:05.897	01:29:44.324
7739	211	Susana Vilela	F-Seniores	Acd - S. João Da Serra	01:30:10.187	01:30:04.524
9185	212	José Massuça	M-V45	Individual	01:30:11.397	01:30:02.437
8655	213	Rui Cigarrosa	M-Seniores	Lidl Team	01:30:11.897	01:28:49.677
8632	214	Diogo Martinho	M-Seniores	Lidl Team	01:30:15.653	01:28:56.823
5451	215	Bruno Martins	M-V35	Nascidos Para Correr	01:30:17.147	01:30:05.637
7776	216	José Plácido	M-V40	Pastelaria Riaparque Aveiro	01:30:17.903	01:29:59.783
5176	217	José Pinto	M-V35	Individual	01:30:19.147	01:29:54.920
6948	218	Pedro Serra	M-Seniores	R/R Online	01:30:19.440	01:27:12.653
8785	219	José Godinho	M-V45	Individual	01:30:22.403	01:29:32.486
8335	220	Domingos Peixoto	M-V45	Individual	01:30:27.397	01:29:24.350
8930	221	Cortafios Ferreira	M-V40	Individual	01:30:27.693	01:30:19.406
8774	222	Daniel Azeiteiro	M-Seniores	Individual	01:30:33.650	01:28:57.487
8683	223	Segundo Rodrigues	M-V60	Individual	01:30:35.653	01:29:50.426
9147	224	Jose Barquero	M-V40	Individual	01:30:35.897	01:29:17.247
9223	225	Rui Cardoso	M-V40	O Greupe	01:30:36.397	01:30:21.587

Dorsal	Lugar	Nome	Escalão	Equipa	Tempo	Chip
7986	226	Tânia Fernandes	F-Seniores	Ginasio Clube De Bragança	01:30:37.687	01:30:31.117
6324	227	Joao Bernardes	M-V40	Os Carregueirenses	01:30:39.647	01:30:16.570
8889	228	Paulo Moreira	M-Seniores	Individual	01:30:45.397	01:30:08.500
7830	229	Hélio Barros	M-Seniores	Individual	01:30:48.403	01:30:31.013
8948	230	Mario Rodrigues	M-V40	Cdd Apdl	01:30:51.463	01:30:45.506
8882	231	José Lopes	M-V45	Individual	01:30:52.897	01:30:49.390
7649	232	Sérgio Fernandes	M-V40	Sociedade Recreio Capanense	01:30:57.647	01:29:26.897
5099	233	Tiago Ferreira	M-V35	Namadores	01:30:58.153	01:30:46.073
7735	234	Luis Alves	M-Seniores	Individual	01:31:02.153	01:30:41.256
8789	235	Vitor Oliveira	M-Seniores	Individual	01:31:03.897	01:28:11.280
8857	236	Jorge Cubal	M-Seniores	Individual	01:31:05.940	01:30:26.130
4034	237	Filipe Ribeiro	M-V40	Ecomobile - Aluguer De Automóveis	01:31:06.147	01:31:00.037
8288	238	Estêvão Gonçalves	M-V40	Egis	01:31:09.653	01:31:01.370
7978	239	João Ribeiro	M-V55	Individual	01:31:17.653	01:29:43.840
8711	240	Diogo Silva	M-Seniores	Individual	01:31:18.657	01:29:35.347
8665	241	António Santos	M-Seniores	Individual	01:31:20.647	01:30:40.064
6723	242	Alfredo Moreira	M-V40	Individual	01:31:23.147	01:30:42.520
7498	243	Rui Mila	M-Seniores	Ccd Leões Da Floresta/Ubi	01:31:26.697	01:30:13.050
8623	244	Luís Rodrigues	M-V40	Chaves Running Team	01:31:27.650	01:31:04.407
6584	245	Daniel Reis	M-Seniores	Individual	01:31:28.437	01:31:05.920
8695	246	Fábio Silva	M-Seniores	Escola De Atletismo De Coimbra/Jpaiva	01:31:28.653	01:29:03.460
5446	247	André Botelho	M-V40	Nascidos Para Correr	01:31:30.897	01:31:18.007
5037	248	Luis Soares	M-V40	Individual	01:31:31.647	01:30:35.440
6480	249	António Ferreira	M-V35	Papa Milhas	01:31:36.647	01:29:26.040
9298	250	João Marques	M-V35	Individual	01:31:39.647	01:30:50.810
8782	251	José Graça	M-V40	Individual	01:31:40.187	01:31:35.307
5756	252	Julio Dias	M-V50	Individual	01:31:40.650	01:30:41.020
5677	253	Pedro Santos	M-V40	Individual	01:31:42.400	
8875	254	Duarte Barbosa	M-V45	Barcadouro Team	01:31:43.147	01:31:25.754
7414	255	Gonçalo Morais	M-V40	Chaves Running Team	01:31:45.650	01:30:52.247
8019	256	Miguel Campos	M-V45	Individual	01:31:46.190	01:31:32.740
9360	257	Bruno Amorim	M-Seniores	Individual	01:31:48.650	01:28:55.713
8756	258	Tiago Almeida	M-Seniores	Individual	01:31:49.897	01:31:03.020
7643	259	Luís Vilela	M-V55	Sociedade Recreio Capanense	01:31:51.903	01:31:48.396
7009	260	Sergio Teixeira	M-V40	Wolf Runners	01:31:52.397	
5608	261	Ricardo Ferreira	M-Seniores	Individual	01:31:53.153	01:31:05.100
7846	262	Manuel Gomes	M-V45	Individual	01:31:53.900	01:31:20.893
6977	263	Paulo Craveiro	M-V45	Individual	01:31:54.653	01:30:54.773
6203	264	António Magalhães	M-V40	Javalis	01:31:55.190	01:31:25.073
7827	265	Hugo Tomás	M-V40	Clube Colaboradores Ageas	01:31:55.897	01:31:02.104
8451	266	Zeca Morais	M-V50	Clube De Atletismo Da Nossa Senhora Da Conceição	01:31:58.150	01:31:17.347
5452	267	Carlos Ferreira	M-V45	Nascidos Para Correr	01:32:03.897	01:31:48.900
6799	268	Jose Ferreira	M-V50	Individual	01:32:04.400	01:31:49.403
6062	269	António Pinto	M-Seniores	Individual	01:32:04.653	01:31:23.596
7473	270	Américo Pereira	M-V55	Ccdtc.M.Gondomar	01:32:07.400	01:31:09.883

Dorsal	Lugar	Nome	Escalão	Equipa	Tempo	Chip
7624	271	Bruno Castro	M-Seniores	Individual	01:32:08.653	01:30:39.996
7561	272	Telmo Nogueira	M-Seniores	Individual	01:32:17.400	01:30:31.027
8063	273	André Barros	M-V35	Trio Gbl	01:32:18.400	01:31:21.933
7496	274	Acácio Costa	M-Seniores	Ccd Leões Da Floresta/Ubi	01:32:19.397	01:31:05.650
7375	275	Jorge Loureiro	M-V40	Dinamo Clube Estação	01:32:20.207	01:31:59.370
5966	276	Hugo Barbosa	M-V35	Individual	01:32:22.400	01:32:12.653
7682	277	Hugo Moreira	M-Seniores	Cin-Runners	01:32:25.907	01:31:02.584
6859	278	Francisco Santos	M-Seniores	Biscoitos	01:32:26.160	01:31:57.737
5865	279	Tiago Leite	M-Seniores	Alesil Aluminios	01:32:26.900	01:32:18.880
7071	280	Rui Grácio	M-V40	Individual	01:32:27.650	01:31:47.790
6795	281	José Rodrigues	M-V45	Individual	01:32:28.150	01:32:06.820
6726	282	Nuno Maravilha	M-V40	Individual	01:32:29.903	
8049	283	João Gonçalves	M-V50	Ctm Vila Pouca De Aguiar	01:32:33.400	01:32:20.270
7379	284	Alberto Santos	M-V45	Kilosmoda	01:32:34.907	01:31:51.340
6610	285	José Araújo	M-V45	Individual	01:32:35.650	01:32:25.053
6647	286	Fernando Oliveira	M-V40	Individual	01:32:37.907	01:32:00.740
5457	287	Domingos Presas	M-V50	Nascidos Para Correr	01:32:38.657	01:32:26.997
8905	288	Toni Leitão	M-Seniores	Gdr Granja - Trutas Mau	01:32:39.907	01:32:20.810
5364	289	Miguel Gonçalves	M-V40	Individual	01:32:41.153	01:31:37.840
9044	290	Horácio Teixeira	M-V60	Individual	01:32:41.940	01:32:30.850
5091	291	Lúcia Oliveira	F-V35	Generg	01:32:42.203	01:32:20.496
5949	292	João Martins	M-V35	Nascidos Para Correr	01:32:42.400	01:32:23.987
7360	293	Filipe Moreira	M-V35	Individual	01:32:42.900	01:31:55.363
6186	294	Fernando Catarino	M-V40	Individual	01:32:43.900	01:32:33.780
5885	295	Carlos Fernandes	M-Seniores	Futsal Clube Azeméis	01:32:44.713	01:31:50.123
8278	296	Miguel Freitas	M-Seniores	Individual	01:32:45.400	01:31:54.130
8246	297	Ricardo Sampaio	M-V35	Individual	01:32:45.903	01:32:23.856
5021	298	Carlos Cunha	M-V50	Individual	01:32:49.900	01:32:36.887
6109	299	Ricardo Correia	M-V35	Individual	01:32:52.653	01:32:27.966
8622	300	Rui Mota	M-V35	Individual	01:32:58.900	01:32:10.097
7202	301	Luís Vale	M-V45	Individual	01:33:02.400	01:32:04.077
6475	302	Carlos Lopes	M-V55	Frezite	01:33:11.400	01:32:42.893
7114	303	Jorge Meneses	M-V40	Os Bandalhos - Plano E	01:33:14.153	01:31:50.390
5943	304	António Pereira	M-V60	Nascidos Para Correr	01:33:14.400	01:33:07.153
6860	305	Gonçalo Pereira	M-Seniores	Biscoitos	01:33:15.650	01:32:48.453
8938	306	Fernando Silva	M-V40	Alexandra Carvalho Team	01:33:16.407	01:32:34.070
8081	307	Mario Nobrega	M-V50	Ccd Vila Real	01:33:17.157	01:33:11.987
6824	308	Luis Aniceto	M-V55	Individual	01:33:17.157	01:31:28.644
8020	309	Joaquim Morais	M-V45	Individual	01:33:19.400	01:32:51.013
8064	310	João Leitão	M-V45	Trio Gbl	01:33:21.407	01:32:27.887
5126	311	Dulcínea Silva	F-V45	Os Cansados	01:33:23.900	01:32:46.057
5129	312	Helder Carreira	M-V40	Os Cansados	01:33:23.900	01:32:45.510
6661	313	Carlos Canito	M-V45	Cmmc S. João Da Pesqueira 1	01:33:25.150	01:33:14.560
5886	314	Pedro Lourenço	M-V35	Futsal Clube Azeméis	01:33:28.650	01:32:34.057
9287	315	Tania Pereira	F-Seniores	Acr Cambra	01:33:30.157	01:33:16.090

Dorsal	Lugar	Nome	Escalão	Equipa	Tempo	Chip
8210	316	Helio Dias	M-Seniores	Tictac	01:33:31.403	01:30:12.206
7831	317	António Miranda	M-Seniores	Individual	01:33:31.693	01:31:19.620
6481	318	Ricardo Gonçalves	M-V35	Papa Milhas	01:33:32.693	01:31:21.386
8547	319	Filipe Carvalho	M-V35	Grupo Desportivo Dos Ferroviários De Campanhã	01:33:33.150	01:33:05.250
8530	320	Pedro Rodrigues	M-V45	Individual	01:33:39.400	01:32:21.633
8038	321	André Figueiredo	M-V40	Individual	01:33:40.197	01:32:54.224
8100	322	Sérgio Moniz	M-V40	Individual	01:33:42.150	01:33:21.213
7902	323	Luis Boavista	M-V45	Individual	01:33:43.653	01:31:24.810
7109	324	Paulo Durao	M-V40	White Running Team	01:33:45.900	01:33:27.777
7272	325	Tiago Loureiro	M-V35	Asphalt Assault Team	01:33:46.410	01:30:14.097
6365	326	Fernando Costa	M-V40	Cdcr Ctt Porto	01:33:47.153	01:33:12.106
8637	327	Fábio Ferreira	M-Seniores	Lidl Team	01:33:50.153	01:33:41.993
6956	328	Jose Marinho	M-V45	Individual	01:33:51.177	01:33:37.294
7596	329	Mário Borges	M-Seniores	Individual	01:33:52.903	01:31:20.406
6178	330	Sèrgio Martinho	M-Seniores	Coxos Team	01:33:58.153	01:32:58.766
6653	331	Cesário Leite	M-Seniores	Fapomed Sa	01:33:58.160	01:33:44.927
6964	332	Filipe Costa	M-Seniores	Bijagós	01:33:58.693	01:32:40.783
8512	333	Diogo Silva	M-Seniores	Edp Runners	01:34:00.153	01:33:34.070
6292	334	Victor Pereira	M-V50	Individual	01:34:00.190	01:33:47.707
6026	335	Carlos Figueiredo	M-V40	Estrela Campo Da Aviação Fc Covilhã	01:34:04.667	01:32:51.667
7768	336	Jorge Cabouco	M-V40	Novélia Running Amarante	01:34:07.660	01:33:50.490
9122	337	Diogo Oliveira	M-V40	Individual	01:34:11.403	01:31:07.773
5013	338	Carlos Pinho	M-V40	Individual	01:34:12.900	01:33:53.373
5380	339	Jorge Cunha	M-V40	Nice Runners	01:34:14.403	01:33:09.270
5469	340	João Lopes	M-V40	Nascidos Para Correr	01:34:14.693	01:34:01.673
7430	341	Manuel Costa	M-V40	Clube Brisa	01:34:15.153	01:34:04.173
6115	342	Rui Afonso	M-V40	Individual	01:34:16.653	01:33:23.453
7303	343	Miguel Ribeiro	M-V45	Individual	01:34:16.910	01:33:17.153
9081	344	António Castro	M-V50	Individual	01:34:18.153	01:33:50.756
6421	345	Jonny Hodges	M-V35	Individual	01:34:20.153	01:32:26.550
6407	346	António Taveira	M-V45	Clube Nossa Senhora Da Conceição Vila Real	01:34:21.903	01:33:02.523
5515	347	Aurélio Vieira	M-V40	Individual	01:34:22.653	01:33:49.676
8767	348	José Magalhães	M-V45	Runner`S Do Demo	01:34:24.157	01:34:19.827
6970	349	Simao Costa	M-V40	Clube De Atletismo Da Póvoa De Varzim	01:34:26.653	01:33:59.940
9138	350	Miguel Gonçalves	M-Seniores	Lcma	01:34:26.903	01:33:34.526
8884	351	Daniel Monteiro	M-Seniores	Academia Fernanda Ribeiro	01:34:27.653	01:34:22.943
9252	352	Jorge Silva	M-V45	Individual	01:34:28.903	01:33:01.623
5669	353	Luís Cotovio	M-Seniores	Individual	01:34:29.717	01:33:36.880
8382	354	Rui Silva	M-Seniores	Navr	01:34:31.653	01:33:54.206
8185	355	Frantisek Halfar	M-Seniores	Individual	01:34:32.410	01:32:38.443
8694	356	David Garcia	M-Seniores	Escola De Atletismo De Coimbra/Jpaiva	01:34:32.903	01:32:57.073
6141	357	Miguel Ferreira	M-Seniores	Individual	01:34:34.653	01:33:59.433
8902	358	Mário Rodrigues	M-V40	Gdr Granja - Trutas Mau	01:34:35.203	01:34:17.036
7501	359	Vitor Araujo	M-V45	Braga	01:34:35.950	01:33:59.997
5707	360	Helder Gonçalves	M-Seniores	Gteam	01:34:36.410	01:33:35.437



Dorsal	Lugar	Nome	Escalão	Equipa	Tempo	Chip
5625	361	Miguel Carneiro	M-V45	Individual	01:34:36.657	01:34:14.270
5762	362	Cátia Falhas	F-Seniores	Individual	01:34:39.153	01:34:26.990
9141	363	Aniceto Gomes	M-V55	Clube De Atletismo Da Nossa Senhora Da Conceição	01:34:40.157	01:34:18.487
5213	364	Miguel Lourenço	M-Seniores	Individual	01:34:40.693	01:34:26.683
6384	365	Hélder Luís	M-V45	Individual	01:34:41.653	01:34:09.496
5742	366	Anibal Costa	M-V45	Individual	01:34:43.153	01:33:56.520
6893	367	Paulo Santos	M-V45	Individual	01:34:44.403	01:33:17.806
5541	368	Joaquim Pinheiro	M-V45	Individual	01:34:49.653	01:33:25.400
6243	369	Sergio Jacinto	M-V40	Individual	01:34:50.160	01:33:54.650
8137	370	Antonio Maltez	M-V60	Individual	01:34:50.903	01:30:44.563
5419	371	António Morgado	M-V50	Chitas De Alcobaça	01:34:53.410	01:34:16.143
7792	372	Francisco Pocheco	M-V40	Paços Running	01:34:56.653	01:33:32.096
8474	373	Carlos Carvalho	M-V35	Individual	01:34:58.903	01:34:51.306
8361	374	Juanvi Martínez	M-Seniores	Individual	01:34:58.910	01:34:35.210
9261	375	Alberto Machado	M-V50	Individual	01:34:59.653	01:33:28.083
7767	376	Manuel Pereira	M-V50	Individual	01:35:00.917	01:34:14.724
6362	377	António Almeida	M-V45	Cdcr Ctt Porto	01:35:01.197	01:34:25.790
6346	378	Rui Talhas	M-V55	Academia Fernanda Ribeiro	01:35:05.660	01:34:54.407
5758	379	Paulo Teixeira	M-V40	Individual	01:35:05.903	01:34:39.626
4028	380	Agostinho Costa	M-V50	Cds Salvador Do Campo	01:35:06.403	01:34:58.806
7386	381	Sérgio Gonçalves	M-V35	Kilosmoda	01:35:06.693	01:34:17.276
7698	382	Luis Azevedo	M-V35	Individual	01:35:07.653	01:34:49.163
7913	383	Rui Gonçalo	M-Seniores	Correr Lisboa	01:35:10.153	01:33:51.130
8166	384	Jorge Coelho	M-V50	Individual	01:35:11.903	01:34:20.066
8952	385	Paulo Moreira	M-V45	Cdd Apdl	01:35:13.197	01:35:05.414
7126	386	Sérgio Mota	M-V45	Individual	01:35:16.653	01:34:55.026
6852	387	Ricardo Oliveira	M-V35	Oliveira E Horta A Romper Solas	01:35:16.910	01:33:51.113
8152	388	Miguel Oliveira	M-V35	Mocidade Sangemil A.C	01:35:18.403	01:32:08.076
5147	389	Frederico Baião	M-V35	Individual	01:35:19.903	01:34:08.420
6065	390	Joaquim Carreira	M-V50	Individual	01:35:22.410	01:33:01.493
6068	391	André Cid	M-V40	Individual	01:35:23.153	01:34:42.023
8794	392	Miguel Araujo	M-V50	Individual	01:35:23.153	01:31:39.243
8915	393	Francisco Rodrigues	M-V55	Individual	01:35:23.663	01:34:37.076
5480	394	Marco Almeida	M-V40	Nascidos Para Correr	01:35:24.403	01:35:02.173
7277	395	Celio Camões	M-V40	Wolf Runners	01:35:25.403	01:34:45.413
7684	396	Sérgio Mesquita	M-V35	Individual	01:35:26.153	01:33:53.423
8462	397	Nuno Moreira	M-V35	Lamego Tribo Runners	01:35:26.657	01:35:11.450
8140	398	Carlos Santos	M-V40	Individual	01:35:28.653	01:33:41.350
8147	399	Ricardo Sousa	M-V35	Individual	01:35:31.793	01:31:54.406
6882	400	Alvaro Machado	M-V45	Individual	01:35:35.903	01:31:18.683
7222	401	Vasco Faria	M-Seniores	Ordinário Up	01:35:38.450	01:32:50.793
9204	402	Edivaldo Maciel	M-Seniores	Individual	01:35:38.697	01:35:33.744
8793	403	Nuno Correia	M-V35	Individual	01:35:44.153	01:33:18.110
6696	404	David Lopes	M-Seniores	Individual	01:35:48.153	01:34:27.283
6240	405	Arnaldo Rolo	M-V50	Runners Da Frente Ribeirinha Da Póvoa De S. Iria	01:35:49.907	01:35:00.917

Dorsal	Lugar	Nome	Escalão	Equipa	Tempo	Chip
8318	406	Vitor Chaves	M-V50	Individual	01:35:56.657	01:35:27.944
9004	407	Paulo Cerdeira	M-V40	Individual	01:35:57.947	01:35:35.487
7646	408	René Teixeira	M-V45	Sociedade Recreio Cepanense	01:35:58.173	01:34:54.710
7931	409	Osvaldo Rebelo	M-V40	Individual	01:35:59.413	01:35:41.100
5526	410	Tiago Fidalgo	M-V35	Individual	01:36:02.460	01:34:30.387
8814	411	Alexandre Ferreira	M-V50	Individual	01:36:03.907	01:35:05.030
9197	412	Ricardo Pereira	M-V35	Individual	01:36:04.197	01:32:58.104
6374	413	Francisco Branco	M-V45	Individual	01:36:08.163	01:35:13.680
5639	414	André Oliveira	M-V35	Band Of Runners	01:36:09.660	01:33:49.793
9172	415	Pedro Gomes	M-Seniores	Individual	01:36:11.690	01:29:30.283
5952	416	Octávio Sousa	M-V55	Nascidos Para Correr	01:36:12.657	01:35:51.414
5808	417	Tiago Osorio	M-Seniores	Individual	01:36:14.907	01:34:39.860
8880	418	Hendrik Wielinga	M-V45	Individual	01:36:15.407	01:36:03.190
5485	419	Pedro Paula	M-V40	Nascidos Para Correr	01:36:18.410	01:35:55.827
5487	420	Ruben Conceição	M-Seniores	Nascidos Para Correr	01:36:18.663	
7321	421	Helder Fialho	M-V40	Individual	01:36:24.407	01:35:49.790
8249	422	Pedro Anjos	M-V35	Clac- Entroncamento	01:36:25.157	01:35:50.124
6112	423	Rogerio Margalho	M-V60	Individual	01:36:25.407	01:35:09.094
8934	424	Rui Cardoso	M-V40	Individual	01:36:27.157	01:34:44.654
9168	425	Filipe Cristóvão	M-Seniores	Individual	01:36:28.163	01:35:56.556
9161	426	Martinho Gomes	M-V35	Individual	01:36:28.407	01:34:56.330
8631	427	Diogo Maia	M-Seniores	Lidl Team	01:36:28.657	01:35:13.814
8555	428	Pedro Pires	M-V50	Grupo Desportivo Dos Ferroviários De Campanhã	01:36:32.403	01:35:05.270
8114	429	Bruno Moreira	M-Seniores	Nocturnos De Paredes	01:36:35.447	01:35:59.087
5249	430	João Mesquita	M-V45	Ss Montepio	01:36:38.210	01:35:52.127
7099	431	Vitor Faria	M-V40	Individual	01:36:39.403	01:35:35.810
7993	432	Antonio Jesus	M-V45	Individual	01:36:40.197	01:33:38.700
5493	433	Virgilio Vieira	M-V35	Nascidos Para Correr	01:36:41.657	01:36:29.564
8942	434	Anibal Carvalho	M-V50	Individual	01:36:43.917	01:36:22.667
7475	435	Miguel Pereira	M-V60	Ccdtc.M.Gondomar	01:36:44.407	01:35:46.087
5490	436	Silvio Ferreira	M-V35	Nascidos Para Correr	01:36:44.457	01:36:17.787
9294	437	João Ferreira	M-V35	Afis/Ovar	01:36:50.657	01:36:20.537
5366	438	Urbano Ribeiro	M-Seniores	A. D. Amarante	01:36:50.907	01:36:23.560
5365	439	Miguel Barros	M-V45	A. D. Amarante	01:36:51.697	
7079	440	Bruno Peixoto	M-V35	Individual	01:36:52.657	01:36:02.844
8134	441	Dariusz Kudra	M-V40	Individual	01:36:52.667	01:35:05.460
6087	442	Sérgio Santos	M-V50	C.C.D. Das Autarquias De Almada	01:36:52.913	01:35:50.676
9148	443	Alex Ribeiro	M-V35	Individual	01:36:55.657	01:35:27.150
7977	444	Hugo Marinho	M-V35	Individual	01:36:55.660	01:35:26.633
6229	445	Fernando Miranda	M-V50	Individual	01:36:58.413	01:35:14.643
6665	446	Jorge Sousa	M-Seniores	Cmmc S. João Da Pesqueira 1	01:37:01.157	01:36:49.334
8250	447	José Rego	M-V50	Individual	01:37:01.913	01:35:57.856
8574	448	José Figueiredo	M-V35	Individual	01:37:04.907	01:36:38.227
9343	449	Fernando Colaço	M-V35	Individual	01:37:08.907	01:36:56.540
9340	450	Aristides Vidazinha	M-V45	Individual	01:37:09.157	01:36:57.164

Dorsal	Lugar	Nome	Escalão	Equipa	Tempo	Chip
5337	451	Filipe Monteiro	M-Seniores	Individual	01:37:10.407	01:36:50.630
8692	452	Jose Teixeira	M-V50	Individual	01:37:12.697	01:36:52.930
5352	453	Francisco Cerqueira	M-V45	Maratonistas Do Minho	01:37:13.907	01:36:17.274
7708	454	Tiago Coelho	M-V35	Individual	01:37:14.157	01:36:09.030
7091	455	Micael Morais	M-Seniores	Individual	01:37:15.657	01:35:57.450
8996	456	Gabriel Silva	M-V40	Individual	01:37:16.907	01:36:35.734
5836	457	Pedro Magalhães	M-Seniores	Individual	01:37:20.157	01:37:07.137
8046	458	Carlos Sousa	M-V45	Ctm Vila Pouca De Aguiar	01:37:21.157	01:37:06.117
6328	459	Manuel Lino	M-V50	Os Carregueirenses	01:37:24.410	01:37:06.553
7356	460	Francisco Adro	M-V40	Ccdr Colmeal Da Torre	01:37:24.410	01:36:42.443
6253	461	João Barreiros	M-V60	Individual	01:37:24.907	01:36:20.904
8805	462	João Silva	M-V50	Ginasio Clube De Bragança	01:37:27.157	01:36:19.717
5905	463	Hélder Ribeiro	M-V35	Nós Acreditamos	01:37:28.157	01:35:06.610
8479	464	Rui Rolo	M-V45	Ginasio Clube De Bragança	01:37:28.447	01:36:11.284
6802	465	Carlos Sampaio	M-V45	Os Rompe Solas	01:37:28.947	01:37:07.570
7940	466	José Nunes	M-V50	Lamego Tribo Runners	01:37:30.163	01:35:51.330
6809	467	Paulo Pereira	M-V45	Individual	01:37:30.407	01:36:04.687
8690	468	Miguel Silva	M-V45	Individual	01:37:31.197	01:37:12.270
6059	469	André Dias	M-Seniores	Individual	01:37:31.657	01:35:09.524
8079	470	Jose Cabral	M-Seniores	Ccd Vila Real	01:37:33.167	01:34:38.804
8585	471	Ricardo Silva	M-V40	Individual	01:37:33.407	01:35:35.990
7001	472	David Henriques	M-Seniores	Individual	01:37:34.157	01:36:59.187
8189	473	Carlos Nunes	M-V45	Individual	01:37:35.907	01:36:42.610
7997	474	Paulo Sousa	M-V40	Individual	01:37:36.157	01:36:06.367
8342	475	Antonio Borges	M-V40	Individual	01:37:36.407	01:34:29.677
7668	476	Cláudia Carvalho	F-V35	Sociedade Recreio Capanense	01:37:38.173	01:36:33.896
5398	477	Helder Ferreira	M-V40	Individual	01:37:38.173	01:36:38.190
9180	478	João Gomes	M-V35	Individual	01:37:40.207	01:36:33.007
7638	479	Francisco Cunha	M-V40	Sociedade Recreio Capanense	01:37:40.667	01:35:57.364
5357	480	Luís Carvalho	M-V35	Lousada Runners	01:37:43.657	01:36:58.667
8018	481	Frederico Costa	M-V50	Individual	01:37:45.410	01:37:34.380
5928	482	Joao Castro	M-V50	Individual	01:37:46.160	01:37:30.613
7644	483	Osvaldo Soares	M-V45	Sociedade Recreio Capanense	01:37:46.950	01:35:10.667
7376	484	Maria Pereira	F-V35	Dinamo Clube Estação	01:37:50.657	01:37:28.384
7062	485	Peter Etlinger	M-Seniores	Individual	01:37:52.407	01:35:54.014
7385	486	Pedro Silva	M-V40	Kilosmoda	01:37:53.167	01:37:08.957
6733	487	Angelo Martins	M-Seniores	Individual	01:37:53.447	01:35:41.290
7383	488	José Alves	M-V45	Kilosmoda	01:37:53.660	01:37:15.777
6196	489	Miguel Xavier	M-V40	Individual	01:37:53.660	01:36:46.943
5683	490	Augusto Ferreira	M-V45	Correr Lisboa	01:37:54.910	01:36:42.290
8396	491	Nuno Ferreira	M-V45	Malta De Talvai	01:37:56.667	01:36:21.800
5746	492	José Serrano	M-V45	Individual	01:37:57.913	01:37:35.486
8936	493	António Ribeiro	M-V35	Individual	01:37:58.660	01:36:39.243
8315	494	Joao Goncalves	M-V50	Maisfit Runners	01:37:59.417	01:36:37.590
6451	495	Rui Silva	M-V40	Individual	01:38:00.167	01:35:57.410

Dorsal	Lugar	Nome	Escalão	Equipa	Tempo	Chip
8886	496	Frank Ávila	M-V50	Individual	01:38:01.157	01:36:32.190
8460	497	Carlos Lima	M-V45	Individual	01:38:02.657	01:34:53.290
9208	498	Ivo Oliveira	M-Seniores	Individual	01:38:03.907	01:37:23.734
6379	499	André Aguiar	M-V35	Super Santi	01:38:04.453	01:36:35.753
5279	500	Pedro Martins	M-Seniores	Individual	01:38:06.657	01:37:10.697
5280	501	Tiago Portela	M-Seniores	Individual	01:38:06.907	01:37:11.000
7098	502	Bernardo Pereira	M-V35	Individual	01:38:07.657	01:36:39.477
5301	503	Marco Peixoto	M-Seniores	Individual	01:38:10.407	01:36:03.667
8181	504	Cláudio Santa	M-Seniores	Individual	01:38:13.160	01:34:36.000
5275	505	Vasco Franco	M-V45	Individual	01:38:14.447	01:37:40.964
6363	506	António Teixeira	M-V55	Cdcr Ctt Porto	01:38:16.657	01:37:43.797
6075	507	Amável Figueiredo	M-V55	Individual	01:38:20.157	01:37:17.814
5488	508	Rui Santos	M-V40	Nascidos Para Correr	01:38:22.160	01:38:12.183
6436	509	Diogo Garcia	M-Seniores	Individual	01:38:22.907	01:34:30.060
7651	510	Guilherme Martins	M-Seniores	Individual	01:38:23.167	01:37:09.520
8247	511	Sérgio Gomes	M-V35	3Geração	01:38:25.917	01:37:25.014
8551	512	Mário Mendes	M-V50	Grupo Desportivo Dos Ferroviários De Campanhã	01:38:27.667	01:38:16.120
7006	513	João Bustorff	M-V35	Wolf Runners	01:38:27.667	01:37:47.397
8950	514	José Monteiro	M-V40	Cdd Apdl	01:38:27.907	01:38:20.914
8052	515	Pedro Sá	M-V40	Ctm Vila Pouca De Aguiar	01:38:30.410	01:38:09.777
5164	516	Luis Ferreira	M-V35	Individual	01:38:31.200	01:35:27.417
7924	517	Jorge Costa	M-V40	Correr Lisboa	01:38:31.697	01:38:00.860
6015	518	Francisco Costa	M-V45	Individual	01:38:31.907	01:37:00.444
5356	519	Jorge Fonseca	M-V55	Lousada Runners	01:38:33.160	01:37:54.817
7563	520	Luis Ferreira	M-V50	Individual	01:38:33.660	01:37:43.190
9276	521	Ricardo Moreno	M-Seniores	Individual	01:38:35.917	01:37:07.834
8292	522	Nelson Silva	M-V35	Familia Opscut	01:38:36.157	01:38:30.520
5371	523	Rui Fontes	M-V45	Individual	01:38:36.707	01:37:19.010
8719	524	Sérgio Cardoso	M-Seniores	Individual	01:38:36.910	01:38:03.117
5897	525	José Correia	M-V50	Individual	01:38:38.160	01:38:03.233
7521	526	Rui Matos	M-V50	Individual	01:38:39.957	
5079	527	Jose Campos	M-V55	Individual	01:38:40.413	01:37:01.536
8686	528	Ricardo Couto	M-Seniores	Individual	01:38:42.167	01:38:24.507
5989	529	Mário Antunes	M-V45	Individual	01:38:43.410	01:37:47.573
8671	530	Diogo Nunes	M-Seniores	Individual	01:38:45.657	01:37:59.400
9109	531	Tiago Pais	M-Seniores	Individual	01:38:45.957	01:37:14.194
6693	532	Daniel Sousa	M-Seniores	Individual	01:38:46.910	01:37:47.793
5479	533	Manuel Pinto	M-V45	Nascidos Para Correr	01:38:48.160	01:38:24.550
6742	534	Pedro Pinto	M-V40	Handex	01:38:48.913	01:35:22.490
5361	535	Pedro Coelho	M-V45	Nice Runners	01:38:54.660	01:37:54.777
6991	536	Miguel Sousa	M-V40	Clube Colaboradores Ageas	01:38:55.907	01:38:02.564
7701	537	Tiago Amorim	M-Seniores	Individual	01:38:56.667	01:38:08.217
8543	538	Bruno Lopes	M-Seniores	Grupo Desportivo Dos Ferroviários De Campanhã	01:38:56.950	01:37:52.720
8918	539	Oscar Sobral	M-V35	Viriathvs Runners Viseu	01:38:57.700	01:38:28.143
7418	540	Nuno Bogalheiro	M-V40	Amigos Vale Do Silêncio	01:39:00.663	01:38:40.990

Dorsal	Lugar	Nome	Escalão	Equipa	Tempo	Chip
7500	541	Pedro Batista	M-V35	Braga	01:39:00.910	01:38:23.377
7448	542	Renato Oliveira	M-V40	Portocargo	01:39:02.160	01:34:47.667
8004	543	Renato Veron	M-V45	Individual	01:39:02.667	01:36:57.300
7647	544	Rui Silva	M-V45	Sociedade Recreio Capanense	01:39:03.410	01:36:25.910
5324	545	Jose Dias	M-V60	Individual	01:39:03.660	01:36:15.977
5128	546	Frederico Biel	M-V60	Os Cansados	01:39:04.920	01:38:06.643
9001	547	Salvador Pereira	M-V35	Individual	01:39:05.910	01:38:48.447
6666	548	Luciano Vieira	M-V55	Cmmc S. João Da Pesqueira 1	01:39:06.910	01:38:59.073
7587	549	António Ferreira	M-V50	Gaviões	01:39:08.160	01:37:52.210
7589	550	Vasco Ricardo	M-V35	Gaviões	01:39:08.160	01:37:48.307
5135	551	António Fernandes	M-V45	Individual	01:39:08.160	01:36:44.877
5792	552	Pedro Castro	M-Seniores	Individual	01:39:08.697	01:38:52.870
8625	553	Afonso Pereira	M-V40	Lidl Team	01:39:09.163	01:39:01.226
8208	554	Helder Barbosa	M-V35	Individual	01:39:09.163	01:37:33.903
9038	555	Vítor Amorim	M-V35	Individual	01:39:10.410	
7038	556	Sérgio Santos	M-Seniores	Individual	01:39:11.410	01:37:02.280
6222	557	João Pereira	M-Seniores	Kalenji Runners Braga	01:39:14.660	01:37:58.887
6200	558	António Porrão	M-V55	Individual	01:39:16.920	01:39:06.403
5688	559	Diogo Carneiro	M-Seniores	Individual	01:39:17.417	01:37:38.947
7636	560	Ernesto Sousa	M-V40	Sociedade Recreio Capanense	01:39:19.413	01:39:04.210
5102	561	Nelson Moura	M-Seniores	Individual	01:39:19.427	01:39:06.550
8065	562	Sérgio Gandarela	M-V40	Trio Gbl	01:39:19.660	01:38:22.850
9031	563	Abílio Magalhães	M-V50	Individual	01:39:20.910	01:38:17.157
7806	564	Joaquim Vieira	M-V50	Os Cachos	01:39:22.917	01:36:23.824
6413	565	Agostinho Carneiro	M-V50	Individual	01:39:27.160	01:36:26.913
5841	566	Marco Gama	M-V35	Individual	01:39:27.443	01:39:02.016
8346	567	Milton Branco	M-V35	Individual	01:39:30.660	01:37:17.653
6168	568	Luís Faria	M-V40	Individual	01:39:31.170	01:38:25.083
8179	569	Carla Andrade	F-V45	Navr	01:39:31.913	01:39:26.686
6268	570	Rafael Nogueira	M-Seniores	Cunha/Nogueira	01:39:32.160	01:37:11.540
8026	571	Carlos Valente	M-V45	Navr	01:39:32.413	01:39:27.360
9219	572	Angelo Ramalho	M-V50	Individual	01:39:32.413	01:36:39.076
8497	573	Osório Pinto	M-V55	Lamego Tribo Runners	01:39:32.423	01:39:26.423
5672	574	André Cardoso	M-Seniores	Dias Family	01:39:33.160	01:38:44.207
8682	575	Fernando Silva	M-V55	Individual	01:39:33.913	01:38:50.266
5884	576	Jose Cardoso	M-V60	Individual	01:39:34.957	
7633	577	Carlos Lopes	M-V40	Sociedade Recreio Capanense	01:39:35.677	01:38:05.300
6519	578	Paulo Pires	M-V35	Ama Associação Mondim Atletismo	01:39:35.910	01:39:06.063
6512	579	Filipe Teixeira	M-Seniores	Ama Associação Mondim Atletismo	01:39:35.917	01:39:04.217
7791	580	Agostinho Costa	M-V40	Paços Running	01:39:36.710	01:38:09.540
6317	581	Francisco Lima	M-Seniores	Rbrunning	01:39:38.160	01:39:03.357
7417	582	Miguel Almeida	M-V40	Chaves Running Team	01:39:38.410	01:39:19.593
9049	583	Jorge Vilela	M-V50	Navr	01:39:38.660	01:39:31.877
8239	584	Ilidio Silva	M-V40	Individual	01:39:39.160	01:38:13.437
7322	585	Nuno Costa	M-Seniores	Individual	01:39:39.927	01:35:35.867

Dorsal	Lugar	Nome	Escalão	Equipa	Tempo	Chip
5342	586	João Carvalho	M-V45	C. D. Asas Do Milénium	01:39:40.160	01:39:30.740
6153	587	Vitor Cancela	M-V40	Individual	01:39:42.160	01:39:01.357
7469	588	Ricardo Ribeiro	M-Seniores	Individual	01:39:42.713	01:35:40.920
8691	589	António Neves	M-V50	Individual	01:39:43.663	01:39:23.890
5218	590	Daniel Sampaio	M-V35	Simecq	01:39:45.660	01:39:32.117
6668	591	Paulo Oliveira	M-V45	Cmmc S. João Da Pesqueira 1	01:39:46.410	01:39:38.570
5501	592	Jose Leite	M-V55	Ginasio Clube Santo Tirso	01:39:47.660	01:39:10.080
8738	593	Tiago Silva	M-Seniores	Individual	01:39:48.660	01:38:27.383
9128	594	Vitor Cardoso	M-V40	Individual	01:39:49.910	01:39:35.953
8088	595	Hélio Dias	M-Seniores	Hsantamariart	01:39:56.160	01:35:38.480
8001	596	Afonso Cramez	M-Seniores	Individual	01:39:58.417	01:37:25.530
7871	597	Helder Guedes	M-V40	Individual	01:39:58.913	01:39:50.356
5467	598	Helder Teixeira	M-V40	Nascidos Para Correr	01:40:00.917	01:39:37.664
8025	599	José Bastos	M-V45	Individual	01:40:03.910	01:36:46.253
5241	600	Emanuel Costa	M-V35	Ss Montepio	01:40:07.410	01:37:38.583
9206	601	Nelson Pereira	M-Seniores	Individual	01:40:07.910	01:35:45.933
5744	602	Arsénio Santos	M-V45	Individual	01:40:15.163	01:39:52.393
8548	603	Francisco Reis	M-V40	Grupo Desportivo Dos Ferroviários De Campanhã	01:40:17.160	01:39:12.967
7588	604	Fernando Roldão	M-V45	Gaviões	01:40:19.160	01:39:03.040
8403	605	Alípio Trigo	M-V40	Individual	01:40:19.413	01:38:46.440
7142	606	Manuel Abreu	M-V40	Running Espinho	01:40:20.660	01:39:16.323
6915	607	Rui Pinto	M-V45	Estrela Campo Aviação F.C.	01:40:20.920	01:38:01.633
6343	608	Ricardo Jesus	M-Seniores	Esquadrão Da Morte	01:40:22.700	01:37:58.627
7388	609	Jorge Borges	M-V50	Papa-Léguas	01:40:22.913	01:40:00.483
6342	610	Bruno Ferreira	M-Seniores	Esquadrão Da Morte	01:40:23.450	01:37:59.227
8143	611	Nuno Costa	M-V40	Individual	01:40:25.170	01:39:03.017
6143	612	Paulo Batista	M-V40	Individual	01:40:25.413	01:38:21.026
7135	613	Osvaldo Teixeira	M-V60	Opraticante.Pt / A. D. Amarante Atletismo	01:40:26.663	01:39:59.953
5298	614	Vitor Andrade	M-V40	Paredes Aventura	01:40:26.913	01:38:42.793
8136	615	Fernando Costa	M-V35	Lousadarunners	01:40:27.913	01:40:20.660
8321	616	Fernando Soares	M-V45	Individual	01:40:30.667	01:40:10.324
9136	617	Rui Coelho	M-V50	Individual	01:40:31.413	01:40:11.073
8642	618	João Valente	M-Seniores	Lidl Team	01:40:31.413	01:38:23.003
5874	619	Nuno Guimarães	M-V35	#Teamdisney	01:40:31.450	01:38:19.893
8002	620	Luis Ferreira	M-V35	Individual	01:40:34.163	01:39:57.643
6636	621	Pedro Carvalho	M-V45	Amigos Ponto Final	01:40:36.167	
5730	622	Carlos Cc	M-V50	Individual	01:40:36.667	01:39:17.904
9370	623	José Monteiro	M-V60	Individual	01:40:37.180	01:39:07.783
6399	624	Sergio Crista	M-V35	Persistentes	01:40:37.413	01:39:30.146
6118	625	Francisco Magalhães	M-Seniores	Individual	01:40:37.420	01:39:35.877
5068	626	Luís Martins	M-V40	Individual	01:40:38.910	01:37:52.533
9338	627	José Araújo	M-V35	Individual	01:40:39.413	01:39:15.210
7895	628	Armando Lapa	M-V45	Individual	01:40:41.160	
6433	629	Sérgio Fonseca	M-V45	Feltrail	01:40:42.703	01:36:45.573
6805	630	Marco Abreu	M-V35	Individual	01:40:43.913	01:34:02.873

