

10 KM CNE MM DESCOBRIMENTOS 2013 - 08/12/2013

Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1	5960	JOSE SOUSA	M	24		00:31:00	00:30:57	CLUBE XISTARCA
2	5846	NUNO CARRAÇA	M	24		00:31:12	00:31:09	U.R.C.ABRUNHEIRA
3	5961	HUGO SANTOS	M	23		00:32:20	00:32:17	CLUBE XISTARCA
4	6172	DAVID MENDES RODRIGUES LUIS	M	19		00:33:27	00:33:24	ÁGUIAS DE ALPIARÇA TRIATLO
5	5695	GONÇALO CASIMIRO	M	18		00:34:34	00:34:31	
6	5976	OLAIDE OGUNRONBI	M	31		00:34:39	00:34:35	
7	6146	WESLEY REBOUCAS MATOS	M	25		00:35:33	00:35:29	
8	5047	TIAGO GRAÇA	M	26		00:35:39	00:35:34	
9	5763	JOSÉ MÁRIO RIBEIRO	M	46		00:35:43	00:35:38	
10	5806	CESARIO SIMOES	M	44		00:35:44	00:35:44	MARATONA CLUBE C VILA CHÃ
11	5242	RUI FONTES	M	35		00:35:50	00:35:46	
12	5516	FERNANDO PEREIRA	M	40		00:36:06	00:36:02	GFD RUNNING
13	5805	JACINTO CORREIA	M	49		00:37:24	00:37:21	MARATONA CLUBE C VILA CHÃ
14	6108	MIGUEL JOSÉ MARTINS CASSIANO	M	19		00:37:34	00:37:30	ÁGUIAS DE ALPIARÇA TRIATLO
15	5521	FERNANDO SANTOS	M	43		00:37:56	00:37:53	GFD RUNNING
16	5127	MIGUEL FORTUNATO	M	19		00:38:04	00:37:58	ALHANDRA SC
17	5481	DUARTE PONTE	M	40		00:38:07	00:37:53	SOCIEDADE EUTERPE ALHANDRENSE
18	5161	JOSÉ GEADA	M	42		00:38:41	00:38:36	
19	6106	JOÃO DIOGO TEODORO LOPES	M	18		00:38:56	00:38:52	ÁGUIAS DE ALPIARÇA TRIATLO
20	5988	FRANCISCO ANTÓNIO PEREIRA GONÇALVES	M	43		00:39:07	00:39:03	
21	5845	CARLOS PIRES	M	42		00:39:17	00:39:11	U.R.C.ABRUNHEIRA
22	5066	BRUNO MIGUEL FARINHA DA SILVA	M	23		00:39:26	00:39:17	
23	5925	DIOGO LOPES	M	39		00:39:44	00:39:29	
24	5253	PAULO JORGE FREITAS NEVES	M	27		00:39:46	00:39:42	ATLETICO CLUBE DE VERMOIL
25	5458	BRUNO GIRAO	M	38		00:39:47	00:39:44	GD SANTANDER TOTTA
26	5311	NELSON CASANOVA	M	30		00:39:59	00:39:50	CBAMM
27	5997	DANIEL ANTUNES	M	51		00:40:02	00:39:58	
28	5530	PEDRO MOTA	M	43		00:40:15	00:40:11	GFD RUNNING
29	5665	ARSÉNIO FERNANDES	M	58		00:40:46	00:40:43	
30	6209	TIAGO VARGAS	M	27		00:40:49	00:40:41	ALHANDRA SC
31	5696	ACACIO PAIXÃO	M	41		00:40:52	00:40:38	
32	5132	ANA AMORIM	F	20		00:40:58	00:40:52	ALHANDRA SC
33	6189	PAULO ALMEIDA	M	49		00:41:01	00:40:55	
34	5106	HUGO MIGUEL PAISANA DOMINGOS	M	35		00:41:06	00:40:57	
35	6160	TELMO NOGUEIRA	M	29		00:41:09	00:41:03	
36	5373	PEDRO AGUIAR	M	47		00:41:11	00:41:05	
37	5243	JOSE FILHO	M	50		00:41:13	00:41:13	
38	5067	ALEXANDRE TESTAGROSSA	M	38		00:41:22	00:41:14	
39	6176	ANDREIA FILIPA XAVIER FERRUM	F	20		00:41:29	00:41:26	ÁGUIAS DE ALPIARÇA - TRIATLO

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
40	5426	RAFAEL ASSUNÇÃO	M	22		00:41:30	00:41:23	RAIL RUNNERS
41	5221	CARLA MARTINS	F	42		00:41:33	00:41:33	
42	5230	MIGUEL COSTA SANTOS	M	43		00:41:40	00:41:36	DCS RUNNING
43	5515	MARIA LUCAS	F	46		00:41:45	00:41:36	GFD RUNNING
44	5342	CARLOS MARQUES	M	47		00:41:48	00:41:38	
45	5492	DOMINGOS HENRIQUE	M	53		00:41:50	00:41:50	
46	5018	PEDRO FERREIRA	M	46		00:41:53	00:41:48	RB RUNNING
47	5316	IOAN MARIUS	M	31		00:42:00	00:41:51	CBAMM
48	5021	RUI FALHAS	M	43		00:42:02	00:41:55	RB RUNNING
49	5511	CARLOS ALMEIDA	M	56		00:42:04	00:41:49	GFD RUNNING
50	5082	ALBERTO DOMINGUES	M	41		00:42:09	00:42:02	
51	6187	ORLANDO DELGADO	M	49		00:42:10	00:42:05	
52	5850	HUGO LUZ	M	38		00:42:10	00:41:57	REST. O CARTAXEIRO(CANEÇAS) RB
53	5314	ALBINO NEIVA	M	67		00:42:13	00:42:04	CBAMM
54	6180	ALEXANDRA ISABELINHA DOS SANTOS	F	20		00:42:16	00:42:11	ÁGUIAS DE ALPIARÇA - TRIATLO
55	5544	JOSE SERRA	M	50		00:42:19	00:42:11	GRUP.DESP.CHELAS
56	5644	JULIANA RODRIGUES	F	27		00:42:25	00:42:13	SÓ PRÁ DESPORTIVAR!
57	5880	PEDRO MARTINS	M	35		00:42:30	00:42:13	
58	6221	JSÉ NETO	M	56		00:42:35	00:42:30	
59	5547	HÉLIO PALMA	M	31		00:42:35	00:42:12	CCD TRANQUILIDADE
60	5844	DEOLINDO ANDRÉ	M	53		00:42:42	00:42:36	U.R.C.ABRUNHEIRA
61	6066	RUI DAVID FREITAS	M	36		00:42:43	00:42:35	
62	5690	RUI CARMO	M	31		00:42:44	00:42:36	
63	5071	FILIPE AMOROSO	M	35		00:42:45	00:42:45	
64	6051	BRUNO MARTINS CAPELAS	M	28		00:42:47	00:42:11	
65	6166	JOÃO REVÉS	M	41		00:42:49	00:42:32	LESMAS ALOPRADAS
66	5933	LUÍS VALINHO	M	26		00:43:06	00:42:55	
67	5195	RICARDO PEDROSO	M	24		00:43:07	00:42:51	NO LIMITS
68	5739	CARLOS PORTELA	M	42		00:43:14	00:42:35	
69	6132	EMANUEL DE CARVALHO	M	31		00:43:15	00:43:06	
70	5959	NUNO JERÓNIMO	M	35		00:43:23	00:42:56	
71	5848	PEDRO COSTA LIMA	M	47		00:43:24	00:43:19	
72	5669	AMY WILLIAMSON	F	34		00:43:35	00:43:28	RUNNING MUMS
73	5070	EUGÉNIO RODRIGUEZ	M	33		00:43:39	00:43:14	
74	5312	JOÃO ROSA	M	30		00:43:40	00:43:17	CBAMM
75	5697	LUIS MANUEL FINO	M	23		00:43:42	00:43:28	
76	5017	NUNO TEMPERA	M	44		00:43:45	00:43:38	RB RUNNING
77	6043	RUBEN SILVA	M	57		00:43:46	00:43:17	
78	6011	PEDRO MIGUEL AFONSO SILVA	M	27		00:43:46	00:43:28	

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
79	5467	PAULO SANTOS	M	46		00:43:47	00:43:28	
80	5520	RODRIGO SERRA	M	37		00:43:47	00:43:42	GFD RUNNING
81	5517	TIAGO PACHECO	M	35		00:43:47	00:43:42	GFD RUNNING
82	5773	EMANUEL RODRIGUES	M	24		00:44:03	00:43:10	LOJA DO ATLETA
83	5648	RUTE FARRAJOTA	F	33		00:44:04	00:43:54	
84	6178	MARIA EDUARDA BOLRÃO VIDIGUEIRA	F	20		00:44:08	00:44:03	ÁGUIAS DE ALPIARÇA - TRIATLO
85	5770	JOSÉ OLIVEIRA	M	26		00:44:10	00:43:16	LOJA DO ATLETA
86	6208	FILIPE LOPES	M	20		00:44:14	00:44:09	ALHANDRA SC
87	5189	MIGUEL NUNES	M	28		00:44:17	00:43:55	MATOS BROTHERS
88	5699	NUNO MIRANDA CASTANHEIRA	M	22		00:44:19	00:43:57	
89	6220	HUGO RODRIGUES	M	37		00:44:19	00:44:07	
90	5456	ADRIANO ENCARNAÇÃO	M	64		00:44:21	00:44:03	GD SANTANDER TOTTA
91	6164	ARMANDO CORREIA	M	62		00:44:25	00:44:03	LESMAS ALOPRADAS
92	6175	SARA ISABEL NUNES TENRINHO	F	20		00:44:26	00:44:26	ÁGUIAS DE ALPIARÇA - TRIATLO
93	5125	ANA SOFIA PEREIRA	F	20		00:44:33	00:44:29	ALHANDRA SC
94	5008	DAVID ALFEIRÃO RODRIGUES	M	26		00:44:35	00:44:05	CERCAL RUNNING TEAM
95	5384	PEDRO FERRABELO ROSA	M	31		00:44:37	00:44:31	
96	5775	NUNO FERREIRA	M	32		00:44:37	00:44:37	LOJA DO ATLETA
97	5247	DEONILDE COSTA	F	39		00:44:47	00:44:39	ATLÉTICO CLUBE VERMOIL
98	5349	ROGERIO SILVA	M	49		00:44:55	00:44:47	
99	5617	PEDRO FREITAS	M	47		00:44:58	00:44:54	
100	5542	HÉLDER ALVES	M	26		00:45:00	00:44:55	
101	6133	PAULO BRAGA	M	47		00:45:02	00:44:55	ELECTRIMECA
102	5318	CARLOS OLEASTRO	M	57		00:45:07	00:44:38	CBAMM
103	5660	JOSÉ CARLOS NUNES	M	45		00:45:09	00:44:52	
104	6186	LIBERTO SANTOS	M	46		00:45:13	00:44:57	
105	5774	NUNO AMARAL	M	33		00:45:14	00:44:41	LOJA DO ATLETA
106	5801	DAVID GOMES	M	37		00:45:21	00:45:12	
107	5214	JOÃO MARQUES	M	48		00:45:36	00:45:17	
108	5647	VASCO RICARDO	M	32		00:45:48	00:45:27	
109	5268	JOSE FERREIRA	M	48		00:45:52	00:45:34	C MILLENNIUM BCP
110	5320	ABÍLIO OLIVEIRA	M	48		00:45:54	00:45:44	
111	5877	GONÇALO DIAS	M	23		00:45:54	00:45:40	
112	5287	JOSÉ MARQUES	M	46		00:45:57	00:45:54	
113	5128	PEDRO CARVALHO	M	19		00:45:58	00:45:34	ALHANDRA SC
114	5935	ANTONIO ALMEIDA	M	50		00:46:01	00:45:55	NUCLEO DESPORTIVO AUTOCOOPE
115	5883	SEVERINO J. MÉNDEZ SUÁREZ	M	37		00:46:02	00:45:38	
116	5884	SILVIA Mª GARCÍA FERNÁNDEZ	F	37		00:46:02	00:45:39	
117	5093	JOSE ALVES	M	64		00:46:05	00:45:48	SS CGD

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
118	6013	PATRÍCIA ISABEL PEREIRA RIBEIRO	F	28		00:46:08	00:46:00	
119	5207	DOMINGOS AUGUSTO MARQUES JANELA	M	67		00:46:10	00:45:34	
120	5192	RENATO FIALHO	M	29		00:46:10	00:45:55	NO LIMITS
121	5003	ARNALDO TRINDADE	M	42		00:46:17	00:46:05	RB RUNNING
122	5191	GONÇALO NASCIMENTO RODRIGUES	M	39		00:46:22	00:46:04	
123	5389	FRANCISCO MADEIRA	M	51		00:46:25	00:46:09	
124	5154	NUNO SANTOS	M	18		00:46:28	00:46:09	
125	5825	HUGO SÉRGIO MARTINS MONTEIRO	M	35		00:46:32	00:45:55	
126	6077	FERNANDO JOSÉ FARIA	M	33		00:46:34	00:46:34	
127	6022	CARLOS MANUEL VENÂNCIO	M	52		00:46:38	00:46:32	CLUBE COLABORADORES AXA
128	5541	ANTÓNIO MELO CAMPELO	M	46		00:46:39	00:46:03	
129	5096	CARLOS RAMOS	M	47		00:46:45	00:46:45	C MILLENNIUM BCP
130	5999	ARMANDO LEANDRO	M	29		00:46:48	00:46:38	SIGURA-TE LURDES
131	6091	BRUNO BARREIROS	M	19		00:46:51	00:46:44	OS ANDARILHOS
132	5708	CARLA MARQUES	F	44		00:46:51	00:46:51	EQUIPA BARTOLOMEU DIAS
133	6039	JOSÉ FÉLIX	M	56		00:46:52	00:46:02	
134	5049	MIGUEL CAPELA	M	42		00:46:54	00:46:33	
135	6215	JOSÉ SANTOS	M	31		00:46:56	00:46:51	JAZZY RUNNERS
136	5347	ÂNGELO RIBEIRO	M	29		00:46:58	00:46:02	DAGORDA
137	5948	LUIS MANUEL ROCHA DE CASTRO	M	54		00:46:58	00:46:19	
138	5360	ROGÉRIO JORGE	M	37		00:47:00	00:46:01	
139	5514	RICARDO ANTUNES	M	42		00:47:05	00:46:51	CLUBE BOLINHA
140	6161	CARLOS CRAVEIRA	M	42		00:47:05	00:46:30	
141	5875	PEDRO MIGUEL R. DA SILVA	M	36		00:47:09	00:46:54	
142	5892	DIOGO CARVALHO	M	40		00:47:12	00:46:48	
143	5232	JOÃO ROSETE	M	45		00:47:13	00:47:06	DCS RUNNING
144	6059	PEDRO REIS	M	38		00:47:13	00:47:08	
145	5280	FILIPPE DUQUE	M	30		00:47:14	00:46:28	
146	5399	MAREIKE FALTER	F	24		00:47:14	00:47:01	
147	5876	ILIDIO MONTEIRO	M	63		00:47:16	00:47:03	
148	5605	SALVADOR AFONSO	M	59		00:47:18	00:47:09	GD SANTANDER TOTTA
149	5761	MARIE HELENE PANN	F	39		00:47:18	00:47:08	
150	5249	ANTONIO FREITAS NEVES	M	50		00:47:20	00:47:16	ATLETICO CLUBE DE VERMOIL
151	6214	NUNO LUFINHA	M	39		00:47:20	00:47:16	JAZZY RUNNERS
152	5814	FILIPPE ALMEIDA	M	32		00:47:21	00:47:05	
153	5706	LOUNES CHIKHI	M	45		00:47:22	00:47:22	EQUIPA BARTOLOMEU DIAS
154	5932	ANTÓNIO VALINHO	M	55		00:47:26	00:47:14	
155	5020	PAULO SOUSA	M	40		00:47:26	00:46:47	RB RUNNING
156	5365	ANA MAIA MARTINS	F	22		00:47:31	00:47:23	

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
157	5352	ROGERIO MACHADO	M	33		00:47:33	00:47:27	
158	5934	JOÃO FILIPE MARTINHO	M	29		00:47:33	00:47:21	
159	6136	MIGUEL MACHADO	M	18		00:47:38	00:46:55	
160	5476	PAULO ALVES	M	35		00:47:40	00:47:40	
161	5998	ANTÓNIO MARTINS	M	47		00:47:45	00:47:31	
162	5354	AMELIE LEMERCIER	F	32		00:47:48	00:47:40	
163	6019	JORGE FIGUEIRA	M	37		00:47:52	00:47:39	CLUBE COLABORADORES AXA
164	6134	PEDRO MATEUS	M	51		00:47:54	00:47:48	ELECTRIMECA
165	6080	ANTÓNIO PINHO	M	61		00:48:00	00:48:00	
166	6072	JOÃO MALATO	M	42		00:48:03	00:47:58	
167	5187	PEDRO MATOS	M	25		00:48:03	00:47:41	MATOS BROTHERS
168	5278	PEDRO SA	M	41		00:48:09	00:47:47	C MILLENNIUM BCP
169	5437	MANUEL JOAQUIM DA SILVA DIAS	M	46		00:48:10	00:47:58	
170	5200	EMANUEL VIEGAS MENDES	M	25		00:48:19	00:45:47	
171	5831	MATTEO TAIANA	M	36		00:48:24	00:46:29	
172	6085	NUNO JOSÉ MOTA CLÍMACO PEREIRA	M	31		00:48:24	00:47:15	AMIGOS DA CORRIDA
173	6016	MARIA LURDES VENÂNCIO	F	49		00:48:24	00:48:16	CLUBE COLABORADORES AXA
174	5325	JORGE OLIVEIRA	M	50		00:48:25	00:47:54	
175	6078	AMILCAR ALMEIDA	M	50		00:48:26	00:48:21	
176	5447	MANUEL OLIVEIRA PEREIRA	M	56		00:48:27	00:48:10	
177	5043	JORGE MIGUEL P F FERREIRA	M	42		00:48:28	00:48:00	
178	6206	SUSANA PINTO	F	34		00:48:29	00:48:17	A VALE SILENCIO
179	5355	NUNO MIGUEL BATISTA MARTINS	M	41		00:48:30	00:48:08	
180	5322	ARTUR GONÇALVES	M	41		00:48:32	00:48:25	
181	5548	PEDRO GONÇALVES	M	32		00:48:36	00:48:04	CCD TRANQUILIDADE
182	5124	INÊS PEREIRA	F	20		00:48:37	00:48:31	ALHANDRA SC
183	5807	TIAGO FREITAS	M	31		00:48:38	00:47:43	AFO
184	6207	JOSE VAZ	M	55		00:48:41	00:48:31	CLUBE ANACOM
185	5053	FERNANDO FERREIRA	M	40		00:48:41	00:47:43	
186	5142	NUNO AFONSO	M	41		00:48:42	00:48:23	
187	5861	FÁBIO VICTORINO	M	25		00:48:48	00:48:16	
188	5716	MIGUEL BRAZ FRADE	M	23		00:48:50	00:48:19	
189	5068	ANTÓNIO TORRES	M	33		00:48:51	00:48:24	
190	5748	VÍTOR CANTO	M	43		00:48:52	00:48:42	
191	5299	JOAO REIS	M	62		00:48:52	00:48:41	
192	5459	DANIEL XAREPE	M	49		00:48:52	00:48:39	GD SANTANDER TOTTA
193	5668	ADRIANO CUNHA	M	59		00:48:53	00:48:43	
194	5155	SUSANA DURO	F	36		00:48:54	00:48:35	
195	5073	JOÃO MARQUET	M	30		00:48:54	00:48:27	

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
196	5853	PAULO BORGES	M	45		00:48:56	00:48:14	
197	6014	VANDA SEQUEIRA	F	41		00:48:56	00:48:21	CLUBE COLABORADORES AXA
198	5732	DANIEL ALVARENGA	M	28		00:48:56	00:48:28	
199	6242	PEDRO SANTOS	M	32		00:48:56	00:47:48	EQUIPA A
200	5721	NELSON CALVINHO	M	38		00:49:00	00:48:30	
201	5098	NUNO PEREIRA	M	50		00:49:02	00:48:29	CBAMM
202	6156	PEDRO SANTOS	M	42		00:49:02	00:48:49	MONSTRINHOS
203	5586	RUI GASPAR	M	56		00:49:02	00:48:12	MARRIOTT LISBOA
204	6005	HUGO SANTOS	M	37		00:49:03	00:48:53	SIGURA-TE LURDES
205	6064	CARLOS COSTA	M	44		00:49:04	00:48:43	
206	5808	RUI LAPA	M	42		00:49:04	00:48:08	AFO
207	5812	RICARDO P SOUSA	M	33		00:49:04	00:48:17	SS MONTEPIO GERAL
208	5391	ANTÓNIO MARTINHO	M	51		00:49:05	00:48:33	IGM RUNNERS
209	5064	JOAO C S GOMES	M	37		00:49:06	00:49:02	
210	6129	MARÇAL ALVES PACHECO	M	38		00:49:06	00:48:27	GCP
211	5372	PEDRO CARVALHO	M	39		00:49:11	00:48:38	
212	6008	GUILHERME PACHECO	M	26		00:49:12	00:48:42	CERCAL RUNNING TEAM
213	5826	SANDRA DANIEL	F	27		00:49:15	00:49:05	
214	5743	DAVID JOÃO ALMEIDA	M	42		00:49:16	00:48:47	FRIENDS2RUN
215	5497	JOSÉ FREITAS	M	35		00:49:19	00:48:53	
216	5440	JOSÉ ROBERTO PEDRAS PAULINO	M	46		00:49:20	00:49:09	
217	5250	ANTONIO ALMEIDA	M	47		00:49:21	00:49:02	C MILLENNIUM BCP
218	5034	GONÇALO FRANCISCO	M	20		00:49:22	00:49:22	SEASIDE
219	5386	CANDIDO RAMOS	M	27		00:49:24	00:49:24	
220	5982	TOMÁS SOUSA	M	37		00:49:27	00:49:11	
221	5010	NUNO ANDRÉ	M	34		00:49:28	00:49:19	
222	6173	VITÓRIA GAMEIRO DE OLIVEIRA	F	20		00:49:29	00:49:24	
223	5657	BRUNO RUAS	M	39		00:49:32	00:49:19	
224	5206	JORGE LOURENÇO	M	20		00:49:36	00:48:51	SC CASAINHOS
225	5019	LUIS MARQUES	M	54		00:49:38	00:49:31	RB RUNNING
226	5979	INFANTE TEIXEIRA	M	54		00:49:38	00:49:27	
227	5957	NUNO PINHEIRO	M	41		00:49:40	00:49:32	
228	5989	VALTER JORGE FILIPE REIS	M	35		00:49:40	00:49:24	
229	5958	BRUNO BRITO	M	37		00:49:40	00:49:33	
230	6239	FERNANDO BASTOS CARRILHO	M	56		00:49:40	00:49:27	
231	5225	JOAQUIM COSTA	M	56		00:49:42	00:48:23	
232	6237	PEDRO CAETANO	M	46		00:49:43	00:49:29	
233	5642	JULIO ARTERO	M	35		00:49:44	00:49:29	
234	5277	PEDRO FERNANDES	M	49		00:49:45	00:49:20	C MILLENNIUM BCP

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
235	5002	PEDRO MARTINS	M	39		00:49:48	00:49:35	RB RUNNING
236	6174	TAMÁRA ALEXANDRA HENRIQUES BRANCO	F	21		00:49:48	00:49:42	ÁGUIAS DE ALPIARÇA - TRIATLO
237	5335	NUNO MIGUEL RAPOSO	M	36		00:49:49	00:49:44	PAIO PIRES RUN
238	5357	ANTÓNIO MANUEL RODRIGUES VIEIRA	M	29		00:49:50	00:49:29	
239	5949	MARIO RUI COSTA	M	37		00:49:54	00:49:36	
240	5891	ANDRÉ ANTUNES	M	38		00:49:59	00:49:14	
241	5779	MARCO PINRO	M	32		00:50:01	00:49:21	
242	5141	RUI ARAÚJO	M	32		00:50:02	00:49:40	
243	5778	EDGAR LUZIA	M	32		00:50:02	00:49:22	
244	5136	LILIANA SILVA	F	23		00:50:02	00:49:56	ALHANDRA SC
245	5300	PEDRO FERREIRA	M	36		00:50:03	00:49:48	
246	6145	PRIMO ISABEL	M	38		00:50:05	00:49:55	
247	5681	TIAGO FERREIRA	M	34		00:50:08	00:49:58	
248	5772	PAULO ABRANTES	M	24		00:50:08	00:49:12	LOJA DO ATLETA
249	5986	JOÃO VASCO FRANCO	M	37		00:50:12	00:49:54	
250	5847	MARCO OLIVEIRA MARTINS	M	32		00:50:12	00:49:54	
251	6165	PAULO ANTUNES	M	45		00:50:12	00:49:55	LESMAS ALOPRADAS
252	5987	NUNO MIGUEL SIMOES FERREIRA	M	37		00:50:12	00:49:53	
253	5194	AMÂNDIO BUSCA	M	45		00:50:15	00:50:00	NO LIMITS
254	5094	JOSÉ MORAIS	M	50		00:50:16	00:49:59	NA PAPAGAIOS CASCAIS
255	5510	ANA ISABEL ESCUDEIRO AGUIAR GOUVEIA	F	30		00:50:18	00:50:06	
256	5505	INÊS MARQUES	F	23		00:50:18	00:50:10	RAIL RUNNERS
257	5138	MANUEL ANTÓNIO ROQUE FIGUEIREDO	M	25		00:50:19	00:49:22	MATARUNNERS
258	6000	CARLA SANTOS	F	40		00:50:19	00:50:15	
259	5766	DIOGO SILVA REDE	M	37		00:50:20	00:50:00	
260	5616	ANDREIA OLIVEIRA	F	30		00:50:20	00:49:46	
261	5480	PAULO NUNO DA SILVA ANDRADE	M	31		00:50:25	00:49:59	
262	5764	LUIS PINTO	M	27		00:50:26	00:50:18	
263	6210	ANA SAMPAIO	F	24		00:50:27	00:50:20	ALHANDRA SC
264	6086	NUNO MESQUITA NUNES	M	46		00:50:28	00:50:28	AMIGOS DA CORRIDA
265	5186	MARTA RODRIGUES	F	28		00:50:29	00:49:44	RUN FOR LIFE
266	5182	CARLOS LAMY BANDEIRA	M	44		00:50:30	00:50:30	RUN FOR LIFE
267	6219	SARA LOUREIRO	F	20		00:50:31	00:49:48	SC CASAINHOS
268	5483	VÍTOR MELO	M	52		00:50:32	00:50:23	
269	5382	JOSÉ F. H. TOMÁS	M	38		00:50:32	00:50:02	JOTAS
270	5803	LUCIDEIA PITREZ	F	35		00:50:32	00:50:13	
271	5930	JOÃO FARINHA	M	53		00:50:33	00:49:54	H TECNIC
272	5975	RITA DIAS	F	31		00:50:33	00:49:32	
273	5929	TOMÁS CAROÇO	M	18		00:50:34	00:49:55	H TECNIC

