

TRAIL CURTO - STAGE 1

17 KM

R
REVISED

OFFICIAL RESULT

	Time	Temperature	Humidity
Start	09:45	9°C	87%
End	14:16	9°C	87%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	2353	Manuel Maia	individual	Senior Masculino	01:24:03		04:57
2	2237	Pedro Rocha	gondomar futsal clube	Senior Masculino	01:24:16	+00:13	04:57
3	2325	Fabio Correia	individual	Senior Masculino	01:24:41	+00:38	04:59
4	2357	Nelson Fernandes	individual	Senior Masculino	01:24:59	+00:56	05:00
5	2132	Hugo Leite	clube de atletismo de fafe - fafe runners	Senior Masculino	01:27:05	+03:02	05:07
6	2071	André Pinto	andatrilhos freamunde	Senior Masculino	01:28:49	+04:46	05:14
7	2015	Rui Pinho	akuafit	Senior Masculino	01:29:20	+05:17	05:15
8	2188	josé Inácio Lima Rodrigues	experienciar	Senior Masculino	01:29:44	+05:41	05:17
9	2062	Vitor Rafael Sousa Moreira	amigos do pedal trailagares	Sub 23 Masculino	01:29:47	+05:43	05:17
10	2011	miguel figueiredo	airorun	Veterano M40	01:31:00	+06:56	05:21
11	2248	Carlos Santos	guimarães trail	Senior Masculino	01:31:20	+07:17	05:22
12	2226	Paulo Teixeira de Sousa	fridão sem limites	Veterano M40	01:31:23	+07:20	05:23
13	2152	Paulo Silva	dá-lhe gás	Veterano M40	01:31:35	+07:32	05:23
14	2217	Bruno Daniel Mendes Azevedo	fridão sem limites	Senior Masculino	01:31:41	+07:38	05:24
15	2220	Rui Manuel Mendes Azevedo	fridão sem limites	Senior Masculino	01:31:58	+07:55	05:25
16	2565	Pedro Manuel Silva	nast	Sub 23 Masculino	01:32:06	+08:03	05:25
17	2416	Abilio Martins Almeida	individual	Veterano M40	01:32:20	+08:17	05:26
18	2517	Adriano Oliveira	lusitanos	Veterano M45	01:33:27	+09:24	05:30
19	2578	Vasco Morais Pinheiro de Sousa	old school smash young ducks	Veterano M50	01:33:30	+09:27	05:30
20	2187	Filipe Santos Novais	experienciar	Senior Masculino	01:33:31	+09:28	05:30
21	2515	Rafael campos dos santos	limonetes	Senior Masculino	01:33:31	+09:28	05:30
22	2375	Romeu Filipa Pacheco Pereira	individual	Senior Masculino	01:33:33	+09:30	05:30
23	2451	Sérgio Sampaio	individual	Veterano M40	01:34:01	+09:57	05:32
24	2235	Lucinda Sousa	gondomar futsal clube	Veterana F45	01:34:51	+10:48	05:35
25	2236	José Paulo Ribeiro	gondomar futsal clube	Veterano M40	01:34:53	+10:50	05:35
26	2478	Dionisio Manuel Correia Sousa	individual	Veterano M50	01:34:55	+10:52	05:35
27	2452	Victor Manuel da silva Chaves	individual	Veterano M40	01:35:01	+10:58	05:35
28	2176	Sergio Pereira	ermidafit	Senior Masculino	01:35:05	+11:02	05:36
29	2023	Luis Miguel Almeida Fernandes	alive runners	Senior Masculino	01:35:16	+11:13	05:36
30	2013	jose pereira	airorun	Veterano M45	01:35:43	+11:40	05:38
31	2222	João Pedro machado	fridão sem limites	Sub 23 Masculino	01:35:47	+11:44	05:38
32	2695	João Oliveira	trinca orelhas de gato	Senior Masculino	01:37:49	+13:46	05:45
33	2058	Miguel Ângelo de Oliveira Pinto	amigos do pedal trailagares	Sub 23 Masculino	01:38:07	+14:04	05:46
34	2448	Rui Manuel Azevedo Araújo	individual	Veterano M40	01:38:32	+14:29	05:48
35	2224	Alex Plnto	fridão sem limites	Veterano M40	01:38:41	+14:38	05:48
36	2321	David Queirós	individual	Senior Masculino	01:39:43	+15:40	05:52
37	2219	Ricardo Miguel Magalhães Nunes	fridão sem limites	Senior Masculino	01:39:47	+15:44	05:52
38	2509	Manuel Oliveira	juventude cortegacense	Veterano M50	01:39:51	+15:48	05:52
39	2149	José Carlos Dias	ctad - trilhos de cinfaes	Veterano M45	01:40:08	+16:05	05:53
40	2028	Nuno Freitas	alive runners	Senior Masculino	01:40:32	+16:29	05:55
41	2158	António Fernandes Azevedo	egosport/irmandade bike team	Veterano M40	01:40:41	+16:38	05:55
42	2150	Carlos Prudêncio	dá-lhe gás	Senior Masculino	01:40:55	+16:52	05:56

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
43	2199	Manuel Veloso	fama runners	Veterano M40	01:40:59	+16:56	05:56
44	2012	francisco pereira	airorun	Veterano M45	01:41:27	+17:24	05:58
45	2228	Flávio Azevedo	gaia trail	Senior Masculino	01:41:33	+17:30	05:58
46	2518	Mlguel Lacerda	lusitanos	Veterano M45	01:41:39	+17:36	05:59
47	2074	Ricardo Neto	andatrinhos freamunde	Senior Masculino	01:41:44	+17:41	05:59
48	2124	Luís Miguel Oliveira	cf jesuitas	Senior Masculino	01:41:54	+17:51	06:00
49	2110	Ricardo Machado	bota&sigas	Senior Masculino	01:41:54	+17:51	06:00
50	2079	Ricardo Machado	andatrinhos freamunde	Veterano M50	01:41:54	+17:51	06:00
51	2202	Vitor Carneiro	fama runners	Veterano M40	01:42:29	+18:26	06:02
52	2571	ANTONIO BRITO	nocturnos de paredes	Veterano M40	01:42:47	+18:44	06:03
53	2567	MAURO CARDOSO	nocturnos de paredes	Senior Masculino	01:42:47	+18:44	06:03
54	2569	SERGIO VALE	nocturnos de paredes	Senior Masculino	01:42:47	+18:44	06:03
55	2066	Rui Pedro Moreira Lopes	amigos do pedal trailagares	Veterano M40	01:44:16	+20:13	06:08
56	2060	Ruben Daniel Soares Vieira	amigos do pedal trailagares	Sub 23 Masculino	01:44:16	+20:13	06:08
57	2523	jose antonio pereira lopes	maisfit runners	Senior Masculino	01:44:28	+20:25	06:09
58	2624	Nelson Noval	running team aldeia nova	Veterano M40	01:44:29	+20:26	06:09
59	2125	Mário Simões	cf jesuitas	Senior Masculino	01:44:31	+20:28	06:09
60	2063	Manuel Ferreira	amigos do pedal trailagares	Veterano M50	01:44:31	+20:28	06:09
61	2102	António Martins	befitness runners	Veterano M40	01:45:03	+21:00	06:11
62	2479	Fernando Martins	individual	Veterano M50	01:45:03	+21:00	06:11
63	2112	Eduardo Barbosa	bota&sigas	Veterano M40	01:46:01	+21:58	06:14
64	2470	Nuno Miguel Carvalho	individual	Veterano M45	01:46:09	+22:06	06:15
65	2584	Joel Ferreira	os aventureiros	Senior Masculino	01:46:09	+22:06	06:15
66	2151	José Gonçalves	dá-lhe gás	Senior Masculino	01:46:53	+22:50	06:17
67	2189	Sérgio Martins	experienciar	Senior Masculino	01:47:01	+22:58	06:18
68	2203	Manuel Gomes	fama runners	Veterano M45	01:47:14	+23:11	06:19
69	2593	Carlos Ribeiro	os2horas	Senior Masculino	01:47:31	+23:28	06:20
70	2577	CARLOS VINHAS	nocturnos de paredes	Veterano M50	01:47:47	+23:44	06:20
71	2710	Victor Cardoso	trınca orelhas de gato	Veterano M40	01:48:11	+24:08	06:22
72	2373	Ricardo Nogueira	individual	Senior Masculino	01:48:16	+24:13	06:22
73	116	Paulo Alves	gondomar futsal clube	Veterano M40	01:48:28	+24:25	06:23
74	2003	Pedro Vieira	a.d.sebolido trail boneca d'ouro	Senior Masculino	01:48:53	+24:50	06:24
75	2014	jose casemiro	airorun	Veterano M50	01:48:56	+24:53	06:25
76	2519	Paulo Azevedo	lusitanos	Veterano M45	01:49:26	+25:23	06:26
77	1136	António Joaquim Teixeira Alves	fridão sem limites	Veterano M40	01:49:43	+25:40	06:27
78	2342	João Ricardo	individual	Senior Masculino	01:49:52	+25:49	06:28
79	2108	Luís Ribeiro	bota&sigas	Senior Masculino	01:50:06	+26:03	06:29
80	2466	Jose Pereira	armazem do cafe	Senior Masculino	01:50:06	+26:03	06:29
81	2101	Ana Sousa	befitness runners	Senior Feminino	01:50:06	+26:03	06:29
82	2123	Luís Filipe Silva	cf jesuitas	Senior Masculino	01:50:42	+26:39	06:31
83	2531	João Pedro Correia da Silva	marta raquel martins seara	Senior Masculino	01:51:01	+26:58	06:32
84	2437	Nelson Monteiro	individual	Veterano M40	01:51:45	+27:42	06:34
85	2034	Hugo Monteiro	alive runners	Sub 23 Masculino	01:52:02	+27:59	06:35
86	2073	Carlos Leal	andatrinhos freamunde	Senior Masculino	01:52:07	+28:04	06:36
87	2455	Carlos Cardoso	individual	Veterano M45	01:52:38	+28:35	06:38
88	2075	João Cardoso	andatrinhos freamunde	Sub 23 Masculino	01:52:46	+28:43	06:38

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OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
89	2230	Andreia Amorim	gondomar futsal clube	Senior Feminino	01:52:51	+28:48	06:38
90	2234	Telmo Mendonça	gondomar futsal clube	Senior Masculino	01:52:51	+28:48	06:38
91	2513	Hugo Moreira	leões de tardariz trail	Senior Masculino	01:52:52	+28:49	06:38
92	2427	jorge rodrigues	individual	Veterano M40	01:53:08	+29:05	06:39
93	2258	Nuno Silva	imperadores	Senior Masculino	01:53:13	+29:10	06:40
94	2078	Daniel Machado Neto	andatrilhos freamunde	Veterano M40	01:53:28	+29:25	06:41
95	2239	Fátima Cristina Figueiredo Oliveira	gtt - armazém do caffè	Senior Feminino	01:53:31	+29:28	06:41
96	2333	Helder teles	individual	Senior Masculino	01:53:37	+29:34	06:41
97	2390	Luis Maria Pinto Carvalho Lisboa de Paiva	individual	Sub 23 Masculino	01:53:43	+29:40	06:41
98	2459	Filipe Gomes	individual	Veterano M45	01:53:54	+29:51	06:42
99	2083	Ricardo Jorge Pinto Carvalho	atib finabraga running	Veterano M40	01:54:00	+29:57	06:42
100	2463	jorge pacheco	individual	Veterano M45	01:54:30	+30:27	06:44
101	2655	Sérgio Teixeira	tartarugas do asfalto	Senior Masculino	01:54:37	+30:34	06:45
102	2434	Manuel Jorge Costa Ferreira	individual	Veterano M40	01:54:54	+30:51	06:46
103	2572	Arnaldo Santos	nocturnos de paredes	Veterano M40	01:55:09	+31:06	06:46
104	2648	Filipe Abreu	sweet runners	Veterano M40	01:55:20	+31:17	06:47
105	2232	Bruno Fernandes	gondomar futsal clube	Senior Masculino	01:55:27	+31:24	06:48
106	2561	Rui Rodrigues	mountain runners	Senior Masculino	01:55:44	+31:41	06:49
107	2524	Paulo Mesquita	maisfit runners	Senior Masculino	01:56:00	+31:57	06:49
108	2256	Filipe Oliveyra	imperadores	Senior Masculino	01:56:05	+32:02	06:50
109	2707	Sergio Gomes	trinca orelhas de gato	Veterano M40	01:56:11	+32:08	06:50
110	2694	Bruno Monteiro	trinca orelhas de gato	Senior Masculino	01:56:18	+32:15	06:51
111	2131	Carlos Araújo	challenge force	Veterano M40	01:56:19	+32:16	06:51
112	2516	Rui Rosas	lusitanos	Senior Masculino	01:56:26	+32:23	06:51
113	2552	Alcino Vieira	miguel guimarães	Veterano M50	01:56:26	+32:23	06:51
114	2687	Rui Pedro Gonçalves Borges	trailistas eu é que sei	Veterano M40	01:56:48	+32:45	06:52
115	2395	Hanne Skovbo	individual	Veterana F40	01:56:52	+32:49	06:53
116	2096	Vitor Cardoso	baguim runners	Veterano M40	01:57:13	+33:10	06:54
117	2229	VITOR MANUEL GONÇALVES LOPES	gcst	Veterano M45	01:58:01	+33:58	06:57
118	2620	joao oliveira	rumo aventura	Senior Masculino	01:58:10	+34:07	06:57
119	2621	rui araujo	rumo aventura	Senior Masculino	01:58:12	+34:09	06:57
120	2430	Jose Domingos Duarte Nogueira	individual	Veterano M40	01:58:13	+34:10	06:57
121	2317	Bruno Ricardo Gomes de Pinho	individual	Senior Masculino	01:58:20	+34:17	06:58
122	2700	Agostinho Costa	trinca orelhas de gato	Veterano M40	01:58:26	+34:23	06:58
123	2314	Bruno Alberto Silva Freitas	individual	Senior Masculino	01:58:30	+34:27	06:58
124	2318	Bruno Rocha Pereira	individual	Senior Masculino	01:58:38	+34:35	06:59
125	2225	Manuel José Mendes Teixeira	fridão sem limites	Veterano M40	01:58:39	+34:36	06:59
126	2503	Manuel Ferreira dos Santos Valente Fernandes	juventude cortegacense	Senior Masculino	01:59:02	+34:59	07:00
127	2673	Ricardo Maia	team lanternil	Senior Masculino	01:59:03	+35:00	07:00
128	2447	Rui Fernando Piedade Teixeira	individual	Veterano M40	01:59:14	+35:11	07:01
129	2393	Rui Americo	individual	Sub 23 Masculino	01:59:36	+35:33	07:02
130	2424	Flávio Gonçalves	individual	Veterano M40	01:59:36	+35:33	07:02
131	2377	Ruben Araújo	individual	Senior Masculino	01:59:41	+35:38	07:02
132	2458	Eduardo Nascimento	individual	Veterano M45	02:00:01	+35:58	07:04