Dorsal	Lugar	Nome	Escalão	Equipa	Tempo	Chip
5961	631	Luís Azevedo	M-V60	Individual	01:40:46.417	01:40:23.277
5622	632	Inês Brito	F-V45	Individual	01:40:47.663	01:40:03.120
6914	633	Jorge Barbosa	M-V40	Individual	01:40:48.450	01:40:17.230
9012	634	Manuel Lopes	M-V50	Individual	01:40:48.460	01:40:05.720
9041	635	Francisco Branco	M-V40	Individual	01:40:49.163	01:40:49.163
6472	636	Ercilia Pereira	F-V45	Invicta Runners Team	01:40:50.663	01:38:23.250
6210	637	Pedro Cabrita	M-V35	Portal Dos Clássicos	01:40:52.427	01:39:16.414
6468	638	Octávio Afonso	M-V55	Turbulentos	01:40:52.663	01:39:07.213
7427	639	Francisco Teixeira	M-Seniores	Individual	01:40:56.420	01:38:53.620
7488	640	Jorge Teixeira	M-V40	Opraticante.Pt / A. D. Amarante Atletismo	01:40:56.913	01:40:28.203
4031	641	André Traquino	M-V35	Individual	01:40:57.247	01:40:47.024
7666	642	Carlos Lemos	M-V55	Sociedade Recreio Capanense	01:40:58.663	01:39:28.346
5260	643	Rui Vasques	M-V40	Ss Montepio	01:40:58.923	01:36:33.470
7707	644	Antonio Seromenho	M-V55	Individual	01:40:59.167	01:40:47.387
8275	645	Paulo Brás	M-V45	Lion Runners -G. D. Leões Da Guarda	01:41:00.420	01:40:17.000
8523	646	Serafim Ramos	M-V55	Edp Runners	01:41:00.663	01:40:52.966
6385	647	Vítor Caldeira	M-V35	Individual	01:41:00.920	
8590	648	Nuno Tunes	M-V40	Individual	01:41:01.180	01:40:12.153
6364	649	Celine Gomes	F-Seniores	Cdcr Ctt Porto	01:41:01.417	01:40:25.420
9369	650	Ana Martins	F-V40	Individual	01:41:01.423	01:38:57.090
8527	651	Bruno Do	M-V35	Individual	01:41:05.413	01:40:20.866
8897	652	Alcides Pereira	M-V45	Gdr Granja - Trutas Mau	01:41:06.923	01:40:45.496
8492	653	Jens Eiberger	M-Seniores	Individual	01:41:11.170	01:39:42.540
8840	654	Luis Trigo	M-V50	Individual	01:41:12.163	01:38:04.466
6455	655	Paulo Ribalonga	M-V40	Individual	01:41:13.920	01:41:04.253
7156	656	Rui Lopes	M-Seniores	Individual	01:41:14.413	01:39:46.236
7497	657	Hugo Cameirão	M-V40	Ccd Leões Da Floresta/Ubi	01:41:15.207	01:39:58.640
7365	658	Carlos Teixeira	M-Seniores	Sportarc.Running	01:41:16.163	01:40:36.883
8717	659	António Oliveira	M-V40	Individual	01:41:18.163	01:40:04.410
8904	660	Sérgio Gabriel	M-V35	Gdr Granja - Trutas Mau	01:41:18.163	
6974	661	Sameiro Costa	F-V45	Individual	01:41:19.170	01:40:42.047
8946	662	Joao Marques	M-V35	Individual	01:41:21.413	01:38:59.056
7113	663	Hugo Santos	M-V40	Os Bandalhos - Plano E	01:41:23.670	01:40:07.937
6515	664	Jose Luis	M-V45	Ama Associação Mondim Atletismo	01:41:23.913	01:41:00.026
9002	665	Sérgio Carvalho	M-V35	Individual	01:41:27.173	01:37:56.026
7374	666	João Almeida	M-V40	Dinamo Clube Estação	01:41:28.197	01:41:06.630
9244	667	José Mota	M-V55	N.A.Taipas	01:41:28.417	01:38:58.714
9308	668	Francisco Rebelo	M-V40	Individual	01:41:31.663	01:38:59.026
6634	669	Manuel Silva	M-V45	Amigos Ponto Final	01:41:31.933	01:40:14.883
5421	670	Fábio Silva	M-Seniores	Chitas De Alcobaga	01:41:32.417	
8183	671	Jose Levoso	M-V45	Esprintes Ourense	01:41:32.460	01:39:59.633
5353	672	Nuno Cerqueira	M-V35	Maratonistas Do Minho	01:41:32.667	01:40:34.540
7382	673	João Ferreira	M-Seniores	Kilosmoda	01:41:32.913	01:40:09.633
6414	674	Américo Lopes	M-V40	Kalenji Runners Braga	01:41:32.923	01:40:15.463
9241	675	João Barbosa	M-V50	N.A.Taipas	01:41:33.450	

Dorsal	Lugar	Nome	Escalão	Equipa	Tempo	Chip
5557	676	Carlos Lourenço	M-V40	Simecq	01:41:34.913	01:41:20.906
8174	677	Sara Mendes	F-Seniores	Individual	01:41:35.663	01:40:00.720
7333	678	Cláudio Rodrigues	M-Juniores	Individual	01:41:38.163	01:37:31.636
6966	679	Pedro Mesquita	M-Seniores	Bijagós	01:41:39.167	01:40:20.104
6965	680	Luís Franqueira	M-Seniores	Bijagós	01:41:39.180	01:40:20.120
6962	681	André Caldeira	M-Seniores	Bijagós	01:41:39.180	01:40:20.107
6076	682	Alexandra Fernandes	F-V45	Individual	01:41:39.417	
5955	683	Paulo Martins	M-V45	Nascidos Para Correr	01:41:39.667	01:41:15.257
7665	684	António Pereira	M-V40	Sociedade Recreio Capanense	01:41:40.913	01:38:14.273
7614	685	Abel Santos	M-V60	Caldas S. Jorge Sport Clube	01:41:41.663	01:41:16.826
7516	686	Diogo Morgado	M-Seniores	Individual	01:41:42.413	01:38:32.123
6953	687	Pedro Roxo	M-V40	Vidago	01:41:44.173	01:39:02.100
7369	688	Luís Teixeira	M-V40	Sportarc.Running	01:41:45.413	01:41:06.523
8681	689	Paulo Martins	M-V45	Individual	01:41:45.913	01:40:54.840
9097	690	Mateus Silva	M-V50	Individual	01:41:46.207	01:40:23.787
5016	691	João Carreira	M-V45	Individual	01:41:46.667	01:37:57.640
5368	692	Bruno Pereira	M-Seniores	Individual	01:41:48.167	01:40:30.850
8736	693	Manuel Santos	M-V50	Porta 720	01:41:50.423	01:40:16.413
6476	694	Emídio Marques	M-Seniores	Frezite	01:41:52.913	01:40:32.460
8365	695	Carlos Costa	M-V45	Individual	01:41:53.663	01:41:19.586
8881	696	Agostinho Sousa	M-V40	Individual	01:41:54.163	01:41:45.156
8099	697	José Neves	M-V40	Individual	01:41:54.663	01:41:17.853
9051	698	Miguel Santos	M-V45	"Trailistas ""Eu É Que Sei"""	01:41:55.913	01:38:24.783
6412	699	Rui Freitas	M-V40	Freitas	01:41:56.413	01:39:28.000
6834	700	José Quintinha	M-Seniores	Individual	01:41:57.460	01:38:55.580
7801	701	Paulo Barbosa	M-V40	Individual	01:41:58.663	01:41:47.683
5225	702	Mario Correia	M-V45	Individual	01:41:59.167	01:41:20.174
7330	703	Jorge Viana	M-V45	Cmi Montanhismo	01:42:00.413	01:39:50.006
9086	704	Carlos Ferreira	M-V40	Acrd Psp Runners	01:42:02.417	01:38:49.440
6474	705	Manuel Barros	M-V60	Individual	01:42:03.917	01:39:04.754
5985	706	Marco Mandim	M-Seniores	Individual	01:42:05.423	01:37:24.706
6330	707	Rui Sales	M-V50	Os Carregueirenses	01:42:07.417	01:41:43.957
7808	708	António Lemos	M-V60	Individual	01:42:07.417	01:41:20.270
5633	709	Jose Lacerda	M-V35	Individual	01:42:07.667	01:39:38.427
7958	710	Bolette Wredstrom	F-Seniores	Individual	01:42:08.700	01:40:44.493
6606	711	Jorge Mota	M-V40	Individual	01:42:11.420	01:41:29.773
6748	712	António Madeira	M-V40	Ó Da Guarda	01:42:11.703	01:40:14.926
6670	713	Rui Eusébio	M-V45	Cmmc S. João Da Pesqueira 1	01:42:12.167	01:42:01.120
8735	714	Vitor Monteiro	M-Seniores	Individual	01:42:12.670	01:41:27.630
7185	715	Jorge Moreira	M-V40	Hsantamariart	01:42:15.413	01:40:10.986
7874	716	Leonel Poças	M-V55	Individual	01:42:16.923	01:41:32.340
6678	717	António Nereu	M-V55	Margem Sul Runners	01:42:18.417	01:39:36.697
5548	718	Hélder Correia	M-Seniores	Befitness Runners	01:42:18.670	01:41:25.990
8591	719	César Bessa	M-V35	Individual	01:42:18.920	01:40:06.353
8131	720	Nuno Correia	M-V40	Navr	01:42:19.913	01:41:25.770



Dorsal	Lugar	Nome	Escalão	Equipa	Tempo	Chip
8906	721	Tiago Taborda	M-Seniores	Tribo Nr	01:42:21.167	01:40:31.987
8830	722	Nuno Maia	M-V35	Ecomobile - Aluguer De Automóveis	01:42:22.913	01:40:17.186
5716	723	Ana Nascimento	F-V40	Viseu Running Team	01:42:24.173	01:42:06.110
5183	724	Helio Correia	M-V45	Individual	01:42:24.180	01:40:41.897
8478	725	Pedro Gonçalves	M-V40	Ginasio Clube De Bragança	01:42:24.667	01:41:17.690
9309	726	José Neto	M-V50	Individual	01:42:24.923	01:42:11.956
9102	727	Mario Fernandes	M-Seniores	Viseu360	01:42:28.917	01:41:35.847
8146	728	Joaquim Silva	M-V40	Individual	01:42:31.920	01:40:28.550
7090	729	José Gomes	M-V45	Individual	01:42:32.170	01:41:28.193
8459	730	Pedro Meireles	M-Seniores	Primos Meireles Da Cunha	01:42:32.667	01:38:44.177
6434	731	Virgilio Dias	M-V40	Feltrail	01:42:33.917	01:38:33.960
8809	732	Daniela Falcão	F-Seniores	Individual	01:42:34.203	01:42:16.476
7961	733	Francisco Tomás	M-V40	Egis	01:42:34.673	01:41:14.696
8417	734	Filipe Barbosa	M-Seniores	Individual	01:42:36.917	01:41:35.547
5562	735	Jose Machado	M-V50	Individual	01:42:37.943	01:42:04.316
7283	736	Filipe Tavares	M-Seniores	Individual	01:42:38.417	01:41:57.490
7747	737	Agostinho Rodrigues	M-V50	Individual	01:42:40.417	01:41:39.494
5194	738	José Lopes	M-V50	Estrela Campo Aviação F.C.	01:42:40.663	01:40:21.413
6544	739	Sérgio Gonçalves	M-V45	Slowdown Running	01:42:41.673	01:40:05.483
9300	740	Silvério Correia	M-V50	Individual	01:42:42.917	01:41:53.757
7679	741	João Martins	M-Seniores	Individual	01:42:42.953	01:42:32.363
7811	742	Filipe Santos	M-V35	Rumo Aos 21K	01:42:44.917	01:40:44.314
7366	743	Carlos Ferreira	M-V60	Sportarc.Running	01:42:45.167	01:42:11.597
5268	744	José Simões	M-V45	Individual	01:42:47.177	01:41:14.594
6376	745	Fernando Corda	M-V50	Valejas A.C.	01:42:47.417	01:39:09.930
5543	746	Fernando Pereira	M-V50	Individual	01:42:47.667	01:41:37.740
5051	747	Eduardo Gomes	M-V45	Individual	01:42:48.167	01:41:28.900
6813	748	Jorge Mendes	M-V40	Kualitykontas	01:42:49.417	01:40:23.590
5401	749	Paulo Freitas	M-V40	Individual	01:42:50.167	01:41:27.600
6235	750	Rui Santos	M-V35	Liketomove	01:42:52.917	01:40:07.387
8104	751	Jose Barros	M-V40	Individual	01:42:52.917	01:40:06.657
8101	752	Diogo Machado	M-Seniores	N.A.F.F.A.T.	01:42:53.417	01:39:39.067
5158	753	Carlos Alves	M-V45	Individual	01:42:54.167	01:41:26.177
7816	754	Mário Monteiro	M-V35	Individual	01:42:55.417	01:42:46.340
8796	755	Francisco Lemos	M-V60	Individual	01:42:55.917	01:38:34.734
7683	756	Fábio Lima	M-Seniores	Pump Runners	01:42:57.917	01:40:36.297
7844	757	Nuno Carvalho	M-Seniores	Individual	01:42:59.417	01:42:45.984
8059	758	Paulo Feitais	M-Seniores	Equipe Panto 989	01:43:02.167	01:40:43.020
5092	759	Rui Freitas	M-V35	Save Tibet	01:43:03.167	01:41:00.630
6263	760	João Alves	M-Seniores	Individual	01:43:04.667	01:42:51.897
6912	761	Paulo Baiona	M-V45	Academia Fitness Militar	01:43:05.917	01:39:57.287
8848	762	Pedro Vidal	M-V40	Individual	01:43:05.927	01:40:49.070
7381	763	Helder Ferreira	M-V40	Kilosmoda	01:43:06.673	01:42:22.496
7380	764	Artur Araújo	M-V50	Kilosmoda	01:43:07.167	01:42:24.364
7467	765	Isolino Coelho	M-Seniores	Só Descidas!	01:43:07.917	01:40:26.374

Dorsal	Lugar	Nome	Escalão	Equipa	Tempo	Chip
7363	766	João Simões	M-V35	Dci/Ccdrp	01:43:09.187	01:40:39.040
5736	767	Rui Dias	M-V35	Challenge Force	01:43:09.917	01:42:08.764
5177	768	João Cruz	M-V40	Vesparunners	01:43:11.417	01:40:35.137
6275	769	Eduardo Castro	M-V35	Individual	01:43:11.423	01:42:43.696
6692	770	Jorge Amílcar	M-V35	Individual	01:43:13.167	01:39:54.560
7857	771	Sérgio Araújo	M-V35	Sousa Sport	01:43:13.167	01:42:18.847
8962	772	Paulo Machado	M-V45	Individual	01:43:13.667	01:42:26.360
6586	773	Mihail Lalev	M-V35	Individual	01:43:14.463	01:43:10.786
5066	774	Carlos Oliveira	M-V45	Individual	01:43:14.463	01:42:09.626
5050	775	João Augusto	M-V45	Individual	01:43:15.457	01:40:28.404
7206	776	Jaime Ribeiro	M-V35	Individual	01:43:17.167	01:42:35.517
8673	777	Henrique Borges	M-V50	Individual	01:43:17.427	01:40:18.967
5626	778	Antonio Almeida	M-V50	Nucleo Desportivo Autocoope	01:43:21.697	01:42:46.574
9262	779	Pedro Rola	M-V45	Individual	01:43:24.167	01:41:53.010
6316	780	Paulo Correia	M-V45	Individual	01:43:26.167	01:43:15.804
7400	781	Ricardo Pinheiro	M-V40	Individual	01:43:27.173	01:42:40.916
6081	782	Aníbal Carralas	M-V40	Individual	01:43:27.417	
5426	783	José Araujo	M-V40	Individual	01:43:30.177	01:42:18.744
5466	784	Helder Madeira	M-V45	Nascidos Para Correr	01:43:30.923	01:43:07.870
8469	785	Paulo Martins	M-V40	Individual	01:43:30.927	01:42:01.967
6872	786	Miguel Neto	M-V35	Ei Team Trail	01:43:31.917	01:42:39.340
7037	787	Cesar Silva	M-V40	Leca4ever	01:43:32.917	01:41:10.757
7395	788	Paulo Matos	M-V45	Individual	01:43:33.917	01:43:21.887
9378	789	José Ribeiro	M-V60	Individual	01:43:34.187	01:43:12.567
9145	790	Bruno Pires	M-Seniores	Individual	01:43:34.667	01:40:41.110
6487	791	Vítor Andrade	M-V45	Taloxinhas	01:43:35.740	01:43:27.730
8900	792	José Madureira	M-V50	Gdr Granja - Trutas Mau	01:43:37.917	01:43:19.054
6798	793	Hugo Moura	M-Seniores	Individual	01:43:44.917	01:40:44.987
6835	794	Edgar Queiros	M-Seniores	Individual	01:43:44.917	01:40:44.970
8519	795	Luís Cunha	M-V45	Edp Runners	01:43:45.667	01:43:41.180
6631	796	Alexandre Ferreira	M-V50	Amigos Ponto Final	01:43:46.673	01:42:29.810
6632	797	Celestino Silva	M-V50	Amigos Ponto Final	01:43:46.927	01:42:23.487
9222	798	Jalmor Mor	M-V45	Individual	01:43:46.957	01:42:33.304
5427	799	José Nunes	M-V45	Individual	01:43:48.167	01:40:36.567
8973	800	António Carvalho	M-V55	Viseu Running Team	01:43:49.417	01:43:33.590
8080	801	Luis Barrias	M-V45	Ccd Vila Real	01:43:51.673	01:40:56.476
6156	802	Jorge Mendes	M-V55	Individual	01:43:54.673	01:43:47.473
7620	803	Jorge Morgado	M-V50	Individual	01:43:56.167	01:41:42.370
8132	804	Rui Miguel	M-Juniores	Navr	01:43:56.667	01:42:35.827
7615	805	Nuno Gomes	M-Seniores	Individual	01:43:57.167	01:42:54.827
8127	806	Rui Borges	M-V50	Navr	01:43:57.667	01:42:36.447
5546	807	Francisco Dias	M-V45	Estamos Perdidos	01:43:57.920	01:42:16.147
5316	808	Joaquim Cunha	M-V45	Individual	01:43:59.667	01:42:36.490
6401	809	Vitor Gonçalves	M-V40	Individual	01:43:59.933	01:41:30.446
8037	810	Vitor Pinto	M-Seniores	Individual	01:44:01.170	01:40:40.393

Dorsal	Lugar	Nome	Escalão	Equipa	Tempo	Chip
8786	811	Joana Lima	F-Seniores	Individual	01:44:01.927	01:41:41.957
5234	812	Vitorino Cardoso	M-V45	Individual	01:44:02.167	01:43:19.530
5502	813	Vitor Lopes	M-V45	Ginasio Clube Santo Tirso	01:44:03.667	01:42:38.467
5722	814	Ricardo Germano	M-Seniores	Individual	01:44:03.917	01:41:41.837
5293	815	António Sousa	M-V60	Individual	01:44:04.927	01:43:54.750
8837	816	Eduardo Pinto	M-V45	Individual	01:44:05.170	
8043	817	Ângelo Costa	M-Seniores	Ctm Vila Pouca De Aguiar	01:44:05.420	01:42:52.963
8316	818	Olga Branquinho	F-V45	Maisfit Runners	01:44:05.920	01:42:44.867
6936	819	Victor Costa	M-V45	Individual	01:44:07.667	01:43:38.697
8778	820	Rui Magalhaes	M-V40	Fantastic4	01:44:08.170	01:41:49.620
9367	821	Dénis Quadros	M-V35	Individual	01:44:08.920	01:43:50.117
6732	822	Rui Leite	M-Seniores	Individual	01:44:09.427	01:42:15.007
6077	823	António Fernandes	M-V50	Individual	01:44:10.713	01:43:55.706
8885	824	Carlos Vitorino	M-V45	Individual	01:44:11.667	01:43:17.404
8895	825	Carlos Martins	M-V40	Individual	01:44:12.177	01:42:41.540
5110	826	Pedro Costa	M-V45	Individual	01:44:12.420	01:42:32.393
6993	827	Pedro Gomes	M-V35	Clube Colaboradores Ageas	01:44:12.717	01:43:24.754
7474	828	Avelino Pereira	M-V60	Ccdtc.M.Gondomar	01:44:12.717	01:44:05.120
7429	829	António Silva	M-V40	Clube Brisa	01:44:13.420	01:43:36.120
7265	830	Cristiano Silva	M-Seniores	Asphalt Assault Team	01:44:14.667	01:40:33.190
9052	831	Tiago Dias	M-Seniores	"Trailistas ""Eu É Que Sei"""	01:44:15.667	01:40:43.964
9135	832	Pedro Duarte	M-V45	Individual	01:44:15.920	01:41:56.573
8539	833	Victor Ribeiro	M-V50	Individual	01:44:17.170	01:42:37.710
8947	834	Alfredo Rocha	M-V60	Cdd Apdl	01:44:20.177	01:44:13.174
9364	835	Rui Leitão	M-V40	Individual	01:44:20.677	01:42:33.704
9236	836	Davide Silva	M-V45	N.A.Taipas	01:44:21.420	01:41:55.373
9248	837	Manuel Mota	M-V50	N.A.Taipas	01:44:21.427	
7976	838	Pereira Manuel	M-V50	Individual	01:44:23.167	01:40:59.287
6690	839	Nuno Bastos	M-V35	Individual	01:44:23.427	01:43:58.844
5001	840	Filipe Santos	M-V40	Individual	01:44:23.427	01:43:02.380
7914	841	Rui Santos	M-V50	Porto Runners	01:44:24.210	01:42:57.727
7898	842	Joao Bandeira	M-V45	Individual	01:44:24.677	01:40:51.497
5981	843	José Augusto	M-V55	Caipirinhas De Sesimbra	01:44:25.917	01:42:16.907
5265	844	Joaquim Silva	M-V35	Individual	01:44:26.420	01:43:46.693
8435	845	Vitor Figueiredo	M-V45	Tribo Nr	01:44:26.917	01:42:38.920
8605	846	Mário Silva	M-V35	Mário Silva Running	01:44:26.917	
7693	847	Armando Teixeira	M-V55	Individual	01:44:27.703	01:42:13.953
9181	848	Manuel Marçal	M-V60	Individual	01:44:28.920	01:43:37.673
5828	849	Catarina Quinteiro	F-V35	Os Bebe Águas	01:44:29.927	01:42:48.734
5390	850	Alexandre Leite	M-Seniores	Pés De Chumbo	01:44:30.927	01:42:23.287
7549	851	Mário Morgado	M-Seniores	Individual	01:44:31.167	01:41:26.370
5057	852	Helder Torres	M-V45	Individual	01:44:32.917	01:44:25.924
5159	853	Helder Barros	M-V35	Individual	01:44:33.207	01:43:03.770
8449	854	João Trigo	M-Seniores	Individual	01:44:34.420	01:42:42.813
9160	855	André Osório	M-Seniores	Individual	01:44:34.920	01:41:46.570

Dorsal	Lugar	Nome	Escalão	Equipa	Tempo	Chip
6646	856	Miguel Palmeiro	M-V45	Individual	01:44:35.177	01:44:18.990
7550	857	Tiago Ferreira	M-Seniores	Individual	01:44:35.420	01:41:30.627
9114	858	Fábio Gomes	M-Seniores	Individual	01:44:39.170	01:42:59.533
5182	859	David Weatherall	M-V45	Individual	01:44:40.670	
6994	860	Pedro Poças	M-V35	Clube Colaboradores Ageas	01:44:41.167	01:42:50.770
5670	861	Domingos Silva	M-V40	Family	01:44:41.427	01:40:48.764
6092	862	Brígida João	F-V35	Saca Trilhos	01:44:42.417	01:43:50.207
7626	863	Laisa Diana	F-Seniores	Individual	01:44:42.917	01:41:32.387
6212	864	Vitor Reis	M-V40	Portal Dos Clássicos	01:44:43.427	01:43:07.320
5101	865	Rui Sousa	M-V40	Qbv.Com	01:44:43.937	01:42:46.430
7204	866	Eduardo Ribeiro	M-V35	Correr Viseu	01:44:44.680	01:41:37.340
5565	867	Luís Félix	M-Seniores	Individual	01:44:44.920	01:41:47.623
9120	868	José Santos	M-V50	Individual	01:44:44.920	
8836	869	Carlos Passos	M-V45	Individual	01:44:45.920	01:43:37.367
7723	870	Mário Ferreira	M-V40	Associação Desportiva Da Efacec	01:44:47.207	01:41:29.120
7702	871	Manuel Neves	M-V55	Lamego Tribo Runners	01:44:47.963	01:44:39.896
8678	872	Pedro Nunes	M-Seniores	Individual	01:44:48.167	
6145	873	Silvério Pinto	M-V50	Individual	01:44:48.670	01:42:55.643
8482	874	Júlio Lourenço	M-V35	Individual	01:44:49.170	01:40:59.773
7569	875	Nuno Venes	M-V40	Individual	01:44:50.197	01:43:13.100
6004	876	Raúl Côte-Real	M-Seniores	Individual	01:44:51.170	01:43:01.223
9183	877	Pedro Marinho	M-V35	Individual	01:44:51.677	01:43:15.437
8401	878	Inês Peixoto	F-V35	Individual	01:44:51.687	01:43:07.000
6497	879	Jorge Ferreira	M-Seniores	Aceleras	01:44:51.713	01:40:18.406
8877	880	José Neto	M-V40	Barcadouro Team	01:44:51.920	01:44:14.743
6006	881	Alberto Santos	M-V55	Individual	01:44:54.170	01:43:52.460
6245	882	Marina Paiva	F-Seniores	Individual	01:44:54.457	
7021	883	Augusto Nunes	M-V50	Individual	01:44:55.427	01:44:36.120
6213	884	Rui Ferro	M-V40	Individual	01:44:55.677	01:42:44.644
9231	885	António Afonso	M-V50	N.A.Taipas	01:44:56.170	01:42:31.353
7744	886	Daniel Freitas	M-Seniores	Individual	01:44:56.180	01:43:52.720
7705	887	Miguel Araújo	M-V40	Team Lantermil	01:44:56.440	01:42:53.543
5992	888	Rui Jesus	M-V50	Individual	01:44:57.670	01:44:20.780
6780	889	Alberto Guerra	M-V45	Palas	01:44:58.207	01:44:41.374
8788	890	Carlos França	M-V35	Individual	01:45:00.417	01:42:41.864
5483	891	Paulo Martins	M-V40	Nascidos Para Correr	01:45:01.420	01:44:38.207
6007	892	José Bárbara	M-V50	Individual	01:45:01.430	01:44:00.033
6957	893	Sergio Ferreira	M-V60	Individual	01:45:01.670	01:44:46.853
6572	894	João Santos	M-V45	Individual	01:45:01.923	01:43:56.036
7445	895	Marco Oliveira	M-V35	Portocargo	01:45:03.420	01:40:48.450
9011	896	Luis Ramos	M-Seniores	Individual	01:45:05.167	01:43:47.907
7675	897	Patrício Rodrigues	M-V35	Sociedade Recreio Capanense	01:45:07.707	01:41:34.297
8149	898	Luis Faria	M-V45	Individual	01:45:07.917	01:42:17.447
5327	899	António Vale	M-Seniores	Os Conta-Kilómetros	01:45:09.667	01:42:34.414
5879	900	Pedro Gonçalves	M-V35	Fogaças Com Malapos	01:45:10.420	01:42:41.183

Dorsal	Lugar	Nome	Escalão	Equipa	Tempo	Chip
8819	901	Desconhecido	S/Escalão	Individual	01:45:11.170	01:45:05.123
9149	902	Rui Silva	M-Seniores	Individual	01:45:12.423	01:44:13.716
8359	903	Mário Baltazar	M-Seniores	Individual	01:45:13.670	01:43:02.230
8472	904	Frederico Pina	M-Seniores	Ó Da Guarda	01:45:15.187	01:43:15.880
8556	905	Guilherme Gonçalves	M-V55	Individual	01:45:16.927	01:45:13.304
9099	906	Antonio Rodrigues	M-Seniores	Viseu360	01:45:17.177	01:44:24.190
5781	907	Carmen Henriques	F-V35	Individual	01:45:17.420	01:44:18.197
7370	908	Manuel Mendes	M-Seniores	Sportarc.Running	01:45:18.463	01:44:38.006
7746	909	Ricardo Sousa	M-V35	Individual	01:45:19.427	01:44:09.700
8659	910	Gonçalo Costa	M-V35	Portocargo	01:45:19.957	01:41:04.587
7008	911	Pedro Bustorff	M-Seniores	Wolf Runners	01:45:20.173	01:44:40.230
7727	912	Ricardo Figueiredo	M-V50	Individual	01:45:20.180	01:44:39.127
7472	913	Agostinho Pereira	M-V40	Individual	01:45:20.930	01:42:42.537
8471	914	Filipe Pires	M-Seniores	Individual	01:45:21.170	01:41:03.123
7274	915	António Faria	M-V35	Caminhadas Runners	01:45:23.423	01:43:02.096
5434	916	Bruno Oliveira	M-V40	Individual	01:45:23.670	01:43:38.343
7678	917	Vítor Castro	M-Seniores	Sociedade Recreio Capanense	01:45:25.170	01:41:50.780
8255	918	José Santos	M-V40	Individual	01:45:27.420	01:44:08.153
5682	919	João Couto	M-V35	Individual	01:45:28.923	01:42:11.403
8529	920	Nuno Santos	M-V40	Individual	01:45:29.923	01:45:00.760
5137	921	Diogo Pinheiro	M-V40	Individual	01:45:29.953	01:44:29.923
5465	922	Fernando Rocha	M-V50	Nascidos Para Correr	01:45:30.670	01:45:13.010
5460	923	Emanuel Silva	M-Seniores	Nascidos Para Correr	01:45:30.920	01:44:01.253
5991	924	Oscar Loureiro	M-V60	Individual	01:45:32.427	01:44:56.107
6226	925	Pedro Xavier	M-V35	Individual	01:45:32.930	01:45:01.927
5642	926	Carlos Sampaio	M-V50	Individual	01:45:32.930	01:45:07.840
7724	927	Paulo Borges	M-V35	Associação Desportiva Da Efacec	01:45:34.920	01:42:23.190
8324	928	Fernando Alves	M-V50	Individual	01:45:35.670	01:43:24.883
9400	929	Victor Fernandes	M-V55	Individual	01:45:35.820	01:44:27.217
6897	930	Rui Rodrigues	M-V40	Individual	01:45:36.673	01:42:09.440
6609	931	Frederico Máximo	M-V35	Aesthetical Team Running	01:45:36.920	01:44:48.780
8289	932	Jean-Pierre Baillon	M-V45	Egis	01:45:38.423	01:44:00.196
7128	933	José Almeida	M-V45	Individual	01:45:38.433	
8379	934	Fernando Silva	M-V60	Navr	01:45:38.670	01:45:00.827
8341	935	Francisco Pacheco	M-V35	Individual	01:45:39.677	01:44:00.940
5420	936	Arménio Oliveira	M-V45	Chitas De Alcobaça	01:45:41.173	01:45:03.090
8520	937	Nuno Bela	M-V35	Edp Runners	01:45:41.920	01:43:52.520
5232	938	Tiago Martins	M-V35	Individual	01:45:42.170	01:44:23.960
6123	939	António Godinho	M-V40	"Restaurante ""O Cartaxeiro"" Caneças"	01:45:44.920	01:40:22.020
5986	940	Vasco Soares	M-V55	Individual	01:45:45.937	01:44:57.200
9379	941	Maria Souto	F-V40	Individual	01:45:46.173	01:44:44.266
6778	942	Rogério Soares	M-Seniores	Individual	01:45:47.430	01:44:25.510
7912	943	Isabel Amorim	F-Seniores	Correr Lisboa	01:45:47.670	01:44:28.283
6585	944	Joana Carreira	F-Seniores	Individual	01:45:49.427	01:45:27.274
6264	945	Cláudia Pimparel	F-V40	Individual	01:45:49.673	01:45:20.780

Dorsal	Lugar	Nome	Escalão	Equipa	Tempo	Chip
6420	946	José Lemos	M-V35	Individual	01:45:49.923	01:45:20.950
9311	947	Luís Oliveira	M-V40	Individual	01:45:49.923	
8524	948	Vitor Correia	M-V35	Ecp Runners	01:45:50.430	01:45:41.793
5598	949	Rogério Mendes	M-Seniores	Individual	01:45:50.673	01:45:28.396
8111	950	Vitor Gouveia	M-Seniores	Individual	01:45:52.920	01:45:47.863
7438	951	Abílio Santos	M-V55	Feirenses	01:45:55.920	01:45:30.263
5925	952	Roberto Daniel	M-V35	Só Mais Uma	01:45:56.423	01:44:39.906
8710	953	António Rocha	M-V50	Individual	01:45:57.173	01:45:32.760
8480	954	José Santos	M-V50	Individual	01:45:57.920	01:44:38.740
7357	955	Alfredo Matos	M-V45	Individual	01:45:59.670	01:44:24.273
5892	956	Ivone Duarte	F-V35	Individual	01:46:00.673	01:45:12.886
5782	957	Luis Vitorino	M-V40	Individual	01:46:00.673	01:45:00.936
8842	958	Rui Teixeira	M-V35	Soenga	01:46:01.423	01:44:02.986
9050	959	João Pereira	M-V35	Tribo Nr	01:46:01.920	01:45:33.867
5571	960	João Gil	M-V60	Aventureiros	01:46:03.673	
7044	961	Carlos Leitão	M-V50	Individual	01:46:04.177	01:43:14.434
6900	962	Samuel Loureiro	M-V35	Individual	01:46:05.420	01:45:24.150
5028	963	Rui Seabra	M-Seniores	Individual	01:46:06.670	01:45:46.430
6315	964	Fernando Monteiro	M-V45	Individual	01:46:07.170	01:45:12.333
5143	965	Rui Salvado	M-V45	Quarentões Na Bisga	01:46:07.670	01:44:22.660
7117	966	Bruno Monte	M-V35	Gdbpi	01:46:07.670	01:44:25.463
5535	967	Ricardo Vicente	M-V40	Clube Desportivo Moitense	01:46:09.430	01:43:16.813
6561	968	José Organista	M-V40	Individual	01:46:09.923	01:45:03.096
5695	969	Gil Carneiro	M-V35	Margil	01:46:10.430	01:45:01.990
5694	970	Ana Correia	F-V35	Margil	01:46:10.920	01:45:03.067
8573	971	Rui Tinoco	M-V45	Individual	01:46:11.923	01:45:46.740
7641	972	Jorge Ferreira	M-V40	Sociedade Recreio Capanense	01:46:12.457	01:43:35.340
7631	973	António Mendes	M-V45	Sociedade Recreio Capanense	01:46:12.923	01:43:35.300
6750	974	António Gregório	M-V50	Ó Da Guarda	01:46:13.170	01:44:13.223
5056	975	Heitor Araújo	M-V50	Individual	01:46:13.673	01:45:37.930
7862	976	Rogério Vieira	M-V50	Individual	01:46:16.420	01:42:35.323
7761	977	Nuno Sousa	M-Seniores	Individual	01:46:17.420	01:44:52.593
6282	978	Massimo Tona	M-V45	Codognotto	01:46:17.930	01:44:19.500
9112	979	Renato Magalhães	M-Seniores	Individual	01:46:18.923	01:45:01.013
9240	980	João Silva	M-V55	N.A.Taipas	01:46:20.920	01:44:38.140
6768	981	João Caniço	M-V35	3B-S	01:46:23.173	01:42:55.316
7437	982	Liliana Filipe	F-Seniores	Juventude Desportiva Almansor	01:46:23.183	01:42:56.026
6367	983	Nuno Araújo	M-V40	Brgteam	01:46:25.420	01:43:46.583
5255	984	Patrícia Abreu	F-Seniores	Ss Montepio	01:46:26.180	01:43:48.813
5251	985	José Costa	M-V45	Ss Montepio	01:46:26.423	01:43:49.010
7262	986	António Vela	M-Seniores	Asphalt Assault Team	01:46:26.423	01:42:54.593
8317	987	Luís Alves	M-Seniores	Individual	01:46:27.173	01:44:08.443
5115	988	Nuno Ribeiro	M-Seniores	Viseu Que Lindo És	01:46:27.920	01:45:49.347
8675	989	Jorge Moreira	M-V50	Individual	01:46:29.673	01:41:21.256
5065	990	Alcídio Moreira	M-V45	Individual	01:46:32.927	01:44:49.830

Dorsal	Lugar	Nome	Escalão	Equipa	Tempo	Chip
9325	991	Jair Caramelo	M-V35	Individual	01:46:32.933	01:42:00.763
8775	992	Pedro Miranda	M-V35	Individual	01:46:33.923	01:45:19.163
7055	993	Joao Marques	M-Seniores	Zaatam Runners	01:46:33.923	01:43:35.193
6761	994	Sérgio Vinhas	M-V40	Ó Da Guarda	01:46:34.673	01:43:27.593
7112	995	Filipe Silva	M-V45	Os Bandalhos - Plano E	01:46:35.670	01:45:10.797
9211	996	José Leal	M-V45	Individual	01:46:37.920	01:44:22.393
5332	997	Carlos Pereira	M-Seniores	Vinhateiros De Vizela	01:46:38.670	01:43:42.987
5837	998	Joaquim Guerra	M-V50	Queirizguerra	01:46:39.673	01:44:21.593
6180	999	Daniel Mendes	M-V40	Individual	01:46:42.923	01:46:03.706
5779	1000	Luis Ramos	M-V35	Individual	01:46:43.223	01:45:47.710
7774	1001	Julia Ru	F-Seniores	Bio Team Run	01:46:43.427	01:46:32.680
5605	1002	Norberto Silva	M-V40	Individual	01:46:44.210	01:46:00.247
7785	1003	Manuela Freitas	F-V45	Os Isabelinhas	01:46:45.923	01:44:22.693
5459	1004	Emanuel Madureira	M-V55	Nascidos Para Correr	01:46:46.420	01:46:22.373
7581	1005	Paulo Souza	M-V40	Individual	01:46:49.963	01:44:05.026
7311	1006	Rui Pereira	M-V40	Individual	01:46:50.473	01:44:51.233
5350	1007	José Neves	M-Seniores	Individual	01:46:50.920	01:43:43.133
8838	1008	Jorge Silva	M-V60	Individual	01:46:51.173	01:45:42.093
9039	1009	Carlos Leal	M-V40	Individual	01:46:52.923	01:46:52.923
6691	1010	Nuno Teixeira	M-V40	Individual	01:46:53.420	01:46:27.297
5445	1011	Adão Dias	M-V60	Nascidos Para Correr	01:46:53.457	01:46:43.704
7966	1012	Sergio Pereira	M-V45	Egis	01:46:54.673	01:45:34.526
6541	1013	Nuno Rodrigues	M-V40	Slowdown Running	01:46:54.927	01:44:18.484
6194	1014	Nelson Lopes	M-V40	Individual	01:46:55.173	01:45:50.840
5297	1015	Paula Moreira	F-V40	Paredes Aventura	01:46:55.670	01:43:39.057
5296	1016	Rui Moreira	M-V40	Paredes Aventura	01:46:56.673	01:43:39.880
8646	1017	Karolina Szerlag	F-Seniores	Lidl Team	01:46:57.673	01:45:36.150
5946	1018	António Monteiro	M-Seniores	Nascidos Para Correr	01:46:59.423	01:45:29.386
6771	1019	Joaquim Ferreira	M-V35	Individual	01:46:59.427	01:45:44.857
7889	1020	Manuel Abobeleira	M-V40	Individual	01:47:01.923	01:46:26.200
8521	1021	Ricardo Sousa	M-V45	Edp Runners	01:47:05.173	01:46:32.193
5132	1022	Rui Pereira	M-V60	Os Cansados	01:47:06.673	01:46:13.330
6588	1023	Manuel Paulo	M-V55	Individual	01:47:07.227	01:46:29.870
6511	1024	Fernando Magalhães	M-V35	Ama Associação Mondim Atletismo	01:47:07.420	01:46:39.020
9045	1025	Fernando Marques	M-V35	Acrd Psp Runners	01:47:08.433	01:45:48.383
7198	1026	Carlos Ribeiro	M-Seniores	Os2horas	01:47:08.693	01:43:22.810
9042	1027	André Brochado	M-Seniores	Individual	01:47:10.927	01:43:18.757
7019	1028	Ricardo Silva	M-Seniores	Grunners	01:47:11.173	01:43:33.196
7018	1029	Pedro Alves	M-Seniores	Grunners	01:47:11.433	01:43:33.146
6085	1030	José Cabral	M-V60	C.C.D. Das Autarquias De Almada	01:47:11.673	01:46:08.306
8680	1031	Lázaro Sousa	M-Seniores	Individual	01:47:12.180	01:46:12.110
6766	1032	Paulo Vasconcelos	M-V45	Individual	01:47:13.173	01:46:42.463
6132	1033	Simão Vilaça	M-V35	Turbulentos	01:47:13.193	01:45:25.043
7901	1034	Tiago Machado	M-Seniores	Arco4run	01:47:13.433	01:46:01.390
7020	1035	Paulo Garcia	M-V45	Individual	01:47:14.707	01:45:39.327

