

Pos.	Escalão	Pos.	Dorsal	Atleta	Sexo	País	Clube	Tempo
1	M20	1	4	Miguel Borges	M	PT	S L Benfica	00:20:31
2	M20	2	13	Paulo Barbosa	M	PT	Casa Benfica Paredes	00:20:50
3	M20	3	983	Jorge Santa Cruz	M	PT	S C Braga	00:20:55
4	M20	4	11	Ricardo Vale	M	PT	S C Braga	00:21:21
5	M20	5	10	Fernando Lemos	M	PT	U D Varzea	00:21:45
6	M20	6	18	Sergio Teixeira	M	PT	Na Cucujaes	00:21:54
7	M20	7	19	Andre Silva	M	PT	E A Rosa Oliveira	00:22:23
8	F20	1	6	Susana Godinho	F	PT	S L Benfica	00:23:45
9	F20	2	5	Sonia Fernandes	F	PT	S L Benfica	00:24:01
10	M50	1	7824	Antonio Caturno	M	PT	A R Luz E Vida Gondomarense	00:24:03
11	F35	1	1083	Vanda Ribeiro	F	PT	Grecas	00:24:13
12	F20	3	8	Rosa Soares	F	PT	U D Varzea	00:24:20
13	M20	8	305	Jaime Gonçalves	M	PT	Monte Córdova F.C.	00:24:32
14	M20	9	270	Pedro Barbosa	M	PT	Individual	00:24:51
15	M50	2	337	Fernando Brandão	M	PT	Jam - Juventude Atlético Mozelense	00:24:57
16	M20	10	304	Cristiano Ferreira	M	PT	Monte Córdova F.C.	00:25:05
17	M50	3	336	Carlos Baptista	M	PT	Jam - Juventude Atlético Mozelense	00:25:47
18	M55	1	1014	Bernardo Perez	M	PT	Individual	00:26:04
19	M20	11	272	Tiago Pinto	M	PT	Individual	00:26:23
20	M50	4	21	Pedro Jorge Ferreira	M	PT		00:26:24
21	F20	4	14	Rute Simoes	F	PT	Grecas	00:26:32
22	M35	1	204	Nuno Morais	M	PT	4 Runners	00:26:43
23	M20	12	1067	Jorge Lopes	M	PT	Individual	00:26:50
24	M35	2	229	Pedro Guimarães	M	PT	Individual	00:26:52
25	M20	13	284	Bruno Vieira	M	PT		00:26:55
26	M45	1	22	Jose Luis Araujo	M	PT		00:27:04
27	M20	14	253	Antonio Rocha	M	PT	O Quinteto	00:27:22
28	M35	3	238	Filipe Ramos	M	PT	Individual	00:27:40
29	M35	4	1029	Antonio Mende	M	PT	Individual	00:28:03
30	M50	5	7808	Jose Ribeiro	M	PT	A D Esmeriz Running	00:28:12
31	F20	5	24	Patricia Oliveira	F	PT	Grecas	00:28:12
32	F20	6	7809	Vitoria Oliveira	F	PT	Juventude Vidigalense	00:28:17
33	M20	15	244	Luís Martins	M	PT	Individual	00:28:21
34	M20	16	214	Duarte Bruno	M	PT	Individual	00:28:23
35	M20	17	1189	Edgar Mendez	M	PT		00:28:39
36	M20	18	257	Cesar Teixeira	M	PT	Quinteto	00:28:39
37	M20	19	1056	Jorge Goncalves	M	PT	F C Porto	00:28:39
38	M17	1	217	Henrique Coelho	M	PT	Individual	00:28:51
39	M55	2	25	Agostinho Carneiro	M	PT	Liberty Seguros	00:29:02
40	M20	20	347	Ricardo Parada	M	PT	Individual	00:29:16
41	F20	7	266	Sofia Ferreira	F	PT	Individual	00:29:17
42	M20	21	263	Rui Almeida	M	PT	Os Cavalos	00:29:22
43	M65	1	20	Oscar Loureiro	M	PT	Individual	00:29:29
44	M35	5	352	Andre Martins	M	PT	A D Esmeriz Running	00:29:34
45	M45	2	1196	Luis Loureiro	M	PT		00:29:55

Pos.	Escalão	Pos.	Dorsal	Atleta	Sexo	País	Clube	Tempo
46	M20	22	16	Pedro Caldas	M	PT	Elite Team	00:30:00
47	M20	23	269	Abel Guerreiro	M	PT	Individual	00:30:10
48	M45	3	7805	Virgilio Carcao	M	PT		00:30:15
49	M20	24	7804	Pedro Machado	M	PT	Liberty Seguros	00:30:17
50	M35	6	249	Carlos Neves	M	PT	Individual	00:30:21
51	F40	1	339	Matilde Baptista	F	PT	Jam - Juventude Atlético Mozelense	00:30:25
52	M65	2	327	Armando Macedo	M	PT		00:30:31