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OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
133	2665	Flávio Teixeira	team agente meireles	Veterano M40	02:00:04	+36:01	07:04
134	2641	Luis Ribeiro	ss montepio	Veterano M40	02:00:08	+36:05	07:04
135	2010	deolinda faria	airorun	Veterana F45	02:00:23	+36:20	07:05
136	2392	Pedro Cruz	individual	Sub 23 Masculino	02:00:23	+36:20	07:05
137	2605	FLAVIO MARQUES	papamilhas	Veterano M40	02:00:33	+36:30	07:06
138	2136	Armando Moreira	clube zipper	Veterano M50	02:00:43	+36:40	07:06
139	2307	Alexandre Manuel Esteves Ferreira	individual	Senior Masculino	02:01:34	+37:31	07:09
140	2510	Jorge Fernando Silva Marques Coelho	juventude cortegacense	Veterano M45	02:01:36	+37:33	07:09
141	2445	Pedro Seixas	oralklass -amigosdtrail	Veterano M40	02:01:39	+37:36	07:09
142	2633	João Machado	squadra di potenza	Senior Masculino	02:01:57	+37:54	07:10
143	2082	Hélder Oliveira	associação desportiva da efavec	Senior Masculino	02:02:50	+38:47	07:14
144	2525	Tiago Bragança	maisfit runners	Senior Masculino	02:03:57	+39:54	07:18
145	2135	Susana Gabriela Costa Pinto da Neta	clube zipper	Veterana F40	02:04:00	+39:57	07:18
146	2461	João Freitas	individual	Veterano M45	02:04:08	+40:05	07:18
147	2682	Domingos Ricardo	trail pinoco	Senior Masculino	02:04:08	+40:05	07:18
148	2285	Joana Azevedo	individual	Senior Feminino	02:04:09	+40:06	07:18
149	2676	Antônio caridade	team lantermil	Veterano M40	02:04:09	+40:06	07:18
150	2081	Rosa Magalhães	as belas e eles	Veterana F50	02:04:10	+40:07	07:18
151	2238	Jose Mendes	gondomar futsal clube	Veterano M50	02:04:19	+40:16	07:19
152	2560	Rui Miguel Sousa	mountain runners	Senior Masculino	02:04:24	+40:21	07:19
153	2048	Luís Delfim Gonçalves de Almeida	amazing world team	Senior Masculino	02:04:28	+40:25	07:19
154	2024	Luis Santos	alive runners	Senior Masculino	02:04:36	+40:33	07:20
155	2194	Rómulo Martins	fama runners	Senior Masculino	02:04:36	+40:33	07:20
156	2658	Avelino Sousa	tartarugas do asfalto	Veterano M50	02:04:42	+40:39	07:20
157	2715	Márcia Vilas Boas Bandeira	vidaativarunners	Senior Feminino	02:04:45	+40:42	07:20
158	2396	Helena Fernandes	individual	Veterana F40	02:05:03	+41:00	07:21
159	2508	Cecilio Maunel Silva Ferreira	juventude cortegacense	Veterano M40	02:05:33	+41:30	07:23
160	1406	HUGO SILVA	papamilhas	Senior Masculino	02:06:17	+42:14	07:26
161	2177	Claudio Herminio Simoes Ferreira	ermidafit	Veterano M45	02:06:41	+42:38	07:27
162	2213	Andreia Ribeiro Almeida	fridão sem limites	Senior Feminino	02:06:52	+42:49	07:28
163	2601	CELSO FERNANDES	papamilhas	Senior Masculino	02:07:12	+43:09	07:29
164	2449	Rui Taveira	individual	Veterano M40	02:07:18	+43:15	07:29
165	2502	Joel Sequeira	juventude cortegacense	Senior Masculino	02:07:18	+43:15	07:29
166	2698	Vicente de Sousa	trinca orelhas de gato	Senior Masculino	02:07:23	+43:20	07:30
167	2647	Fernando Carvalho	ss montepio	Veterano M50	02:07:25	+43:22	07:30
168	2206	Marco Rodrigues	fisico franco	Sub 23 Masculino	02:07:27	+43:24	07:30
169	2095	Sandra Cardoso	baguim runners	Veterana F40	02:07:40	+43:37	07:31
170	2298	Patrícia Grilo	individual	Senior Feminino	02:07:43	+43:40	07:31
171	2004	José Maria Ribeiro Fernandes	aedah	Veterano M50	02:07:46	+43:43	07:31
172	2292	Maria Carneiro	individual	Senior Feminino	02:07:47	+43:44	07:31
173	2558	Patricia Ribeiro	mountain runners	Senior Feminino	02:07:57	+43:54	07:32
174	2677	ALEXANDRA AZEVEDO	team shark	Senior Feminino	02:08:02	+43:59	07:32
175	2186	Vasco Faria	evolution trail team	Senior Masculino	02:08:15	+44:12	07:33
176	2425	Ismael ALves	individual	Veterano M40	02:08:29	+44:26	07:34
177	2675	Débora Vilas Boas	team lantermil	Veterana F40	02:08:34	+44:31	07:34

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
178	2431	José Manuel Ferreira	individual	Veterano M40	02:08:34	+44:31	07:34
179	2076	Pedro Oliveira	andatrilhos freamunde	Sub 23 Masculino	02:08:47	+44:44	07:35
180	2155	Alice Sousa	dr. merino/4moove	Veterana F45	02:08:49	+44:46	07:35
181	2241	Nuno Costa	gtt - armazém do caffè	Senior Masculino	02:08:51	+44:48	07:35
182	2616	Rui Lobo	rinus fafe	Senior Masculino	02:08:56	+44:53	07:35
183	2320	Carlos Alberto Castro	individual	Senior Masculino	02:09:00	+44:57	07:35
184	2343	Joaquim Domingos Lopes Alves	individual	Senior Masculino	02:09:24	+45:21	07:37
185	2418	Alberto Silvério16	individual	Veterano M40	02:09:24	+45:21	07:37
186	2109	Paulo Pereira	bota&signa	Senior Masculino	02:09:32	+45:29	07:37
187	2174	JOAQUIM TEIXEIRA	equipa joao ferreira	Veterano M50	02:09:44	+45:41	07:38
188	2001	joao paulo guimaraes	a. d. lustosa	Veterano M50	02:09:45	+45:42	07:38
189	2088	Mário Lima	aves runners	Senior Masculino	02:09:52	+45:49	07:38
190	2215	Eliana Patrícia G. P. Teixeira	fridão sem limites	Senior Feminino	02:09:54	+45:51	07:39
191	2111	Carlos Ribeiro	bota&signa	Veterano M40	02:10:07	+46:04	07:39
192	2044	Augusto Tavares	alive runners	Veterano M50	02:10:16	+46:13	07:40
193	2322	Diogo Matos	individual	Senior Masculino	02:10:42	+46:39	07:41
194	2568	Renato Pinto	nocturnos de paredes	Senior Masculino	02:10:57	+46:54	07:42
195	2631	Sandra Mesquita	são mateus runners	Veterana F40	02:11:02	+46:59	07:43
196	2644	Rui Balbeira	ss montepio	Veterano M40	02:11:06	+47:03	07:43
197	2432	Luis Medeiros Pereira	individual	Veterano M40	02:11:26	+47:23	07:44
198	1332	Paulo Ribeiro	individual	Veterano M45	02:11:26	+47:23	07:44
199	1016	Ricardo Paulo de Sousa Osório	amazing world team	Veterano M40	02:11:33	+47:30	07:44
200	2618	Vitor Alves	rinus fafe	Veterano M45	02:11:53	+47:50	07:46
201	2245	vit0r campos	gtt - armazém do caffè	Veterano M40	02:12:15	+48:12	07:47
202	2617	Cidália Novais	rinus fafe	Veterana F40	02:12:54	+48:51	07:49
203	2627	Rui	running team aldeia nova	Veterano M45	02:13:00	+48:57	07:49
204	2278	EDUARDA PINTO	individual	Senior Feminino	02:13:07	+49:04	07:50
205	2436	Marco Antonio Pinto da Silva Carvalho	individual	Senior Masculino	02:13:08	+49:05	07:50
206	2374	Ricardo Novais	individual	Senior Masculino	02:13:10	+49:07	07:50
207	2179	Sandra Filipa Sampaio Martins	eu + cinco	Senior Feminino	02:13:12	+49:09	07:50
208	2608	Camila David Mendes Moura	pari passu	Sub 23 Feminino	02:13:13	+49:10	07:50
209	2696	Luis Martins25	trinca orelhas de gato	Senior Masculino	02:13:14	+49:11	07:50
210	2254	Carlos Morais	healthypump runners	Senior Masculino	02:13:25	+49:22	07:51
211	2255	Duarte Costa	healthypump runners	Sub 23 Masculino	02:13:26	+49:23	07:51
212	2056	Fernando Ismael Oliveira Nogueira	amigos do pedal trailagares	Senior Masculino	02:13:32	+49:29	07:51
213	2713	José Jesus	trinca orelhas de gato	Veterano M45	02:13:36	+49:33	07:52
214	2714	Jose Junio	trinca orelhas de gato	Veterano M50	02:13:45	+49:42	07:52
215	2180	André Almeida	eu + cinco	Senior Masculino	02:14:06	+50:03	07:53
216	2184	José Machado	eu + cinco	Veterano M45	02:14:06	+50:03	07:53
217	2178	Maria João Oliveira	eu + cinco	Senior Feminino	02:14:06	+50:03	07:53
218	1363	Pedro Rola	juventude cortegacense	Veterano M45	02:14:12	+50:09	07:54
219	2512	Domingos Fernando Oliveira Camboa	juventude cortegacense	Veterano M50	02:14:12	+50:09	07:54
220	2339	Hugo Mendes	individual	Senior Masculino	02:14:18	+50:15	07:54
221	2218	Filipe Reis Pinheiro	fridão sem limites	Senior Masculino	02:14:34	+50:31	07:55
222	2649	Vera Malheiro	tainadas family running	Senior Feminino	02:15:12	+51:09	07:57

TRAIL CURTO - STAGE 1

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OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
223	2368	Pedro Miguel Mendes Carneiro	individual	Senior Masculino	02:15:18	+51:14	07:58
224	2635	Alexandre Leite	ss monteio	Senior Masculino	02:15:18	+51:15	07:58
225	2672	Filipe Silva	team lanternil	Senior Masculino	02:15:19	+51:16	07:58
226	2460	Henrique Silva	individual	Veterano M45	02:15:41	+51:38	07:59
227	2651	Miguel Silva	tainadas family running	Senior Masculino	02:15:44	+51:41	07:59
228	2290	Márcia Sofia Cunha	individual	Senior Feminino	02:15:45	+51:42	07:59
229	2389	José Moça	individual	Sub 23 Masculino	02:15:59	+51:56	08:00
230	2530	Joao Goncalves	maisfit runners	Veterano M50	02:16:02	+51:59	08:00
231	2002	Carina Pereira	a.d.amarante trail running	Senior Feminino	02:16:16	+52:13	08:01
232	2699	E. Morata	trinca orelhas de gato	Sub 23 Masculino	02:16:43	+52:40	08:03
233	2693	Duarte Araújo	trevo do sucesso	Senior Masculino	02:16:44	+52:41	08:03
234	2472	Ricardo Ribeiro	individual	Veterano M45	02:16:48	+52:45	08:03
235	2674	Tiago Dias	team lanternil	Senior Masculino	02:16:57	+52:54	08:03
236	2072	Carlos Felgueiras	andatrilhos freamunde	Senior Masculino	02:16:58	+52:55	08:03
237	2428	José Alberto Martins Ribeiro	individual	Veterano M40	02:17:13	+53:10	08:04
238	2345	Joaquim Silva	individual	Senior Masculino	02:17:18	+53:15	08:05
239	2105	Vítor Dinis	befitness runners	Veterano M45	02:17:40	+53:37	08:06
240	2097	Lourenço Cardoso	baguim runners	Veterano M45	02:17:43	+53:40	08:06
241	2662	Filipe Martinho	tbo4e	Veterano M40	02:18:27	+54:24	08:09
242	2683	José Gouveia	trail pinoco	Senior Masculino	02:18:34	+54:31	08:09
243	2686	Vítor Faria	trail pinoco	Veterano M40	02:18:34	+54:31	08:09
244	2338	Hugo Jorge Fernandes Marques	individual	Senior Masculino	02:18:49	+54:46	08:10
245	2697	Pedro sousa	trinca orelhas de gato	Senior Masculino	02:18:59	+54:56	08:11
246	2471	Pedro Costa	individual	Veterano M45	02:19:04	+55:01	08:11
247	2103	Luís Ochoa	befitness runners	Veterano M40	02:19:41	+55:38	08:13
248	2147	Liliana Ribeiro	crossfit aveiro	Senior Feminino	02:19:46	+55:43	08:13
249	2120	JOSÉ FERREIRA	caipicompany	Veterano M40	02:19:46	+55:43	08:13
250	2148	Filipe nunes	crossfit aveiro	Senior Masculino	02:19:46	+55:43	08:13
251	2603	Nuno Monteiro	papamilhas	Senior Masculino	02:19:49	+55:46	08:14
252	2625	Ricardo	running team aldeia nova	Veterano M40	02:19:56	+55:53	08:14
253	2610	Ricardo Ribeiro	paulo pinheiro	Senior Masculino	02:20:07	+56:04	08:15
254	2031	Cristiana Marinho Lagoa	alive runners	Sub 23 Feminino	02:20:30	+56:27	08:16
255	2420	Carlos Alberto Dinis da Silva	individual	Veterano M40	02:20:42	+56:39	08:17
256	2615	João Lira	rinus fafe	Senior Masculino	02:20:43	+56:40	08:17
257	2265	Ana Martins	individual	Senior Feminino	02:21:05	+57:02	08:18
258	2514	Agostinho Cardoso	leões de tardariz trail	Veterano M45	02:21:06	+57:03	08:18
259	2573	NUNO ALEXANDRE	nocturnos de paredes	Veterano M40	02:21:12	+57:09	08:18
260	2679	Luis Fonseca	teixeira's	Sub 23 Masculino	02:21:17	+57:14	08:19
261	2347	José Gregório Dias Dionísio	individual	Senior Masculino	02:21:19	+57:16	08:19
262	2242	Ricardo Miranda	gtt - armazém do caffè	Senior Masculino	02:21:25	+57:22	08:19
263	1162	SERGIO ANDRE DA SILVA COELHO	gtt - armazém do caffè	Senior Masculino	02:21:25	+57:22	08:19
264	2606	MANUEL SANTOS	papamilhas	Veterano M40	02:21:27	+57:24	08:19
265	2159	Paulo Morgado	egosport/irmandade bike team	Veterano M40	02:21:29	+57:26	08:19
266	2145	Carlos Cachulo	correio de albergaria	Senior Masculino	02:21:45	+57:42	08:20
267	2264	Ana Ferreira	individual	Senior Feminino	02:21:45	+57:42	08:20

TRAIL CURTO - STAGE 1

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REVISED

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
268	2288	Mafalda Luís	individual	Senior Feminino	02:21:46	+57:43	08:20
269	2020	Liliana Barros	alive runners	Senior Feminino	02:21:55	+57:52	08:21
270	2557	Liliana Magalhaes	mountain runners	Senior Feminino	02:21:59	+57:56	08:21
271	2042	Fernando Carreira	alive runners	Veterano M45	02:22:29	+58:26	08:23
272	2041	Carlos Ferreira	alive runners	Veterano M45	02:22:29	+58:26	08:23
273	2376	Romeu Gomes	individual	Senior Masculino	02:22:38	+58:35	08:23
274	2040	Nuno Pacheco	alive runners	Veterano M40	02:22:43	+58:40	08:24
275	2433	Luis Miguel Moreira Mendes	individual	Veterano M40	02:22:44	+58:41	08:24
276	2415	GRAÇA RIBEIRO	individual	Veterana F50	02:23:10	+59:07	08:25
277	2157	Célia Azevedo Meira	edv-viana trail	Veterana F40	02:23:10	+59:07	08:25
278	2574	João Leite	nocturnos de paredes	Veterano M45	02:23:10	+59:07	08:25
279	2429	José António Moreira Ferreira	individual	Veterano M40	02:23:13	+59:10	08:26
280	2680	Joao Teixeira	teixeira's	Veterano M45	02:23:20	+59:17	08:26
281	2352	Manuel Fenando Gomes	individual	Senior Masculino	02:23:22	+59:19	08:26
282	2600	BRUNO SALDANHA	papamilhas	Senior Masculino	02:23:25	+59:22	08:26
283	2208	João Rebelo	frezite	Senior Masculino	02:23:29	+59:26	08:26
284	1397	josé moura de souza	os barriguitas	Veterano M50	02:23:37	+59:34	08:27
285	1375	Jose Carlos Castro	miguel guimarães	Senior Masculino	02:23:39	+59:36	08:27
286	2372	Ricardo Luís Nicolau Oliveira	individual	Senior Masculino	02:23:47	+59:44	08:28
287	2399	Maria Margarida Nunes Monteiro da Cunha	individual	Veterana F40	02:24:02	+59:59	08:28
288	2249	Luis Fernandes	guimarães trail	Senior Masculino	02:24:05	+01:00:02	08:29
289	2311	António Gabriel Fernandes Lima	individual	Senior Masculino	02:24:07	+01:00:04	08:29
290	2363	Paulo Carvalho	individual	Senior Masculino	02:24:10	+01:00:07	08:29
291	2344	Joaquim Filipe Mendes Pereira Sala	individual	Senior Masculino	02:24:10	+01:00:07	08:29
292	2678	RUI ROCHA	team shark	Veterano M45	02:24:21	+01:00:18	08:30
293	2107	PAULO JORGE MADUREIRA RIBEIRO	bombeiros v. s. mamede infesta	Veterano M40	02:24:25	+01:00:22	08:30
294	2521	Diana Pinto	maisfit runners	Senior Feminino	02:24:28	+01:00:25	08:30
295	2018	Isabel Ferreira	alive runners	Senior Feminino	02:24:56	+01:00:53	08:32
296	2604	SANDRA SANTOS	papamilhas	Veterana F40	02:25:00	+01:00:57	08:32
297	2481	João Almeida	individual	Veterano M50	02:25:03	+01:01:00	08:32
298	2579	Emanuel Dias	one more mile	Senior Masculino	02:25:12	+01:01:09	08:33
299	2703	Fernando Pereira	trinca orelhas de gato	Veterano M40	02:25:17	+01:01:14	08:33
300	2580	Helder Magalhães	one more mile	Senior Masculino	02:25:17	+01:01:14	08:33
301	2453	Agostinho Mota	individual	Veterano M45	02:25:20	+01:01:17	08:33
302	2711	Carlos Anjos	trinca orelhas de gato	Veterano M45	02:25:29	+01:01:26	08:34
303	2221	Inês Carlos Cardoso	fridão sem limites	Sub 23 Feminino	02:25:30	+01:01:27	08:34
304	2582	Vanessa Santos	os aventureiros	Senior Feminino	02:25:57	+01:01:54	08:35
305	2401	Nina Silva	individual	Veterana F40	02:25:58	+01:01:55	08:35
306	2545	Sonia Veludo	miguel guimarães	Veterana F45	02:25:59	+01:01:56	08:35
307	2037	Dulce Ribeiro	alive runners	Veterana F50	02:26:53	+01:02:50	08:38
308	2380	Rui César Fernandes de Faria	individual	Senior Masculino	02:26:58	+01:02:55	08:39
309	2636	Márcio Silva	ss montepio	Senior Masculino	02:26:58	+01:02:55	08:39
310	2049	Paulo Sousa	amazing world team	Senior Masculino	02:27:02	+01:02:59	08:39
311	2540	José Figueiras	miguel guimarães	Senior Masculino	02:27:14	+01:03:11	08:40