Dorsal	Lugar	Nome	Escalão	Equipa	Tempo	Chip
7203	1036	Tiago Soares	M-V40	Individual	01:47:14.937	01:46:11.770
8903	1037	Ricardo Ferreira	M-Seniores	Gdr Granja - Trutas Mau	01:47:15.923	01:45:35.810
8186	1038	Daniel Gonçalves	M-V40	Individual	01:47:16.927	01:45:28.500
7148	1039	Vasco Amador	M-Seniores	Ptc	01:47:18.673	01:44:45.780
8499	1040	Carlos Marques	M-V35	Jobra	01:47:18.923	01:46:12.803
9380	1041	Pedro Ratola	M-V50	Individual	01:47:19.183	01:43:31.730
8216	1042	Bruno Raimundo	M-Seniores	Individual	01:47:20.423	01:43:42.883
8502	1043	Manuel Couto	M-Seniores	Individual	01:47:20.923	01:45:48.143
6415	1044	Bruno Vigarío	M-Seniores	Metralhas Runners	01:47:25.423	01:44:23.166
7737	1045	Humberto Silva	M-V50	Individual	01:47:26.673	
7146	1046	Mitchell Miranda	M-Seniores	Ptc	01:47:27.430	01:44:15.140
8603	1047	Pedro Lopes	M-Seniores	Individual	01:47:27.430	01:42:50.913
8388	1048	João Pires	M-V35	Individual	01:47:28.680	01:44:44.470
8054	1049	Nuno Nascimento	M-Juniores	Portocargo	01:47:28.923	01:43:15.413
6899	1050	Rute Ribeiro	F-V35	Individual	01:47:29.183	01:45:33.733
7259	1051	Hugo Brás	M-V35	Bjwhf	01:47:29.183	01:44:03.340
7944	1052	Lourdes Pereira	F-V60	Individual	01:47:32.427	01:47:20.480
6782	1053	Valdemar Valente	M-V55	Palas	01:47:33.677	01:47:16.020
7260	1054	Pedro Ferraz	M-V40	Bjwhf	01:47:34.477	01:44:16.554
7800	1055	Paulo Martins	M-V50	Individual	01:47:38.423	01:46:15.743
5939	1056	Pedro Osório	M-V45	Individual	01:47:41.173	01:45:44.980
8988	1057	Tiago Seixas	M-Seniores	Eprégua	01:47:42.710	01:45:59.723
8869	1058	Ana Henriques	F-V35	Individual	01:47:43.430	01:46:53.363
8448	1059	Telmo Catarino	M-V45	Individual	01:47:43.430	01:43:40.933
6166	1060	Miguel Correia	M-V40	Individual	01:47:43.673	01:46:53.610
7433	1061	Eugenia Teixeira	F-V45	Keepmoving	01:47:45.923	01:46:36.886
8197	1062	Andrew May	M-Seniores	Individual	01:47:46.423	01:45:02.366
8463	1063	Fernando Alves	M-V50	Individual	01:47:46.923	01:46:17.433
6466	1064	Pedro Rufino	M-V40	Individual	01:47:47.207	01:45:39.684
6767	1065	Tiago Dias	M-Seniores	Os Resistentes	01:47:47.213	01:45:53.866
7893	1066	Vitor Silva	M-Seniores	Individual	01:47:47.213	01:43:22.853
7247	1067	Cristina Passos	F-V40	Individual	01:47:48.173	
8281	1068	Antonio Costa	M-V55	Individual	01:47:49.423	01:46:01.303
7297	1069	Pedro Gonçalves	M-V35	Cdc De Priscos	01:47:50.427	01:44:31.320
7317	1070	Pedro Carneiro	M-V35	Individual	01:47:52.677	01:46:29.080
8198	1071	Dario Ferreira	M-V40	Individual	01:47:53.673	01:46:19.390
6431	1072	José Lemos	M-Seniores	Feltrail	01:47:55.957	01:44:03.204
5083	1073	Nelson Santos	M-V40	Individual	01:47:58.427	01:46:04.350
5399	1074	Joaquim Silva	M-V55	Individual	01:47:59.173	01:46:36.166
6184	1075	Milton Cabral	M-V40	Individual	01:48:00.427	01:46:59.414
6416	1076	Joana Neto	F-Seniores	Individual	01:48:01.430	01:44:59.690
8599	1077	António Ponte	M-V45	Individual	01:48:01.430	01:47:54.330
8102	1078	Samuel Oliveira	M-Seniores	N.A.F.F.A.T.	01:48:02.677	01:43:38.470
6790	1079	Paulo Monteiro	M-V35	Individual	01:48:02.677	01:46:43.710
7551	1080	Alberto Barbosa	M-V40	Individual	01:48:02.687	01:45:51.730



Dorsal	Lugar	Nome	Escalão	Equipa	Tempo	Chip
8537	1081	Alexandre Moraes	M-V50	Individual	01:48:02.930	01:46:50.483
6042	1082	Ricardo Silva	M-V35	Individual	01:48:03.223	01:47:00.010
8215	1083	José Félix	M-Seniores	Individual	01:48:03.427	
6199	1084	Susana Salvaterra	F-V40	Individual	01:48:04.180	01:47:26.420
9063	1085	Mário Novo	M-Seniores	Individual	01:48:04.423	01:45:47.846
6648	1086	Edgar Silva	M-V35	Individual	01:48:04.677	01:46:37.450
5271	1087	Sofia Monteiro	F-V35	Individual	01:48:04.690	01:46:50.310
8494	1088	Daniel Veríssimo	M-V35	Individual	01:48:04.697	01:46:51.694
6627	1089	Leonardo Teixeira	M-V40	Individual	01:48:05.680	01:47:38.193
8199	1090	Nuno Figueiredo	M-V40	Individual	01:48:06.427	01:46:32.500
8899	1091	Isabel Oliveira	F-V40	Gdr Granja - Trutas Mau	01:48:06.427	01:47:45.434
7894	1092	Valentim Costa	M-V45	Individual	01:48:07.173	01:44:50.170
8167	1093	Rafael Almeida	M-Seniores	Runners Sernancelhe Terra Da Castanha	01:48:09.177	01:44:23.204
8552	1094	Nuno Fontelonga	M-V40	Grupo Desportivo Dos Ferroviários De Campanhã	01:48:09.717	01:47:05.087
5253	1095	Luís Ribeiro	M-V40	Ss Montepio	01:48:11.177	01:43:44.337
6734	1096	João Guimarães	M-V50	Individual	01:48:12.190	01:47:30.790
5354	1097	Raquel Mendes	F-V35	Maratonistas Do Minho	01:48:12.683	01:47:16.053
5960	1098	Susana Coelho	F-V40	Nascidos Para Correr	01:48:12.683	01:47:48.890
5211	1099	Carla Barros	F-Seniores	Individual	01:48:14.677	01:47:14.960
5504	1100	Pedro Pereira	M-Seniores	Pjr`S	01:48:15.423	01:44:21.186
5958	1101	Sandra Pereira	F-V35	Nascidos Para Correr	01:48:17.423	01:47:54.490
5212	1102	Joaquim Silva	M-Seniores	Individual	01:48:18.463	01:47:17.760
5500	1103	Joao Silva	M-V60	Ginasio Clube Santo Tirso	01:48:19.427	01:46:40.087
8596	1104	Andre Silva	M-V35	Individual	01:48:20.927	01:46:18.820
6154	1105	Nuno Ramos	M-V35	Individual	01:48:21.677	01:47:35.817
5647	1106	Marcos Ratola	M-V35	Conta Gotas	01:48:23.923	01:44:50.476
6249	1107	José Barros	M-V35	Tozé...O Tó E O Zé	01:48:25.457	01:43:42.454
7138	1108	Josenuno Sousapinto	M-V35	Get Running	01:48:25.677	01:44:20.644
6080	1109	Eduardo Tavares	M-V40	Individual	01:48:26.427	01:46:25.640
8269	1110	Filipe Esteves	M-V40	Nokasteam	01:48:29.423	01:44:20.236
7196	1111	Oscar Ribeiro	M-V35	Individual	01:48:29.717	01:46:52.620
8168	1112	Joao Anjos	M-V50	Individual	01:48:30.673	01:48:04.093
6891	1113	Nuno Marques	M-V35	Individual	01:48:30.960	01:46:24.537
7254	1114	Antonio Correia	M-V60	Individual	01:48:31.680	01:45:28.813
6503	1115	Anabela Pinto	F-V40	4A`S	01:48:31.963	01:47:46.200
8280	1116	Luis Carvalho	M-V40	Individual	01:48:32.677	01:45:52.550
6623	1117	Tiago Paulo	M-V40	G.D.C. Portos De Sines E Do Algarve	01:48:33.673	01:46:57.346
7491	1118	Artur Gil	M-V35	Braguistas	01:48:33.673	01:47:54.653
7880	1119	Armindo Russo	M-V45	Individual	01:48:34.957	01:45:09.884
7184	1120	Joaquim Pinhel	M-V60	Individual	01:48:35.427	01:46:43.550
8872	1121	Marcos Paulo	M-Seniores	Individual	01:48:36.677	01:46:52.644
8583	1122	Nuno Francisco	M-V40	Individual	01:48:37.673	01:47:03.856
6589	1123	Francisco Carvalho	M-V45	Individual	01:48:39.687	01:47:00.200
6740	1124	Sérgio Araújo	M-V40	Individual	01:48:39.693	01:47:01.090
6763	1125	Gonçalo Araujo	M-Seniores	Individual	01:48:39.927	01:47:00.790

Dorsal	Lugar	Nome	Escalão	Equipa	Tempo	Chip
8593	1126	Bruno Leitao	M-Seniores	Individual	01:48:40.427	01:44:01.524
5210	1127	Joao Negrao	M-Seniores	Vagueira Runners	01:48:41.933	01:44:35.166
6613	1128	José Sá	M-V55	Individual	01:48:44.173	01:46:10.053
6629	1129	Nuno Almeida	M-V35	Individual	01:48:45.180	01:45:09.450
5462	1130	Etelvina Rocha	F-V50	Nascidos Para Correr	01:48:45.463	01:48:21.316
8309	1131	Sandra Rodrigues	F-Seniores	Afort Retp	01:48:46.927	01:45:39.817
6884	1132	António Pereira	M-V35	Individual	01:48:47.210	01:46:51.760
8117	1133	Tiago Oliveira	M-Seniores	Individual	01:48:47.423	01:45:35.216
5512	1134	Joao Passeiro	M-V50	Individual	01:48:48.177	01:46:21.394
8297	1135	Luís Costa	M-V40	Individual	01:48:48.927	01:47:26.610
8201	1136	Celso Fernandes	M-Seniores	Kalenji Runners Braga	01:48:49.677	01:47:33.240
5014	1137	Ana Barbosa	F-V55	Individual	01:48:49.707	01:48:00.274
6660	1138	Artur Freitas	M-V60	Cmmc S. João Da Pesqueira 1	01:48:53.433	01:48:46.743
8733	1139	Hélder Isidro	M-V45	Individual	01:48:54.427	01:45:15.984
4036	1140	Desconhecido	S/Escalão	Individual	01:48:54.683	01:48:50.416
7339	1141	Manuel Pereira	M-V55	Os Kágados	01:48:54.933	01:44:42.610
9065	1142	César Rodrigues	M-Seniores	Individual	01:48:55.177	01:48:34.910
7442	1143	Fernando Magalhaes	M-V35	Individual	01:48:55.427	01:47:03.687
5196	1144	Célia Pereira	F-Seniores	Individual	01:48:56.427	01:48:28.697
6233	1145	Paulo Fernandes	M-V40	Individual	01:48:57.677	01:48:38.514
6971	1146	Fábio Costa	M-Seniores	Individual	01:48:58.223	01:46:06.233
8773	1147	Carla Mota	F-V40	Individual	01:48:58.673	01:47:47.940
7937	1148	Miguel Coelho	M-V45	Pupilos Do Zé Tó	01:49:01.427	01:47:49.460
7936	1149	Luis Ferreira	M-V45	Pupilos Do Zé Tó	01:49:01.677	01:47:50.644
7935	1150	Jose Rodrigues	M-V45	Pupilos Do Zé Tó	01:49:01.927	01:47:51.170
5323	1151	Cunha Filipe	M-V35	Individual	01:49:02.680	01:46:56.160
7191	1152	Manuel Couto	M-V45	Individual	01:49:04.713	01:47:00.963
9072	1153	Sérgio Bastos	M-V40	Individual	01:49:05.427	01:47:30.194
8091	1154	Paulo Marçal	M-V40	Individual	01:49:06.177	01:48:49.144
7617	1155	David Queiroz	M-Seniores	Individual	01:49:06.927	01:48:04.224
5473	1156	Luiz Loureiro	M-V40	Nascidos Para Correr	01:49:07.427	01:48:42.594
8498	1157	Ana Aleixo	F-V35	Jobra	01:49:09.183	01:48:03.243
7180	1158	Nuno Machado	M-Seniores	Fantastic Four	01:49:10.180	01:47:02.287
5441	1159	Miguel Silva	M-Seniores	Tainadas Family Running	01:49:10.247	01:47:12.520
5304	1160	José Vilela	M-V55	Grupo A Bida É Bela	01:49:10.680	01:46:48.163
5162	1161	Fernando Pinho	M-V55	Invicta Runners Team	01:49:10.687	01:46:08.907
5373	1162	António Guedes	M-V40	Invicta Runners Team	01:49:11.187	01:47:33.150
7696	1163	Miguel Costa	M-V40	Individual	01:49:11.200	01:48:20.330
7033	1164	Helder Pereira	M-V35	Individual	01:49:11.937	01:45:01.730
8953	1165	António Silva	M-V50	Individual	01:49:11.937	01:46:58.540
8770	1166	Artur Carvalho	M-V50	Individual	01:49:13.183	01:47:47.506
6070	1167	Fabio Roxo	M-Seniores	Individual	01:49:14.680	01:48:27.890
5708	1168	Ricardo Gonçalves	M-V35	Gteam	01:49:15.433	01:48:05.250
7042	1169	Noémia Sequeira	F-V45	Individual	01:49:16.177	01:46:26.884
6697	1170	Carlos Alves	M-V35	Turbulentos	01:49:17.680	01:47:27.323

Dorsal	Lugar	Nome	Escalão	Equipa	Tempo	Chip
6071	1171	Tomé Lopes	M-Seniores	Individual	01:49:19.677	01:48:32.637
5711	1172	Carlos Ribeiro	M-Seniores	Montes Team	01:49:20.433	01:46:50.590
9288	1173	Filipe Gaisita	M-Seniores	Individual	01:49:21.427	01:48:02.204
7896	1174	Ismael Alves	M-V40	Individual	01:49:21.947	01:49:10.040
9033	1175	Ulisses Cabral	M-V35	Alexandra Carvalho Team	01:49:23.687	01:45:21.960
6043	1176	Daniel Ferreira	M-V40	Sport Fuller	01:49:24.190	01:45:54.313
7402	1177	Jorge Testos	M-Seniores	Individual	01:49:24.713	01:46:02.833
7969	1178	Mario Florindo	M-V40	Individual	01:49:25.430	01:47:18.617
8446	1179	Ricardo Batista	M-V35	Lamego Tribo Runners	01:49:25.433	01:48:00.603
8138	1180	Bruno Venâncio	M-Seniores	Individual	01:49:26.177	01:48:34.010
5798	1181	Marcelino Cunha	M-V40	Só Mais Uma	01:49:26.187	01:48:08.587
7073	1182	José Almeida	M-V55	Conquistadores	01:49:28.197	01:46:35.520
7076	1183	José Silva	M-V50	Conquistadores	01:49:28.197	01:46:32.517
5733	1184	Carlos Araújo	M-V40	Challenge Force	01:49:28.927	01:48:17.734
6615	1185	Rui Pereira	M-V50	Individual	01:49:29.183	01:47:33.553
7972	1186	Joao Preto	M-Seniores	Individual	01:49:29.683	01:45:13.903
9188	1187	Joaquim Silva	M-V45	Individual	01:49:31.927	01:48:56.760
9381	1188	Luis Ribeiro	M-V40	Individual	01:49:33.177	01:45:02.054
5134	1189	Vitor Parreira	M-V60	Os Cansados	01:49:33.427	01:46:52.600
6009	1190	Pedro Lopes	M-V35	Ss Cgd	01:49:34.440	01:48:22.320
9277	1191	Carlos Pais	M-V55	Acrd/Psp Viseu Runners	01:49:36.683	01:48:47.413
8400	1192	Gonçalo Aroso	M-V35	Individual	01:49:37.427	01:47:42.747
5019	1193	Sílvio Delgado	M-V40	Kaninos	01:49:39.943	01:47:52.403
8754	1194	Paulo Marques	M-V40	Individual	01:49:42.183	01:45:33.500
8752	1195	Nuno Santos	M-V40	Individual	01:49:42.930	01:45:33.573
6344	1196	Vitor Martins	M-Seniores	Esquadrão Da Morte	01:49:44.927	01:47:20.510
6509	1197	Dinis Veloso	M-V40	Ama Associação Mondim Atletismo	01:49:46.177	01:49:16.174
9280	1198	Miguel Ribeiro	M-V35	Guardarunners	01:49:47.930	01:47:17.160
5169	1199	Luis Vasconcelos	M-V40	Individual	01:49:48.927	01:48:47.210
6520	1200	Paulo Pereira	M-V45	Ama Associação Mondim Atletismo	01:49:49.430	01:49:19.263
7711	1201	Vitor Santos	M-V45	Cin-Runners	01:49:50.180	01:48:24.267
8422	1202	Gonçalo Martins	M-Seniores	Individual	01:49:50.427	01:45:26.117
5906	1203	Leandro Teixeira	M-V35	Nós Acreditamos	01:49:50.713	01:47:25.226
7841	1204	Pedro Correia	M-V45	Correr Lisboa	01:49:50.927	01:46:02.067
9207	1205	Carlos Batista	M-V40	Individual	01:49:51.967	01:48:37.564
6417	1206	António Martins	M-Seniores	Individual	01:49:52.187	01:41:34.357
7526	1207	Hélder Santos	M-V40	Aorta Dilatada	01:49:52.930	01:45:17.427
6039	1208	Nuno Cardoso	M-V35	4Smile	01:49:54.220	01:48:16.753
5983	1209	Flávia Batista	F-Seniores	Individual	01:49:54.927	01:47:01.287
8053	1210	Sérgio Vilela	M-V35	Ctm Vila Pouca De Aguiar	01:49:55.683	01:46:58.070
8045	1211	Bruno Sousa	M-Seniores	Ctm Vila Pouca De Aguiar	01:49:55.687	01:46:58.350
8860	1212	Nuno Fernandes	M-V35	Individual	01:49:57.430	01:49:05.453
6369	1213	Sérgio Araújo	M-V40	Brgteam	01:49:59.427	01:47:20.790
5799	1214	Armando Macedo	M-V60	Individual	01:49:59.680	01:49:28.850
6818	1215	António Palma	M-V35	Academia Fitness Militar	01:49:59.680	01:46:50.153

Dorsal	Lugar	Nome	Escalão	Equipa	Tempo	Chip
7058	1216	Antonio Pereira	M-V50	Individual	01:50:00.927	01:49:30.750
8535	1217	Rui Fernandes	M-V40	Individual	01:50:01.427	01:47:50.747
6554	1218	Luis Peixoto	M-V40	Savate	01:50:02.427	01:49:36.174
8898	1219	Cidália Teixeira	F-V40	Gdr Granja - Trutas Mau	01:50:02.937	01:49:41.830
8410	1220	Pedro Lucas	M-Seniores	Reinado	01:50:03.440	01:44:13.013
5400	1221	José Sousa	M-V55	Individual	01:50:03.937	01:48:42.350
9227	1222	Carlos Campelo	M-V35	Individual	01:50:11.427	01:45:40.274
6357	1223	António Matos	M-V60	Individual	01:50:12.177	01:49:28.530
7013	1224	Rafael Vasconcelos	M-Seniores	Individual	01:50:12.427	01:47:27.790
6010	1225	Bruno Pereira	M-Seniores	Individual	01:50:14.683	01:46:51.310
7953	1226	Ricardo Pais	M-Seniores	Cento 12 Btt Team	01:50:14.937	01:48:24.097
7444	1227	Manuela Faria	F-V45	Portocargo	01:50:15.927	01:46:01.687
5125	1228	Lino Marques	M-V55	Individual	01:50:17.927	01:48:40.064
6439	1229	Alberto Torres	M-V50	Braga A Correr	01:50:19.680	01:48:32.777
6173	1230	Fernando Rocha	M-V45	Individual	01:50:19.680	01:48:34.493
6811	1231	Filipe Regalado	M-Seniores	Individual	01:50:20.180	01:46:04.193
6030	1232	Renato Ramos	M-V35	Movet	01:50:20.430	01:46:42.533
7778	1233	Ricardo Santos	M-V35	Bio Team Run	01:50:21.937	01:49:55.484
9232	1234	António Rodrigues	M-V50	N.A.Taipas	01:50:23.437	01:47:42.997
8613	1235	Edgar Costa	M-V40	Individual	01:50:24.427	01:48:14.927
7763	1236	Francisco Mendes	M-V40	Bio Team Run	01:50:25.677	01:49:58.464
7115	1237	Sergio Moreira	M-V40	Os Bandalhos - Plano E	01:50:25.693	01:49:01.550
7920	1238	Armando Parreira	M-V45	Tac - Tranquilidade Açoreana Clube	01:50:28.677	01:49:25.434
8776	1239	Filipe Varandas	M-V40	Individual	01:50:28.927	01:48:27.944
5964	1240	Herculano Marques	M-V55	Individual	01:50:28.937	01:48:31.994
6918	1241	Sergio Sorte	M-Seniores	Individual	01:50:30.183	01:46:16.843
8724	1242	Bruno Osorio	M-Seniores	Individual	01:50:30.437	01:50:00.840
8226	1243	Adão Leite	M-V45	Individual	01:50:30.967	01:49:58.467
5803	1244	Adolfo Escudeiro	M-V50	Individual	01:50:32.177	01:48:37.237
8017	1245	Helder Martins	M-V35	Individual	01:50:32.687	
6739	1246	Timoteo Ferreira	M-Seniores	Individual	01:50:33.177	01:46:48.697
6531	1247	Gabriela Silva	F-Seniores	Aguiarenses	01:50:33.213	01:46:29.330
8652	1248	Paulo Costa	M-V35	Lidl Team	01:50:33.437	
9531	1249	Bruno Osorio	M-Seniores	Individual	01:50:33.913	01:50:04.313
5096	1250	Hélder Pereira	M-V45	Namadores	01:50:34.187	01:49:36.970
8261	1251	Isaac Eugénio	M-Seniores	Individual	01:50:35.423	01:46:50.383
8559	1252	Aldina Marques	F-V45	Individual	01:50:35.930	01:49:05.750
6459	1253	David Martins	M-V40	Individual	01:50:38.927	01:47:59.984
9127	1254	Joaquim Gonçalves	M-V55	Individual	01:50:45.427	01:49:49.210
7875	1255	Oscar Silva	M-V50	Individual	01:50:46.177	01:49:51.247
6160	1256	Tiago Oliveira	M-Seniores	Individual	01:50:48.710	01:47:11.703
5922	1257	Inês Delgado	F-Seniores	Individual	01:50:49.177	01:48:52.167
8674	1258	Paulo Ribeiro	M-V45	Individual	01:50:49.680	01:45:26.967
5186	1259	Nuno Galvão	M-V50	Simecq	01:50:51.177	01:48:34.907
7513	1260	Carlos Costa	M-V45	Individual	01:50:52.430	01:48:46.160

Dorsal	Lugar	Nome	Escalão	Equipa	Tempo	Chip
5495	1261	David Silva	M-V45	Individual	01:50:52.943	01:46:20.873
8271	1262	Luís Terêncio	M-V40	Asphalt Assault Team	01:50:53.180	01:46:40.493
7548	1263	Bruno Moreira	M-Juniores	J A Moreira Seguros	01:50:53.430	01:48:44.213
8313	1264	Rosa Ferreira	F-V50	Maisfit Runners	01:50:54.180	01:49:33.510
5563	1265	Nuno Vieira	M-V35	Individual	01:50:56.427	
8257	1266	José Fonseca	M-Seniores	Individual	01:50:57.187	01:49:39.780
8087	1267	Fábio Santos	M-Seniores	Hsantamariart	01:50:58.177	01:46:34.937
8561	1268	Fábio Teles	M-Seniores	Individual	01:51:01.187	01:49:04.397
8450	1269	Jorge Nogueira	M-Seniores	Clube De Atletismo Da Nossa Senhora Da Conceição	01:51:02.687	01:50:14.840
8021	1270	Pedro Morais	M-V40	Individual	01:51:02.937	01:46:46.120
7302	1271	Jorge Carvalho	M-Seniores	Láchegaremos	01:51:03.947	01:49:26.977
8633	1272	Diogo Outrelo	M-Seniores	Lidl Team	01:51:04.180	01:49:44.720
7205	1273	João Vaz	M-Seniores	Individual	01:51:04.183	01:49:59.296
5415	1274	Nelson Santiago	M-V40	Individual	01:51:04.680	01:47:56.943
7725	1275	Francisco Batista	M-V35	Associação Desportiva Da Efacec	01:51:04.927	01:47:42.207
6215	1276	Paulo Cardoso	M-V35	Individual	01:51:05.967	01:48:54.084
9286	1277	Paula Aidos	F-Seniores	Acr Cambra	01:51:06.183	01:48:54.030
5973	1278	António Ramos	M-V45	Individual	01:51:06.437	01:50:18.030
7998	1279	Hugo Henriques	M-V40	Individual	01:51:06.680	01:50:50.337
5580	1280	João Torres	M-V60	Individual	01:51:09.430	01:50:21.690
5575	1281	Luis Barreiro	M-Seniores	Domoweb	01:51:10.933	01:48:29.913
8907	1282	Adelino Magalhães	M-V35	Kalenji Runners Braga	01:51:11.427	01:49:53.054
8693	1283	Ricardo Rocha	M-V40	B.T.M.	01:51:12.930	01:46:49.763
5069	1284	Henrique Vicêncio	M-V40	Individual	01:51:14.430	01:48:01.777
5789	1285	Jorge Esteves	M-V50	Individual	01:51:15.930	
6902	1286	Teresa Pinto	F-V35	Individual	01:51:15.940	01:49:20.533
5049	1287	João Augusto	M-Juniores	Individual	01:51:16.430	01:48:29.383
8669	1288	Paulo Guerra	M-V35	Taylors325	01:51:16.680	01:48:54.937
6820	1289	Carlos Lopes	M-V40	Individual	01:51:17.430	01:48:31.523
6038	1290	Augusto Lima	M-V40	4Smile	01:51:22.997	01:49:44.790
8998	1291	Augusto Almeida	M-V45	Individual	01:51:24.937	01:46:15.787
5632	1292	Vitor Pinto	M-V40	Individual	01:51:25.180	01:46:16.027
5606	1293	Manuel Oliveira	M-V45	Individual	01:51:25.437	01:50:10.787
5904	1294	Fernando Silva	M-V45	Nós Acreditamos	01:51:25.677	01:50:06.097
8912	1295	Fernando Correia	M-V45	Cmviseu	01:51:25.937	01:48:16.964
5680	1296	Rui Pinto	M-V45	Individual	01:51:25.963	
8150	1297	Bruno Alves	M-V35	Mocidade Sangemil A.C	01:51:26.943	01:48:25.590
6139	1298	Ricardo Silva	M-V35	Turtles Runners	01:51:26.950	
8151	1299	Luís Pereira	M-V40	Mocidade Sangemil A.C	01:51:27.430	01:48:26.070
6895	1300	Pedro Barros	M-V40	Individual	01:51:27.947	01:49:33.120
8651	1301	Nuno Silva	M-Seniores	Lidl Team	01:51:28.177	01:48:14.190
5471	1302	José Andrade	M-V35	Nascidos Para Correr	01:51:28.187	01:49:46.030
4029	1303	Hermínia Rodrigues	F-V50	N.A.Taipas	01:51:28.680	01:51:24.727
6383	1304	Nuno Dantas	M-V35	Individual	01:51:29.190	01:47:38.080
8057	1305	Sérgio Fernandes	M-Seniores	Correr Lisboa	01:51:29.680	01:47:39.813

Dorsal	Lugar	Nome	Escalão	Equipa	Tempo	Chip
9272	1306	Manuel Carvalho	M-V35	Individual	01:51:29.933	01:49:12.976
9092	1307	Joaquim Corte	M-V50	Individual	01:51:30.180	01:50:45.413
8649	1308	Nuno Teixeira	M-Seniores	Lidl Team	01:51:30.190	01:48:12.293
6430	1309	José Maias	M-V40	Feltrail	01:51:31.680	01:47:33.923
8493	1310	Ana Gomes	F-V35	Guardarunners	01:51:31.683	01:50:49.346
8399	1311	Marisa Santos	F-Seniores	Guardarunners	01:51:32.180	01:50:49.987
6622	1312	Telmo Macarrão	M-V35	G.D.C. Portos De Sines E Do Algarve	01:51:32.930	01:48:15.453
6618	1313	Gonçalo Santos	M-V40	G.D.C. Portos De Sines E Do Algarve	01:51:33.180	01:48:04.240
8517	1314	José Lopes	M-V55	Edp Runners	01:51:33.220	01:51:24.627
5300	1315	Pedro Castro	M-Seniores	Individual	01:51:33.930	
5976	1316	Helena Sousa	F-V35	Individual	01:51:34.930	01:49:23.803
7218	1317	Bruno Seada	M-Seniores	Ordinário Up	01:51:35.680	01:48:40.093
8398	1318	Daniel Sousa	M-V35	Guardarunners	01:51:37.483	01:50:54.963
8643	1319	João Lopes	M-V40	Lidl Team	01:51:38.180	01:50:14.933
7981	1320	Cédric Cheio	M-Seniores	Ginasio Clube De Bragança	01:51:38.930	01:50:29.723
9057	1321	Bruno Silva	M-Seniores	Individual	01:51:39.680	01:49:30.273
6260	1322	João Sousa	M-V35	Individual	01:51:40.187	01:48:37.317
6101	1323	André Martins	M-Seniores	Individual	01:51:40.450	01:47:56.353
5428	1324	Fernando Sousa	M-V55	Individual	01:51:41.930	01:50:43.493
5181	1325	Avelino Alves	M-V50	Individual	01:51:42.197	01:50:09.414
9337	1326	João Silva	M-V50	Individual	01:51:42.197	01:47:30.297
7843	1327	Paulo Soares	M-V45	Individual	01:51:42.937	01:48:33.057
7667	1328	Carlos Ribeiro	M-Seniores	Sociedade Recreio Capanense	01:51:42.940	01:49:03.657
6134	1329	Jose Silva	M-V45	Individual	01:51:43.183	01:49:31.866
8205	1330	Manuel Figueiredo	M-V50	Figueiredo'S Runner'S And Friends	01:51:43.183	01:51:37.566
6806	1331	Julio Silva	M-Seniores	Individual	01:51:43.930	01:45:02.887
9154	1332	Pedro Faria	M-Seniores	Hortinhas	01:51:45.180	01:51:12.827
6947	1333	Vitor Morais	M-V55	Individual	01:51:45.407	01:50:06.020
5274	1334	Gilberto Ferreira	M-V35	Individual	01:51:46.183	01:47:35.660
7276	1335	Manuel Pereira	M-V55	Caminhadas Runners	01:51:47.240	01:49:19.933
8795	1336	Marco Dias	M-Seniores	Individual	01:51:48.437	01:49:23.794
7810	1337	Salomé Mourisco	F-V35	Individual	01:51:49.180	01:47:55.573
7782	1338	Catarina Campelo	F-Seniores	Os Isabelinhas	01:51:50.180	01:49:26.277
6776	1339	Ana Teixeira	F-Seniores	Individual	01:51:50.430	01:49:41.530
6777	1340	Jose Silva	M-Seniores	Individual	01:51:50.437	01:49:41.217
7313	1341	Joao Amaral	M-V35	Sapatilhas	01:51:50.937	01:50:26.540
5160	1342	Helder Costa	M-V35	Individual	01:51:50.937	01:50:21.537
5476	1343	Marco Silva	M-V45	Nascidos Para Correr	01:51:51.197	01:51:25.207
6630	1344	Vitor Azevedo	M-V35	Asas Nos Pés	01:51:51.197	01:50:21.944
8874	1345	David Oliveira	M-V40	Running Espinho	01:51:51.430	01:50:48.663
8171	1346	Miguel Eugenio	M-V35	Individual	01:51:51.747	01:48:06.357
5095	1347	David Barroco	M-V35	Namadores	01:51:52.933	01:50:55.720
5561	1348	Pedro Seara	M-V40	Individual	01:51:53.930	01:51:26.850
8130	1349	Nelson Vinha	M-V40	Gin Marathon Runners	01:51:54.180	01:51:26.783
8374	1350	Francisco Costa	M-V55	Costa	01:51:54.430	01:47:26.940

Dorsal	Lugar	Nome	Escalão	Equipa	Tempo	Chip
8307	1351	Fernando Pinto	M-Seniores	Afort Retp	01:51:55.930	01:48:49.533
5507	1352	Ricardo Conde	M-V35	Individual	01:51:56.437	01:48:14.014
8301	1353	Angelo Martins	M-V45	Cf Jesuitas	01:51:56.680	01:49:16.183
5965	1354	Hugo Rodrigues	M-V35	Individual	01:51:58.180	01:50:01.157
6825	1355	Jorge Torrão	M-V35	Individual	01:52:00.220	01:49:15.527
8282	1356	Alexandra Matias	F-V40	Individual	01:52:01.680	01:51:47.723
8283	1357	Agostinho Matias	M-V40	Individual	01:52:01.680	01:51:47.243
6624	1358	Adérito Pires	M-V45	Individual	01:52:01.930	01:51:13.197
8670	1359	José Bonjardim	M-V45	Individual	01:52:04.437	01:47:44.850
7648	1360	Sérgio Mendes	M-V40	Sociedade Recreio Capanense	01:52:04.680	01:48:37.037
5244	1361	Fernando Carvalho	M-V50	Ss Montepio	01:52:04.680	01:47:39.153
7220	1362	Miguel Leão	M-Seniores	Ordinário Up	01:52:05.680	01:49:17.467
8722	1363	Bruno Sousa	M-Seniores	Individual	01:52:06.680	01:48:26.663
6338	1364	António Meireles	M-V40	Tua Corre	01:52:06.933	01:51:24.663
7209	1365	Mário Gomes	M-V45	Individual	01:52:06.963	01:51:25.280
8323	1366	Francisco Costa	M-V45	Individual	01:52:07.680	01:51:58.793
8723	1367	Nidia Sousa	F-Seniores	Individual	01:52:08.190	01:48:28.177
5489	1368	Arménio Ferreira	M-V60	Nascidos Para Correr	01:52:08.440	01:51:43.253
5953	1369	Patrícia Fernandes	F-V40	Nascidos Para Correr	01:52:08.443	
6473	1370	Rui Gonçalves	M-V40	Individual	01:52:11.437	01:51:47.450
7401	1371	Sérgio Pinho	M-Seniores	Individual	01:52:11.683	01:51:25.206
7689	1372	Jose Escobar	M-V40	Individual	01:52:11.727	01:51:17.524
9103	1373	Nuno Santos	M-V40	Viseu360	01:52:13.933	01:49:23.326
8427	1374	Unilabs Sousa	M-V50	Turbulentos	01:52:17.680	01:50:24.233
9312	1375	Pedro Camara	M-V40	Individual	01:52:17.687	01:50:23.454
7672	1376	José Silva	M-V60	Sociedade Recreio Capanense	01:52:19.430	01:50:33.637
7606	1377	Manuel Monteiro	M-V45	Individual	01:52:19.930	01:52:07.407
6534	1378	Daniel Rocha	M-Seniores	Individual	01:52:20.683	01:50:18.103
6206	1379	Milton Alves	M-Seniores	Javalis	01:52:21.183	01:51:03.366
7108	1380	Pedro Costa	M-V40	Individual	01:52:21.680	01:48:10.140
6760	1381	Pedro Carvalho	M-V40	Ó Da Guarda	01:52:22.433	01:50:26.243
5374	1382	Pedro Vidal	M-V40	Individual	01:52:24.430	01:49:52.753
5333	1383	Paulo Ferreira	M-Seniores	Vinhateiros De Vizela	01:52:25.930	01:49:28.910
8507	1384	António Figueiredo	M-V55	Edp Runners	01:52:25.933	01:52:18.193
9080	1385	Vitor Freitas	M-Seniores	Individual	01:52:26.940	01:48:53.567
5078	1386	Jorge Fernandes	M-V40	Tartarugas	01:52:27.680	01:49:13.147
7891	1387	Miguel Aguiar	M-Seniores	Individual	01:52:27.930	01:49:36.363
5511	1388	Pedro Espírito_Santo	M-Seniores	Individual	01:52:27.937	01:48:29.190
8550	1389	Manuel Rodrigues	M-V50	Grupo Desportivo Dos Ferroviários De Campanhã	01:52:29.930	01:50:31.263
8865	1390	Filipe Mateus	M-V35	Individual	01:52:29.937	01:50:31.074
7359	1391	Meletino Barros	M-V60	Atvr	01:52:30.183	01:49:04.376
5765	1392	Francisco Barreira	M-V40	Individual	01:52:30.440	01:50:56.043
7078	1393	Sandra Nunes	F-V35	Individual	01:52:30.443	01:51:40.420
9295	1394	Carla Oliveira	F-V40	Individual	01:52:30.930	01:50:35.747
7722	1395	Lara Santos	F-V40	Associação Desportiva Da Efacec	01:52:31.933	01:51:46.463

Dorsal	Lugar	Nome	Escalão	Equipa	Tempo	Chip
8972	1396	Jorge Cruz	M-V40	Individual	01:52:32.433	01:52:15.296
8737	1397	Ivo Morais	M-V40	Individual	01:52:33.680	01:48:14.400
7193	1398	Luís Ferreira	M-V40	Individual	01:52:33.690	01:48:13.983
7241	1399	Rosa Barros	F-Seniores	Malta Do Shuss	01:52:34.433	01:52:08.730
7133	1400	António Gonçalves	M-V50	Opraticante.Pt / A. D. Amarante Atletismo	01:52:34.690	01:52:05.223
9062	1401	Dinis Aniceto	M-V35	Manda Matar	01:52:34.933	01:50:34.776
8984	1402	Marco Silva	M-Seniores	Eprégua	01:52:35.713	01:52:06.266
8223	1403	André Dias	M-V50	Tribo Nr	01:52:35.713	01:50:46.036
5797	1404	Joaquim Cunha	M-V50	Só Mais Uma	01:52:36.683	01:51:20.300
7443	1405	Paulo Mourão	M-Seniores	Individual	01:52:36.933	01:51:30.516
5369	1406	Filipe Oliveira	M-V40	Individual	01:52:37.190	01:51:19.540
5569	1407	Sérgio Ferreira	M-Seniores	Individual	01:52:37.430	01:50:29.787
8305	1408	Olavo Barros	M-Seniores	Porta 720	01:52:39.183	01:50:30.846
5331	1409	Carlos Ribeiro	M-V35	Vinhateiros De Vizela	01:52:39.680	01:49:42.653
5980	1410	António Silva	M-V45	Caipirinhas De Sesimbra	01:52:39.723	01:50:29.776
5168	1411	Joao Vasconcelos	M-V35	Individual	01:52:41.433	01:51:26.323
5741	1412	Ricardo Alves	M-V45	Individual	01:52:41.440	01:52:29.787
7103	1413	Diogo Santos	M-Seniores	Individual	01:52:41.440	01:48:29.743
7695	1414	Ricardo Carneiro	M-V40	Individual	01:52:43.433	01:52:06.126
8749	1415	Camila Moura	F-Seniores	Individual	01:52:44.183	01:49:22.826
5496	1416	Alvaro Narques	M-V50	Ginasio Clube Santo Tirso	01:52:45.190	01:48:47.630
7121	1417	Ricardo Duarte	M-V35	Individual	01:52:45.680	01:50:02.570
6202	1418	Marcos Soares	M-Seniores	Individual	01:52:46.683	01:51:37.383
7067	1419	Daniel Silva	M-Seniores	Beer And Gin Runners	01:52:48.433	01:49:01.976
6325	1420	Joao Travado	M-V45	Os Carregueirenses	01:52:48.683	01:52:22.510
8853	1421	Pedro Castro	M-V35	Individual	01:52:49.930	01:50:28.657
6528	1422	Alexandre Faria	M-Seniores	Rasgafolheta	01:52:50.690	01:51:50.933
6368	1423	Ricardo Pinto	M-V45	Brgteam	01:52:50.967	01:50:12.957
5463	1424	Fátima Cardoso	F-V45	Nascidos Para Correr	01:52:51.190	01:50:23.150
5550	1425	Vitor Guerreiro	M-V45	Befitness Runners	01:52:54.447	01:50:52.500
9299	1426	José Santana	M-V50	Individual	01:52:55.933	01:51:00.876
9297	1427	Helder Costa	M-V35	Individual	01:52:56.190	01:51:09.373
5248	1428	João Cardoso	M-V50	Ss Montepio	01:52:57.720	01:50:06.077
7051	1429	António Ribeiro	M-V40	Individual	01:52:58.187	01:49:46.510
7261	1430	Abílio Silva	M-V35	Asphalt Assault Team	01:52:58.437	01:49:24.464
7661	1431	Francisco Farinha	M-Seniores	Pump Runners	01:53:01.443	01:50:30.286
8873	1432	Ricardo Santos	M-Seniores	Individual	01:53:01.443	01:50:31.016
7336	1433	Manuel Gonçalves	M-V50	Amanhecer Da Raposa	01:53:01.973	01:48:50.580
9059	1434	Ricardo Silva	M-Seniores	Tribo Nr	01:53:04.433	01:51:16.006
5735	1435	José Sequeira	M-V50	Challenge Force	01:53:04.697	01:52:04.310
5696	1436	Marcelo Ferreira	M-V40	Individual	01:53:04.933	01:51:25.673
8945	1437	Pedro Pinto	M-V35	Guardarunners	01:53:05.187	01:52:33.237
8787	1438	Sara Nunes	F-V35	Individual	01:53:05.433	01:50:08.406
8791	1439	Paulo Conde	M-V35	Individual	01:53:05.683	01:50:08.100
5233	1440	Fernando Carvalho	M-V40	Individual	01:53:08.483	01:52:05.616



