

TRAIL CURTO 15K - STAGE 1**15 KM**LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION**OFFICIAL RESULT**LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	10:00	6,4°C	100%
End	15:38	6,4°C	100%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	2001	BRUNO RICARDO OLIVEIRA SILVA	afacycles sport	Senior Masculino	01:15:22		05:01
2	2521	Abilio Ribeiro	lusitanos	Veterano M40	01:22:39	+07:17	05:31
3	2559	Filipe Carneiro	oralklass-amigos do trail	Senior Masculino	01:22:43	+07:21	05:31
4	2386	Tiago Lima	individual	Senior Masculino	01:24:48	+09:26	05:39
5	2171	Ricardo Rocha	fast ao km	Senior Masculino	01:25:23	+10:01	05:42
6	2157	Paulo Vieira	fama runners	Sub 23 Masculino	01:27:06	+11:44	05:48
7	2627	Patrick Marques	gondomar futsal clube	Veterano M40	01:27:26	+12:04	05:50
8	2043	Pedro Alves	befitness runners	Senior Masculino	01:27:38	+12:16	05:51
9	2294	André Pinto	individual	Senior Masculino	01:28:19	+12:57	05:53
10	2522	Adriano Oliveira	lusitanos	Veterano M45	01:29:19	+13:57	05:57
11	2519	Nelson Pires	lusitanos	Senior Masculino	01:29:19	+13:57	05:57
12	2308	Cristiano Nogueira	individual	Senior Masculino	01:30:46	+15:24	06:03
13	2507	Bruno coutada	invictus oporto team	Veterano M40	01:31:02	+15:40	06:04
14	2061	Modesto Vieira	casa do povo de soalhões	Veterano M50	01:31:06	+15:44	06:04
15	2060	Aurélio Vieira	casa do povo de soalhões	Veterano M40	01:31:06	+15:44	06:04
16	2358	Nuno Miguel Carvalho da Silva	individual	Senior Masculino	01:32:17	+16:55	06:09
17	2554	João Jaques	olimpico vianense trail / nd sport	Veterano M45	01:34:30	+19:08	06:18
18	2348	Hugo Sousa	individual	Senior Masculino	01:35:06	+19:44	06:20
19	2465	Fernando Martins	individual	Veterano M45	01:35:09	+19:47	06:21
20	2427	Abilio Martins de Almeida	individual	Veterano M40	01:35:19	+19:57	06:21
21	2368	Rafael Campos dos Santos	individual	Senior Masculino	01:35:22	+20:00	06:21
22	2453	Rui Almeida	individual	Veterano M40	01:35:26	+20:04	06:22
23	2084	Rui Andrade	crocodilos	Veterano M40	01:35:38	+20:16	06:23
24	2185	Rafael Almeida	fitspot-parque nascente	Senior Masculino	01:35:48	+20:26	06:23
25	2006	Hélder Pereira Borges	afipre team	Senior Masculino	01:35:51	+20:29	06:23
26	2096	José Carlos Dias	ctad - trilhos de cinfães	Veterano M45	01:35:55	+20:33	06:24
27	2045	Edgar Costa	bikemania famalicão	Senior Masculino	01:36:06	+20:44	06:24
28	2320	Francisco Silva Morais	individual	Senior Masculino	01:36:06	+20:44	06:24
29	2385	Tiago José Velho Ferreira	individual	Senior Masculino	01:36:37	+21:15	06:26
30	2506	Angelo Vaz	invictus oporto team	Senior Masculino	01:37:01	+21:39	06:28
31	2370	Ricardo Morais da Costa Nogueira	individual	Senior Masculino	01:37:02	+21:40	06:28
32	2309	Daniel Fernando Teixeira Perola	individual	Senior Masculino	01:37:07	+21:45	06:28
33	2007	Rúben Henrique Cardoso Pereira Borges	afipre team	Sub 23 Masculino	01:37:21	+21:59	06:29
34	2237	Emanuel Costa	gtt - armazém do caffè	Senior Masculino	01:37:28	+22:06	06:30
35	2457	Sérgio Sampaio	individual	Veterano M40	01:37:50	+22:28	06:31
36	2069	Alberto Carneiro	ginasio clube santo tirso	Veterano M40	01:38:20	+22:58	06:33
37	2563	Mário Taborda	oralklass-amigos do trail	Sub 23 Masculino	01:38:26	+23:04	06:34
38	2455	Rui azevedo	individual	Veterano M40	01:38:49	+23:27	06:35
39	2556	Maria Gonçalves	oralklass-amigos do trail	Senior Feminino	01:38:54	+23:32	06:36
40	2562	Rita Loureiro	oralklass-amigos do trail	Sub 23 Feminino	01:38:54	+23:32	06:36

TRAIL CURTO 15K - STAGE 1

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
41	2240	Ricardo Moreira	gtt - armazém do caffè	Senior Masculino	01:39:24	+24:02	06:38
42	2149	Alexandre Silva	fama runners	Senior Masculino	01:39:45	+24:23	06:39
43	2635	Rui Pedro Gonçalves Borges	trailistas "eu é que sei!"	Veterano M40	01:40:41	+25:19	06:43
44	2438	JORGE MANUEL AFONSO PIRES	individual	Veterano M40	01:41:14	+25:52	06:45
45	2022	Hugo Monteiro	alive runners	Sub 23 Masculino	01:41:25	+26:03	06:46
46	2039	Eduardo Silva Moreira	asss columbófila cantanhede	Senior Masculino	01:41:46	+26:24	06:47
47	2040	José Miguel Santos	asss columbófila cantanhede	Veterano M40	01:41:47	+26:25	06:47
48	2607	Mário Araújo	solmaia runners	Veterano M40	01:41:54	+26:32	06:48
49	2484	Francisco Couto Pinto	individual	Veterano M50	01:42:10	+26:48	06:49
50	2334	Joaquim Alves	individual	Senior Masculino	01:42:22	+27:00	06:49
51	2174	Paulo Sarmiento	ffit gaia trail	Senior Masculino	01:42:28	+27:06	06:50
52	2396	Carlos Daniel Oliveira Campos	individual	Sub 23 Masculino	01:43:11	+27:49	06:53
53	2095	Bruno Costa	ctad - trilhos de cinfães	Sub 23 Masculino	01:43:12	+27:50	06:53
54	2238	HUGO PALMEIRA	gtt - armazém do caffè	Senior Masculino	01:43:24	+28:02	06:54
55	2523	Paulo Azevedo	lusitanos	Veterano M45	01:43:27	+28:05	06:54
56	2312	Diogo Sampaio Barbosa de Matos	individual	Senior Masculino	01:43:28	+28:06	06:54
57	2632	Emanuel Soares	trailistas "eu é que sei!"	Senior Masculino	01:43:42	+28:20	06:55
58	2398	Daniel Silva Pereira	individual	Sub 23 Masculino	01:44:01	+28:39	06:56
59	2140	Carlos Pereira	eu+ ginásio lma	Veterano M40	01:44:10	+28:48	06:57
60	2365	Pedro Miguel Correia Vieira	individual	Senior Masculino	01:44:21	+28:59	06:57
61	2331	João Pedro Correia Silva	individual	Senior Masculino	01:44:45	+29:23	06:59
62	2612	João Pedro Barbosa	ss montepio	Senior Masculino	01:45:15	+29:53	07:01
63	2322	Helder Faria	individual	Senior Masculino	01:45:43	+30:21	07:03
64	2150	Daniel Oliveira	fama runners	Senior Masculino	01:45:48	+30:26	07:03
65	2189	Daniela Gregório	fitspot-parque nascente	Sub 23 Feminino	01:46:09	+30:47	07:05
66	2591	Carlos Cardoso	red street team	Veterano M45	01:46:18	+30:56	07:05
67	2245	Vítor Tomás	hard trails runners	Senior Masculino	01:46:19	+30:57	07:05
68	2547	João Oliveira	ninja team	Veterano M40	01:46:31	+31:09	07:06
69	2023	Luis Miguel Fernandes	alive runners	Sub 23 Masculino	01:47:08	+31:46	07:09
70	2508	Alcino Carvalho	jerónimo	Veterano M45	01:47:13	+31:51	07:09
71	2182	Miguel Guimaraes	fitspot-parque nascente	Senior Masculino	01:47:44	+32:22	07:11
72	2195	Nuno Fontelonga	fitspot-parque nascente	Veterano M40	01:47:44	+32:22	07:11
73	2197	Alcino Vieira	fitspot-parque nascente	Veterano M50	01:47:45	+32:23	07:11
74	2097	Vítor Ribeiro	didáxis trail	Senior Masculino	01:47:47	+32:25	07:11
75	2004	Nélio Guimarães	2runners	Senior Masculino	01:48:30	+33:08	07:14
76	2273	Nuno Santos	individual	Senior Masculino	01:48:31	+33:09	07:14
77	2426	paula lopes	individual	Veterana F50	01:48:33	+33:11	07:14
78	2033	Carlos Araújo	amigos das corridas	Veterano M40	01:48:37	+33:15	07:14
79	2443	Luís Rocha	individual	Veterano M40	01:49:11	+33:49	07:17
80	2201	JOÃO REBELO	frezite	Senior Masculino	01:49:32	+34:10	07:18
81	2034	Jose Pereira	amigos do ponte final	Veterano M45	01:49:42	+34:20	07:19
82	2452	Ricardo Carvalho	individual	Veterano M40	01:49:42	+34:20	07:19
83	2433	Daniel Alves	individual	Veterano M40	01:49:51	+34:29	07:19
84	2399	Alvaro Marques	ginasio clube de santo tirso	Veterano M50	01:50:08	+34:46	07:21
85	2586	Tiago Machado	ppqtq	Senior Masculino	01:50:17	+34:55	07:21
86	2585	Fernando Braga	ppqtq	Senior Masculino	01:50:17	+34:55	07:21