TRAIL CURTO - STAGE 1

17 KM

OFFICIAL RESULT



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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
312	2139	Cristina Rocha	comdor runners	Senior Feminino	02:27:41	+01:03:38	08:41
313	2195	Vasco Guimarães	fama runners	Senior Masculino	02:27:43	+01:03:40	08:41
314	2656	Márcia Ferreira	tartarugas do asfalto	Veterana F40	02:27:49	+01:03:46	08:42
315	2709	Silvio Dias	trinca orelhas de gato	Veterano M40	02:28:18	+01:04:15	08:43
316	2712	Carlos Conde	trinca orelhas de gato	Veterano M45	02:28:18	+01:04:15	08:43
317	2650	David Paiva	tainadas family running	Senior Masculino	02:28:20	+01:04:17	08:44
318	2315	Bruno Miguel machado Ferreira	individual	Senior Masculino	02:28:22	+01:04:19	08:44
319	2367	Pedro Miguel Martins Ferreira	individual	Senior Masculino	02:28:22	+01:04:19	08:44
320	2160	INES RIBEIRO	equipa joao ferreira	Senior Feminino	02:28:23	+01:04:20	08:44
321	2161	RITA OLIVEIRA	equipa joao ferreira	Senior Feminino	02:28:24	+01:04:21	08:44
322	2692	António Loureiro	trepatrihos trail team	Veterano M50	02:28:31	+01:04:28	08:44
323	2243	joana sofia macedo maia	gtt - armazém do caffè	Sub 23 Feminino	02:28:33	+01:04:30	08:44
324	2468	Miguel Rufino	individual	Veterano M45	02:28:55	+01:04:52	08:46
325	2134	Paulo Oliveira	clube zupper	Senior Masculino	02:29:01	+01:04:58	08:46
326	2688	Alexandra Couto	trepatrihos trail team	Senior Feminino	02:29:03	+01:05:00	08:46
327	2626	Sérgio	running team aldeia nova	Veterano M40	02:29:15	+01:05:12	08:47
328	2233	Pedro Rodrigues	gondomar futsal clube	Senior Masculino	02:29:21	+01:05:18	08:47
329	2474	António José Gonçalves da Ascensão Fonseca	individual	Veterano M50	02:29:25	+01:05:22	08:47
330	2207	Igor Gonçalves	free runners	Senior Masculino	02:29:37	+01:05:34	08:48
331	2527	Ana sofia ribeiro neto	maisfit runners	Sub 23 Feminino	02:29:45	+01:05:42	08:49
332	2354	Mário Estêvão	individual	Senior Masculino	02:30:03	+01:06:00	08:50
333	2153	Carina Silva	divertidas.lol	Senior Feminino	02:30:06	+01:06:03	08:50
334	2691	Elisa de Sousa Alves Lopes	trepatrihos trail team	Veterana F50	02:30:08	+01:06:05	08:50
335	2690	Susana Sousa	trepatrihos trail team	Veterana F40	02:30:08	+01:06:05	08:50
336	2144	Sara Vingá da Quinta	correio de albergaria	Senior Feminino	02:30:11	+01:06:08	08:50
337	2400	Mónica Vilas Boas	individual	Veterana F40	02:30:43	+01:06:40	08:52
338	2614	Marisa Novais	rinus fafe	Senior Feminino	02:30:47	+01:06:44	08:52
339	2702	Antonio Neto	trinca orelhas de gato	Veterano M40	02:30:58	+01:06:55	08:53
340	2045	Manuel Martins	alive runners	Veterano M50	02:31:37	+01:07:34	08:55
341	2444	Paulo Moreira	individual	Veterano M40	02:31:38	+01:07:35	08:55
342	2198	Margarida Pinto	fama runners	Veterana F45	02:31:49	+01:07:46	08:56
343	2036	Sandra Silva	alive runners	Veterana F40	02:32:10	+01:08:07	08:57
344	2033	Diogo Andre Sousa Cardoso	alive runners	Sub 23 Masculino	02:32:11	+01:08:08	08:57
345	2403	Nelson Silva	individual	Veterano M45	02:32:28	+01:08:25	08:58
346	2331	Helder Filipe	individual	Senior Masculino	02:32:38	+01:08:35	08:59
347	2583	Bruno Castelo	os aventureiros	Senior Masculino	02:32:38	+01:08:35	08:59
348	2261	Alberta Margarida Rocha Rodrigues	individual	Senior Feminino	02:32:39	+01:08:36	08:59
349	2623	Tiago	running team aldeia nova	Senior Masculino	02:33:26	+01:09:23	09:02
350	2652	Cristiana Rodrigues	tartarugas do asfalto	Senior Feminino	02:33:41	+01:09:38	09:02
351	2200	Rui Simões Ferreira	fama runners	Veterano M40	02:33:53	+01:09:50	09:03
352	2475	António Luis Martins do Vale Lima	individual	Veterano M50	02:34:04	+01:10:01	09:04
353	2613	Joana Magalhães	rinus fafe	Senior Feminino	02:34:07	+01:10:04	09:04
354	2504	Marcia Castro Costa	juventude cortegacense	Veterana F40	02:34:13	+01:10:10	09:04
355	2280	Fernanda Maria Ferreira Oliveira	individual	Senior Feminino	02:34:26	+01:10:23	09:05
356	2602	Lino Pinto	papamilhas	Senior Masculino	02:34:36	+01:10:33	09:06

TRAIL CURTO - STAGE 1

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R
REVISED

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
357	2052	Anabela Aaújo Ferraz Rodrigues	amazing world team	Veterana F45	02:34:42	+01:10:39	09:06
358	2267	Andreia Ascenso de Sousa	individual	Senior Feminino	02:34:43	+01:10:40	09:06
359	2654	Joana Martins	tartarugas do asfalto	Senior Feminino	02:34:59	+01:10:56	09:07
360	2638	Rui Carvalho	ss montepio	Senior Masculino	02:35:02	+01:10:59	09:07
361	2646	Francisco Moreira	ss montepio	Veterano M45	02:35:04	+01:11:01	09:07
362	2575	JOSE SILVA	nocturnos de paredes	Veterano M45	02:36:17	+01:12:14	09:12
363	2275	Céu Cordeiro	individual	Senior Feminino	02:36:19	+01:12:16	09:12
364	2312	António Pedro Rocha	individual	Senior Masculino	02:36:23	+01:12:20	09:12
365	2435	Marcelo Sousa	individual	Veterano M40	02:36:23	+01:12:20	09:12
366	2133	Maria Ribeiro	clube zipper	Veterana F45	02:36:52	+01:12:49	09:14
367	2556	Claudia Sousa	mountain runners	Senior Feminino	02:36:54	+01:12:51	09:14
368	2494	Tiago Cláudio Pinto Furtado Mendoça	ironladies	Senior Masculino	02:37:02	+01:12:59	09:14
369	2240	Dimitri Matos	gtt - armazém do caffè	Senior Masculino	02:37:05	+01:13:02	09:14
370	2287	Liliana Ferreira	individual	Senior Feminino	02:37:05	+01:13:02	09:14
371	2476	Carlos Almeida	individual	Veterano M50	02:37:41	+01:13:38	09:17
372	2576	ANTONIO CARVALHO	nocturnos de paredes	Veterano M50	02:38:32	+01:14:29	09:20
373	2566	RAQUEL RIBEIRO	nocturnos de paredes	Senior Feminino	02:38:32	+01:14:29	09:20
374	2480	Isaac Batista Pereira	individual	Veterano M50	02:38:39	+01:14:36	09:20
375	2032	Inês Sousa	alive runners	Sub 23 Feminino	02:38:45	+01:14:42	09:20
376	2038	Maria Madalena Alves	alive runners	Veterana F50	02:38:50	+01:14:47	09:21
377	2046	Patricia Fonseca	amazing world team	Senior Feminino	02:39:12	+01:15:09	09:22
378	2701	Alcino Tavares	trinca orelhas de gato	Veterano M40	02:39:15	+01:15:12	09:22
379	2413	Cacilda Ramos	individual	Veterana F50	02:39:45	+01:15:42	09:24
380	2050	Rui Afonso	amazing world team	Senior Masculino	02:39:50	+01:15:47	09:24
381	2637	Nuno Bastos	ss montepio	Senior Masculino	02:39:52	+01:15:49	09:24
382	2642	Ricardo Ferreira Silva	ss montepio	Veterano M40	02:39:52	+01:15:49	09:24
383	2080	Lurdes Moreira	as belas e eles	Veterana F40	02:39:58	+01:15:55	09:25
384	2113	Miguel angelo Araújo	brabus runners	Senior Masculino	02:40:03	+01:16:00	09:25
385	2422	Fernando Ferreira	individual	Veterano M40	02:40:09	+01:16:06	09:25
386	2192	César Matos Gomes	fama runners	Senior Masculino	02:40:43	+01:16:40	09:27
387	2457	Daniel Gomes	individual	Veterano M45	02:40:45	+01:16:42	09:27
388	2006	Patricia Machado	afrikanrunners	Senior Feminino	02:41:20	+01:17:17	09:29
389	2551	Paulo Costa	miguel guimarães	Veterano M45	02:41:49	+01:17:46	09:31
390	2719	Luís Miguel Neto Ferreira	zz35	Senior Masculino	02:42:04	+01:18:01	09:32
391	2718	Maria de Fátima Rodrigues da silva	zz35	Senior Feminino	02:42:04	+01:18:01	09:32
392	2327	Filipe Leão	individual	Senior Masculino	02:42:05	+01:18:02	09:32
393	2386	Vitor Martins	individual	Senior Masculino	02:42:05	+01:18:02	09:32
394	2440	Nuno Carvalho	individual	Veterano M40	02:42:37	+01:18:34	09:34
395	2165	ISABEL PINTO	equipa joao ferreira	Veterana F40	02:42:43	+01:18:40	09:34
396	1129	André Vasconcelos	frezite	Senior Masculino	02:43:09	+01:19:06	09:36
397	2019	Liliana Alves	alive runners	Senior Feminino	02:43:10	+01:19:07	09:36
398	2051	Helga Amorim	amazing world team	Veterana F40	02:43:16	+01:19:13	09:36
399	2294	Maria José Sacramento	individual	Senior Feminino	02:43:16	+01:19:13	09:36
400	2069	Marta Ribeiro	andatrinhos freamunde	Senior Feminino	02:43:17	+01:19:14	09:36
401	2068	Cristina Machado	andatrinhos freamunde	Senior Feminino	02:43:17	+01:19:14	09:36

TRAIL CURTO - STAGE 1

17 KM

OFFICIAL RESULT

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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
402	2216	Olga Cristina Mota	fridão sem limites	Senior Feminino	02:43:58	+01:19:55	09:39
403	2381	Sérgio Oliveira	individual	Senior Masculino	02:44:26	+01:20:23	09:40
404	2438	Nelson Santos	individual	Veterano M40	02:44:26	+01:20:23	09:40
405	2500	Joana Alves	joana	Senior Feminino	02:44:29	+01:20:26	09:41
406	2539	João Costa	miguel guimarães	Senior Masculino	02:44:48	+01:20:45	09:42
407	2421	Eduardo Atraca	individual	Veterano M40	02:45:02	+01:20:59	09:43
408	2154	Elisabete Maia	divertidas.lol	Veterana F45	02:45:10	+01:21:07	09:43
409	2087	Vera Gonçalves	aves runners	Senior Feminino	02:45:11	+01:21:08	09:43
410	2093	Francisco Carneiro	aves runners	Veterano M45	02:45:11	+01:21:08	09:43
411	2089	Ricardo Martins	aves runners	Senior Masculino	02:45:11	+01:21:08	09:43
412	2084	Cátia Magalhães	aves runners	Senior Feminino	02:45:11	+01:21:08	09:43
413	2185	Paulo Barroso	eu + cinco	Veterano M50	02:45:14	+01:21:11	09:43
414	2511	Augusto Santos Silva	juventude cortegacense	Veterano M50	02:45:40	+01:21:37	09:45
415	2162	SONIA MOREIRA	equipa joao ferreira	Senior Feminino	02:45:43	+01:21:40	09:45
416	2313	Basílio Magno de Sousa Andrade	individual	Senior Masculino	02:46:23	+01:22:20	09:47
417	2630	Alexandra Gomes	são mateus runners	Senior Feminino	02:46:37	+01:22:34	09:48
418	2507	Anabela dos Santos Marques	juventude cortegacense	Veterano M40	02:46:37	+01:22:34	09:48
419	2156	Susana Silva5	edv-viana trail	Senior Feminino	02:46:44	+01:22:41	09:49
420	2670	Cristiana Martins	team lanthemil	Senior Feminino	02:47:00	+01:22:57	09:49
421	2262	Ana Alexandra Andrês Morais Ribeiro	individual	Senior Feminino	02:47:07	+01:23:04	09:50
422	2462	jorge lobo	individual	Veterano M45	02:47:07	+01:23:04	09:50
423	2628	maria lucinda barbosa moreira	s.liz	Veterana F50	02:47:10	+01:23:07	09:50
424	2629	augusto pinto barbosa	s.liz	Veterano M50	02:47:10	+01:23:07	09:50
425	2663	Duarte Nuno Meireles	team agente meireles	Senior Masculino	02:47:22	+01:23:19	09:51
426	2492	Paula Cristina Fernandes Pereira	ironladies	Senior Feminino	02:47:36	+01:23:33	09:52
427	2316	BRUNO RICARDO COSTA VASCONCELOS	individual	Senior Masculino	02:47:41	+01:23:38	09:52
428	2549	Paulo Oliveira	miguel guimarães	Veterano M40	02:48:37	+01:24:34	09:55
429	2319	Bruno Rodrigues	individual	Senior Masculino	02:48:40	+01:24:37	09:55
430	2277	Eduarda Gonçalves Coelho	individual	Senior Feminino	02:48:45	+01:24:42	09:56
431	2300	Renata Almeida	individual	Senior Feminino	02:48:59	+01:24:56	09:56
432	2196	Virgílio Teixeira	fama runners	Senior Masculino	02:49:29	+01:25:26	09:58
433	2122	Cristina Miranda	cf jesuitas	Senior Feminino	02:49:29	+01:25:26	09:58
434	2271	Belém Sampaio-Marques	individual	Senior Feminino	02:49:51	+01:25:48	10:00
435	2559	César Couto	mountain runners	Senior Masculino	02:49:53	+01:25:50	10:00
436	2537	Sofia Naldinho	miguel guimarães	Senior Feminino	02:50:14	+01:26:11	10:01
437	2140	Susana Moreira	comdor runners	Senior Feminino	02:50:38	+01:26:35	10:02
438	2570	Maria Jesus	nocturnos de paredes	Veterana F40	02:50:40	+01:26:37	10:02
439	2645	Rui Silva	ss montepio	Veterano M40	02:50:40	+01:26:37	10:02
440	2090	Abílio Ferreira	aves runners	Veterano M40	02:50:42	+01:26:39	10:03
441	2094	Adélio Castro	aves runners	Veterano M50	02:50:42	+01:26:39	10:03
442	2025	Manuel Faria	alive runners	Senior Masculino	02:50:45	+01:26:42	10:03
443	2029	Rui Sousa	alive runners	Senior Masculino	02:50:45	+01:26:42	10:03
444	2039	Marco Osorio Silva	alive runners	Veterano M40	02:50:45	+01:26:42	10:03
445	2607	Luis Marques	pari passu	Senior Masculino	02:50:46	+01:26:43	10:03
446	2622	Carla	running team aldeia nova	Senior Feminino	02:50:50	+01:26:47	10:03