Dorsal	Lugar	Nome	Escalão	Equipa	Tempo	Chip
7040	1441	António Morais	M-V60	Individual	01:53:12.183	01:51:53.416
9098	1442	Filipe Sousa	M-V40	Individual	01:53:12.433	01:50:21.066
7440	1443	Hugo Pinto	M-V40	Individual	01:53:14.187	01:52:40.100
9071	1444	Arménio Ribeiro	M-V45	Individual	01:53:15.183	01:49:49.136
9078	1445	Augusto Rodrigues	M-V45	Individual	01:53:15.430	01:51:40.223
5443	1446	Pedro Frias	M-V35	Individual	01:53:16.683	01:49:20.176
5290	1447	Emanuel Moreira	M-Seniores	Movee Team	01:53:17.433	01:51:13.000
9095	1448	André Figueiredo	M-Seniores	Campocheio Team	01:53:17.690	01:51:28.077
5829	1449	Rui Guarda	M-V35	Os Bebe Águas	01:53:19.440	01:51:27.950
8510	1450	Carlos Alves	M-V55	Edp Runners	01:53:19.940	01:53:12.447
5090	1451	Rui Campos	M-V35	Já T`Apanho	01:53:20.193	01:51:02.213
5089	1452	Pedro Campos	M-V40	Já T`Apanho	01:53:20.437	01:51:02.730
7632	1453	Aurélie Freitas	F-Seniores	Sociedade Recreio Capanense	01:53:20.933	01:49:56.440
5602	1454	José António	M-V40	Individual	01:53:21.433	01:52:17.843
6204	1455	Casimiro Morais	M-V50	Javalis	01:53:21.683	01:52:51.750
6281	1456	Jose Figueiredo	M-V45	Os Doutores	01:53:22.183	01:52:26.046
6255	1457	Graça Mendes	F-V45	Turbulentos	01:53:22.433	01:51:28.150
8456	1458	José Campino	M-V60	Runners Sernancelhe Terra Da Castanha	01:53:23.437	01:49:37.457
6464	1459	Fernando Ferreira	M-Seniores	Individual	01:53:23.717	01:51:41.290
7301	1460	Joaquim Silva	M-V45	Ginjinha Runners	01:53:26.440	01:48:57.110
6932	1461	Miguel Costa	M-V40	Gt Runners	01:53:27.443	01:52:18.240
9093	1462	André Costa	M-Seniores	Runner`S Do Demo	01:53:27.940	01:53:00.613
9358	1463	Rogério Gonçalves	M-V45	Individual	01:53:29.183	01:51:32.036
6088	1464	Goncalo Rodrigues	M-V40	Individual	01:53:29.697	01:52:44.170
7540	1465	Filipe Alves	M-Seniores	Malta Da Pesada	01:53:29.700	01:49:07.767
5238	1466	Artur Carvalho	M-V40	Ss Montepio	01:53:29.933	01:50:40.956
6720	1467	Miguel Ribeiro	M-Seniores	Ribeiros	01:53:30.183	01:50:33.450
6201	1468	José Alves	M-V50	Individual	01:53:30.933	01:53:19.573
6277	1469	Lena Taube	F-V40	Individual	01:53:33.180	01:49:03.473
6386	1470	Aniceto Marques	M-V40	Kalenji Runners Braga	01:53:34.937	01:52:19.924
5408	1471	João Silva	M-V50	Individual	01:53:35.190	01:50:19.263
9319	1472	Vitor Campos	M-V40	Individual	01:53:35.433	01:49:36.796
8518	1473	José Silva	M-V55	Edp Runners	01:53:37.227	01:52:08.530
7731	1474	Artur Reis	M-V50	Individual	01:53:38.933	01:49:37.143
5406	1475	Jaime Ribeiro	M-Seniores	Jmr	01:53:39.933	01:52:04.886
9166	1476	Rui Coelho	M-V50	Individual	01:53:41.963	01:53:32.213
5363	1477	Fernando Santos	M-V45	Individual	01:53:44.943	01:50:29.063
5272	1478	Christophe Rodrigues	M-V35	Borrachos Sem Fronteira	01:53:46.680	01:52:09.457
7797	1479	Natalia Pires	F-Seniores	Paços Running	01:53:47.933	01:52:23.130
7081	1480	Eugénia Morim	F-V45	Clube De Atletismo Da Póvoa De Varzim	01:53:48.683	01:53:22.430
7795	1481	Joaquim Duarte	M-Seniores	Paços Running	01:53:48.947	01:52:25.547
8801	1482	Hélder Loureiro	M-Seniores	Individual	01:53:48.953	01:52:35.406
7794	1483	Joaquim Leal	M-V35	Paços Running	01:53:50.183	01:52:26.813
8896	1484	José Rolão	M-V60	Individual	01:53:51.933	01:51:48.130
7793	1485	João Couto	M-V45	Paços Running	01:53:52.190	01:52:26.950

Dorsal	Lugar	Nome	Escalão	Equipa	Tempo	Chip
5706	1486	Hélder Santos	M-Seniores	Individual	01:53:52.433	01:53:37.226
7541	1487	Rui Alves	M-Seniores	Malta Da Pesada	01:53:52.443	01:49:30.290
7341	1488	Isabel Soares	F-V40	Sportarc.Running	01:53:54.183	01:53:14.956
7367	1489	Cláudia Silva	F-Seniores	Sportarc.Running	01:53:54.433	01:53:15.216
5740	1490	Joao Dias	M-V45	Ofrunning	01:53:54.443	
7832	1491	Antonio Teixeira	M-V55	Vitória Sport Clube	01:53:54.683	01:53:32.893
8730	1492	António Ala	M-Seniores	Individual	01:53:54.933	01:49:59.276
5085	1493	Sérgio Oliveira	M-V35	Oliveirinhas	01:53:56.447	01:51:38.157
5968	1494	Leandro Pinto	M-V40	Individual	01:53:56.683	01:52:27.726
5903	1495	Armando Cardoso	M-V45	Nós Acreditamos	01:53:56.937	01:52:33.414
5649	1496	César Melero	M-V40	Individual	01:53:57.433	01:49:40.120
8465	1497	Rui Rodrigues	M-Seniores	Mdl278	01:53:57.717	
6129	1498	Pedro Monteiro	M-V40	Equipa P.P.	01:53:58.387	01:49:38.054
6322	1499	Antonio Bernardes	M-V60	Os Carregueirenses	01:54:02.433	01:53:33.743
5200	1500	Marcio Pereira	M-V35	Somos Porto	01:54:03.197	01:53:15.147
7805	1501	Carlos Vieira	M-V45	Os Cachos	01:54:04.187	01:51:04.564
5412	1502	Elisabete Barbosa	F-V35	Individual	01:54:04.437	01:53:07.717
7601	1503	Pedro Silva	M-Seniores	Individual	01:54:04.457	01:50:51.844
6679	1504	José Mira	M-V45	Margem Sul Runners	01:54:04.687	01:51:22.137
8047	1505	César Sousa	M-V35	Ctm Vila Pouca De Aguiar	01:54:05.687	01:51:07.610
5100	1506	Vasco Granja	M-V50	Namadores	01:54:05.723	01:53:10.466
6318	1507	Pedro Lima	M-Seniores	Rbrunning	01:54:07.437	01:53:32.957
8920	1508	Filipe Villas-Boas	M-Seniores	Individual	01:54:07.687	01:52:51.060
7592	1509	Paulo Correia	M-V40	Individual	01:54:09.187	01:50:47.024
7652	1510	Bruno Portelada	M-V35	Individual	01:54:09.190	01:50:46.273
8106	1511	Frank Rogerson	M-V50	Individual	01:54:10.190	01:49:51.493
5521	1512	Pedro Singéis	M-V45	Volkswagen Autoeuropa	01:54:10.433	01:51:23.493
9074	1513	Joao Campos	M-V40	Individual	01:54:10.720	01:51:28.793
6943	1514	Jorge Fonseca	M-V40	Individual	01:54:12.683	01:53:13.613
6304	1515	Marina Graça	F-V35	Kalenji Runners Braga	01:54:15.187	01:52:59.460
6887	1516	João Rocha	M-Seniores	Individual	01:54:16.433	01:52:20.886
6573	1517	Eduardo Matos	M-V60	Individual	01:54:19.937	01:51:55.514
7139	1518	Sergio Gomes	M-V35	Get Running	01:54:20.933	01:50:15.563
9162	1519	Diogo Marujo	M-Seniores	Individual	01:54:21.687	
5954	1520	Patrícia Pinho	F-V35	Nascidos Para Correr	01:54:22.190	01:54:09.387
5468	1521	Henrique Coelho	M-V40	Nascidos Para Correr	01:54:22.433	01:54:08.836
7030	1522	Sónia Araújo	F-V35	Asas Nos Pés	01:54:22.967	01:53:28.817
8685	1523	Vitor Fonseca	M-V35	Individual	01:54:24.187	01:50:11.887
8779	1524	Jorge Ribeiro	M-Seniores	Individual	01:54:24.973	01:51:41.656
7773	1525	Manuel Peixoto	M-V50	Individual	01:54:26.683	01:53:31.370
7088	1526	José Faria	M-V50	Bosch	01:54:27.190	01:52:01.283
8562	1527	Antonia Jordão	F-V35	Individual	01:54:27.940	01:51:18.243
8461	1528	Ana Lima	F-V45	Individual	01:54:28.433	01:51:20.906
7640	1529	João Oliveira	M-V40	Sociedade Recreio Capanense	01:54:28.967	01:51:49.040
5349	1530	Filipe Santos	M-V40	Individual	01:54:29.933	01:51:22.143

Dorsal	Lugar	Nome	Escalão	Equipa	Tempo	Chip
5144	1531	Pedro Carvalho	M-V40	Individual	01:54:30.440	01:52:32.713
7398	1532	Daniel Bessa	M-V40	Individual	01:54:31.183	01:54:07.610
8983	1533	Manuel Silva	M-V35	Eprégua	01:54:31.183	01:53:38.970
5867	1534	Joao Adegas	M-V45	Individual	01:54:31.933	01:51:36.453
5790	1535	Nelson Fitas	M-V35	Individual	01:54:32.933	01:52:19.810
5974	1536	Luiz Bateira	M-V40	Individual	01:54:33.443	01:51:47.980
5070	1537	Joaquim Santos	M-V50	Cmc	01:54:33.450	01:52:05.483
7740	1538	Maria Pinto	F-Seniores	Clube De Atletismo Da Póvoa De Varzim	01:54:33.933	01:54:05.126
5362	1539	Carlos Albino	M-V40	Os 3 Estarolas	01:54:34.693	01:53:34.083
7306	1540	Paulo Ferreira	M-V35	Individual	01:54:35.700	01:51:00.903
6447	1541	Mário Peres	M-Seniores	Braga A Correr	01:54:35.937	01:52:49.387
7331	1542	Francisco Tiago	M-V45	Wolf Runners	01:54:36.947	01:53:55.890
8093	1543	Paulo Pinto	M-V45	Individual	01:54:36.947	01:54:09.710
8626	1544	Ana Magalhães	F-Seniores	Lidl Team	01:54:37.433	01:53:39.240
8082	1545	Rogério Felix	M-Seniores	Ccd Vila Real	01:54:37.440	01:51:32.810
8207	1546	José Marques	M-V45	Individual	01:54:38.193	01:52:31.950
7523	1547	Licínio Vieira	M-Seniores	Ss Montepio	01:54:39.187	01:51:43.867
8576	1548	Filipe Duarte	M-V35	Jmp Team	01:54:39.437	01:52:40.310
8202	1549	Vítor Fernandes	M-Seniores	Laura	01:54:39.687	01:51:43.750
7344	1550	Duarte Teixeira	M-Seniores	Individual	01:54:41.187	01:50:36.034
8600	1551	Tiago Nunesdasilva	M-Seniores	Individual	01:54:41.943	01:53:13.390
6773	1552	Mickael Ferreira	M-Seniores	Individual	01:54:42.187	01:50:20.094
7673	1553	Manuela Bento	F-V50	Sociedade Recreio Capanense	01:54:44.193	01:52:59.270
7635	1554	Cristina Carneiro	F-V40	Sociedade Recreio Capanense	01:54:44.433	01:52:59.530
8434	1555	Marcos Alves	M-V40	Tribo Nr	01:54:44.940	01:52:48.203
8122	1556	João Rocha	M-V35	Navr	01:54:45.190	
6633	1557	Joaquim Pinheiro	M-V45	Amigos Ponto Final	01:54:45.683	01:53:27.426
6848	1558	Vera Bizarro	F-Seniores	O Mundo Da Corrida	01:54:46.190	01:51:25.973
9150	1559	Marco Matos	M-Seniores	Individual	01:54:46.437	01:51:47.974
6888	1560	Jorge Fernandes	M-V40	Individual	01:54:47.687	01:51:33.774
5987	1561	Nuno Almeida	M-V40	Monte Dos Amigos /Juventude Ribeiras	01:54:47.957	01:51:44.290
8217	1562	António Luzia	M-V45	Individual	01:54:48.433	01:51:18.020
8755	1563	Nuno Amaral	M-Seniores	Individual	01:54:49.187	01:50:52.897
8231	1564	Joel Pinto	M-Seniores	Individual	01:54:50.183	01:54:17.320
5977	1565	Luís Ferreira	M-V40	Individual	01:54:50.193	
6580	1566	Jorge Vilhena	M-V40	Individual	01:54:50.443	01:52:16.046
5586	1567	Susana Freitas	F-V35	Correr Lisboa	01:54:52.943	01:53:40.323
5583	1568	Ricardo Santos	M-V40	Correr Lisboa	01:54:53.437	01:53:41.737
8233	1569	Patricia Campelo	F-Seniores	Individual	01:54:53.733	01:54:22.820
6579	1570	Paula Soares	F-V40	Individual	01:54:54.207	01:53:12.147
8740	1571	Maria Carneiro	F-V35	Individual	01:54:54.687	01:53:11.910
8712	1572	Dorota Oleszczuk	F-Seniores	Individual	01:54:54.687	01:52:58.247
9026	1573	Bruno Ferreira	M-Seniores	Individual	01:54:54.690	01:53:00.170
5209	1574	João Duarte	M-Seniores	Individual	01:54:56.437	01:50:14.764
8355	1575	Álvaro Goncalves	M-Seniores	Individual	01:54:56.693	01:52:26.263

Dorsal	Lugar	Nome	Escalão	Equipa	Tempo	Chip
7050	1576	Marco Costa	M-V35	Individual	01:54:57.183	01:54:15.383
6926	1577	José Mendes	M-V50	Individual	01:54:58.187	01:53:09.320
6547	1578	Carlos Jesus	M-Seniores	Os Moliços	01:54:58.723	01:52:24.833
8036	1579	Filipe Pereira	M-Seniores	Individual	01:54:59.187	01:52:17.174
5424	1580	Rafaela Moreira	F-Seniores	Chitas De Alcobaça	01:55:00.457	01:54:21.970
7509	1581	Pedro Reis	M-Seniores	Individual	01:55:00.463	01:51:57.080
5910	1582	Sandra Pereira	F-V35	Nós Acreditamos	01:55:00.687	01:53:33.927
7017	1583	Joao Pinheiro	M-V45	Porto Sentido Runners	01:55:01.183	01:51:34.193
5284	1584	Pedro Paiva	M-Seniores	Nascidos Para Correr	01:55:03.693	01:52:52.480
5285	1585	Vitor Peixoto	M-Seniores	Nascidos Para Correr	01:55:03.693	01:52:52.660
7239	1586	Paulo Lopes	M-Seniores	Individual	01:55:05.437	01:50:54.014
8859	1587	Bruno Peixoto	M-Seniores	Kalenji Runners Braga	01:55:06.187	01:53:49.627
5593	1588	Nuno Monteiro	M-V60	Individual	01:55:10.933	01:52:08.766
7451	1589	Filipe Leitão	M-V35	Gondomar Futsal Clube	01:55:13.197	
7826	1590	David Martins	M-Seniores	Manda Matar	01:55:15.967	01:53:16.367
6398	1591	Paulo Araújo	M-V35	Persistentes	01:55:17.933	01:54:09.383
6792	1592	Clemence Godon	F-Seniores	Individual	01:55:18.693	01:50:18.310
7035	1593	Mauricio Ferreira	M-V40	Individual	01:55:18.937	01:51:09.830
7233	1594	Adriano Teixeira	M-V60	Individual	01:55:19.437	01:51:12.820
8528	1595	Telmo Marques	M-Seniores	Individual	01:55:19.437	01:52:01.517
8630	1596	Diogo Correia	M-Seniores	Lidl Team	01:55:20.967	01:54:01.734
8839	1597	Tozé Almeida	M-Seniores	Zaatam Runners	01:55:21.450	01:52:23.767
7057	1598	Rui Almeida	M-Seniores	Zaatam Runners	01:55:21.450	01:52:24.780
9237	1599	Elias Castro	M-V50	N.A.Taipas	01:55:24.433	01:52:47.153
5576	1600	Nelson Ferreira	M-Seniores	Domoweb	01:55:24.437	01:52:52.024
7490	1601	António Vilaça	M-V40	Braguistas	01:55:25.937	01:54:46.790
8347	1602	Carlos Teixeira	M-V45	Individual	01:55:27.437	01:55:17.857
5737	1603	Luís Teixeira	M-V40	Individual	01:55:28.437	01:51:18.274
7655	1604	João Lopes	M-V40	Individual	01:55:30.187	01:52:45.534
7043	1605	Amândio Babo	M-V45	Correr Por Penafiel	01:55:30.683	01:50:49.656
6056	1606	Jeronimo Silva	M-V40	Individual	01:55:31.437	01:52:42.670
8300	1607	Rui Carvalho	M-V40	Pernetas	01:55:31.937	01:51:10.890
6602	1608	Francisco Novo	M-V60	Grupo Desportivo De Francelos	01:55:32.187	01:54:06.387
7815	1609	José Ferreira	M-V35	Cf Jesuitas	01:55:32.717	01:52:53.060
5346	1610	Ana Marques	F-V45	Individual	01:55:33.187	01:55:00.684
5769	1611	Patricia Silva	F-Seniores	Figueiredo'S Runner'S And Friends	01:55:33.687	01:54:43.067
7909	1612	Paulo Henriques	M-V45	Pes De Chumbo	01:55:34.190	01:52:33.767
9144	1613	Augusto Mendes	M-V50	Individual	01:55:34.197	01:54:16.730
5638	1614	António Canelas	M-V45	Individual	01:55:34.440	01:51:20.883
7031	1615	Marco Silva	M-Seniores	Individual	01:55:34.937	01:54:05.367
7022	1616	André Mendes	M-V40	Individual	01:55:34.937	01:51:54.357
5256	1617	Pedro Moreira	M-V35	Ss Montepio	01:55:35.437	01:52:46.790
8156	1618	Agostinho Bizarro	M-V40	Individual	01:55:36.437	01:51:16.857
7235	1619	Jesus Santos	M-V55	Individual	01:55:36.717	01:53:03.814
5759	1620	Pedro Silveira	M-V35	Amigos Das Sapatilhas	01:55:38.693	

Dorsal	Lugar	Nome	Escalão	Equipa	Tempo	Chip
8771	1621	Diogo Mendes	M-Seniores	Individual	01:55:39.693	
5621	1622	Manuel Oliveira	M-V55	Individual	01:55:41.187	01:53:09.610
8602	1623	Pedro Brás	M-Seniores	Individual	01:55:42.187	01:52:23.747
5432	1624	Pedro Marques	M-V40	Individual	01:55:42.217	01:54:09.724
5438	1625	Paulo Vítor	M-V45	Peniche@Correr	01:55:43.197	01:53:20.787
5439	1626	Paulo Silvério	M-Seniores	Peniche@Correr	01:55:43.197	01:53:20.517
7790	1627	Ricardo Amorim	M-Seniores	Os Isabelinhas	01:55:46.687	01:53:24.210
7676	1628	Ricardo Costa	M-V35	Sociedade Recreio Capanense	01:55:47.697	01:53:07.047
7642	1629	Luís Gomes	M-V50	Sociedade Recreio Capanense	01:55:47.937	01:52:19.284
6896	1630	Rui Teixeira	M-V45	Individual	01:55:50.467	01:54:10.827
8228	1631	Aurora Soares	F-V35	Individual	01:55:51.687	01:55:20.297
8160	1632	Luis Lima	M-Seniores	Individual	01:55:51.947	01:55:31.377
7072	1633	Fernando Alves	M-Seniores	Conquistadores	01:55:51.947	01:52:55.450
5793	1634	Adelaide Mendes	F-V55	Individual	01:55:51.947	01:53:00.780
8176	1635	Luís Silva	M-V35	Individual	01:55:52.947	01:55:07.677
7530	1636	João Sêbo	M-Seniores	Moscas Volantes	01:55:53.937	01:53:00.704
6008	1637	Rui Freitas	M-V40	Individual	01:55:53.947	01:55:14.624
7775	1638	Vítor Tomás	M-V40	Bio Team Run	01:55:55.193	01:55:28.983
8721	1639	Cláudia Sousa	F-Seniores	Individual	01:55:58.440	01:52:18.423
5075	1640	José Colaço	M-V35	Individual	01:55:59.687	01:53:30.800
4040	1641	Gerson Sydney	M-V60	Individual	01:56:01.443	01:55:55.303
7100	1642	Filipe Bento	M-V40	Individual	01:56:02.187	01:51:53.864
9228	1643	Nuno Brites	M-V35	Individual	01:56:02.217	01:52:23.294
8481	1644	Rui Gomes	M-V35	Individual	01:56:04.447	01:51:38.000
6214	1645	Vera Carvalho	F-V40	Individual	01:56:10.193	01:53:58.803
5969	1646	Ângela Mendes	F-Seniores	Individual	01:56:11.187	01:55:54.117
7273	1647	Bruno Andrade	M-Seniores	Individual	01:56:11.437	01:54:52.927
6091	1648	João Novo	M-Seniores	Individual	01:56:11.687	01:51:46.507
6551	1649	Aloísio Ribeiro	M-V45	Mais Uma	01:56:11.940	01:53:44.007
6470	1650	Paula Nunes	F-V35	Individual	01:56:13.687	01:54:03.547
5713	1651	Luis Fernandes	M-V40	Montes Team	01:56:13.687	01:53:46.144
8841	1652	Manuel Tapada	M-Seniores	Soenga	01:56:13.940	01:54:15.470
6644	1653	Fernando Fernandes	M-V50	Individual	01:56:15.190	01:54:21.740
6592	1654	Carlos Guerra	M-V45	Individual	01:56:15.197	01:53:27.537
6844	1655	Gonçalo Lobo	M-Seniores	Lobo	01:56:15.457	01:55:46.260
7609	1656	Pedro Lima	M-V40	Dourorun	01:56:15.457	01:52:48.434
7299	1657	Jorge Brinca	M-Seniores	Individual	01:56:15.693	01:52:28.106
7179	1658	João Gonçalves	M-V35	Fantastic Four	01:56:15.947	01:54:00.120
6471	1659	António Soares	M-Seniores	Individual	01:56:16.113	01:54:05.630
6320	1660	Alexandra Carvalho	F-V45	Falsos Lentos	01:56:16.937	01:53:49.630
7819	1661	Bia Bramao	F-V35	Individual	01:56:17.437	01:54:02.640
7295	1662	Artur Vieira	M-Seniores	Cdc De Priscos	01:56:18.363	01:52:59.400
8554	1663	Paulo Rocha	M-V50	Grupo Desportivo Dos Ferroviários De Campanhã	01:56:18.937	01:53:49.620
9117	1664	José Gouveia	M-V45	Individual	01:56:19.947	01:55:14.490
7820	1665	Ines Pereira	F-Seniores	Individual	01:56:20.693	01:54:06.386

Dorsal	Lugar	Nome	Escalão	Equipa	Tempo	Chip
7818	1666	Paulo Ferreira	M-V35	Individual	01:56:20.937	01:54:07.074
7201	1667	Rui Azevedo	M-Seniores	Individual	01:56:22.470	01:52:11.307
6593	1668	Nuno Seabra	M-V35	Individual	01:56:23.437	01:53:08.120
8455	1669	Hugo Salgado	M-Seniores	Runners Sernancelhe Terra Da Castanha	01:56:25.967	01:52:41.670
6904	1670	Carlos Martins	M-V50	Porto Sentido Runners	01:56:26.187	01:52:45.820
9105	1671	Tiago Moreira	M-Seniores	Individual	01:56:27.193	01:53:45.710
6146	1672	Américo Ribeiro	M-V55	Individual	01:56:29.440	01:54:04.843
9106	1673	Filipe Pereira	M-V40	Individual	01:56:29.697	01:54:54.437
7764	1674	Nuno Dionisio	M-V40	Individual	01:56:30.443	01:53:01.223
7845	1675	Luis Pereira	M-V55	Individual	01:56:31.187	01:52:15.670
5334	1676	Pedro Ferreira	M-Seniores	Vinhateiros De Vizela	01:56:31.687	01:53:35.487
7716	1677	Manuel Brandao	M-Seniores	Individual	01:56:31.937	01:54:32.847
5435	1678	Hugo Quental	M-Seniores	Estreia Na Meia	01:56:33.687	01:51:54.157
7243	1679	Jorge Freitas	M-V45	Individual	01:56:33.937	01:52:19.990
6807	1680	Alice Bompastor	F-V35	Individual	01:56:34.687	01:54:22.444
6169	1681	José Mota	M-V40	Individual	01:56:35.437	01:55:09.640
6022	1682	Rui Nunes	M-V35	Individual	01:56:35.687	01:53:01.847
9110	1683	João Costa	M-Seniores	Individual	01:56:37.943	01:54:14.546
7932	1684	Filipe Miranda	M-V40	Individual	01:56:39.187	01:55:54.600
9307	1685	Alcino Glória	M-V50	Individual	01:56:39.190	01:54:07.463
8491	1686	Mitja Kumprej	M-Seniores	Individual	01:56:39.437	01:55:17.280
6227	1687	Henrique Capelas	M-Seniores	Individual	01:56:39.937	01:52:14.230
5827	1688	Andre Pinto	M-V35	Os Bebe Águas	01:56:40.457	01:54:58.597
8328	1689	Domingos Couto	M-V35	Dcrv	01:56:40.457	01:53:45.350
5768	1690	Nuno Ferreira	M-Seniores	Individual	01:56:40.697	01:53:42.020
6130	1691	Ricardo Cordeiro	M-V45	Individual	01:56:42.687	01:55:53.250
6223	1692	Marta Carrito	F-Seniores	Kalenji Runners Braga	01:56:43.937	01:55:28.210
8866	1693	Luís Paulo	M-V45	Individual	01:56:44.117	
7068	1694	Joaquim Ribeiro	M-Seniores	Beer And Gin Runners	01:56:44.447	01:52:58.200
6427	1695	António Fonseca	M-V35	Feltrail	01:56:44.690	01:52:48.630
8334	1696	Rui Botelho	M-Seniores	Individual	01:56:45.437	01:56:20.850
6942	1697	Luis Mateus	M-V40	Individual	01:56:49.443	01:55:44.116
5086	1698	Vítor Oliveira	M-Seniores	Oliveirinhas	01:56:50.187	01:54:32.620
8878	1699	Mónica Barbosa	F-V40	Barcadouro Team	01:56:51.197	01:55:43.164
5975	1700	Jose Dias	M-Seniores	Individual	01:56:51.937	01:54:29.900
5887	1701	Daniel Cunha	M-V55	Individual	01:56:52.437	01:54:44.307
7510	1702	Luis Leite	M-V50	Individual	01:56:52.690	01:54:44.553
6657	1703	Antonio Matos	M-V60	Cmmc S. João Da Pesqueira 1	01:56:53.687	01:56:40.764
8845	1704	João Pires	M-V40	Individual	01:56:54.187	01:56:11.170
6334	1705	Paulo Quaresma	M-V60	Veteranos De Massamá	01:56:54.697	01:56:09.427
6698	1706	Carlos Garganta	M-Seniores	Individual	01:56:54.970	01:53:36.163
5780	1707	Manuel Queirós	M-V45	Individual	01:56:55.187	01:54:26.867
9037	1708	Goreti Couto	F-V35	Individual	01:56:55.437	01:54:01.554
5273	1709	Sergio Pereirinha	M-Seniores	Borrachos Sem Fronteira	01:56:56.197	01:55:18.807
6225	1710	Joaquim Damas	M-V60	Individual	01:56:56.440	01:56:08.570

Dorsal	Lugar	Nome	Escalão	Equipa	Tempo	Chip
6958	1711	Ricardo Oliveira	M-V50	Individual	01:56:56.937	01:55:06.704
7706	1712	Paula Matias	F-V35	Individual	01:56:58.190	01:55:18.387
6236	1713	Georgina Teixeira	F-V35	Individual	01:56:58.437	01:55:56.400
7837	1714	Eunice Salgado	F-V40	Individual	01:56:58.687	01:55:19.697
7897	1715	Antonio Paiva	M-V55	Calma	01:56:58.687	01:53:18.510
5990	1716	Paula Ventura	F-V45	Individual	01:57:01.187	01:54:20.030
9124	1717	Manuel Teixeira	M-V50	Individual	01:57:01.447	01:52:48.047
5800	1718	André Costa	M-Seniores	Individual	01:57:05.687	01:53:47.244
6951	1719	Gil Mendes	M-Seniores	Gondomar Futsal Clube	01:57:07.443	01:56:39.390
5794	1720	Jirko Kaeding	M-V35	Individual	01:57:07.697	01:53:53.844
5996	1721	Rui Barros	M-Seniores	Individual	01:57:08.937	01:56:48.257
7153	1722	Ricardo Gonçalves	M-V40	Individual	01:57:10.437	01:56:01.830
8514	1723	Eduardo Guimarães	M-V60	Edp Runners	01:57:10.970	01:57:04.180
6906	1724	Humberto Pinho	M-V55	Porto Sentido Runners	01:57:11.190	01:53:35.267
6238	1725	Adelaide Pereira	F-V45	Runners Da Frente Ribeirinha Da Póvoa De S. Iria	01:57:13.447	01:56:23.204
6361	1726	Alberto Castro	M-V60	Cdcr Ctt Porto	01:57:13.447	01:55:39.887
6147	1727	Artur Silva	M-V50	Turbulentos	01:57:13.943	01:55:26.930
6144	1728	Vitor Vieira	M-V50	Individual	01:57:14.690	01:56:27.897
6567	1729	Carla Henriques	F-V40	Teamolenga	01:57:16.437	01:54:48.584
7029	1730	Rogério Carreiro	M-V55	Asas Nos Pés	01:57:17.437	01:56:22.180
5614	1731	Elói Sousa	M-V35	As Gazelas E Os Penetras	01:57:18.937	01:54:41.620
8558	1732	Romeu Fernandes	M-Seniores	Individual	01:57:20.200	01:55:49.370
5636	1733	Lurdes Gonçalves	F-V45	Individual	01:57:20.447	01:56:06.840
8635	1734	Eunice Ribeiro	F-Seniores	Lidl Team	01:57:20.690	01:56:46.850
6044	1735	Eduardo Carvalho	M-V35	Sport Fuller	01:57:23.447	01:53:53.587
7796	1736	Manuel Matos	M-V50	Paços Running	01:57:23.687	01:55:59.970
5834	1737	Ricardo Teixeira	M-Seniores	Individual	01:57:24.437	01:54:02.600
5590	1738	Hélder Silva	M-Seniores	Individual	01:57:25.190	01:55:25.143
8515	1739	Fernando Pinto	M-Seniores	Edp Runners	01:57:25.443	01:57:18.140
5701	1740	André Ferreira	M-Seniores	Individual	01:57:25.690	01:55:04.553
7518	1741	Vera Almeida	F-V35	Individual	01:57:29.190	
6067	1742	Eugénia Cid	F-V45	Individual	01:57:29.687	01:56:48.510
7288	1743	Luís Matos	M-Seniores	Individual	01:57:31.937	01:53:44.170
6425	1744	Sergio Cunha	M-V40	Maia & Barbedo'S	01:57:32.187	01:54:24.130
7770	1745	Israel Ribeiro	M-V40	Individual	01:57:34.190	01:55:20.053
7537	1746	Fernando Silva	M-V45	Individual	01:57:35.193	01:55:28.953
8761	1747	Ana Pedreira	F-V35	Individual	01:57:35.940	01:55:11.777
8090	1748	Marta Martins	F-V35	Hsantamariart	01:57:36.940	01:53:10.363
8616	1749	Sandra Dias	F-V35	Individual	01:57:38.697	01:55:31.420
5931	1750	Catarina Pereira	F-V40	Ei Team Trail	01:57:39.190	01:55:36.733
9200	1751	Nuno Do	M-V40	Individual	01:57:40.937	01:53:36.770
6050	1752	Ricardo Pinto	M-Seniores	Individual	01:57:40.967	01:53:48.217
6931	1753	João Pacheco	M-V45	Gt Runners	01:57:43.190	01:56:35.673
7392	1754	Telmo Salazar	M-V45	Aacr	01:57:43.947	01:57:27.047
6058	1755	Fernando Oliveira	M-V45	Os Lentos E Companhia	01:57:44.190	01:54:47.270

Dorsal	Lugar	Nome	Escalão	Equipa	Tempo	Chip
7616	1756	Mário Gomes	M-V40	Individual	01:57:44.440	01:53:58.637
7483	1757	Bento Vieira	M-V35	Almostrunners	01:57:48.693	01:54:25.550
6808	1758	António Soares	M-V40	Individual	01:57:48.700	01:56:58.417
7853	1759	Avelino Dias	M-V35	Sousa Sport	01:57:49.437	01:56:44.810
8780	1760	Luis Lopes	M-V45	Individual	01:57:50.940	01:57:21.853
6741	1761	Manuel Oliveira	M-V35	Handex	01:57:51.440	01:54:25.013
7315	1762	Nuno Madaleno	M-V40	Sapatilhas	01:57:51.443	01:56:26.856
5325	1763	Pedro Carvalho	M-V40	Individual	01:57:51.947	01:55:32.540
7446	1764	Nuno Teixeira	M-V40	Portocargo	01:57:52.190	01:53:36.763
7449	1765	Tania Bateira	F-V35	Portocargo	01:57:52.450	01:53:37.480
5326	1766	Bruno Dias	M-V40	Individual	01:57:52.690	01:55:33.693
6543	1767	Pedro Viegas	M-V40	Slowdown Running	01:57:54.220	
7181	1768	António Pedro	M-V35	Individual	01:57:54.943	01:54:43.826
5118	1769	Custodio Neto	M-V60	Custodio Neto	01:57:55.223	01:57:25.846
5673	1770	Fernando Dias	M-V60	Dias Family	01:57:55.693	01:56:04.783
7823	1771	Helena Amaro	F-V35	Individual	01:57:55.693	01:56:53.976
5229	1772	Paulo Santos	M-V50	(A) Ventura	01:57:56.220	01:56:03.630
5796	1773	Carlos Fardilha	M-V35	Individual	01:57:56.440	01:56:00.887
5920	1774	Carlos Vieira	M-V45	Team Vieira	01:57:56.443	01:57:36.333
5375	1775	Bruno Costa	M-Seniores	Ele Cozinha, Ela Lava	01:57:58.440	01:54:05.033
8940	1776	Luís Marques	M-V40	Alexandra Carvalho Team	01:58:00.197	01:53:56.424
8792	1777	Andreia Teixeira	F-V35	Individual	01:58:00.440	01:55:34.647
8566	1778	Cláudio Carvalho	M-Seniores	Individual	01:58:01.983	01:57:12.943
9361	1779	José Fernandes	M-V50	Tribo Nr	01:58:02.190	01:56:13.387
8760	1780	Joaquim Silva	M-V45	Individual	01:58:02.940	01:55:00.023
9270	1781	Giovani Ricciardi	M-V45	Individual	01:58:03.687	01:57:23.760
6513	1782	Francisco Carvalho	M-V35	Ama Associação Mondim Atletismo	01:58:03.687	
7481	1783	Tiago Areias	M-Seniores	Spin&Run Esposende	01:58:06.443	01:54:37.753
7192	1784	Nuno Moreira	M-V35	Alverca Urban Runners	01:58:08.187	01:57:16.397
7904	1785	Fábio Rocha	M-Seniores	Individual	01:58:09.943	01:55:43.753
5254	1786	Nuno Bastos	M-V40	Ss Montepio	01:58:09.950	01:55:17.583
7450	1787	Bruno Macieira	M-Seniores	Gondomar Futsal Clube	01:58:10.193	01:56:08.536
7452	1788	Pedro Matos	M-V40	Gondomar Futsal Clube	01:58:10.197	01:56:08.420
8407	1789	Dinis Silva	M-Seniores	Individual	01:58:10.210	01:53:33.440
6161	1790	Fernando Oliveira	M-V50	Clube Brisa	01:58:10.443	01:54:52.583
6341	1791	Alvaro Ferreira	M-V60	Esquadrão Da Morte	01:58:11.690	01:55:48.403
6162	1792	Pedro Amorim	M-V35	Individual	01:58:11.940	01:55:42.043
7989	1793	Bruno Casadinho	M-V35	Os Marretas	01:58:11.963	01:54:09.506
9177	1794	Carla Bernardino	F-V40	Individual	01:58:12.940	01:55:38.777
5749	1795	Daniel Venceslau	M-Seniores	Studio Fitness Dani R.	01:58:13.443	01:54:34.576
7070	1796	Liliana Silva	F-Seniores	Beer And Gin Runners	01:58:13.443	01:54:26.620
7960	1797	Marcelo Pinto	M-Seniores	Clube Amador De Mirandela	01:58:13.693	01:57:39.513
6114	1798	João Coutinho	M-V35	Já Correste Hoje?	01:58:15.227	01:56:42.847
7910	1799	Jose Neves	M-Seniores	Individual	01:58:17.230	01:54:23.623
6819	1800	Bruna Rocha	F-Seniores	Academia Fitness Militar	01:58:17.450	01:55:10.947



Dorsal	Lugar	Nome	Escalão	Equipa	Tempo	Chip
5277	1801	António Maria	M-V50	Individual	01:58:18.940	01:57:40.287
6625	1802	Alfredo Fernandes	M-V50	Individual	01:58:20.187	01:57:52.330
7506	1803	Armando Lacerda	M-V60	Oculista Portas De Santo António	01:58:20.217	01:56:08.044
7730	1804	Jorge Ramos	M-V50	Individual	01:58:21.197	01:54:47.980
6418	1805	Fred Gomes	M-Seniores	Individual	01:58:22.940	01:50:04.933
5291	1806	Ruben Santos	M-Seniores	Movee Team	01:58:22.973	01:56:11.006
8454	1807	Francisco Moreira	M-V40	Runners Sernancelhe Terra Da Castanha	01:58:23.687	01:54:37.980
6821	1808	Nélson Calvino	M-V40	Individual	01:58:24.947	01:54:58.944
7783	1809	Jose Pereira	M-V50	Os Isabelinhas	01:58:27.690	01:56:00.830
5595	1810	Filipe Pires	M-V45	Tartarugas Do Alfalto	01:58:28.940	01:57:18.450
8141	1811	João Oliva	M-Seniores	Individual	01:58:29.193	01:54:56.680
6250	1812	Matteo Codognotto	M-Seniores	Codognotto	01:58:29.700	01:56:30.570
9194	1813	Luís Pereira	M-Seniores	Individual	01:58:30.937	01:58:22.497
6005	1814	Rita Rodrigues	F-Seniores	Individual	01:58:31.693	01:54:23.103
5728	1815	Armenio Lopes	M-V60	Individual	01:58:31.947	01:58:05.697
7024	1816	Pedro Miranda	M-Seniores	Individual	01:58:32.697	01:54:32.547
5855	1817	Jose Rodrigues	M-V50	Individual	01:58:33.693	01:56:26.313
5425	1818	Rui Afonso	M-V45	Individual	01:58:37.190	01:57:18.263
7721	1819	Filipe Bessa	M-Seniores	Associação Desportiva Da Efacec	01:58:37.450	01:55:13.447
7777	1820	Mário Simões	M-V50	Pastelaria Riaparque Aveiro	01:58:37.943	01:58:17.606
8876	1821	Jorge Caria	M-V45	Barcadouro Team	01:58:38.690	01:57:28.673
6179	1822	Rui Correia	M-V45	Individual	01:58:38.723	01:58:12.100
7065	1823	Mário Morais	M-V35	Clube Amador De Mirandela	01:58:40.690	01:55:15.330
6057	1824	Armindo Moura	M-V50	Individual	01:58:40.697	01:56:14.750
6571	1825	Rosa Pinto	F-V55	K.M.A.	01:58:41.190	01:56:59.580
6570	1826	Jorge Catarino	M-Juniores	K.M.A.	01:58:41.693	01:56:59.406
8363	1827	Manuel Marques	M-V45	Individual	01:58:41.697	01:55:39.047
8252	1828	Gabriela Madeira	F-Seniores	Individual	01:58:41.713	01:55:39.606
9069	1829	Jose Barbosa	M-V35	Individual	01:58:42.940	01:54:32.877
5247	1830	Hugo Silva	M-V35	Ss Montepio	01:58:43.203	01:54:32.453
8329	1831	Raquel Vale	F-V35	Dcrrv	01:58:43.700	01:55:48.713
7426	1832	Sérgio Cardoso	M-V45	Individual	01:58:43.747	01:54:45.124
9213	1833	Rui Magalhães	M-V50	Individual	01:58:43.947	01:55:42.860
8294	1834	Sérgio Figueiredo	M-Seniores	Individual	01:58:44.447	01:56:49.350
9210	1835	Helena Amo	F-V35	Individual	01:58:44.943	01:55:45.146
5171	1836	Paulo Genesio	M-V50	Individual	01:58:45.447	01:56:51.027
5497	1837	Antonio Gomes	M-V50	Ginasio Clube Santo Tirso	01:58:45.690	01:57:05.467
8668	1838	Luís Sequeira	M-V45	Taylors325	01:58:45.693	01:54:32.580
5564	1839	Luís Sampaio	M-V35	Individual	01:58:45.950	01:55:56.370
6397	1840	Agostinho Sequeira	M-V45	Persistentes	01:58:46.443	01:57:39.170
6871	1841	Fátima Branco	F-V50	Individual	01:58:46.453	01:57:50.496
6483	1842	Bernardino Andrade	M-V45	Taloxinhas	01:58:46.947	01:56:37.107
7755	1843	João Santana	M-V45	Individual	01:58:47.197	01:57:16.130
7756	1844	Ricardo Botelho	M-V35	Individual	01:58:47.690	01:57:16.933
7873	1845	Jorge Salvado	M-V50	Individual	01:58:47.743	01:56:56.830