TRAIL CURTO 15K - STAGE 1

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
87	2560	Luis Lopes	oralklass-amigos do trail	Senior Masculino	01:50:17	+34:55	07:21
88	2555	Joana Gonçalves	oralklass-amigos do trail	Senior Feminino	01:50:19	+34:57	07:21
89	100	Alfredo Jeronimo Saraiva Gouveia	individual	Veterano M45	01:51:07	+35:45	07:24
90	2463	António Pedro Coelho	individual	Veterano M45	01:51:12	+35:50	07:25
91	2600	Eduardo Nascimento	solmaia runners	Senior Masculino	01:51:30	+36:08	07:26
92	2194	Fernando Gomes	fitspot-parque nascente	Veterano M40	01:51:34	+36:12	07:26
93	2328	João Andrade	individual	Senior Masculino	01:51:52	+36:30	07:27
94	2087	Daniel João Marques da Silva	crossfit vale do ave	Senior Masculino	01:52:16	+36:54	07:29
95	2091	Tiago Martins	crossfit vale do ave	Senior Masculino	01:52:16	+36:54	07:29
96	2329	João Filipe Meneses Espinheira Rio	individual	Senior Masculino	01:53:06	+37:44	07:32
97	2111	MARTA FERNANDEZ	equipa joao ferreira	Senior Feminino	01:53:08	+37:46	07:33
98	2055	Paulo Pereira	bota&signa	Senior Masculino	01:53:10	+37:48	07:33
99	2608	Pedro Sousa	solmaia runners	Veterano M40	01:53:36	+38:14	07:34
100	2603	Vitor Zenha	solmaia runners	Senior Masculino	01:53:38	+38:16	07:35
101	2510	Ricardo Silva	lion runners - g. d. leões da guarda	Senior Masculino	01:53:55	+38:33	07:36
102	2337	Jorge Lima	individual	Senior Masculino	01:54:35	+39:13	07:38
103	2141	Jorge Miguel Sampaio da Costa	eu+ ginásio lma	Veterano M40	01:54:43	+39:21	07:39
104	2166	Mauel Gomes	fama runners	Veterano M45	01:54:47	+39:25	07:39
105	2351	Mário Lima	individual	Senior Masculino	01:54:58	+39:36	07:40
106	2454	RUI AZEVEDO	individual	Veterano M40	01:55:15	+39:53	07:41
107	2495	Pedro Manuel Mieiro Vidinha Carneiro	individual	Veterano M50	01:55:19	+39:57	07:41
108	2566	Ricardo Ribeiro	os lebres btt sai da frente	Senior Masculino	01:55:19	+39:57	07:41
109	2020	Rui Sousa	alive runners	Senior Masculino	01:55:25	+40:03	07:42
110	2572	Vasco Paulo Morais Escobar	os morais	Senior Masculino	01:55:37	+40:15	07:42
111	2395	Bruno Carneiro	individual	Sub 23 Masculino	01:55:48	+40:26	07:43
112	2533	Pedro Sá	moinhos run	Veterano M45	01:55:49	+40:27	07:43
113	2406	Debora Vilas Boas	individual	Veterana F40	01:55:50	+40:28	07:43
114	2380	Sérgio Manuel Azevedo Fernandes	individual	Senior Masculino	01:55:50	+40:28	07:43
115	2535	Ricardo JF Pereira	monçãotrail	Veterano M40	01:55:59	+40:37	07:44
116	2462	António Borges	individual	Veterano M45	01:56:17	+40:55	07:45
117	2382	Sílvio Manuel de Almeida Ribeiro	individual	Senior Masculino	01:56:19	+40:57	07:45
118	2466	Filipe Carneiro	individual	Veterano M45	01:56:27	+41:05	07:46
119	2311	Demétrio Matos	individual	Senior Masculino	01:56:38	+41:16	07:47
120	2444	Manuel Diogenes Barros	individual	Veterano M40	01:56:48	+41:26	07:47
121	2336	Jorge Gama	individual	Senior Masculino	01:57:40	+42:18	07:51
122	2437	Joaquim Vidal	individual	Veterano M40	01:57:42	+42:20	07:51
123	2577	Rui Jorge Pereira Marinho Ribeiro	"os pedrosas"	Senior Masculino	01:57:42	+42:20	07:51
124	2576	Luís Miguel Araújo Pedrosa	"os pedrosas"	Senior Masculino	01:57:42	+42:20	07:51
125	2295	André Simões	individual	Senior Masculino	01:57:47	+42:25	07:51
126	2630	Odete Girao	traila comigo	Veterana F45	01:57:48	+42:26	07:51
127	2631	Rui Machado	traila comigo	Veterano M40	01:57:48	+42:26	07:51
128	2356	Miguel Teixeira	individual	Senior Masculino	01:58:07	+42:45	07:52
129	2413	Andreia Barbosa	oralklass-amigos do trail	Sub 23 Feminino	01:58:08	+42:46	07:53
130	2137	Luís Coelho	ermidafit runners	Veterano M40	01:58:08	+42:46	07:53
131	2059	Vitor Faria	bttpinoco	Veterano M40	01:58:13	+42:51	07:53

TRAIL CURTO 15K - STAGE 1

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
132	2058	José Gouveia	bttpinoco	Senior Masculino	01:58:16	+42:54	07:53
133	2578	José Manuel de Oliveira Pedrosa	"os pedrosas"	Veterano M40	01:58:22	+43:00	07:53
134	2575	Bruno Miguel da Costa Fontao	"os pedrosas"	Senior Masculino	01:58:22	+43:00	07:53
135	2067	Rogério Rocha	cf jesuitas	Senior Masculino	01:59:00	+43:38	07:56
136	1441	Tiago Rocha	the outsiders running trail team	Sub 23 Masculino	01:59:24	+44:02	07:58
137	2314	Emanuel Ferreira	individual	Senior Masculino	01:59:33	+44:11	07:58
138	2264	Márcia Silva	individual	Senior Feminino	01:59:33	+44:11	07:58
139	2056	Luís Ribeiro	bota&sig	Sub 23 Masculino	01:59:57	+44:35	08:00
140	2628	Rui Leal	traila comigo	Senior Masculino	01:59:59	+44:37	08:00
141	2629	Diana Sampaio	traila comigo	Veterana F40	01:59:59	+44:37	08:00
142	2618	Flavio Teixeira	team agente meireles	Veterano M40	02:00:22	+45:00	08:01
143	2619	Jorge Saraiva	team agente meireles	Veterano M40	02:00:25	+45:03	08:02
144	2057	Xavier Brites	boutique dos lvores	Sub 23 Masculino	02:00:27	+45:05	08:02
145	2118	JOAO FERREIRA	equipa joao ferreira	Senior Masculino	02:00:30	+45:08	08:02
146	2066	Filipe Faria	cf jesuitas	Senior Masculino	02:00:42	+45:20	08:03
147	2165	Carlos Espírito Santo	fama runners	Veterano M45	02:00:43	+45:21	08:03
148	2168	Manuel Costa e Sá	fama runners	Veterano M50	02:00:43	+45:21	08:03
149	2153	Rómulo Martins	fama runners	Senior Masculino	02:00:51	+45:29	08:03
150	2092	Susana Soares	crossfit vale do ave	Sub 23 Feminino	02:01:13	+45:51	08:05
151	2089	Filipe Alves	crossfit vale do ave	Senior Masculino	02:01:14	+45:52	08:05
152	2243	Jose Oliveira	hard trails runners	Senior Masculino	02:01:39	+46:17	08:07
153	2258	Isabel Ferreira	individual	Senior Feminino	02:01:41	+46:19	08:07
154	2517	Miguel Fonseca	lion runners - g. d. leões da guarda	Veterano M40	02:01:46	+46:24	08:07
155	2515	Ernesto Martins	lion runners - g. d. leões da guarda	Veterano M50	02:01:46	+46:24	08:07
156	2324	Hugo Costa	individual	Senior Masculino	02:01:48	+46:26	08:07
157	2528	Margarida Nunes Monteiro	marão team	Veterana F40	02:01:48	+46:26	08:07
158	2557	Patricia Santos	oralklass-amigos do trail	Senior Feminino	02:01:50	+46:28	08:07
159	2310	Daniel Neto	individual	Senior Masculino	02:01:50	+46:28	08:07
160	2488	José Carlos pereira Gomes	individual	Veterano M50	02:01:51	+46:29	08:07
161	2430	Armindo Rocha	individual	Veterano M40	02:02:00	+46:38	08:08
162	2448	Nuno Miguel Ferreira Pacheco	individual	Veterano M40	02:02:28	+47:06	08:10
163	2042	Sandra Silva	befitness runners	Senior Feminino	02:02:28	+47:06	08:10
164	2489	José Maria R. Fernandes	individual	Veterano M50	02:02:38	+47:16	08:11
165	2440	Lino Abreu	individual	Veterano M40	02:02:50	+47:28	08:11
166	2505	Sofia Gonçalves	invictus oporto team	Senior Feminino	02:03:08	+47:46	08:13
167	2299	bruno freitas	individual	Senior Masculino	02:03:33	+48:11	08:14
168	2436	Joaquim Anjos	individual	Veterano M40	02:03:33	+48:11	08:14
169	2435	João Carlos da Silva Gomes	individual	Veterano M40	02:03:57	+48:35	08:16
170	2175	RUI SÁ	ffit gaia trail	Veterano M50	02:03:58	+48:36	08:16
171	2352	Rui Fernandes	individual	Veterano M40	02:04:00	+48:38	08:16
172	2486	Jorge Pereira da Silva	individual	Veterano M50	02:04:07	+48:45	08:16
173	2088	Diogo Leite	crossfit vale do ave	Senior Masculino	02:04:10	+48:48	08:17
174	2468	Henrique Silva	individual	Veterano M45	02:04:16	+48:54	08:17
175	2613	Fernando Carvalho	ss montepio	Veterano M50	02:04:18	+48:56	08:17
176	1124	Paulo Rito	gorookiebootcamp	Veterano M45	02:04:23	+49:01	08:18
177	2524	Fernando Rodrigues	lusitanos	Veterano M50	02:04:30	+49:08	08:18

TRAIL CURTO 15K - STAGE 1

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
178	1439	Antonio Caridade	team lanthemil	Veterano M40	02:04:31	+49:09	08:18
179	2389	Vasco Fernandes	individual	Senior Masculino	02:05:02	+49:40	08:20
180	2536	Joaquim Pereira	mozelos runners	Veterano M40	02:05:04	+49:42	08:20
181	1342	Joaquim Manuel Lopes Simões	individual	Veterano M45	02:05:06	+49:44	08:20
182	2638	Alexandra Pimenta	vimarunners	Senior Feminino	02:05:08	+49:46	08:21
183	2246	Alexandra Marques Azevedo	individual	Senior Feminino	02:05:12	+49:50	08:21
184	2052	José Alberto Ribeiro Machado	bota abaixo	Veterano M45	02:05:34	+50:12	08:22
185	2050	João Pedro Martins Barroso	bota abaixo	Sub 23 Masculino	02:05:34	+50:12	08:22
186	2377	Rui Novais	individual	Senior Masculino	02:05:41	+50:19	08:23
187	2376	Rui Miguel Vila Nova Carneiro	individual	Senior Masculino	02:05:41	+50:19	08:23
188	2192	Luisa Almeida	fitspot-parque nascente	Veterana F50	02:06:04	+50:42	08:24
189	2369	Ricardo Miguel da Silva Marques	individual	Senior Masculino	02:06:07	+50:45	08:24
190	2280	sara cristina silva cardoso	individual	Senior Feminino	02:06:11	+50:49	08:25
191	2132	Catia Ferreira da costa	ermidafit runners	Senior Feminino	02:06:12	+50:50	08:25
192	2085	Vanessa Soares	crossfit vale do ave	Senior Feminino	02:06:22	+51:00	08:25
193	2093	Rui Filipe Pereira	crossfit vale do ave	Sub 23 Masculino	02:06:22	+51:00	08:25
194	2301	BRUNO RICARDO COSTA VASCONCELOS	individual	Senior Masculino	02:06:28	+51:06	08:26
195	2441	Luis Manuel da Silva Medeiros Pereira	individual	Veterano M40	02:06:47	+51:25	08:27
196	2236	LILIANA ARAUJO	gtt - armazém do caffè	Senior Feminino	02:07:07	+51:45	08:28
197	2568	Nuno Carlos Alves Leites de Almeida	os lobos	Senior Masculino	02:07:10	+51:48	08:29
198	2481	António Vale Lima	individual	Veterano M50	02:07:13	+51:51	08:29
199	2423	Salomé Leitão	individual	Veterana F45	02:07:14	+51:52	08:29
200	2476	paulo alexandre carneiro	individual	Veterano M45	02:07:30	+52:08	08:30
201	2357	Nuno André Alves Correia	individual	Senior Masculino	02:07:39	+52:17	08:31
202	2230	Alexandre Machado	gorookiebootcamp	Veterano M40	02:07:45	+52:23	08:31
203	2216	Marta Marques	gorookiebootcamp	Senior Feminino	02:07:46	+52:24	08:31
204	2094	Pedro Luís Martins Pinto Mendes	crossfit vale do ave	Senior Masculino	02:07:47	+52:25	08:31
205	2493	Manuel Teixeira da Cunha	individual	Veterano M50	02:07:50	+52:28	08:31
206	2173	MARLENE PINTO	ffit gaia trail	Senior Feminino	02:07:57	+52:35	08:32
207	2286	Solange Sousa	individual	Senior Feminino	02:08:02	+52:40	08:32
208	2234	Antonio Carneiro	groupama trail	Veterano M45	02:08:19	+52:57	08:33
209	2361	Paulo Assis	individual	Senior Masculino	02:08:22	+53:00	08:33
210	2032	José Carlos Araújo	amigos da montanha	Veterano M40	02:08:36	+53:14	08:34
211	2402	Armandina da Silva Torres	individual	Veterana F40	02:08:53	+53:31	08:36
212	2347	Manuel Almeida	individual	Senior Masculino	02:10:14	+54:52	08:41
213	2408	Fernanda Nunes	individual	Veterana F40	02:10:32	+55:10	08:42
214	2574	Nuno Filipe Moraes Escobar	os morais	Veterano M40	02:10:50	+55:28	08:43
215	2326	Humberto Silva	individual	Senior Masculino	02:11:29	+56:07	08:46
216	2300	Bruno Pereira da Cruz Vieira	individual	Senior Masculino	02:11:30	+56:08	08:46
217	2445	Miguel Ângelo Brito Faria	individual	Veterano M40	02:11:33	+56:11	08:46
218	2404	Cristina Passos	individual	Veterana F40	02:11:44	+56:22	08:47
219	2266	Margarida Soares	individual	Senior Feminino	02:11:55	+56:33	08:48
220	2233	mariana magalhaes	groupama trail	Senior Feminino	02:12:02	+56:40	08:48