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
274	5315	JOSÉ SILVÉRIO	M	73		00:50:36	00:50:32	CBAMM
275	5139	TIAGO LUÍS GARCIA	M	25		00:50:37	00:49:40	MATARUNNERS
276	5375	OCTÁVIO AUGUSTO ANTUNES FERRO	M	48		00:50:39	00:50:28	
277	6068	SAMUEL PEREIRA	M	27		00:50:39	00:47:52	IRAQ'UNITA
278	5995	RUI AMARAL PINTO	M	61		00:50:42	00:50:33	
279	5422	RICARDO CANAS	M	41		00:50:43	00:50:29	CLUBE GRUPO BES
280	5881	PEDRO FERRAZ	M	37		00:50:43	00:50:43	
281	5095	CARLOS JANELA	M	57		00:50:45	00:50:45	C MILLENNIUM BCP
282	5676	NUNO ALEXANDRE MOREIRA DA ROCHA PRATAS	M	42		00:50:46	00:49:57	
283	5797	PATRÍCIA FERREIRA	F	33		00:50:46	00:50:09	
284	5800	FANUCCHI CHRISTOPHE	M	38		00:50:49	00:50:03	TEAM RAID-INSA
285	5400	MIGUEL BENTO	M	19		00:50:49	00:50:17	BRANCA DE NEVE E OS 5 ANÕES
286	5711	MIGUEL MONTEIRO FERNANDES	M	39		00:50:50	00:50:37	
287	5524	LUIS M. SANTOS	M	31		00:50:50	00:50:50	
288	5879	SANDRA ISABEL DOS SANTOS REIS	F	34		00:50:54	00:50:31	JAVALLIS DO MATO
289	5799	FANUCCHI STEPHANE	M	36		00:50:55	00:50:07	TEAM RAID-INSA
290	5056	ANDRE CARINHAS	M	38		00:50:56	00:50:56	
291	5361	DIANA CARVALHO	F	37		00:50:57	00:49:57	
292	5425	JOAQUIM ALEXANDRE FILIPE	M	23		00:50:59	00:50:28	BRANCA DE NEVE E OS 5 ANÕES
293	5162	LEI CHONG HENG	M	25		00:50:59	00:50:13	V DATLETAS
294	6238	CARLOS COELHO	M	41		00:50:59	00:49:51	EQUIPA A
295	5083	DIOGO ARRAIAS	M	59		00:51:01	00:50:20	
296	5084	NUNO MIGUEL DA SILVA ARRAIAS	M	37		00:51:01	00:50:19	
297	5401	FERNANDO BENTO	M	50		00:51:02	00:50:31	BRANCA DE NEVE E OS 5 ANÕES
298	5506	NUNO MIGUEL NUNES RAMOS	M	31		00:51:05	00:50:23	
299	6234	CARLA OLIVEIRA	F	39		00:51:08	00:51:03	
300	5061	SILVIA VALENTE	F	29		00:51:11	00:50:42	CUNHAVALENTE
301	5840	DAVID ALMEIDA	M	35		00:51:13	00:50:22	SS MONTEPIO GERAL
302	6007	ANTONIO DUARTE	M	38		00:51:15	00:50:59	
303	6240	CARLOS MARAFUZ	M	49		00:51:17	00:50:08	EQUIPA A
304	5729	NUNO CARAMPANTA	M	34		00:51:19	00:51:19	
305	5728	HORÁCIO LOPES	M	49		00:51:20	00:51:20	
306	5502	JONATHAN GABADINHO	M	29		00:51:26	00:50:44	CLUBE DESPORTIVO TCPI-10KMS
307	5446	FERNANDO MENDES	M	47		00:51:28	00:50:40	
308	6250	PEDRO VAZ PINTO PINTO COELHO	M	44		00:51:29	00:51:29	V DATLETAS
309	6202	RICARDO GOMES	M	35		00:51:29	00:50:23	JAQUINZINHOS DE CORRIDA
310	5937	PAULO ALMEIDA	M	39		00:51:29	00:51:25	
311	5830	ANDREA NEVES	F	34		00:51:30	00:49:56	SMILE TEAM
312	5297	JOAQUIM RUIVO	M	39		00:51:30	00:51:14	

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
313	6023	PEDRO CABRAL	M	34		00:51:30	00:50:27	
314	5367	KLAAS MAES	M	31		00:51:31	00:50:52	THE TRANNIES
315	5643	CLARA SANTANA	F	23		00:51:32	00:51:20	SÓ PRÁ DESPORTIVAR!
316	5641	FILIPE PAIXÃO	M	40		00:51:35	00:50:23	ACTIVE PEOPLE
317	5091	FERNANDO LIMA	M	44		00:51:36	00:51:18	SS CGD
318	5246	ALBERTO NUNES	M	49		00:51:36	00:51:16	C MILLENNIUM BCP
319	5550	RUI PIRES	M	33		00:51:39	00:51:02	1+1=BUÉ
320	6205	RUI FERNANDES	M	42		00:51:42	00:51:21	
321	5308	JOÃO CARLOS LOPES	M	46		00:51:46	00:51:46	CBAMM
322	6119	ADRIANO SOEIRO	M	36		00:51:47	00:50:46	
323	5810	MÁRIO CAETANO	M	35		00:51:47	00:50:52	AFO
324	5436	CLÁUDIO MOREIRA	M	33		00:51:47	00:51:13	
325	5822	ANDRÉ BARRETO	M	33		00:51:49	00:51:13	
326	5147	MIGUEL OLIVEIRA	M	40		00:51:53	00:51:34	
327	5868	ANDRÉ BONACHO	M	25		00:51:55	00:51:30	
328	5228	DÉCIO ALVES	M	43		00:52:01	00:51:54	DCS RUNNING
329	5760	ISABELLE BOUTELOUP	F	38		00:52:06	00:51:56	
330	6041	MIGUEL VELEZ	M	50		00:52:11	00:51:22	
331	6038	JOÃO FIGUEIREDO	M	57		00:52:12	00:51:42	
332	5364	BRUNO CONCEIÇÃO	M	36		00:52:16	00:52:05	
333	6052	MANUEL FONSECA	M	42		00:52:16	00:51:30	
334	5085	ANTONIO CARPINTEIRO	M	68		00:52:16	00:52:11	SS CGD
335	5183	JOSÉ MARCHANT	M	35		00:52:18	00:51:32	RUN FOR LIFE
336	5390	LUIS SILVA	M	46		00:52:22	00:51:50	IGM RUNNERS
337	5661	JOSÉ BAIXINHO	M	56		00:52:22	00:52:00	
338	5063	MIKAEL LUCIANO ABADE SARAIVA	M	25		00:52:23	00:52:05	
339	5356	VERONIQUE LE FEUVRE	F	48		00:52:29	00:52:20	
340	6096	JOÃO SILVA	M	37		00:52:30	00:52:20	OS ANDARILHOS
341	5509	ANDREIA RIJO	F	30		00:52:34	00:52:23	
342	5353	DAVID MEDEIRO DANIELSEN	M	29		00:52:35	00:51:57	THE TRANNIES
343	5377	MARCO NUNES	M	30		00:52:36	00:51:58	
344	5015	JOANA PERALTA	F	38		00:52:36	00:52:29	RB RUNNING
345	5619	JOAQUIM ALEIXO	M	42		00:52:36	00:51:57	OS QUENIANOS
346	5598	JOSE BARATA	M	53		00:52:37	00:52:20	GD SANTANDER TOTTA
347	5543	CÁTIA SANTOS	F	29		00:52:39	00:52:34	
348	5538	JOAO SILVA	M	37		00:52:42	00:52:42	PICAS
349	5967	VANDA ARAUJO	F	31		00:52:45	00:52:20	
350	5849	PAULO MEIRELES	M	43		00:52:50	00:52:50	REST. O CARTAXEIRO(CANEÇAS) RB
351	5809	HUGO PEREIRA	M	36		00:52:50	00:51:54	AFO

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
352	5304	ALBERTO RAMIRES	M	59		00:52:51	00:52:41	
353	6228	SÉRGIO PEREIRA	M	41		00:52:51	00:52:13	CLUBE VODAFONE
354	5888	LILIAN CALAIM	F	30		00:52:51	00:52:39	
355	5683	PEDRO EMAUZ	M	35		00:52:52	00:52:41	
356	5442	FRANCISCO ROQUE	M	58		00:52:52	00:51:59	JAZZY RUNNERS
357	5968	MARTA REIS	F	37		00:52:53	00:52:19	CORRIDA DO DIA
358	6148	TIAGO PIRES	M	32		00:52:54	00:51:50	
359	6100	JOSE SANTOS	M	52		00:52:54	00:52:47	CLUBE DESPORTIVO DO ARNEIRO
360	6121	LUIS CATITA	M	55		00:52:55	00:52:10	
361	6120	FRANCISCO GUSMÃO PEREIRA	M	25		00:52:56	00:52:11	
362	5523	CARLOS ANDRÉ PEREIRA CARRAPIÇO	M	23		00:52:57	00:50:25	
363	5376	EGIDIO JORME MORAIS BESUGO	M	34		00:52:59	00:52:20	
364	5585	BRUNO CÂMARA	M	37		00:52:59	00:52:06	
365	6229	TITO SANTOS	M	38		00:53:03	00:52:43	CLUBE VODAFONE
366	5897	JORGE LOPES	M	47		00:53:06	00:53:01	TARAHUMARA
367	5838	CARLOS GUERREIRO	M	42		00:53:06	00:53:02	TARAHUMARA
368	5527	NUNO OLIVEIRA	M	41		00:53:07	00:53:00	
369	5526	PEDRO TORRES	M	33		00:53:08	00:53:00	
370	5938	JORGE MAXIMO	M	39		00:53:08	00:53:04	
371	5102	RUI PEREIRA	M	43		00:53:08	00:52:13	SS CGD
372	5584	IRIS GALADO	F	21		00:53:10	00:53:10	MARRIOTT LISBOA
373	5469	NUNO CARREIRA	M	33		00:53:11	00:52:42	OS CUNHADOS
374	5251	ALBERTO MARTINHO	M	50		00:53:12	00:52:56	CCDTMLX
375	5431	RUBEN LOPES	M	23		00:53:13	00:52:57	
376	6098	NUNO RODRIGUES	M	29		00:53:13	00:53:04	OS ANDARILHOS
377	5471	DAVID JOÃO MARTINS	M	31		00:53:14	00:52:45	OS CUNHADOS
378	6093	ÈLIO FIGUEIREDO	M	27		00:53:15	00:53:06	OS ANDARILHOS
379	6102	MANUEL SEQUEIRA	M	63		00:53:19	00:53:02	CDCT REPSOL
380	5145	JOSÉ MIGUEL SOUSA	M	37		00:53:21	00:52:58	
381	5302	RUI XAVIER	M	46		00:53:22	00:52:52	CLUBE EDP LISBOA
382	5477	CÉLIO MOREIRA	M	31		00:53:25	00:52:43	OS QUENIANOS
383	5178	FERNANDO MANUEL COSTA MARQUES CANAS GONÇALVES	M	38		00:53:26	00:52:36	V DATLETAS
384	5305	SÓNIA CRISTINA RATO SILVA LOBO	F	37		00:53:27	00:53:27	
385	5255	ANDRÉ RAFAEL COSTA LOPES	M	29		00:53:29	00:53:08	SONICTEAM
386	6226	ANDRÉ CARVALHO	M	32		00:53:30	00:52:51	CLUBE VODAFONE
387	6227	MANUEL FIGUEIRA	M	26		00:53:30	00:52:51	CLUBE VODAFONE
388	5258	DULCE RAMOS	F	44		00:53:32	00:52:51	C MILLENNIUM BCP
389	6056	ODÍLIA MARIA FERNANDES PEREIRA	F	42		00:53:34	00:53:20	
390	5928	PAULO SILVA	M	52		00:53:35	00:53:28	

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
391	5512	MARTA COELHO	F	42		00:53:36	00:53:21	CLUBE BOLINHA
392	5580	PEDRO SANTOS	M	36		00:53:37	00:53:25	
393	5156	ANTÓNIO GUEDES	M	42		00:53:37	00:53:26	AÇOREANA C BANIF
394	5134	PEDRO RAFAEL MENDONÇA	M	38		00:53:38	00:53:26	
395	5104	SABIR KANJI	M	34		00:53:39	00:53:05	SS CGD
396	5608	CARINA VEIGA	F	28		00:53:40	00:53:26	GD SANTANDER TOTTA
397	5537	RICARDO SEABRA MOURA	M	37		00:53:41	00:52:51	V DATLETAS
398	5499	DINO SILVA	M	37		00:53:42	00:53:15	PICAS
399	5498	VERA POLVORA	F	28		00:53:42	00:53:15	PICAS
400	5532	CLAUDIA RAMALHO	F	34		00:53:43	00:52:58	IGFEJAMOS CORREDORES CLUBE
401	5301	PAULO CARVALHO	M	59		00:53:45	00:53:27	CLUBE EDP LISBOA
402	6223	INÊS ARRENEGA	F	38		00:53:45	00:53:32	
403	5747	RAQUEL VIEIRA	F	32		00:53:49	00:53:41	EX-ITAS
404	5120	DANIEL TOMAS	M	30		00:53:49	00:53:27	
405	5736	MERCEDES FONSECA	F	57		00:53:49	00:53:39	
406	6195	LUÍS AMADEU RAMOS FERREIRA LOPES	M	59		00:53:51	00:53:41	
407	6018	JOSÉ GRAÇA VALENTIM	M	42		00:53:53	00:53:20	CLUBE COLABORADORES AXA
408	5173	JOSE MARIA QUEIROZ DE BARROS GONÇALVES PEREIRA	M	19		00:53:54	00:53:54	V DATLETAS
409	5638	VASCO VIEIRA	M	36		00:53:54	00:52:42	ACTIVE PEOPLE
410	5175	PEDRO SIMÕES COELHO	M	54		00:53:55	00:53:55	V DATLETAS
411	5229	LUIS ANDORINHO	M	36		00:53:55	00:53:50	
412	5855	CARLOS ALBERTO MARQUES RODRIGUES	M	27		00:53:56	00:53:33	
413	5445	PEDRO MACHADO	M	36		00:53:56	00:53:08	
414	5874	HUGO GOMES	M	33		00:53:59	00:53:47	
415	5351	DANIEL PEREIRA	M	29		00:54:00	00:53:52	EX-ITAS
416	6035	LUIS GRADÍSSIMO	M	34		00:54:00	00:52:57	
417	5350	MARIA MARTIS	F	30		00:54:00	00:53:51	EX-ITAS
418	5906	NUNO MIGUEL PEREIRA	M	32		00:54:03	00:52:30	PERNAS DE PAU
419	5993	ANA RITA MATOS	F	23		00:54:03	00:52:30	PERNAS DE PAU
420	5994	VASCO DANIEL FERREIRA BELCHIOR	M	31		00:54:03	00:54:03	PERNAS DE PAU
421	5859	MICHAEL ATTALI	M	28		00:54:05	00:54:00	
422	5666	HENRIQUE VENTURA	M	34		00:54:06	00:53:36	SEASIDE
423	5303	NUNO BARRETO	M	40		00:54:08	00:53:02	
424	6032	MICAELA MENDES	F	29		00:54:11	00:53:35	
425	6097	JOSÉ BARREIROS	M	46		00:54:11	00:54:04	OS ANDARILHOS
426	5611	JOEL SILVA	M	40		00:54:12	00:53:57	MONSTRINHOS
427	6163	FERNADO FERRITO	M	55		00:54:16	00:53:38	
428	5025	FRANCISCO NUNES	M	21		00:54:22	00:53:28	
429	5559	LUIS REIS	M	56		00:54:22	00:53:33	SS MONTEPIO GERAL

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
430	6099	RUI CARVALHO	M	36		00:54:22	00:54:12	OS ANDARILHOS
431	5885	DANIEL AMADOR	M	42		00:54:23	00:53:34	
432	5886	ARTUR CARVALHO	M	42		00:54:23	00:53:33	
433	5150	ARTUR GOMES	M	40		00:54:28	00:54:28	
434	5123	GONÇALO AMARAL CARVALHO	M	29		00:54:30	00:52:28	DIGGS
435	5257	FILIFE MANUEL SIMÕES	M	41		00:54:35	00:54:15	SONICTEAM
436	5238	VIRGINIA FONSECA	F	39		00:54:35	00:54:04	
437	5500	NUNO BRANDÃO	M	38		00:54:36	00:53:53	CLUBE DESPORTIVO TCPI-10KMS
438	5199	ANTÓNIO JOSÉ DOS SANTOS CORREIA	M	28		00:54:38	00:52:32	
439	5744	REMEDIOS RAMOS RIVAS	F	58		00:54:40	00:54:28	
440	5640	SAIDA MORAIS	F	41		00:54:40	00:53:28	ACTIVE PEOPLE
441	5116	PEDRO JOSÉ GRILO LOUREIRO	M	42		00:54:42	00:54:32	
442	5398	ANTÓNIO FILIFE	M	21		00:54:42	00:54:10	BRANCA DE NEVE E OS 5 ANÕES
443	5323	MARIA TERESA ESPINOSA BERNALDEZ	F	32		00:54:45	00:53:51	
444	5478	JOÃO FERNANDES	M	34		00:54:48	00:54:08	OS QUENIANOS
445	5193	PEDRO BUSCA	M	34		00:54:48	00:54:33	NO LIMITS
446	5817	HUGO MIGUEL RODRIGUES COLAÇO	M	35		00:54:49	00:54:19	
447	5420	MANUEL MANTEIGAS	M	29		00:54:51	00:53:50	CLUBE GRUPO BES
448	5310	JORGE JESUS	M	60		00:54:52	00:54:04	CBAMM
449	5279	EICARDO GOMES	M	42		00:54:55	00:54:29	C MILLENNIUM BCP
450	5449	JOSE RIBEIRO	M	65		00:54:57	00:54:04	GD SANTANDER TOTTA
451	5767	ÂNGELO FLOR	M	57		00:54:59	00:54:22	
452	5438	SANDRA OLIVEIRA	F	34		00:55:02	00:54:07	
453	5252	ANTONIO S SOUSA	M	67		00:55:02	00:54:20	C MILLENNIUM BCP
454	6241	VASCO TEIXEIRA	M	27		00:55:03	00:53:55	EQUIPA A
455	5645	JOSE DIAS	M	56		00:55:04	00:54:23	NUCLEO DESPORTIVO AUTOCOOPE
456	5873	JOSE MIGUEL MADEIRA	M	42		00:55:08	00:54:56	
457	5411	MANUEL CARDOSO	M	34		00:55:08	00:54:32	CLUBE GRUPO BES
458	5166	JOÃO VIEIRA DE ALMEIDA	M	52		00:55:10	00:54:22	V DATLETAS
459	5735	JORGE HEITOR	M	53		00:55:10	00:55:10	VICTORIA II
460	5185	CLAUDIA CASCAIS	F	35		00:55:13	00:54:10	RUN FOR LIFE
461	5022	RUI MARTINS	M	42		00:55:14	00:54:34	
462	5912	JOSÉ JOAQUIM CARVALHO	M	60		00:55:14	00:54:22	
463	6159	JOSÉ GONÇALVES RIBEIRO	M	59		00:55:15	00:52:15	
464	5614	FRANCISCO LINHOL	M	59		00:55:15	00:54:10	
465	5190	FLÁVIA PEREIRA	F	26		00:55:17	00:55:00	
466	5188	HUGO MATOS	M	26		00:55:17	00:55:01	MATOS BROTHERS
467	6057	PAULO ALEXANDRE DUARTE ROBERTO	M	41		00:55:19	00:54:55	
468	5991	PAULO ROXO	M	38		00:55:27	00:55:16	

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
469	5823	ANA BARRETO	F	32		00:55:27	00:54:51	
470	6012	PEDRO CORREIA	M	27		00:55:28	00:55:05	
471	5281	RUI M.C.P. ROCHA	M	39		00:55:30	00:55:30	
472	6403	JOAO SALGUEIRO	M	23		00:55:30	00:55:30	
473	6401	RAFAELA MACHADO	F	23		00:55:30	00:55:30	
474	6402	HUGO FERNANDES	M	23		00:55:30	00:55:30	
475	5202	TANIA NUNES	F	31		00:55:32	00:55:05	PICAS
476	5201	FERNANDO SILVA	M	34		00:55:32	00:55:05	PICAS
477	5052	CATARINA SANTOS	F	29		00:55:34	00:55:10	PÉS DE CHUMBO
478	5050	RUI CHAVES	M	39		00:55:34	00:55:34	PÉS DE CHUMBO
479	5754	LUCIANO BATISTA	M	28		00:55:36	00:54:38	
480	5962	MARIA ARMANDA SOEIRO	F	43		00:55:36	00:54:38	
481	5776	HENRIQUE MODESTO	M	45		00:55:40	00:51:55	LOJA DO ATLETA
482	5146	SARA LOPES	F	28		00:55:41	00:55:19	
483	5296	MARIA SHIELDS	F	43		00:55:42	00:54:58	
484	5133	MAFALDA NOGUEIRA	F	21		00:55:49	00:55:42	ALHANDRA SC
485	5126	RUDI CRISTETA	M	19		00:55:50	00:55:43	ALHANDRA SC
486	5990	DÁRIO SANTOS	M	30		00:55:50	00:55:34	
487	5832	REYES VILLAJOS	M	29		00:55:53	00:54:51	
488	5080	SANDRO LAVADO	M	33		00:55:54	00:55:28	ACCVCAVI
489	5969	DONNI MOHAMMAD AKBAR	M	39		00:55:55	00:55:47	
490	5811	RICARDO CAMPOS	M	38		00:55:58	00:55:03	
491	6024	GABRIEL LÚCIO	M	30		00:56:00	00:55:32	
492	5339	VÂNIA TEIXEIRA	F	30		00:56:01	00:55:34	XISTEAM
493	5795	RICARDO DOURADO	M	37		00:56:02	00:55:16	
494	5060	CARLOS CUNHA	M	40		00:56:02	00:55:31	
495	5713	DANIEL SWIRSKY	M	23		00:56:03	00:55:32	
496	5710	MARIA BADALO	F	49		00:56:03	00:55:46	
497	5260	FILIPA VILAR	F	28		00:56:04	00:55:35	C MILLENNIUM BCP
498	5144	ARTUR SANTOS	M	36		00:56:04	00:55:45	
499	6050	HUGO BARRETO	M	36		00:56:05	00:55:01	
500	5898	ANTÓNIO PEDRO RODRIGUES	M	39		00:56:06	00:56:02	TARAHUMARA
501	5971	AFSY NADINA	F	32		00:56:08	00:56:00	
502	5723	RICARDO MACHADO DOS SANTOS	M	32		00:56:09	00:55:21	
503	5007	NUNO ALMEIDA	M	36		00:56:10	00:55:22	
504	5307	MÁRIO LAMEIRÃO	M	65		00:56:11	00:55:57	CBAMM
505	5536	TIAGO BESSA	M	32		00:56:11	00:54:58	V DATLETAS
506	5273	Mª ODETE SA	F	66		00:56:12	00:55:51	C MILLENNIUM BCP
507	5285	SOFIA SA	F	35		00:56:13	00:55:52	C MILLENNIUM BCP

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
508	5369	LUIS TEIXEIRA	M	44		00:56:13	00:55:19	OS TARTARUGAS
509	5890	MIGUEL SEMEDO	M	34		00:56:13	00:56:02	
510	5609	NIDIA FERREIRA	F	34		00:56:14	00:55:16	GD SANTANDER TOTTA
511	5701	NUNO TALAIA DA COSTA	M	32		00:56:16	00:55:11	
512	6218	PEDRO NAVARRO	M	34		00:56:18	00:55:12	
513	5368	FILIPA FRÓIS	F	20		00:56:19	00:56:19	
514	5348	PEDRO PEREIRA	M	37		00:56:20	00:55:25	DAGORDA
515	5895	PEDRO RICARDO NUNES	M	39		00:56:22	00:55:57	
516	5693	SERGIO BORGES	M	41		00:56:22	00:55:42	NUCLEO DESPORTIVO AUTOCOOPE
517	5531	HELDER FILIPE LOPES DAS NEVES	M	31		00:56:24	00:56:12	IGFEJAMOS CORREDORES CLUBE
518	5796	MIGUEL FLORA	M	42		00:56:25	00:55:35	
519	5338	RUI MADEIRA DOS SANTOS	M	37		00:56:25	00:55:58	XISTEAM
520	5396	SANTOS GUEREIRO	M	51		00:56:27	00:56:10	
521	6188	PAULO FIGUEIREDO	M	48		00:56:27	00:56:06	32 RUN
522	6076	SARA ALMEIDA GOMES	F	27		00:56:29	00:55:58	
523	6191	JOSÉ SEQUEIRA	M	42		00:56:29	00:56:08	32 RUN
524	5858	ELODIE ROLLAND	F	26		00:56:31	00:56:25	
525	5397	ANTONIO COSTA	M	62		00:56:31	00:56:14	
526	6249	MARIA COTTINELLI COSTA	F	43		00:56:32	00:55:44	V DATLETAS
527	5419	RICARDO SILVA	M	36		00:56:33	00:55:57	CLUBE GRUPO BES
528	6095	FLORIANO PEREIRA	M	42		00:56:36	00:56:28	OS ANDARILHOS
529	6029	JORGE JESUS	M	39		00:56:39	00:56:01	
530	6006	FERNANDA COSTA	F	51		00:56:41	00:56:25	AMIGOS ATLETISMO MAFRA
531	5343	JOANA RIBEIRO	F	20		00:56:42	00:55:45	DAGORDA
532	5540	ANABELA SILVA	F	33		00:56:43	00:56:17	PICAS
533	5662	JUDITE BAIXINHO	F	27		00:56:45	00:56:23	
534	6135	SILVESTRE MACHADO	M	49		00:56:46	00:56:02	
535	5460	DINIS SOUSA	M	72		00:56:50	00:55:48	GD SANTANDER TOTTA
536	5601	LIDIA LOPES	F	51		00:56:52	00:55:50	GD SANTANDER TOTTA
537	5291	MAURO CASTRO	M	38		00:56:52	00:55:50	RUNNIOLOGIA
538	5444	ROGÉRIO PUGA LEAL	M	50		00:56:54	00:56:03	JAZZY RUNNERS
539	5864	JORGE FERREIRA	M	36		00:56:58	00:56:40	
540	6061	PEDRO MACHADO	M	38		00:56:59	00:56:52	
541	5896	ANA ISABEL DUARTE	F	38		00:57:01	00:56:38	
542	5115	SANDRA PAULA FERREIRA CARDOSO	F	41		00:57:02	00:56:52	
543	5829	MARIANA SILVA	F	36		00:57:03	00:55:31	SMILE TEAM
544	5151	BRUNO MADEIRA	M	35		00:57:04	00:56:36	
545	5771	CRISTINA RIBEIRO	F	32		00:57:04	00:56:09	LOJA DO ATLETA
546	5978	CLAUDIO MATEUS	M	34		00:57:14	00:57:01	