Dorsal	Lugar	Nome	Escalão	Equipa	Tempo	Chip
8466	1846	Vitor Rodrigues	M-Seniores	Mdl278	01:58:48.103	01:57:41.946
6746	1847	Luis Ferreira	M-V50	Individual	01:58:48.197	01:54:35.830
7659	1848	Henrique Belmar	M-V55	Individual	01:58:48.507	01:57:30.300
6566	1849	Carlos Horta	M-V50	Zêzeretrek	01:58:48.693	
4037	1850	Bruno Rodrigues	M-V40	Individual	01:58:48.700	01:57:53.440
5257	1851	Bruno Almeida	M-Seniores	Ss Montepio	01:58:49.443	01:55:52.496
9357	1852	José Miguel	M-V40	Individual	01:58:50.190	01:54:19.967
6486	1853	Mariana Carneiro	F-Seniores	Taloxinhas	01:58:52.517	01:56:34.427
8971	1854	Ricardo Ribeiro	M-V45	Saudades Do Sofá Team	01:58:54.980	01:54:40.827
5551	1855	Rafael Bronze	M-V40	Individual	01:58:57.190	01:58:07.403
6298	1856	Nina Silva	F-V40	Individual	01:58:57.483	01:55:58.050
7547	1857	Andre Moreira	M-Seniores	J A Moreira Seguros	01:58:57.953	01:56:48.893
6216	1858	Fernando Teixeira	M-Seniores	Coffee Team	01:58:58.700	01:56:07.623
5812	1859	Nuno Silva	M-V40	Individual	01:58:58.957	01:56:46.294
6719	1860	André Ribeiro	M-Seniores	Ribeiros	01:58:58.957	01:55:53.430
7584	1861	Benjamim Marinho	M-V35	Individual	01:58:59.440	01:57:29.123
6078	1862	Pedro Santos	M-Seniores	Individual	01:58:59.723	01:54:45.350
5919	1863	Anabela Vieira	F-V40	Team Vieira	01:59:01.440	01:58:42.120
6032	1864	Claudia Cunha	F-V50	Zksport	01:59:02.940	01:55:07.533
8664	1865	Vítor Queirós	M-V45	Individual	01:59:03.190	01:54:43.060
6707	1866	Daniel Silva	M-Seniores	Individual	01:59:03.447	01:55:47.384
7907	1867	Alvaro Vaz	F-V60	Individual	01:59:03.950	01:56:50.987
5157	1868	Nuno Peixoto	M-V35	Individual	01:59:05.190	01:58:25.093
9156	1869	Rui Freitas	M-Seniores	Individual	01:59:05.477	01:56:43.987
6755	1870	Jorge Fonseca	M-Seniores	Ó Da Guarda	01:59:06.690	01:57:10.427
8513	1871	Diogo Rodrigues	M-V35	Edp Runners	01:59:07.440	01:57:16.940
8051	1872	Lúcia Lemos	F-V50	Ctm Vila Pouca De Aguiar	01:59:07.940	01:57:04.720
5665	1873	Belmira Ribeiro	F-V40	Individual	01:59:09.693	01:58:20.216
5807	1874	Rui Escaroupa	M-V35	Individual	01:59:09.947	01:56:49.564
5951	1875	José Sousa	M-V50	Nascidos Para Correr	01:59:13.440	01:58:50.113
5309	1876	Marco Aparício	M-V40	Run & Bota-Abaixo	01:59:14.443	01:56:44.980
6540	1877	Maria Gonçalves	F-V45	Slowdown Running	01:59:14.690	01:56:38.967
7847	1878	Ricardo Fonte	M-V40	Individual	01:59:14.940	01:56:25.760
5726	1879	António Ramos	M-V60	Individual	01:59:16.227	01:57:39.714
5360	1880	Liseta Pinto	F-V40	Nice Runners	01:59:17.697	01:58:18.194
7839	1881	Luz Paulo	F-V45	Guardarunners	01:59:17.943	01:56:37.363
7593	1882	Ella Writer	F-Seniores	Rosarella	01:59:17.980	01:56:13.137
8259	1883	Amaro Fernandes	M-V40	Individual	01:59:19.447	01:56:45.377
6810	1884	Sandra Costa	F-Seniores	Individual	01:59:19.690	01:55:03.393
6406	1885	Mario Rodrigues	M-V40	Metralhas Runners	01:59:19.947	01:56:11.994
6833	1886	Eduardo Silva	M-Seniores	Individual	01:59:20.693	01:56:24.800
7332	1887	Joao Cardoso	M-V35	Individual	01:59:21.443	01:58:15.703
8367	1888	Eduardo Marques	M-V55	Individual	01:59:22.957	01:58:39.310
8808	1889	Celia Alves	F-V40	Individual	01:59:23.207	01:56:58.734
8847	1890	João Oliveira	M-V50	Individual	01:59:23.443	01:55:13.786

Dorsal	Lugar	Nome	Escalão	Equipa	Tempo	Chip
6758	1891	Nuno Proença	M-V40	Ó Da Guarda	01:59:23.443	01:57:25.166
6086	1892	Luís Gonçalves	M-V55	C.C.D. Das Autarquias De Almada	01:59:24.197	01:58:23.184
7786	1893	Miguel Almeida	M-Seniores	Os Isabelinhas	01:59:24.443	01:56:46.416
6230	1894	António Fernandes	M-V60	#Correratenumdarmais	01:59:25.690	01:57:27.497
6662	1895	Domingos Azevedo	M-V60	Cmmc S. João Da Pesqueira 1	01:59:26.693	01:57:27.186
6832	1896	Pedro Coelho	M-V35	Os Bracarenses	01:59:26.693	01:57:51.230
7743	1897	Nuno Gomes	M-V40	Individual	01:59:26.730	01:57:08.907
8864	1898	Carla Amorim	F-V35	Individual	01:59:26.943	01:58:04.626
6254	1899	Marco Gomes	M-V35	Individual	01:59:29.200	01:57:50.763
6423	1900	Joao Moreira	M-Seniores	Individual	01:59:29.690	01:57:40.977
6908	1901	Paula Coutinho	F-V45	Porto Sentido Runners	01:59:29.943	01:55:50.376
7720	1902	Marta Hortêncio	F-V35	Individual	01:59:30.440	01:57:57.253
6601	1903	Emanuel Cruz	M-Seniores	Grupo Desportivo De Francelos	01:59:30.690	01:58:51.607
7611	1904	Armando Vieira	M-V35	Individual	01:59:30.943	01:56:06.356
6577	1905	Ricardo Pato	M-V35	Individual	01:59:30.950	01:57:57.530
6905	1906	Elisabete Loureiro	F-V40	Porto Sentido Runners	01:59:31.447	01:55:51.877
6911	1907	Rita Ferreira	F-Seniores	Individual	01:59:31.480	01:55:07.810
5005	1908	Helder Cruz	M-V40	Individual	01:59:32.440	01:58:11.763
8961	1909	Miguel Fonseca	M-V40	Individual	01:59:32.693	01:58:49.273
7097	1910	Albano Ginja	M-V60	Individual	01:59:33.193	01:56:52.900
8831	1911	Pedro Filipe	M-Seniores	Ecomobile - Aluguer De Automóveis	01:59:33.443	01:58:48.666
7558	1912	Armando Pinho	M-V40	Individual	01:59:33.697	01:58:18.154
8532	1913	Manuel Carvalho	M-V60	Individual	01:59:34.943	01:55:09.926
9143	1914	Berta Miranda	F-V40	Individual	01:59:35.950	01:56:32.170
6694	1915	Bárbara Alexandre	F-V35	Individual	01:59:36.197	01:58:38.007
5072	1916	Sergio Veiga	M-V35	Individual	01:59:37.730	01:57:33.117
5206	1917	Duarte Malheiro	M-V40	Hjk Gaia	01:59:37.940	01:56:52.380
6751	1918	Bruno Santos	M-V40	Ó Da Guarda	01:59:38.693	01:57:41.176
7320	1919	Rui Santos	M-Seniores	Gang Das Venenosas	01:59:39.943	01:56:23.876
7825	1920	Daniel Esteves	M-Seniores	Manda Matar	01:59:41.193	01:57:40.896
7856	1921	João Dias	M-Seniores	Sousa Sport	01:59:41.443	01:58:45.350
6961	1922	José Pimentel	M-V60	Individual	01:59:41.483	01:59:05.020
8074	1923	Núria Antunes	F-Seniores	Individual	01:59:41.940	01:55:49.833
6710	1924	João Teixeira	M-Seniores	Individual	01:59:45.440	01:55:19.087
8267	1925	Pedro Ferreira	M-V40	Individual	01:59:45.940	01:55:55.707
6221	1926	Susana Vicente	F-V35	Individual	01:59:47.190	01:59:13.213
8645	1927	José Oliveira	M-Seniores	Lidl Team	01:59:47.240	01:58:10.993
8264	1928	Carlos Sousa	M-V45	Individual	01:59:48.943	01:59:31.806
8265	1929	Joaquim Fernandes	M-V50	Individual	01:59:48.950	01:59:32.603
7291	1930	Elsa Soares	F-V35	Individual	01:59:50.190	01:57:08.913
7480	1931	Mónica Ferreira	F-V35	Spin&Run Esposende	01:59:50.227	01:56:24.750
7461	1932	Francisco Pádua	M-V55	Individual	01:59:50.480	01:57:23.883
9278	1933	Catarina Nunes	F-V35	Individual	01:59:52.943	01:59:13.483
5712	1934	Luis Carvalho	M-V35	Montes Team	01:59:53.447	01:57:25.284
5150	1935	Miguel Coelho	M-V35	Individual	01:59:55.200	01:57:30.507

Dorsal	Lugar	Nome	Escalão	Equipa	Tempo	Chip
7134	1936	Cátia Pereira	F-Seniores	Opraticante.Pt / A. D. Amarante Atletismo	01:59:55.200	01:59:43.837
7522	1937	João Moreira	M-V40	Ss Montepio	01:59:57.693	01:56:55.383
7419	1938	Ana Oliveira	F-Seniores	Na Meta Há Almoço?	01:59:59.443	01:56:39.186
7670	1939	Isabel Freitas	F-V40	Sociedade Recreio Cepenense	02:00:00.450	01:56:34.460
7032	1940	Anselmo Rodrigues	M-V45	Individual	02:00:01.443	01:55:50.393
7752	1941	Ana Silva	F-V35	Los Fófuxos	02:00:03.950	01:59:08.157
9336	1942	Carla Tomás	F-V40	Individual	02:00:04.693	01:57:54.283
5814	1943	Cláudio Fernandes	M-Seniores	Avc: Atletas Em Velocidade Condicionada	02:00:04.943	01:57:25.213
5895	1944	Fernando Oliveira	M-V60	Individual	02:00:04.950	01:56:55.720
7753	1945	Ricardo Teixeira	M-V40	Los Fófuxos	02:00:06.473	01:59:09.776
6530	1946	Nuno Oliveira	M-V35	Rasgafolheta	02:00:07.193	01:59:06.653
6781	1947	Cesário Ferreira	M-V60	Palas	02:00:07.693	01:59:51.996
6234	1948	Patrícia G	F-Seniores	Individual	02:00:07.943	01:57:47.606
6529	1949	Hugo Ramos	M-V35	Rasgafolheta	02:00:07.993	01:59:07.866
6149	1950	Conceição Marques	F-V50	Turbulentos	02:00:09.443	01:58:14.550
8109	1951	Francisco Sousa	M-V55	Amanhecer Da Raposa	02:00:10.693	01:56:05.783
6779	1952	Adília Palas	F-V55	Palas	02:00:10.943	01:59:54.916
7064	1953	João Cortez	M-V55	Clube Amador De Mirandela	02:00:11.440	01:59:35.240
8546	1954	Fernando Andrade	M-V55	Grupo Desportivo Dos Ferroviários De Campanhã	02:00:13.977	01:58:50.354
6728	1955	Diana Faria	F-Seniores	#Caçaaajavali	02:00:14.447	01:57:23.014
8553	1956	Paula Andrade	F-V55	Grupo Desportivo Dos Ferroviários De Campanhã	02:00:14.700	01:58:51.837
7221	1957	Ricardo Resende	M-Seniores	Ordinário Up	02:00:15.693	01:57:27.596
9335	1958	António Puinhas	M-V55	Individual	02:00:16.237	01:59:58.980
8688	1959	Jorge Giesta	M-V50	Individual	02:00:17.443	01:56:07.610
6616	1960	Fatima Garcia	F-V50	Individual	02:00:17.947	01:57:16.860
7200	1961	Rui Costa	M-Seniores	Os2horas	02:00:18.443	01:57:00.100
9152	1962	António Oliveira	M-V45	Individual	02:00:18.443	01:57:33.616
8486	1963	Bruno Teixeira	M-Seniores	Individual	02:00:18.950	01:55:56.027
5190	1964	João Antunes	M-V60	Individual	02:00:20.227	01:58:43.864
9313	1965	Rodrigo Brandão	M-V35	Individual	02:00:20.447	01:58:28.754
5006	1966	Mario Nunes	M-V50	Individual	02:00:20.693	01:57:37.190
6923	1967	Pedro Marques	M-Seniores	Individual	02:00:21.943	01:55:57.000
8385	1968	Manuel Teixeira	M-V55	Individual	02:00:22.443	02:00:16.106
6329	1969	Pedro Antunes	M-V40	Os Carregueirenses	02:00:23.450	01:59:51.997
7290	1970	Carolina Fernandes	F-V45	Individual	02:00:24.693	01:58:30.816
5802	1971	Pedro Lopes	M-V40	Individual	02:00:24.790	01:58:33.847
7822	1972	Belmiro Magalhães	M-Seniores	Individual	02:00:29.473	01:58:56.280
9137	1973	Hugo Santos	M-Seniores	Individual	02:00:30.950	01:57:27.720
7174	1974	Bruno Azevedo	M-Seniores	Fridão Sem Limites	02:00:31.193	01:59:59.976
6940	1975	Filipe Pinheiro	M-V40	Fridão Sem Limites	02:00:31.697	02:00:00.307
5289	1976	Bruno Cruz	M-Seniores	Movee Team	02:00:31.723	01:58:28.030
6921	1977	Sílvio Sendas	M-Seniores	Individual	02:00:33.697	01:58:17.904
6360	1978	Luís Verdelho	M-V60	Individual	02:00:33.837	01:58:41.534
8511	1979	Carlos Ipe	M-V40	Edp Runners	02:00:34.193	02:00:25.596
9142	1980	Claudia Nobrega	F-Seniores	Clube De Atletismo Da Nossa Senhora Da Conceição	02:00:34.700	01:56:28.553

Dorsal	Lugar	Nome	Escalão	Equipa	Tempo	Chip
5848	1981	Gabriel Christmann	M-V35	Fromcouchto21k	02:00:35.947	01:56:01.020
6462	1982	Bruno Cardina	M-V40	Os Coxos	02:00:36.200	01:56:51.400
7692	1983	Alexandre Ferreira	M-V40	Individual	02:00:37.947	01:57:00.730
5578	1984	Solange Sousa	F-V35	Bia Team 2016	02:00:38.693	01:58:57.420
5577	1985	Nelson Sousa	M-V35	Bia Team 2016	02:00:39.193	01:58:58.690
5801	1986	Joaquim Santos	M-Seniores	Individual	02:00:39.950	01:57:03.833
8327	1987	Jorge Carvalho	M-V40	Pernetas	02:00:39.950	01:56:18.193
6105	1988	Fernando Azevedo	M-V40	Kemedo	02:00:41.443	01:57:04.610
8597	1989	Miguel Teixeiraâ??	M-Seniores	Individual	02:00:41.693	01:56:30.686
5391	1990	Paulo Maia	M-V45	Pés De Chumbo	02:00:43.693	01:57:43.203
7399	1991	Armanda Pinto	F-V50	Individual	02:00:44.193	01:59:02.426
8423	1992	Benedita Andrade	F-V50	Confraria Do Asfalto	02:00:44.693	01:59:23.783
5097	1993	Ramiro Salgado	M-V40	Namadores	02:00:44.943	01:59:48.096
6850	1994	Teresa Mota	F-V50	Individual	02:00:46.447	01:58:38.877
6432	1995	Marco Teixeira	M-Seniores	Feltrail	02:00:47.943	01:57:03.940
5112	1996	Paulo Dias	M-V35	Vesparunners	02:00:48.450	01:58:12.063
7122	1997	Tony Cunha	M-V40	Individual	02:00:48.943	01:58:05.296
8960	1998	Rui Ramos	M-V35	Individual	02:00:49.443	01:55:40.873
8941	1999	Emanue Domingos	M-Seniores	Os Pequenitos	02:00:49.947	01:57:50.320
7524	2000	Ricardo Silva	M-V40	Ss Montepio	02:00:50.193	01:57:59.636
6029	2001	Paulo Clemente	M-V35	Salseiros	02:00:50.943	
8468	2002	Tiago Lamelas	M-Seniores	Individual	02:00:51.200	01:56:32.823
8196	2003	Mafalda Girão	F-Seniores	Individual	02:00:52.697	01:56:35.744
5514	2004	Nuno Silva	M-Seniores	Moura Da Silva	02:00:52.700	01:57:11.440
7061	2005	Luís Amaral	M-Seniores	Amarazinhos	02:00:54.943	01:56:04.306
8817	2006	Miguel Mellot	M-V45	Individual	02:00:54.943	01:59:05.556
7653	2007	Gilberto Fonseca	M-V40	Individual	02:00:55.953	01:59:58.223
7798	2008	Ricardo Dias	M-Seniores	Paços Running	02:00:56.193	01:59:30.663
9113	2009	Cristiano Macedo	M-Seniores	Individual	02:00:56.943	01:56:20.860
8406	2010	Daniela Martins	F-Seniores	Individual	02:00:56.947	01:56:20.867
5151	2011	Rui Martins	M-V45	Individual	02:00:57.467	01:57:18.664
5824	2012	Telmo Oliveira	M-Seniores	Avc: Atletas Em Velocidade Condicionada	02:00:57.700	01:58:18.240
5627	2013	Daniel Teixeira	M-V35	Os Três	02:00:57.987	01:59:57.767
6849	2014	Pedro Pinto	M-V35	O Mundo Da Corrida	02:00:58.193	01:57:38.786
7118	2015	Edgar Barbosa	M-V50	Gdbpi	02:00:58.697	01:59:16.114
7355	2016	Joaquim Moreira	M-V45	Porto Sentido Runners	02:00:58.957	01:57:47.690
9151	2017	Luis Alves	M-V45	Individual	02:00:58.957	01:58:19.274
8409	2018	Nuno Meira	M-Seniores	Reinado	02:00:59.193	01:55:29.720
8172	2019	Salette Silva	F-V45	Nocturnos De Paredes	02:01:00.193	01:59:50.330
8120	2020	Fernando Lopes	M-V40	Navr	02:01:01.193	01:59:40.156
8661	2021	Tiago Fernandes	M-Seniores	Individual	02:01:01.977	01:58:22.317
5787	2022	Paulo Pinto	M-V40	Equipa Dinamite	02:01:02.193	02:00:39.326
6121	2023	Maria Campos	F-V45	Campeões	02:01:04.197	01:59:47.287
7560	2024	Antonio Moreira	M-V55	Individual	02:01:04.443	01:56:19.236
5191	2025	Jacinto Pereira	M-V60	Simecq	02:01:05.197	02:00:52.064

Dorsal	Lugar	Nome	Escalão	Equipa	Tempo	Chip
6232	2026	Isabel Dias	F-V40	#Correratenumdarmais	02:01:06.197	01:59:07.997
7943	2027	Marco Caldas	M-V40	Porto Sentido Runners	02:01:06.197	01:59:07.920
6422	2028	Luis Ramos	M-V55	Individual	02:01:06.947	01:57:00.357
7546	2029	José Pais	M-V45	Fgj	02:01:07.447	01:58:02.174
8445	2030	Vasco Pereira	M-Seniores	Coupleruns	02:01:07.943	01:59:36.876
8807	2031	Pedro Ribeiro	M-Seniores	Guardarunners	02:01:08.200	01:58:35.567
5635	2032	Rozires Ferreira	F-Seniores	Individual	02:01:09.450	01:59:56.207
6960	2033	Rui Oliveira	M-V55	Olivetree	02:01:10.443	01:59:00.500
6687	2034	Henrique Graça	M-V45	Grupo De Amigos Dos Amigos Das Corridas	02:01:10.693	01:57:47.933
5098	2035	Ricardo Neves	M-V40	Namadores	02:01:12.200	02:00:13.363
6946	2036	Virgilio Oliveira	M-V55	Individual	02:01:12.697	01:59:56.867
8594	2037	Elisâgela Santos	F-V35	Individual	02:01:12.703	01:58:02.306
5568	2038	Jãoo Carvalho	M-V35	Figueiredo'S Runner'S And Friends	02:01:12.953	02:00:22.036
6195	2039	José Riba	M-V50	Individual	02:01:13.197	02:00:03.710
6870	2040	Vania Fonseca	F-Seniores	Individual	02:01:13.447	02:00:38.230
6382	2041	Isaque Dias	M-V35	Individual	02:01:14.193	02:00:21.266
7780	2042	Paulo Taboas	M-V50	Individual	02:01:14.443	01:56:49.863
7779	2043	Lucia Ventura	F-V40	Individual	02:01:14.450	01:56:50.183
5752	2044	Henrique Barbedo	M-V45	Maia & Barbedo'S	02:01:15.697	01:58:10.470
5753	2045	Lurdes Barbedo	F-V45	Maia & Barbedo'S	02:01:15.697	01:58:10.490
5754	2046	Ricardo Maia	M-V40	Maia & Barbedo'S	02:01:15.697	01:58:08.704
7947	2047	Helder Monteiro	M-V40	Individual	02:01:16.463	01:58:10.533
5509	2048	Arnaldo Moreira	M-V50	Individual	02:01:17.193	01:57:20.803
5410	2049	Carlos Cordeiro	M-V60	Mochos	02:01:17.707	01:57:41.614
6248	2050	António Seabra	M-V35	Tozé...O Tó E O Zé	02:01:19.447	01:56:36.517
8475	2051	Kinga Majcherek	F-Seniores	Individual	02:01:19.450	01:58:42.030
8031	2052	Orlando Pires	M-V45	Individual	02:01:19.747	01:57:18.260
8729	2053	Ricardo Alexandre	M-V35	Individual	02:01:19.943	01:58:32.173
9235	2054	Conceição Silva	F-V50	N.A.Taipas	02:01:20.697	01:59:38.027
6680	2055	Paulo Domingues	M-V50	Margem Sul Runners	02:01:20.703	01:58:38.523
9249	2056	Maria José	F-V35	N.A.Taipas	02:01:21.210	01:59:37.753
9339	2057	Pedro Nunes	M-Seniores	Individual	02:01:22.720	01:57:44.477
6556	2058	João Valeriano	M-Seniores	Fast Turtles	02:01:22.720	01:59:14.823
7662	2059	Bruno Araújo	M-Seniores	Braguinhas Runners	02:01:24.703	01:59:37.883
7215	2060	José Mesquita	M-Seniores	Tartarugas Ninja	02:01:24.703	01:59:11.630
7663	2061	Carla Araújo	F-Seniores	Braguinhas Runners	02:01:24.953	01:59:38.306
6477	2062	José Lima	M-Seniores	Frezite	02:01:24.953	01:58:05.496
6366	2063	Rui Figueiredo	M-V40	Individual	02:01:25.447	01:57:50.560
8005	2064	José Sousa	M-Seniores	Individual	02:01:26.227	01:58:11.297
6193	2065	Ana Marcelino	F-Seniores	Individual	02:01:26.703	01:58:06.680
8679	2066	Joao Ribeiro	M-V40	Individual	02:01:26.943	01:59:51.306
9290	2067	Pedro Santos	M-V45	Individual	02:01:30.193	01:59:53.693
9281	2068	José Beira	M-V35	Individual	02:01:30.200	02:00:02.660
7125	2069	Henrique Rosa	M-V40	Individual	02:01:31.197	01:58:38.880
7732	2070	Carlos Ferreira	M-Seniores	Individual	02:01:32.943	01:58:59.670

Dorsal	Lugar	Nome	Escalão	Equipa	Tempo	Chip
5288	2071	António Silva	M-Seniores	Movee Team	02:01:35.197	01:59:34.440
7717	2072	António Silva	M-V50	Individual	02:01:35.200	01:58:05.823
9094	2073	Sonia Dantas	F-V35	Individual	02:01:37.197	01:58:42.790
6671	2074	Vitor Santos	M-V40	Cmmc S. João Da Pesqueira 1	02:01:39.443	02:01:29.230
8862	2075	Bruna Rodrigues	F-Seniores	Individual	02:01:40.197	01:59:36.710
5498	2076	Eduardo Malheiro	M-V60	Ginasio Clube Santo Tirso	02:01:43.943	02:00:04.243
8937	2077	Elsa Rodrigues	F-V40	Alexandra Carvalho Team	02:01:44.697	01:57:41.984
6838	2078	Mafalda Marques	F-Seniores	Academia Fitness Militar	02:01:47.447	01:58:40.554
9024	2079	José Ferreira	M-V40	Individual	02:01:48.233	02:00:40.896
5863	2080	Susana Guerreiro	F-V40	Clube Brisa	02:01:52.943	02:01:32.790
5862	2081	Pedro Guerreiro	M-V45	Clube Brisa	02:01:53.443	02:01:32.193
7568	2082	Nuno Ribeiro	M-V35	Ccd-Siemens	02:01:54.447	01:57:49.697
8384	2083	Álvaro Silva	M-V55	Individual	02:01:55.943	
6963	2084	Cristina Assunção	F-Seniores	Bijagós	02:01:59.443	02:00:41.530
8536	2085	Rui Oliveira	M-V45	Individual	02:02:00.947	01:59:51.007
6205	2086	Gil Vieira	M-V40	Javalis	02:02:01.947	02:00:44.584
8508	2087	Armando Peneda	M-V60	Edp Runners	02:02:02.197	02:01:54.040
6182	2088	José Barbosa	M-V45	Individual	02:02:02.697	01:59:10.510
7852	2089	Adriano Pereira	M-Seniores	Sousa Sport	02:02:02.957	02:01:09.660
7337	2090	Cândido Barqueiro	M-V40	Individual	02:02:03.487	02:00:20.650
6828	2091	Amandio Costa	M-V35	Os Bracarenses	02:02:04.197	02:00:29.154
6830	2092	Hélio Guimarães	M-V40	Os Bracarenses	02:02:04.197	02:00:28.507
8022	2093	Luis Pereira	M-V40	Individual	02:02:04.447	01:58:14.544
9132	2094	Miguel Marques	M-Seniores	Individual	02:02:05.697	02:00:27.287
8855	2095	Pedro Carvalho	M-Seniores	Manos Carvalho	02:02:05.947	01:58:05.397
8854	2096	Paulo Carvalho	M-V45	Manos Carvalho	02:02:05.950	01:58:05.213
8204	2097	Luis Morais	M-Seniores	Individual	02:02:09.207	01:59:15.107
9209	2098	Abílio Pacheco	M-V45	Individual	02:02:11.447	01:59:55.920
8203	2099	Dina Lopes	F-Seniores	Individual	02:02:11.820	01:59:17.667
5603	2100	Cristina Pimentel	F-Seniores	Individual	02:02:12.197	01:58:40.614
5116	2101	Jorge Alves	M-V40	Individual	02:02:12.457	01:59:03.910
5731	2102	Carla Beja	F-V35	Juventude Desportiva Almansor	02:02:12.697	02:01:16.620
5113	2103	Sara Alves	F-Seniores	Individual	02:02:12.947	01:59:04.400
8293	2104	Marta Fonseca	F-V35	Individual	02:02:12.947	01:57:54.957
7157	2105	Luis Godinho	M-V45	Individual	02:02:13.977	02:00:59.137
5269	2106	Jorge Oliveira	M-Seniores	Individual	02:02:17.197	01:58:36.070
8813	2107	Marli Ribeiro	F-Seniores	Individual	02:02:18.447	02:01:55.060
6564	2108	Henrique Meireles	M-V35	Individual	02:02:18.697	01:57:59.424
6817	2109	Luís Meireles	M-Seniores	Individual	02:02:18.947	01:58:00.527
7974	2110	Maria Ferreira	F-V40	Individual	02:02:20.447	02:01:23.234
8968	2111	Carlos Esteves	M-V40	Individual	02:02:21.947	01:59:11.070
8611	2112	João Melo	M-Seniores	Individual	02:02:21.980	01:59:15.353
6300	2113	Valdemar Gouveia	M-V35	Individual	02:02:23.447	02:00:57.537
6793	2114	Vasco Simoes	M-Seniores	Individual	02:02:23.960	01:57:24.647
5916	2115	Marcelo Ferreira	M-V45	Individual	02:02:24.197	02:00:15.187

Dorsal	Lugar	Nome	Escalão	Equipa	Tempo	Chip
6901	2116	Sofia Mota	F-V45	Individual	02:02:24.947	02:00:13.307
6667	2117	Luis Pinto	M-V35	Cmmc S. João Da Pesqueira 1	02:02:25.697	01:58:18.354
7389	2118	António Rocha	M-V35	Aacr	02:02:25.947	02:02:15.620
7833	2119	Alexandra Pimenta	F-Seniores	Individual	02:02:26.447	02:00:48.787
8016	2120	Rui Amador	M-V40	Gang Do Amendoim	02:02:27.447	01:58:52.860
8170	2121	Luís Schumacher	M-V45	Individual	02:02:29.447	02:00:23.680
8997	2122	Paulo Cruz	M-V35	Casa Do Povo De Mangualde	02:02:29.447	02:01:53.587
5940	2123	Cristina Madanços	F-V35	Correr Lisboa	02:02:29.447	02:01:14.897
6718	2124	Helder Ferreira	M-V35	Individual	02:02:30.197	01:58:10.850
6996	2125	Tito Teixeira	M-V35	Clube Colaboradores Ageas	02:02:30.703	02:00:38.553
7999	2126	José Santos	M-Seniores	Individual	02:02:31.197	02:00:27.650
8062	2127	Marco Ferreira	M-Seniores	Individual	02:02:31.447	01:58:42.250
6012	2128	Orlando Iglesias	M-V50	Individual	02:02:31.447	02:00:22.807
6113	2129	Helder Ferreira	M-V35	Já Correste Hoje?	02:02:31.953	02:00:59.366
7595	2130	Vitor Sousa	M-V40	Individual	02:02:32.450	02:01:30.777
8284	2131	Alexis Effroy	M-V45	Egis	02:02:32.697	02:00:54.094
6681	2132	Plínio Silva	M-V50	Margem Sul Runners	02:02:33.447	01:59:51.474
6677	2133	Nuno Dias	M-Seniores	Slow Show	02:02:34.447	01:59:51.407
8582	2134	Nuno Figueiredo	M-V35	Guardarunners	02:02:35.697	02:02:17.387
6988	2135	Joaquim Neves	M-V45	Clube Colaboradores Ageas	02:02:37.210	02:00:44.933
5864	2136	Albino Leite	M-V50	Alesil Aluminios	02:02:37.697	02:01:50.600
7573	2137	Pedro Cardoso	M-Seniores	C&C	02:02:39.197	01:59:23.377
7572	2138	Nuno Correia	M-Seniores	C&C	02:02:39.737	01:59:23.560
5902	2139	António Cunha	M-V50	Nós Acreditamos	02:02:40.947	02:01:13.204
6046	2140	Rui Mota	M-Seniores	Sport Fuller	02:02:45.697	01:59:14.754
9202	2141	Rui Tavares	M-V40	Individual	02:02:45.697	02:00:58.224
6864	2142	João Garcia	M-Seniores	Danoninhos	02:02:46.197	01:58:09.230
6682	2143	Flávio Pereira	M-Seniores	Individual	02:02:46.207	01:59:15.817
6293	2144	Carlos Gomes	M-Seniores	Individual	02:02:47.203	01:59:16.743
8251	2145	João Pereira	M-V45	Individual	02:02:48.947	01:59:56.890
8504	2146	Hugo Pereira	M-Seniores	Red Line	02:02:49.210	02:00:23.323
8503	2147	Carla Sousa	F-Seniores	Red Line	02:02:49.213	02:00:22.266
8505	2148	José Sousa	M-Seniores	Red Line	02:02:49.697	02:00:23.147
8030	2149	Carina Ferreira	F-Seniores	Individual	02:02:50.947	01:59:48.820
8209	2150	Agostinho Fontes	M-V55	Individual	02:02:52.947	01:59:15.200
7938	2151	Pedro Estrela	M-V40	Pupilos Do Zé Tó	02:02:53.700	02:01:40.033
7934	2152	Jorge Costa	M-V40	Pupilos Do Zé Tó	02:02:53.957	02:01:43.940
8153	2153	Artur Ferreira	M-V45	Individual	02:02:54.483	01:59:50.960
7996	2154	Filipe Mota	M-V50	Individual	02:02:55.947	02:00:48.814
9014	2155	Ana Ferreira	F-Seniores	Individual	02:02:56.950	02:00:56.320
8155	2156	Nuno Ferreira	M-V35	Individual	02:02:57.197	01:59:54.400
8154	2157	Luis Ferreira	M-V45	Individual	02:02:57.207	01:59:54.070
7876	2158	Roberto Gouveia	M-Seniores	Individual	02:02:57.947	01:58:29.037
8584	2159	Filipa Francisco	F-V40	Individual	02:02:59.697	02:01:26.227
8954	2160	Tiago Magalhães	M-V35	Individual	02:03:02.197	



Dorsal	Lugar	Nome	Escalão	Equipa	Tempo	Chip
9015	2161	Tiago Barbosa	M-Seniores	Individual	02:03:02.477	02:01:00.277
7107	2162	Marinho Duarte	M-Seniores	Individual	02:03:03.210	01:58:28.087
7627	2163	Luis Sousa	M-V40	Matagalgões	02:03:03.450	01:58:14.650
5702	2164	Joaquim Dias	M-V40	Individual	02:03:03.697	01:58:14.554
8964	2165	Licurgo Figueiredo	M-Seniores	Individual	02:03:04.727	02:01:59.997
8965	2166	Maria Alves	F-V40	Individual	02:03:04.727	02:02:00.347
5047	2167	Rogério Silva	M-V40	Individual	02:03:05.447	01:59:00.447
8023	2168	Rui Pereira	M-V35	Individual	02:03:05.483	01:58:59.100
8287	2169	Edward Targosz	M-V55	Egis	02:03:05.947	02:01:27.744
5743	2170	Álvaro Vieira	M-V55	Individual	02:03:06.207	02:00:47.804
6863	2171	Ivo Gonçalves	M-Seniores	Danoninhos	02:03:10.197	01:58:37.447
6090	2172	Natália Ribeiro	F-V45	Individual	02:03:11.697	01:59:07.927
7323	2173	Rosa Campanhã	F-V35	Individual	02:03:12.950	02:02:58.653
6867	2174	Ricardo Pereira	M-Seniores	Danoninhos	02:03:13.227	01:58:42.300
5520	2175	Helia Parreira	F-V40	Volkswagen Autoeuropa	02:03:13.447	02:00:25.747
7967	2176	Duarte Nobre	M-Seniores	Individual	02:03:14.947	01:58:19.727
8165	2177	Maria Pessoa	F-V50	Individual	02:03:16.197	01:59:55.624
7586	2178	Bruno Portela	M-V35	C&C	02:03:17.220	01:59:51.000
6283	2179	Ricardo Pinheiro	M-Seniores	Individual	02:03:19.947	01:59:49.890
6568	2180	Jorge Fradique	M-V55	Teamolenga	02:03:21.453	02:00:52.703
8276	2181	Carla Monteiro	F-Seniores	Individual	02:03:21.697	01:59:43.307
8340	2182	António Ribeiro	M-V50	Individual	02:03:21.947	01:59:43.350
9257	2183	Abel Nunes	M-Seniores	Individual	02:03:22.947	02:00:09.430
5376	2184	Patrícia Ferreira	F-Seniores	Ele Cozinha, Ela Lava	02:03:23.947	01:59:30.097
6738	2185	José Felizardo	M-V55	2112 & Companhia	02:03:23.953	01:59:56.846
7106	2186	Luís Dias	M-Seniores	Individual	02:03:24.203	01:58:49.410
7147	2187	Rosa Castro	F-V40	Ptc	02:03:24.447	02:00:12.807
6987	2188	João Frade	M-V45	Clube Colaboradores Ageas	02:03:27.457	02:01:35.360
6396	2189	Andreia Mota	F-Seniores	Individual	02:03:27.457	02:03:20.040
8068	2190	Pedro Meireles	M-Seniores	Individual	02:03:31.197	01:59:11.307
6035	2191	Célia Gil	F-V45	Individual	02:03:32.203	02:00:34.366
6358	2192	Brenda Domingues	F-Seniores	Www.Thecutemommy.Com	02:03:33.957	02:00:21.510
7908	2193	Carlos Monteiro	M-V50	Pes De Chumbo	02:03:34.697	02:00:34.960
8926	2194	Rodrigo Morais	M-V50	Alexandra Carvalho Team	02:03:35.957	01:59:27.950
6231	2195	César Rocha	M-V45	#Correratenumdarmais	02:03:37.947	02:01:39.100
6873	2196	Luis Santos	M-V45	Carecas	02:03:40.197	02:02:29.630
6659	2197	António Evaristo	M-V55	Cmmc S. João Da Pesqueira 1	02:03:46.710	01:59:39.633
5581	2198	Paula Vieira	F-V35	Individual	02:03:48.197	02:02:46.700
8071	2199	Diogo Nunes	M-Seniores	Individual	02:03:48.453	01:59:28.570
5219	2200	Luis Gomes	M-V45		710806 02:03:49.447	02:00:53.994
6881	2201	Abel Gonçalves	M-V35	Individual	02:03:50.947	
8772	2202	Luis Guimarães	M-V40	Individual	02:03:50.987	02:02:39.050
8148	2203	Ana Coelho	F-V35	Gaia-Running	02:03:51.447	02:00:25.067
5896	2204	S.Mónica Fernandes	F-V35	Individual	02:03:51.457	02:01:20.797
6638	2205	Vitor Pereira	M-Seniores	Individual	02:03:52.947	02:02:16.287

Dorsal	Lugar	Nome	Escalão	Equipa	Tempo	Chip
6909	2206	Fábio Arantes	M-Seniores	Porto Sentido Runners	02:03:53.707	02:03:08.177
9179	2207	Telmo Fernandes	M-Seniores	Individual	02:03:53.707	01:59:03.337
9275	2208	João Teixeira	M-V45	Individual	02:03:53.707	02:01:36.760
8484	2209	José Mota	M-V40	Somos Pediatria	02:03:54.207	01:59:14.710
6047	2210	Ricardo Soares	M-Seniores	Individual	02:03:55.197	02:00:23.764
7525	2211	Paulo Almeida	M-V45	Individual	02:03:58.447	01:59:42.010
8241	2212	Justino Gonçalves	M-V55	Individual	02:04:00.947	02:03:37.000
7405	2213	Marília Azevedo	F-Seniores	Individual	02:04:02.947	02:01:39.600
6122	2214	Sandra Queiroz	F-V50	Campeões	02:04:02.957	02:02:36.304
5317	2215	Tiago Gomes	M-Seniores	Individual	02:04:02.957	02:01:39.164
9028	2216	José Viana	M-V45	Associação Desportiva Da Efacec	02:04:04.197	02:00:41.807
9238	2217	Francisco Cunha	M-V45	N.A.Taipas	02:04:09.697	
8863	2218	Alice Vilaça	F-V35	Individual	02:04:09.697	02:01:34.207
5945	2219	António Santos	M-V50	Nascidos Para Correr	02:04:09.947	02:00:57.624
8564	2220	Nuno Martins	M-V35	Individual	02:04:12.207	02:02:24.517
6753	2221	Daniel Fernandes	M-V40	Ó Da Guarda	02:04:12.447	02:02:08.584
6533	2222	Vitor Couto	M-Seniores	Amanhã Vai Doer	02:04:12.947	02:01:18.400
6532	2223	Pedro Fonseca	M-Seniores	Amanhã Vai Doer	02:04:13.197	02:01:18.330
5559	2224	Bruno Feiteira	M-V35	Vamos Lá	02:04:14.947	02:00:25.307
7350	2225	Claudia Amaral	F-Seniores	Correr Viseu	02:04:15.947	02:00:54.687
6703	2226	Jorge Canossa	M-Seniores	Osdajoito Runners	02:04:16.697	02:00:19.850
8192	2227	Fábio Brito	M-Seniores	Individual	02:04:18.447	02:00:56.150
7349	2228	Filipe Maria	M-V35	Porto Sentido Runners	02:04:19.453	02:00:52.043
6717	2229	Tânia Saraiva	F-V35	Starfish	02:04:19.700	01:59:47.430
7466	2230	Carlos Cunha	M-V40	Só Descidas!	02:04:21.947	02:01:41.620
9268	2231	Carlos Costa	M-V50	Individual	02:04:24.197	02:00:13.680
7552	2232	Fábio Cruz	M-V45	Individual	02:04:24.957	02:00:02.100
7553	2233	Rui Moreira	M-V40	Individual	02:04:25.197	02:00:03.004
6672	2234	Ricardo Hermosilha	M-V35	Individual	02:04:26.447	02:01:20.994
7324	2235	Paulo Teixeira	M-V40	Individual	02:04:26.700	02:01:21.203
6815	2236	Goncalo Melo	M-Seniores	Individual	02:04:27.697	02:01:36.137
6614	2237	José Proença	M-V50	Teamolenga	02:04:28.197	02:01:59.937
6982	2238	Letícia Mendes	F-Seniores	Individual	02:04:29.450	02:02:41.360
7477	2239	Barbara Ribeiro	F-Seniores	Spin&Run Esposende	02:04:29.700	02:00:59.950
8070	2240	João Vaz	M-Seniores	Individual	02:04:29.703	02:00:09.233
7479	2241	João Couto	M-Seniores	Spin&Run Esposende	02:04:30.947	02:01:03.840
6424	2242	Rui Oliveira	M-Seniores	Individual	02:04:30.947	02:02:41.330
7710	2243	Carlos Rodrigues	M-V35	Individual	02:04:32.447	02:01:34.340
5549	2244	José Martins	M-V40	Befitness Runners	02:04:32.697	02:02:32.584
6576	2245	Teresa Maia	F-Seniores	Gazelas Do Sado	02:04:34.200	02:04:22.040
7533	2246	João Maurício	M-Seniores	Individual	02:04:35.947	02:02:48.514
6812	2247	Leandro Gomes	M-Seniores	Individual	02:04:38.947	02:00:36.400
7921	2248	Ana Nova	F-Seniores	Individual	02:04:41.457	02:01:28.550
8193	2249	Maria Alves	F-Seniores	Individual	02:04:41.707	02:01:28.767
7304	2250	Celeste Silva	F-V40	Paçosrunners	02:04:42.450	02:00:52.053