TRAIL CURTO - STAGE 1
17 KM
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OFFICIAL RESULT
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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
447	2259	Nuno Teixeira	imperadores	Senior Masculino	02:51:01	+01:26:58	10:04
448	2361	Nuno Filipe	individual	Senior Masculino	02:51:06	+01:27:03	10:04
449	2550	Fernando Gomes	miguel guimarães	Veterano M45	02:51:44	+01:27:41	10:06
450	2547	Carlindo Martins	miguel guimarães	Veterano M40	02:51:45	+01:27:42	10:06
451	2538	Susana Latourrette	miguel guimarães	Senior Feminino	02:51:45	+01:27:42	10:06
452	2077	Luísa Silva	andatrihos freamunde	Veterana F40	02:51:49	+01:27:46	10:06
453	2070	Milene Coelho	andatrihos freamunde	Senior Feminino	02:51:49	+01:27:46	10:06
454	2528	Filipa Pinto	maisfit runners	Sub 23 Feminino	02:51:54	+01:27:51	10:07
455	2168	CLAUDIA CUNHA	equipa joao ferreira	Veterana F45	02:51:55	+01:27:52	10:07
456	2201	Vali Ribeiro	fama runners	Veterano M40	02:52:02	+01:27:59	10:07
457	2554	Ana Helena Cardoso Carneiro	minho aventura	Veterana F40	02:52:37	+01:28:34	10:09
458	2553	Ricardo Miguel de Oliveira Cunha	minho aventura	Senior Masculino	02:52:38	+01:28:35	10:09
459	2214	Carla Sofia Mendes Teixeira	fridão sem limites	Senior Feminino	02:53:00	+01:28:57	10:11
460	2585	Manuel Moura	os barriguitas	Veterano M50	02:53:33	+01:29:30	10:13
461	2591	Carmen Maria Alegria Amaro	os trailgloditas	Veterana F40	02:53:44	+01:29:41	10:13
462	2590	Patrícia Lage	os trailgloditas	Senior Feminino	02:53:44	+01:29:41	10:13
463	2592	João Morgado	os trailgloditas	Veterano M40	02:53:44	+01:29:41	10:13
464	1275	Nuno Gonçalves	individual	Sub 23 Masculino	02:54:25	+01:30:22	10:16
465	2183	Maria Nogueira	eu + cinco	Veterana F40	02:55:00	+01:30:57	10:18
466	2305	Teresa Mariana Sá Pinto Carneiro	individual	Senior Feminino	02:55:08	+01:31:05	10:18
467	2211	Rui Ferreira	frezite	Sub 23 Masculino	02:55:09	+01:31:06	10:18
468	2043	Miguel Marques	alive runners	Veterano M45	02:55:33	+01:31:30	10:20
469	2609	Jorge Ferreira	pari passu	Veterano M40	02:55:57	+01:31:54	10:21
470	2541	Miguel Guimarães	miguel guimarães	Senior Masculino	02:56:06	+01:32:03	10:22
471	2534	Ana Ferro	miguel guimarães	Senior Feminino	02:56:06	+01:32:03	10:22
472	2291	Maria Alexandra Carvalho Oliveira	individual	Senior Feminino	02:56:27	+01:32:24	10:23
473	2092	Gabriel Freitas	aves runners	Veterano M40	02:56:48	+01:32:45	10:24
474	2170	EDGAR SARAIVA	equipa joao ferreira	Veterano M40	02:57:06	+01:33:03	10:25
475	2289	Márcia Ferreira	individual	Senior Feminino	02:57:08	+01:33:05	10:25
476	2355	Mário Gonçalves	individual	Senior Masculino	02:57:08	+01:33:05	10:25
477	2309	André Cardoso	individual	Senior Masculino	02:57:14	+01:33:11	10:26
478	2272	Carla Dias	individual	Senior Feminino	02:57:15	+01:33:12	10:26
479	2054	Carina Gonçalves Ferreira	amigos do pedal trailagares	Veterana F45	02:57:18	+01:33:15	10:26
480	2164	GORETI VARELA	equipa joao ferreira	Veterana F40	02:57:55	+01:33:52	10:28
481	2016	Carla Martins	alive runners	Senior Feminino	02:58:08	+01:34:05	10:29
482	2263	Ana Catarina Pimentel Azevedo do Fundo	individual	Senior Feminino	02:59:05	+01:35:02	10:32
483	2409	Fernanda Lopes	individual	Veterana F45	02:59:34	+01:35:31	10:34
484	2330	Gonçalo Rodrigues	individual	Senior Masculino	02:59:59	+01:35:56	10:35
485	2484	JOSE CARLOS NEVES	individual	Veterano M50	02:59:59	+01:35:56	10:35
486	2489	Diana Sofia Moreira Alves	ironladies	Senior Feminino	03:00:02	+01:35:59	10:35
487	2360	Nuno Ferreira	individual	Senior Masculino	03:00:03	+01:36:00	10:36
488	2326	Fernando Reis	individual	Senior Masculino	03:00:03	+01:36:00	10:36
489	2190	Natália Santos	fama runners	Senior Feminino	03:00:23	+01:36:20	10:37
490	2653	Cristina Araujo	tartarugas do asfalto	Senior Feminino	03:00:51	+01:36:48	10:38
491	2496	sandra oliveira	jas	Senior Feminino	03:01:09	+01:37:06	10:39

TRAIL CURTO - STAGE 1

17 KM

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REVISED

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
536	2341	joao novo	individual	Senior Masculino	03:09:59	+01:45:56	11:11
537	2493	Regina Celeste Machado de Lima	ironladies	Veterana F40	03:10:30	+01:46:27	11:12
538	2337	Hugo Filipe Lourenço Correia	individual	Senior Masculino	03:11:19	+01:47:16	11:15
539	2268	Andreia Ferreira	individual	Senior Feminino	03:11:31	+01:47:28	11:16
540	2721	Susana Cunha	individual	Veterana F40	03:11:42	+01:47:39	11:17
541	2669	Carla Sofia Marques Araújo	team lanthemil	Senior Feminino	03:12:11	+01:48:08	11:18
542	2671	susana pinheiro	team lanthemil	Senior Feminino	03:12:11	+01:48:08	11:18
543	2017	Francisca Silva	alive runners	Senior Feminino	03:12:21	+01:48:18	11:19
544	2366	Pedro Leite	individual	Senior Masculino	03:12:50	+01:48:47	11:21
545	2394	Eduarda Maria Moreira de Sá	individual	Veterana F40	03:12:51	+01:48:48	11:21
546	2143	Rui Miguel Oliveira	comdor runners	Veterano M40	03:13:32	+01:49:29	11:23
547	2142	Maria da Luz Olivença	comdor runners	Veterana F45	03:13:33	+01:49:30	11:23
548	2397	Leonilde Macedo	individual	Veterana F40	03:14:07	+01:50:04	11:25
549	2454	Augusto Manuel Jeronimo lopes	individual	Veterano M45	03:14:25	+01:50:22	11:26
550	2173	FERNANDO ALMEIDA	equipa joao ferreira	Veterano M50	03:15:55	+01:51:52	11:32
551	2169	MARIA FONSECA	equipa joao ferreira	Veterana F45	03:15:59	+01:51:56	11:32
552	2166	RITA GONÇALVES	equipa joao ferreira	Veterana F40	03:15:59	+01:51:56	11:32
553	2146	Cristina Redondo	correio de albergaria?	Senior Feminino	03:16:10	+01:52:07	11:32
554	1259	Ricardo Jorge Leão Sousa	individual	Senior Masculino	03:18:54	+01:54:51	11:42
555	2163	CELIA AROSO	equipa joao ferreira	Veterana F40	03:19:33	+01:55:30	11:44
556	2065	Natália Cecília de Rocha Ferreira	amigos do pedal trailagares	Veterana F50	03:19:39	+01:55:36	11:45
557	2067	Carolina Files	andatrihos freamunde	Senior Feminino	03:20:01	+01:55:58	11:46
558	2611	Daniela Cristina Oliveira Areias	pedro miguel	Senior Feminino	03:20:48	+01:56:45	11:49
559	2612	Pedro Miguel Sousa Monteiro	pedro miguel	Senior Masculino	03:20:50	+01:56:47	11:49
560	2119	Francisco Ramalho	caipicompany	Veterano M40	03:21:46	+01:57:43	11:52
561	2171	ARTUR CARDOSO	equipa joao ferreira	Veterano M45	03:22:49	+01:58:46	11:56
562	2717	Sofia Fernandes	vimarunners	Senior Feminino	03:24:03	+02:00:00	12:00
563	2505	Gabriela Rola	juventude cortegacense	Veterana F45	03:24:48	+02:00:45	12:03
564	2632	Sílvia Freitas	schoolembassy.com	Senior Feminino	03:24:52	+02:00:49	12:03
565	2346	Jorge Manuel Portela Barbosa	individual	Senior Masculino	03:25:57	+02:01:54	12:07
566	2490	Liliana Susete Pimenta Brandão	ironladies	Senior Feminino	03:27:03	+02:03:00	12:11
567	2296	Marlene Sampaio	individual	Senior Feminino	03:28:05	+02:04:02	12:14
568	2181	André Azevedo	eu + cinco	Senior Masculino	03:31:24	+02:07:21	12:26
569	2182	Claudio Gomes	eu + cinco	Senior Masculino	03:31:24	+02:07:21	12:26
570	2212	Rui Moreira	frezite	Sub 23 Masculino	03:32:27	+02:08:24	12:30
571	2410	Ledaine Sandrine	individual	Veterana F45	03:34:05	+02:10:02	12:36
572	2406	Susana Isabel Pereira Lopes	individual	Veterana F40	03:35:44	+02:11:41	12:41
573	2114	Sheila Ferreira	caipicompany	Senior Feminino	03:36:07	+02:12:04	12:43
574	2116	Miguel Ferreira	caipicompany	Senior Masculino	03:36:07	+02:12:04	12:43
575	2115	Carlos Reboredo	caipicompany	Senior Masculino	03:36:19	+02:12:16	12:44
576	2118	Isabel Santos	caipicompany	Veterana F40	03:36:21	+02:12:18	12:44
577	2297	Patricia Carvalho	individual	Senior Feminino	03:36:32	+02:12:29	12:44
578	2548	Miguel Eiras	miguel guimarães	Veterano M40	03:43:03	+02:19:00	13:07
579	2402	Olinda Raquel Teixeira Mendes	individual	Veterana F40	03:44:33	+02:20:30	13:13
580	2301	Sílvia Catarina Coelho Gomes	individual	Senior Feminino	03:44:34	+02:20:31	13:13
581	2599	PAULO MAGALHÃES	ou vai ou racha	Veterano M40	03:45:51	+02:21:48	13:17

Trail Curto

17 KM

R
REVISED

OFFICIAL RESULT

	Time	Temperature	Humidity
Start	09:45	9°C	87%
End	14:16	9°C	87%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Senior Feminino

1	2101	Ana Sousa	Befitness Runners	Senior Feminino	01:50:06		06:29
2	2230	Andreia Amorim	GONDOMAR FUTSAL CLUBE	Senior Feminino	01:52:51	+02:45	06:38
3	2239	Fátima Cristina Figueiredo Oliveira	GTT - Armazém do Caffè	Senior Feminino	01:53:31	+03:25	06:41
4	2285	Joana Azevedo	Individual	Senior Feminino	02:04:09	+14:03	07:18
5	2715	Márcia Vilas Boas Bandeira	VIDAATIVARUNNERS	Senior Feminino	02:04:45	+14:39	07:20
6	2213	Andreia Ribeiro Almeida	Fridão Sem Limites	Senior Feminino	02:06:52	+16:46	07:28
7	2298	Patrícia Grilo	Individual	Senior Feminino	02:07:43	+17:37	07:31
8	2292	Maria Carneiro	Individual	Senior Feminino	02:07:47	+17:41	07:31
9	2558	Patricia Ribeiro	Mountain Runners	Senior Feminino	02:07:57	+17:51	07:32
10	2677	ALEXANDRA AZEVEDO	TEAM SHARK	Senior Feminino	02:08:02	+17:56	07:32
11	2215	Eliana Patricia G. P. Teixeira	Fridão Sem Limites	Senior Feminino	02:09:54	+19:48	07:39
12	2278	EDUARDA PINTO	Individual	Senior Feminino	02:13:07	+23:01	07:50
13	2179	Sandra Filipa Sampaio Martins	Eu + cinco	Senior Feminino	02:13:12	+23:06	07:50
14	2178	Maria João Oliveira	Eu + cinco	Senior Feminino	02:14:06	+24:00	07:53
15	2649	Vera Malheiro	Tainadas Family Running	Senior Feminino	02:15:12	+25:06	07:57
16	2290	Márcia Sofia Cunha	Individual	Senior Feminino	02:15:45	+25:39	07:59
17	2002	Carina Pereira	A.D.Amarante trail running	Senior Feminino	02:16:16	+26:10	08:01
18	2147	Liliana Ribeiro	CrossFit Aveiro	Senior Feminino	02:19:46	+29:40	08:13
19	2265	Ana Martins	Individual	Senior Feminino	02:21:05	+30:59	08:18
20	2264	Ana Ferreira	Individual	Senior Feminino	02:21:45	+31:39	08:20
21	2288	Mafalda Luís	Individual	Senior Feminino	02:21:46	+31:40	08:20
22	2020	Liliana Barros	Alive Runners	Senior Feminino	02:21:55	+31:49	08:21
23	2557	Liliana Magalhaes	Mountain Runners	Senior Feminino	02:21:59	+31:53	08:21
24	2521	Diana Pinto	Maisfit Runners	Senior Feminino	02:24:28	+34:22	08:30
25	2018	Isabel Ferreira	Alive Runners	Senior Feminino	02:24:56	+34:50	08:32
26	2582	Vanessa Santos	os aventureiros	Senior Feminino	02:25:57	+35:51	08:35
27	2139	Cristina Rocha	ComDor Runners	Senior Feminino	02:27:41	+37:35	08:41
28	2160	INES RIBEIRO	EQUIPA JOAO FERREIRA	Senior Feminino	02:28:23	+38:17	08:44
29	2161	RITA OLIVEIRA	EQUIPA JOAO FERREIRA	Senior Feminino	02:28:24	+38:18	08:44
30	2688	Alexandra Couto	TrepaTrilhos Trail Team	Senior Feminino	02:29:03	+38:57	08:46
31	2153	Carina Silva	Divertidas.lol	Senior Feminino	02:30:06	+40:00	08:50
32	2144	Sara Vinga da Quinta	CORREIO DE ALBERGARIA	Senior Feminino	02:30:11	+40:05	08:50
33	2614	Marisa Novais	Rinus Fafe	Senior Feminino	02:30:47	+40:41	08:52
34	2261	Alberta Margarida Rocha Rodrigues	Individual	Senior Feminino	02:32:39	+42:33	08:59
35	2652	Cristiana Rodrigues	Tartarugas do Asfalto	Senior Feminino	02:33:41	+43:35	09:02
36	2613	Joana Magalhães	Rinus Fafe	Senior Feminino	02:34:07	+44:01	09:04
37	2280	Fernanda Maria Ferreira Oliveira	Individual	Senior Feminino	02:34:26	+44:20	09:05
38	2267	Andreia Ascenso de Sousa	Individual	Senior Feminino	02:34:43	+44:37	09:06
39	2654	Joana Martins	Tartarugas do Asfalto	Senior Feminino	02:34:59	+44:53	09:07