TRAIL CURTO 15K - STAGE 1

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
221	2461	Vasco Sérgio Almeida Monteiro da Costa	individual	Veterano M40	02:12:09	+56:47	08:49
222	1071	Helena Ferreira	crossfit vale do ave	Senior Feminino	02:12:17	+56:55	08:49
223	2472	José Fernando Rodrigues	individual	Veterano M45	02:12:21	+56:59	08:49
224	2203	JOSÉ GONÇALVES	frezite	Senior Masculino	02:12:30	+57:08	08:50
225	2199	ANDRE VASCONCELOS	frezite	Senior Masculino	02:12:30	+57:08	08:50
226	2307	Cesar Gomes	individual	Senior Masculino	02:12:34	+57:12	08:50
227	2244	Sergio Silva	hard trails runners	Senior Masculino	02:12:43	+57:21	08:51
228	2342	JOSÉ MIGUEL ARAÚJO CUNHA MAGALHÃES PEREIRA	individual	Senior Masculino	02:12:48	+57:26	08:51
229	2341	José Luis Gomes Fernandes	individual	Senior Masculino	02:13:17	+57:55	08:53
230	2354	Miguel Cracel	individual	Senior Masculino	02:13:17	+57:55	08:53
231	2335	Jorge Filipe Silva Pinheiro	individual	Senior Masculino	02:13:31	+58:09	08:54
232	2416	Amélia Taipa	individual	Veterana F45	02:13:32	+58:10	08:54
233	2477	Rogério Vara	individual	Veterano M45	02:13:32	+58:10	08:54
234	1122	Ana Oliveira	gorookiebootcamp	Senior Feminino	02:13:33	+58:11	08:54
235	2083	Pedro Miguel Fernandes Oliveira	clube galp energia norte	Veterano M40	02:13:36	+58:14	08:54
236	2414	Sónia Pereira	individual	Veterana F40	02:13:36	+58:14	08:54
237	1327	Vitor Castro	individual	Veterano M40	02:13:55	+58:33	08:56
238	2304	Carlos Silva	individual	Senior Masculino	02:14:04	+58:42	08:56
239	2504	Sara Barbosa	invictus oporto team	Senior Feminino	02:14:13	+58:51	08:57
240	2503	Célia Sousa	invictus oporto team	Senior Feminino	02:14:13	+58:51	08:57
241	2204	RICARDO MAIA	frezite	Senior Masculino	02:14:53	+59:31	09:00
242	2350	marco silva	individual	Senior Masculino	02:15:04	+59:42	09:00
243	2279	Rita Garcia	individual	Senior Feminino	02:15:07	+59:45	09:00
244	2114	SONIA MOREIRA	equipa joao ferreira	Senior Feminino	02:15:16	+59:54	09:01
245	2275	Raquel Neiva - Beat loja de desporto	individual	Senior Feminino	02:15:21	+59:59	09:01
246	2167	Jorge Vale	fama runners	Veterano M50	02:15:23	+01:00:01	09:02
247	2617	Rui Paiva	team agente meireles	Senior Masculino	02:15:30	+01:00:08	09:02
248	2456	Sérgio Osório	individual	Veterano M40	02:15:44	+01:00:22	09:03
249	2163	Manuel Veloso	fama runners	Veterano M40	02:16:09	+01:00:47	09:05
250	2049	Marco António Ferreira Santos	bota abaixo	Senior Masculino	02:16:09	+01:00:47	09:05
251	2400	Leonardo Brito	individual	Sub 23 Masculino	02:16:12	+01:00:50	09:05
252	2439	Leonel Silva	individual	Veterano M40	02:16:23	+01:01:01	09:06
253	2490	JOSÉ MÁRIO MAGALHÃES DE PEREIRA	individual	Veterano M50	02:16:27	+01:01:05	09:06
254	2371	Ricardo Nicolau	individual	Senior Masculino	02:16:40	+01:01:18	09:07
255	2360	Paulo Areal Sousa	individual	Senior Masculino	02:17:15	+01:01:53	09:09
256	2514	Paulo Ribeiro	lion runners - g. d. leões da guarda	Veterano M40	02:17:15	+01:01:53	09:09
257	2582	Mafalda Alves	papa trails	Sub 23 Feminino	02:17:22	+01:02:00	09:09
258	2316	Fernando Jorge Costa Freitas Francisco Ribeiro	individual	Senior Masculino	02:17:31	+01:02:09	09:10
259	2086	Carlos Costa	crossfit vale do ave	Senior Masculino	02:17:49	+01:02:27	09:11
260	2411	Liseta Pinto	individual	Veterana F40	02:18:05	+01:02:43	09:12
261	2027	António Gabriel Fernandes Lima	allive	Senior Masculino	02:18:11	+01:02:49	09:13
262	2030	António Filipe Silva Carneiro	allive	Veterano M40	02:18:12	+01:02:50	09:13

TRAIL CURTO 15K - STAGE 1

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
263	2025	Carlos Ferreira	alive runners	Veterano M45	02:18:13	+01:02:51	09:13
264	2026	Fernando Ferreira Carneiro	alive runners	Veterano M45	02:18:15	+01:02:53	09:13
265	2029	Nelson Luis Neto Carneiro	allive	Senior Masculino	02:18:16	+01:02:54	09:13
266	2464	Daniel Gomes	individual	Veterano M45	02:18:43	+01:03:21	09:15
267	2172	Manuel Rocha	fast ao km	Veterano M50	02:18:52	+01:03:30	09:15
268	2196	Paulo Costa	fitspot-parque nascente	Veterano M45	02:18:54	+01:03:32	09:16
269	2041	Eliana Torres	befitness runners	Senior Feminino	02:18:56	+01:03:34	09:16
270	2037	Célia Alves	as ribeirenses	Veterana F40	02:19:14	+01:03:52	09:17
271	2162	Rosa Vilhena	fama runners	Veterana F50	02:19:28	+01:04:06	09:18
272	2284	Sílvia Rafael	individual	Senior Feminino	02:19:41	+01:04:19	09:19
273	2068	Simão Araújo	cf jesuitas	Senior Masculino	02:19:54	+01:04:32	09:20
274	2531	Inês Moreira	moinhos run	Senior Feminino	02:20:02	+01:04:40	09:20
275	2534	Rui Quinta	moinhos run	Veterano M50	02:20:03	+01:04:41	09:20
276	2558	Élvio Ornelas	oralklass-amigos do trail	Senior Masculino	02:20:05	+01:04:43	09:20
277	2561	Octávio Mota	oralklass-amigos do trail	Senior Masculino	02:20:05	+01:04:43	09:20
278	2191	Ana Guimaraões	fitspot-parque nascente	Veterana F45	02:20:08	+01:04:46	09:21
279	2184	Pedro Rodrigues	fitspot-parque nascente	Senior Masculino	02:20:09	+01:04:47	09:21
280	2193	Carlindo Martins	fitspot-parque nascente	Veterano M40	02:20:09	+01:04:47	09:21
281	2217	Patrícia Alves	gorookiebootcamp	Senior Feminino	02:20:37	+01:05:15	09:22
282	2231	Jorge Silva	gorookiebootcamp	Veterano M45	02:20:41	+01:05:19	09:23
283	2211	Filipe Leitão	gondomar futsal clube	Senior Masculino	02:20:54	+01:05:32	09:24
284	2054	Davide Silva	bota&sigla	Senior Masculino	02:21:26	+01:06:04	09:26
285	2470	Joao Ramalho	individual	Veterano M45	02:22:00	+01:06:38	09:28
286	2482	Celestino Pires	individual	Veterano M50	02:22:00	+01:06:38	09:28
287	2655	Maria Alexandra Gonçalves	befitness runners	Senior Feminino	02:22:04	+01:06:42	09:28
288	2044	Rui Viana	befitness runners	Veterano M40	02:22:04	+01:06:42	09:28
289	2473	Luis Espirito Santo	individual	Veterano M45	02:22:07	+01:06:45	09:28
290	2209	Miguel Bandeira	friends	Veterano M45	02:22:07	+01:06:45	09:28
291	2483	Fernando Silva	individual	Veterano M50	02:22:15	+01:06:53	09:29
292	2539	Eliana Sousa	ninja team	Senior Feminino	02:22:22	+01:07:00	09:29
293	2542	Carlos Reis	ninja team	Senior Masculino	02:22:22	+01:07:00	09:29
294	2128	PEDRO PINHEIRO	equipa joao ferreira	Veterano M40	02:22:57	+01:07:35	09:32
295	2131	ARTUR CARDOSO	equipa joao ferreira	Veterano M45	02:22:58	+01:07:36	09:32
296	2062	José Alves	ccd preh	Senior Masculino	02:23:10	+01:07:48	09:33
297	2323	Helder Ricardo Oliveira Barbosa	individual	Senior Masculino	02:23:50	+01:08:28	09:35
298	2278	Renata Almeida	individual	Senior Feminino	02:23:50	+01:08:28	09:35
299	2139	Joana Vaz	eu+ ginásio lma	Veterana F40	02:23:52	+01:08:30	09:35
300	2138	Carla Costa	eu+ ginásio lma	Senior Feminino	02:23:53	+01:08:31	09:36
301	2424	Julia Batista	individual	Veterana F50	02:23:59	+01:08:37	09:36
302	2103	Hernâni Pinto	easymeals	Senior Masculino	02:24:29	+01:09:07	09:38
303	2102	Raquel Oliveira	easymeals	Senior Feminino	02:24:29	+01:09:07	09:38
304	1086	ADOLFO ALMEIDA	equipa joao ferreira	Senior Masculino	02:24:54	+01:09:32	09:40
305	2112	RITA OLIVEIRA	equipa joao ferreira	Senior Feminino	02:24:54	+01:09:32	09:40
306	1085	ISABEL PINTO	equipa joao ferreira	Senior Feminino	02:24:55	+01:09:33	09:40
307	2548	Carla Pereira	nós	Senior Feminino	02:25:49	+01:10:27	09:43
308	2235	paulo sousa	groupama trail	Veterano M40	02:25:55	+01:10:33	09:44

