

TRAIL CURTO - STAGE 1

17 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	09:00	10°C	100%
End	15:13	14°C	93%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	1253	Messias Dias	dci/pedrulha-mealhada	Veterano M45	01:41:49		05:59
2	1245	Emanuel Machado	dap trail team	Senior Masculino	01:42:02	+00:13	06:00
3	1624	Tomás Estevães	run.pt	Junior Masculino	01:44:52	+03:03	06:10
4	1714	Pedro Tiago Mendes	vikings trail runners / ccr alcabideque	Senior Masculino	01:45:31	+03:41	06:12
5	1107	PAULO ANTUNES	associação académica de coimbra	Veterano M45	01:45:51	+04:01	06:14
6	1038	Marco Gaspar	águeda action club actib	Senior Masculino	01:47:56	+06:06	06:21
7	1596	Hélder Piedade	ozxtreme/adcrpereira	Veterano M45	01:48:11	+06:22	06:22
8	1003	João Pimentel	a.r.casaense/escola de atletismo de coimbra/intermarché condeixa	Senior Masculino	01:49:00	+07:10	06:25
9	1305	Paulo Santos	grupo desportivo ferreirense/mountain trails	Veterano M45	01:50:01	+08:11	06:28
10	1004	Paulo Amaral	a.r.casaense/escola de atletismo de coimbra/intermarché condeixa	Veterano M40	01:51:37	+09:48	06:34
11	1060	Joaquim Baltazar	arcd venda da luisa	Senior Masculino	01:53:04	+11:14	06:39
12	1005	Vítor Godinho	a.r.casaense/escola de atletismo de coimbra/intermarché condeixa	Veterano M45	01:53:11	+11:21	06:39
13	1535	Nuno veloso	montanha clube trail running/efapel	Senior Masculino	01:53:30	+11:41	06:41
14	1726	Hugo Ventura	ozxtreme/adcrpereira	Senior Masculino	01:54:02	+12:13	06:43
15	1286	Orlando Pires	formobike btt & trail running	Veterano M45	01:54:21	+12:31	06:44
16	1706	Bruno Miguel Oliveira Ribeiro	vikings trail runners / ccr alcabideque	Senior Masculino	01:54:36	+12:46	06:44
17	1589	João Sacramento	ozxtreme/adcrpereira	Senior Masculino	01:55:24	+13:34	06:47
18	1019	João Manuel Cruz Silva	acdrs quinhendros	Veterano M40	01:55:28	+13:38	06:48
19	1591	Marco Ferreira	ozxtreme/adcrpereira	Senior Masculino	01:55:48	+13:58	06:49
20	1629	Vítor Francisco	scpovoense - caracóis de corrida	Senior Masculino	01:56:41	+14:51	06:52
21	1464	Nuno Pimenta	individual	Veterano M40	01:56:59	+15:09	06:53
22	1209	João Alves	cmmouronho - escaravelhos	Senior Masculino	01:57:46	+15:56	06:56
23	1518	António Moreira	kalenji team decathlon aveiro	Veterano M40	01:58:06	+16:16	06:57
24	1281	Vítor Gomes	flashover - bvpenela	Veterano M40	01:58:15	+16:25	06:57
25	1387	José Santos	individual	Senior Masculino	01:58:16	+16:26	06:57
26	1529	Jorge Filipe	montanha clube trail running/efapel	Junior Masculino	01:58:23	+16:33	06:58
27	1711	Mauro Daniel Silva Martins	vikings trail runners / ccr alcabideque	Senior Masculino	01:58:59	+17:09	07:00
28	1268	David Cunha Silva	farmácia luciano e matos	Senior Masculino	01:59:42	+17:52	07:02
29	1416	Vítor Santos	individual	Senior Masculino	02:00:06	+18:16	07:04
30	1285	Arlindo Lopes Ribeiro	formobike btt & trail running	Veterano M45	02:00:08	+18:18	07:04
31	1219	vasco sousa	coimbra trail running	Veterano M50	02:00:15	+18:25	07:04
32	1252	Jose Campar	dci/pedrulha-mealhada	Veterano M45	02:00:22	+18:32	07:05
33	1121	Vítor Faim	atletismo clube da tocha	Veterano M50	02:00:57	+19:07	07:07
34	1731	Carlos Vicente	montanha clube trail running/efapel	Senior Masculino	02:01:12	+19:22	07:08
35	1057	Artur Gândara	arcd venda da luisa	Senior Masculino	02:01:17	+19:27	07:08
36	1278	André Carvalheiro	fitting point	Senior Masculino	02:01:28	+19:39	07:09
37	1272	José Carlos Cachola Mestre	fernando	Senior Masculino	02:01:48	+19:58	07:10
38	1113	Pedro Cardoso	asssc ar livre e aventura	Veterano M40	02:01:52	+20:03	07:10
39	1236	Rodrigo Vieira	dá-lhe gás team	Sub 23 Masculino	02:02:00	+20:10	07:11

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17 KM

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OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
40	1313	Pedro Alexandre Ladeiro Oliveira	grvilaverdense	Veterano M40	02:02:20	+20:30	07:12
41	1415	Vital Manuel Silva soares	individual	Senior Masculino	02:02:31	+20:41	07:12
42	1180	Laurentino Martins	caminhar ao luar	Veterano M45	02:02:35	+20:45	07:13
43	1104	Carlos Fernandes	as belas e eles	Veterano M45	02:02:41	+20:51	07:13
44	1136	Sara de Brito	ca barreira	Veterana F45	02:03:00	+21:10	07:14
45	1501	Filipe Carvalheiro	individual	Veterano M50	02:03:04	+21:14	07:14
46	1009	João Farinha	ac portalegre / utsm	Senior Masculino	02:03:06	+21:16	07:15
47	1058	César Ramalho	arcd venda da luisa	Senior Masculino	02:03:11	+21:22	07:15
48	1351	Bruno Casal	individual	Senior Masculino	02:03:12	+21:23	07:15
49	1554	Luis Martins	o mundo da corrida	Veterano M40	02:03:20	+21:30	07:15
50	1378	Javier Albanil Mogollón	individual	Senior Masculino	02:03:23	+21:33	07:15
51	1023	Luis Miguel Cruz Rodrigues	ac portalegre / utsm	Veterano M45	02:03:28	+21:38	07:16
52	1130	Fernando Santos	bossrunners team	Senior Masculino	02:03:53	+22:03	07:17
53	1251	Miguel Viegas	dci/pedulha-mealhada	Senior Masculino	02:03:57	+22:08	07:18
54	1254	Célio Duarte	deixa passar	Senior Masculino	02:04:03	+22:14	07:18
55	1356	Bruno Simões	trail bela bela	Senior Masculino	02:04:16	+22:26	07:19
56	1258	Pedro Filipe Dias Moreira	escola de atletismo de coimbra / intermarche condeixa	Senior Masculino	02:04:26	+22:36	07:19
57	1538	João Carlos Simões Marques	montanha clube trail running/efapel	Veterano M40	02:05:19	+23:29	07:22
58	1732	Hugo Conde	montanha clube trail running/efapel	Senior Masculino	02:05:20	+23:30	07:22
59	1653	Ernesto Nabeiro	soure mov	Veterano M45	02:05:30	+23:41	07:23
60	1260	Vítor Dias	escola de atletismo de coimbra / intermarche condeixa	Senior Masculino	02:05:41	+23:51	07:24
61	1101	Pedro Amaro	arcm - associação recreativa de s. miguel	Veterano M45	02:06:26	+24:36	07:26
62	1573	José Domingos Batista Felizardo	os trinca espinhas	Veterano M50	02:06:38	+24:48	07:27
63	1572	Luis Felicio	os trinca espinhas	Veterano M40	02:06:43	+24:53	07:27
64	1600	Luis Martins	pascoalitosadbarcouço	Veterano M40	02:06:53	+25:03	07:28
65	1527	Luis Neves	marinhais ac	Veterano M40	02:06:54	+25:04	07:28
66	1488	Nuno Engenheiro	individual	Veterano M45	02:07:07	+25:17	07:29
67	1109	JOAQUIM POCINHO	associação académica de coimbra	Veterano M55	02:07:27	+25:38	07:30
68	1008	Bruno Neves	ac portalegre / utsm	Senior Masculino	02:07:33	+25:43	07:30
69	1536	Tiago Rodrigues	montanha clube trail running/efapel	Senior Masculino	02:07:45	+25:55	07:31
70	1531	Fernando Manuel Simões Bastos	montanha clube trail running/efapel	Senior Masculino	02:08:27	+26:37	07:33
71	1049	Fernando Machado	almatrail	Senior Masculino	02:08:32	+26:42	07:34
72	1015	Tiago moreno	acdrs quinhendros	Senior Masculino	02:08:36	+26:47	07:34
73	1686	Miguel José Pereira Neves	ugas trail running	Senior Masculino	02:08:36	+26:47	07:34
74	1396	Miguel Ramos	individual	Senior Masculino	02:08:36	+26:47	07:34
75	1710	Jorge Humberto Correia Bento	vikings trail runners / ccr alcabideque	Senior Masculino	02:08:37	+26:47	07:34
76	1403	Pedro Longuinho	individual	Senior Masculino	02:08:38	+26:48	07:34
77	1684	Daniel Marques dos Santos	ugas trail running	Senior Masculino	02:08:38	+26:48	07:34
78	1516	João Paulo Pires	joão	Veterano M45	02:08:59	+27:10	07:35
79	1708	Diogo Filipe Oliveira Alves	vikings trail runners / ccr alcabideque	Senior Masculino	02:09:06	+27:17	07:36
80	1533	Gonçalo Paulo	montanha clube trail running/efapel	Senior Masculino	02:09:57	+28:08	07:39
81	1083	Jose Marques	arcd venda da luisa	Veterano M50	02:10:03	+28:14	07:39
82	1206	Francisco Antunes Mateus	cmmouronho - escaravelhos	Junior Masculino	02:10:12	+28:22	07:40

TRAIL CURTO - STAGE 1**17 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
124	1448	Filipe Lopes	individual	Veterano M40	02:17:36	+35:46	08:06
125	1102	José Correia	arism - associação recreativa de s. miguel	Veterano M50	02:17:38	+35:49	08:06
126	1217	Gonçalo Padilha	coimbra trail running	Veterano M40	02:17:47	+35:58	08:06
127	1021	TÓZÉ SERRA	acdrs quinhendros	Veterano M45	02:18:10	+36:21	08:08
128	1513	Manuel Ribeiro Neves	individual	Veterano M60	02:18:15	+36:25	08:08
129	1581	Joao Carlos Miranda Dias Pereira	out 2 run/miro	Veterano M40	02:18:27	+36:37	08:09
130	1037	Marcelo Silva	águeda action club actib	Senior Masculino	02:18:46	+36:56	08:10
131	1135	Pedro Vieira	c.c.recreativo de são martinho	Senior Masculino	02:18:48	+36:58	08:10
132	1469	Pedro Miguel Mendes	individual	Veterano M40	02:18:59	+37:09	08:11
133	1086	Dilia Santos	arism - associação recreativa de s. miguel	Senior Feminino	02:19:13	+37:23	08:11
134	1032	Luis Miranda	aergóis trail running	Senior Masculino	02:19:16	+37:27	08:12
135	1064	Nelson Correia	arcd venda da luisa	Senior Masculino	02:19:21	+37:32	08:12
136	1084	José Santos	arcd venda da luisa	Veterano M50	02:19:24	+37:35	08:12
137	1522	Armando Videira	louzan team /dental garden	Veterano M45	02:19:28	+37:38	08:12
138	1455	Luís Miguel de Almeida	individual	Veterano M40	02:19:29	+37:39	08:12
139	1394	Marco Cunha	individual	Senior Masculino	02:19:29	+37:39	08:12
140	1449	Filipe Miranda	individual	Veterano M40	02:19:36	+37:46	08:13
141	1131	João Calado	bosrunners team	Senior Masculino	02:19:45	+37:55	08:13
142	1697	José Santos	uniic_os	Veterano M40	02:19:48	+37:59	08:13
143	1208	André Coelho	cmmouronho - escaravelhos	Senior Masculino	02:19:57	+38:07	08:14
144	1640	Márcio Felício	soure mov	Senior Masculino	02:19:58	+38:08	08:14
145	1117	Nélio Oliveira	atletismo clube da tocha	Senior Masculino	02:20:07	+38:17	08:15
146	1418	Duarte da Cruz	ambikes running team pro	Sub 23 Masculino	02:20:08	+38:19	08:15
147	1323	Andreia Simoes Baptista	individual	Senior Feminino	02:20:12	+38:22	08:15
148	1050	Francisco Calhindo	arcd venda da luisa	Junior Masculino	02:20:29	+38:39	08:16
149	1709	Goncalo Goncalves	vikings trail runners / ccr alcabideque	Senior Masculino	02:20:40	+38:50	08:16
150	1614	Romeu Carvalho	roda dianteira	Senior Masculino	02:21:29	+39:40	08:19
151	1397	Nelson Neves	individual	Senior Masculino	02:21:48	+39:59	08:21
152	1638	Carlos Cardoso	soure mov	Senior Masculino	02:21:50	+40:00	08:21
153	1525	Albino Morais	louzanteam	Veterano M45	02:21:57	+40:07	08:21
154	1095	Helder Sêco	arism - associação recreativa de s. miguel	Veterano M40	02:22:17	+40:27	08:22
155	1302	Luís Andrade	grupo desportivo ferreirense/mountain trails	Senior Masculino	02:22:47	+40:57	08:24
156	1718	Augusto Silva	vikings trail runners / ccr alcabideque	Veterano M50	02:22:50	+41:00	08:24
157	1111	Tiago da Silva Rodrigues	associação pombal jovem	Senior Masculino	02:22:54	+41:04	08:24
158	1593	Renata Vinagre	ozxtreme/adcrpereira	Sub 23 Feminino	02:23:00	+41:10	08:25
159	1277	Marco Lourenço	figueira kayak clube	Veterano M45	02:23:00	+41:10	08:25
160	1679	André Dias	tribo nr	Veterano M50	02:23:03	+41:13	08:25
161	1108	Pedro Varela	associação académica de coimbra	Veterano M45	02:23:05	+41:15	08:25
162	1176	Ricardo Jorge Marques Lucas	caminhar ao luar	Veterano M40	02:23:41	+41:51	08:27
163	1597	Filipe Costa	ozxtreme/adcrpereira	Veterano M55	02:23:43	+41:53	08:27
164	1541	Júlio Tomé	montanha clube trail running/efapel	Veterano M45	02:23:53	+42:04	08:28
165	1315	Nuno Filipe Correia Rodrigues	grvilaverdense	Veterano M45	02:24:00	+42:11	08:28
166	1310	Amilcar José da Silva Ramos	grvilaverdense	Veterano M40	02:24:13	+42:24	08:29
167	1348	Antonio Camilo	individual	Senior Masculino	02:24:31	+42:41	08:30
168	1534	João Tiago Costa	montanha clube trail running/efapel	Senior Masculino	02:25:28	+43:38	08:33