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40	2275	Céu Cordeiro	Individual	Senior Feminino	02:36:19	+46:13	09:12
41	2556	Claudia Sousa	Mountain Runners	Senior Feminino	02:36:54	+46:48	09:14
42	2287	Liliana Ferreira	Individual	Senior Feminino	02:37:05	+46:59	09:14
43	2566	RAQUEL RIBEIRO	NOCTURNOS DE PAREDES	Senior Feminino	02:38:32	+48:26	09:20
44	2046	Patricia Fonseca	AMAZING WORLD TEAM	Senior Feminino	02:39:12	+49:06	09:22
45	2006	Patricia Machado	AfrikanRunners	Senior Feminino	02:41:20	+51:14	09:29
46	2718	Maria de Fátima Rodrigues da silva	ZZ35	Senior Feminino	02:42:04	+51:58	09:32
47	2019	Liliana Alves	Alive Runners	Senior Feminino	02:43:10	+53:04	09:36
48	2294	Maria José Sacramento	Individual	Senior Feminino	02:43:16	+53:10	09:36
49	2069	Marta Ribeiro	Andatrilhos Freamunde	Senior Feminino	02:43:17	+53:11	09:36
50	2068	Cristina Machado	Andatrilhos Freamunde	Senior Feminino	02:43:17	+53:11	09:36
51	2216	Olga Cristina Mota	Fridão Sem Limites	Senior Feminino	02:43:58	+53:52	09:39
52	2500	Joana Alves	Joana	Senior Feminino	02:44:29	+54:23	09:41
53	2087	Vera Gonçalves	Aves Runners	Senior Feminino	02:45:11	+55:05	09:43
54	2084	Cátia Magalhães	Aves Runners	Senior Feminino	02:45:11	+55:05	09:43
55	2162	SONIA MOREIRA	EQUIPA JOAO FERREIRA	Senior Feminino	02:45:43	+55:37	09:45
56	2630	Alexandra Gomes	São Mateus Runners	Senior Feminino	02:46:37	+56:31	09:48
57	2156	Susana Silva5	EDV-VIANA TRAIL	Senior Feminino	02:46:44	+56:38	09:49
58	2670	Cristiana Martins	TEAM LANTEMIL	Senior Feminino	02:47:00	+56:54	09:49
59	2262	Ana Alexandra Andrês Morais Ribeiro	Individual	Senior Feminino	02:47:07	+57:01	09:50
60	2492	Paula Cristina Fernandes Pereira	IronLadies	Senior Feminino	02:47:36	+57:30	09:52
61	2277	Eduarda Gonçalves Coelho	Individual	Senior Feminino	02:48:45	+58:39	09:56
62	2300	Renata Almeida	Individual	Senior Feminino	02:48:59	+58:53	09:56
63	2122	Cristina Miranda	CF Jesuítas	Senior Feminino	02:49:29	+59:23	09:58
64	2271	Belém Sampaio-Marques	Individual	Senior Feminino	02:49:51	+59:45	10:00
65	2537	Sofia Naldinho	Miguel Guimarães	Senior Feminino	02:50:14	+01:00:08	10:01
66	2140	Susana Moreia	ComDor Runners	Senior Feminino	02:50:38	+01:00:32	10:02
67	2622	Carla	Running Team Aldeia Nova	Senior Feminino	02:50:50	+01:00:44	10:03
68	2538	Susana Latourrette	Miguel Guimarães	Senior Feminino	02:51:45	+01:01:39	10:06
69	2070	Milene Coelho	Andatrilhos Freamunde	Senior Feminino	02:51:49	+01:01:43	10:06
70	2214	Carla Sofia Mendes Teixeira	Fridão Sem Limites	Senior Feminino	02:53:00	+01:02:54	10:11
71	2590	Patrícia Lage	Os Trailgloditas	Senior Feminino	02:53:44	+01:03:38	10:13
72	2305	Teresa Mariana Sá Pinto Carneiro	Individual	Senior Feminino	02:55:08	+01:05:02	10:18
73	2534	Ana Ferro	Miguel Guimarães	Senior Feminino	02:56:06	+01:06:00	10:22
74	2291	Maria Alexandra Carvalho Oliveira	Individual	Senior Feminino	02:56:27	+01:06:21	10:23
75	2289	Márcia Ferreira	Individual	Senior Feminino	02:57:08	+01:07:02	10:25
76	2272	Carla Dias	Individual	Senior Feminino	02:57:15	+01:07:09	10:26
77	2016	Carla Martins	Alive Runners	Senior Feminino	02:58:08	+01:08:02	10:29
78	2263	Ana Catarina Pimentel Azevedo do Fundo	Individual	Senior Feminino	02:59:05	+01:08:59	10:32
79	2489	Diana Sofia Moreira Alves	IronLadies	Senior Feminino	03:00:02	+01:09:56	10:35
80	2190	Natália Santos	FAMA RUNNERS	Senior Feminino	03:00:23	+01:10:17	10:37
81	2653	Cristina Araujo	Tartarugas do Asfalto	Senior Feminino	03:00:51	+01:10:45	10:38
82	2496	sandra oliveira	JAS	Senior Feminino	03:01:09	+01:11:03	10:39
83	2266	Anabela Silva	Individual	Senior Feminino	03:01:23	+01:11:17	10:40
84	2279	Eliana Lopes	Individual	Senior Feminino	03:01:24	+01:11:18	10:40
85	2634	Tania Rebelo	SS MONTEPIO	Senior Feminino	03:02:35	+01:12:29	10:44

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86	2273	Carla Rocha	Individual	Senior Feminino	03:02:48	+01:12:42	10:45
87	2284	Isabel Monteiro	Individual	Senior Feminino	03:02:48	+01:12:42	10:45
88	2128	Adriana Neves	CHALLENGE FORCE	Senior Feminino	03:03:46	+01:13:40	10:49
89	2005	Maria Moreira	AfrikanRunners	Senior Feminino	03:04:02	+01:13:56	10:50
90	2007	Sandra Freitas	AfrikanRunners	Senior Feminino	03:04:03	+01:13:57	10:50
91	2274	Célia	Individual	Senior Feminino	03:04:31	+01:14:25	10:51
92	2053	Ana Rita Nogueira Coelho	AMIGOS DO PEDAL TRAILAGARES	Senior Feminino	03:04:57	+01:14:51	10:53
93	2055	Telma Filipa Teixeira Rocha	AMIGOS DO PEDAL TRAILAGARES	Senior Feminino	03:04:57	+01:14:51	10:53
94	2495	Anabela Barata	JAS	Senior Feminino	03:05:03	+01:14:57	10:53
95	2247	Susana Ribeiro	Guimarães Trail	Senior Feminino	03:06:45	+01:16:39	10:59
96	2246	Liliana Lima	Guimarães Trail	Senior Feminino	03:06:46	+01:16:40	10:59
97	2008	Sofia Moreira	AfrikanRunners	Senior Feminino	03:06:48	+01:16:42	10:59
98	2581	Fernanda Castelo	os aventureiros	Senior Feminino	03:06:58	+01:16:52	11:00
99	2586	Elsa Costa	OS FUGITIVOS DA CRISE	Senior Feminino	03:07:45	+01:17:39	11:03
100	2085	Joselina Sousa	Aves Runners	Senior Feminino	03:08:04	+01:17:58	11:04
101	2268	Andreia Ferreira	Individual	Senior Feminino	03:11:31	+01:21:25	11:16
102	2669	Carla Sofia Marques Araújo	TEAM LANTEMIL	Senior Feminino	03:12:11	+01:22:05	11:18
103	2671	susana pinheiro	TEAM LANTEMIL	Senior Feminino	03:12:11	+01:22:05	11:18
104	2017	Francisca Silva	Alive Runners	Senior Feminino	03:12:21	+01:22:15	11:19
105	2146	Cristina Redondo	Correio de Albergaria?	Senior Feminino	03:16:10	+01:26:04	11:32
106	2067	Carolina Files	Andatrilhos Freamunde	Senior Feminino	03:20:01	+01:29:55	11:46
107	2611	Daniela Cristina Oliveira Areias	Pedro Miguel	Senior Feminino	03:20:48	+01:30:42	11:49
108	2717	Sofia Fernandes	vimarunners	Senior Feminino	03:24:03	+01:33:57	12:00
109	2632	Sílvia Freitas	SchoolEmbassy.com	Senior Feminino	03:24:52	+01:34:46	12:03
110	2490	Liliana Susete Pimenta Brandão	IronLadies	Senior Feminino	03:27:03	+01:36:57	12:11
111	2296	Marlene Sampaio	Individual	Senior Feminino	03:28:05	+01:37:59	12:14
112	2114	Sheila Ferreira	CAIPICOMPANY	Senior Feminino	03:36:07	+01:46:01	12:43
113	2297	Patricia Carvalho	Individual	Senior Feminino	03:36:32	+01:46:26	12:44
114	2301	Sílvia Catarina Coelho Gomes	Individual	Senior Feminino	03:44:34	+01:54:28	13:13
115	2522	Helena	Maisfit Runners	Senior Feminino	03:52:25	+02:02:19	13:40
116	2269	Patricia Marlene Neves Pereira	Gondomar Futsal Club	Senior Feminino	03:52:25	+02:02:19	13:40
117	2276	cristiana marina Fiuzza do vale	Individual	Senior Feminino	03:52:45	+02:02:39	13:42
118	2270	Bárbara Soares	Individual	Senior Feminino	04:05:19	+02:15:13	14:26
119	2098	Helena Sofia Ribeiro de Sousa	Bardinos dos Montes	Senior Feminino	04:12:50	+02:22:44	14:52

Senior Masculino

1	2353	Manuel Maia	Individual	Senior Masculino	01:24:03		04:57
2	2237	Pedro Rocha	GONDOMAR FUTSAL CLUBE	Senior Masculino	01:24:16	+00:13	04:57
3	2325	Fabio Correia	Individual	Senior Masculino	01:24:41	+00:38	04:59
4	2357	Nelson Fernandes	Individual	Senior Masculino	01:24:59	+00:56	05:00
5	2132	Hugo Leite	Clube de Atletismo de Fafe - Fafe Runners	Senior Masculino	01:27:05	+03:02	05:07
6	2071	André Pinto	Andatrilhos Freamunde	Senior Masculino	01:28:49	+04:46	05:14
7	2015	Rui Pinho	Akuafit	Senior Masculino	01:29:20	+05:17	05:15

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8	2188	josé Inácio Lima Rodrigues	experiençar	Senior Masculino	01:29:44	+05:41	05:17
9	2248	Carlos Santos	Guimarães Trail	Senior Masculino	01:31:20	+07:17	05:22
10	2217	Bruno Daniel Mendes Azevedo	Fridão Sem Limites	Senior Masculino	01:31:41	+07:38	05:24
11	2220	Rui Manuel Mendes Azevedo	Fridão Sem Limites	Senior Masculino	01:31:58	+07:55	05:25
12	2187	Filipe Santos Novais	experiençar	Senior Masculino	01:33:31	+09:28	05:30
13	2515	Rafael campos dos santos	Limonetes	Senior Masculino	01:33:31	+09:28	05:30
14	2375	Romeu Filipa Pacheco Pereira	Individual	Senior Masculino	01:33:33	+09:30	05:30
15	2176	Sergio Pereira	ErmidaFit	Senior Masculino	01:35:05	+11:02	05:36
16	2023	Luis Miguel Almeida Fernandes	Alive Runners	Senior Masculino	01:35:16	+11:13	05:36
17	2695	João Oliveira	Trinca Orelhas de Gato	Senior Masculino	01:37:49	+13:46	05:45
18	2321	David Queirós	Individual	Senior Masculino	01:39:43	+15:40	05:52
19	2219	Ricardo Miguel Magalhães Nunes	Fridão Sem Limites	Senior Masculino	01:39:47	+15:44	05:52
20	2028	Nuno Freitas	Alive Runners	Senior Masculino	01:40:32	+16:29	05:55
21	2150	Carlos Prudêncio	Dá-Lhe Gás	Senior Masculino	01:40:55	+16:52	05:56
22	2228	Flávio Azevedo	Gaia Trail	Senior Masculino	01:41:33	+17:30	05:58
23	2074	Ricardo Neto	Andatrilhos Freamunde	Senior Masculino	01:41:44	+17:41	05:59
24	2124	Luís Miguel Oliveira	CF Jesuítas	Senior Masculino	01:41:54	+17:51	06:00
25	2110	Ricardo Machado	Bota&Siga	Senior Masculino	01:41:54	+17:51	06:00
26	2567	MAURO CARDOSO	NOCTURNOS DE PAREDES	Senior Masculino	01:42:47	+18:44	06:03
27	2569	SERGIO VALE	NOCTURNOS DE PAREDES	Senior Masculino	01:42:47	+18:44	06:03
28	2523	jose antonio pereira lopes	Maisfit Runners	Senior Masculino	01:44:28	+20:25	06:09
29	2125	Mário Simões	CF Jesuítas	Senior Masculino	01:44:31	+20:28	06:09
30	2584	Joel Ferreira	os aventureiros	Senior Masculino	01:46:09	+22:06	06:15
31	2151	José Gonçalves	Dá-Lhe Gás	Senior Masculino	01:46:53	+22:50	06:17
32	2189	Sérgio Martins	experiençar	Senior Masculino	01:47:01	+22:58	06:18
33	2593	Carlos Ribeiro	Os2Horas	Senior Masculino	01:47:31	+23:28	06:20
34	2373	Ricardo Nogueira	Individual	Senior Masculino	01:48:16	+24:13	06:22
35	2003	Pedro Vieira	A.D.Sebolido Trail Boneca D'Ouro	Senior Masculino	01:48:53	+24:50	06:24
36	2342	João Ricardo	Individual	Senior Masculino	01:49:52	+25:49	06:28
37	2108	Luís Ribeiro	Bota&Siga	Senior Masculino	01:50:06	+26:03	06:29
38	2466	Jose Pereira	Armazem do Cafe	Senior Masculino	01:50:06	+26:03	06:29
39	2123	Luís Filipe Silva	CF Jesuítas	Senior Masculino	01:50:42	+26:39	06:31
40	2531	João Pedro Correia da Silva	Marta Raquel Martins Seara	Senior Masculino	01:51:01	+26:58	06:32
41	2073	Carlos Leal	Andatrilhos Freamunde	Senior Masculino	01:52:07	+28:04	06:36
42	2234	Telmo Mendonça	GONDOMAR FUTSAL CLUBE	Senior Masculino	01:52:51	+28:48	06:38
43	2513	Hugo Moreira	Leões de Tardariz Trail	Senior Masculino	01:52:52	+28:49	06:38
44	2258	Nuno Silva	Imperadores	Senior Masculino	01:53:13	+29:10	06:40
45	2333	Helder teles	Individual	Senior Masculino	01:53:37	+29:34	06:41
46	2655	Sérgio Teixeira	Tartarugas do Asfalto	Senior Masculino	01:54:37	+30:34	06:45
47	2232	Bruno Fernandes	GONDOMAR FUTSAL CLUBE	Senior Masculino	01:55:27	+31:24	06:48
48	2561	Rui Rodrigues	Mountain Runners	Senior Masculino	01:55:44	+31:41	06:49
49	2524	Paulo Mesquita	Maisfit Runners	Senior Masculino	01:56:00	+31:57	06:49
50	2256	Filipe Oliveyra	Imperadores	Senior Masculino	01:56:05	+32:02	06:50
51	2694	Bruno Monteiro	Trinca Orelhas de Gato	Senior Masculino	01:56:18	+32:15	06:51
52	2516	Rui Rosas	Lusitanos	Senior Masculino	01:56:26	+32:23	06:51
53	2620	joao oliveira	Rumo Aventura	Senior Masculino	01:58:10	+34:07	06:57

