

8km
corrida

PINHAL NOVO

NIGHT RUN

13
OUTO

Class	Num	Nome	Sx	Idd	Pos Escal	T. Bruto	T. Líquido	Equipe
1	357	JORGE ROBALO	M	38	1	00:25:17.58	00:25:17.58	VITÓRIA FUTEBOL CLUBE
2	312	JOSE GASPAR	M	42	1	00:25:28.12	00:25:28.12	
3	106	JOÃO BRAGADESTE	M	33	1	00:26:00.65	00:25:59.02	CLUBE DE PRAÇAS DA ARMADA
4	177	LUIS MACAU	M	30	2	00:26:29.31	00:26:26.13	VITORIA FC TRAIL
5	172	PAULO GOMES	M	42	2	00:27:50.39	00:27:50.39	A INSPIRA ATITUDE
6	155	JOSÉ GUERRA	M	31	3	00:28:18.17	00:28:16.42	PINHAL NOVO A CORRER
7	171	RUI BALTAZAR	M	53	1	00:28:35.68	00:28:35.68	SSCT MUN PALMELA
8	148	PAULO FERREIRA	M	45	1	00:28:40.41	00:28:38.54	PINHAL NOVO A CORRER
9	337	JOAO RECTO	M	36	2	00:28:41.42	00:28:39.10	ESC ATL MONTIJO
10	314	JORGE SANTOS	M	34	4	00:28:44.41	00:28:44.41	
11	114	JOSÉ M C CAMELO	M	48	2	00:29:39.49	00:29:37.37	SSCT MUN PALMELA
12	217	CARLOS CAETANO	M	46	3	00:29:57.25	00:29:54.71	
13	349	BRUNO TORRES	M	35	3	00:30:14.91	00:30:12.45	LIMITED EDITION
14	338	DANIEL SEBORRO	M	32	5	00:30:29.50	00:30:26.73	ESC ATL MONTIJO
15	333	ALIPIO TRIGO	M	42	3	00:30:45.76	00:30:42.70	ESC ATL MONTIJO
16	174	ANTONIO BRANCO	M	54	2	00:30:53.67	00:30:50.96	CLUBE DE PRAÇAS DA ARMADA
17	181	PEDRO FERNANDES	M	37	4	00:30:54.79	00:30:54.79	
18	64	CARLOS PEREIRA	M	51	3	00:31:01.74	00:31:01.74	CORRER LOURES
19	215	PEDRO NUNES	M	34	6	00:31:04.15	00:31:01.99	TASCA RUNNERS
20	351	PEDRO BRUM	M	48	4	00:31:23.69	00:31:21.57	CORRER LOURES
21	276	JOSÉ MANUEL GOMES	M	59	1	00:31:32.62	00:31:29.81	
22	282	PAULINO CARONE	M	22	7	00:31:56.08	00:31:46.93	AA PINHALNOVENSE
23	144	MARCO SANTOS	M	39	5	00:31:58.68	00:31:52.03	PINHAL NOVO A CORRER
24	316	LUIS CARPELHO	M	46	5	00:32:05.09	00:32:02.19	
25	304	GONCALO CALDEIRA	M	23	8	00:32:13.42	00:32:11.07	AMINHACORRIDA
26	348	TIAGO OLIVEIRA	M	21	9	00:32:14.39	00:32:06.91	
27	139	GODINHO RAMOS	M	41	4	00:32:24.81	00:32:21.66	PINHAL NOVO A CORRER
28	306	PALMIRA QUINHAMA	F	41	1	00:32:25.44	00:32:20.19	AMINHACORRIDA
29	310	PAULO BARRADAS	M	37	6	00:32:32.00	00:32:26.71	
30	278	JOAO CHAMBINO	M	39	7	00:32:34.54	00:32:24.83	EVORA NIGHT RUNNERS
31	252	DUARTE COSTA	M	35	8	00:32:38.82	00:32:36.69	RUN FOR FRIENDS
32	232	CÉSAR SILVA	M	29	10	00:32:45.41	00:32:40.56	PLURAL DREAM TEAM
33	1	ROSA MOTA	F	69	1	00:32:48.61	00:32:48.61	
34	40	RUI PASTOR	M	46	6	00:32:53.36	00:32:46.43	PASTOR RACING
35	309	ANTONIO MOITA	M	59	2	00:32:55.52	00:32:52.56	