TRAIL CURTO - STAGE 1

17 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
169	1478	Fernando Mendes	individual	Veterano M45	02:25:54	+44:04	08:35
170	1319	Nani Mendes	individual	Junior Masculino	02:25:55	+44:06	08:35
171	1452	Jorge Sousa	individual	Veterano M40	02:26:07	+44:17	08:36
172	1637	André Neto	soure mov	Senior Masculino	02:26:15	+44:25	08:36
173	1650	Ricardo Páscoa	soure mov	Veterano M40	02:26:15	+44:25	08:36
174	1484	Luis Filipe Rosa	dão nelas runners	Veterano M45	02:26:17	+44:27	08:36
175	1358	Cristiano Jesus Santos	individual	Senior Masculino	02:26:26	+44:36	08:37
176	1154	VITOR MIGUEL RODRIGUES ESCADA	caminhar ao luar	Senior Masculino	02:26:27	+44:37	08:37
177	1247	David Madeira	david	Senior Masculino	02:26:27	+44:37	08:37
178	1702	Mónica Ribeiro	vikings trail runners / ccr alcabideque	Senior Feminino	02:26:30	+44:40	08:37
179	1473	António Martins	individual	Veterano M45	02:26:36	+44:46	08:37
180	1062	Marco Oliveira	arcd venda da luisa	Senior Masculino	02:26:42	+44:52	08:38
181	1020	José Carlos Simões	acdrs quinhendros	Veterano M45	02:26:45	+44:55	08:38
182	1022	António Silva	acdrs quinhendros	Veterano M60	02:26:45	+44:55	08:38
183	1466	Paulo Carvalho	individual	Veterano M40	02:26:53	+45:03	08:38
184	1722	Ana Miranda	ac portalegre / utsm	Senior Feminino	02:26:57	+45:08	08:39
185	1515	Rogério Silva	individual	Veterano M60	02:26:58	+45:08	08:39
186	1304	Jorge Pedro	grupo desportivo ferreirense/mountain trails	Veterano M45	02:26:58	+45:08	08:39
187	1485	Manuel António Roseiro Ferreira	individual	Veterano M45	02:27:03	+45:14	08:39
188	1622	Marco André Antunes Ferreira	roda dianteira	Veterano M40	02:27:32	+45:42	08:41
189	1197	Paulo José Ortigoso Duarte	ccrd burinhosa	Veterano M50	02:28:11	+46:21	08:43
190	1685	João Grilo Ramos	ugas trail running	Senior Masculino	02:28:18	+46:28	08:43
191	1530	Bruno Marques	montanha clube trail running/efapel	Senior Masculino	02:28:54	+47:04	08:46
192	1687	Sérgio Miguel Moita Santos	ugas trail running	Senior Masculino	02:29:22	+47:33	08:47
193	1471	Vasco Antunes Tavares	individual	Veterano M40	02:29:28	+47:38	08:48
194	1201	A. Filipe Garcia	clube de atletismo trail runners da ponte	Veterano M40	02:29:34	+47:44	08:48
195	1369	Eugénio Santos	individual	Senior Masculino	02:29:59	+48:10	08:49
196	1200	Daniel da Silva Freire Luís	clube de atletismo trail runners da ponte	Senior Masculino	02:30:13	+48:23	08:50
197	1444	Bruno Espadeiro	individual	Veterano M40	02:30:35	+48:45	08:51
198	1103	Moisés Nunes	arism - associação recreativa de s. miguel	Veterano M50	02:30:42	+48:52	08:52
199	1371	Fábio Silva Costa	individual	Senior Masculino	02:30:43	+48:53	08:52
200	1184	Humberto Sousa	caminhar ao luar	Veterano M50	02:31:10	+49:20	08:54
201	1139	Jose Alves	caminhar ao luar	Junior Masculino	02:31:10	+49:20	08:54
202	1216	Francisco Morais	coimbra trail running	Senior Masculino	02:31:26	+49:37	08:55
203	1372	Francisco António Miranda Calejo	individual	Senior Masculino	02:31:30	+49:40	08:55
204	1470	Rui Agoostinho	individual	Veterano M40	02:31:55	+50:05	08:56
205	1126	João Manuel Gaspar Rainho	bio team run	Veterano M55	02:32:19	+50:30	08:58
206	1303	Lurdes Gil	grupo desportivo ferreirense/mountain trails	Veterana F45	02:32:54	+51:04	09:00
207	1174	Marco Cruz	caminhar ao luar	Veterano M40	02:33:25	+51:35	09:01
208	1667	Cláudia Isabel Oliveira Lopes	tarahumara	Senior Feminino	02:33:26	+51:36	09:02
209	1498	Carlos Alberto Pinto Ferreira	individual	Veterano M50	02:33:43	+51:54	09:03
210	1395	Miguel Angelo Pacheco Cruz	individual	Senior Masculino	02:33:44	+51:54	09:03
211	1132	Carlos Leitão	bossrunners team	Veterano M45	02:33:46	+51:57	09:03

TRAIL CURTO - STAGE 1

17 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
212	1383	Nancy Cantante	bio team run	Sub 23 Feminino	02:34:19	+52:29	09:05
213	1411	Tiago Manuel Costa Simões	individual	Senior Masculino	02:34:19	+52:30	09:05
214	1695	António Manuel Ferreira Mendes	uniic_os	Senior Masculino	02:34:31	+52:42	09:05
215	1381	João Carlos Filipe Costa	individual	Senior Masculino	02:34:51	+53:02	09:07
216	1359	DANY ALEXANDRE RAMOS GRILO	individual	Senior Masculino	02:35:01	+53:11	09:07
217	1401	Pedro Cardoso	individual	Senior Masculino	02:35:28	+53:38	09:09
218	1360	David Cunha	individual	Senior Masculino	02:35:38	+53:49	09:09
219	1198	Manuel Julio	clac entroncamento/ondatrinhos	Veterano M55	02:35:41	+53:51	09:09
220	1505	Miguel Martins	individual	Veterano M50	02:35:44	+53:55	09:10
221	1239	Silvia Dias	dá-lhe gás team	Veterana F40	02:35:47	+53:57	09:10
222	1243	Jose Dias	dá-lhe gás team	Veterano M45	02:35:47	+53:58	09:10
223	1375	Gonçalo Araújo Marques	individual	Senior Masculino	02:35:48	+53:58	09:10
224	1012	Bruno Brás	acdrs quinhendros	Senior Masculino	02:36:43	+54:53	09:13
225	1493	Rui Manuel Colaço	individual	Veterano M45	02:37:08	+55:19	09:15
226	1490	Pedro saraiva	individual	Veterano M45	02:37:14	+55:24	09:15
227	1280	Paulo Miguel Lourenço dos Santos	flashover - bvpenela	Veterano M40	02:37:14	+55:24	09:15
228	1486	Marcelo Coutinho	individual	Veterano M45	02:37:27	+55:37	09:16
229	1152	Tiago Fernandes	caminhar ao luar	Senior Masculino	02:37:31	+55:41	09:16
230	1393	Marco António Ventura Santos	individual	Senior Masculino	02:37:39	+55:49	09:16
231	1737	Luisa Espírito Santo	u.f. comércio e indústria atletismo	Veterana F50	02:38:15	+56:25	09:19
232	1220	Joaquim Almeida	coimbra trail running	Veterano M55	02:38:17	+56:27	09:19
233	1044	Filipe Duarte Quintas Rasteiro	ajc / glassdrive	Senior Masculino	02:38:24	+56:34	09:19
234	1392	Manuel Rodrigues	individual	Senior Masculino	02:38:26	+56:36	09:19
235	1477	Edgar Silva	individual	Veterano M45	02:38:31	+56:42	09:20
236	1545	Gabriel Matos	município de vila nova de poiaras	Veterano M40	02:38:42	+56:52	09:20
237	1460	MARIO CASQUEIRA	individual	Veterano M40	02:38:45	+56:55	09:20
238	1582	Paulo Pinto	out 2 run/miro	Veterano M40	02:38:52	+57:02	09:21
239	1578	Zenaide alves	out 2 run/miro	Veterana F40	02:38:53	+57:03	09:21
240	1454	Luís Lima	individual	Veterano M40	02:38:55	+57:05	09:21
241	1508	Francisco Silva	individual	Veterano M55	02:39:06	+57:16	09:22
242	1307	Alex Pedro da Silva	grvilaverdense	Senior Masculino	02:39:21	+57:32	09:22
243	1069	Tiago Almeida	arcd venda da luisa	Sub 23 Masculino	02:39:22	+57:32	09:23
244	1526	José Leal	marinhais ac	Veterano M40	02:39:22	+57:33	09:23
245	1207	Paula Filipa da Cruz Mendes	cmmourinho - escaravelhos	Senior Feminino	02:39:26	+57:36	09:23
246	1649	Nelson Rodrigues	soure mov	Veterano M40	02:39:27	+57:37	09:23
247	1227	Eliana Raimundo	dá-lhe gás team	Senior Feminino	02:39:29	+57:39	09:23
248	1178	Rogério Abrantes	caminhar ao luar	Veterano M40	02:39:56	+58:07	09:25
249	1314	João Filipe Alves Martelo de Oliveira	grvilaverdense	Veterano M45	02:40:02	+58:12	09:25
250	1521	Lino Moreira	lino	Veterano M60	02:40:43	+58:53	09:27
251	1301	José Gil Andrade	grupo desportivo ferreirense/mountain trails	Senior Masculino	02:41:15	+59:26	09:29
252	1016	Cidália Maria dos Santos Oliveira	acdrs quinhendros	Veterana F45	02:41:50	+01:00:01	09:31
253	1420	Ana Porto	individual	Veterana F40	02:42:14	+01:00:24	09:33

TRAIL CURTO - STAGE 1
17 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
297	1237	Carla Gonçalves	dá-lhe gás team	Veterana F40	02:48:00	+01:06:11	09:53
298	1453	José Martins	individual	Veterano M40	02:48:08	+01:06:18	09:53
299	1250	Hélder Lopes	dci/pedrolha-mealhada	Senior Masculino	02:48:16	+01:06:26	09:54
300	1492	Rui lourenço	individual	Veterano M45	02:48:20	+01:06:31	09:54
301	1065	Pedro Longuinho	arcv venda da luisa	Senior Masculino	02:48:25	+01:06:36	09:54
302	1067	Ruben Almeida	arcv venda da luisa	Senior Masculino	02:48:26	+01:06:36	09:54
303	1504	mario silva	individual	Veterano M50	02:48:39	+01:06:49	09:55
304	1091	José Nunes	arsm - associação recreativa de s. miguel	Senior Masculino	02:48:44	+01:06:54	09:56
305	1045	João Miguel Fernandes	ajc / glassdrive	Senior Masculino	02:48:52	+01:07:02	09:56
306	1175	NUNO CARVALHO	caminhar ao luar	Veterano M40	02:49:02	+01:07:12	09:57
307	1524	José Carvalho	louzan team /dental garden	Veterano M50	02:49:19	+01:07:29	09:58
308	1312	Paulo Alexandre da Silva Santos Rocha	grvilaverdense	Veterano M40	02:49:21	+01:07:31	09:58
309	1426	Magda Vieira	individual	Veterana F40	02:49:31	+01:07:42	09:58
310	1240	José Antunes	dá-lhe gás team	Veterano M40	02:49:37	+01:07:47	09:59
311	1475	Arnaldo Carvalho	individual	Veterano M45	02:49:44	+01:07:54	09:59
312	1028	Ricardo Nunes	acrm silveirinha grande claras	Senior Masculino	02:50:16	+01:08:26	10:01
313	1512	jorge manuel ramos	individual	Veterano M60	02:50:24	+01:08:34	10:01
314	1652	António Batalha	soure mov	Veterano M45	02:50:36	+01:08:47	10:02
315	1127	Rui Santos	blackbulls / clube condeixa	Veterano M45	02:50:40	+01:08:50	10:02
316	1283	Antonio Jose Rebola Ferreira	formobike btt & trail running	Veterano M40	02:50:46	+01:08:56	10:03
317	1399	Nuno Filipe Jordão Carvalho	individual	Senior Masculino	02:50:49	+01:08:59	10:03
318	1405	Pedro Marques	individual	Senior Masculino	02:50:53	+01:09:03	10:03
319	1259	Ricardo André Pereira dos Santos	escola de atletismo de coimbra / intermarche condeixa	Senior Masculino	02:50:54	+01:09:04	10:03
320	1730	Marco Vintém	ajc / glassdrive	Senior Masculino	02:50:55	+01:09:05	10:03
321	1077	Elza Cordeiro	arcv venda da luisa	Veterana F45	02:51:00	+01:09:10	10:04
322	1379	Joao	individual	Senior Masculino	02:51:27	+01:09:38	10:05
323	1189	Nuno Tiago Santos Pires	casa do benfica de condeixa	Senior Masculino	02:51:33	+01:09:44	10:06
324	1011	André Azambujo	acdrs quinhendros	Senior Masculino	02:51:37	+01:09:48	10:06
325	1035	CARLOS ALBERTO FERNANDES CASTANHEIRA	aergóis trail running	Veterano M45	02:52:03	+01:10:13	10:07
326	1026	Sonia Barbosa	acrd/psp viseu runners	Senior Feminino	02:52:10	+01:10:20	10:08
327	1585	Victor Silva	out 2 run/miro	Veterano M50	02:52:14	+01:10:24	10:08
328	1552	Isabel Trindade	o mundo da corrida	Veterana F50	02:52:29	+01:10:39	10:09
329	1326	Bárbara Cruz	individual	Senior Feminino	02:52:41	+01:10:51	10:09
330	1063	Mauro Silva	arcv venda da luisa	Senior Masculino	02:52:42	+01:10:52	10:10
331	1735	Joaquim Branquinho	arsm - associação recreativa de s. miguel	Veterano M60	02:53:23	+01:11:33	10:12
332	1128	Rui Carvalho	montanha clube lousanpark	Veterano M40	02:53:25	+01:11:35	10:12
333	1182	NUNO JORGE CARVALHO ALMEIDA	caminhar ao luar	Veterano M45	02:54:02	+01:12:12	10:14
334	1519	Luís Vieira	kunalama runners	Senior Masculino	02:54:54	+01:13:04	10:17
335	1125	Francisco "Bolt" Mendes	bio team run	Veterano M40	02:55:34	+01:13:44	10:20
336	1721	Pedro Alexandre Pereira da Silva Tavares	virithvs runners viseu	Veterano M40	02:55:38	+01:13:48	10:20
337	1502	José Mário Almeida	individual	Veterano M50	02:55:47	+01:13:58	10:20
338	1648	José Madeira	soure mov	Veterano M40	02:56:02	+01:14:12	10:21

TRAIL CURTO - STAGE 1

17 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
339	1274	Vanessa Reboca	figueira kayak clube	Veterana F40	02:56:17	+01:14:27	10:22
340	1443	Alves	individual	Veterano M40	02:56:32	+01:14:43	10:23
341	1225	Catarina Oliveira	dá-lhe gás team	Senior Feminino	02:56:33	+01:14:44	10:23
342	1341	Sara Raquel Martins Silva	individual	Senior Feminino	02:56:52	+01:15:03	10:24
343	1080	Carlos Canais	arcd venda da luisa	Veterano M45	02:57:14	+01:15:24	10:26
344	1072	Célia Santos	arcd venda da luisa	Veterana F40	02:57:14	+01:15:24	10:26
345	1001	Fausto Carvalho	arcm - associação recreativa de s. miguel	Veterano M60	02:57:25	+01:15:36	10:26
346	1446	Diogo Reis	individual	Veterano M40	02:57:39	+01:15:49	10:27
347	1598	rui lopes	ozxtreme/adcrpereira	Veterano M55	02:57:42	+01:15:53	10:27
348	1054	Luisa Miranda	arcd venda da luisa	Senior Feminino	02:57:44	+01:15:54	10:27
349	1584	José Santos	out 2 run/miro	Veterano M50	02:57:45	+01:15:55	10:27
350	1224	Carla Sofia	dá-lhe gás team	Senior Feminino	02:57:58	+01:16:08	10:28
351	1619	BRUNO ABRANTES	roda dianteira	Veterano M40	02:58:02	+01:16:12	10:28
352	1427	Raquel da Silva Matias	individual	Veterana F40	02:58:39	+01:16:49	10:31
353	1210	António Pais da Costa Neves	cmmouronho - escaravelhos	Sub 23 Masculino	02:58:46	+01:16:56	10:31
354	1458	Marco Alexandre Cravo Gomes	individual	Veterano M40	02:59:01	+01:17:11	10:32
355	1017	Rosa Guadão	acdrs quinhendros	Veterana F45	02:59:02	+01:17:12	10:32
356	1046	José Filipe Fernandes	ajc / glassdrive	Senior Masculino	02:59:40	+01:17:50	10:34
357	1422	Cláudia Margarida da Silva Nobre Nunes	individual	Veterana F40	02:59:59	+01:18:10	10:35
358	1500	fernando gaspar	individual	Veterano M50	03:00:21	+01:18:31	10:37
359	1033	Joao Fernandes Santa Cruz	aergóis trail running	Sub 23 Masculino	03:00:29	+01:18:40	10:37
360	1506	Raul Martins	individual	Veterano M50	03:00:31	+01:18:42	10:37
361	1461	NUNO ALMEIDA	individual	Veterano M40	03:00:34	+01:18:44	10:37
362	1734	Ricardo Andre Pereira da Silva	out 2 run/miro	Senior Masculino	03:00:34	+01:18:45	10:37
363	1576	Miguel duarte	out 2 run/miro	Sub 23 Masculino	03:00:39	+01:18:49	10:38
364	1561	Mário Ferreira	os ponta branca udatalaiense	Veterano M50	03:00:43	+01:18:53	10:38
365	1261	Vitor Santos	escola de atletismo de coimbra / intermarche condeixa	Veterano M50	03:00:43	+01:18:54	10:38
366	1700	Ana Carolina Melo	vikings trail runners / ccr alcabideque	Senior Feminino	03:00:48	+01:18:58	10:38
367	1632	Andreia Brás	soure mov	Senior Feminino	03:00:56	+01:19:06	10:39
368	1639	GONÇALO MAMEDE	soure mov	Senior Masculino	03:01:02	+01:19:12	10:39
369	1317	Fernando Santos	grvilaverdense	Veterano M55	03:01:21	+01:19:32	10:40
370	1036	Victor Rodrigues	aergóis trail running	Veterano M50	03:02:05	+01:20:15	10:43
371	1151	Tiago Cruz	caminhar ao luar	Senior Masculino	03:02:53	+01:21:03	10:45
372	1566	Lucia de Fatima Silva Fernandes	os trinca espinhas	Veterana F45	03:03:00	+01:21:10	10:46
373	1564	Luís Nogueiro	os trinca espinhas	Senior Masculino	03:03:00	+01:21:10	10:46
374	1574	Joaquim Jose Alves Rebelo	os trinca espinhas	Veterano M55	03:03:00	+01:21:10	10:46
375	1199	Luis Rei	clac entroncamento/ondatrinhos	Veterano M60	03:03:12	+01:21:22	10:47
376	1406	Raul Alexandre Gonçalves Gamboa	individual	Senior Masculino	03:04:02	+01:22:13	10:50
377	1467	Pedro Filipe de Jesus Ferreira	individual	Veterano M40	03:04:08	+01:22:18	10:50
378	1242	Vitor santos	dá-lhe gás team	Veterano M40	03:04:33	+01:22:43	10:51
379	1229	Susana Gomes	dá-lhe gás team	Senior Feminino	03:04:33	+01:22:44	10:51
380	1499	Fausto Cardoso	individual	Veterano M50	03:04:36	+01:22:47	10:52
381	1288	Flavio Silva	fruta da 5ª	Senior Masculino	03:04:42	+01:22:52	10:52