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
547	5290	PAULO SOUSA	M	40		00:57:14	00:56:14	RUNNIOLOGIA
548	5435	MARI QUITÉRIA	F	40		00:57:16	00:57:00	
549	6062	PEDRO ANACLETO	M	44		00:57:16	00:57:11	
550	5568	INÊES OLIVA	F	20		00:57:17	00:56:35	CLUBE ANA LISBOA
551	5572	JOSE MARTINS	M	59		00:57:17	00:56:36	CLUBE ANA LISBOA
552	6139	RODRIGO CARVALHO	M	49		00:57:20	00:56:28	
553	5756	MARCO SILVA	M	34		00:57:21	00:57:00	
554	5606	SANDRA MARINHO	F	41		00:57:22	00:57:02	GD SANTANDER TOTTA
555	5597	JOAO MARINHO	M	46		00:57:22	00:57:02	GD SANTANDER TOTTA
556	5857	TIAGO SARDO	M	36		00:57:23	00:57:14	
557	5518	RICARDO MARTINS	M	34		00:57:23	00:57:07	
558	5293	ANDREW PENDLEBURY	M	30		00:57:24	00:56:41	
559	5140	ALFREDO PINHAL	M	62		00:57:25	00:56:55	
560	6149	FRANCISCO TEIXEIRA	M	40		00:57:25	00:57:04	
561	5295	LENA KARIKSTAD	F	33		00:57:25	00:56:42	
562	5211	MARTA DUARTE	F	34		00:57:26	00:56:20	AMIGOS DA CORRIDA
563	5196	LUÍS GARÇÃO	M	46		00:57:27	00:57:11	NO LIMITS
564	5577	FERNANDO NUNES PIRES	M	40		00:57:30	00:57:30	
565	5940	BRUNO ANDRADE	M	34		00:57:31	00:56:39	CORRER NA CIDADE
566	5887	NUNO GONÇALVES	M	60		00:57:31	00:57:08	
567	5939	NATALIA COSTA	F	33		00:57:31	00:56:40	CORRER NA CIDADE
568	5465	JOSÉ LOPES	M	44		00:57:38	00:57:04	IGM RUNNERS
569	6058	SANDRA GONÇALVES	F	27		00:57:41	00:57:37	
570	5319	PAULO FERNANDES	M	46		00:57:42	00:57:07	
571	5171	FREDERICO GONÇALVES PEREIRA	M	48		00:57:50	00:57:50	V DATLETAS
572	6197	ANA FREITAS	F	25		00:57:51	00:57:27	JAVALIS DO MATO
573	5749	INÊS ALMEIDA	F	20		00:57:53	00:56:54	ALMEIDAS
574	5750	PAULO ALMEIDA	M	46		00:57:53	00:56:55	ALMEIDAS
575	5489	PAULO FRAGUEIRO	M	40		00:57:57	00:57:40	
576	5294	DIEUWKE DE ROOS SCHWEITZER	F	37		00:57:58	00:57:15	
577	5599	JOSE MONTEIRO	M	64		00:58:03	00:57:54	GD SANTANDER TOTTA
578	5533	ANIBAL RODRIGUES	M	51		00:58:05	00:57:19	IGFEJAMOS CORREDORES CLUBE
579	5001	FERNANDO V BOAS	M	54		00:58:06	00:57:31	
580	5274	Mª PIEDADE LOURENÇO	F	70		00:58:07	00:57:23	C MILLENNIUM BCP
581	5555	JORGE SOUSA	M	38		00:58:09	00:57:49	
582	5556	JOAO GONCALVES	M	36		00:58:09	00:57:49	
583	5607	SILVIA TEIXEIRA	F	36		00:58:14	00:57:49	GD SANTANDER TOTTA
584	6194	ANA MARTINS	F	53		00:58:15	00:57:26	
585	5768	CARLOS MELO	M	36		00:58:16	00:57:27	SS MONTEPIO GERAL

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
586	6222	DÁLIA LEITE	F	50		00:58:18	00:58:05	
587	5081	ARMANDO VENTURA LUÍZ	M	66		00:58:20	00:57:49	
588	5392	CESAR CORREIA	M	43		00:58:24	00:57:52	IGM RUNNERS
589	5028	ANTÓNIA DA CRUZ LOPES PAIVA	F	43		00:58:26	00:57:28	
590	5210	LUÍS REBORDÃO SAMPAIO	M	33		00:58:31	00:57:25	AMIGOS DA CORRIDA
591	5097	CARLOS TOME	M	62		00:58:35	00:58:12	C MILLENNIUM BCP
592	5077	RICARDO MARINO RODRIGUES	M	35		00:58:39	00:58:02	
593	5545	TERESA GRAY	F	49		00:58:40	00:58:15	CCD TRANQUILIDADE
594	5027	SÉRGIO POMBINHO	M	35		00:58:40	00:56:33	
595	5816	ISABEL FILIPA GARCIA MONTEIRO	F	27		00:58:40	00:58:40	
596	5684	ARMANDO GONÇALVES PEREIRA	M	48		00:58:40	00:58:34	
597	5546	PEDRO VENTURA	M	37		00:58:41	00:58:17	CCD TRANQUILIDADE
598	5592	MIGUEL FRAGA	M	43		00:58:45	00:58:28	GD IN CASA MOEDA
599	6243	HUGO BALAU	M	33		00:58:46	00:57:38	EQUIPA A
600	5337	LUIS C DIAS	M	34		00:58:48	00:51:39	
601	5321	PAULO ALMEIDA	M	40		00:58:48	00:58:03	SS MONTEPIO GERAL
602	5345	JOÃO RIBEIRO	M	22		00:58:50	00:57:53	DAGORDA
603	5655	ANTÓNIO DELICADA	M	39		00:58:50	00:58:50	
604	6224	JÚLIA ROCHA	F	42		00:58:50	00:58:43	
605	6154	DANIEL LEITÃO	M	54		00:58:50	00:58:35	MONSTRINHOS
606	6082	PEDRO PINTO	M	56		00:58:50	00:58:36	
607	6073	SINH ANGOR-NDOYE	F	34		00:58:54	00:58:35	
608	5370	ANTONIO SILVA	M	43		00:58:55	00:58:02	OS TARTARUGAS
609	6021	ANDRÉ ANJOS FREITAS	M	35		00:58:56	00:58:42	DEIXA PASSAR MAIOR DE PORTUGAL
610	6030	HUGO FERREIRA	M	29		00:58:56	00:57:31	RAINBOWTEAM
611	6081	JOÃO TIAGO ALEXANDRE	M	33		00:58:56	00:58:43	DEIXA PASSAR MAIOR DE PORTUGAL
612	6147	HUGO FIALHO	M	35		00:58:57	00:58:36	
613	5595	ANTONIO LOPES	M	68		00:58:58	00:57:58	CCDEL EFACEC - CARNAXIDE
614	5117	PEDRO PINTO	M	39		00:59:00	00:58:13	GD CIMPOR
615	5981	JOAQUIM FONSECA	M	58		00:59:01	00:58:50	
616	6155	JORGE ANJOS	M	44		00:59:02	00:58:48	MONSTRINHOS
617	5549	ANA PIRES	F	35		00:59:06	00:58:27	1+1=BUÉ
618	5731	MARIA HELENA DA SILVA COSTA ANDRADE	F	52		00:59:06	00:59:00	
619	5869	LUIA GUERRA SANTOS	F	45		00:59:07	00:59:03	
620	5317	JOSÉ CARLOS PAULINO	M	66		00:59:08	00:58:43	CBAMM
621	5535	NUNO PICADO	M	35		00:59:08	00:59:08	IGFEJAMOS CORREDORES CLUBE
622	5539	HUGO SILVA	M	34		00:59:09	00:58:56	PICAS
623	5289	RICARDO SILVA	M	27		00:59:09	00:58:08	RUNNIOLOGIA
624	5329	LUIS PEDRO CRISTÃO	M	38		00:59:10	00:57:32	CLUBE COLABORADORES AXA

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
625	5029	MARIA IRENE BRITO	F	48		00:59:11	00:59:11	
626	5030	SUSANA SILVA	F	40		00:59:11	00:59:11	
627	5157	LUCIA SILVA	F	33		00:59:16	00:58:43	AÇOREANA C BANIF
628	5634	MARIO ALMEIDA	M	69		00:59:17	00:59:17	
629	6158	MAGADIEL CATARRO	M	44		00:59:18	00:58:43	BROTHERS & FRIENDS, LDA
630	5385	PAULO CASTRO	M	56		00:59:22	00:58:37	
631	5579	RICARDO JOSÉ SIMÕES COELHO	M	43		00:59:22	00:58:53	
632	5033	Mª LUZ FREIRE	F	63		00:59:23	00:59:09	SEASIDE
633	5222	LUIS FARIAS	M	43		00:59:24	00:59:00	
634	5727	FERNANDO BASTO	M	46		00:59:25	00:58:48	
635	6044	CARLOS FERREIRA	M	49		00:59:26	00:58:35	
636	5032	MARTINHO FREIRE	M	69		00:59:26	00:59:10	SEASIDE
637	5181	PAULA SOARES	F	28		00:59:27	00:58:53	ASSOCIAÇÃO GD ACADEMIA DO KORP
638	5148	PEDRO CASTANHEIRA	M	31		00:59:29	00:59:29	
639	6053	JOSÉ ROSA	M	28		00:59:31	00:58:45	
640	5629	ANA GONÇALVES	F	46		00:59:41	00:58:40	
641	5628	SÓNIA DOMINGOS	F	36		00:59:42	00:58:42	
642	5164	JOÃO MOTA LOPES	M	42		00:59:45	00:58:55	V DATLETAS
643	5677	ANA RITA VENTURA DAVID	F	38		00:59:45	00:58:57	
644	6075	MARTA BYRNE	F	47		00:59:45	00:58:53	
645	5765	MÁRIO NUNO MENDES ALVES PEQUITO GASPAR	M	27		00:59:46	00:59:38	
646	5970	ARI SAPTAWIJAYA	M	37		00:59:47	00:59:39	
647	6054	SARA PETRAGLIO	F	41		00:59:48	00:59:01	
648	5336	EVA SUSANA SALSINHA	F	35		00:59:48	00:59:22	PAIO PIRES RUN
649	5412	NUNO M NUNES	M	35		00:59:49	00:59:09	CLUBE GRUPO BES
650	5407	ANA C DUARTE	F	31		00:59:49	00:59:10	CLUBE GRUPO BES
651	6069	MEGAN CAREY	F	39		00:59:51	00:59:37	
652	5441	PAULA ORDONHO	F	32		00:59:54	00:59:00	JAZZY RUNNERS
653	5491	RUI DE CARVALHO	M	49		00:59:56	00:59:16	
654	6067	DANIEL FIGUEIREDO	M	27		00:59:57	00:57:11	IRAQ'UNITA
655	5113	JOAQUIM CAPUCHO	M	62		01:00:00	00:59:45	
656	6088	ANA JOSEFINA ALVES GOMES	F	38		01:00:01	00:59:32	ESMTC2
657	5383	MARIA JOÃO D. S. FRANCO	F	39		01:00:01	00:59:31	JOTAS
658	6157	FERNANDO BASTOS	M	48		01:00:02	00:59:27	BROTHERS & FRIENDS, LDA
659	5570	LUÍS CRUIZ	M	30		01:00:03	00:59:21	CLUBE ANA LISBOA
660	6017	LUIS MIGUEL AFONSO	M	35		01:00:06	00:59:52	CLUBE COLABORADORES AXA
661	5468	ZEFERINO BOAL	M	51		01:00:08	00:59:55	
662	5871	NUNO MARTINS	M	31		01:00:09	00:59:23	
663	5863	PAULA GOMES	F	37		01:00:10	00:59:52	

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
664	6063	PEDRO SÉRGIO	M	45		01:00:12	00:59:44	
665	5131	RAUL PIMENTA	M	63		01:00:20	00:59:36	
666	5236	ADOLFO SALAZAR	M	70		01:00:21	01:00:10	CLUBE EDP LISBOA
667	5923	PAULA VINAGRE NUNES	F	39		01:00:25	01:00:00	
668	5924	PEDRO NUNES	M	41		01:00:25	01:00:00	
669	5333	PAULO FIGUEIREDO	M	44		01:00:28	00:59:27	
670	5334	RAQUEL FIGUEIREDO	F	20		01:00:29	00:59:29	
671	6003	MARIANA MADEIRA DA SILVA DIAS	F	26		01:00:30	00:58:37	
672	5667	MAYA ATTINELLO	F	32		01:00:34	01:00:26	RUNNING MUMS
673	6153	HENRIQUE ALVES	M	51		01:00:37	01:00:21	
674	5100	PAULO NUNES	M	45		01:00:47	00:59:51	SS CGD
675	5087	AURELIO CALADO	M	64		01:00:47	01:00:08	SS CGD
676	6170	MÓNICA PEREIRA	F	37		01:00:47	00:59:53	
677	5862	JOÃO FERNANDES BARATA	M	21		01:00:48	00:59:31	
678	5663	MARIUSZ MICHALOWSKI	M	36		01:00:56	01:00:02	
679	5769	CLÁUDIA LOBATO	F	30		01:00:57	01:00:50	
680	5833	LARA BRIÑÓN	F	29		01:00:59	01:00:59	
681	5507	ÁLVARO CARDOSO	M	31		01:01:00	01:00:15	
682	6182	SARA VEDEL	F	33		01:01:01	01:00:52	RUNNING MUMS
683	5630	ALEXANDRA PIRES	F	46		01:01:01	01:00:02	
684	5292	RICARDO GASPAR	M	60		01:01:03	01:00:29	
685	5882	JOANA HEITOR	F	31		01:01:06	01:01:06	
686	5602	LUIS SILVA	M	71		01:01:07	01:00:19	GD SANTANDER TOTTA
687	5508	NUNO MIGUEL DOS SANTOS MENDONÇA	M	28		01:01:08	01:00:24	
688	6193	FILOMENA FURTADO	F	57		01:01:10	00:57:51	
689	5720	SANDRA LOPES	F	34		01:01:11	00:59:47	RAINBOWTEAM
690	6204	RUI ALMEIDA	M	37		01:01:14	01:00:28	JAQUINZINHOS DE CORRIDA
691	6203	PAULO TÁPIA	M	33		01:01:14	01:00:27	JAQUINZINHOS DE CORRIDA
692	5777	INÊS PICADO	F	41		01:01:17	01:00:21	LOJA DO ATLETA
693	5240	CARLA BATISTA	F	41		01:01:18	01:00:46	
694	5215	JOSÉ RODRIGUES	M	61		01:01:22	00:58:28	CLUBE ROBBIALAC
695	5613	CARLOS PALMA	M	59		01:01:23	01:00:47	BROTHERS & FRIENDS, LDA
696	5682	LUIS MARQUES	M	39		01:01:27	01:00:46	
697	5086	ANTONIO FONSECA	M	44		01:01:27	01:01:01	SS CGD
698	5734	HELENA ESTEVINHA	F	44		01:01:27	01:00:47	GCP
699	5366	CHARLOTTE KHANOUFI	F	27		01:01:28	01:00:47	THE TRANNIES
700	5381	CESAR FIALHO GUERRA	M	44		01:01:29	01:00:51	
701	5656	INÊS VAZ	F	20		01:01:31	01:00:37	
702	6074	JOSIANE GAILLARD	F	48		01:01:36	01:01:19	

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
703	5275	Mª TERESA JANELA	F	56		01:01:36	01:01:36	C MILLENNIUM BCP
704	5393	JOAQUIM FILIPE	M	47		01:01:38	01:01:06	BRANCA DE NEVE E OS 5 ANÕES
705	5473	MÁRIO RUI FERREIRA	M	31		01:01:39	01:01:11	OS CUNHADOS
706	6015	PAULO JORGE PAIXÃO	M	39		01:01:39	01:01:26	CLUBE COLABORADORES AXA
707	6020	CATARINA MORGADO FIGUEIRA	F	35		01:01:39	01:01:25	CLUBE COLABORADORES AXA
708	5470	BRUNO MIGUEL LUZ	M	32		01:01:39	01:01:11	OS CUNHADOS
709	5402	ELISABETH LOUREIRO	F	57		01:01:41	01:00:56	SC CASAINHOS
710	5380	MARIA TAVARES DE ALMEIDA	F	35		01:01:42	01:01:17	
711	5379	MIGUEL RODRIGUES	M	35		01:01:43	01:01:17	
712	5553	PEDRO MACHADO	M	51		01:01:48	01:01:22	
713	5041	REBECA CORDERO IBARES	F	41		01:01:52	01:01:52	
714	5328	SOLANGE FIGUEIRA	F	35		01:01:57	01:01:42	
715	5687	VALDEMAR VIEGAS	M	38		01:02:01	00:59:26	OS V&V'S
716	5504	FERNANDO MACIEIRA	M	41		01:02:03	01:01:20	
717	5503	LUIS DIOGO FERREIRA	M	40		01:02:03	01:01:20	
718	5224	LÚCIA COSTA	F	30		01:02:05	01:01:37	
719	5223	ANTÓNIO ALMEIDA	M	54		01:02:05	01:01:37	
720	5670	MARIA MEDEIROS	F	35		01:02:06	01:01:57	RUNNING MUMS
721	5089	DORA PIRES	F	47		01:02:07	01:01:12	SS CGD
722	5824	LUÍSA ISABEL MARTINS RODRIGUES MONTEIRO	F	37		01:02:22	01:01:45	
723	5639	TÂNIA COSTA	F	32		01:02:25	01:01:14	ACTIVE PEOPLE
724	6181	SARAH CONROY	F	31		01:02:25	01:02:16	RUNNING MUMS
725	5484	SARA CLÁUDIA DUARTE MARINHO	F	38		01:02:26	00:57:50	
726	5011	SÉRGIO DANIEL	M	71		01:02:28	01:02:28	NA PAPAGAIOS CASCAIS
727	5453	NÍDIA SILVA	F	58		01:02:30	01:01:32	
728	5259	FERNANDO LEMOS	M	63		01:02:31	01:02:22	C MILLENNIUM BCP
729	5461	HERLANDER BRAZ	M	54		01:02:35	01:02:16	GD SANTANDER TOTTA
730	6028	ANDRE MARTA	M	37		01:02:38	01:02:15	
731	6026	INES BARBOSA	F	37		01:02:39	01:02:16	
732	6124	SÓNIA RAFAEL ANTUNES PIO	F	35		01:02:41	01:01:58	FERNÉTICOS
733	5688	ELISABETE DE SÁ	F	38		01:02:41	01:02:27	
734	6025	XAVIER ANDRESEN	M	37		01:02:46	01:02:22	
735	5569	CLÁUDIA LOPES	F	41		01:02:46	01:02:39	CLUBE ANA LISBOA
736	5005	SUSANA PIRES	F	27		01:02:54	01:02:19	
737	5239	CLÁUDIA RAMOS	F	39		01:02:54	01:02:22	
738	5784	JOAQUIM PEREIRA	M	33		01:03:00	01:02:55	
739	5062	NUNO COTRIM	M	41		01:03:01	01:02:32	CUNHAVALENTE
740	5099	NILDA SILVA	F	30		01:03:02	01:02:33	SS CGD
741	5936	TERESA MARCELINO	F	41		01:03:08	01:03:08	

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
742	5065	ANA-ALICE SIMÕES PEREIRA	F	50		01:03:09	01:02:44	
743	5209	JOSE MANUEL SILVA SANTOS MARTINS	M	56		01:03:12	01:02:36	
744	5057	ANA CRISTINA CALAFATE	F	46		01:03:13	01:02:55	
745	5055	LÊNIO FERNANDO NOGUEIRA MARINHO	M	59		01:03:14	01:02:56	
746	5180	NUNO RENATO DE SALDANHA PEREIRA VIEIRA	M	50		01:03:20	01:02:32	V DATLETAS
747	5659	CÉSAR RODRIGUES	M	41		01:03:22	01:02:44	RUN BUDDY RUN
748	5931	GOTTFRIED KOLLASCHECK	M	59		01:03:24	01:03:24	
749	6060	RITA SILVA	F	41		01:03:25	01:03:18	
750	5658	GONÇALO LOPES	M	38		01:03:25	01:02:48	RUN BUDDY RUN
751	5026	JOANA CRUZ	F	33		01:03:25	01:01:16	
752	5618	FERNANDA CALADO	F	46		01:03:27	01:03:00	CARAPUS DE CORRIDA
753	5165	PEDRO DA CONCEIÇÃO ROCHA HORTA CORREIA	M	51		01:03:28	01:02:43	V DATLETAS
754	5176	BELÉN DE VICENTE	F	46		01:03:28	01:02:42	V DATLETAS
755	6036	ROBERTO TCHIAN	M	48		01:03:32	01:03:11	
756	5486	ANA RAQUEL CORREIA SIMÕES	F	27		01:03:35	01:02:54	
757	5485	PEDRO MIGUEL TORCATO FAUSTINO	M	28		01:03:36	01:02:56	
758	5562	MONICA ABREU	F	33		01:03:36	01:02:55	SS MONTEPIO GERAL
759	5740	FERNANDO RODRIGUES	M	36		01:03:40	01:02:43	PANQUECAS
760	5867	JÚLIA FILIPE	F	35		01:03:47	01:03:13	
761	5712	SARA SOARES	F	25		01:03:47	01:03:33	
762	5578	NUNO GUERREIRO JACINTO	M	44		01:03:50	01:02:40	
763	5674	CINA ANTUNES	F	29		01:03:53	01:03:28	
764	5058	SANDRA PRATA	F	42		01:03:54	01:03:21	
765	6152	LILIANA SARAIVA GABRIEL GOMES	F	34		01:04:05	01:04:05	
766	6065	PEDRO MOREIRA	M	36		01:04:09	01:02:27	
767	5170	ANA CANAVEIRA	F	46		01:04:09	01:03:45	
768	5679	CARLOS MACHADO	M	37		01:04:11	01:03:17	
769	5837	ANA C PAIXAO	F	41		01:04:12	01:03:23	SS MONTEPIO GERAL
770	5678	JORGE FERREIRA	M	58		01:04:12	01:03:18	
771	5522	CATARINA GONÇALVES	F	32		01:04:13	01:03:39	
772	5108	ARTUR DINIS	M	56		01:04:15	01:03:59	
773	5109	PAULA COUTO	F	50		01:04:15	01:03:59	
774	5254	BERNARDO PARAIBA	M	59		01:04:16	01:03:57	C MILLENNIUM BCP
775	6090	MAFALDA SOFIA AFONSO CARDOSO	F	36		01:04:16	01:03:46	ESMTC2
776	6236	ANA FILIPA GONÇALVES PATRÍCIO BEXIGA PEREIRA	F	34		01:04:17	01:03:53	JAVALIS DO MATO
777	5755	ANDREIA FILIPA DOS SANTOS FERREIRA	F	20		01:04:21	01:03:34	
778	5757	ANA CATARINA GOMES FERREIRA	F	20		01:04:22	01:03:35	
779	5218	SUSANA RUA	F	35		01:04:25	01:03:52	WIKABOO
780	5953	BRUNO VAZ	M	32		01:04:26	01:04:26	NEVES VAZ