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54	2621	rui araujo	Rumo Aventura	Senior Masculino	01:58:12	+34:09	06:57
55	2317	Bruno Ricardo Gomes de Pinho	Individual	Senior Masculino	01:58:20	+34:17	06:58
56	2314	Bruno Alberto Silva Freitas	Individual	Senior Masculino	01:58:30	+34:27	06:58
57	2318	Bruno Rocha Pereira	Individual	Senior Masculino	01:58:38	+34:35	06:59
58	2503	Manuel Ferreira dos Santos Valente Fernandes	Juventude Cortegacense	Senior Masculino	01:59:02	+34:59	07:00
59	2673	Ricardo Maia	TEAM LANTEMIL	Senior Masculino	01:59:03	+35:00	07:00
60	2377	Ruben Araújo	Individual	Senior Masculino	01:59:41	+35:38	07:02
61	2307	Alexandre Manuel Esteves Ferreira	Individual	Senior Masculino	02:01:34	+37:31	07:09
62	2633	João Machado	Squadra Di Potenza	Senior Masculino	02:01:57	+37:54	07:10
63	2082	Hélder Oliveira	Associação Desportiva da Efacec	Senior Masculino	02:02:50	+38:47	07:14
64	2525	Tiago Bragança	Maisfit Runners	Senior Masculino	02:03:57	+39:54	07:18
65	2682	Domingos Ricardo	TRAIL PINOCO	Senior Masculino	02:04:08	+40:05	07:18
66	2560	Rui Miguel Sousa	Mountain Runners	Senior Masculino	02:04:24	+40:21	07:19
67	2048	Luis Delfim Gonçalves de Almeida	AMAZING WORLD TEAM	Senior Masculino	02:04:28	+40:25	07:19
68	2024	Luis Santos	Alive Runners	Senior Masculino	02:04:36	+40:33	07:20
69	2194	Rómulo Martins	FAMA RUNNERS	Senior Masculino	02:04:36	+40:33	07:20
70	1406	HUGO SILVA	papamilhas	Senior Masculino	02:06:17	+42:14	07:26
71	2601	CELSO FERNANDES	papamilhas	Senior Masculino	02:07:12	+43:09	07:29
72	2502	Joel Sequeira	Juventude Cortegacense	Senior Masculino	02:07:18	+43:15	07:29
73	2698	Vicente de Sousa	Trinca Orelhas de Gato	Senior Masculino	02:07:23	+43:20	07:30
74	2186	Vasco Faria	Evolution Trail Team	Senior Masculino	02:08:15	+44:12	07:33
75	2241	Nuno Costa	GTT - Armazém do Caffè	Senior Masculino	02:08:51	+44:48	07:35
76	2616	Rui Lobo	Rinus Fafe	Senior Masculino	02:08:56	+44:53	07:35
77	2320	Carlos Alberto Castro	Individual	Senior Masculino	02:09:00	+44:57	07:35
78	2343	Joaquim Domingos Lopes Alves	Individual	Senior Masculino	02:09:24	+45:21	07:37
79	2109	Paulo Pereira	Bota&Siga	Senior Masculino	02:09:32	+45:29	07:37
80	2088	Mário Lima	Aves Runners	Senior Masculino	02:09:52	+45:49	07:38
81	2322	Diogo Matos	Individual	Senior Masculino	02:10:42	+46:39	07:41
82	2568	Renato Pinto	NOCTURNOS DE PAREDES	Senior Masculino	02:10:57	+46:54	07:42
83	2436	Marco Antonio Pinto da Silva Carvalho	Individual	Senior Masculino	02:13:08	+49:05	07:50
84	2374	Ricardo Novais	Individual	Senior Masculino	02:13:10	+49:07	07:50
85	2696	Luis Martins25	Trinca Orelhas de Gato	Senior Masculino	02:13:14	+49:11	07:50
86	2254	Carlos Morais	HealthyPump Runners	Senior Masculino	02:13:25	+49:22	07:51
87	2056	Fernando Ismael Oliveira Nogueira	AMIGOS DO PEDAL TRAILAGARES	Senior Masculino	02:13:32	+49:29	07:51
88	2180	André Almeida	Eu + cinco	Senior Masculino	02:14:06	+50:03	07:53
89	2339	Hugo Mendes	Individual	Senior Masculino	02:14:18	+50:15	07:54
90	2218	Filipe Reis Pinheiro	Fridão Sem Limites	Senior Masculino	02:14:34	+50:31	07:55
91	2368	Pedro Miguel Mendes Carneiro	Individual	Senior Masculino	02:15:18	+51:14	07:58
92	2635	Alexandre Leite	SS MONTEPIO	Senior Masculino	02:15:18	+51:15	07:58
93	2672	Filipe Silva	TEAM LANTEMIL	Senior Masculino	02:15:19	+51:16	07:58
94	2651	Miguel Silva	Tainadas Family Running	Senior Masculino	02:15:44	+51:41	07:59
95	2693	Duarte Araújo	Trevo do Sucesso	Senior Masculino	02:16:44	+52:41	08:03
96	2674	Tiago Dias	TEAM LANTEMIL	Senior Masculino	02:16:57	+52:54	08:03
97	2072	Carlos Felgueiras	Andatrilhos Freamunde	Senior Masculino	02:16:58	+52:55	08:03
98	2345	Joaquim Silva	Individual	Senior Masculino	02:17:18	+53:15	08:05

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99	2683	José Gouveia	TRAIL PINOCO	Senior Masculino	02:18:34	+54:31	08:09
100	2338	Hugo Jorge Fernandes Marques	Individual	Senior Masculino	02:18:49	+54:46	08:10
101	2697	Pedro sousa	Trinca Orelhas de Gato	Senior Masculino	02:18:59	+54:56	08:11
102	2148	Filipe nunes	CrossFit Aveiro	Senior Masculino	02:19:46	+55:43	08:13
103	2603	Nuno Monteiro	papamilhas	Senior Masculino	02:19:49	+55:46	08:14
104	2610	Ricardo Ribeiro	Paulo Pinheiro	Senior Masculino	02:20:07	+56:04	08:15
105	2615	João Lira	Rinus Fafe	Senior Masculino	02:20:43	+56:40	08:17
106	2347	José Gregório Dias Dionísio	Individual	Senior Masculino	02:21:19	+57:16	08:19
107	2242	Ricardo Miranda	GTT - Armazém do Caffè	Senior Masculino	02:21:25	+57:22	08:19
108	1162	SERGIO ANDRE DA SILVA COELHO	GTT - Armazém do Caffè	Senior Masculino	02:21:25	+57:22	08:19
109	2145	Carlos Cachulo	CORREIO DE ALBERGARIA	Senior Masculino	02:21:45	+57:42	08:20
110	2376	Romeu Gomes	Individual	Senior Masculino	02:22:38	+58:35	08:23
111	2352	Manuel Fenando Gomes	Individual	Senior Masculino	02:23:22	+59:19	08:26
112	2600	BRUNO SALDANHA	papamilhas	Senior Masculino	02:23:25	+59:22	08:26
113	2208	João Rebelo	FREZITE	Senior Masculino	02:23:29	+59:26	08:26
114	1375	Jose Carlos Castro	Miguel Guimarães	Senior Masculino	02:23:39	+59:36	08:27
115	2372	Ricardo Luis Nicolau Oliveira	Individual	Senior Masculino	02:23:47	+59:44	08:28
116	2249	Luis Fernandes	Guimarães Trail	Senior Masculino	02:24:05	+01:00:02	08:29
117	2311	António Gabriel Fernandes Lima	Individual	Senior Masculino	02:24:07	+01:00:04	08:29
118	2363	Paulo Carvalho	Individual	Senior Masculino	02:24:10	+01:00:07	08:29
119	2344	Joaquim Filipe Mendes Pereira Sala	Individual	Senior Masculino	02:24:10	+01:00:07	08:29
120	2579	Emanuel Dias	ONE MORE MILE	Senior Masculino	02:25:12	+01:01:09	08:33
121	2580	Helder Magalhães	ONE MORE MILE	Senior Masculino	02:25:17	+01:01:14	08:33
122	2380	Rui César Fernandes de Faria	Individual	Senior Masculino	02:26:58	+01:02:55	08:39
123	2636	Márcio Silva	SS MONTEPIO	Senior Masculino	02:26:58	+01:02:55	08:39
124	2049	Paulo Sousa	AMAZING WORLD TEAM	Senior Masculino	02:27:02	+01:02:59	08:39
125	2540	José Figueiras	Miguel Guimarães	Senior Masculino	02:27:14	+01:03:11	08:40
126	2195	Vasco Guimarães	FAMA RUNNERS	Senior Masculino	02:27:43	+01:03:40	08:41
127	2650	David Paiva	Tainadas Family Running	Senior Masculino	02:28:20	+01:04:17	08:44
128	2315	Bruno Miguel machado Ferreira	Individual	Senior Masculino	02:28:22	+01:04:19	08:44
129	2367	Pedro Miguel Martins Ferreira	Individual	Senior Masculino	02:28:22	+01:04:19	08:44
130	2134	Paulo Oliveira	Clube Zupper	Senior Masculino	02:29:01	+01:04:58	08:46
131	2233	Pedro Rodrigues	GONDOMAR FUTSAL CLUBE	Senior Masculino	02:29:21	+01:05:18	08:47
132	2207	Igor Gonçalves	Free Runners	Senior Masculino	02:29:37	+01:05:34	08:48
133	2354	Mário Estêvão	Individual	Senior Masculino	02:30:03	+01:06:00	08:50
134	2331	Helder Filipe	Individual	Senior Masculino	02:32:38	+01:08:35	08:59
135	2583	Bruno Castelo	os aventureiros	Senior Masculino	02:32:38	+01:08:35	08:59
136	2623	Tiago	Running Team Aldeia Nova	Senior Masculino	02:33:26	+01:09:23	09:02
137	2602	Lino Pinto	papamilhas	Senior Masculino	02:34:36	+01:10:33	09:06
138	2638	Rui Carvalho	SS MONTEPIO	Senior Masculino	02:35:02	+01:10:59	09:07
139	2312	António Pedro Rocha	Individual	Senior Masculino	02:36:23	+01:12:20	09:12
140	2494	Tiago Cláudio Pinto Furtado Mendoça	IronLadies	Senior Masculino	02:37:02	+01:12:59	09:14
141	2240	Dimitri Matos	GTT - Armazém do Caffè	Senior Masculino	02:37:05	+01:13:02	09:14
142	2050	Rui Afonso	AMAZING WORLD TEAM	Senior Masculino	02:39:50	+01:15:47	09:24
143	2637	Nuno Bastos	SS MONTEPIO	Senior Masculino	02:39:52	+01:15:49	09:24
144	2113	Miguel angelo Araújo	Brabus Runners	Senior Masculino	02:40:03	+01:16:00	09:25

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145	2192	César Matos Gomes	FAMA RUNNERS	Senior Masculino	02:40:43	+01:16:40	09:27
146	2719	Luís Miguel Neto Ferreira	ZZ35	Senior Masculino	02:42:04	+01:18:01	09:32
147	2327	Filipe Leão	Individual	Senior Masculino	02:42:05	+01:18:02	09:32
148	2386	Vitor Martins	Individual	Senior Masculino	02:42:05	+01:18:02	09:32
149	1129	André Vasconcelos	FREZITE	Senior Masculino	02:43:09	+01:19:06	09:36
150	2381	Sérgio Oliveira	Individual	Senior Masculino	02:44:26	+01:20:23	09:40
151	2539	João Costa	Miguel Guimarães	Senior Masculino	02:44:48	+01:20:45	09:42
152	2089	Ricardo Martins	Aves Runners	Senior Masculino	02:45:11	+01:21:08	09:43
153	2313	Basílio Magno de Sousa Andrade	Individual	Senior Masculino	02:46:23	+01:22:20	09:47
154	2663	Duarte Nuno Meireles	Team Agente Meireles	Senior Masculino	02:47:22	+01:23:19	09:51
155	2316	BRUNO RICARDO COSTA VASCONCELOS	Individual	Senior Masculino	02:47:41	+01:23:38	09:52
156	2319	Bruno Rodrigues	Individual	Senior Masculino	02:48:40	+01:24:37	09:55
157	2196	Virgílio Teixeira	FAMA RUNNERS	Senior Masculino	02:49:29	+01:25:26	09:58
158	2559	César Couto	Mountain Runners	Senior Masculino	02:49:53	+01:25:50	10:00
159	2025	Manuel Faria	Alive Runners	Senior Masculino	02:50:45	+01:26:42	10:03
160	2029	Rui Sousa	Alive Runners	Senior Masculino	02:50:45	+01:26:42	10:03
161	2607	Luis Marques	Pari Passu	Senior Masculino	02:50:46	+01:26:43	10:03
162	2259	Nuno Teixeira	Imperadores	Senior Masculino	02:51:01	+01:26:58	10:04
163	2361	Nuno Filipe	Individual	Senior Masculino	02:51:06	+01:27:03	10:04
164	2553	Ricardo Miguel de Oliveira Cunha	MINHO AVENTURA	Senior Masculino	02:52:38	+01:28:35	10:09
165	2541	Miguel Guimarães	Miguel Guimarães	Senior Masculino	02:56:06	+01:32:03	10:22
166	2355	Mário Gonçalves	Individual	Senior Masculino	02:57:08	+01:33:05	10:25
167	2309	André Cardoso	Individual	Senior Masculino	02:57:14	+01:33:11	10:26
168	2330	Gonçalo Rodrigues	Individual	Senior Masculino	02:59:59	+01:35:56	10:35
169	2360	Nuno Ferreira	Individual	Senior Masculino	03:00:03	+01:36:00	10:36
170	2326	Fernando Reis	Individual	Senior Masculino	03:00:03	+01:36:00	10:36
171	2382	Sidónio Gonçalves	Individual	Senior Masculino	03:01:21	+01:37:18	10:40
172	2639	Rui Rebelo	SS MONTEPIO	Senior Masculino	03:02:35	+01:38:32	10:44
173	2117	RICARDO PEREIRA	CAIPICOMPANY	Senior Masculino	03:03:04	+01:39:01	10:46
174	2384	Tiago Manuel Gonçalves Correia da Silva	Individual	Senior Masculino	03:03:21	+01:39:18	10:47
175	2130	Leonel Silva	CHALLENGE FORCE	Senior Masculino	03:03:44	+01:39:41	10:49
176	2364	Paulo Filipe Loureiro Moreira	Individual	Senior Masculino	03:07:30	+01:43:27	11:02
177	2588	João Ferreira	OS FUGITIVOS DA CRISE	Senior Masculino	03:07:49	+01:43:46	11:03
178	2587	Daniel Machado	OS FUGITIVOS DA CRISE	Senior Masculino	03:07:49	+01:43:46	11:03
179	2499	Nuno Correia	Jesuitas Warriors	Senior Masculino	03:09:10	+01:45:07	11:08
180	2370	Pedro Santos	Individual	Senior Masculino	03:09:14	+01:45:11	11:08
181	2310	ANDRÉ FILIPE LOPES AUGUSTO	Individual	Senior Masculino	03:09:19	+01:45:16	11:08
182	2341	joao novo	Individual	Senior Masculino	03:09:59	+01:45:56	11:11
183	2337	Hugo Filipe Lourenço Correia	Individual	Senior Masculino	03:11:19	+01:47:16	11:15
184	2366	Pedro Leite	Individual	Senior Masculino	03:12:50	+01:48:47	11:21
185	1259	Ricardo Jorge Leão Sousa	Individual	Senior Masculino	03:18:54	+01:54:51	11:42
186	2612	Pedro Miguel Sousa Monteiro	Pedro Miguel	Senior Masculino	03:20:50	+01:56:47	11:49
187	2346	Jorge Manuel Portela Barbosa	Individual	Senior Masculino	03:25:57	+02:01:54	12:07
188	2181	André Azevedo	Eu + cinco	Senior Masculino	03:31:24	+02:07:21	12:26
189	2182	Claudio Gomes	Eu + cinco	Senior Masculino	03:31:24	+02:07:21	12:26

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190	2116	Miguel Ferreira	CAIPICOMPANY	Senior Masculino	03:36:07	+02:12:04	12:43
191	2115	Carlos Reboredo	CAIPICOMPANY	Senior Masculino	03:36:19	+02:12:16	12:44
192	2359	Nelson Miguel Oliveira Granja	Individual	Senior Masculino	03:52:45	+02:28:42	13:42
193	2334	Henrique José dos Reis Pereira	Individual	Senior Masculino	03:52:46	+02:28:43	13:42
194	2328	Filipe M Antunes	Individual	Senior Masculino	03:53:12	+02:29:09	13:43
195	2021	André Carvalho	Alive Runners	Senior Masculino	04:30:39	+03:06:36	15:55

Sub 23 Feminino

1	2608	Camila David Mendes Moura	Pari Passu	Sub 23 Feminino	02:13:13		07:50
2	2031	Cristiana Marinho Lagoa	Alive Runners	Sub 23 Feminino	02:20:30	+07:17	08:16
3	2221	Inês Carlos Cardoso	Fridão Sem Limites	Sub 23 Feminino	02:25:30	+12:17	08:34
4	2243	joana sofia macedo maia	GTT - Armazém do Caffè	Sub 23 Feminino	02:28:33	+15:20	08:44
5	2527	Ana sofia ribeiro neto	Maisfit Runners	Sub 23 Feminino	02:29:45	+16:32	08:49
6	2032	Inês Sousa	Alive Runners	Sub 23 Feminino	02:38:45	+25:32	09:20
7	2528	Filipa Pinto	Maisfit Runners	Sub 23 Feminino	02:51:54	+38:41	10:07