TRAIL CURTO - STAGE 1

17 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
382	1563	Mónica Sofia Alegria Napita	os trinca espinhas	Senior Feminino	03:04:51	+01:23:02	10:52
383	1270	Manuel Freitas Balhau Jorge	farmácia luciano e matos	Veterano M60	03:04:53	+01:23:03	10:53
384	1203	João Fernando Rana Paio	clube de atletismo trail runners da ponte	Veterano M50	03:05:04	+01:23:14	10:53
385	1105	JOSE ARTUR MARQUES LOPES	asdreq	Senior Masculino	03:05:42	+01:23:52	10:55
386	1468	Pedro Henriques	individual	Veterano M40	03:05:46	+01:23:56	10:56
387	1440	MARIA CONCEIÇÃO MARCELA ABREU	individual	Veterana F50	03:05:56	+01:24:07	10:56
388	1479	Fernando Moita	individual	Veterano M45	03:05:58	+01:24:08	10:56
389	1390	Luis Filipe Lagarto Santos de Lima Almeida	individual	Senior Masculino	03:05:59	+01:24:09	10:56
390	1256	Pedro natario	dream team	Veterano M40	03:06:09	+01:24:19	10:57
391	1382	João Carlos Garcia Batista	individual	Senior Masculino	03:06:11	+01:24:21	10:57
392	1333	Inês Peres	individual	Senior Feminino	03:06:23	+01:24:33	10:58
393	1147	Pedro Jose Martins Rodrigues	caminhar ao luar	Senior Masculino	03:06:37	+01:24:47	10:59
394	1140	Leandro Filipe Fernandes Rodrigues	caminhar ao luar	Junior Masculino	03:07:02	+01:25:12	11:00
395	1489	Nuno Miguel Cardoso Diogo da Conceição Dias	individual	Veterano M45	03:07:25	+01:25:36	11:02
396	1374	Frederico Fonseca	individual	Senior Masculino	03:07:33	+01:25:43	11:02
397	1497	Arsenio Rodrigues	individual	Veterano M50	03:07:33	+01:25:44	11:02
398	1662	João Armindo Mouquinho Feiteira	sport arronches e benfica	Veterano M55	03:07:51	+01:26:02	11:03
399	1321	Anabela Jorge	individual	Senior Feminino	03:07:58	+01:26:08	11:03
400	1491	Rui Cerqueira Ribeiro	individual	Veterano M45	03:08:03	+01:26:14	11:04
401	1267	Mélanie Duarte	farmácia luciano e matos	Senior Feminino	03:08:04	+01:26:14	11:04
402	1039	Ricardo Ferreira Baptista	águeda action club actib	Senior Masculino	03:08:17	+01:26:28	11:05
403	1658	Vitor Gariso	soure mov	Veterano M50	03:08:26	+01:26:37	11:05
404	1605	Ivone andrade vieira	porto de mos a correr	Veterana F40	03:08:29	+01:26:39	11:05
405	1717	Paula Andrade	vikings trail runners / ccr alcabideque	Veterana F45	03:08:43	+01:26:54	11:06
406	1204	João Trindade	clube de condeixa	Veterano M40	03:09:10	+01:27:20	11:08
407	1188	Marisa Amaral de Almeida	casa do benfica de condeixa	Senior Feminino	03:09:11	+01:27:22	11:08
408	1192	Sónia Lima	casa do benfica de condeixa	Veterana F40	03:09:12	+01:27:22	11:08
409	1634	MARISA BREGIEIRO	soure mov	Senior Feminino	03:09:17	+01:27:28	11:08
410	1694	André Filipe Marques Gomes	uniic_os	Senior Masculino	03:09:46	+01:27:56	11:10
411	1110	Sara Gonçalves das Neves	associação pombal jovem	Senior Feminino	03:09:56	+01:28:06	11:10
412	1713	Pedro Martins	vikings trail runners / ccr alcabideque	Senior Masculino	03:10:07	+01:28:17	11:11
413	1669	André Garcia Vieira de Sá	teromovigo / casa do pão / efapel / a.d. serpinense	Senior Masculino	03:10:51	+01:29:01	11:14
414	1670	Fernando Lourenço	teromovigo / casa do pão / efapel / a.d. serpinense	Veterano M45	03:10:51	+01:29:01	11:14
415	1672	Rui Fernandes	teromovigo / casa do pão / efapel / a.d. serpinense	Veterano M50	03:10:52	+01:29:02	11:14
416	1671	Rui Azevedo	teromovigo / casa do pão / efapel / a.d. serpinense	Veterano M45	03:10:52	+01:29:02	11:14
417	1480	Hans Peter Grebe	individual	Veterano M45	03:11:08	+01:29:18	11:15
418	1361	David Teixeira	individual	Senior Masculino	03:11:11	+01:29:21	11:15
419	1569	Paula Cristina Cordeiro	os trinca espinhas	Veterana F45	03:11:14	+01:29:24	11:15
420	1193	Dina Barroca	casa do benfica de condeixa	Veterana F45	03:11:28	+01:29:39	11:16
421	1398	Nuno Almeida	individual	Senior Masculino	03:11:42	+01:29:52	11:17

TRAIL CURTO - STAGE 1

17 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
422	1299	Sandra Jerónimo	grupo desportivo da parreira	Senior Feminino	03:11:54	+01:30:04	11:17
423	1537	José Oliveira	montanha clube trail running/efapel	Sub 23 Masculino	03:11:55	+01:30:05	11:17
424	1445	David José Alves	individual	Veterano M40	03:12:00	+01:30:11	11:18
425	1093	Catarina Gomes	arsm - associação recreativa de s. miguel	Veterana F40	03:12:07	+01:30:17	11:18
426	1729	Daniel Peneda	individual	Senior Masculino	03:12:23	+01:30:33	11:19
427	1678	Jacqueline Dias	tribo nr	Veterana F50	03:12:51	+01:31:01	11:21
428	1196	Maria Hortense Farropas Baptista	cbrunning team	Veterana F60	03:13:22	+01:31:32	11:23
429	1463	Nuno Paiva	individual	Veterano M40	03:13:31	+01:31:42	11:23
430	1456	Luiz António de Souza Ferreira	individual	Veterano M40	03:13:34	+01:31:44	11:23
431	1612	Igor Rodrigues	roda dianteira	Senior Masculino	03:14:02	+01:32:13	11:25
432	1116	eduardo ferreira	atletismo clube da tocha	Senior Masculino	03:14:11	+01:32:21	11:25
433	1366	Eduardo Luís Cortês Gonçalves	individual	Senior Masculino	03:14:24	+01:32:35	11:26
434	1431	Filomena de Jesus Pinheiro Aragonez Cordeiro	acportalegre/utsm	Veterana F45	03:14:32	+01:32:42	11:27
435	1599	Ana Inácio	pace.makers	Senior Feminino	03:14:32	+01:32:43	11:27
436	1666	Joni Pandeirada Rocha	tainadas run team	Senior Masculino	03:15:28	+01:33:38	11:30
437	1145	Bruno Andre Oliveira Abrantes	caminhar ao luar	Senior Masculino	03:15:45	+01:33:55	11:31
438	1271	Inês Sofia Marques Dias	fernando	Senior Feminino	03:15:57	+01:34:07	11:32
439	1693	Cristina Meireles	umelga runners	Veterana F55	03:16:15	+01:34:26	11:33
440	1557	Fernando Luis	o mundo da corrida	Veterano M60	03:16:18	+01:34:28	11:33
441	1234	Kevin Gaspar	dá-lhe gás team	Senior Masculino	03:17:00	+01:35:10	11:35
442	1068	Rui Monteiro	arcd venda da luisa	Senior Masculino	03:17:18	+01:35:28	11:36
443	1309	Catarina Sofia Oliveira Romualdo	grvilaverdense	Veterana F40	03:17:38	+01:35:49	11:38
444	1419	Ivo Pereira	individual	Sub 23 Masculino	03:18:07	+01:36:17	11:39
445	1507	Francisco Madeira	individual	Veterano M55	03:18:39	+01:36:49	11:41
446	1316	Paulo Sérgio carvalho Freitas Pereira	grvilaverdense	Veterano M45	03:18:44	+01:36:54	11:41
447	1608	Carlos Martins	porto sentido runners	Veterano M50	03:19:09	+01:37:19	11:43
448	1568	Maria Trindade	os trinca espinhas	Veterana F45	03:19:32	+01:37:42	11:44
449	1112	Dora Neves	assscc ar livre e aventura	Veterana F45	03:19:32	+01:37:42	11:44
450	1682	Laura Luísa Pires Correia	ugas trail running	Junior Feminino	03:19:32	+01:37:42	11:44
451	1106	Dinis Esteves	asdrej	Veterano M40	03:19:42	+01:37:52	11:45
452	1704	Sandra Agra	vikings trail runners / ccr alcabideque	Senior Feminino	03:20:01	+01:38:11	11:46
453	1509	João Gante Góis	formobike btt & trail running	Veterano M55	03:20:17	+01:38:27	11:47
454	1228	Sandra Gomes	dá-lhe gás team	Senior Feminino	03:20:20	+01:38:30	11:47
455	1071	Carla Freire	arcd venda da luisa	Veterana F40	03:20:27	+01:38:38	11:48
456	1404	Pedro Lopes	individual	Senior Masculino	03:21:10	+01:39:20	11:50
457	1606	Elisabete Loureiro	porto sentido runners	Veterana F45	03:21:23	+01:39:33	11:51
458	1703	Patrícia Isabel da Costa Simões	vikings trail runners / ccr alcabideque	Senior Feminino	03:21:33	+01:39:43	11:51
459	1547	Ricardo Peneda	município de vila nova de poiares	Veterano M40	03:22:17	+01:40:27	11:54
460	1548	João Miguel Sousa Henriques	município de vila nova de poiares	Veterano M45	03:22:17	+01:40:27	11:54
461	1155	Ricardo Jorge Ferreira Silva Valença Escada	caminhar ao luar	Sub 23 Masculino	03:22:37	+01:40:47	11:55
462	1133	Gina Lopes	c b viseu running team	Senior Feminino	03:22:41	+01:40:52	11:55

TRAIL CURTO - STAGE 1

17 KM

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
463	1134	Gaudêncio Lopes	c b viseu running team	Veterano M45	03:22:43	+01:40:53	11:56
464	1367	Emanuel da Silva Oliveira Casimiro	individual	Senior Masculino	03:22:46	+01:40:56	11:56
465	1675	Vitor Dias	trail bela bela	Senior Masculino	03:23:01	+01:41:11	11:57
466	1244	Luz Costa	dão nelas runners	Veterana F45	03:23:57	+01:42:07	12:00
467	1181	Nuno Fernandes	caminhar ao luar	Veterano M45	03:24:05	+01:42:15	12:00
468	1024	Celia Simoes	acrd/psp viseu runners	Senior Feminino	03:25:33	+01:43:43	12:05
469	1150	Tiago Andre Alves Madeira	caminhar ao luar	Senior Masculino	03:25:33	+01:43:44	12:06
470	1190	Orlando Almeida	casa do benfica de condeixa	Senior Masculino	03:25:38	+01:43:49	12:06
471	1142	MARA PATRICIA SOARES PEREIRA	caminhar ao luar	Senior Feminino	03:25:40	+01:43:51	12:06
472	1565	Nuno Vasconcelos Ceia	os trinca espinhas	Senior Masculino	03:25:58	+01:44:08	12:07
473	1571	Guilherme Jorge Reis Trindade	os trinca espinhas	Veterano M40	03:25:58	+01:44:08	12:07
474	1625	Sonia Cardoso	running prãbjeca	Veterana F40	03:26:13	+01:44:24	12:08
475	1626	Luis Cardoso	running prãbjeca	Veterano M45	03:26:14	+01:44:24	12:08
476	1560	Alexandre Vaqueiro	os ponta branca udatalaiense	Veterano M40	03:26:47	+01:44:57	12:10
477	1311	Joel Vicente Jacinto	grvilaverdense	Veterano M40	03:27:08	+01:45:19	12:11
478	1138	Mariana Sofia dos Santos Fernandes	caminhar ao luar	Junior Feminino	03:27:10	+01:45:21	12:11
479	1677	Telmo Fernandes	trepas montanhas	Senior Masculino	03:27:12	+01:45:23	12:11
480	1043	Teresa Realinho	ajc / glassdrive	Senior Feminino	03:27:14	+01:45:24	12:11
481	1052	Jéssica Correia	arcd venda da luisa	Senior Feminino	03:28:44	+01:46:55	12:17
482	1355	Bruno Jorge Carvalho Oliveira	individual	Senior Masculino	03:28:58	+01:47:08	12:18
483	1085	José Correia	arcd venda da luisa	Veterano M55	03:29:40	+01:47:50	12:20
484	1580	Fátima Malta	out 2 run/miro	Veterana F50	03:29:56	+01:48:07	12:21
485	1076	Cristina Melo	arcd venda da luisa	Veterana F45	03:30:17	+01:48:27	12:22
486	1078	Paula Palmeira	arcd venda da luisa	Veterana F50	03:30:17	+01:48:27	12:22
487	1031	Luis Filipe	aergóis trail running	Senior Masculino	03:30:37	+01:48:48	12:23
488	1496	Antonio Salgueiredo	individual	Veterano M50	03:30:54	+01:49:04	12:24
489	1120	Alexandre Costa	atletismo clube da tocha	Veterano M40	03:31:11	+01:49:21	12:25
490	1641	Ana Silva	soure mov	Veterana F40	03:31:32	+01:49:43	12:27
491	1659	ANTÓNIO NEVES	soure mov	Veterano M55	03:31:32	+01:49:43	12:27
492	1264	Rui Manuel Rodrigues Soares Magalhães	f4l	Senior Masculino	03:31:47	+01:49:57	12:27
493	1161	Natercia Bento	caminhar ao luar	Veterana F40	03:31:48	+01:49:58	12:28
494	1450	Francisco Jose Bandeira Rodrigues	individual	Veterano M40	03:32:13	+01:50:24	12:29
495	1430	Fernanda Amélia Pires de Carvalho Coimbra	individual	Veterana F45	03:32:13	+01:50:24	12:29
496	1338	Raquel Moreira	individual	Senior Feminino	03:32:30	+01:50:40	12:30
497	1676	Bruno Duarte	trepas montanhas	Senior Masculino	03:32:33	+01:50:43	12:30
498	1137	Maria Francisca Martins	caminhar ao luar	Junior Feminino	03:32:57	+01:51:07	12:32
499	1720	Pedro Freire Rodrigues	vilaventura/sicódrink	Veterano M40	03:33:04	+01:51:14	12:32
500	1651	Sérgio Dias	soure mov	Veterano M40	03:33:58	+01:52:09	12:35
501	1528	Manuel Morais	mondego ultra trail	Senior Masculino	03:34:02	+01:52:13	12:35
502	1642	Catarina Cordeiro	soure mov	Veterana F40	03:34:05	+01:52:15	12:36
503	1645	Rosália Duarte	soure mov	Veterana F50	03:34:05	+01:52:15	12:36
504	1635	Rita Cordeiro	soure mov	Senior Feminino	03:34:05	+01:52:15	12:36