53	M35	7	251	Jorge Ferreira	M	PT	Individual	00:30:32
54	M20	25	296	Claudio Lusquinhos	M	PT		00:30:36
55	M17	2	277	Dinis Carvalho	M	PT	Comandos De 87	00:30:41
56	M45	4	276	Antonio Carvalho	M	PT	Comandos De 87	00:30:41
57	M20	26	255	Ricardo Boucinha	M	PT	O Quinteto	00:30:47
58	M17	3	1124	Francisco Oliveira	M	PT	Individual	00:31:09
59	M20	27	395	Paulo Pinho	M	PT		00:31:09
60	M17	4	281	Rúben Seanra	M	PT	U.S.C.Baltar	00:31:20
61	M20	28	230	Leonardo Queirós	M	PT	Individual	00:31:29
62	M20	29	227	Bruno Ferreira	M	PT	Nrunners	00:31:31
63	M20	30	259	Jose Carlos Lacerda	M	PT	Individual	00:31:32
64	M45	5	258	Rui Amaral	M	PT	Individual	00:31:35
65	F20	8	1004	Sara Gomes	F	PT	Pirate Bunnies	00:31:37
66	M40	1	317	Délio Carquejo	M	PT		00:31:48
67	M40	2	346	Pedro Duarte Silva	M	PT	Never Give Up	00:31:56
68	M50	6	335	Augusto Baptista	M	PT	Jam - Juventude Atlético Mozelense	00:32:04
69	M20	31	348	Miguel Mendes	M	PT		00:32:14
70	M40	3	231	Luís Fernandes	M	PT	Individual	00:32:14
71	M50	7	205	Valdemar Almeida	M	PT	Individual	00:32:20
72	M35	8	215	Cláudio Prus	M	BR	Individual	00:32:22
73	M20	32	373	Joaquim Sousa	M	PT	Radio Festival	00:32:29
74	M20	33	328	Domingos Oliveira	M	PT		00:32:32
75	M20	34	1137	Fernando Costa	M	PT	Radio Festival	00:32:39
76	M20	35	982	Masoud Bodaghi	M	IR		00:32:41
77	M35	9	358	Ricardo Barros	M	PT		00:32:42
78	M40	4	1110	Rui Barbosa	M	PT	Individual	00:32:47
79	M20	36	241	Miguel Mendes	M	PT	Individual	00:32:50
80	M35	10	274	Pedro Ferreira	M	PT	Miradouro	00:32:59
81	M45	6	1037	Rui Peixoto	M	PT	Bicademia Ginasio	00:32:59
82	M40	5	1104	Paulo Pereira	M	AO	Individual	00:32:59
83	M20	37	289	Fernando Torrao	M	PT		00:33:09
84	M65	3	1030	Acacio Aguiar	M	PT	Individual	00:33:10
85	M20	38	273	Ricardo Machado	M	PT	Individual	00:33:18
86	M40	6	1197	Antonio Boulhosa	M	PT		00:33:18
87	M45	7	970	Miguel Moreira	M	PT	Liberty Seguros	00:33:18
88	M35	11	1102	Nuno Miguel Monteiro	M	PT	Individual	00:33:26
89	M20	39	345	Sérgio Marques	M	PT		00:33:26
90	F35	2	264	Teresa Pinto	F	PT	Individual	00:33:28

Pos.	Escalão	Pos.	Dorsal	Atleta	Sexo	País	Clube	Tempo
91	M40	7	344	David Ribeiro	M	PT		00:33:34
92	M20	40	15	Bruno Soares	M	PT	Elite Team	00:33:37
93	M35	12	990	Carlos Vieira	M	PT	Liberty Seguros	00:33:39
94	M20	41	325	Sérgio Fontes	M	PT	2 Tempos	00:33:41
95	M20	42	256	Carlos Teixeira	M	PT	Quinteto	00:33:51
96	M20	43	353	Bruno Oliveira	M	PT	A D Esmeriz Running	00:33:51
97	M20	44	356	Tiago Fonseca	M	PT	A D Esmeriz Running	00:33:52
98	M17	5	7807	Goncalo Ferreira	M	PT		00:33:54
99	M35	13	267	Hugo Anjos	M	PT	Os Cavalos	00:33:54
100	M20	45	978	Nuno Sousa	M	PT	Liberty Seguros	00:33:58
101	M35	14	323	Francisco Bogalho	M	PT	Oralklass-Amigos Do Trail	00:33:58
102	M20	46	221	Daniel Correia	M	PT	Individual	00:33:59
103	M35	15	282	Miguel Madureira	M	PT		00:34:03
104	M20	47	1113	Rui Machado	M	PT	Individual	00:34:13
105	M20	48	355	Pedro Oliveira	M	PT	A D Esmeriz Running	00:34:21
106	M20	49	354	Marco Araujo	M	PT	A D Esmeriz Running	00:34:21