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36	53	DAVID OLIVEIRA	M	39	9	00:32:57.16	00:32:37.68	
37	313	PAULO TOLEDO	M	54	4	00:32:57.83	00:32:55.66	
38	130	ANTÓNIO SILVA	M	46	7	00:33:08.94	00:33:06.00	PINHAL NOVO A CORRER
39	290	FABIO DELGADO	M	29	11	00:33:09.50	00:33:02.76	AA PINHALNOVENSE
40	110	ANTÓNIO MOURO	M	43	5	00:33:12.78	00:33:08.70	AMINHACORRIDA
41	77	AFONSO ALCASO	M	19	12	00:33:13.78	00:32:55.71	MACACOS VELHOS
42	240	PAULO PALMA	M	55	3	00:33:20.54	00:33:19.00	DREAM RUNNERS ÉVORA
43	216	ADELINO CRESPO	M	34	13	00:33:21.70	00:33:12.42	
44	179	GONÇALO PORÊLO	M	37	10	00:33:24.49	00:33:19.99	GP RUNNING
45	208	VALTER JORGE	M	34	14	00:33:40.91	00:33:27.90	PINHAL NOVO A CORRER
46	283	JOÃO PÁSCOA	M	52	5	00:33:41.24	00:33:36.77	TÁLENTOS TEAM
47	192	JOSE SILVA	M	55	4	00:33:42.97	00:33:42.97	99PROVASGRATUITAS
48	133	CARLOS BATISTA	M	45	8	00:33:44.22	00:33:38.33	PINHAL NOVO A CORRER
49	126	MÁRIO MOITA	M	46	9	00:33:49.25	00:33:46.25	PINHAL NOVO A CORRER
50	210	RENATO MOREIRAS	M	37	11	00:33:59.96	00:33:53.39	
51	239	JOAQUIM DE FIGUEIREDO	M	62	1	00:34:13.56	00:34:13.56	
52	134	CARLOS OLIVEIRA	M	42	6	00:34:26.55	00:34:23.26	PINHAL NOVO A CORRER
53	165	FERNANDO FERREIRA	M	68	1	00:34:31.95	00:34:29.22	TÁLENTOS TEAM
54	73	MARIO BARBOSA	M	22	15	00:34:40.41	00:34:34.37	
55	194	JOAQUIM FRADE	M	63	2	00:34:44.55	00:34:41.61	SS CGD
56	204	EMANUEL RODRIGUES	M	30	16	00:34:46.59	00:34:46.59	
57	80	CARLOS GREGÓRIO	M	40	7	00:34:49.25	00:34:44.54	
58	156	ARTUR CARDEIRA	M	50	6	00:34:53.21	00:34:50.93	PINHAL NOVO A CORRER
59	300	PEDRO VIEIRA	M	49	10	00:34:55.24	00:34:50.92	CORRER LOURES
60	152	RENATO MAURÍCIO	M	46	11	00:34:56.16	00:34:51.13	PINHAL NOVO A CORRER
61	352	ANTÓNIO ROSADO	M	54	7	00:34:56.80	00:34:54.94	
62	279	MARCIA SANTOS	F	36	1	00:35:17.48	00:35:15.02	AA PINHALNOVENSE
63	112	ALVARO COELHO	M	61	3	00:35:18.73	00:35:18.73	SSCT MUN PALMELA
64	347	FRANCISCO MULETA	M	64	4	00:35:24.55	00:35:18.09	FF PAZ MUNDIAL E UNIFICAÇÃO
65	187	TIAGO ADRIÃO	M	18	17	00:35:28.33	00:35:22.21	GDSBSI
66	83	MAURO SILVA	M	33	18	00:35:31.13	00:35:20.56	FITNESSWAY PINHAL NOVO
67	50	FÁBIO PENTEADO	M	34	19	00:35:36.37	00:35:17.56	
68	180	CARLOS GONÇALVES	M	37	12	00:35:38.22	00:35:33.56	PRAFIT CLUBE
69	320	CLAUDIO PIZARRO	M	36	13	00:35:43.80	00:35:23.91	
70	229	JOÃO MARAL	M	50	8	00:35:47.28	00:35:44.23	
71	81	ANTONIO JANELAS	M	57	5	00:35:47.86	00:35:31.56	INTERMITENTES
72	173	MALVINA GOMES	F	41	2	00:35:51.96	00:35:48.77	