TRAIL CURTO - STAGE 1

17 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
505	1607	Sandra Carvalho	porto sentido runners	Veterana F45	03:34:22	+01:52:33	12:37
506	1029	Josephine Marques	aergóis trail running	Senior Feminino	03:34:46	+01:52:56	12:38
507	1567	Maria João valério	os trinca espinhas	Veterana F45	03:34:50	+01:53:00	12:38
508	1562	Dora Ricardo	os trinca espinhas	Senior Feminino	03:34:50	+01:53:00	12:38
509	1725	Gonçalo Lima	individual	Senior Masculino	03:34:51	+01:53:02	12:38
510	1171	ANGELO FONSECA	caminhar ao luar	Veterano M40	03:34:57	+01:53:08	12:39
511	1149	Samuel Santos	caminhar ao luar	Senior Masculino	03:34:58	+01:53:08	12:39
512	1483	Luis Brandão	individual	Veterano M45	03:35:14	+01:53:24	12:40
513	1163	Natercia Marques	caminhar ao luar	Veterana F45	03:37:23	+01:55:33	12:47
514	1425	LURDES RABAÇA	individual	Veterana F40	03:37:25	+01:55:35	12:47
515	1494	RUI VERMELHO	individual	Veterano M45	03:37:26	+01:55:36	12:47
516	1436	Sandra Rodrigues	individual	Veterana F45	03:37:46	+01:55:56	12:49
517	1041	Ana Romão	ajc / glassdrive	Senior Feminino	03:38:07	+01:56:17	12:50
518	1070	Ana Matos	arcd venda da luísa	Veterana F40	03:39:00	+01:57:10	12:53
519	1265	Jorge Manuel Sanches	f4l	Veterano M40	03:40:16	+01:58:26	12:57
520	1262	Carlos Filipe Polónio Figueiredo e Sousa	f4l	Senior Masculino	03:40:16	+01:58:26	12:57
521	1663	Carina Lourinho	stravistas vp	Senior Feminino	03:43:03	+02:01:13	13:07
522	1664	Rui Gonçalves	strong team	Veterano M50	03:43:03	+02:01:14	13:07
523	1665	Susy costa	minho aventura	Veterana F40	03:43:53	+02:02:04	13:10
524	1324	Ângela Neves	individual	Senior Feminino	03:44:19	+02:02:29	13:12
525	1736	Filipe Carvalho	more team	Veterano M50	03:44:42	+02:02:52	13:13
526	1543	Carla Carvalho	more team	Veterana F40	03:44:43	+02:02:53	13:13
527	1148	Rodrigo Martins	caminhar ao luar	Senior Masculino	03:45:26	+02:03:36	13:16
528	1205	António Pratas	cluve	Veterano M50	03:45:44	+02:03:55	13:17
529	1177	Ricardo Lopes	caminhar ao luar	Veterano M40	03:45:58	+02:04:08	13:18
530	1334	Liliana Teixeira	individual	Senior Feminino	03:46:05	+02:04:15	13:18
531	1157	FLAVIA MARGARIDA MARQUES LOPES	caminhar ao luar	Veterana F40	03:46:07	+02:04:17	13:18
532	1630	Luisa Mota	sempre juntos	Senior Feminino	03:46:11	+02:04:21	13:18
533	1631	Nuno Almeida	sempre juntos	Senior Masculino	03:46:11	+02:04:21	13:18
534	1266	Ana Cristina Novo Azeiteiro	farmácia luciano e matos	Senior Feminino	03:46:15	+02:04:26	13:19
535	1328	Diana Tavares	individual	Senior Feminino	03:46:22	+02:04:32	13:19
536	316	Pedro Almeida	ozxtreme/adcrpereira	Senior Masculino	03:46:34	+02:04:45	13:20
537	1511	Joaquim Fernando Martins Oliveira	individual	Veterano M60	03:46:40	+02:04:51	13:20
538	1462	Nuno Miguel Alves Simoes	individual	Veterano M40	03:46:40	+02:04:51	13:20
539	1373	Francisco José Aleixo Ramos	individual	Senior Masculino	03:46:56	+02:05:06	13:21
540	1343	sonia alexandra de almeida fernandes	individual	Senior Feminino	03:46:58	+02:05:09	13:21
541	1331	Flávia Micaela da Silva Baptista	individual	Senior Feminino	03:46:58	+02:05:09	13:21
542	1417	Eunice Quintas	individual	Sub 23 Feminino	03:47:12	+02:05:22	13:22
543	1226	Cátia Rodrigues	dá-lhe gás team	Senior Feminino	03:47:53	+02:06:03	13:24
544	1644	Dora Santos	soure mov	Veterana F45	03:48:05	+02:06:16	13:25
545	1173	Luis Paulo Silva Chelinho	caminhar ao luar	Veterano M40	03:49:43	+02:07:53	13:31
546	1610	Joana Isabel Cortez Cruz	roda dianteira	Senior Feminino	03:49:52	+02:08:02	13:31

TRAIL CURTO - STAGE 1
17 KM
OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
547	1238	Paula Silva	dá-lhe gás team	Veterana F40	03:49:57	+02:08:07	13:32
548	1153	Tiago Jose C Rodrigues	caminhar ao luar	Senior Masculino	03:50:04	+02:08:15	13:32
549	1370	Fábio Edmundo Coelho Neto Cubano	individual	Senior Masculino	03:50:43	+02:08:54	13:34
550	1183	Sérgio Nuno Duarte Almeida Marques	caminhar ao luar	Veterano M45	03:51:18	+02:09:29	13:36
551	1579	Sílvia Pedro	out 2 run/miro	Veterana F45	03:53:09	+02:11:19	13:43
552	1465	Nuno Vigário	individual	Veterano M40	03:53:51	+02:12:01	13:45
553	1689	Beatriz Martins Grilo	ugas trail running	Sub 23 Feminino	03:54:37	+02:12:47	13:48
554	1688	Angela Pires Escaroupa	ugas trail running	Sub 23 Feminino	03:54:38	+02:12:48	13:48
555	1643	Patrícia Beja	soure mov	Veterana F40	03:55:42	+02:13:53	13:52
556	1633	Daniela Bernardes	soure mov	Senior Feminino	03:55:43	+02:13:53	13:52
557	1636	ANDRÉ DUARTE	soure mov	Senior Masculino	03:55:43	+02:13:53	13:52
558	1146	Paulo Fachada	caminhar ao luar	Senior Masculino	03:55:43	+02:13:54	13:52
559	1330	Eva Moutinho	individual	Senior Feminino	03:56:09	+02:14:20	13:54
560	1342	Sara Santos	individual	Senior Feminino	03:56:10	+02:14:21	13:54
561	1298	Ana Coelho	grupo desportivo da parreira	Senior Feminino	03:56:15	+02:14:25	13:54
562	1191	Pedro Brito	casa do benfica de condeixa	Senior Masculino	03:56:29	+02:14:40	13:55
563	1276	Carlos Almeida	figueira kayak clube	Veterano M45	03:57:04	+02:15:15	13:57
564	1660	Elisabete Pereira	sport arronches e benfica	Senior Feminino	03:57:05	+02:15:15	13:57
565	1673	Sérgio Manuel Crespo Rosa	tertúlia dos tarecos	Senior Masculino	03:57:06	+02:15:16	13:57
566	1438	Iracema Jesus Alves Ferreira	individual	Veterana F50	03:57:07	+02:15:18	13:57
567	1441	Maria do Ceu Moreira Rodrigues	individual	Veterana F50	03:57:08	+02:15:18	13:57
568	1073	Graça Simões	arcd venda da luisa	Veterana F40	03:57:26	+02:15:36	13:58
569	1172	BRUNO MIGUEL RODRIGUES MURTA	caminhar ao luar	Veterano M40	04:02:18	+02:20:28	14:15
570	1034	Liliana Pinto	aergóis trail running	Veterana F45	04:02:20	+02:20:30	14:15
571	1683	Catarina Escaroupa	ugas trail running	Senior Feminino	04:03:37	+02:21:47	14:20
572	1723	BRUNO FILIPE FERREIRA SIMÕES	get up	Senior Masculino	04:03:54	+02:22:05	14:21
573	1295	Francisco José dos Santos Marques	get up	Senior Masculino	04:03:57	+02:22:07	14:21
574	1296	Hugo Rafael dos Santos Marques	get up	Senior Masculino	04:03:58	+02:22:09	14:21
575	1344	Alexandre Daniel Santos Ferreira	individual	Senior Masculino	04:04:52	+02:23:02	14:24
576	1297	Hugo Miguel Boieiro dos Santos	gin. qtª do valbom - aalcochete	Veterano M40	04:05:25	+02:23:35	14:26
577	1586	Andreia Costa	ozxtreme/adrcpereira	Senior Feminino	04:06:27	+02:24:37	14:30
578	1724	JORGE FILIPE CARVALHO ANTUNES	individual	Senior Masculino	04:06:28	+02:24:38	14:30
579	1279	Rui Palrinhas	flashover - bvpenela	Senior Masculino	04:07:25	+02:25:35	14:33
580	1559	Cláudia Ferreira	os ponta branca udatalaiense	Veterana F45	04:08:01	+02:26:12	14:35
581	1558	Patrícia Antunes	os ponta branca udatalaiense	Veterana F40	04:08:02	+02:26:12	14:35
582	1577	Rafael Ferreira	out 2 run/miro	Sub 23 Masculino	04:08:10	+02:26:20	14:36
583	1291	Ana santinho	gáfeterunners	Senior Feminino	04:08:54	+02:27:04	14:38
584	1692	Joana Vieira	umelga runners	Senior Feminino	04:09:02	+02:27:12	14:39
585	1423	Dina Ferreira	individual	Veterana F40	04:10:09	+02:28:20	14:43

TRAIL CURTO - STAGE 1

17 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
586	1336	Maryline Ferreira Dos Santos	individual	Senior Feminino	04:11:04	+02:29:14	14:46
587	1413	Vasco Alexandre Neves Melo Silva	individual	Senior Masculino	04:11:04	+02:29:15	14:46
588	1364	Edmundo Filipe Antunes Marquês	individual	Senior Masculino	04:11:58	+02:30:08	14:49
589	1728	Adriana Gomes	individual	Sub 23 Feminino	04:11:59	+02:30:09	14:49
590	1451	Jorge Manuel Ferreira Rato	individual	Veterano M40	04:12:01	+02:30:11	14:49
591	1410	Tiago Filipe Antunes Nunes	individual	Senior Masculino	04:12:06	+02:30:16	14:50
592	1424	Heloise Rodrigues	individual	Veterana F40	04:12:41	+02:30:51	14:52
593	1409	Sergio Ferreira	individual	Senior Masculino	04:13:05	+02:31:15	14:53
594	1195	Nuno Miguel Dias Alves	casa do benfica de condeixa	Veterano M45	04:13:07	+02:31:17	14:53
595	1185	Valdemar Abrantes Soares	caminhar ao luar	Veterano M50	04:14:56	+02:33:06	15:00
596	1165	CIDALIA LOURENÇO ABRANTES	caminhar ao luar	Veterana F50	04:14:56	+02:33:07	15:00
597	1164	VERA MARQUES	caminhar ao luar	Veterana F45	04:14:57	+02:33:07	15:00
598	1169	Maria Rosa Simoes Rodrigues Abrantes	caminhar ao luar	Veterana F55	04:15:09	+02:33:20	15:01
599	1616	Susana Simões	roda dianteira	Veterana F40	04:15:30	+02:33:41	15:02
600	1620	Bruno Miguel C. Cunha	roda dianteira	Veterano M40	04:15:31	+02:33:41	15:02
601	1617	Anabela Duarte T. Cunha	roda dianteira	Veterana F45	04:15:31	+02:33:41	15:02
602	1294	José Vicente	gdazambuja - trail team	Veterano M40	04:15:32	+02:33:42	15:02
603	1432	Helena Marisa Ruivo Coelho Lopes	individual	Veterana F45	04:17:56	+02:36:06	15:10
604	1472	André Pedro Rodrigues dos Santos	individual	Veterano M45	04:18:01	+02:36:12	15:11
605	1025	Patricia Ribeiro	acrd/psp viseu runners	Senior Feminino	04:23:45	+02:41:56	15:31
606	1340	Sandra Raquel de Jesus Ribeiro	out 2 run/miro	Senior Feminino	04:24:25	+02:42:35	15:33
607	1583	Celso Ferreira	out 2 run/miro	Veterano M50	04:24:28	+02:42:38	15:33
608	1428	Alcina Malta	individual	Veterana F45	04:24:32	+02:42:43	15:34
609	1053	Joana Ferreira	arcd venda da luisa	Senior Feminino	04:26:30	+02:44:40	15:41
610	1051	Ana Valente	arcd venda da luisa	Senior Feminino	04:26:30	+02:44:40	15:41
611	1627	MARTA LOUREIRO	santiagobikes	Veterana F40	04:26:43	+02:44:53	15:41
612	1042	Catia Crastes	ajc / glassdrive	Senior Feminino	04:27:19	+02:45:30	15:44
613	1048	Ana Isabel França	ajc / glassdrive	Veterana F40	04:27:19	+02:45:30	15:44
614	1144	Teresa Cruz	caminhar ao luar	Senior Feminino	04:28:00	+02:46:11	15:46
615	1699	Rafael Marques	uniic_os	Veterano M40	04:30:33	+02:48:44	15:55
616	1212	Margarida Santos	cmmourinho - escaravelhos	Veterana F40	04:31:20	+02:49:30	15:58
617	1213	Lurdes Gouveia	cmmourinho - escaravelhos	Veterana F50	04:31:20	+02:49:30	15:58
618	1353	Bruno Ferreira	individual	Senior Masculino	04:36:11	+02:54:21	16:15
619	1160	MARYLINE DUCRUET PEREIRA	caminhar ao luar	Veterana F40	04:36:27	+02:54:38	16:16
620	1167	MARIA CONCEIÇÃO FARELEIRO CARDOSO ALMEIDA	caminhar ao luar	Veterana F50	04:36:29	+02:54:39	16:16
621	1166	LUZIA MARTINS	caminhar ao luar	Veterana F50	04:36:29	+02:54:39	16:16
622	1141	CRISTINA SOFIA ABRANTES SIMOES	caminhar ao luar	Senior Feminino	04:36:29	+02:54:40	16:16
623	1159	MARLENE BERNARDES	caminhar ao luar	Veterana F40	04:36:51	+02:55:01	16:17

TRAIL CURTO - STAGE 1

17 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
624	1170	AMILCAR CASIMIRO DE OLIVEIRA	caminhar ao luar	Veterano M40	04:36:52	+02:55:03	16:17
625	1435	SANDRA MARIA ALVES DA SILVA	individual	Veterana F45	04:45:31	+03:03:42	16:48
626	1337	OLGA MARIA CARVALHO FERNANDES	individual	Senior Feminino	04:45:32	+03:03:42	16:48
627	1162	Sonia Cruz	caminhar ao luar	Veterana F40	04:51:27	+03:09:38	17:09
628	1168	Silvina Baptista	caminhar ao luar	Veterana F50	04:56:57	+03:15:08	17:28
629	1143	Sónia Fernandes	caminhar ao luar	Senior Feminino	05:03:54	+03:22:04	17:53
630	1623	Silvino Figueiredo Cunha	roda dianteira	Veterano M55	05:23:27	+03:41:37	19:02
631	1618	Isabel Dias Carmim	roda dianteira	Veterana F55	05:23:54	+03:42:04	19:03
632	1322	Andreia Pimenta	individual	Senior Feminino	05:51:02	+04:09:12	20:39
633	1433	Manuela Maria Trabassos Goncalves	individual	Veterana F45	05:51:04	+04:09:14	20:39
634	1329	Elisabete santos Cunha	individual	Senior Feminino	05:51:06	+04:09:16	20:39
635	1327	Carla Sofia Salvado Batista	individual	Senior Feminino	05:51:07	+04:09:17	20:39
636	1335	Marina Isabel Silva Reis	individual	Senior Feminino	05:51:08	+04:09:18	20:39
637	1437	Gorete Pereira	individual	Veterana F50	05:51:10	+04:09:20	20:39
638	1088	Rita Carvalho	arism - associação recreativa de s. miguel	Senior Feminino	06:13:22	+04:31:33	21:58
639	1098	Oscar Simões	arism - associação recreativa de s. miguel	Veterano M40	06:13:23	+04:31:33	21:58
640	1429	Ana Paula Silva	individual	Veterana F45	06:13:23	+04:31:34	21:58

Trail Curto

17 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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63	1291	Ana santinho	gáfeterunners	Senior Feminino	04:08:54	+02:27:04	14:38
64	1692	Joana Vieira	Umelga Runners	Senior Feminino	04:09:02	+02:27:12	14:39
65	1336	Maryline Ferreira Dos Santos	Individual	Senior Feminino	04:11:04	+02:29:14	14:46
66	1025	Patricia Ribeiro	ACRD/PSP Viseu Runners	Senior Feminino	04:23:45	+02:41:56	15:31
67	1340	Sandra Raquel de Jesus Ribeiro	out 2 run/Miro	Senior Feminino	04:24:25	+02:42:35	15:33
68	1053	Joana Ferreira	ARCD Venda da Luisa	Senior Feminino	04:26:30	+02:44:40	15:41
69	1051	Ana Valente	ARCD Venda da Luisa	Senior Feminino	04:26:30	+02:44:40	15:41
70	1042	Catia Crastes	AJC / Glassdrive	Senior Feminino	04:27:19	+02:45:30	15:44
71	1144	Teresa Cruz	Caminhar ao Luar	Senior Feminino	04:28:00	+02:46:11	15:46
72	1141	CRISTINA SOFIA ABRANTES SIMOES	Caminhar ao Luar	Senior Feminino	04:36:29	+02:54:40	16:16
73	1337	OLGA MARIA CARVALHO FERNANDES	Individual	Senior Feminino	04:45:32	+03:03:42	16:48
74	1143	Sónia Fernandes	Caminhar ao Luar	Senior Feminino	05:03:54	+03:22:04	17:53
75	1322	Andreia Pimenta	Individual	Senior Feminino	05:51:02	+04:09:12	20:39
76	1329	Elisabete santos Cunha	Individual	Senior Feminino	05:51:06	+04:09:16	20:39
77	1327	Carla Sofia Salvado Batista	Individual	Senior Feminino	05:51:07	+04:09:17	20:39
78	1335	Marina Isabel Silva Reis	Individual	Senior Feminino	05:51:08	+04:09:18	20:39
79	1088	Rita Carvalho	ARSM - Associação Recreativa de S. Miguel	Senior Feminino	06:13:22	+04:31:33	21:58