TRAIL CURTO 15K - STAGE 1

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
309	2431	Bruno Rodrigues	individual	Veterano M40	02:26:20	+01:10:58	09:45
310	2447	mónica vilas boas	individual	Veterano M40	02:26:24	+01:11:02	09:46
311	2616	Rafael Nogueira	team agente meireles	Senior Masculino	02:26:29	+01:11:07	09:46
312	2063	Ana Andrade	ginasio clube santo tirso	Senior Feminino	02:26:30	+01:11:08	09:46
313	2551	Sandra Silva	noztes	Senior Feminino	02:26:42	+01:11:20	09:47
314	2215	Eunice Cruz	gorookiebootcamp	Senior Feminino	02:26:48	+01:11:26	09:47
315	2615	Duarte Meireles	team agente meireles	Senior Masculino	02:26:50	+01:11:28	09:47
316	2527	Fernanda Maria Ferreira Oliveira	marão team	Senior Feminino	02:27:14	+01:11:52	09:49
317	2373	Rui Correia	individual	Senior Masculino	02:28:00	+01:12:38	09:52
318	2317	Fernando Miguel Quadrado Bolota Fonseca	individual	Senior Masculino	02:28:03	+01:12:41	09:52
319	2021	Inês Sousa	alive runners	Sub 23 Feminino	02:28:52	+01:13:30	09:55
320	2018	Gilberto Moura	alive runners	Senior Masculino	02:28:52	+01:13:30	09:55
321	2016	Guilherme Lima	afrikanrunners	Senior Masculino	02:29:06	+01:13:44	09:56
322	2338	Jorge Manuel Pereira Monteiro	individual	Senior Masculino	02:29:11	+01:13:49	09:57
323	2581	Vitor Teixeira	papa trails	Senior Masculino	02:29:16	+01:13:54	09:57
324	2580	Mónica Magalhães	papa trails	Senior Feminino	02:29:16	+01:13:54	09:57
325	2583	Ana Alves	papa trails	Veterana F40	02:29:19	+01:13:57	09:57
326	2420	Anabela Cunha	individual	Veterana F45	02:29:31	+01:14:09	09:58
327	2392	Gilberta barbosa	individual	Sub 23 Feminino	02:29:41	+01:14:19	09:59
328	2471	Jorge Nascimento	individual	Veterano M45	02:29:44	+01:14:22	09:59
329	2031	Carlos Alberto Dinis da Silva	allive	Veterano M40	02:29:48	+01:14:26	09:59
330	2260	joana silva	individual	Senior Feminino	02:30:06	+01:14:44	10:00
331	2394	Telma Sofia Coutinho gomes	individual	Sub 23 Feminino	02:30:14	+01:14:52	10:01
332	2318	Fernando Sérgio Teixeira Ferreira	individual	Senior Masculino	02:30:17	+01:14:55	10:01
333	2579	Estela Oliveira	papa trails	Senior Feminino	02:30:42	+01:15:20	10:03
334	2160	Elsa Silva	fama runners	Veterana F45	02:31:21	+01:15:59	10:05
335	2064	Cristina Miranda	ginasio clube santo tirso	Senior Feminino	02:31:21	+01:15:59	10:05
336	2409	Filipa Falcão	individual	Veterana F40	02:31:36	+01:16:14	10:06
337	2053	Paulo Manuel Carvalho Barroso	bota abaixo	Veterano M50	02:31:36	+01:16:14	10:06
338	2155	João Figueiredo	fama runners	Sub 23 Masculino	02:31:50	+01:16:28	10:07
339	2313	Edgar Matos	individual	Senior Masculino	02:31:53	+01:16:31	10:08
340	2384	Tiago Dias	individual	Senior Masculino	02:32:24	+01:17:02	10:10
341	2147	Patrícia Teixeira	fama runners	Senior Feminino	02:32:24	+01:17:02	10:10
342	2292	Alexandre Ribeiro Free Tibet	individual	Senior Masculino	02:32:24	+01:17:02	10:10
343	2544	Ana Filipa Pereira	ninja team	Sub 23 Feminino	02:32:33	+01:17:11	10:10
344	2469	João de Sousa Teixeira	individual	Veterano M45	02:32:33	+01:17:11	10:10
345	2550	Ana Raquel Lourenço	noztes	Senior Feminino	02:33:08	+01:17:46	10:13
346	2564	Manuel Moura	os barriguitas	Veterano M50	02:33:34	+01:18:12	10:14
347	2123	MARIA FONSECA	equipa joao ferreira	Veterana F40	02:34:15	+01:18:53	10:17
348	2302	Carlos Miguel Ferreira de Sousa	individual	Senior Masculino	02:34:22	+01:19:00	10:17
349	2261	Liliana Catarina Vieira Rodrigues	individual	Senior Feminino	02:34:23	+01:19:01	10:18
350	2374	Rui Manuel Ferreira da Costa	individual	Senior Masculino	02:34:30	+01:19:08	10:18
351	2256	Daniela peixoto	individual	Senior Feminino	02:34:46	+01:19:24	10:19
352	2344	José Pedro Sistelo	individual	Senior Masculino	02:34:51	+01:19:29	10:19
353	2277	Raquel Santos	individual	Senior Feminino	02:34:51	+01:19:29	10:19

TRAIL CURTO 15K - STAGE 1

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
354	2541	Patrícia Ramoa	ninja team	Senior Feminino	02:34:53	+01:19:31	10:20
355	2104	Carla Alexandra Araujo Pereira	edv - viana trail	Senior Feminino	02:34:55	+01:19:33	10:20
356	2297	Arnaldo Costa	individual	Senior Masculino	02:34:57	+01:19:35	10:20
357	2011	Miguela Monteiro	afrikanrunners	Senior Feminino	02:34:59	+01:19:37	10:20
358	2013	Sofia Moreira	afrikanrunners	Senior Feminino	02:35:15	+01:19:53	10:21
359	2552	Olga coelho	olga tiago	Senior Feminino	02:35:21	+01:19:59	10:21
360	2553	Tiago mendonca	olga tiago	Senior Masculino	02:35:22	+01:20:00	10:21
361	2487	José Carlos Martins Carneiro	individual	Veterano M50	02:35:49	+01:20:27	10:23
362	2287	Sonia Machado	ei team trail	Senior Feminino	02:35:55	+01:20:33	10:24
363	2035	Ana Catarina Santos	as ribeirenses	Senior Feminino	02:36:00	+01:20:38	10:24
364	2428	António José	individual	Veterano M40	02:36:16	+01:20:54	10:25
365	2403	Candida Seabra	individual	Veterana F40	02:36:22	+01:21:00	10:25
366	2290	Vanessa dias	individual	Senior Feminino	02:36:28	+01:21:06	10:26
367	2271	Marta Martins	individual	Senior Feminino	02:36:39	+01:21:17	10:27
368	2333	João Sousa	individual	Senior Masculino	02:36:43	+01:21:21	10:27
369	2305	Carlos Teixeira	individual	Senior Masculino	02:36:45	+01:21:23	10:27
370	2624	susana pinheiro	team lantermil	Senior Feminino	02:36:48	+01:21:26	10:27
371	2010	Maria João Moreira	afrikanrunners	Senior Feminino	02:36:52	+01:21:30	10:27
372	2012	Sandra Freitas	afrikanrunners	Senior Feminino	02:36:52	+01:21:30	10:27
373	2130	EDGAR SARAIVA	equipa joao ferreira	Veterano M40	02:37:16	+01:21:54	10:29
374	2210	Mohammed Moudnib	friends	Veterano M45	02:37:24	+01:22:02	10:30
375	2152	João Pinheiro	fama runners	Senior Masculino	02:37:52	+01:22:30	10:31
376	2379	Sergio Louro	individual	Senior Masculino	02:38:08	+01:22:46	10:33
377	2249	Andreia Silva	individual	Senior Feminino	02:38:08	+01:22:46	10:33
378	2133	Liliana Alves	ermidafit runners	Senior Feminino	02:38:16	+01:22:54	10:33
379	2653	Paula Silva	ermidafit runners	Veterana F40	02:38:16	+01:22:54	10:33
380	2208	Rosário Guerra	friends	Veterana F45	02:38:49	+01:23:27	10:35
381	2442	Luís Moutinho	individual	Veterano M40	02:39:01	+01:23:39	10:36
382	2611	Sónia Gonçalves	sónias	Senior Feminino	02:39:01	+01:23:39	10:36
383	2108	DANIELA QUELHAS	equipa joao ferreira	Senior Feminino	02:39:03	+01:23:41	10:36
384	2293	Andre Neves	individual	Senior Masculino	02:39:54	+01:24:32	10:40
385	2251	Carina Barbosa	individual	Senior Feminino	02:40:03	+01:24:41	10:40
386	2353	Miguel André Silva Azevedo	individual	Senior Masculino	02:41:04	+01:25:42	10:44
387	2327	Joao Almeida Silveira	individual	Senior Masculino	02:41:05	+01:25:43	10:44
388	2595	Ruí silva	run 4 fun	Veterano M40	02:41:11	+01:25:49	10:45
389	2594	Nuno França	run 4 fun	Senior Masculino	02:41:13	+01:25:51	10:45
390	2592	Catia Oliveira	run 4 fun	Senior Feminino	02:41:16	+01:25:54	10:45
391	2593	Catia Ribeiro	run 4 fun	Senior Feminino	02:41:17	+01:25:55	10:45
392	2363	Pedro Fernandes	individual	Senior Masculino	02:41:36	+01:26:14	10:46
393	2105	ANDREIA MUXAGATO	equipa joao ferreira	Senior Feminino	02:41:37	+01:26:15	10:46
394	2540	Márcia Santos	ninja team	Senior Feminino	02:41:38	+01:26:16	10:47
395	2545	Fernando Nascimento	ninja team	Sub 23 Masculino	02:41:39	+01:26:17	10:47
396	2187	Beatriz Dias	fitspot-parque nascente	Sub 23 Feminino	02:42:04	+01:26:42	10:48
397	2467	Francisco Preto	individual	Veterano M45	02:42:16	+01:26:54	10:49
398	2183	Pedro Polonia	fitspot-parque nascente	Senior Masculino	02:42:23	+01:27:01	10:50
399	2178	Susana Latourrette	fitspot-parque nascente	Senior Feminino	02:42:23	+01:27:01	10:50

TRAIL CURTO 15K - STAGE 1

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
445	2206	Benedita Barreiros	friends	Sub 23 Feminino	02:58:34	+01:43:12	11:54
446	2478	VITOR LOPES	ginasio clube santo tirso	Veterano M45	02:58:39	+01:43:17	11:55
447	1093	Tiago Araújo	ermidafit runners	Senior Masculino	02:58:46	+01:43:24	11:55
448	2584	Carla Falcão	perdi o táxi	Veterana F45	02:58:51	+01:43:29	11:55
449	2410	Liliana Salgado	individual	Veterana F40	02:59:23	+01:44:01	11:58
450	2417	Amenilde Capela	individual	Veterana F45	02:59:23	+01:44:01	11:58
451	2415	Susana Isabel Pereira Lopes	individual	Veterana F40	02:59:23	+01:44:01	11:58
452	2229	Paula Moreira	gorookiebootcamp	Veterana F45	02:59:33	+01:44:11	11:58
453	2364	Pedro Miguel Carneiro Magalhaes	individual	Senior Masculino	03:01:29	+01:46:07	12:06
454	2283	Sílvia Marta Soares do Rêgo	individual	Senior Feminino	03:01:30	+01:46:08	12:06
455	2421	Cristina Maria Teixeira Gomes	individual	Veterana F45	03:01:51	+01:46:29	12:07
456	2269	Marlene Faria	individual	Senior Feminino	03:01:51	+01:46:29	12:07
457	2282	Sílvia Faria	individual	Senior Feminino	03:01:51	+01:46:29	12:07
458	2223	Rita Mesquita	gorookiebootcamp	Veterana F40	03:03:57	+01:48:35	12:16
459	2225	Herminia Pinto	gorookiebootcamp	Veterana F45	03:03:59	+01:48:37	12:16
460	2222	Carolina Silva	gorookiebootcamp	Veterana F40	03:07:32	+01:52:10	12:30
461	2218	Susana Martins	gorookiebootcamp	Senior Feminino	03:11:41	+01:56:19	12:47
462	1123	Bruno Rodrigues	gorookiebootcamp	Senior Masculino	03:15:20	+01:59:58	13:01
463	2226	Isabel Pimenta	gorookiebootcamp	Veterana F45	03:15:21	+01:59:59	13:01
464	2614	Helena Neves	susana martins	Senior Feminino	03:15:21	+01:59:59	13:01
465	2501	Marco Pacheco	inquipa trail sorriso	Veterano M40	03:15:53	+02:00:31	13:04
466	2497	Joana Torres	inquipa trail sorriso	Senior Feminino	03:15:53	+02:00:31	13:04
467	2401	ana maria lopes pinto	individual	Veterana F40	03:16:47	+02:01:25	13:07
468	2543	Diogo Gonçalves	ninja team	Senior Masculino	03:16:48	+02:01:26	13:07
469	2014	VÂNIA FERREIRA	afrikanrunners	Senior Feminino	03:18:14	+02:02:52	13:13
470	2008	Carina Moreira	afrikanrunners	Senior Feminino	03:18:15	+02:02:53	13:13
471	2015	ANDREIA MARTINS	afrikanrunners	Senior Masculino	03:33:31	+02:18:09	14:14
472	2009	Célia Neto	afrikanrunners	Senior Feminino	03:33:32	+02:18:10	14:14
473	2425	Margarida Faria	individual	Veterana F50	03:38:27	+02:23:05	14:34
474	2151	Fernando Silva	fama runners	Senior Masculino	03:42:53	+02:27:31	14:52
475	2285	Sofia Dias Silva	individual	Senior Feminino	03:42:56	+02:27:34	14:52
476	2154	Rui Ribeiro	fama runners	Senior Masculino	03:42:57	+02:27:35	14:52