107	M35	16	973	Sergio Ribeiro	M	PT	Liberty Seguros	00:34:34
108	M50	8	242	Julio Guedes	M	PT	Individual	00:34:55
109	M50	9	206	Antonio Jorge F Oliveira Gomes	M	PT	Individual	00:34:57
110	M45	8	374	Paulo Ferreira	M	PT		00:34:58
111	F35	3	220	Manuela Damas	F	PT	Individual	00:34:59
112	M35	17	219	João Pedro Da Costa	M	PT	Individual	00:34:59
113	M20	50	1116	Fabio Miguel Aguiar	M	PT	Individual	00:35:01
114	M60	1	23	Adão Dias	M	PT		00:35:03
115	M45	9	318	Paulo Silva	M	PT		00:35:03
116	F40	2	1040	Sandra Lemos	F	PT	Bicademia Ginasio	00:35:13
117	M20	51	298	Nuno Polonia	M	PT		00:35:15
118	M40	8	245	Luis Sequeira	M	PT	Individual	00:35:23
119	M20	52	1045	Andre Silva	M	PT		00:35:27
120	M20	53	7810	Nelson Pereira	M	PT		00:35:28
121	M45	10	7820	Luis Silva	M	PT		00:35:30
122	M40	9	265	Vitor Alves	M	PT	Individual	00:35:31
123	M50	10	1103	Manuel Gomes	M	PT	Individual	00:35:33
124	M35	18	275	Manuel Assunção	M	PT	Individual	00:35:37
125	M40	10	208	Paulo Ramos	M	PT	Grupo Juvenil Pinheiro Da Bemposta - O. Azeméis	00:35:43
126	M35	19	288	Pedro França	M	PT		00:35:43
127	F20	9	1003	Marta Gomes	F	PT	Pirate Bunnies	00:35:59
128	M20	54	954	Filipe Matos	M	PT	Liberty Seguros	00:36:11
129	M20	55	953	Carlos Araujo	M	PT	Liberty Seguros	00:36:11
130	M20	56	955	Miguel Martins	M	PT	Liberty Seguros	00:36:11
131	M35	20	7823	Paulo Gouveia	M	PT		00:36:18
132	M20	57	960	Bruno Cerqueira	M	PT	Liberty Seguros	00:36:24
133	M35	21	7822	Laércio Oliveira	M	PT		00:36:46
134	M45	11	315	Stephan Verbruggen	M	NL		00:36:51
135	M35	22	396	Hugo Guerra	M	PT		00:36:51

Pos.	Escalão	Pos.	Dorsal	Atleta	Sexo	País	Clube	Tempo
136	M35	23	236	Nuno Malafaya	M	PT	Individual	00:36:51
137	M20	58	1182	Helder Ferraz	M	PT	Radio Festival	00:36:52
138	M35	24	330	Nuno Sousa	M	ZA	Savate	00:36:52
139	M45	12	331	Paulo Santos	M	PT	Savate	00:36:52
140	M20	59	391	Nelson Costa	M	PT		00:36:53
141	M20	60	334	Helder Parracho	M	PT		00:36:54
142	M20	61	977	Filipe Pereira	M	PT	Liberty Seguros	00:37:13
143	F35	4	329	Ivone Pardal	F	PT	Savate	00:37:14
144	M20	62	279	Nuno Oliveira	M	PT		00:37:14
145	M55	3	975	Sergio Moreira	M	PT	Liberty Seguros	00:37:20
146	M20	63	1194	Joao Pedro Alves	M	PT		00:37:21
147	M20	64	1111	Hugo Cardoso	M	PT	Club Tour	00:37:35
148	M35	25	1192	Armando Triunfante	M	PT		00:37:46
149	M20	65	964	Sergio Brandao	M	PT	Liberty Seguros	00:37:49
150	M20	66	207	Toni Ferreira	M	PT	Individual	00:37:58
151	F40	3	388	Maria De Lurdes Cunha	F	PT		00:38:00
152	M20	67	292	Carlos Silva	M	PT		00:38:14
153	M60	2	1019	Alberto Neto	M	PT	Individual	00:38:30
154	M20	68	278	Ruben Castro	M	PT	Os Cavalos	00:38:44
155	M40	11	287	Joaquim Santos	M	PT		00:38:45
156	M20	69	7819	Mario Silva	M	PT		00:38:54
157	M20	70	293	Sérgio Neves	M	PT		00:38:54
158	F20	10	309	Ana Ferro	F	PT		00:38:57
159	M20	71	984	Ramiro Sousa	M	PT	Sociveda	00:39:02
160	F40	4	338	Marinha Baptista	F	PT	Jam - Juventude Atlético Mozelense	00:39:25
161	M60	3	290	Lénio Marinho	M	PT		00:39:51
162	F35	5	307	Bárbara Peixoto	F	PT	Grupo Desportivo Bpi	00:39:59