Senior Masculino

1	1245	Emanuel Machado	DAP Trail Team	Senior Masculino	01:42:02	+00:13	06:00
2	1714	Pedro Tiago Mendes	VIKINGS TRAIL RUNNERS / CCR ALCABIDEQUE	Senior Masculino	01:45:31	+03:41	06:12
3	1038	Marco Gaspar	Águeda Action Club ACTIB	Senior Masculino	01:47:56	+06:06	06:21
4	1003	João Pimentel	A.R.Casaense/Escola de Atletismo de Coimbra/Intermarché Condeixa	Senior Masculino	01:49:00	+07:10	06:25
5	1060	Joaquim Baltazar	ARCD Venda da Luisa	Senior Masculino	01:53:04	+11:14	06:39
6	1535	Nuno veloso	Montanha Clube Trail Running/Efapel	Senior Masculino	01:53:30	+11:41	06:41
7	1726	Hugo Ventura	Ozxtreme/ADCRPereira	Senior Masculino	01:54:02	+12:13	06:43
8	1706	Bruno Miguel Oliveira Ribeiro	VIKINGS TRAIL RUNNERS / CCR ALCABIDEQUE	Senior Masculino	01:54:36	+12:46	06:44
9	1589	João Sacramento	Ozxtreme/ADCRPereira	Senior Masculino	01:55:24	+13:34	06:47
10	1591	Marco Ferreira	Ozxtreme/ADCRPereira	Senior Masculino	01:55:48	+13:58	06:49
11	1629	Vitor Francisco	SCPovoense - Caracóis de Corrida	Senior Masculino	01:56:41	+14:51	06:52
12	1209	João Alves	CMMourinho - Escaravelhos	Senior Masculino	01:57:46	+15:56	06:56
13	1387	José Santos	Individual	Senior Masculino	01:58:16	+16:26	06:57
14	1711	Mauro Daniel Silva Martins	VIKINGS TRAIL RUNNERS / CCR ALCABIDEQUE	Senior Masculino	01:58:59	+17:09	07:00
15	1268	David Cunha Silva	Farmácia Luciano e Matos	Senior Masculino	01:59:42	+17:52	07:02
16	1416	Vitor Santos	Individual	Senior Masculino	02:00:06	+18:16	07:04
17	1731	Carlos Vicente	Montanha Clube Trail Running/Efapel	Senior Masculino	02:01:12	+19:22	07:08
18	1057	Artur Gândara	ARCD Venda da Luisa	Senior Masculino	02:01:17	+19:27	07:08
19	1278	André Carvalheiro	Fitting Point	Senior Masculino	02:01:28	+19:39	07:09
20	1272	José Carlos Cachola Mestre	Fernando	Senior Masculino	02:01:48	+19:58	07:10

Trail Curto

17 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

21	1415	Vital Manuel Silva soares	Individual	Senior Masculino	02:02:31	+20:41	07:12
22	1009	João Farinha	AC PORTALEGRE / UTSM	Senior Masculino	02:03:06	+21:16	07:15
23	1058	César Ramalho	ARCD Venda da Luisa	Senior Masculino	02:03:11	+21:22	07:15
24	1351	Bruno Casal	Individual	Senior Masculino	02:03:12	+21:23	07:15
25	1378	Javier Albanil Mogollón	Individual	Senior Masculino	02:03:23	+21:33	07:15
26	1130	Fernando Santos	BOSSRUNNERS TEAM	Senior Masculino	02:03:53	+22:03	07:17
27	1251	Miguel Viegas	DCI/Pedrulha-Mealhada	Senior Masculino	02:03:57	+22:08	07:18
28	1254	Célio Duarte	Deixa passar	Senior Masculino	02:04:03	+22:14	07:18
29	1356	Bruno Simões	Trail Bela Bela	Senior Masculino	02:04:16	+22:26	07:19
30	1258	Pedro Filipe Dias Moreira	Escola de Atletismo de Coimbra / Intermarche Condeixa	Senior Masculino	02:04:26	+22:36	07:19
31	1732	Hugo Conde	Montanha Clube Trail Running/Efapel	Senior Masculino	02:05:20	+23:30	07:22
32	1260	Vítor Dias	Escola de Atletismo de Coimbra / Intermarche Condeixa	Senior Masculino	02:05:41	+23:51	07:24
33	1008	Bruno Neves	AC PORTALEGRE / UTSM	Senior Masculino	02:07:33	+25:43	07:30
34	1536	Tiago Rodrigues	Montanha Clube Trail Running/Efapel	Senior Masculino	02:07:45	+25:55	07:31
35	1531	Fernando Manuel Simões Bastos	Montanha Clube Trail Running/Efapel	Senior Masculino	02:08:27	+26:37	07:33
36	1049	Fernando Machado	Almatrail	Senior Masculino	02:08:32	+26:42	07:34
37	1015	Tiago moreno	ACDRS QUINHENDROS	Senior Masculino	02:08:36	+26:47	07:34
38	1686	Miguel José Pereira Neves	UGAS TRAIL Running	Senior Masculino	02:08:36	+26:47	07:34
39	1396	Miguel Ramos	Individual	Senior Masculino	02:08:36	+26:47	07:34
40	1710	Jorge Humberto Correia Bento	VIKINGS TRAIL RUNNERS / CCR ALCABIDEQUE	Senior Masculino	02:08:37	+26:47	07:34
41	1403	Pedro Longuinho	Individual	Senior Masculino	02:08:38	+26:48	07:34
42	1684	Daniel Marques dos Santos	UGAS TRAIL Running	Senior Masculino	02:08:38	+26:48	07:34
43	1708	Diogo Filipe Oliveira Alves	VIKINGS TRAIL RUNNERS / CCR ALCABIDEQUE	Senior Masculino	02:09:06	+27:17	07:36
44	1533	Gonçalo Paulo	Montanha Clube Trail Running/Efapel	Senior Masculino	02:09:57	+28:08	07:39
45	1118	Tiago Duarte	Atletismo Clube da Tocha	Senior Masculino	02:10:28	+28:38	07:41
46	1388	José Sereno	Individual	Senior Masculino	02:12:08	+30:18	07:46
47	1346	Andre Filipe Correia Leal	Individual	Senior Masculino	02:12:29	+30:39	07:48
48	1674	Bruno Cardoso	Trail Bela Bela	Senior Masculino	02:12:29	+30:39	07:48
49	1613	Mauro André da Costa Gonçalves	Roda Dianteira	Senior Masculino	02:12:44	+30:55	07:49
50	1014	MÁRCIO RODRIGUES	ACDRS QUINHENDROS	Senior Masculino	02:13:01	+31:12	07:50
51	1231	António Rufino	Dá-lhe Gás team	Senior Masculino	02:13:20	+31:31	07:51
52	1115	Bruno Marques	Atletismo Clube da Tocha	Senior Masculino	02:13:43	+31:54	07:52
53	1013	Bruno Torreira	ACDRS QUINHENDROS	Senior Masculino	02:14:05	+32:15	07:53
54	1588	Carlos Correia	Ozxtreme/ADCRPereira	Senior Masculino	02:14:06	+32:16	07:53
55	1232	Fábio Roxo	Dá-lhe Gás team	Senior Masculino	02:14:24	+32:34	07:54
56	1230	André Pereira	Dá-lhe Gás team	Senior Masculino	02:14:27	+32:37	07:55
57	1090	André Magalhães	ARSM - Associação Recreativa de S. Miguel	Senior Masculino	02:14:51	+33:01	07:56
58	1292	Gonçalo Batista	Gatões BTT	Senior Masculino	02:15:21	+33:32	07:58
59	1235	Tomé Lopes	Dá-lhe Gás team	Senior Masculino	02:15:42	+33:52	07:59
60	1715	Tiago Matias	VIKINGS TRAIL RUNNERS / CCR ALCABIDEQUE	Senior Masculino	02:15:43	+33:53	07:59

Trail Curto

17 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

61	1550	Nelson Filipe de Almeida Heleno	Nelson	Senior Masculino	02:16:00	+34:10	08:00
62	1601	Bruno Julião	PÉS TROIKADOS - CSCS	Senior Masculino	02:16:25	+34:36	08:02
63	1402	Pedro Domingues	Individual	Senior Masculino	02:16:39	+34:49	08:02
64	1030	António Figueiredo	AERGOIS Trail Running	Senior Masculino	02:16:43	+34:53	08:03
65	1037	Marcelo Silva	Águeda Action Club ACTIB	Senior Masculino	02:18:46	+36:56	08:10
66	1135	Pedro Vieira	C.C.Recreativo de São Martinho	Senior Masculino	02:18:48	+36:58	08:10
67	1032	Luis Miranda	AERGOIS Trail Running	Senior Masculino	02:19:16	+37:27	08:12
68	1064	Nelson Correia	ARCD Venda da Luisa	Senior Masculino	02:19:21	+37:32	08:12
69	1394	Marco Cunha	Individual	Senior Masculino	02:19:29	+37:39	08:12
70	1131	João Calado	BOSSRUNNERS TEAM	Senior Masculino	02:19:45	+37:55	08:13
71	1208	André Coelho	CMMourinho - Escaravelhos	Senior Masculino	02:19:57	+38:07	08:14
72	1640	Márcio Felício	Soure Mov	Senior Masculino	02:19:58	+38:08	08:14
73	1117	Nélio Oliveira	Atletismo Clube da Tocha	Senior Masculino	02:20:07	+38:17	08:15
74	1709	Goncalo Goncalves	VIKINGS TRAIL RUNNERS / CCR ALCABIDEQUE	Senior Masculino	02:20:40	+38:50	08:16
75	1614	Romeu Carvalho	Roda Dianteira	Senior Masculino	02:21:29	+39:40	08:19
76	1397	Nelson Neves	Individual	Senior Masculino	02:21:48	+39:59	08:21
77	1638	Carlos Cardoso	Soure Mov	Senior Masculino	02:21:50	+40:00	08:21
78	1302	Luis Andrade	Grupo desportivo Ferreirense/Mountain trails	Senior Masculino	02:22:47	+40:57	08:24
79	1111	Tiago da Silva Rodrigues	Associação Pombal Jovem	Senior Masculino	02:22:54	+41:04	08:24
80	1348	Antonio Camilo	Individual	Senior Masculino	02:24:31	+42:41	08:30
81	1534	João Tiago Costa	Montanha Clube Trail Running/Efapel	Senior Masculino	02:25:28	+43:38	08:33
82	1637	André Neto	Soure Mov	Senior Masculino	02:26:15	+44:25	08:36
83	1358	Cristiano Jesus Santos	Individual	Senior Masculino	02:26:26	+44:36	08:37
84	1154	VITOR MIGUEL RODRIGUES ESCADA	Caminhar ao Luar	Senior Masculino	02:26:27	+44:37	08:37
85	1247	David Madeira	David	Senior Masculino	02:26:27	+44:37	08:37
86	1062	Marco Oliveira	ARCD Venda da Luisa	Senior Masculino	02:26:42	+44:52	08:38
87	1685	João Grilo Ramos	UGAS TRAIL Running	Senior Masculino	02:28:18	+46:28	08:43
88	1530	Bruno Marques	Montanha Clube Trail Running/Efapel	Senior Masculino	02:28:54	+47:04	08:46
89	1687	Sérgio Miguel Moita Santos	UGAS TRAIL Running	Senior Masculino	02:29:22	+47:33	08:47
90	1369	Eugénio Santos	Individual	Senior Masculino	02:29:59	+48:10	08:49
91	1200	Daniel da Silva Freire Luis	Clube de Atletismo Trail Runners da Ponte	Senior Masculino	02:30:13	+48:23	08:50
92	1371	Fábio Silva Costa	Individual	Senior Masculino	02:30:43	+48:53	08:52
93	1216	Francisco Morais	Coimbra Trail Running	Senior Masculino	02:31:26	+49:37	08:55
94	1372	Francisco António Miranda Calejo	Individual	Senior Masculino	02:31:30	+49:40	08:55
95	1395	Miguel Angelo Pacheco Cruz	Individual	Senior Masculino	02:33:44	+51:54	09:03
96	1411	Tiago Manuel Costa Simões	Individual	Senior Masculino	02:34:19	+52:30	09:05
97	1695	António Manuel Ferreira Mendes	UNIIC_OS	Senior Masculino	02:34:31	+52:42	09:05
98	1381	João Carlos Filipe Costa	Individual	Senior Masculino	02:34:51	+53:02	09:07
99	1359	DANY ALEXANDRE RAMOS GRILO	Individual	Senior Masculino	02:35:01	+53:11	09:07
100	1401	Pedro Cardoso	Individual	Senior Masculino	02:35:28	+53:38	09:09
101	1360	David Cunha	Individual	Senior Masculino	02:35:38	+53:49	09:09
102	1375	Gonçalo Araújo Marques	Individual	Senior Masculino	02:35:48	+53:58	09:10

Trail Curto

17 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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103	1012	Bruno Brás	ACDRS QUINHENDROS	Senior Masculino	02:36:43	+54:53	09:13
104	1152	Tiago Fernandes	Caminhar ao Luar	Senior Masculino	02:37:31	+55:41	09:16
105	1393	Marco António Ventura Santos	Individual	Senior Masculino	02:37:39	+55:49	09:16
106	1044	Filipe Duarte Quintas Rasteiro	AJC / Glassdrive	Senior Masculino	02:38:24	+56:34	09:19
107	1392	Manuel Rodrigues	Individual	Senior Masculino	02:38:26	+56:36	09:19
108	1307	Alex Pedro da Silva	GRVilaverdense	Senior Masculino	02:39:21	+57:32	09:22
109	1301	José Gil Andrade	Grupo Desportivo Ferreirense/Mountain trails	Senior Masculino	02:41:15	+59:26	09:29
110	1233	Fernando Freire	Dá-lhe Gás team	Senior Masculino	02:42:17	+01:00:28	09:33
111	1386	Joao monteiro	Individual	Senior Masculino	02:42:25	+01:00:36	09:33
112	1520	José Carvalheira	Linces de Montemor	Senior Masculino	02:42:30	+01:00:40	09:34
113	1391	Luis Filipe Pereira Antunes	Individual	Senior Masculino	02:42:35	+01:00:45	09:34
114	1363	Diogo Rosário	Individual	Senior Masculino	02:43:22	+01:01:33	09:37
115	1389	Kiko Pereira	Individual	Senior Masculino	02:44:02	+01:02:12	09:39
116	1376	Hugo Pacheco	Individual	Senior Masculino	02:44:39	+01:02:49	09:41
117	1282	Nuno Coelho	FormoBike Btt & Trail Running	Senior Masculino	02:44:52	+01:03:02	09:42
118	1308	Ricardo Pereira	GRVilaverdense	Senior Masculino	02:45:00	+01:03:10	09:42
119	1551	Nuno Miguel Silva Coutinho	NORTE e SOURE	Senior Masculino	02:45:27	+01:03:38	09:44
120	1668	Fábio Daniel Pocinho Silva	Tarahumara	Senior Masculino	02:46:02	+01:04:12	09:46
121	1123	Pedro Figueiredo	Bio Team Run	Senior Masculino	02:46:04	+01:04:14	09:46
122	1365	Eduardo Bento	Individual	Senior Masculino	02:46:10	+01:04:20	09:46
123	1345	ALEXANDRE MARQUES	Individual	Senior Masculino	02:46:22	+01:04:33	09:47
124	1407	Rui Baptista	Individual	Senior Masculino	02:46:24	+01:04:35	09:47
125	1362	Diogo Figueiredo	Individual	Senior Masculino	02:46:44	+01:04:54	09:49
126	1273	Rogério Ribeiro	Figueira Kayak Clube	Senior Masculino	02:46:52	+01:05:02	09:49
127	1269	João Filipe Novo Azeiteiro	Farmácia Luciano e Matos	Senior Masculino	02:47:11	+01:05:22	09:50
128	1250	Hélder Lopes	DCI/Pedrolha-Mealhada	Senior Masculino	02:48:16	+01:06:26	09:54
129	1065	Pedro Longuinho	ARCD Venda da Luisa	Senior Masculino	02:48:25	+01:06:36	09:54
130	1067	Ruben Almeida	ARCD Venda da Luisa	Senior Masculino	02:48:26	+01:06:36	09:54
131	1091	José Nunes	ARSM - Associação Recreativa de S. Miguel	Senior Masculino	02:48:44	+01:06:54	09:56
132	1045	João Miguel Fernandes	AJC / Glassdrive	Senior Masculino	02:48:52	+01:07:02	09:56
133	1028	Ricardo Nunes	ACRM Silveirinha Grande Claras	Senior Masculino	02:50:16	+01:08:26	10:01
134	1399	Nuno Filipe Jordão Carvalho	Individual	Senior Masculino	02:50:49	+01:08:59	10:03
135	1405	Pedro Marques	Individual	Senior Masculino	02:50:53	+01:09:03	10:03
136	1259	Ricardo André Pereira dos Santos	Escola de Atletismo de Coimbra / Intermarche Condeixa	Senior Masculino	02:50:54	+01:09:04	10:03
137	1730	Marco Vintém	AJC / Glassdrive	Senior Masculino	02:50:55	+01:09:05	10:03
138	1379	Joao	Individual	Senior Masculino	02:51:27	+01:09:38	10:05
139	1189	Nuno Tiago Santos Pires	Casa do Benfica de Condeixa	Senior Masculino	02:51:33	+01:09:44	10:06
140	1011	André Azambujo	ACDRS QUINHENDROS	Senior Masculino	02:51:37	+01:09:48	10:06
141	1063	Mauro Silva	ARCD Venda da Luisa	Senior Masculino	02:52:42	+01:10:52	10:10
142	1519	Luis Vieira	Kunalama runners	Senior Masculino	02:54:54	+01:13:04	10:17
143	1046	José Filipe Fernandes	AJC / Glassdrive	Senior Masculino	02:59:40	+01:17:50	10:34
144	1734	Ricardo Andre Pereira da Silva	out 2 run/Miro	Senior Masculino	03:00:34	+01:18:45	10:37
145	1639	GONÇALO MAMEDE	Soure Mov	Senior Masculino	03:01:02	+01:19:12	10:39
146	1151	Tiago Cruz	Caminhar ao Luar	Senior Masculino	03:02:53	+01:21:03	10:45