Trail Curto 15K

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	10:00	6,4°C	100%
End	15:38	6,4°C	100%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
------	-----	------	------	-----	--------	------	------

Senior Feminino

1	2556	Maria Gonçalves	Oralklass-Amigos do Trail	Senior Feminino	01:38:54		06:36
2	2555	Joana Gonçalves	Oralklass-Amigos do Trail	Senior Feminino	01:50:19	+11:25	07:21
3	2111	MARTA FERNANDEZ	EQUIPA JOAO FERREIRA	Senior Feminino	01:53:08	+14:14	07:33
4	2264	Márcia Silva	Individual	Senior Feminino	01:59:33	+20:39	07:58
5	2258	Isabel Ferreira	Individual	Senior Feminino	02:01:41	+22:47	08:07
6	2557	Patricia Santos	Oralklass-Amigos do Trail	Senior Feminino	02:01:50	+22:56	08:07
7	2042	Sandra Silva	Befitness Runners	Senior Feminino	02:02:28	+23:34	08:10
8	2505	Sofia Gonçalves	Invictus Oporto Team	Senior Feminino	02:03:08	+24:14	08:13
9	2638	Alexandra Pimenta	vimarunners	Senior Feminino	02:05:08	+26:14	08:21
10	2246	Alexandra Marques Azevedo	Individual	Senior Feminino	02:05:12	+26:18	08:21
11	2280	sara cristina silva cardoso	Individual	Senior Feminino	02:06:11	+27:17	08:25
12	2132	Catia Ferreira da costa	ERMIDAFIT Runners	Senior Feminino	02:06:12	+27:18	08:25
13	2085	Vanessa Soares	CrossFit Vale do Ave	Senior Feminino	02:06:22	+27:28	08:25
14	2236	LILIANA ARAUJO	GTT - Armazém do Caffè	Senior Feminino	02:07:07	+28:13	08:28
15	2216	Marta Marques	GoRookieBootcamp	Senior Feminino	02:07:46	+28:52	08:31
16	2173	MARLENE PINTO	FFit Gaia Trail	Senior Feminino	02:07:57	+29:03	08:32
17	2286	Solange Sousa	Individual	Senior Feminino	02:08:02	+29:08	08:32
18	2266	Margarida Soares	Individual	Senior Feminino	02:11:55	+33:01	08:48
19	2233	mariana magalhaes	groupama trail	Senior Feminino	02:12:02	+33:08	08:48
20	1071	Helena Ferreira	CrossFit Vale do Ave	Senior Feminino	02:12:17	+33:23	08:49
21	1122	Ana Oliveira	GoRookieBootcamp	Senior Feminino	02:13:33	+34:39	08:54
22	2504	Sara Barbosa	Invictus Oporto Team	Senior Feminino	02:14:13	+35:19	08:57
23	2503	Celia Sousa	Invictus Oporto Team	Senior Feminino	02:14:13	+35:19	08:57
24	2279	Rita Garcia	Individual	Senior Feminino	02:15:07	+36:13	09:00
25	2114	SONIA MOREIRA	Equipa Joao Ferreira	Senior Feminino	02:15:16	+36:22	09:01
26	2275	Raquel Neiva - Beat loja de desporto	Individual	Senior Feminino	02:15:21	+36:27	09:01
27	2041	Eliana Torres	Befitness Runners	Senior Feminino	02:18:56	+40:02	09:16
28	2284	Silvia Rafael	Individual	Senior Feminino	02:19:41	+40:47	09:19
29	2531	Inês Moreira	Moinhos Run	Senior Feminino	02:20:02	+41:08	09:20
30	2217	Patricia Alves	GoRookieBootcamp	Senior Feminino	02:20:37	+41:43	09:22
31	2655	Maria Alexandra Gonçalves	Befitness Runners	Senior Feminino	02:22:04	+43:10	09:28
32	2539	Eliana Sousa	Ninja Team	Senior Feminino	02:22:22	+43:28	09:29
33	2278	Renata Almeida	Individual	Senior Feminino	02:23:50	+44:56	09:35
34	2138	Carla Costa	Eu+ Ginásio LMA	Senior Feminino	02:23:53	+44:59	09:36
35	2102	Raquel Oliveira	easymeals	Senior Feminino	02:24:29	+45:35	09:38
36	2112	RITA OLIVEIRA	EQUIPA JOAO FERREIRA	Senior Feminino	02:24:54	+46:00	09:40
37	1085	ISABEL PINTO	EQUIPA JOAO FERREIRA	Senior Feminino	02:24:55	+46:01	09:40
38	2548	Carla Pereira	Nós	Senior Feminino	02:25:49	+46:55	09:43
39	2063	Ana Andrade	Ginasio Clube Santo Tirso	Senior Feminino	02:26:30	+47:36	09:46

Official Timekeeper: Lap2Go	1 / 12	generate 14-fev-2016 18:42
-----------------------------	--------	----------------------------

Trail Curto 15K**15 KM**LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION**OFFICIAL RESULT**LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

40	2551	Sandra Silva	Nozes	Senior Feminino	02:26:42	+47:48	09:47
41	2215	Eunice Cruz	GoRookieBootcamp	Senior Feminino	02:26:48	+47:54	09:47
42	2527	Fernanda Maria Ferreira Oliveira	Marão Team	Senior Feminino	02:27:14	+48:20	09:49
43	2580	Mónica Magalhães	PAPA TRAILS	Senior Feminino	02:29:16	+50:22	09:57
44	2260	joana silva	Individual	Senior Feminino	02:30:06	+51:12	10:00
45	2579	Estela Oliveira	PAPA TRAILS	Senior Feminino	02:30:42	+51:48	10:03
46	2064	Cristina Miranda	Ginasio Clube Santo Tirso	Senior Feminino	02:31:21	+52:27	10:05
47	2147	Patrícia Teixeira	FAMA RUNNERS	Senior Feminino	02:32:24	+53:30	10:10
48	2550	Ana Raquel Lourenço	Nozes	Senior Feminino	02:33:08	+54:14	10:13
49	2261	Liliana Catarina Vieira Rodrigues	Individual	Senior Feminino	02:34:23	+55:29	10:18
50	2256	Daniela peixoto	Individual	Senior Feminino	02:34:46	+55:52	10:19
51	2277	Raquel Santos	Individual	Senior Feminino	02:34:51	+55:57	10:19
52	2541	Patrícia Ramoa	Ninja Team	Senior Feminino	02:34:53	+55:59	10:20
53	2104	Carla Alexandra Araujo Pereira	EDV - Viana Trail	Senior Feminino	02:34:55	+56:01	10:20
54	2011	Miguel Monteiro	AfrikanRunners	Senior Feminino	02:34:59	+56:05	10:20
55	2013	Sofia Moreira	AfrikanRunners	Senior Feminino	02:35:15	+56:21	10:21
56	2552	Olga coelho	Olga tiago	Senior Feminino	02:35:21	+56:27	10:21
57	2287	Sonia Machado	EI Team Trail	Senior Feminino	02:35:55	+57:01	10:24
58	2035	Ana Catarina Santos	As Ribeirenses	Senior Feminino	02:36:00	+57:06	10:24
59	2290	Vanessa dias	Individual	Senior Feminino	02:36:28	+57:34	10:26
60	2271	Marta Martins	Individual	Senior Feminino	02:36:39	+57:45	10:27
61	2624	susana pinheiro	TEAM LANTEMIL	Senior Feminino	02:36:48	+57:54	10:27
62	2010	Maria João Moreira	AfrikanRunners	Senior Feminino	02:36:52	+57:58	10:27
63	2012	Sandra Freitas	AfrikanRunners	Senior Feminino	02:36:52	+57:58	10:27
64	2249	Andreia Silva	Individual	Senior Feminino	02:38:08	+59:14	10:33
65	2133	Liliana Alves	ERMIDAFIT Runners	Senior Feminino	02:38:16	+59:22	10:33
66	2611	Sónia Gonçalves	Sónias	Senior Feminino	02:39:01	+01:00:07	10:36
67	2108	DANIELA QUELHAS	EQUIPA JOAO FERREIRA	Senior Feminino	02:39:03	+01:00:09	10:36
68	2251	Carina Barbosa	Individual	Senior Feminino	02:40:03	+01:01:09	10:40
69	2592	Catia Oliveira	RUN 4 FUN	Senior Feminino	02:41:16	+01:02:22	10:45
70	2593	Catia Ribeiro	RUN 4 FUN	Senior Feminino	02:41:17	+01:02:23	10:45
71	2105	ANDREIA MUXAGATO	EQUIPA JOAO FERREIRA	Senior Feminino	02:41:37	+01:02:43	10:46
72	2540	Márcia Santos	Ninja Team	Senior Feminino	02:41:38	+01:02:44	10:47
73	2178	Susana Latourrette	FITSPOT-Parque Nascente	Senior Feminino	02:42:23	+01:03:29	10:50
74	2109	ISABEL AGUIAR	EQUIPA JOAO FERREIRA	Senior Feminino	02:42:59	+01:04:05	10:52
75	2570	Maria Eduarda Pereira Morais	OS MORAIS	Senior Feminino	02:43:01	+01:04:07	10:52
76	2598	Teresa Pinto	Solmaia Runners	Senior Feminino	02:45:03	+01:06:09	11:00
77	2115	SONIA TELES	EQUIPA JOAO FERREIRA	Senior Feminino	02:45:03	+01:06:09	11:00
78	2274	Patrícia Pereira	Individual	Senior Feminino	02:46:31	+01:07:37	11:06
79	2567	Marta Jerónimo Miranda Afonso	Os Lobos	Senior Feminino	02:47:18	+01:08:24	11:09
80	2065	Susana Bernardo Fernandes	CF Jesuítas	Senior Feminino	02:51:05	+01:12:11	11:24
81	2276	Raquel Santos	Individual	Senior Feminino	02:52:43	+01:13:49	11:31
82	2169	Sílvia Castelo	Fardetas	Senior Feminino	02:53:40	+01:14:46	11:35
83	2176	Joana Naldinho	FITSPOT-Parque Nascente	Senior Feminino	02:53:54	+01:15:00	11:36
84	2107	CARMO MARINHO	EQUIPA JOAO FERREIRA	Senior Feminino	02:54:00	+01:15:06	11:36
85	2516	Cristina Gonçalves	LION RUNNERS - G. D. LEÕES DA GUARDA	Senior Feminino	02:55:51	+01:16:57	11:43

Trail Curto 15K

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

86	2509	Daniela Silva	LION RUNNERS - G. D. LEÕES DA GUARDA	Senior Feminino	02:55:51	+01:16:57	11:43
87	2036	Paula Santos	As Ribeirenses	Senior Feminino	02:56:59	+01:18:05	11:48
88	2134	Natália Filipa Ferreira silva pereira	ERMIDAFIT Runners	Senior Feminino	02:58:28	+01:19:34	11:54
89	2283	Sílvia Marta Soares do Rêgo	Individual	Senior Feminino	03:01:30	+01:22:36	12:06
90	2269	Marlene Faria	Individual	Senior Feminino	03:01:51	+01:22:57	12:07
91	2282	Sílvia Faria	Individual	Senior Feminino	03:01:51	+01:22:57	12:07
92	2218	Susana Martins	GoRookieBootcamp	Senior Feminino	03:11:41	+01:32:47	12:47
93	2614	Helena Neves	Susana Martins	Senior Feminino	03:15:21	+01:36:27	13:01
94	2497	Joana Torres	INQUIPA TRAIL SORRISO	Senior Feminino	03:15:53	+01:36:59	13:04
95	2014	VÂNIA FERREIRA	AfrikanRunners	Senior Feminino	03:18:14	+01:39:20	13:13
96	2008	Carina Moreira	AfrikanRunners	Senior Feminino	03:18:15	+01:39:21	13:13
97	2009	Célia Neto	AfrikanRunners	Senior Feminino	03:33:32	+01:54:38	14:14
98	2285	Sofia Dias Silva	Individual	Senior Feminino	03:42:56	+02:04:02	14:52