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
781	5327	CARLOTA MARIA MARQUES DA SILVA PEREIRA	F	21		01:04:27	01:04:08	
782	6049	JOANA CALADO	F	25		01:04:28	01:03:52	
783	5231	ANA VALA	F	35		01:04:31	01:04:23	DCS RUNNING
784	5738	SÉRGIO TAVARES	M	38		01:04:31	01:03:56	MONAVIE TEAM
785	6151	LAURA ELENA CARMENATES	F	55		01:04:34	01:00:39	
786	6034	ANA VAZ	F	32		01:04:36	01:04:36	
787	5462	ANDREIA VALERIO	F	33		01:04:37	01:03:55	
788	6031	FERNANDA RIVAS OLIVEIRA	F	45		01:04:38	01:03:13	RAINBOWTEAM
789	5282	ROGERIO ARAUJO	M	49		01:04:39	01:04:20	C MILLENNIUM BCP
790	5362	MADALENA FONSECA	F	57		01:04:40	01:03:48	
791	5625	JOSÉ MARIANO	M	46		01:04:41	01:04:41	
792	5118	NUNO SANTOS	M	38		01:04:45	01:03:55	
793	5044	ANDREIA ALVES	F	32		01:04:46	01:04:14	
794	6196	GONÇALO FONSECA ARAÚJO	M	44		01:04:46	01:04:13	
795	5950	JOÃO VAZ	M	59		01:04:46	01:04:46	NEVES VAZ
796	5918	MARIA HELENA DE CASTRO LOPES HEITOR	F	49		01:04:49	01:04:49	
797	5184	ANA TERESA SEABRA	F	48		01:04:49	01:03:49	RUN FOR LIFE
798	5135	SUSANA LUISA DE OLIVEIRA ALVES	F	40		01:04:51	01:04:33	
799	5581	MAFALDA LUÍSA HENRIQUES LOPES PEREIRA	F	23		01:04:51	01:03:55	
800	5741	RODRIGO RODRIGUES	M	32		01:04:53	01:03:53	PANQUECAS
801	5587	RUI ALMEIDA	M	42		01:04:54	01:04:54	MARRIOTT LISBOA
802	5685	JOAO GRAÇA	M	74		01:04:56	01:04:10	NUCLEO DESPORTIVO AUTOCOOPE
803	6089	ANTÓNIO FANECA	M	57		01:04:57	01:04:20	
804	6131	DINORA MENDONÇA	F	39		01:04:58	01:04:18	GCP
805	5916	FRANCISCO CAMPILHO	M	47		01:04:58	01:04:58	VICTORIA II
806	5752	JOANA SOUSA	F	33		01:05:03	01:03:58	
807	5751	JOÃO FERNANDES	M	45		01:05:04	01:04:00	
808	5394	ISABEL	F	41		01:05:18	01:04:46	BRANCA DE NEVE E OS 5 ANÕES
809	5403	CLAUDIA ANDRE	F	36		01:05:19	01:04:36	SC CASAINHOS
810	5557	NUNO ALMEIDA	M	35		01:05:19	01:04:28	SS MONTEPIO GERAL
811	5673	JOSÉ CASIMIRO	M	25		01:05:21	01:04:19	
812	5371	MARIA LEONOR SANTOS ANTUNES	F	44		01:05:22	01:04:30	
813	5324	TATIANA SILVA	F	23		01:05:27	01:04:49	
814	6071	ANA SOFIA MACHADO	F	26		01:05:27	01:04:49	
815	5759	REINALDO PEREIRA	M	50		01:05:28	01:05:28	
816	5204	MARIA DE JESUS COSTA	F	48		01:05:35	01:04:47	
817	5205	DOMINGAS MONICA SANTOS	F	54		01:05:35	01:04:46	
818	5753	ONADIA L BARROS	F	38		01:05:36	01:04:37	
819	5012	ELENA PIRNAU	F	49		01:05:39	01:04:58	NA PAPAGAIOS CASCAIS

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
820	6184	MANUEL FILIPE OLIVEIRA GARCIA	M	31		01:05:50	01:04:47	
821	6183	MANUEL GARCIA VAZQUEZ	M	58		01:05:50	01:04:47	
822	5974	DUARTE COSTA	M	30		01:05:53	01:05:01	
823	5672	MARTINHA LARANJEIRA DA COSTA	F	24		01:05:58	01:04:56	
824	6004	RUI HENRIQUES	M	66		01:06:07	01:05:49	ADRC MATA DE BENFICA
825	6233	PEDRO ALVES	M	31		01:06:08	01:05:28	
826	5911	RUY ALEXANDRE HENRIQUES DE ABREU	M	37		01:06:10	01:05:36	
827	5309	JOÃO CORREIA	M	61		01:06:11	01:05:43	CBAMM
828	5582	PRITESH MANILAL	M	36		01:06:13	01:05:53	
829	5177	JOÃO CARLOS RISCADO RAPOULA	M	30		01:06:15	01:05:24	VDATLETAS
830	5490	CARLA ALEXANDRA CARDOSO HORTA AFONSO DUARTE	F	36		01:06:17	01:05:15	
831	5954	ELISABETE CABRAL	F	41		01:06:19	01:05:20	
832	5212	INÊS CUNHA	F	27		01:06:23	01:03:53	CLUBE ROBBIALAC
833	6192	SIMONA FAKTOROVA	F	30		01:06:23	01:06:05	
834	6162	JOSE PARRANÇA	M	75		01:06:24	01:05:49	
835	6105	RICARDO MENDES	M	35		01:06:24	01:06:10	
836	5671	SARA ALEXANDRA DIAS	F	31		01:06:30	01:05:31	FIT TEAM
837	5717	HUGO MIGUEL OLIVEIRA	M	35		01:06:30	01:05:31	FIT TEAM
838	5714	JÚLIO DA COSTA	M	44		01:06:32	01:05:31	FIT TEAM
839	5715	ROSANGELA CORREIA	F	41		01:06:32	01:05:32	FIT TEAM
840	5909	ONDINA TEODORO	F	36		01:06:34	01:05:19	CUT AND RUN
841	6144	LAURE MEZY	F	26		01:06:34	01:06:24	
842	5856	VERA LÚCIA FAUSTINO GÓIS	F	33		01:06:34	01:06:10	
843	5894	MÓNICA MARQUES GIRÃO	F	36		01:06:34	01:05:42	
844	5306	JORGE DOMINGUES	M	60		01:06:34	01:05:42	
845	5406	MANUEL GONÇALVES	M	65		01:06:38	01:06:20	
846	6245	ALEXANDRA ISABEL CONCEIÇÃO	F	34		01:06:41	01:06:12	
847	5283	RUI GARCIA	M	49		01:06:44	01:05:52	C MILLENNIUM BCP
848	5561	ANA P SARAMAGO	F	34		01:06:45	01:05:55	SS MONTEPIO GERAL
849	5346	LURDES SANTOS	F	28		01:06:47	01:05:49	DAGORDA
850	5852	GABRIELA COELHO	F	41		01:06:48	01:05:50	RESTAURANTEOCARTAXEIRO-CANEÇAS
851	5702	SILVIA CORREIA	F	36		01:06:51	01:05:48	EQUIPA BARTOLOMEU DIAS
852	5704	MARTA SANTOS	F	36		01:06:51	01:05:46	EQUIPA BARTOLOMEU DIAS
853	5069	CRISTINA BENTO	F	48		01:06:58	01:06:25	
854	5725	CATARINA RAMOS	F	28		01:07:04	01:06:27	
855	5675	CRISTIANA NUNES	F	26		01:07:08	01:06:31	
856	5828	CARLA CONDE	F	45		01:07:09	01:06:54	
857	5197	DÉLIA BOINO	F	38		01:07:10	01:06:55	
858	5198	SANDRA CRISTINA PRATES CAETANO	F	39		01:07:10	01:06:55	

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
859	5464	JOÃO CARLOS GONÇALVES BRANCO	M	45		01:07:10	01:07:06	
860	5973	AFONSO DE BRITO	M	20		01:07:14	01:06:42	
861	6213	GUSTAVO VERÍSSIMO	M	39		01:07:19	01:06:12	
862	6198	VANESSA MOTA	F	29		01:07:22	01:06:58	JAVALIS DO MATO
863	5341	JOAO RODRIGUES	M	41		01:07:22	01:06:46	
864	6083	RICARDO TEIXEIRA	M	40		01:07:24	01:06:47	MONAVIE TEAM
865	6084	NUNO FILIPE BAPTISTA	M	37		01:07:24	01:06:18	AMIGOS DA CORRIDA
866	6247	ANTÓNIO RAFAEL LOUREIRO	M	63		01:07:25	01:07:25	V DATLETAS
867	5051	PAULA CHAVES	F	35		01:07:25	01:07:01	PÉS DE CHUMBO
868	5560	CARLA CONCHINHA	F	38		01:07:30	01:06:40	SS MONTEPIO GERAL
869	5443	NATÁLIA SIMÕES	F	32		01:07:33	01:06:39	JAZZY RUNNERS
870	6118	ANABELA MARTINS	F	42		01:07:46	01:06:44	
871	5709	LAURA CRUZ	F	39		01:07:47	01:06:44	EQUIPA BARTOLOMEU DIAS
872	5703	FILIPA ALMEIDA	F	39		01:07:48	01:06:44	SS MONTEPIO GERAL
873	5851	SOFIA MATEUS	F	35		01:07:52	01:06:54	RESTAURANTEOCARTAXEIRO-CANEÇAS
874	5972	NUNO FRANCISCO	M	39		01:07:52	01:07:24	
875	5870	SARA CESTEIRO	F	38		01:07:57	01:07:29	
876	5107	Mª CARMO ANJOS	F	67		01:08:02	01:08:02	J FREG PORTELA
877	5554	MARIO MORNA	M	56		01:08:05	01:07:43	SS MONTEPIO GERAL
878	5046	SANDRA PAULICO	F	33		01:08:06	01:08:01	AS MARAVILHAS
879	5900	CÁTIA MOSCA	F	30		01:08:06	01:08:02	TARAHUMARA
880	5899	INÊS CORDEIRO	F	31		01:08:06	01:08:00	TARAHUMARA
881	5593	JOSE ABREU	M	65		01:08:08	01:08:08	GD IN CASA MOEDA
882	5137	NUNO FILIPE ROQUE FIGUEIREDO	M	34		01:08:12	01:08:12	MATARUNNERS
883	5528	CARLOS LOURES	M	29		01:08:17	01:08:17	
884	6169	PAULA ALEXANDRA DIAS	F	32		01:08:24	01:07:29	
885	5566	CLARA SÁNCHEZ LAZO	F	30		01:08:25	01:05:35	LES MENINAS
886	5217	ROSHNI SAVCHANDE	F	31		01:08:26	01:07:24	
887	5451	FERNANDO M. COELHO	M	48		01:08:29	01:07:30	
888	6103	DIANA UNGUREANU	F	34		01:08:33	01:07:42	
889	6104	RAZVAN UNGUREANU	M	40		01:08:33	01:07:42	
890	5267	JOSE FARINHA	M	38		01:08:48	01:08:26	C MILLENNIUM BCP
891	5409	JOANA MALCATA	F	34		01:08:50	01:08:09	CLUBE GRUPO BES
892	5256	CARLA LOUTENÇO	F	38		01:08:50	01:08:50	C MILLENNIUM BCP
893	6143	VANESSA SANTOS	F	32		01:08:53	01:08:53	WALKING GIRLS
894	5623	SONIA NUNES	F	38		01:08:54	01:08:54	WALKING GIRLS
895	5591	ANTONIO NASCIMENTO	M	73		01:08:56	01:08:56	GD IN CASA MOEDA
896	6112	BRUNO GONÇALO PEREIRA CARVALHO CONCEIÇÃO	M	38		01:08:59	01:08:30	ESMTC2
897	5694	ALBERTO A. FERREIRA DE CASTRO SERRA MOSQUEIRA	M	34		01:09:04	01:08:45	

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
898	6123	ELISABETE MARGARIDA ANTUNES PIO	F	31		01:09:06	01:08:22	FERNÉTICOS
899	5450	MARIA MADALENA AMORIM	F	43		01:09:08	01:08:19	
900	5045	ANA ALMEIDA	F	33		01:09:22	01:09:15	AS MARAVILHAS
901	5048	CARLA ALMEIDA	F	24		01:09:22	01:09:15	AS MARAVILHAS
902	5827	ADELIA VALENTE GONCALVES	F	37		01:09:31	01:07:47	
903	6231	SÉRGIO VIÇOSO	M	32		01:09:33	01:09:33	
904	5627	HELENA QUENTAL	F	43		01:09:41	01:09:41	
905	5984	ANA GOMES	F	43		01:09:48	01:09:14	
906	5262	ISABEL ROBERTO	F	37		01:09:57	01:09:06	C MILLENNIUM BCP
907	5270	MARCO ROBERTO	M	40		01:09:58	01:09:05	C MILLENNIUM BCP
908	5340	ELSA KLOSS	F	47		01:10:00	01:09:25	
909	5158	MA FEE HUNG	F	63		01:10:02	01:08:35	AÇOREANA C BANIF
910	5590	ANTONIO GASPAR	M	70		01:10:05	01:10:05	GD IN CASA MOEDA
911	5213	MÁRIO RUI	M	55		01:10:06	01:10:06	CLUBE ROBBIALAC
912	6002	JOÃO MANUEL MERUJE DIAS	M	59		01:10:07	01:09:04	
913	5603	MARIA GERTRUDES	F	65		01:10:08	01:09:39	GD SANTANDER TOTTA
914	5233	ÂNGELA MARIA DE CARVALHO RIBEIRO	F	40		01:10:09	01:09:33	
915	5726	HELENA MENDO	F	45		01:10:11	01:09:34	
916	5429	LUIS LOPES	M	34		01:10:15	01:10:06	
917	5112	MARCO PAMPLONA	M	35		01:10:16	01:10:04	
918	5059	ANA SANTOS	F	42		01:10:16	01:09:45	CUNHAVALENTE
919	5298	ANA MORAIS	F	38		01:10:24	01:09:02	
920	5129	CRISTINA REVES PIMENTA	F	37		01:10:30	01:09:22	GIRLS RUN 4 FUN
921	5130	DINA GOMES	F	34		01:10:30	01:09:21	GIRLS RUN 4 FUN
922	5901	ANA ISABEL LOPES	F	43		01:10:31	01:09:47	
923	5922	ANTÓNIO COSTA	M	55		01:10:38	01:10:38	
924	5843	HUGO SERRANO	M	36		01:10:39	01:09:37	U.R.C.ABRUNHEIRA
925	5835	CÉLIA FRANCISCO	F	40		01:10:41	01:03:33	METRALHAS
926	5119	SARA DE SOUSA	F	35		01:10:43	01:10:21	
927	5983	GEÓRGIA ÁGOAS	F	39		01:10:45	01:10:11	
928	5985	ANA FAGULHA	F	24		01:10:47	01:10:13	
929	6122	EMANUEL DA CONCEIÇÃO SOARES	M	28		01:10:55	01:10:11	FERNÉTICOS
930	6201	KEITH BLISS	M	61		01:11:01	01:11:01	
931	5919	TETIANA UKRZAVIALOVA	F	30		01:11:05	01:09:55	
932	6055	YULIA TSYGANKOVA	F	30		01:11:05	01:09:55	
933	5313	RUI CASTILHO	M	19		01:11:14	01:11:08	CBAMM
934	5907	FILIPE ESTEVÃO	M	25		01:11:18	01:09:23	CUT AND RUN
935	5466	SANDRA CUNHA	F	39		01:11:30	01:11:16	GD SANTANDER TOTTA
936	5834	PAULA NETO	F	49		01:11:33	01:04:23	METRALHAS

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
937	6251	ANA CATARINA SALES NORONHA	F	45		01:11:34	01:10:46	V DATLETAS
938	5902	ISABEL GUERREIRO	F	44		01:11:35	01:11:30	TARAHUMARA
939	5746	CÁTIA GUILHERME	F	32		01:11:49	01:11:40	EX-ITAS
940	5495	ANA ALEXANDRA MIRANDA MORAIS	F	29		01:11:51	01:11:23	
941	5417	PEDRO FIGUEIREDO	M	40		01:11:54	01:11:44	CLUBE GRUPO BES
942	5621	NUNO DIAS	M	39		01:11:58	01:11:28	OS QUENIANOS
943	5620	SÉRGIO CARDOSO	M	34		01:11:58	01:11:28	OS QUENIANOS
944	5167	JOSÉ DIOGO BORDALO	M	52		01:12:03	01:12:03	V DATLETAS
945	5418	TERESA MATOSO	F	49		01:12:17	01:12:07	CLUBE GRUPO BES
946	5815	MARCOS DIAS	M	44		01:12:23	01:12:23	
947	5908	ELVIRA JOSÉ	F	34		01:12:29	01:10:35	CUT AND RUN
948	5265	JOSE ARRUDA	M	64		01:12:30	01:11:33	C MILLENNIUM BCP
949	5261	FOCK CHUI	F	63		01:12:30	01:11:33	C MILLENNIUM BCP
950	5160	ANA ISAAC	F	36		01:12:43	01:12:17	AÇOREANA C BANIF
951	5159	SOFIA GUEDES	F	38		01:12:43	01:12:17	
952	6232	NUNO CONTRAMESTRE	M	39		01:12:45	01:12:19	
953	5588	SÓNIA MARIA NOGUEIRA CORREIA	F	37		01:12:51	01:11:29	
954	5551	LUCIA CAVALEIRO	F	36		01:13:03	01:12:03	
955	5742	FRANCISCO JOSÉ GALÃO BERNARDO	M	38		01:13:16	01:12:47	FRIENDS2RUN
956	5819	JOSÉ MANUEL OLIVEIRA	M	61		01:13:19	01:13:19	
957	5664	ANTONIO CARVALHO	M	55		01:13:35	01:13:08	JOCRIS
958	6217	PEDRO PLÁCIDO	M	39		01:13:57	01:13:03	
959	6216	SUSANA TAVARES	F	38		01:13:58	01:13:06	
960	5024	ALEXANDRA OLIVEIRA	F	41		01:14:14	01:14:14	
961	5174	FILIPPE SOARES DE ALBERGARIA ROCHA VIEIRA	M	29		01:14:27	01:13:36	V DATLETAS
962	5866	JOANA BARATA OLIVEIRA	F	30		01:15:00	01:13:43	
963	5821	JOÃO OLIVEIRA	M	28		01:15:01	01:15:01	
964	5009	ANA SIMOES	F	28		01:15:03	01:14:16	GD CIMPOR
965	5463	DIOGO JOÃO RIBEIRO BRANCO	M	19		01:15:03	01:14:58	
966	5965	FILIPPE MIGUEL MARTINS FRANCO MONTEIRO	M	20		01:15:18	01:14:50	EQUIPA DA JOANA E DO MIGUEL
967	5966	JOANA ISABEL DUARTE TIAGO	F	20		01:15:18	01:14:50	EQUIPA DA JOANA E DO MIGUEL
968	5610	CARLA CF PEREIRA	F	34		01:15:35	01:15:02	
969	5594	ADELINO CASTRO	M	61		01:16:07	01:15:35	CCDEL EFACEC - CARNAXIDE
970	5604	RITA LOURENÇO	F	48		01:16:32	01:15:30	GD SANTANDER TOTTA
971	5226	JAIME PALMA	M	69		01:16:35	01:16:03	
972	5565	JOHANNE FRÉDÉRIQUE LISE LACROIX	F	29		01:16:44	01:16:44	LES MENINAS
973	5169	VANESSA JOSÉ ALCÂNTARA VELOSA	F	32		01:17:02	01:17:02	V DATLETAS
974	5564	CATHIA ZIEBEL	F	37		01:17:35	01:14:44	LES MENINAS
975	5563	ELISABETE DA SILVA BERNARDO	F	33		01:17:35	01:14:45	LES MENINAS

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
976	5455	MARIA MANUELA R M COELHO	F	48		01:17:43	01:16:42	
977	5374	BEATRIZ LOURENÇO	F	48		01:18:03	01:18:03	NÚCLEOEIRAS / SPORTZONE
978	5114	MARIA CANAVEIRA	F	36		01:18:10	01:17:47	
979	5633	SOFIA MARIA SEQUEIRA ELVAS	F	39		01:18:14	01:17:41	BORA LÁ!
980	5143	SILVIA TEIXEIRA	F	26		01:18:24	01:18:02	
981	5474	CLAUDIA RATO	F	33		01:18:56	01:18:31	
982	5326	ANTONIO MARQUES	M	67		01:19:09	01:18:58	
983	5600	JOSE SIMOES	M	51		01:19:26	01:18:32	GD SANTANDER TOTTA
984	5574	JULIO NEVES RODRIGUES	M	34		01:19:33	01:15:54	
985	5576	CONCEIÇÃO TEIXEIRA	F	28		01:19:34	01:15:56	
986	5575	LÍDIA LUÍS DE SÁ ESTANQUEIRO	F	34		01:19:34	01:15:56	
987	5023	ANTONIO ANJOS FERNANDES	M	77		01:19:36	01:18:49	
988	5359	RAQUEL ROSA	F	26		01:20:53	01:20:35	
989	6140	CLARA JÚLIO	F	48		01:21:00	01:20:06	
990	6138	LINA MENDES	F	42		01:21:00	01:20:06	
991	6110	MARISA GERMANO	F	34		01:21:28	01:21:20	
992	5039	VANIA SILVA	F	31		01:21:31	01:21:22	
993	5288	JOAO LOURENÇO	M	45		01:21:39	01:20:58	C MILLENNIUM BCP
994	5622	SOFIA ALMEIDA	F	28		01:22:18	01:21:53	
995	5624	ÂNGELA DIAS	F	27		01:22:18	01:21:53	
996	5013	ISABEL BARGÃO	F	61		01:22:26	01:21:23	NA PAPAGAIOS CASCAIS
997	5110	SUSANA VELEZ	F	31		01:22:36	01:07:39	ILDEFONSO VELEZ
998	5454	ELODIE FIUZA	F	29		01:22:37	01:07:41	ILDEFONSO VELEZ
999	5413	OLGA SANTOS	F	51		01:23:05	01:22:32	CLUBE GRUPO BES
1000	5552	RAQUEL ROSA	F	38		01:23:15	01:22:53	
1001	5271	Mª JOAO M LOURENÇO	F	46		01:23:18	01:22:39	C MILLENNIUM BCP
1002	5227	LUCINDA LOPES HENRIQUES	F	64		01:23:19	01:22:46	
1003	6115	HELEMA MARIA CUPERTINO FRANCO	F	40		01:23:21	01:21:59	
1004	6114	JOAO NOGUEIRA	M	49		01:23:21	01:22:00	
1005	5078	SILVIA TEIXEIRA DUARTE	F	47		01:23:22	01:23:01	
1006	5075	MADALENA TEIXEIRA DUARTE	F	56		01:23:24	01:23:05	
1007	5525	ALBERTO LOPES	M	49		01:23:42	01:23:42	
1008	5264	JORGE GAMA	M	37		01:23:43	01:08:49	C MILLENNIUM BCP
1009	6125	EUCLIDES DOS ANJOS PIO	M	65		01:24:06	01:23:22	FERNÉTICOS
1010	6141	MARGARIDA TRAÇA	F	22		01:24:09	01:23:16	
1011	5798	FERNANDO TRÁPAGA	M	39		01:24:28	01:24:28	
1012	5332	ROSA MARIA CAETANO	F	59		01:25:06	01:24:51	CLUBE COLABORADORES AXA
1013	5421	ANA R CORREIA	F	45		01:25:21	01:24:38	CLUBE GRUPO BES
1014	5700	FERNANDO XAVIER	M	38		01:25:22	01:24:47	

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1015	6150	FERNANDA SILVA	F	52		01:26:07	01:26:07	C.A. AMIGOS PARQUE DA PAZ
1016	5245	SUSANA MARANTES PEREIRA	F	37		01:26:29	01:26:29	
1017	5244	CRISTINA MARIA LEITÃO PIRES	F	43		01:26:30	01:26:30	
1018	5363	INÊS RAMALHO	F	34		01:27:26	01:26:17	
1019	5272	VÍTOR ALVES	M	61		01:27:28	01:26:32	
1020	5090	FATIMA SEMEDO	F	56		01:27:53	01:27:31	SS CGD
1021	5963	PAULA BORGES JARDIM	F	39		01:28:16	01:28:09	
1022	6045	SUSANA TEIXEIRA	F	38		01:28:16	01:27:41	MONAVIE TEAM
1023	5996	ANA TAVARES	F	38		01:28:17	01:27:42	MONAVIE TEAM
1024	5558	LURDES FERREIRA	F	51		01:28:25	01:27:35	SS MONTEPIO GERAL
1025	5964	CARLA BORGES JARDIM	F	40		01:28:32	01:28:24	
1026	5072	HENRIQUE TEIXEIRA DUARTE	M	60		01:28:37	01:28:18	
1027	5237	CLÁUDIA MARTINS	F	39		01:28:59	01:28:30	
1028	5105	SARA PINTO	F	33		01:32:11	01:31:49	SS CGD
1029	5092	JOANA SANTOS	F	21		01:32:31	01:31:53	SS CGD
1030	5263	JOAO F M LOURENÇO	M	18		01:32:33	01:31:51	C MILLENNIUM BCP
1031	5452	CARLOS SANTOS	M	52		01:32:48	01:31:49	
1032	5494	MARIA FILOMENA LEITE	F	58		01:33:01	01:32:22	
1033	5496	ANTONIO CORREIA	M	59		01:33:02	01:32:22	
1034	5686	VERA TOLEDO	F	38		01:33:36	01:33:36	OS V&V'S
1035	5248	ANA GAMA	F	37		01:33:38	01:18:44	C MILLENNIUM BCP
1036	5626	PAULA PEREZ	F	37		01:34:06	01:33:40	
1037	5405	ALVARO AMADO	M	58		01:34:07	01:33:46	CLUBE GRUPO BES
1038	5408	ISABEL CALCARAO	F	46		01:34:18	01:33:56	CLUBE GRUPO BES
1039	5276	MARINELA INACIO	F	48		01:34:45	01:33:38	C MILLENNIUM BCP
1040	5286	VERA CARROLA	F	38		01:34:45	01:33:39	C MILLENNIUM BCP
1041	6117	ANA MONTESINOS	F	44		01:38:08	01:37:07	
1042	6046	SOFIA RAQUEL GOMES CAVACO	F	31		01:38:18	01:37:26	
1043	6070	ANA ISABEL FERNANDES ROCHA	F	31		01:38:18	01:37:26	
1044	5427	ANA R RODRIGUES	F	34		01:39:42	01:38:34	SEASIDE
1045	5424	ANA JOAO	F	34		01:39:42	01:38:36	SEASIDE
1046	6040	LICÍNIO FIDALGO	M	54		01:40:45	01:39:57	
1047	5235	LUIS COSTA	M	44		01:46:45	01:46:13	C MILLENNIUM BCP
1048	5103	RUI SANTOS	M	46		02:12:04	02:12:04	SS CGD
1049	5410	JOSE PEQUENO	M	38		02:15:33	02:15:33	CLUBE GRUPO BES
1050	5737	ALIA ALMADA	F	29		02:42:39	02:42:39	

Total de registros: 1050

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Relatório por Faixas Etárias