73	356	PAULO BETELHO	M	45	12	00:35:53.12	00:35:48.33	
74	250	SÉRGIO FELICIANO	M	42	8	00:35:55.66	00:35:48.89	TARTARUGAS VELOZES
75	298	LILIANA CARVALHO	F	27	1	00:35:55.70	00:35:53.24	
76	94	BRUNO AMARO	M	38	14	00:35:57.10	00:35:48.95	GRD RIBEIRA DA LAGE
77	342	CARLA PEREIRA	F	35	2	00:35:57.60	00:35:50.41	UCRD PRAIENSE
78	176	LUIS CALHA	M	30	20	00:35:57.82	00:35:56.23	BOTAFOGO FC
79	17	PEDRO SILVA	M	39	15	00:35:59.47	00:35:53.53	
80	191	JOAO CARVALHO	M	49	13	00:36:09.33	00:35:55.73	99PROVASGRATUITAS
81	321	ANTÓNIO CERDEIRA	M	62	5	00:36:16.80	00:35:39.28	
82	20	JOÃO SABINA	M	42	9	00:36:17.60	00:35:57.80	
83	57	VITOR MARTINS	M	59	6	00:36:29.63	00:36:29.63	MOITA RUNNING
84	157	SARA GABRIEL	F	30	2	00:36:30.04	00:36:24.63	ASSOCIAÇÃO VALE GRANDE
85	170	MARCO MIGUEL	M	28	21	00:36:42.55	00:36:40.99	CLUBE DE PRAÇAS DA ARMADA
86	205	LUIS SILVA	M	36	16	00:36:42.59	00:36:40.02	CLUBE DE PRAÇAS DA ARMADA
87	175	RUI NARIGUETA	M	42	10	00:36:42.72	00:36:42.72	OUTSYSTEMS O OEIRAS
88	334	SERGIO SANTOS	M	44	11	00:36:44.58	00:35:58.15	OS BACANOS
89	355	JONATAS SANTOS	M	40	12	00:36:48.23	00:36:40.46	
90	39	FLÁVIO LOPES	M	37	17	00:36:50.72	00:36:29.69	ATLETA DE SOFÁ
91	37	CÉSAR PINHEIRO	M	38	18	00:36:54.20	00:36:54.20	CORRER LOURES
92	255	CLEISLER PAULO	M	42	13	00:36:56.00	00:36:34.63	RUN CREW TRAIL MONTIJO
93	329	VERA REIS	F	41	3	00:36:56.21	00:36:54.04	CLUBE DE PRAÇAS DA ARMADA
94	275	JOAO CANHOTO	M	49	14	00:36:58.85	00:36:55.23	CORRER LOURES
95	23	MÁRIO CONDUTO	M	35	19	00:37:02.37	00:36:44.24	
96	162	FILIPPE AMORIM	M	44	14	00:37:08.01	00:37:08.01	ABTT
97	190	MIGUEL LOPES	M	43	15	00:37:09.46	00:36:55.71	99PROVASGRATUITAS
98	142	JOSÉ LEITÃO	M	46	15	00:37:11.64	00:37:06.44	PINHAL NOVO A CORRER
99	15	PEDRO CORREIA	M	36	20	00:37:16.09	00:36:53.97	
100	197	RUI ALMEIDA	M	30	22	00:37:28.20	00:37:16.80	
101	267	RUI ANTUNES	M	22	23	00:37:28.43	00:37:11.50	GINÁSIO VIVÊNCIA EXPLOSIVA
102	58	PAULO ALMEIDA	M	46	16	00:37:37.30	00:37:27.00	
103	184	JOSÉ ADRIÃO	M	47	17	00:37:38.47	00:37:32.21	GDSBSI
104	214	JOSÉ SANTOS	M	53	9	00:37:40.29	00:37:40.29	SUNDAY RUNNERS
105	293	JOAO CANENTO	M	55	7	00:37:48.16	00:37:40.69	AA PINHALNOVENSE
106	331	SILVIA GALVEIA	F	43	4	00:37:49.35	00:37:43.89	ESC ATL MONTIJO
107	149	PAULO PINTO	M	47	18	00:37:52.80	00:37:49.84	PINHAL NOVO A CORRER
108	302	JOSÉ NETO	M	62	6	00:37:55.00	00:37:52.01	
109	86	HERMINIO BENTO	M	60	7	00:38:03.68	00:38:03.68	FITNESSWAY PINHAL NOVO