Senior Masculino

1	2001	BRUNO RICARDO OLIVEIRA SILVA	AFACYCLES sport	Senior Masculino	01:15:22		05:01
2	2559	Filipe Carneiro	Oralklass-Amigos do Trail	Senior Masculino	01:22:43	+07:21	05:31
3	2386	Tiago Lima	Individual	Senior Masculino	01:24:48	+09:26	05:39
4	2171	Ricardo Rocha	FAST AO KM	Senior Masculino	01:25:23	+10:01	05:42
5	2043	Pedro Alves	Befitness Runners	Senior Masculino	01:27:38	+12:16	05:51
6	2294	André Pinto	Individual	Senior Masculino	01:28:19	+12:57	05:53
7	2519	Nelson Pires	Lusitanos	Senior Masculino	01:29:19	+13:57	05:57
8	2308	Cristiano Nogueira	Individual	Senior Masculino	01:30:46	+15:24	06:03
9	2358	Nuno Miguel Carvalho da Silva	Individual	Senior Masculino	01:32:17	+16:55	06:09
10	2348	Hugo Sousa	Individual	Senior Masculino	01:35:06	+19:44	06:20
11	2368	Rafael Campos dos Santos	Individual	Senior Masculino	01:35:22	+20:00	06:21
12	2185	Rafael Almeida	FITSPOT-Parque Nascente	Senior Masculino	01:35:48	+20:26	06:23
13	2006	Hélder Pereira Borges	AFIPRE Team	Senior Masculino	01:35:51	+20:29	06:23
14	2045	Edgar Costa	Bikermania Famalicão	Senior Masculino	01:36:06	+20:44	06:24
15	2320	Francisco Silva Morais	Individual	Senior Masculino	01:36:06	+20:44	06:24
16	2385	Tiago José Velho Ferreira	Individual	Senior Masculino	01:36:37	+21:15	06:26
17	2506	Angelo Vaz	Invictus Oporto Team	Senior Masculino	01:37:01	+21:39	06:28
18	2370	Ricardo Morais da Costa Nogueira	Individual	Senior Masculino	01:37:02	+21:40	06:28
19	2309	Daniel Fernando Teixeira Perola	Individual	Senior Masculino	01:37:07	+21:45	06:28
20	2237	Emanuel Costa	GTT - Armazém do Caffè	Senior Masculino	01:37:28	+22:06	06:30
21	2240	Ricardo Moreira	GTT - Armazém do Caffè	Senior Masculino	01:39:24	+24:02	06:38
22	2149	Alexandre Silva	FAMA RUNNERS	Senior Masculino	01:39:45	+24:23	06:39
23	2039	Eduardo Silva Moreira	ASSS Columbófila Cantanhede	Senior Masculino	01:41:46	+26:24	06:47
24	2334	Joaquim Alves	Individual	Senior Masculino	01:42:22	+27:00	06:49
25	2174	Paulo Sarmiento	FFit Gaia Trail	Senior Masculino	01:42:28	+27:06	06:50
26	2238	HUGO PALMEIRA	GTT - Armazém do Caffè	Senior Masculino	01:43:24	+28:02	06:54
27	2312	Diogo Sampaio Barbosa de Matos	Individual	Senior Masculino	01:43:28	+28:06	06:54
28	2632	Emanuel Soares	Trailistas "Eu é que sei!"	Senior Masculino	01:43:42	+28:20	06:55
29	2365	Pedro Miguel Correia Vieira	Individual	Senior Masculino	01:44:21	+28:59	06:57

Trail Curto 15K
15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

30	2331	João Pedro Correia Silva	Individual	Senior Masculino	01:44:45	+29:23	06:59
31	2612	João Pedro Barbosa	SS MONTEPIO	Senior Masculino	01:45:15	+29:53	07:01
32	2322	Helder Faria	Individual	Senior Masculino	01:45:43	+30:21	07:03
33	2150	Daniel Oliveira	FAMA RUNNERS	Senior Masculino	01:45:48	+30:26	07:03
34	2245	Vitor Tomás	Hard Trails Runners	Senior Masculino	01:46:19	+30:57	07:05
35	2182	Miguel Guimaraes	FITSPOT-Parque Nascente	Senior Masculino	01:47:44	+32:22	07:11
36	2097	Vitor Ribeiro	Didáxis Trail	Senior Masculino	01:47:47	+32:25	07:11
37	2004	Nélio Guimarães	2runners	Senior Masculino	01:48:30	+33:08	07:14
38	2273	Nuno Santos	Individual	Senior Masculino	01:48:31	+33:09	07:14
39	2201	JOÃO REBELO	FREZITE	Senior Masculino	01:49:32	+34:10	07:18
40	2586	Tiago Machado	PPQTQ	Senior Masculino	01:50:17	+34:55	07:21
41	2585	Fernando Braga	PPQTQ	Senior Masculino	01:50:17	+34:55	07:21
42	2560	Luis Lopes	Oralklass-Amigos do Trail	Senior Masculino	01:50:17	+34:55	07:21
43	2600	Eduardo Nascimento	Solmaia Runners	Senior Masculino	01:51:30	+36:08	07:26
44	2328	João Andrade	Individual	Senior Masculino	01:51:52	+36:30	07:27
45	2087	Daniel João Marques da Silva	CrossFit Vale do Ave	Senior Masculino	01:52:16	+36:54	07:29
46	2091	Tiago Martins	CrossFit Vale do Ave	Senior Masculino	01:52:16	+36:54	07:29
47	2329	João Filipe Meneses Espinheira Rio	Individual	Senior Masculino	01:53:06	+37:44	07:32
48	2055	Paulo Pereira	Bota&Siga	Senior Masculino	01:53:10	+37:48	07:33
49	2603	Vitor Zenha	Solmaia Runners	Senior Masculino	01:53:38	+38:16	07:35
50	2510	Ricardo Silva	LION RUNNERS - G. D. LEÕES DA GUARDA	Senior Masculino	01:53:55	+38:33	07:36
51	2337	Jorge Lima	Individual	Senior Masculino	01:54:35	+39:13	07:38
52	2351	Mário Lima	Individual	Senior Masculino	01:54:58	+39:36	07:40
53	2566	Ricardo Ribeiro	os lebres btt sai da frente	Senior Masculino	01:55:19	+39:57	07:41
54	2020	Rui Sousa	Alive Runners	Senior Masculino	01:55:25	+40:03	07:42
55	2572	Vasco Paulo Morais Escobar	OS MORAIS	Senior Masculino	01:55:37	+40:15	07:42
56	2380	Sérgio Manuel Azevedo Fernandes	Individual	Senior Masculino	01:55:50	+40:28	07:43
57	2382	Sílvio Manuel de Almeida Ribeiro	Individual	Senior Masculino	01:56:19	+40:57	07:45
58	2311	Demétrio Matos	Individual	Senior Masculino	01:56:38	+41:16	07:47
59	2336	Jorge Gama	Individual	Senior Masculino	01:57:40	+42:18	07:51
60	2577	Rui Jorge Pereira Marinho Ribeiro	"OS PEDROSAS"	Senior Masculino	01:57:42	+42:20	07:51
61	2576	Luís Miguel Araújo Pedrosa	"OS PEDROSAS"	Senior Masculino	01:57:42	+42:20	07:51
62	2295	André Simões	Individual	Senior Masculino	01:57:47	+42:25	07:51
63	2356	Miguel Teixeira	Individual	Senior Masculino	01:58:07	+42:45	07:52
64	2058	José Gouveia	bttpinoco	Senior Masculino	01:58:16	+42:54	07:53
65	2575	Bruno Miguel da Costa Fontao	"OS PEDROSAS"	Senior Masculino	01:58:22	+43:00	07:53
66	2067	Rogério Rocha	CF Jesuítas	Senior Masculino	01:59:00	+43:38	07:56
67	2314	Emanuel Ferreira	Individual	Senior Masculino	01:59:33	+44:11	07:58
68	2628	Rui Leal	Traila Comigo	Senior Masculino	01:59:59	+44:37	08:00
69	2118	JOAO FERREIRA	EQUIPA JOAO FERREIRA	Senior Masculino	02:00:30	+45:08	08:02
70	2066	Filipe Faria	CF Jesuítas	Senior Masculino	02:00:42	+45:20	08:03
71	2153	Rómulo Martins	FAMA RUNNERS	Senior Masculino	02:00:51	+45:29	08:03
72	2089	Filipe Alves	CrossFit Vale do Ave	Senior Masculino	02:01:14	+45:52	08:05
73	2243	Jose Oliveira	Hard Trails Runners	Senior Masculino	02:01:39	+46:17	08:07
74	2324	Hugo Costa	Individual	Senior Masculino	02:01:48	+46:26	08:07
75	2310	Daniel Neto	Individual	Senior Masculino	02:01:50	+46:28	08:07