F2034

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	5132	ANA AMORIM	F	20	00:40:58	00:40:52	ALHANDRA SC
2	6176	ANDREIA FILIPA XAVIER FERRUM	F	20	00:41:29	00:41:26	ÁGUIAS DE ALPIARÇA - TRIATLO
3	6180	ALEXANDRA ISABELINHA DOS SANTOS	F	20	00:42:16	00:42:11	ÁGUIAS DE ALPIARÇA - TRIATLO
4	5644	JULIANA RODRIGUES	F	27	00:42:25	00:42:13	SÓ PRÁ DESPORTIVAR!
5	5669	AMY WILLIAMSON	F	34	00:43:35	00:43:28	RUNNING MUMS
6	5648	RUTE FARRAJOTA	F	33	00:44:04	00:43:54	
7	6178	MARIA EDUARDA BOLRÃO VIDIGUEIRA	F	20	00:44:08	00:44:03	ÁGUIAS DE ALPIARÇA - TRIATLO
8	6175	SARA ISABEL NUNES TENRINHO	F	20	00:44:26	00:44:26	ÁGUIAS DE ALPIARÇA - TRIATLO
9	5125	ANA SOFIA PEREIRA	F	20	00:44:33	00:44:29	ALHANDRA SC
10	6013	PATRÍCIA ISABEL PEREIRA RIBEIRO	F	28	00:46:08	00:46:00	
11	5399	MAREIKE FALTER	F	24	00:47:14	00:47:01	
12	5365	ANA MAIA MARTINS	F	22	00:47:31	00:47:23	
13	5354	AMELIE LEMERCIER	F	32	00:47:48	00:47:40	
14	6206	SUSANA PINTO	F	34	00:48:29	00:48:17	A VALE SILENCIO
15	5124	INÊS PEREIRA	F	20	00:48:37	00:48:31	ALHANDRA SC
16	5826	SANDRA DANIEL	F	27	00:49:15	00:49:05	
17	6173	VITÓRIA GAMEIRO DE OLIVEIRA	F	20	00:49:29	00:49:24	
18	6174	TAMÁRA ALEXANDRA HENRIQUES BRANCO	F	21	00:49:48	00:49:42	ÁGUIAS DE ALPIARÇA - TRIATLO
19	5136	LILIANA SILVA	F	23	00:50:02	00:49:56	ALHANDRA SC
20	5510	ANA ISABEL ESCUDEIRO AGUIAR GOUVEIA	F	30	00:50:18	00:50:06	
21	5505	INÊS MARQUES	F	23	00:50:18	00:50:10	RAIL RUNNERS
22	5616	ANDREIA OLIVEIRA	F	30	00:50:20	00:49:46	
23	6210	ANA SAMPAIO	F	24	00:50:27	00:50:20	ALHANDRA SC
24	5186	MARTA RODRIGUES	F	28	00:50:29	00:49:44	RUN FOR LIFE
25	6219	SARA LOUREIRO	F	20	00:50:31	00:49:48	SC CASAINHOS
26	5975	RITA DIAS	F	31	00:50:33	00:49:32	
27	5797	PATRÍCIA FERREIRA	F	33	00:50:46	00:50:09	
28	5879	SANDRA ISABEL DOS SANTOS REIS	F	34	00:50:54	00:50:31	JAVALIS DO MATO
29	5061	SILVIA VALENTE	F	29	00:51:11	00:50:42	CUNHAVALENTE
30	5830	ANDREA NEVES	F	34	00:51:30	00:49:56	SMILE TEAM
31	5643	CLARA SANTANA	F	23	00:51:32	00:51:20	SÓ PRÁ DESPORTIVAR!
32	5509	ANDREIA RIJO	F	30	00:52:34	00:52:23	
33	5543	CÁTIA SANTOS	F	29	00:52:39	00:52:34	
34	5967	VANDA ARAUJO	F	31	00:52:45	00:52:20	
35	5888	LILIAN CALAIM	F	30	00:52:51	00:52:39	
36	5584	IRIS GALADO	F	21	00:53:10	00:53:10	MARRIOTT LISBOA
37	5608	CARINA VEIGA	F	28	00:53:40	00:53:26	GD SANTANDER TOTTA
38	5498	VERA POLVORA	F	28	00:53:42	00:53:15	PICAS
39	5532	CLAUDIA RAMALHO	F	34	00:53:43	00:52:58	IGFEJAMOS CORREDORES CLUBE
40	5747	RAQUEL VIEIRA	F	32	00:53:49	00:53:41	EX-ITAS

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Relatório por Faixas Etárias

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
41	5350	MARIA MARTIS	F	30	00:54:00	00:53:51	EX-ITAS
42	5993	ANA RITA MATOS	F	23	00:54:03	00:52:30	PERNAS DE PAU
43	6032	MICAELA MENDES	F	29	00:54:11	00:53:35	
44	5323	MARIA TERESA ESPINOSA BERNALDEZ	F	32	00:54:45	00:53:51	
45	5438	SANDRA OLIVEIRA	F	34	00:55:02	00:54:07	
46	5190	FLÁVIA PEREIRA	F	26	00:55:17	00:55:00	
47	5823	ANA BARRETO	F	32	00:55:27	00:54:51	
48	6401	RAFAELA MACHADO	F	23	00:55:30	00:55:30	
49	5202	TANIA NUNES	F	31	00:55:32	00:55:05	PICAS
50	5052	CATARINA SANTOS	F	29	00:55:34	00:55:10	PÉS DE CHUMBO
51	5146	SARA LOPES	F	28	00:55:41	00:55:19	
52	5133	MAFALDA NOGUEIRA	F	21	00:55:49	00:55:42	ALHANDRA SC
53	5339	VÂNIA TEIXEIRA	F	30	00:56:01	00:55:34	XISTEAM
54	5260	FILIPA VILAR	F	28	00:56:04	00:55:35	C MILLENNIUM BCP
55	5971	AFSY NADINA	F	32	00:56:08	00:56:00	
56	5609	NIDIA FERREIRA	F	34	00:56:14	00:55:16	GD SANTANDER TOTTA
57	5368	FILIPA FRÓIS	F	20	00:56:19	00:56:19	
58	6076	SARA ALMEIDA GOMES	F	27	00:56:29	00:55:58	
59	5858	ELODIE ROLLAND	F	26	00:56:31	00:56:25	
60	5343	JOANA RIBEIRO	F	20	00:56:42	00:55:45	DAGORDA
61	5540	ANABELA SILVA	F	33	00:56:43	00:56:17	PICAS
62	5662	JUDITE BAIXINHO	F	27	00:56:45	00:56:23	
63	5771	CRISTINA RIBEIRO	F	32	00:57:04	00:56:09	LOJA DO ATLETA
64	5568	INÊES OLIVA	F	20	00:57:17	00:56:35	CLUBE ANA LISBOA
65	5295	LENA KARIKSTAD	F	33	00:57:25	00:56:42	
66	5211	MARTA DUARTE	F	34	00:57:26	00:56:20	AMIGOS DA CORRIDA
67	5939	NATALIA COSTA	F	33	00:57:31	00:56:40	CORRER NA CIDADE
68	6058	SANDRA GONÇALVES	F	27	00:57:41	00:57:37	
69	6197	ANA FREITAS	F	25	00:57:51	00:57:27	JAVALIS DO MATO
70	5749	INÊS ALMEIDA	F	20	00:57:53	00:56:54	ALMEIDAS
71	5816	ISABEL FILIPA GARCIA MONTEIRO	F	27	00:58:40	00:58:40	
72	6073	SINH ANGOR-NDOYE	F	34	00:58:54	00:58:35	
73	5157	LUCIA SILVA	F	33	00:59:16	00:58:43	AÇOREANA C BANIF
74	5181	PAULA SOARES	F	28	00:59:27	00:58:53	ASSOCIAÇÃO GD ACADEMIA DO KORP
75	5407	ANA C DUARTE	F	31	00:59:49	00:59:10	CLUBE GRUPO BES
76	5441	PAULA ORDONHO	F	32	00:59:54	00:59:00	JAZZY RUNNERS
77	5334	RAQUEL FIGUEIREDO	F	20	01:00:29	00:59:29	
78	6003	MARIANA MADEIRA DA SILVA DIAS	F	26	01:00:30	00:58:37	
79	5667	MAYA ATTINELLO	F	32	01:00:34	01:00:26	RUNNING MUMS
80	5769	CLÁUDIA LOBATO	F	30	01:00:57	01:00:50	

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
81	5833	LARA BRIÑÓN	F	29	01:00:59	01:00:59	
82	6182	SARA VEDEL	F	33	01:01:01	01:00:52	RUNNING MUMS
83	5882	JOANA HEITOR	F	31	01:01:06	01:01:06	
84	5720	SANDRA LOPES	F	34	01:01:11	00:59:47	RAINBOWTEAM
85	5366	CHARLOTTE KHANOUFI	F	27	01:01:28	01:00:47	THE TRANNIES
86	5656	INÊS VAZ	F	20	01:01:31	01:00:37	
87	5224	LÚCIA COSTA	F	30	01:02:05	01:01:37	
88	5639	TÂNIA COSTA	F	32	01:02:25	01:01:14	ACTIVE PEOPLE
89	6181	SARAH CONROY	F	31	01:02:25	01:02:16	RUNNING MUMS
90	5005	SUSANA PIRES	F	27	01:02:54	01:02:19	
91	5099	NILDA SILVA	F	30	01:03:02	01:02:33	SS CGD
92	5026	JOANA CRUZ	F	33	01:03:25	01:01:16	
93	5486	ANA RAQUEL CORREIA SIMÕES	F	27	01:03:35	01:02:54	
94	5562	MONICA ABREU	F	33	01:03:36	01:02:55	SS MONTEPIO GERAL
95	5712	SARA SOARES	F	25	01:03:47	01:03:33	
96	5674	CINA ANTUNES	F	29	01:03:53	01:03:28	
97	6152	LILIANA SARAIVA GABRIEL GOMES	F	34	01:04:05	01:04:05	
98	5522	CATARINA GONÇALVES	F	32	01:04:13	01:03:39	
99	6236	ANA FILIPA GONÇALVES PATRÍCIO BEXIGA PEREIRA	F	34	01:04:17	01:03:53	JAVALIS DO MATO
100	5755	ANDREIA FILIPA DOS SANTOS FERREIRA	F	20	01:04:21	01:03:34	
101	5757	ANA CATARINA GOMES FERREIRA	F	20	01:04:22	01:03:35	
102	5327	CARLOTA MARIA MARQUES DA SILVA PEREIRA	F	21	01:04:27	01:04:08	
103	6049	JOANA CALADO	F	25	01:04:28	01:03:52	
104	6034	ANA VAZ	F	32	01:04:36	01:04:36	
105	5462	ANDREIA VALERIO	F	33	01:04:37	01:03:55	
106	5044	ANDREIA ALVES	F	32	01:04:46	01:04:14	
107	5581	MAFALDA LUÍSA HENRIQUES LOPES PEREIRA	F	23	01:04:51	01:03:55	
108	5752	JOANA SOUSA	F	33	01:05:03	01:03:58	
109	5324	TATIANA SILVA	F	23	01:05:27	01:04:49	
110	6071	ANA SOFIA MACHADO	F	26	01:05:27	01:04:49	
111	5672	MARTINHA LARANJEIRA DA COSTA	F	24	01:05:58	01:04:56	
112	5212	INÊS CUNHA	F	27	01:06:23	01:03:53	CLUBE ROBBIALAC
113	6192	SIMONA FAKTOROVA	F	30	01:06:23	01:06:05	
114	5671	SARA ALEXANDRA DIAS	F	31	01:06:30	01:05:31	FIT TEAM
115	6144	LAURE MEZY	F	26	01:06:34	01:06:24	
116	5856	VERA LÚCIA FAUSTINO GÓIS	F	33	01:06:34	01:06:10	
117	6245	ALEXANDRA ISABEL CONCEIÇÃO	F	34	01:06:41	01:06:12	
118	5561	ANA P SARAMAGO	F	34	01:06:45	01:05:55	SS MONTEPIO GERAL
119	5346	LURDES SANTOS	F	28	01:06:47	01:05:49	DAGORDA
120	5725	CATARINA RAMOS	F	28	01:07:04	01:06:27	

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
121	5675	CRISTIANA NUNES	F	26	01:07:08	01:06:31	
122	6198	VANESSA MOTA	F	29	01:07:22	01:06:58	JAVALIS DO MATO
123	5443	NATÁLIA SIMÕES	F	32	01:07:33	01:06:39	JAZZY RUNNERS
124	5046	SANDRA PAULICO	F	33	01:08:06	01:08:01	AS MARAVILHAS
125	5900	CÁTIA MOSCA	F	30	01:08:06	01:08:02	TARAHUMARA
126	5899	INÊS CORDEIRO	F	31	01:08:06	01:08:00	TARAHUMARA
127	6169	PAULA ALEXANDRA DIAS	F	32	01:08:24	01:07:29	
128	5566	CLARA SÁNCHEZ LAZO	F	30	01:08:25	01:05:35	LES MENINAS
129	5217	ROSHNI SAVCHANDE	F	31	01:08:26	01:07:24	
130	6103	DIANA UNGUREANU	F	34	01:08:33	01:07:42	
131	5409	JOANA MALCATA	F	34	01:08:50	01:08:09	CLUBE GRUPO BES
132	6143	VANESSA SANTOS	F	32	01:08:53	01:08:53	WALKING GIRLS
133	6123	ELISABETE MARGARIDA ANTUNES PIO	F	31	01:09:06	01:08:22	FERNÉTICOS
134	5045	ANA ALMEIDA	F	33	01:09:22	01:09:15	AS MARAVILHAS
135	5048	CARLA ALMEIDA	F	24	01:09:22	01:09:15	AS MARAVILHAS
136	5130	DINA GOMES	F	34	01:10:30	01:09:21	GIRLS RUN 4 FUN
137	5985	ANA FAGULHA	F	24	01:10:47	01:10:13	
138	5919	TETIANA UKRZAVIALOVA	F	30	01:11:05	01:09:55	
139	6055	YULIA TSYGANKOVA	F	30	01:11:05	01:09:55	
140	5746	CÁTIA GUILHERME	F	32	01:11:49	01:11:40	EX-ITAS
141	5495	ANA ALEXANDRA MIRANDA MORAIS	F	29	01:11:51	01:11:23	
142	5908	ELVIRA JOSÉ	F	34	01:12:29	01:10:35	CUT AND RUN
143	5866	JOANA BARATA OLIVEIRA	F	30	01:15:00	01:13:43	
144	5009	ANA SIMOES	F	28	01:15:03	01:14:16	GD CIMPOR
145	5966	JOANA ISABEL DUARTE TIAGO	F	20	01:15:18	01:14:50	EQUIPA DA JOANA E DO MIGUEL
146	5610	CARLA CF PEREIRA	F	34	01:15:35	01:15:02	
147	5565	JOHANNE FRÉDÉRIQUE LISE LACROIX	F	29	01:16:44	01:16:44	LES MENINAS
148	5169	VANESSA JOSÉ ALCÂNTARA VELOSA	F	32	01:17:02	01:17:02	V DATLETAS
149	5563	ELISABETE DA SILVA BERNARDO	F	33	01:17:35	01:14:45	LES MENINAS
150	5143	SILVIA TEIXEIRA	F	26	01:18:24	01:18:02	
151	5474	CLAUDIA RATO	F	33	01:18:56	01:18:31	
152	5576	CONCEIÇÃO TEIXEIRA	F	28	01:19:34	01:15:56	
153	5575	LÍDIA LUÍS DE SÁ ESTANQUEIRO	F	34	01:19:34	01:15:56	
154	5359	RAQUEL ROSA	F	26	01:20:53	01:20:35	
155	6110	MARISA GERMANO	F	34	01:21:28	01:21:20	
156	5039	VANIA SILVA	F	31	01:21:31	01:21:22	
157	5622	SOFIA ALMEIDA	F	28	01:22:18	01:21:53	
158	5624	ÂNGELA DIAS	F	27	01:22:18	01:21:53	
159	5110	SUSANA VELEZ	F	31	01:22:36	01:07:39	ILDEFONSO VELEZ
160	5454	ELODIE FIUZA	F	29	01:22:37	01:07:41	ILDEFONSO VELEZ

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
161	6141	MARGARIDA TRAÇA	F	22	01:24:09	01:23:16	
162	5363	INÊS RAMALHO	F	34	01:27:26	01:26:17	
163	5105	SARA PINTO	F	33	01:32:11	01:31:49	SS CGD
164	5092	JOANA SANTOS	F	21	01:32:31	01:31:53	SS CGD
165	6046	SOFIA RAQUEL GOMES CAVACO	F	31	01:38:18	01:37:26	
166	6070	ANA ISABEL FERNANDES ROCHA	F	31	01:38:18	01:37:26	
167	5427	ANA R RODRIGUES	F	34	01:39:42	01:38:34	SEASIDE
168	5424	ANA JOAO	F	34	01:39:42	01:38:36	SEASIDE
169	5737	ALIA ALMADA	F	29	02:42:39	02:42:39	

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	5221	CARLA MARTINS	F	42	00:41:33	00:41:33	
2	5247	DEONILDE COSTA	F	39	00:44:47	00:44:39	ATLÉTICO CLUBE VERMOIL
3	5884	SILVIA M ^a GARCÍA FERNÁNDEZ	F	37	00:46:02	00:45:39	
4	5708	CARLA MARQUES	F	44	00:46:51	00:46:51	EQUIPA BARTOLOMEU DIAS
5	5761	MARIE HELENE PANN	F	39	00:47:18	00:47:08	
6	5155	SUSANA DURO	F	36	00:48:54	00:48:35	
7	6014	VANDA SEQUEIRA	F	41	00:48:56	00:48:21	CLUBE COLABORADORES AXA
8	6000	CARLA SANTOS	F	40	00:50:19	00:50:15	
9	5803	LUCIDEIA PITREZ	F	35	00:50:32	00:50:13	
10	5361	DIANA CARVALHO	F	37	00:50:57	00:49:57	
11	6234	CARLA OLIVEIRA	F	39	00:51:08	00:51:03	
12	5760	ISABELLE BOUTELOUP	F	38	00:52:06	00:51:56	
13	5015	JOANA PERALTA	F	38	00:52:36	00:52:29	RB RUNNING
14	5968	MARTA REIS	F	37	00:52:53	00:52:19	CORRIDA DO DIA
15	5305	SÓNIA CRISTINA RATO SILVA LOBO	F	37	00:53:27	00:53:27	
16	5258	DULCE RAMOS	F	44	00:53:32	00:52:51	C MILLENNIUM BCP
17	6056	ODÍLIA MARIA FERNANDES PEREIRA	F	42	00:53:34	00:53:20	
18	5512	MARTA COELHO	F	42	00:53:36	00:53:21	CLUBE BOLINHA
19	6223	INÊS ARRENEGA	F	38	00:53:45	00:53:32	
20	5238	VIRGINIA FONSECA	F	39	00:54:35	00:54:04	
21	5640	SAIDA MORAIS	F	41	00:54:40	00:53:28	ACTIVE PEOPLE
22	5185	CLAUDIA CASCAIS	F	35	00:55:13	00:54:10	RUN FOR LIFE
23	5962	MARIA ARMANDA SOEIRO	F	43	00:55:36	00:54:38	
24	5296	MARIA SHIELDS	F	43	00:55:42	00:54:58	
25	5285	SOFIA SA	F	35	00:56:13	00:55:52	C MILLENNIUM BCP
26	6249	MARIA COTTINELLI COSTA	F	43	00:56:32	00:55:44	VDATLETAS
27	5896	ANA ISABEL DUARTE	F	38	00:57:01	00:56:38	
28	5115	SANDRA PAULA FERREIRA CARDOSO	F	41	00:57:02	00:56:52	
29	5829	MARIANA SILVA	F	36	00:57:03	00:55:31	SMILE TEAM
30	5435	MARI QUITÉRIA	F	40	00:57:16	00:57:00	
31	5606	SANDRA MARINHO	F	41	00:57:22	00:57:02	GD SANTANDER TOTTA
32	5294	DIEUWKE DE ROOS SCHWEITZER	F	37	00:57:58	00:57:15	
33	5607	SILVIA TEIXEIRA	F	36	00:58:14	00:57:49	GD SANTANDER TOTTA
34	5028	ANTÓNIA DA CRUZ LOPES PAIVA	F	43	00:58:26	00:57:28	
35	6224	JÚLIA ROCHA	F	42	00:58:50	00:58:43	
36	5549	ANA PIRES	F	35	00:59:06	00:58:27	1+1=BUÉ
37	5030	SUSANA SILVA	F	40	00:59:11	00:59:11	
38	5628	SÓNIA DOMINGOS	F	36	00:59:42	00:58:42	
39	5677	ANA RITA VENTURA DAVID	F	38	00:59:45	00:58:57	
40	6054	SARA PETRAGLIO	F	41	00:59:48	00:59:01	

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
41	5336	EVA SUSANA SALSINHA	F	35	00:59:48	00:59:22	PAIO PIRES RUN
42	6069	MEGAN CAREY	F	39	00:59:51	00:59:37	
43	6088	ANA JOSEFINA ALVES GOMES	F	38	01:00:01	00:59:32	ESMTC2
44	5383	MARIA JOÃO D. S. FRANCO	F	39	01:00:01	00:59:31	JOTAS
45	5863	PAULA GOMES	F	37	01:00:10	00:59:52	
46	5923	PAULA VINAGRE NUNES	F	39	01:00:25	01:00:00	
47	6170	MÓNICA PEREIRA	F	37	01:00:47	00:59:53	
48	5777	INÊS PICADO	F	41	01:01:17	01:00:21	LOJA DO ATLETA
49	5240	CARLA BATISTA	F	41	01:01:18	01:00:46	
50	5734	HELENA ESTEVINHA	F	44	01:01:27	01:00:47	GCP
51	6020	CATARINA MORGADO FIGUEIRA	F	35	01:01:39	01:01:25	CLUBE COLABORADORES AXA
52	5380	MARIA TAVARES DE ALMEIDA	F	35	01:01:42	01:01:17	
53	5041	REBECA CORDERO IBARES	F	41	01:01:52	01:01:52	
54	5328	SOLANGE FIGUEIRA	F	35	01:01:57	01:01:42	
55	5670	MARIA MEDEIROS	F	35	01:02:06	01:01:57	RUNNING MUMS
56	5824	LUÍSA ISABEL MARTINS RODRIGUES MONTEIRO	F	37	01:02:22	01:01:45	
57	5484	SARA CLÁUDIA DUARTE MARINHO	F	38	01:02:26	00:57:50	
58	6026	INES BARBOSA	F	37	01:02:39	01:02:16	
59	6124	SÓNIA RAFAEL ANTUNES PIO	F	35	01:02:41	01:01:58	FERNÉTICOS
60	5688	ELISABETE DE SÁ	F	38	01:02:41	01:02:27	
61	5569	CLÁUDIA LOPES	F	41	01:02:46	01:02:39	CLUBE ANA LISBOA
62	5239	CLÁUDIA RAMOS	F	39	01:02:54	01:02:22	
63	5936	TERESA MARCELINO	F	41	01:03:08	01:03:08	
64	6060	RITA SILVA	F	41	01:03:25	01:03:18	
65	5867	JÚLIA FILIPE	F	35	01:03:47	01:03:13	
66	5058	SANDRA PRATA	F	42	01:03:54	01:03:21	
67	5837	ANA C PAIXAO	F	41	01:04:12	01:03:23	SS MONTEPIO GERAL
68	6090	MAFALDA SOFIA AFONSO CARDOSO	F	36	01:04:16	01:03:46	ESMTC2
69	5218	SUSANA RUA	F	35	01:04:25	01:03:52	WIKABOO
70	5231	ANA VALA	F	35	01:04:31	01:04:23	DCS RUNNING
71	5135	SUSANA LUISA DE OLIVEIRA ALVES	F	40	01:04:51	01:04:33	
72	6131	DINORA MENDONÇA	F	39	01:04:58	01:04:18	GCP
73	5394	ISABEL	F	41	01:05:18	01:04:46	BRANCA DE NEVE E OS 5 ANÕES
74	5403	CLAUDIA ANDRE	F	36	01:05:19	01:04:36	SC CASAINHOS
75	5371	MARIA LEONOR SANTOS ANTUNES	F	44	01:05:22	01:04:30	
76	5753	ONADIA L BARROS	F	38	01:05:36	01:04:37	
77	5490	CARLA ALEXANDRA CARDOSO HORTA AFONSO DUARTE	F	36	01:06:17	01:05:15	
78	5954	ELISABETE CABRAL	F	41	01:06:19	01:05:20	
79	5715	ROSANGELA CORREIA	F	41	01:06:32	01:05:32	FIT TEAM
80	5909	ONDINA TEODORO	F	36	01:06:34	01:05:19	CUT AND RUN

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Relatório por Faixas Etárias