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OUTO

110	24	HUGO PINA E MOURA	M	46	19	00:38:08.33	00:37:50.65	
111	188	NUNO AFONDO	M	40	16	00:38:10.58	00:38:05.16	
112	193	SERGIO AMADOR AMADOR	M	44	17	00:38:13.60	00:37:58.21	
113	150	PEDRO MARTINS	M	45	20	00:38:15.58	00:38:11.67	PINHAL NOVO A CORRER
114	146	MÁRIO PARREIRA	M	45	21	00:38:17.44	00:38:12.66	PINHAL NOVO A CORRER
115	303	BRUNO MAGALHAES	M	41	18	00:38:19.70	00:38:05.64	BOTAFOGO FC
116	273	FILIPE SILVA	M	41	19	00:38:21.15	00:38:14.98	CCD TRANQUILIDADE
117	28	RUI CARDOSO	M	32	24	00:38:23.75	00:38:11.26	
118	212	NELSON BARRADINHAS	M	42	20	00:38:25.22	00:38:19.00	AMICICLO GRÂNDOLA
119	178	FABIANO FERREIRA	M	38	21	00:38:27.01	00:38:02.18	
120	257	SÉRGIO ANTUNES	M	43	21	00:38:28.14	00:38:11.61	
121	137	FILIPA SOBRAL	F	29	3	00:38:28.94	00:38:25.22	PINHAL NOVO A CORRER
122	286	ANTONIO PIMPAO	M	51	10	00:38:33.68	00:38:20.83	AA PINHALNOVENSE
123	323	ADÉRITO BRÁS BRÁS	M	65	2	00:38:35.48	00:38:32.30	
124	87	LUÍS MIGUEL PEREIRA	M	42	22	00:38:41.11	00:38:37.22	
125	311	JOAO FORTE	M	37	22	00:38:44.68	00:38:39.93	
126	89	RICARDO CAPELO	M	34	25	00:38:45.06	00:38:27.70	
127	36	PEDRO GUERREIRO	M	43	23	00:38:56.97	00:38:51.64	
128	31	LUÍS ANTÓNIO FERNANDES	M	45	22	00:39:09.76	00:38:54.66	
129	70	FÁBIO ALVES	M	33	26	00:39:13.61	00:38:57.54	
130	12	ANTONIO BARBAS	M	52	11	00:39:14.62	00:38:57.79	
131	288	CARLOS MARTINS	M	60	8	00:39:20.08	00:39:07.07	AA PINHALNOVENSE
132	222	PEDRO CARVALHEIRO	M	36	23	00:39:23.46	00:39:15.96	BNIE
133	108	PAULO SOUSA	M	37	24	00:39:28.04	00:39:09.61	PALMELENSE
134	93	VASCO AZINHEIRA	M	26	27	00:39:28.07	00:39:08.88	FITNESSWAY PINHAL NOVO
135	92	PAULO ALMEIDA	M	45	23	00:39:29.35	00:39:18.42	
136	220	JOSÉ CHAMBEL	M	51	12	00:39:34.25	00:39:21.08	BNIE
137	221	JOÃO RAMOS	M	26	28	00:39:48.56	00:39:40.71	BNIE
138	219	BRUNO PEREIRA	M	23	29	00:39:50.65	00:39:42.22	BNIE
139	76	MIGUEL SERRA	M	19	30	00:39:52.87	00:39:52.87	MACACOS VELHOS
140	198	AMARO FERNANDES	M	34	31	00:39:54.33	00:39:36.56	
141	294	MAURO CABRAL ROSÁRIO	M	29	32	00:39:56.53	00:39:36.78	
142	79	RODRIGO CARVALHO	M	18	33	00:39:56.56	00:39:38.34	MACACOS VELHOS
143	213	MARCO GOMES	M	32	34	00:39:57.97	00:39:53.00	SUNDAY RUNNERS
144	140	HELDER NUNES	M	40	24	00:40:00.22	00:39:54.64	PINHAL NOVO A CORRER
145	56	PEDRO ANDRE	M	44	25	00:40:02.29	00:39:52.30	VAMOS A ELES
146	265	SÉRGIO CARVALHO	M	46	24	00:40:03.23	00:39:48.44	PINHAL NOVO A CORRER