Dorsal	Lugar	Nome	Escalão	Equipa	Tempo	Chip
7305	2251	Paulo Sousa	M-V40	Paçosrunners	02:04:42.457	02:00:52.224
6291	2252	Ricardo Seara	M-V40	Individual	02:04:42.463	02:03:00.566
8748	2253	Diamantino Costa	M-V45	Rompe E Rasga	02:04:43.200	02:02:22.240
6290	2254	Sónia Vicente	F-V40	Individual	02:04:44.207	02:03:02.507
5604	2255	Arlete Santos	F-V35	Caldas Sao Jorge Sport Club	02:04:45.200	02:01:42.460
8188	2256	Carlos Sousa	M-Seniores	Individual	02:04:45.723	02:03:42.583
8957	2257	Teresa Gonçalves	F-V35	Individual	02:04:45.953	02:02:39.600
7145	2258	David Costa	M-Seniores	Ptc	02:04:46.200	02:01:34.523
6549	2259	Nuno Vieira	M-V40	Os Moliços	02:04:46.447	02:02:11.170
6493	2260	Luis Ribeiro	M-Seniores	Individual	02:04:46.697	02:01:58.937
6335	2261	Bernardino Antunes	M-V55	Individual	02:04:49.200	02:02:23.630
5619	2262	Bruno Couto	M-Seniores	Caldas Sao Jorge Sport Club	02:04:49.990	02:01:47.197
5615	2263	Marta Ambrósio	F-Seniores	As Gazelas E Os Penetras	02:04:51.447	02:00:32.240
7039	2264	José Carvalho	M-Seniores	Individual	02:04:51.710	02:00:40.447
6297	2265	Carlos Silva	M-V50	Bifase	02:04:52.953	02:02:36.576
7517	2266	Sandra Baptista	F-Seniores	Individual	02:04:53.947	02:01:43.660
6163	2267	Miguel Mendes	M-V45	Individual	02:04:54.450	02:02:55.467
7939	2268	Ricardo Portugal	M-V40	Pupilos Do Zé Tó	02:04:54.700	
7769	2269	Márcia Cabouco	F-V35	Novélia Running Amarante	02:04:54.950	02:04:37.783
8124	2270	Nuno Silva	M-V35	Navr	02:04:55.957	02:01:31.857
8118	2271	Cristina Vieira	F-Seniores	Navr	02:04:55.957	02:01:31.370
6839	2272	Ana Valente	F-Seniores	Gang Das Venenosas	02:04:58.217	02:01:41.607
5351	2273	Helena Lopes	F-V40	Tribo Nr	02:04:59.450	02:03:11.587
9104	2274	Ana Ferraz	F-Seniores	Tribo Nr	02:04:59.450	02:03:10.893
6743	2275	Manuel Santos	M-Seniores	Individual	02:05:03.950	02:02:48.813
6069	2276	Filipe Gonçalves	M-V35	Individual	02:05:04.697	02:01:24.054
5932	2277	Liliana Rocha	F-Seniores	Ei Team Trail	02:05:06.213	02:03:02.573
7854	2278	Eugénio Araújo	M-Seniores	Sousa Sport	02:05:06.700	02:04:07.867
7658	2279	Carlos Leite	M-Seniores	Individual	02:05:06.947	02:00:54.187
7690	2280	Fátima Cardoso	F-Seniores	Pump Runners	02:05:06.957	02:02:41.337
7814	2281	Manuel Brandão	M-V55	Individual	02:05:07.710	02:03:16.057
7413	2282	Marta Cerqueira	F-Seniores	Cerqueiras	02:05:08.950	02:02:53.310
6552	2283	Anibal Paiva	M-V40	Mais Uma	02:05:10.483	02:02:40.053
5545	2284	Mílton Trigo	M-V40	Individual	02:05:10.700	02:03:26.073
8612	2285	Telmo Ferreira	M-Seniores	Individual	02:05:10.960	02:02:57.340
8444	2286	Ângela Moreira	F-Seniores	Coupleruns	02:05:11.697	02:03:40.800
9164	2287	Peter Fitzpatrick	M-V45	Individual	02:05:12.707	02:00:58.710
7412	2288	Alberto Cerqueira	M-V55	Cerqueiras	02:05:15.460	02:02:59.763
7604	2289	Paula Macedo	F-V45	Individual	02:05:15.700	02:02:57.550
7224	2290	André Andrade	M-Seniores	A Bé E O Zé	02:05:16.450	02:01:52.250
6491	2291	Luis Moura	M-V45	Individual	02:05:16.700	02:02:44.290
7187	2292	Rui Almeida	M-V40	Individual	02:05:16.980	02:04:25.583
8644	2293	Jorge Campos	M-Seniores	Lidl Team	02:05:18.200	02:04:09.513
5750	2294	Herminio Batista	M-Seniores	Studio Fitness Dani R.	02:05:18.697	02:01:39.187
6506	2295	Francisco Montenegro	M-V45	Individual	02:05:19.947	02:02:37.070

Dorsal	Lugar	Nome	Escalão	Equipa	Tempo	Chip
6355	2296	Pedro Venâncio	M-V35	10 Na Corrida	02:05:20.700	02:03:30.530
6098	2297	José Freitas	M-Seniores	Individual	02:05:22.210	02:01:38.837
8541	2298	Arménio Casal	M-V45	Grupo Desportivo Dos Ferroviários De Campanhã	02:05:22.210	02:02:53.487
5718	2299	Marco Moreira	M-Seniores	Individual	02:05:22.700	02:05:02.013
7714	2300	André Silva	M-V35	Individual	02:05:25.197	
7899	2301	Ana Peixoto	F-Seniores	Turbulentos	02:05:27.450	02:03:34.250
5138	2302	Jorge Esteves	M-V45	Quarentões Na Bisga	02:05:28.710	02:03:38.133
5601	2303	Pedro Silva	M-V35	Individual	02:05:29.200	
8658	2304	Sara Laranjeira	F-Seniores	Lidl Team	02:05:30.013	02:04:21.513
6563	2305	Tiago Castro	M-Seniores	Individual	02:05:31.200	02:05:20.073
8345	2306	Vando Terra	M-Seniores	Six Senses Douro Valley	02:05:31.967	02:01:48.380
8344	2307	Mário Terra	M-Seniores	Six Senses Douro Valley	02:05:32.200	02:01:48.360
5223	2308	José Loureiro	M-V45	Amigos Da Montanha	02:05:32.450	02:04:46.153
7327	2309	Fernando Pinto	M-V45	We Rock	02:05:32.453	02:01:55.216
8076	2310	Marta Vicente	F-Seniores	Individual	02:05:33.950	02:02:11.827
5540	2311	Luís Sousa	M-V50	Individual	02:05:34.200	02:02:11.633
6295	2312	Sérgio Silva	M-V40	Individual	02:05:34.703	02:03:52.146
7095	2313	Ricardo Ferreira	M-Seniores	Flexas	02:05:36.700	02:01:46.110
6185	2314	Hugo Borges	M-V35	Individual	02:05:42.447	02:02:54.464
8014	2315	Pedro Couto	M-Seniores	Familia Opscut	02:05:42.947	02:01:10.120
9184	2316	Paula Moura	F-V40	Individual	02:05:43.700	02:02:43.740
5073	2317	Vasco Esteves	M-V45	Individual	02:05:45.457	02:02:42.910
5208	2318	Philip Kennedy	M-V45	Individual	02:05:46.950	02:04:03.473
5913	2319	Clara Gomes	F-Seniores	Individual	02:05:46.950	02:03:49.157
7992	2320	Nicolas Zapata	M-Seniores	Individual	02:05:50.200	02:02:03.957
7132	2321	Liliana Rodrigues	F-V40	Academia Fitness Militar	02:05:51.700	02:02:44.863
9140	2322	Bruno Carvalho	M-Seniores	Individual	02:05:51.950	02:03:19.350
5348	2323	Rui Amorim	M-V50	Invicta Runners Team	02:05:55.700	02:04:45.353
5648	2324	Vasco Alpalhão	M-V45	Conta Gotas	02:05:57.453	02:02:21.640
8270	2325	Moisés Borges	M-Seniores	Individual	02:05:58.457	01:56:04.894
7623	2326	Ana Torres	F-Seniores	Individual	02:05:58.700	01:56:02.333
5658	2327	Nuno Araújo	M-V40	Individual	02:05:59.237	02:04:18.200
8506	2328	Altino Silva	M-V55	Edp Runners	02:06:00.700	02:05:51.220
7334	2329	Jorge Fraga	M-V55	Amanhecer Da Raposa	02:06:01.200	02:01:59.260
6716	2330	Rita Coimbra	F-V40	Individual	02:06:03.700	02:05:02.030
8617	2331	António Oliveira	M-V50	Individual	02:06:06.700	02:05:33.380
8221	2332	Filipe Fernandes	M-Seniores	Individual	02:06:07.700	02:02:13.337
8868	2333	Luis Bento	M-Seniores	Individual	02:06:08.700	02:05:25.363
6034	2334	Joao Neves	M-V60	Individual	02:06:11.450	02:03:24.253
8113	2335	Pedro Melo	M-Seniores	Gensys	02:06:14.457	02:01:49.980
5610	2336	Duarte Oliveira	M-V40	Individual	02:06:15.200	02:02:32.263
5227	2337	Manuel Miranda	M-V55	Individual	02:06:15.457	02:02:14.110
8458	2338	Oscar Magalhaes	M-Seniores	Primos Meireles Da Cunha	02:06:16.203	02:02:27.453
7362	2339	Marcia Monteiro	F-Seniores	Run Friends	02:06:16.210	02:02:00.053
7361	2340	Jose Monteiro	M-Seniores	Run Friends	02:06:16.700	02:02:00.637

Dorsal	Lugar	Nome	Escalão	Equipa	Tempo	Chip
8260	2341	Davide Ribeiro	M-V35	Individual	02:06:17.700	02:03:53.663
8887	2342	Manuela Ferreira	F-V45	Individual	02:06:18.950	02:01:57.727
6879	2343	Silvia Gomes	F-Seniores	Individual	02:06:20.450	02:02:59.257
6878	2344	Pedro Lopes	M-V35	Individual	02:06:20.453	02:02:59.423
8055	2345	Bruno Martins	M-Seniores	Individual	02:06:21.720	02:06:01.633
6797	2346	Paula Couto	F-Seniores	Marinapaula	02:06:21.950	02:03:02.433
7677	2347	Sandrine Freitas	F-V35	Sociedade Recreio Capanense	02:06:22.207	02:02:56.630
8764	2348	Joaquim Velho	M-Seniores	Individual	02:06:22.207	02:03:27.007
5839	2349	Manuel Picardi	M-V40	Individual	02:06:23.213	02:03:47.033
8943	2350	Diogo Cunha	M-Seniores	Individual	02:06:23.743	02:02:04.650
9352	2351	Fernando Milheiro	M-Seniores	Individual	02:06:26.203	02:02:27.390
6429	2352	Cristiano Ferreira	M-V35	Feltrail	02:06:26.953	02:02:27.810
6426	2353	Adriano Marinho	M-V35	Feltrail	02:06:27.203	02:02:27.893
8157	2354	Cátia Tavares	F-Seniores	Individual	02:06:29.700	02:03:18.440
5525	2355	António Rodrigues	M-Seniores	Individual	02:06:33.960	02:03:27.280
5555	2356	Andreas Kern	M-V50	Individual	02:06:34.207	02:03:09.384
8927	2357	Solange Cabral	F-V40	Alexandra Carvalho Team	02:06:34.700	02:02:33.543
6885	2358	Carlos Ferreira	M-V45	Individual	02:06:35.200	02:04:16.253
7015	2359	João Pinheiro	M-Juniores	Individual	02:06:35.707	02:02:17.137
6494	2360	Ricardo Correia	M-Seniores	Individual	02:06:35.710	02:02:18.900
8351	2361	Mário Pereira	M-V40	Liberty Seguros	02:06:38.950	02:02:38.637
7576	2362	Baltazar Matos	M-V45	Campos&Matos	02:06:39.460	02:03:20.490
7842	2363	Marco Oliveira	M-Seniores	Individual	02:06:39.953	02:02:16.796
9159	2364	Rui Ramos	M-V40	Individual	02:06:40.203	02:02:48.410
5216	2365	Tiago Martins	M-Seniores	Individual	02:06:41.450	02:02:32.847
7335	2366	José Pereira	M-V45	Amanhecer Da Raposa	02:06:43.200	02:02:40.000
7014	2367	Luis Neves	M-V40	Individual	02:06:43.453	02:06:00.936
7671	2368	João Doellinger	M-V40	Sociedade Recreio Capanense	02:06:43.733	02:03:07.246
7583	2369	Francisco Oliveira	M-V55	Atletas Douro	02:06:44.200	02:02:32.847
7582	2370	Fernando Poças	M-V50	Atletas Douro	02:06:44.480	02:02:31.953
6514	2371	Francisco Teixeira	M-V40	Ama Associação Mondim Atletismo	02:06:45.200	02:06:13.753
9171	2372	Tiago Loureiro	M-Seniores	Individual	02:06:45.233	02:02:53.626
6709	2373	Mariana Abrunhosa	F-Seniores	Individual	02:06:47.200	02:02:20.883
6488	2374	Joao Antunes	M-V40	Individual	02:06:49.200	
5538	2375	Raquel Mendes	F-V35	Panzers	02:06:51.200	02:02:58.590
8319	2376	Catarina Santos	F-Seniores	Maisfit Runners	02:06:52.450	02:05:29.827
6578	2377	Nuno Henriques	M-V40	Individual	02:06:53.733	02:05:19.680
8640	2378	Ilídio Pires	M-V40	Lidl Team	02:06:53.950	02:05:43.133
8993	2379	Mario Nunes	M-V45	Individual	02:06:54.957	02:05:19.574
6208	2380	Maria Lourenço	F-V40	Portal Dos Clássicos	02:06:57.450	02:04:07.570
5972	2381	Pércio Folego	M-V60	Individual	02:06:58.203	02:03:01.776
8027	2382	Vania Amaral	F-V35	Individual	02:06:58.453	02:04:09.513
5623	2383	Victoria Mata	F-V60	Individual	02:06:58.703	02:06:42.243
6128	2384	Paulo Pinto	M-V45	Equipa P.P.	02:07:00.700	02:02:39.743
5842	2385	Manuel Dias	M-V50	Individual	02:07:01.700	02:04:33.787

Dorsal	Lugar	Nome	Escalão	Equipa	Tempo	Chip
5624	2386	João Fernandes	M-V45	Individual	02:07:01.980	02:03:55.493
6675	2387	Humberto Orfão	M-V50	Slow Show	02:07:03.227	02:04:23.137
6063	2388	Bruno Amarelo	M-V35	Individual	02:07:04.960	02:03:29.783
9075	2389	Jorge Loureiro	M-V50	Individual	02:07:05.203	02:03:02.436
6955	2390	Maria Monteiro	F-V40	Individual	02:07:06.460	02:03:01.933
7757	2391	Carlos Novais	M-Seniores	Individual	02:07:06.953	02:03:01.843
5205	2392	Orlando Silva	M-V45	Individual	02:07:07.203	02:04:47.940
7060	2393	Luis Carvalho	M-V40	Segurobraga	02:07:08.457	02:04:39.067
8572	2394	Maria Pereira	F-V45	Individual	02:07:08.457	02:05:22.520
8236	2395	Fernando Pinto	M-V35	Individual	02:07:10.200	02:04:34.027
7238	2396	Manuel Miranda	M-Seniores	Individual	02:07:10.960	02:03:09.730
7059	2397	Isabel Fernandes	F-Seniores	Segurobraga	02:07:11.450	02:04:42.243
5224	2398	Filipe Rodrigues	M-Seniores	Faustino'S Fans	02:07:12.230	02:03:31.017
8457	2399	Jorge Rodrigues	M-Seniores	Primos Meireles Da Cunha	02:07:13.453	02:03:21.256
8982	2400	Joseph Santos	M-Seniores	Eprégua	02:07:16.450	02:06:24.763
8142	2401	Paulo Silva	M-V40	Individual	02:07:17.957	02:02:57.247
5531	2402	Isabel Gomes	F-V40	Clube Desportivo Moitense	02:07:19.953	02:04:24.810
5533	2403	Jorge Gomes	M-V40	Clube Desportivo Moitense	02:07:20.203	02:04:25.096
7519	2404	Jamila Espinosa	F-Seniores	Individual	02:07:21.510	02:04:21.880
5378	2405	Artur Morais	M-V50	Individual	02:07:22.710	02:03:16.600
7345	2406	Luisa Vilela	F-Seniores	Individual	02:07:22.717	02:03:17.010
8634	2407	Emanuel Pais	M-Seniores	Lidl Team	02:07:22.717	02:06:01.970
7478	2408	Bruno Ferreira	M-Seniores	Spin&Run Esposende	02:07:23.460	02:03:53.583
6553	2409	Ivone Pardal	F-V40	Savate	02:07:23.953	02:06:57.776
5204	2410	Manuel Rosa	M-Seniores	Individual	02:07:25.707	02:04:32.817
9019	2411	Miguel Redmont	M-V45	Individual	02:07:25.977	02:03:43.224
8526	2412	José Anes	M-V50	Turbulentos	02:07:26.203	02:05:41.190
6148	2413	Teresa Silva	F-V45	Turbulentos	02:07:26.453	02:05:39.806
6827	2414	Maria Cstro	F-V50	Individual	02:07:27.703	02:06:29.266
8829	2415	Nádia Rodrigues	F-Seniores	Ecomobile - Aluguer De Automóveis	02:07:28.703	02:06:54.123
9226	2416	Carlos Linhares	M-Seniores	Individual	02:07:28.710	02:03:45.923
6939	2417	Tiago Feitais	M-Seniores	Gramoporta	02:07:29.207	02:04:03.687
6454	2418	Ângelo Santos	M-V45	Individual	02:07:29.500	02:03:18.743
7585	2419	Armando Pimenta	M-V60	Individual	02:07:29.953	02:05:57.006
6331	2420	Joaquim Rocha	M-V45	Bifase	02:07:29.960	02:05:13.727
7565	2421	Manuel Guedes	M-V40	Individual	02:07:30.457	02:04:03.224
7686	2422	Gabriela Gomes	F-V35	Individual	02:07:32.203	02:03:34.980
8531	2423	Roque Brandão	M-V40	Individual	02:07:32.203	02:05:32.596
5235	2424	Alexandre Leite	M-V40	Ss Montepio	02:07:34.470	02:03:19.203
8804	2425	Neuza Henriques	F-Seniores	Individual	02:07:34.953	02:04:38.850
6036	2426	Sandro Almeida	M-V40	Mov'Et	02:07:35.950	02:03:58.617
6919	2427	Nuno Duarte	M-Seniores	Individual	02:07:36.953	02:03:27.220
5236	2428	Alfredo Abreu	M-V45	Ss Montepio	02:07:38.267	02:03:15.027
6135	2429	Angelina Silva	F-V50	Individual	02:07:38.453	02:05:26.746
9087	2430	Mário Barradas	M-V50	Individual	02:07:38.710	02:04:14.177

Dorsal	Lugar	Nome	Escalão	Equipa	Tempo	Chip
8358	2431	Rita Monteiro	F-Seniores	Individual	02:07:39.703	02:05:27.930
7225	2432	Carlos Silva	M-V55	Os Cortiços	02:07:40.953	02:06:14.036
7391	2433	Lurdes Ferreira	F-V55	Aacr	02:07:47.200	02:07:14.113
9021	2434	Laura Fernandes	F-Seniores	Individual	02:07:47.703	02:06:44.983
6045	2435	Luis Costa	M-V40	Sport Fuller	02:07:48.210	02:04:03.590
5303	2436	José Oliveira	M-V50	Grupo A Bida É Bela	02:07:50.210	02:04:44.230
5599	2437	Diana Monteiro	F-Seniores	Individual	02:07:50.457	02:03:33.720
9155	2438	Pedro Ribeiro	M-Seniores	Hortinhas	02:07:51.453	02:05:28.660
8067	2439	António Meireles	M-Seniores	Individual	02:07:51.453	02:03:30.980
8274	2440	João Abrantes	M-V35	Individual	02:07:53.457	02:03:27.614
8394	2441	Nelson Santos	M-V40	Liketomove	02:07:53.703	02:06:12.953
7178	2442	Elisabete Pires	F-Seniores	Fantastic Four	02:07:54.453	02:05:50.653
7987	2443	Carlos Gonçalves	M-V40	Individual	02:07:55.207	02:07:31.844
8095	2444	Carlos Martins	M-V55	Individual	02:07:56.710	02:03:58.783
6557	2445	Rita Tojo	F-Seniores	Fast Turtles	02:07:56.953	02:05:50.716
6937	2446	Castelo Branco	M-Seniores	Gramoporta	02:07:56.997	02:04:30.810
7591	2447	Gil Carvalho	M-V55	Individual	02:07:59.703	02:06:15.666
9006	2448	Luis Araujo	M-V40	Individual	02:08:01.703	02:04:16.593
5817	2449	Igor Pereira	M-Seniores	Avc: Atletas Em Velocidade Condicionada	02:08:01.710	02:05:22.307
7310	2450	Nuno Dionísio	M-V35	Trindade Team	02:08:03.453	02:07:52.703
7309	2451	Alexandra Matos	F-Seniores	Trindade Team	02:08:03.703	02:07:52.386
7963	2452	Luís Simão	M-V45	Egis	02:08:03.983	02:05:51.300
7911	2453	Anabela Bordalo	F-V45	Aacr	02:08:07.203	02:07:32.510
5776	2454	Paulo Silva	M-V45	Iniciados	02:08:11.203	02:07:38.223
5777	2455	Paulo Ferreira	M-V35	Iniciados	02:08:11.460	02:07:37.837
5081	2456	Amilcar Povia	M-V60	C A. Amigos Parque Da Paz	02:08:12.203	02:08:04.700
6301	2457	Pedro Castro	M-V45	Individual	02:08:13.203	02:03:45.743
9170	2458	Nuno Macedo	M-Seniores	Individual	02:08:13.207	01:46:32.880
7928	2459	Mónica Oliveira	F-V35	Mcdb	02:08:13.230	02:04:59.470
7838	2460	Maria Fonseca	F-Seniores	Kalenji Runners Braga	02:08:13.457	02:06:55.254
5308	2461	Sergio Manuel	M-Seniores	Individual	02:08:16.460	02:05:27.957
5335	2462	Luis Matos	M-V45	Individual	02:08:17.703	02:04:55.606
8929	2463	Luis Serra	M-V60	Individual	02:08:19.713	02:06:59.523
5393	2464	Ricardo Oliveira	M-V35	Pés De Chumbo	02:08:21.700	02:06:14.963
5167	2465	António Vital	M-V60	Individual	02:08:23.453	02:07:41.656
6435	2466	Daniel Reis	M-Seniores	Individual	02:08:23.453	02:04:30.600
5692	2467	Tiago Ferreira	M-Seniores	Individual	02:08:23.703	02:06:32.053
7577	2468	Jorge Campos	M-V40	Campos&Matos	02:08:25.707	02:05:15.807
7279	2469	Sara Rocha	F-Seniores	Individual	02:08:25.707	02:05:48.874
7607	2470	Corinne Dossantos	F-Seniores	Borrachos Sem Fronteira	02:08:25.957	02:06:47.927
6985	2471	Fernando Matias	M-V60	Clube Colaboradores Ageas	02:08:29.953	02:07:24.456
5721	2472	Rui Lopes	M-V45	Individual	02:08:31.237	02:06:18.060
6702	2473	Hernâni Pinto	M-V35	Osdajoito Runners	02:08:31.723	02:04:36.723
7227	2474	Rui Franco	M-V40	Osdajoito Runners	02:08:31.723	02:04:35.133
6700	2475	Cátia Silva	F-Seniores	Osdajoito Runners	02:08:31.957	02:04:36.440

Dorsal	Lugar	Nome	Escalão	Equipa	Tempo	Chip
6705	2476	Raquel Oliveira	F-Seniores	Osdajoito Runners	02:08:31.970	02:04:24.957
8725	2477	Joana Pinto	F-Seniores	Individual	02:08:32.453	02:06:21.416
5246	2478	Hugo Lopes	M-V35	Ss Montepio	02:08:37.703	02:04:26.646
7527	2479	Miguel Silva	M-V40	Aorta Dilatada	02:08:41.203	02:04:05.740
6131	2480	Alzira Almeida	F-V40	Turbulentos	02:08:41.957	02:06:55.680
8194	2481	Cátia Dias	F-Seniores	Individual	02:08:42.203	02:08:08.960
9260	2482	André Sampaio	M-Seniores	Individual	02:08:43.203	02:05:46.886
6286	2483	João Colaço	M-V50	Individual	02:08:43.707	02:06:25.880
7619	2484	Tiago Almeida	M-Seniores	Individual	02:08:43.960	02:07:07.370
7217	2485	Ana Borges	F-Seniores	Ordinário Up	02:08:45.703	02:05:57.266
7036	2486	Luis Sousa	M-V45	Individual	02:08:46.980	
7000	2487	Marco Barros	M-V35	Clube De Atletismo Da Póvoa De Varzim	02:08:47.703	02:08:20.426
6941	2488	Vitor Peixoto	M-Seniores	Individual	02:08:48.207	02:04:45.370
8277	2489	Fernando Camarneiro	M-V55	Individual	02:08:48.733	02:04:21.326
6685	2490	Carlos Jesus	M-V60	G.D.C.T. Repsol Polímeros	02:08:50.463	02:05:25.153
7271	2491	Marta Oliveira	F-Seniores	Asphalt Assault Team	02:08:51.487	02:04:38.374
7812	2492	José Ferreira	M-V35	Rumo Aos 21K	02:08:51.707	02:06:49.934
7813	2493	Márcio Figueiredo	M-Seniores	Rumo Aos 21K	02:08:51.953	02:06:50.800
9324	2494	Francisco Galvão	M-V50	Individual	02:08:53.703	02:04:59.213
6183	2495	Cláudia Nunes	F-V35	Individual	02:08:54.453	02:05:02.716
5536	2496	Marco Carvalho	M-V40	Panzers	02:08:54.703	02:05:02.250
9323	2497	Domingos Pinto	M-V50	Individual	02:08:56.260	02:05:02.233
6910	2498	Justino Lopes	M-V55	Individual	02:08:57.453	02:05:04.336
9212	2499	Paulo Almeida	M-V40	Individual	02:08:59.703	02:07:21.926
7434	2500	Paula Anjos	F-V45	Keepmoving	02:09:03.703	02:07:53.220
5239	2501	Carlos Magalhães	M-V45	Ss Montepio	02:09:06.453	02:06:08.726
5831	2502	António Acebey	M-V40	Gerês Friends	02:09:09.453	02:05:18.336
5192	2503	Luis Almeida	M-V55	Simecq	02:09:14.203	02:06:56.673
7745	2504	Pedro Seixas	M-V40	Cmmc S. João Da Pesqueira 1	02:09:17.707	02:08:41.910
6841	2505	Luis Bilau	M-V60	Silvas	02:09:20.457	02:07:31.557
5786	2506	António Cabral	M-V50	Invicta Runners Team	02:09:21.460	02:05:17.693
7824	2507	Ana Martins	F-V45	Individual	02:09:22.207	02:08:21.137
9043	2508	Ângelo Lourenço	M-Seniores	Individual	02:09:22.453	02:08:30.983
7069	2509	Jorge Costa	M-Seniores	Beer And Gin Runners	02:09:23.983	02:05:26.873
6061	2510	António Pereira	M-V45	Individual	02:09:26.957	02:08:00.674
6641	2511	Warrick Smith	M-V55	Individual	02:09:27.470	02:06:36.960
8238	2512	Tânia Anjos	F-Seniores	Chokolindt	02:09:29.457	02:05:04.220
8237	2513	João Dias	M-Seniores	Chokolindt	02:09:29.463	02:05:03.936
7559	2514	Paulo Machado	M-V45	Individual	02:09:33.707	02:04:48.380
7049	2515	Ângelo Barros	M-V45	Individual	02:09:34.707	02:07:13.704
7738	2516	Miguel Sousa	M-V35	Individual	02:09:35.230	02:08:10.227
9073	2517	Antonio Conde	M-V50	Individual	02:09:37.213	02:07:23.346
6715	2518	Sergio Andrade	M-Seniores	Mendes De Andrade	02:09:37.457	02:06:02.000
5184	2519	Carlos Pires	M-V50	Individual	02:09:39.703	02:08:41.053
6967	2520	Rogério Madeira	M-V35	Bijagós	02:09:42.457	02:08:22.604



Dorsal	Lugar	Nome	Escalão	Equipa	Tempo	Chip
7168	2521	Scott Culp	M-V50	Individual	02:09:44.707	02:05:49.710
7760	2522	Sara Giestinhas	F-Seniores	Individual	02:09:45.957	02:08:49.760
7136	2523	José Lopes	M-V45	Individual	02:09:47.207	02:08:59.770
6565	2524	André Barbosa	M-Seniores	Zêzeretrek	02:09:48.707	02:09:28.434
5994	2525	Inês Pais	F-V35	Mov´Et	02:09:48.707	02:06:12.820
6351	2526	João Sobreiro	M-Seniores	Individual	02:09:49.207	02:06:44.530
6352	2527	Sara Meira	F-Seniores	Individual	02:09:49.207	02:06:44.480
7275	2528	Elizabete Amaral	F-Seniores	Caminhadas Runners	02:09:50.457	02:07:29.920
7612	2529	Eva Caetano	F-V35	Individual	02:09:52.207	02:07:28.540
8684	2530	Neuza Monteiro	F-V35	Individual	02:09:53.977	02:07:40.300
6463	2531	Pedro Costa	M-V40	Os Coxos	02:09:55.470	02:06:10.510
6461	2532	Ana Dias	M-V40	Os Coxos	02:09:55.707	02:06:10.774
5900	2533	Sónia Pereira	F-V40	Vai Lá Vai	02:09:56.457	02:07:35.384
5539	2534	Rui Lopes	M-V40	Panzers	02:09:57.770	02:06:06.033
6381	2535	Adelino Teixeira	M-V40	Individual	02:09:58.453	02:09:05.576
9100	2536	Carlos Costa	M-Seniores	Viseu360	02:09:58.967	02:08:17.184
7436	2537	Sónia Teixeira	F-V40	Keepmoving	02:10:01.963	02:08:51.683
7435	2538	Rita Araújo	F-V35	Keepmoving	02:10:01.967	02:08:52.527
5771	2539	Joaquim Rodrigues	M-V35	Individual	02:10:06.467	02:09:08.480
5917	2540	Sonia Serafim	F-V35	Juventude Desportiva Almansor	02:10:06.703	02:09:09.543
8164	2541	Jorge Rodrigues	M-Seniores	Individual	02:10:10.207	02:07:14.064
5262	2542	Carlos Rodrigues	M-V45	Individual	02:10:11.213	02:09:39.996
7564	2543	Nuno Maltez	M-V40	Individual	02:10:12.207	02:06:44.060
9084	2544	Rui Fernandes	M-V45	Individual	02:10:14.707	02:09:28.894
9082	2545	Francisco Reis	M-V45	Individual	02:10:14.957	02:09:30.300
5263	2546	Fernanda Rodrigues	F-V45	Individual	02:10:15.500	02:09:43.897
5579	2547	M.João Ribeiro	F-V35	Correr Em Évora	02:10:15.713	02:08:50.273
6639	2548	Paulo Rodrigues	M-V40	Sport Fuller	02:10:20.957	02:06:50.190
8214	2549	Nelson Correia	M-V35	Clube Zupper	02:10:23.457	02:08:43.010
5174	2550	Francisco Barreto	M-Seniores	Castêlo	02:10:24.457	02:07:40.247
5173	2551	Cristiano Pereira	M-V35	Castêlo	02:10:24.707	02:07:40.724
5175	2552	Nelson Pinto	M-V40	Castêlo	02:10:26.457	
9175	2553	Carlos Guedes	M-V45	Edp Runners	02:10:26.463	02:10:17.196
6220	2554	Iolanda Murtinheira	F-Seniores	Individual	02:10:26.747	02:07:36.707
8577	2555	Alberto Pinheiro	M-V40	Individual	02:10:27.457	02:10:01.890
8191	2556	Duarte Dias	M-V45	Individual	02:10:29.707	02:07:16.044
6628	2557	Luisa Mota	F-V35	Individual	02:10:35.963	02:07:00.580
8110	2558	Filipe Pimentel	M-Seniores	Individual	02:10:36.707	02:07:04.194
6866	2559	Nuno Plácido	M-Seniores	Danoninhos	02:10:41.207	02:06:04.647
8312	2560	Gil Couto	M-V35	Individual	02:10:41.713	02:01:25.076
8296	2561	Egídio Neves	M-Seniores	Individual	02:10:42.207	02:01:32.387
7840	2562	Bruno Silva	M-V35	Individual	02:10:42.207	02:01:31.880
5506	2563	Ricardo Ribeiro	M-Seniores	Individual	02:10:45.987	02:06:42.644
5392	2564	Leonardo Oliveira	M-V35	Pés De Chumbo	02:10:46.457	02:08:38.374
7080	2565	Mário Pimentel	M-V35	Individual	02:10:50.217	02:07:25.230

Dorsal	Lugar	Nome	Escalão	Equipa	Tempo	Chip
6925	2566	Maria Silva	F-V45	Individual	02:10:50.460	02:06:45.643
5264	2567	Cristiano Sousa	M-V45	Individual	02:10:51.230	02:08:28.973
7900	2568	Guilherme Machado	M-Seniores	Turbulentos	02:10:51.457	02:08:58.650
6060	2569	Carlos Llera	M-Seniores	Individual	02:10:54.473	02:09:42.563
6701	2570	David Simão	M-Seniores	Osdajoito Runners	02:10:54.487	02:06:57.694
6456	2571	Antonio Carvalho	M-V50	Individual	02:10:54.717	02:08:37.764
6457	2572	João Oliveira	M-V50	Individual	02:10:56.987	02:08:40.417
8178	2573	Pedro Silva	M-Seniores	Individual	02:10:58.717	02:08:42.054
6126	2574	Hernani Justino	F-V40	Correr Em Évora	02:10:58.957	02:09:33.517
8879	2575	Hugo Pinto	M-Seniores	Individual	02:11:03.463	02:06:21.976
8213	2576	Liliana Correia	F-V35	Clube Zupper	02:11:06.707	02:09:25.820
8913	2577	Ana Couraceiro	F-V40	Individual	02:11:11.460	02:06:42.127
8728	2578	Carla Couraceiro	F-Seniores	Individual	02:11:11.467	02:06:41.667
8687	2579	Avelino Nunes	M-V60	Individual	02:11:11.467	02:10:46.074
6332	2580	João Santos	M-V60	Veteranos De Massamá	02:11:12.707	02:10:24.690
6198	2581	Sara Machado	F-Seniores	Individual	02:11:14.207	02:08:09.704
6256	2582	Ana Paiva	F-V45	Individual	02:11:14.463	02:08:52.206
5901	2583	Álvaro Cardoso	M-V50	Nós Acreditamos	02:11:15.207	02:09:48.447
7172	2584	Miguel Paiva	M-Seniores	Individual	02:11:18.207	02:07:46.797
7170	2585	Carla Santos	F-V40	Individual	02:11:18.217	02:07:39.370
8424	2586	Renato Neves	M-V50	Confraria Do Asfalto	02:11:20.957	02:09:57.190
6998	2587	Adriana Ferreira	F-Seniores	Clube De Atletismo Da Póvoa De Varzim	02:11:21.707	02:10:54.830
7287	2588	Ricardo Pinto	M-Seniores	Drink Team	02:11:23.457	02:06:26.420
6546	2589	Angela Matos	F-Seniores	Os Moliços	02:11:24.217	02:08:50.820
8765	2590	Nuno Velho	M-Seniores	Individual	02:11:24.217	02:08:29.860
6548	2591	Nelson Oliveira	M-V35	Os Moliços	02:11:24.457	02:08:50.567
6542	2592	Paulo Rosária	M-V45	Slowdown Running	02:11:25.707	02:08:48.444
6550	2593	Rafael Simões	M-V45	Os Moliços	02:11:26.207	02:08:51.270
7252	2594	Nuno Dinis	M-Seniores	Os Tótòs	02:11:27.207	02:07:43.834
5295	2595	Susana Espada	F-Seniores	Individual	02:11:27.707	02:10:02.967
9350	2596	Ana Rodrigues	F-Seniores	Individual	02:11:30.457	02:07:31.767
5923	2597	Ana Leonor	F-V40	Clube De Atletismo Da Póvoa De Varzim	02:11:31.457	02:11:04.017
5671	2598	Carlos Filho	M-V40	Individual	02:11:31.957	02:07:43.997
5007	2599	Herminio Silva	M-V50	Individual	02:11:32.707	02:07:17.157
7054	2600	Helder Simoes	M-Seniores	Zaatam Runners	02:11:32.957	02:08:33.610
7093	2601	Carlos Martins	M-V50	Flexas	02:11:33.957	02:07:43.370
5315	2602	Luis Leite	M-V35	Individual	02:11:35.457	02:10:37.330
8704	2603	Manuel Ribeiro	M-V50	Turbulentos	02:11:35.987	02:09:41.380
6339	2604	Pedro Castro	M-Seniores	Tua Corre	02:11:38.707	02:10:56.270
9214	2605	Jose Bento	M-V45	Individual	02:11:38.717	02:09:05.490
8390	2606	André Santos	M-Seniores	Individual	02:11:39.957	02:08:35.934
5641	2607	Helena Azevedo	F-Seniores	Individual	02:11:39.967	02:09:19.954
8638	2608	Frederico Gomes??	M-Seniores	Lidl Team	02:11:40.217	02:10:24.820
5422	2609	Lúcio Tomé	M-Seniores	Chitas De Alcobaça	02:11:42.707	02:09:07.674
6747	2610	Andreia Pena	F-Seniores	Ó Da Guarda	02:11:43.207	02:08:31.610

Dorsal	Lugar	Nome	Escalão	Equipa	Tempo	Chip
6419	2611	Liliana Vilaça	F-V35	Kalenji Runners Braga	02:11:43.710	02:10:27.883
6555	2612	Carlos Alves	M-V50	Kalenji Runners Braga	02:11:44.460	02:10:26.447
6794	2613	José Pinto	M-V45	Individual	02:11:44.717	02:10:55.027
8578	2614	Nuno Santos	M-V35	Individual	02:11:45.707	02:08:44.100
5859	2615	Rui Costa	M-V40	Oldschool	02:11:45.717	02:06:54.650
5045	2616	Andreia Valério	F-V35	Individual	02:11:46.460	02:08:44.637
7307	2617	Inês Campos	F-Seniores	Academia Fitness Militar	02:11:46.960	02:08:42.233
7493	2618	Julio Henriques	M-V40	Individual	02:11:47.707	02:08:34.614
8980	2619	António Reis	M-V50	Eprégua	02:11:48.710	02:08:58.790
8986	2620	Rui Magalhães	M-V50	Eprégua	02:11:48.710	02:08:58.793
6757	2621	Nuno Gil	M-V35	Ó Da Guarda	02:11:48.740	02:08:30.110
6239	2622	Patricia Faria	F-Seniores	Individual	02:11:49.207	02:10:46.040
7453	2623	Rui Oliveira	M-Seniores	Gondomar Futsal Clube	02:11:50.467	02:09:41.300
8985	2624	Nuno Moreira	M-V35	Eprégua	02:11:52.740	02:09:03.597
5592	2625	Miguel Ribeiro	M-V35	Individual	02:11:52.957	
7848	2626	Sofia Ferreira	F-V40	Individual	02:11:55.210	02:09:15.673
8007	2627	José Ribeiro	M-V50	Individual	02:11:55.460	02:08:16.110
8557	2628	Ana Vieira	F-Seniores	Individual	02:11:57.457	02:10:24.270
8112	2629	Jose Silva	M-Seniores	Gensys	02:11:58.457	02:07:34.277
7980	2630	Casimiro Carneiro	M-V60	Ginasio Clube De Bragança	02:12:00.457	
7985	2631	Olimpia Santos	F-V50	Ginasio Clube De Bragança	02:12:00.707	02:08:57.697
6922	2632	Pedro Cruz	M-V40	Individual	02:12:00.977	02:03:12.537
5430	2633	Paulo Jorge	M-V45	Individual	02:12:01.460	02:07:42.653
6501	2634	Mariana Cabrita	F-Seniores	Adect	02:12:03.707	02:08:34.420
6502	2635	Susana Cabrita	F-Seniores	Adect	02:12:04.213	02:08:44.103
7155	2636	Marta Silva	F-Seniores	Individual	02:12:04.960	02:11:30.673
7077	2637	Conceição Rabaldo	F-V40	Clube De Atletismo Da Póvoa De Varzim	02:12:05.957	02:11:30.500
5763	2638	Cidalia Babo	F-V35	Se Tu Fores Eu Vou	02:12:06.457	02:10:50.247
8119	2639	Elisabete Fernandes	F-V40	Navr	02:12:06.710	02:08:42.603
6619	2640	João Santos	M-V40	G.D.C. Portos De Sines E Do Algarve	02:12:06.960	02:08:48.873
5764	2641	Marcos Ribeiro	M-V40	Se Tu Fores Eu Vou	02:12:07.230	02:10:50.267
5918	2642	Paulo Sanches	M-V50	Individual	02:12:10.717	02:09:38.864
7829	2643	Florbela Morais	F-V40	Correr Lisboa	02:12:10.960	02:08:54.977
5573	2644	Maria Barbosa	F-Seniores	Individual	02:12:11.707	02:08:08.477
5207	2645	Mário Pereira	M-V40	Hjk Gaia	02:12:13.483	02:09:28.076
7991	2646	Tiago Simões	M-Seniores	Os Marretas	02:12:13.483	02:08:12.910
5413	2647	Sergio Ferreira	M-V35	Individual	02:12:14.210	
7257	2648	Filipe Cavadas	M-Seniores	Individual	02:12:14.220	02:08:25.513
7258	2649	Daniel Martins	M-Seniores	Individual	02:12:14.460	02:08:25.750
8224	2650	Jacqueline Dias	F-V50	Tribo Nr	02:12:16.457	02:10:28.947
8464	2651	António Botelho	M-Seniores	Mdl278	02:12:16.967	02:11:11.517
6138	2652	Joana Pereira	F-Seniores	Turtles Runners	02:12:17.207	02:11:39.677
7226	2653	Maria Pinto	F-V60	Os Cortiços	02:12:18.710	02:11:32.937
5131	2654	Manuel Brites	M-V60	Os Cansados	02:12:19.210	02:09:29.740
9254	2655	Catarina Ferreira	F-Seniores	Individual	02:12:19.737	02:08:22.727