F3544

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
81	5894	MÓNICA MARQUES GIRÃO	F	36	01:06:34	01:05:42	
82	5852	GABRIELA COELHO	F	41	01:06:48	01:05:50	RESTAURANTEOCARTAXEIRO-CANEÇAS
83	5702	SILVIA CORREIA	F	36	01:06:51	01:05:48	EQUIPA BARTOLOMEU DIAS
84	5704	MARTA SANTOS	F	36	01:06:51	01:05:46	EQUIPA BARTOLOMEU DIAS
85	5197	DÉLIA BOINO	F	38	01:07:10	01:06:55	
86	5198	SANDRA CRISTINA PRATES CAETANO	F	39	01:07:10	01:06:55	
87	5051	PAULA CHAVES	F	35	01:07:25	01:07:01	PÉS DE CHUMBO
88	5560	CARLA CONCHINHA	F	38	01:07:30	01:06:40	SS MONTEPIO GERAL
89	6118	ANABELA MARTINS	F	42	01:07:46	01:06:44	
90	5709	LAURA CRUZ	F	39	01:07:47	01:06:44	EQUIPA BARTOLOMEU DIAS
91	5703	FILIPA ALMEIDA	F	39	01:07:48	01:06:44	SS MONTEPIO GERAL
92	5851	SOFIA MATEUS	F	35	01:07:52	01:06:54	RESTAURANTEOCARTAXEIRO-CANEÇAS
93	5870	SARA CESTEIRO	F	38	01:07:57	01:07:29	
94	5256	CARLA LOUTENÇO	F	38	01:08:50	01:08:50	C MILLENNIUM BCP
95	5623	SONIA NUNES	F	38	01:08:54	01:08:54	WALKING GIRLS
96	5450	MARIA MADALENA AMORIM	F	43	01:09:08	01:08:19	
97	5827	ADELIA VALENTE GONCALVES	F	37	01:09:31	01:07:47	
98	5627	HELENA QUENTAL	F	43	01:09:41	01:09:41	
99	5984	ANA GOMES	F	43	01:09:48	01:09:14	
100	5262	ISABEL ROBERTO	F	37	01:09:57	01:09:06	C MILLENNIUM BCP
101	5233	ÂNGELA MARIA DE CARVALHO RIBEIRO	F	40	01:10:09	01:09:33	
102	5059	ANA SANTOS	F	42	01:10:16	01:09:45	CUNHAVALENTE
103	5298	ANA MORAIS	F	38	01:10:24	01:09:02	
104	5129	CRISTINA REVES PIMENTA	F	37	01:10:30	01:09:22	GIRLS RUN 4 FUN
105	5901	ANA ISABEL LOPES	F	43	01:10:31	01:09:47	
106	5835	CÉLIA FRANCISCO	F	40	01:10:41	01:03:33	METRALHAS
107	5119	SARA DE SOUSA	F	35	01:10:43	01:10:21	
108	5983	GEÓRGIA ÁGOAS	F	39	01:10:45	01:10:11	
109	5466	SANDRA CUNHA	F	39	01:11:30	01:11:16	GD SANTANDER TOTTA
110	5902	ISABEL GUERREIRO	F	44	01:11:35	01:11:30	TARAHUMARA
111	5160	ANA ISAAC	F	36	01:12:43	01:12:17	AÇOREANA C BANIF
112	5159	SOFIA GUEDES	F	38	01:12:43	01:12:17	
113	5588	SÓNIA MARIA NOGUEIRA CORREIA	F	37	01:12:51	01:11:29	
114	5551	LUCIA CAVALEIRO	F	36	01:13:03	01:12:03	
115	6216	SUSANA TAVARES	F	38	01:13:58	01:13:06	
116	5024	ALEXANDRA OLIVEIRA	F	41	01:14:14	01:14:14	
117	5564	CATHIA ZIEBEL	F	37	01:17:35	01:14:44	LES MENINAS
118	5114	MARIA CANAVEIRA	F	36	01:18:10	01:17:47	
119	5633	SOFIA MARIA SEQUEIRA ELVAS	F	39	01:18:14	01:17:41	BORA LÁ!
120	6138	LINA MENDES	F	42	01:21:00	01:20:06	

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Relatório por Faixas Etárias

F3544

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
121	5552	RAQUEL ROSA	F	38	01:23:15	01:22:53	
122	6115	HELEMA MARIA CUPERTINO FRANCO	F	40	01:23:21	01:21:59	
123	5245	SUSANA MARANTES PEREIRA	F	37	01:26:29	01:26:29	
124	5244	CRISTINA MARIA LEITÃO PIRES	F	43	01:26:30	01:26:30	
125	5963	PAULA BORGES JARDIM	F	39	01:28:16	01:28:09	
126	6045	SUSANA TEIXEIRA	F	38	01:28:16	01:27:41	MONAVIE TEAM
127	5996	ANA TAVARES	F	38	01:28:17	01:27:42	MONAVIE TEAM
128	5964	CARLA BORGES JARDIM	F	40	01:28:32	01:28:24	
129	5237	CLÁUDIA MARTINS	F	39	01:28:59	01:28:30	
130	5686	VERA TOLEDO	F	38	01:33:36	01:33:36	OS V&V'S
131	5248	ANA GAMA	F	37	01:33:38	01:18:44	C MILLENNIUM BCP
132	5626	PAULA PEREZ	F	37	01:34:06	01:33:40	
133	5286	VERA CARROLA	F	38	01:34:45	01:33:39	C MILLENNIUM BCP
134	6117	ANA MONTESINOS	F	44	01:38:08	01:37:07	

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Relatório por Faixas Etárias

F4599

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	5515	MARIA LUCAS	F	46	00:41:45	00:41:36	GFD RUNNING
2	6016	MARIA LURDES VENÂNCIO	F	49	00:48:24	00:48:16	CLUBE COLABORADORES AXA
3	5356	VERONIQUE LE FEUVRE	F	48	00:52:29	00:52:20	
4	5736	MERCEDES FONSECA	F	57	00:53:49	00:53:39	
5	5744	REMEDIOS RAMOS RIVAS	F	58	00:54:40	00:54:28	
6	5710	MARIA BADALO	F	49	00:56:03	00:55:46	
7	5273	Mª ODETE SA	F	66	00:56:12	00:55:51	C MILLENNIUM BCP
8	6006	FERNANDA COSTA	F	51	00:56:41	00:56:25	AMIGOS ATLETISMO MAFRA
9	5601	LIDIA LOPES	F	51	00:56:52	00:55:50	GD SANTANDER TOTTA
10	5274	Mª PIEDADE LOURENÇO	F	70	00:58:07	00:57:23	C MILLENNIUM BCP
11	6194	ANA MARTINS	F	53	00:58:15	00:57:26	
12	6222	DÁLIA LEITE	F	50	00:58:18	00:58:05	
13	5545	TERESA GRAY	F	49	00:58:40	00:58:15	CCD TRANQUILIDADE
14	5731	MARIA HELENA DA SILVA COSTA ANDRADE	F	52	00:59:06	00:59:00	
15	5869	LUISA GUERRA SANTOS	F	45	00:59:07	00:59:03	
16	5029	MARIA IRENE BRITO	F	48	00:59:11	00:59:11	
17	5033	Mª LUZ FREIRE	F	63	00:59:23	00:59:09	SEASIDE
18	5629	ANA GONÇALVES	F	46	00:59:41	00:58:40	
19	6075	MARTA BYRNE	F	47	00:59:45	00:58:53	
20	5630	ALEXANDRA PIRES	F	46	01:01:01	01:00:02	
21	6193	FILOMENA FURTADO	F	57	01:01:10	00:57:51	
22	6074	JOSIANE GAILLARD	F	48	01:01:36	01:01:19	
23	5275	Mª TERESA JANELA	F	56	01:01:36	01:01:36	C MILLENNIUM BCP
24	5402	ELISABETH LOUREIRO	F	57	01:01:41	01:00:56	SC CASAINHOS
25	5089	DORA PIRES	F	47	01:02:07	01:01:12	SS CGD
26	5453	NÍDIA SILVA	F	58	01:02:30	01:01:32	
27	5065	ANA-ALICE SIMÕES PEREIRA	F	50	01:03:09	01:02:44	
28	5057	ANA CRISTINA CALAFATE	F	46	01:03:13	01:02:55	
29	5618	FERNANDA CALADO	F	46	01:03:27	01:03:00	CARAPAUS DE CORRIDA
30	5176	BELÉN DE VICENTE	F	46	01:03:28	01:02:42	VDTLETAS
31	5170	ANA CANAVEIRA	F	46	01:04:09	01:03:45	
32	5109	PAULA COUTO	F	50	01:04:15	01:03:59	
33	6151	LAURA ELENA CARMENATES	F	55	01:04:34	01:00:39	
34	6031	FERNANDA RIVAS OLIVEIRA	F	45	01:04:38	01:03:13	RAINBOWTEAM
35	5362	MADALENA FONSECA	F	57	01:04:40	01:03:48	
36	5918	MARIA HELENA DE CASTRO LOPES HEITOR	F	49	01:04:49	01:04:49	
37	5184	ANA TERESA SEABRA	F	48	01:04:49	01:03:49	RUN FOR LIFE
38	5204	MARIA DE JESUS COSTA	F	48	01:05:35	01:04:47	
39	5205	DOMINGAS MONICA SANTOS	F	54	01:05:35	01:04:46	
40	5012	ELENA PIRNAU	F	49	01:05:39	01:04:58	NA PAPAGAIOS CASCAIS

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Relatório por Faixas Etárias

F4599

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
41	5069	CRISTINA BENTO	F	48	01:06:58	01:06:25	
42	5828	CARLA CONDE	F	45	01:07:09	01:06:54	
43	5107	Mª CARMO ANJOS	F	67	01:08:02	01:08:02	J FREG PORTELA
44	5340	ELSA KLOSS	F	47	01:10:00	01:09:25	
45	5158	MA FEE HUNG	F	63	01:10:02	01:08:35	AÇOREANA C BANIF
46	5603	MARIA GERTRUDES	F	65	01:10:08	01:09:39	GD SANTANDER TOTTA
47	5726	HELENA MENDO	F	45	01:10:11	01:09:34	
48	5834	PAULA NETO	F	49	01:11:33	01:04:23	METRALHAS
49	6251	ANA CATARINA SALES NORONHA	F	45	01:11:34	01:10:46	VDATLETAS
50	5418	TERESA MATOSO	F	49	01:12:17	01:12:07	CLUBE GRUPO BES
51	5261	FOCK CHUI	F	63	01:12:30	01:11:33	C MILLENNIUM BCP
52	5604	RITA LOURENÇO	F	48	01:16:32	01:15:30	GD SANTANDER TOTTA
53	5455	MARIA MANUELA R M COELHO	F	48	01:17:43	01:16:42	
54	5374	BEATRIZ LOURENÇO	F	48	01:18:03	01:18:03	NÚCLEOEIRAS / SPORTZONE
55	6140	CLARA JÚLIO	F	48	01:21:00	01:20:06	
56	5013	ISABEL BARGÃO	F	61	01:22:26	01:21:23	NA PAPAGAIOS CASCAIS
57	5413	OLGA SANTOS	F	51	01:23:05	01:22:32	CLUBE GRUPO BES
58	5271	Mª JOAO M LOURENÇO	F	46	01:23:18	01:22:39	C MILLENNIUM BCP
59	5227	LUCINDA LOPES HENRIQUES	F	64	01:23:19	01:22:46	
60	5078	SILVIA TEIXEIRA DUARTE	F	47	01:23:22	01:23:01	
61	5075	MADALENA TEIXEIRA DUARTE	F	56	01:23:24	01:23:05	
62	5332	ROSA MARIA CAETANO	F	59	01:25:06	01:24:51	CLUBE COLABORADORES AXA
63	5421	ANA R CORREIA	F	45	01:25:21	01:24:38	CLUBE GRUPO BES
64	6150	FERNANDA SILVA	F	52	01:26:07	01:26:07	C.A. AMIGOS PARQUE DA PAZ
65	5090	FATIMA SEMEDO	F	56	01:27:53	01:27:31	SS CGD
66	5558	LURDES FERREIRA	F	51	01:28:25	01:27:35	SS MONTEPIO GERAL
67	5494	MARIA FILOMENA LEITE	F	58	01:33:01	01:32:22	
68	5408	ISABEL CALCARAO	F	46	01:34:18	01:33:56	CLUBE GRUPO BES
69	5276	MARINELA INACIO	F	48	01:34:45	01:33:38	C MILLENNIUM BCP

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Relatório por Faixas Etárias

M1819

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	6172	DAVID MENDES RODRIGUES LUIS	M	19	00:33:27	00:33:24	ÁGUIAS DE ALPIARÇA TRIATLO
2	5695	GONÇALO CASIMIRO	M	18	00:34:34	00:34:31	
3	6108	MIGUEL JOSÉ MARTINS CASSIANO	M	19	00:37:34	00:37:30	ÁGUIAS DE ALPIARÇA TRIATLO
4	5127	MIGUEL FORTUNATO	M	19	00:38:04	00:37:58	ALHANDRA SC
5	6106	JOÃO DIOGO TEODORO LOPES	M	18	00:38:56	00:38:52	ÁGUIAS DE ALPIARÇA TRIATLO
6	5128	PEDRO CARVALHO	M	19	00:45:58	00:45:34	ALHANDRA SC
7	5154	NUNO SANTOS	M	18	00:46:28	00:46:09	
8	6091	BRUNO BARREIROS	M	19	00:46:51	00:46:44	OS ANDARILHOS
9	6136	MIGUEL MACHADO	M	18	00:47:38	00:46:55	
10	5929	TOMÁS CAROÇO	M	18	00:50:34	00:49:55	H TECNIC
11	5400	MIGUEL BENTO	M	19	00:50:49	00:50:17	BRANCA DE NEVE E OS 5 ANÕES
12	5173	JOSE MARIA QUEIROZ DE BARROS GONÇALVES PEREIRA	M	19	00:53:54	00:53:54	VDATLETAS
13	5126	RUDI CRISTETA	M	19	00:55:50	00:55:43	ALHANDRA SC
14	5313	RUI CASTILHO	M	19	01:11:14	01:11:08	CBAMM
15	5463	DIOGO JOÃO RIBEIRO BRANCO	M	19	01:15:03	01:14:58	
16	5263	JOAO F M LOURENÇO	M	18	01:32:33	01:31:51	C MILLENNIUM BCP

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Relatório por Faixas Etárias

M2034

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	5960	JOSE SOUSA	M	24	00:31:00	00:30:57	CLUBE XISTARCA
2	5846	NUNO CARRAÇA	M	24	00:31:12	00:31:09	U.R.C.ABRUNHEIRA
3	5961	HUGO SANTOS	M	23	00:32:20	00:32:17	CLUBE XISTARCA
4	5976	OLAIDE OGUNRONBI	M	31	00:34:39	00:34:35	
5	6146	WESLEY REBOUCAS MATOS	M	25	00:35:33	00:35:29	
6	5047	TIAGO GRAÇA	M	26	00:35:39	00:35:34	
7	5066	BRUNO MIGUEL FARINHA DA SILVA	M	23	00:39:26	00:39:17	
8	5253	PAULO JORGE FREITAS NEVES	M	27	00:39:46	00:39:42	ATLETICO CLUBE DE VERMOIL
9	5311	NELSON CASANOVA	M	30	00:39:59	00:39:50	CBAMM
10	6209	TIAGO VARGAS	M	27	00:40:49	00:40:41	ALHANDRA SC
11	6160	TELMO NOGUEIRA	M	29	00:41:09	00:41:03	
12	5426	RAFAEL ASSUNÇÃO	M	22	00:41:30	00:41:23	RAIL RUNNERS
13	5316	IOAN MARIUS	M	31	00:42:00	00:41:51	CBAMM
14	5547	HÉLIO PALMA	M	31	00:42:35	00:42:12	CCD TRANQUILIDADE
15	5690	RUI CARMO	M	31	00:42:44	00:42:36	
16	6051	BRUNO MARTINS CAPELAS	M	28	00:42:47	00:42:11	
17	5933	LUÍS VALINHO	M	26	00:43:06	00:42:55	
18	5195	RICARDO PEDROSO	M	24	00:43:07	00:42:51	NO LIMITS
19	6132	EMANUEL DE CARVALHO	M	31	00:43:15	00:43:06	
20	5070	EUGÉNIO RODRIGUEZ	M	33	00:43:39	00:43:14	
21	5312	JOÃO ROSA	M	30	00:43:40	00:43:17	CBAMM
22	5697	LUIS MANUEL FINO	M	23	00:43:42	00:43:28	
23	6011	PEDRO MIGUEL AFONSO SILVA	M	27	00:43:46	00:43:28	
24	5773	EMANUEL RODRIGUES	M	24	00:44:03	00:43:10	LOJA DO ATLETA
25	5770	JOSÉ OLIVEIRA	M	26	00:44:10	00:43:16	LOJA DO ATLETA
26	6208	FILIFE LOPES	M	20	00:44:14	00:44:09	ALHANDRA SC
27	5189	MIGUEL NUNES	M	28	00:44:17	00:43:55	MATOS BROTHERS
28	5699	NUNO MIRANDA CASTANHEIRA	M	22	00:44:19	00:43:57	
29	5008	DAVID ALFEIRÃO RODRIGUES	M	26	00:44:35	00:44:05	CERCAL RUNNING TEAM
30	5384	PEDRO FERRABELO ROSA	M	31	00:44:37	00:44:31	
31	5775	NUNO FERREIRA	M	32	00:44:37	00:44:37	LOJA DO ATLETA
32	5542	HÉLDER ALVES	M	26	00:45:00	00:44:55	
33	5774	NUNO AMARAL	M	33	00:45:14	00:44:41	LOJA DO ATLETA
34	5647	VASCO RICARDO	M	32	00:45:48	00:45:27	
35	5877	GONÇALO DIAS	M	23	00:45:54	00:45:40	
36	5192	RENATO FIALHO	M	29	00:46:10	00:45:55	NO LIMITS
37	6077	FERNANDO JOSÉ FARIA	M	33	00:46:34	00:46:34	
38	5999	ARMANDO LEANDRO	M	29	00:46:48	00:46:38	SIGURA-TE LURDES
39	6215	JOSÉ SANTOS	M	31	00:46:56	00:46:51	JAZZY RUNNERS
40	5347	ÂNGELO RIBEIRO	M	29	00:46:58	00:46:02	DAGORDA

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Relatório por Faixas Etárias

M2034

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
41	5280	FILIPE DUQUE	M	30	00:47:14	00:46:28	
42	5814	FILIPE ALMEIDA	M	32	00:47:21	00:47:05	
43	5352	ROGERIO MACHADO	M	33	00:47:33	00:47:27	
44	5934	JOÃO FILIPE MARTINHO	M	29	00:47:33	00:47:21	
45	5187	PEDRO MATOS	M	25	00:48:03	00:47:41	MATOS BROTHERS
46	5200	EMANUEL VIEGAS MENDES	M	25	00:48:19	00:45:47	
47	6085	NUNO JOSÉ MOTA CLÍMACO PEREIRA	M	31	00:48:24	00:47:15	AMIGOS DA CORRIDA
48	5548	PEDRO GONÇALVES	M	32	00:48:36	00:48:04	CCD TRANQUILIDADE
49	5807	TIAGO FREITAS	M	31	00:48:38	00:47:43	AFO
50	5861	FÁBIO VICTORINO	M	25	00:48:48	00:48:16	
51	5716	MIGUEL BRAZ FRADE	M	23	00:48:50	00:48:19	
52	5068	ANTÓNIO TORRES	M	33	00:48:51	00:48:24	
53	5073	JOÃO MARQUET	M	30	00:48:54	00:48:27	
54	5732	DANIEL ALVARENGA	M	28	00:48:56	00:48:28	
55	6242	PEDRO SANTOS	M	32	00:48:56	00:47:48	EQUIPA A
56	5812	RICARDO P SOUSA	M	33	00:49:04	00:48:17	SS MONTEPIO GERAL
57	6008	GUILHERME PACHECO	M	26	00:49:12	00:48:42	CERCAL RUNNING TEAM
58	5034	GONÇALO FRANCISCO	M	20	00:49:22	00:49:22	SEASIDE
59	5386	CANDIDO RAMOS	M	27	00:49:24	00:49:24	
60	5010	NUNO ANDRÉ	M	34	00:49:28	00:49:19	
61	5206	JORGE LOURENÇO	M	20	00:49:36	00:48:51	SC CASAINHOS
62	5357	ANTÓNIO MANUEL RODRIGUES VIEIRA	M	29	00:49:50	00:49:29	
63	5779	MARCO PINRO	M	32	00:50:01	00:49:21	
64	5141	RUI ARAÚJO	M	32	00:50:02	00:49:40	
65	5778	EDGAR LUZIA	M	32	00:50:02	00:49:22	
66	5681	TIAGO FERREIRA	M	34	00:50:08	00:49:58	
67	5772	PAULO ABRANTES	M	24	00:50:08	00:49:12	LOJA DO ATLETA
68	5847	MARCO OLIVEIRA MARTINS	M	32	00:50:12	00:49:54	
69	5138	MANUEL ANTÓNIO ROQUE FIGUEIREDO	M	25	00:50:19	00:49:22	MATARUNNERS
70	5480	PAULO NUNO DA SILVA ANDRADE	M	31	00:50:25	00:49:59	
71	5764	LUIS PINTO	M	27	00:50:26	00:50:18	
72	5139	TIAGO LUÍS GARCIA	M	25	00:50:37	00:49:40	MATARUNNERS
73	6068	SAMUEL PEREIRA	M	27	00:50:39	00:47:52	IRAQ'UNITA
74	5524	LUIS M. SANTOS	M	31	00:50:50	00:50:50	
75	5425	JOAQUIM ALEXANDRE FILIPE	M	23	00:50:59	00:50:28	BRANCA DE NEVE E OS 5 ANÕES
76	5162	LEI CHONG HENG	M	25	00:50:59	00:50:13	VDATLETAS
77	5506	NUNO MIGUEL NUNES RAMOS	M	31	00:51:05	00:50:23	
78	5729	NUNO CARAMPANTA	M	34	00:51:19	00:51:19	
79	5502	JONATHAN GABADINHO	M	29	00:51:26	00:50:44	CLUBE DESPORTIVO TCPI-10KMS
80	6023	PEDRO CABRAL	M	34	00:51:30	00:50:27	

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Relatório por Faixas Etárias

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
81	5367	KLAAS MAES	M	31	00:51:31	00:50:52	THE TRANNIES
82	5550	RUI PIRES	M	33	00:51:39	00:51:02	1+1=BUÉ
83	5436	CLÁUDIO MOREIRA	M	33	00:51:47	00:51:13	
84	5822	ANDRÉ BARRETO	M	33	00:51:49	00:51:13	
85	5868	ANDRÉ BONACHO	M	25	00:51:55	00:51:30	
86	5063	MIKAEL LUCIANO ABADE SARAIVA	M	25	00:52:23	00:52:05	
87	5353	DAVID MEDEIRO DANIELSEN	M	29	00:52:35	00:51:57	THE TRANNIES
88	5377	MARCO NUNES	M	30	00:52:36	00:51:58	
89	6148	TIAGO PIRES	M	32	00:52:54	00:51:50	
90	6120	FRANCISCO GUSMÃO PEREIRA	M	25	00:52:56	00:52:11	
91	5523	CARLOS ANDRÉ PEREIRA CARRAPIÇO	M	23	00:52:57	00:50:25	
92	5376	EGIDIO JORME MORAIS BESUGO	M	34	00:52:59	00:52:20	
93	5526	PEDRO TORRES	M	33	00:53:08	00:53:00	
94	5469	NUNO CARREIRA	M	33	00:53:11	00:52:42	OS CUNHADOS
95	5431	RUBEN LOPES	M	23	00:53:13	00:52:57	
96	6098	NUNO RODRIGUES	M	29	00:53:13	00:53:04	OS ANDARILHOS
97	5471	DAVID JOÃO MARTINS	M	31	00:53:14	00:52:45	OS CUNHADOS
98	6093	ÊLIO FIGUEIREDO	M	27	00:53:15	00:53:06	OS ANDARILHOS
99	5477	CÉLIO MOREIRA	M	31	00:53:25	00:52:43	OS QUENIANOS
100	5255	ANDRÉ RAFAEL COSTA LOPES	M	29	00:53:29	00:53:08	SONICTEAM
101	6226	ANDRÉ CARVALHO	M	32	00:53:30	00:52:51	CLUBE VODAFONE
102	6227	MANUEL FIGUEIRA	M	26	00:53:30	00:52:51	CLUBE VODAFONE
103	5104	SABIR KANJI	M	34	00:53:39	00:53:05	SS CGD
104	5120	DANIEL TOMAS	M	30	00:53:49	00:53:27	
105	5855	CARLOS ALBERTO MARQUES RODRIGUES	M	27	00:53:56	00:53:33	
106	5874	HUGO GOMES	M	33	00:53:59	00:53:47	
107	5351	DANIEL PEREIRA	M	29	00:54:00	00:53:52	EX-ITAS
108	6035	LUIS GRADÍSSIMO	M	34	00:54:00	00:52:57	
109	5906	NUNO MIGUEL PEREIRA	M	32	00:54:03	00:52:30	PERNAS DE PAU
110	5994	VASCO DANIEL FERREIRA BELCHIOR	M	31	00:54:03	00:54:03	PERNAS DE PAU
111	5859	MICHAEL ATTALI	M	28	00:54:05	00:54:00	
112	5666	HENRIQUE VENTURA	M	34	00:54:06	00:53:36	SEASIDE
113	5025	FRANCISCO NUNES	M	21	00:54:22	00:53:28	
114	5123	GONÇALO AMARAL CARVALHO	M	29	00:54:30	00:52:28	DIGGS
115	5199	ANTÓNIO JOSÉ DOS SANTOS CORREIA	M	28	00:54:38	00:52:32	
116	5398	ANTÓNIO FILIPE	M	21	00:54:42	00:54:10	BRANCA DE NEVE E OS 5 ANÕES
117	5478	JOÃO FERNANDES	M	34	00:54:48	00:54:08	OS QUENIANOS
118	5193	PEDRO BUSCA	M	34	00:54:48	00:54:33	NO LIMITS
119	5420	MANUEL MANTEIGAS	M	29	00:54:51	00:53:50	CLUBE GRUPO BES
120	6241	VASCO TEIXEIRA	M	27	00:55:03	00:53:55	EQUIPA A

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Relatório por Faixas Etárias