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OUTO

147	203	BRUNO SILVESTRE	M	28	35	00:40:23.26	00:40:10.44	
148	231	ANTÓNIO CASAS NOVAS	M	41	26	00:40:25.77	00:40:03.68	PLURAL DREAM TEAM
149	223	LUCAS TEIXEIRA	M	23	36	00:40:34.28	00:40:25.85	BNIE
150	65	EMANUEL ROCHA	M	43	27	00:40:40.23	00:40:29.57	
151	326	LUIS LOUREIRO	M	35	25	00:40:46.74	00:40:26.55	QUENIANOS
152	96	MARIA DO CÉU FERREIRA RIBEIRO DUARTE	F	50	1	00:40:48.48	00:40:45.04	CORRER LOURES
153	253	ANTÓNIO FERNANDES	M	53	13	00:40:49.34	00:40:45.54	CORRER LOURES
154	186	C SILVA	F	45	1	00:40:49.99	00:40:43.73	GDSBSI
155	244	PEDRO MARQUES	M	35	26	00:40:51.91	00:38:16.48	RUN CREW TRAIL MONTIJO
156	295	ROBERTO FERREIRA	M	32	37	00:40:56.20	00:38:22.19	RUN CREW TRAIL MONTIJO
157	266	ANDRÉ CHANOCA	M	37	27	00:40:56.39	00:40:42.07	
158	67	RÚBEN PAGAIME	M	37	28	00:40:58.69	00:40:35.22	CDAPN
159	118	NUNO LOURENÇO	M	36	29	00:41:00.79	00:40:37.90	CDAPN
160	343	EDMUNDO SILVA	M	41	28	00:41:06.43	00:40:59.14	
161	59	MIGUEL DIAS	M	44	29	00:41:06.63	00:38:32.33	SS CGD
162	121	NUNO DOMINGUES	M	38	30	00:41:07.40	00:40:58.43	BRILHANTES
163	69	PAULO COSTA	M	32	38	00:41:09.72	00:40:57.18	BANZÉ
164	128	ANA ALMEIDA	F	39	3	00:41:10.13	00:41:05.92	PINHAL NOVO A CORRER
165	62	HELDER BOTAS	M	50	14	00:41:17.09	00:41:06.56	OS TESOS
166	138	GIZELA MOTA	F	44	5	00:41:17.74	00:41:13.38	PINHAL NOVO A CORRER
167	280	ANABELA MARTINS	F	32	4	00:41:18.26	00:41:04.25	
168	74	CLÁUDIA ALCASO	F	45	2	00:41:20.57	00:41:02.97	MACACOS VELHOS
169	160	ARSÉNIO RODRIGUES	M	43	30	00:41:22.03	00:41:03.16	
170	274	TAM AFONSO	M	66	3	00:41:24.72	00:41:15.98	CCD TRANQUILIDADE
171	296	ARMANDO LACERDA	M	64	9	00:41:25.38	00:41:17.16	OCULISTA PORTAS STO ANTONIO
172	88	HELENA PINTO	F	48	3	00:41:34.23	00:41:29.96	CORRER LOURES
173	225	JOAO PEDRO DIOGO	M	26	39	00:41:49.24	00:41:32.30	JOOES
174	43	JORGE FIRMINO	M	40	31	00:41:56.52	00:41:34.48	
175	287	FATIMA PIMPAO	F	48	4	00:41:56.90	00:41:44.68	AA PINHALNOVENSE
176	78	SOFIA SAMPAIO	F	19	5	00:42:06.90	00:41:50.24	MACACOS VELHOS
177	95	RUI ALDEANO	M	36	31	00:42:09.12	00:41:57.80	
178	25	RUI MOREIRA	M	48	25	00:42:19.80	00:42:11.33	
179	346	SARA GOMES	F	22	6	00:42:21.88	00:42:15.49	CORRER LISBOA
180	101	NUNO FERNANDES	M	45	26	00:42:29.83	00:42:05.99	
181	103	RUBEN GOMES	M	29	40	00:42:32.21	00:42:14.13	TEATRO SEM DONO
182	104	JOÃO VEIGAS	M	38	32	00:42:36.52	00:42:11.31	
183	105	BRUNO GOMES	M	42	32	00:42:44.38	00:42:34.32	