Dorsal	Lugar	Nome	Escalão	Equipa	Tempo	Chip
9255	2656	Pedro Paiva	M-Seniores	Individual	02:12:20.213	02:08:24.113
6620	2657	José Santos	M-V40	G.D.C. Portos De Sines E Do Algarve	02:12:21.710	02:09:06.290
6621	2658	Marisa Santos	F-V40	G.D.C. Portos De Sines E Do Algarve	02:12:21.960	02:09:06.617
6083	2659	Armando Gonçalves	M-V60	C.C.D. Das Autarquias De Almada	02:12:23.460	02:11:20.857
7849	2660	Ricardo Carneiro	M-V45	Individual	02:12:25.207	02:09:45.074
5503	2661	Jorge Sousa	M-V35	Pjr'S	02:12:26.710	02:08:32.467
6224	2662	Antonio Martinho	M-V60	Individual	02:12:28.710	02:10:12.283
8932	2663	Anabela Pinto	F-V50	Individual	02:12:34.210	02:08:42.823
8935	2664	Sergio Pinto	M-V50	Individual	02:12:34.210	02:08:42.873
8219	2665	Ana Melo	F-Seniores	Individual	02:12:34.710	02:11:23.150
6607	2666	Carlos Lira	M-V40	Aesthetical Team Running	02:12:35.710	02:11:46.993
5347	2667	Fernando Conceição	M-V50	Invicta Runners Team	02:12:36.457	02:08:32.150
6688	2668	João Cintra	M-V45	Grupo De Amigos Dos Amigos Das Corridas	02:12:39.460	02:09:20.753
6854	2669	Victor Calado	M-V45	Individual	02:12:42.460	02:10:27.667
6504	2670	Armando Pinto	M-V45	4A'S	02:12:44.460	02:11:51.253
7397	2671	José Gaspar	M-Seniores	Happy Runners	02:12:44.957	02:07:37.860
8544	2672	Catarina Vargas	F-V40	Grupo Desportivo Dos Ferroviários De Campanhã	02:12:45.497	02:11:18.044
5076	2673	Ana Teixeira	F-V50	Individual	02:12:48.960	02:08:47.073
7248	2674	Helena Sanches	F-V45	Academia Fitness Militar	02:12:49.960	02:09:43.813
6507	2675	Agostinho Cerqueira	M-V55	Ama Associação Mondim Atletismo	02:12:51.213	02:11:17.506
9167	2676	Nelson Neves	M-V40	Individual	02:12:52.207	02:10:46.017
5416	2677	António Nogueira	M-V40	Eu E Ela	02:12:53.210	02:09:43.230
5936	2678	Fernando Pereira	M-V50	Individual	02:12:54.710	02:12:18.007
8663	2679	Vitor Ramalho	M-Seniores	B.T.M.	02:12:55.217	02:08:31.874
8917	2680	António Marques	M-V45	Individual	02:12:55.460	02:12:40.990
8662	2681	Diana Lima	F-Seniores	B.T.M.	02:12:55.463	02:08:32.786
5035	2682	Sonia Carvalho	F-V40	Individual	02:12:57.010	02:08:41.463
6973	2683	Elizabeth Ortiz	F-V45	Individual	02:12:58.240	02:11:13.167
5252	2684	Júlio Santos	M-V40	Ss Montepio	02:12:59.210	02:08:48.433
6876	2685	Ricardo Branco	M-V45	Individual	02:12:59.467	02:10:20.984
8428	2686	António Lírio	M-V45	Individual	02:12:59.960	02:08:25.593
8430	2687	Carlos Lopes	M-V50	Individual	02:13:00.460	02:08:26.403
6117	2688	Isabel Pereira	F-V55	Individual	02:13:06.213	02:12:59.966
6116	2689	Armenio Sousa	M-V55	Individual	02:13:06.217	
5560	2690	Paulo Feiteira	M-V40	Vamos Lá	02:13:07.960	02:09:18.230
7750	2691	Joao Lourenco	M-V45	Individual	02:13:08.987	02:10:56.700
6846	2692	Lucia Martins	F-Seniores	O Mundo Da Corrida	02:13:11.457	02:09:51.520
6262	2693	Matilde Antunes	F-V45	Ambas	02:13:12.463	02:10:18.740
6713	2694	Filipe Costa	M-V45	Individual	02:13:12.710	02:10:18.493
9356	2695	Ana Granja	F-V40	Individual	02:13:14.707	02:08:45.660
9230	2696	Paulo Soares	M-V40	Individual	02:13:15.967	02:10:08.357
5117	2697	Jorge Lemos	M-V45	Individual	02:13:15.970	02:11:45.717
8115	2698	Fernanda Leão	F-V45	Nocturnos De Paredes	02:13:16.710	
6244	2699	Reine Muwana	F-Seniores	Individual	02:13:19.207	02:12:21.017
8667	2700	Vítor Vieira	M-V35	Vv Mv Vieira	02:13:19.710	02:09:27.307

Dorsal	Lugar	Nome	Escalão	Equipa	Tempo	Chip
5988	2701	Rosa Almeida	F-V35	Monte Dos Amigos /Juventude Ribeiras	02:13:21.210	02:10:17.243
7199	2702	Heitor Neto	M-Seniores	Os2horas	02:13:23.240	02:09:26.910
7154	2703	Pedro Araújo	M-Seniores	Individual	02:13:23.467	02:12:44.740
9111	2704	Susana Duarte	F-Seniores	Individual	02:13:28.960	02:10:37.503
5675	2705	Miguel Pereira	M-V40	Individual	02:13:31.977	02:10:17.317
5676	2706	Paula Sousa	F-V45	Individual	02:13:31.983	02:10:17.876
5663	2707	Raquel Neves	F-Seniores	Individual	02:13:32.463	02:09:16.246
5664	2708	Nelson Neves	M-Seniores	Individual	02:13:32.467	02:09:15.700
5043	2709	Antonio Sequeira	M-V45	Individual	02:13:34.727	02:09:27.167
5023	2710	Paulo Silva	M-V40	Individual	02:13:35.213	02:09:27.730
6359	2711	Jaime Reis	M-V40	Www.Thecutemommy.Com	02:13:35.960	02:10:24.480
8311	2712	Orlando Leal	M-V40	Individual	02:13:37.960	02:07:56.287
7457	2713	Alexandra Cardão	F-V55	Individual	02:13:39.467	02:11:27.814
5686	2714	José Robalo	M-V60	Correr Lisboa	02:13:39.960	02:11:27.610
6587	2715	Joao Orvalho	M-V55	Individual	02:13:41.977	02:12:49.680
6273	2716	Mário Silva	M-V45	Individual	02:13:42.460	02:12:43.470
6764	2717	Nuno Costa	M-Seniores	Individual	02:13:43.717	02:11:25.587
5338	2718	Pedro Serafim	M-Seniores	Individual	02:13:45.963	02:13:27.600
7053	2719	Ana Lopes	F-Seniores	Zaatam Runners	02:13:48.713	02:10:50.483
7759	2720	Ana Chatillon	F-Seniores	Individual	02:13:52.210	02:10:19.897
8832	2721	Raul Pereira	M-V55	Ecomobile - Aluguer De Automóveis	02:13:52.960	02:13:02.763
8011	2722	Liliana Simões	F-V40	Familia Opscut	02:13:54.967	02:10:32.914
6765	2723	Sofia Xavier	F-V35	Individual	02:13:56.223	02:12:31.976
5142	2724	Ricardo Figueiredo	M-V45	Quarentões Na Bisga	02:13:58.220	02:12:09.100
8871	2725	Orlando Ribeiro	M-V55	Individual	02:13:58.717	02:13:29.597
6574	2726	Filipe Amorim	M-Seniores	Individual	02:13:59.210	02:13:28.383
5344	2727	Carlos Jorge	M-V45		1971 02:14:00.210	02:09:41.327
5815	2728	Daniel Vargas	M-Seniores	Avc: Atletas Em Velocidade Condicionada	02:14:02.960	
7308	2729	Ricardo Amaro	M-V35	Academia Fitness Militar	02:14:03.960	02:10:58.583
7861	2730	Miguel Almeida	M-V45	Individual	02:14:04.963	02:09:31.866
6539	2731	Elsa Morgado	F-V45	Slowdown Running	02:14:05.713	
6538	2732	Dina Rodrigues	F-V45	Slowdown Running	02:14:05.977	02:11:28.560
7821	2733	António Fernandes	M-V40	Individual	02:14:05.977	02:09:48.390
5748	2734	Bruno Angelico	M-Seniores	Studio Fitness Dani R.	02:14:07.997	
5345	2735	Luís Silva	M-V45		1971 02:14:08.490	02:09:49.120
5226	2736	Paulo Santos	M-V50	Simecq	02:14:08.970	02:11:52.453
6826	2737	Maria Silva	F-Seniores	Individual	02:14:09.237	02:11:39.094
6377	2738	Paulo Paias	M-V35	Valejas A.C.	02:14:09.503	
5259	2739	Rui Carvalho	M-V35	Ss Montepio	02:14:11.963	02:09:44.233
6378	2740	Rita Corda	F-Seniores	Valejas A.C.	02:14:12.237	02:10:03.830
9064	2741	António Antunes	M-V45	Individual	02:14:12.973	02:11:22.883
9090	2742	Vítor Silva	M-Seniores	Pernetas	02:14:13.213	02:09:51.820
5245	2743	Francisco Moreira	M-V45	Ss Montepio	02:14:16.457	02:09:48.087
8790	2744	Joana Correia	F-Seniores	Individual	02:14:17.210	02:11:21.063
8727	2745	Custodio Freitas	M-V50	Individual	02:14:18.960	02:10:45.837

Dorsal	Lugar	Nome	Escalão	Equipa	Tempo	Chip
5999	2746	Kleber Ferrarresso	M-V45	Individual	02:14:19.960	02:13:59.183
6000	2747	Carla Matioli	F-V35	Individual	02:14:20.213	02:13:59.026
6752	2748	Cristina Pires	F-V50	Ó Da Guarda	02:14:22.713	02:11:13.453
5170	2749	Miguel Campo	M-V45	Individual	02:14:25.210	02:12:20.533
9373	2750	Virgílio Teixeira	M-Juniores	Individual	02:14:26.967	
6526	2751	Luís Fonseca	M-Seniores	Nokasteam	02:14:29.960	02:10:20.983
6490	2752	Carla Baptista	F-V45	Individual	02:14:30.960	02:12:00.003
6492	2753	Rodrigo Carreira	M-V45	Individual	02:14:30.967	02:11:59.244
8894	2754	Isidro Coelho	M-V50	Individual	02:14:31.740	02:09:59.127
8922	2755	Joaquim Ribeiro	M-V50	Individual	02:14:32.213	02:10:49.653
8657	2756	Sara Gonçalves	F-Seniores	Lidl Team	02:14:34.213	02:13:59.683
6449	2757	Rosa Vaz	F-V45	Braga A Correr	02:14:35.217	02:12:49.564
6347	2758	Carlos Videira	M-V60	Individual	02:14:38.217	02:10:54.530
9246	2759	Luís Matos	M-V55	N.A.Taipas	02:14:38.713	02:12:13.306
8129	2760	Tiago Matos	M-Seniores	Individual	02:14:39.960	02:10:53.010
7137	2761	Rui Ferreira	M-V40	Individual	02:14:41.963	02:12:48.670
8970	2762	Alexandre Cardoso	M-Seniores	Saudades Do Sofá Team	02:14:44.233	02:10:30.033
7468	2763	Daniel Lopes	M-Seniores	Individual	02:14:46.217	02:10:58.444
7353	2764	João Fonseca	M-V35	Individual	02:14:46.217	02:10:33.420
8575	2765	Manuel Santos	M-V50	Pupilos Do Zé Tó	02:14:47.467	02:13:33.087
7249	2766	Carla Pinto	F-V45	Kimkipa	02:14:47.473	02:13:35.106
5084	2767	Hóracio Ferreira	M-V35	Oliveirinhas	02:14:47.970	02:12:30.030
7211	2768	Ana Durães	F-Seniores	Tartarugas Ninja	02:14:48.713	02:12:35.830
7520	2769	Luís Martins	M-Seniores	Individual	02:14:48.720	02:11:54.040
6258	2770	Inácio Monteiro	M-V40	Individual	02:14:49.200	02:10:36.110
7594	2771	Rosarinho Botelho	F-Seniores	Rosarella	02:14:51.963	02:11:47.006
5215	2772	Rui Lo	M-Seniores	Individual	02:14:53.960	02:10:54.473
5666	2773	Albino Neves	M-V55	Individual	02:14:55.720	02:10:38.670
7703	2774	Nelson Santos	M-V40	Individual	02:14:55.720	02:13:21.613
5330	2775	Joana Matos	F-Seniores	Individual	02:14:55.970	02:12:05.053
7630	2776	Agostinha Gonçalves	F-V45	Sociedade Recreio Cepenense	02:14:56.213	02:13:05.176
6269	2777	Marlene Martins	F-V35	Individual	02:14:59.213	02:12:16.823
6804	2778	Tiago Lopes	M-V40	Individual	02:15:00.213	02:11:42.556
6791	2779	Joaquim Cruz	M-V40	Individual	02:15:00.463	
9195	2780	Pedro Pedroso	M-V40	Individual	02:15:04.963	02:10:49.863
9304	2781	Filipe Rios	M-V45	Individual	02:15:05.213	02:10:49.573
6356	2782	Tânia Vasconcelos	F-Seniores	10 Na Corrida	02:15:10.720	02:13:21.600
8304	2783	João Mota	M-Seniores	Porta 720	02:15:11.217	02:13:02.134
6103	2784	Carla Ribeiro	F-V45	Happy Runners	02:15:11.970	02:12:30.673
6104	2785	Miguel Ribeiro	M-V45	Happy Runners	02:15:12.213	02:12:20.243
8098	2786	Susana Marcelino	F-V40	Individual	02:15:15.963	02:10:51.093
6257	2787	Vitor Moreira	M-Seniores	Individual	02:15:18.963	02:13:14.730
6242	2788	Bruno Marques	M-Seniores	Individual	02:15:19.463	02:13:14.733
6711	2789	Joana Ramalho	F-Seniores	Individual	02:15:22.970	02:14:54.547
5231	2790	Sílvia Gomes	F-V35	Individual	02:15:23.217	02:11:41.697

Dorsal	Lugar	Nome	Escalão	Equipa	Tempo	Chip
5921	2791	Cláudia Carcau	F-V35	Invicta Runners Team	02:15:27.463	02:13:49.780
7439	2792	Carla Costa	F-Seniores	Feirenses	02:15:28.963	02:15:03.773
7599	2793	Thiago Espanha	M-V35	Individual	02:15:29.217	02:13:45.250
7578	2794	Silvia Vieira	F-Seniores	Individual	02:15:29.217	02:13:45.094
7328	2795	Teresa Miranda	F-Seniores	Correr Viseu	02:15:30.220	02:11:51.133
7293	2796	Ricardo Esteves	M-Seniores	Correr Viseu	02:15:30.710	02:11:40.663
7789	2797	Pedro Loureiro	M-V40	Os Isabelinhas	02:15:34.963	02:13:07.760
6444	2798	Isabel Veloso	F-V50	Braga A Correr	02:15:35.963	02:13:51.270
6445	2799	José Veloso	M-V55	Braga A Correr	02:15:35.967	02:13:50.490
6349	2800	Rui Reis	M-V45	Individual	02:15:36.713	02:12:25.530
6822	2801	Moiken Feddersen	F-V45	Individual	02:15:38.223	02:11:40.066
8378	2802	Carmen Amaro	F-V40	Navr	02:15:38.223	02:11:29.660
6052	2803	Joana Gorgueira	F-Seniores	Mijoca	02:15:39.217	02:14:06.840
6051	2804	Carlos Gomes	M-Seniores	Mijoca	02:15:39.223	02:14:07.203
8383	2805	Vasco Pires	M-V60	Navr	02:15:43.237	02:11:33.920
6285	2806	Albertino Lopes	M-V40	Individual	02:15:43.713	02:13:57.286
8609	2807	Cláudia Coelho	F-Seniores	Individual	02:15:44.713	02:14:59.723
8606	2808	Ana Moreira	F-V35	Individual	02:15:44.970	02:14:59.780
7476	2809	Nuno Bento	M-V40	Correr Viseu	02:15:46.963	02:12:00.170
8232	2810	José Pinheiro	M-Seniores	Individual	02:15:48.213	02:15:14.733
7408	2811	Diana Costa	F-Seniores	Run4us	02:15:50.720	02:12:12.027
6041	2812	Vitor Silva	F-V40	4Smile	02:15:50.967	02:14:13.184
8290	2813	Ludwig Schalk	M-V50	Egis	02:15:51.463	02:11:47.123
8163	2814	Ricardo Oliveira	M-V35	Individual	02:15:53.217	02:14:46.314
8376	2815	Cátia Sousa	F-Seniores	Individual	02:15:53.467	02:12:21.194
5725	2816	Miguel Santos	M-V55	Conta Gotas	02:15:55.463	02:12:19.490
7968	2817	Hugo Carvalho	M-Seniores	Individual	02:15:56.970	02:12:55.260
8828	2818	Jorge Santos	M-V40	Ecomobile - Aluguer De Automóveis	02:16:00.213	02:12:11.993
6652	2819	Ricardo Azevedo	M-V35	Individual	02:16:00.470	02:13:54.450
7104	2820	José Rocha	M-V40	Individual	02:16:02.463	02:11:26.556
8200	2821	Gustavo Pancas	M-V40	Sgb Consulting Team	02:16:05.213	02:15:13.696
7868	2822	Basílio Correia	M-V55	Individual	02:16:05.750	02:11:39.043
7165	2823	Rui Dias	M-V40	2112 & Companhia	02:16:07.217	02:12:39.104
6440	2824	Ana Queiróz	F-V40	Braga A Correr	02:16:07.963	02:14:23.223
6482	2825	Luís Ribeiro	M-Seniores	Individual	02:16:09.213	
8924	2826	Humberto Ribeiro	M-V45	Alexandra Carvalho Team	02:16:11.967	02:12:04.234
7152	2827	Susana Luís	F-V45	Lion Runners - G. D. Leões Da Guarda	02:16:13.463	02:15:30.360
7422	2828	Hugo Barros	M-V35	Powerrunners	02:16:19.713	02:12:58.640
9418	2829	Miguel Barbosa	M-Seniores	Powerrunners	02:16:20.713	02:12:59.076
6837	2830	Alfredo Silva	M-V40	Individual	02:16:21.967	
6858	2831	Fabio Lopes	M-Seniores	Biscoitos	02:16:23.467	02:16:23.467
8429	2832	Ricardo André	M-Seniores	Individual	02:16:24.967	02:12:28.170
5927	2833	Eduardo Amorim	M-V45	Individual	02:16:26.213	02:12:29.976
8487	2834	Armando Teixeira	M-V55	Individual	02:16:29.217	02:12:05.927
9284	2835	Luís Correia	M-V35	Six Senses Douro Valley	02:16:29.217	02:09:53.070

Dorsal	Lugar	Nome	Escalão	Equipa	Tempo	Chip
8708	2836	Nuno Fontes	M-V35	Trio Fantástico	02:16:30.717	02:14:00.030
7694	2837	Romulo Barretojr	M-V40	Individual	02:16:30.963	02:11:47.456
5843	2838	Jose Silva	M-V45	Torressilva	02:16:33.220	02:12:45.153
8707	2839	Miguel Mendes	M-V35	Trio Fantástico	02:16:36.240	
9243	2840	José Cruz	M-V60	N.A.Taipas	02:16:37.717	02:13:59.170
9250	2841	Natália Cruz	F-Seniores	N.A.Taipas	02:16:38.713	02:14:00.970
8844	2842	Ricardo Vilaça	M-Seniores	Individual	02:16:38.987	
9326	2843	João Lima	M-V50	Individual	02:16:39.717	02:12:44.714
5044	2844	Emanuel Mota	M-V40	Individual	02:16:40.713	02:13:05.440
7208	2845	Jorge Martins	M-V35	Botafrente	02:16:41.717	02:12:04.367
5810	2846	Paula Santos	F-V45	Individual	02:16:42.713	02:14:48.200
8295	2847	César Freitas	M-V35	Individual	02:16:43.220	02:15:40.353
9176	2848	Rui Freitas	M-V45	Edp Runners	02:16:43.717	02:16:43.717
7342	2849	Luísa Soares	F-V45	Sportarc.Running	02:16:43.967	02:16:04.327
9058	2850	Hugo Silva	M-Seniores	Individual	02:16:45.230	02:14:35.847
7922	2851	Elisabete Costa	F-V40	Correr Lisboa	02:16:45.713	02:15:34.196
5367	2852	Domingos Teixeira	M-V35	Individual	02:16:49.463	02:12:50.410
7528	2853	Hélder Pinho	M-V40	C. F. Oliveira Do Douro	02:16:50.217	02:13:21.697
7186	2854	Sofia Silva	F-Seniores	Hsantamariart	02:16:51.217	02:14:45.250
6267	2855	Joana Cunha	F-Seniores	Cunha/Nogueira	02:16:51.223	02:14:30.120
6880	2856	David Gonçalves	M-Seniores	Individual	02:16:56.463	02:12:26.533
6442	2857	Aurora Silva	F-V45	Braga A Correr	02:16:57.727	02:15:11.527
6446	2858	Manuela Matias	F-V40	Braga A Correr	02:16:57.967	02:15:12.137
7052	2859	José Fonseca	M-V55	Individual	02:16:57.967	02:15:12.034
7691	2860	Flavia Escobar	F-V35	Individual	02:16:58.963	02:16:04.930
5585	2861	Francisco Barbosa	M-V50	Individual	02:17:01.213	02:12:57.476
9163	2862	Ciaran Mccaffrey	M-V45	Individual	02:17:01.473	02:12:32.546
8781	2863	Alcides Freire	M-V45	Individual	02:17:03.217	02:14:04.544
5307	2864	Sónia Mamede	F-Seniores	Individual	02:17:03.717	02:16:13.797
5187	2865	Olga Galvão	F-V50	Simecq	02:17:03.720	02:14:46.727
5189	2866	Luis Coelho	M-V50	Simecq	02:17:03.980	02:14:47.313
5053	2867	Sónia Machado	F-V40	Ei Team Trail	02:17:04.967	02:15:01.330
5165	2868	Sofia Almeida	F-Seniores	Individual	02:17:08.223	02:14:04.396
6518	2869	Manuel Machado	M-V60	Ama Associação Mondim Atletismo	02:17:10.233	02:16:40.223
6759	2870	Palmira Baltazar	F-V50	Ó Da Guarda	02:17:11.217	02:14:01.984
6387	2871	Filipe Cunha	M-V35	Os Coxos	02:17:17.240	02:15:30.813
6353	2872	Rui Escalera	M-V40	Individual	02:17:17.717	02:12:48.380
6856	2873	Laise Bueno	F-Seniores	Individual	02:17:17.723	02:14:45.816
8373	2874	Emanuel Costa	M-Seniores	Costa	02:17:20.717	02:12:52.070
6992	2875	Mónica Sousa	F-V40	Clube Colaboradores Ageas	02:17:20.967	02:14:12.214
8799	2876	José Seca	M-V45	Individual	02:17:23.227	02:16:17.297
6978	2877	José Henriques	M-V45	Henvicam	02:17:23.973	02:15:09.556
8579	2878	Susana Costa	F-V40	Guardarunners	02:17:24.227	02:17:07.060
6787	2879	André Antunes	M-Seniores	Antunes Team	02:17:24.967	02:14:26.300
7010	2880	Ana Caetano	F-Seniores	Individual	02:17:25.223	02:14:08.900



Dorsal	Lugar	Nome	Escalão	Equipa	Tempo	Chip
9088	2881	Andre Coelho	M-Seniores	Individual	02:17:26.967	02:13:12.147
9089	2882	Bruno Cesar	M-Seniores	Individual	02:17:27.727	02:13:13.687
8803	2883	Cedrico Moderno	M-Seniores	Individual	02:17:30.967	02:15:17.384
7803	2884	Jose Neves	M-V55	Individual	02:17:31.717	02:14:47.260
7959	2885	Ana Brás	F-V40	Individual	02:17:32.227	02:14:31.907
7628	2886	José Pacheco	M-V40	Individual	02:17:32.470	02:15:38.343
7834	2887	Ana Loreto	F-V45	Individual	02:17:32.477	02:13:10.030
7410	2888	Manuel Costa	M-V55	Run4us	02:17:32.717	02:13:52.570
6392	2889	Elsa Cristina	F-Seniores	Twofind	02:17:32.737	02:12:58.340
6393	2890	Pedro Costa	M-Seniores	Twofind	02:17:32.737	02:12:57.814
7028	2891	Marta Pinto	F-Seniores	Vale Dos Fentos Lda	02:17:33.980	02:16:14.363
6084	2892	Joaquim Machado	M-V60	C.C.D. Das Autarquias De Almada	02:17:34.217	02:16:31.127
5336	2893	Francisco Barros	M-V35	Individual	02:17:34.967	02:13:39.734
5339	2894	Rogério Rocha	M-V45	Individual	02:17:35.230	02:13:39.967
7027	2895	Manuel Pinto	M-V50	Vale Dos Fentos Lda	02:17:39.217	02:16:29.290
5022	2896	Ludmilla Menezes	F-V40	Individual	02:17:41.217	02:16:02.230
8824	2897	Fernanda Coelho	F-V50	Ecomobile - Aluguer De Automóveis	02:17:41.490	02:15:04.510
8811	2898	Filipe Teles	M-Seniores	Individual	02:17:43.483	02:17:24.440
9186	2899	Serenela Fernandes	F-Seniores	Individual	02:17:43.483	02:17:24.920
7245	2900	Rafaela Sousa	F-Seniores	Individual	02:17:43.483	02:14:34.333
9192	2901	Carlos Dias	M-V55	Individual	02:17:43.967	02:14:50.807
9005	2902	Elisabete Merino	F-V35	Individual	02:17:44.717	02:14:35.974
6189	2903	Helder Alexandre	M-V40	Starfish	02:17:45.717	02:13:13.260
7285	2904	Miguel Além	M-V45	Individual	02:17:45.750	02:14:52.027
7358	2905	Elisa Gonçalves	F-V40	Atvr	02:17:45.967	02:14:20.494
5823	2906	Sofia Onofre	F-Seniores	Avc: Atletas Em Velocidade Condicionada	02:17:46.467	02:15:10.850
5087	2907	Joaquim Teixeira	M-Seniores	Couple	02:17:46.967	02:13:45.080
6617	2908	Fernando Fragateiro	M-V55	G.D.C. Portos De Sines E Do Algarve	02:17:47.217	02:14:27.930
5660	2909	Nuno Martins	M-V40	Individual	02:17:47.473	02:16:06.850
5657	2910	Ricardo Guimarães	M-V40	Individual	02:17:47.723	02:16:07.616
7016	2911	Berta Ferreira	F-V40	Porto Sentido Runners	02:17:48.217	02:14:24.670
5784	2912	Cátia Pinto	F-V35	Individual	02:17:56.467	02:13:51.887
7131	2913	Joao Rocha	M-Seniores	Individual	02:17:57.473	02:14:58.466
7613	2914	Joaquim Silva	M-Seniores	Individual	02:17:57.717	02:16:55.230
8823	2915	Délio Damas	M-Seniores	Ecomobile - Aluguer De Automóveis	02:17:57.970	
8820	2916	Ana Sande	F-Seniores	Ecomobile - Aluguer De Automóveis	02:17:58.717	02:17:12.740
9264	2917	Ernesto Fernandes	M-V50	Individual	02:17:58.717	02:16:26.387
6064	2918	Carlos Pardelinha	M-V60	Individual	02:17:59.470	02:15:48.697
8815	2919	André Moreira	M-V40	Ratinhos	02:17:59.970	02:14:38.660
7312	2920	Jorge Fins	M-V45	Individual	02:18:01.967	02:14:28.640
8689	2921	Milda Stankaityte	F-V35	Individual	02:18:06.217	02:15:14.080
9079	2922	Joao Silva	M-Seniores	Individual	02:18:09.467	02:14:03.514
7177	2923	Daniel Ribeiro	M-Seniores	Fantastic Four	02:18:11.723	02:16:01.650
7280	2924	Carlos Matoso	M-Seniores	Individual	02:18:11.977	02:14:39.730
7281	2925	Sophie Rossignol	F-Seniores	Individual	02:18:12.217	02:14:39.977

Dorsal	Lugar	Nome	Escalão	Equipa	Tempo	Chip
9096	2926	Pedro Almeida	M-V35	Campocheio Team	02:18:12.217	02:16:21.577
5032	2927	Jose Cardoso	M-V40	Individual	02:18:16.217	02:14:08.150
8393	2928	Marta Teixeira	F-V35	Individual	02:18:20.217	02:17:13.500
6938	2929	Sofia Moura	F-Seniores	Gramoporta	02:18:21.217	02:14:56.007
5121	2930	Vanda Gonçalves	F-V40	Baixinhas	02:18:21.717	02:15:50.190
7625	2931	Hélder Silva	M-Seniores	Individual	02:18:22.717	02:14:02.384
5698	2932	Sara Evangelista	F-Seniores	Samurais	02:18:27.970	02:17:15.733
5697	2933	Ana Freitas	F-Seniores	Samurais	02:18:28.217	02:17:15.594
7326	2934	Rui Trigueiro	M-V40	Academia Fitness Militar	02:18:29.973	02:14:06.090
8413	2935	Bárbara Raposo	F-Seniores	Individual	02:18:32.233	02:15:40.983
8243	2936	Ana Ferreira	F-V40	Individual	02:18:32.970	02:14:24.063
8240	2937	Anabela Miranda	F-V45	Individual	02:18:37.493	02:14:28.903
6637	2938	Mário Noronha	M-V35	Individual	02:18:39.217	02:17:02.524
9346	2939	José Cabral	M-V45	Individual	02:18:42.720	02:14:32.827
7919	2940	Amandio Ferreira	M-Seniores	Individual	02:18:43.467	02:13:51.037
7975	2941	Adriana Silva	F-V40	Individual	02:18:47.470	02:14:20.627
8588	2942	Paulo Mata	M-V50	Dnm Sport Team	02:18:53.470	02:14:26.143
8586	2943	Fernando Marques	M-V45	Dnm Sport Team	02:18:53.477	02:14:25.337
8587	2944	Orlando Martins	M-V40	Dnm Sport Team	02:18:53.720	02:14:25.833
9153	2945	Diogo Lopes	M-Seniores	Hortinhas	02:18:55.227	02:16:32.084
5690	2946	Fernando Silva	M-V50	Individual	02:18:56.467	02:15:28.440
6321	2947	Paulo Moreira	M-V40	Falsos Lentos	02:18:57.217	02:09:40.110
8452	2948	Carlos Silva	M-V35	Runners Sernancelhe Terra Da Castanha	02:19:00.970	02:15:16.490
8310	2949	Raul Amorim	M-V40	Individual	02:19:01.217	02:16:43.547
6171	2950	Nuno Horta	M-V40	Individual	02:19:03.220	02:16:35.100
5785	2951	Gonçalo Loureiro	M-V40	Individual	02:19:04.720	02:15:00.687
8843	2952	Alexandra Fonseca	F-V45	Individual	02:19:06.717	02:18:23.757
6072	2953	Rafael Pinto	M-Seniores	We Rock	02:19:07.967	02:15:30.114
8377	2954	Michael Costa	M-V35	Individual	02:19:10.470	02:15:35.957
6498	2955	Rui Ferreira	M-V55	Aceleras	02:19:12.973	02:14:40.510
6983	2956	Ana Matias	F-V50	Clube Colaboradores Ageas	02:19:14.467	02:17:21.290
8229	2957	Fernanda Lachado	F-V40	Individual	02:19:14.970	02:16:04.127
8703	2958	Ana Duarte	F-V35	Individual	02:19:14.970	02:16:03.877
7787	2959	Paula Campelo	F-V50	Os Isabelinhas	02:19:14.973	02:16:48.506
8338	2960	Cristofe Pedrinho	M-Seniores	Individual	02:19:18.913	02:15:31.803
7508	2961	Pedro Barbosa	M-V40	Individual	02:19:19.000	02:17:45.070
6689	2962	Susana Silva	F-V40	Grupo De Amigos Dos Amigos Das Corridas	02:19:20.220	02:15:56.543
8563	2963	Nando Pedro	M-Seniores	Individual	02:19:20.720	02:17:46.570
9282	2964	Ana Rufino	F-V35	Tribo Nr	02:19:22.467	02:17:33.290
5093	2965	José Santos	M-V50	Individual	02:19:24.717	02:16:12.990
7316	2966	José Azevedo	M-V40	Individual	02:19:26.470	02:17:55.120
7462	2967	Alcino Azevedo	M-V45	Individual	02:19:27.477	02:17:56.457
7347	2968	Mara Santos	F-Seniores	Liferunners	02:19:27.967	02:18:52.797
8135	2969	Catarina Costa	F-Seniores	Lousadarunners	02:19:29.470	02:16:21.940
8184	2970	Marisol Gomez	F-V45	Esprintes Ourense	02:19:36.003	02:17:51.690

Dorsal	Lugar	Nome	Escalão	Equipa	Tempo	Chip
8944	2971	Hudney Jesus	M-V35	Individual	02:19:36.467	02:15:17.257
7965	2972	Rui Couto	M-V35	Egis	02:19:37.493	
6874	2973	Luis Cruz	M-V40	Individual	02:19:38.227	02:17:23.710
6875	2974	Cláudia Marcelino	F-V35	Individual	02:19:38.467	02:17:24.050
7372	2975	Telmo Zegre	M-Seniores	Individual	02:19:38.503	02:15:07.573
7373	2976	Neuza Perpétuo	F-Seniores	Individual	02:19:38.503	02:15:00.076
6857	2977	Dina Bicá	F-V35	Individual	02:19:41.477	02:17:26.854
7166	2978	Afonso Correia	M-Seniores	Individual	02:19:41.970	02:16:39.707
8405	2979	José Lascasas	M-V45	Gondomar Futsal Clube	02:19:44.467	02:15:32.290
8856	2980	Ellen Theodoro	F-V35	Individual	02:19:48.227	02:15:55.940
7012	2981	Moisés Silva	M-Seniores	Individual	02:19:51.663	02:16:35.516
6611	2982	Sofia Ferreira	F-Seniores	Individual	02:19:55.983	02:16:13.563
6302	2983	Bruno Soares	M-Seniores	Individual	02:19:56.220	02:16:12.313
9070	2984	Filipe Lopes	M-V35	Individual	02:19:56.223	02:16:12.713
7195	2985	Ricardo Silva	M-V40	Firefightersteam	02:19:58.970	02:16:00.773
6167	2986	João Vilaça	M-V40	Individual	02:20:00.720	02:18:34.920
7194	2987	Maria Boas	F-V35	Firefightersteam	02:20:00.903	02:16:03.020
5404	2988	Tatiana Pinto	F-Seniores	Individual	02:20:05.227	02:16:50.574
5403	2989	Nuno Capela	M-V35	Individual	02:20:05.470	02:16:51.123
6453	2990	Ricardo Oliveira	M-V35	Godas	02:20:06.970	02:16:08.883
5858	2991	Rita Cruz	F-V35	Oldschool	02:20:07.737	02:15:16.950
5856	2992	Catarina Azevedo	F-V40	Oldschool	02:20:07.970	02:15:17.740
6017	2993	Gabriel Ferreira	M-V40	Individual	02:20:08.727	02:19:00.177
5542	2994	Sonia Neves	F-V40	Individual	02:20:08.730	02:19:00.047
5982	2995	Maria Quitéria	F-V40	Individual	02:20:10.737	02:16:28.094
7654	2996	Ana Pires	F-Seniores	Fantastic Four	02:20:10.970	02:18:02.730
7990	2997	Rodrigo Cordeiro	M-Seniores	Os Marretas	02:20:11.470	02:16:10.273
6855	2998	Pedro Oliveira	M-V40	Individual	02:20:15.470	02:18:00.353
5180	2999	Timothy Hill	M-V35	Casa Osorio	02:20:17.470	02:16:48.603
5179	3000	Liliana Osorio	F-Seniores	Casa Osorio	02:20:17.473	02:16:48.746
8967	3001	Eugénia Esteves	F-V40	Individual	02:20:19.220	02:17:10.243
7765	3002	Samuel Pinto	M-Seniores	Individual	02:20:19.903	02:16:04.153
8818	3003	Luís Cameirão	M-V35	Individual	02:20:20.470	02:15:38.413
7817	3004	Célia Carvalho	F-V40	Individual	02:20:23.227	02:16:00.744
9003	3005	Ricardo Freitas	M-Seniores	Individual	02:20:28.467	02:18:25.490
5868	3006	Odete Pimenta	F-V50	Faustino'S Fans	02:20:28.970	02:16:47.757
8827	3007	Filipe Ferreira	M-V50	Ecomobile - Aluguer De Automóveis	02:20:30.477	02:17:11.597
7571	3008	Pedro Rodrigues	M-V45	Individual	02:20:31.973	02:17:08.216
5783	3009	Tiago Faria	M-V40	Individual	02:20:38.967	02:19:01.920
5898	3010	Elisabete Rente	F-V35	Salseiros	02:20:45.470	02:17:33.043
6840	3011	Sandra Veloso	F-V35	Clube De Atletismo Da Póvoa De Varzim	02:20:47.220	02:20:19.150
6999	3012	Cristina Flores	F-V40	Clube De Atletismo Da Póvoa De Varzim	02:20:47.477	02:20:20.154
6861	3013	Naiara Back	F-Seniores	Individual	02:20:48.727	02:16:52.707
7575	3014	Paulo Gomes	M-V35	Runners Sernancelhe Terra Da Castanha	02:20:55.470	02:17:09.873
5010	3015	Ana Aguiar	F-Seniores	Individual	02:20:58.003	02:13:09.356

Dorsal	Lugar	Nome	Escalão	Equipa	Tempo	Chip
8911	3016	Rui Costa	M-Seniores	Individual	02:20:59.980	02:19:30.883
8910	3017	Ana Oliveira	F-Seniores	Individual	02:21:00.220	02:19:31.210
6372	3018	Rui Abreu	M-V45	Individual	02:21:02.003	02:20:20.683
7970	3019	Catarina Rolo	F-Seniores	Nem Sei Se Corra Se Ande	02:21:05.970	02:17:23.923
7971	3020	Cátia Câmara	F-Seniores	Nem Sei Se Corra Se Ande	02:21:06.973	02:17:24.303
5318	3021	Avelino Fernandes	M-V40	Cpr A-Do-Barbas	02:21:09.977	02:17:34.670
6217	3022	Armando Fernandes	M-V45	Codognotto	02:21:15.487	02:19:18.164
7102	3023	Clotilde Santos	F-V40	Individual	02:21:15.720	02:16:39.887
7105	3024	Lara Silva	F-Seniores	Individual	02:21:15.730	02:16:39.610
7003	3025	Liliana Gomes	F-V35	Individual	02:21:17.973	02:18:04.800
5876	3026	Pedro Costa	M-Seniores	Individual	02:21:17.980	02:19:12.460
5875	3027	Paulo Ferreira	M-Seniores	Individual	02:21:18.237	02:19:12.714
7447	3028	Paulo Ferreira	M-V40	Portocargo	02:21:18.470	02:17:03.980
6187	3029	Carlos Mustra	M-V40	Starfish	02:21:19.980	02:16:35.623
6188	3030	Catarina Fonseca	F-V40	Starfish	02:21:20.220	02:16:47.317
6345	3031	Alexandra Malhao	F-V40	Individual	02:21:30.723	02:18:42.340
7650	3032	Susana Rego	F-V40	Individual	02:21:30.973	02:18:43.316
5172	3033	Lúis Monteiro	M-V45	Individual	02:21:33.473	02:19:10.433
7393	3034	Zita João	F-V60	Aacr	02:21:37.720	02:21:03.337
8092	3035	Judite Sousa	F-V40	Aacr	02:21:37.973	02:21:03.226
8595	3036	Nuno Almeida	M-Seniores	Individual	02:21:40.723	02:17:17.803
7458	3037	Fátima Carvalho	F-Seniores	Individual	02:21:41.723	02:17:35.986
6172	3038	Filomena Gomes	F-V45	Individual	02:21:50.220	02:20:05.027
6370	3039	Rosa Silva	F-V45	Individual	02:21:50.470	02:20:05.517
8024	3040	Miguel Marques	M-V35	Individual	02:21:51.220	02:16:59.883
5757	3041	Ricardo Clemente	M-V45	Individual	02:21:52.227	02:18:04.777
7918	3042	João Rio	M-Seniores	Individual	02:21:55.723	02:17:02.983
5650	3043	Sofia Faria	F-Seniores	Pocariça Runners	02:21:56.230	02:18:13.667
5607	3044	Joaquim Magalhães	M-V40	Gaviaotrofa	02:21:56.723	02:18:27.730
6027	3045	Filipe Sousa	M-V40	Estrela Campo Da Aviação Fc Covilhã	02:22:00.223	02:20:47.223
7828	3046	Ana Mota	F-V40	Correr Lisboa	02:22:00.233	02:18:44.293
6040	3047	Rui Santos	M-V40	4Smile	02:22:01.470	02:20:24.333
8812	3048	Karin Teixeira	F-V35	Individual	02:22:03.223	02:21:40.086
7865	3049	António Gouveia	M-V55	Individual	02:22:09.720	02:17:40.123
7664	3050	Ana Freitas	F-V35	Sociedade Recreio Capanense	02:22:10.473	02:18:44.190
7536	3051	Marline Pereira	F-Seniores	Pereira-Vivas	02:22:12.480	02:18:39.353
7535	3052	José Vivas	M-Seniores	Pereira-Vivas	02:22:12.723	02:18:39.313
7602	3053	Paixao José	M-V60	Individual	02:22:14.470	02:18:53.983
5108	3054	Melanie Rodrigues	F-Seniores	Individual	02:22:17.473	02:20:11.703
6011	3055	Fernando Rodrigues	M-V45	Individual	02:22:19.473	02:19:45.416
5820	3056	Mariana Faria	F-Seniores	Avc: Atletas Em Velocidade Condicionada	02:22:21.227	02:19:46.097
5821	3057	Marisa Ferreira	F-Seniores	Avc: Atletas Em Velocidade Condicionada	02:22:21.227	02:19:42.477
5933	3058	Céline Leu	F-V35	Individual	02:22:25.473	02:18:51.296
9217	3059	Paulo Ferreira	M-Seniores	Individual	02:22:26.480	02:18:20.263
7041	3060	Carlos Vilafanha	M-V50	Individual	02:22:26.740	02:19:36.973

Dorsal	Lugar	Nome	Escalão	Equipa	Tempo	Chip
6877	3061	Vânia Rocha	F-Seniores	Individual	02:22:27.973	02:19:55.670
5811	3062	Tania Fernandes	F-V35	Individual	02:22:30.727	02:21:19.210
6924	3063	Nuno Machado	M-V40	Machados	02:22:33.220	02:18:10.773
8103	3064	Luis Gomes	M-Seniores	Individual	02:22:34.973	02:18:07.860
5813	3065	Sandro Fraga	M-Seniores	Individual	02:22:38.477	02:20:25.490
6823	3066	António Mota	M-V60	Individual	02:22:40.473	02:20:05.023
5276	3067	Sónia Pisco	F-V35	Individual	02:22:47.973	
6997	3068	Vanda Sequeira	F-V40	Clube Colaboradores Ageas	02:22:49.473	02:20:45.056
6754	3069	Francisco Vaz	M-V50	Ó Da Guarda	02:22:53.223	02:19:45.440
7404	3070	Sandra Duarte	F-Seniores	Individual	02:22:56.473	02:19:54.816
7927	3071	Cédric Rodrigues	M-V40	Mcdb	02:22:58.733	02:19:45.326
7056	3072	Marcia Lopes	F-Seniores	Zaatam Runners	02:23:01.473	02:20:03.246
9116	3073	Jorge Almeida	M-Seniores	Individual	02:23:02.997	02:19:23.244
5574	3074	Andre Reis	M-Seniores	Domoweb	02:23:08.473	02:20:33.436
5456	3075	Dianelys Caballero	F-V35	Nascidos Para Correr	02:23:17.983	02:22:52.200
7409	3076	Filipe Magalhães	M-V35	Run4us	02:23:19.223	02:19:38.700
6111	3077	Fernando Nunes	M-V40	Individual	02:23:20.980	02:21:15.843
8299	3078	Isabel Carvalho	F-V45	Pernetas	02:23:23.473	02:19:02.600
8908	3079	Miguel Dias	M-V45	Unicer Basto Team	02:23:25.227	02:18:55.210
7733	3080	Eugénia Azevedo	F-Seniores	Individual	02:23:26.727	02:19:51.674
9355	3081	João Sousa	M-V35	Individual	02:23:27.227	02:19:52.170
5572	3082	Sónia Brás	F-V35	Aventureiros	02:23:29.240	02:20:27.883
5832	3083	Bruno Gomes	M-Seniores	Gerês Friends	02:23:29.977	02:19:39.677
7855	3084	Isabel Dias	F-Seniores	Sousa Sport	02:23:32.733	02:22:38.093
5062	3085	Joao Nascimento	M-V50	Individual	02:23:33.477	02:19:39.654
6093	3086	Sílvia Oliveira	F-V35	Teamb	02:23:34.480	02:19:16.107
6582	3087	João Alves	M-Seniores	3Pernetas	02:23:34.723	02:19:32.863
6296	3088	João Chaib	M-Seniores	Individual	02:23:38.723	02:19:00.293
7460	3089	José Oliveira	M-V60	Individual	02:23:41.727	02:22:21.580
9215	3090	Joana Azevedo	F-Seniores	Individual	02:23:42.980	02:19:43.590
8473	3091	Sónia Nogueira	F-V40	Individual	02:23:43.473	02:23:23.880
9000	3092	Paula Santos	F-V45	All About Spirit Team	02:23:43.983	02:22:34.256
6181	3093	Jorge Vilaça	M-Seniores	Individual	02:23:44.727	02:20:56.517
6986	3094	Joana Morim	F-Seniores	Clube Colaboradores Ageas	02:23:45.727	02:21:52.557
6594	3095	João Moura	M-Seniores	Individual	02:23:50.977	02:22:53.457
8989	3096	Tiago Ferreira	M-V35	Eprégua	02:23:53.727	02:23:02.254
7229	3097	Cláudio Rebordão	M-V40	Brastuga	02:24:03.483	02:19:37.636
5597	3098	Joana Monteiro	F-Seniores	Individual	02:24:03.727	02:21:01.177
6237	3099	Paulo Trigo	M-V35	Runners Da Frente Ribeirinha Da Póvoa De S. Iria	02:24:05.727	02:23:14.950
8392	3100	João Oliveira	M-Seniores	Individual	02:24:06.723	02:23:00.003
7507	3101	Helena Lacerda	F-V50	Oculista Portas De Santo António	02:24:07.727	02:22:02.360
8453	3102	Claudio Vitorino	M-V35	Runners Sernancelhe Terra Da Castanha	02:24:10.727	02:20:25.530
6192	3103	Maria Marcelino	F-Seniores	Individual	02:24:13.227	02:20:51.964
9047	3104	Isabel Prates	F-V45	Individual	02:24:19.233	02:20:26.133
6089	3105	Beatriz Matias	F-V40	Individual	02:24:20.977	02:22:16.794