Trail Curto
17 KM
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION
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190	1636	ANDRÉ DUARTE	Soure Mov	Senior Masculino	03:55:43	+02:13:53	13:52
191	1146	Paulo Fachada	Caminhar ao Luar	Senior Masculino	03:55:43	+02:13:54	13:52
192	1191	Pedro Brito	Casa do Benfica de Condeixa	Senior Masculino	03:56:29	+02:14:40	13:55
193	1673	Sérgio Manuel Crespo Rosa	Tertúlia dos Tarecos	Senior Masculino	03:57:06	+02:15:16	13:57
194	1723	BRUNO FILIPE FERREIRA SIMÕES	Get Up	Senior Masculino	04:03:54	+02:22:05	14:21
195	1295	Francisco José dos Santos Marques	GET UP	Senior Masculino	04:03:57	+02:22:07	14:21
196	1296	Hugo Rafael dos Santos Marques	GET UP	Senior Masculino	04:03:58	+02:22:09	14:21
197	1344	Alexandre Daniel Santos Ferreira	Individual	Senior Masculino	04:04:52	+02:23:02	14:24
198	1724	JORGE FILIPE CARVALHO ANTUNES	Individual	Senior Masculino	04:06:28	+02:24:38	14:30
199	1279	Rui Palrinhas	FlashOver - BVPenela	Senior Masculino	04:07:25	+02:25:35	14:33
200	1413	Vasco Alexandre Neves Melo Silva	Individual	Senior Masculino	04:11:04	+02:29:15	14:46
201	1364	Edmundo Filipe Antunes Marquês	Individual	Senior Masculino	04:11:58	+02:30:08	14:49
202	1410	Tiago Filipe Antunes Nunes	Individual	Senior Masculino	04:12:06	+02:30:16	14:50
203	1409	Sergio Ferreira	Individual	Senior Masculino	04:13:05	+02:31:15	14:53
204	1353	Bruno Ferreira	Individual	Senior Masculino	04:36:11	+02:54:21	16:15

Sub 23 Feminino

1	1593	Renata Vinagre	Ozxtreme/ADCRPereira	Sub 23 Feminino	02:23:00	+41:10	08:25
2	1383	Nancy Cantante	Bio Team Run	Sub 23 Feminino	02:34:19	+52:29	09:05
3	1417	Eunice Quintas	Individual	Sub 23 Feminino	03:47:12	+02:05:22	13:22
4	1689	Beatriz Martins Grilo	UGAS TRAIL Running	Sub 23 Feminino	03:54:37	+02:12:47	13:48
5	1688	Angela Pires Escaroupa	UGAS TRAIL Running	Sub 23 Feminino	03:54:38	+02:12:48	13:48
6	1728	Adriana Gomes	Individual	Sub 23 Feminino	04:11:59	+02:30:09	14:49

Sub 23 Masculino

1	1236	Rodrigo Vieira	Dá-lhe Gás team	Sub 23 Masculino	02:02:00	+20:10	07:11
2	1418	Duarte da Cruz	AMBikes Running Team Pro	Sub 23 Masculino	02:20:08	+38:19	08:15
3	1069	Tiago Almeida	ARCD Venda da Luisa	Sub 23 Masculino	02:39:22	+57:32	09:23
4	1210	António Pais da Costa Neves	CMMouronho - Escaravelhos	Sub 23 Masculino	02:58:46	+01:16:56	10:31
5	1033	Joao Fernandes Santa Cruz	AERGóis Trail Running	Sub 23 Masculino	03:00:29	+01:18:40	10:37
6	1576	Miguel duarte	out 2 run/Miro	Sub 23 Masculino	03:00:39	+01:18:49	10:38
7	1537	José Oliveira	Montanha Clube Trail Running/Efapel	Sub 23 Masculino	03:11:55	+01:30:05	11:17
8	1419	Ivo Pereira	Individual	Sub 23 Masculino	03:18:07	+01:36:17	11:39
9	1155	Ricardo Jorge Ferreira Silva Valença Escada	Caminhar ao Luar	Sub 23 Masculino	03:22:37	+01:40:47	11:55
10	1577	Rafael Ferreira	out 2 run/Miro	Sub 23 Masculino	04:08:10	+02:26:20	14:36

Veterana F40

1	1239	Silvia Dias	Dá-lhe Gás team	Veterana F40	02:35:47	+53:57	09:10
2	1578	Zenaide alves	out 2 run/Miro	Veterana F40	02:38:53	+57:03	09:21
3	1420	Ana Porto	Individual	Veterana F40	02:42:14	+01:00:24	09:33
4	1237	Carla Gonçalves	Dá-lhe Gás team	Veterana F40	02:48:00	+01:06:11	09:53

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Trail Curto

17 KM

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OFFICIAL RESULT

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5	1426	Magda Vieira	Individual	Veterana F40	02:49:31	+01:07:42	09:58
6	1274	Vanessa Reboca	Figueira Kayak Clube	Veterana F40	02:56:17	+01:14:27	10:22
7	1072	Célia Santos	ARCD Venda da Luisa	Veterana F40	02:57:14	+01:15:24	10:26
8	1427	Raquel da Silva Matias	Individual	Veterana F40	02:58:39	+01:16:49	10:31
9	1422	Cláudia Margarida da Silva Nobre Nunes	Individual	Veterana F40	02:59:59	+01:18:10	10:35
10	1605	Ivone andrade vieira	porto de mos a correr	Veterana F40	03:08:29	+01:26:39	11:05
11	1192	Sónia Lima	Casa do Benfica de Condeixa	Veterana F40	03:09:12	+01:27:22	11:08
12	1093	Catarina Gomes	ARSM - Associação Recreativa de S. Miguel	Veterana F40	03:12:07	+01:30:17	11:18
13	1309	Catarina Sofia Oliveira Romualdo	GRVilaverdense	Veterana F40	03:17:38	+01:35:49	11:38
14	1071	Carla Freire	ARCD Venda da Luisa	Veterana F40	03:20:27	+01:38:38	11:48
15	1625	Sonia Cardoso	Running Prábjeca	Veterana F40	03:26:13	+01:44:24	12:08
16	1641	Ana Silva	Soure Mov	Veterana F40	03:31:32	+01:49:43	12:27
17	1161	Natercia Bento	Caminhar ao Luar	Veterana F40	03:31:48	+01:49:58	12:28
18	1642	Catarina Cordeiro	Soure Mov	Veterana F40	03:34:05	+01:52:15	12:36
19	1425	LURDES RABAÇA	Individual	Veterana F40	03:37:25	+01:55:35	12:47
20	1070	Ana Matos	ARCD Venda da Luisa	Veterana F40	03:39:00	+01:57:10	12:53
21	1665	Susy costa	MINHO AVENTURA	Veterana F40	03:43:53	+02:02:04	13:10
22	1543	Carla Carvalho	More Team	Veterana F40	03:44:43	+02:02:53	13:13
23	1157	FLAVIA MARGARIDA MARQUES LOPES	Caminhar ao Luar	Veterana F40	03:46:07	+02:04:17	13:18
24	1238	Paula Silva	Dá-lhe Gás team	Veterana F40	03:49:57	+02:08:07	13:32
25	1643	Patrícia Beja	Soure Mov	Veterana F40	03:55:42	+02:13:53	13:52
26	1073	Graça Simões	ARCD Venda da Luisa	Veterana F40	03:57:26	+02:15:36	13:58
27	1558	Patrícia Antunes	Os Ponta Branca UDAtalaiense	Veterana F40	04:08:02	+02:26:12	14:35
28	1423	Dina Ferreira	Individual	Veterana F40	04:10:09	+02:28:20	14:43
29	1424	Heloise Rodrigues	Individual	Veterana F40	04:12:41	+02:30:51	14:52
30	1616	Susana Simões	Roda Dianteira	Veterana F40	04:15:30	+02:33:41	15:02
31	1627	MARTA LOUREIRO	SANTIAGOBIKES	Veterana F40	04:26:43	+02:44:53	15:41
32	1048	Ana Isabel França	AJC / Glassdrive	Veterana F40	04:27:19	+02:45:30	15:44
33	1212	Margarida Santos	CMMouronho - Escaravelhos	Veterana F40	04:31:20	+02:49:30	15:58
34	1160	MARYLINE DUCRUET PEREIRA	Caminhar ao Luar	Veterana F40	04:36:27	+02:54:38	16:16
35	1159	MARLENE BERNARDES	Caminhar ao Luar	Veterana F40	04:36:51	+02:55:01	16:17
36	1162	Sonia Cruz	Caminhar ao Luar	Veterana F40	04:51:27	+03:09:38	17:09

Veterana F45

1	1136	Sara de Brito	CA Barreira	Veterana F45	02:03:00	+21:10	07:14
2	1303	Lurdes Gil	Grupo desportivo Ferreirense/Mountain trails	Veterana F45	02:32:54	+51:04	09:00
3	1016	Cidália Maria dos Santos Oliveira	ACDRS QUINHENDROS	Veterana F45	02:41:50	+01:00:01	09:31
4	1716	Alice Ventura	VIKINGS TRAIL RUNNERS / CCR ALCABIDEQUE	Veterana F45	02:46:40	+01:04:51	09:48
5	1434	Paula coto	Individual	Veterana F45	02:47:07	+01:05:17	09:50
6	1077	Elza Cordeiro	ARCD Venda da Luisa	Veterana F45	02:51:00	+01:09:10	10:04
7	1017	Rosa Guadão	ACDRS QUINHENDROS	Veterana F45	02:59:02	+01:17:12	10:32
8	1566	Lucia de Fatima Silva Fernandes	Os Trinca Espinhas	Veterana F45	03:03:00	+01:21:10	10:46

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Trail Curto

17 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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9	1717	Paula Andrade	VIKINGS TRAIL RUNNERS / CCR ALCABIDEQUE	Veterana F45	03:08:43	+01:26:54	11:06
10	1569	Paula Cristina Cordeiro	Os Trinca Espinhas	Veterana F45	03:11:14	+01:29:24	11:15
11	1193	Dina Barroca	Casa do Benfica de Condeixa	Veterana F45	03:11:28	+01:29:39	11:16
12	1431	Filomena de Jesus Pinheiro Aragonez Cordeiro	ACPortalegre/UTSM	Veterana F45	03:14:32	+01:32:42	11:27
13	1568	Maria Trindade	Os Trinca Espinhas	Veterana F45	03:19:32	+01:37:42	11:44
14	1112	Dora Neves	ASSSCC AR LIVRE E AVENTURA	Veterana F45	03:19:32	+01:37:42	11:44
15	1606	Elisabete Loureiro	PORTO SENTIDO RUNNERS	Veterana F45	03:21:23	+01:39:33	11:51
16	1244	Luz Costa	Dão Nelas Runners	Veterana F45	03:23:57	+01:42:07	12:00
17	1076	Cristina Melo	ARCD Venda da Luisa	Veterana F45	03:30:17	+01:48:27	12:22
18	1430	Fernanda Amélia Pires de Carvalho Coimbra	Individual	Veterana F45	03:32:13	+01:50:24	12:29
19	1607	Sandra Carvalho	PORTO SENTIDO RUNNERS	Veterana F45	03:34:22	+01:52:33	12:37
20	1567	Maria João valério	Os Trinca Espinhas	Veterana F45	03:34:50	+01:53:00	12:38
21	1163	Natercia Marques	Caminhar ao Luar	Veterana F45	03:37:23	+01:55:33	12:47
22	1436	Sandra Rodrigues	Individual	Veterana F45	03:37:46	+01:55:56	12:49
23	1644	Dora Santos	Soure Mov	Veterana F45	03:48:05	+02:06:16	13:25
24	1579	Sílvia Pedro	out 2 run/Miro	Veterana F45	03:53:09	+02:11:19	13:43
25	1034	Liliana Pinto	AERGóis Trail Running	Veterana F45	04:02:20	+02:20:30	14:15
26	1559	Cláudia Ferreira	Os Ponta Branca UDAtalaiense	Veterana F45	04:08:01	+02:26:12	14:35
27	1164	VERA MARQUES	Caminhar ao Luar	Veterana F45	04:14:57	+02:33:07	15:00
28	1617	Anabela Duarte T. Cunha	Roda Dianteira	Veterana F45	04:15:31	+02:33:41	15:02
29	1432	Helena Marisa Ruivo Coelho Lopes	Individual	Veterana F45	04:17:56	+02:36:06	15:10
30	1428	Alcina Malta	Individual	Veterana F45	04:24:32	+02:42:43	15:34
31	1435	SANDRA MARIA ALVES DA SILVA	Individual	Veterana F45	04:45:31	+03:03:42	16:48
32	1433	Manuela Maria Trabassos Goncalves	Individual	Veterana F45	05:51:04	+04:09:14	20:39
33	1429	Ana Paula Silva	Individual	Veterana F45	06:13:23	+04:31:34	21:58

Veterana F50

1	1737	Luisa Espírito Santo	U.F. Comércio e Indústria Atletismo	Veterana F50	02:38:15	+56:25	09:19
2	1552	Isabel Trindade	O Mundo da Corrida	Veterana F50	02:52:29	+01:10:39	10:09
3	1440	MARIA CONCEIÇÃO MARCELA ABREU	Individual	Veterana F50	03:05:56	+01:24:07	10:56
4	1678	Jacqueline Dias	TRIBO NR	Veterana F50	03:12:51	+01:31:01	11:21
5	1580	Fátima Malta	out 2 run/Miro	Veterana F50	03:29:56	+01:48:07	12:21
6	1078	Paula Palmeira	ARCD Venda da Luisa	Veterana F50	03:30:17	+01:48:27	12:22
7	1645	Rosália Duarte	Soure Mov	Veterana F50	03:34:05	+01:52:15	12:36
8	1438	Iracema Jesus Alves Ferreira	Individual	Veterana F50	03:57:07	+02:15:18	13:57
9	1441	Maria do Ceu Moreira Rodrigues	Individual	Veterana F50	03:57:08	+02:15:18	13:57
10	1165	CIDALIA LOURENÇO ABRANTES	Caminhar ao Luar	Veterana F50	04:14:56	+02:33:07	15:00
11	1213	Lurdes Gouveia	CMMouronho - Escaravelhos	Veterana F50	04:31:20	+02:49:30	15:58
12	1167	MARIA CONCEIÇÃO FARELEIRO CARDOSO ALMEIDA	Caminhar ao Luar	Veterana F50	04:36:29	+02:54:39	16:16
13	1166	LUZIA MARTINS	Caminhar ao Luar	Veterana F50	04:36:29	+02:54:39	16:16
14	1168	Silvina Baptista	Caminhar ao Luar	Veterana F50	04:56:57	+03:15:08	17:28

Trail Curto

17 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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15	1437	Gorete Pereira	Individual	Veterana F50	05:51:10	+04:09:20	20:39
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Veterana F55

1	1693	Cristina Meireles	Umelga Runners	Veterana F55	03:16:15	+01:34:26	11:33
2	1169	Maria Rosa Simoes Rodrigues Abrantes	Caminhar ao Luar	Veterana F55	04:15:09	+02:33:20	15:01
3	1618	Isabel Dias Carmim	Roda Dianteira	Veterana F55	05:23:54	+03:42:04	19:03

Veterana F60

1	1196	Maria Hortense Farropas Baptista	CBrunning Team	Veterana F60	03:13:22	+01:31:32	11:23
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Veterano M40