184	14	JOÃO BONITO	M	25	41	00:42:44.38	00:42:18.80	
185	247	TERESA SILVA	F	46	5	00:42:48.67	00:42:44.83	CLUBE DE PRAÇAS DA ARMADA
186	264	BRUNO DE ALMEIDA	M	42	33	00:43:03.30	00:42:44.91	GUERREIROS DO RUNNING
187	263	MARIO CARMONA	M	49	27	00:43:03.94	00:42:45.64	GUERREIROS DO RUNNING
188	29	ROSINDO BANDEIRA	M	37	33	00:43:04.64	00:42:55.54	
189	60	CÁTIA FONSECA	F	37	4	00:43:08.12	00:40:34.32	SS CGD
190	153	RUI DUARTE	M	43	34	00:43:09.09	00:42:51.62	PINHAL NOVO A CORRER
191	291	SUSANA TORRES	F	32	7	00:43:16.97	00:43:03.24	AA PINHALNOVENSE
192	66	ANA ROCHA	F	35	5	00:43:19.83	00:43:09.17	
193	33	FRANCISCO NHASSENDO	M	48	28	00:43:21.32	00:43:00.60	
194	330	ILIDIA JOSE	F	31	8	00:43:25.06	00:43:19.34	ESC ATL MONTIJO
195	125	RAUL GIRÃO	M	61	10	00:43:32.17	00:43:20.34	URBAN RUN TEAM
196	211	ANDREIA BANHA	F	39	6	00:43:39.10	00:43:32.76	
197	308	NELSON BEMPOSTA	M	41	35	00:43:42.36	00:43:22.13	
198	327	BRUNO MARQUES	M	35	34	00:43:48.70	00:43:26.04	
199	227	JOAO R DIOGO	M	23	42	00:43:53.21	00:43:36.37	JOOES
200	242	RÚBEN PAULO	M	31	43	00:43:53.87	00:43:37.81	DREAM TEAM
201	226	JOAO PAULO DIOGO	M	21	44	00:43:53.95	00:43:53.95	JOOES
202	72	NEUZA SANTOS	F	27	9	00:43:59.24	00:43:44.52	
203	145	MARIA SARAMAGO	F	54	2	00:43:59.66	00:43:50.07	PINHAL NOVO A CORRER
204	75	JOÃO SERRA	M	46	29	00:44:08.35	00:43:52.01	MACACOS VELHOS
205	120	LUÍS OLIVEIRA	M	40	36	00:44:08.80	00:43:42.01	INTERMITENTES
206	54	HUGO DUARTE GUERRA	M	40	37	00:44:19.98	00:44:00.90	
207	147	NUNO OLIVEIRA	M	47	30	00:44:24.68	00:44:18.78	PINHAL NOVO A CORRER
208	259	FILIPE MARGAÇO	M	25	45	00:44:26.22	00:44:26.22	
209	34	RICARDO SALGUEIRO	M	37	35	00:44:26.33	00:44:16.64	
210	151	RENATO DOMINGOS DOMINGOS	M	55	8	00:44:29.11	00:44:17.78	PINHAL NOVO A CORRER
211	27	MARISA ALCÁCER	F	36	7	00:44:29.47	00:44:18.62	
212	319	HELDER CARDOSO	M	32	46	00:44:31.84	00:44:20.05	NERF BANZE
213	256	LEILA PAULO	F	41	6	00:44:39.66	00:44:16.52	RUN CREW TRAIL MONTIJO
214	52	CRISTIANO COUTINHO	M	36	36	00:44:41.09	00:44:32.97	
215	84	RUI PARREIRA	M	38	37	00:44:47.56	00:44:37.00	FITNESSWAY PINHAL NOVO
216	233	RITA SOARES	F	44	7	00:44:50.80	00:44:35.17	FITNESSWAY PINHAL NOVO
217	26	HUGO NUNES	M	20	47	00:44:52.37	00:44:43.61	
218	122	FERNANDO PEREIRA	M	47	31	00:45:01.69	00:44:45.90	AZEITAO RUNNING
219	332	ANDREIA CARDADOR	F	39	8	00:45:06.42	00:44:59.73	ESC ATL MONTIJO
220	262	MÁRIO ANDRÉ FERREIRA DE CARVALHO	M	23	48	00:45:14.82	00:45:00.15	NAUS TRAIL TEAM