Dorsal	Lugar	Nome	Escalão	Equipa	Tempo	Chip
5826	3106	Ricardo Lampreia	M-V35	Individual	02:24:21.727	02:22:17.157
5278	3107	Joaquim Couto	M-V45	Individual	02:24:27.497	02:21:40.587
9271	3108	Tania Rocha	F-Seniores	Individual	02:24:33.977	02:20:01.844
5104	3109	Luis Nascimento	M-V50	Individual	02:24:38.483	02:20:43.246
5685	3110	Isabel Rodrigues	F-V40	Correr Lisboa	02:24:53.477	02:23:39.370
8354	3111	Telmo Freitas	M-Seniores	Liberty Seguros	02:24:53.480	02:20:53.367
6333	3112	Manuel Azevedo	M-V60	Veteranos De Massamá	02:24:53.733	02:24:00.950
8352	3113	Paulo Melo	M-V50	Liberty Seguros	02:24:55.233	02:20:54.003
8353	3114	Ricardo Oliveira	M-V35	Liberty Seguros	02:24:55.237	02:20:54.224
7570	3115	Margarida Santos	F-V40	Individual	02:24:55.977	02:21:19.274
7173	3116	Cláudia Silva	F-V35	Individual	02:25:01.497	02:22:36.850
6645	3117	Ana Oliveira	F-Seniores	Individual	02:25:04.227	02:21:23.744
6789	3118	Pedro Antunes	M-Seniores	Antunes Team	02:25:06.363	02:22:05.480
7428	3119	Humberto Torres	M-Seniores	Individual	02:25:06.977	02:21:17.950
8010	3120	Joel Pinto	M-Seniores	Familia Opscut	02:25:06.977	02:24:50.617
9293	3121	César Alves	M-V40	Afis/Ovar	02:25:08.980	02:22:41.903
5389	3122	Ismar Ferreira	M-V55	Individual	02:25:13.007	02:21:11.957
5745	3123	Maria Simões	F-V45	Individual	02:25:15.477	02:21:21.967
7534	3124	Vitor Brás	M-V40	Individual	02:25:16.247	02:20:56.177
5760	3125	Paulo Borges	M-V45	Individual	02:25:19.497	02:21:25.724
6605	3126	Maria Teles	F-Seniores	Individual	02:25:22.477	02:21:52.160
6535	3127	Andreia Costa	F-Seniores	Individual	02:25:22.487	02:21:52.550
6536	3128	Davide Pinto	M-Seniores	Individual	02:25:22.977	02:21:52.277
5106	3129	Pedro Monteiro	M-V40	Individual	02:25:27.477	02:22:19.480
8757	3130	Sofia Ferreira	F-Seniores	Individual	02:25:27.977	02:24:49.634
5294	3131	David Martins	M-Seniores	Individual	02:25:30.233	02:23:01.683
5292	3132	Ana Lage	F-Seniores	Individual	02:25:31.010	02:23:12.170
5437	3133	José Rebola	M-Seniores	Estreia Na Meia	02:25:35.227	02:20:54.610
8285	3134	Andrzej Gienieccko	M-V40	Egis	02:25:52.227	02:24:12.527
8666	3135	Miguel Vieira	M-V35	Vv Mv Vieira	02:25:54.477	02:22:01.327
6311	3136	Luisa Cunha	F-Seniores	Dragões	02:25:56.977	02:22:22.360
6251	3137	James Rawlins	M-V55	Individual	02:26:05.227	02:21:59.590
6252	3138	Lionel Fanshawe	M-V55	Individual	02:26:05.730	02:22:00.487
7123	3139	Manuel Ribeiro	M-V55	Ribeiros	02:26:05.977	02:23:01.577
6287	3140	Carla Silva	F-V40	Farmácia Lima Da Silva	02:26:14.477	02:22:28.137
6209	3141	Maria Olímpio	F-V50	Portal Dos Clássicos	02:26:15.977	02:23:26.557
8821	3142	Andreia Castro	F-Seniores	Ecomobile - Aluguer De Automóveis	02:26:16.477	02:21:50.024
6443	3143	Cláudia Rocha	F-V40	Braga A Correr	02:26:20.977	02:24:35.560
6788	3144	Fernando Antunes	M-V55	Antunes Team	02:26:21.727	02:23:22.684
6271	3145	João Teixeira	M-Seniores	Individual	02:26:24.227	02:21:46.510
6211	3146	Rui Poeira	M-V50	Portal Dos Clássicos	02:26:36.227	02:23:46.810
6031	3147	Sandra Miranda	F-V35	Movet	02:26:39.727	02:23:02.394
7926	3148	Francisco Roque	M-V60	Individual	02:26:40.743	02:21:34.386
7396	3149	Helena Fino	F-V55	Happy Runners	02:26:40.977	02:21:33.140
9334	3150	Emanuel Ferreira	M-Seniores	Hed	02:26:55.477	02:22:04.607

Dorsal	Lugar	Nome	Escalão	Equipa	Tempo	Chip
7340	3151	Paulo Pinho	M-V50	Os Kágados	02:26:55.727	02:22:36.340
7325	3152	Marta Prates	F-V40	Academia Fitness Militar	02:26:59.730	02:22:35.740
6929	3153	Cláudia Macara	F-V40	Academia Fitness Militar	02:26:59.737	02:23:51.784
6916	3154	Eunice Lourenço	F-V40	Academia Fitness Militar	02:26:59.980	02:23:53.793
6003	3155	Sofia Rosendo	F-V40	Sudoberry	02:27:03.977	02:23:43.930
5819	3156	Luís Fura	M-Seniores	Avc: Atletas Em Velocidade Condicionada	02:27:05.747	02:24:26.580
7455	3157	Manuel Craveiro	M-V55	Clube De Montanhismo De Braga	02:27:05.747	02:25:10.240
7424	3158	Rui Noddy	M-V35	Powerrunners	02:27:06.730	02:23:44.610
5041	3159	Joana Barbosa	F-V35	Ju & Mi	02:27:08.230	02:25:59.827
7580	3160	Filipa Campos	F-Seniores	Individual	02:27:14.987	02:24:05.840
7579	3161	Alexandra Campos	F-Seniores	Individual	02:27:15.480	02:24:05.957
8607	3162	Carolina Pinheiro	F-Seniores	Individual	02:27:18.977	02:23:48.524
6119	3163	Octávio Sacramento	M-V40	Individual	02:27:19.480	02:25:18.120
8525	3164	Helena Almeida	F-Seniores	Individual	02:27:22.257	02:23:51.757
7318	3165	Paulo Gonçalves	M-V45	Individual	02:27:22.730	02:24:55.017
7348	3166	Carla Ferreira	F-V35	Individual	02:27:23.980	02:25:18.020
5631	3167	Fernando Pereira	M-V45	Individual	02:27:29.983	02:25:27.233
6862	3168	Rosa Calado	F-V50	Individual	02:27:33.230	02:25:18.183
8648	3169	Nuno Ferreira	M-V35	Lidl Team	02:27:34.237	02:23:53.940
6640	3170	Melanie Bernstein	F-V45	Individual	02:27:36.980	02:24:54.433
5937	3171	Susana Ferreira	F-Seniores	Individual	02:27:40.980	02:26:09.713
7234	3172	Barbara Marco	F-Seniores	Individual	02:27:45.230	02:20:35.910
8925	3173	José Ribeiro	M-V50	Alexandra Carvalho Team	02:27:47.480	02:23:40.390
9032	3174	Diana Matias	F-V35	Alexandra Carvalho Team	02:27:47.730	02:23:44.270
9008	3175	César Rocha	M-V35	Alexandra Carvalho Team	02:27:47.980	
9107	3176	Carlos Gandra	M-V50	Individual	02:27:50.507	02:26:14.764
9108	3177	Sara Novais	F-Seniores	Individual	02:27:50.730	02:26:16.153
7639	3178	Isaura Almeida	F-V50	Sociedade Recreio Capanense	02:27:52.480	02:25:15.643
8012	3179	Luís Baptista	M-V45	Familia Opscut	02:27:54.730	02:24:31.030
8218	3180	Sílvia Sousa	F-V35	Individual	02:27:59.480	02:27:04.897
8144	3181	José Pereira	M-V55	Individual	02:28:05.237	02:23:38.244
8105	3182	Miguel Faria	M-V35	Individual	02:28:09.480	02:20:03.570
5715	3183	Vitor Cardoso	M-V40	Individual	02:28:14.487	02:24:24.190
7236	3184	Ciromar Souza	M-V45	Ferrari Runners	02:28:20.483	02:26:28.913
7923	3185	Carla Trindade	F-V35	Individual	02:28:26.490	02:23:59.123
7925	3186	Luis Trindade	M-Juniores	Individual	02:28:26.730	02:23:59.037
8387	3187	Luís Clemente	M-V40	Individual	02:28:28.233	02:25:44.666
8386	3188	Diana Valente	F-Seniores	Individual	02:28:28.240	02:25:44.670
5377	3189	Tiago Sousa	M-Seniores	Ele Cozinha, Ela Lava	02:28:28.480	02:24:33.763
6019	3190	Cedric Marta	M-Seniores	Individual	02:28:33.737	02:25:48.390
5558	3191	Raquel Campogrande	F-V40	Individual	02:28:35.483	02:25:42.200
5492	3192	Teresinha Castro	F-V35	Nascidos Para Correr	02:28:36.000	02:26:15.867
8851	3193	António Teixeira	M-V45	Individual	02:28:36.487	02:24:23.090
9351	3194	Andreia Machado	F-Seniores	Individual	02:28:37.233	02:24:38.380
9126	3195	Pedro Teixeira	M-Seniores	Individual	02:28:37.483	02:24:23.683

Dorsal	Lugar	Nome	Escalão	Equipa	Tempo	Chip
6175	3196	Paulo Silva	M-V40	Individual	02:28:41.480	02:25:36.067
6405	3197	Joaninha Silva	F-Seniores	Metralhas Runners	02:28:41.480	02:25:40.347
6404	3198	Artur Saraiva	M-V50	Metralhas Runners	02:28:41.983	02:25:40.273
7150	3199	Joana Martins	F-V40	Lion Runners - G. D. Leões Da Guarda	02:28:43.730	02:27:59.613
7151	3200	Raquel Santos	F-V35	Lion Runners - G. D. Leões Da Guarda	02:28:43.730	02:27:59.317
8963	3201	Cristina Gonçalves	F-V35	Individual	02:28:44.233	02:28:00.143
9310	3202	Manuel Chantre	M-V45	Individual	02:28:45.987	02:25:27.184
7219	3203	Mariana Sousa	F-Seniores	Ordinário Up	02:28:59.730	02:26:11.637
7074	3204	Manuela Ribeiro	F-V40	Conquistadores	02:29:15.730	02:26:19.097
8969	3205	Goreti Freitas	F-V45	Individual	02:29:19.230	02:26:09.830
5880	3206	Nuno Pereira	M-V35	Tartarugas Velozes	02:29:20.233	02:26:45.693
9363	3207	Luis Veloso	M-V40	Individual	02:29:22.740	02:27:51.283
8211	3208	João Ferreira	M-Seniores	Individual	02:29:31.507	02:25:07.664
7256	3209	Augusto Silva	M-V55	Individual	02:29:34.980	02:29:10.190
9205	3210	Maria Carneiro	F-V40	Individual	02:29:50.487	02:26:16.567
9220	3211	Jorge Lima	M-Seniores	Individual	02:29:52.733	02:25:40.406
8235	3212	Vera Simão	F-V35	Individual	02:29:56.233	02:29:24.516
8470	3213	Gustavo Jorge	M-V35	Individual	02:29:58.237	02:28:30.320
7554	3214	Isabel Blasi	F-V55	Individual	02:30:03.983	02:26:15.856
5513	3215	Jose Silva	M-Seniores	Moura Da Silva	02:30:04.733	02:26:23.156
7119	3216	Francisco Amável	M-V60	Gdbpi	02:30:15.483	02:28:48.526
5328	3217	Sandra Marques	F-Seniores	Os Conta-Kilómetros	02:30:18.733	02:27:42.513
6400	3218	João Meruje	M-V60	Correr Viseu	02:30:19.230	02:28:19.723
6388	3219	Ricardo Costa	M-V35	Os Coxos	02:30:19.983	02:28:26.693
6785	3220	Telma Pires	F-Seniores	Sabina&Telma	02:30:21.497	02:26:03.080
6001	3221	Luis Catita	M-V55	Mov'Et	02:30:28.237	02:26:51.287
7529	3222	Cátia Casanova	F-Seniores	Moscas Volantes	02:30:30.487	02:27:37.060
7781	3223	Augusta Mendes	F-V50	Os Isabelinhas	02:30:35.733	02:28:10.486
8000	3224	Sara Cardoso	F-Seniores	Individual	02:30:39.483	02:24:04.893
7532	3225	Pedro Fontes	M-V35	Individual	02:30:39.983	02:28:59.236
6450	3226	Ana Branco	F-V40	Individual	02:30:42.237	02:28:39.994
5145	3227	Júlio Castro	M-V50	Individual	02:30:45.517	02:26:50.360
7542	3228	Ricardo Costa	M-V35	Individual	02:30:49.483	02:26:28.206
7605	3229	Carla Baptista	F-V35	Individual	02:30:49.733	02:26:28.456
5140	3230	Luisa Costa	F-V45	Quarentões Na Bisga	02:30:52.483	02:29:02.680
5139	3231	Luis Costa	M-V50	Quarentões Na Bisga	02:30:52.990	02:29:02.410
7930	3232	Fatima Mesquita	F-V45	Individual	02:30:53.770	02:28:12.613
6907	3233	Cidália Soares	F-V40	Porto Sentido Runners	02:30:53.987	02:27:14.744
8272	3234	Susana Barcelos	F-V40	Individual	02:30:58.747	02:27:11.450
5011	3235	Albano Barcelos	M-V45	Individual	02:30:59.233	02:27:10.590
7511	3236	Tiago Correia	M-Seniores	Individual	02:31:01.487	02:27:14.534
8425	3237	Mário Montes	M-V50	Individual	02:31:08.983	02:28:02.433
5618	3238	Bruno Serafim	M-V35	Individual	02:31:14.757	02:30:30.767
6814	3239	Manuel Rodrigues	M-V50	Individual	02:31:16.503	02:30:45.836
8291	3240	Martin Koehler	M-V50	Egis	02:31:23.240	



Dorsal	Lugar	Nome	Escalão	Equipa	Tempo	Chip
7712	3241	Pedro Ponte	M-V55	Individual	02:31:26.983	02:30:23.120
6735	3242	Carla Dias	F-V45	2112 & Companhia	02:31:35.487	02:28:08.107
6708	3243	Margarida Silvestre	F-V35	Individual	02:31:35.983	02:29:27.216
9173	3244	Nuno Amaral	M-V35	Individual	02:31:38.733	02:27:28.413
8850	3245	Marlene Martins	F-Seniores	Individual	02:31:38.993	02:29:05.680
8849	3246	Katharina Lutz	F-Seniores	Individual	02:31:39.487	02:29:06.504
7771	3247	Patrick Santos	M-V35	Individual	02:31:55.737	02:30:33.730
6274	3248	Mònica Pedras	F-V35	Individual	02:31:56.987	02:30:57.820
7562	3249	Rui Rocha	M-Seniores	Individual	02:31:58.487	
7482	3250	Ana Antunes	F-V35	Almostrunners	02:32:05.487	02:28:43.177
7486	3251	Renato Antunes	M-V35	Almostrunners	02:32:05.987	02:28:44.054
7942	3252	Sónia Teixeira	F-Seniores	Sabro	02:32:11.993	02:27:40.116
8768	3253	João Garrido	M-V45	Valadares Running	02:32:12.987	02:27:49.434
8769	3254	José Alberto	M-V45	Valadares Running	02:32:12.987	02:27:49.827
6033	3255	Romulo Cunha	M-V50	Zksport	02:32:22.487	02:28:26.784
7941	3256	Inês Santos	F-V35	Sabro	02:32:25.297	02:27:54.257
8139	3257	Joana Silva	F-Seniores	Individual	02:32:25.993	02:27:57.130
7171	3258	Michel Pestana	M-V35	Individual	02:32:33.237	02:28:49.070
6603	3259	Manuela Ribeiro	F-V60	Individual	02:32:39.987	02:30:57.440
8084	3260	Adolfo Martingo	M-Seniores	Hsantamariart	02:32:44.737	02:28:16.557
8089	3261	Maria Ribeiro	F-Seniores	Hsantamariart	02:32:44.987	02:28:16.337
9055	3262	Carla Marinho	F-Seniores	Bombas Calóricas	02:32:50.737	02:29:08.920
9056	3263	Fernanda Brochado	F-V35	Bombas Calóricas	02:32:50.737	02:29:08.917
5486	3264	Pedro Farinha	M-V40	Nascidos Para Correr	02:32:55.737	02:30:35.450
6883	3265	Anabela Silva	F-V50	Individual	02:32:56.487	02:29:39.067
5478	3266	José Neves	M-V55	Nascidos Para Correr	02:32:56.737	02:30:37.107
6437	3267	Sofia Costa	F-V35	Individual	02:33:00.487	02:29:07.184
6898	3268	Rui Barbosa	M-V40	Individual	02:33:01.007	02:29:41.690
6712	3269	Cinzia Xavier	F-Seniores	Individual	02:33:04.237	02:32:37.410
5508	3270	Luis Oliveira	M-V40	Individual	02:33:08.747	02:29:25.200
8604	3271	Florêncio Vaz	M-V40	Mário Silva Running	02:33:15.743	02:29:44.016
7023	3272	Luís Miranda	M-Seniores	Individual	02:33:21.993	02:29:21.706
6796	3273	Marina Traça	F-V50	Marinapaula	02:33:23.237	02:30:03.727
5963	3274	Eufémia Diegues	F-V55	Individual	02:33:25.497	02:31:23.554
5962	3275	Delmar Domingues	M-V55	Individual	02:33:25.753	02:31:24.443
7346	3276	Emanuel Marto	M-Seniores	Liferunners	02:33:28.737	02:32:52.560
8258	3277	André Ponte	M-Seniores	Individual	02:33:33.987	02:28:51.927
7094	3278	Luís Gomes	M-V50	Flexas	02:33:47.237	02:29:56.310
9314	3279	Aida Linhares	F-V45	Individual	02:33:50.487	02:29:49.474
8040	3280	Pedro Fraga	M-V45	Individual	02:33:53.487	02:31:30.137
7141	3281	José Silva	M-V50	Oldschool	02:34:01.493	02:29:13.160
7140	3282	Claudia Pinho	F-Seniores	Oldschool	02:34:01.743	02:29:13.716
6590	3283	Cristiana Martins	F-V35	Individual	02:34:04.993	02:31:56.216
7704	3284	Carla Araújo	F-V35	Team Lantermil	02:34:05.737	02:31:56.910
6869	3285	Teresa Felizardo	F-Seniores	Danoninhos	02:34:05.740	02:29:27.743

Dorsal	Lugar	Nome	Escalão	Equipa	Tempo	Chip
6722	3286	Joana Leite	F-Seniores	Individual	02:34:14.487	02:30:48.014
6294	3287	Robert Sawers	M-V55	Individual	02:34:15.487	02:30:08.364
7545	3288	José Aleixo	M-Seniores	Fgj	02:34:30.487	02:31:26.524
8039	3289	Sérgio Paiva	M-V45	Individual	02:34:32.237	02:31:41.067
6219	3290	Jorge Simoes	M-V40	Codognotto	02:34:36.493	02:32:39.906
6583	3291	Salomé Fonseca	F-V35	3Pernetas	02:34:38.490	02:30:37.180
8195	3292	Maria Vitorino	F-Seniores	Individual	02:34:39.737	02:34:06.507
6527	3293	Luís Santos	M-Seniores	Nokasteam	02:34:43.490	02:33:15.133
5882	3294	Maria Fernandes	F-V40	Salseiros	02:34:54.490	02:31:40.917
5719	3295	Helimar Oliveira	F-V35	Individual	02:34:55.247	02:30:24.814
9221	3296	Joao Pinto	M-Seniores	Individual	02:34:57.237	02:30:41.780
7387	3297	Adelina Soares	F-V45	Papa-Léguas	02:35:00.740	02:34:36.007
5048	3298	João Carrinho	M-V50	Individual	02:35:03.740	02:33:37.797
8966	3299	Fernanda Lopes	F-V40	Individual	02:35:11.487	02:32:02.910
5020	3300	Antonio Nascimento	M-V60	Individual	02:35:11.740	02:31:17.027
5914	3301	Rejane Silva	F-V45	Individual	02:35:11.747	02:31:18.744
6048	3302	Miguel Pais	M-V40	Vericious	02:35:24.487	02:31:02.237
8750	3303	João Bandeira	M-V45	Individual	02:35:27.497	02:31:10.110
8751	3304	Ana Norim	F-V45	Individual	02:35:32.017	02:31:15.060
8931	3305	Emilia Araujo	F-V45	Individual	02:35:34.740	02:34:29.850
7544	3306	Jessica Harvey	F-Seniores	Fgj	02:35:38.490	02:32:34.827
8921	3307	Alexandre Fernandes	M-V35	Individual	02:35:39.247	02:31:21.660
7354	3308	Rute Santos	F-Seniores	Individual	02:35:43.487	02:32:12.684
7046	3309	Alexandre Freitas	M-Seniores	Nobrand	02:35:51.987	02:31:48.757
8107	3310	Nuno Freitas	M-V45	Individual	02:35:52.747	02:33:56.450
8108	3311	Verónica Araújo	F-Seniores	Individual	02:35:52.750	02:33:55.913
8698	3312	Carla Moreira	F-V40	Individual	02:35:54.247	02:31:43.280
5854	3313	Marília Cunha	F-Seniores	Individual	02:36:05.987	02:31:28.590
6581	3314	Dania Teixeira	F-V35	3Pernetas	02:36:06.997	02:32:04.780
8161	3315	Liliana Santos	F-Seniores	Pupylily	02:36:09.240	02:33:19.323
8162	3316	Pedro Lopes	M-Seniores	Pupylily	02:36:09.990	02:33:18.147
7169	3317	Margarida Oliveira	F-V40	Individual	02:36:11.490	02:35:46.703
6524	3318	Ines Silva	F-Seniores	Oldschool	02:36:11.743	02:31:23.676
5857	3319	Pedro Cruz	M-V35	Oldschool	02:36:11.747	02:31:23.834
7634	3320	Catarina Freitas	F-V40	Sociedade Recreio Capanense	02:36:13.740	02:32:45.687
7802	3321	Raluca Poenar	F-Seniores	Individual	02:36:26.283	02:31:38.756
6306	3322	María Ribeiro	F-Seniores	Team Ribsol	02:36:27.490	02:33:30.300
6305	3323	Guilherme Lima	M-Seniores	Team Ribsol	02:36:28.507	02:33:31.274
8230	3324	Henrique Ferraz	M-V40	Individual	02:36:28.507	02:35:57.900
8356	3325	Ana Pacheco	F-Seniores	Paredes Aventura	02:36:28.510	02:32:12.647
6307	3326	Paulo Ribeiro	M-V45	Team Ribsol	02:36:30.990	02:33:33.767
8331	3327	Claudio Carneiro	M-V35	Kilosmoda	02:36:36.240	02:35:43.503
7420	3328	Hugo Rodrigues	M-V40	Na Meta Há Almoço?	02:36:38.490	02:33:15.693
5499	3329	Fenando Soares	M-V50	Ginasio Clube Santo Tirso	02:36:41.017	02:35:48.277
7441	3330	José Paiva	M-Seniores	Individual	02:37:24.490	

Dorsal	Lugar	Nome	Escalão	Equipa	Tempo	Chip
5589	3331	Ana Ferreira	F-Seniores	Individual	02:37:26.257	02:35:24.670
5591	3332	Manuel Ferreira	M-V55	Individual	02:37:26.493	02:35:25.076
7164	3333	Carla Leal	F-Seniores	Individual	02:37:29.247	02:35:23.614
6704	3334	Pedro Diogo	M-Seniores	Osdajoito Runners	02:37:31.750	02:33:34.663
6699	3335	Catarina Pinto	F-Seniores	Osdajoito Runners	02:37:31.750	02:33:34.897
5909	3336	Ricardo Carvalho	M-V35	Nós Acreditamos	02:37:35.993	02:35:43.446
5881	3337	Jorge Ramirez	M-V45	Salseiros	02:37:38.750	02:34:25.163
7300	3338	Alexandra Silva	F-V40	Ginjinha Runners	02:37:39.250	02:33:09.913
7149	3339	Eduardo Coelho	M-Seniores	Individual	02:37:40.750	02:32:42.753
7286	3340	Antonio Gomes	M-Seniores	Drink Team	02:37:40.993	02:32:44.036
7096	3341	Bruno Coutinho	M-Seniores	Individual	02:37:40.997	02:32:43.320
7116	3342	Ana Marques	F-Seniores	Academia Fitness Militar	02:37:41.490	02:34:33.633
7092	3343	Armando Lobato	M-V50	Flexas	02:37:45.743	02:33:55.336
9046	3344	Susana Castro	F-V40	Acrd Psp Runners	02:37:53.500	02:36:33.113
6714	3345	Raquel Mendes	F-Seniores	Mendes De Andrade	02:38:11.243	02:34:36.320
9285	3346	Jose Pinto	M-V45	Individual	02:38:12.253	02:33:58.950
9348	3347	Jorge Soares	M-V40	Individual	02:38:12.490	02:33:58.830
5002	3348	Daniela Pereira	F-Seniores	Individual	02:38:14.743	02:30:11.676
5012	3349	Vinicius Lapa	M-V35	Individual	02:38:15.243	02:30:06.686
7237	3350	Isabel Curtinhas	F-V50	Ferrari Runners	02:38:45.243	02:36:54.436
7933	3351	Bessa Leite	M-V45	Pupilos Do Zé Tó	02:38:45.997	02:37:30.917
5518	3352	Fernando Ferreira	M-V45	Individual	02:38:47.497	02:34:37.800
6288	3353	Cristina Lourenço	F-V45	Farmácia Lima Da Silva	02:38:47.743	02:35:01.223
7282	3354	Catia Moreira	F-Seniores	Individual	02:38:48.243	02:36:15.510
5385	3355	Rui Campos	M-V40	Individual	02:38:51.247	02:36:14.557
9119	3356	Pedro Costa	M-Seniores	Individual	02:38:51.247	02:36:13.637
9118	3357	Bruno Costa	M-Seniores	Individual	02:38:51.257	02:36:13.420
6845	3358	Inês Lagoa	F-Seniores	Lobo	02:38:53.753	02:38:25.526
7485	3359	Miguel Magalhães	M-V35	Almostrunners	02:38:53.997	02:35:30.394
4039	3360	José Quaresma	M-V45	Individual	02:38:59.247	02:38:55.744
6643	3361	Davide Patricio	M-V50	Individual	02:39:04.993	02:35:43.353
8598	3362	Mauro Canário	M-Seniores	Individual	02:39:07.753	02:35:18.553
6842	3363	Rosa Bispo	F-V55	Individual	02:39:09.747	02:35:50.634
9258	3364	Clara Costa	F-Seniores	Individual	02:39:10.997	02:35:56.850
6013	3365	Daniela Oliveira	F-Seniores	Teamb	02:39:12.497	02:34:54.154
6014	3366	Ricardo Granja	M-Seniores	Teamb	02:39:12.993	02:34:54.066
6074	3367	Carlos Machado	M-V40	Individual	02:39:14.993	02:36:28.946
6073	3368	Jorge Ferreira	M-V60	Individual	02:39:21.763	02:36:35.676
6894	3369	Paulo Ribeiro	M-V40	Individual	02:39:41.503	02:36:35.463
6889	3370	Marta Passos	F-V35	Individual	02:39:41.993	02:36:36.673
7495	3371	Manuel Pinto	M-V45	Tugas	02:39:47.997	02:36:32.180
7406	3372	Julio Silva	M-V35	Casal2	02:39:51.497	02:37:18.224
7407	3373	Manuela Rodrigues	F-V35	Casal2	02:39:51.497	02:37:18.224
8636	3374	Eurico Vicente	M-Seniores	Lidl Team	02:39:59.997	02:38:48.910
8094	3375	Cristina Soares	F-V50	Individual	02:40:10.497	02:38:57.580

Dorsal	Lugar	Nome	Escalão	Equipa	Tempo	Chip
8072	3376	António Soares	M-V55	Individual	02:40:10.497	02:38:56.200
8086	3377	Emilia Pires	F-V55	Hsantamariart	02:40:12.247	02:35:43.544
6197	3378	Miguel Pinto	M-V45	Individual	02:40:13.747	02:37:08.367
5155	3379	Eduardo Santos	M-V60	Individual	02:40:15.247	02:40:04.910
5727	3380	Sofia Bizarro	F-V45	Individual	02:40:19.497	02:39:22.744
5071	3381	Maria Morais	F-V45	Cmc	02:40:33.993	02:38:06.003
5995	3382	Miriam Vistas	F-V35	Mov'Et	02:40:37.003	02:37:00.830
6847	3383	Sergio Marques	M-Seniores	O Mundo Da Corrida	02:40:50.997	02:37:30.014
7175	3384	Aline Santos	F-V35	Vision Runners	02:41:17.747	02:38:24.517
7176	3385	Fabio Gaudencio	M-Seniores	Vision Runners	02:41:21.767	02:38:28.127
6865	3386	Luis Leal	M-Seniores	Danoninhos	02:41:23.997	02:36:46.480
7425	3387	Claudia Oliveira	F-V40	Cdc	02:41:24.997	
8739	3388	Hugo Couto	M-V35	Individual	02:41:31.247	02:38:43.750
9146	3389	Susana Moreira	F-V35	Individual	02:41:31.500	02:38:45.843
7555	3390	Sandra Pina	F-V40	Individual	02:41:31.500	02:38:45.360
5250	3391	João Cardoso	M-V40	Ss Montepio	02:41:31.750	02:38:45.613
9129	3392	Cristina Rocha	F-V35	Individual	02:41:31.757	02:38:45.724
7539	3393	Paula Silva	F-V45	Individual	02:41:32.013	02:38:44.746
5242	3394	Emanuel Almeida	M-Seniores	Ss Montepio	02:41:32.023	02:38:44.913
7538	3395	Daniel Pinto	M-Seniores	Individual	02:41:32.247	02:38:45.357
9130	3396	Luz Olivenca	F-V45	Individual	02:41:32.757	02:38:45.860
7556	3397	Luis Torres	M-V40	Individual	02:41:32.767	02:38:45.650
6724	3398	Tiago Lima	M-Seniores	Individual	02:41:37.497	02:36:50.720
8571	3399	Pedro Morgado	M-Seniores	Individual	02:42:40.750	02:42:27.733
5461	3400	Emanuela Gonçalves	F-Seniores	Nascidos Para Correr	02:42:41.250	02:38:06.950
5482	3401	Paula Madeira	F-V45	Nascidos Para Correr	02:42:41.250	02:38:06.523
5454	3402	Cristina Moreira	F-V40	Nascidos Para Correr	02:42:41.757	02:38:06.700
8206	3403	Sara Eirinha	F-Seniores	Turbulentos	02:42:44.500	02:40:51.380
5866	3404	Jorge Coutinho	M-V60	Individual	02:42:46.007	02:39:30.654
7487	3405	Sara Carvalho	F-V35	Almostrunners	02:43:20.750	02:39:59.203
8096	3406	Elza Cordeiro	F-V45	Individual	02:43:34.250	02:39:09.383
8097	3407	José Oliva	M-V45	Individual	02:43:37.250	02:39:11.277
8816	3408	Maria Ferreira	F-V40	Ratinhos	02:44:04.253	02:40:42.946
6478	3409	Rui Moreira	M-Seniores	Frezite	02:44:33.767	
6737	3410	Jose Feliciano	M-V55	2112 & Companhia	02:44:38.000	02:41:08.923
8758	3411	Francisco Musiello	M-V50	Individual	02:44:44.250	02:40:32.627
6562	3412	Pedro Souto	M-Seniores	Individual	02:44:55.007	02:44:43.924
9182	3413	Ricardo Fonseca	M-Seniores	Individual	02:45:17.750	
5340	3414	Larissa Gomes	F-Seniores	Individual	02:45:23.510	02:40:41.790
5795	3415	Eliana Santos	F-V50	Individual	02:45:30.503	02:42:46.076
6049	3416	Vera Rodrigues	F-V45	Vericious	02:45:38.253	02:41:16.443
5030	3417	Viviane Santos	F-Seniores	Individual	02:45:44.757	02:42:04.027
8169	3418	Etelka Dudas	F-V45	Individual	02:45:53.503	02:45:28.086
7167	3419	Bruno Sousa	M-V45	Individual	02:45:58.007	02:42:03.047
7207	3420	Fernando Figueiredo	M-V35	Botafrente	02:46:19.753	02:41:42.183

Dorsal	Lugar	Nome	Escalão	Equipa	Tempo	Chip
5306	3421	Sonia Ramos	F-V35	Individual	02:46:20.003	02:44:54.736
6772	3422	Albert Cobham	M-Seniores	Individual	02:47:05.007	02:42:18.327
8592	3423	Pedro Kendall	M-V45	Individual	02:48:07.007	02:47:41.780
9121	3424	Rui Pinto	M-V55	Individual	02:48:13.797	02:44:35.144
9125	3425	João Coelho	M-V40	Individual	02:48:14.007	02:44:35.890
7494	3426	Carlos Nóbrega	M-V60	Tugas	02:48:52.760	02:45:27.810
7957	3427	Bruno Pinto	M-V35	Individual	02:48:55.010	02:48:39.483
8570	3428	Luis Vaz	M-Seniores	Dragões	02:49:03.773	02:45:26.986
6309	3429	Ines Lencastre	F-Seniores	Dragões	02:49:03.773	02:45:27.783
6289	3430	Maria Martins	F-V40	Farmácia Lima Da Silva	02:49:04.510	02:45:17.450
5704	3431	Bruno Soares	M-V35	Fromcouchto21k	02:49:35.267	02:44:44.174
5984	3432	Catarina Pereira	F-Seniores	Individual	02:49:43.510	02:45:07.533
6108	3433	Ana Teixeira	F-Seniores	Individual	02:50:00.760	02:47:13.793
8372	3434	Nuno Fonseca	M-V35	Individual	02:50:03.760	02:47:17.497
6106	3435	Carminda Luana	F-Seniores	Descubertas	02:50:07.010	02:49:09.153
5544	3436	Amelia Pereira	F-V45	Individual	02:50:07.510	02:47:20.997
9123	3437	Gilberto Travessas	M-V40	Individual	02:50:10.760	02:48:30.783
5063	3438	Isabel Marinha	F-Seniores	Individual	02:50:28.517	02:46:37.677
5064	3439	Nuno Lomba	M-Seniores	Individual	02:50:29.020	02:46:38.163
5805	3440	Sergio Barbosa	M-V40	Individual	02:50:39.013	02:50:16.660
5791	3441	Nuno Oliveira	M-V35	Individual	02:50:39.540	02:50:12.997
7230	3442	Dilne Mesquita	F-V50	Brastuga	02:50:51.513	02:46:25.713
5646	3443	Ana Alpalhão	F-V40	Conta Gotas	02:51:46.763	02:48:10.593
6452	3444	Catarina Simao	F-V35	Godas	02:51:47.013	02:47:49.260
5724	3445	Margarida Vieira	F-V45	Conta Gotas	02:51:53.037	02:48:16.860
7101	3446	Catarina Pontes	F-V40	Academia Fitness Militar	02:52:50.263	02:49:42.730
7836	3447	Joaquim Caeiro	M-V45	Alenminho	02:53:44.517	02:50:10.640
7835	3448	Cândida Caeiro	F-V45	Alenminho	02:53:45.023	02:50:11.140
7431	3449	Carlos Pinto	M-Seniores	Drink Team	02:53:50.523	02:48:54.436
7432	3450	Cristina Souto	F-Seniores	Drink Team	02:53:54.283	02:48:57.850
7011	3451	Bernardo Alves	M-Seniores	Individual	02:54:08.517	02:50:52.014
6094	3452	Alexandra Belo	F-V45	Individual	02:54:40.767	02:50:59.740
6395	3453	Emília Teixeira	F-V45	Individual	02:55:00.517	02:51:48.334
6394	3454	Vanessa Teixeira	F-Seniores	Individual	02:55:02.773	02:51:50.593
6100	3455	Marta Pinto	F-Seniores	Individual	02:55:04.270	02:52:29.123
9344	3456	Liliana Ribeiro	F-V35	Individual	02:55:19.020	02:51:52.377
5120	3457	Lina Libanio	F-V35	Baixinhas	02:55:38.017	02:53:06.604
5109	3458	Fernando Sequeira	M-V40	Individual	02:56:12.777	02:52:03.754
6836	3459	Cristina Dias	F-V35	Individual	02:56:47.527	02:52:14.217
6803	3460	Marlene Hermenegildo	F-V35	Individual	02:56:48.270	02:52:14.923
8212	3461	Joana Silva	F-Seniores	Clube Zupper	02:56:59.793	02:55:18.560
5202	3462	Rui Valente	M-V35	Somos Porto	02:57:08.770	02:56:20.713
8298	3463	Samuel Salvador	M-Seniores	Individual	02:58:34.030	02:57:28.097
7459	3464	Miguel Capelo	M-Seniores	Individual	02:59:24.283	02:58:55.386
8660	3465	Reinaldo Martins	M-V60	Individual	03:00:36.777	02:58:26.174

Dorsal	Lugar	Nome	Escalão	Equipa	Tempo	Chip
5893	3466	João Nogueira	M-V50	Individual	03:02:18.780	03:01:41.207
7364	3467	Cláudia Afonso	F-V35	Individual	03:02:27.777	02:58:45.577
8348	3468	Sandra Vieira	F-V35	Individual	03:02:32.533	02:57:05.706
6642	3469	Allenah Herholdt	F-V35	Individual	03:02:58.277	02:59:35.387
7250	3470	Miguel Pinto	M-V45	Kimkipa	03:03:11.537	03:01:59.170
6276	3471	Ana Gomes	F-V40	Individual	03:06:58.037	03:02:30.954
6272	3472	Filipe Oliveira	M-V55	Individual	03:07:21.537	03:06:24.020
7005	3473	Sandra Lopes	F-Seniores	Individual	03:07:35.797	03:05:02.897
9365	3474	Paula Oliveira	F-V40	Individual	03:08:07.837	03:04:47.180
8085	3475	Ana Rodrigues	F-V45	Hsantamariart	03:08:20.323	03:03:51.550
5844	3476	Marco Torres	M-V40	Torressilva	03:08:32.817	03:04:44.374
6650	3477	Gonçalo Rodrigues	M-Seniores	A Culpa É Do Benfica	03:08:45.040	03:05:12.000
8852	3478	Regina Marvão	F-V35	Auto Cpi Lda	03:09:11.790	03:06:05.863
8158	3479	Rui Carvalho	M-V60	Individual	03:10:02.293	03:06:47.500
8159	3480	Alexandrina Carvalho	F-V60	Individual	03:10:40.793	03:07:26.340
5890	3481	João Marques	M-V50	Individual	03:11:32.053	03:10:55.766
7882	3482	Rui Carvalho	M-V40	Individual	03:13:16.297	03:08:37.724
7881	3483	Filipe Azevedo	M-V40	Individual	03:13:17.047	03:08:38.314
8362	3484	João Saraiva	M-V40	Individual	03:13:58.047	03:09:42.084
7945	3485	Ana Pinto	F-V55	Individual	03:14:04.307	03:09:48.367
6558	3486	Luís Ferreira	M-Seniores	Taloxinhas	03:16:42.803	03:13:44.343
7403	3487	Kamila Samhan	F-Seniores	Individual	03:22:32.567	03:17:53.507
7915	3488	Libby Lewis	F-V45	Individual	03:23:42.313	
6097	3489	Liliana Chadeca	F-V45	Descubertas	03:29:01.073	03:28:04.396
6107	3490	Paula Simoes	F-V50	Descubertas	03:29:20.323	03:28:22.896
6095	3491	Cristina Gil	F-V40	Descubertas	03:29:20.573	03:28:23.683

### CADEIRAS DE RODAS

Dorsal	Lugar	Nome	Escalão	Equipa	Tempo	Chip
8320	1	Alexandrino Silva	M-V50	Individual	00:50:17.823	00:50:13.386
8490	2	Fernando Mendonça	M-Seniores	Individual	01:34:17.400	01:34:13.160
8442	3	Nelson Sampaio	M-V35	Individual	02:02:43.750	02:02:30.863
8438	4	Cristiano Magalhães	M-Seniores	Individual	02:03:30.947	02:03:25.277
8443	5	Rui Pereira	M-V35	Individual	02:12:14.240	02:12:09.667