



## II Trail do Erdal Urgезes Solidário 10 de maio de 2015

### Classificação Geral - Trail Longo 30Km

Pos.	Dor.	Nome	Equipa	Cat.	Tempo	T/Km.	Dif.
1	605	Fernandes, Nuno	Sociedade Recreio Cepanense	TL_M	<b>2:56:55.81</b>	05:54	
2	652	Barreiro, Ricardo		TL_M	<b>3:07:08.51</b>	06:14	0:10:13
3	693	Vila, Paulo	Padeloa Natural Team	TL_M	<b>3:10:45.03</b>	06:22	0:13:49
4	624	Oliveira, Pedro		TL_M	<b>3:12:27.68</b>	06:25	0:15:32
5	661	Castro, Carlos	mais ATLETA	TL_M	<b>3:18:59.73</b>	06:38	0:22:04
6	698	Rodrigues, Rui		TL_M	<b>3:19:09.07</b>	06:38	0:22:13
7	662	Teixeira, Amadeu		TL_M	<b>3:19:11.09</b>	06:38	0:22:15
8	660	Machado, Paulo		TL_M	<b>3:19:43.51</b>	06:39	0:22:48
9	664	Carvalho, Miguel		TL_M	<b>3:22:14.38</b>	06:44	0:25:18
10	702	Caldas, Paulo		TL_M	<b>3:23:35.06</b>	06:47	0:26:39
11	641	Dias, Bruno	Ultra Trail Vilar de Perdizes	TL_M	<b>3:25:16.39</b>	06:51	0:28:20
12	611	Pereira, Antonio		TL_M	<b>3:26:36.63</b>	06:53	0:29:41
13	636	Melo, Pascoal	Minho Aventura	TL_M	<b>3:26:36.64</b>	06:53	0:29:41
14	688	Machado, Nuno	A.Q.Q.T.	TL_M	<b>3:29:14.93</b>	06:58	0:32:19
15	604	Cunha, André	vimarunners	TL_M	<b>3:30:49.80</b>	07:02	0:33:54
16	691	Dias, Martinho		TL_M	<b>3:31:44.48</b>	07:03	0:34:48
17	603	Sousa, Dionisio		TL_M	<b>3:32:09.62</b>	07:04	0:35:14
18	689	Pereira, Leonel	A.Q.Q.T.	TL_M	<b>3:32:34.23</b>	07:05	0:35:38
19	618	Barbosa, Pedro	Not Run Alone	TL_M	<b>3:32:44.02</b>	07:05	0:35:48
20	653	Sousa, Tiago		TL_M	<b>3:34:33.21</b>	07:09	0:37:37
21	683	Guimarães, Fernando		TL_M	<b>3:36:02.95</b>	07:12	0:39:07
22	1	Capela, José		TL_M	<b>3:36:04.07</b>	07:12	0:39:08
23	668	Quelhas, Manuel	Paredes Aventura	TL_M	<b>3:36:04.15</b>	07:12	0:39:08
24	694	João, Diogo		TL_M	<b>3:42:07.21</b>	07:24	0:45:11
25	644	Rodrigues, Paulo		TL_M	<b>3:42:15.60</b>	07:25	0:45:20
26	616	Fernandes, Filipe		TL_M	<b>3:42:28.39</b>	07:25	0:45:32
27	619	Silva, Jose	Not Run Alone	TL_M	<b>3:45:27.22</b>	07:31	0:48:31
28	687	Figueiredo, Jorge	Ultra Trail Vilar de Perdizes	TL_M	<b>3:47:23.07</b>	07:35	0:50:27
29	630	Oliveira, Gil	mimoarte.com	TL_M	<b>3:48:06.83</b>	07:36	0:51:11
30	663	Silva, Hélder	Vimarunners	TL_M	<b>3:50:08.66</b>	07:40	0:53:13
31	656	Freitas, Paulo		TL_M	<b>3:51:57.39</b>	07:44	0:55:01
32	614	Azevedo, Helder	NAST	TL_M	<b>3:52:18.43</b>	07:45	0:55:22
33	680	Moreira, João		TL_M	<b>3:53:46.52</b>	07:48	0:56:51
34	696	freitas, Bruno		TL_M	<b>3:54:07.92</b>	07:48	0:57:12
35	670	Moreira, Paulo	TURBULENTOS	TL_M	<b>3:54:53.13</b>	07:50	0:57:57
36	631	Campos, Ana	Vimarunners	TL_F	<b>3:55:44.84</b>	07:51	0:58:49
37	628	Mendes, Manuel		TL_M	<b>3:56:29.99</b>	07:53	0:59:34
38	637	Dias, Ricardo	3Hundred Team	TL_M	<b>4:00:42.50</b>	08:01	1:03:47
39	609	Sampaio, Nuno		TL_M	<b>4:01:25.73</b>	08:03	1:04:30
40	642	Lages, Filipe	VIMARUNNERS	TL_M	<b>4:02:26.26</b>	08:05	1:05:30
41	612	Carneiro, Francisco		TL_M	<b>4:03:00.19</b>	08:06	1:06:04