163	M17	6	1074	Guilheme Campos	M	PT	Individual	00:40:17
164	M20	72	213	Renato Pereira	M	PT	Os Cavalos	00:40:17
165	M35	26	966	Carlos Sousa	M	PT		00:40:19
166	M20	73	965	Rui Costa	M	NL		00:40:19
167	M20	74	893	Manuel Lopes	M	PT	Radio Festival	00:40:29
168	M20	75	316	Vitor Moreira	M	PT	Os Cavalos	00:40:30
169	M55	4	224	Fernando Botelho	M	PT	Bitious	00:40:39
170	M20	76	237	Pedro Azevedo	M	PT	Individual	00:41:02
171	M20	77	254	Nuno Ferreira	M	PT	O Quinteto	00:41:03
172	M50	11	243	José Resende	M	PT	Individual	00:41:07
173	M40	12	324	Américo Martins	M	PT	2 Tempos	00:41:12
174	M35	27	322	Antonio Ferraz	M	PT		00:41:12
175	M20	78	223	Bernardo Botelho	M	PT	Bitious	00:41:32
176	F35	6	250	Isabel Dias	F	PT	Individual	00:41:41
177	M20	79	967	Jose Prata	M	PT		00:41:48
178	F20	11	1178	Rosalia Soares	F	PT	Radio Festival	00:41:49
179	M50	12	216	Jose Coelho	M	PT	Individual	00:41:50
180	F20	12	294	Sandra Costa	F	PT		00:41:55

Pos.	Escalão	Pos.	Dorsal	Atleta	Sexo	País	Clube	Tempo
181	M20	80	971	Ivo Relvas	M	PT	Liberty Seguros	00:42:03
182	M35	28	308	Gonçalo Oliveira	M	PT		00:42:08
183	ERROR	1	980	Carlos Ribeiro	M	PT		00:42:19
184	F40	5	1096	Albertina Pereira	F	PT	Individual	00:42:26
185	M20	81	865	Joao Ribeiro	M	PT	Radio Festival	00:42:27
186	M20	82	252	João Ferreira	M	PT	Individual	00:42:32
187	M40	13	351	Alexandre Ligo	M	BR		00:42:32
188	M20	83	248	Filipe Sousa	M	PT	Individual	00:42:33
189	M40	14	271	David Sousa	M	PT	Individual	00:42:34
190	M40	15	303	Jose Azevedo	M	PT		00:42:54
191	F40	6	7816	Maria Da Conceição Regallo	F	PT		00:42:56
192	F40	7	359	Dulce Maia Barros	F	PT		00:43:01
193	M40	16	1198	Mario Barros	M	PT		00:43:06
194	F20	13	979	Gabriela Leite	F	PT	Liberty Seguros	00:43:10
195	M65	4	1076	Joaquim Raimundo	M	PT	Individual	00:43:10
196	M65	5	1098	Fernando Pereira	M	PT	Individual	00:43:33
197	F20	14	319	Daniela Silva	F	PT		00:43:59
198	F20	15	302	Joana António	F	PT		00:44:08
199	M40	17	989	Rui Veloso	M	PT	Liberty Seguros	00:44:25
200	M65	6	1114	Alexandre Machado	M	PT	Individual	00:44:57
201	F20	16	1043	Vania Marques	F	PT	Bicademia Ginasio	00:45:04
202	F40	8	986	Alzira Maria	F	PT	Direitinhos	00:45:05
203	M20	84	321	Licínio Sousa	M	PT		00:45:47
204	F20	17	951	Maria Pereira	F	PT	Radio Festival	00:45:48
205	F20	18	838	Paula Nogueira	F	PT	Radio Festival	00:45:53
206	F20	19	840	Ines Nogueira	F	PT	Radio Festival	00:45:53
207	F35	7	310	Susana Sousa	F	PT		00:45:58
208	M60	4	222	Antonio Botelho	M	PT	Bitious	00:46:01
209	M40	18	1042	Antonio Lemos	M	PT	Bicademia Ginasio	00:46:02
210	M17	7	1041	Diogo Sousa	M	PT	Bicademia Ginasio	00:46:02
211	F40	9	1052	Maria Manuela Silva	F	PT	Individual	00:46:11
212	F40	10	1077	Maria De Conceicao Goncalves	F	PT	Individual	00:46:13
213	M20	85	261	Pedro Morais	M	PT	Individual	00:46:18
214	F20	20	7817	Graça Silva	F	PT		00:46:55
215	M50	13	959	Laerte Silva Junior	M	BR		00:46:59
216	F35	8	1097	Susana Pereira	F	PT	Individual	00:47:00
217	M17	8	7811	Joao Vieira	M	PT		00:47:15