Trail Curto 15K

15 KM

OFFICIAL RESULT

76	2299	bruno freitas	Individual	Senior Masculino	02:03:33	+48:11	08:14
77	2088	Diogo Leite	CrossFit Vale do Ave	Senior Masculino	02:04:10	+48:48	08:17
78	2389	Vasco Fernandes	Individual	Senior Masculino	02:05:02	+49:40	08:20
79	2377	Rui Novais	Individual	Senior Masculino	02:05:41	+50:19	08:23
80	2376	Rui Miguel Vila Nova Carneiro	Individual	Senior Masculino	02:05:41	+50:19	08:23
81	2369	Ricardo Miguel da Silva Marques	Individual	Senior Masculino	02:06:07	+50:45	08:24
82	2301	BRUNO RICARDO COSTA VASCONCELOS	Individual	Senior Masculino	02:06:28	+51:06	08:26
83	2568	Nuno Carlos Alves Leites de Almeida	Os Lobos	Senior Masculino	02:07:10	+51:48	08:29
84	2357	Nuno André Alves Correia	Individual	Senior Masculino	02:07:39	+52:17	08:31
85	2094	Pedro Luís Martins Pinto Mendes	CrossFit Vale do Ave	Senior Masculino	02:07:47	+52:25	08:31
86	2361	Paulo Assis	Individual	Senior Masculino	02:08:22	+53:00	08:33
87	2347	Manuel Almeida	Individual	Senior Masculino	02:10:14	+54:52	08:41
88	2326	Humberto Silva	Individual	Senior Masculino	02:11:29	+56:07	08:46
89	2300	Bruno Pereira da Cruz Vieira	Individual	Senior Masculino	02:11:30	+56:08	08:46
90	2203	JOSÉ GONÇALVES	FREZITE	Senior Masculino	02:12:30	+57:08	08:50
91	2199	ANDRE VASCONCELOS	FREZITE	Senior Masculino	02:12:30	+57:08	08:50
92	2307	Cesar Gomes	Individual	Senior Masculino	02:12:34	+57:12	08:50
93	2244	Sergio Silva	Hard Trails Runners	Senior Masculino	02:12:43	+57:21	08:51
94	2342	JOSÉ MIGUEL ARAÚJO CUNHA MAGALHÃES PEREIRA	Individual	Senior Masculino	02:12:48	+57:26	08:51
95	2341	José Luis Gomes Fernandes	Individual	Senior Masculino	02:13:17	+57:55	08:53
96	2354	Miguel Cracel	Individual	Senior Masculino	02:13:17	+57:55	08:53
97	2335	Jorge Filipe Silva Pinheiro	Individual	Senior Masculino	02:13:31	+58:09	08:54
98	2304	Carlos Silva	Individual	Senior Masculino	02:14:04	+58:42	08:56
99	2204	RICARDO MAIA	FREZITE	Senior Masculino	02:14:53	+59:31	09:00
100	2350	marco silva	Individual	Senior Masculino	02:15:04	+59:42	09:00
101	2617	Rui Paiva	Team Agente Meireles	Senior Masculino	02:15:30	+01:00:08	09:02
102	2049	Marco António Ferreira Santos	Bota Abaixo	Senior Masculino	02:16:09	+01:00:47	09:05
103	2371	Ricardo Nicolau	Individual	Senior Masculino	02:16:40	+01:01:18	09:07
104	2360	Paulo Areal Sousa	Individual	Senior Masculino	02:17:15	+01:01:53	09:09
105	2316	Fernando Jorge Costa Freitas Francisco Ribeiro	Individual	Senior Masculino	02:17:31	+01:02:09	09:10
106	2086	Carlos Costa	CrossFit Vale do Ave	Senior Masculino	02:17:49	+01:02:27	09:11
107	2027	António Gabriel Fernandes Lima	ALLIVE	Senior Masculino	02:18:11	+01:02:49	09:13
108	2029	Nelson Luis Neto Carneiro	ALLIVE	Senior Masculino	02:18:16	+01:02:54	09:13
109	2068	Simão Araújo	CF Jesuítas	Senior Masculino	02:19:54	+01:04:32	09:20
110	2558	Élvio Ornelas	Oralklass-Amigos do Trail	Senior Masculino	02:20:05	+01:04:43	09:20
111	2561	Octávio Mota	Oralklass-Amigos do Trail	Senior Masculino	02:20:05	+01:04:43	09:20
112	2184	Pedro Rodrigues	FITSPOT-Parque Nascente	Senior Masculino	02:20:09	+01:04:47	09:21
113	2211	Filipe Leitão	GONDOMAR FUTSAL CLUBE	Senior Masculino	02:20:54	+01:05:32	09:24
114	2054	Davide Silva	Bota&Siga	Senior Masculino	02:21:26	+01:06:04	09:26
115	2542	Carlos Reis	Ninja Team	Senior Masculino	02:22:22	+01:07:00	09:29
116	2062	José Alves	CCD Preh	Senior Masculino	02:23:10	+01:07:48	09:33
117	2323	Helder Ricardo Oliveira Barbosa	Individual	Senior Masculino	02:23:50	+01:08:28	09:35
118	2103	Hernâni Pinto	easymeals	Senior Masculino	02:24:29	+01:09:07	09:38
119	1086	ADOLFO ALMEIDA	EQUIPA JOAO FERREIRA	Senior Masculino	02:24:54	+01:09:32	09:40

Trail Curto 15K

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

2	2189	Daniela Gregório	FITSPOT-Parque Nascente	Sub 23 Feminino	01:46:09	+07:15	07:05
3	2413	Andreia Barbosa	Oralklass-Amigos do Trail	Sub 23 Feminino	01:58:08	+19:14	07:53
4	2092	Susana Soares	CrossFit Vale do Ave	Sub 23 Feminino	02:01:13	+22:19	08:05
5	2582	Mafalda Alves	PAPA TRAILS	Sub 23 Feminino	02:17:22	+38:28	09:09
6	2021	Inês Sousa	Alive Runners	Sub 23 Feminino	02:28:52	+49:58	09:55
7	2392	Gilberta barbosa	Individual	Sub 23 Feminino	02:29:41	+50:47	09:59
8	2394	Telma Sofia Coutinho gomes	Individual	Sub 23 Feminino	02:30:14	+51:20	10:01
9	2544	Ana Filipa Pereira	Ninja Team	Sub 23 Feminino	02:32:33	+53:39	10:10
10	2187	Beatriz Dias	FITSPOT-Parque Nascente	Sub 23 Feminino	02:42:04	+01:03:10	10:48
11	2190	Sofia Naldinho	FITSPOT-Parque Nascente	Sub 23 Feminino	02:52:57	+01:14:03	11:32
12	2391	Ana Catarina Moreira Carneiro	Individual	Sub 23 Feminino	02:58:24	+01:19:30	11:54
13	2206	Benedita Barreiros	Friends	Sub 23 Feminino	02:58:34	+01:19:40	11:54

Sub 23 Masculino

1	2157	Paulo Vieira	FAMA RUNNERS	Sub 23 Masculino	01:27:06		05:48
2	2007	Rúben Henrique Cardoso Pereira Borges	AFIPRE Team	Sub 23 Masculino	01:37:21	+10:15	06:29
3	2563	Mario Taborda	Oralklass-Amigos do Trail	Sub 23 Masculino	01:38:26	+11:20	06:34
4	2022	Hugo Monteiro	Alive Runners	Sub 23 Masculino	01:41:25	+14:19	06:46
5	2396	Carlos Daniel Oliveira Campos	Individual	Sub 23 Masculino	01:43:11	+16:05	06:53
6	2095	Bruno Costa	CTAD - Trilhos de Cinfães	Sub 23 Masculino	01:43:12	+16:06	06:53
7	2398	Daniel Silva Pereira	Individual	Sub 23 Masculino	01:44:01	+16:55	06:56
8	2023	Luis Miguel Fernandes	Alive Runners	Sub 23 Masculino	01:47:08	+20:02	07:09
9	2395	Bruno Carneiro	Individual	Sub 23 Masculino	01:55:48	+28:42	07:43
10	1441	Tiago Rocha	THE OUTSIDERS RUNNING TRAIL TEAM	Sub 23 Masculino	01:59:24	+32:18	07:58
11	2056	Luís Ribeiro	Bota&Siga	Sub 23 Masculino	01:59:57	+32:51	08:00
12	2057	Xavier Brites	Boutique dos Lavores	Sub 23 Masculino	02:00:27	+33:21	08:02
13	2050	João Pedro Martins Barroso	Bota Abaixo	Sub 23 Masculino	02:05:34	+38:28	08:22
14	2093	Rui Filipe Pereira	CrossFit Vale do Ave	Sub 23 Masculino	02:06:22	+39:16	08:25
15	2400	Leonardo Brito	Individual	Sub 23 Masculino	02:16:12	+49:06	09:05
16	2155	João Figueiredo	FAMA RUNNERS	Sub 23 Masculino	02:31:50	+01:04:44	10:07
17	2545	Fernando Nascimento	Ninja Team	Sub 23 Masculino	02:41:39	+01:14:33	10:47

Veterana F40

1	2406	Debora Vilas Boas	Individual	Veterana F40	01:55:50		07:43
2	2629	Diana Sampaio	Traila Comigo	Veterana F40	01:59:59	+04:09	08:00
3	2528	Margarida Nunes Monteiro	Marão Team	Veterana F40	02:01:48	+05:58	08:07
4	2402	Armandina da Silva Torres	Individual	Veterana F40	02:08:53	+13:03	08:36
5	2408	Fernanda Nunes	Individual	Veterana F40	02:10:32	+14:42	08:42
6	2404	Cristina Passos	Individual	Veterana F40	02:11:44	+15:54	08:47
7	2414	Sónia Pereira	Individual	Veterana F40	02:13:36	+17:46	08:54
8	2411	Liseta Pinto	Individual	Veterana F40	02:18:05	+22:15	09:12
9	2037	Célia Alves	As Ribeirenses	Veterana F40	02:19:14	+23:24	09:17

Trail Curto 15K

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

Veterana F50

1	2426	Paula Lopes	Individual	Veterana F50	01:48:33		07:14
2	2192	Luisa Almeida	FITSPOT-Parque Nascente	Veterana F50	02:06:04	+17:31	08:24
3	2162	Rosa Vilhena	FAMA RUNNERS	Veterana F50	02:19:28	+30:55	09:18
4	2424	Julia Batista	Individual	Veterana F50	02:23:59	+35:26	09:36
5	2425	Margarida Faria	Individual	Veterana F50	03:38:27	+01:49:54	14:34

Veterano M40

1	2521	Abilio Ribeiro	Lusitanos	Veterano M40	01:22:39		05:31
2	2627	Patrick Marques	GONDOMAR FUTSAL CLUBE	Veterano M40	01:27:26	+04:47	05:50
3	2507	Bruno Coutada	Invictus Oporto Team	Veterano M40	01:31:02	+08:23	06:04
4	2060	Aurílio Vieira	CASA DO POVO DE SOALHÃES	Veterano M40	01:31:06	+08:27	06:04
5	2427	Abilio Martins de Almeida	Individual	Veterano M40	01:35:19	+12:40	06:21
6	2453	Rui Almeida	Individual	Veterano M40	01:35:26	+12:47	06:22
7	2084	Rui Andrade	Crocótilos	Veterano M40	01:35:38	+12:59	06:23
8	2457	Sérgio Sampaio	Individual	Veterano M40	01:37:50	+15:11	06:31
9	2069	Alberto Carneiro	Ginásio Clube Santo Tirso	Veterano M40	01:38:20	+15:41	06:33
10	2455	Rui Azevedo	Individual	Veterano M40	01:38:49	+16:10	06:35
11	2635	Rui Pedro Gonçalves Borges	Trailistas "Eu é que sei!"	Veterano M40	01:40:41	+18:02	06:43
12	2438	JORGE MANUEL AFONSO PIRES	Individual	Veterano M40	01:41:14	+18:35	06:45
13	2040	José Miguel Santos	ASSS Columbófila Cantanhede	Veterano M40	01:41:47	+19:08	06:47
14	2607	Mário Araújo	Solmaia Runners	Veterano M40	01:41:54	+19:15	06:48
15	2140	Carlos Pereira	Eu+ Ginásio LMA	Veterano M40	01:44:10	+21:31	06:57
16	2547	João Oliveira	Ninja Team	Veterano M40	01:46:31	+23:52	07:06
17	2195	Nuno Fontelonga	FITSPOT-Parque Nascente	Veterano M40	01:47:44	+25:05	07:11
18	2033	Carlos Araújo	Amigos das Corridas	Veterano M40	01:48:37	+25:58	07:14
19	2443	Luís Rocha	Individual	Veterano M40	01:49:11	+26:32	07:17
20	2452	Ricardo Carvalho	Individual	Veterano M40	01:49:42	+27:03	07:19
21	2433	Daniel Alves	Individual	Veterano M40	01:49:51	+27:12	07:19
22	2194	Fernando Gomes	FITSPOT-Parque Nascente	Veterano M40	01:51:34	+28:55	07:26
23	2608	Pedro Sousa	Solmaia Runners	Veterano M40	01:53:36	+30:57	07:34
24	2141	Jorge Miguel Sampaio da Costa	Eu+ Ginásio LMA	Veterano M40	01:54:43	+32:04	07:39
25	2454	RUI AZEVEDO	Individual	Veterano M40	01:55:15	+32:36	07:41
26	2535	Ricardo JF Pereira	Monção Trail	Veterano M40	01:55:59	+33:20	07:44
27	2444	Manuel Diogenes Barros	Individual	Veterano M40	01:56:48	+34:09	07:47
28	2437	Joaquim Vidal	Individual	Veterano M40	01:57:42	+35:03	07:51
29	2631	Rui Machado	Traila Comigo	Veterano M40	01:57:48	+35:09	07:51
30	2137	Luís Coelho	ERMIDAFIT Runners	Veterano M40	01:58:08	+35:29	07:53
31	2059	Vitor Faria	bttpinoco	Veterano M40	01:58:13	+35:34	07:53
32	2578	José Manuel de Oliveira Pedrosa	"OS PEDROSAS"	Veterano M40	01:58:22	+35:43	07:53
33	2618	Flavio Teixeira	Team Agente Meireles	Veterano M40	02:00:22	+37:43	08:01
34	2619	Jorge Saraiva	Team Agente Meireles	Veterano M40	02:00:25	+37:46	08:02
35	2517	Miguel Fonseca	LION RUNNERS - G. D. LEÕES DA GUARDA	Veterano M40	02:01:46	+39:07	08:07