Sub 23 Masculino

1	2062	Vitor Rafael Sousa Moreira	AMIGOS DO PEDAL TRAILAGARES	Sub 23 Masculino	01:29:47		05:17
2	2565	Pedro Manuel Silva	NAST	Sub 23 Masculino	01:32:06	+02:20	05:25
3	2222	João Pedro machado	Fridão Sem Limites	Sub 23 Masculino	01:35:47	+06:01	05:38
4	2058	Miguel Ângelo de Oliveira Pinto	AMIGOS DO PEDAL TRAILAGARES	Sub 23 Masculino	01:38:07	+08:21	05:46
5	2060	Ruben Daniel Soares Vieira	AMIGOS DO PEDAL TRAILAGARES	Sub 23 Masculino	01:44:16	+14:30	06:08
6	2034	Hugo Monteiro	Alive Runners	Sub 23 Masculino	01:52:02	+22:16	06:35
7	2075	João Cardoso	Andatrilhos Freamunde	Sub 23 Masculino	01:52:46	+23:00	06:38
8	2390	Luis Maria Pinto Carvalho Lisboa de Paiva	Individual	Sub 23 Masculino	01:53:43	+23:57	06:41
9	2393	Rui Americo	Individual	Sub 23 Masculino	01:59:36	+29:50	07:02
10	2392	Pedro Cruz	Individual	Sub 23 Masculino	02:00:23	+30:37	07:05
11	2206	Marco Rodrigues	Fisico franco	Sub 23 Masculino	02:07:27	+37:41	07:30
12	2076	Pedro Oliveira	Andatrilhos Freamunde	Sub 23 Masculino	02:08:47	+39:01	07:35
13	2255	Duarte Costa	HealthyPump Runners	Sub 23 Masculino	02:13:26	+43:40	07:51
14	2389	José Moça	Individual	Sub 23 Masculino	02:15:59	+46:13	08:00
15	2699	E. Morata	Trinca Orelhas de Gato	Sub 23 Masculino	02:16:43	+46:57	08:03
16	2679	Luis Fonseca	Teixeira's	Sub 23 Masculino	02:21:17	+51:31	08:19
17	2033	Diogo Andre Sousa Cardoso	Alive Runners	Sub 23 Masculino	02:32:11	+01:02:25	08:57
18	1275	Nuno Gonçalves	Individual	Sub 23 Masculino	02:54:25	+01:24:39	10:16
19	2211	Rui Ferreira	FREZITE	Sub 23 Masculino	02:55:09	+01:25:23	10:18
20	2212	Rui Moreira	FREZITE	Sub 23 Masculino	03:32:27	+02:02:41	12:30

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Veterana F40

1	2395	Hanne Skovbo	Individual	Veterana F40	01:56:52		06:53
2	2135	Susana Gabriela Costa Pinto da Neta	Clube Zupper	Veterana F40	02:04:00	+07:08	07:18
3	2396	Helena Fernandes	Individual	Veterana F40	02:05:03	+08:11	07:21
4	2095	Sandra Cardoso	Baguim Runners	Veterana F40	02:07:40	+10:48	07:31
5	2675	Débora Vilas Boas	TEAM LANTEMIL	Veterana F40	02:08:34	+11:42	07:34
6	2631	Sandra Mesquita	São Mateus Runners	Veterana F40	02:11:02	+14:10	07:43
7	2617	Cidália Novais	Rinus Fafe	Veterana F40	02:12:54	+16:02	07:49
8	2157	Célia Azevedo Meira	EDV-VIANA TRAIL	Veterana F40	02:23:10	+26:18	08:25
9	2399	Maria Margarida Nunes Monteiro da Cunha	Individual	Veterana F40	02:24:02	+27:10	08:28
10	2604	SANDRA SANTOS	papamilhas	Veterana F40	02:25:00	+28:08	08:32
11	2401	Nina Silva	Individual	Veterana F40	02:25:58	+29:06	08:35
12	2656	Márcia Ferreira	Tartarugas do Asfalto	Veterana F40	02:27:49	+30:57	08:42
13	2690	Susana Sousa	TrepaTrilhos Trail Team	Veterana F40	02:30:08	+33:16	08:50
14	2400	Mónica Vilas Boas	Individual	Veterana F40	02:30:43	+33:51	08:52
15	2036	Sandra Silva	Alive Runners	Veterana F40	02:32:10	+35:18	08:57
16	2504	Marcia Castro Costa	Juventude Cortegacense	Veterana F40	02:34:13	+37:21	09:04
17	2080	Lurdes Moreira	As Belas e Eles	Veterana F40	02:39:58	+43:06	09:25
18	2165	ISABEL PINTO	EQUIPA JOAO FERREIRA	Veterana F40	02:42:43	+45:51	09:34
19	2051	Helga Amorim	Amazing world team	Veterana F40	02:43:16	+46:24	09:36
20	2570	Maria Jesus	NOCTURNOS DE PAREDES	Veterana F40	02:50:40	+53:48	10:02
21	2077	Luísa Silva	Andatrilhos Freamunde	Veterana F40	02:51:49	+54:57	10:06
22	2554	Ana Helena Cardoso Carneiro	MINHO AVENTURA	Veterana F40	02:52:37	+55:45	10:09
23	2591	Carmen Maria Alegria Amaro	Os Trailgloditas	Veterana F40	02:53:44	+56:52	10:13
24	2183	Maria Nogueira	Eu + cinco	Veterana F40	02:55:00	+58:08	10:18
25	2164	GORETI VARELA	EQUIPA JOAO FERREIRA	Veterana F40	02:57:55	+01:01:03	10:28
26	2244	Aida Linhares	GTT - Armazém do Caffè	Veterana F40	03:02:04	+01:05:12	10:43
27	2141	Andreia Alexandra Martins Sena Barbosa de Sá	ComDor Runners	Veterana F40	03:04:21	+01:07:29	10:51
28	2126	Célia Fonte	CF Jesuítas	Veterana F40	03:05:09	+01:08:17	10:54
29	2405	Sofia Ferreira	Individual	Veterana F40	03:05:09	+01:08:17	10:54
30	2223	Suzete do Rosário Passos de Sousa	Fridão Sem Limites	Veterana F40	03:05:32	+01:08:40	10:55
31	2501	Natalia alves	Joana	Veterana F40	03:05:41	+01:08:49	10:55
32	2589	Diana Carneiro	OS FUGITIVOS DA CRISE	Veterana F40	03:07:47	+01:10:55	11:03
33	2009	Miguela Monteiro	AfrikanRunners	Veterana F40	03:09:36	+01:12:44	11:09
34	2493	Regina Celeste Machado de Lima	IronLadies	Veterana F40	03:10:30	+01:13:38	11:12
35	2721	Susana Cunha	Individual	Veterana F40	03:11:42	+01:14:50	11:17
36	2394	Eduarda Maria Moreira de Sá	Individual	Veterana F40	03:12:51	+01:15:59	11:21
37	2397	Leonilde Macedo	Individual	Veterana F40	03:14:07	+01:17:15	11:25
38	2166	RITA GONÇALVES	EQUIPA JOAO FERREIRA	Veterana F40	03:15:59	+01:19:07	11:32
39	2163	CELIA AROSO	EQUIPA JOAO FERREIRA	Veterana F40	03:19:33	+01:22:41	11:44
40	2406	Susana Isabel Pereira Lopes	Individual	Veterana F40	03:35:44	+01:38:52	12:41
41	2118	Isabel Santos	CAIPICOMPANY	Veterana F40	03:36:21	+01:39:29	12:44
42	2402	Olinda Raquel Teixeira Mendes	Individual	Veterana F40	03:44:33	+01:47:41	13:13
43	2533	Sonia Sampaio	Metralhas Runners	Veterana F40	03:52:25	+01:55:33	13:40

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44	2595	ANA NEVES	Ou vai ou racha	Veterana F40	04:05:19	+02:08:27	14:26
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Veterana F45

1	2235	Lucinda Sousa	GONDOMAR FUTSAL CLUBE	Veterana F45	01:34:51		05:35
2	2010	deolinda faria	AIRORUN	Veterana F45	02:00:23	+25:32	07:05
3	2155	Alice Sousa	Dr. Merino/4moove	Veterana F45	02:08:49	+33:58	07:35
4	2545	Sonia Veludo	Miguel Guimarães	Veterana F45	02:25:59	+51:08	08:35
5	2198	Margarida Pinto	FAMA RUNNERS	Veterana F45	02:31:49	+56:58	08:56
6	2052	Anabela Aaújo Ferraz Rodrigues	AMAZING WORLD TEAM	Veterana F45	02:34:42	+59:51	09:06
7	2133	Maria Ribeiro	Clube Zupper	Veterana F45	02:36:52	+01:02:01	09:14
8	2154	Elisabete Maia	Divertidas.lol	Veterana F45	02:45:10	+01:10:19	09:43
9	2168	CLAUDIA CUNHA	EQUIPA JOAO FERREIRA	Veterana F45	02:51:55	+01:17:04	10:07
10	2054	Carina Gonçalves Ferreira	AMIGOS DO PEDAL TRAILAGARES	Veterana F45	02:57:18	+01:22:27	10:26
11	2409	Fernanda Lopes	Individual	Veterana F45	02:59:34	+01:24:43	10:34
12	2127	Helena Sousa Tavares	CF Jesuítas	Veterana F45	03:05:09	+01:30:18	10:54
13	2411	Maria Lurdes Mendes	Individual	Veterana F45	03:07:45	+01:32:54	11:03
14	2142	Maria da Luz Oliveira	ComDor Runners	Veterana F45	03:13:33	+01:38:42	11:23
15	2169	MARIA FONSECA	EQUIPA JOAO FERREIRA	Veterana F45	03:15:59	+01:41:08	11:32
16	2505	Gabriela Rola	Juventude Cortegacense	Veterana F45	03:24:48	+01:49:57	12:03
17	2410	Ledaine Sandrine	Individual	Veterana F45	03:34:05	+01:59:14	12:36
18	2596	Cristina Costa	Ou vai ou racha	Veterana F45	04:05:42	+02:30:51	14:27
19	2597	Maria Arminda Faria Maciel	Ou vai ou racha	Veterana F45	04:20:02	+02:45:11	15:18

Veterana F50

1	2081	Rosa Magalhães	As Belas e Eles	Veterana F50	02:04:10		07:18
2	2415	GRAÇA RIBEIRO	Individual	Veterana F50	02:23:10	+19:00	08:25
3	2037	Dulce Ribeiro	Alive Runners	Veterana F50	02:26:53	+22:43	08:38
4	2691	Elisa de Sousa Alves Lopes	TrepaTrilhos Trail Team	Veterana F50	02:30:08	+25:58	08:50
5	2038	Maria Madalena Alves	Alive Runners	Veterana F50	02:38:50	+34:40	09:21
6	2413	Cacilda Ramos	Individual	Veterana F50	02:39:45	+35:35	09:24
7	2628	maria lucinda barbosa moreira	s.liz	Veterana F50	02:47:10	+43:00	09:50
8	2506	Maria Mendonça	Juventude Cortegacense	Veterana F50	03:05:45	+01:01:35	10:56
9	2065	Natália Cecília de Rocha Ferreira	AMIGOS DO PEDAL TRAILAGARES	Veterana F50	03:19:39	+01:15:29	11:45

Veterano M40

1	2011	miguel figueiredo	AIRORUN	Veterano M40	01:31:00		05:21
2	2226	Paulo Teixeira de Sousa	Fridão Sem Limites	Veterano M40	01:31:23	+00:24	05:23
3	2152	Paulo Silva	Dá-Lhe Gás	Veterano M40	01:31:35	+00:36	05:23
4	2416	Abilio Martins Almeida	Individual	Veterano M40	01:32:20	+01:21	05:26

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5	2451	Sérgio Sampaio	Individual	Veterano M40	01:34:01	+03:01	05:32
6	2236	José Paulo Ribeiro	GONDOMAR FUTSAL CLUBE	Veterano M40	01:34:53	+03:54	05:35
7	2452	Victor Manuel da silva Chaves	Individual	Veterano M40	01:35:01	+04:02	05:35
8	2448	Rui Manuel Azevedo Araújo	Individual	Veterano M40	01:38:32	+07:33	05:48
9	2224	Alex Plnto	Fridão Sem Limites	Veterano M40	01:38:41	+07:42	05:48
10	2158	António Fernandes Azevedo	Egosport/Irmandade Bike Team	Veterano M40	01:40:41	+09:42	05:55
11	2199	Manuel Veloso	FAMA RUNNERS	Veterano M40	01:40:59	+10:00	05:56
12	2202	Vitor Carneiro	FAMA RUNNERS	Veterano M40	01:42:29	+11:30	06:02
13	2571	ANTONIO BRITO	NOCTURNOS DE PAREDES	Veterano M40	01:42:47	+11:48	06:03
14	2066	Rui Pedro Moreira Lopes	AMIGOS DO PEDAL TRAILAGARES	Veterano M40	01:44:16	+13:17	06:08
15	2624	Nelson Noval	Running Team Aldeia Nova	Veterano M40	01:44:29	+13:30	06:09
16	2102	António Martins	Befitness Runners	Veterano M40	01:45:03	+14:04	06:11
17	2112	Eduardo Barbosa	Bota&Siga	Veterano M40	01:46:01	+15:02	06:14
18	2710	Victor Cardoso	Trinca Orelhas de Gato	Veterano M40	01:48:11	+17:12	06:22
19	116	Paulo Alves	GONDOMAR FUTSAL CLUBE	Veterano M40	01:48:28	+17:29	06:23
20	1136	António Joaquim Teixeira Alves	Fridão Sem Limites	Veterano M40	01:49:43	+18:44	06:27
21	2437	Nelson Monteiro	Individual	Veterano M40	01:51:45	+20:46	06:34
22	2427	jorge rodrigues	Individual	Veterano M40	01:53:08	+22:09	06:39
23	2078	Daniel Machado Neto	Andatrilhos Freamunde	Veterano M40	01:53:28	+22:29	06:41
24	2083	Ricardo Jorge Pinto Carvalho	ATIB FinaBraga Running	Veterano M40	01:54:00	+23:01	06:42
25	2434	Manuel Jorge Costa Ferreira	Individual	Veterano M40	01:54:54	+23:55	06:46
26	2572	Arnaldo Santos	NOCTURNOS DE PAREDES	Veterano M40	01:55:09	+24:10	06:46
27	2648	Filipe Abreu	Sweet Runners	Veterano M40	01:55:20	+24:21	06:47
28	2707	Sergio Gomes	Trinca Orelhas de Gato	Veterano M40	01:56:11	+25:12	06:50
29	2131	Carlos Araújo	CHALLENGE FORCE	Veterano M40	01:56:19	+25:20	06:51
30	2687	Rui Pedro Gonçalves Borges	Trailistas Eu é que sei	Veterano M40	01:56:48	+25:49	06:52
31	2096	Vitor Cardoso	Baguim Runners	Veterano M40	01:57:13	+26:14	06:54
32	2430	Jose Domingos Duarte Nogueira	Individual	Veterano M40	01:58:13	+27:14	06:57
33	2700	Agostinho Costa	Trinca Orelhas de Gato	Veterano M40	01:58:26	+27:27	06:58
34	2225	Manuel José Mendes Teixeira	Fridão Sem Limites	Veterano M40	01:58:39	+27:40	06:59
35	2447	Rui Fernando Piedade Teixeira	Individual	Veterano M40	01:59:14	+28:15	07:01
36	2424	Flávio Gonçalves	Individual	Veterano M40	01:59:36	+28:37	07:02
37	2665	Flávio Teixeira	Team Agente Meireles	Veterano M40	02:00:04	+29:05	07:04
38	2641	Luis Ribeiro	SS MONTEPIO	Veterano M40	02:00:08	+29:09	07:04
39	2605	FLAVIO MARQUES	papamilhas	Veterano M40	02:00:33	+29:34	07:06
40	2445	Pedro Seixas	ORALKLASS -AMIGOSDOTRAIL	Veterano M40	02:01:39	+30:40	07:09
41	2676	Antônio caridade	TEAM LANTEMIL	Veterano M40	02:04:09	+33:10	07:18
42	2508	Cecilio Maunel Silva Ferreira	Juventude Cortegacense	Veterano M40	02:05:33	+34:34	07:23
43	2449	Rui Taveira	Individual	Veterano M40	02:07:18	+36:19	07:29
44	2425	Ismael ALves	Individual	Veterano M40	02:08:29	+37:30	07:34
45	2431	José Manuel Ferreira	Individual	Veterano M40	02:08:34	+37:35	07:34
46	2418	Alberto Silvério16	Individual	Veterano M40	02:09:24	+38:25	07:37
47	2111	Carlos Ribeiro	Bota&Siga	Veterano M40	02:10:07	+39:08	07:39
48	2644	Rui Balbeira	SS MONTEPIO	Veterano M40	02:11:06	+40:07	07:43
49	2432	Luis Medeiros Pereira	Individual	Veterano M40	02:11:26	+40:27	07:44
50	1016	Ricardo Paulo de Sousa Osório	Amazing world team	Veterano M40	02:11:33	+40:34	07:44