42	607 Oliveira, Nuno		TL_M	<b>4:05:09.47</b>	08:10	1:08:13
43	684 Ferreira, António	Turbulentos	TL_M	<b>4:05:09.78</b>	08:10	1:08:14
44	678 Silva, Ricardo		TL_M	<b>4:09:54.38</b>	08:20	1:12:58
45	657 Ribeiro, Rui		TL_M	<b>4:09:54.55</b>	08:20	1:12:59
46	634 Fernandes, Daniel		TL_M	<b>4:13:37.30</b>	08:27	1:16:41
47	674 Landeira, Celina		TL_F	<b>4:14:49.09</b>	08:30	1:17:53
48	681 Pereira, Filipe		TL_M	<b>4:14:58.74</b>	08:30	1:18:03
49	650 Mendes, Alvaro	Fitness Up	TL_M	<b>4:15:02.57</b>	08:30	1:18:07
50	625 Rodrigues, Helder	Groupama trail team	TL_M	<b>4:19:32.96</b>	08:39	1:22:37
51	627 Martins, Paulo		TL_M	<b>4:21:00.50</b>	08:42	1:24:05
52	629 Magalhães, Pedro		TL_M	<b>4:21:10.28</b>	08:42	1:24:14
53	638 Pereira, Paulo	Running Team Maia	TL_M	<b>4:21:52.48</b>	08:44	1:24:56
54	639 Sá, Pedro	Running Team Maia	TL_M	<b>4:21:52.82</b>	08:44	1:24:57
55	679 Macedo, João		TL_M	<b>4:23:19.86</b>	08:47	1:26:24
56	685 Pq, Luís		TL_M	<b>4:24:27.90</b>	08:49	1:27:32
57	697 Ribeiro, Nuno		TL_M	<b>4:26:15.48</b>	08:53	1:29:19
58	635 Freitas, Vítor	VIMARUNNERS	TL_M	<b>4:28:56.78</b>	08:58	1:32:01
59	632 Matos, Diogo		TL_M	<b>4:28:58.42</b>	08:58	1:32:02
60	686 Vital, Célia	Padela Natural Team	TL_F	<b>4:30:53.08</b>	09:02	1:33:57
61	645 Faria, João	Vitoria Sport Clube	TL_M	<b>4:31:26.05</b>	09:03	1:34:30
62	677 Pedroso, Vitor		TL_M	<b>4:31:26.85</b>	09:03	1:34:31
63	647 Ribeiro, Carlos	Vitoria Sport Clube	TL_M	<b>4:31:27.68</b>	09:03	1:34:32
64	621 Lima, João	Blip.pt	TL_M	<b>4:34:11.89</b>	09:08	1:37:16
65	620 Carvalho, Carlos	Blip.pt	TL_M	<b>4:34:13.20</b>	09:08	1:37:17
66	651 Machado, João		TL_M	<b>4:36:19.73</b>	09:13	1:39:24
67	601 Duarte, Miguel		TL_M	<b>4:37:34.99</b>	09:15	1:40:39
68	626 Castro, Márcio		TL_M	<b>4:41:21.16</b>	09:23	1:44:25
69	613 Costa, Sergio		TL_M	<b>4:48:34.30</b>	09:37	1:51:38
70	610 Costa, José		TL_M	<b>4:48:38.42</b>	09:37	1:51:42
71	600 Fontes, Humberto	FONTEService	TL_M	<b>4:51:07.37</b>	09:42	1:54:11
72	622 Bago, José	Blip.pt	TL_M	<b>4:57:20.43</b>	09:55	2:00:24
73	675 Carvalho, Eric	GIPS-Grupo Individuos Procuram Sofrimento	TL_M	<b>4:58:24.81</b>	09:57	2:01:29
74	671 Martins, Olga		TL_F	<b>5:04:02.67</b>	10:08	2:07:07
75	665 Araújo, Vasco	OS TURBULENTOS	TL_M	<b>5:59:25.38</b>	11:59	3:02:29
76	669 Brás, Arnaldo	Turbulentos	TL_M	<b>5:59:25.46</b>	11:59	3:02:29
77	654 Delgado, Anabela	Os Turbulentos	TL_F	<b>5:59:25.88</b>	11:59	3:02:30
78	666 Ribeiro, Fernando	OS TURBULENTOS	TL_M	<b>5:59:25.94</b>	11:59	3:02:30
79	667 Ribeiro, José	OS TURBULENTOS	TL_M	<b>5:59:26.05</b>	11:59	3:02:30
80	700 Álvarez, Roberto		TL_M	<b>5:59:27.11</b>	11:59	3:02:31