218	F20	21	815	Maria Do Ceu Borges	F	PT	Radio Festival	00:47:18
219	F20	22	817	Adelaide Pereira	F	PT	Radio Festival	00:47:18
220	M20	86	820	Ernesto Santos	M	PT	Radio Festival	00:47:19
221	M20	87	818	Paulo Ribeiro	M	PT	Radio Festival	00:47:19
222	M55	5	1020	Julio Brito Rocha	M	PT	Individual	00:47:42
223	F35	9	283	Marisa Almeida	F	PT		00:48:20
224	M45	13	312	Fernando Vieira	M	PT	Sempre Preparados	00:48:20
225	F20	23	1176	Margarida Marques	F	PT	Radio Festival	00:48:48

Pos.	Escalão	Pos.	Dorsal	Atleta	Sexo	País	Clube	Tempo
226	M20	88	389	Nuno Rocha	M	PT		00:48:57
227	F20	24	390	Yu Yibing	F	CN		00:48:57
228	M35	29	378	Luis Ribeiro	M	PT		00:49:13
229	F20	25	377	Joana Silva	F	PT		00:49:14
230	F40	11	235	Carla Sofia Aguilar Silva	F	PT	Individual	00:49:23
231	M20	89	866	Jorge Ribeiro	M	PT	Radio Festival	00:49:27
232	F17	1	342	Mariana Ribeiro	F	PT	Poderosas	00:49:48
233	F35	10	260	Liliana Reis	F	PT	Individual	00:49:52
234	F20	26	864	Dulce Ribeiro	F	PT	Radio Festival	00:50:25
235	F20	27	1174	Ana Rita Marques	F	PT	Radio Festival	00:50:26
236	F20	28	1183	Margarida Pereira	F	PT	Radio Festival	00:50:26
237	M40	19	299	Marcelo Costa	M	PT		00:50:45
238	F20	29	1070	Joana Peixoto	F	PT	Bicademia Ginasio	00:51:28
239	M20	90	871	Antonio Costa	M	PT	Radio Festival	00:51:29
240	F20	30	921	Ilda Mesquita	F	PT	Radio Festival	00:51:30
241	M40	20	1078	Fernando Nunes	M	PT	Individual	00:51:31
242	F40	12	1051	Margarida Nunes	F	PT	Individual	00:51:32
243	F20	31	1179	Carla Susana	F	PT	Radio Festival	00:52:02
244	F20	32	809	Ernestina Xavier	F	PT	Radio Festival	00:52:02
245	F20	33	1175	Teresa Loureiro	F	PT	Radio Festival	00:52:03
246	F40	13	349	Zélia Lapa	F	PT		00:52:37
247	F20	34	225	Marina Botelho	F	PT	Bitious	00:52:37
248	F20	35	350	Elsa Duarte	F	PT	Amigos De A A Z	00:52:38
249	F20	36	896	Vitoria Brandao	F	PT	Radio Festival	00:53:09
250	F35	11	393	Cristina Ferreira	F	PT		00:53:27
251	M45	14	394	Joaquim Ferreira	M	PT		00:53:28
252	F35	12	343	Marisa Barros	F	PT	Poderosas	00:53:28
253	F17	2	341	Marcia Ribeiro	F	PT	Poderosas	00:53:28
254	F35	13	981	Luciana Fangueiro	F	PT		00:53:50
255	F20	37	987	Marta Granja	F	PT	Direitinhos	00:53:53
256	M60	5	988	Manuel Silva	M	PT		00:53:53
257	M40	21	314	Luis Moutinho	M	PT		00:53:55
258	M50	14	262	Antonio Loureiro	M	PT	Individual	00:54:09
259	F20	38	875	Carmen Loureiro	F	PT	Radio Festival	00:54:09
260	F35	14	285	Arminda Gavina	F	PT		00:54:12
261	M40	22	1100	Luis Gouveia	M	PT	Individual	00:54:14
262	F20	39	7803	Ana Raquel Teixeira	F	PT	Liberty Seguros	00:54:20
263	F20	40	824	Graca Matos	F	PT	Radio Festival	00:54:21
264	M20	91	313	Nelson Martins	M	PT	Sempre Preparados	00:54:32
265	F40	14	1018	Dorlinda Pereira	F	PT	Individual	00:54:39
266	F20	41	280	Amanda Azevedo	F	BR		00:54:59
267	F20	42	816	Rosa Silva	F	PT	Radio Festival	00:55:11
268	F20	43	891	Arminda Goncalves	F	PT	Radio Festival	00:55:12
269	F40	15	1187	Sandra Pinto	F	PT		00:55:15
270	M55	6	1071	Jose Clemente	M	PT	Individual	00:55:30