Trail Curto

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51	2245	vitores campos	GTT - Armazém do Caffè	Veterano M40	02:12:15	+41:16	07:47
52	2428	José Alberto Martins Ribeiro	Individual	Veterano M40	02:17:13	+46:14	08:04
53	2662	Filipe Martinho	TBNO4E	Veterano M40	02:18:27	+47:28	08:09
54	2686	Vitor Faria	TRAIL PINOCO	Veterano M40	02:18:34	+47:35	08:09
55	2103	Luís Ochoa	Befitness Runners	Veterano M40	02:19:41	+48:42	08:13
56	2120	JOSÉ FERREIRA	CAIPICOMPANY	Veterano M40	02:19:46	+48:47	08:13
57	2625	Ricardo	Running Team Aldeia Nova	Veterano M40	02:19:56	+48:57	08:14
58	2420	Carlos Alberto Dinis da Silva	Individual	Veterano M40	02:20:42	+49:43	08:17
59	2573	NUNO ALEXANDRE	NOCTURNOS DE PAREDES	Veterano M40	02:21:12	+50:13	08:18
60	2606	MANUEL SANTOS	papamilhas	Veterano M40	02:21:27	+50:28	08:19
61	2159	Paulo Morgado	Egosport/Irmandade Bike Team	Veterano M40	02:21:29	+50:30	08:19
62	2040	Nuno Pacheco	Alive Runners	Veterano M40	02:22:43	+51:44	08:24
63	2433	Luis Miguel Moreira Mendes	Individual	Veterano M40	02:22:44	+51:45	08:24
64	2429	José António Moreira Ferreira	Individual	Veterano M40	02:23:13	+52:14	08:26
65	2107	PAULO JORGE MADUREIRA RIBEIRO	Bombeiros V. S. Mamede Infesta	Veterano M40	02:24:25	+53:26	08:30
66	2703	Fernando Pereira	Trinca Orelhas de Gato	Veterano M40	02:25:17	+54:18	08:33
67	2709	Silvio Dias	Trinca Orelhas de Gato	Veterano M40	02:28:18	+57:19	08:43
68	2626	Sérgio	Running Team Aldeia Nova	Veterano M40	02:29:15	+58:16	08:47
69	2702	Antonio Neto	Trinca Orelhas de Gato	Veterano M40	02:30:58	+59:59	08:53
70	2444	Paulo Moreira	Individual	Veterano M40	02:31:38	+01:00:39	08:55
71	2200	Rui Simões Ferreira	FAMA RUNNERS	Veterano M40	02:33:53	+01:02:54	09:03
72	2435	Marcelo Sousa	Individual	Veterano M40	02:36:23	+01:05:24	09:12
73	2701	Alcino Tavares	Trinca Orelhas de Gato	Veterano M40	02:39:15	+01:08:16	09:22
74	2642	Ricardo Ferreira Silva	SS MONTEPIO	Veterano M40	02:39:52	+01:08:53	09:24
75	2422	Fernando Ferreira	Individual	Veterano M40	02:40:09	+01:09:10	09:25
76	2440	Nuno Carvalho	Individual	Veterano M40	02:42:37	+01:11:38	09:34
77	2438	Nelson Santos	Individual	Veterano M40	02:44:26	+01:13:27	09:40
78	2421	Eduardo Atraca	Individual	Veterano M40	02:45:02	+01:14:03	09:43
79	2507	Anabela dos Santos Marques	Juventude Cortegacense	Veterano M40	02:46:37	+01:15:38	09:48
80	2549	Paulo Oliveira	Miguel Guimarães	Veterano M40	02:48:37	+01:17:38	09:55
81	2645	Rui Silva	SS MONTEPIO	Veterano M40	02:50:40	+01:19:41	10:02
82	2090	Abílio Ferreira	Aves Runners	Veterano M40	02:50:42	+01:19:43	10:03
83	2039	Marco Osorio Silva	Alive Runners	Veterano M40	02:50:45	+01:19:46	10:03
84	2547	Carlindo Martins	Miguel Guimarães	Veterano M40	02:51:45	+01:20:46	10:06
85	2201	Vali Ribeiro	FAMA RUNNERS	Veterano M40	02:52:02	+01:21:03	10:07
86	2592	João Morgado	Os Trailgloditas	Veterano M40	02:53:44	+01:22:45	10:13
87	2609	Jorge Ferreira	Pari Passu	Veterano M40	02:55:57	+01:24:58	10:21
88	2092	Gabriel Freitas	Aves Runners	Veterano M40	02:56:48	+01:25:49	10:24
89	2170	EDGAR SARAIVA	EQUIPA JOAO FERREIRA	Veterano M40	02:57:06	+01:26:07	10:25
90	2497	Jorge Oliveira	JAS	Veterano M40	03:01:30	+01:30:31	10:41
91	2441	Nuno Garcia	Individual	Veterano M40	03:03:32	+01:32:33	10:48
92	2708	Sergio Rocha	Trinca Orelhas de Gato	Veterano M40	03:04:56	+01:33:57	10:53
93	2143	Rui Miguel Oliveira	ComDor Runners	Veterano M40	03:13:32	+01:42:33	11:23
94	2119	Francisco Ramalho	CAIPICOMPANY	Veterano M40	03:21:46	+01:50:47	11:52
95	2548	Miguel Eiras	Miguel Guimarães	Veterano M40	03:43:03	+02:12:04	13:07
96	2599	PAULO MAGALHÃES	Ou vai ou racha	Veterano M40	03:45:51	+02:14:52	13:17

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97 2598 jose Gentil almeida Ferreira Ou vai ou racha Veterano M40 04:20:03 +02:49:04 15:18

Veterano M45

1	2517	Adriano Oliveira	Lusitanos	Veterano M45	01:33:27		05:30
2	2013	jose pereira	AIRORUN	Veterano M45	01:35:43	+02:16	05:38
3	2149	José Carlos Dias	CTAD - Trilhos de Cinfães	Veterano M45	01:40:08	+06:41	05:53
4	2012	francisco pereira	AIRORUN	Veterano M45	01:41:27	+08:00	05:58
5	2518	Miguel Lacerda	Lusitanos	Veterano M45	01:41:39	+08:12	05:59
6	2470	Nuno Miguel Carvalho	Individual	Veterano M45	01:46:09	+12:42	06:15
7	2203	Manuel Gomes	FAMA RUNNERS	Veterano M45	01:47:14	+13:47	06:19
8	2519	Paulo Azevedo	Lusitanos	Veterano M45	01:49:26	+15:59	06:26
9	2455	Carlos Cardoso	Individual	Veterano M45	01:52:38	+19:11	06:38
10	2459	Filipe Gomes	Individual	Veterano M45	01:53:54	+20:27	06:42
11	2463	jorge pacheco	Individual	Veterano M45	01:54:30	+21:03	06:44
12	2229	VITOR MANUEL GONÇALVES LOPES	GCST	Veterano M45	01:58:01	+24:34	06:57
13	2458	Eduardo Nascimento	Individual	Veterano M45	02:00:01	+26:34	07:04
14	2510	Jorge Fernando Silva Marques Coelho	Juventude Cortegacense	Veterano M45	02:01:36	+28:09	07:09
15	2461	João Freitas	Individual	Veterano M45	02:04:08	+30:41	07:18
16	2177	Claudio Herminio Simoes Ferreira	ErmidaFit	Veterano M45	02:06:41	+33:14	07:27
17	1332	Paulo Ribeiro	Individual	Veterano M45	02:11:26	+37:59	07:44
18	2618	Vítor Alves	Rinus Fafe	Veterano M45	02:11:53	+38:26	07:46
19	2627	Rui	Running Team Aldeia Nova	Veterano M45	02:13:00	+39:33	07:49
20	2713	José Jesus	Trinca Orelhas de Gato	Veterano M45	02:13:36	+40:09	07:52
21	2184	José Machado	Eu + cinco	Veterano M45	02:14:06	+40:39	07:53
22	1363	Pedro Rola	Juventude Cortegacense	Veterano M45	02:14:12	+40:45	07:54
23	2460	Henrique Silva	Individual	Veterano M45	02:15:41	+42:14	07:59
24	2472	Ricardo Ribeiro	Individual	Veterano M45	02:16:48	+43:21	08:03
25	2105	Vítor Dinis	Befitness Runners	Veterano M45	02:17:40	+44:13	08:06
26	2097	Lourenço Cardoso	Baguim Runners	Veterano M45	02:17:43	+44:16	08:06
27	2471	Pedro Costa	Individual	Veterano M45	02:19:04	+45:37	08:11
28	2514	Agostinho Cardoso	Leões de Tardariz Trail	Veterano M45	02:21:06	+47:39	08:18
29	2042	Fernando Carreira	Alive Runners	Veterano M45	02:22:29	+49:02	08:23
30	2041	Carlos Ferreira	Alive Runners	Veterano M45	02:22:29	+49:02	08:23
31	2574	João Leite	NOCTURNOS DE PAREDES	Veterano M45	02:23:10	+49:43	08:25
32	2680	Joao Teixeira	Teixeira's	Veterano M45	02:23:20	+49:53	08:26
33	2678	RUI ROCHA	TEAM SHARK	Veterano M45	02:24:21	+50:54	08:30
34	2453	Agostinho Mota	Individual	Veterano M45	02:25:20	+51:53	08:33
35	2711	Carlos Anjos	Trinca Orelhas de Gato	Veterano M45	02:25:29	+52:02	08:34
36	2712	Carlos Conde	Trinca Orelhas de Gato	Veterano M45	02:28:18	+54:51	08:43
37	2468	Miguel Rufino	Individual	Veterano M45	02:28:55	+55:28	08:46
38	2403	Nelson Silva	Individual	Veterano M45	02:32:28	+59:01	08:58
39	2646	Francisco Moreira	SS MONTEPIO	Veterano M45	02:35:04	+01:01:37	09:07
40	2575	JOSE SILVA	NOCTURNOS DE PAREDES	Veterano M45	02:36:17	+01:02:50	09:12
41	2457	Daniel Gomes	Individual	Veterano M45	02:40:45	+01:07:18	09:27

Trail Curto

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42	2551	Paulo Costa	Miguel Guimarães	Veterano M45	02:41:49	+01:08:22	09:31
43	2093	Francisco Carneiro	Aves Runners	Veterano M45	02:45:11	+01:11:44	09:43
44	2462	jorge lobo	Individual	Veterano M45	02:47:07	+01:13:40	09:50
45	2550	Fernando Gomes	Miguel Guimarães	Veterano M45	02:51:44	+01:18:17	10:06
46	2043	Miguel Marques	Alive Runners	Veterano M45	02:55:33	+01:22:06	10:20
47	2454	Augusto Manuel Jeronimo lopes	Individual	Veterano M45	03:14:25	+01:40:58	11:26
48	2171	ARTUR CARDOSO	EQUIPA JOAO FERREIRA	Veterano M45	03:22:49	+01:49:22	11:56

Veterano M50

1	2578	Vasco Morais Pinheiro de Sousa	Old school smash young ducks	Veterano M50	01:33:30		05:30
2	2478	Dionisio Manuel Correia Sousa	Individual	Veterano M50	01:34:55	+01:25	05:35
3	2509	Manuel Oliveira	Juventude Cortegacense	Veterano M50	01:39:51	+06:21	05:52
4	2079	Ricardo Machado	Andatrilhos Freamunde	Veterano M50	01:41:54	+08:24	06:00
5	2063	Manuel Ferreira	AMIGOS DO PEDAL TRAILAGARES	Veterano M50	01:44:31	+11:01	06:09
6	2479	Fernando Martins	Individual	Veterano M50	01:45:03	+11:33	06:11
7	2577	CARLOS VINHAS	NOCTURNOS DE PAREDES	Veterano M50	01:47:47	+14:17	06:20
8	2014	jose casemiro	AIRORUN	Veterano M50	01:48:56	+15:26	06:25
9	2552	Alcino Vieira	Miguel Guimarães	Veterano M50	01:56:26	+22:56	06:51
10	2136	Armando Moreira	Clube Zupper	Veterano M50	02:00:43	+27:13	07:06
11	2238	Jose Mendes	GONDOMAR FUTSAL CLUBE	Veterano M50	02:04:19	+30:49	07:19
12	2658	Avelino Sousa	Tartarugas do Asfalto	Veterano M50	02:04:42	+31:12	07:20
13	2647	Fernando Carvalho	SS MONTEPIO	Veterano M50	02:07:25	+33:55	07:30
14	2004	José Maria Ribeiro Fernandes	AEDAH	Veterano M50	02:07:46	+34:16	07:31
15	2174	JOAQUIM TEIXEIRA	EQUIPA JOAO FERREIRA	Veterano M50	02:09:44	+36:14	07:38
16	2001	joao paulo guimaraes	A. D. Lustosa	Veterano M50	02:09:45	+36:15	07:38
17	2044	Augusto Tavares	Alive Runners	Veterano M50	02:10:16	+36:46	07:40
18	2714	Jose Junio	Trinca Orelhas de Gato	Veterano M50	02:13:45	+40:15	07:52
19	2512	Domingos Fernando Oliveira Camboa	Juventude Cortegacense	Veterano M50	02:14:12	+40:42	07:54
20	2530	Joao Goncalves	MAISFIT RUNNERS	Veterano M50	02:16:02	+42:32	08:00
21	1397	josé moura de sousa	OS BARRIGUITAS	Veterano M50	02:23:37	+50:07	08:27
22	2481	João Almeida	Individual	Veterano M50	02:25:03	+51:33	08:32
23	2692	António Loureiro	TrepaTrilhos Trail Team	Veterano M50	02:28:31	+55:01	08:44
24	2474	António José Gonçalves da Ascensão Fonseca	Individual	Veterano M50	02:29:25	+55:55	08:47
25	2045	Manuel Martins	Alive Runners	Veterano M50	02:31:37	+58:07	08:55
26	2475	António Luis Martins do Vale Lima	Individual	Veterano M50	02:34:04	+01:00:34	09:04
27	2476	Carlos Almeida	Individual	Veterano M50	02:37:41	+01:04:11	09:17
28	2576	ANTONIO CARVALHO	NOCTURNOS DE PAREDES	Veterano M50	02:38:32	+01:05:02	09:20
29	2480	Isaac Batista Pereira	Individual	Veterano M50	02:38:39	+01:05:09	09:20
30	2185	Paulo Barroso	Eu + cinco	Veterano M50	02:45:14	+01:11:44	09:43
31	2511	Augusto Santos Silva	Juventude Cortegacense	Veterano M50	02:45:40	+01:12:10	09:45
32	2629	augusto pinto barbosa	s.liz	Veterano M50	02:47:10	+01:13:40	09:50
33	2094	Adélio Castro	Aves Runners	Veterano M50	02:50:42	+01:17:12	10:03
34	2585	Manuel Moura	OS BARRIGUITAS	Veterano M50	02:53:33	+01:20:03	10:13
35	2484	JOSE CARLOS NEVES	Individual	Veterano M50	02:59:59	+01:26:29	10:35

COLETIVA 17K

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

39	CHALLENGE FORCE	111 + 504 + 505	1120
40	Pari Passu	208 + 445 + 469	1122
41	FREZITE	283 + 396 + 467	1146
42	ComDor Runners	312 + 437 + 508	1257
43	IronLadies	368 + 426 + 486	1280
44	CAIPICOMPANY	249 + 501 + 560	1310
45	Os Trailgloditas	461 + 462 + 463	1386
46	AfrikanRunners	388 + 506 + 507	1401
47	JAS	491 + 495 + 513	1499
48	OS FUGITIVOS DA CRISE	525 + 527 + 529	1581
49	Ou vai ou racha	581 + 589 + 591	1761