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
121	5411	MANUEL CARDOSO	M	34	00:55:08	00:54:32	CLUBE GRUPO BES
122	5188	HUGO MATOS	M	26	00:55:17	00:55:01	MATOS BROTHERS
123	6012	PEDRO CORREIA	M	27	00:55:28	00:55:05	
124	6403	JOAO SALGUEIRO	M	23	00:55:30	00:55:30	
125	6402	HUGO FERNANDES	M	23	00:55:30	00:55:30	
126	5201	FERNANDO SILVA	M	34	00:55:32	00:55:05	PICAS
127	5754	LUCIANO BATISTA	M	28	00:55:36	00:54:38	
128	5990	DÁRIO SANTOS	M	30	00:55:50	00:55:34	
129	5832	REYES VILLAJOS	M	29	00:55:53	00:54:51	
130	5080	SANDRO LAVADO	M	33	00:55:54	00:55:28	ACCVCAVI
131	6024	GABRIEL LÚCIO	M	30	00:56:00	00:55:32	
132	5713	DANIEL SWIRSKY	M	23	00:56:03	00:55:32	
133	5723	RICARDO MACHADO DOS SANTOS	M	32	00:56:09	00:55:21	
134	5536	TIAGO BESSA	M	32	00:56:11	00:54:58	VDATLETAS
135	5890	MIGUEL SEMEDO	M	34	00:56:13	00:56:02	
136	5701	NUNO TALAIA DA COSTA	M	32	00:56:16	00:55:11	
137	6218	PEDRO NAVARRO	M	34	00:56:18	00:55:12	
138	5531	HELDER FILIPE LOPES DAS NEVES	M	31	00:56:24	00:56:12	IGFEJAMOS CORREDORES CLUBE
139	5978	CLAUDIO MATEUS	M	34	00:57:14	00:57:01	
140	5756	MARCO SILVA	M	34	00:57:21	00:57:00	
141	5518	RICARDO MARTINS	M	34	00:57:23	00:57:07	
142	5293	ANDREW PENDLEBURY	M	30	00:57:24	00:56:41	
143	5940	BRUNO ANDRADE	M	34	00:57:31	00:56:39	CORRER NA CIDADE
144	5210	LUÍS REBORDÃO SAMPAIO	M	33	00:58:31	00:57:25	AMIGOS DA CORRIDA
145	6243	HUGO BALAU	M	33	00:58:46	00:57:38	EQUIPA A
146	5337	LUIS C DIAS	M	34	00:58:48	00:51:39	
147	5345	JOÃO RIBEIRO	M	22	00:58:50	00:57:53	DAGORDA
148	6030	HUGO FERREIRA	M	29	00:58:56	00:57:31	RAINBOWTEAM
149	6081	JOÃO TIAGO ALEXANDRE	M	33	00:58:56	00:58:43	DEIXA PASSAR MAIOR DE PORTUGAL
150	5539	HUGO SILVA	M	34	00:59:09	00:58:56	PICAS
151	5289	RICARDO SILVA	M	27	00:59:09	00:58:08	RUNNIOLOGIA
152	5148	PEDRO CASTANHEIRA	M	31	00:59:29	00:59:29	
153	6053	JOSÉ ROSA	M	28	00:59:31	00:58:45	
154	5765	MÁRIO NUNO MENDES ALVES PEQUITO GASPAR	M	27	00:59:46	00:59:38	
155	6067	DANIEL FIGUEIREDO	M	27	00:59:57	00:57:11	IRAQ'UNITA
156	5570	LUÍS CRUIZ	M	30	01:00:03	00:59:21	CLUBE ANA LISBOA
157	5871	NUNO MARTINS	M	31	01:00:09	00:59:23	
158	5862	JOÃO FERNANDES BARATA	M	21	01:00:48	00:59:31	
159	5507	ÁLVARO CARDOSO	M	31	01:01:00	01:00:15	
160	5508	NUNO MIGUEL DOS SANTOS MENDONÇA	M	28	01:01:08	01:00:24	

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Relatório por Faixas Etárias

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
161	6203	PAULO TÁPIA	M	33	01:01:14	01:00:27	JAQUINZINHOS DE CORRIDA
162	5473	MÁRIO RUI FERREIRA	M	31	01:01:39	01:01:11	OS CUNHADOS
163	5470	BRUNO MIGUEL LUZ	M	32	01:01:39	01:01:11	OS CUNHADOS
164	5784	JOAQUIM PEREIRA	M	33	01:03:00	01:02:55	
165	5485	PEDRO MIGUEL TORCATO FAUSTINO	M	28	01:03:36	01:02:56	
166	5953	BRUNO VAZ	M	32	01:04:26	01:04:26	NEVES VAZ
167	5741	RODRIGO RODRIGUES	M	32	01:04:53	01:03:53	PANQUECAS
168	5673	JOSÉ CASIMIRO	M	25	01:05:21	01:04:19	
169	6184	MANUEL FILIPE OLIVEIRA GARCIA	M	31	01:05:50	01:04:47	
170	5974	DUARTE COSTA	M	30	01:05:53	01:05:01	
171	6233	PEDRO ALVES	M	31	01:06:08	01:05:28	
172	5177	JOÃO CARLOS RISCADO RAPOULA	M	30	01:06:15	01:05:24	VDATLETAS
173	5973	AFONSO DE BRITO	M	20	01:07:14	01:06:42	
174	5137	NUNO FILIPE ROQUE FIGUEIREDO	M	34	01:08:12	01:08:12	MATARUNNERS
175	5528	CARLOS LOURES	M	29	01:08:17	01:08:17	
176	5694	ALBERTO A. FERREIRA DE CASTRO SERRA MOSQUEIRA	M	34	01:09:04	01:08:45	
177	6231	SÉRGIO VIÇOSO	M	32	01:09:33	01:09:33	
178	5429	LUIS LOPES	M	34	01:10:15	01:10:06	
179	6122	EMANUEL DA CONCEIÇÃO SOARES	M	28	01:10:55	01:10:11	FERNÉTICOS
180	5907	FILIPE ESTEVÃO	M	25	01:11:18	01:09:23	CUT AND RUN
181	5620	SÉRGIO CARDOSO	M	34	01:11:58	01:11:28	OS QUENIANOS
182	5174	FILIPE SOARES DE ALBERGARIA ROCHA VIEIRA	M	29	01:14:27	01:13:36	VDATLETAS
183	5821	JOÃO OLIVEIRA	M	28	01:15:01	01:15:01	
184	5965	FILIPE MIGUEL MARTINS FRANCO MONTEIRO	M	20	01:15:18	01:14:50	EQUIPA DA JOANA E DO MIGUEL
185	5574	JULIO NEVES RODRIGUES	M	34	01:19:33	01:15:54	

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	5242	RUI FONTES	M	35	00:35:50	00:35:46	
2	5925	DIOGO LOPES	M	39	00:39:44	00:39:29	
3	5458	BRUNO GIRAO	M	38	00:39:47	00:39:44	GD SANTANDER TOTTA
4	5106	HUGO MIGUEL PAISANA DOMINGOS	M	35	00:41:06	00:40:57	
5	5067	ALEXANDRE TESTAGROSSA	M	38	00:41:22	00:41:14	
6	5850	HUGO LUZ	M	38	00:42:10	00:41:57	REST. O CARTAXEIRO(CANEÇAS) RB
7	5880	PEDRO MARTINS	M	35	00:42:30	00:42:13	
8	6066	RUI DAVID FREITAS	M	36	00:42:43	00:42:35	
9	5071	FILIPE AMOROSO	M	35	00:42:45	00:42:45	
10	5959	NUNO JERÓNIMO	M	35	00:43:23	00:42:56	
11	5520	RODRIGO SERRA	M	37	00:43:47	00:43:42	GFD RUNNING
12	5517	TIAGO PACHECO	M	35	00:43:47	00:43:42	GFD RUNNING
13	6220	HUGO RODRIGUES	M	37	00:44:19	00:44:07	
14	5801	DAVID GOMES	M	37	00:45:21	00:45:12	
15	5883	SEVERINO J. MÉNDEZ SUÁREZ	M	37	00:46:02	00:45:38	
16	5191	GONÇALO NASCIMENTO RODRIGUES	M	39	00:46:22	00:46:04	
17	5825	HUGO SÉRGIO MARTINS MONTEIRO	M	35	00:46:32	00:45:55	
18	5360	ROGÉRIO JORGE	M	37	00:47:00	00:46:01	
19	5875	PEDRO MIGUEL R. DA SILVA	M	36	00:47:09	00:46:54	
20	6059	PEDRO REIS	M	38	00:47:13	00:47:08	
21	6214	NUNO LUFINHA	M	39	00:47:20	00:47:16	JAZZY RUNNERS
22	5476	PAULO ALVES	M	35	00:47:40	00:47:40	
23	6019	JORGE FIGUEIRA	M	37	00:47:52	00:47:39	CLUBE COLABORADORES AXA
24	5831	MATTEO TAIANA	M	36	00:48:24	00:46:29	
25	5721	NELSON CALVINHO	M	38	00:49:00	00:48:30	
26	6005	HUGO SANTOS	M	37	00:49:03	00:48:53	SIGURA-TE LURDES
27	5064	JOAO C S GOMES	M	37	00:49:06	00:49:02	
28	6129	MARÇAL ALVES PACHECO	M	38	00:49:06	00:48:27	GCP
29	5372	PEDRO CARVALHO	M	39	00:49:11	00:48:38	
30	5497	JOSÉ FREITAS	M	35	00:49:19	00:48:53	
31	5982	TOMÁS SOUSA	M	37	00:49:27	00:49:11	
32	5657	BRUNO RUAS	M	39	00:49:32	00:49:19	
33	5989	VALTER JORGE FILIPE REIS	M	35	00:49:40	00:49:24	
34	5958	BRUNO BRITO	M	37	00:49:40	00:49:33	
35	5642	JULIO ARTERO	M	35	00:49:44	00:49:29	
36	5002	PEDRO MARTINS	M	39	00:49:48	00:49:35	RB RUNNING
37	5335	NUNO MIGUEL RAPOSO	M	36	00:49:49	00:49:44	PAIO PIRES RUN
38	5949	MARIO RUI COSTA	M	37	00:49:54	00:49:36	
39	5891	ANDRÉ ANTUNES	M	38	00:49:59	00:49:14	
40	5300	PEDRO FERREIRA	M	36	00:50:03	00:49:48	

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
41	6145	PRIMO ISABEL	M	38	00:50:05	00:49:55	
42	5986	JOÃO VASCO FRANCO	M	37	00:50:12	00:49:54	
43	5987	NUNO MIGUEL SIMOES FERREIRA	M	37	00:50:12	00:49:53	
44	5766	DIOGO SILVA REDE	M	37	00:50:20	00:50:00	
45	5382	JOSÉ F. H. TOMÁS	M	38	00:50:32	00:50:02	JOTAS
46	5881	PEDRO FERRAZ	M	37	00:50:43	00:50:43	
47	5800	FANUCCHI CHRISTOPHE	M	38	00:50:49	00:50:03	TEAM RAID-INSA
48	5711	MIGUEL MONTEIRO FERNANDES	M	39	00:50:50	00:50:37	
49	5799	FANUCCHI STEPHANE	M	36	00:50:55	00:50:07	TEAM RAID-INSA
50	5056	ANDRE CARINHAS	M	38	00:50:56	00:50:56	
51	5084	NUNO MIGUEL DA SILVA ARRAIAS	M	37	00:51:01	00:50:19	
52	5840	DAVID ALMEIDA	M	35	00:51:13	00:50:22	SS MONTEPIO GERAL
53	6007	ANTONIO DUARTE	M	38	00:51:15	00:50:59	
54	6202	RICARDO GOMES	M	35	00:51:29	00:50:23	JACUINZINHOS DE CORRIDA
55	5937	PAULO ALMEIDA	M	39	00:51:29	00:51:25	
56	5297	JOAQUIM RUIVO	M	39	00:51:30	00:51:14	
57	6119	ADRIANO SOEIRO	M	36	00:51:47	00:50:46	
58	5810	MÁRIO CAETANO	M	35	00:51:47	00:50:52	AFO
59	5364	BRUNO CONCEIÇÃO	M	36	00:52:16	00:52:05	
60	5183	JOSÉ MARCHANT	M	35	00:52:18	00:51:32	RUN FOR LIFE
61	6096	JOÃO SILVA	M	37	00:52:30	00:52:20	OS ANDARILHOS
62	5538	JOAO SILVA	M	37	00:52:42	00:52:42	PICAS
63	5809	HUGO PEREIRA	M	36	00:52:50	00:51:54	AFO
64	5683	PEDRO EMAUZ	M	35	00:52:52	00:52:41	
65	5585	BRUNO CÂMARA	M	37	00:52:59	00:52:06	
66	6229	TITO SANTOS	M	38	00:53:03	00:52:43	CLUBE VODAFONE
67	5938	JORGE MAXIMO	M	39	00:53:08	00:53:04	
68	5145	JOSÉ MIGUEL SOUSA	M	37	00:53:21	00:52:58	
69	5178	FERNANDO MANUEL COSTA MARQUES CANAS GONÇALVES	M	38	00:53:26	00:52:36	VDATLETAS
70	5580	PEDRO SANTOS	M	36	00:53:37	00:53:25	
71	5134	PEDRO RAFAEL MENDONÇA	M	38	00:53:38	00:53:26	
72	5537	RICARDO SEABRA MOURA	M	37	00:53:41	00:52:51	VDATLETAS
73	5499	DINO SILVA	M	37	00:53:42	00:53:15	PICAS
74	5638	VASCO VIEIRA	M	36	00:53:54	00:52:42	ACTIVE PEOPLE
75	5229	LUIS ANDORINHO	M	36	00:53:55	00:53:50	
76	5445	PEDRO MACHADO	M	36	00:53:56	00:53:08	
77	6099	RUI CARVALHO	M	36	00:54:22	00:54:12	OS ANDARILHOS
78	5500	NUNO BRANDÃO	M	38	00:54:36	00:53:53	CLUBE DESPORTIVO TCPI-10KMS
79	5817	HUGO MIGUEL RODRIGUES COLAÇO	M	35	00:54:49	00:54:19	
80	5991	PAULO ROXO	M	38	00:55:27	00:55:16	

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
81	5281	RUI M.C.P. ROCHA	M	39	00:55:30	00:55:30	
82	5050	RUI CHAVES	M	39	00:55:34	00:55:34	PÉS DE CHUMBO
83	5969	DONNI MOHAMMAD AKBAR	M	39	00:55:55	00:55:47	
84	5811	RICARDO CAMPOS	M	38	00:55:58	00:55:03	
85	5795	RICARDO DOURADO	M	37	00:56:02	00:55:16	
86	5144	ARTUR SANTOS	M	36	00:56:04	00:55:45	
87	6050	HUGO BARRETO	M	36	00:56:05	00:55:01	
88	5898	ANTÓNIO PEDRO RODRIGUES	M	39	00:56:06	00:56:02	TARAHUMARA
89	5007	NUNO ALMEIDA	M	36	00:56:10	00:55:22	
90	5348	PEDRO PEREIRA	M	37	00:56:20	00:55:25	DAGORDA
91	5895	PEDRO RICARDO NUNES	M	39	00:56:22	00:55:57	
92	5338	RUI MADEIRA DOS SANTOS	M	37	00:56:25	00:55:58	XISTEAM
93	5419	RICARDO SILVA	M	36	00:56:33	00:55:57	CLUBE GRUPO BES
94	6029	JORGE JESUS	M	39	00:56:39	00:56:01	
95	5291	MAURO CASTRO	M	38	00:56:52	00:55:50	RUNNIOLOGIA
96	5864	JORGE FERREIRA	M	36	00:56:58	00:56:40	
97	6061	PEDRO MACHADO	M	38	00:56:59	00:56:52	
98	5151	BRUNO MADEIRA	M	35	00:57:04	00:56:36	
99	5857	TIAGO SARDO	M	36	00:57:23	00:57:14	
100	5555	JORGE SOUSA	M	38	00:58:09	00:57:49	
101	5556	JOAO GONCALVES	M	36	00:58:09	00:57:49	
102	5768	CARLOS MELO	M	36	00:58:16	00:57:27	SS MONTEPIO GERAL
103	5077	RICARDO MARINO RODRIGUES	M	35	00:58:39	00:58:02	
104	5027	SÉRGIO POMBINHO	M	35	00:58:40	00:56:33	
105	5546	PEDRO VENTURA	M	37	00:58:41	00:58:17	CCD TRANQUILIDADE
106	5655	ANTÓNIO DELICADA	M	39	00:58:50	00:58:50	
107	6021	ANDRÉ ANJOS FREITAS	M	35	00:58:56	00:58:42	DEIXA PASSAR MAIOR DE PORTUGAL
108	6147	HUGO FIALHO	M	35	00:58:57	00:58:36	
109	5117	PEDRO PINTO	M	39	00:59:00	00:58:13	GD CIMPOR
110	5535	NUNO PICADO	M	35	00:59:08	00:59:08	IGFEJAMOS CORREDORES CLUBE
111	5329	LUIS PEDRO CRISTÃO	M	38	00:59:10	00:57:32	CLUBE COLABORADORES AXA
112	5970	ARI SAPTAWIJAYA	M	37	00:59:47	00:59:39	
113	5412	NUNO M NUNES	M	35	00:59:49	00:59:09	CLUBE GRUPO BES
114	6017	LUIS MIGUEL AFONSO	M	35	01:00:06	00:59:52	CLUBE COLABORADORES AXA
115	5663	MARIUSZ MICHALOWSKI	M	36	01:00:56	01:00:02	
116	6204	RUI ALMEIDA	M	37	01:01:14	01:00:28	JAQUINZINHOS DE CORRIDA
117	5682	LUIS MARQUES	M	39	01:01:27	01:00:46	
118	6015	PAULO JORGE PAIXÃO	M	39	01:01:39	01:01:26	CLUBE COLABORADORES AXA
119	5379	MIGUEL RODRIGUES	M	35	01:01:43	01:01:17	
120	5687	VALDEMAR VIEGAS	M	38	01:02:01	00:59:26	OS V&V'S

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Relatório por Faixas Etárias

M3539

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
121	6028	ANDRE MARTA	M	37	01:02:38	01:02:15	
122	6025	XAVIER ANDRESEN	M	37	01:02:46	01:02:22	
123	5658	GONÇALO LOPES	M	38	01:03:25	01:02:48	RUN BUDDY RUN
124	5740	FERNANDO RODRIGUES	M	36	01:03:40	01:02:43	PANQUECAS
125	6065	PEDRO MOREIRA	M	36	01:04:09	01:02:27	
126	5679	CARLOS MACHADO	M	37	01:04:11	01:03:17	
127	5738	SÉRGIO TAVARES	M	38	01:04:31	01:03:56	MONAVIE TEAM
128	5118	NUNO SANTOS	M	38	01:04:45	01:03:55	
129	5557	NUNO ALMEIDA	M	35	01:05:19	01:04:28	SS MONTEPIO GERAL
130	5911	RUY ALEXANDRE HENRIQUES DE ABREU	M	37	01:06:10	01:05:36	
131	5582	PRITESH MANILAL	M	36	01:06:13	01:05:53	
132	6105	RICARDO MENDES	M	35	01:06:24	01:06:10	
133	5717	HUGO MIGUEL OLIVEIRA	M	35	01:06:30	01:05:31	FIT TEAM
134	6213	GUSTAVO VERÍSSIMO	M	39	01:07:19	01:06:12	
135	6084	NUNO FILIPE BAPTISTA	M	37	01:07:24	01:06:18	AMIGOS DA CORRIDA
136	5972	NUNO FRANCISCO	M	39	01:07:52	01:07:24	
137	5267	JOSE FARINHA	M	38	01:08:48	01:08:26	C MILLENNIUM BCP
138	6112	BRUNO GONÇALO PEREIRA CARVALHO CONCEIÇÃO	M	38	01:08:59	01:08:30	ESMTC2
139	5112	MARCO PAMPLONA	M	35	01:10:16	01:10:04	
140	5843	HUGO SERRANO	M	36	01:10:39	01:09:37	U.R.C.ABRUNHEIRA
141	5621	NUNO DIAS	M	39	01:11:58	01:11:28	OS QUENIANOS
142	6232	NUNO CONTRAMESTRE	M	39	01:12:45	01:12:19	
143	5742	FRANCISCO JOSÉ GALÃO BERNARDO	M	38	01:13:16	01:12:47	FRIENDS2RUN
144	6217	PEDRO PLÁCIDO	M	39	01:13:57	01:13:03	
145	5264	JORGE GAMA	M	37	01:23:43	01:08:49	C MILLENNIUM BCP
146	5798	FERNANDO TRÁPAGA	M	39	01:24:28	01:24:28	
147	5700	FERNANDO XAVIER	M	38	01:25:22	01:24:47	
148	5410	JOSE PEQUENO	M	38	02:15:33	02:15:33	CLUBE GRUPO BES

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Relatório por Faixas Etárias

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	5806	CESARIO SIMOES	M	44	00:35:44	00:35:44	MARATONA CLUBE C VILA CHÃ
2	5516	FERNANDO PEREIRA	M	40	00:36:06	00:36:02	GFD RUNNING
3	5521	FERNANDO SANTOS	M	43	00:37:56	00:37:53	GFD RUNNING
4	5481	DUARTE PONTE	M	40	00:38:07	00:37:53	SOCIEDADE EUTERPE ALHANDRENSE
5	5161	JOSÉ GEADA	M	42	00:38:41	00:38:36	
6	5988	FRANCISCO ANTÓNIO PEREIRA GONÇALVES	M	43	00:39:07	00:39:03	
7	5845	CARLOS PIRES	M	42	00:39:17	00:39:11	U.R.C.ABRUNHEIRA
8	5530	PEDRO MOTA	M	43	00:40:15	00:40:11	GFD RUNNING
9	5696	ACACIO PAIXÃO	M	41	00:40:52	00:40:38	
10	5230	MIGUEL COSTA SANTOS	M	43	00:41:40	00:41:36	DCS RUNNING
11	5021	RUI FALHAS	M	43	00:42:02	00:41:55	RB RUNNING
12	5082	ALBERTO DOMINGUES	M	41	00:42:09	00:42:02	
13	6166	JOÃO REVÉS	M	41	00:42:49	00:42:32	LESMAS ALOPRADAS
14	5739	CARLOS PORTELA	M	42	00:43:14	00:42:35	
15	5017	NUNO TEMPERA	M	44	00:43:45	00:43:38	RB RUNNING
16	5003	ARNALDO TRINDADE	M	42	00:46:17	00:46:05	RB RUNNING
17	5049	MIGUEL CAPELA	M	42	00:46:54	00:46:33	
18	5514	RICARDO ANTUNES	M	42	00:47:05	00:46:51	CLUBE BOLINHA
19	6161	CARLOS CRAVEIRA	M	42	00:47:05	00:46:30	
20	5892	DIOGO CARVALHO	M	40	00:47:12	00:46:48	
21	5020	PAULO SOUSA	M	40	00:47:26	00:46:47	RB RUNNING
22	6072	JOÃO MALATO	M	42	00:48:03	00:47:58	
23	5278	PEDRO SA	M	41	00:48:09	00:47:47	C MILLENNIUM BCP
24	5043	JORGE MIGUEL P F FERREIRA	M	42	00:48:28	00:48:00	
25	5355	NUNO MIGUEL BATISTA MARTINS	M	41	00:48:30	00:48:08	
26	5322	ARTUR GONÇALVES	M	41	00:48:32	00:48:25	
27	5053	FERNANDO FERREIRA	M	40	00:48:41	00:47:43	
28	5142	NUNO AFONSO	M	41	00:48:42	00:48:23	
29	5748	VÍTOR CANTO	M	43	00:48:52	00:48:42	
30	6156	PEDRO SANTOS	M	42	00:49:02	00:48:49	MONSTRINHOS
31	6064	CARLOS COSTA	M	44	00:49:04	00:48:43	
32	5808	RUI LAPA	M	42	00:49:04	00:48:08	AFO
33	5743	DAVID JOÃO ALMEIDA	M	42	00:49:16	00:48:47	FRIENDS2RUN
34	5957	NUNO PINHEIRO	M	41	00:49:40	00:49:32	
35	5182	CARLOS LAMY BANDEIRA	M	44	00:50:30	00:50:30	RUN FOR LIFE
36	5422	RICARDO CANAS	M	41	00:50:43	00:50:29	CLUBE GRUPO BES
37	5676	NUNO ALEXANDRE MOREIRA DA ROCHA PRATAS	M	42	00:50:46	00:49:57	
38	6238	CARLOS COELHO	M	41	00:50:59	00:49:51	EQUIPA A
39	6250	PEDRO VAZ PINTO PINTO COELHO	M	44	00:51:29	00:51:29	VDATLETAS
40	5641	FILIPE PAIXÃO	M	40	00:51:35	00:50:23	ACTIVE PEOPLE

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Relatório por Faixas Etárias

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
41	5091	FERNANDO LIMA	M	44	00:51:36	00:51:18	SS CGD
42	6205	RUI FERNANDES	M	42	00:51:42	00:51:21	
43	5147	MIGUEL OLIVEIRA	M	40	00:51:53	00:51:34	
44	5228	DÉCIO ALVES	M	43	00:52:01	00:51:54	DCS RUNNING
45	6052	MANUEL FONSECA	M	42	00:52:16	00:51:30	
46	5619	JOAQUIM ALEIXO	M	42	00:52:36	00:51:57	OS QUENIANOS
47	5849	PAULO MEIRELES	M	43	00:52:50	00:52:50	REST. O CARTAXEIRO(CANEÇAS) RB
48	6228	SÉRGIO PEREIRA	M	41	00:52:51	00:52:13	CLUBE VODAFONE
49	5838	CARLOS GUERREIRO	M	42	00:53:06	00:53:02	TARAHUMARA
50	5527	NUNO OLIVEIRA	M	41	00:53:07	00:53:00	
51	5102	RUI PEREIRA	M	43	00:53:08	00:52:13	SS CGD
52	5156	ANTÓNIO GUEDES	M	42	00:53:37	00:53:26	AÇOREANA C BANIF
53	6018	JOSÉ GRAÇA VALENTIM	M	42	00:53:53	00:53:20	CLUBE COLABORADORES AXA
54	5303	NUNO BARRETO	M	40	00:54:08	00:53:02	
55	5611	JOEL SILVA	M	40	00:54:12	00:53:57	MONSTRINHOS
56	5885	DANIEL AMADOR	M	42	00:54:23	00:53:34	
57	5886	ARTUR CARVALHO	M	42	00:54:23	00:53:33	
58	5150	ARTUR GOMES	M	40	00:54:28	00:54:28	
59	5257	FILIPE MANUEL SIMÕES	M	41	00:54:35	00:54:15	SONICTEAM
60	5116	PEDRO JOSÉ GRILO LOUREIRO	M	42	00:54:42	00:54:32	
61	5279	EICARDO GOMES	M	42	00:54:55	00:54:29	C MILLENNIUM BCP
62	5873	JOSE MIGUEL MADEIRA	M	42	00:55:08	00:54:56	
63	5022	RUI MARTINS	M	42	00:55:14	00:54:34	
64	6057	PAULO ALEXANDRE DUARTE ROBERTO	M	41	00:55:19	00:54:55	
65	5060	CARLOS CUNHA	M	40	00:56:02	00:55:31	
66	5369	LUIS TEIXEIRA	M	44	00:56:13	00:55:19	OS TARTARUGAS
67	5693	SERGIO BORGES	M	41	00:56:22	00:55:42	NUCLEO DESPORTIVO AUTOCOOPE
68	5796	MIGUEL FLORA	M	42	00:56:25	00:55:35	
69	6191	JOSÉ SEQUEIRA	M	42	00:56:29	00:56:08	32 RUN
70	6095	FLORIANO PEREIRA	M	42	00:56:36	00:56:28	OS ANDARILHOS
71	5290	PAULO SOUSA	M	40	00:57:14	00:56:14	RUNNIOLOGIA
72	6062	PEDRO ANACLETO	M	44	00:57:16	00:57:11	
73	6149	FRANCISCO TEIXEIRA	M	40	00:57:25	00:57:04	
74	5577	FERNANDO NUNES PIRES	M	40	00:57:30	00:57:30	
75	5465	JOSÉ LOPES	M	44	00:57:38	00:57:04	IGM RUNNERS
76	5489	PAULO FRAGUEIRO	M	40	00:57:57	00:57:40	
77	5392	CESAR CORREIA	M	43	00:58:24	00:57:52	IGM RUNNERS
78	5592	MIGUEL FRAGA	M	43	00:58:45	00:58:28	GD IN CASA MOEDA
79	5321	PAULO ALMEIDA	M	40	00:58:48	00:58:03	SS MONTEPIO GERAL
80	5370	ANTONIO SILVA	M	43	00:58:55	00:58:02	OS TARTARUGAS