1	1004	Paulo Amaral	A.R.Casaense/Escola de Atletismo de Coimbra/Intermarché Condeixa	Veterano M40	01:51:37	+09:48	06:34
2	1019	João Manuel Cruz Silva	ACDRS QUINHENDROS	Veterano M40	01:55:28	+13:38	06:48
3	1464	Nuno Pimenta	Individual	Veterano M40	01:56:59	+15:09	06:53
4	1518	António Moreira	Kalenji Team Decathlon Aveiro	Veterano M40	01:58:06	+16:16	06:57
5	1281	Vitor Gomes	FlashOver - BVPenela	Veterano M40	01:58:15	+16:25	06:57
6	1113	Pedro Cardoso	ASSSCC AR LIVRE E AVENTURA	Veterano M40	02:01:52	+20:03	07:10
7	1313	Pedro Alexandre Ladeiro Oliveira	GRVilaverdense	Veterano M40	02:02:20	+20:30	07:12
8	1554	Luis Martins	O Mundo da Corrida	Veterano M40	02:03:20	+21:30	07:15
9	1538	João Carlos Simões Marques	Montanha Clube Trail Running/Efapel	Veterano M40	02:05:19	+23:29	07:22
10	1572	Luis Felicio	Os Trinca Espinhas	Veterano M40	02:06:43	+24:53	07:27
11	1600	Luis Martins	PascoalitosADBarcouço	Veterano M40	02:06:53	+25:03	07:28
12	1527	Luis Neves	MARINHAIS AC	Veterano M40	02:06:54	+25:04	07:28
13	1214	Hugo Manuel Fernandes Pereira	CMMourinho - Escaravelhos	Veterano M40	02:10:13	+28:23	07:40
14	1119	Adriano Tabanez	Atletismo Clube da Tocha	Veterano M40	02:10:27	+28:38	07:40
15	1284	António Manuel Mendes Soares	FormoBike Btt & Trail Running	Veterano M40	02:10:39	+28:49	07:41
16	1096	João Rosinha	ARSM - Associação Recreativa de S. Miguel	Veterano M40	02:10:39	+28:50	07:41
17	1246	Nuno Vicente	DAP Trail Team	Veterano M40	02:10:40	+28:51	07:41
18	1241	Pedro Jesus	Dá-lhe Gás team	Veterano M40	02:12:43	+30:54	07:48
19	1540	PAULO NOGUEIRA	Montanha Clube Trail Running/Efapel	Veterano M40	02:13:54	+32:05	07:53
20	1594	Fernando Carvalho	Ozxtreme/ADCRPereira	Veterano M40	02:13:55	+32:05	07:53
21	1457	Manuel Fernandes	Individual	Veterano M40	02:14:50	+33:00	07:56
22	1018	António Pego	ACDRS QUINHENDROS	Veterano M40	02:15:40	+33:51	07:59
23	1539	Nuno Miguel Marques Gonçalves	Montanha Clube Trail Running/Efapel	Veterano M40	02:17:29	+35:39	08:05
24	1448	Filipe Lopes	Individual	Veterano M40	02:17:36	+35:46	08:06
25	1217	Gonçalo Padilha	Coimbra Trail Running	Veterano M40	02:17:47	+35:58	08:06
26	1581	Joao Carlos Miranda Dias Pereira	out 2 run/Miro	Veterano M40	02:18:27	+36:37	08:09

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Trail Curto

17 KM

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OFFICIAL RESULT

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27	1469	Pedro Miguel Mendes	Individual	Veterano M40	02:18:59	+37:09	08:11
28	1455	Luís Miguel de Almeida	Individual	Veterano M40	02:19:29	+37:39	08:12
29	1449	Filipe Miranda	Individual	Veterano M40	02:19:36	+37:46	08:13
30	1697	José Santos	UNIIC_OS	Veterano M40	02:19:48	+37:59	08:13
31	1095	Helder Sêco	ARSM - Associação Recreativa de S. Miguel	Veterano M40	02:22:17	+40:27	08:22
32	1176	Ricardo Jorge Marques Lucas	Caminhar ao Luar	Veterano M40	02:23:41	+41:51	08:27
33	1310	Amilcar José da Silva Ramos	GRVilaverdense	Veterano M40	02:24:13	+42:24	08:29
34	1452	Jorge Sousa	Individual	Veterano M40	02:26:07	+44:17	08:36
35	1650	Ricardo Páscoa	Soure Mov	Veterano M40	02:26:15	+44:25	08:36
36	1466	Paulo Carvalho	Individual	Veterano M40	02:26:53	+45:03	08:38
37	1622	Marco André Antunes Ferreira	Roda Dianteira	Veterano M40	02:27:32	+45:42	08:41
38	1471	Vasco Antunes Tavares	Individual	Veterano M40	02:29:28	+47:38	08:48
39	1201	A. Filipe Garcia	CLUBE DE ATLETISMO TRAIL RUNNERS DA PONTE	Veterano M40	02:29:34	+47:44	08:48
40	1444	Bruno Espadeiro	Individual	Veterano M40	02:30:35	+48:45	08:51
41	1470	Rui Agoostinho	Individual	Veterano M40	02:31:55	+50:05	08:56
42	1174	Marco Cruz	Caminhar ao Luar	Veterano M40	02:33:25	+51:35	09:01
43	1280	Paulo Miguel Lourenço dos Santos	FlashOver - BVPenela	Veterano M40	02:37:14	+55:24	09:15
44	1545	Gabriel Matos	Município de Vila Nova de Poiars	Veterano M40	02:38:42	+56:52	09:20
45	1460	MARIO CASQUEIRA	Individual	Veterano M40	02:38:45	+56:55	09:20
46	1582	Paulo Pinto	out 2 run/Miro	Veterano M40	02:38:52	+57:02	09:21
47	1454	Luís Lima	Individual	Veterano M40	02:38:55	+57:05	09:21
48	1526	José Leal	MARINHAIS AC	Veterano M40	02:39:22	+57:33	09:23
49	1649	Nelson Rodrigues	Soure Mov	Veterano M40	02:39:27	+57:37	09:23
50	1178	Rogério Abrantes	Caminhar ao Luar	Veterano M40	02:39:56	+58:07	09:25
51	1079	Nelson Simões	ARCD Venda da Luisa	Veterano M40	02:42:16	+01:00:26	09:33
52	1194	Virgílio Neto	Casa do Benfica de Condeixa	Veterano M40	02:44:45	+01:02:55	09:42
53	1647	AUGUSTO CORDEIRO	Soure Mov	Veterano M40	02:45:25	+01:03:36	09:44
54	1122	Filipe Cunha	AZTrail Mercentro	Veterano M40	02:46:54	+01:05:04	09:49
55	1453	José Martins	Individual	Veterano M40	02:48:08	+01:06:18	09:53
56	1175	NUNO CARVALHO	Caminhar ao Luar	Veterano M40	02:49:02	+01:07:12	09:57
57	1312	Paulo Alexandre da Silva Santos Rocha	GRVilaverdense	Veterano M40	02:49:21	+01:07:31	09:58
58	1240	José Antunes	Dá-lhe Gás team	Veterano M40	02:49:37	+01:07:47	09:59
59	1283	Antonio Jose Rebola Ferreira	FormoBike Btt & Trail Running	Veterano M40	02:50:46	+01:08:56	10:03
60	1128	Rui Carvalho	Montanha Clube LousanPark	Veterano M40	02:53:25	+01:11:35	10:12
61	1125	Francisco "Bolt" Mendes	Bio Team Run	Veterano M40	02:55:34	+01:13:44	10:20
62	1721	Pedro Alexandre Pereira da Silva Tavares	Viriathvs Runners Viseu	Veterano M40	02:55:38	+01:13:48	10:20
63	1648	José Madeira	Soure Mov	Veterano M40	02:56:02	+01:14:12	10:21
64	1443	Alves	Individual	Veterano M40	02:56:32	+01:14:43	10:23
65	1446	Diogo Reis	Individual	Veterano M40	02:57:39	+01:15:49	10:27
66	1619	BRUNO ABRANTES	RODA DIANTEIRA	Veterano M40	02:58:02	+01:16:12	10:28
67	1458	Marco Alexandre Cravo Gomes	Individual	Veterano M40	02:59:01	+01:17:11	10:32
68	1461	NUNO ALMEIDA	Individual	Veterano M40	03:00:34	+01:18:44	10:37
69	1467	Pedro Filipe de Jesus Ferreira	Individual	Veterano M40	03:04:08	+01:22:18	10:50
70	1242	Vitor santos	Dá-lhe Gás team	Veterano M40	03:04:33	+01:22:43	10:51

Trail Curto

17 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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71	1468	Pedro Henriques	Individual	Veterano M40	03:05:46	+01:23:56	10:56
72	1256	Pedro natario	DREAM TEAM	Veterano M40	03:06:09	+01:24:19	10:57
73	1204	João Trindade	Clube de Condeixa	Veterano M40	03:09:10	+01:27:20	11:08
74	1445	David José Alves	Individual	Veterano M40	03:12:00	+01:30:11	11:18
75	1463	Nuno Paiva	Individual	Veterano M40	03:13:31	+01:31:42	11:23
76	1456	Luiz António de Souza Ferreira	Individual	Veterano M40	03:13:34	+01:31:44	11:23
77	1106	Dinis Esteves	ASDREQ	Veterano M40	03:19:42	+01:37:52	11:45
78	1547	Ricardo Peneda	Município de Vila Nova de Poiares	Veterano M40	03:22:17	+01:40:27	11:54
79	1571	Guilherme Jorge Reis Trindade	Os Trinca Espinhas	Veterano M40	03:25:58	+01:44:08	12:07
80	1560	Alexandre Vaqueiro	Os Ponta Branca UDAtalaiense	Veterano M40	03:26:47	+01:44:57	12:10
81	1311	Joel Vicente Jacinto	GRVilaverdense	Veterano M40	03:27:08	+01:45:19	12:11
82	1120	Alexandre Costa	Atletismo Clube da Tocha	Veterano M40	03:31:11	+01:49:21	12:25
83	1450	Francisco Jose Bandeira Rodrigues	Individual	Veterano M40	03:32:13	+01:50:24	12:29
84	1720	Pedro Freire Rodrigues	Vilaventura/Sicódrink	Veterano M40	03:33:04	+01:51:14	12:32
85	1651	Sérgio Dias	Soure Mov	Veterano M40	03:33:58	+01:52:09	12:35
86	1171	ANGELO FONSECA	Caminhar ao Luar	Veterano M40	03:34:57	+01:53:08	12:39
87	1265	Jorge Manuel Sanches	F4L	Veterano M40	03:40:16	+01:58:26	12:57
88	1177	Ricardo Lopes	Caminhar ao Luar	Veterano M40	03:45:58	+02:04:08	13:18
89	1462	Nuno Miguel Alves Simoes	Individual	Veterano M40	03:46:40	+02:04:51	13:20
90	1173	Luis Paulo Silva Chelinho	Caminhar ao Luar	Veterano M40	03:49:43	+02:07:53	13:31
91	1465	Nuno Vigário	Individual	Veterano M40	03:53:51	+02:12:01	13:45
92	1172	BRUNO MIGUEL RODRIGUES MURTA	Caminhar ao Luar	Veterano M40	04:02:18	+02:20:28	14:15
93	1297	Hugo Miguel Boieiro dos Santos	Gin. Qtª do Valbom - AAAlcochete	Veterano M40	04:05:25	+02:23:35	14:26
94	1451	Jorge Manuel Ferreira Rato	Individual	Veterano M40	04:12:01	+02:30:11	14:49
95	1620	Bruno Miguel C. Cunha	Roda Dianteira	Veterano M40	04:15:31	+02:33:41	15:02
96	1294	José Vicente	GDAzambuja - Trail Team	Veterano M40	04:15:32	+02:33:42	15:02
97	1699	Rafael Marques	UNIIC_OS	Veterano M40	04:30:33	+02:48:44	15:55
98	1170	AMILCAR CASIMIRO DE OLIVEIRA	Caminhar ao Luar	Veterano M40	04:36:52	+02:55:03	16:17
99	1098	Oscar Simões	ARSM - Associação Recreativa de S. Miguel	Veterano M40	06:13:23	+04:31:33	21:58

Veterano M45

1	1253	Messias Dias	DCI/Pedrulha-Mealhada	Veterano M45	01:41:49		05:59
2	1107	PAULO ANTUNES	Associação Académica de Coimbra	Veterano M45	01:45:51	+04:01	06:14
3	1596	Hélder Piedade	Ozxtreme/ADCRPereira	Veterano M45	01:48:11	+06:22	06:22
4	1305	Paulo Santos	Grupo desportivo Ferreirense/Mountain trails	Veterano M45	01:50:01	+08:11	06:28
5	1005	Vítor Godinho	A.R.Casaense/Escola de Atletismo de Coimbra/Intermarché Condeixa	Veterano M45	01:53:11	+11:21	06:39
6	1286	Orlando Pires	FormoBike Btt & Trail Running	Veterano M45	01:54:21	+12:31	06:44
7	1285	Arlindo Lopes Ribeiro	FormoBike Btt & Trail Running	Veterano M45	02:00:08	+18:18	07:04
8	1252	Jose Campar	DCI/Pedrulha-Mealhada	Veterano M45	02:00:22	+18:32	07:05
9	1180	Laurentino Martins	Caminhar ao Luar	Veterano M45	02:02:35	+20:45	07:13
10	1104	Carlos Fernandes	As Belas e Eles	Veterano M45	02:02:41	+20:51	07:13
11	1023	Luis Miguel Cruz Rodrigues	AC PORTALEGRE / UTSM	Veterano M45	02:03:28	+21:38	07:16

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Trail Curto

17 KM

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OFFICIAL RESULT

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12	1653	Ernesto Nabeiro	Soure Mov	Veterano M45	02:05:30	+23:41	07:23
13	1101	Pedro Amaro	ARSM - Associação Recreativa de S. Miguel	Veterano M45	02:06:26	+24:36	07:26
14	1488	Nuno Engenheiro	Individual	Veterano M45	02:07:07	+25:17	07:29
15	1516	João Paulo Pires	João	Veterano M45	02:08:59	+27:10	07:35
16	1218	Filipe Santos	Coimbra Trail Running	Veterano M45	02:10:58	+29:09	07:42
17	1517	José Luís Carvalho Pinto	José Luís	Veterano M45	02:16:13	+34:23	08:01
18	1474	Armindo de Jesus Santos	Individual	Veterano M45	02:16:36	+34:47	08:02
19	1021	TÓZÉ SERRA	ACDRS QUINHENDROS	Veterano M45	02:18:10	+36:21	08:08
20	1522	Armando Videira	Louzan Team /Dental Garden	Veterano M45	02:19:28	+37:38	08:12
21	1525	Albino Morais	louzanteam	Veterano M45	02:21:57	+40:07	08:21
22	1277	Marco Lourenço	Figueira Kayak Clube	Veterano M45	02:23:00	+41:10	08:25
23	1108	Pedro Varela	Associação Académica de Coimbra	Veterano M45	02:23:05	+41:15	08:25
24	1541	Júlio Tomé	Montanha Clube Trail Running/Efapel	Veterano M45	02:23:53	+42:04	08:28
25	1315	Nuno Filipe Correia Rodrigues	GRVilaverdense	Veterano M45	02:24:00	+42:11	08:28
26	1478	Fernando Mendes	Individual	Veterano M45	02:25:54	+44:04	08:35
27	1484	Luís Filipe Rosa	Dão Nelas Runners	Veterano M45	02:26:17	+44:27	08:36
28	1473	António Martins	Individual	Veterano M45	02:26:36	+44:46	08:37
29	1020	José Carlos Simões	ACDRS QUINHENDROS	Veterano M45	02:26:45	+44:55	08:38
30	1304	Jorge Pedro	Grupo desportivo Ferreirense/Mountain trails	Veterano M45	02:26:58	+45:08	08:39
31	1485	Manuel António Roseiro Ferreira	Individual	Veterano M45	02:27:03	+45:14	08:39
32	1132	Carlos Leitão	BOSSRUNNERS TEAM	Veterano M45	02:33:46	+51:57	09:03
33	1243	Jose Dias	Dá-lhe Gás team	Veterano M45	02:35:47	+53:58	09:10
34	1493	Rui Manuel Colaço	Individual	Veterano M45	02:37:08	+55:19	09:15
35	1490	Pedro saraiva	Individual	Veterano M45	02:37:14	+55:24	09:15
36	1486	Marcelo Coutinho	Individual	Veterano M45	02:37:27	+55:37	09:16
37	1477	Edgar Silva	Individual	Veterano M45	02:38:31	+56:42	09:20
38	1314	João Filipe Alves Martelo de Oliveira	GRVilaverdense	Veterano M45	02:40:02	+58:12	09:25
39	1655	Nuno Pinheiro	Soure Mov	Veterano M45	02:42:28	+01:00:39	09:33
40	1595	Amilcar Vinagre	Ozxtreme/ADCRPereira	Veterano M45	02:42:36	+01:00:46	09:34
41	1481	Humberto José Baptista Oliveira	Individual	Veterano M45	02:44:12	+01:02:22	09:40
42	1100	José Trindade	ARSM - Associação Recreativa de S. Miguel	Veterano M45	02:45:42	+01:03:52	09:45
43	1114	João Lucas	ASSSCC AR LIVRE E AVENTURA	Veterano M45	02:47:06	+01:05:16	09:50
44	1202	Vitor Manuel Caldeira Rodrigues	Clube de Atletismo Trail Runners da Ponte	Veterano M45	02:47:20	+01:05:30	09:51
45	1482	Jf bugalho	Individual	Veterano M45	02:47:32	+01:05:43	09:51
46	1492	Rui lourenço	Individual	Veterano M45	02:48:20	+01:06:31	09:54
47	1475	Arnaldo Carvalho	Individual	Veterano M45	02:49:44	+01:07:54	09:59
48	1652	António Batalha	Soure Mov	Veterano M45	02:50:36	+01:08:47	10:02
49	1127	Rui Santos	BlackBulls / Clube Condeixa	Veterano M45	02:50:40	+01:08:50	10:02
50	1035	CARLOS ALBERTO FERNANDES CASTANHEIRA	AERGóis Trail Running	Veterano M45	02:52:03	+01:10:13	10:07
51	1182	NUNO JORGE CARVALHO ALMEIDA	Caminhar ao Luar	Veterano M45	02:54:02	+01:12:12	10:14
52	1080	Carlos Canais	ARCD Venda da Luisa	Veterano M45	02:57:14	+01:15:24	10:26
53	1479	Fernando Moita	Individual	Veterano M45	03:05:58	+01:24:08	10:56