Trail Curto 15K

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

36	2430	Armindo Rocha	Individual	Veterano M40	02:02:00	+39:21	08:08
37	2448	Nuno Miguel Ferreira Pacheco	Individual	Veterano M40	02:02:28	+39:49	08:10
38	2440	Lino Abreu	Individual	Veterano M40	02:02:50	+40:11	08:11
39	2436	Joaquim Anjos	Individual	Veterano M40	02:03:33	+40:54	08:14
40	2435	João Carlos da Silva Gomes	Individual	Veterano M40	02:03:57	+41:18	08:16
41	2352	Rui Fernandes	Individual	Veterano M40	02:04:00	+41:21	08:16
42	1439	Antonio Caridade	TEAM LANTEMIL	Veterano M40	02:04:31	+41:52	08:18
43	2536	Joaquim Pereira	Mozelos Runners	Veterano M40	02:05:04	+42:25	08:20
44	2441	Luis Manuel da Silva Medeiros Pereira	Individual	Veterano M40	02:06:47	+44:08	08:27
45	2230	Alexandre Machado	GoRookieBootcamp	Veterano M40	02:07:45	+45:06	08:31
46	2032	José Carlos Araújo	Amigos da Montanha	Veterano M40	02:08:36	+45:57	08:34
47	2574	Nuno Filipe Morais Escobar	OS MORAIS	Veterano M40	02:10:50	+48:11	08:43
48	2445	Miguel Ângelo Brito Faria	Individual	Veterano M40	02:11:33	+48:54	08:46
49	2461	Vasco Sérgio Almeida Monteiro da Costa	Individual	Veterano M40	02:12:09	+49:30	08:49
50	2083	Pedro Miguel Fernandes Oliveira	Clube Galp Energia Norte	Veterano M40	02:13:36	+50:57	08:54
51	1327	Vitor Castro	Individual	Veterano M40	02:13:55	+51:16	08:56
52	2456	Sérgio Osório	Individual	Veterano M40	02:15:44	+53:05	09:03
53	2163	Manuel Veloso	FAMA RUNNERS	Veterano M40	02:16:09	+53:30	09:05
54	2439	Leonel Silva	Individual	Veterano M40	02:16:23	+53:44	09:06
55	2514	Paulo Ribeiro	LION RUNNERS - G. D. LEÕES DA GUARDA	Veterano M40	02:17:15	+54:36	09:09
56	2030	António Filipe Silva Carneiro	ALLIVE	Veterano M40	02:18:12	+55:33	09:13
57	2193	Carlindo Martins	FITSPOT-Parque Nascente	Veterano M40	02:20:09	+57:30	09:21
58	2044	Rui Viana	Befitness Runners	Veterano M40	02:22:04	+59:25	09:28
59	2128	PEDRO PINHEIRO	EQUIPA JOAO FERREIRA	Veterano M40	02:22:57	+01:00:18	09:32
60	2235	paulo sousa	groupama trail	Veterano M40	02:25:55	+01:03:16	09:44
61	2431	Bruno Rodrigues	Individual	Veterano M40	02:26:20	+01:03:41	09:45
62	2447	mónica vilas boas	Individual	Veterano M40	02:26:24	+01:03:45	09:46
63	2031	Carlos Alberto Dinis da Silva	ALLIVE	Veterano M40	02:29:48	+01:07:09	09:59
64	2428	António José	Individual	Veterano M40	02:36:16	+01:13:37	10:25
65	2130	EDGAR SARAIVA	EQUIPA JOAO FERREIRA	Veterano M40	02:37:16	+01:14:37	10:29
66	2442	Luís Moutinho	Individual	Veterano M40	02:39:01	+01:16:22	10:36
67	2595	Rui silva	RUN 4 FUN	Veterano M40	02:41:11	+01:18:32	10:45
68	2573	Joao Henrique dos Santos Mansinho	OS MORAIS	Veterano M40	02:43:01	+01:20:22	10:52
69	2451	Pedro Melo	Individual	Veterano M40	02:46:31	+01:23:52	11:06
70	2502	Miguel Magalhães	INQUIPA TRAIL SORRISO	Veterano M40	02:48:43	+01:26:04	11:15
71	2458	SERGIO SILVA	Individual	Veterano M40	02:57:42	+01:35:03	11:51
72	2501	Marco Pacheco	INQUIPA TRAIL SORRISO	Veterano M40	03:15:53	+01:53:14	13:04

Veterano M45

1	2522	Adriano Oliveira	Lusitanos	Veterano M45	01:29:19		05:57
2	2554	João Jaques	OLIMPICO VIANENSE TRAIL / ND SPORT	Veterano M45	01:34:30	+05:11	06:18
3	2465	Fernando Martins	Individual	Veterano M45	01:35:09	+05:50	06:21
4	2096	José Carlos Dias	CTAD - Trilhos de Cinfães	Veterano M45	01:35:55	+06:36	06:24

Official Timekeeper: Lap2Go

10 / 12

generate 14-fev-2016 18:42

Trail Curto 15K

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

5	2523	Paulo Azevedo	Lusitanos	Veterano M45	01:43:27	+14:08	06:54
6	2591	Carlos Cardoso	RED STREET TEAM	Veterano M45	01:46:18	+16:59	07:05
7	2508	Alcino Carvalho	Jerónimo	Veterano M45	01:47:13	+17:54	07:09
8	2034	Jose Pereira	AMIGOS DO PONTE FINAL	Veterano M45	01:49:42	+20:23	07:19
9	100	Alfredo Jeronimo Saraiva Gouveia	Individual	Veterano M45	01:51:07	+21:48	07:24
10	2463	António Pedro Coelho	Individual	Veterano M45	01:51:12	+21:53	07:25
11	2166	Mauel Gomes	FAMA RUNNERS	Veterano M45	01:54:47	+25:28	07:39
12	2533	Pedro Sá	Moinhos Run	Veterano M45	01:55:49	+26:30	07:43
13	2462	António Borges	Individual	Veterano M45	01:56:17	+26:58	07:45
14	2466	Filipe Carneiro	Individual	Veterano M45	01:56:27	+27:08	07:46
15	2165	Carlos Espírito Santo	FAMA RUNNERS	Veterano M45	02:00:43	+31:24	08:03
16	2468	Henrique Silva	Individual	Veterano M45	02:04:16	+34:57	08:17
17	1124	Paulo Rito	GoRookieBootcamp	Veterano M45	02:04:23	+35:04	08:18
18	1342	Joaquim Manuel Lopes Simões	Individual	Veterano M45	02:05:06	+35:47	08:20
19	2052	José Alberto Ribeiro Machado	Bota Abaixo	Veterano M45	02:05:34	+36:15	08:22
20	2476	paulo alexandre carneiro	Individual	Veterano M45	02:07:30	+38:11	08:30
21	2234	Antonio Carneiro	groupama trail	Veterano M45	02:08:19	+39:00	08:33
22	2472	José Fernando Rodrigues	Individual	Veterano M45	02:12:21	+43:02	08:49
23	2477	Rogério Vara	Individual	Veterano M45	02:13:32	+44:13	08:54
24	2025	Carlos Ferreira	Alive Runners	Veterano M45	02:18:13	+48:54	09:13
25	2026	Fernando Ferreira Carneiro	Alive Runners	Veterano M45	02:18:15	+48:56	09:13
26	2464	Daniel Gomes	Individual	Veterano M45	02:18:43	+49:24	09:15
27	2196	Paulo Costa	FITSPOT-Parque Nascente	Veterano M45	02:18:54	+49:35	09:16
28	2231	Jorge Silva	GoRookieBootcamp	Veterano M45	02:20:41	+51:22	09:23
29	2470	Joao Ramalho	Individual	Veterano M45	02:22:00	+52:41	09:28
30	2473	Luis Espirito Santo	Individual	Veterano M45	02:22:07	+52:48	09:28
31	2209	Miguel Bandeira	Friends	Veterano M45	02:22:07	+52:48	09:28
32	2131	ARTUR CARDOSO	EQUIPA JOAO FERREIRA	Veterano M45	02:22:58	+53:39	09:32
33	2471	Jorge Nascimento	Individual	Veterano M45	02:29:44	+01:00:25	09:59
34	2469	João de Sousa Teixeira	Individual	Veterano M45	02:32:33	+01:03:14	10:10
35	2210	Mohammed Moudnib	Friends	Veterano M45	02:37:24	+01:08:05	10:30
36	2467	Francisco Preto	Individual	Veterano M45	02:42:16	+01:12:57	10:49
37	2232	Mário Cunha	GoRookieBootcamp	Veterano M45	02:52:35	+01:23:16	11:30
38	2478	VITOR LOPES	Ginasio Clube Santo Tirso	Veterano M45	02:58:39	+01:29:20	11:55

Veterano M50

1	2061	Modesto Vieira	CASA DO POVO DE SOALHÃES	Veterano M50	01:31:06		06:04
2	2484	Francisco Couto Pinto	Individual	Veterano M50	01:42:10	+11:04	06:49
3	2197	Alcino Vieira	FITSPOT-Parque Nascente	Veterano M50	01:47:45	+16:39	07:11
4	2399	Alvaro Marques	GINASIO CLUBE DE SANTO TIRSO	Veterano M50	01:50:08	+19:02	07:21
5	2495	Pedro Manuel Mieiro Vidinha Carneiro	Individual	Veterano M50	01:55:19	+24:13	07:41
6	2168	Manuel Costa e Sá	FAMA RUNNERS	Veterano M50	02:00:43	+29:37	08:03
7	2515	Ernesto Martins	LION RUNNERS - G. D. LEÕES DA GUARDA	Veterano M50	02:01:46	+30:40	08:07
8	2488	José Carlos pereira Gomes	Individual	Veterano M50	02:01:51	+30:45	08:07

Official Timekeeper: Lap2Go	11 / 12	generate 14-fev-2016 18:42
-----------------------------	---------	----------------------------

Trail Curto 15K

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

9	2489	José Maria R. Fernandes	Individual	Veterano M50	02:02:38	+31:32	08:11
10	2175	RUI SÁ	FFit Gaia Trail	Veterano M50	02:03:58	+32:52	08:16
11	2486	Jorge Pereira da Silva	Individual	Veterano M50	02:04:07	+33:01	08:16
12	2613	Fernando Carvalho	SS MONTEPIO	Veterano M50	02:04:18	+33:12	08:17
13	2524	Fernando Rodrigues	Lusitanos	Veterano M50	02:04:30	+33:24	08:18
14	2481	António Vale Lima	Individual	Veterano M50	02:07:13	+36:07	08:29
15	2493	Manuel Teixeira da Cunha	Individual	Veterano M50	02:07:50	+36:44	08:31
16	2167	Jorge Vale	FAMA RUNNERS	Veterano M50	02:15:23	+44:17	09:02
17	2490	JOSÉ MÁRIO MAGALHÃES DE PEREIRA	Individual	Veterano M50	02:16:27	+45:21	09:06
18	2172	Manuel Rocha	FAST AO KM	Veterano M50	02:18:52	+47:46	09:15
19	2534	Rui Quinta	Moinhos Run	Veterano M50	02:20:03	+48:57	09:20
20	2482	Celestino Pires	Individual	Veterano M50	02:22:00	+50:54	09:28
21	2483	Fernando Silva	Individual	Veterano M50	02:22:15	+51:09	09:29
22	2053	Paulo Manuel Carvalho Barroso	Bota Abaixo	Veterano M50	02:31:36	+01:00:30	10:06
23	2564	Manuel Moura	OS BARRIGUITAS	Veterano M50	02:33:34	+01:02:28	10:14
24	2487	José Carlos Martins Carneiro	Individual	Veterano M50	02:35:49	+01:04:43	10:23
25	2170	jose castelo	Fardetas	Veterano M50	02:53:40	+01:22:34	11:35