Pos.	Escalão	Pos.	Dorsal	Atleta	Sexo	País	Clube	Tempo
271	F20	44	958	Thais Santos	F	BR		00:55:30
272	F20	45	333	Paula Loureiro	F	PT		00:56:25
273	F40	16	300	Filomena Azevedo	F	PT		00:56:54
274	M55	7	301	Fernando Azevedo	M	PT		00:56:54
275	F40	17	1095	Cristina Silva	F	PT	Individual	00:57:11
276	M35	30	387	Pedro Faria	M	PT		00:57:19
277	M50	15	211	Albino Costa	M	PT	Individual	00:58:02
278	F20	46	813	Maria Jose Maia	F	PT	Radio Festival	00:58:12
279	F20	47	888	Deolinda Goncalves	F	PT	Radio Festival	00:58:12
280	M20	92	925	Manuel Ribeiro	M	PT	Radio Festival	00:58:27
281	F20	48	232	Sara Gomes	F	PT	Individual	00:58:33
282	M55	8	233	Fernando Pinto	M	PT	Individual	00:58:34
283	F20	49	857	Maria Alves	F	PT	Radio Festival	00:59:08
284	F20	50	246	Maria João Miranda	F	PT	Individual	00:59:41
285	M20	93	247	Eduardo Pinto	M	PT	Individual	00:59:41
286	F20	51	886	Americo Ribeiro	F	PT	Radio Festival	01:00:54
287	F40	18	340	Ana Paula Abelha	F	PT		01:01:01
288	F35	15	202	Sofia Rasines	F	PT	Individual	01:01:19
289	F20	52	366	Amelia Oliveira	F	PT	Radio Festival	01:01:43
290	F20	53	365	Isabel Pereira	F	PT	Radio Festival	01:01:44
291	F20	54	806	Catarina Silva	F	PT	Radio Festival	01:02:01
292	F40	19	1047	Anabela Marques	F	PT	Individual	01:02:02
293	M40	23	1046	Rui Vide	M	PT	Individual	01:02:02
294	F20	55	807	Ana Silva	F	PT	Radio Festival	01:02:12
295	M20	94	805	Mario Silva	M	PT	Radio Festival	01:02:21
296	F40	20	7815	Elisa Ribeiro	F	PT		01:02:24
297	F40	21	209	Luisa Costa	F	PT	Individual	01:02:29
298	M20	95	210	Luis Costa	M	PT	Individual	01:03:13
299	F20	56	212	Joana Fonseca	F	PT	Individual	01:03:13
300	F20	57	368	Daniela Rocha	F	PT	Radio Festival	01:03:35
301	F20	58	370	Marta Rocha	F	PT	Radio Festival	01:03:35
302	F40	22	1008	Maria Clara Magalhaes	F	PT	Individual	01:04:05
303	F40	23	1010	Paula Cristina Dias	F	PT	Individual	01:04:05
304	M50	16	1108	Joao Laranjo	M	PT	Individual	01:04:11
305	F40	24	1109	Teresa Silva	F	PT	Individual	01:04:14
306	M20	96	997	Francisco Soares	M	PT	Liberty Seguros	01:04:15
307	F20	59	996	Teresa Soares	F	PT	Liberty Seguros	01:04:15
308	M20	97	995	Joel Soares	M	PT	Liberty Seguros	01:04:15
309	F20	60	998	Maria Teresa Soares	F	PT	Liberty Seguros	01:04:15
310	M20	98	994	Ruben Soares	M	PT	Liberty Seguros	01:04:15
311	F20	61	1122	Andreia Alexandra Olveira	F	PT	Individual	01:04:29
312	F40	25	1123	Julia Maria Oliveira	F	PT	Individual	01:04:29
313	F20	62	371	Elsa Raposo	F	PT	Radio Festival	01:04:32
314	F20	63	367	Ana Rocha	F	PT	Radio Festival	01:04:33
315	M20	99	1160	Artur Santos	M	PT	Radio Festival	01:04:48

Pos.	Escalão	Pos.	Dorsal	Atleta	Sexo	País	Clube	Tempo
316	F40	26	1099	Paula Gouveia	F	PT	Individual	01:04:53
317	F20	64	1150	Ana Maria Ramos	F	PT	Radio Festival	01:06:05
318	M55	9	7806	Adriano Silva	M	PT		01:06:06
319	F20	65	381	Sara Taveira	F	PT	Radio Festival	01:06:07
320	F40	27	1094	Filomena Sousa	F	PT	Individual	01:06:43
321	F40	28	1092	Manuela Moutinho	F	PT	Individual	01:06:43
322	F20	66	311	Catarina Ferreira	F	PT		01:06:43