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Trail Curto

17 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

54	1489	Nuno Miguel Cardoso Diogo da Conceição Dias	Individual	Veterano M45	03:07:25	+01:25:36	11:02
55	1491	Rui Cerqueira Ribeiro	Individual	Veterano M45	03:08:03	+01:26:14	11:04
56	1670	Fernando Lourenço	TeroMovigo / Casa do Pão / Efapel / A.D. Serpinense	Veterano M45	03:10:51	+01:29:01	11:14
57	1671	Rui Azevedo	TeroMovigo / Casa do Pão / Efapel / A.D. Serpinense	Veterano M45	03:10:52	+01:29:02	11:14
58	1480	Hans Peter Grebe	Individual	Veterano M45	03:11:08	+01:29:18	11:15
59	1316	Paulo Sérgio carvalho Freitas Pereira	GRVilaverdense	Veterano M45	03:18:44	+01:36:54	11:41
60	1548	João Miguel Sousa Henriques	Município de Vila Nova de Poiars	Veterano M45	03:22:17	+01:40:27	11:54
61	1134	Gaudêncio Lopes	c b viseu running team	Veterano M45	03:22:43	+01:40:53	11:56
62	1181	Nuno Fernandes	Caminhar ao Luar	Veterano M45	03:24:05	+01:42:15	12:00
63	1626	Luis Cardoso	Running Prábjeca	Veterano M45	03:26:14	+01:44:24	12:08
64	1483	Luis Brandão	Individual	Veterano M45	03:35:14	+01:53:24	12:40
65	1494	RUI VERMELHO	Individual	Veterano M45	03:37:26	+01:55:36	12:47
66	1183	Sérgio Nuno Duarte Almeida Marques	Caminhar ao Luar	Veterano M45	03:51:18	+02:09:29	13:36
67	1276	Carlos Almeida	Figueira Kayak Clube	Veterano M45	03:57:04	+02:15:15	13:57
68	1195	Nuno Miguel Dias Alves	Casa do Benfica de Condeixa	Veterano M45	04:13:07	+02:31:17	14:53
69	1472	André Pedro Rodrigues dos Santos	Individual	Veterano M45	04:18:01	+02:36:12	15:11

Veterano M50

1	1219	vasco sousa	Coimbra Trail Running	Veterano M50	02:00:15	+18:25	07:04
2	1121	Vitor Faim	Atletismo Clube da Tocha	Veterano M50	02:00:57	+19:07	07:07
3	1501	Filipe Carvalheiro	Individual	Veterano M50	02:03:04	+21:14	07:14
4	1573	José Domingos Batista Felizardo	Os Trinca Espinhas	Veterano M50	02:06:38	+24:48	07:27
5	1083	Jose Marques	ARCD Venda da Luisa	Veterano M50	02:10:03	+28:14	07:39
6	1306	Paulo Acúrsio	Grupo desportivo Ferreirense/Mountain trails	Veterano M50	02:14:24	+32:34	07:54
7	1691	Álvaro Manuel da Costa Centeio	UGAS TRAIL Running	Veterano M50	02:15:20	+33:30	07:58
8	1102	José Correia	ARSM - Associação Recreativa de S. Miguel	Veterano M50	02:17:38	+35:49	08:06
9	1084	José Santos	ARCD Venda da Luisa	Veterano M50	02:19:24	+37:35	08:12
10	1718	Augusto Silva	VIKINGS TRAIL RUNNERS / CCR ALCABIDEQUE	Veterano M50	02:22:50	+41:00	08:24
11	1679	André Dias	TRIBO NR	Veterano M50	02:23:03	+41:13	08:25
12	1197	Paulo José Ortigoso Duarte	CCRD Burinhosa	Veterano M50	02:28:11	+46:21	08:43
13	1103	Moisés Nunes	ARSM - Associação Recreativa de S. Miguel	Veterano M50	02:30:42	+48:52	08:52
14	1184	Humberto Sousa	Caminhar ao Luar	Veterano M50	02:31:10	+49:20	08:54
15	1498	Carlos Alberto Pinto Ferreira	Individual	Veterano M50	02:33:43	+51:54	09:03
16	1505	Miguel Martins	Individual	Veterano M50	02:35:44	+53:55	09:10
17	1657	Abel Batalha	Soure Mov	Veterano M50	02:46:02	+01:04:12	09:46
18	1504	mario silva	Individual	Veterano M50	02:48:39	+01:06:49	09:55
19	1524	José Carvalho	Louzan Team /Dental Garden	Veterano M50	02:49:19	+01:07:29	09:58
20	1585	Victor Silva	out 2 run/Miro	Veterano M50	02:52:14	+01:10:24	10:08
21	1502	José Mário Almeida	Individual	Veterano M50	02:55:47	+01:13:58	10:20
22	1584	José Santos	out 2 run/Miro	Veterano M50	02:57:45	+01:15:55	10:27

Trail Curto**17 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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23	1500	fernando gaspar	Individual	Veterano M50	03:00:21	+01:18:31	10:37
24	1506	Raul Martins	Individual	Veterano M50	03:00:31	+01:18:42	10:37
25	1561	Mário Ferreira	Os Ponta Branca UDAlaiense	Veterano M50	03:00:43	+01:18:53	10:38
26	1261	Vitor Santos	Escola de Atletismo de Coimbra / Intermarche Condeixa	Veterano M50	03:00:43	+01:18:54	10:38
27	1036	Victor Rodrigues	AERGóis Trail Running	Veterano M50	03:02:05	+01:20:15	10:43
28	1499	Fausto Cardoso	Individual	Veterano M50	03:04:36	+01:22:47	10:52
29	1203	João Fernando Rana Paio	CLUBE DE ATLETISMO TRAIL RUNNERS DA PONTE	Veterano M50	03:05:04	+01:23:14	10:53
30	1497	Arsenio Rodrigues	Individual	Veterano M50	03:07:33	+01:25:44	11:02
31	1658	Vitor Gariso	Soure Mov	Veterano M50	03:08:26	+01:26:37	11:05
32	1672	Rui Fernandes	TeroMovigo / Casa do Pão / Efapel / A.D. Serpinense	Veterano M50	03:10:52	+01:29:02	11:14
33	1608	Carlos Martins	PORTO SENTIDO RUNNERS	Veterano M50	03:19:09	+01:37:19	11:43
34	1496	Antonio Salgueiredo	Individual	Veterano M50	03:30:54	+01:49:04	12:24
35	1664	Rui Gonçalves	Strong Team	Veterano M50	03:43:03	+02:01:14	13:07
36	1736	Filipe Carvalho	More Team	Veterano M50	03:44:42	+02:02:52	13:13
37	1205	António Pratas	Cluve	Veterano M50	03:45:44	+02:03:55	13:17
38	1185	Valdemar Abrantes Soares	Caminhar ao Luar	Veterano M50	04:14:56	+02:33:06	15:00
39	1583	Celso Ferreira	out 2 run/Miro	Veterano M50	04:24:28	+02:42:38	15:33

Veterano M55

1	1109	JOAQUIM POCINHO	Associação Académica de Coimbra	Veterano M55	02:07:27	+25:38	07:30
2	1719	António Melo	VIKINGS TRAIL RUNNERS / CCR ALCABIDEQUE	Veterano M55	02:12:23	+30:34	07:47
3	1556	Jorge Justo	O Mundo da Corrida	Veterano M55	02:13:39	+31:50	07:52
4	1597	Filipe Costa	Ozxtreme/ADCRPereira	Veterano M55	02:23:43	+41:53	08:27
5	1126	João Manuel Gaspar Rainho	Bio Team Run	Veterano M55	02:32:19	+50:30	08:58
6	1198	Manuel Julio	CLAC Entroncamento/OndaTrilhos	Veterano M55	02:35:41	+53:51	09:09
7	1220	Joaquim Allmeida	Coimbra Trail Running	Veterano M55	02:38:17	+56:27	09:19
8	1508	Francisco Silva	Individual	Veterano M55	02:39:06	+57:16	09:22
9	1555	Fernando Fonseca	O Mundo da Corrida	Veterano M55	02:42:15	+01:00:26	09:33
10	1215	LUIS ANTONIO PINTO PEREIRA	CMMourinho - Escaravelhos	Veterano M55	02:42:57	+01:01:08	09:35
11	1549	José Luis Correia Couceiro	Município de Vila Nova de Poiars	Veterano M55	02:44:04	+01:02:14	09:39
12	1727	Firmino Mendes	Montanha Clube Trail Running/Efapel	Veterano M55	02:45:33	+01:03:43	09:44
13	1598	rui lopes	Ozxtreme/ADCRPereira	Veterano M55	02:57:42	+01:15:53	10:27
14	1317	Fernando Santos	GRVilaverdense	Veterano M55	03:01:21	+01:19:32	10:40
15	1574	Joaquim Jose Alves Rebelo	Os Trinca Espinhas	Veterano M55	03:03:00	+01:21:10	10:46
16	1662	João Armindo Mouquinho Feiteira	Sport Arronches e Benfica	Veterano M55	03:07:51	+01:26:02	11:03
17	1507	Francisco Madeira	Individual	Veterano M55	03:18:39	+01:36:49	11:41
18	1509	João Gante Góis	FornoBike Btt & Trail Running	Veterano M55	03:20:17	+01:38:27	11:47
19	1085	José Correia	ARCD Venda da Luisa	Veterano M55	03:29:40	+01:47:50	12:20
20	1659	ANTÓNIO NEVES	Soure Mov	Veterano M55	03:31:32	+01:49:43	12:27
21	1623	Silvino Figueiredo Cunha	Roda Dianteira	Veterano M55	05:23:27	+03:41:37	19:02

Trail Curto

17 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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Veterano M60

1	1513	Manuel Ribeiro Neves	Individual	Veterano M60	02:18:15	+36:25	08:08
2	1022	António Silva	ACDRS QUINHENDROS	Veterano M60	02:26:45	+44:55	08:38
3	1515	Rogério Silva	Individual	Veterano M60	02:26:58	+45:08	08:39
4	1521	Lino Moreira	Lino	Veterano M60	02:40:43	+58:53	09:27
5	1609	Humberto Pinho	PORTO SENTIDO RUNNERS	Veterano M60	02:44:25	+01:02:35	09:40
6	1221	Fernando da Silva Venda	Coimbra Trail Running	Veterano M60	02:46:25	+01:04:35	09:47
7	1512	jorge manuel ramos	Individual	Veterano M60	02:50:24	+01:08:34	10:01
8	1735	Joaquim Branquinho	ARSM - Associação Recreativa de S. Miguel	Veterano M60	02:53:23	+01:11:33	10:12
9	1001	Fausto Carvalho	ARSM - Associação Recreativa de S. Miguel	Veterano M60	02:57:25	+01:15:36	10:26
10	1199	Luis Rei	CLAC Entroncamento/OndaTrilhos	Veterano M60	03:03:12	+01:21:22	10:47
11	1270	Manuel Freitas Balhau Jorge	Farmácia Luciano e Matos	Veterano M60	03:04:53	+01:23:03	10:53
12	1557	Fernando Luis	O Mundo da Corrida	Veterano M60	03:16:18	+01:34:28	11:33
13	1511	Joaquim Fernando Martins Oliveira	Individual	Veterano M60	03:46:40	+02:04:51	13:20

COLETIVO - TRAIL CURTO

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	A.R.Casaense/Escola de Atletismo de Coimbra/Intermarché Condeixa	8 + 10 + 12	30
2	Ozxtreme/ADCRPereira	7 + 14 + 17	38
3	VIKINGS TRAIL RUNNERS / CCR ALCABIDEQUE	4 + 16 + 27	47
4	Montanha Clube Trail Running/Efapel	13 + 26 + 34	73
5	DCI/Pedrulha-Mealhada	1 + 32 + 53	86
6	ARCD Venda da Luisa	11 + 35 + 47	93
7	FormoBike Btt & Trail Running	15 + 30 + 86	131
8	AC PORTALEGRE / UTSM	46 + 51 + 68	165
9	ACDRS QUINHENDROS	18 + 72 + 96	186
10	CMMouronho - Escaravelhos	22 + 82 + 83	187
11	Atletismo Clube da Tocha	33 + 84 + 85	202
12	Dá-lhe Gás team	39 + 94 + 97	230
13	Associação Académica de Coimbra	5 + 67 + 161	233
14	Coimbra Trail Running	31 + 89 + 126	246
15	ARSM - Associação Recreativa de S. Miguel	61 + 87 + 108	256
16	UGAS TRAIL Running	73 + 77 + 110	260
17	Grupo desportivo Ferreirense/Mountain trails	9 + 105 + 155	269
18	Soure Mov	59 + 144 + 152	355
19	GRVilaverdense	40 + 165 + 166	371
20	Caminhar ao Luar	42 + 162 + 176	380
21	O Mundo da Corrida	49 + 98 + 254	401
22	BOSSRUNNERS TEAM	52 + 141 + 211	404
23	Roda Dianteira	95 + 150 + 188	433
24	Escola de Atletismo de Coimbra / Intermarche Condeixa	56 + 60 + 319	435
25	Os Trinca Espinhas	62 + 63 + 372	497
26	Águeda Action Club ACTIB	6 + 130 + 402	538
27	AERGóis Trail Running	121 + 134 + 325	580
28	out 2 run/Miro	129 + 238 + 239	606
29	Trail Bela Bela	55 + 93 + 465	613
30	Bio Team Run	205 + 212 + 281	698
31	Farmácia Luciano e Matos	28 + 293 + 383	704
32	UNIIC_OS	142 + 214 + 410	766
33	ASSSCC AR LIVRE E AVENTURA	38 + 291 + 449	778
34	Figueira Kayak Clube	159 + 289 + 339	787
35	FlashOver - BVPenela	24 + 227 + 579	830
36	AJC / Glassdrive	233 + 305 + 320	858
37	Município de Vila Nova de Poiares	236 + 266 + 459	961
38	Casa do Benfica de Condeixa	270 + 323 + 407	1000

COLETIVO - TRAIL CURTO

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

39	PORTO SENTIDO RUNNERS	268 + 447 + 457	1172
40	TeroMovigo / Casa do Pão / Efapel / A.D. Serpinense	413 + 414 + 415	1242
41	ACRD/PSP Viseu Runners	326 + 468 + 605	1399
42	Os Ponta Branca UDAtalaiense	364 + 476 + 580	1420
43	F4L	492 + 519 + 520	1531

COLETIVO FEM - TRAIL CURTO

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	Dá-lhe Gás team	12 + 16 + 25	53
2	ACDRS QUINHENDROS	2 + 17 + 38	57
3	VIKINGS TRAIL RUNNERS / CCR ALCABIDEQUE	7 + 23 + 40	70
4	AC PORTALEGRE / UTSM	8 + 19 + 61	88
5	ARCD Venda da Luisa	27 + 34 + 35	96
6	Os Trinca Espinhas	42 + 44 + 55	141
7	Casa do Benfica de Condeixa	51 + 52 + 56	159
8	Soure Mov	41 + 53 + 85	179
9	out 2 run/Miro	14 + 82 + 118	214
10	ARSM - Associação Recreativa de S. Miguel	4 + 58 + 175	237
11	Caminhar ao Luar	77 + 79 + 86	242
12	ACRD/PSP Viseu Runners	28 + 76 + 147	251
13	UGAS TRAIL Running	68 + 119 + 120	307
14	CMMouronho - Escaravelhos	15 + 156 + 157	328
15	AJC / Glassdrive	80 + 100 + 153	333
16	Roda Dianteira	116 + 144 + 145	405

TRAIL CURTO JUVENIS - STAGE 1

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	10:00	10°C	100%
End	12:19	14°C	93%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	3004	Ricardo Salgueiro	lincs de montemor	Juvenil Masculino	02:01:05		08:04
2	3001	Gonçalo Deus	arcd venda da luisa	Juvenil Masculino	02:19:02	+17:57	09:16
3	3003	João Rafael Henriques	individual	Juvenil Masculino	02:25:34	+24:28	09:42
4	3002	Hugo Filipe Aldeia Coimbra	individual	Juvenil Masculino	02:58:51	+57:46	11:55