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Relatório por Faixas Etárias

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
81	6155	JORGE ANJOS	M	44	00:59:02	00:58:48	MONSTRINHOS
82	6158	MAGADIEL CATARRO	M	44	00:59:18	00:58:43	BROTHERS & FRIENDS, LDA
83	5579	RICARDO JOSÉ SIMÕES COELHO	M	43	00:59:22	00:58:53	
84	5222	LUIS FARIAS	M	43	00:59:24	00:59:00	
85	5164	JOÃO MOTA LOPES	M	42	00:59:45	00:58:55	VDATLETAS
86	5924	PEDRO NUNES	M	41	01:00:25	01:00:00	
87	5333	PAULO FIGUEIREDO	M	44	01:00:28	00:59:27	
88	5086	ANTONIO FONSECA	M	44	01:01:27	01:01:01	SS CGD
89	5381	CESAR FIALHO GUERRA	M	44	01:01:29	01:00:51	
90	5504	FERNANDO MACIEIRA	M	41	01:02:03	01:01:20	
91	5503	LUIS DIOGO FERREIRA	M	40	01:02:03	01:01:20	
92	5062	NUNO COTRIM	M	41	01:03:01	01:02:32	CUNHAVALENTE
93	5659	CÉSAR RODRIGUES	M	41	01:03:22	01:02:44	RUN BUDDY RUN
94	5578	NUNO GUERREIRO JACINTO	M	44	01:03:50	01:02:40	
95	6196	GONÇALO FONSECA ARAÚJO	M	44	01:04:46	01:04:13	
96	5587	RUI ALMEIDA	M	42	01:04:54	01:04:54	MARRIOTT LISBOA
97	5714	JÚLIO DA COSTA	M	44	01:06:32	01:05:31	FIT TEAM
98	5341	JOAO RODRIGUES	M	41	01:07:22	01:06:46	
99	6083	RICARDO TEIXEIRA	M	40	01:07:24	01:06:47	MONAVIE TEAM
100	6104	RAZVAN UNGUREANU	M	40	01:08:33	01:07:42	
101	5270	MARCO ROBERTO	M	40	01:09:58	01:09:05	C MILLENNIUM BCP
102	5417	PEDRO FIGUEIREDO	M	40	01:11:54	01:11:44	CLUBE GRUPO BES
103	5815	MARCOS DIAS	M	44	01:12:23	01:12:23	
104	5235	LUIS COSTA	M	44	01:46:45	01:46:13	C MILLENNIUM BCP

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Relatório por Faixas Etárias

M4549

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	5763	JOSÉ MÁRIO RIBEIRO	M	46	00:35:43	00:35:38	
2	5805	JACINTO CORREIA	M	49	00:37:24	00:37:21	MARATONA CLUBE C VILA CHÃ
3	6189	PAULO ALMEIDA	M	49	00:41:01	00:40:55	
4	5373	PEDRO AGUIAR	M	47	00:41:11	00:41:05	
5	5342	CARLOS MARQUES	M	47	00:41:48	00:41:38	
6	5018	PEDRO FERREIRA	M	46	00:41:53	00:41:48	RB RUNNING
7	6187	ORLANDO DELGADO	M	49	00:42:10	00:42:05	
8	5848	PEDRO COSTA LIMA	M	47	00:43:24	00:43:19	
9	5467	PAULO SANTOS	M	46	00:43:47	00:43:28	
10	5349	ROGERIO SILVA	M	49	00:44:55	00:44:47	
11	5617	PEDRO FREITAS	M	47	00:44:58	00:44:54	
12	6133	PAULO BRAGA	M	47	00:45:02	00:44:55	ELECTRIMECA
13	5660	JOSÉ CARLOS NUNES	M	45	00:45:09	00:44:52	
14	6186	LIBERTO SANTOS	M	46	00:45:13	00:44:57	
15	5214	JOÃO MARQUES	M	48	00:45:36	00:45:17	
16	5268	JOSE FERREIRA	M	48	00:45:52	00:45:34	C MILLENNIUM BCP
17	5320	ABÍLIO OLIVEIRA	M	48	00:45:54	00:45:44	
18	5287	JOSÉ MARQUES	M	46	00:45:57	00:45:54	
19	5541	ANTÓNIO MELO CAMPELO	M	46	00:46:39	00:46:03	
20	5096	CARLOS RAMOS	M	47	00:46:45	00:46:45	C MILLENNIUM BCP
21	5232	JOÃO ROSETE	M	45	00:47:13	00:47:06	DCS RUNNING
22	5706	LOUNES CHIKHI	M	45	00:47:22	00:47:22	EQUIPA BARTOLOMEU DIAS
23	5998	ANTÓNIO MARTINS	M	47	00:47:45	00:47:31	
24	5437	MANUEL JOAQUIM DA SILVA DIAS	M	46	00:48:10	00:47:58	
25	5459	DANIEL XAREPE	M	49	00:48:52	00:48:39	GD SANTANDER TOTTA
26	5853	PAULO BORGES	M	45	00:48:56	00:48:14	
27	5440	JOSÉ ROBERTO PEDRAS PAULINO	M	46	00:49:20	00:49:09	
28	5250	ANTONIO ALMEIDA	M	47	00:49:21	00:49:02	C MILLENNIUM BCP
29	6237	PEDRO CAETANO	M	46	00:49:43	00:49:29	
30	5277	PEDRO FERNANDES	M	49	00:49:45	00:49:20	C MILLENNIUM BCP
31	6165	PAULO ANTUNES	M	45	00:50:12	00:49:55	LESMAS ALOPRADAS
32	5194	AMÂNDIO BUSCA	M	45	00:50:15	00:50:00	NO LIMITS
33	6086	NUNO MESQUITA NUNES	M	46	00:50:28	00:50:28	AMIGOS DA CORRIDA
34	5375	OCTÁVIO AUGUSTO ANTUNES FERRO	M	48	00:50:39	00:50:28	
35	6240	CARLOS MARAFUZ	M	49	00:51:17	00:50:08	EQUIPA A
36	5728	HORÁCIO LOPES	M	49	00:51:20	00:51:20	
37	5446	FERNANDO MENDES	M	47	00:51:28	00:50:40	
38	5246	ALBERTO NUNES	M	49	00:51:36	00:51:16	C MILLENNIUM BCP
39	5308	JOÃO CARLOS LOPES	M	46	00:51:46	00:51:46	CBAMM
40	5390	LUIS SILVA	M	46	00:52:22	00:51:50	IGM RUNNERS

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Relatório por Faixas Etárias

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
41	5897	JORGE LOPES	M	47	00:53:06	00:53:01	TARAHUMARA
42	5302	RUI XAVIER	M	46	00:53:22	00:52:52	CLUBE EDP LISBOA
43	6097	JOSÉ BARREIROS	M	46	00:54:11	00:54:04	OS ANDARILHOS
44	5776	HENRIQUE MODESTO	M	45	00:55:40	00:51:55	LOJA DO ATLETA
45	6188	PAULO FIGUEIREDO	M	48	00:56:27	00:56:06	32 RUN
46	6135	SILVESTRE MACHADO	M	49	00:56:46	00:56:02	
47	6139	RODRIGO CARVALHO	M	49	00:57:20	00:56:28	
48	5597	JOAO MARINHO	M	46	00:57:22	00:57:02	GD SANTANDER TOTTA
49	5196	LUÍS GARÇÃO	M	46	00:57:27	00:57:11	NO LIMITS
50	5319	PAULO FERNANDES	M	46	00:57:42	00:57:07	
51	5171	FREDERICO GONÇALVES PEREIRA	M	48	00:57:50	00:57:50	V DATLETAS
52	5750	PAULO ALMEIDA	M	46	00:57:53	00:56:55	ALMEIDAS
53	5684	ARMANDO GONÇALVES PEREIRA	M	48	00:58:40	00:58:34	
54	5727	FERNANDO BASTO	M	46	00:59:25	00:58:48	
55	6044	CARLOS FERREIRA	M	49	00:59:26	00:58:35	
56	5491	RUI DE CARVALHO	M	49	00:59:56	00:59:16	
57	6157	FERNANDO BASTOS	M	48	01:00:02	00:59:27	BROTHERS & FRIENDS, LDA
58	6063	PEDRO SÉRGIO	M	45	01:00:12	00:59:44	
59	5100	PAULO NUNES	M	45	01:00:47	00:59:51	SS CGD
60	5393	JOAQUIM FILIPE	M	47	01:01:38	01:01:06	BRANCA DE NEVE E OS 5 ANÕES
61	6036	ROBERTO TCHIAN	M	48	01:03:32	01:03:11	
62	5282	ROGERIO ARAUJO	M	49	01:04:39	01:04:20	C MILLENNIUM BCP
63	5625	JOSÉ MARIANO	M	46	01:04:41	01:04:41	
64	5916	FRANCISCO CAMPILHO	M	47	01:04:58	01:04:58	VICTORIA II
65	5751	JOÃO FERNANDES	M	45	01:05:04	01:04:00	
66	5283	RUI GARCIA	M	49	01:06:44	01:05:52	C MILLENNIUM BCP
67	5464	JOÃO CARLOS GONÇALVES BRANCO	M	45	01:07:10	01:07:06	
68	5451	FERNANDO M. COELHO	M	48	01:08:29	01:07:30	
69	5288	JOAO LOURENÇO	M	45	01:21:39	01:20:58	C MILLENNIUM BCP
70	6114	JOAO NOGUEIRA	M	49	01:23:21	01:22:00	
71	5525	ALBERTO LOPES	M	49	01:23:42	01:23:42	
72	5103	RUI SANTOS	M	46	02:12:04	02:12:04	SS CGD

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Relatório por Faixas Etárias

M5054

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	5997	DANIEL ANTUNES	M	51	00:40:02	00:39:58	
2	5243	JOSE FILHO	M	50	00:41:13	00:41:13	
3	5492	DOMINGOS HENRIQUE	M	53	00:41:50	00:41:50	
4	5544	JOSE SERRA	M	50	00:42:19	00:42:11	GRUP.DESP.CHELAS
5	5844	DEOLINDO ANDRÉ	M	53	00:42:42	00:42:36	U.R.C.ABRUNHEIRA
6	5935	ANTONIO ALMEIDA	M	50	00:46:01	00:45:55	NUCLEO DESPORTIVO AUTOCOOPE
7	5389	FRANCISCO MADEIRA	M	51	00:46:25	00:46:09	
8	6022	CARLOS MANUEL VENÂNCIO	M	52	00:46:38	00:46:32	CLUBE COLABORADORES AXA
9	5948	LUIS MANUEL ROCHA DE CASTRO	M	54	00:46:58	00:46:19	
10	5249	ANTONIO FREITAS NEVES	M	50	00:47:20	00:47:16	ATLETICO CLUBE DE VERMOIL
11	6134	PEDRO MATEUS	M	51	00:47:54	00:47:48	ELECTRIMECA
12	5325	JORGE OLIVEIRA	M	50	00:48:25	00:47:54	
13	6078	AMILCAR ALMEIDA	M	50	00:48:26	00:48:21	
14	5098	NUNO PEREIRA	M	50	00:49:02	00:48:29	CBAMM
15	5391	ANTÓNIO MARTINHO	M	51	00:49:05	00:48:33	IGM RUNNERS
16	5019	LUIS MARQUES	M	54	00:49:38	00:49:31	RB RUNNING
17	5979	INFANTE TEIXEIRA	M	54	00:49:38	00:49:27	
18	5094	JOSÉ MORAIS	M	50	00:50:16	00:49:59	NA PAPAGAIOS CASCAIS
19	5483	VÍTOR MELO	M	52	00:50:32	00:50:23	
20	5930	JOÃO FARINHA	M	53	00:50:33	00:49:54	H TECNIC
21	5401	FERNANDO BENTO	M	50	00:51:02	00:50:31	BRANCA DE NEVE E OS 5 ANÕES
22	6041	MIGUEL VELEZ	M	50	00:52:11	00:51:22	
23	5598	JOSE BARATA	M	53	00:52:37	00:52:20	GD SANTANDER TOTTA
24	6100	JOSE SANTOS	M	52	00:52:54	00:52:47	CLUBE DESPORTIVO DO ARNEIRO
25	5251	ALBERTO MARTINHO	M	50	00:53:12	00:52:56	CCDTMLX
26	5928	PAULO SILVA	M	52	00:53:35	00:53:28	
27	5175	PEDRO SIMÕES COELHO	M	54	00:53:55	00:53:55	VDATLETAS
28	5166	JOÃO VIEIRA DE ALMEIDA	M	52	00:55:10	00:54:22	VDATLETAS
29	5735	JORGE HEITOR	M	53	00:55:10	00:55:10	VICTORIA II
30	5396	SANTOS GUEREIRO	M	51	00:56:27	00:56:10	
31	5444	ROGÉRIO PUGA LEAL	M	50	00:56:54	00:56:03	JAZZY RUNNERS
32	5533	ANIBAL RODRIGUES	M	51	00:58:05	00:57:19	IGFEJAMOS CORREDORES CLUBE
33	5001	FERNANDO V BOAS	M	54	00:58:06	00:57:31	
34	6154	DANIEL LEITÃO	M	54	00:58:50	00:58:35	MONSTRINHOS
35	5468	ZEFERINO BOAL	M	51	01:00:08	00:59:55	
36	6153	HENRIQUE ALVES	M	51	01:00:37	01:00:21	
37	5553	PEDRO MACHADO	M	51	01:01:48	01:01:22	
38	5223	ANTÓNIO ALMEIDA	M	54	01:02:05	01:01:37	
39	5461	HERLANDER BRAZ	M	54	01:02:35	01:02:16	GD SANTANDER TOTTA
40	5180	NUNO RENATO DE SALDANHA PEREIRA VIEIRA	M	50	01:03:20	01:02:32	VDATLETAS

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Relatório por Faixas Etárias

M5054

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
41	5165	PEDRO DA CONCEIÇÃO ROCHA HORTA CORREIA	M	51	01:03:28	01:02:43	VDATLETAS
42	5759	REINALDO PEREIRA	M	50	01:05:28	01:05:28	
43	5167	JOSÉ DIOGO BORDALO	M	52	01:12:03	01:12:03	VDATLETAS
44	5600	JOSE SIMOES	M	51	01:19:26	01:18:32	GD SANTANDER TOTTA
45	5452	CARLOS SANTOS	M	52	01:32:48	01:31:49	
46	6040	LICÍNIO FIDALGO	M	54	01:40:45	01:39:57	

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Relatório por Faixas Etárias

M5559

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	5665	ARSÊNIO FERNANDES	M	58	00:40:46	00:40:43	
2	5511	CARLOS ALMEIDA	M	56	00:42:04	00:41:49	GFD RUNNING
3	6221	JSÉ NETO	M	56	00:42:35	00:42:30	
4	6043	RUBEN SILVA	M	57	00:43:46	00:43:17	
5	5318	CARLOS OLEASTRO	M	57	00:45:07	00:44:38	CBAMM
6	6039	JOSÉ FÉLIX	M	56	00:46:52	00:46:02	
7	5605	SALVADOR AFONSO	M	59	00:47:18	00:47:09	GD SANTANDER TOTTA
8	5932	ANTÓNIO VALINHO	M	55	00:47:26	00:47:14	
9	5447	MANUEL OLIVEIRA PEREIRA	M	56	00:48:27	00:48:10	
10	6207	JOSE VAZ	M	55	00:48:41	00:48:31	CLUBE ANACOM
11	5668	ADRIANO CUNHA	M	59	00:48:53	00:48:43	
12	5586	RUI GASPAR	M	56	00:49:02	00:48:12	MARRIOTT LISBOA
13	6239	FERNANDO BASTOS CARRILHO	M	56	00:49:40	00:49:27	
14	5225	JOAQUIM COSTA	M	56	00:49:42	00:48:23	
15	5095	CARLOS JANELA	M	57	00:50:45	00:50:45	C MILLENNIUM BCP
16	5083	DIOGO ARRAIAS	M	59	00:51:01	00:50:20	
17	6038	JÃO FIGUEIREDO	M	57	00:52:12	00:51:42	
18	5661	JOSÉ BAIXINHO	M	56	00:52:22	00:52:00	
19	5304	ALBERTO RAMIRES	M	59	00:52:51	00:52:41	
20	5442	FRANCISCO ROQUE	M	58	00:52:52	00:51:59	JAZZY RUNNERS
21	6121	LUIS CATITA	M	55	00:52:55	00:52:10	
22	5301	PAULO CARVALHO	M	59	00:53:45	00:53:27	CLUBE EDP LISBOA
23	6195	LUÍS AMADEU RAMOS FERREIRA LOPES	M	59	00:53:51	00:53:41	
24	6163	FERNADO FERRITO	M	55	00:54:16	00:53:38	
25	5559	LUIS REIS	M	56	00:54:22	00:53:33	SS MONTEPIO GERAL
26	5767	ÂNGELO FLOR	M	57	00:54:59	00:54:22	
27	5645	JOSE DIAS	M	56	00:55:04	00:54:23	NUCLEO DESPORTIVO AUTOCOOPE
28	6159	JOSÉ GONÇALVES RIBEIRO	M	59	00:55:15	00:52:15	
29	5614	FRANCISCO LINHOL	M	59	00:55:15	00:54:10	
30	5572	JOSE MARTINS	M	59	00:57:17	00:56:36	CLUBE ANA LISBOA
31	6082	PEDRO PINTO	M	56	00:58:50	00:58:36	
32	5981	JOAQUIM FONSECA	M	58	00:59:01	00:58:50	
33	5385	PAULO CASTRO	M	56	00:59:22	00:58:37	
34	5613	CARLOS PALMA	M	59	01:01:23	01:00:47	BROTHERS & FRIENDS, LDA
35	5209	JOSE MANUEL SILVA SANTOS MARTINS	M	56	01:03:12	01:02:36	
36	5055	LÊNIO FERNANDO NOGUEIRA MARINHO	M	59	01:03:14	01:02:56	
37	5931	GOTTFRIED KOLLASCHECK	M	59	01:03:24	01:03:24	
38	5678	JORGE FERREIRA	M	58	01:04:12	01:03:18	
39	5108	ARTUR DINIS	M	56	01:04:15	01:03:59	
40	5254	BERNARDO PARAIBA	M	59	01:04:16	01:03:57	C MILLENNIUM BCP

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Relatório por Faixas Etárias

M5559

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
41	5950	JOÃO VAZ	M	59	01:04:46	01:04:46	NEVES VAZ
42	6089	ANTÓNIO FANECA	M	57	01:04:57	01:04:20	
43	6183	MANUEL GARCIA VAZQUEZ	M	58	01:05:50	01:04:47	
44	5554	MARIO MORNA	M	56	01:08:05	01:07:43	SS MONTEPIO GERAL
45	5213	MÁRIO RUI	M	55	01:10:06	01:10:06	CLUBE ROBBIALAC
46	6002	JOÃO MANUEL MERUJE DIAS	M	59	01:10:07	01:09:04	
47	5922	ANTÓNIO COSTA	M	55	01:10:38	01:10:38	
48	5664	ANTONIO CARVALHO	M	55	01:13:35	01:13:08	JOCRIS
49	5496	ANTONIO CORREIA	M	59	01:33:02	01:32:22	
50	5405	ALVARO AMADO	M	58	01:34:07	01:33:46	CLUBE GRUPO BES

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Relatório por Faixas Etárias

M6099

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	5314	ALBINO NEIVA	M	67	00:42:13	00:42:04	CBAMM
2	5456	ADRIANO ENCARNAÇÃO	M	64	00:44:21	00:44:03	GD SANTANDER TOTTA
3	6164	ARMANDO CORREIA	M	62	00:44:25	00:44:03	LESMA ALOPRADAS
4	5093	JOSE ALVES	M	64	00:46:05	00:45:48	SS CGD
5	5207	DOMINGOS AUGUSTO MARQUES JANELA	M	67	00:46:10	00:45:34	
6	5876	ILIDIO MONTEIRO	M	63	00:47:16	00:47:03	
7	6080	ANTÓNIO PINHO	M	61	00:48:00	00:48:00	
8	5299	JOAO REIS	M	62	00:48:52	00:48:41	
9	5315	JOSÉ SILVÉRIO	M	73	00:50:36	00:50:32	CBAMM
10	5995	RUI AMARAL PINTO	M	61	00:50:42	00:50:33	
11	5085	ANTONIO CARPINTEIRO	M	68	00:52:16	00:52:11	SS CGD
12	6102	MANUEL SEQUEIRA	M	63	00:53:19	00:53:02	CDCT REPSOL
13	5310	JORGE JESUS	M	60	00:54:52	00:54:04	CBAMM
14	5449	JOSE RIBEIRO	M	65	00:54:57	00:54:04	GD SANTANDER TOTTA
15	5252	ANTONIO S SOUSA	M	67	00:55:02	00:54:20	C MILLENNIUM BCP
16	5912	JOSÉ JOAQUIM CARVALHO	M	60	00:55:14	00:54:22	
17	5307	MÁRIO LAMEIRÃO	M	65	00:56:11	00:55:57	CBAMM
18	5397	ANTONIO COSTA	M	62	00:56:31	00:56:14	
19	5460	DINIS SOUSA	M	72	00:56:50	00:55:48	GD SANTANDER TOTTA
20	5140	ALFREDO PINHAL	M	62	00:57:25	00:56:55	
21	5887	NUNO GONÇALVES	M	60	00:57:31	00:57:08	
22	5599	JOSE MONTEIRO	M	64	00:58:03	00:57:54	GD SANTANDER TOTTA
23	5081	ARMANDO VENTURA LUÍZ	M	66	00:58:20	00:57:49	
24	5097	CARLOS TOME	M	62	00:58:35	00:58:12	C MILLENNIUM BCP
25	5595	ANTONIO LOPES	M	68	00:58:58	00:57:58	CCDEL EFACEC - CARNAXIDE
26	5317	JOSÉ CARLOS PAULINO	M	66	00:59:08	00:58:43	CBAMM
27	5634	MARIO ALMEIDA	M	69	00:59:17	00:59:17	
28	5032	MARTINHO FREIRE	M	69	00:59:26	00:59:10	SEASIDE
29	5113	JOAQUIM CAPUCHO	M	62	01:00:00	00:59:45	
30	5131	RAUL PIMENTA	M	63	01:00:20	00:59:36	
31	5236	ADOLFO SALAZAR	M	70	01:00:21	01:00:10	CLUBE EDP LISBOA
32	5087	AURELIO CALADO	M	64	01:00:47	01:00:08	SS CGD
33	5292	RICARDO GASPAR	M	60	01:01:03	01:00:29	
34	5602	LUIS SILVA	M	71	01:01:07	01:00:19	GD SANTANDER TOTTA
35	5215	JOSÉ RODRIGUES	M	61	01:01:22	00:58:28	CLUBE ROBBIALAC
36	5011	SÉRGIO DANIEL	M	71	01:02:28	01:02:28	NA PAPAGAIOS CASCAIS
37	5259	FERNANDO LEMOS	M	63	01:02:31	01:02:22	C MILLENNIUM BCP
38	5685	JOAO GRAÇA	M	74	01:04:56	01:04:10	NUCLEO DESPORTIVO AUTOCOOPE
39	6004	RUI HENRIQUES	M	66	01:06:07	01:05:49	ADRC MATA DE BENFICA
40	5309	JOÃO CORREIA	M	61	01:06:11	01:05:43	CBAMM

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Relatório por Faixas Etárias

M6099

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
41	6162	JOSE PARRANÇA	M	75	01:06:24	01:05:49	
42	5306	JORGE DOMINGUES	M	60	01:06:34	01:05:42	
43	5406	MANUEL GONÇALVES	M	65	01:06:38	01:06:20	
44	6247	ANTÓNIO RAFAEL LOUREIRO	M	63	01:07:25	01:07:25	VDATLETAS
45	5593	JOSE ABREU	M	65	01:08:08	01:08:08	GD IN CASA MOEDA
46	5591	ANTONIO NASCIMENTO	M	73	01:08:56	01:08:56	GD IN CASA MOEDA
47	5590	ANTONIO GASPAR	M	70	01:10:05	01:10:05	GD IN CASA MOEDA
48	6201	KEITH BLISS	M	61	01:11:01	01:11:01	
49	5265	JOSE ARRUDA	M	64	01:12:30	01:11:33	C MILLENNIUM BCP
50	5819	JOSÉ MANUEL OLIVEIRA	M	61	01:13:19	01:13:19	
51	5594	ADELINO CASTRO	M	61	01:16:07	01:15:35	CCDEL EFACEC - CARNAXIDE
52	5226	JAIME PALMA	M	69	01:16:35	01:16:03	
53	5326	ANTONIO MARQUES	M	67	01:19:09	01:18:58	
54	5023	ANTONIO ANJOS FERNANDES	M	77	01:19:36	01:18:49	
55	6125	EUCLIDES DOS ANJOS PIO	M	65	01:24:06	01:23:22	FERNÉTICOS
56	5272	VÍTOR ALVES	M	61	01:27:28	01:26:32	
57	5072	HENRIQUE TEIXEIRA DUARTE	M	60	01:28:37	01:28:18	