323	F20	67	1091	Filipa Namora	F	PT	Individual	01:06:44
324	M20	100	1153	Rui Pinho	M	PT	Radio Festival	01:06:58
325	M60	6	400	Angelo Teixeira	M	PT		01:07:04
326	M20	101	1152	Ernesto Pinho	M	PT	Radio Festival	01:07:10
327	M20	102	1156	David Felix	M	PT	Radio Festival	01:07:11
328	M65	7	399	Rodrigo Bastos	M	PT		01:07:11
329	M65	8	376	Miguel Silva	M	PT		01:07:20
330	F40	29	7826	Fernanda Silva	F	PT		01:07:26
331	F20	68	890	Fernanda Cardoso	F	PT	Radio Festival	01:07:26
332	F20	69	1151	Gloria Osorio	F	PT	Radio Festival	01:07:27
333	F20	70	383	Filipa Mota	F	PT	Radio Festival	01:07:49
334	F20	71	382	Fernanda Mota	F	PT	Radio Festival	01:07:58
335	F20	72	380	Catarina Taveira	F	PT	Radio Festival	01:07:58
336	F20	73	858	Rosa Pinto	F	PT	Radio Festival	01:08:02
337	F20	74	1159	Carla Santos	F	PT	Radio Festival	01:08:37
338	M20	103	1162	Simao Santos	M	PT	Radio Festival	01:08:38
339	F20	75	889	Almerinda Santos	F	PT	Radio Festival	01:08:48
340	M20	104	867	Aires Martins	M	PT	Radio Festival	01:08:51
341	F20	76	822	Fatima Felix	F	PT	Radio Festival	01:09:04
342	F20	77	1165	Camila Santana	F	PT	Radio Festival	01:09:05
343	F20	78	1195	Sara Carneiro	F	PT		01:09:18
344	M45	15	1054	Luis Almeida	M	PT	Individual	01:10:23
345	F35	16	386	Elisabete Carvalho	F	PT		01:11:01
346	F20	79	887	Paula Ferreira	F	PT	Radio Festival	01:11:19
347	F40	30	7813	Isabel Morais	F	PT		01:11:34
348	M20	105	7814	Fernando Pinto	M	PT		01:11:35
349	F40	31	326	Maria Macedo	F	PT		01:11:40
350	F20	80	332	Catarina Stuart	F	PT		01:11:45
351	F20	81	845	Paula Dias	F	PT	Radio Festival	01:11:59
352	F20	82	844	Paula Almeida	F	PT	Radio Festival	01:12:00
353	F40	32	1191	Helena Carvalho	F	PT		01:12:06
354	F20	83	1190	Joana Soares	F	PT		01:12:11
355	M20	106	398	Jose Miguel Santos	M	PT		01:12:15
356	M65	9	397	Jose Carlos Rocha	M	PT		01:12:22
357	F40	33	7801	Otilia Oliveira	F	PT		01:13:01
358	F40	34	7802	Elsa Carvalho	F	PT		01:13:01
359	M20	107	825	Antonio Ferreira	M	PT	Radio Festival	01:13:14
360	M20	108	935	Pedro Gomes	M	PT	Radio Festival	01:13:15

Pos.	Escalão	Pos.	Dorsal	Atleta	Sexo	País	Clube	Tempo
361	F20	84	1148	Ilda Lopes	F	PT	Radio Festival	01:13:29
362	F20	85	1149	Celeste Osorio	F	PT	Radio Festival	01:13:30
363	F20	86	974	Ana Leite	F	PT	Liberty Seguros	01:13:47
364	F35	17	972	Ana Batista	F	PT	Liberty Seguros	01:13:47
365	M20	109	1133	Luis Paiva	M	PT	Radio Festival	01:13:55
366	M20	110	1130	Alcindo Moutinho	M	PT	Radio Festival	01:13:55
367	F20	87	1129	Zélia Galante	F	PT	Radio Festival	01:13:56
368	F20	88	1134	Amelia Costa	F	PT	Radio Festival	01:13:56
369	F20	89	1132	Margarida Paiva	F	PT	Radio Festival	01:13:56
370	F20	90	1131	Julieta Santos	F	PT	Radio Festival	01:13:58
371	F20	91	868	Julieta Martins	F	PT	Radio Festival	01:14:10
372	F20	92	928	Arminda Couto	F	PT	Radio Festival	01:14:34
373	F20	93	927	Clementina Domingues	F	PT	Radio Festival	01:14:35
374	M60	7	1017	Laurentino Ferreira	M	PT	Individual	01:15:21
375	F20	94	834	Helena Jesus	F	PT	Radio Festival	01:15:21