221	261	CARLOS HENRIQUE BATISTA DA COSTA	M	32	49	00:45:15.15	00:45:00.48	NAUS TRAIL TEAM
222	51	MARIO FERRO	M	66	4	00:45:27.38	00:45:23.90	
223	141	HELENA PARREIRA	F	44	8	00:45:32.71	00:45:22.16	PINHAL NOVO A CORRER
224	237	JOSÉ MACHADO	M	53	15	00:45:33.52	00:45:23.59	JAF CLUB
225	238	MARTA MACHADO	F	24	10	00:45:34.52	00:45:24.39	JAF CLUB
226	113	ELISA M M SOUSA	F	47	6	00:45:38.88	00:45:23.20	SSCT MUN PALMELA
227	183	VALTER NUNES	M	37	38	00:45:39.22	00:45:19.70	
228	285	RICARDO MORAIS	M	41	38	00:45:43.60	00:45:34.35	AA PINHALNOVENSE
229	18	ÉLIO JOAQUIM	M	35	39	00:45:45.27	00:45:24.75	SUBTIL3D
230	71	VALTER SANTOS	M	34	50	00:45:55.09	00:45:39.55	
231	241	RITA PALMA	F	49	7	00:45:58.91	00:45:57.37	DREAM RUNNERS ÉVORA
232	224	FERNANDO ALMEIDA	M	44	39	00:45:59.60	00:45:38.46	
233	61	CARLOS SECO SECO	M	59	9	00:46:01.25	00:45:50.44	OS TESOS
234	289	VIRGINIA CANENTO	F	48	8	00:46:01.86	00:45:49.63	AA PINHALNOVENSE
235	63	JAIME MESTRE MESTRE	M	48	32	00:46:02.73	00:45:51.03	OS TESOS
236	199	ANTONIO BAPTISTA	M	27	51	00:46:06.39	00:45:47.08	
237	230	CARLOS VIEIRA	M	50	16	00:46:09.58	00:45:58.21	
238	292	ARMENIO FERREIRA	M	32	52	00:46:13.44	00:45:59.81	AA PINHALNOVENSE
239	284	SERGIO MENDES	M	35	40	00:46:13.49	00:45:59.70	AA PINHALNOVENSE
240	206	CARLOS BERNARDINO	M	49	33	00:46:16.43	00:46:02.41	CORRER LOURES
241	116	GILBERTO GONÇALVES	M	70	5	00:46:18.92	00:46:04.49	CLUBE ATLETISMO AMIGOS BELÉM
242	254	EMÍLIA FERNANDES	F	53	3	00:46:19.11	00:46:05.44	CORRER LOURES
243	299	ELSA NUNES	F	41	9	00:46:19.39	00:46:05.55	CORRER LOURES
244	132	CARLA CARDEIRA	F	50	4	00:46:35.06	00:46:30.40	PINHAL NOVO A CORRER
245	124	HELGA GIRÃO	F	66	2	00:46:36.72	00:46:25.57	URBAN RUN TEAM
246	228	SARA FIGUEIREDO	F	26	11	00:46:36.98	00:46:20.05	JOOES
247	317	SÓNIA CARPELHO	F	45	9	00:46:39.65	00:46:31.35	
248	55	JUDITE SERRA	F	36	9	00:46:45.13	00:46:33.57	VAMOS A ELES
249	189	BÁRBARA PENICHE	F	28	12	00:46:45.94	00:46:34.02	PINHAL NOVO A CORRER
250	19	ANA FILIPA DIAS	F	42	10	00:46:46.34	00:46:25.97	
251	182	ANGELA NUNES	F	35	10	00:46:51.17	00:46:31.26	
252	91	NUNO REQUEIJÃO	M	43	40	00:47:07.48	00:46:43.92	
253	111	JOÃO FERNANDES	M	42	41	00:47:15.87	00:46:59.13	
254	328	VERÓNICA CATARRO	F	41	11	00:47:16.43	00:47:16.43	
255	98	JORGE FERRO	M	48	34	00:47:17.01	00:46:53.72	
256	307	ANDREIA TEODORICO	F	34	13	00:47:18.09	00:47:11.79	AMINHACORRIDA
257	305	JORGE AMARAL	M	51	17	00:47:19.96	00:47:01.70	AMINHACORRIDA

8km
corrida

PINHAL NOVO

NIGHT RUN

13
OUTO

258	97	EUGÉNIA DAVID	F	41	12	00:47:36.68	00:47:29.12	PRAFIT CLUBE
259	281	MONICA SILVA	F	42	13	00:47:41.40	00:47:37.19	AA PINHALNOVENSE
260	251	ANA ARRANJA	F	34	14	00:47:46.32	00:47:34.16	
261	49	CLAUDIA GASPAR	F	42	14	00:47:53.77	00:47:41.43	
262	115	SÓNIA P S CADIMAS	F	41	15	00:47:54.74	00:47:38.90	SSCT MUN PALMELA
263	107	MÁRIO FERNANDO DE LISBOA	M	44	42	00:47:58.01	00:47:37.07	
264	21	CLÁUDIA CARDOSO	F	33	15	00:48:08.96	00:48:00.49	
265	22	EDUARDO SILVA	M	35	41	00:48:09.20	00:47:59.50	
266	129	ANA CARTAXO	F	63	1	00:48:10.04	00:47:54.90	PINHAL NOVO A CORRER
267	235	PEDRO VERISSIMO	M	49	35	00:48:11.19	00:48:01.71	JAF CLUB
268	236	LUÍSA CARDOSO	F	50	5	00:48:11.32	00:48:02.08	JAF CLUB
269	345	JOÃO JORGE	M	38	42	00:48:12.35	00:47:59.30	
270	344	SARA RUTE	F	42	16	00:48:12.35	00:47:59.62	
271	154	RUTE GINGADO	F	42	17	00:48:16.39	00:47:59.00	PINHAL NOVO A CORRER
272	135	DINA ALEGRIA	F	42	18	00:48:16.84	00:48:00.57	PINHAL NOVO A CORRER
273	185	MARGARIDA MARQUES	F	46	10	00:48:20.41	00:48:13.76	GDSBSI
274	11	DANIELA BOLETA	F	25	16	00:49:01.53	00:48:54.05	AMICICLO GRÂNDOLA
275	35	CESAR GUERRA	M	49	36	00:49:17.74	00:48:52.49	CT
276	200	INES CALDEIRA	F	30	17	00:49:21.32	00:49:09.02	
277	201	RUBEN GALHETO	M	26	53	00:49:21.36	00:49:08.90	
278	245	JOSÉ AFECTO	M	65	6	00:49:31.85	00:49:19.43	BNIE
279	195	MANUEL BAPTISTA	M	54	18	00:49:40.03	00:49:24.18	SS CGD
280	85	HUGO AZEVEDO	M	27	54	00:49:40.87	00:49:25.05	FITNESSWAY PINHAL NOVO
281	297	MARIA LACERDA	F	55	1	00:49:50.12	00:49:42.17	OCULISTA PORTAS STO ANTONIO
282	301	LURDES BAETA	F	51	6	00:49:57.34	00:49:43.96	CORRER LOURES
283	119	RICARDO GASPAR	M	66	7	00:50:01.82	00:49:43.13	
284	336	RUI SANTOS	M	48	37	00:50:19.04	00:49:30.27	OS BACANOS
285	44	ANA FIRMINO	F	33	18	00:51:01.96	00:50:39.57	
286	318	CARLA RAMOS	F	31	19	00:51:10.98	00:50:57.68	NERF BANZE
287	32	CRISTINA REIS	F	47	11	00:51:15.59	00:50:54.22	
288	268	CARLOS GALO	M	42	43	00:51:27.94	00:51:20.27	GINÁSIO VIVÊNCIA EXPLOSIVA
289	13	FATIMA BARBAS	F	59	2	00:51:49.83	00:51:32.58	
290	161	PAULO GODINHO	M	52	19	00:52:03.86	00:51:44.51	
291	258	SANDRA ANTUNES	F	41	19	00:52:13.26	00:51:58.02	
292	350	ANA MARGARIDA LAGOA	F	53	7	00:52:14.86	00:51:53.17	
293	167	FILIPA CORDEIRO	F	34	20	00:52:20.25	00:52:09.62	
294	168	LUIS CARRILHO	M	33	55	00:52:21.05	00:52:10.44	

8km
corrida

PINHAL NOVO

NIGHT RUN

13
OUTO

295	136	DINA BRÁS	F	43	20	00:52:23.14	00:52:19.10	PINHAL NOVO A CORRER
296	249	JOAQUIM MIGUEL COELHO DE MATOS	M	37	43	00:53:29.48	00:53:08.37	PALMELENSE
297	272	CLAUDIA TAM	F	37	11	00:53:31.01	00:53:09.15	CCD TRANQUILIDADE
298	48	EUGÉNIA PEREIRA	F	34	21	00:54:23.15	00:54:02.00	
299	202	RITA OLIVEIRA	F	27	22	00:55:13.87	00:55:06.83	
300	218	PEDRO DIAS	M	41	44	00:55:23.96	00:55:10.78	BNIE
301	340	Mª CARMO ANJOS	F	72	3	00:55:35.04	00:55:22.27	CONDOR
302	45	CARLA CASEIRO	F	43	21	00:55:39.03	00:55:12.95	
303	341	LUCINDA HENRIQUES	F	70	4	00:57:08.10	00:56:55.37	CONDOR
304	46	SARA CASEIRO	F	27	23	00:57:08.35	00:56:42.04	
305	47	RICARDO NOGUEIRA	M	29	56	00:57:08.52	00:56:41.41	
306	166	SERGIO CARQUEIJA	M	42	45	00:57:21.91	00:56:57.89	
307	30	MILENA PEREIRA	F	25	24	00:58:26.18	00:58:10.98	
308	277	MARIA MACEDO	F	57	3	00:58:38.50	00:58:33.00	

Total de registros: 308