376	M20	111	835	Laurentino Jesus	M	PT	Radio Festival	01:15:21
377	F20	95	821	Fatima Santos	F	PT	Radio Festival	01:15:31
378	F20	96	1136	Ernestina Costa	F	PT	Radio Festival	01:15:45
379	M65	10	375	Benjamim Pinto	M	PT		01:15:46
380	M20	112	923	Jose Moreira	M	PT	Radio Festival	01:15:47
381	F20	97	1140	Diana Sofia	F	PT	Radio Festival	01:15:47
382	M20	113	1139	Rui Silva	M	PT	Radio Festival	01:15:48
383	F20	98	1138	Sandra Costa	F	PT	Radio Festival	01:15:48
384	F20	99	877	Maria Maia	F	PT	Radio Festival	01:16:22
385	F20	100	879	Margarida Valente	F	PT	Radio Festival	01:16:24
386	M20	114	880	Jose Maia	M	PT	Radio Festival	01:16:24
387	F20	101	878	Paula Castro	F	PT	Radio Festival	01:16:25
388	F20	102	802	Maria Costa	F	PT	Radio Festival	01:16:40
389	F20	103	804	Margarida Neves	F	PT	Radio Festival	01:16:41
390	M20	115	803	Alvaro Costa	M	PT	Radio Festival	01:16:50
391	F20	104	901	Ubalda Pinho	F	PT	Radio Festival	01:16:51
392	F20	105	902	Irene Carneiro	F	PT	Radio Festival	01:16:59
393	M20	116	985	Carlos Magalhaes	M	PT	Sociveda	01:17:29
394	M35	31	392	Sandra Barreiros	M	PT		01:18:04
395	ERROR	2	1016	Maria Helena Jesus	F	PT	Individual	01:18:06
396	F20	106	297	Alexandra Vasconcelos	F	PT		01:18:06
397	F20	107	931	Eva Gomes	F	PT	Radio Festival	01:18:09
398	M17	9	295	Lucas Ferreira	M	PT		01:18:10
399	F40	35	1106	Gracinda Ribeiro	F	PT	Individual	01:18:19
400	F40	36	1107	Anabela Araujo	F	PT	Individual	01:18:23
401	F40	37	1105	Helena Martins	F	PT	Individual	01:18:24
402	F20	108	291	Cristina Dias	F	PT		01:18:43
403	F35	18	7818	Sandra Silva	F	PT		01:18:43
404	F40	38	240	Marilia Moreira	F	PT	Individual	01:19:14
405	F20	109	881	Aurora Silva	F	PT	Radio Festival	01:19:14

Pos.	Escalão	Pos.	Dorsal	Atleta	Sexo	País	Clube	Tempo
406	F20	110	832	Maria Leite	F	PT	Radio Festival	01:19:25
407	F20	111	952	Maria Cunha	F	PT	Radio Festival	01:19:27
408	F20	112	833	Maria Ferreira	F	PT	Radio Festival	01:19:27
409	F20	113	828	Catarina Ferreira	F	PT	Radio Festival	01:19:32
410	F20	114	831	Maria Ferreira	F	PT	Radio Festival	01:19:32
411	F20	115	1168	Ana Simplicio	F	PT	Radio Festival	01:19:38
412	M20	117	1172	Joao Silva	M	PT	Radio Festival	01:19:39
413	F20	116	1166	Ana Samtana	F	PT	Radio Festival	01:21:59
414	F20	117	1167	Ines Saraiva	F	PT	Radio Festival	01:21:59
415	F17	3	976	Ana Raquel Carvalho	F	PT		01:22:11
416	F20	118	841	Fatima Mesquita	F	PT	Radio Festival	01:22:11
417	F35	19	993	Sandra Silva	F	PT	Liberty Seguros	01:22:19
418	F40	39	992	Mara Guimaraes	F	PT	Liberty Seguros	01:22:19
419	M20	118	830	Pedro Ferreira	M	PT	Radio Festival	01:22:50
420	F20	119	827	Ana Ferreira	F	PT	Radio Festival	01:22:52
421	F20	120	969	Diana Reis	F	PT	Divas4ever	01:24:14
422	F20	121	968	Isabel Coelho	F	PT	Divas4ever	01:24:15
423	F40	40	1117	Maria Da Conceicao Machado	F	PT	Individual	01:25:30
424	F20	122	1161	Rita Santos	F	PT	Radio Festival	01:26:00
425	F20	123	1164	Elza Santos	F	PT	Radio Festival	01:26:00
426	M20	119	924	Luis Ribeiro	M	PT	Radio Festival	01:26:06